

Volume 10 January 2005 No. 1

## Yard of the Month December 2004

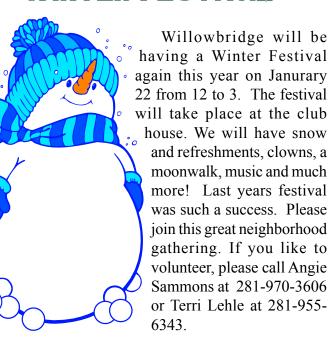


Paul & Suzanne Thompson 8910 San Patrico Court

Paul & Suzanne Thompson have lived at 8910 San Patrico Court since 1998. Paul is sales manager for General Welding Works and Suzanne is school secretary for St Mark Lutheran Church. The Thompson's have two girls, Erica (Age 15) a student at Lutheran High North and Carrie (age 12) a student at St Mark Lutheran School. Erica and Carrie are both very involved in sports and each has been on a state championship team. Erica for softball and Carrie for volleyball. Paul and Suzanne enjoy doing all the yard work themselves.

The Thompson's front yard is tastefully landscaped with wax myrtle, crepe myrtle, Indian hawthorne, liriope, wax leaf ligustrum, dwarf yaupon and is accented with colorful pansies, encore azaleas and a newly planted sago palm.

# WILLOWBRIDGE WINTER FESTIVAL







Important N	umbers
All Emergencies	911
Harris County Sheriff	713-221-6000
Harris County Animal Control	281-999-3191
Cy-Fair Hospital	281-890-4285
Houston Lighting & Power	713-207-7777
Center Point - Street Lights	
ENTEX Gas	713-659-2111
Newsletter Publisher	
Peel, Inc	806-385-6444
Adver. Donna Sommer.dsommer@	Peelinc.com, 832-237-4684
PCMI/Myla Chandler	281-870-0585x1313
Republic Waste	
Southwestern Bell - Repair	800-246-8464
- Billing	800-585-7928
Swimming Pool - Pay Phone	
Swimming Pool - Lifeguard	
W. Harris County MUD #11	281-807-9500
Willow Place Post Office	281-890-9416
Willowbridge Website	www.willowbridgehoa.com

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Glen Telge
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Yard of the Month Committee
Glen Telge

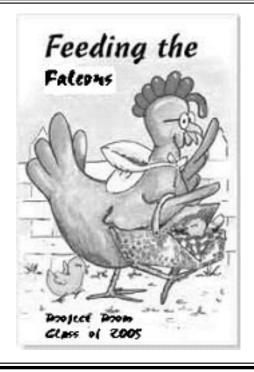
Board of Di	rectors
Andrew Mears	President
Fred Edler	Vice-President
Pete Lehle	2 <sup>nd</sup> Vice-President
Angela Sammons	Secretary
Glen Telge	Treasurer

Willowbridge Homeowners	Association Inc PCMI
Myla Chandler	281-870-0585x1313
E-Mail	myla@pcmi-us.com
Fax	281-870-9170
If you have any questions o	r comments regarding the
neighborhood please contact the	#'s above.

### **Advertising Information**

Please support the businesses that advertise in the WillowTalk. Their advertising dollars make it possible for all Willowbridge residents to receive the monthly newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the WillowTalk by advertising, please contact our sales representative, Donna Sommer @ 832-237-4684 or at dsommer@peelinc. com. The advertising deadline is the 10th of each month for the following month's newsletter.





# **Feeding The Falcons Cookbook**

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Project Prom 2005

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#### STORE HOURS

Mon. - Sat. 10:00 am - 7:00 pm Sunday by appointment only.



# Northwest Harris County Aggie Mothers' Club

#### January 11, 2005 - Second Tuesday of the month

Does your Aggie like to jog, swim, play handball, or perhaps just do a little mountain climbing? How about basketball, volleyball, or good old fashioned exercise? The weather is too wet or chilly? Not at the Texas A&M University Recreation Center! Please join us as Mr. James Welford, Assistant to Director of the Rec. Center, tells us all the ins, outs, and benefits the Rec. Center has to offer your Aggie.

Our meeting on January 11, 2005, will begin with a brief social at 7:00p.m. at the Foundry Methodist Church, in the Fellowship Hall, 8350 Jones Road, Jersey Village (one block North of Hwy 290)

For more information or carpool possibilities please call:

Mary Vargo at: 281-433-3042 E-mail – mkvargo1@juno.com

# $\mathbf{FYI} \dots$

In a few weeks cell phone numbers are being released to telemarketing companies and you will start to receive sales calls.

By calling 888-382-1222 or visiting <a href="http://www.donotcall.gov">http://www.donotcall.gov</a>, a service provided by the FTC, you can register your phone number on the national "Do Not Call" list. You'll need to call from your cell phone in order to register your mobile number.

If anyone calls you after 3 months and you wish to file a complaint, visit the website listed above.





TACL-A011183C

# The Houston Food Bank needs all our help...

And its so easy!

All we have to do is go to www.chunky.com and vote for the Houston Texan Football team. And the team with the most points will get the weight of the total team in food donated by Campbell Soup to the Food Bank. Greenbay has been winning in the past, so lets get the word out and get everybody to vote so the Houston Food Bank will get the donation.

#### VOTE HOUSTON TEXANS FOOTBALL **TEAM**

#### **Questions, complaints, comments?**

Contact Myla at PCMI by e-mail: myla@pcmi-us.com or calling 281-870-0585. To ensure prompt attention and response please make sure you include your full name, address, and a contact number. Please remember that being polite and practical helps. We are all trying to do a good job and keep our neighborhood a pleasant place for residents.

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FARMERS



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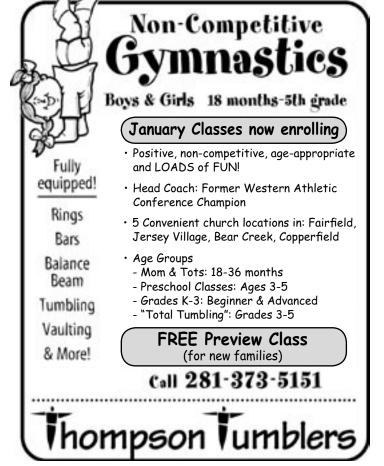


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- Cabinet Painting
- · Door Refinishing
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- · Wallpaper Removal
- · Custom Staining
- **No Payment Until Completion**



January 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
_			Men's Game Night			
		MIT.			Îta	
9	10	11	12	13	14	15
	Bunko	Bridge				Newsletter Deadline
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	3.					



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any service

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February 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
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6	7	8 Bridge	9	10	11	12
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13	14	15	16	17	18	19
	Bunko	Newsletter Deadline			Ī	
20	21	22	23	24	25	26
					16	
27	28					

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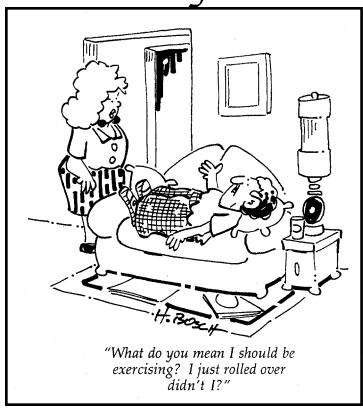


Se Habla Español *WSA* 

713.691.2696







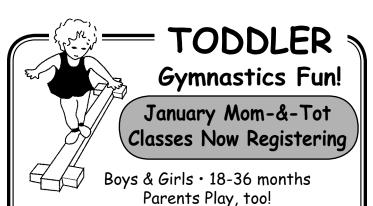
#### **To Submit Articles:**

**E-Mail** articles to the following address: articles@PEELinc. com. Photos may be mailed to P.O. Box 886; Littlefield, TX 79339. Articles must be received by the 15th of the month for the following month's issue. Please specify on the article that it is to be published in the Willow Talk.

## Neighborhood Baby-Sitters Available!

Are you in need of baby-sitting? Contact one of the following and help our

neignbornood youth ea	m a mue exua	money.	
Name	Birthday	Phone Number	Parents
Kyle Louderback	7/7/87	281-807-7970	Truman & Dena Louderback
Matthew Louderback	12/29/88	281-807-7970	Truman & Dena Louderback
Carmen Colmenero	14 years old	281-890-3223	Jaime & Juanita Colmenero



#### Nearest Locations:

- Foundry United Methodist on Jones
- ♣Good Shepherd United Methodist in Fairfield
- Copperfield Baptist Bear Creek United Methodist Cornerstone United Methodist in Copperfield

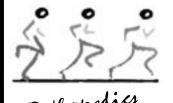
### Experts Say Non-Competitive Gymnastics:

- ✓ Improves Strength, Balance and Coordination
- Increases Confidence and Self-Discipline
- ✔ Builds a Strong Foundation for Reading, Writing, and Arithmetic

THOMPSON TUMBLERS







Orthopedies At the Best!

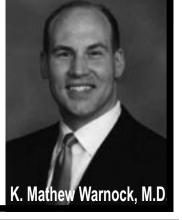
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Se Habla Espanol

#### **Library Staff Hosts Book Clubs** For Teens And Adults

A variety of book clubs are held at the Cy-Fair College Branch Library for adults including: Voices of the Americas, Explore Women of the World, Go Time Travelin', I Love a Mystery and In Short: A Literacy/Literature Circle, which is new. Teen Librarian Elise Sheppard

hosts book clubs for ESL students, middle school students and

schooled teens. Coming soon will be a Classics in Translation Book

#### **Check Out Center For The Arts**

The Cy-Fair College Faculty Showcase Exhibition, set Jan. 20 to Feb. 23, features photography by Troy Huechtker and drawings and paintings by Robert McGehee. The next Main Stage Theatre production, set Feb. 10 to Feb. 27, will be "It Ain't Nothin' But The Blues", a sizzling musical revue in celebration of African American Heritage Month. Call 281-290-5201 for tickets and information.

#### Start The New Year With L.i.f.e. Lessons

Cy-Fair College's Learning, Inspiration, Fellowship, and Enrichment

programs are held Wednesdays at 10 a.m. in the Cy-Fair College Branch Library (Room 131.) January programs include making home-made bath salts Jan. 5; creating Power Point slide shows Jan. 12; studying music and politics of the South Jan. 19 and energizing through Feng Shui Jan. 26. February topics will include Valentine greeting cards, a field trip to the Forbidden Gardens, acupuncture and antiques. Call the library at 281-290-3213 for L.I.F.E. program information or check the library web page online at cy-faircollege. com/library.

The only way to have a friend is to be one. -Ralph Waldo Emerson

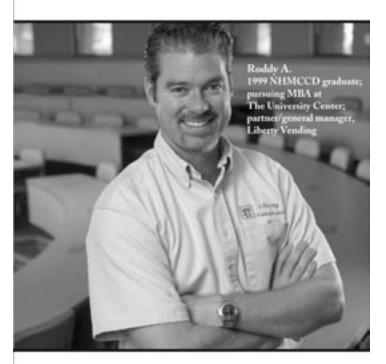
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The shortest answer is doing. -Proverb

Friendship is always a sweet responsibility, never an opportunity. -Kahlil Gibran

Real knowledge is to know the extent of one's ignorance. -Confucius

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Take a class. Go for a degree, Earn a certification. Learn a new language. You can begin all this and more by visiting www.cy-faircollege.com and checking out our Course Catalog and Spring 2005 Schedule. With more than 250 possibilities to choose from, you're sure to find a course to get you where you want to go. And with two convenient locations - Barker Cypress campus and The Fairbanks Center campus - it's simple, convenient and affordable.

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Classes begin January 18, 2005



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# Scavenger Hunts And Smiley Faces Ease 'Veggie Fears'

Baylor College of Medicine

Vegetables can play an important role in healthy growth and development, but getting kids to eat them can sometimes be a challenge.

"To get kids to eat vegetables, they must be available when and where kids tend to eat, be very easy-to-eat and taste good," said Joan Carter, a registered dietitian at the Children's Nutrition Research Center at Baylor College of Medicine and Texas Children's Hospital in Houston.

To make vegetables more tempting to kids, Carter offers these tips:

- Offer the new vegetable at the beginning of the meal when small children are the hungriest and serve vegetables in new combinations. Children tend to favor peas, potatoes, carrots, beans and corn. Mix these vegetables with others they are less likely to eat, such as broccoli and cauliflower.
- Use a little fat, sugar and salt to make the healthy foods taste good to kids. "Kids are born liking sweet tastes, so use this to your advantage," Carter said. Cook carrots with a little sugar and chicken stock; make carrot 'slaw' with raisins; top broccoli with low-fat cheese sauce.
- Prepare vegetables in new ways. Try a stir-fry or add fresh vegetables to prepared soups. Mix a vegetable in with a favorite

food, such as peas in macaroni and cheese or blend soft cooked carrots into mashed potatoes. Add vegetables to pizza toppings or sautéed minced veggies like broccoli and red pepper and add to spaghetti and pizza sauces, meat loaf, and pureed soups.

- Make eating veggies fun and easy. For kids over the age of 4, keep veggie 'kabobs' with cherry tomatoes and cucumber slices or 'grab bags' with baby carrots, broccoli 'trees,' and celery sticks near low-fat dips or salsa on a child-level shelf in the refrigerator. Use cut-up pieces of vegetables to make a "smiley face" on mashed potatoes. Offer an edible spoon, such as a stalk of celery, to scoop up chili or stew.
- Enlist kids to help scour magazines for new veggie recipes that the family could try. Let kids use the recipe to conduct an "ingredient scavenger hunt" at the grocery store and later assist in preparing the recipe at home.
- Become a family of Farmers' Market 'explorers' who stop and ask growers about their produce, their farms, and how they cook their vegetables for themselves. Grow a family vegetable garden.
- Be a good role model. Eat your vegetables, and show your excitement about finding and trying new ones.

(Continued on Page 11)



# WillowTalk

**Veggie Fears** - (Continued from Page 10)

And what if despite your efforts, your children still turn up their noses at anything yellow, green or leafy?

"Don't give up," Carter said. "It may take some time before kids try a vegetable and it might take a lot of tries before they begin to like it." Young children can sometimes be afraid of new foods.

Continue to offer vegetables at each meal and encourage children to try one bite. If they don't like it, that's fine. Allowing young kids to stop at one bite can make trying new foods less scary, while forcing them to eat something they truly don't like will only make the situation worse.



When full grown the Brazilian hiccup fish can reach a length of 12 feet and its hiccups can be heard a mile away.

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## WILLOWBRIDGE MARKET REPORT

Courtesy of "Super Dave" #1 in Sales in Jones Rd and West Rd Area!

This market information report is provided to keep you informed of resale market activity in your subdivision.

1				Oct 04	Nov 04
	0	1	2	0	0
3	0	0	0	1	0
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This chart represents resale homes that have sold and closed in the past 6 months according to the Houston Multiple Listing Service.

# # 1 Selling Agent In Willowbridge!\*-

# David "Super Dave" Flory



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