





The Official Newsletter of The Steeplechase Community Improvement Association, Inc. and Steeplechase Community Center

Volume 3, Issue 1 January 2005

From your Security Coordinator...Barbara Lopez Introduction and Background Info for 2 of our Sheriff's Department Deputies

I would like to take this New Year opportunity to introduce 2 of our newest Sheriff's Department Deputies that you will see working in Steeplechase throughout 2005. Deputies Ron Fleming and James Romine are excited to be here and we are excited to have them both in our Steeplechase community! They both come to us with a wealth of experience and we are very fortunate to have them working for us. Both Deputies want you to feel free to call them and speak to them at any time if you have a question or a concern. Please call them at 713-221-6000 to report incidents that need their attention. They will also be in attendance at our next Open Residents Meeting on Monday, February 6th at 7:00 pm in the Clubhouse where they always have information about current occurrences in our neighborhood and surrounding area. They always answer questions from Residents at this time as well.



Deputy Ron Fleming has a military background where he was in the US Marines for 4 years and is a graduate of University of California at Irvine with a degree in Business Administration. He spent 3 years with the San Diego Police Department before making his move to Houston where he has spent the last 12 years with the Harris County Sheriff's Department in various areas within the department. Deputy Fleming has 6 years experience as a Narcotics Investigator, 2 years as a Homicide Investigator, 4 years of

Patrol and 1 year with the Department of Homeland Security. Please welcome Deputy Fleming to our neighborhood! He will be here with us Monday – Friday from 10 am – 6 pm and is very excited about the opportunity to work with you!

Deputy James Romine also has a military background where he was in the US Army for 4 years prior to joining the Harris County Sheriff's Department in 1991. He was in patrol for 3 years before he moved into Organized Crime and Narcotics Task Force as an Undercover Investigator for 2 years. He moved back into Patrol and served as a

Field Training Officer and State Certified Instructor prior to coming to us. He has earned awards such as the 1994 Houston 100 Club Award, Rookie of the Year and you might recognize him from television's

"COPS" where he appeared on an episode in 1998! Deputy Romine bid into the Steeplechase contract the end of 2004 and he is very excited to work where he hopes to make his home! He loves Steeplechase and he and his wife plan to also become Steeplechase residents very soon! Deputy Romine also has 3 children that he is very proud of. His children are 13, 11 and 10 months. Please welcome Deputy Romine to our community! He will be here with us Tuesday through Saturday from 7:00 am - 3:00 pm.



Deputy Romine

In addition to their law enforcement

roles, these Deputies have committed to us to plan Community Safety Awareness events once a quarter as an added benefit to our residents in hopes of preventing crime and raising awareness. Please let us know if you have a specific safety awareness event that you would like to see hosted right here in our neighborhood and watch for the upcoming events information and let's take advantage of their expertise and what they have to offer us. It just might save a life!



<u>IMPORTANT</u>



Emergency	911
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Cy-Fair Fire Dept	
Cy-Fair Hospital	
Animal Control	281-999-3191
HL&P (Street lights)	713-207-2222
Library	281-890-2665
Post Office	713-937-6827
Steeplechase Community Center	
Deed Restriction Issues (PCMI)	281-870-0585
Water/Sewer	281-240-1300
Architectural Control (PCMI)	281-870-0585
Trash Pick-up (Waste Management)	713-686-6666
	(Monday & Thursday)
Harris Co. Pct. 4 Road Maintenance	281-353-8424
Community Events	281-469-CLUB
Clubhouse Rentals:	
Private Events (Phyllis McFarland)	281-469-CLUB
Community Group Events (Barbara Lopez))281-894-2894)
I	

NEWSLETTER PUBLISHER

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If you need to contact a director within your subdivision, please contact **PCMI** at **281-870-0585** and they will forward your request.

Steeplechase Sanctioned Committees

Security	Welcome
Communications	Landscape
Pool	Clubhouse
Playground	Tennis

COMMUNITY CENTER CONTACTS

Barbara Lopez	281-894-2894
Small Meeting/Private Function Rentals Julie Bertsch	281-970-1007
Weekend Coordinator Phyllis McFarland	281-469-CLUB
Private Pool Parties	

A-Beautiful Pools 281-376-6510 or www.a-beautifulpools.com

OARAGE

Weekday Coordinator

\$ale

Pool Committee Garage Sale Saturday March 5, 2005 at the Clubhouse

Start the New Year off by cleaning out your attic, closets and garage – what to do with all that "stuff" – donate it to the GIANT GARAGE SALE to benefit our community center Pool. Watch for more details in the February Newsletter and log-on to Steeplechasetx.

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Cy-Ridge's After Prom Party

Attention Parents of Cy-Ridge High School 2005 Senior Class:

We need help from all parents to plan for our Seniors After Prom Party. This all night party will be at Jillian's on April 30th from 2-6am. This is our school's first graduating class and we want our school and our Seniors to be PROUD. We have an enthusiastic group of volunteers, but we NEED MORE parents to get involved.

If you have any questions or can volunteer (even just a little) please call Leslie Peard at 281-894-6905 or Joan Mulkern at 281-469-0275. Thank you!

WIN A 2005 DODGE RAM TRUCK!

Cy-Ridge High School Senior Class Raffle Tickets are \$20 each, Prizes are Great! Top 3 Prizes:

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2nd Prize is one year free of Digipac with MOVIE PLUS & Sports Extra from Time Warner Cable (value \$1,040.)

3rd Prize is \$500 CASH from RAP

How can you purchase a raffle ticket?

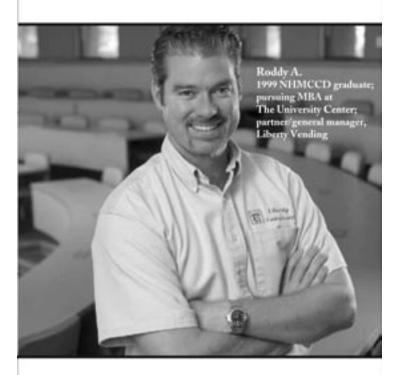
Log on to: Steeplechasetx.com Or call Leslie Peard at 291-894-6905

Classified Ads

For Sale: Wedding Dress, Brass/glass table, Silk floral arrangements, Entertainment Center, Brass Standing Lamp, Hanging Pictures. Call for an appt: 281-989-2385.



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NEWSLETTER DEADLINE

For the February issue is **January 10**

Please send all articles and photos to: newsletter@steeplechasetx.com

(high quality digital photos up to 2 MBs accepted) or mail your submissions to the Steeplechase clubhouse at 11250 Steepleway Blvd., Houston, TX 77065 if you do not have a computer

SENIOR CITIZENS GROUP

The Steeplechase Seniors Group meets at the clubhouse for games, activities, and socializing on Tuesdays at 12:30 p.m. We have 12 "regulars," but we are always looking for new people to join us. If you have questions, please call Pat Parker at 832-912-7881 or Marty Mead at 281-955-9829. Please come out to play!

Steeplechase Information Line: 281-469-CLUB - Option #3

Easter Egg Hunt

The Annual Steeplechase Easter Egg Hunt has been a growing success and we need more volunteers to help with this great family event. If you would like to participate please call Barbara Lopez at 281-469-3889.







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<u>STEEPLECHASE</u>

Safety Awareness Event

There will be an upcoming safety awareness event scheduled for Saturday, January 29th from 12:00 – 4:00 pm at the Steeplechase Clubhouse.

Please make plans to attend this exciting event that Steeplechase's Security Committee and Sheriff's Department Deputies have worked together to bring to you. This will kick off the first event of 2005 where we will have many different security awareness topics each quarter of the year. We have scheduled hot dogs & treats for our residents and the Sheriff's Department will have Gizmo the interactive Robot which is a huge treat for the kids. Gizmo talks, plays music and dances with kids. They also will be doing Child ID's and DARE and will have lots of information on FREE services the department offers to residents. Please make plans to come out and meet some new friends in your community and let's all take advantage of this event. This is for both the young and the young at heart! Come out and meet your Deputies and meet some new friends!

If you have any questions or would like to help plan the event, please call Barbara Lopez at 281-469-3889.

2nd Quarter Steeplechase Safety Awareness Event...

We are excited to announce our second Steeplechase Security Safety Awareness event planned for 2005. The Sheriff's Department will offer a RAD class for women. This is a Rape Aggression Defense Class that is appropriate for Ages 12 years old and up. Most people don't think about abduction unless someone has just been abducted and the Department wants us to know how to handle ourselves if we were ever in this terrible situation. The class is a total of 15 hours long and it teaches all ages how to defend themselves in a life threatening situation. Don't be a statistic!

There is a sign up sheet for this event because the class will only hold the first 30 women who sign up. It is a big commitment so please take this seriously. We will also have a wait list that you can sign up on once the first 30 names have signed up and we will work this list until everyone that wants this opportunity to attend has that chance. This class is for 5 nights and is 3 hours long each night. We currently have dates scheduled for May 16th, 17th, and 18th, 23rd and 25th from 6:00 – 9:00 pm at the Steeplechase Clubhouse. If you have any questions or would like to sign up, please contact Barbara Lopez at 281-469-3889.

Advertising Information

- Please support the businesses that advertise in the Steeplechase •
- Community Association Newsletter. Their advertising dollars •
- make it possible for all residents to receive a newsletter each •
- month at no charge. No homeowners association funds are used to •
- produce or mail the newsletters. If you would like to support the •
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- Donna Sommer @ 832-237-4684 or dsommer@PEELinc.com •
- for ad information and pricing The deadline for ads is the 10th •
- of each month for the upcoming month's newsletter.

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Cobblestone Holiday Decorating Contest

The Cobblestone Holiday Decorating Contest winning address is 11703 Yorkshire Oaks. The owner is Annette Morgan. Congratulations!



Honorable mention go out to the following homes:

11408 Meadowchase 11347 Travelers Way Circle 11823 Meadowchase 11718 Yorkshire Oaks 11619 Autumn Chase 11315 Yorkshire Oaks 11502 Yorkshire Oaks

Yorkshire Oaks is recognized as the most decorated street in Cobblestone.

Thanks to all the families in Cobblestone that have made this Holiday Season so "bright!".





BE AN ANGEL!

If you would like to add your name to the list of neighborhood Angel Brigade volunteers, please send an e-mail to Jean Feller, Coordinator, at jfeller@ev1.net or call Jean at 281-890-8153.

A big commitment is not necessary, so please do not hesitate to join. You may simply be called upon to help with offerings of food or clothing or to assist in other helpful ways such as mowing a lawn or sending a card to let those that are suffering know that you care.

NEWSLETTER SUBMISSIONS REQUESTED

Every news publication needs "reporters." Please submit your important news to the editor at newsletter@steeplechasetx. com or contact me by regular mail to the clubhouse at 11250 Steepleway Boulevard, Houston TX 77065.

Business Classified Ads

Business Classifieds are \$45.00. Please contact Donna Sommer, djsommer@aol.com, 832-237-4684.



Steeplechase Website News

The Steeplechase Message Board is a great forum for neighbor to neighbor communication, however if you have a maintenance issue, complaint, concern etc. – please correspond directly with our community management company, PCMI at 281-870-0585 or Myla@pcmi-us.com for a prompt response."





When full grown the Brazilian hiccup fish can reach a length of 12 feet and its hiccups can be heard a mile away.

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The word honeymoon may have originated with an ancient custom that said that a newly married couple had to drink a potion containing honey on each of the first thirty days-a moon-of their marriage.



Scavenger Hunts And Smiley Faces Ease 'Veggie Fears'

Baylor College of Medicine

Vegetables can play an important role in healthy growth and development, but getting kids to eat them can sometimes be a challenge.

"To get kids to eat vegetables, they must be available when and where kids tend to eat, be very easy-to-eat and taste good," said Joan Carter, a registered dietitian at the Children's Nutrition Research Center at Baylor College of Medicine and Texas Children's Hospital in Houston.

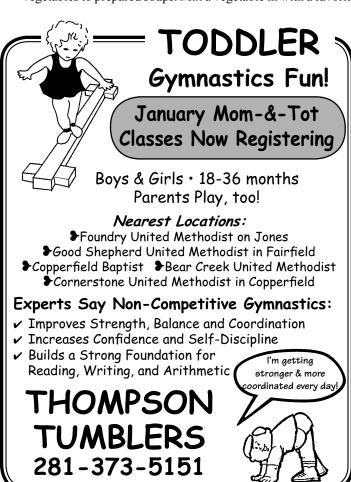
To make vegetables more tempting to kids, Carter offers these tips:

- Offer the new vegetable at the beginning of the meal when small children are the hungriest and serve vegetables in new combinations. Children tend to favor peas, potatoes, carrots, beans and corn. Mix these vegetables with others they are less likely to eat, such as broccoli and cauliflower.
- Use a little fat, sugar and salt to make the healthy foods taste good to kids. "Kids are born liking sweet tastes, so use this to your advantage," Carter said. Cook carrots with a little sugar and chicken stock; make carrot 'slaw' with raisins; top broccoli with low-fat cheese sauce.
- Prepare vegetables in new ways. Try a stir-fry or add fresh vegetables to prepared soups. Mix a vegetable in with a favorite

food, such as peas in macaroni and cheese or blend soft cooked carrots into mashed potatoes. Add vegetables to pizza toppings or sautéed minced veggies like broccoli and red pepper and add to spaghetti and pizza sauces, meat loaf, and pureed soups.

- Make eating veggies fun and easy. For kids over the age of 4, keep veggie 'kabobs' with cherry tomatoes and cucumber slices or 'grab bags' with baby carrots, broccoli 'trees,' and celery sticks near low-fat dips or salsa on a child-level shelf in the refrigerator. Use cut-up pieces of vegetables to make a "smiley face" on mashed potatoes. Offer an edible spoon, such as a stalk of celery, to scoop up chili or stew.
- Enlist kids to help scour magazines for new veggie recipes that the family could try. Let kids use the recipe to conduct an "ingredient scavenger hunt" at the grocery store and later assist in preparing the recipe at home.
- Become a family of Farmers' Market 'explorers' who stop and ask growers about their produce, their farms, and how they cook their vegetables for themselves. Grow a family vegetable garden.
- Be a good role model. Eat your vegetables, and show your excitement about finding and trying new ones.

(Continued on Page 9)





<u>STEEPLECHASE</u>

Veggie Fears - (Continued from Page 8)

And what if despite your efforts, your children still turn up their noses at anything yellow, green or leafy?

"Don't give up," Carter said. "It may take some time before kids try a vegetable and it might take a lot of tries before they begin to like it." Young children can sometimes be afraid of new foods.

Continue to offer vegetables at each meal and encourage children to try one bite. If they don't like it, that's fine. Allowing young kids to stop at one bite can make trying new foods less scary, while forcing them to eat something they truly don't like will only make the situation worse.

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Spicy Soup

2 lb. ground beef

1 can green chilis

1 small onion, chopped

1 tsp. salt

½ tsp. pepper

1 pkg. taco seasoning

1 pkg. ranch dressing mix

1 can corn

1-15oz. can pinto beans w/juice

1 ½ cup water

1-15 oz. can kidney beans w/juice

 $3-14\frac{1}{2}$ oz. cans stewed tomatoes

Brown meat with onion. Drain well. Add remaining ingredients and simmer for at least 30 minutes.



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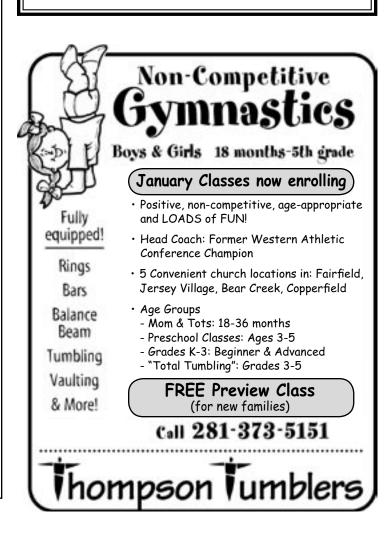
TEEN JOB SEEKERS LIST

If you are a teen and wish to have your name published, please email your name, address, date of birth, and phone number to newsletter@steeplechasetx.com by the editor's deadline. If you are currently listed, please notify the editor if changes are needed to your age or phone number.

Taggina Agazza	D D	201 004 2004
Jessica Aceves		
Andrew Allen, 14		
Lauren Ayers, 14* **	B, P	281-894-5236
Jerrod Bean, 15***	P, L	281-955-8038
Melissa Bean, 13***		
Kaleb Bowden, 14	B, P	281-807-0188
Grant Busch, 13	L	281-894-8815
Elizabeth Erwin, 16	B, P	281-970-1884
Brittney Fowlkes, 14* **		
Josh Fuentes, 14		
Charles Garvin, 16		
Kelsey Garvin, 16		
Kelsey Julian, 14		
Andrew Kimberly, 14		
Tanner King, 13	P	281-955-1668
Joey Lance, 15		
Gwen Lee, 14		
Samantha Machala, 13		
Serena Mancuso, 16		
Rae Moss, 21* **		
Brenna Murphy, 15* **		
Adam Rees-Brown, 19		
Mallory Rivera, 16		
Meagan Rivera, 16		
Jessica Sproull, 16* **		
Kelly Theisen, 21		
Amanda Ortiz, 14		
Travis Rivera, 13		
11413 141014, 15	上, 1	201-755-1701

Steeplechase Committees Welcome Volunteers

Get involved. All neighborhood committees welcome new volunteers. For more information, call 281-897-9298.





GIVE A LITTLE, GET A LOT!

Please get involved in your community. All neighborhood committees welcome new volunteers. For more information, call 281-897-9298.

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STEEPLECHASE MARKET REPORT

Courtesy of "SUPER DAVE"

This market information report is provided to keep you informed of resale market activity in your subdivision.

	Jun 04	Jul 04	Aug 04	Sept 04	Oct 04	Nov 04
\$160,000 & Above	0	0	0	1	0	0
\$140,000-159,999	0	0	1	1	0	1
\$120,000-139,999	3	2	2	3	4	2
\$110.000-119,999	1	5	1	2	1	4
\$100,000 - 100,999	3	3	4	1	4	0
\$100,000 Below	1	1	3	2	0	3
TOTAL	8	11	11	10	9	10
Highest S/Sq Ft	76.62	73.11	76.71	78.89	80.02	77.28

This chart represents the homes that have sold and closed in the past 6 months according to the Houston Multiple Listing. Service.

Recent Sales By "SUPER DAVE" in Steeplechase

- 9838 Stableway
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- 12230 Flaxen.
- 12034 Yearling
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- 11435 Crayford
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