



LAKES

ON ELDRIDGE

Volume 5, Issue 2
February 2006

Official Newsletter
www.lakesoneldridge.net

LOE Gate Information

Lakes on Eldridge has three entrances; all are gated. The main entrance is at Eldridge Parkway North and has a full-time attendant. There are separate entrances for residents and guests. To facilitate the flow of traffic and to help the attendant to recognize residents' cars, we require that all residents' vehicles display a LOE identification decal on the windshield. If you do not have a decal, the attendant will be glad to give you a form to be sent to AMI who will then send a decal to you.

The other two entrance gates are located on the north side of LOE at Tanner Road. These gates are not manned, but are opened by remote control using an electronic sending unit. Only residents are supposed to enter through these gates, but visitors, vendors and sometimes 'undesirables' also come into LOE by following closely behind a resident's vehicle. You are entirely within your rights to stop your vehicle after entering LOE to block the entrance of vehicles without a decal or who do not have their own remote control unit. However, we do not want any resident to have a confrontation with other drivers who violate our rules. If you encounter any suspicious persons in LOE (or such persons trying to enter LOE), please notify the attendant at 713-937-8825 or the Sheriff at 713-221-6000. When making a report to the Sheriff, be sure to use the term "suspicious vehicle" and to give them as much information as possible.

Please allow yourself sufficient time when driving in LOE so that you do not have to exceed the speed limit (25 mph) or run the stop signs. Everyone's safety is jeopardized when traffic rules are violated.

Over a year ago, the Board of Directors of LOE authorized the formation of a volunteer "Gate Repair Committee" that has been very successful in keeping our gates operating and in reducing the number of maintenance call-outs for professional services. These volunteers have saved the community significant amounts of money. Not surprisingly, some residents and visitors occasionally hit our gates and knock them off their tracks, or damage or even destroy the gates.

If you see anyone hit or damage the gates, try to get their vehicle license number and a description of the vehicle. This will help us to pursue reimbursement from them or their insurance companies. Call the Eldridge gate attendant or AMI and report any incidents so that the necessary repairs or other actions can be taken to expedite

the prompt return of the gate to service.

In order to minimize the entrance of undesirables into LOE, it was decided to put into effect a suggestion that was favorably received at the recent homeowners' meeting in November, 2005, namely the closing the Tanner Road entrances from midnight until 5 am. The exits will remain in operation, but anyone needing to enter LOE between the hours of midnight and 5 am can only enter via the Eldridge entrance, since the entry side of both of the Tanner gates will be disabled during these hours.

Your ideas, comments and suggestions regarding better gate operations are always welcome. Call AMI (our management company) and give your comments, suggestions and constructive criticism to Alex Taylor or Jennifer Littlefield at 713-932-1122.

*Happy Valentine's
Day* ♥



Lakes on Eldridge

IMPORTANT NUMBERS

AMI.....	713-932-1122
Gate Attendant	713-937-8825
Sheriff - (non-emergency).....	713-221-6000
Cy-Fair Fire Department - (emergency)	281-466-6161
(non-emergency)	281-550-6663
Poison Control	1-800-764-7661
Texas DPS	713-681-1761
Waste Management.....	713-695-4055
(trash collection Mondays & Thursdays)	
Aqua Source.....	713-983-3602
(Service or emergencies 24hrs).....	713-983-3604
Harris County Tax Office.....	713-224-1919
Reliant Energy	713-207-7777
(give pole # of street which is out)	
Entex (gas).....	713-659-2111
Time Warner Cable	713-462-9000
Houston Chronicle	713-220-7211
Metro Transit Info	713-635-4000
Kirk Elementary.....	713-849-8250
Truitt Middle School.....	281-856-1100
Cy-Falls High School.....	281-856-1000
Cy-Ridge High School.....	281-807-8000
Newsletter Publisher	
Peel, Inc.....	advertising@PEELinc.com, 512-989-8905

LOE Board Of Directors

To contact a member of the Board of Directors, call Alex Taylor with AMI at 713-932-1122. Leave the number where you can be reached. Mr. Taylor will then forward your message to one of the following board members:

Nikki Favero	President
Bronson Clay	Vice President
Lindsay Buchanan.....	Secretary
Bob Adams.....	Treasurer
Michelle Perez	At Large

Visit the Association Website:
www.lakesoneldridge.net

Airport Noise

LOE is now in the flight pattern for both Intercontinental and Hobby Airports, which means air traffic has significantly increased. If you are concerned over the noise make a call to one or all of the numbers below. It is the number of calls and the people taking time to make them that make the most effective appeal for change for this situation.

- Houston Airport Noise Complaints Hotline: 281 233-3900
- Air Traffic Approach Number: 281 230-8441
- FAA Hotline: 1-800-255-1111

Fire Ant Control

Fire Ants are extremely resilient, and their ability to return and thrive after the application of most insecticides makes them difficult to control. Colonies are also mobile, and their lateral tunnels penetrate deep into the soil and spread several feet in numerous directions. Even if you manage to control fire ants on your property, fire ants from adjacent properties can easily invade, which is why a communal approach is key to controlling fire ants.

Landscape Images of Texas will be treating the common areas of Lakes on Eldridge during the week of February 25, 2006. It would be extremely beneficial to the community if individual residents would treat their properties around the same time. A week or so prior to or after will be sufficient. You may choose to have this done professionally or you can purchase over-the-counter products from Home Depot, Lowes, and your local nursery. Be sure to get a bait product, which will be beneficial for long-term control. Ant baits need to be applied 2-3 times per year. For best results apply the ant bait in the morning or early evening when ants are most active and moisture levels are low. Be sure to read labels carefully as some baits will require watering in of the product.

Results vary according to rates and timing of applications. Excessive rainfall and/or watering may decrease the longevity of pesticide effectiveness. Most baits take approximately 4-8 weeks to become effective.

Thanks,

Dennis Troland & Nikki Favero

LOE Landscape Committee

Lawn Maintenance Tips

1. You can start any time and trim back your Crepe Myrtles, between now and end of February. It is best to trim back only what has grown this past year and lightly about no more than 18" inches to 2' ft. And no further, otherwise you lose that multi-trunk tree look. Make sure to remove any rubbing branches and unsightly weak branches and sucker growth. As far as fertilizing the best type is any fertilizer that you would use for Azaleas or Camellias will work just fine, etc.
2. During freezing weather make sure to use a cloth material for covering your plants instead of plastic material, plastic will freeze a plant quicker than conventional cloth. Also always water extremely well prior to any freeze, will also help keep plants from freezing, because the plants aren't under any type of stress, etc.
3. Just because it feels cool and there is no rain doesn't mean that your grass and shrubs are ok, they still need to be watered on a regular basis (unless it is raining), how often is usually 2-times per week and the time it will run would be cut in half or even less depending on location, saturation, and evaporation, etc.
4. Yes even though it is cold you can still plant just about any type of shrub and or tree this time of year. Planting now will help get the roots established and ready for hot summer heat, and not worry about plants suffering from heat, so it is an ideal time to plant.

Happy New Year!

30

Top Thirty Reasons . . .

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| 5 5730 Ballina Canyon Ln | 20 5735 Marina Vista Ln |
| 6 12011 Bellavista Ct | 21 12714 Melvern Ct |
| 7 5703 Bolero Point Ct | 22 5433 Morning Breeze |
| 8 12222 Calico Falls Ln | 23 12814 Rock Falls Way |
| 9 5311 Cedar Bend Crk | 24 5723 Santa Fe Springs Dr |
| 10 12115 Cielio Bay Ln | 25 5911 Serrano Terrace Ln |
| 11 12014 Costa Del Rey Ct | 26 12534 Still Harbour Dr |
| 12 5411 Emerald Brook | 27 12714 Waterside Way |
| 13 12011 Ensenada Canyon Ln | 28 12602 Waterside Way |
| 14 5622 Heather Run | 29 12518 Whispering Sands Ct |
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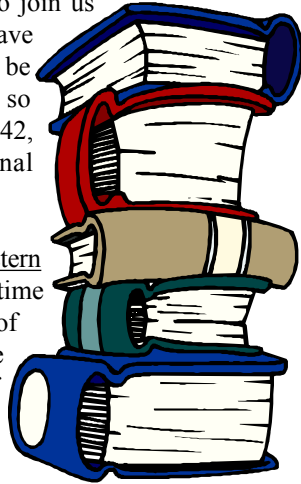
LOE Book Club

WANTED – avid readers to join us the 4th Thursday of each month at 7:30 P.M. for the L.O.E. Book Club. We try to read a wide variety of material, so if this month's selection doesn't appeal to you, maybe next month's will. Do join us when we tackle a book on which you have comments or opinions. We will again be meeting in various members' homes, so call or e-mail Celeste Fritz, 713-896-6942, cfritztx@houston.rr.com for additional information.

February 23rd - Isolde: Queen of the Western Isle by Rosalind Miles. In the golden time of Arthur and Guenevere, the Island of the West shines like an emerald in the sea—one of the last strongholds of Goddess-worship and Mother-right.

Isolde is the only daughter and heiress of Ireland's great ruling queen and is struggling to save Ireland from a war waged by her dangerously reckless mother. A young, untested knight with a mysterious past and a member of the Round Table, Sir Tristan has returned to the land of his birth after many years in exile, only to face Ireland's fiercest champion in combat. When he lies victorious but near death on the field of battle, Tristan knows that his only hope of survival lies to the West. He must be taken to Ireland to be healed, but he must go in disguise and beg the princess to save him. From this first meeting of star-crossed lovers, an epic story unfolds. Tristan and Isolde find themselves caught in the crosscurrents of fate.

March 23rd – My Antonia by Willa Cather. Widely recognized as Willa Cather's greatest novel, *My Antonia* is a soulful and rich portrait of a pioneer woman's simple yet heroic life. The spirited daughter of Bohemian immigrants, Antonia must adapt to a hard existence on the desolate prairies of the Midwest. Enduring childhood poverty, teenage seduction, and family tragedy, she eventually becomes a wife and mother on a Nebraska farm. A fictional record of how women helped forge the communities that formed a nation, *My Antonia* is also a hauntingly eloquent celebration of the strength, courage, and spirit of America's early pioneers.



Ducks

Have you like me seen the large numbers of brown orange billed ducks around the lakes and wondered what they are? My son (a hunter) said to me at Christmas, that they are called the Mexican Puddle Duck. At one time they were on the endangered species list, and were removed when avian science said they were a hybrid mallard. Some are migratory, some are not. In any event I have enjoyed seeing them, and their bright bills. I wonder if they decide to leave, if they will return. So hello there Mexican Black bellied Whistling Puddle Duck. Thanks for stopping by. Come on back now ya' hear?

View the Lakes on Eldridge Community Newsletter each month on-line at www.PEELinc.com

Volunteers Needed!

We are always looking for volunteers in the community. You drive the policies and procedures. But without your involvement, this is left up to a handful of people. So if you are interested in helping the community, please visit the website, register as a member and list your interests to volunteer and we will contact you.

Classified Ads

Business Classifieds are \$45.00. Please contact Donna Sommer, djsommer@aol.com, 832-237-4684.

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Lakes on Eldridge

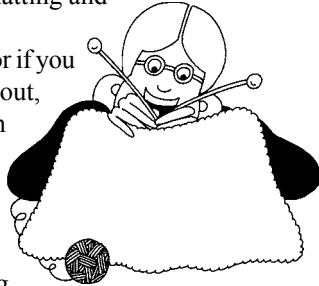
LOE Stitch & Chat

LOE stitchers had an open house on December 8th to showcase the items they made for their children, grandchildren, family and friends. They hosted drinks and Christmas cookies. They had beautiful quilts, crochet items, clothing, table linens and more. It is a really great group of residents that enjoy chatting and creating.

If you would like to create and visit or if you just want to see what this group is about, stop by the clubhouse Thursdays from 9:30am – 12:00pm. It can be purely to have some coffee and make new friends.

Here is a picture of some of the ladies from the stitchers group during their open house. Friedel Liptay, Anita Manning, Vikki Barbre, Nadine Ginter, Deborah Dunaway, Catherine Spellings, Kathie Streeter, Georgia Shotwell, Nancy Ver West, and Dodie Gase.

For more information, you can contact Catherine Spellings at CTSpellings@aol.com or 713-896-1652 or 713-628-7083.



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Lakes on Eldridge

Lawn Care Tip Of The Month

If you are planting a groundcover under trees with a root system close to the surface, add about 15 centimeters of topsoil along with your 10 centimeters of organic matter. Then spread bone meal at a rate of two kilograms per 10 square meters to promote root development. Turn the bed to a depth of about 20 centimeters (the depth of a garden fork); mix thoroughly, then rake smooth.

Vehicle Decal

We cherish our life behind our gated community. It's quiet, pleasant, and private and it limits the amount of people who can come in. Therefore, all resident vehicles must display the proper LOE decal to enter the community. This is in effort to reduce the amount of unauthorized traffic in the community.

Vehicles that do not have a proper vehicle decal displayed will be asked to show identification to enter the community. If you need a decal, you can contact AMI at 713.932.1122.

Bird Feeding Tips: Feeder Location

Location, Location, Location! There are a few key points to consider when deciding where to put your feeder. It's not as simple as hanging it from the nearest tree: You want to think bird preferences. You also want to think of possible hazards to the birds, such as window collisions, prowling cats, and thieving squirrels. Follow these tips to provide an ideal environment in your backyard.

Locate feeders at different levels. Sparrows, juncos, and towhees usually feed on the ground, while finches and cardinals feed in shrubs, and chickadees, titmice, and woodpeckers feed in trees. To avoid crowding and attract the greatest variety of species, provide tab le-like feeders for ground feeding birds, hopper or tube feeders for shrub and treetop feeders, and suet feeders well off the ground for woodpeckers, nuthatches, and chickadees.

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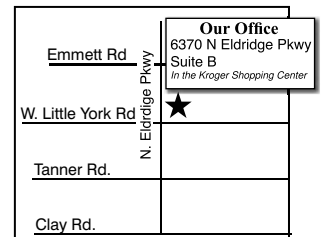
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Lakes on Eldridge

Let Us Entertain You!

On Saturday, March 25, Cypress Community Christian School will host a night of fun, fellowship, great food and fun-filled entertainment for the adults in the family. Don't miss this opportunity to enjoy a night out with your spouse or friends to enjoy a wonderful buffet dinner with a scrumptious dessert, bid on creative silent and live auction items and enjoy the delightful entertainment planned for the evening! This Spring Benefit will be held at Wyndhaven Terrace on 12716 Cutten Road on Saturday, March 25 at 6:00 p.m. The cost is \$20 per person if reservations are made by March 17. Seating is limited so please contact Carol Crawford at 281-664-0211 or ccrawford@cccs-hou.org to reserve seats for this fun night.

For a sneak peak at the auction items available, please visit the school web site at www.cccs-hou.org. Cypress Community Christian School is a non-profit organization and serves K-12 students and their families.

PLEASE NOTE

Landscapers and housekeepers should not have a remote to the community. Their names should be on file with the gate attendants and they should enter via the front entrance gate only. Please help control the access to our community by following these rules.

Visit 'Lakes on Eldridge' Website and 'Be Informed!'

WEBSITE FEATURES...

1. Read Your Community news and the approved minutes of the Board Meetings
2. Be Informed of Upcoming Events in your community
3. View or download your Governing Documents
4. View Alerts
5. Utilize the Classifieds to buy, sell or exchange items
6. Download important forms from the Links section

Before you register, please obtain your password from your webmaster by calling 713-984-7252.



GETTING STARTED

1. Visit www.lakesoneldridge.net (Please bookmark this page for your future visits)
2. You can register (by clicking on 'Member Section'). While registering, you will be asked the community password. Type in the community password you obtain from your webmaster.
3. After completing the registration process, you may browse the website.

If you require any assistance with the community website, please contact your webmaster 713-984-7252.

Kindred Hospital Houston Northwest offers **FREE** Support Groups and Diabetes classes to the Community

Free Better Breathers Support Group meets the 4th Wednesday of each month at 10:30 am – 11:30 am in the hospital cafeteria. Better Breathers is a support group for individuals who suffer from chronic lung disease.

Free Diabetes Support Group meets the 1st Tuesday of each month from 6:30 pm – 7:30 pm in the hospital cafeteria led by Sylvia Kircher, RN, CDE, CPT.

Free Diabetes Teaching Classes

These 3 classes will be given on the following Saturdays: Jan. 14, Feb. 11, March 11, April 8, May 6, June 3, July 15, August 12, September 9

These classes will be repeated on a monthly basis, which allows you to take classes when it is convenient for you. All classes led by Sylvia Kircher, RN, CDE, CPT

8:30 am – 10:30 am Introduction to Insulin Pumps

10:30 am – 12:30 pm Basics of Carb Counting

1:30 pm – 3:30 pm Getting the most out of your insulin pump

For more information or to RSVP please contact Tere Kelly @ 281-517-1008. Kindred Hospital Houston Northwest is located at 11297 Fallbrook Drive.



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Eat Well to Stay Motivated and Energized

Do you have trouble exercising at noon or after work even though you're truly committed to exercise and it's the only time you have to work out?

Do you feel so exhausted that you just can't face the gym?

Your diet - rather than simple sloth - may be the problem.

If you tend to skip meals in an attempt to save calories, you may be robbing yourself of important fuel for your workout. While skipping meals may temporarily make your stomach feel flatter, doing so can also leave you feeling tired, irritable and unfocused.

Then you'll be tempted to forego your noontime workout, or go home, eat and stretch out on the couch in front of the TV after work.

If, however, you follow some simple, sensible dietary practices throughout your day, you'll get that workout done. And rather than feeling lightheaded and exhausted afterward, you'll be energized and refreshed.

Stay with feel-good foods

One key to staying motivated to exercise is to keep the amount of sugar in your blood - and thus, your energy level - stable. You can best do that by eating a series of small meals throughout the day - as many as five or six - that are composed of complex carbohydrates such as whole grain breads, beans and other vegetables, whole grain crackers and fruit.

If you plan ahead and make time for grocery shopping, you can easily pack some simple meals and snacks to take to work with you.

Eating complex carbohydrates helps keep your blood sugar stable because they are digested and absorbed slowly into the blood and don't require your pancreas to produce much insulin.

Refined carbohydrates, such as potato chips, doughnuts and cookies, are absorbed very quickly and trigger the pancreas to

produce large amounts of insulin. So, while they may give you an initial boost, your energy will drop off quickly, and your mood will follow.

The amount of sugar in your blood is also related to the amount of serotonin in your brain. Serotonin is an important chemical called a neurotransmitter that helps to regulate mood.

If your level of serotonin is where it should be, you'll have a sense of well-being and confidence - and feel ready to tackle the treadmill. Should it drop, you may feel tired and depressed.

If you often experience a craving for carbs, this may be your brain's way of telling you it needs more serotonin.

You'll keep your motivation to exercise if you:

- Have a glass of juice to boost your energy before a morning workout.
- Eat a breakfast that includes whole grains and fruit or fruit juice.
- Eat small, frequent small meals and snacks during the day to maintain your blood sugar.
- Make sure to have a light, healthy snack an hour before your noon or after-work workout.
- Stay hydrated, keeping a water bottle at your desk at work.
- Limit - or eliminate - the amount of caffeine in your diet.

Cut the caffeine

What about caffeine? Good question. Many athletes rely on caffeine for the initial kick it can provide.

Remember, though, that caffeine can also affect the amount of insulin, and thus, sugar, in your blood. Further, it can cause dehydration, which can also sap your energy.

While drinking a caffeinated beverage may help get you to the gym, within an hour you may feel tired and too lightheaded to complete your workout, or to do it well.

If you plan to engage in running or other highly vigorous activity, remember that some forms of caffeine, coffee in particular, can lead to mild gastronomical distress, as can some bulky foods.

So, you'd be wise to limit the amount of coffee, tea and soda that you drink for a number of reasons.

Suppose you're an early bird, and your best time to work out is in the morning before you go to work. For quick energy, drink some juice upon rising and avoid coffee.

Once you've completed your workout, have a more solid breakfast of whole-wheat cereal or toast and fruit to fuel your concentration for the morning's work. If you work out and eat too lightly, chances are you'll get "the drowsies" by 2 p.m., if not sooner.

Keep in mind that finding the right combination of food and drink to energize your workout - whatever time of day you choose - may take some experimenting. It all depends upon your individual tastes and your metabolism.

With a little patience, an open mind and a little creativity, you'll determine which foods suit you best.






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American Council on Exercise.*



Tim Ziifle

***N. Eldridge Specialist &
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Lakes on Eldridge

Pleasing The Picky Eater

Baylor College of Medicine

Getting picky eaters to eat during mealtime can turn into a battle between parents and their children.

Eating behaviors are developed early in childhood and parents have to acknowledge that children aren't going to like everything that's served.

"Getting children to eat foods they don't like can be difficult," says Dr. Karen Cullen, an associate professor of pediatrics at Baylor College of Medicine (BCM) in Houston. "But by continuing to offer foods they don't like as choices for other family members at mealtimes; many children will eventually acquire a taste for those foods."

Many parents try to bribe, punish or reward children in order to get them to eat, but this tactic is never a good solution. Such bribes or rewards may make the disliked food even more undesirable or cause them to overeat because they're not hungry.

"We want children to recognize and respond to their internal signals that tell them when they are full and when they are hungry," Cullen says. "Having a parent who's constantly trying to get a child to eat may cause the child to ignore these important signals and overeat."

If this continues, the child may be at risk of eating too much and gaining excess weight.

If your child doesn't want to eat what was prepared for the family,

then they should not be forced to, because this can turn into a power struggle. However, avoid giving your child something else to eat. Children will not starve after missing a single meal and providing alternatives to the prepared meal will reinforce the idea that special foods will be prepared for each meal.

The key to getting picky eaters to eat is by offering choices. Cullen, also a behavioral nutrition researcher at the USDA/ARS Children's Nutrition Research Center at Baylor and Texas Children's Hospital, suggests giving children one vegetable that you know they will eat and one that they may not like, so there is always a choice.

Parents often worry that their picky eaters aren't getting enough nutrition from the foods they choose to eat, but Cullen says even though your child may not be eating the food choices parents would like, most children eat enough and grow normally. Parents can always check with their pediatrician during check-ups.

Cullen stresses the importance of parents modeling the behavior that they are trying to instill in their children, and of putting less emphasis on the food being served and more on the positive aspects of enjoying mealtime as a family.

"Children tend to watch and mimic their parents, so the more frequently you eat a particular food, the more likely your child will be to eventually try it."

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Lakes on Eldridge



"WE'VE MADE BOTH ENDS MEET - NOW WHAT ABOUT THIS GAP IN THE MIDDLE?"

Puppy Training 101

House training problems can be divided into many different types. The first step to correcting a housebreaking problem is identifying what problem your dog has. When housebreaking a dog, scent marking is treated different than wetting when the dog gets excited, however potty training is beneficial for all types of house training problem.

House training can involve several different types of house breaking problems. One type is the dog and puppy that has never been taught to eliminate anywhere, and just happens to sometimes go inside. This type of dog only needs what I call potty training. With potty training you simply teach the dog to eliminate in the potty area and encourage it not to go anywhere else.

But if you have a puppy or dog that eliminates inside, and won't go outside often the problem is the dog was unintentionally taught to eliminate inside. This type of dog can be put outside for long periods of time, yet it will wait until lit comes in to eliminate where the owner cannot see it going. Generally this problem is caused, or made more excessive by taking the dog over to its accident (or on purpose) and punishing the dog (too long in time) after the mess was made. This kind of potty problem requires quite a bit of structure in the dog's life and a lot of discipline for the owner. A dog with this kind of problem needs to be taught to trust the owner and not to fear them. After the owner gets the dog's trust, the dog needs to learn to eliminate on command.

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Establishing a Web Site 101 -- for Business or Fun

By Kaylee Kolditz, Kaylee@kayleeskoaching.com

As we've likely all figured out by now, the Internet is here to stay. Many of us use it daily and the rest use it at least occasionally. From weather and news to shopping and chatting with family and friends, the Web has become as much a part of our lives as the telephone and the automobile.

The good news for businesses and individuals looking to establish themselves as an entity on the Web is that building a basic Web site has become easy and affordable. Getting started is just a matter of knowing what you need to do. So, here are six steps for launching a basic site that can be uniquely you:

1. Select a domain name.

The domain name is the address for your site -- also called the URL (for example www.companyname.com). Come up with a list of several names you can choose from; each of which should indicate to Web visitors something about your site or your business (i.e. SmithFamilyPhotos, BusinessName, WhatIKnowAboutXYZ, etc.). You can be creative, but make sure that the name is easy to spell and easy to remember.

2. Register your domain name.

Now it is time to see if the name you want is available and get it registered. You can accomplish both tasks by visiting a domain name registrar (a Google search will give you many to choose from). You will have the option to choose from a variety of extensions (that is the part after the "dot"; i.e. com, net, biz, org). The registrar should provide guidance on the appropriate use for each extension. Dot com tends to be the most frequently used extension, so if you really like the domain name you've selected and it is already registered using ".com", consider using .net or one of the other alternatives.

3. Find a Web host/design service.

There are numerous services that can provide both the design and the hosting of your site. Again, an online search will reveal many services you can choose from. Shop around -- review prices as well as offerings. (Keep in mind that if you want a lot of bells and whistles on your site or are developing an eCommerce site, you'll need to do a bit more research and should consider using a Web developer and/or designer for your site build.)

4. Select a template.

Perhaps the easiest way to build a site is to use the templates provided by the online design and hosting company you choose. The selection is getting broader and some services even allow limited customization, such as choice of color or addition of your own graphics. Make sure you review the selection of templates and find several options you're willing to use before you purchase your service.

5. Develop your content.

Content is basically the words of your site. What will your site say to your visitors? Keeping your content short and to the point will increase your chances of having it read. Additionally, adding some personality to your words -- showing a bit of who you are or what your company culture is -- can help make your site more inviting.

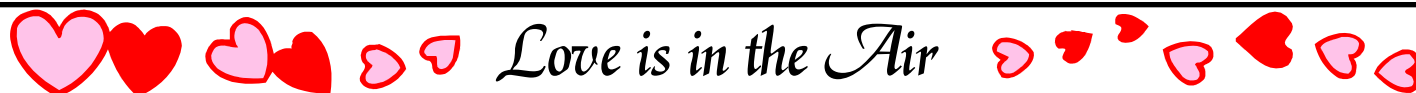
6. Share with the world!

The adage "If you build it, they will come" does not apply to Web sites. If no one knows your site exists, no one will visit. So, start spreading the news. Send an email to friends, family, colleagues -- everyone. If yours is a business site, look into search engine marketing and other online advertising opportunities. Know who you want to visit your site and find a way to let them know the site is now live and waiting for them!

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R	U	P	E	W	E	N	K	I	S	S	L	P	D	T	H	R	C	A	H
Y	D	L	V	D	Z	E	Y	F	M	M	R	F	A	N	T	S	Q	R	U
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PARTY	ROMANTIC	CUDDLE
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RELATIONSHIP	FRIEND	GIGGLE
HAPPY	TRUST	RED
HEART	HOPE	SMILE
WHITE	VALENTINE	KISS
UNDERSTANDING		



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- Clean, disinfect toilets, tubs, showers
- Hand wash, disinfect floors

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- Remove cobwebs
- Dust/vacuum furniture
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- Vacuum stairs
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Lakes on Eldridge

Texas Events - February

1—CORPUS CHRISTI: *The Coats* A capella vocal quartet performs at Selena Auditorium. 361/980-1949

1-28—WEST COLUMBIA: *Black History Month Exhibit* Columbia Historical Museum, 247 E. Brazos Ave. 979/345-6125

3—GROVES: *First Friday in Groves Celebration* Lincoln Avenue. www.grovescofc.com 800/876-3631

3-4—HOUSTON: *Ballet Hispanico Night Club* This is a sensual, three-dance piece portraying the evolving role of Hispanics in the Americas. Begins at 8 p.m. Show not recommended for children younger than age 14. Wortham Center's Cullen Theater. www.spahouston.org 713/227-4SPA

3-Apr. 23—HOUSTON: *Eva Hesse Drawing* The exhibition features about 100 of the artist's finished drawings, as well as examples of her early drawings, major examples of Hesse's "reliefs" of 1965 and a group of sculptural works, and several "test pieces." The Menil Collection. www.menil.org 713/525-9400

4—ALVIN: *Alvin ISD Education Foundation Mustang Bayou Turbo Turtle Race* 281/331-2586 or 281/388-1130

4—EDNA: *Celebrate Birds Day* Begins at 10 a.m. with a bird-watching hike on the trails. At 1 p.m., see the All About Birds Presentation. At 2:30 p.m. learn more at the Build a Bird Feeder or Bird House presentations. Lake Texana State Park. E-mail: cindy.mclemore@tpwd.state.tx.us 361/782-5718

4—HOUSTON: *Donizetti's Don Pasquale* Houston Grand Opera performs. Wortham Theater Center. 713/228-6737 or 800/626-7372

4—ROCKPORT: *Bountiful Bowl Pottery Fair* Features 30 clay artists from Texas and nearby states. Rockport Fulton High School Commons area. 361/729-5352

4—VICTORIA: *Outdoor Expo* Victoria Community Center. 361/572-9604

5—BEAUMONT: *The Will Rogers Follies* This is a dazzling spectacle about America's first international multimedia sensation whose wit and homespun wisdom still ring true today. Begins at 3 p.m. Julie Rogers Theatre. www.beaumont-tx-complex.com 409/838-3435

5, 8, 11—HOUSTON: *Puccini's Manon Lescaut* Houston Grand Opera performs. Wortham Theater Center. 713/228-6737 or 800/626-7372

6-7—ORANGE: *Circque Rain* Lutchter Theater. www.lutchter.org 409/745-5535 or 800/828-5535

6-8, 17-19—SOUTH PADRE ISLAND: *Market Days* Shop collectibles, arts & crafts, jewelry and unusual items. South Padre Island Convention Center. 956/761-6746

7—VICTORIA: *Instrument Society of America Annual Exhibit* Victoria Community Center. 361/987-7297

8-26—HOUSTON: *Searching for Eden: The Diaries of Adam & Eve* The world's first lovers meet in paradise at the dawn of time and embark on an epic, exuberant battle of the sexes. One fall from grace and several thousand years later, the middle-aged couple returns to present-day Eden attempting to

recapture their primal passion. www.stagestheatre.com 713/527-0123

10—BEAUMONT: *The Golden Dragon Chinese Acrobats* Presents spellbinding, award-winning acrobatics, traditional dance, spectacular costumes, and ancient and contemporary theatrical techniques. Jefferson Theatre. www.jeffersontheatre.org 409/835-5483

10-11, 17-19, 24-25—BAYTOWN: *The Importance of Being Earnest* Baytown Little Theater. E-mail: ellenbradj@aol.com 281/424-7617

10-12—BEAUMONT: *United Cheer National Cheer & Dance Competition* Ford Arena. www.fordparktx.com 409/951-5400

11—VICTORIA: *Black History Parade & Festival* Parade begins at 10 a.m. at Patti Welder School on North Street then proceeds to the Victoria Community Center. The festival follows. 361/576-5650

11—VICTORIA: *Lippazaner Stallions* Victoria Community Center Arena. 407/366-0366

11—WEST COLUMBIA: *Brazoria County Bluegrass Concert* Begins at 7 p.m. American Legion Hall, 213 N. 14th St. www.westcolumbia.org 979/265-4757

11-12—KATY: *Katy Antique & Collectible Show* Katy ISD Merrell Center. E-mail: info@cwgs.com • www.cwgs.com 877/840-3829

11-12—LA PORTE: *Remember the Maine* Pays tribute to Americans who fought in the Spanish American War and to the first U.S. Navy ship named *Texas*, which played a crucial role in the American Naval victory in Cuba. Memorial service is held on the bow of the ship at 3 p.m. Saturday and noon Sunday. Battleship *Texas* State Historic Site. 281/479-2431

13-14—HOUSTON: *Valentine's Day Lectures* Explore the wild world of animal mating and dating and learn about the zoo's renowned breeding programs to save endangered species. Houston Zoo. www.houstonzoo.org 713/533-6500

17—VICTORIA: *Country Opry* Hours are 7:30 to 10 p.m. Victoria Community Center Annex. 361/552-9347

17-19—HOUSTON: *Alvin Ailey American Dance Theater* Begins at 8 p.m. Friday and Saturday and 2 p.m. Sunday. Jones Hall. www.spahouston.org 713/227-4SPA

17-19—PORT NECHES: *Trade Days on the Avenue* 409/722-4023

17-28—GALVESTON: *Mardi Gras! Galveston Strand* Historic District. www.mardigrasgalveston.com 888/425-4753

18—PORT ARANSAS: *Rotary Club Shrimp Boil* Proceeds benefit local youth activities and scholarships. Port Aransas Civic Center. 361/749-6222

18—VICTORIA: *Livestock Show Parade* 361/573-3707

18-May 7—CLEAR LAKE AREA: *Robots & Us* Meet the lifelike, intelligent machines known as robots — passionately created to maintain and extend human capabilities. Why do people embrace and fear them? The answer lies at

(Continued on Page 19)



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Texas Events - (Continued from Page 18)

the curious intersection where humans meet machines. Space Center Houston, 1601 NASA Road. www.spacecenter.org 281/244-2100

22-Mar. 12—HOUSTON: *An Infinite Ache* Taking its title from a Pablo Neruda poem, this play chronicles a love that spans 60 years. www.stagestheatre.com 713/527-0123

23-26—PORT ARTHUR: 14th Annual Mardi Gras Weekend/Floral Fantasy Enjoy a traditional Mardi Gras celebration with six parades, carnival and fireworks. Features Texas music, zydeco, Cajun, oldies, national and regional acts. Includes children's activities, street entertainment, rock wall, bull riding and more. Downtown, 617 Proctor St. E-mail: laura@portarthur.com • www.portarthur.com/mardigras 409/721-8717

23-27—VICTORIA: Livestock Show Auction is Feb. 27. Victoria Community Center Dome, Grounds, Annex and Arena. 361/573-3707

23, 25-26—HOUSTON: *Swan Lake* Houston Ballet Artistic Director Stanton Welch creates a spectacular new version of this ballet. Wortham Theater Center. www.houstonballet.org 713/227-2787

24—CORPUS CHRISTI: The Hughes Brothers Branson vocal quintet performs at Selena Auditorium. 361/980-1949

24-26—PORT ARANSAS: Celebration of Whooping Cranes & Other Birds Includes birding bus and boat tours, renowned speakers, exhibits, trade show, seminars, demonstrations, concessions and more. Civic Center and Marine Science Institute. E-mail: info@portaransas.org • www.portaransas.org 800/452-6278

24-May 21—CORPUS CHRISTI: *Sacred Landscapes: Collins/Woodson/Dixon* Exhibit of works by these Texas-based artists addresses humankind's relationship with place and the spiritual, psychological nature of landscape. South Texas Institute for the Arts. www.stia.com 361/825-3500

25—BEAUMONT: *Gentlemen Prefer Blondes* This zany musical, set in the

Roaring '20s, follows the mad-cap adventures of two chorus girls who board a ship bound for Paris looking for rich husbands. Julie Rogers Theatre. www.beaumont-tx-complex.com 409/838-3435

25—BEAUMONT: *Symphony of Southeast Texas Performance by the Orchestra* Begins at 7:30 p.m. Julie Rogers Theatre. www.sost.org 409/892-2257

25—CRYSTAL BEACH: Mardi Gras Parade & Party Enjoy the festive floats, catch tons of colorful Mardi Gras beads and trinkets, and then follow the parade down Highway 87 to Gregory Park where revelers will enjoy an afternoon of frolic, food and music in the great Mardi Gras tradition. Parade begins about 11:30 a.m. www.lighthousekrewe.com 800/386-7863

25—HOUSTON: Teddy Bear Repair Clinic Bring your child and teddy bear to the Memorial Hermann Children's Hospital Teddy Bear Repair Clinic. Houston Zoo. www.houstonzoo.org 713/533-6500

25—LAKE JACKSON: Nature Day See live animals exhibits. Hear tips on enjoying nature in your backyard or at your favorite outdoor getaways. Youth planning to fish will need to bring rod, reel, tackle and bait. No artificial lures. Barbless hooks only. Nature scavenger hunt is from 10 a.m. to noon. Sea Center Texas. 979/929-0100

25-26—KEMAH: Mardi Gras Kemah Celebrate Mardi Gras all weekend with beads and zydeco music. Kemah Boardwalk. www.kemahboardwalk.com

26—PASADENA: Philharmonic Society Symphony Concert 713/941-3332

28—PORT ARTHUR: Fat Tuesday Mardi Gras Party Bob Bowers Civic Center. 409/722-4233

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