



Steeplechase

NEWSLETTER

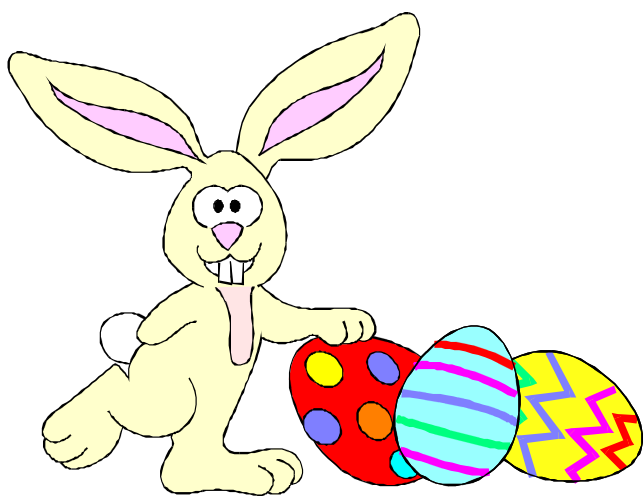


The Official Newsletter of The Steeplechase Community Improvement Association, Inc. and Steeplechase Community Center

Volume 3, Issue 3

March 2005

Steeplechase Easter Egg Hunt and Festivities



We will hold our next Steeplechase Community Easter Egg Hunt and festivities on Saturday, March 19th at 3:00 pm at the Steeplechase Clubhouse. Please bring one dozen plastic filled Easter eggs and your child's Easter basket and come have fun with other children from our community as we all hunt lots of Easter eggs. We will have tubs of Easter Eggs to add to what your child brings, everyone will leave with a basket full of goodies. There will also be lots of prizes awarded!

Don't forget to bring your camera to take photos with the Easter Bunny who will make a special guest appearance at our egg hunt. There will be drinks and snacks provided for all! If anyone is interested in helping with this event, please contact Barbara Lopez at 281-469-3889.

Let's Keep It Safe in Steeplechase

May Residents Meeting to Focus on Security

Are you concerned about safety in our neighborhood? Frustrated by cars speeding on your street? Heard rumors about crimes in the community? Witnessed suspicious activity and are not sure who to call? Then come to the Residents Meeting on **Monday, May 2nd** at **7pm** and bring your neighbor.

- Meet our sheriffs who will answer questions and listen to your concerns.
- Q&A with Steeplechase Directors.
- Learn about special crime prevention classes to be held at the clubhouse.

NEWSLETTER SUBMISSIONS REQUESTED

Every news publication needs "reporters" – the "reporters" for this Newsletter are community volunteers who gather information from the community to publish. So if you are involved with a school group, scouts, sports etc. – please submit your information to the editor at newsletter@steeplechasetx.com or mail to the clubhouse at 11250 Steepleway Boulevard, Houston, TX 77065. Personal news from residents-such as awards, special celebrations, military service are also welcome.

Please remember that this newsletter is sent to 1650 homes (at no cost to homeowners) – so please send your important news to us today. Remember, the deadline for each month is by the 10th day of the prior month.

**View the Steeplechase Community
Association newsletter each month
on-line at www.PEELinc.com**

STEEPLECHASE

IMPORTANT

Telephone Numbers



Emergency	911
Sheriff's Dept.	713-221-6000
Cy-Fair Fire Dept.....	911
Cy-Fair Hospital.....	281-890-4285
Animal Control	281-999-3191
HL&P (Street lights)	713-207-2222
Library.....	281-890-2665
Post Office.....	713-937-6827
Steeplechase Community Center	281-469-CLUB
Deed Restriction Issues (PCMI)	281-870-0585
Water/Sewer	281-240-1300
Architectural Control (PCMI).....	281-870-0585
Trash Pick-up (Waste Management).....	713-686-6666
(Monday & Thursday)	
Harris Co. Pct. 4 Road Maintenance.....	281-353-8424
Community Events.....	281-469-CLUB
Clubhouse Rentals:	
Private Events (Phyllis McFarland).....	281-469-CLUB
Community Group Events (Barbara Lopez)	281-894-2894

NEWSLETTER PUBLISHER

Peel, Inc. / Quality Printing.....	806-385-6444
Adver: Donna Sommer	dSommer@Peelinc.com, 832-237-4684
Kelly Peel.....	kelly@Peelinc.com, 512-589-5471

COMMUNITY CENTER CONTACTS

Weekday Coordinator

Barbara Lopez 281-894-2894

Small Meeting/Private Function Rentals

Julie Bertsch..... 281-970-1007

Weekend Coordinator

Phyllis McFarland..... 281-469-CLUB

Private Pool Parties

Sweetwater Pools 281-988-8480

NEWSLETTER DEADLINE

For the April issue is

March 10th

Please send all articles and photos to:

newsletter@steeplechasetx.com

(high quality digital photos up to 2 MBs accepted)
or mail your submissions to the Steeplechase clubhouse at
11250 Steepleway Blvd., Houston, TX 77065
if you do not have a computer

SENIOR CITIZENS GROUP

The Steeplechase Seniors Group meets at the clubhouse for games, activities, and socializing on Tuesdays at 12:30 p.m. We have 12 "regulars," but we are always looking for new people to join us. If you have questions, please call Pat Parker at 832-912-7881 or Marty Mead at 281-955-9829. Please come out to play!

Steeplechase Board of Directors

Cobblestone	Churchill	Green-Brook-Bridge
Betty Hattman	Jon Lavallee	Jim Andrews
Sandra Jordan	Philip Ramirez	Kevin Swicegood
Virginia Kelley	Minor Bostick	Barbara Lopez
Cynthia Green	Tom Gerow	Clark Fredenburg
	Nace Peard	David Gerow

If you need to contact a director within your subdivision, please contact **PCMI** at **281-870-0585** and they will forward your request.

Steeplechase Sanctioned Committees

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Clubhouse
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GREENBELT FENCE PROJECT

At the February Open Residents meeting the Steeplechase Board discussed plans for replacing the greenbelt fence along Steepleway Boulevard. Residents from 12-15 homes along the greenbelt were in attendance: 1 homeowner each from Churchill and Cobblestone and the rest from Green Brook Bridge. These homeowners raised many concerns about the plan, including ownership and responsibility for the fence. The Board has since retained association attorneys to review these legal issues and until they are resolved, the project cannot move forward.

The Board remains committed to addressing the greenbelt fence and is seeking volunteers to serve on the fence sub-committee- if interested please contact Myla Chandler at 281-870-0585 or Myla@pcmi-us.com.

Steeplechase Committees Welcome Volunteers

Get involved. All neighborhood committees welcome new volunteers. For more information, call 281-897-9298.

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Cy-Ridge's After Prom Party

Attention Parents of Cy-Ridge High School 2005 Senior Class:

We need help from all parents to plan for our Seniors After Prom Party. This all night party will be at Jillian's on April 30th from 2-6am. This is our school's first graduating class and we want our school and our Seniors to be PROUD. We have an enthusiastic group of volunteers, but we NEED MORE parents to get involved.

If you have any questions or can volunteer (even just a little) please call Leslie Peard at 281-894-6905 or Joan Mulkern at 281-469-0275. *Thank you!*

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Mud 168 Sewer Rehabilitation Activity

Starting in February, MUD 168 will begin repairs to the sanitary sewer system in select areas of Steeplechase. Various portions of the system have been videotaped to determine if and where repairs are needed. The Steeplechase sub-division is approximately 27 years old and the system has been subject to subsidence which has occurred in the Houston/Galveston area over the years.

The repairs consist of inserting new pipe within the existing sewer pipes and digging access holes at various points to connect residential lines to the new pipes. Approximately 220 residential connections are affected in this project. Should your property require access for these connections, doortags will be placed by the contractor (Allco, Inc.) prior to any work. The contractor will photograph each residential worksite prior to the work to aid in returning the worksite to its original condition.

The rehabilitation project is scheduled for completion in April. Please contact the project contractor as advised on the doortags if you have any questions.

Advertising Information

Please support the businesses that advertise in the Steeplechase Community Association Newsletter. Their advertising dollars make it possible for all residents to receive a newsletter each month at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the newsletter by advertising, please contact our sales representative, Donna Sommer @ 832-237-4684 or dsommer@PEELinc.com for ad information and pricing. The deadline for ads is the 10th of each month for the upcoming month's newsletter.

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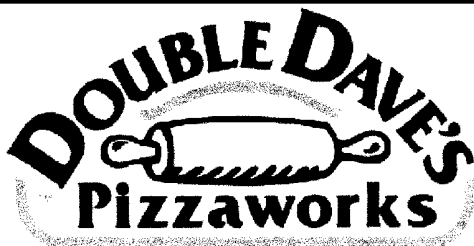
If you would like to add your name to the list of neighborhood Angel Brigade volunteers, please send an e-mail to Jean Feller, Coordinator, at jfeller@evl.net or call Jean at 281-890-8153.

A big commitment is not necessary, so please do not hesitate to join. You may simply be called upon to help with offerings of food or clothing or to assist in other helpful ways such as mowing a lawn or sending a card to let those that are suffering know that you care.

Cheryl A. May
Certified Public Accountant
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2nd Quarter Community Awareness Event... Rape Aggression Defense Class

Just a reminder that we have the privilege of having a Rape Aggression Defense Class hosted by the Sheriff's Department on May 16, 17, 18th, 23rd and 25th from 6:00 - 9:00 pm at the Steeplechase Clubhouse. This RAD class comes to our community and is provided free of charge for our residents as one of our Quarterly Community Awareness events. We currently have 15 slots still available for these dates. If we have more than 30 sign up, you will be on a stand by list for any cancellations that will come up and if needed we will make plans to add another class. Take advantage of this wonderful opportunity to learn life saving tips and techniques that all women need to have. This class is appropriate for teens and older. Please call Barbara Lopez at 281-469-3889 and leave a message with your name, phone number and e-mail address for the sign up sheet.

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Message from your Security Coordinator...Barbara Lopez 1st Quarter Community Awareness Event *Child Safety Awareness*

I would like to thank the District 5 Sheriff's Department and Cy-Fair Fire Department Station # for working with our Steeplechase Security Coordinator to bring us a fabulous Community Awareness event that was held at the Steeplechase Community Center on January 30th.

This event was focused on Child Safety Awareness and they did a fantastic job of pulling this together. For those who were not able to take advantage of this event, I hope that you are able to come out for the next one, it was well worth our time. There was a variety of activities that day including...child id kits for every child, car seat installation help (as a side note, there was not one parent who was installing their car seats properly)!

GIZMO the interactive talking/dancing/singing robot was there and he won everyone over, especially the adults! There were lots of safety brochures and many deputies on hand to discuss a variety of topics. The Fire Department had two of their fire trucks on hand along with their ambulance and many of their staff was all available to talk and demonstrate to us and were all wonderful!

The kids enjoyed some fun in the moonbounce that was also provided for the event that was geared around children. We enjoyed hot

dogs and cookie trays and drinks and great fellowship amongst the residents and our wonderful Sheriff's Deputies and Fire Department Personnel.

We also had the opportunity to meet our deputies that patrol Steeplechase and their families which was a real treat! Stay tuned to your newsletter for future events that you may have an interest in attending and feel free to suggest an event that you would like to see hosted by calling Barbara Lopez at 281-469-3889.

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NWHC Aggie Mothers' Club Upcoming Events

March 8, 2005 – Second Tuesday of the month

Please join the Northwest Harris County Aggie Mothers' Club on Tuesday, March 8, 2005. Mr. Brian D. Blake, a Public Relations Specialist for The George Bush Presidential Library and Museum will be our speaker for the evening. One of his many talents, aside from being an exhibit designer, graphic artist, and researcher, he is also the official photographer for The George Bush Presidential Library and Museum.

Our meeting begins with a brief social at 7:00p.m. at the Foundry Methodist Church, in the Fellowship Hall, 8350 Jones Road, Jersey Village (one block North of Hwy 290).

April 2, 2005 – Texas A&M University Singing Cadets Concert

The Northwest Harris County Texas A&M University Mothers' Club is honored to have been chosen as the host of the Singing Cadets Spring concert tour in 2005.

The cadets are known as "The Voice of Aggieland" having been established in 1893 as the all-male Chorus representing the university in concert worldwide. This is an all-volunteer group, which receives no academic credit for the countless hours spent rehearsing and performing. Through the years they have performed for every living President. They have sung in Carnegie Hall, Kennedy Center, The White House, St. Paul's Cathedral-London, St. Patrick's Cathedral-New York, the National Cathedral-Washington, D.C.

All proceeds from the concert will be directed toward student scholarships and support of student organizations on campus. NWHC Texas A&M University Mothers' Club is a non-profit 501c(3) member of the Federation of Texas A&M University Mothers' Clubs

They will be in concert on April 2, 2005, at The Foundry United Methodist Church (Jones Rd. between West Rd. and 290) at 7:00 p.m. Tickets are \$10. Call Karen Dunbar at 281-350-1773, bqaggiemom@aol.com or Cathy Gavos at 281-353-8807, rcgavos@aol.com.

All proceeds go toward student scholarships and support of student organizations on campus by the NWHC Aggie Moms' Club.

For more information or carpool possibilities please call:

Mary Vargo at: 281-433-3042

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Health Briefs

Baylor College of Medicine

Melting The Chocolate Myth

If you have acne, don't put away the candy. Have your chocolate and eat it, too.

"Despite the belief that chocolate causes acne, there is no scientific basis that proves this theory," said Dr. John Wolf, chairman and professor in the department of dermatology at Baylor College of Medicine in Houston. "Follow a 'common sense diet.' If a particular food affects your complexion, don't eat it."

Acne is a skin condition primarily affecting teenagers and nearly

half of all adults. It is most often found on the face, neck, shoulders, upper back and chest in the forms of whiteheads, blackheads and pimples.

Acne is not caused by poor hygiene but rather results from a combination of factors including heredity, hormones, natural bacteria, excess oil production and clogged pores. Other factors that can trigger acne include stress, fatigue and menstruation.

"There is a natural tendency to associate acne flare-ups with something that you ingest, such as a candy bar. It is important to understand, however, that acne goes through a continuous cycle of ups and downs caused by factors often beyond our control," Wolf said.

Not All Fats Are Created Equal

Dietary fat might have a bad reputation among many health-conscious eaters, but certain types of fat are essential to a well-balanced, heart-healthy diet.

"There are some fatty acids that the body does not make that we

(Continued on Page 11)

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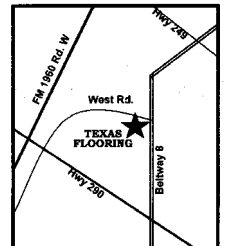
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Sunday by appointment only.

Health Briefs - (Continued from Page 10)

must get from the foods we eat," said Dr. Rebecca Reeves, a registered dietitian with Baylor College of Medicine's Behavioral Medicine Research Center.

Basically, there are three types of fat monounsaturated, polyunsaturated and saturated.

Monounsaturated fat has been found to actually lower the levels of LDL, or bad cholesterol, when substituted for saturated fat in the diet. An added benefit is that some studies suggest it does not decrease the level of HDL, or good cholesterol. It can be found in olive and canola oil, avocados and nuts.

"While there is good scientific evidence of the benefits of monounsaturated fat, moderation is still the key," Reeves said.

'Tune Up' Jumpstarts Healthy Body

Take better care of your car than your body? You may be overdue for a "tune up."

"Most of us would not let our cars go over 7,500 miles without an oil change but we neglect our bodies all the time," said Dr. Cliff Dacso, a professor of medicine at Baylor College of Medicine in Houston.

Dacso said that periodic health examinations are important since chronic conditions can be detected early and then treated using less invasive, painful and inconvenient methods.

"Managing chronic diseases can help reduce deadly complications that lead to kidney failure in diabetics, and heart failure and stroke in diabetics and people with high cholesterol," he said.

For example, diabetics may need to take insulin and continually monitor their blood sugar. People at risk for heart disease may need to limit how much fatty foods they eat and take cholesterol-lowering medication.

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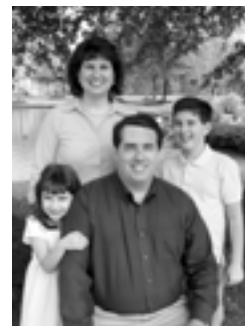
DAVID JORDAN

TEAM MEMBER

281-373-4300 (Office)

832-878-7844 (Cell)

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STEEPLECHASE

TEEN JOB SEEKERS LIST

If you are a teen and wish to have your name published, please email your name, address, date of birth, and phone number to newsletter@steeplechasetx.com by the editor's deadline. If you are currently listed, please notify the editor if changes are needed to your age or phone number.

P = Pet Sitting L = Lawn Mowing and Yard Work
B = Babysitting *American Red Cross Certified **CPR

Jessica Aceves.....	B, P.....	281-894-2894
Andrew Allen, 14.....	P.....	281-894-8437
Lauren Ayers, 14* **.....	B, P.....	281-894-5236
Jerrod Bean, 15***.....	P, L.....	281-955-8038
Melissa Bean, 13***.....	B, P.....	281-955-8038
Kaleb Bowden, 14.....	B, P.....	281-807-0188
Carrie Burkhalter, 13**.....	B, P.....	281-897-9679
Grant Busch, 13.....	L.....	281-894-8815
Elizabeth Erwin, 16.....	B, P.....	281-970-1884
Brittney Fowlkes, 14* **.....	B.....	281-890-5122
Josh Fuentes, 14.....	P.....	713-922-7073
Charles Garvin, 16.....	P,L.....	832-237-3011
Kelsey Garvin, 16.....	B,P.....	832-237-3011
Kelsey Julian, 14.....	B,P.....	281-807-0787
Andrew Kimberly, 14.....	L.....	281-469-2737 or 832-492-5546
Tanner King, 13.....	P.....	281-955-1668
Joey Lance, 15.....	L.....	281-955-8241
Gwen Lee, 14.....	B,P.....	281-807-5310
Samantha Machala, 13.....	B,P.....	281-894-6321 or 713-875-6295
Serena Mancuso, 16.....	P.....	281-890-4072
Rae Moss, 21* **.....	B.....	281-955-9336
Brenna Murphy, 15* **.....	B,P.....	281-890-3944
Adam Rees-Brown, 19.....	P,L.....	281-679-7417
Mallory Rivera, 16.....	B,P.....	281-955-1901
Meagan Rivera, 16.....	B,P.....	281-955-1901
Jessica Sproull, 16* **.....	B,P.....	281-894-9406
Kelly Theisen, 21.....	B,P.....	281-970-4331
Amanda Ortiz, 14.....	B.....	832-265-3122
Travis Rivera, 13.....	L, P.....	281-955-1901

Pool Committee Giant Garage Sale And Raffle



Saturday, March 5 from 8am-Noon
 Steeplechase Community Center
 All proceeds to benefit pool improvements.
 Donations are being accepted now.

Call 832-646-2700 to arrange drop-off or for a pick-up of large items.
 Log on to steeplechasetx.com to view raffle items. Volunteers are needed for this pool committee fundraiser – please call chairperson Jinnie Kelley at 832-646-2700.

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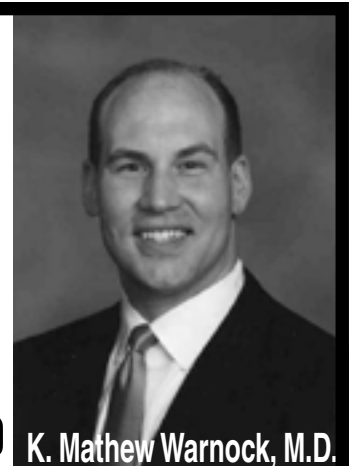
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STEEPLECHASE

GIVE A LITTLE, GET A LOT!

Please get involved in your community. All neighborhood committees welcome new volunteers. For more information, call 281-897-9298.

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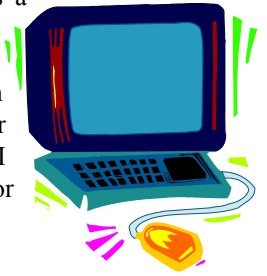
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Steeplechase Website News

The Steeplechase Message Board is a great forum for neighbor to neighbor communication, however if you have a maintenance issue, complaint, concern etc. – please correspond directly with our community management company, PCMI at 281-870-0585 or Myla@pcmi-us.com for a prompt response.”



At no time will any source be allowed to use the Steeplechase Community Association Newsletter contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from the Steeplechase Homeowners Association and Peel Inc. The information in the Steeplechase Newsletter is exclusively for the private use of Steeplechase residents only.

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Willowlake
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REQUEST FOR HOME IMPROVEMENT APPROVAL

ARCHITECTURAL REVIEW COMMITTEE
P.O. BOX 219223
HOUSTON, TEXAS 77218
Fax 281-870-9170

COMMUNITY:

OWNERS NAME: _____

HOME PHONE: _____

ADDRESS: _____

WORK PHONE: _____

CITY: _____ ZIP: _____ SECTION _____ BLOCK _____ LOT _____

ALTERNATE ADDRESS: _____

In an effort to provide and protect each individual homeowner's rights and values, it is required that any homeowner or group of owners considering improvement of their property which would effect the exterior appearance of a building or improvements (examples: painting, patio covers, outside buildings, fences, etc.), **MUST** submit a Request for Home Improvement Approval to the Architectural Review Committee **PRIOR** to initiating work on planned improvements. If any change is made that has not been approved, the committee has the right to ask the homeowner to remove the improvement from the property.

Please fill out this form in complete detail.

TYPE OF IMPROVEMENT:

(IF THE PROPOSED MODIFICATION OR REPAIR INVOLVES AN EXTERIOR MODIFICATION OTHER THAN PAINT, STAIN OR ROOF REPLACEMENT, A COPY OF THE LOT SURVEY OR DRAWING OF THE PROPERTY DEPICTING THE LOCATION OF THE PROPOSED MODIFICATION OR STRUCTURE MUST BE ENCLOSED, ALONG WITH THE SPECIFIC DETAIL OF MATERIALS, DIMENSIONS TO INCLUDE HEIGHT, AND PROPOSED FINISH DETAIL OF ANY AND ALL IMPROVEMENTS).

LOCATION:

Front of House _____ Roof of House _____ Garage _____ Back of House _____ Side of House _____

MATERIALS: ** (PLEASE SUBMIT COLOR SAMPLES FOR ANY PAINT, TO INCLUDE PRIMARY AND TRIM/ MUST INDICATE IF PAINTING A SURFACE THAT HAS NOT BEEN PREVIOUSLY PAINTED, WINDOW OR SCREEN TINT, ROOFING MATERIALS, BRICK, OR SIDING)**

**Paint _____ Color _____ Stain _____ Lumber _____ Cedar _____ Brick _____ Concrete _____

Pipe _____ Electrical _____ Other _____ Aluminum _____

DIMENSIONS: Height _____ Width _____ Length _____


DISTANCE FROM BOUNDARY LINES AND/OR MARKED LOT SURVEY:

LOT SURVEY ENCLOSED: YES () NO ()

IF NO, PLEASE USE BLOCK TO THE RIGHT TO EVIDENCE LOCATION OF EXISTING AND/OR PROPOSED IMPROVEMENTS BEGINNING FROM FRONT BUILDING LINE (F.B.L.) INDICATED. ALSO NOTE ANY AND ALL EASEMENTS AND LOT BOUNDARIES.

I understand that the Architectural Review Committee will act on this request as quickly as possible and contact me in writing regarding its decision. Further, I understand that it is my responsibility to ensure compliance with all applicable governmental ordinances, codes, etc. affecting such improvement(s). I understand I am not to begin property improvements until the Architectural Review Committee notifies me of its approval.

*****FAILURE TO SUBMIT THE SURVEY AND REQUIRED INFORMATION
COULD RESULT IN A DELAY AND/OR AUTOMATIC DISAPPROVAL OF
SUBMITTED PLANS.*****

 F.B.L.

HOMEOWNER SIGNATURE

DATE

CONSTRUCTION START/COMPLETION DATE

ARC Application.doc
011705\TBP

STEEPLECHASE MARKET REPORT

Courtesy of "SUPER DAVE"

This market information report is provided to keep you informed of resale market activity in your subdivision.

	Aug 04	Sept 04	Oct 04	Nov 04	Dec 04	Jan 05
\$160,000 & Above	0	1	0	0	0	0
\$140,000-159,999	1	1	0	1	0	1
\$120,000-139,999	2	3	4	2	6	1
\$110,000-119,999	1	2	1	4	2	2
\$100,000 - 109,999	4	1	4	0	1	2
\$100,000 Below	3	2	0	3	0	0
TOTAL	11	10	9	10	9	6
Highest \$/Sq Ft	76.71	78.89	80.02	77.28	69.45	70.10

This chart represents the homes that have sold and closed in the past 6 months according to the Houston Multiple Listing Service.

Recent Sales By "SUPER DAVE" in Steeplechase

- 9835 Meadow Bend
- 12103 Hedgedown
- 9803 Meadow Bend
- 11214 E Travelers Way
- 11411 Springland
- 9802 Paddock Ct
- 9511 Secretariat
- 9815 Knights
- 9718 Chiselhurst
- 11211 E. Travelers Way Cir
- 9526 Suffolk Punch
- 11803 Meadowchase
- 11210 E. Travelers Way Cir
- 9803 Chiselhurst
- 9830 Meadow Bend
- 9603 Yearling Cir
- 9831 Haverdown
- 12326 Fetlock
- 12018 Flaxen
- 11419 Jockey Club
- 12023 Paddock Way

David "Super Dave" Flory



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Direct line:

281-477-0345

*According to information taken from the Houston Board of Realtors M.L.S. computer.

**According to information taken from the Houston Business Journal 3/2/04

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