

# Wortham Villages

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Wortham Villages

September 2005

[www.worthamweb.org](http://www.worthamweb.org)

## Splinters From the Board

By Stan Schoen; E-mail: [sschoen@worthamweb.org](mailto:sschoen@worthamweb.org)

What I've learned is that the older I get, well, the older I get.

I'm enjoying writing this note listening to my neighbors mow. Somehow I get a little 'misty' and sweat beads on my brow but I'm typing away under a ceiling fan with air conditioned comfort. Of course my electric bill exceeded \$550 last month but that is another story.

You read it first a year or two ago and, as stated, viola! We're getting our own Home Depot and new Target right across the street, now how's that? Put that together with Carvel Ice Cream (near Pei Wei), which I grew up on, and now we're talking. All we need now is a Golf Galaxy and life can't get much better than that. Signs for the new Home Depot and Target stores went up about two months ago.

All of this is going to bring more traffic to an already busy area. Our Denny's is #1 in the city and our Chili's is #1 in the state which tells you lots about our demographics.

All of this activity and we still need a chair for our security team. We've been very fortunate and very lucky and while it's true I'd rather be lucky than good we can't keep being lucky forever. A weather forecaster has it made. They tell you that there is a 20% chance of rain and sooner or later it will rain and just as likely that sooner or later we could have a problem. I would like to see us have a plan in the event we do have problems and we then need solutions or more importantly we need a way to get the information out to our residents, quickly and efficiently! I have received letters from Wortham residents that were concerned because of reports of a suspect seen looming around our area. Should this be something we could communicate to our fellow residents?

There was recently a neighborhood watch, National Night Out program whereas communities have a night to meet and greet each other and to discuss safety in each neighborhood. I consider it an embarrassment in that we did not participate in such an important event. We want to think of ourselves as organized and a great place to live but we desperately need help in the area of safety. We will have a meeting for all block captains and concerned citizens on the eve of our annual homeowners meeting in October. I urge everyone to attend and we'll have more discussion at that time.

We recently tried to reach out to our neighbors at Wortham Grove and their board members. Our intent was to simply have a get

acquainted meeting to say hello as we have so many common bonds and we should at least know one another and exchange e-mails or phone numbers. I was amazed that they had no interest in meeting with us. We are their big brothers and sisters and I was very surprised at their response. If you're reading this from Wortham Grove you might want to ask why not? When one of sneezes the other will catch cold and all this again ties in with security at least in my mind.

Of course everyone is always interested in our financials and frankly you should and I am always happy to report that we are in good shape. We paid for the improvements in the pool area with cash and did not have to borrow money nor come to you with our hat in our hands. At this time we are looking to modernize our clubhouse and to make improvements to comply with the American Disabilities Act. We are in the early stages of doing this and working within the confines that we have because of the structure of this facility which is a long and narrow shape as opposed to a preferred more box style. In any event we will be putting a budget together to get this done in 2006 for our residents to enjoy. Only some of this is structural and most of this project is flooring, windows and counter top issues and it will look great when finally completed. We are also looking to do some improvements along our entranceways from N. Eldridge and Wortham Blvd. Plans are currently being drawn up along with a budget for that as well.

I think you are seeing continued rises in our home values and it is nice to see so many homeowners making so many improvements to our homes in Wortham. The other day a neighbor asked me if I planned on moving. I don't know what the motivation was for him to ask but I never missed a beat in responding, 'why would I move?' The location here is great, the neighbors are wonderful, I like my home and I have no intention to relocate. I believe we truly have a great thing in Wortham and it just keeps getting better! There is much building going on to the West on I-10 and it is headed in that direction as is West on 290. Remember when Fairfield was so far out? When I moved here Fairbanks N. Houston was as far as Hwy 290 was going to take you and Jones Road was just one step past a dirt road. We are going to be the next Bel-Aire! Yeah, I know, you doubt me and you didn't think Home Depot was coming across the street either did you?

*(Continued on Page 2)*

# Wortham Villages

## IMPORTANT NUMBERS

### MANAGEMENT

**Crest Management** .....281-579-0761  
 Tami Martin (Manager).....  
 Rita Keller, (Assistant/ARC) rita@crest-management.com, Ext. 16  
 Robin Motley (Accounting)..... Ext. 24  
 Fax number ..... 281-579-7062

### BOARD MEMBERS

Stan Schoen ..... sschoen@worthamweb.org  
 Jonathan Armstrong ..... jarmstong@worthamweb.org  
 Steve Carter..... scarter@worthamweb.org  
 Rick Anderson..... randerson@worthamweb.org  
 Rebecca McShane..... rmcsbane@worthamweb.org

### COMMITTEE CHAIRPERSONS

Architectural Control - Crest Management..... 281-579-0761  
 Clubhouse - Tina Clinkenbeard ..... 281-970-7324  
 Directory - Mandy Armstrong ..... 281-970-2187  
 Info. Signs - Phyllis Giblin..... phyllisgiblin@sbcglobal.net, 281-517-0191  
 Park Committee - Michael Patrick..... 281-894-4880  
 Pool Committee - Randall Reinhardt..... 281-970-2901  
 Social - Rachel Gerhardt..... 832-912-1447  
 Tennis Committee - Dorota Jankovsky..... 281-955-9626

### EMERGENCY NUMBERS

Life Threatening Emergency ..... 911  
 Fire ..... 911  
 Sheriff's Department..... 911  
 Poison Control ..... 281-654-1701

### NON-EMERGENCY NUMBERS

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 Cy-Fair Med. Clinic (24 hr) ..... 281-890-5285  
 Sheriff's Department..... 713-221-6000  
 Harris County Health Dept. .... 713-440-4800  
 ..... 713-440-3036  
 Animal Control ..... 281-999-3191  
 FBI ..... 713-693-5000

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 Gas - Entex..... 713-659-2111

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**FYI- HERE IS THE NEW WEBSITE FOR  
 THE WORTHAM WHITESHARKS  
 www.worthamwhitesharks.com**

### Splinters from the Board - (Continued from Page 1)

O.K. to summarize, our finances are in great shape, our community is looking very good, our delinquencies are very much in control, we are keeping everything we own current, our housing values are on the rise, your board of directors are stable as we have been for years, our audits have been performed satisfactorily every year and I haven't received one negative e-mail in longer than I can remember. Now I need two things from you:

- 1) We need a good controversy to get as many residents to our annual homeowners meeting sometime in October. I'll be working on this and can use your input as this always works!
- 2) We need a security chair! This is our only black eye. National night out was August 3 and we had no plans on anything and that is an embarrassment to us all.

We continue to wish the men and women of our Armed Forces well and thank them for all they do to protect all of us.

*Make it a great day! See you at my table.*

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## Kindergarten Social Had Class!

The Kindergarten Social was a lot of fun for all that attended on Monday August 8<sup>th</sup>. The rain made us have to relocate from the retention pond to the Clubhouse, but everyone made it with style! Students were able to find out who their teacher and classmates were for the upcoming year at Adam Elementary!

The kids got to decorate a picture frame for their "First Day of Kindergarten" photo and enjoy ice cream for a treat!

Special thanks goes to Tamara Mayne (Coordinator for the event), Deane Gau, Shelly Gregurek, Lacey Tapp, and Jacob Peroutek for putting their help and hearts into making this event a wonderful way to start off the school year! You are all "All Stars" and make our neighborhood great!

Rachel Gerhardt- Wortham Social Committee  
832-912-1447



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## The First Day of School for Some Adam Elementary School Students



From left to right: Amanda McLean, Hamish McLean, Casper Koterak, Michael Peroutek, Sabrina Sommer, Jimmy Meyer, Qazim Ali, Jack Sommer, & Brady Sommer

## Upcoming Events at Adam Elementary

September 5	Labor Day Holiday
September 6	Texas Roadhouse Super Hero Night
September 21	Individual School Pictures

## WORTHAM VILLAGES INFORMATION SIGNS

Anyone interested in posting an announcement on the Wortham Information Signs, please contact Tom Stevens at [stevens@houston.rr.com](mailto:stevens@houston.rr.com). Include your announcement and please submit your request at least one week prior to the date you would like it posted. Also submit the number of days you would like it posted. Submitting a request is not a guarantee that your notice will be posted, requests are taken on a first come, first serve basis. The number of days the request will stay posted varies according to demand. You may also request that your posting be put on the Eldridge sign, the Wortham Blvd. sign or both. Thank you -Tom Stevens

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## WOW – A Fall-Friendly Function

By Reschele Lawrence

Thank you, Barb, for hosting an awesome August affair. Girls' Night Out can't get much better!

At 7pm, on Thursday, September 22nd, WOW will be held at Reschele's house (12514 Fern Vale Court). A \$10 Fall Gift Exchange will be the highlight of the evening. Remember, kitchen stuff seems to be very popular these days. Hope to see everyone there with food in tow (as well as a friend).

Everyone, be thinking about the Belly Dancing WOW (Margo's in October). If you're interested, please bring cashola (about \$10) in September. The instructor comes equipped with costumes and music. It oughta be a laugh and a half!

## 4v4 National Champs!

Congratulations to the Albion Hurricanes Footie Chicks! The Footie Chicks won the 4v4 National Championship on July 24. Lead by Wortham residents Hannah Dauzat and Kristen Ginsburg, the Footie Chicks went undefeated in the qualifying tournament and the National Championship. Rounding out the team is Grace Miller, Stephanie Mozey, Anna Wittenmyer, and Madison Zabel. Awesome job chicks!

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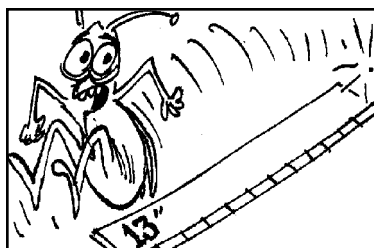
# Wortham Villages

## TEENAGE JOB SEEKERS

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Bianca Arceo	•				281-894-6775
Colleen Borst^					281-890-9656
Kristen Boyd	•				281-970-5665
Lyndsey Chance	•				281-894-5102
Stephanie Chiramonte*	•	•			281-894-4926
Candice DaCosta	•				281-517-0934
Goldie DaCosta	•				281-517-0980/0934
Charlie Dineen	•	•	•		281-894-6256
Joey Dineen	•	•			281-894-6256
Sarah Hood	•	•	•		281-955-7299
Jordan James	•	•			281-469-8258
Jennifer Jarrar	•	•			281-890-8739
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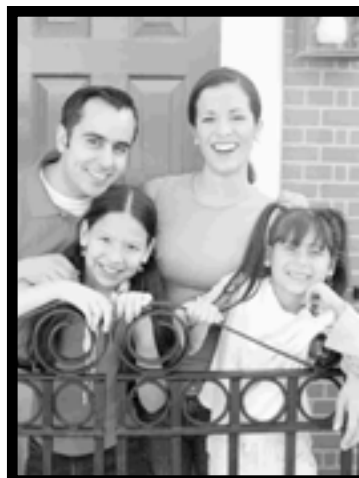


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## Service Minded Students at Cypress Community Christian School

From Vacation Bible School - just down the street from the school - to the inner city of Chicago, to a small village in South Africa, students from Cypress Community Christian School made wise use of their summer vacation by serving in their local community, their country and the world.

Several CCCS high school students who attend Cypress Bible Church ministered to younger students during a week long Vacation Bible School session held over the summer break. One of the lessons entitled, "From Me to We" encouraged the children to take their focus off of themselves and think about the needs of others. Among those who did just that by serving at VBS were Caroline Carthey, Elizabeth Crawford, Angie Frost, Sarah Crawford, Peyton Lambert, Josh Neuneker, and Jeremiah Neuneker.

Other CCCS students traveled to Chicago for a nation-wide conference on "how reach out to others in the community." While in the windy city, they used their newfound knowledge to participate in service projects in the inner city. These students plan to take action - right here in "Rocket Town, USA" - Houston, TX - to reach out whenever possible.

Senior Sarah Mathewes traveled a bit farther to serve others. She joined a group from her church, Houston First Church of God, on a mission trip to the Sekgopo Village in South Africa. While there, she and others offered their services by helping with the construction

of a new community center and by teaching in the classrooms. The best part of the trip according to Sarah was meeting the child she will sponsor over the next 10-15 years. Sarah said, "It was awesome to spend time with the people in the village and with my new friend, Precious. I highly recommend that if you sponsor a child in another nation, that you consider traveling to meet him/her. It will change your life forever."

The Administration and faculty of Cypress Community Christian School encourage students "*to take their place in the world as servants of Jesus Christ*" as stated in the school mission statement. As a result, many CCCS students regularly take time out of their busy schedules to help others in need - whether it is local or far away - and each of them testify that their lives were changed as a result of helping someone else.

Plans are underway for students to participate in projects with the Habitat for Humanity organization, Star of Hope Mission, Ainsley Court, Carenet Pregnancy Center and many other organizations that need assistance to accomplish their goals of helping others in need.

The faculty and students of Cypress Community Christian School welcome opportunities to serve in our community. If your organization or group has a need, please email of our Community Service Coordinators, Judy Holzman, at [jholzman@cccs-hou.org](mailto:jholzman@cccs-hou.org) or Todd Clark at [tclark@cccs-hou.org](mailto:tclark@cccs-hou.org).

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If you would like more information about becoming a volunteer, stop by Station #2, which is located at 11210 Tower Oaks Blvd. and talk to one of the Station Officers. Or you can call our Business Office at 281-550-6663 and ask for one of the Public Information Officers. We look forward to seeing you.

## Pavilion Reservations

If you would like to reserve the baseball diamond, soccer field or pavilion for your team practices or parties, please contact:

Meya and Keith Edwards  
meya@houston.rr.com  
(281) 890-7119

Also, contact Keith if you would like to **volunteer** to help with maintenance of the baseball diamond. We need everyone's help to keep the area looking great!

Any one is free to use the pavilion at anytime, but if you are planning a large group, please reserve. Remember, pavilion reservations do not include complementary maid service, so please pick up after yourself when using the pavilion or any of the facilities at the park.

Sports Fields and

## Park Committee Questions Or Suggestions

If you have any ideas or suggestions for how we can continue to make better use of our parks (either the retention pond or clubhouse parks), please contact Michael Patrick at [Michael@michaelpatrick.com](mailto:Michael@michaelpatrick.com) or 281-894-4880

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	Brenda Walker	281-970-0564
Birch Falls	Robin Sikkema	281-894-8924
	Lori King	281-955-6766
Brook Mill	Deanna Young	281-890-0598
Carriage Lake	Linda & David Douglas	832-237-1333
Carriage Lake North	Angela & Jim McDaniel	281-469-2417
Chestnut Woods	Ed & Pam Claiborne	281-469-7646
	James Saunders	281-469-3996
Dawn Point	Angelina Ramos	281-970-8545
Dogwood Blossom	Kimberly Kably	281-970-0861
	Karen Watson	281-469-4219
Elm Bridge	Kevin Boehm	281-955-6953
Fern Vale	Reschele & Philip Lawrence	281-469-6321
Harvest Dale	Deanna Gau	281-890-0547
Hickory Tree	Cindy Pickens	281-894-0444
Hillside Glen	Martin & Tamara Mayne	281-955-2240
	Sonny & Nicole Livesay	281-807-7021
Lark Brook	Peggy Lara	281-970-4052
Magnolia Leaf	Becky Hubbard	281-890-7426
	Jamie Sejman	281-894-8615
Plum Vale	Eric Bassett	281-890-2312
Orchard Hollow	Mike Dineen	281-894-6256
	Ricky Hooks	281-894-5240
	Sharon Kuzniarek	281-807-0465
Reedwood Ridge	Meya Edwards	281-890-7119
	Terry Kubinski	281-894-1331
Shady Fern	Carolyn Thornton	281-807-1816
Spruce Knoll	Doug Kohler	281-955-2491
Sycamore Heights	Donna Sommer	832-237-4684
	James Tang	281-469-3082
Timberland Trace	Bill & Geri Eubank	281-807-1780
	Sandra Peterson	281-897-9875
Town Elm	Mike Dineen	281-894-6256
Tulip Garden	David & Jill Jones	281-955-8972
	Lena Lahasky	281-955-7890
Walnut Lake	Ginny Bacon	281-955-5758
	Cissy Heafner	281-477-9553
Wortham Blvd	Micheline Hutson	281-955-1067

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Call Vicky@281-955-7312 or Email to [Worthamnews@houston.rr.com](mailto:Worthamnews@houston.rr.com) any articles or information you would like to put in the newsletter. **NOTE: Articles must be submitted as Word documents and photos and graphics as separate files. Photos imported into a Word document or PDF files are not acceptable.** Please include your name and phone number, also. The deadline for submitting news is the 12<sup>th</sup> of each month for the following month's newsletter.

**Please support the businesses that advertise in your newsletter. Their advertising dollars make it possible to provide your newsletter to all the residents in your subdivision at no charge. No homeowners association dollars were used to produce this newsletter.**

# Wortham Villages

## Cy-Fair College

### Admissions and Financial Aid Sessions Set

Cy-Fair College will hold two high school student and parent information sessions in the College Center Conference Center rooms 152 and 153. A general admissions information session set at 7 p.m. and a general financial aid information session set at 8 p.m. will be presented in English Sept. 14 and again in Spanish Sept. 15. Call 281-290-3200 for details.

### Mark Your Calendars for Cy-Fest

Cy-Fair College will host a free community day for all ages in the Cy-Fair Community from 10 a.m. to 2 p.m. Saturday, Oct. 15. Cy-Fest, the college's gift to the community, will feature food vendors, a variety of performances, the Houston Zoomobile, children's games, crafts and storytime, a video gaming contest, a model boat parade, moonwalks, a fire truck and more. For information go online to [www.cy-faircollege.com/goto/cyfest](http://www.cy-faircollege.com/goto/cyfest).

### Center for the Arts Schedule Unveiled

The Cy-Fair College Center for the Arts fall schedule of events not only showcases college and community talent, but provides a cultural asset to this community each month. In the gallery: the annual Faculty Exhibition is set through Sept. 14 with an artist reception at 4 p.m. Sept. 8. The Encaustic Exhibit runs Sept. 28 through Oct. 25 with an artist reception at 4:30 p.m. Sept. 29. On stage: "The Works of Mark Lewis" will be heard at 12:30 p.m. Sept. 14 in the Recital Hall. The

comedy "What I Did Last Summer" will run Sept. 29 through Oct. 16 in the Black Box Theatre with a reception following the Sept. 30 show. For performance or ticket information, call 281-290-5201.

### Escape to the Movies for Free

Cy-College's Fall Film Series features 29 films set Aug. 30 through Dec. 8. The series continues in September with "Shattered Glass" Sept. 1, "What Women Want" Sept. 6, "All About My Mother" Sept. 8, "Dead Poets Society" Sept. 13, "Mi Familia" Sept. 17, "American Desi" Sept. 21, "The Wedding Banquet" Sept. 22 and "Ratcatcher" Sept. 26. A professor or student organization at the college hosts each film and a discussion afterward. The film series, presented at no charge to students and the community, is offered as a free Continuing Education class called Film Appreciation. Registration is available at all the film events. The Cy-Fair College Fall Film Series is part of Windows On the World, an effort to promote cultural activities on campus. For information, call 281-290-3257, e-mail [robert.obrien@nhmccd.edu](mailto:robert.obrien@nhmccd.edu) or visit [http://faculty.nhmccd.edu/roboobrien/Film\\_Series.html](http://faculty.nhmccd.edu/roboobrien/Film_Series.html).

### Check out L.I.F.E. at Cy-Fair College

The Learning, Inspiration, Fellowship and Enrichment (L.I.F.E.) programs are free and held Wednesdays at 10 a.m. in the Cy-Fair College Branch Library (Room 131.) Among the September programs

*(Continued on Page 11)*

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# Wortham Villages

## Cy-Fair College - (Continued from Page 10)

are electronic scrap booking, primitive rug hooking, lesson on Louisiana politics and a chocolate discussion. Call the library at 281-290-3213 for L.I.F.E. program information or check the library web page online at [cy-faircollege.com/library](http://cy-faircollege.com/library).

## Library Offers Something for All Ages

The Harris County Public Library Cy-Fair College Branch offers free computer workshops, including a family-friendly class. Topics range from basic computer functions to introductions to the Internet and various software programs. A variety of monthly book clubs, such as women of the world, history and mystery, are available, including a new Democracy Book Club and The Sports Page Book Club. There are plenty of youth programs with activities and book clubs for teens and storytime for younger children. Go online to <http://www.cy-faircollege.com/Library/index.cfm> for information.

## Check Out Courses for Senior Adults

The Cy-Fair College Academy for Lifelong Learning provides opportunities for adults 50 and better to enjoy intellectual and social enrichment. Annual membership is \$10. Among the upcoming C.A.L.L. courses are basic drawing, digital photography, a holocaust presentation, and a Social Security town hall meeting. A book club and a walking club are also available. Call 281-290-5273 for course information or to sign up now.

## Do You Have a Green Thumb?

Volunteer to help the Diane K. Troyer Garden at Cy-Fair College grow. Produce is donated to area food pantries. Join this group Saturdays at 9 a.m. or help out Wednesdays at 1 p.m. in the garden (west of the library) or in the Cy-ber Café when raining. Contact Charles Beresford at [charles.e.beresford@nhmccd.edu](mailto:charles.e.beresford@nhmccd.edu) or 281-550-7338 or Rob Coyle at [robert.a.coyle@nhmccd.edu](mailto:robert.a.coyle@nhmccd.edu) or visit <http://faculty.nhmccd.edu/rocoyle/Garden.htm> for information.

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# Wortham Villages

## Texas Events - August

**1—KEMAH: Rock the Dock Concert Series** Kemah Boardwalk. [www.kemahboardwalk.com](http://www.kemahboardwalk.com) 281/334-9880

**1-4—HOUSTON: Curvature & Texas Masters Series: Harlan Butt** Curvature features a form so versatile that it can transform a birch chair into a buoyant spring. The Texas Masters Series looks at works of artists who established Texas as a focal point for museum-quality craft. Houston Center for Contemporary Craft. [www.craftthouston.org](http://www.craftthouston.org) 713/529-4848

**1-4—HOUSTON: Cy Twombly: Fifty Years of Works on Paper** Features more than 80 works on paper by one of the most important American artists living today. The Menil Collection. [www.menil.org](http://www.menil.org) 713/525-9400

**1-5—CLEAR LAKE AREA: That's So Weird** Visitors will encounter the bizarre, the creepy and the freaky in this new experience developed by Space Center Houston. 1601 NASA Road 1. [www.spacecenter.org](http://www.spacecenter.org) 281/244-2100

**1-18—HOUSTON: Invention Convention** Allows children to explore how to use creativity and imagination to not only solve problems but also identify challenges that already exist. The Children's Museum of Houston, 1500 Binz. [www.cmhouston.org](http://www.cmhouston.org) 713/522-1138

**1-18—HOUSTON: Pack Your Bags ...** Animated exhibit lets kids travel to different homes, visit new places and take imaginary trips to places of their dreams. The Children's Museum of Houston. [www.cmhouston.org](http://www.cmhouston.org) 713/522-1138

**1-25—HOUSTON: Bill Traylor, William Edmondson & the Modernist Impulse** Exhibition includes about 50 drawings and paintings by Traylor and 25 sculptures by Edmondson. The Menil Collection. [www.menil.org](http://www.menil.org)

713/525-9400

**3-4—KEMAH: Zydeco Festival** Enjoy Cajun food and entertainment. Kemah Boardwalk. [www.kemahboardwalk.com](http://www.kemahboardwalk.com) 281/334-9880 or 877/285-3624

**8, 10-11, 16-18—HOUSTON: Onegin** Houston Ballet performs. Wortham Theater Center. [www.houstonballet.org](http://www.houstonballet.org) 713/227-2787

**10-11—HOUSTON: Cactus & Succulent Show** Houston Arboretum & Nature Center. 713/827-8545

**10-11—HOUSTON: Camera Show** Shop and swap cameras and photographic equipment, new and used. Marriott Hotel, Hobby Airport. 713/868-9606

**10-11—HOUSTON: Sixth Annual Country Roots Music Festival** Features down-home Texas, bluegrass and gospel music by many of Texas' most popular bands. Includes bushel baskets full of mouth-watering, country-style foods. Shop for country crafts. Traders Village, 7979 N. Eldridge Road. [www.tradersvillage.com](http://www.tradersvillage.com) 281/890-5500

**10-11—KEMAH: Caribbean Luau** Includes tropical Caribbean music and entertainment. Kemah Boardwalk. [www.kemahboardwalk.com](http://www.kemahboardwalk.com) 281/334-9880 or 877/285-3624

**15—HOUSTON: La Noche del Grito** Celebrates Mexican heritage, music and dance. Miller Outdoor Theatre, Hermann Park. 713/284-8350

**15-18—HOUSTON: 53rd Theta Charity Antiques Show** Dealers bring a collection of antiques, antiquities and fine art. George R. Brown Convention

(Continued on Page 13)

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# Wortham Villages

## Texas Events - (Continued from Page 12)

Center. [www.thetaantiquesshow.com](http://www.thetaantiquesshow.com) 713/622-3560 or 713/722-8410

**16-18—CLEAR LAKE AREA: Gulf Coast Film & Video Festival** Includes independent film showings and an award dinner with film and television celebrities. Film and TV star Armand Assante is this year's celebrity guest. University of Houston Clear Lake and The Art Alliance Center Clear Lake. [www.gulfcoastfilmfest.com](http://www.gulfcoastfilmfest.com) 281/333-5804

**17—HOUSTON: Fiestas Patrias** One of the largest and most colorful community-sponsored parades in the Southwest celebrates Mexico's independence. Celebration culminates with the crowning of Miss Fiestas Patrias. 713/926-2636

**17-18—HOUSTON: 10th Annual Metro Go-Texan Regional Cook-Off** About 75 teams will compete with brisket, ribs, chicken, gumbo and showmanship. Includes a cake auction. Traders Village, 7979 N. Eldridge Road. [www.tradersvillage.com](http://www.tradersvillage.com) 281/890-5500

**17-18—HOUSTON: Sixth Annual Houston Hot Sauce Festival** Hours are 11 a.m. to 6 p.m. Saturday and noon to 5 p.m. Sunday. Houston Farm and Ranch Club. [www.houstonhotsauce.com](http://www.houstonhotsauce.com) 281/558-3518

**17-18—KEMAH: Fall Kids Festival** Includes ice cream making, face painting, hands-on education, clowns, magic shows, live music, mad scientist, the Backyard Circus, street performers and more. Kemah Boardwalk. [www.kemahboardwalk.com](http://www.kemahboardwalk.com) 281/334-9880 or 877/285-3624

**18—HOUSTON: Doll Show** Marriott Hotel, 9100 Gulf Freeway. 713/723-1762

**22—HARLINGEN: Zonta Club of Harlingen Third Annual Golf Tournament** This is an all ladies golf tournament. Stuart Place Country Club. 956/361-9764

**22, 24-25, 30-Oct. 2—HOUSTON: Mentors & Prodigy** (Fall Repertory Program) Houston Ballet performs. Wortham Theater Center. [www.houstonballet.org](http://www.houstonballet.org) 713/227-2787

**23-24—GALVESTON: The Kingston Trio & The Brothers Four** Tribute to the folk-rock music of the 1960s includes songs from a time when folk music made the pop charts. Begins at 8 p.m. The Grand 1894 Opera House. [www.thegrand.com](http://www.thegrand.com) 800/821-1894

**23-24—HOUSTON: Houston Dance Coalition & Dance Source Houston** Evening of contemporary dance at Miller Outdoor Theatre, Hermann Park. 713/284-8350

**23-25—KEMAH: Eighth Annual Jazz Fest** Kemah Boardwalk. [www.kemahboardwalk.com](http://www.kemahboardwalk.com) 281/334-9880 or 877/285-3624

**24—HOUSTON: Fairfield Fall Garage Sale** Benefits the Fairfield community and helps collect funds for children's programs. Traders Village. [www.tradersvillage.com](http://www.tradersvillage.com) 281/890-5500

**24-25—SPRING: Old Town Spring Heritage Rod Run** [www.longhornrodandcustom.com](http://www.longhornrodandcustom.com) 800/653-8696 or 281/353-9310

**30-Oct. 1—HOUSTON: Houston Grand Taiko Festival** Enjoy traditional and contemporary Taiko drumming and classical Japanese dance at Miller Outdoor Theatre, Hermann Park. 713/284-8350

*Texas Events has been published with the permission of the Texas Department of Transportation. All events are taken in part from the Texas Events Calendar. All dates for events were correct at the time of publication and are subject to change.*

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## Fit Facts<sup>™</sup>

FROM THE AMERICAN COUNCIL ON EXERCISE<sup>®</sup>

### The Truth About Steroids

Steroid abuse is still on the rise, and not just among professional athletes and bodybuilders.

Despite numerous educational efforts by health care officials, many amateur and high school athletes looking for that elusive competitive edge still believe they can get it from a syringe or a bottle of pills. What they don't realize is that steroids will give them a lot more than they bargained for.

#### Not worth the risk

Acne. Liver damage. Increased risk of heart disease. These are just a few of the side effects associated with anabolic steroid abuse. And there's more.

The side effects are severe. Men who use steroids also may develop gynecomastia (the development of breasts), priapism (painful prolonged erection) and edema from sodium and water retention. They also will be more prone to cardiovascular problems since steroids decrease high-density lipoprotein levels (HDL) or "good" cholesterol, and increase low-density lipoprotein levels (LDL) or "bad" cholesterol.

Coupled with hypertension and negative changes in myocardial tissue, steroids users are at an increased risk for heart attack as well.

Of additional concern are alterations in psyche and behavior (i.e., aggression, physical dependence) and decreased immune function.

Changes in the reproductive system, such as a reduction in testicle size, sperm count and mobility, and a decrease in the levels of endogenous testosterone and other sex hormones are common.

#### Women at risk

Unlike men, whose side effects may be reversible once the abuse has stopped, women experience irreversible changes, such as a deepened voice, increased facial and body hair growth, enlarged clitoris and coarser skin. In addition, irregularities in, or cessation of menstrual cycle, increased libido, aggressiveness, acne and decreased immune function may occur.

Women are also prone to the cardiovascular risks and changes in psyche and behavior that men experience.

#### All risk, no glory

There is an even scarier risk of steroid abuse: death. Steroid users who share needles are putting themselves at risk for developing infections such as HIV, hepatitis or other viral diseases.

The terminal risks of steroid abuse are not fully known. Some published cases of tumors and other cancers related to steroid abuse have been reported. Even so, physicians and researchers do not know all the repercussions of steroid abuse on one's body and future health.

Controlled research is unethical and only information from abusers is usable; yet this data may be inaccurate since most users are not

*(Continued on Page 15)*



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# Wortham Villages

## Fit Facts - (Continued from Page 14)

forthcoming about the full extent of their steroid use.

Since the late 1980s, the federal government has begun to crack down on steroid use and distribution. Possession of steroids with intent to distribute without a valid prescription is a felony and subject to prosecution. Likewise, steroid use is a violation of the rules of virtually all sports leagues and councils as well as the traditional ethics of good sportsmanship.

### No substitute for training

What most steroid users don't realize is that they are placing themselves at risk for something they could achieve on their own. Many experts agree that the effects of steroids on strength and muscle mass of beginning weight lifters or athletes are minimal when compared with the effects of an intensive weight-training or conditioning program.

The best way to improve performance and increase muscle mass is to follow a well-designed program that challenges both your body and your mind. No drug can do that for you.

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# WORTHAM MARKET REPORT

Courtesy of Super Dave

*This market information report is provided to keep you informed of resale market activity in your subdivision.*

	Feb 05	Mar 05	Apr 05	May 05	Jun 05	Jul 05
\$210,000 +	0	0	1	0	1	1
\$190,000-209,999	0	2	1	0	1	1
\$170,000-189,999	0	3	2	1	2	0
\$150,000-169,999	5	4	3	0	1	2
\$130,000-149,999	0	0	1	0	2	0
\$130,000 -	0	0	0	0	0	0
<b>TOTAL</b>	<b>5</b>	<b>9</b>	<b>8</b>	<b>1</b>	<b>7</b>	<b>4</b>
Highest \$/Sq Ft	<b>71.36</b>	<b>73.87</b>	<b>74.28</b>	<b>72.38</b>	<b>72.99</b>	<b>74.96</b>

This chart represents the homes that have sold and closed in the past 6 months according to the Houston Multiple Listing Service.

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