

# CYPRESS MILL MESSENGER

Volume 6, Issue 1

Official Newsletter

## Cypress Mill Ladies Association

Thank you Laura Graff for opening your home to the ladies for our annual ornament exchange we all had a wonderful time. The next meeting will be at Dennis Bryant's home. The theme is coupon poker so clipem and keepem to use as your cash. We will all be learning to play so it should be a blast trying out our new poker faces!

|             |               |                       |
|-------------|---------------|-----------------------|
| January 15  | Denise Bryant | Coupon Poker          |
| February 19 | Amy Merrill   | Election and planning |

## MOMS Club of Cypress-North

Are you an at-home mom (either full- or part-time) looking for some fun activities for your kids, interesting activities for yourself, or just some good adult conversation? If you live in the 77429 zip code, why not try out MOMS Club of Cypress-North!

MOMS (Moms Offering Moms Support) Club is a national, non-profit organization that gives at-home mothers the opportunity to share activities and discussions with other mothers and their children. Upcoming activities include outings, playgroups and MOM'S Night Out, as well as scrapbooking, craft days, a cooking group and monthly mixers where moms get to chat while the kids play. And best of all, the activities and meetings are held during the day, when at-home mothers need support and interaction with others. We also perform service projects throughout the year to help needy children and organizations in the community.

Most of the club activities are held in Cypress. You can choose the activities that interest you and that are convenient to your schedule. Meetings are held on the 2<sup>nd</sup> Tuesday of each month at 10:00 a.m.

If you are interested, please come to our next meeting on **January 10th** at 10 a.m. Please call Gina Garnett, Membership VP, at 281-256-3995 (gkgarnett@sbcglobal.net) or Anabel Lenox, President, at 281-373-3252 (alenox@houston.rr.com) for location, directions, or any questions. We are happily welcoming new moms at each meeting. Hope to see you there!

## Cypress Hill M.U.D. #1

### Constable Patrol Statistics

*For the areas of Cypress Mill, Sydney Harbor, Cypress Ridge, Walmart and Cypress Mill Commercial Center:*

|                           |    |
|---------------------------|----|
| Tickets                   | 99 |
| Burglary of Habitation    | 0  |
| Burglary of Motor Vehicle | 2  |
| Theft from Habitation     | 0  |
| Theft of Motor Vehicle    | 1  |
| Robbery                   | 0  |
| Assault                   | 0  |
| Criminal Mischief         | 1  |
| Disturbance - Family      | 2  |
| Disturbance - Juvenile    | 0  |
| Disturbance - Other       | 24 |



**View the Cypress Mill Messenger  
each month online at  
[cypressmill.com](http://cypressmill.com)  
or  
[www.PEELinc.com](http://www.PEELinc.com)**

# CYPRESS MILL

## Cypress Mill Contacts

### Block Captain Committee

Susan White .....susan\_\_white@sbcglobal.net, 281-373-5084

### Cypress Mill Ladies Association

Laura Graff..... 281-373-9192

### Newsletter Committee

Amy Merrill ... CypressMillMessenger@yahoo.com, 281-256-6449

### Swim Team Committee

Maureen Powell .....mdjpowell@yahoo.com, 281-304-6958

Tina Strautman.....tstrauman@sbcglobal.net, 281-213-9732

### Administrative Assistant

Gisel, HOA ..... cypressmill@sbcglobal.net, 281-213-3174

## Resident Board Members

### President

Chris Gilbert..... christophermgilbert@yahoo.com, 281-373-0260

### Vice President

Stephen Howard..... usacc23@msn.com, 281-373-0030

### Secretary

Amy Merrill ..... user972216@aol.com, 281-256-6449

### Treasurer

Chris Forrest..... forrest\_hoa@yahoo.com, 832-236-1298

### Director

## Emergency Numbers

Constable Ron Hickman (24 Hour Emergency) ..... 281-376-3472

## Other Important Numbers

ACC Changes/Questions - VanMor Properties

Cy-Fair High School..... 281-897-4600

Cypress Lakes Golf Club..... 281-304-8515

Cypress Mill M.U.D. #1/Aquasource Emergency ..... 713-983-3602

24 Hour Emergency ..... 713-983-3604

DPS Sex Offenders website ..... <http://records.txdps.state.tx.us/>

Entex Gas ..... 713-659-2111

Entex Gas-Emergency Gas Leaks..... 713-659-3552

Goodson Middle School ..... 281-373-2350

Houston Lighting and Power ..... 713-207-7777 or 800-332-7143

Irrigation Leaks/Common Area Repairs - VanMor Properties

Newsletter Publisher

Peel, Inc..... advertising@PEELinc.com, 512-989-8905

Adv./Kelly Peel, Sales Managerkelly@PEELinc.com, 512-989-8905

Adv./Kim Moore, Sales Rep. ....kim@PEELinc.com, 281-373-3807

Poison Control Center..... 800-764-7661

Reliant Energy "On Call" System..... 800-669-8344

Robison Elementary..... 281-213-1700

Southwestern Bell ..... 800-246-8464

Street Light Outages ..... 713-207-2222

Texas Environmental Waste..... 281-368-8397

Time Warner Cable ..... 713-462-9000

VanMor Properties – Susan Vandagriff..... 281-493-0668

## Newsletter Deadline

The deadline for the newsletters is the 10<sup>th</sup> of each month.

Please hand deliver articles to:

Amy Merrill

281-256-6449 or e-mail [Cypressmillmessenger@yahoo.com](mailto:Cypressmillmessenger@yahoo.com)

(please save electronic files in Word format)

## Cypress Mill HOA, Inc. Who To Call List

**Aqua Services** – Cypress Hill MUD#1 ..... 713-988-3602

Detention Pond: mowing, standing water, repair, & maintenance

Park 5 Playground; repairs, irrigation leaks

Walking Paths: repairs, irrigation leaks

Individual water meter: leaks, repair and maintenance

MUD Facilities Lift stations & Treatment Plants: mowing, repairs, maintenance, leaks, and smells.

**VanMor Properties** – Cypress Mill HOA, Inc. .... 281-493-0668

Reserves/Parks/Common Areas: mowing, repairs, irrigation leaks

Deed Restrictions

Architectural Control Applications/Approvals

Recycling Program

**Cypress Mill Administrative Assistant** – Gisel ..... 281-213-3174

Recreation Center Concerns

Activity Room Rentals

Yard of the Month

Fitness Center

Community Directory

**Pipeline Company** – Exxon Mobile ..... 281-591-3700

Mowing of Pipeline easement; Standing water; Smells or leaks

**Street Lights** – Center Point Energy ..... 713-207-2222

Damaged or Burned Out Street Lights

**\*\*They will need 6-digit pole number when calling\*\***

**Constable Ron Hickman** (24 Hour Emergency) ..... 281-376-3472

**Harris County Road and Bridge** ..... 281-463-6300

To request street signs and to report street damage, curb damage, street flooding, or missing/damaged street signs.



the **FELLOWSHIP**  
at *Fairfield*  
*Loving God. Loving People.*

**Sundays, 10:30AM**

**GET SOMETHING ON SUNDAY  
YOU CAN USE ON MONDAY!**

We have faith-building fun activities for children!

**WWW.TFAFF.ORG**  
**281-923-5130**



Fairfield Kids R Kids  
20151 Cypresswood Drive

# Why Pay for Teeth Whitening?

*Our Patients get it for FREE!*



## FREE Teeth Whitening!

With completion of a dental exam, cleaning and necessary x-rays.  
Available to new patients only, for a limited time.

## Save \$300 on any full orthodontic case

Discount may also be applied to treatment with invisible braces!  
Full upper and lower arch treatment is required. Offer is available to  
new orthodontic patients only, for a limited time.



*Happy New Year!  
From our family  
to yours!*

  
**FAIRFIELD**  
DENTAL CARE  
& ORTHODONTICS

FAIRFIELD DENTAL CARE & ORTHODONTICS  
KEITH T. GRIMM, D.M.D.  
15040 FAIRFIELD VILLAGE DRIVE, SUITE 240  
CYPRESS, TEXAS 77433

**281-256-6190**

*Kids are always welcome!*

# CYPRESS MILL

## November/December 2005 New Residents

|                             |                         |
|-----------------------------|-------------------------|
| James & Stephanie Makishima | 14747 Autumn Glen Ct    |
| Richard & Alice Modica      | 18331 Camellia Estates  |
| Christopher & Yuan Schmid   | 14731 Country Rose Ln   |
| Mark Croom                  | 14739 Country Rose Ln   |
| Abel & Deidra Marroquin     | 14806 Creekmill Ct      |
| Terrance & Lisa Howland     | 14810 Creekmill Ct      |
| Christina Smiers            | 14826 Mills Park Ln     |
| Robert Granger              | 18015 Pinson Drive      |
| Stephanie Hakemack          | 17411 Thicket Hollow Ln |
| Desiray Wyatt-Fields        | 14710 Timber Cliff Ln   |
| Barbara Groth               | 14714 Timber Cliff Ln   |
| Brandon & Kristin Parker    | 18115 Water Mill Drive  |
| David & Julie Anderson      | 14614 Windwood Park Ln  |
| Avis Lightsey               | 14627 Windwood Park Ln  |
| Cippy & Veronica Estrada    | 14818 Wooded Glen Ct    |

## Thank You

A big Thank you goes out to everyone that helped out with the Craft fair. We would like to add a very special thank you to Richard and Virginia Balducci for helping us get Santa here. The HOA provided cookies and hot chocolate to all.

## Planned Activities For Keenagers (Cypress Mill Over 50 Group)

**Jan 19th, Thurs bus trip to The George Bush Library at College Station.**

The bus will leave the activity center at 9AM. We will be going for a tour the Bush Library. We will have lunch at The Cotton Patch Cafe and then have a bus ride around Texas A&M University and historic downtown Bryan.

**Feb 18th, Sat bus trip to Schulenberg, Painted Churches.** Bus will leave activity center at 9 AM and more information will follow.

**March 3, Fri, we have a bus and plans are still being discussed.** We were thinking about going to dinner and seeing a play. It will be in the evening. Let me have your thoughts on this.

On Jan 10th we will need to select our dates for bus use for April, May & June. I will try again to get a Thurs, Fri and Sat so it will accommodate all our members.

Please contact me with your ideas and your reservations for our trips. Carolyn Hoffmann, 281-256-3480 or e-mail is best: carolwatec@sbcglobal.net

### What About The Other Room In Your House?

- Easy to Install
- Modular Design
- Custom Look
- Durable Finish
- Quality Craftsmanship

**The Preferred Garage also does:**

- Decorative Epoxy Floor Coatings
- Activity and Tool Organizers

Do-It-Yourself or professional installation available from:  
**The Preferred Garage, Inc., (281) 923-9293**  
 Visit our website: [www.thepreferredgarage.com](http://www.thepreferredgarage.com)

**Storage solutions starting at: \$540 Call us today for a free estimate!**

### Stackable-Modular Garage Storage Cabinets

The SLIDE-LOCK storage system allows you to easily design and build the perfect storage solution for any room in your home. Whether you need 2 feet, 20 feet or more, of storage space, SLIDE-LOCK's stackable modular design allows you to configure your storage the way you want it.

Manufactured in the USA by  
**SLIDE-LOCK**  
 Garage & Storage Cabinets

10' x 6' Week-End Configuration

### Get Organized... with our Activity Organizers

**Get a 10% discount when you mention this ad**

## Body Designs

**Personal In-Home Certified Training**

**832-607-4603**

- Lose Weight
- Burn Fat
- Tone Up
- Body Designs Personal Trainers...Quality Trainers who care about your goals!

**Ask about our 6 Week Bowflex Challenge Program\*! We bring the BOWFLEX to You!**

**NO Equipment Necessary...We bring it ALL to YOU!**

**FREE COMPREHENSIVE FITNESS EVALUATION**  
 (Limited Offer, \$75 Value)

**\$50 OFF 1ST 5 HRS. PERSONAL IN-HOME TRAINING**  
 (may not be combined with any other training offers)

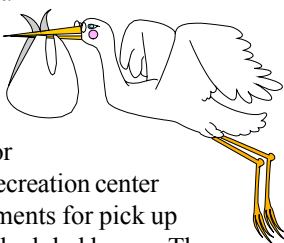
**\$40 OFF**  
**BUY 1 PERSONAL IN-HOME TRAINING SESSION RECEIVE 40% OFF A 2ND PERSON'S SESSION**  
 (Both sessions must be used the same day/time/place)

**10% OFF SELECT NEW & USED TREADMILLS & ELLIPTICALS**



## Stork Report

Are you or your neighbor expecting a baby? We will announce the baby's arrival in the monthly newsletter. If you are interested in having your baby's picture in the newsletter, please email it to [cypressmillmessenger@yahoo.com](mailto:cypressmillmessenger@yahoo.com) or you can leave a picture with Gisel at the recreation center and we will scan it in and make arrangements for pick up at the recreation center during Gisel's scheduled hours. The storks are available to check out at the Recreation Center, you will need to make arrangements to pick up and return. Due to the size of the storks, a truck will be necessary for transport. Please do not feel obligated to use the stork. Contact Gisel, at 281-213-3174 or email [cypressmillmessenger@yahoo.com](mailto:cypressmillmessenger@yahoo.com) for announcements. Rec center hours are Mon, Wed, Fri 11-5, Sat 11-5.



## Business Classifieds

**Help Wanted:** Kids R Kids-Fairfield is looking for caring and qualified teachers to fill our full-time and part-time positions. A part time (morning - 6am-12pm or 11am-7pm) Assistant Director position is also available. For more information, please call 281/304-5437.

## Classifieds

**RIDERS WANTED!!!** Tired of Fighting Traffic? Find yourself frustrated at the beginning and end of your work day? Why not try a Van Pool from 290/Cypress-Rosehill area to Post Oak Central area of the Galleria (San Felipe/Post Oak); Work hours of current riders: 6:45 a.m. - 4:45 p.m. and 7:00 a.m. - 5:00 p.m. If interested please contact: Debi Retzlloff, 281.782.7801.

## KISA POSTAL & MORE

26084 Hwy 290 West, #170 Cypress, Texas 77429

Family Feast Restaurant

Phone: **281-256-8991** Fax: 281-668-5766

Time: Monday to Friday 8:30 to 6:30 Saturday 8:30 to 4:00 PM

Fax, Copies, Mail Boxes, Passport Photos, Notary, Business Cards, Rubber Stamps, Stationery, Telephone Cards, Packaging Supplies, Custom Mailing Services, Boxes, Gifts, Greeting Cards, Balloons, Etc.





# Huffmeister

## Family Chiropractic Clinic

"Imagine... Life Without Pain!"

# (281) 970-4299

### Specialty:

- Neck, Shoulder, Back, & Sciatic Pain
- Headaches, TMJ, Arthritis
- Whole Food Supplements
- Customize Foot Orthotics
- Acupuncture for Pain & Stress Relief, Fibromyalgia, Weight Loss, & Allergy

### ✦ **newly renovated office!**

11045 Huffmeister Road - Houston 77065

**FREE CONSULTATION**

*Call Us For An Appointment Today*

Worker's Comp, Auto & Personal Injuries,  
& Most Major Medical Insurance Accepted

# CYPRESS MILL

## Fairfield Baptist Church

### UPCOMING EVENTS:

**God's Little Angels MDO** is a two-day a week preschool program. Our learning and social activities are based on God's Word in a Christian environment which allows the children a well-rounded fun experience to learning. We offer Tuesday and Thursday classes from 9 am to 2 pm, August through May. Each month our crafts, learning activities, Bible stories, music, interactive reading time and open classroom playtime is coordinated with specific themes and units. The Mother's Day Out program is designed to encourage children to know that learning and socializing can be exciting and fun away from the familiar surroundings of home.

The preschool program encourages the children to become more independent in their learning behavior and socializing skills to better prepare them for the challenges ahead of them once they leave a preschool setting. Each day the children enjoy large group activities, open center play for creativity and imagination, outside playtime, an art and craft project, and table time to work on their fine motor, writing and following direction skills.

Fall registration for 2006 will be open to the public beginning Tuesday, February 7. The MDO office will be open on Monday, Feb 6 between 10 am and 2 pm for tours/questions. For information about enrolling your child, contact Jenny Cunningham at 281-373-5446 or [jenny.cunningham@fairfieldbaptist.com](mailto:jenny.cunningham@fairfieldbaptist.com).

Can't come on Sunday? Looking for a place to belong? Want a place to meet people and learn more about God and the practical aspects of living and raising your children? **New Adult Community Group Bible** studies begin January 8, 2006. **Ladies Bible Study** will host a registration coffee Wednesday, January 4 at 10 am, providing information for the new spring Bible studies. Studies begin January 11. Men's Fraternity meets each Wednesday from 6-7 am for

Bible study, coffee and doughnuts. For more information call 281-373-5446 or [info@fairfieldbaptist.com](mailto:info@fairfieldbaptist.com).

Living from paycheck to paycheck? More month than money? Join us for **Financial Peace University**, the Dave Ramsey video-based classes which teach you how to take control of your finances. FPU orientation is January 8 at 5 pm and classes start on January 15. Cost is \$97/couple. For more information visit our FPU website at [www.fairfieldfpu.com](http://www.fairfieldfpu.com)

**AWANA** teaches kids that God is real, that He loves them, and that He has proven His love through Jesus! Kids also learn how God can help them in their everyday life. AWANA meets each Sunday from 5:00-6:45 pm. It is not too late to join! The AWANA program encompasses children from age 3 through High School. Call 281-373-5446 for more information or check our website at [www.fairfieldbaptist.com](http://www.fairfieldbaptist.com).

**Student Ministry: Winter Camp** is scheduled for January 14-16, 2006 in Trinity Pines, TX. Cost is \$110. Casual/curious students are welcome Half Time happens every Wednesday night from 6:45-8:00 p.m. Hang Time follows Half Time. Hang Time for Middle School is on campus in the Education building from 8:00-8:45 p.m. Hang Time for High School is at Wendy's, Chik-fil-A, or Taco Bell from 8:00-9:00 p.m. The first Wednesday of every month Half Time is at Gambino's, for both Middle School and High School, from 6:45-9:00 p.m. Sunday morning Connection Groups meet at 9:45 a.m. in the Education building. Free Shipping is our Sunday night event that is geared toward the core students who desire to worship through service.

"Bigstuf" registration for summer camp will begin this month. A \$50 deposit is required to make a student reservation! BigStuf dates are July 20-24, 2006. Total cost is \$350.

## Let's Talk Real Estate



**SELL  
YOUR  
HOUSE  
FOR  
MORE!!**



### Your Cypress Mill Property Marketing Experts

|                   |   |                   |
|-------------------|---|-------------------|
| Amy               |  | Loretta           |
| 832-567-7830 Cell |   | 713-851-2620 Cell |
| 281-290-2014      | Each office individually owned & operated   | 281-290-2018      |

Call today for your **FREE** report:  
**Fast, Easy Fix-Ups That Will Help Sell Your Home for the Highest Possible Price!**  
Ask for Loretta or Amy

# FAIRFIELD

## Chiropractic

**Paul A. Willmon, DC**

**Specializing in:**  
**Chronic Pain • Headaches**  
**New Injuries/Pain • Sports Injuries**  
**- Massage Therapy Available -**

**Office Hours:**  
Mon., Wed., Fri. 7:30 - 5:30  
Tues. and Thurs. 2:00 - 7:00  
Sat. 8:00 - 11:00

**15202 Mason Road, Suite 800**  
**281-256-8100**

*Providing you with quality  
chiropractic care closer to home*

## Fountain of Life Fellowship

Non Denominational – Spirit Filled Church

### Home Cell Groups

Enjoying Christian fellowship and learning the truths of God's Word are the primary focus of our weekly home cell groups. Our meetings are held on Tuesday and Wednesday evenings in the homes of our group leaders. A nursery is available for the Wednesday night group. For times and the locations, please call our church office at 281.373.9337.

During our Bible Studies, we examine God's promises as they relate and are applied to daily life. We find out how to live a Christ-centered lifestyle and learn to overcome trials as we walk in victory. It's a time when our spirits are refreshed and renewed.

We end every meeting with prayer requests. There is power in agreement as we take these petitions before the Lord. If you have a special prayer need and would like Christian brothers and sisters to be in prayer with you, please call our church office at 281.373.9337. Our intercessory prayer team will join you in lifting your appeal to God.

### Youth and kids – this is for you

The word says, "Raise up a child in the way he should go and he will not depart from it." Come, get excited for Jesus, in an atmosphere that is magnetically charged with "Holy Spirit" power. We have two exciting groups to tell you about. a) Youth Group, for 6<sup>th</sup> – 12 graders, especially geared toward Youth with the vibrant today's sound in Christian lyrics, Bible study and activities. Our Youth Group outreach is to assist children in a local foster home. This gives our young people an opportunity to give back to those in an assisted living facility who have no family to visit them. We believe the youth have a lot to learn from those who have wisdom, maturity and love. b) Kidz Klub, for K

– 5<sup>th</sup> graders, geared toward the active, "bouncing off the walls" temperament of the elementary aged kids. The Kidz Klub ministry is to a local foster home of special needs kids.

### Women

Pastor Kerry leads a Women's Bible Study on Thursday Mornings at 10:00 am in one of our church member's home. The topics are relevant for women who seek God's face. If you are interested in attending, please contact the pastor at 713.373.9337.

### Intensive Bible Study

If you are searching for a better understanding of the Bible and a more profound walk with the Lord, join our International School of Ministry, starting this month, space still available. Learn the fundamentals of Christian faith while enhancing your individual relationship with the Lord.

### COME GROW WITH US

Come join us and learn how God's Holy Spirit equips Christians to live victoriously in today's challenging world. We are located just 1.5 miles off Hwy 290 at 15010 Mueschke Rd. Sunday services start at 10:45 a.m. and a nursery is provided. Special Kids Church is available during this service as well. For more details, please contact us at 281.373-9337.

In His Service,  
Pastors John & Kerry LaLonde

Family owned and operated from your community!



## Dynamic

TACLB19658E

### Air Conditioning & Heating

## 832-593-7555

www.dynamicairandheat.com



We  
service  
all  
brands



### End of Summer Sale


## Absolute Lowest Prices Guaranteed

WISA

Financing Available WAC

BBB RELIABILITY PROGRAM

|   |   |   |
|---|---|---|
| <h3 style="margin: 0;">Heater Check-Up</h3> <h2 style="margin: 0;">\$29.95</h2> <p style="margin: 0;">\$19.95 2nd unit</p> <p style="font-size: x-small;">Valid Mon.-Fri. 8-5PM<br/>Expires 2/15/06</p> | <h3 style="margin: 0;">10% OFF Repairs</h3> <p style="font-size: x-small;">Plus NO SERVICE CHARGE With Repairs</p> <p style="font-size: x-small;">Valid Mon.-Fri. 8-5PM<br/>Expires 2/15/06</p> | <h3 style="margin: 0;">New Heater</h3> <p style="margin: 0;">Starting at \$900</p> <p style="font-size: x-small;">Valid Mon.-Fri. 8-5PM<br/>Expires 2/15/06</p> |
|---|---|---|



## QUALITY LEARNING CENTERS


# 281-304-KIDS

**Monday - Friday 6:00 a.m. - 6:30 p.m.**

**20151 Cypresswood Drive**

**Conveniently located near Fairfield's entrance,  
between Good Shepherd UMC and the Golf Center.**

- \* Internet viewing
- \* Loving infant program which includes all supplies except diapers and formula.
- \* Pre-school programs - CyFair curriculum used to prepare your child for Kindergarten
- \* Quality before & after school care, transportation provided
- \* Full & Part Time Programs
- \* Owners of facility on site daily
- \* Computer training & Spanish classes



## Happy New Year

[www.krkfairfield.com](http://www.krkfairfield.com)

# CYPRESS MILL

## Good Shepherd United Methodist Church

### A Time for Reflection and Vision

As January begins it is time for both reflection and vision. In 2005 we saw continued growth in ministry and in Good Shepherd's ability to be a servant to the community. It is our vision as a body to match the excitement of our members and to reach into the community to be a presence for Christ. The disasters in Louisiana and East Texas allowed the community as a whole to reach out, to be the hands and feet of Christ to the world. Amazingly, even after the effort shown in hurricane relief the community again stepped up surpassing our expectations in the "Camp for Christ" program (see below). In addition, we have seen dynamic growth in many different respects. Increased numbers are noted in attendance as well as in new areas of Bible Study, Youth Group, UMArmy, JUMMP, local mission projects, Easter Egg Hunt, and our second international mission trip to name a few. Of course the Christmas season was a wonderful time for our church family with a Tree Lighting Celebration - Annual Hayride and Hotdog Roast - "That Feeling of Christmas" musical program - and the uplifting celebration of the miracle of Christ's birth on Christmas Eve in four services. But with reflection also comes vision - where are we going in the New Year and how can we further minister in the community. There are many ways:

**Camp for Christ Highlights** - Of special note, and with great thanks to all of the neighboring communities, the junior and senior high groups marshaled their resources to meet the needs of those in our community with Camp for Christ. The participation of 65 youth plus sponsors over a month, under girded by your generosity, wrapped up with the complete filling of the entire entrance area to the multi-purpose building with clothes, blankets, and other necessities for the homeless. This continues to be a tremendous experience for all who participated.

**Bible Study:** We have several studies meeting virtually every day of the week. They range from women's, men's, couples', and youth. We also have contacts for many other studies throughout the community. More are on there way here at Good Shepherd. Join or call us for details on any of these. One new program starting in January is "Alpha" designed specifically to answer the questions regarding the relevancy of the Church in today's world. Also in January our Senior Pastor, Bill Haygood, begins a five-week series on Marriage designed to inform, strengthen, resource and revive the marriage relationship.

**Prayer:** We strongly believe in the power of prayer and encourage an active prayer life within our fellowship. Prayer emails, prayer groups, and prayer lists - including on line at [www.cypressgs.net/](http://www.cypressgs.net/) and a prayer time in each worship service help draw us closer to our Lord.

**Service and Mission:** We have groups active in many areas such as very active Women and Men's groups, CAM, CareNet Pregnancy Center, and many more. Of special note here are the mission trips our youth will be taking next summer. Senior high can participate in UMArmy, the annual camp that provides youth the ability to help repair the homes of those in need, in late July. Junior high students are set to go to JUMMP, which is a less intense version of UMArmy, in early June. Registration for all three starts in January so contact Jeff Dunbar at the church office for more information on where you can get involved. Adults - another mission trip is on the drawing boards. Stay tuned for details.

**Small Groups:** We currently have over 15 groups meeting and are ready to start more. This is a great way to cut through the clutter of insincerity that exists around us and truly get to know and serve with what quickly becomes a committed group of friends. Contact Rick for more details.

**HARDWOOD NATURAL STONE CARPET CERAMIC TILE LAMINATE AREA RUGS**

**FlooringAMERICA®**

**CARPETMASTERS**

*Free Estimate & Design Services*

**No Interest • No Payments • Financing Available W.A.C.  
Cleaning, Restretching and Repairs**

**13422 Grant Road**

(Between Louetta & Spring Cypress)



**281-370-8022**

Hours: M-Fri 8-7 • Sat: 9-5 • closed Sunday

**HARDWOOD NATURAL STONE CARPET CERAMIC TILE LAMINATE AREA RUGS**



## Messiah Lutheran Church

Alpha is Coming!

Alpha? Alpha is for anyone interested in finding out more about the Christian faith—people investigating Christianity or Christians who want to discuss their questions. Adults and high school students of all ages are welcome. The Alpha course is being hosted by Messiah Lutheran Church on Tuesday evenings beginning January 10 for 11 consecutive weeks, 6:00-8:30 PM. The evenings begin with a supper provided by the church. Childcare is provided. All people are invited to participate in the Alpha course. Alpha offers a safe, non-judgmental environment to discuss questions of the faith. Register by calling the church office.

Messiah Lutheran Church is a grace place, a congregation of the Evangelical Lutheran Church in America (ELCA). Messiah is located at 11522 Telge Road, ½ mile north of Highway 290. Regular worship times are: 6 PM (5 PM starting in January, 2006) on Saturday evenings, a casual service of song and sacrament, and traditional worship at 8 and 10:30 AM on Sundays. The Education Hour is 9:15-10:15 AM on Sundays. For more information, 281-890-3013 or [www.messiahlc.org](http://www.messiahlc.org). All people are welcome at Messiah.

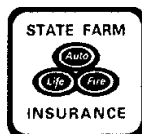
We are currently publishing neighborhood newsletters in 21 Houston communities and 15 Austin communities. If we can assist you in your advertising needs, please contact our Sales Office.

**Peel, Inc.**

512-989-8905 • [advertising@PEELinc.com](mailto:advertising@PEELinc.com)

[www.PEELinc.com](http://www.PEELinc.com)

See me for all your  
*Car Insurance Needs.*



**MARK ADKINS**

Agent

**281-373-1961**

17400 Spring Cypress, Ste 120  
by Hollywood Video

Home Office. Bloomington, Illinois

*tax*TIME

**CPA**

**Michael P. Lahaie**  
Certified Public Accountant

Office: 281-304-4567

Fax: 281-304-4567

[mplahaie@sbcglobal.net](mailto:mplahaie@sbcglobal.net)

Please visit my website at  
[www.michaelpahaie.com](http://www.michaelpahaie.com)

*first hour of  
consultation  
**FREE!***

- 20+ years experience
- individual tax
- accounting services
- corporate and partnership tax
- payroll administration
- consulting
- specializing in small businesses & individuals

17920 Huffmeister Rd., Suite 125  
Cypress, TX 77429



AESTHETIC AND FAMILY DENTISTRY  
DR. A. SLINDRANI

*Smile with Confidence...*



- Dentistry with a unique emphasis on cosmetics
- Advanced comfort, with conscious sedation, available.
- Advanced training at a world renowned cosmetic institute.
- Experience the highest level of dentistry for the entire family.

(281) 225-9906  Hwy 290 @ Barker Cypress

# CYPRESS MILL

## Perspective Captains:

Do to technical loss from weather I lost all of my email information on my computer and some voice mail. If you did and do not see your name listed below, and we have corresponded via voice mail or email please contact Susan White so we can get you listed in the next newsletter.

Thanks for your time & support!

## Block Captains

| Street                  | Block Capt                    | Phone #      |
|-------------------------|-------------------------------|--------------|
| Arbormont Dr.           | Shelia Wiggs                  | 281-304-0245 |
| Arbor Trace Ct.         |                               |              |
| Aster Estates Ln.       | Kari Joyner                   | 832-797-0380 |
| Auburn Woods Dr.        | Kim Bothmann                  | 281-373-3816 |
| Autumn Glen Ct.         | Courtney Hicks                | 281-213-3182 |
| Begonia Estates Ct.     | Diana Pretus                  | 281 330-8251 |
| Bladenboro (Park I)     | Monica Blanchard (temp. vol.) |              |
| Calcaterra Ct.          |                               |              |
| Camellia Estates Ln.    | Jennifer M. Klawinski         | 281-381-2987 |
| Carriage Crossing Ln.   | Yolanda Salinas (temp. vol.)  |              |
| Cascade Bend Lane       | Fernando Aguirre              | 281-373-0186 |
| Chapel Cove Ct.         |                               |              |
| Cinderwood Dr           | Amy Arthur                    | 281-304-1999 |
|                         | Susan White                   | 281-373-5084 |
| Cobblestone Dr.         | Monica Blanchard              | 281-304-9389 |
| Country Rose            | Yolanda Salinas (temp. vol.)  |              |
| Courtly Estates Ln.     |                               |              |
| Creekmill Ct.           |                               |              |
| Cross Stone Ct.         |                               |              |
| Cypress Cottage Ct.     | Tina Strautman                | 281-213-9732 |
| Cypress Meade Ct.       |                               |              |
| Cypress Meade Ln.       |                               |              |
| Cypressmill Ct.         |                               |              |
| Cypress Orchard         | Debbie Deleon                 | 832-289-6580 |
| Cypress Ridge Grove     | Sheri Lyn Klein               | 281-373-3674 |
| Cypress Stone Ln.       | Sharon Covington              | 281-851-3484 |
| Cypress Valley Ln.      |                               |              |
| Delta Estates Ct.       | Michelle Peting               | 281-304-8894 |
| Emerald Cypress Ct.     |                               |              |
| Emerald Cypress Ln.     | Jennifer Patterson            |              |
| Emerald Moss            | Sue Zahn Lucas                | 832-687-5778 |
| Enola Dr.               | Tina Bunn                     | 281-304-1113 |
| Floret Estates Ct.      |                               |              |
| Floret Estates Ln.      |                               |              |
| Grandbluff Ct.          | Shari Bumpas                  | 281-304-1511 |
| Green Cypress Ct.       | Ed Noble                      | 281-304-9810 |
| Grove Estates Ln.       | Cassy Hearn                   | 281-253-4941 |
| Harmony Estates         |                               |              |
| Harnett Dr.             |                               |              |
| Harvest Chase Ct.       | Yoland Salinas                |              |
| Hazy Ridge Lane         | Amy Merrill                   | 281-256-6449 |
| Heathcrest Ct.          |                               |              |
| Hollow Branch Ct.       | Jacqui Williams               | 281-304-8006 |
| Huntmont (Park I)       |                               |              |
| Huntmont Street (Place) | Lynda Wells                   | 281-304-1184 |
| Laurus Estates Ln.      | Kellie Berger                 | 281-304-1910 |
|                         | Vicki Seal                    | 281-304-7103 |
| Mallard Estates Ct      | Jo Ann Novak                  | 281-304-1614 |
| Maple Mill & Bladenboro | Dawn Shirley (temp. vol.)     | 281-373-4892 |
| Maple Mill Dr           | Toby Simmons                  | 281-373-9498 |
| Maranta Estates         | Sharon Mason                  | 281-256-2970 |
| Meadow Estates Ln.      | Amanda McCumber               | 713-906-7338 |

|                       |                                |              |
|-----------------------|--------------------------------|--------------|
| Mesquite Estates Ln.  | Vernon & Cheryl Henry          | 281-256-8964 |
| Mills Park Lane       | Carolyn Hoffman                | 281-256-3480 |
|                       | Shirley Whitley                |              |
| Millstone Estates Ln  |                                |              |
| Mosshill Estates Ln   | Candy Pinkard                  | 281-304-5037 |
|                       | Danielle Hines                 | 281-213-3868 |
| Moss Valley (Place)   |                                |              |
| Palos Park Dr.        | Phyllis Jarnegan               | 281-304-9632 |
|                       | Virginia Balducci              | 281-256-3010 |
| Palos Place Pl.       | Phyllis Jarnegan (temp. vol.)  | 281-304-9632 |
|                       | Virginia Balducci (temp. vol.) | 281-256-3010 |
| Park Arbor Ct.        | Lauren Gaspard                 | 281-373-9966 |
| Pebble Meadow Ct.     | Michelle Robison               | 281-265-6453 |
|                       | Gina Williams                  | 281-373-4427 |
| Plains River Dr.      | Geneva Fritch                  | 281-304-1255 |
|                       | Marianne MacLeod               | 281-304-9366 |
| Pinson Dr.            | Debbie Brown                   | 281-256-1875 |
| Rochelle Ct.          | Jen Malota                     | 281-213-3778 |
| Rosehill Estates Ln.  | Ronnie J. Kallus               | 281-304-1246 |
|                       | Jamal Naffa                    | 281-798-9448 |
| Rose Hill Park Ln.    | Elizabeth Brown                | 281-373-3118 |
|                       | Steffanie Budge                | 281-304-9987 |
| Rosemont Estates Ln.  | Annabelle Martinez             | 281-213-9079 |
| Spring Walk Ln.       | Sharon Strasburg               | 281-304-1382 |
| Sweetstone Estates Ct | Michelle O'Keane               | 281-304-8188 |
| Thicket Hollow        | Sheri Pivonka                  | 281-658-2161 |
|                       | Holly Engle                    | 281-304-9852 |
| Thornbluff Ct.        |                                |              |
| Timber Cliff Ct.      | Holly Engle (temp. vol.)       |              |
| Timber Cliff Ln.      | Holly Engle (temp. vol.)       |              |
| Trellis Estates Ct.   |                                |              |
| Valley Stone Ct.      | Rhonda & David Bubenik         |              |
| Water Mill Dr.        | Pamela Sanders (temp. vol.)    | 281-373-4053 |
| Wild Ivy Ct.          | Sheri Lyn Klein (temp. vol.)   |              |
| Windwood Park Ln.     |                                |              |
| Wisteria Estates Lane | Matt Buss                      | 281-304-9321 |
| Woodcypress Ln.       |                                |              |
| Wooded Glen Ct.       | Danielle Springfield           | 281-256-9802 |

## What are the Responsibilities of a Block Captain?

We still have several streets without Block Captains. Being a Block Captain requires minimal effort. Responsibilities include:

- Passing out the directory once a year, as well as, any important information our HOA Committees may need to convey to all of the residents.
- Represent your street in any concerns or ideas your neighbors may have with the board or other HOA committees.
- Promoting and having a block party on National Night Out – the first Tuesday of August every year.
- Handing out Welcome Bags to the new residents on their streets (optional).

We meet quarterly to discuss any new ideas on how to make our neighborhood a better place. Although the meetings are voluntary, they are beneficial, and even if you can't attend we welcome any comments or suggestions. Please contact Susan White at 281 373 5084 or email [susan\\_\\_white@sbcglobal.net](mailto:susan__white@sbcglobal.net).

# CYPRESS MILL MARKET REPORT

Courtesy of "DAVID FLORY"

This market information report is provided to keep you informed of resale market activity in your subdivision.

|                   | Jun 05    | Jul 05   | Aug 05    | Sept 05  | Oct 05   | Nov 05   |
|-------------------|-----------|----------|-----------|----------|----------|----------|
| \$200,000 Above   | 0         | 0        | 1         | 0        | 0        | 0        |
| \$180,000-199,999 | 1         | 0        | 0         | 1        | 0        | 0        |
| \$150,000-179,999 | 2         | 1        | 1         | 2        | 2        | 1        |
| \$120,000-149,999 | 7         | 8        | 9         | 3        | 4        | 5        |
| \$100,000-119,999 | 1         | 0        | 0         | 0        | 1        | 0        |
| \$100,000 Below   | 0         | 0        | 0         | 0        | 0        | 0        |
| <b>TOTAL</b>      | <b>11</b> | <b>9</b> | <b>11</b> | <b>6</b> | <b>7</b> | <b>6</b> |
| Highest \$/Sq Ft  | 76.17     | 73.50    | 77.07     | 74.35    | 75.41    | 75.87    |

This chart represents the homes that have sold and closed in the past 6 months according the Houston Multiple Listing Service.

## #1 Selling Agent In Cypress Mill 2001-2004

### David "Super Dave" Flory



- #3 Realtor in Houston (out of 17,000)!\*
- Top 1% of Realtors in the U.S.
- Over 480 Homes SOLD in 2004
- Over 96% of David's Listings Result in a Sale

HIGHEST PRICE PER SQ.FT. resale homes sold in  
Cypress Mill: \$80.72

**RE/MAX**  
Professional Group  
832-478-1205

Direct line: **281-477-0345**

\*Ranked by the Houston Business Journal 3/2005

# CYPRESS MILL

## Cy –Fair College "Perspective"

### Susan Edwards is the 2005 Texas Professor of the Year

Susan Edwards, a professor at Cy-Fair College, will start the new year as one of the nation's most outstanding undergraduate instructors. At a Nov. 17 awards ceremony in Washington, D.C., the Carnegie Foundation for the Advancement of Teaching and the Council for the Advancement and Support of Education honored Edwards as the 2005 Texas Professor of the Year. This most prestigious award recognized her as one who "excels as a teacher and influences the lives and careers of her students." Edwards was selected for this Professor of the Year award from among 400 top professors in the United States. There have only been two community college professors from Texas recognized in the U.S. Professors of the Year program in the past two decades - one as a Texas Professor of the Year in 1986 and one as a National Community College Professor of the Year in 2000.

### L.I.F.E. in the New Year

The Learning, Inspiration, Fellowship and Enrichment (L.I.F.E.) programs are free and held Wednesdays at 10 a.m. in the Cy-Fair College Branch Library (Room 131.) January's schedule is as follows: no program Jan. 4; The Art of Meditation is Jan. 11; The Inner Life of Beads is Jan. 18 and Calligraphy is Jan. 25. Call the library at 281-290-3213 for L.I.F.E. program information or check the library web page online at [www.cy-faircollege.com/library](http://www.cy-faircollege.com/library).

### Start the New Year with C.A.L.L. Courses for Senior Adults

The Cy-Fair College Academy for Lifelong Learning provides opportunities for adults 50 and better to enjoy intellectual and social enrichment. With an annual membership of \$10, participants can take member-driven courses for free or at a reduced rate; study under the guidance of members who represent a wide range of expertise and life experiences; develop friendships within a diverse group of people; participate in social activities; and be part of a collective voice of active adults in the community. Call 281-290-5991 or e-mail [Andriav@nhmccd.edu](mailto:Andriav@nhmccd.edu) for course information or to sign up now.

### Library Offers Free Computer Classes and Book Clubs

The Harris County Public Library Cy-Fair College Branch offers free computer workshops, including a family-friendly class. Topics range from basic computer functions to introductions to the Internet and various software programs. A variety of monthly book clubs, such as women of the world (Jan. 17 at 6 p.m. — "The Mermaid Chair" by Sue Monk Kidd), mystery (Jan. 25 at 1:30 p.m. — "Coffee Trader" by David Liss), democracy (Jan. 26 at 2:30 p.m. — "The Souls of Black Folk" by W.E.B. DuBois) and sports page (Jan. 12 at 10:30 a.m. — "Let Me Tell You a Story: A Lifetime in the Game" by Red Auerbach and John Feinstein) book clubs. There are plenty of youth programs with activities and book clubs for teens and storytime for younger children.

(Continued on Page 13)




# Discover the Difference . . .

# Discover Community of Faith

"a church the whole family will love"

## Mark Shook, Pastor

**Sunday Services**  
9:00 am & 10:30 am at  
**Goodson Middle School**  
17333 Huffmeister  
832.875.2520



community  
**FAITH**  
[www.thecof.org](http://www.thecof.org)

# RELAXED . . . RELEVANT . . . REAL . . .



## Cy-Fair College - (Continued from Page 12)

### Free Spring Film Series

The Cy-Fair College Spring Film Series will start the week of Jan. 17. Kicking off the season will be "Spring, Summer, Fall, Winter ... and Spring" about Buddhism in Korea, and "The Sea Inside" an award-winning Spanish film. A college professor or student organization hosts each film, which is followed with a discussion. The film series is part of Windows on the World and is presented at no charge to students or the community. The series is offered as a free Continuing Education class called Film Appreciation and registration is available at all the film events. Most films are held in ART 102 in the Center for the Arts building at the Barker Cypress Campus, 9191 Barker Cypress Road.

## START SOMETHING



Earn college credit while in high school by enrolling in a dual credit course. To enroll see your high school counselor.



Cy-Fair College • 9191 Barker Cypress Road • Cypress, Texas 77433 • 281.290.3200  
Fairbanks Center • 14955 Northwest Freeway • Houston, Texas 77040 • 832.782.5000  
www.cy-faircollege.com  
Affirmative Action/EEO College

## Foot & Ankle Specialists

[www.Foot-and-Ankle-Specialists.com](http://www.Foot-and-Ankle-Specialists.com)

### LOUETTA FOOT SPECIALISTS

16835 Deer Creek Dr., Ste. 150  
Louetta@Stuebner-Airline  
281-370-0648

### FOOT SPECIALISTS OF TOMBALL

13414 Medical Complex Dr., Ste 9  
281-351-5599

Complimentary Initial Consultation



### Dr. Brad Bachmann, DPM, JD

Diplomate, American Board of Podiatric Surgery  
Board Certified Foot Surgery  
Member, American Academy of Podiatric Sports Medicine

### Dr. Michelle Stern, DPM

Member, American Academy of Podiatric Sports Medicine

### Dr. Amy Walsh, DPM

Diplomate, American Board of Podiatric Surgery  
Board Certified in Foot Surgery



## HEEL PAIN

A new outpatient procedure is available to treat chronic heel pain. **SHOCKWAVE THERAPY** can be performed to relieve the pain of Plantar Fasciitis and return you to normal daily activities after a short recovery without the risk or complications associated with invasive surgery. Call to find out more.

## Advertising Information

Please support the businesses that advertise in the Messenger. Their advertising dollars make it possible for all Cypress Mill residents to receive the monthly newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the newsletter by advertising, please contact Peel, Inc. Sales Office at 512-989-8905, [advertising@PEELinc.com](mailto:advertising@PEELinc.com) or our Sales Rep, Kim Moore at 281-373-3807, [kim@PEELinc.com](mailto:kim@PEELinc.com).

**Disclaimer:** Cypress Mill Homeowners Association and the Newsletter Committee, assume no responsibility for the advertising content, warranties or representations made in such advertising of this newsletter. These are solely the responsibility of the advertiser.

Cypress Mill Homeowners Association and the Newsletter Committee assume no liability with regard to its advertisers for misprints or failure to place advertising in this publication, except for the actual cost of such advertising. In the case of misprints or misinformation on the part of the publisher, a printed retraction or correction are the only liability assumed by the publisher.

Under no circumstances shall the above named be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to the liabilities stated above.

The above named shall not be held liable for any information contained in any of the articles contained in this publication. Ideas expressed in the articles are the opinions of their authors and the accuracy of any related information is also the responsibility of the authors. The Cypress Mill Newsletter Committee reserves the right to edit articles for space limitations.

## STRONG Vision Center

**281-373-3063**

- Thorough Adult & Childrens Eye Exams
- Treatment of Eye Disease/Infection
- Large Selection of Glasses & Contact Lenses
- Most Vision Insurance Accepted
- Free Lasik Consultation
- Board Certified Opticians
- Authorized Oakley Sunglass Dealer

**Mon-Fri 9-6**  
**Sat 9-3**



**DR. JANE A.P. STRONG**  
THERAPEUTIC OPTOMETRIST  
Cypress Resident

**17445 Spring Cypress @ 290 • Suite G**  
**Next to Kroger Signature**

**[www.strongvisionctr.com](http://www.strongvisionctr.com)**

## Fit Facts<sup>™</sup>

FROM THE AMERICAN COUNCIL ON EXERCISE<sup>®</sup>

## How To Choose The Right Personal Trainer

### Certification is the first thing to look for

A personal trainer should be certified because that's your assurance you're working with a trainer who has the knowledge to provide you with a safe and effective workout. Not just any certification will do. You want a personal trainer who has been certified by a nationally recognized certifying organization, like ACE, which happens to be the largest non-profit fitness-certifying organization in the world.

Certification is more than a piece of paper. For example, to qualify for ACE certification, a personal trainer has to pass an intensive three hour, 150-question exam and written simulation that covers exercise science and programming knowledge, including anatomy, kinesiology, health screening, basic nutrition and instructional methods.

After checking certification, there are a few other things you should take into consideration when hiring a personal trainer. Many require asking direct questions.



### A checklist to help you hire the right personal trainer:

- **Ask for references**  
Ask the trainer for the names and phone numbers of other clients with goals similar to yours. Call to see if they were pleased with their workouts, if the trainer was punctual and prepared, and if they felt their individual needs were addressed. The best personal trainer to hire is the one others give high marks to.
- **Make sure the trainer has liability insurance and provides business policies in writing**  
Many personal trainers operate as independent contractors and are not employees of a fitness facility. You should find out if the trainer you want to hire carries professional liability insurance.

A reputable personal trainer should also make sure you understand the cancellation policy and billing procedure. The best way to avoid confusion and to protect your rights is to have

*(Continued on Page 15)*

## The Trees Are 500 Years Old. Almost Everything Else Is New.



*Newly-Renovated Clubhouse, Pro Shop,  
Driving Range & Restaurant*



### AVAILABLE FOR:

Golf Tournaments  
Corp. Events • Daily Fee Golf  
Private Parties • Weddings

Golf Memberships from \$150/month  
Social Memberships from \$65/month

22602 Hegar Rd., Hockley, TX 77447  
713-888-0000 • [www.terraverdetexas.com](http://www.terraverdetexas.com)

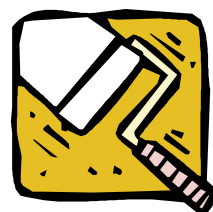
## Bashans Painting & Home Repair

**Commercial/Residential  
Free Estimates**

**281-347-6702**



**281-731-3383 cell**



- Interior & Exterior
- 20 Years Experience
- Hardiplank Installation
- Wood Replacement
- Pressure Washing
- Sheetrock Repair & Texturing
- Cabinet Painting
- Door Refinishing & Replacement
- Wallpaper Removal
- Custom Staining
- Fence Replacement or Repair
- Gutter Replacement or Repair

**References Available • Fully Insured  
NO PAYMENT UNTIL COMPLETION**

[bashanspainting@earthlink.net](mailto:bashanspainting@earthlink.net)

## Fit Facts - (Continued from Page 14)

those policies in writing.

- **Look for a trainer who is able to assist you with your special needs**

A personal trainer should always have you fill out a health history questionnaire to determine your needs or limitations. If you have a medical condition or a past injury, a personal trainer should design a session that takes these into account. If you're under a doctor's care, a personal trainer should discuss any exercise concerns with your doctor, and should ask for a health screening or release from your doctor.

- **Find out what the trainer charges**

Rates vary, depending on the trainer's experience, and the length and location of the workout session. For example, a personal trainer who works in a fitness club will probably charge less per hour than one who works independently and needs to come to your home or office.

- **Decide if this is someone you can work with**

Some people like to exercise in the morning, some in the evening. Will the personal trainer you're talking to accommodate your schedule? What about the trainer's gender? Some people do better working with a trainer of the same sex; others prefer the opposite sex.

The personal trainer you select should motivate you by positive, not negative, reinforcement. Even more important, that trainer should be someone you like.

Ask yourself if you think you could get along well with the trainer. Ask yourself, too, if you think the trainer is genuinely interested in helping you.

*The personal trainer who best measures up is the one to hire. Because that's the professional who will help you get the best results.*

## Youth Services

The following Cypress Mill students are interested in sitting for your children (B), pets (P), vehicle washing (VW), or doing yard work (Y) for extra money.

Teenage Job Seekers  
not available online.



## Speech and Language Therapy

Conveniently located in the Cypress-Fairbanks area at  
8955 Highway 6 North, Suite 150 (at Huffmeister)  
Houston, TX 77095

Call today to schedule your consultation!

**832-593-6767**

[www.speechemporium.com](http://www.speechemporium.com)

Kristie K Gatto, MA, CCC-SLP  
Jennifer A Swearengen, MA, CCC-SLP

Insurance accepted

**Rachael's**



**Hallmark**  
GOLD CROWN®

**Happy  
New Year!**

**\$2 off any  
\$10 purchase**  
expires 2/15/06  
not to be combined with sale merchandise or any other offers

**12312 Barker Cypress @ 290 • 281-256-9800**

## Texas Events - January

**1-7—GALVESTON: Moody Gardens Festival of Lights** (Began Dec. 1.)  
www.moodygardens.org 800/582-4673

**6-Feb. 19—VICTORIA: Exhibit: *Apron Strings: Ties to the Past*** Nave Museum. www.vrma.viptx.net/museum 361/575-8227

**7—PORT ARTHUR: Krewe of Neptune "12th Night" Mardi Gras Party** Kicks off the Mardi Gras season with a parade of all krewe royalty in full costume. Includes dance and contests. Reservations required. Bob Bowers Civic Center. 409/962-9860

**12-15—VICTORIA: RV Show** Victoria Community Center. 361/729-0031

**13—HOUSTON: Gardere's Martin Luther King Jr. Oratory Competition** Annual oratory competition celebrates the Martin Luther King Jr. Holiday. Elementary school-age students present five-minute speeches on a topic relevant to Dr. King's legacy. Antioch Missionary Baptist Church, 500 Clay St. www.gardere.com 713/867-3248

**13-14—HOUSTON: Cynthia Hopkins' *Accidental Nostalgia*** This operetta explores the pros and cons of memory loss. Performance contains brief female nudity. Begins at 8 p.m. Wortham Center's Cullen Theater. www.spahouston.org 713/227-4SPA

**13-15—PORT NECHES: Trade Days on the Avenue** 409/722-4023

**14—EDNA: Martin Luther King Jr. Fun & Games Day** Bring the whole family and join in horseshoe and volleyball tournaments, sack races and other fun games. Hours are 1 to 4 p.m. Lake Texana State Park. 361/782-5718

**14—PORT ARANSAS: Garden Club Home Tours** Visit unique homes by bus or private vehicle. 361/749-2175

**14—WEST COLUMBIA: Brazoria County Bluegrass Concert** Begins at 7

p.m. American Legion Hall, 213 N. 14th St. www.westcolumbia.org 979/265-4757

**15—PASADENA: Philharmonic Society Symphony Concert** 713/941-3332

**15-Mar. 19—PORT ARTHUR: Pat Kyser Quilt Exhibition** Museum of the Gulf Coast. www.museumofthegulfcoast.org 409/982-7000

**16—PORT ARTHUR: MLK Brunch** Bob Bowers Civic Center. 409/722-5314

**16-18—SOUTH PADRE ISLAND: Market Days** Shop collectibles, arts & crafts, jewelry and unusual items. Hours are 9 a.m. to 5 p.m. South Padre Island Convention Center. 956/761-6746

**17-29—HOUSTON: *Doctor Dolittle*** The animals sing during this new musical based on the 1967 film. Hobby Center for the Performing Arts. www.tuts.com 713/558-TUTS or 888/558-3882

**19—BRIDGE CITY: Taste of Bridge City** B.C. Middle School, 300 Bower. E-mail: chamber@exp.net • www.cityofbridgecity.org 409/735-5671

**19—CORPUS CHRISTI: Quartetto Gelatto** Selena Auditorium, Bayfront Plaza Convention Center. 361/980-1949

**20—VICTORIA: Country Opry** Hours are 7:30 to 10 p.m. Victoria Community Center Annex. 361/552-9347

**21—CORPUS CHRISTI: Third Annual Coastal Bend Doll Show & Sale** Includes antique and modern collectible dolls of all types, bears, miniatures, accessories, supplies, books and restoration. Hours are 9 a.m. to 4 p.m. Sokol Hall, 5502 Kostoryz Road. www.dolldr.com 830/606-5868

(Continued on Page 17)

### FAIRFIELD ANIMAL HOSPITAL



- Quality Compassionate Care for your Pet Family Member
- A Full Service Veterinary Hospital Including Emergencies
- Friendly, Caring Professional Staff

\* Office Hours:

M, Tu, Th, F      8AM-6PM  
Wed. & Sat.      8AM-12PM

\* Early Morning Drop-off Mon-Fri 7AM



**HomeAgain**® MICROCHIP IDENTIFICATION SYSTEM

**Call (281) 256-3150  
for Appointment**

Mike Hicks, DVM  
15040 Fairfield Village Drive, Suite 100

### Preferred Builder



**South Shore Pools**™  
*Building Pools for Life!*

- Locally Owned
- 20+ Years Experience
- Professional Designs
- 100% Financing Available



**GOT2SWIM.com**  
**281-477-7776**



# CYPRESS MILL

## Texas Events - (Continued from Page 16)

**21—HOUSTON: Marc Andre Hamelin** Hamelin is known for performing rarely played music of "neglected" composers such as Alkan, Busoni, Medtner and Szymanowski. Begins at 8 p.m. Wortham Center's Cullen Theater. [www.spahouston.org](http://www.spahouston.org) 713/227-4SPA

**21—LA PORTE: Hard Hat Tour Aboard the Battleship Texas** Enter areas rarely seen by the public. Bring a flashlight or headlamp; wear old, comfortable clothes and rubber sole deck shoes. Reservations required. Battleship Texas State Historic Site. 281/479-2431

**21—ORANGE: Sing, Sing, Sing** Lutch Theater. [www.lutch.org](http://www.lutch.org) 409/745-5535 or 800/828-5535

**21—PORT ARTHUR: 19th Annual Janis Joplin Birthday Bash** Features a blues concert honoring Joplin's birthday. Includes the induction ceremony into the Gulf Coast Music Hall of Fame. Bob Bowers Civic Center. E-mail: [triangleconcert@webtv.net](mailto:triangleconcert@webtv.net) 409/722-3699 or 409/985-5583

**21, 24, 27, 29—HOUSTON: Donizetti's Don Pasquale** Houston Grand Opera performs. Wortham Theater Center. 713/228-6737 or 800/626-7372

**28—CORPUS CHRISTI: Rosebud to Rosebud** Learn about growing roses in South Texas from Corpus Christi Rose Society experts, who use the rose garden at the Botanical Gardens as a teaching tool. Call for reservations. Corpus Christi Botanical Gardens & Nature Center. [www.ccbotanicalgardens.org](http://www.ccbotanicalgardens.org) 361/852-2100

**28—HOUSTON: Asian Festival** Ring in the Year of the Dog with traditional lion and peacock dances, Chinese folk music, origami and martial arts demonstrations. Learn more about the Asian animal species that live at the zoo, including Siberian tigers, red-crowned cranes, Chinese alligators and more. Houston Zoo. [www.houstonzoo.org](http://www.houstonzoo.org) 713/533-6500

**28—HOUSTON: Marvin Hamlisch & Monica Mancini** The remarkable pianist/conductor/composer Hamlisch and Grammy-nominated vocalist Mancini perform. Begins at 8 p.m. Jones Hall. [www.spahouston.org](http://www.spahouston.org) 713/227-4SPA

**28—PORTLAND: Taste of Portland** Showcases businesses and restaurants in Portland. Daniel P. Moore Community Complex. [www.portlandtx.org](http://www.portlandtx.org) 361/643-2475

**28—VICTORIA: Victoria Symphony Presents The Bellamy Brothers** Begins at 8 p.m. Victoria College Auditorium. [www.victoriasymphony.com](http://www.victoriasymphony.com) 361/576-4500

**28-29—ROCKPORT: Piecemakers by the Bay Quilt Show** 361/727-0437

**28, 31—HOUSTON: Puccini's Manon Lescaut** Houston Grand Opera performs. Wortham Theater Center. 713/228-6737 or 800/626-7372

**29—CLEAR LAKE AREA: Epicurean Evening** Join in a "Taste of Space" at Space Center Houston and sample cuisine from dozens of area restaurants and clubs. 281/488-7676

**29—ORANGE: Tap Dogs Rebooted** Lutch Theater. [www.lutch.org](http://www.lutch.org) 409/745-5535 or 800/828-5535

**29—VICTORIA: St. Joseph High School Festival** Victoria Community Center. 361/575-3456

**30—PORT ARANSAS: Port Aransas Merchant's Dine Around** Offers good food and fun with samples from restaurants and desserts at local shops. E-mail: [info@portaransas.org](mailto:info@portaransas.org) • [www.portaransas.org](http://www.portaransas.org) 361/749-6405

*Texas Events has been published with the permission of the Texas Department of Transportation. All events are taken in part from the Texas Events Calendar. All dates for events were correct at the time of publication and are subject to change.*

**Trust Us...You Will Like The Difference**  
Our Family Serving Yours With Pride Since 1986

- 100% Satisfaction Guaranteed
- Extensively Trained Techs
- Service All Makes and Models
- Trucks Stocked With Common and Rare Parts to Reduce Delays
- 100% In-House Financing
- Same Day Rapid Response

Check Out Our Website For Specials, Referrals, and Much More!

**Aardvark A/C & Heating**

**281-955-1163**

→ [www.aardvark-ac.com](http://www.aardvark-ac.com)

**Happy New Year**

from: **Jay's**  
WINE & SPIRITS  
OF CYPRESS MILL PLAZA

*Come in & check out our great selection of Wines & Spirits*

Gift Certificates & Gift Baskets for All Occasions

17330 Spring Cypress Rd., Ste 120  
281/373-1191  
281/373-1232 (Fax)

# CYPRESS MILL

## A Peanut Buttery Way To Liven Up Cookies

(NAPSA)-One of the quickest ways to make a house a home is by baking something special. The smell speaks to a person's warmest memories.

Here are some tips on making sure your cookies come out great every time:

- Grease the cookie sheet only if directed in the recipe, using solid vegetable shortening or nonstick cooking spray.
- Make cookies the same size and thickness for uniform baking.
- Bake only one sheet of cookies at a time in the center of the oven.

One easy way to liven up favorite cookie recipes is to add a new baking piece to the dough, such as Reese's® Premier Baking Pieces. These miniature candy pieces are made especially for baking and may become part of your family's baking traditions.



*Chocolate-covered peanut butter crême pieces are an interesting twist on traditional chocolate chips.*

### Peanut Butter Fun-Filled Cookies

- 1/2 cup (1 stick) butter or margarine, softened
- 3/4 cup sugar
- 1/3 cup Reese's® Creamy or Crunchy Peanut Butter
- 1 egg
- 1/2 teaspoon vanilla extract
- 1 1/4 cups all-purpose flour
- 1/2 teaspoon baking soda
- 1/4 teaspoon salt
- 1 1/3 cups (8-oz pkg.) Reese's® Premier Baking Pieces, Milk Chocolate filled with Peanut Butter Crême

Heat oven to 350° F. Beat butter, sugar and peanut butter in large bowl until creamy. Add egg and vanilla; beat well. Stir together flour, baking soda and salt; add to butter mixture, blending well. Stir in baking pieces. Drop by heaping teaspoons onto ungreased cookie sheet. Bake 12 to 14 minutes or until light golden brown around the edges. Cool 1 minute; remove from cookie sheet to wire rack. Cool completely. About 2-1/2 dozen cookies.



## Non-Competitive Gymnastics

Boys & Girls 18 months-5th grade

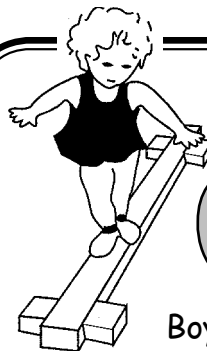
January Classes now enrolling

- Positive, non-competitive, age-appropriate and LOADS of FUN!
- Head Coach: Former Western Athletic Conference Champion
- 5 Convenient church locations in: Fairfield, Jersey Village, Cypress, Copperfield
- Age Groups
  - Mom & Tots: 18-36 months
  - Preschool Classes: Ages 3-5
  - Grades K-5: Beginner & Advanced

**FREE Preview Class**  
(for new families)

Call 281-373-5151

Thompson Tumblers



## TODDLER Gymnastics Fun!

January Mom-&-Tot  
Classes Now Registering

Boys & Girls • 18-36 months  
Parents Play, too!

### Nearest Locations:

- Good Shepherd United Methodist in Fairfield
- St. John Lutheran in Cypress • Copperfield Baptist
- Foundry United Methodist on Jones
- Cornerstone United Methodist in Copperfield

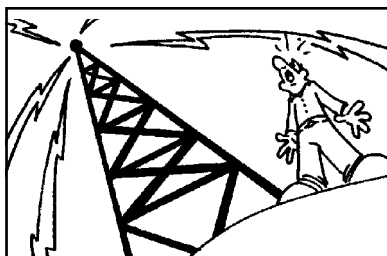
### Experts Say Non-Competitive Gymnastics:

- ✓ Improves Strength, Balance and Coordination
- ✓ Increases Confidence and Self-Discipline
- ✓ Builds a Strong Foundation for Reading, Writing, and Arithmetic

I'm getting  
stronger & more  
coordinated every day!

**THOMPSON  
TUMBLERS**  
281-373-5151





*The tallest structure in the U.S. is a TV tower in North Dakota that's 2,063 feet high.*

*The standard wine bottle holds about three quarters of a liter.*



At no time will any source be allowed to use the Cypress Mill Messenger contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from the Cypress Mill Homeowners Association and Peel, Inc. The information in the Cypress Mill Messenger is exclusively for the private use of Cypress Mill residents only.



## Home Repair & Maintenance

a handyman you can trust

|                               |                       |
|-------------------------------|-----------------------|
| Rotten Wood                   | FREE Estimate         |
| Plumbing Leaks                |                       |
| Faucet Replacement            |                       |
| Electrical                    |                       |
| Tile Work                     | EPA/HVAC<br>Certified |
| Carpentry                     |                       |
| Pressure Washing              |                       |
| Fixture Replacement           |                       |
| Ceiling Fans                  |                       |
| A/C Condenser Cleaning        |                       |
| What ever your home needs are |                       |

No job is too big or too small!

**Tim Sylvester**  
**CELL: 281-732-4618**



## TOTAL PEST CONTROL

**Termites • General Pest Control  
Fire Ants • Rodents**



All Work Guaranteed  
Servicing Houston Since 1983



**NO CONTRACT**  
**\$10 OFF WITH THIS AD**  
First Time Customers Only

**Call Now**  
**281-550-1149**

## Spring Cypress Dental

**Family & Cosmetic Dentistry**

**Our mission is to provide the highest quality care in the most comfortable environment.**

**281.256.3222**

**1.877.TOOTH.11**

- State-of-the-Art Technology
- Children Welcomed
- Soothing Nitrous Oxide
- Digital X-rays
- Intra-oral cameras



- **invisalign**® Straighten teeth without braces!  
Virtually Invisible

- **ZOOM!**® One hour teeth whitening with great results.

**Senior  
Citizen  
Discounts!**

**COMPLIMENTARY**  
**Dental Exam, Bite Wing X-Ray,  
& Consultation (up to a \$150 value)**

New patients only, not valid with insurance or other offers. Exp. 2/15/06

**17330 Spring Cypress #115**  
Across From Kroger Signature



***Dawn Fore***

**Foremost Realtor**

***Call Today!***

**832-478-1211**

**281-731-7399**

**RE/MAX<sup>®</sup>**

**Professional Group**

281-894-1000

## Listing Your Home for Sale in Cypress Mill?

*Call Dawn and get the Scoop on her Unique Marketing Package  
Find Out How to Sell Your Home 24 Hours a Day - Online and Offline  
Several Commission Options Available to Fit Various Needs*

**www.DawnFore.com**

**Shop Online! Virtual Tours, Photos And Floorplans**



15115 Trumpet Vine,  
4/2.5/2, 2170 SqFt, \$134,900



20407 Lake Spring Court,  
4/3.5/3, 3014 SqFt, \$219,990



7402 Vine Grove Court,  
3/2/2, 2147 SqFt, \$144,900



22027 Golden Cedar,  
4/2.5/2, 2189 SqFt, \$146,500



12919 Yorkmont,  
3/2.5/2, 2476 SqFt, \$159,500



20306 Peach Mountain,  
4/2.5/2, 2639 SqFt, \$174,900

### Dawn Fore's Cypress Mill Market Report

| Neighborhood            | 2 <sup>nd</sup> Quarter |             |     | Current |         |
|-------------------------|-------------------------|-------------|-----|---------|---------|
|                         | Sold                    | \$ per SqFt | DOM | Avail   | Pending |
| Cypress Mill Sec 1      | 6                       | \$61.45     | 44  | 7       | 2       |
| Cypress Mill Sec 2      | 3                       | \$60.54     | 124 | 8       | 1       |
| Cypress Mill Sec 3      | 2                       | \$58.80     | 69  | 6       | 2       |
| Cypress Mill Park Sec 1 | 6                       | \$65.17     | 100 | 3       | 1       |
| Cypress Mill Park Sec 2 | 4                       | \$64.02     | 131 | 8       | 1       |
| Cypress Mill Park Sec 3 | 1                       | \$76.59     | 43  | 2       | 1       |
| Cypress Mill Park Sec 4 | 1                       | \$76.06     | 262 | 3       | 0       |
| Cypress Mill Park Sec 5 | 1                       | \$52.79     | 164 | 2       | 0       |
| Cypress Mill Estates 1  | 0                       | -           | -   | 6       | 0       |
| Cypress Mill Estates 2  | 2                       | \$65.56     | 11  | 2       | 1       |
| Cypress Mill Estates 3  | 0                       | -           | -   | 0       | 1       |
| Cypress Mill Estates 4  | 0                       | -           | -   | 1       | 0       |

These numbers for resale homes were obtained from the Houston Multiple Listing Service. While we have no reason to doubt the accuracy of this information, we cannot guarantee it. This is not a solicitation of currently listed properties.

**Peel, Inc.**

203 W. Main Street, Suite D  
Pflugerville, Texas 78660

Presorted Standard  
U.S. Postage  
**PAID**  
Littlefield, Texas 79339  
Permit #59

**Voice 512-989-8905**

**www.PEELinc.com**