

Volume 4, Issue 8

August 2005 Official Newsletter

Dolphins Finish Season Strong

Congratulations to the Dolphin Swim Team Eleven and Twelve Year old Boys. They won first place at the Red, White and Blue Invitational meet. These swimmers include: Sander Barsingerhorn, Nick Carroll, Alex Carroll, Carter Taylor, Ross Gordon, Winston Kint, Lee Grant, and Michael Gamble. Special recognition should also go to our 2005 swim season high point winners: Souheil Moufarrej, Leila Kent, Adam Vinall, McKenna Keith, Danny Ceballos, Audry Vinall, Nick Carroll, Molly Styslinger, Rory Davidson, Alex Durkee, Jasper Barsingerhorn and Katie Ruppe. Additionally, two swimmers were awarded with Sportsmanship awards for their willingness to swim in an older age group at Divisionals to help score crucial points for our team. These two 11 year old boys are Carter Taylor and Alex Carroll.

Our end of season Divisional Meet was equally exciting. After a disappointing 0 – 5 season, the Dolphins won third place out of the six teams in our division. We were able to redeem ourselves after suffering several very close losses during the regular season. This made the trophy party at Pecans a true celebration. Everyone came out an enjoyed great food and even a slide show. During the celebration, Coaches Sabrina and Angie announced they would be back next year. Even more reason to celebrate. We all had a great time.

Individuals who had outstanding individual performances at Divisionals include:

William Redfield 5th 100 freestyle, 6th 50 backstroke, 5th 50 butterfly

Adam Vinall 5th 25 freestyle, 2nd 25

breaststroke, 2nd 25 butterfly

McKenna Keith 4th 25 freestyle, 3rd 25 backstroke, 5th 25 butterfly

Molly Styslinger 1st 50 freestyle, 2nd 100 IM, 1st 50 backstroke

Rory Davidson 3rd 50 freestyle, 2nd 50 breaststroke, 4th 25 backstroke

Alex Durkee 1st 50 freestyle, 3rd 100 IM, 1st 50 butterfly

Jasper Barsingerhorn 3rd 50 freestyle, 4th 50 breaststroke, 4th 100 IM

Souheil Moufarrej 3rd 25 freestyle, 5th 25 backstroke

Blair Thoman 6th 25 freestyle, 5th 25 butterfly

Brittany Bowles 6th 25 freestyle, 4th 25 butterfly

Danny Ceballos 4th 25 freestyle, 4th 25 breaststroke

Charlie Mansour 5th 50 freestyle, 5th 50 breaststroke

Sander Barsingerhorn 6th 50 breaststroke, 5th 25 backstroke

Sarah Meyer 3rd 50 breaststroke, 6th 50 butterfly

Christie Gamble 6th 50 breaststroke, 5th 50 backstroke

Nick Carroll 5th 100 IM, 3rd 25 backstroke Ross Gordon 5th 50 freestyle

Harrison Kint 4th 25 breaststroke Michael Gebara 5th 25 breaststroke Maddy Rudge 6th 25 breaststroke

Jordan Zeal 2nd 25 breaststroke **Katie Ruppe** 4th 50 breaststroke

Grace Lawson 6th 25 backstroke

Drew Applegate 5th 25 backstroke **Mira Moufarre**j 3rd 25 backstroke



LOEN Garden & Nature Club

The LOEN Garden & Nature club is a group of neighborhood residents (guys and gals) who are interested in learning more about landscaping in our community, finding good resources, addressing yard and pest problems, learning new planting techniques, exchanging plants and participating in fun community activities. We would love for you to join us! We meet every second Wednesday of the month at 7:00 pm. If you are interested in joining, send Lisa Carpenter an email at lisacarpenter@houston.rr.com.

At our last meeting, Glenn Forgan of Wild Birds Unlimited presented a slide show on "Inviting Birds into the Garden". It was an entertaining presentation. With the right mix of shelter, food and water, we can attract quite a variety of birds to our new subdivision! Some of the following types have been seen in our area: Red Wing Blackbird, House Sparrow, House Finch, Mourning Dove, White Wing Dove, Cardinal, Mockingbird, Great Horned Owl, Screech Owl, Loggerhead

(Continued on Page 2)

IMPORTANT NUMBERS

VanMor Properties, Inc.	281 402 0668			
Fax	281-493-3034			
Kate Loeffler, Manager	:_44			
Dorinda Obsta (Dori), Administrative Ass				
Gate Attendant				
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Cy-Fair Fire Department - (emergency)				
(non-emergency)				
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Texas DPS	713-681-1761			
Waste Management	713-695-4055			
(trash collection Mondays & Thursdays)				
Aqua Services	713-983-3602			
(Service or emergencies 24 hrs).				
Harris County Tax Office				
Reliant Energy				
(give pole # of street light which is out)				
Entex (gas)				
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Metro Transit Info				
Kirk Elementary				
Truitt Middle School				
Cy-Falls High School				
Newsletter Publisher	201 030 1000			
Peel, Inc	806-385-6444			
Adver./Donna Sommerdsommer@PEELinc.com, 832-237-4684				
Adver/Doma Sommerdsommer@PEELInc.com, 832-237-4084				

NEWSLETTER COMMITTEE

GOT NEWS??? Deadline for submitting articles for the Lakes On Eldridge North Newsletter is the 15th of each month.. Submissions are subject to space limitations and editorial approval. E-mail your information to Jillian Barkley, jbarkley@houston.rr.com, not VanMor.

PERSONAL CLASSIFIED ADS: Deadline for submitting personal classified ads is the 10th of each month for publication in the following month's newsletter. Please contact Jillian Barkley, 713-856-5912, jbarkley@houston.rr.com.

ADS: Deadline for submitting ads is the 10th of each month for publication in the following month's newsletter. Please contact Donna Sommer, 832-237-4684, dsommer@PEELinc.com for information on advertising.

Vanmor Properties, Inc. Contacts

Manager - Kate Loeffler Administrative Assistant - Dorinda Obsta (Dori) 1505 Highway 6 South, Suite 110; Houston, Texas 77077 Phone - 281-493-0668 • Facsimile - 281-493-5654 LOEN Garden & Nature Club - (Continued from Page 1)

Shrike, Brown-headed Cowbird, Brewers Blackbird, Common Grackle, Great-tailed Grackle, Cedar Waxwing, Wrens, Goldfinch, Barn Swallow and ruby-throated hummingbird.

At our next meeting, we shall have another guest speaker. Scott Kiester (a master naturalist), will present "Night Sounds", a slide show with audio sound so that we can identify some of the creatures we hear at nighttime! The meeting will be at Lynn Petterson's home. E-mail Lisa Carpenter for directions.

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RELOCATING? MOVING UP? SCALING DOWN?

Dear Lakes on Eldridge North Residents,

I am excited to share with you a big change in my life. I have remarried and will be joining my new husband in Tyler, Texas in the next few weeks. I will still be associated with Heritage Texas Properties as they will continue to hold my real estate license.

I am very pleased to say that Ann Knoche will continue in her marketing and promotion of Lakes on Eldridge Area and Homes.



Maureen Clemons

Broker Associate, Heritage Texas Properties

wa (Comone

Maureen Clemons

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LOEN Ladies Club

We invite all women of Lakes On Eldridge North to join the LOEN Ladies Club. We are currently 64members strong and growing. We would love to see new members join, get involved and bring together the community. The latest events include:

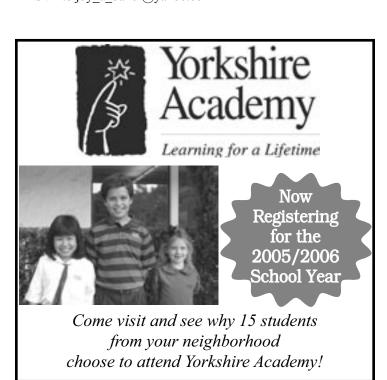
- Angels on LOEN- Angels on LOEN is a community service group within the LOEN Ladies Club. We are on call to provide short term assistance to our neighbors in need. You can call and ask for help or nominate someone you know. Do you have a newborn and would like some meals provided? Has a death or illness in the family forced you to leave town suddenly and you need help getting the paper, walking the dog, watering the plants? Could you use a meal when you return? If you're laid up and could use some help with carpool or picking up groceries, we would love to help. When you call to request or nominate, please provide any dietary restrictions and contact information for the recipient. We'll take it from there! Contact angel coordinator Jeanne Markham at 713 291-9676.
- **Book Club-** Meeting-August 8th "Memoirs of an Unfit Mother" by Anne Robinson. Please contact Anne Glendinning with any questions 832-667-7298 aglendinning@houston.rr.com
- **Bunco-** Meeting 8/9/05 7pm-9 pm at the home of Joy Baker Please RSVP to joy a baker@yahoo.com

- Children's Play Groups- If you are interested in getting your children together for Playgroups with mom in LOEN, we have created some great playgroups. Please give us a call or email with your information so we can contact you. Julie Kerr (Playgroup Coordinator) 713-896-1713 Juliekerr@sbcglobal.net
- Playgroups have been divided by our children's age, but siblings are always welcome.
- -(0 up to 18months) Joy Baker 281-701-8511 joy_a_baker@yahoo.com meets every other Friday- Please contact Joy for locations.
- -(19 mo through 2 +yrs) Roxann Beutnagel 832-243-0377 rbeut@sbcglobal.net
- -(3 yrs and up) Jenny Baldwin 713-849-2733 Jbaldwin9@houston.
- Couples Dinner Club- RSVP to Becky 713-856-6130.
- Lunch Bunch- Lunch Wednesday, August 3rd at 11:45 AM. RSVP to kvogel2263@aol.com
- ** Ladies Club General meeting- August 30th 7-9 PM, PLEASE NOTE: We are meeting at Oakwood School-"VIP" Kids Sectionat the corner of Tanner and Eldridge. Please ring the bell when you arrive.

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Thyme Out for Gardening: Roses Old and New, Part I

Poor Archduke Charles. There he was in early June, happily resting in the flower bed with some of his fellow roses after an extended blooming cycle, with no idea what was about to happen to him. It was several weeks past the sensible date for transplanting roses (or most other plants, for that matter) when I decided that I needed to "rearrange" a few plants. When I start talking about rearranging the beds, John usually heads to the nearest golf course to avoid being asked to assist with the shifting of the plants. We call these fits of transplanting "Edna Ward Toland moments," after a world-class gardener I knew in San Antonio who thought nothing of digging up a plant and moving it 6 inches to have it in exactly the right location. So my most recent Edna Ward Toland moment meant that Archduke Charles had to move to the northeast about 3 feet.

First I gave ol' Charles a fairly severe pruning and then I tried to dig out a large root ball for the transfer, to lessen the shock. Unfortunately, the process didn't go as smoothly as I'd planned. Archduke Charles's roots had spread a lot farther than I thought and they didn't come out of the ground very easily. I was left with a rather untidy root ball with very little soil attached. I decided to plant Charles in his new location anyway and hope for the best. As the days went by and the heat increased, I watered him, watched for signs of life, watered him, gave him rose pep talks, and watered him some more. Charles lost all of his remaining leaves, but his stems stayed green. After a couple

of weeks with no sign of any new leaf buds, I started thinking that maybe I had finally pushed one of my usually forgiving plants too far. Was Archduke Charles dead, or just sulking? He must have been sulking because around the first of July, when I considered giving up and putting him in the compost bin, Charles began to put out new leaves! As I write this, he's settling into his new location, and there's a strong possibility that he might go ahead and bloom again this fall.

I'm sharing the saga of Archduke Charles with you for a couple of reasons. First, it shows that the so-called gardening "rules" about timing, planting techniques, etc. are merely guidelines. If you have the time, patience, and some really tough plants, then go ahead and try a little 'extreme gardening" - you just might get away with it. Hold on a minute, did I also just call a rose "a really tough plant?" Come to think of it, how did Archduke Charles survive the plant abuse? Aren't roses really fussy? Don't they require a lot of pruning, fertilizing, and spraying? Many modern roses do require a lot of attention and this brings me to the second point of the story: Archduke Charles is an antique rose, and antique roses are extremely hardy, low maintenance plants for your landscape.

The relationship between humans and roses has a long and colorful history that we don't really have the space to thoroughly discuss here.

(Continued on Page 6)



Thyme Out for Gardening - (Continued from Page 5)

For our purposes, lets just say that it appears that from the time roses were discovered in their native habitats around the world, humans have tried to "improve" them in a myriad of ways. Not content with their natural form, we've selected, cross-bred, and/or grafted roses in an attempt to create larger or smaller plants with larger, more, and/or different colored blooms.

Early rose hybridization attempts in the 1700's and 1800's crossed European roses with those found in the Far East and created new classes of roses that had nice flowers, fragrance, form, bloomed on their own rootstocks, and thrived in Western gardens. But somewhere along the way, many of the qualities of the old roses were sacrificed in the commercial rose market in search of the perfect "American Beauty" type hybrid tea rose.

As time passed, many of the early hybrids and selections disappeared from the commercial market, but not from people's hearts or their gardens. Many of the names of the original plants may have been lost, but the plants lived on as cuttings and entire rose bushes were moved from place to place and passed from gardener to gardener. Planted in cemeteries with little care and left on their own after homesteads crumbled, many of these old roses survived for decades without any further human intervention. Rosarians who treasured the old roses began a serious preservation movement in America in the 1930's, documenting, and propagating as many old garden

roses as they could find. The movement continues today through national and local organizations, allowing more gardeners to discover the wonderful qualities of the old roses, now also known as antique roses. An antique rose is technically one that was recognized and in existence before 1867. Many gardeners, however, call any rose variety that has been around for 75 years and displays the qualities of the older roses an antique.

One of the groups dedicated to rose preservation in Texas is the Rose Rustlers, organized in 1982. Its members have scoured cemeteries, old homesteads, and gardens across the back roads of Texas through the years, documenting and propagating the roses that have survived our state's sometimes harsh conditions. Through their efforts, and the efforts of nurseries such as the Antique Rose Emporium, Texas gardeners now have access to many beautiful antique roses that will thrive in our landscapes. And to further emphasize that what is old is new again, research projects at universities and commercial nurseries in the past few years have created new rose varieties with old rose form, fragrance, and pest and disease resistance. Next month we'll talk more about these old and new rose varieties, particularly the ones that grow well in the Houston area. We'll also check in on Archduke Charles to see how he's enjoying his new location in the flower bed, and discuss the basics of antique rose care.

August Gardening Notes: the Fall landscaping "season" is just around (Continued on Page 7)



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Thyme Out for Gardening - (Continued from Page 6)

the corner and it's never too early to start planning your projects. Fall sales sponsored by local gardening organizations are a great source for interesting and well-adapted plants; scheduled sales are usually listed in the Saturday gardening section of the Houston Chronicle. Be sure and have your utilities marked and obtain any necessary approvals before you start to build or dig for your project. Plant more basil – we have a lot of warm weather left to raise a big crop. Use your basil to make and freeze a batch of pesto and you'll have that fresh flavor for your pasta dishes and soups all winter.

Continue to pay careful attention to your watering, particularly the lawn. It may not be necessary to run the sprinklers at all if we're getting a lot of rain. Too much water now can encourage brown patch when the temperatures start to cool off later in the fall. If you haven't done so already, put out a hummingbird feeder and sit back and watch the aerial acrobatics. The males are probably already in town and the females and young birds will be arriving soon. Keep the feeders clean and replace the sugar water every 2 to 3 days during warm weather.

Until next month, happy gardening! By Lisa M. Rawl, Harris County Master Gardener lmrjkk@earthlink.net

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Free Informational Seminar on Internet Safety at CCCS

Sgt. Gary Spurger, with the Computer Crimes division of the Harris County Constables Office, Precinct 4, will be giving a free presentation on Internet safety, instant messaging, and identity theft for parents and students. This event will be held in the gym at Cypress Community Christian School (11123 Cypress North Houston Road at Jones Rd.) on Thursday, August 25th from 6:30-8:00 p.m. and is open to the public. For directions to the school, please access the school web site: www.cccs-hou.org.

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ALPHA IS COMING!

Alpha? Alpha is for anyone interested in finding out more about the Christian faith—people investigating Christianity or Christians who want to brush up on the basics. Adults of all ages are welcome.

Alpha is about learning and laughter. It is about meeting people and discussing questions in a non-judgmental environment. No question is regarded as too simple or too complex. Topics discussed include: Who is Jesus? Why and how do I pray? Who is the Holy Spirit? Dos God heal today? And more.

The Alpha course is being hosted by Messiah Lutheran Church on Tuesday evenings beginning August 23 for 12 weeks, 6-8:30 PM. The evenings begin with a shared supper provided by the church. Childcare is provided. All people are invited to participate in the Alpha course. Bring a friend. Register by calling the church office.

Messiah Lutheran Church is a grace place, a congregation of the Evangelical Lutheran Church in America (ELCA). Messiah is located at 11522 Telge Road, $\frac{1}{2}$ mile north of Highway 290. Regular worship times are 6 PM on Saturday evenings (a casual service of song and sacrament), and traditional worship at 8 and 10:30 AM on Sundays. The Education Hour is 9:15-10:15 AM on Sundays. For more information, call 281-890-3013, or www.messiahlc.org . All people are welcome at Messiah.



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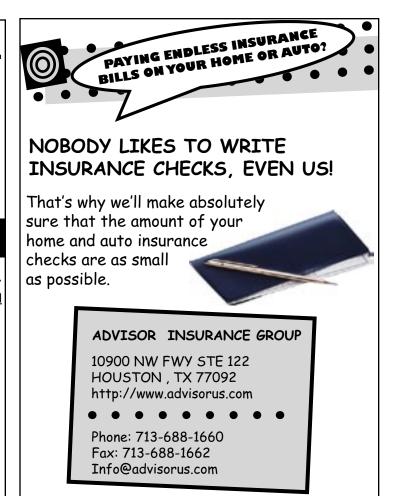
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August "Perspective"

In an effort to provide you with important information about Cy-Fair College, "Perspective" was developed. This column provides the latest information about news and events. Here is a sampling of what's going on:

Fall classes at Cy-Fair College start Aug. 29 - Don't procrastinate any longer. Classes start Aug. 29. In a partnership with Cypress-Fairbanks Independent School District, Cy-Fair College offers new evening classes at the Windfern High School. Registration for courses at all three locations - the new Windfern High School satellite location (12630 Windfern) the Fairbanks Center (14955 Northwest Freeway) and the Cy-Fair College comprehensive Barker Cypress campus (9191 Barker Cypress Road) - is available online at www.nhmccd.edu or call 281-290-3200 or 832-782-5000 for information.

Add a Little L.I.F.E. to Your Week - The Learning, Inspiration, Fellowship and Enrichment (L.I.F.E.) programs are free and held Wednesdays at 10 a.m. in the Cy-Fair College Branch Library (Room 131.) Among the August programs are soap making, basics of American Sign Language, hurricanes, virtual museum tour and family cookbooks. Call the library at 281-290-3213 for L.I.F.E. program information or check the library web page online at cy-faircollege.com/library.

Film Series Comes to Close with "Casablanca" - The Cy-Fair College Summer Film Series comes to a close in August with "eXinstenZ" at 1 p.m. Aug. 4, "Harvey" at 1 p.m. Aug. 9 and "Casablanca" at 7 p.m. Aug. 16. Films, shown as a continuing education class, are held and discussed at Barker Cypress campus, Art 102, at no charge to students or the community. Go online at: http://faculty.nhmccd.edu/robobrien/Film_Series.html for information and a complete schedule.

Free Hands-on Computer Workshops Open to Community - The Harris County Public Library Cy-Fair College Branch offers free computer workshops, including a family-friendly class and instruction in Spanish. Introduction workshops cover working with templates in Microsoft Word, Excel and PowerPoint. Topics range from basic computer functions like copying and pasting to saving and file management to introductions to the Internet and various software programs. Classes are held Thursdays and Saturdays in the library's computer classroom, LRNC 212. Open Lab is available for one-on-one assistance or specific computer questions. Sessions are designed for community members high-school age and older. No registration is required. For a complete schedule, visit the library web site news and events page at http://www.cy-faircollege.com/Library/information/news.cfm or call the reference desk at 281-290-3213.

Help Our Community Garden Grow - The Cy-Fair College community garden was recently dedicated as the Diane K. Troyer Garden, in honor of the continuous support of college president Dr. Diane Troyer. The garden is flourishing and produce has been donated to area food pantries. Join this group Saturdays at 9 a.m. in the garden (west of the library) or in the Cy-ber Café when raining. Anybody interested in helping out Wednesdays at 1 p.m., contact Charles Beresford at charles.e.beresford@nhmccd.edu or 281-550-7338. Enrollment in the "Community Gardening" CE course is required for membership, but volunteers and the "just curious" are always welcome. Old muddy shoes and work gloves are recommended. For information, contact Rob Coyle at robert.a.coyle@nhmccd.edu or visit http://faculty.nhmccd.edu/rocoyle/Garden.htm.







Danielle Gebara



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4 bedrooms	58	120	\$95.3	52	82	\$99.5	22	101	\$90.2
5+ bedrooms	16	127	\$96.7	30	105	\$112.9	2	155	\$85.5
1 story	15	104	\$94.7	23	110	\$110.5	0	0	\$0
2 story	70	120	\$95.2	72	94	\$103.8	24	106	\$89.8
Without Pool	67	115	\$93.6	79	109	\$106.7	11	102	\$87.8
With Pool	18	127	\$100.8	16	40	\$98.9**	13	109	\$91.7
Built 1980-89	0	0	\$0	0	0	\$0	2	163	\$78.7
Built 1990-99	64	108	\$88.3	1	54	\$89.8	21	105	\$90.6
Built after2000	9	165	\$112.6	60	80	\$97.2	1	6	\$96.3
Never Lived In	11	141	\$119.2	34	131	\$120.4	0	0	\$0
1500-2000 sqft	1	121	\$104.0	0	0	\$0	0	0	\$0
2000-2500 sqft	2	35	\$94.3	4	148	\$121.3	0	0	\$0
2500-3000 sqft	21	121	\$86.2	9	103	\$107.4	0	0	\$0
3000-3500 sqft	26	134	\$89.7	30	92	\$97.7	3	74	\$92.9
3500-4000 sqft	14	92	\$93.3	23	63	\$95.02	7	103	\$86.1
4000-4500 sqft	11	100	\$114.6	19	90	\$98.29	6	91	\$93.0
4500+ sqft	10	136	\$109.5	10	183	\$159.9	8	152	\$88.0

^{*}DOM=Days On Market

^{**} this number reflects trends for all homes, new and resale. If only resale homes are cosidered, homes with a pool have sold for an average of \$5 more than resale homes without a pool. *calculations based on current MLS data



Clean Better

(NAPSA)Removing that stubborn shower stain, the streaks on your windows and the soapy film on your kitchen floor may be easier with some tips from an expert.

Cleaning up is hard enough without having to worry about whether your efforts will produce results. Today, there exist thousands of cleaning supplies and hundreds of methods to clean.



Free cleaning tips can help you be more efficient around the house.

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Teenage Jobseekers

The following young people are interested in making a little extra money. If you would like to be included, removed, or updated in the next issue, please contact Jillian Barkley, 713-856-5912 or e-mail jbarkley@houston.rr.com (LOEN) *All information must be received by the 10th of the month.*

Babysitting
Pet/Plant Sitter
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Car Washing
Window Washing
Power Washing Driveway

Eileen, 16	Michelle, 18	•	713-937-0727(LOE)				
Craig, 14	Eileen, 16	•	713-937-0727(LOE)				
Craig, 14							
Sage, 16.							
George, 16							
Delania, 13							
Gabby, 16▼							
Chelsea, 19							
Chinyere, 14							
Jessica, 17							
Katie, 17*▼+	Jessica 17	•	713-849-3692(LOE)				
Patrick, 14	Katie 17*▼+		713-896-7941(LOEN)				
Ryan, 15 ⁺							
Kelechi, 13	Rvan 15+	• • •	713-896-7941(LOEN)				
Benny, 12							
Jared, 17							
Katherine, 15** • • • • 832-243-9893(LOEN) Jessica, 13 • • • • • • • 713-937-1383(LOEN) Erica, 12 • • • 713-937-1383(LOEN) Brianna, 10 • • • • • • 713-856-7372(LOEN) Steven, 14 • • • • • • 713-856-7372(LOEN) Steven, 14 • • • • 713-856-5666(LOEN) James, 16 • • • 713-466-8298(LOEN) Courtney, 12 • • • 713-466-6878(LOE) Elisse, 16 • • • 713-896-9495(LOEN) Leslie, 11** • 832-467-4842(LOEN) Erika, 12** • • • 713-856-7192 (LOE) Greta, 19 • • • Christmas & Summer Only 713-896-4170 (LOEN) Kate, 13 • • 713-466-6878 (LOE) Joe, 18 • 832-876-4191 (LOE) Rachel, 13** •							
Jessica, 13							
Erica, 12							
Brianna, 10							
Thomas, 11.							
Steven, 14							
James, 16							
Courtney, 12							
Tom, 14							
Elisse, 16							
Leslie, 11**							
Erika, 12**							
Greta, 19							
Kate, 13 •							
Joe, 18							
Rachel, 13**							
Samantha, 16							
Max, 16 • • • • • • • • • • • • • • • • • • •							
Madelin, 19• summer & Holidays Only 832-230-5997 (LOEN) *First Aid Certified with Boy Scouts ** Red Cross Babysitting Program + CPR (Red Cross WSI certified) *Beginner Swim Instructor Katie, age 17*▼-(Lifegaurd Certified)							
*First Aid Certified with Boy Scouts ** Red Cross Babysitting Program + CPR (Red Cross WSI certified) *Beginner Swim Instructor Katie, age 17*▼+(Lifegaurd Certified)							
** Red Cross Babysitting Program + CPR (Red Cross WSI certified) Beginner Swim Instructor Katie, age 17*▼+(Lifegaurd Certified)	Madelin, 19	• • Summer & Holidays Only	832-230-5997 (LOEN)				
+ CPR (Red Cross WSI certified) Beginner Swim Instructor Katie, age 17**-(Lifegaurd Certified)	*First Aid Certified with Boy Scouts						
Beginner Swim Instructor Katie, age 17*▼+(Lifegaurd Certified) 713-896-7941 (LOEN) Piano Lessons 713-896-1833 (LOE) Guitar Lessons 832-243-9893 (LOEN) Swim Lessons 832-243-9893 (LOEN) Nicole, 16+ (Lifegaurd Certified) 713-503-9931 (LOE) Golf Caddy Certified	** Red Cross Babysitting Program ▼ Fluent in Spanish						
Katie, age 17**-(Lifegaurd Certified)	+ CPR (Red Cross	WSI certified)					
Katie, age 17**-(Lifegaurd Certified)	Reginner Swim I	nstructor					
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Katherine, 15 **	Guitar Lessons						
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Golf Caddy Certified	Nicole, 16+ (Lifego	aurd Certified)	713-503-9931 (LOE)				
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Texas Events

August

3-6, 10-13—HOUSTON: Houston Shakespeare Festival Two plays—As You Like It and Hamlet—are performed on alternating nights. Miller Outdoor Theatre in Hermann Park. E-mail: sjudice@uh.edu 713/743-3003

4, 11, 18, 25—KEMAH: Rock the Dock Concert Series Kemah Boardwalk. www.kemahboardwalk.com 281/334-9880 Gulf Coast 5—TOMBALL: Tomball Night Includes shopping, bands, carnival rides for kids and night parade. E-mail: admin@tomballchamber.org • www.tomballchamber.org 281/351-7222

5-6—ORANGE: OCARC Fishing Tournament Includes fishing tournament and weigh-in. 409/886-1363

5-7—HOUSTON: Houston International Jazz Festival Take some Latin rhythms, mix in some smokin' soul sounds and add a few Asian jazz licks. Toss in some smooth jazz tunes so cool people will forget it is summer in Houston and people can get an idea what to expect at this 15th annual event. Verizon Wireless Theater/Bayou Place. www. jazzeducation.org 713/839-7000 or 713/629-3700

5-7, 11-14, 19-20—BAYTOWN: Brigadoon Baytown Little Theater. 281/424-7617

5-Sep. 10—ROSENBERG: The Downfall of a Trusting Heart Downtown Theater. E-mail: casttheater@ev1.net 281/437-1458

6—ANGLETON: Kidfest Hours are $10\ a.m.$ to $2\ p.m.$ Brazos River County Park. 979/864-1541 or 281/331-6101

6—WEST COLUMBIA: Homemade Ice Cream & Lemonade Demonstrations Learn how to make old-time, hand-cranked ice cream and fresh-squeezed lemonade. Help turn the crank. Hours are 11 a.m. to 3 p.m. Varner-Hogg Plantation State Historic Site. 979/345-4656

6, 13, 19-20, 27—LAKE JACKSON: Story Time Storytellers read books about the sea and nature from 10 to 10:45 a.m. Friday and 10:30 to 11:15 a.m. Saturday. Stories are for preschool age but entertain all ages. Donations appreciated. Sea Center Texas. 979/292-0100

7—KEMAH: 37th Annual Blessing of the Shrimp & Pleasure Fleet Boat Parade As brightly decorated shrimp boats and pleasure craft file past the Kemah Boardwalk at 1:30 p.m., an officiating priest and minister bless each boat. Kemah Boardwalk. E-mail: ralph@underwaterinc.com • www.kemah.net 281/334-2303 or 832/347-8837

12-13—HITCHCOCK: Good Ole Days Festival Enjoy a barbecue cook-off, parade, live entertainment, carnival, crafts, food, petting zoo, relay games, raffles, drawings and pageant. Hours are 5 p.m. to midnight Friday and 10 a.m. to midnight Saturday. Good Ole Days

(Continued on Page 15)



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Texas Events - (Continued from Page 14)

Grounds, 8300 Hwy. 6. E-mail: hcofc662@msn.com 409/986-9224 or 409/986-7420

19-21—PORT NECHES: Port Neches Trade Days Find arts & crafts vendors, antiques, food vendors, local entertainment, Longaberger baskets, special order baked goods, custom painted furniture and more. Port Neches Avenue. E-mail: pncoc@swbell.net 409/722-4023

20-VICTORIA: Market Days Special Events Area in Riverside Park. 361/552-9347

20-21—KEMAH: Steel Drum Festival Kemah Boardwalk. www. kemahboardwalk.com 281/334-9880 or 877/285-3624

20-21—PORT ARTHUR: Triangle Bird Show Bob Bowers Civic Center. 409/982-7404

20-21—ROSENBERG: 31st Annual Festival of Glass & Antique Show & Sale Hours are 9 a.m. to 5 p.m. Saturday and 10 a.m. to 4 p.m. Sunday. Fort Bend County Fairgrounds. www.houstonglassclub. org 281/342-4876 or 713/729-4267

25—VICTORIA: Charity Concert Series Songwriter's Night with Alan Shamblin Leo J. Welder Performing Arts Center. E-mail: veates@hospice-vic.org 361/572-4300

25-27—ANGLETON: Second Annual Rollin' Thunder Carshow & Bikefest Includes food, games, carnival, live music, vendors, car show and world famous bike builders — The MartinBros. Brazoria County Fairgrounds. www.rollinthundershow.com 979/299-1291 26-28—CLEAR LAKE AREA: Ballunar Liftoff Festival Touted as the "Largest Hot Air Balloon Event in Texas," this event features more than 80 hot air balloons, the world's largest balloon, a balloon glow, skydiving competitions, aerial demonstrations, midway games, arts & crafts, food, music and other entertainment. NASA Johnson Space Center. www.ballunarfestival.com 281/488-7676

27—GALVESTON: Artwalk Wine stroll takes people through art galleries, antique shops, designer clothing stores and exclusive boutiques. Hours are 6 to 9 p.m. Historic Strand District. 409/763-2403

Texas Events has been published with the permission of the Texas Department of Transportation. All events are taken in part from the Texas Events Calendar. All dates for events were correct at the time of publication and are subject to change.



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•••••• Light And Easy Lemonade Cake

(NAPSA) This year's most popular cake at the block party could be the one that tastes like fresh lemonade and blueberries. It may well be the one everyone wants to try and, even better, it is low fat.

It begins with a great tasting fat-free blueberry muffin mix, so it's a breeze to make. All you add is lemonade concentrate, water, an egg and freshly grated lemon zest. The cake bakes up with a light texture and a tasty golden top.

Because it packs well and is so delicious, you'll have it made-in-the-shade when you bake it for warm weather picnics and potlucks.

Fresh, lemony and good to go, it may well become everyone's hands-down favorite. So when life hands out lemons, just make Blueberry Lemonade Cake.



Low Fat Blueberry Lemonade Cake

- package Krusteaz Fat Free Blueberry Muffin Mix (1 pouch muffin mix and 1 can blueberries)
- 1/2 cup lemonade concentrate
- 1/2 cup water
- 1 egg
- teaspoon finely grated lemon zest powdered sugar (optional) fresh blueberries (optional)

Preheat oven to 350F. Drain and rinse blueberries and place on a paper towel to drain; set aside. Place muffin mix, lemonade concentrate, water, egg and lemon zest in medium bowl. Stir together until moistened, about 40 strokes. Gently fold in drained blueberries. Spoon batter into lightly greased, 9-inch round cake pan. Bake 27-32 minutes or until toothpick inserted into center comes out clean. Cool 10 minutes; remove from pan. Cool completely. Dust with powdered sugar and serve with fresh blueberries, if desired.

*Nutrients Per Serving (1/8 cake): Calories 220, Total Fat 1.5g, Sat. Fat 0g, Cholesterol 25mg, Sodium 440mg, Total Carb. 50g, Dietary Fiber 3g, Protein 3g *Nutrient contribution from optional ingredients not included.

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The Hidden Dangers Of Computer Disposal

(NAPSA)-To millions of computer users worldwide, an outdated or malfunctioning computer is no different than a broken toaster; they simply toss it in the trash and buy a new one. However, unlike a busted kitchen appliance, a computer should not be thrown away for two critical reasons: it can lead to identity theft and poison the environment.

Protect The Environment

Some pieces of hardware may contain toxic materials. Much like used motor oil or old paint, certain computer parts must not be disposed of in a public landfill in order to prevent toxic substances from leaching into the ground and contaminating water supplies. These components should be disposed of properly by trained professionals who participate in computer recycling.

Protect Your Identity

The hard drive inside your computer contains an extensive amount of private information, such as financial records, personal e-mails, family photos and critical documents. To prevent this data from falling into the wrong hands-which could lead to identity theft-it is



Discarding your old computer can put your personal information and data at risk.

imperative that you delete it prior to selling, recycling or disposing of your computer.

To erase files in a safe, permanent manner, you must do more than delete them and empty the Windows "recycle bin." While these actions may remove the information from Windows, they do not expunge the files from the hard drive itself. The only ways to ensure that your private files are permanently erased are to use

special "shredder" software programs.

A word of caution: if your hard drive is on the fritz or appears to be "dead," don't assume that your data is incapable of being retrieved. A crafty thief could rummage through your trash, steal the malfunctioning hard drive you threw out, then use special hardware or software tools to recover your data. Before throwing away any hard drive that appears to be inaccessible or severely damaged, make certain the drive is truly dead by physically smashing it several times with a hammer or similar tool.

Geeks On Call offers a variety of on-site support services, including troubleshooting, maintenance, upgrades, networking and training/consulting for computer users at their homes or businesses. When virus and spyware issues surface or other computer headaches arise, the company's certified technicians deliver prompt, expert PC service on-site, including information on safely erasing data.

To learn more, call 1-800-905-GEEK or visit www.geeksoncall. com.





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Is Your Cat a Couch Pet-tato?

(NAPSA)-It's time to let the cat out of the bag. Our feline friends are becoming couch potatoes as a result of their sedentary lifestyles and "ho-hum" daily routines.

Obesity is the number-one nutritional disorder among cats, according to studies by NestlŽ Purina PetCare. In fact, studies suggest that approximately 25 percent of cats taken to veterinary clinics are overweight. And a survey conducted by leading cat food brand Friskies reveals that the average owner spends less than 10 minutes a day playing with her cat. Despite the perception that all cats like to do is sleep, they need playtime, social interaction and physical activity to help maintain good body condition and be as happy and healthy as possible.

True, cats do enjoy their catnaps. They sleep an average of 16 hours per day. But it is up to us- as their friends and providers-to make the most out of the eight hours they are awake. This means we need to make sure they get both physical and mental stimulation to get more out of life.

"Many people believe that all cats need is food, water and a litter box-and that's simply not true," said Pam Johnson-Bennett, national feline behaviorist and author. "Cats are complex animals with keen minds and athletic bodies that require daily exercise, adventure and fun for optimum health."

According to Johnson-Bennett, there are two simple ways to give your cat more out of life.

Add Variety to Playtime

Cats respond well to play that mimics their natural instincts, such as climbing, scratching, hunting and exploring. By adding some basic elements to your home, such as elevated perches, a cat tree and a solid scratching post, you can increase their activity.

You should be part of the fun instead of sitting on the sidelines, because cats love human interaction. Playing with your cat also helps establish a stronger bond. With a little patience and time, cats can be trained to do fun behaviors like jumping through hoops and rolling over. As food-motivated animals, all it takes is a treat to encourage and reward the

behavior. Use simple objects from around the house to create some fun purr-formances. For example, cut the bottom out of a paper bag to create a tunnel for your cat to explore. Or teach your cat to jump through an embroidered hoop for a food reward.

Make Mealtime More Fun

While it is important to feed cats a highquality cat food such as Friskies that provides the variety, great taste and nutrition they need, don't forget to add fun to their feeding routine. Rather than placing your cat's food bowl in the same location every day, try creating several fun feeding stations around her playroom so she can hunt for her food. And create a fun game at mealtime by placing your cat's normal portion of wet food into several compartments of a muffin tin so she can search for her supper.

Following these simple steps can help prevent cats from becoming couch pet-tatoes and enhance the quality of their lives. For additional information on how to give your cat more out of life, visit www.friskies.com.

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