



The Village Gazette

Volume 3, Issue 2
Village Creek Community Association

February 2006

Northwest Harris County Municipal Utility District #5

Dear Village Creek Resident:

To continue to provide the highest quality water in quantities necessary to meet our recent growth, Northwest Harris County MUD #5 is constructing improvements to the water production facility near your residence.

The construction is schedule to begin on or about January 9, 2006 and will continue until approximately June 1, 2006. Improvements include the addition of a new well, additional storage, additional production capacity and the ancillary electrical improvements, miscellaneous piping and site work required. The contractor will be installing a 16 ft. temporary sound attenuation barrier while the new well is being drilled in order to minimize any inconveniences caused by the work.

Most of the noise and inconvenience will occur during the drilling stage as the contractor will work 24 hours during that phase. Every effort will be made to keep the noise and distractions to a minimum. The contractor will not access the site through Village Creek Subdivision.

Should you have any questions or concerns during the construction, please contact the contractor (Gemini Contracting Services, Inc. (Jim "Van" VanSchuyver) at 713-453-4691. If our contractor is unable to assist, you are invited to call our General Manager, Jim Burke at 713-819-9461.

Cordially,
Board of Directors
Northwest Harris County MUD #5

View the Village Creek Community
Newsletter each month online at
www.PEELinc.com

Holiday Decorations

A great big thank you to Diana Christopher & Martina Wagner for putting up the community holiday decorations this year. Many of the residents have expressed thanks for the beautiful holiday decorations displayed within our community this year! Thanks for the time committed and the thoughtfulness it was truly appreciated!

Happy Valentine's
Day ♥



The Village Gazette

IMPORTANT NUMBERS

Association Management Inc.....	281-681-2000
Klein Fire Dept. #6	281-376-4449
Harris County Sheriff.....	281-376-2997
Tomball ISD.....	281-357-3100
Willowcreek Elementary	281-357-3080
Northpointe Intermediate	281-357-3020
Willow Wood Junior High	281-357-3030
Tomball High School.....	281-357-3220
Entex	713-659-2111
HLP Street Lights	713-923-3213
<i>(provide pole # and closest address)</i>	
Newsletter Editor	
Julie Gibson.....	Jcgibson@sbcglobal.net, 281-655-9758
Newsletter Publisher	
Peel, Inc.	512-989-8905
Adver., Kelly Peel	Kelly@PEELinc.com, 512-989-8905

Homeowner Board Representatives

Village Creek Residents

Do you have a question about how things are done in your community? Contact one of your board members for the answers!

Scott Porto, Cobble Shores...stporto@sbcglobal.net, 281-379-2290
Jimm Lubenow, Robins Crest. Jlubenow@houston.rr.com, 281-357-4933

Advertising Information

- Please support the business that advertise in the Village Creek newsletter.. Their advertising dollars make it possible for all residents to receive a newsletter each month at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the newsletter by advertising, please contact our sales representative, Kelly Peel @ 512-989-8905 or Kelly@PEELinc.com for ad information and pricing. The deadline for ads is the 10th of each month for the upcoming month's newsletter.

DISCLAIMER: Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

Kindred Hospital Houston Northwest offers **FREE** Support Groups and Diabetes classes to the Community

Free Better Breathers Support Group meets the 4th Wednesday of each month at 10:30 am – 11:30 am in the hospital cafeteria. Better Breathers is a support group for individuals who suffer from chronic lung disease.

Free Diabetes Support Group meets the 1st Tuesday of each month from 6:30 pm – 7:30 pm in the hospital cafeteria led by Sylvia Kircher, RN, CDE, CPT.

Free Diabetes Teaching Classes

These 3 classes will be given on the following Saturdays: Jan. 14, Feb. 11, March 11, April 8, May 6, June 3, July 15, August 12, September 9

These classes will be repeated on a monthly basis, which allows you to take classes when it is convenient for you. All classes led by Sylvia Kircher, RN, CDE, CPT

8:30 am – 10:30 am Introduction to Insulin Pumps

10:30 am – 12:30 pm Basics of Carb Counting

1:30 pm – 3:30 pm Getting the most out of your insulin pump

For more information or to RSVP please contact Tere Kelly @ 281-517-1008. Kindred Hospital Houston Northwest is located at 11297 Fallbrook Dr.

Peel, Inc. Printing & Publishing

Publishing community newsletters since 1991

We currently publish newsletters for the following subdivisions:



Houston		
Berkshire	Lakes on Eldridge North	Waterford Harbor
Cypress Mill	Sommerall	Willowbridge
Fairfield	Steeplechase	Willowlake
Harvest Bend, The Village	Strathmore	Willow Pointe
Hastings Green	Summerwood	Winchester Country
High Meadow Ranch	Village Creek	Winchester Trails
Lakes on Eldridge	Villages of Langham Creek	Wortham Village

Austin

Barker Ranch	Harris Branch
Cherry Creek on Brodie Ln.	Highland Park West Balcones Area
Circle C Ranch	Lakeside Estates
Courtyard	Ridgewood
Coventry	Scenic Brook
Davenport Ranch	Settlers Estates/Crossing/Overlook
Estates of Shady Hollow	Stone Canyon
Granada Hills	Westcreek

To advertise in one of our newsletters, please call our Sales Office:

Kelly Peel 512-989-8905
Sales Manager kelly@PEELinc.com
Kim Moore 281-373-3807
Fairfield Resident kim@PEELinc.com
512-989-8905 **www.PEELinc.com**

The Village Gazette

Classified Ads

Personal classifieds (one time sell items, such as a used bike...) run at no charge to VC residents, limit 30 words, please contact Julie Gibson at 281-655-9758 or Jcgibson@sbcglobal.net.

Business classifieds (offering a service or product line for profit) are \$45, limit 40 words, please contact Peel, Inc. Sales Office@512-989-8905 or advertising@PEELinc.com.

Babysitting & More...

Baby Sitting House Sitting Pet Sitting

Not Available On-line

Classified

FOR SALE: Karastan Rug, Heriz Design, Navy and Terracotta, 8.8" x 10.6" - \$600.00. Desk (31-1/2" x 59-1/2") and matching file cabinet, beech colored - \$100 for the set. For photos visit www.tyber.com/personalsale. Marla Thomas; 832-237-1356.

FOR SALE: Custom boy's crib set, antique toy design, includes valance and wall art, 7 pcs. \$60; Adorable designer girl's crib set, pink blue green and yellow florals and checks, 4 pcs. \$40; 281-379-4527.



KARA PUENTE

Sales & Marketing Specialist

At the  of my business...
is your continued support!

A heartfelt thanks for your continued support.

*Buying, selling or relocating,
please remember me for all your real estate
needs this coming year.*

Happy Valentine's Day!

281-610-5402
Office: 281-890-4024
Email: kpunte@garygreene.com
www.KaraPuente.garygreene.com



Prudential

**GARY GREENE
REALTORS®**

©2006. An independently owned and operated member of The Prudential Real Estate Affiliates, Inc. Prudential is a registered trademark of The Prudential Insurance Company of America. Used under license.
Equal Housing Opportunity. If your property is currently listed by another broker, please disregard this offer. It is not our intention to solicit the offerings of other real estate brokers.

I'm Proud to be a Village Creek Resident!

The Village Gazette

Fit Facts™

FROM THE AMERICAN COUNCIL ON EXERCISE®

Eat Well to Stay Motivated and Energized

Do you have trouble exercising at noon or after work even though you're truly committed to exercise and it's the only time you have to work out?

Do you feel so exhausted that you just can't face the gym? Your diet - rather than simple sloth - may be the problem.

If you tend to skip meals in an attempt to save calories, you may be robbing yourself of important fuel for your workout. While skipping meals may temporarily make your stomach feel flatter, doing so can also leave you feeling tired, irritable and unfocused.

Then you'll be tempted to forego your noontime workout, or go home, eat and stretch out on the couch in front of the TV after work.

If, however, you follow some simple, sensible dietary practices throughout your day, you'll get that workout done. And rather than feeling lightheaded and exhausted afterward, you'll be energized and refreshed.

Stay with feel-good foods

One key to staying motivated to exercise is to keep the amount of sugar in your blood - and thus, your energy level - stable. You can

best do that by eating a series of small meals throughout the day - as many as five or six - that are composed of complex carbohydrates such as whole grain breads, beans and other vegetables, whole grain crackers and fruit.

If you plan ahead and make time for grocery shopping, you can easily pack some simple meals and snacks to take to work with you.

Eating complex carbohydrates helps keep your blood sugar stable because they are digested and absorbed slowly into the blood and don't require your pancreas to produce much insulin.

Refined carbohydrates, such as potato chips, doughnuts and cookies, are absorbed very quickly and trigger the pancreas to produce large amounts of insulin. So, while they may give you an initial boost, your energy will drop off quickly, and your mood will follow.

The amount of sugar in your blood is also related to the amount of serotonin in your brain. Serotonin is an important chemical called a neurotransmitter that helps to regulate mood.

If your level of serotonin is where it should be, you'll have a sense

(Continued on Page 5)

YOUR needs are my TOP priority -

whether you are selling or buying a home!

Your success is our success!



Happy Valentine's Day



Visit www.villagecreeknews.com
to post classifieds, checkout
community news and don't forget
to use the favorite links section!

Margaret Null, GRI, ABR

281-378-1877 Office

281-300-5944 Cell

mnull@coldwellbanker.com

www.margaretnull.com

Certified Relocation Specialist -

I will strive to make your
move as "worry free" as
possible, whether you are
buying or selling!

*Call me for a complimentary
"Market Analysis" of your
home and neighborhood
plus my professional opinion
on what the best avenue is to
market your home.*



Each office is independently owned
18425 Champion Forest Drive, Suite 100
Spring, TX 77379

The Village Gazette

Fit Facts- (Continued from Page 4)

of well-being and confidence - and feel ready to tackle the treadmill. Should it drop, you may feel tired and depressed.

If you often experience a craving for carbs, this may be your brain's way of telling you it needs more serotonin.

Cut the caffeine

What about caffeine? Good question. Many athletes rely on caffeine for the initial kick it can provide.

Remember, though, that caffeine can also affect the amount of insulin, and thus, sugar, in your blood. Further, it can cause dehydration, which can also sap your energy.

While drinking a caffeinated beverage may help get you to the gym, within an hour you may feel tired and too lightheaded to complete your workout, or to do it well.

If you plan to engage in running or other highly vigorous activity, remember that some forms of caffeine, coffee in particular, can lead to mild gastronomical distress, as can some bulky foods.

So, you'd be wise to limit the amount of coffee, tea and soda that you drink for a number of reasons.

Suppose you're an early bird, and your best time to work out is in the morning before you go to work. For quick energy, drink some juice upon rising and avoid coffee.

Once you've completed your workout, have a more solid breakfast of whole-wheat cereal or toast and fruit to fuel your concentration for the morning's work. If you work out and eat too lightly, chances

are you'll get "the drowsies" by 2 p.m., if not sooner.

Keep in mind that finding the right combination of food and drink to energize your workout - whatever time of day you choose - may take some experimenting. It all depends upon your individual tastes and your metabolism.

With a little patience, an open mind and a little creativity, you'll determine which foods suit you best.

You'll keep your motivation to exercise if you:

- Have a glass of juice to boost your energy before a morning workout.
- Eat a breakfast that includes whole grains and fruit or fruit juice.
- Eat small, frequent small meals and snacks during the day to maintain your blood sugar.
- Make sure to have a light, healthy snack an hour before your noon or after-work workout.
- Stay hydrated, keeping a water bottle at your desk at work.
- Limit - or eliminate - the amount of caffeine in your diet.



Reprinted with permission from the
American Council on Exercise.

©American Council on Exercise

Now
Open

Cherries Nails Spa

his & her divine spa

281-257-3567

16945 N. Eldridge Parkway

On the corner of N. Eldridge Parkway and Spring Cypress

Open 6 days a week • Closed Sunday

Facials • Manicures
Spa Pedicure • Waxing
Body Massage • Solar Nails



Now using Autoclave sterilization on all tools!

\$5⁰⁰ OFF
any purchase of
\$25 or more
One coupon per person, per visit.
Not valid with any other offer.
Limited time only.

Gift Certificates
Available



Orthopedics
At Its Best!

18220 SH 249, Suite 330

(1960 & 249)

www.Fondren.com

Fondren Orthopedic Group L.L.P.

Orthopedic Surgery
Shoulder Surgery and Arthroscopy
FELLOWSHIP TRAINED

For your Orthopedic needs from children's fractures to knee and shoulder injuries. Dr. Warnock provides the hands-on care your family needs. He has additional expertise in the treatment of patients with complex shoulder problems, including sports-related injuries, reconstruction, and trauma.

Se Habla Espanol
Fala-se Português

281-807-4380



K. Mathew Warnock, M.D.

The Village Gazette

Texas Events - February

1-25—SHINER: Heritage Quilt Show Quilts and needlework items are displayed. Special exhibits include a showcase featuring rural/farming heritage of Lavaca County. Hours are noon to 6 p.m. Tuesday and Thursday and 8:30 a.m. to 1 p.m. Wednesday, Friday and Saturday. Shiner Public Library. 361/594-3044 **Prairies and Lakes**

3-4, 10-12, 17-18—CONROE: Mr. Roberts To relieve boredom during a mission, the crew of a World War II cargo ship constructs endless antics to provoke the captain. Shows are 8 p.m. Friday and Saturday and 2 p.m. Sunday. Crighton Theatre, 235 N. Main. www.crightonplayers.org 936/441-7469 **Piney Woods**

3-Apr. 23—HOUSTON: Eva Hesse Drawing The exhibition features about 100 of the artist's finished drawings, as well as examples of her early drawings, major examples of Hesse's "reliefs" of 1965 and a group of sculptural works, and several "test pieces." The Menil Collection. www.menil.org 713/525-9400 **Gulf Coast**

5, 8, 11—HOUSTON: Puccini's Manon Lescaut Houston Grand Opera performs. Wortham Theater Center. 713/228-6737 or 800/626-7372 **Gulf Coast**

8-26—HOUSTON: Searching for Eden: The Diaries of Adam & Eve The world's first lovers meet in paradise at the dawn of time and embark on an epic, exuberant battle of the sexes. One fall from grace and several thousand years later, the middle-aged couple returns to

present-day Eden attempting to recapture their primal passion. www.stagestheatre.com 713/527-0123 **Gulf Coast**

9—ABILENE: Artwalk Hours are 5 to 8:30 p.m. Historic Downtown. 325/677-8389 **Panhandle Plains**

9—COLLEGE STATION: OPAS — Christopher Parkening & Jubilant Sykes Rudder Theater, Texas A&M University Campus. opas.tamu.edu (no www) 979/845-1234 or 888/890-5667

9-11—SWEETWATER: National Hampshire Hog Conference Nolan County Coliseum. 325/235-3484 **Panhandle Plains**

10—CONROE: A Symphony Evening of Romance Features flutist Laura Rakel, winner of the Audience Choice Award and first place in the Instrument Division of the 2005 Entergy Young Texas Artists Music Competition. Another highlight of the evening will be the popular Celebrity Guest Conductor contest. Begins at 8 p.m. Lone Star Convention Center. 936/760-2144 or 888/823-6610 **Piney Woods**

10-11, 17-19, 24-25—BAYTOWN: The Importance of Being Earnest Baytown Little Theater. E-mail: ellenbradj@aol.com 281/424-7617 **Gulf Coast**

11—LA GRANGE: Polk of a Fest Texas Polka Music Museum fundraiser includes two bands, dancing and fun. Texas Czech Heritage & Cultural Center Fair Pavilion. E-mail: czech@cvtv.net 979/968-9399

(Continued on page 7)

JUMPERS
Your Birthday Party Headquarters!

10750 Barker Cypress Rd.
Cypress, TX 77433 - 1 mile south of Hwy290
281-256-2500 • www.jumpparty.net

GRAND OPENING

Indoor Interactive Fun Zone
Huge Inflatable Play Structures!

\$219 Grand Opening Special
PARTY FOR UP TO 25 KIDS:
75 minute Bounce Session, 45 minutes in the Party Room. Colorful Birthday Invitations, Plates, Napkins & Cups With Coupon - Not valid with any other offer

OPEN BOUNCE TIMES
\$5.00 Per Child Monday-Thursday-Friday
10:00am to Noon
3:30pm to 5:30pm
Parent must accompany their child and can enter for free. Remember socks are required

Thursdays: Family Night
6pm - 9pm
Admission \$10 per Child - Parents FREE
Free Pizza & Drinks for the kids
Pizza & Drinks for the Parents \$3

Fun for kids of all ages!

Private Party Rooms
Incredible Sound System!

We are Proud Village Creek Residents

The Village Gazette

Texas Events - (Continued from page 6)

Prairies and Lakes

11—SEALY: Peter's Hall Community Chili Cook-Off Includes a dominoes tournament, dancing and lots of great chili. Peter's Hall, 144 Trenkmann Road. 979/627-0411 **Prairies and Lakes**

11—VICTORIA: Black History Parade & Festival Parade begins at 10 a.m. at Patti Welder School on North Street then proceeds to the Victoria Community Center. The festival follows. 361/576-5650

11—VICTORIA: Lippazaner Stallions Victoria Community Center Arena. 407/366-0366 **Gulf Coast**

11-12—KATY: Katy Antique & Collectible Show Katy ISD Merrell Center. E-mail: info@cwgs.com • www.cwgs.com 877/840-3829

13-14—HOUSTON: Valentine's Day Lectures Explore the wild world of animal mating and dating and learn about the zoo's renowned breeding programs to save endangered species. Houston Zoo. www.houstonzoo.org 713/533-6500 **Gulf Coast**

16-18, 23-26—ABILENE: The Glass Menagerie Hardin-Simmons University. 325/670-1405 **Panhandle Plains**

16-18, 24-25—ABILENE: Jane Eyre Dinner Theatre Abilene Christian University Fulks Theatre. 325/674-2787 **Panhandle Plains**

17—VICTORIA: Country Opry Hours are 7:30 to 10 p.m. Victoria Community Center Annex. 361/552-9347 **Gulf Coast**

17-19—HOUSTON: Alvin Ailey American Dance Theater Begins at 8 p.m. Friday and Saturday and 2 p.m. Sunday. Jones Hall. www.spahouston.org 713/227-4SPA **Gulf Coast**

17-19—LIVINGSTON: Trade Days Hours are 9 a.m. to 5 p.m. Friday and Saturday. Pedigo Park, 925 U.S. 59 Bypass North. www.cityoflivingston-tx.com/tradedays 936/327-3656 **Piney Woods**

17-28—GALVESTON: Mardi Gras! Galveston Strand Historic District. www.mardigrasgalveston.com 888/425-4753 **Gulf Coast**

18—ABILENE: Annual Fur Ball Enjoy dinner and dancing with your dog. Benefits Rescue the Animals. Abilene Civic Center. 325/695-7270 or 325/676-6211 **Panhandle Plains**

18-May 7—CLEAR LAKE AREA: Robots & Us Meet the lifelike, intelligent machines known as robots — passionately created to maintain and extend human capabilities. Why do people embrace and fear them? The answer lies at the curious intersection where humans meet machines. Space Center Houston, 1601 NASA Road. www.spacecenter.org 281/244-2100 **Gulf Coast**

23, 25-26—HOUSTON: Swan Lake Houston Ballet Artistic Director Stanton Welch creates a spectacular new version of this ballet. Wortham Theater Center. www.houstonballet.org 713/227-2787

25—HOUSTON: Teddy Bear Repair Clinic Bring your child and teddy bear to the Memorial Hermann Children's Hospital Teddy Bear Repair Clinic. Houston Zoo. www.houstonzoo.org 713/533-6500 **Gulf Coast**

Texas Events has been published with the permission of the Texas Department of Transportation. All events are taken in part from the Texas Events Calendar. All dates for events were correct at the time of publication and are subject to change.

HARDWOOD NATURAL STONE CARPET CERAMIC TILE LAMINATE AREA RUGS

NATURAL STONE CARPET CERAMIC TILE LAMINATE

Flooring AMERICA®

CARPET MASTERS

Free Estimate & Design Services

**No Interest • No Payments • Financing Available W.A.C.
Cleaning, Restretching and Repairs**

13422 Grant Road

(Between Louetta & Spring Cypress)



281-370-8022

Hours: M-Fri 8-7 • Sat: 9-5 • closed Sunday

HARDWOOD NATURAL STONE CARPET CERAMIC TILE LAMINATE AREA RUGS

HARDWOOD NATURAL STONE CARPET CERAMIC TILE

The Village Gazette

SALES STATISTICS 2005 VILLAGE CREEK



Debbie Herkert

Price Range	\$150,000- \$200,000	\$201,000- \$250,000	\$251,000- \$350,000
Homes Sold	23	30	17
High Sales Price	\$200,000	\$246,441	\$337,000
Low Sales Price	\$150,000	\$201,490	\$257,000
Price/Sq. Ft. - High	\$88.27	\$95.76	\$95.87
Price/Sq Ft. - Low	\$59.64	\$65.68	\$74.22
Days on Market - High	182	270	541
Days on Market - Low	2	5	4

EXCEPTIONAL MARKETING IS THE KEY TO SELLING YOUR HOME:

- Color photo fliers of Your Home
- Listed on the Internet 3 Ways
- Internet Photo Tour of Your Home
- Activity Reports and Feedback on Your Home
- 23 Years Experience
- Mortgage Company and My Personal Assistant Available to Promote Your Home
- Advertisements of Your Home in Various Publications
- An honest evaluation of what will make your home sell in the quickest time & for the most money
- Consultation with an interior decorator to enhance the salability of your home.

RE/MAX SUBURBAN NORTHWEST

11550 Louetta Rd, Ste. 1200
Houston, TX 77070

Each Office Independently Owned & Operated

Debbie Herkert

713•858•4019

281•376•9900
office ext. 116

Peel, Inc.

203 W. Main Street, Suite D
Pflugerville, Texas 78660

Presorted Standard
U.S. Postage
PAID
Littlefield, Texas 79339
Permit #59

☎ **Voice 512-989-8905**

💻 **www.PEELinc.com**