



Winchester Country

Published Monthly by the Winchester Country Civic Association

Volume 3, Issue 2

February 2006

Happy Valentine's
Day ♥

Easter Event

The Winchester Country Easter event will be held on
Saturday, April 8, 2006
1:00 - 3:00 PM .

Please see your March Winchester Repeater for Details.

February

- 14 Valentines Day
- 20 President's Day
- 27 Senior's Meeting @ Clubhouse 6:00 PM
- 28 Homeowner's Meeting @ Clubhouse 7:00 PM

March

- 17 St. Patrick's Day
- 27 Senior's Meeting @ Clubhouse 6:00 PM
- 28 Homeowner's Meeting @ Clubhouse 7:00 PM

April

- 1 Family Movie Night @ Clubhouse 6:30
- 8 Community Easter Event
- 16 Easter
- 21-22 Community Garage Sale
- 25 Homeowner's Meeting @ Clubhouse 7:00 PM
- 29 Mobile Vet Clinic @ Clubhouse 10:00 – 3:00

*Heavy trash pickup day –
Every Trash Pick up day
If not a holiday!*

Community

Community: “**a : a unified body of individuals; b : people with common interests living in a particular area; c : joint ownership or participation**” —Webster Online Dictionary

We, in Winchester Country are supposed to be members of a Community. But, as defined above, I question how long it has been since there has been much evidence of any ‘unified participation’. Yes, we are a group of individuals living in a common location holding joint ownership in property and amenities, but we do not jointly participate in the caring and maintenance of our area. Some specific areas of concern are:

Deed Restriction Compliance - Some residents complain about the condition of particular homes in the area because of their owner's disregard to maintenance and general appearance. The Board of Directors does everything they are empowered to do by law to get homeowners to rectify the problems. Some homeowners continue to disregard Deed Restrictions which they had agreed to as part of buying or renting a home here.

Community events and Volunteerism - This amenity is something that is requested, but for a long time participation has consisted primarily of the coordinating Board members and one or two residents, if we are lucky. Planning and preparing for events requires a time commitment from those volunteering. When events are planned for the community and the community doesn't participate, you can only conclude that homeowners aren't truly interested in community events. Some areas where residents can step up to participate are as simple as helping with flower selections for our neighborhood entrances, serving popcorn and cookies for seasonal events, or volunteering to coordinate volunteers for an event.

Communication - We have requested that residents contribute articles to be published in The Repeater. It is a rare event that anyone does this, so the publisher must use general area filler articles. If you want our newsletter to reflect more specific information pertinent

(Continued on page 3)

**View the Winchester Country Newsletter
each month on-line at www.PEELinc.com**

Winchester Country

WC Maintenance Association Board of Directors

President

Jeff Muellerpresident@winchestercountry.org, 281-890-0080

Vice-President

Debbie Armelvp@winchestercountry.org, 281-894-0207..

Secretary/Treasurer

Dan DellaSala secretary@winchestercountry.org, 281-955-0344..
treasurer@winchestercountry.org

Director

Jim HensleyDirectorHensley@winchestercountry.org, 281-970-6054

Director

Jeff PlumDirectorPlum@winchestercountry.org, 713-398-8470

Committee Chairperson

Community Coordinator

Holly Calbat..wchcoordinator@winchestercountry.org, 281-890-8856

Maintenance Association Meeting

Fourth Tuesday of every quarter - 7 p.m.

Swim & Tennis Club; 9607 Rio Grande Drive

Questions or information regarding Deed Restriction violation letters, your annual maintenance dues or Architectural Approval of any type must be requested and obtained in writing from:

Winchester Country Maintenance Association,

c/o SCS Management Services

7170 Cherry Park Drive; Houston, TX 77095

Phone:281-463-1777 • Fax:281-463-0050 • www.scsmgmt.com

Important Phone Numbers

Trash Pick-Up - Recycling Bins - Terri League - BFI.....	713-636-6315
Post Office	1-800-275-8777
Harris County Flood Control District	
Bayou Maintenance	281-684-4000
Harris County Animal Control.....	281-999-3191
SCS Management	281-463-1777
Advantage Water Mgmt. (Water & Sewer Problems)	
MUD 9,10 & 11	281-807-9500
Cy-Fair Volunteer Fire Department Business Office	281-550-6663
Center Point Energy	713-207-2222
Reliant Entex	713-659-2111
Pool Phone	281-890-9066

Harris Country Sheriff Numbers

Emergency or Crime in progress..... 911

WC Deputies..... 713-221-6000

Vacation Watch

Newsletter Deadline

10th of each month

Submit Your articles and Photos to:

Newsletter Editor

Email wchcoordinator@ev1.net

Mail 9607 Rio Grande Houston, TX 77064

Attention HOMEOWNERS!

Save *up to* **20%**



**On your
electric
bills!**

NO HIDDEN COSTS!

No Deposit

No Switching Fees

No Long-term Contract

No Termination Penalty

CONSUMER POWER

Office: 713-468-3600

Fax: 713-353-7684

Winn and Associates

Insurance, Tax & Financial Services

Wishing you and yours a safe and happy new year.

May the new year bring you peace, luck, and happiness throughout the year.

At the same time, Let our office protect those you cherish the most by insuring your home, auto, life, health, business, and retirement savings

Tax Season is here! Let our office take care of your tax preparation too!

832-554-8200 Office

832-878-WINN (9466)

winnagency@yahoo.com

Sean Nguyen, MBA



Call for a free comparison quote.

Neighborly advise and Notaries are always free!

Auto . Home . Life . Business . Flood . Health*
Annuities . IRA's . College Funding . Tax Services*



* Not a Farmers Product

FARMERS

Winchester Country

Community- (Continued from cover page)

to our community, then contribute to this publication. There have been complaints about the mailing of and timely receipt of the newsletter. We as a community do not pay for our newsletter. It is paid for by local area advertising. Therefore, we cannot dictate when the publisher should mail it each month. When there are community events scheduled, we can only request that the publisher mail in time to reach residents prior to the event, but this does not always occur. There are other methods of communicating that also publicize events. Event information is listed on our website, it is posted on the reader boards located at the West Road entrances and the newsletter itself is available online prior to the monthly mass mailing. Upcoming events are usually listed over a two month period of time. Even with all this, some still say that they are not informed.

Current concerns of community interest - We are experiencing an increased level of vandalism that stem from a small sector of our youth and others. We are actively looking at what can be done in the short term and long term as well. We have instructed our patrolling deputies to enforce zero tolerance of any type of vandalism. To share with you some of the occurrences we have been experiencing recently:

Tearing up of playground equipment and picnic tables, Pulling up and stealing play area retaining walls, Pulling out security lock wiring at the tennis court gate, Ripping out the water fountain, Ripping out of the ground Handicap Parking and No Skateboarding signs, Breaking

our new tennis court brooms, squeegees, trashcans, Christmas lights being broken - this was observed on one occasion of someone riding a bicycle down the sidewalk and kicking the lights, Allowing pets to relieve themselves in the parks and people's yards and not cleaning up after them, Leaving trash in playground area and inside the tennis courts, Tearing off playground gate, Graffiti from the expressions of love for someone to the expressions of hate for others

The Board of Directors is concerned with eliminating these types of occurrences. We would also like to see more individual involvement in maintaining the common areas of our community. If you are using the common areas, please insure that you take care of the items that you brought with you. In the event that you see where others have disregarded this, please make the effort to throw away that can or bottle. Continue to report any items in need of repair or attention. If you see someone misusing one of our common areas, report it to the appropriate authority and don't just look away. Our children learn community involvement and responsibility from our example. Talk to your kids. If they respect our community, then they may influence their peers to respect it as well.

We can all be a part of a solution that will make Winchester Country reflect the true definition of 'Community'.

Regards, *Jeff Mueller*

FREE ENTREE

**Buy One Entree & Two
Beverages & Get One
Entree FREE**

Maximum Value \$6.00
One coupon per table.
Not valid with any other offer.
Expires 03/31/06

WEDNESDAY

HARMONY THE CLOWN
6-8PM

3 FREE KIDS MEALS
WITH THE PURCHASE
OF EACH ADULT ENTREE



The Backyard Grill Presents:

STEAK NIGHT

Every Friday Night

4- 2oz succulent tenderloin medallions served with a fresh crisp dinner salad served with your choice of dressing, baked potato or two sides

for only **\$10.99**

The Backyard Grill

281-897-9200

9453 Jones Road @ West

**Call Us to Cater Your Next Party
Whether It's in Your Backyard or Ours!**

I am pleased to announce you have new neighbors at...



10006 Prospect Hill
10126 Spotted Horse
10622 Thunderhead Ct.
10611 Trading Post
10330 Elk Point Dr.

*Please take time to
welcome them to the
neighborhood!*

Office: 281/205-1890

Pager: 713/990-4171

RE/MAX Suburban Northwest
Visit us at: www.truly-texas.com

**Free One Year Home Warranty
When you buy or sell a home through me.**

Winchester Country

HAPPY BIRTHDAY!

February Birthdays

Ellen Lukert	February 1
Cecilia Navarro	February 2
Mackenzie Brinsfield	February 2
Brandon Taylor Garza	February 3
Logan Herzog	February 11
Gilbert Garza	February 17
Jillian Griffin	February 22
Alisha Smith	February 22
Sarah Armel	February 22
Madeleine Ronning	February 25
Gene Foote	February 26

Happy Anniversary!



February Anniversaries

Charles & Bridget Cook	February 4
Ronnie & Esmeralda Fritz	February 14
Greg & Tracie Durbala	February 16
Ron & Alysia Smith	February 17

Income Tax Time

- **Income Tax Preparation**
- **e-file** (*Free With Paid Preparation*)
- **Rapid Refund** (*Most Within 24 Hours*)
- **Same Day Refund For Those Who Qualify** (*Up to \$1,000.00*)

We provide affordable professional tax service to individuals and small businesses at prices lower than the national tax service chains. We know tax laws, not just tax software and work to get you every penny you should have refunded to you. Give us a call today to find out more about our services.

B&J Bookkeeping

10850 West Rd. Ste. 105
Houston, TX 77064

281 894-6494

Se Habla Espanol

\$10 OFF

any tax preparation service
Offer Exp. March 15, 2006

\$15 OFF

tax preparation
when you choose a rapid refund
Offer Exp. March 15, 2006

Pet Styling by Sherry Inc.

Owned & Operated by Certified Groomers

PROFESSIONAL PET STYLING & BOARDING FOR DOGS & CATS

Very Important Pet Suites
Each boarding suite will be just like home. Decorated with a theme, furniture, wallpaper and even a T.V.

Doggie Day Care
Your pet can run with friends, chase a tennis ball. Gets lots of exercise and socialization!
Crate Boarding also Available for Your Dog
Deluxe Cat Boarding • Pet Boutique

OBEDIENCE TRAINING!
GROUP AND PRIVATE LESSONS AVAILABLE!
www.petstylingbyserry.com
13707 West Road (West Rd. at Eldridge) **832-237-2060**

Winchester Country

Family Movie Night

Mark Your Calendars

We will be holding the third and possibly the last family movie night!

Date: Saturday April 1

Time: 6:30 cartoon

Premier: 7:00 PM (to be announced next Month)

Where: The New Winchester Parking Lot



Invite all your neighbors, bring chairs, blankets and join us for a fun neighborhood event.

Classified Ads

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Winchester Country residents, limit 30 words, please e-mail to wchcoordinator@ev1.net.

Business classifieds (offering a service or product line for profit) are \$45, limit 40 words, please contact Donna Sommer, 832-237-4684; dsommer@PEELinc.com or Peel, Inc. Sales Office @ 512-989-8905; advertising@PEELinc.com.

Volunteers Wanted

The annual Community Easter Event is coming up soon and we need your help. We need volunteers the day of the event, Saturday, April 8, 2006. You can sign up for 40 minute shifts. We will also need help running the games, and stuffing and hiding the Easter eggs. Come join in the fun and get involved in your neighborhood. If you would like to volunteer please call Holly Calbat at 281-890-8856.

FEBRUARY OFFICE HOURS

Mondays 5:30 – 7:30 PM
Wednesdays 10:00 – 2:00 PM

ACC Application

Before making any improvements/repairs or additions to your home, please request a copy of the ACC Application from SCS Mgmt Services, or come to the office at the Clubhouse (see hours someone will be there) or go to website at www.winchestercountry.org and download the form.

HI-TECH MECHANICAL

For your Air Conditioning and Heating needs

\$64⁰⁰

**Fall Safety Check
on Gas Furnace***

*One System

Additional Systems \$46⁰⁰



Comfortmaker
Air Conditioning & Heating

713-937-4400

TACL-A011183C

Mastercard, Visa, and Discover Accepted

Rachael's

**Valentine's Day
Headquarters**



Open Late For Your
Shopping Convenience!

9105 Beltway 8 @ West Road • 281-890-9500

START SOMETHING

Cy-Fair College offers continuing education courses in business skills development, computer technology, logistics, arts and leisure and more.

www.cy-faircollege.com

CY-FAIR COLLEGE

Cy-Fair College • 9191 Barker Cypress Road • Cypress, Texas 77433 • 281.290.3200
Fairbanks Center • 14955 Northwest Freeway • Houston, Texas 77040 • 832.782.5000
www.cy-faircollege.com

Affirmative Action/EEO College

Winchester Country

A Better Sense of Taste and Smell

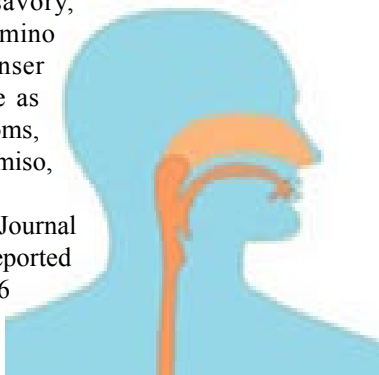
When you taste something, you perceive its aroma, taste, texture, temperature, and spiciness. However, nearly 75% of the overall flavor actually comes through your sense of smell. How do these senses work together, and what can you do if problems arise?

Sense of taste

Most people can recite 4 basic tastes: sweet, salty, sour, and bitter. Scientists are also debating whether to add 2 other taste “chemicals” to the list:

Umami (oo-MAH-mee): Identified by Dr. Kikunae Ikeda in 1908, umami is the savory, hard-to-define taste for amino acids. Umami adds a denser flavor to foods as diverse as tomatoes, cheese, mushrooms, fish, seafood, cured meat, miso, and chicken soup.

Fat: The November 2005 Journal for Clinical Investigation reported that a protein called CD36 or fatty acid transporter (FAT) can be detected in taste buds. A heightened receptor for fat may explain why some people have a preference for fatty foods.



Thousands of taste buds are located on and around the tiny bumps on your tongue and throughout your mouth. Taste buds trigger the release of saliva and several digestive juices that analyze and categorize the food chemicals. Taste buds also help you determine how good something tastes, how good it makes you feel, and how full you feel.

Sense of smell

Your amazing sense of smell can recognize as many as 10,000 different scents. Also, your sense of smell can influence your moods and hormones, emotions and memories, choice of mates, and immune system. For example, “the smell of fear” is no exaggeration!

The roof of each of your nostrils contains the olfactory receptors, tissues, and nerves that process the smells that you breathe into your nose. Nerve endings in the linings of your nose and mouth also transmit a warning message about hazardous tastes and smells (such as poison, smoke, gas, or ammonia).

Winning the Nobel Prize for Medicine in 2004, Professor Richard Axel of Columbia University and Professor Linda Buck of Fred Hutchinson Cancer Research Center in Seattle, together discovered the gene family that controls the receptors in the upper nose. These gene cells send highly specialized signals that form the patterns that you can recognize as a distinct scent or odor.

Potential problems

Your ability to taste and smell may change due to:

- Aging (approximately 50% of people who are 65 years or older experience decreasing abilities to smell)
- Allergies
- Environmental factors, such as chemicals and dust
- Illness, such as colds, flu, hypertension, or diabetes
- Medications, such as antibiotics or antidepressants
- Metal from braces and dentures, lip and tongue piercings
- Periodontal disease or oral lesions
- Polyps in the nose or sinuses
- Smoking

Recommendations

To help restore your sense of taste and smell, we may recommend:

- Using a tongue brush or scraper
- Drinking plenty of liquids to keep your body hydrated and your mouth rinsed
- Opening up your sinuses with a saline solution or hot shower
- Experimenting with herbs and spices instead of adding salt to foods
- Combining different textures (smooth yogurt, crunchy nuts), temperatures (chilled salads, grilled fish), and spices (hot and sour soup) as part of the entire meal
- Slowing down when you eat or drink to savor all of the senses involved with each food’s taste, texture, color, and smell
- Exercising as you are able (working up a sweat may help open up your sinuses)
- Not smoking or piercing your lip or tongue
- For serious complications of the mouth or nose, we may also recommend that you consult your physician.

For more information

If you have questions or concerns about changes in your sense of taste or smell, please call Dr. Nguyen’s dental office at 281-807-6111 or email to drnguyen@softdental.com. Also, you might find the following websites useful:

American Rhinologic Society at <http://www.american-rhinologic.org/patientinfo.loss.phtml>

National Institute on Deafness and Other Communication Disorders at <http://www.nidcd.nih.gov/health/statistics/taste.asp>

“Taste: A Brief Tutorial” at <http://www.cf.ac.uk/biosi/staff/jacob/teaching/sensory/taste.html#Index> and “Olfaction: A Tutorial on Smell” at <http://www.cf.ac.uk/biosi/staff/jacob/teaching/sensory/olfact1.html>

Umami Information Center at <http://www.umamiinfo.com/>

University of Connecticut Taste and Smell Center at <http://www.uhc.edu/uconntasteandsmell/gen.html>

Paid Advertisement

Life CAN Be Beautiful!



With our laser, kids don't have to worry about shots or drills, because our laser can be used to remove decay without the need for anesthetics in most cases. That means kids, as well as adults, can usually enjoy visiting our office.



Minh Nguyen, D. D. S., P.A.

Family & Cosmetic Dentistry

NEW LOCATION

10028 West Rd. #108

Houston, Texas 77064

281-807-6111

www.softdental.com

Patient Testimonials

I can honestly state that my 12 year old twins truly enjoy their visits to the dentist. Dr. Nguyen is a wonderful dentist and has the nicest staff. He is very intelligent, patient and has state of the art equipment. We have been coming to his office for over 5 years and have always received nothing but the best in service. I have and will continue to recommend Dr. Nguyen to other family members and friends.

Olga Salazar - Houston, TX USA

Dr. Nguyen is the most hitech-savvy dentist I have ever met. I have been a patient of Dr. Nguyen for 7 years. His ability and knowledge to utilize computerized equipment and hi-tech (laser etc.) equipment have amazed me. Dr. Nguyen works hard and do the best for his patients. I highly recommend Dr. Nguyen to be your dentist.

Jason Wong - Houston, TX USA

\$45⁰⁰

OFF

initial X-Ray
with cleaning

Free Teeth
Cleaning with
invisable braces

invisalign

**Free
Evaluation**

Call to schedule an
appointment.

Winchester Country

Please Help !!

With Our Neighborhood Easements

In an effort to maintain our neighborhood and avoid issues with cleanliness and fire hazards, Winchester Country elected last year to begin mowing the pipeline easements on a regular basis. By keeping the grass and weeds at a reasonable level we hope to avoid pests and the accumulation of discarded items such as cut grass, shrubbery clippings, tree limbs and garbage. We would like to ask the residents who live along these easements to help us with this project. Please do not discard any items into the easements. These obstacles make it impossible for the landscape service to cut the grass evenly and regular. If you have discarded such items in these easements please help out by removing them. Please do not park trailers in the easements. This also makes it impractical to mow these areas. In the future the landscape service will begin to remove the debris that remain in these easements. When and if this happens the neighborhood will be billed an additional fee for this service. This additional fee "Will" be passed on to the homeowner. We again are asking that you help us out by doing your part. Help us to avoid any additional costs and help us to keep our neighborhood clean and neat. We would like to thank you in advance for your time and consideration.

Winchester Country Website

The Winchester Country website has been updated. You can now receive information and input information in the following:

- Clubhouse Information and Contact.
- Seniors Club Meetings.
- Add your name for the birthdays in the newsletter (Go to Announcements –click on webmaster)
- Add your name for your anniversary for the newsletter (Go to announcements-click on webmaster)
- Receive pool information for the season.
- Add your name to the **e-mail listing**.
- Contact your Board of Directors by e-mail or their phone numbers.

So please take a moment and access the website at www.winchestercountry.org

Do You Recycle?

Would you like to recycle but do not have a recycle bin to put your recycling stuff in? If that is the case, please go to the Community Website at www.winchestercountry.org and go to Community Coordinator. I will submit your request to BFI to have a bin dropped off at your house. It is so important to recycle now more than ever.

What can be recycled?

- Pizza Boxes
- Cans
- Milk Cartons
- Newspapers
- Magazines
- Light cardboard boxes
- Plastic - shampoo bottles, etc., must have the recycle symbol on the bottom of the plastic bottles



Please note: Sorry, they will not pick up glass.

Also, Bang Elementary will take your newspapers and magazines in their recycle bin too.

Architectural Control

ACC approval must be obtained before you:

1. Paint exterior of your house (even if the same color).
2. Repair or replace your roof.
3. Repair or install a new fence.
4. Add a storage or tool shed.
5. Add a satellite dish.
6. Add an antenna.
7. Install siding.
8. Install a patio or patio cover.
9. Replace garage doors.
10. Add a room addition.
11. Add a pool.
12. Add a deck.
13. Add a basketball goal.
14. Add solar/screen windows of doors.
15. Replace your mailbox.
16. Add burglar bars.
17. Add landscaping.
18. Add sidewalks.
19. Add exterior lighting.



*Orthopedics
At Its Best!*

18220 SH 249, Suite 330
(1960 & 249)
www.Fondren.com

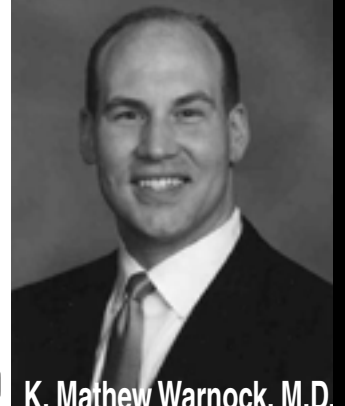
Se Habla Espanol
Fala-se Português

Fondren Orthopedic Group L.L.P.

Orthopedic Surgery
Shoulder Surgery and Arthroscopy
FELLOWSHIP TRAINED

For your Orthopedic needs from children's fractures to knee and shoulder injuries. Dr. Warnock provides the hands-on care your family needs. He has additional expertise in the treatment of patients with complex shoulder problems, including sports-related injuries, reconstruction, and trauma.

281-807-4380



K. Mathew Warnock, M.D.

Winchester Country

Advertising Information

Please support the businesses that advertise in the Winchester Country Newsletter. Their advertising dollars make it possible for all residents to receive a newsletter each month at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the newsletter by advertising, please contact our sales representative, Donna Sommer at 832-237-4684; dsommer@PEELinc.com or Peel, Inc. Sales Office at 512-989-8905; advertising@PEELinc.com for ad information and pricing. The deadline for ads is the 10th of each month for the upcoming month's newsletter.

DONNA SOMMER
Sales Representative

Res. 832-237-4684
Mob. 281-788-2078
Fax 281-477-7311
dsommer@PEELinc.com

Peel, Inc.
Printing and Publishing

P.O. Box 886
200 E. Waylon Jennings Blvd.
Littlefield, Texas 79339

PH. 888-687-6444
Fax 806-385-5234

YOUTH JOB DIRECTORY

Youth Job Directory not available on-line

HARDIPLANK®

Alcoa Vinyl Siding & Replacement Windows

FREE ESTIMATES

20% Off

with this ad

Call Fred

Allied Siding & Windows

281-357-8801

Over 20 years experience



Fully Insured • References • Financing Available

Articles in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or any of its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. Federal Copyright Laws prohibit the reproduction of previously published materials which include newspaper articles, magazine articles and web page articles without the original author's expressed written consent. Please do not submit articles which are in violation of this law.

DISCLAIMER: Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

Winchester Country

Forced Mowing

In an effort to continue to make Winchester Country a great Neighborhood in which to live the WCMA board has adopted a more aggressive mowing policy. In the event a property is sent a deed restriction violation letter to mow the property and the violation is not corrected a lawn service will be sent to the property and mowed at a cost to the homeowner. If a violation letter is received and a resident needs additional time or assistance please contact Brandy at SCS Management at 281.463.1777

Kindred Hospital Houston Northwest offers **FREE** Support Groups and Diabetes Classes to the Community

Free Better Breathers Support Group meets the 4th Wednesday of each month at 10:30 am – 11:30 am in the hospital cafeteria. Better Breathers is a support group for individuals who suffer from chronic lung disease.

Free Diabetes Support Group meets the 1st Tuesday of each month from 6:30 pm – 7:30 pm in the hospital cafeteria led by Sylvia Kircher, RN, CDE, CPT.

Free Diabetes Teaching Classes

These 3 classes will be given on the following Saturdays: Jan. 14, Feb. 11, March 11, April 8, May 6, June 3, July 15, August 12, September 9

These classes will be repeated on a monthly basis, which allows you to take classes when it is convenient for you. All classes led by Sylvia Kircher, RN, CDE, CPT

- 8:30 am – 10:30 am Introduction to Insulin Pumps
- 10:30 am – 12:30 pm Basics of Carb Counting
- 1:30 pm – 3:30 pm Getting the most out of your insulin pump

For more information or to RSVP please contact Tere Kelly @281-517-1008. Kindred Hospital Houston Northwest is located at 11297 Fallbrook Drive

Jones Road Tree Service

Trimming to Take-Downs

- Trimming • Removal of Debris • Stump Grinding Hedge Trimming

– Bonded & Insured Since 1987 –

10% Winter Discount with this Ad
Senior Citizens Receive an Additional 10% Off

Free Estimates Call David 281-469-0458
281-703-5729 Cell



VALENTINE FUDGE COOKIES



- | | |
|--|----------------|
| 3 c. Minute oatmeal | 2 c. sugar |
| 1 tsp. vanilla | 1/2 c. cocoa |
| 1 c. chopped pecans
or 1 c. coconut | 1/2 c. milk |
| | 1 stick butter |

Mix oatmeal, vanilla, and pecans or coconut. Set aside. In saucepan, bring to boil the sugar, cocoa, milk and butter. Pour over oatmeal mix and stir well. Drop by teaspoonful on wax paper. No baking!

Enjoy!

HAPPY
VALENTINE'S
Day

This special recipe from our Greene Cuisine Cookbook is just the treat to share with those close to your heart.

Buying, selling or relocating . . . please remember me in the year to come.



Prudential GARY GREENE REALTORS®



Robin Suter

Winchester Specialist

281-890-4024

Cell: 281-844-6663

RSSELLS@HOUSTON.RR.COM

<http://RobinSuter.garygreene.com>

Call Robin For Extraordinary SERVICE & Extraordinary RESULTS!

Winchester Country

Birthday - Anniversary - Youth Job Directory Update

Winchester Country Residents please note that we will be updating the Birthdays, Anniversaries and Youth Job directory.

Birthdays

(list each family member)

Name	Month/Date

Anniversaries

(list celebrants)

Name	Month/Date

Youth Job Directory

Name	Age	Job	Phone

Examples:

- (B) Babysitting
- (Y) Yardwork
- (PS) Pet Sitting
- (C) Carwashing

Please email your information to the following wchcoordinator@winchestercountry.org, drop off this information in mail slot located at the clubhouse, or mail to the community coordinator at 9607 Rio Grande Houston, TX 77064.

**Come To First Bank
For Your Great
Money Market Rate**

**4.07%
APY**

9155 W. Sam Houston Pkwy. N.
Houston, TX 77064
281-970-9636



The interest rate for new personal First Rate Money Market accounts is 4.00% and the Annual Percentage Yield (APY) is 4.07%. Minimum \$100 to open, \$1000 minimum balance to earn stated APY. APY accurate as of 11/8/05. This is a variable rate subject to change. Fees may reduce earnings. Available at Beltway location only.

Peel, Inc.

Printing & Publishing

Publishing community newsletters since 1991



We currently publish newsletters for the following subdivisions:

<p>Houston</p> <p>Berkshire Cypress Mill Fairfield Harvest Bend, The Village Hastings Green High Meadow Ranch Lakes on Eldridge</p>	<p>Lakes on Eldridge North Sommerall Steeplechase Strathmore Summerwood Village Creek Villages of Langham Creek</p>	<p>Waterford Harbor Willowbridge Willowlake Willow Pointe Winchester Country Winchester Trails Wortham Village</p>
Austin		
<p>Barker Ranch Cherry Creek on Brodie Ln. Circle C Ranch Courtyard Coventry Davenport Ranch Estates of Shady Hollow Granada Hills</p>	<p>Harris Branch Highland Park West Balcones Area Lakeside Estates Ridgewood Scenic Brook Settlers Estates/Crossing/Overlook Stone Canyon Westcreek</p>	

To advertise in one of our newsletters, call one of our friendly salespeople:

<p>Kelly Peel Sales Manager Donna Sommer Wortham Resident</p>	<p>512-989-8905 Kelly@PEELinc.com 832-237-4684 dsommer@PEELinc.com</p>
512-989-8905	www.PEELinc.com

WINCHESTER COUNTRY MARKET REPORT

Courtesy of "SUPER DAVE"

This market information report is provided to keep you informed of resale market activity in your subdivision.

	Jul 05	Aug 05	Sept 05	Oct 05	Nov 05	Dec 05
\$130,000 +	3	3	1	2	0	3
\$120,000-129,999	1	1	2	2	1	2
\$110,000-119,999	4	0	2	3	1	0
\$100,000-109,999	1	2	1	0	2	1
\$90,000-99,000	1	1	1	0	0	2
\$90,000 -	0	1	0	3	1	0
TOTAL	10	8	7	10	5	8
Highest \$/Sq Ft	76.56	82.31	78.84	78.75	79.13	79.26

This chart represents the homes that have sold and closed in the past 6 months according to the Houston Multiple Listing Service.

Recent Sales by "SUPER DAVE" in Winchester Country

- 10151 Horseshoe Bend
- 10055 Lazy Meadows
- 10034 Spotted Horse
- 9511 Lost Eagle
- 10142 Sand Pass
- 9827 Bend Spur
- 9519 Territory
- 10126 Cedaredge
- 10019 Villa Verde
- 10010 Territory
- 10615 Thunderhead Ct
- 10506 Green Valley
- 10303 Ash Fork
- 9518 Cabin Creek
- 10327 Tablerock

David "Super Dave" Flory



- #1 Selling Agent in Winchester 1991-2004!*
- #3 Selling Realtor in Houston!**
- Over 480 Homes SOLD in 2004
- Over 96% of David's Listings Result in a Sale

The HIGHEST PRICE PER SQ.FT. House Sold
in Winchester Country: \$86.69



281-477-0345

*According to information taken from the Houston Board of Realtors MLS computer

**Ranked by the Houston Business Journal 3/2005

Peel, Inc.

203 W. Main Street, Suite D
Pflugerville, Texas 78660

Presorted Standard
U.S. Postage
PAID
Littlefield, Texas 79339
Permit #59

Voice 512-989-8905

www.PEELinc.com