

The Official Newsletter of The Steeplechase Community Improvement Association, Inc. and Steeplechase Community Center

#### Volume 2, Issue 12

#### December 2004

# Are You and Your Child Prepared.....

As the holiday season approaches, the kids are excited about vacations, gifts, and playing with friends- things children should concern themselves about. As parents, grandparents, guardians, and caring friends, we should know there are other things to prepare for.

We make sure that are children are dressed for the weather, wear their helmets and knee pads, and eat a healthy diet- but we also have to prepare our children for other realities.

Does your child know what to do if a stranger asks them for help? Does your child know how to reach you in the event of an emergency? Does your child know your full name? Do you have a recent color photo of your child? Do you know all the medications they may be taking? Do you know your child's friends?

We live in a time where these are just the basics. We can prepare ourselves and our children for the dangers that can be just outside our doors. With just a few basic rules, for both you and your children can better prepare you for an emergency situation.

- 1. Teach your children that the police are their friends and that they can rely on them if they are in trouble.
- 2. Set-up a password. A secret word only between you and your child. In the event someone else has to pick them up- your child knows only to go with them if they have the password.
- 3. Teach your children that strangers should not ask a child for assistance. Adults should ask adults for help.
- 4. Always accompany your child on door-to-door activities.
- 5. Know you neighbors and neighborhood. Regularly check for registered offenders in your area.
- 6. Rethink the signs on your lawns and vehicles that give strangers too much information. (Their name, team name, team number, sport, school, address, and vehicle information all in a glance.)
- 7. You should not put your child's name on their clothes where it is visible. Children feel more comfortable around others that already know their name.
- 8. Teach your children that no one should ever touch any part of their body that a bathing suit would cover.
- 9. Never leave your child alone in a public place, stroller, or car for even a minute.
- 10. Always accompany your child to the restroom in public places.

(Continued on Page 3)

# **Cypress Assistance Ministries**

#### **Community Buck(s) Donations**

Holidays, Special Days and Everyday, we need your support. The following is a brief outline of how you may contribute to Cypress Assistance Ministries. We look forward to your visiting our facilities and hope that we will continue to do God's work together.

#### Angel's Attic Christmas Room Opening

A Holiday Tradition at Cypress Assistance Ministries is the opening of Angel's Attic, "Christmas Room". Shoppers eagerly look forward to the vast accumulation of donated Christmas decorations, clothing and super gift items. Mark your calendar for November 1<sup>st</sup> at 10:00 a.m. Funds received through the resale shop are utilized through out the ministry to give assistance to those in need in the Cypress-West Houston area.

#### **Food Pantry Needs**

It is official; we are planning Thanksgiving and Christmas at the ministry. Due to the increased number of families in 2004, our demands will be strained like never before. Turkeys and hams are especially needed, as well as other meat products. Your monitory donations are always welcomed too. Money spent at the Food Bank allows us to buy \$20 for every \$1 spent. If your church, company or special group is looking for a way to celebrate this holiday season, or you need information about our programs, now is the time to start planning. Please give us a call at 281-955-7684.

#### Angel Tree

Each year we invite the people of Cypress-West Houston to participate in our Angel Christmas Tree. Families with special needs and their children are depending on this ministry. We offer a selection of needs (Angels) so that you may chose how you wish to help. We hope you will come in and visit our Angel Tree, adopt an Angel(s) and start your Christmas spirit early.



# IMPORTANT Telephone Numbers



1	
Emergency	
Sheriff's Dept.	
Cy-Fair Fire Dept	
Cy-Fair Hospital	
Animal Control	
HL&P (Street lights)	
Library	
Post Office	
Steeplechase Community Center	
Deed Restriction Issues (PCMI)	
Water/Sewer	
Architectural Control (PCMI)	
Trash Pick-up (Waste Management)	
1	(Monday & Thursday)
Harris Co. Pct. 4 Road Maintenance	
Community Events	
Clubhouse Rentals:	
Private Events (Phyllis McFarland)	
Community Group Events (Barbara Lopez	2)

#### NEWSLETTER PUBLISHER

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## **Steeplechase Board of Directors**

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If you need to contact a director within your subdivision, please contact **PCMI** at **281-870-0585** and they will forward your request.

# Steeplechase Sanctioned Committees

Security Communications Pool Playground Welcome Landscape Clubhouse Tennis

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# **COMMUNITY CENTER CONTACTS**

Weekday Coordinator Barbara Lopez	281-894-2894
Small Meeting/Private Function Rentals Julie Bertsch	281-970-1007
Weekend Coordinator	

Weekend Coordinator	
Phyllis McFarland	

#### Private Pool Parties

A-Beautiful Pools ..... 281-376-6510 or <u>www.a-beautifulpools.com</u>







# **STEEPLECHASE**

# **Cy-Fair College Perspective**

#### Check out the holiday events at the Center for the Arts

"A Taffeta's Christmas" continues in the Black Box Theatre through Dec. 12. For tickets or information call 281-290-5201.

#### L.I.F.E. Gets You Ready for the Holidays and More

Cy-Fair College's Learning, Inspiration, Fellowship, and Enrichment programs are held Wednesdays at 10 a.m. in the Cy-Fair College Branch Library (Room 131.) December programs will include beaded bracelets **Dec. 8** and Hors d'Oeuvres **Dec. 15**. There will be no programs Dec. 22 or Dec. 29 due to the holiday break. Call the library at 281-290-3213 for L.I.F.E. program information or check the library web page online at cy-faircollege.com/library.

#### Are You and Your Child Prepared - (Continued from Page 1)

These are just a few of the basics. Too often we hear terrible stories that break our hearts. We need to start preparing our children for some of the realities that are just outside our doors. We also need to prepare them from some invaders in our homes, namely the Internet. Know where your children are going. Put a computer in a place that you as an adult can easily see where they are and what information they are giving out. Use the tools that are out there that filter out the garbage you don't want your children to see.

For additional safety information, links to the Amber Alert, for links to registered Texas Offenders, or if you would like a free pair of shoe labels, visit www.myfamilycd.com/houston.

RBC



# CHRI STMAS WORD SEARCH

Find each of the following words.

CAROLING	SANTA	MANGER	ELF
STOCKING	GINGERBREADMAN	STAR	REINDEER
DECEMBER	CANDYCANE	JINGLEBELLS	RUDOLPH
HOLIDAY	JESUS	HOLLY	EGGNOG
GREETINGS	GIFTS	MISTLETOE	
DRUMMERBOY	ORNAMENT	SNOW	
BELLS	SNOWMAN	TREE	

T C N E E A D R U M M E R B O Y G O A L R R E EAOTMSIDNBTSGREETINGSLD EECTELJESUSLMNETAODJRHR NAYESNOWMANLNMLSREGIBNB AONONTHETLIEYORNAMENTHG CAECAROL I NGBWELFDR SGGD S YGEOMDAMEECLFOEWHATLERD DRIETTENEKDROEOOPTOEBEF NRHFSEECSRDAWNLELICBMIE Α C M O T I L O E E G T S I L N O I K E I N T C T D O L S E T O M L S D L E T D D I L O D O AALEYLNASGBALRKEUUNLNES EGGNOGYTLIYEAWMORTGSREU AIMANGERENMTREEGSANTARO J R N A M D A E R B R E G N I G N Y M N H R S BSHFRIESUCAEREAOTRNONWR





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Hair Services

Hours: Tues.-Fri. 9am-7pm Sat. 8am - 5pm

# Day of Beauty Packages

SERENITY PACKAGE ...... \$215 Includes 1 hour body massage, European facial, spa manicure, spa pedicure, shampoo & style, and lite lunch. Allow 4 1/2 Hours

TRANQUILITY PACKAGE ...... \$235 Includes mud or algae body wrap, European facial, spa manicure, spa pedicure, shampoo & style, and lite lunch. Allow 5 Hours

ENCHANTMENT PACKAGE ...... \$260 Includes 1 hour body massage, European facial, spa manicure, spa pedicure, haircut & style, make-up application, and lite lunch. Allow 5 1/2 Hours

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#### Nail Services

Instant visible results on hands and nails after scrub, paraffin masque, and massage.

PLAIN PEDICURE ...... \$30

**SPA PEDICURE** ...... \$40 Total relaxation as feet are massaged and bathed in warm water filled with fresh rose petals, botanical extracts and essential oils.

#### **POLISH CHANGE**

Natural	 \$10
Acrylic	 \$12

. . . . . . . . . . . . . . . .

Ear Candling ..... \$65 Centuries old, candling continues to be used as a soothing and relaxing treatment for the ears.



w/ coupon - exp. 12/31/04 not valid on gift certificate purchase

#### **Body Treatment Services** MASSAGE

IASSAUL		
25 minutes		
50 minutes		
Deep Tissu	e Massage \$75	

Heated Basalt Lava Stones are incorporated into this full body massage to loosen tight muscles, relieve stress, and ease tension.

**REFLEXOLOGY** ...... \$50 Stimulating foot massage concentrating on the various pressure points.

BODY POLISH/SALT GLOW ...... \$50 Your skin has a silky smoothness and glow after a blend of aromatic sea salts and essential oils is gently massaged to remove impurities, dead skin cells, and stimulate circulation.

ALGAE BODY WRAP ...... \$85 Relax and luxuriate in the warmth while your body detoxifies and re-mineralizes from rich array of micronized minerals, vitamins, proteins, and enzymes naturally abundant in seaweed.

MUD BODY WRAP ...... \$85 This treatment draws out impurities, stimulates blood circulation, and leaves your skin feeling energized, bringing your skin back to healthy life.

#### . Skin Care Services

EUROPEAN FACIAL ...... \$60 Gentle dilation of pores allows the face to be deeply cleansed and exfoliated to extract impurities(blackheads,etc). A prescriptive masque and a relaxing massage of face, neck, and shoulders complete this warm and soothing experience.

This hard to reach area is left refreshed after impactions are loosened and pores are refined.

REVITALIZING EYE TREATMENT ....... \$25 A hydrating, calming masque will help eliminate puffiness and dark circles while a firming booster reduces fine lines. Eye treatments are an excellent addition to a facial or applied alone.

GLYCOLIC PEEL

These facial treatments renew skin's texture & clarity, diminish impurities, clogged pores, and hyperpigmentation(brown spots) by using natural fruit, glycolic acids, etc. to exfoliate dead skin cells and reduce scars and fine lines. These treatments are ideally offered in a series for maximum effectiveness.

**()()** Off Facial or 1 hr. Massage or Haircut

w/ coupon - exp. 2/15/05 not valid on gift certificate purchase

SHAMPOO, HAIRCUT & STYLE Men ......\$22 Women ...... \$35 Children (12 & Under) ..... \$22 Bong Trim 0.11

Dalig Itilit	911
Style/Set	\$25
Chignon/Updo from	\$45
French Braid	\$15
Deep Condition Treatment	\$10

#### Perm Services\*

Basic Wrap	from	\$65
Spiral/Directional Wrap	from	\$85

#### Color Services\*

Color	from \$45
Bleach	from \$45
Cap Hi-lites	from \$60
Foil Hi-lites	from \$80
•Haircut & Styling Extra	

#### Thermal Hair Straightener

This is a revolutionary new service that permanently straightens hair. Consultation required.

Make-up Application \$35
Ear Piercing \$18
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#### Waxing

0	
Eyebrows	\$12
Lip/Chin	\$12
Bikini	from \$30
Full Legs	\$50
Lower Legs	\$35
Underarms	\$20
Face	\$35
Arms	\$30
Back	\$50
Chest	\$50

# **FREE Haircut w/ Color or Highlight**

w/ coupon -New Clients Only- exp. 2/15/05 not valid on gift certificate purchase

# **NEWSLETTER DEADLINE**

For the January issue is **December 10** Please send all articles and photos to: Cynthia Green at <u>newsletter@steeplechasetx.com</u> (high quality digital photos up to 2 MBs accepted) or mail your submissions to the Steeplechase clubhouse at 11250 Steepleway Blvd., Houston, TX 77065 if you do not have a computer

# SENIOR CITIZENS GROUP

The Steeplechase Seniors Group meets at the clubhouse for games, activities, and socializing on Tuesdays at 12:30 p.m. We have 12 "regulars," but we are always looking for new people to join us. If you have questions, please call Parker at 832-912-7881 or Marty Mead at 281-955-9829. Please come out to play!

# Steeplechase Information Line: 281-469-CLUB - Option #3



# Northwest Harris County Aggie Mothers' Club

#### December 14, 2004 - Second Tuesday of the month

With Christmas right around the corner, you will definitely need an evening of fun, laughter, and relaxation. Please join the Northwest Harris County Aggie Mothers' Club for their annual 'Ornament Exchange' party. Please bring an "Aggie-ized" ornament (if you can write anything 'Aggie' on it or if it's Maroon then it's "aggie-ized"!)

Our meetings begin with a brief social at 7:00p.m. at the Foundry Methodist Church, in the Fellowship Hall, 8350 Jones Road, Jersey Village (one block North of Hwy 290).

For more information or carpool possibilities please call: Mary Vargo at: 281-433-3042 E-mail – mkvargo1@juno.com



## **Cold Christmas Punch**

1 can concentrated white grape juice 1 can concentrated cranberry juice 3 liter bottle 7-up Combine. Garnish with fresh black cherries.

# **Hot Christmas Punch**

- 1 Cup brown sugar
- 3 Cups water
- 1 Tall can pineapple juice
- 1 large jar cranberry juice
- 6 sticks cinnamon, broken
- 3 T whole cloves
- 3/4 tsp. salt

Dissolve sugar in water and pour in large coffee percolator. Add juices. Place cinnamon sticks, cloves, and salt in basket. Percolate.

## Unlock The Future of a Child Be A Mentor

Jersey Village High School is in need of Mentors.

The Partners In Education Mentor Program is designed to involve business and community volunteers. This involvement is an ongoing effort to encourage students to improve both academically and personally.

Mentor volunteers also encourage students to focus on their educational and career goals. Becoming a mentor reflects your commitment to supporting and guiding the educational and personal growth of the youth in our community.

We appreciate the time, effort, and caring that mentors are so generously willing to give.

For more information on becoming a Mentor, please contact Rachel Smith @ 713.896.3400 or rachel.smith@cfisd.net.

### NEWSLETTER SUBMISSIONS REQUESTED

Every news publication needs "reporters." Please submit your important news to the editor at newsletter@steeplechasetx.com or contact me by regular mail to the clubhouse at 11250 Steepleway Boulevard, Houston TX 77065.



## **Opportunities for Growth**

December 9, 7:30-9:30 PM **Fear to Faith Workshop** (\$10.00). *You will be guided through a process to release fear in an area of your life and build more faith.* 

December 24, 7:00 PM **Christmas Eve Candlelight Service**  *Please join us for a non-traditional service to celebrate Christmas that will be filled with music.* 

December 31, 5:45-7:00 AM **World Peace Meditation** *Join us in an hour of meditation as we unite with millions of people on the planet who will all be focused on peace.*  Lifeworks Center for Spririted Living Rev. Patty Rumpza Sunday Gathering: 10:30 AM

11210 Steeplecreit Drive, Ste. 300 Houston, Texas 77065 281.970.6144 www.lifeworkscenter.org

Life is on your side. Spend your time wisely by exploring the truth: There is a power for good in the universe, available to everyone, and <u>you can use</u> it!

Celebrate the journey!

#### Have you, or has a friend or loved one, asked recently, "Is this all there is? Is this the way it is always going to be?"

Please believe: There are answers to these universal questions. Discover a way of life that will take you to the forefront of spirituality for the 21st century.

Science of Mind® teaches how to live in accordance with spiritual principles for greater peace, happiness, and joy. These principles, or metaphysical laws, are as reliable as the laws of physical science.

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The Science of Mind® is something intelligent to think about, something satisfying to believe in, as well as something practical to use.

# A New Law Changes The Way Checks Clear

Check it out. A new law is changing the way banks clear checks. The legislation-known as the Check Clearing for the 21st Century Act, or Check 21-will benefit consumers through faster check clearing, decreased fraud, less paper and increased security.

The law makes it possible for banks to send-and accept for clearing purposes-digital images of checks electronically. This eliminates the need to physically transport checks between banks.

As an added benefit, Check 21 will reduce uncontrollable delays in transporting checks caused by weather or natural disasters.

According to the American Bankers Association, the law does not eliminate paper checks, nor does it change the way consumers write checks. It simply requires banks and customers to accept paper copies of original checks, called "substitute checks."

A "substitute check" is a paper copy of the original check, including the front, back and all endorsements.

Supporters of this law say that consumers will benefit. Here's why:

- They'll have earlier access to their funds and more convenient access to information online about the status of their checks,
- Check fraud will be reduced because faster processing will mean faster detection and faster resolution of problems,
- Consumers receive special recrediting rights if a problem arises due to a "substitute check."

One caution: with faster processing, consumers must ensure they have enough money in their account to cover their checks.

In addition to the changes brought on by Check 21, a growing number of retailers are now converting paper checks into electronic automated clearinghouse (ACH) payments on the spot. This means that if a consumer has written a check for a purchase, the check is returned immediately at the point of purchase, after it is converted into an ACH payment.



Experts say a new law will reduce fraud and paperwork by speeding the checkclearing process.

Regular billers, such as utilities or credit card providers, are also

converting checks to ACH payments. Once the check is converted, a consumer will not receive a copy of the original. However, the check will be reflected in the consumer's bank statement, which will be accepted as proof of payment.

To learn more, visit the America Bankers Association at www.aba.com and click on "Consumer Connection."





# BE AN ANGEL!

If you would like to add your name to the list of neighborhood Angel Brigade volunteers, please send an e-mail to Jean Feller, Coordinator, at jfeller@ev1.net or call Jean at 281-890-8153.

A big commitment is not necessary, so please do not hesitate to join. You may simply be called upon to help with offerings of food or clothing or to assist in other helpful ways such as mowing a lawn or sending a card to let those that are suffering know that you care.

# **Steeplechase Website News**

The Steeplechase Message Board is a great forum for neighbor to neighbor communication, however if you have a maintenance issue, complaint, concern etc. – please correspond directly with our community management company, PCMI at 281-870-0585 or <u>Myla@pcmi-us.com</u> for a prompt response."







AS YOU WONDER How to create the Future you've always Dreamed about, Consider two words Of Wisdom.



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## Spring Semester registration: November 9, 2004 to January 15, 2005.

Classes begin January 18, 2005.



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#### **TEEN JOB SEEKERS LIST**

If you are a teen and wish to have your name published, please email your name, address, date of birth, and phone number to newsletter@steeplechasetx.com by the editor's deadline. If you are currently listed, please notify the editor if changes are needed to your age or phone number.

<i>v c</i> 1		
Jessica Aceves	B, P	
Andrew Allen, 14	P	
Lauren Ayers, 14* **	B, P	
Jerrod Bean, 15***	P, L	
Melissa Bean, 13***	B, P	
Kaleb Bowden, 14	B, P	
Grant Busch, 13	L	
Elizabeth Erwin, 16	B, P	
Brittney Fowlkes, 14* **	B	
Charles Garvin, 16	P,L .	
Kelsey Garvin, 16	B,P	
Kelsey Julian, 14	B,P	
		. 281-469-2737 or 832-492-5546
Tanner King, 13	P	
Samantha Machala, 13	B,P	281-894-6321 or 713-875-6295
Adam Rees-Brown, 19	P,L .	
Mallory Rivera, 16	B,P	
Meagan Rivera, 16	B,P	
Jessica Sproull, 16* **	B,P	
Amanda Ortiz, 14	B	

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## Steeplechase Committees Welcome Volunteers

Get involved. All neighborhood committees welcome new volunteers. For more information, call 281-897-9298.

#### **Advertising Information**

Please support the businesses that advertise in the Steeplechase Community Association Newsletter. Their advertising dollars make it possible for all residents to receive a newsletter each month at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the newsletter by advertising, please contact our sales representative, Donna Sommer @ 832-237-4684 or dsommer@PEELinc.com for ad information and pricing The deadline for ads is the 10th of each month for the upcoming month's newsletter.







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