



Steeplechase

NEWSLETTER



The Official Newsletter of The Steeplechase Community Improvement Association, Inc. and Steeplechase Community Center

Volume 3, Issue 2

February 2005

Easter Egg Hunt



The Annual Steeplechase Easter Egg Hunt has been a growing success and we need more volunteers to help with this great family event. If you would like to participate please call Barbara Lopez at 281-469-3889.

Communications Committee

Did you know that this Newsletter is produced and delivered to your home at no cost to Steeplechase residents? Advertisers pay the production and mailing cost and volunteers prepare the information and articles which are transmitted electronically to the publisher.

We need help gathering newsworthy community information and editing the contents of our monthly newsletter. If you can assist in any way please call Board President Betty Hattman at 281-897-9298 or e-mail: newsletter@steeplechasetx.com.

Tennis Gate Keys

The tennis gate is being repaired and will then be locked for security reasons. If you need a tennis gate key (the keys were not changed so your old key should work), please call Nina at PCMI – 281-870-0585. The cost for a new key is \$20 and is restricted to Steeplechase homeowners (or tenants) in good standing.

Tennis players – please lock the gate when you leave and turn off light timers.

**View the Steeplechase
Community Association
newsletter each month online at
www.PEELinc.com.**

**G
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\$ale

Pool Committee Giant Garage Sale And Raffle

Saturday, March 5 from 8am-Noon
Steeplechase Community Center
All proceeds to benefit pool improvements.
Donations are being accepted now.
Call 832-646-2700 to arrange drop-off or for a pick-up of large items. Log on to steeplechasetx.com to view raffle items. Volunteers are needed for this pool committee fundraiser – please call chairperson Jinnie Kelley at 832-646-2700.



STEEPLECHASE

IMPORTANT

Telephone Numbers



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Cy-Fair Fire Dept.....	911
Cy-Fair Hospital.....	281-890-4285
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Steeplechase Community Center	281-469-CLUB
Deed Restriction Issues (PCMI)	281-870-0585
Water/Sewer	281-240-1300
Architectural Control (PCMI).....	281-870-0585
Trash Pick-up (Waste Management).....	713-686-6666
(Monday & Thursday)	
Harris Co. Pct. 4 Road Maintenance.....	281-353-8424
Community Events.....	281-469-CLUB
Clubhouse Rentals:	
Private Events (Phyllis McFarland).....	281-469-CLUB
Community Group Events (Barbara Lopez)	281-894-2894

NEWSLETTER PUBLISHER

Peel, Inc. / Quality Printing.....	806-385-6444
Adver: Donna Sommer	dSommer@Peelinc.com, 832-237-4684
Kelly Peel.....	kelly@Peelinc.com, 512-589-5471

COMMUNITY CENTER CONTACTS

Weekday Coordinator

Barbara Lopez 281-894-2894

Small Meeting/Private Function Rentals

Julie Bertsch..... 281-970-1007

Weekend Coordinator

Phyllis McFarland..... 281-469-CLUB

Private Pool Parties

Sweetwater Pools 281-988-8480

Rachael's



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Steeplechase Board of Directors

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Virginia Kelley	Minor Bostick	Barbara Lopez
Cynthia Green	Tom Gerow	Clark Fredenburg
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If you need to contact a director within your subdivision, please contact **PCMI** at **281-870-0585** and they will forward your request.

Steeplechase Sanctioned Committees

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Fax 806-385-5234

STEEPLECHASE

Pool News

The Pool Committee has been busy since the pool closed on Labor Day. The Steeplechase pool contract was put out to bid this fall and a new company- Sweetwater Pools- has been hired to manage our pool in 2005.

Some of the many services offered by Sweetwater Pools include:

- Full-time, mature facility manager and assistant manager
- Daily on-site inspections by experienced supervisors
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- Sponsorship of community events such as "teen night"

This pool company's references are great and we are very excited about working with them in 2005 and beyond. As always, new pool committee members are welcome: so if you are interested in the pool please consider volunteering – simply call Myla Chandler at 281-870-0585 – the next meeting will be in February so call today!

And please remember the Pool Committee Garage Sale and Raffle – Saturday, March 5th.

Support your community pool!

NEWSLETTER DEADLINE

For the March issue is

February 10

Please send all articles and photos to:

newsletter@steeplechasetx.com

(high quality digital photos up to 2 MBs accepted)

or mail your submissions to the Steeplechase clubhouse at
11250 Steepleway Blvd., Houston, TX 77065
if you do not have a computer

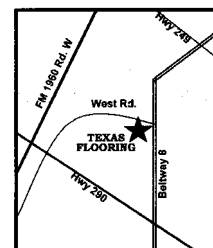
SENIOR CITIZENS GROUP

The Steeplechase Seniors Group meets at the clubhouse for games, activities, and socializing on Tuesdays at 12:30 p.m. We have 12 "regulars," but we are always looking for new people to join us. If you have questions, please call Pat Parker at 832-912-7881 or Marty Mead at 281-955-9829. Please come out to play!

**Steeplechase Information Line:
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STEEPLECHASE

2nd Quarter Steeplechase Safety Awareness Event...

We are excited to announce our second Steeplechase Security Safety Awareness event planned for 2005. The Sheriff's Department will offer a RAD class for women. This is a Rape Aggression Defense Class that is appropriate for Ages 12 years old and up. Most people don't think about abduction unless someone has just been abducted and the Department wants us to know how to handle ourselves if we were ever in this terrible situation. The class is a total of 15 hours long and it teaches all ages how to defend themselves in a life threatening situation. Don't be a statistic!

There is a sign up sheet for this event because the class will only hold the first 30 women who sign up. It is a big commitment so please take this seriously. We will also have a wait list that you can sign up on once the first 30 names have signed up and we will work this list until everyone that wants this opportunity to attend has that chance. This class is for 5 nights and is 3 hours long each night. We currently have dates scheduled for May 16th, 17th, and 18th, 23rd and 25th from 6:00 – 9:00 pm at the Steeplechase Clubhouse. If you have any questions or would like to sign up, please contact Barbara Lopez at 281-469-3889.

Bipsy ~ Bopsy ~ Boo!

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- Please support the businesses that advertise in the Steeplechase
- Community Association Newsletter. Their advertising dollars
- make it possible for all residents to receive a newsletter each
- month at no charge. No homeowners association funds are used to
- produce or mail the newsletters. If you would like to support the
- newsletter by advertising, please contact our sales representative,
- Donna Sommer @ 832-237-4684 or dsommer@PEELinc.com
- for ad information and pricing. The deadline for ads is the 10th
- of each month for the upcoming month's newsletter.

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Steeplechase Website News

The Steeplechase Message Board is a great forum for neighbor to neighbor communication, however if you have a maintenance issue, complaint, concern etc. – please correspond directly with our community management company, PCMI at 281-870-0585 or Myla@pcmi-us.com for a prompt response.”



Steeplechase Committees Welcome Volunteers

Get involved. All neighborhood committees welcome new volunteers. For more information, call 281-897-9298.

ATTENTION!! ATTENTION!!

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BE AN ANGEL!

If you would like to add your name to the list of neighborhood Angel Brigade volunteers, please send an e-mail to Jean Feller, Coordinator, at jfeller@ev1.net or call Jean at 281-890-8153.

A big commitment is not necessary, so please do not hesitate to join. You may simply be called upon to help with offerings of food or clothing or to assist in other helpful ways such as mowing a lawn or sending a card to let those that are suffering know that you care.

NEWSLETTER SUBMISSIONS REQUESTED

Every news publication needs "reporters." Please submit your important news to the editor at newsletter@steeplechasetx.com or contact me by regular mail to the clubhouse at 11250 Steepleway Boulevard, Houston TX 77065.

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Business Classifieds are \$45.00. Please contact Donna Sommer, djsommer@aol.com, 832-237-4684.

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Our wastewater treatment systems are aerobically based. Materials are broken down naturally by microorganisms and bacteria which are killed by chlorine found in many consumer cleaning agents. Chlorine free products are beneficial to maintaining the health of our new treatment systems. Myla Chandler has provided some suggestions for alternative cleaning solutions which may eliminate the use of chlorine.

Alternative Recipes to Hazardous Household Products:

Drain Cleaner Recipe:

- Pour ½ cup baking soda into the drain followed by ½ cup white vinegar.
- Cover tightly for 15 minutes and then flush with boiling water. Repeat if necessary.
- A mechanical snake may be needed to clear hair-clogged drains.
- For standing water, use a plunger or snake.

*Texas Agricultural Extension Service

Oven Cleaner Recipes:

Use any of the following mixtures, and scrub with a copper scrubber:

- Baking soda and water, keep sprinkling the soda on, scrub off.
- 2 tablespoons castile soap, 2 teaspoons borax in 2 cups water, apply and let sit 20 minutes, scrub off.
- Baking soda, salt, water (make paste) then scrub off.
- Sprinkle salt on fresh spills for easier removal.

* Washington Toxics Coalition

Toilet Bowl Cleaner Recipes:

Use any of the following mixtures:

- Sprinkle ½ cup baking soda into bowl, add 1 teaspoon vegetable based soap, and 2 drops hydrogen peroxide, scrub with toilet brush.
- For tough stains, coat bowl with a paste of lemon juice and borax, let stand for 2 hours, then scrub.
- For moderate stains, sprinkle baking/washing soda, moisten with vinegar and scrub with brush.

*Texas Agricultural Extension Service

Laundry Recipes:

- Bleach Alternative – Mix: 1 part hydrogen peroxide to 8 parts water, soak for ½ hour. Borax also works well as a substitute.
- Ink Stains: saturate stain with alcohol based hair-spray, blot with rag. Repeat until stain is removed, launder as usual.
- Oil Stains: rub white chalk into stain before laundering.
- Use phosphate free soaps.

*Tri-County Solid Waste District; Washington Toxics Coalition

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TEEN JOB SEEKERS LIST

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Jessica Aceves	B, P	281-894-2894
Andrew Allen, 14	P	281-894-8437
Lauren Ayers, 14* **	B, P	281-894-5236
Jerrold Bean, 15***	P, L	281-955-8038
Melissa Bean, 13***	B, P	281-955-8038
Kaleb Bowden, 14	B, P	281-807-0188
Grant Busch, 13	L	281-894-8815
Elizabeth Erwin, 16	B, P	281-970-1884
Brittney Fowlkes, 14* **	B	281-890-5122
Josh Fuentes, 14	P	713-922-7073
Charles Garvin, 16	P,L	832-237-3011
Kelsey Garvin, 16	B,P	832-237-3011
Kelsey Julian, 14	B,P	281-807-0787
Andrew Kimberly, 14	L	281-469-2737 or 832-492-5546
Tanner King, 13	P	281-955-1668
Joey Lance, 15	L	281-955-8241
Gwen Lee, 14	B,P	281-807-5310
Samantha Machala, 13	B,P	281-894-6321 or 713-875-6295
Serena Mancuso, 16	P	281-890-4072
Rae Moss, 21* **	B	281-955-9336
Brenna Murphy, 15* **	B,P	281-890-3944
Adam Rees-Brown, 19	P,L	281-679-7417
Mallory Rivera, 16	B,P	281-955-1901
Meagan Rivera, 16	B,P	281-955-1901
Jessica Sproull, 16* **	B,P	281-894-9406
Kelly Theisen, 21	B,P	281-970-4331
Amanda Ortiz, 14	B	832-265-3122
Travis Rivera, 13	L, P	281-955-1901

Parents: Make Healthy-eating A Family Affair, Not Family Feud

Baylor College of Medicine

HOUSTON – (Jan. 13, 2005) – Encourage your family to make healthy food and fitness choices together this year, say experts at Baylor College of Medicine in Houston.

“Parents can help get their kids on the right track by encouraging healthy habits rather than focusing on weight problems. Supporting their kids’ positive actions, like going on a long walk every day or eating more fruits and vegetables, is one of the most important things a parent can do,” said Joan Carter, a registered dietitian at the USDA/ARS Children’s Nutrition Research Center at Baylor College of Medicine and Texas Children’s Hospital.

Helping kids conquer their unhealthy tendencies is a team effort between parent and child. A few tips for parents include:

- Enlist kids to help do a ‘kitchen and pantry makeover.’ Replace high-calorie sodas, teas and drinks with low-calorie versions or bottled waters. Stock the pantry with whole wheat crackers and single-serve canned low-sugar fruits like mandarin oranges. Buy a microwavable ‘hot air’ popcorn popper for low-calorie snacking.
- Step it up. Buy inexpensive pedometers for everyone in the family and create a friendly family member competition by posting everyone’s daily step totals on the refrigerator. Experts recommend kids log 5,000 and 7,500 steps per day.
- Pay attention to portion sizes. It is harder for kids to stop eating when they are full and food is still on their plate.
- Make healthy eating a team event. Go grocery shopping together and make cooking dinner a fun activity for children.
- Limit television- watching or any sedentary activities like video games to less than two hours per day. Turn on the music and dance instead.
- Limit sodas, sweet tea and juices to just one 8 oz. serving per day to cut back on empty calories.
- Ask children if they are hungry when they want a snack. Kids have a hard time knowing when they are full and may be tired or bored.

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Top 10 Ways To 'Lighten Up' In 2005

Baylor College of Medicine

HOUSTON — (Jan. 13, 2005) – Resolving to shed post-holiday pounds? You don't have to resort to a crash diet, say weight-loss experts at Baylor College of Medicine in Houston.

Molly Gee, a nutritionist at BCM, suggests that a few simple guidelines can help you lose or manage your weight:

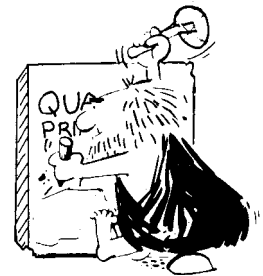
- Don't arrive hungry to restaurants or parties.
- At restaurants, split an entrée or order an appetizer as a main course.
- Eat less; talk more – leave food on your plate.
- Move more – take the stairs instead of escalators or elevators
- Wear a pedometer to keep track of a goal of 10,000 steps per day
- Get a buddy for lifestyle changes in diet and physical activity
- Slow down your eating – use a salad fork or chopsticks
- Choose more fruits, vegetables, whole grains and low-fat dairy foods
- Lighten up on gravies, sauces, dressings and butter or margarine where fats hide
- Set realistic goals for weight loss (0.5 lbs/week) or prevent putting on pounds

A BCM website featuring interactive resources and health and fitness articles is available at <http://www.bcm.edu/pa/fatfree.htm>

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ARCHITECTURAL REVIEW COMMITTEE
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HOUSTON, TEXAS 77218
Fax 281-870-9170

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ADDRESS: _____

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CITY: _____ ZIP: _____ SECTION _____ BLOCK _____ LOT _____

ALTERNATE ADDRESS: _____

In an effort to provide and protect each individual homeowner's rights and values, it is required that any homeowner or group of owners considering improvement of their property which would effect the exterior appearance of a building or improvements (examples: painting, patio covers, outside buildings, fences, etc.), **MUST** submit a Request for Home Improvement Approval to the Architectural Review Committee **PRIOR** to initiating work on planned improvements. If any change is made that has not been approved, the committee has the right to ask the homeowner to remove the improvement from the property.

Please fill out this form in complete detail.

TYPE OF IMPROVEMENT:

(IF THE PROPOSED MODIFICATION OR REPAIR INVOLVES AN EXTERIOR MODIFICATION OTHER THAN PAINT, STAIN OR ROOF REPLACEMENT, A COPY OF THE LOT SURVEY OR DRAWING OF THE PROPERTY DEPICTING THE LOCATION OF THE PROPOSED MODIFICATION OR STRUCTURE MUST BE ENCLOSED, ALONG WITH THE SPECIFIC DETAIL OF MATERIALS, DIMENSIONS TO INCLUDE HEIGHT, AND PROPOSED FINISH DETAIL OF ANY AND ALL IMPROVEMENTS).

LOCATION:

Front of House _____ Roof of House _____ Garage _____ Back of House _____ Side of House _____

MATERIALS: **** (PLEASE SUBMIT COLOR SAMPLES FOR ANY PAINT, TO INCLUDE PRIMARY AND TRIM/ MUST INDICATE IF PAINTING A SURFACE THAT HAS NOT BEEN PREVIOUSLY PAINTED, WINDOW OR SCREEN TINT, ROOFING MATERIALS, BRICK, OR SIDING)****

**Paint _____ Color _____ Stain _____ Lumber _____ Cedar _____ Brick _____ Concrete _____

Pipe _____ Electrical _____ Other _____ Aluminum _____

DIMENSIONS: Height _____ Width _____ Length _____


DISTANCE FROM BOUNDARY LINES AND/OR MARKED LOT SURVEY:

LOT SURVEY ENCLOSED: YES () NO ()

IF NO, PLEASE USE BLOCK TO THE RIGHT TO EVIDENCE LOCATION OF EXISTING AND/OR PROPOSED IMPROVEMENTS BEGINNING FROM FRONT BUILDING LINE (F.B.L.) INDICATED. ALSO NOTE ANY AND ALL EASEMENTS AND LOT BOUNDARIES.

I understand that the Architectural Review Committee will act on this request as quickly as possible and contact me in writing regarding its decision. Further, I understand that it is my responsibility to ensure compliance with all applicable governmental ordinances, codes, etc. affecting such improvement(s). I understand I am not to begin property improvements until the Architectural Review Committee notifies me of its approval.

*****FAILURE TO SUBMIT THE SURVEY AND REQUIRED INFORMATION
COULD RESULT IN A DELAY AND/OR AUTOMATIC DISAPPROVAL OF
SUBMITTED PLANS.*****

 F.B.L.

HOMEOWNER SIGNATURE

DATE

CONSTRUCTION START/COMPLETION DATE

ARC Application.doc
011705\TBP

STEEPLECHASE MARKET REPORT

Courtesy of "SUPER DAVE"

This market information report is provided to keep you informed of resale market activity in your subdivision.

	Jul 04	Aug 04	Sept 04	Oct 04	Nov 04	Dec 04
\$150,000 & Above	0	0	1	0	0	0
\$140,000-159,999	0	1	1	0	1	0
\$120,000-139,999	2	2	3	4	2	5
\$110,000-119,999	5	1	2	1	4	3
\$100,000 - 109,999	3	4	1	4	0	1
\$100,000 Below	1	3	2	0	3	0
TOTAL	11	11	10	9	10	9
Highest \$/Sq Ft	73.11	76.71	78.89	80.02	77.28	69.45

This chart represents the homes that have sold and closed in the past 6 months according to the Houston Multiple Listing Service.

Recent Sales By "SUPER DAVE" in Steeplechase

- 9838 Stableway
- 12326 Flaxen
- 12230 Flaxen
- 12034 Yearling
- 9806 Chiselhurst
- 10318 Springland Ct.
- 9603 Blackamore Cir.
- 9711 Knights
- 11435 Crayford
- 9811 Gold Cup Way
- 11419 W Travelers Way
- 12047 Canterhurst
- 12315 Paddock Way
- 12110 Hedgedown
- 11319 Yorkshire Oaks
- 11470 W Travelers Way Cir
- 9622 Dapple
- 9631 Cannock Chase
- 11819 Yearling
- 9526 Secretariat
- 11402 Hambleton Way

David "Super Dave" Flory



- #1 Selling Agent in Steeplechase 1992-2003!*
- #3 Selling Realtor in Houston!***
- Top 1% of Realtors in the U.S.
- Over 450 Homes SOLD in 2003
- Over 96% of David's Listings Result in a Sale

The HIGHEST PRICE PER SQ.FT. House Sold
in Steeplechase: \$81.07



281-894-1000

Direct line:

281-477-0345

*According to information taken from the Houston Board of Realtors MLS computer

**According to information taken from the Houston Business Journal 2004

Peel, Inc.

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