

Volume 3, Number 7 July 2006 www.circlecranch.info

### **President's Letter**

#### Volunteer Work Remains the Foundation of CCHOA

Rolling into the **dog days of summer**, I realize chances are many of you may never pick up this month's newsletter, much less take the time to peruse the fine print. If your family is like mine, this is the time of year when personal and professional calendars clash head on. Between business meetings, swim lessons, conference calls, volunteer obligations, daily commutes and attention hungry kids who have become experts in the art of "persuasive communication" – it's a wonder we find a few minutes to re-charge; much less the opportunity to steal away for a week or two of actual *relaxation*.

For those fortunate enough to be reading this you have my heartfelt gratitude. It may seem trivial, but despite all the distractions of daily life, you've already taken a step toward being a more informed resident interested in your neighborhood association and how it functions. During my two years spent as an HOA director, I've come to realize how important the association is to maintaining our property values and our quality of life. More importantly, I've come to realize this non profit corporation is only as strong as the interest and involvement of Circle C residents, many of whom donate countless hours of their valuable time. As the neighborhood continues its amazing growth, the burden placed on our volunteers (and professional staff) will only increase. Please know, if you are interested in donating your time by serving on a committee, sponsoring a neighborhood event or simply giving a few hours here and there – there are always opportunities available. If you're interested in giving back to the community, please feel free to contact CCHOA Manager Denise Nordstrom at 288-8663.

Speaking of volunteers, we've recently launched an effort to grow our number of active volunteer committees. **The Pool Committee** which has been re-chartered and is now titled the Circle C Swim Center Committee is being revitalized. Residents with homes backing up to Escarpment are organizing a committee looking at ways to improve the appearance of **Circle C's main thoroughfare**. These committees should complement the ongoing work committees dedicated to special events, amenities planning, education and the development of the commercial tract between Kiker Elementary and the Child Development Center.

You may remember the rash of **vandalism** that plagued the community last summer? A suspect was eventually prosecuted, but that doesn't mean we can let down our collective guard. As many know, summer is prime time for bored youth or even irresponsible adults to destroy public property. As the number of homes in Circle C continues to grow and the various areas of the neighborhood expand, it's getting more difficult to keep track of, much less prevent, property crime. That's why it's important for all of us to remain vigilant and watch out for one another. You can also do your part by volunteering to help re-energize our **Public Safety Committee**. We have a special need for folks with backgrounds in law enforcement and traffic safety, but anyone with an interest in this area is welcome to contribute.

The city mandated **closure of our baby pool** has caused much hardship this summer, especially to families with very young children. In an effort to provide some short term relief, we've approved some structural changes and the installation of a misting system. This will at least allow easy access to the shaded area and a cool escape from rising temperatures. In the meantime, the effort to design and build a new, modernized children's pool will kick into high gear. The goal, if at all possible, is to have something up and running by next spring.

Best Regards, Ed Scruggs – CCHOA President

> View the Circle C Ranch Newsletter each month online at www.PEELinc.com

#### **CCHOA Numbers**

HOA Mgmt Officeinfo@circlecranch.info or 288-8663
Financial Office451-9901
Newsletter Publisher
Peel, Inc. Sales Office512-989-8905
Adv./Kelly Peeladvertising@PEELinc.com, 512-989-8905
Circle C Amenities
Circle C Café
Circle C Swim Center
Circle C Tennis ClubCircle_CTennis@msn.com, 301-8685
Golf Course at Circle C Ranch

### **2006 Board of Directors**

Ed Scruggs	President
Ryan Garcia	Vice President
AE Martin	Treasurer
Brendan McEntee	Secretary
Matt Cano	Director
Carolyn Merritt	Director
Sam Irwin	Director
Contact Information	Email: directors@circlecranch.info

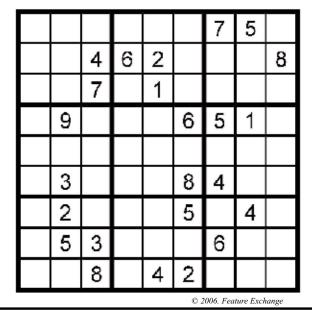
### **IMPORTANT NUMBERS**

BFI (Allied Waste)	247.5647
Dead Animal Collection	
Abandoned Vehicle	280.0075
Pothole Complaints	974.8750
Stop Signs	
Street Light Outage	
Schools	
Kiker Elementary	414.2584
Baranoff Elementary	841.7100
Mills Elementary	841.2400
Bailey Middle School	414.4990
Small Middle School	841.6700
Bowie High School	414.5247
SAYSA	899.1049



#### Sudoku

The goal is to fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Each digit may appear only once in each row, each column, and each 3x3 box.



Solution found at www.PEELinc.com

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Krysten Meija



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5701 Ballenton Court

David Weekley's Medford Plan, Lush Landscaping,
Gleaming Hardwood Floors, Many Upgrades!



10611 Ames Lane Newmark Home's San Antonio Plan, Gorgeous Crown Molding, Phenomenal Corner Lot



10105 Hibiscus Cove Wildflower Area, Breathtaking Drive-Up Appeal, Elegant French Doors, Stunning Vaulted Ceilings

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### **CCHOA Announcements**

#### **CCHOA General Announcements**

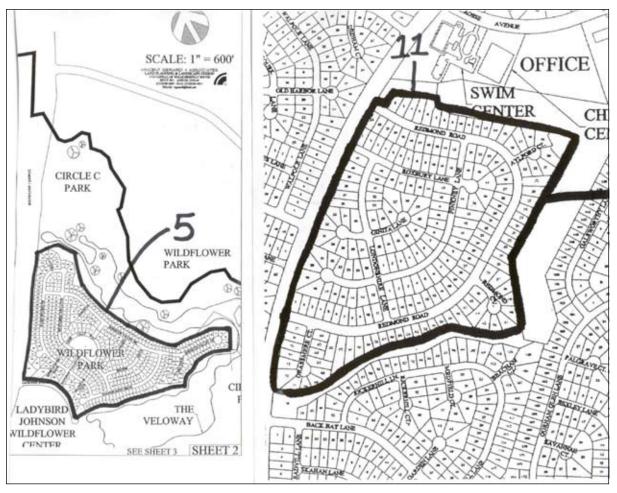
Submitted by Denise Nordstrom

#### **Deed Restriction Review**

In July we will be driving sections five and eleven (please see map). We are looking for inconsistent turf, consistent weeds over 6", dead or dying turf or vegetation, lack of maintenance on the exterior of your home, unauthorized vehicles such as boats, trailers and RV's just to name a few. We are required by Texas State Law to notify owners in writing via certified mail of a deed restriction violation. We also send correspondence via regular mail to ensure that you receive. If you receive a notice and have questions, please contact

the HOA office at 288-8663 or via email at <a href="mailto:info@circelcranch.info">info@circelcranch.info</a> to discuss. You can also view the deed restriction policy on the website at: <a href="http://www.circlecranch.info/documents/AssociationDocuments/DeedRestrictions/CCHOA-DeedRestrictionPolicy2003.pdf">http://www.circlecranch.info/documents/AssociationDocuments/DeedRestrictions/CCHOA-DeedRestrictionPolicy2003.pdf</a>

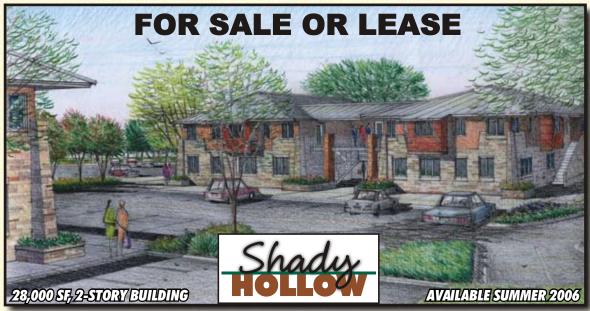
If you would like to report a deed restriction violation, please contact the HOA office via phone at 288-8663 or via email at <u>info@circlecranch.info</u>. You must have the specific address.



<b>Deed Restrictions 2006</b>										
# of Notices Sent	Violation									
119	Yard									
28	Yard maintennace									
19	Debris									
31	Boat/RV/Trailer/Camper									
2	Holiday Lights/Dec									
6	Unapproved ACC									
205	TOTAL (including 2 <sup>nd</sup> notices)									



## **MEDICAL & PROFESSIONAL OFFICES**



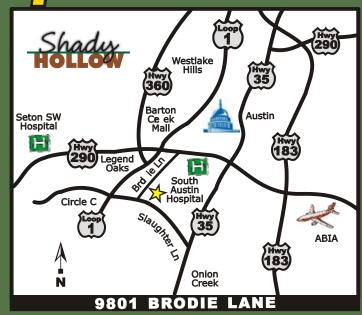
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#### **City of Austin Ordinances on Animals**

Please be aware of the following City of Austin ordinances in regards to your animal (keep your dog on a leash and restrained at all times and clean up after your animal). Violations of these ordinances can be reported by calling 311.

#### § 3-2-1 RUNNING AT LARGE PROHIBITED.

Except as specifically provided in this title, an owner or handler may not allow livestock, fowl, a dog, or other domestic or dangerous animal or reptile to run at large.

#### § 3-4-1 UNRESTRAINED DOG PROHIBITED.

- (A) Except as provided in Section <u>3-4-4</u> (*Public Areas Where Restraint of a Dog is Not Required*), an owner or handler of a dog shall keep the dog under restraint.
- (B) A person holding a dog on a leash or lead shall keep the dog under control at all times.

#### § 3-4-6 DEFECATION BY A DOG OR CAT.

An owner or handler shall promptly remove and sanitarily dispose of feces left on public or private property by a dog or cat being handled by the person, other than property owned by the owner or handler of the dog or cat.

### 4th of July Parade

The CCHOA will host it's annual 4th of July parade at the Swim Center Plaza. Festivities begin at 8:00am (come decorate your bike, wagon or stroller with streamers), at 8:30am we'll have a Best Decorated Contest (with gift card prizes) and the parade will officially begin at 9:00am. Join us immediately following the parade for ice pops.



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Tony Ragan

Owner/Circle C Resident





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"They project an image of competence as wells as trustworthiness. They are thorough, efficient, and obviously use methods that work"--J. Mason "Wonderful, courteous service!"--M. Price

#### BFI

#### **Summer Schedule**

During the summer months when school is not in session, BFI will begin their collection at 7:00am in order to maximize the cooler part of the day. Please be sure to have your cart out the night before or by 7:00am on your regularly scheduled pick up day.

#### Reasons Glass Should Not Be Recycled

- 1) Glass presents a safety hazard; it cuts our workers. Glass causes the majority of injuries in recycling facilities. (Most public parks have a sign at the entrance that prohibits glass. The reasons to not have glass in the park is the same reason it needs to be out of the recycling system.)
- 2) Glass contaminates other recyclables. Glass shards get mixed with other materials and are difficult or impossible to remove. Paper, plastic and metal recyclers do not want glass in the material they are handling.
- 3) Glass is made of silica (sand) and limestone which are the two most common minerals on earth. Recycling glass does not yield the benefit of conserving rare or hard to obtain materials. Sand and limestone are literally dirt cheap and readily obtainable throughout Texas.

- 4) As much, or more, energy is required to collect, transport, sort, package and ship broken glass (cullet) to a glass bottling plant than is used to melt the cullet; or to mine, transport and melt an equal volume of sand. This presents a negative environmental impact.
- 5) When glass is removed from the curbside collection program space is liberated to add other, rarer nonrenewable resources to the program such as paper products. The addition of magazines, telephone books, office paper, school paper, catalogs, junk mail and paper bags yield more tonnage than the glass that was displaced.
- 6) Glass is inert; it does not react with other materials. When glass is disposed in a landfill it does not create gas or leachate.
- 7) No viable markets exist for glass in Texas. Collection, processing and transport costs are more than \$100 per ton. Prices received at out-of-state markets are \$5 \$15 per ton which creates a significant loss. Unlike most commodities, recyclables do not have price supports. Recycling must survive on its own merit. Negative glass markets threaten the stability of the entire recycling industry; including local collection programs.



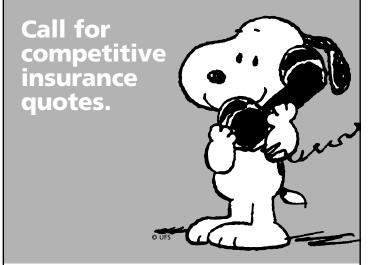
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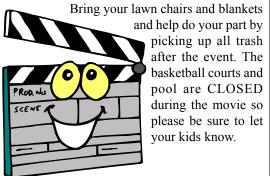
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#### Movie Night at the Pool

Bob & Melinda McKenna will sponsor another movie night at the Circle C Swim Center on Friday, July 14<sup>th</sup> at dark. The feature presentation will be: Nanny McPhee (rated PG). Admission is free!



and help do your part by picking up all trash after the event. The basketball courts and pool are CLOSED during the movie so please be sure to let your kids know.

#### **ACC Update**

All improvements and additions must be submitted to the Architectural Control Committee. When in doubt, ask! You can view the full rules and submission guidelines on the website at: http://www. circlecranch.info/Landscape.asp

Reminder: If you need access from a major road or boulevard for a backyard project, you must get approval from the CCHOA and possibly the City of Austin in advance. These areas operate similarly to private property in that you need permission from the owners in advance of any access. Also, landscaping and other items located in these areas are regulated or owned by the CCHOA or the City of Austin. Please do not attempt to perform any maintenance in these areas. There are strict insurance and other requirements and you could put yourself or others at risk. Thank you for your help.

#### Cardboard Recycling

The CCHOA has a cardboard only recycling container located at the Swim Center (the blue dumpster) that residents MAY use for recycling cardboard. Please break down all boxes before putting in dumpster. If the dumpster is full, please do not leave your cardboard on the ground, instead try back in a few days after the dumpster has been emptied.

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#### Adopt a Bulletin Bar

The CCHOA is starting a pilot program to "Adopt a Bulletin Bar" to provide information to the Circle C community at several mail centers. More information will be forthcoming on the website and general forum. Interested participants should send name, email address and which mail center they want to adopt (along with general questions) to <a href="mailto:caroline@mcenteegroup.com">caroline@mcenteegroup.com</a>.

## Do you have a Home Based Business right here in Circle C Ranch?

You can get information about your service or products to every home in Circle C Ranch, by running a business classified in the Circle C Ranch Newsletter. It is a great way to get your name and contact information to many potential customers in your growing neighborhood. The cost is \$45 for up to 40 words. Display ads are also available. For more information, please contact Peel, Inc. Sales Office, 512-989-8905; advertising@PEELinc.com. The deadline is the 10th of each month for the upcoming month's newsletter.

#### **Committee Opportunities**

The Association relies heavily on the participation of residents to work on issues affecting Circle C and currently is looking for volunteers for the following active committees:

- · Pool Committee
- · Safety Committee
- · Special Events Committee
- · Education Committee
- · Amenities Committee

If you are interesting in serving on a committee please send us an email at <a href="mailto:info@circlecranch.info">info@circlecranch.info</a>.

#### Circle C Website – Business Referral

We are accepting information from Circle C owned business/services to be posted on the Circle C Ranch website (i.e. accounting, catering, landscape, photography, etc.). If you would like to include your information, please submit your name, address, name of business and 1-2 sentences describing your business/service and contact information to <a href="mailto:info@circlecranch.info">info@circlecranch.info</a>. We will begin posting on the website in mid to late July.

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North Austin	101.6%	7	the best selling
Central Austin	102.0%	8	practices to ensure you
Southwest Austin	100.0%	0	•
Eanes	98.0%	18	are successful. And,
Average	100.5%	7	- We Guarantee It!

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#### Circle C Landscape

Submitted by Susan Hoover

Circle C Landscape worked throughout the spring to complete the list of capital improvements set by the CCHOA Board in March.

Swim Center and Plaza improvements, replacement grass, install beds

LaCrosse East, north side from Escarpment to Dahlgreen, install beds

LaCrosse/Mopac Entry Median, install beds, replace grass Circle C North, entry beds and medians, install beds Irrigation Improvements throughout Slaughter/Escarpment median tips, install beds Eclipse Mail Center, install beds

The following improvements were authorized and paid for by Stratus Properties to repair the medians in front of Tract 103.

Sod installation, 65 palettes Replacement Tree Installations Median tips installations All of the new areas comply with the Green Community Landscape Model and, once established, will create savings in terms of less water use and use of fewer resources in general. We have stopped planting for the summer at the current time due to the heat, but will resume with the approved schedule as soon as is feasible.

As far as your own yards, survival is the name of the game for July. Hopefully, one of those strange fronts has blown in a given us a little rain, but we are not counting on it. If you have new vegetation, make sure your trees get deep watering and dry out in between. When we install trees on the commons areas, we water daily for about 10 days, then ease back to every other day for the next week, every third day for the week after. After that it is two times per week of deep watering throughout the hottest part of the summer and for the first six months. The City of Austin website (<a href="www.ci.austin.tx.us">www.ci.austin.tx.us</a>) is a good resource for tips about water conservation with special emphasis on the problems encountered in our hot and dry summers.

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- 100% Money-Back Guarantee from our homemade Gumbo to our refreshing Mojitos & Mexican Martinis to our delicious Bread Pudding with Bourbon Sauce if you don't love it, we'll either replace it or it's on us!
- Mouth-Watering Food all-natural chicken, authentic Cajun specialties, savory pastas, fresh seafood, huge salads and burgers and everything is made-fromscratch when you order it!

## Don't take our word for it, just look at what your friends & neighbors have to say (or come in and experience it yourself!)

"Best Cajun Creole" & "Top 35 Favorite Restaurants" in the Austin Chronicle Readers

...this has been a great experience. We look forward to making Cypress Grill "our Place" for a long time. - Gay Phillips

The "neighborhood" restaurant feel. Comfy - No pretensions. That's very cool! - Pat

The food was incredible! You don't have to go to Louisiana to enjoy excellent Cajun food. It's right here in Austin. The service is excellent, too...we will be back. - Mary Ann Minto. I think you are South Austin's best kept secret...The Blackened Chicken Salad is truly the best salad I have ever had. - JoAnn Kugle



Cajun, Seafood, Cocktails

4404 W. William Cannon across from Costco, by Gold's Gym



#### Circle C Homeowners Association Deed Restriction Policy

Thank you for reporting a possible deed restriction violation to the Circle C Homeowners Association. In order to assure that each situation is addressed, the following policy has been adopted by the Board of Directors for deed restriction enforcement.

Deed restriction violation notification and other actions of the Circle C Homeowners Association are governed by laws of the State of Texas. All actions of the Association must be in compliance with these laws. Once a violation is reported and the Association begins any of the above actions, all correspondence and other communications regarding the actions of the Association are confidential.

- 1. When a concern is registered with the Circle C Homeowners Association (288-8663 or via email at <a href="info@circlecranch.com">info@circlecranch.com</a>) regarding a possible deed restriction violation, the staff records all relevant facts, including address and nature of the alleged violation.
- 2. The staff will verify the concern by an on site visit to the property in question.

- 3. The staff will determine three possible outcomes:
  - a. no deed restriction violation can be verified
  - b. a violation is present, homeowner will receive a cooperative letter
  - c. a violation is present, homeowner will receive a deed restriction violation letter.
- 4. Cooperative Letters: A cooperative letter is sent to homeowners who have minor violations that need to be cleared in a cooperative manner. The cooperative letter serves primarily as a reminder to the homeowner. It is issued from the Circle C Homeowners Association through regular mail, and is put on the list to be checked in 10 days to 2 weeks for compliance.
- 5. Deed Restriction Violations: A deed restriction violation is issued in certain circumstances when a cooperative letter is not effective in resolving a violation, such as a non-passenger vehicle being stored in view of other owners or dead vegetation or grass. A formal deed restriction is issued based on verification of the violation. The deed

(Continued on Page 12



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**Deed Restriction Policy** - (Continued from Page 11)

restriction letter states the violation according to the restrictions of the Association, gives a timeline for resolution, is recorded on the permanent file of the homeowner, and is sent to the homeowner through both regular and certified mail. Thirty five (35) days after receipt of the letter, a check for compliance is conducted by the Association. The homeowner can request a hearing before the board members within this 35 day time period.

6. If the deed restriction violation is not rectified by the above actions, the Manager of the Association conducts a review of the status of the violation. The homeowner is then again notified that unless compliance is achieved by a certain time, that further action may be taken by the Association. If compliance is not achieved within a reasonable time frame, the violation is discussed with the Board of Directors of the Association, and a final decision as to the disposition of the violation is made. This may include referring the violation to the attorney for the Association for further action.

If you are concerned about a specific complaint, you are welcome to contact the Circle C Homeowners Association at 288-8663 to check

the status. Violations that are not easily rectified often take months to resolve utilizing the processes that are available to the Association which comply with State law. The CCHOA will be able to tell you what stage any given restriction is at in the process, however, they may not be able to tell you how long until resolution, or what the next actions may be.



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#### **CCHOA Clubs & Announcements**

#### Circle C Area Residential and Commercial Professionals Referral Group

#### Rated #1 in Central Texas for 2005

Submitted by Bob McKenna

Hey friends and neighbors, do you know a reputable and trust worthy professional who truly places their customer's needs first? Someone who really goes the extra mile for his/her clients? If so, let them know about The Live Oak Network @ Circle C.

We are professional networking organization that offers our members the opportunity to share ideas, contacts and most importantly referrals.

Last year, The Circle C area BNI chapter (The Live Oak Network) was rated #1 in referrals generated, and we've widely known as the most enthusiastic group in the city!

The Live Oak Network is a non-competitive referral organization that admits one quality individual or company per professional category – therefore, we really need your help to find the best of the best in Circle C and SW Austin!

Interested in learning more about building business by referral? Or perhaps you are just curious and want to check us out? Feel free to come out any Wednesday morning, there is no obligation to join.

The Live Oak Network
Every Wednesday - 8:00 AM to 9:30 AM
The Golf Club at Circle C Ranch
7401 Highway 45, Austin, Texas 78739

The \$10.00 meeting fee is tax deductible and includes a healthy breakfast.

Bring at least 35 business cards to hand out to our members. For more information email <u>Bob@AustinReps.com</u>, or call 288-8088.

#### Classified Ads

**Personal classifieds** (one time sell items, such as a used bike...) run at no charge to Circle C Ranch residents, limit 30 words, please e-mail to info@circlecranch.info.

**Business classifieds** (offering a service or product line for profit) are \$45, limit 40 words, please contact Peel, Inc. Sales Office @ 512-989-8905 or advertising@PEELinc.com.

## FOR GENERATIONS OF WOMEN... NOW, AND SOON TO BE.



The best women's health care should be a "team" approach—Where the patient and a physician led team are working together and the patient is listened to and is treated with respect. Leading the team is Doug Mumfrey, M.D. an Obstetrician-Gynecologist who has recently started his practice near St. David's South Austin Hospital.

Each pregnancy, labor, and delivery are unique and the Women's Health Team will discuss all available options together. Our goal is to deliver a healthy baby and a healthy you with services that include:

- Consultation and care during pre-conception, pregnancy, delivery, and postpartum
- Prenatal education
- Complications of pregnancy
- High risk pregnancy
- Infertility



4101 James Casey | Suite 330 | Austin, Texas 78745 | Phone: 512-326-5175 | After Hours: 512-458-1121 | www.TheWomensHealthTeam.com

Park West Association News (\*This news pertains ONLY to Park West residents)

Submitted by Kathy Jedrzejewicz

Last month's issue of the Circle C Ranch Newsletter contained a page of "Frequently Asked Questions." Most of the answers apply to Park West Residents: however, several questions have different answers for us as we are a gated community. Let us explain:

Are cars allowed to be parked on the street? In the rest of Circle C, the city of Austin owns and maintains streets and the CCHOA has no say in resident car parking on the street. In Park West, the Park West HOA owns and maintains the streets and can establish street parking rules. To date, we are having success by asking residents to park in their driveway and garages. As long as most residents do not park on the streets, Park West HOA will not establish written rules with penalties for street parking. In 2005, PW had three auto accidents involving cars parked on the street. With most residents now using their driveways and garages, we've had no accidents as of June 1, 2006. So please, Park West neighbors, park safely off our streets.

*How do I report a street light outage?* In the rest of Circle C, they call the City. In Park West where our HOA owns the light poles, we call our property manager, Marilyn Childress, at 502-7509.

Do I have to submit plans for improvements and/or additions to my home? Like the rest of Circle C, Park West residents are required to submit plans for "all improvements such as decks, patio covers, pools, change in fencing or any other permanent structure to the [Circle C] Architectural Control Committee." Are door to door solicitors and door flyers allowed in Circle C? Circle C does not prohibit door to door solicitors. Park West is able to prohibit solicitors as we have posted "No Soliciting" signs at our pedestrian gates. By City ordinance, solicitors must abide by our "No Soliciting" signs. If solicitors bother you, call the City at 311, and our no soliciting signs will be enforced. Have you noticed the drop in solicitations and door flyers since our signs were posted?

Keith Bolsen resigned from the Park West Board of Directors on May 25th. In accordance with our bylaws, within 90 days the BOD will appoint another homeowner to serve until Park West's next annual meeting in February 2007. Please contact Dave Maril (301-8869) or Kathy Jedrzejewicz (301-9022) if you are interested or would like to recommend someone.

We are seeking volunteers to serve on the Landscape Committee. Please contact Linda Bal (301-4016) if you are interested.



#### **Kiker News**

Submitted by Sarah Hahn

Incoming Kindergarten Meet & Greet: Please join us under the shaded playscape of the Slaughter Creek Metropolitan Park (aka Circle C Park) to meet new friends who will be entering kindergarten in the fall. Both Kiker and Clayton communities are welcome. Date: Wednesday, July 19th 9:00-10:30am. Bring your smiling faces, a water bottle and a small snack. We are looking forward to meeting you! Elizabeth Milliner 288-6505, Sarah Hahn 394-9290, Holly Stachew 394-9564.

#### Incoming Kiker 3rd and 4th Grade Meet and Greet:

Heading into 3rd Grade or 4th Grade next fall? Come to Slaughter Creek Metropolitan Park (aka Circle C Park), to meet up with old friends and make new ones on July 18, and 21, with your water bottle and snack. (No unaccompanied children please).

July 18 - Incoming 3rd Grade

July 21 - Incoming 4th Grade

Please pass this message on to other Kiker parents. Hope to see you there!

For more information: <a href="mailto:sarahjo@austin.rr.com">sarahjo@austin.rr.com</a>, Sarah Hahn 394-9290

#### First Grade Meet & Greets

Submitted by Karen Syzdek

Join other first graders this summer on the dates below between 9:30am and 11:00 a.m. at Slaughter Creek Park. Contact <u>ksyzdek@yahoo.com</u> for more information.

Thursday, July 6 Tuesday, August 8

#### **Seeking New Clubs**

If you are interested in starting a new club for Circle C residents, please contact the HOA office at 288-8663 or via email at <a href="mailto:info">info</a>. Some ideas for new clubs: book, car, stamp, garden, sewing, dog, theatre, out-to-dinner, computers, quilting, etc.





#### What is Adventure Racing?

Submitted by Paul Murphy, Circle C Resident

#### Adventure (ad-ven-chur) n.

1. an exciting or dangerous experience. 2. willingness to take risks, the spirit of adventure.

#### Race (rays) n.

a contest of speed in reaching a certain point or in doing or achieving something; a race against time, an effort to get something done before a certain time.

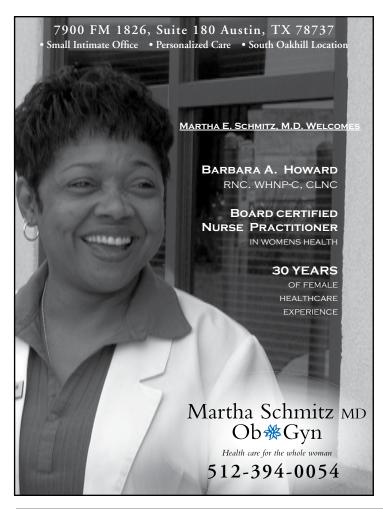
#### Adventure Race (ad-ven-chur rays) n.

1. a multi-discipline, often short (2 hours) but sometimes multi-day, nonstop, coed team oriented (not relay) endurance race through the backcountry. 2. teams travel as a cohesive unit to cover a predetermined course that encompasses the core disciplines of, but not limited to, mountain biking, trail running/trekking, paddling, and navigation. 3. an expedition with a stopwatch.

From its early beginnings in the 80s of Raid Gauloises to the highly televised Eco Challenge and Primal Quest, adventure racing is arguably on of the world's fastest growing sports with over 500 adventure races in the United States alone, up from only 1 in 1995!

Unlike more traditional sports, adventure racing takes place in spectacular venues, from Lakes Travis and Somerville, to Louisiana and the Rockies- and beyond to Australia and Fiji in fact almost anywhere a race can be run. Adventure racing allows participants to fuel their adventurous spirits, see wonderful sights, build camaraderie among their friends and peers and overcome both physical and mental barriers in an effort to continually redefine their potential and test their limits. Plus, as a sport that truly attracts athletes of all ages (most racers are in their late 30s-early 50s) and both sexes, adventure racing serves to promote personal health and fitness, while reminding us of the beauty and wonder of the natural world in which we live.

Austin adventure racing is thriving and Circle C should put its mark on this exciting sport. Training is freely available in the evenings and on weekends. Weekday training includes kayaking on Wednesday at 6:00 PM and mountain biking on Thursday at 6:00 PM. Come and look, you will be unlikely to only come once. Please email <a href="mailto:paul19may@hotmail.com">paul19may@hotmail.com</a> with questions and to find out more about forming a Circle C adventure Race Club.





#### **Lost and Hound**

Submitted by Robyn Katz, Circle C Resident

The past few weeks, I have noticed a lot of dogs running around Circle C North with no tags on them. This is really a hazard for both the dogs (since there are busy streets) and homeowners (since we don't know if the dog is friendly, and with no tags, we don't know who to call). I thought about the heartache I would go through if my dog became the next great escape artist, and it made me realize that I can't just sit here and do nothing about it.

I am more than happy to give you my phone number to call and email address to write, in hopes that you will call/write as soon as you find a dog or lose a dog. I call my volunteer service the Lost and Hound. Instead of posting flyers up with a lost dog sign, and instead of knocking door to door trying to find the owners of a dog you found, please call me! I will do the match-ups to make it easier for everyone else. One point of contact is just what we need in a wonderful community such as ours. The following is my contact information: Robyn Katz 512-394-9877 (home) JCrew024@aol.com (email)

If you call or email, please be sure to have as many details available as possible (color of dog, sex, neutered/spayed, breed, color of collar, tags or no tags, name of dog, where you found it—North, Park West, etc.). Thank you so much, and I look forward to helping all of you keep our dogs safe and keeping our community as lovely as it is.

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#### Cycling- the new Golf?

Submitted by Paul Murphy

With its open roads, beautiful landscaping and the nearby Slaughter Creek and the Veloway, it is no wonder that cycling is a popular activity in and around our neighborhood of Circle C. Old, young, fast, slow, fit and less so, cycling is a sport and an activity that is a powerful, low impact, workout that has something to offer everyone. From the casual family riders to the competitive teams and individuals, we all live in and ride around Circle C. At almost every hour of each day there is someone pedaling along our local roads and trails, often alone. The Circle C Cycle Club is a new club. It is forming to bring an increased quality of life to our already brimming neighborhood.

The club will not discriminate on cycles- recumbent, BMX, MTB, road, tandem or uni, the intent, initially at least, is to cater to 3 principal groups, kids, youth and adult and provide members with a fun environment and education, training, camaraderie, discounts at local bicycle shops and a social forum whilst promoting safe cycle practices. Meetings will be held monthly with formal rides being offered on a couple of days per week, one weekday and one weekend. Additionally club membership will be a way for members to get a riding buddy for those last minute rides during the week after work or for personal training before work.

The initial meeting will be held on **Wednesday**, **June 28**<sup>th</sup> **at 6pm** at the Circle C Swim Center. with the intent of establishing interest levels, needs analysis, general structure and more- an agenda and initial thoughts will be published on the Homeowner Forum in advance.

We look forward to see you at the meetings and on the roads. Please feel free to email questions to <a href="mailto:paul19may@austin.rr.com">paul19may@austin.rr.com</a> or better yet, come to the rides and meetings and have them answered in person.



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### **Frequently Asked Questions**

www.circlecranch.info



#### What are the rules on trash can and recycle bin storage?

The Declaration of Covenants, Conditions and Restrictions states that trash containers and recycle bins may the outside a maximum of two times each week for 12 hours. Trash cans and bins are to be stored in an area not visible from the street at all other times.

#### Are basketball goals allowed in Circle C?

Permanently installed goals are not permitted in Circle C. The deed restrictions state that basketball goals are to be stored out of the view of neighbors when not in use. City of Austin code states that only motorized vehicles are allowed to be parked on public streets and all sidewalks must remain clear and open for pedestrians.

#### Are cars allowed to be parked on the street?

The CCHOA does not have jurisdiction over the streets in Circle C; they are the responsibility of the City of Austin. However, the City of Austin's policy states that any vehicle with an expired registration sticker parked for more than 48 hours can be tagged by officers and/or impounded. Additionally, non-operating vehicles may not be parked or left on public streets for more than 72 hours. Please call 280-0075 to report an abandoned or non-operating vehicle

#### What should I do about barking dogs and stray animals?

Stray Animals may be picked up by animal control by calling 311. The City of Austin states it is unlawful for dogs to make frequent noise disturbing to persons in the neighborhood and violations should be reported to the City. You may also call the CCHOA office at 288-8663 with specific date and time for excessive barking. The staff will send a cooperative letter to the homeowner.

#### How do I report a street light outage?

Every light pole has an assigned number mounted on the pole. Jot down the number and call the City of Austin at 505-7617.

#### Are boats, trailers and recreational vehicles allowed in Circle C?

The Deed Restrictions require that any vehicle or trailer other than a conventional automobile be stored, placed or parked in an area concealed from view of other Homeowners.

#### What are the rules on maintenance?

Homes are to be kept in a well-maintained, safe, clean and attractive condition at all times. Lawns and garden areas should be kept alive, free of weeds and attractive. Lawn mowing is required on a regular basis. Trees and shrubs are to be pruned. Litter, trash, dead vegetation and debris should be promptly removed.

## What are the rules in Circle C on walking with your dog off leash and what about picking up after your dog?

Both of these issues fall under the jurisdiction of the City of Austin. It is against CoA ordinance to have a dog off leash except on your private property. It is also a requirement by the City that dog owners pick up and properly dispose of their dog's feces. In this regard, we recommend dog walkers carry a plastic grocery bag or newspaper sleeve. Slide it on like a glove, pick up the offensive matter, pull the bag back over your hand, knot it and throw it in your trashcan when you return home. Please keep our landscaped commons areas beautiful and clean for the enjoyment of all.

## Do I have to submit plans for improvements and/or additions to my home?

All improvements such as decks, patio covers, pools, change in fencing or any other permanent structure must be submitted to the Architectural Control Committee. You may download an application form as well as a fee schedule on our website at <a href="www.circlecranch.info">www.circlecranch.info</a> under the "ACC" quick link section.

#### What do I need to visit the Swim Center?

Currently you will need to give your name and address at the front desk for admittance. The Association is working on a more permanent resident verification system, but in the meantime your name and address will be checked to be sure the association dues have been paid. Guests may accompany you to the swim center (one guest per resident) for a fee of \$2 per person, per visit.

#### Are door to door solicitors and door flyers allowed in Circle C?

Both of these issues are governed by the City of Austin. By City ordinance, solicitors must abide by "No Soliciting" signs on private property. It is our suggestion that you place a small "No Soliciting" sign near your doorbell and/or a small staked sign near your front porch.



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#### **Circle C Amenities**

#### **Circle C Swim Center**

288-6057

The Circle C Swim Center Summer Hours are the following:

#### **Early Morning Lap Swim**

Monday – Friday 5:30am to 8:30am Saturday 7:00am to 10:00am

#### **Recreational Open Swim**

Monday – Thursday 10:30am to 8:00pm Friday & Saturday 10:30am to 9:00pm Sunday 1:00pm to 9:00pm

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#### June Events at the Lady Bird Johnson Wildflower Center

Submitted by Saralee Tiede

**Nature Nights**—A perfect summer evening with your family. Four fun programs from 6 to 9 p.m. every Thursday in July. Only \$1 admission, **free to EcoExplorer members.** Nature Nights is presented in cooperation with Texas Parks & Wildlife and is sponsored by 107.1 KGSR and KVUE.

- July 6, Symphonies of the Night: Finding a Frog Concerto in Your Backyard
- July 13, The Fascinating World of Texas Bats
- July 20, Slither and Slide: Get to Know the Snakes of Texas
- July 27, Creepy Crawlies: Insects Working the Night Shift

#### **Austin Just Got Weirder**

Don't miss the grand opening of the DAVID ROGERS' BIG BUGS

Catch an exhibit with big buzz! Eight enormous sculptures of our insect friends—see a 1,200-pound praying mantis, a 7-foot assassin bug, the biggest spider you will ever see and more! Opening July 27. On display through November 4. Enjoy a swarm of bug-themed activities and your kids take home a BIG BUGS for Little People activity book.

## Interested in Buying or Selling a Home in Circle C?

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Maria Tedder - ABR (512)-413-4343 Direct rmtedder@austin.rr.com

Dan Nowicki - ABR, GRI (512)-633-1780 Direct dnowicki@austin.rr.com



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#### Circle C Amenities Continued

#### The Golf Club at Circle C Ranch

Submitted by Denise Fisher

Want a FREE round of Golf? – Our membership program is your chance to experience The Golf Club at Circle C in a whole new way! Inquire about our annual memberships and get a round of golf on us! Join by July 31<sup>st</sup> and we'll give you \$200 off any membership program. Memberships are available in several categories including single memberships, family memberships, range memberships and corporate memberships. Limited opportunities are available so call now to learn more about what we have to offer you, your family and your business in 2006.

Live Music & Family Dining, Fridays - We'll rock the neighborhood with our own version of the Austin music scene in our beautiful patio and covered Biergarten. Bring the whole family, relax in our comfortable hill country setting and enjoy the tunes of local talent. Fresh dinner and drink specials will be featured every week. Check our website for dates at <a href="https://www.thegolfclubatcirclec.com">www.thegolfclubatcirclec.com</a> and call 288.4297 extension 2 to reserve your spot.

**Now Open Mondays** – The weather's just too nice so come on out as we'll be open for business on Mondays all summer long. There will be periodic closings on Mondays for maintenance, so check the website for full open schedule or call the Pro Shop at 288.4297 to book your next Monday tee time.

It's not too late to sign up for Summer Camps and Clinics – Kids of all ages can learn the game of golf in a fun atmosphere with our summer

camps and clinics with the Buck Mayers Golf Academy. A variety of programs for beginner to intermediate players will be available. Visit <u>www.thegolfclubatcirclec.com</u> for a full schedule.

Men's League Membership – Take your golf experience to a new level of satisfaction by joining the best golf league in Austin. Play competitive events, network with fellow golf nuts and ensure the future of the great game of golf. There's still lots of great events coming up so call today to see how to join the fun. To learn more visit <a href="http://www.thegolfclubatcirclec.com/page/101-8509.htm">http://www.thegolfclubatcirclec.com/page/101-8509.htm</a> or call the Pro Shop at 288.4297.

**Executive Women's Golf Association** – The South League EWGA meets each Tuesday at 5:30pm for a 9-hole game. The mission of EWGA is to promote and foster a spirit of acceptance, dignity and respect of careeroriented women golfers. For more information or to register, call the EWGA Hotline at (512) 707-4402 or go to www.ewga-austin.com.

Armadillo Golf Players, Summer League starts Sunday, July 10th - Austin's premier CO-ED golf league starts it's summer season of play with a five-week, 9-hole tournament each Sunday afternoon with a two-person team scramble format, designed to be enjoyable for golfers of every skill level. Play starts with a 4:30pm shotgun on Sunday, July 9<sup>th</sup>. To sign up, visit <a href="http://www.armadillogolf.com">http://www.armadillogolf.com</a> or call Alicia Parrish at 512.448.4566 for more information.



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### **Circle C Amenities Continued**

#### Circle C Tennis Club

Submitted by Fernando Velasco

#### **Summer Tennis Lessons**

Take advantage of the Tennis Lessons being offered at the Circle C Tennis Club during the month of July:

#### Juniors

- Pee Wee for ages 3-5: Monday and Wednesday 8:30 AM 9:00 AM
- Grand Prix for ages 6-8: Wednesday and Friday 9:00 AM 10:00 AM
- Grand Prix for ages 9-11:Tuesday and Thursday, 9:00 AM 10: 00 AM
- Grand Prix for ages 12-15: Monday, 9:00 AM 10:00 AM AND Wednesday, 9:00 AM – 10:00 AM
- Pre-Advanced Tournament Players I (By Invitation Only) Tuesday and Thursday, 5:30 pm – 7:00 pm
- Pre-Advanced Tournament Players II (By Invitation Only) Monday, Wednesday and Friday, 5:30 pm-7:00
- ATP (Advanced Tournament Players (By Invitation Only) Monday through Friday, 10:00AM 1:00 pm

**Juniors Week-Long Camps** - Monday through Friday 10am – 12 noon Members: \$99/week; \$22.50/day; Non-Members: \$110/week, \$25/day

- 6 to 9 yrs old: July 3 and July 17
- 10 13 yrs old: July 10

#### **Beginner Adult Sessions**

• Monday, 6:00 – 7:00 PM (Men)

- Thursday, 9:00 AM 10:00 AM (Ladies)
- Friday, 9:00 AM- 10:00 AM (Ladies)
- Saturday, 11:30 12:30 pm (Co-Ed)

Sessions are open to both Members of Circle C Tennis Club and Non-Members.

#### Membership Special

Join before August 1st and your sixth month as a Member, will be free. Presently there is no Initiation Fee and Membership Fees are \$110.00 a month for a family, \$100.00 a month for Family Seniors and Singles, \$75.00 a month for Senior Singles and \$75.00 a month for Juniors. For an additional \$35.00 optional membership, you may be able to use some of the finest Country Clubs in Austin. This fee allows you to join the "Austin Society" of Clubs, giving you privileges to play golf, tennis, swimming and dining in many of the Private Clubs, not only in Austin, but also in many parts of the country. For more information, call Kathi at 301-8685.

#### **Guest Pass**

If you are interested in trying out the tennis facilities, please give Fernando a call to receive a complimentary guest pass for you and your friends. To make arrangements, please call him at 301-8685. Passes will be provided based on open court availability.





Monthly Social Events

•Weekly Ladies' and Men's Nights •Private and Group Lessons



Weekly Ladies' and Men's Nights



Junior Lessons and Leagues



Circle C Tennis Club is located on 7401 Highway 45 (South Mopac and East of 1826) For more information or to sign up, call us at 301-8685



•Pro Shop

Tennis is the fun way to meet people and get fit... and it's easy to learn. To get you in the game, we're offering beginning tennis lessons for adults (18+)





### Circle C Amenities Continued

#### Circle C Cafe & Catering

www.circleccatering.com 288-6058 Pool Cafe Summer Hours: Monday - Saturday 12pm-9pm Sunday 1-5pm Serving salads, pizzas, hamburgers, and nightly gourmet specials

Delivery is always FREE in Circle C!

292-4716 Wildflower Cafe Hours: Tuesday-Saturday 10am-4pm Sunday 12pm-4pm Serving salads, sandwiches, soups, and desserts

301-7235 Catering Line We cater all events large & small. Please contact us for a personalized proposal!

Gift cards make the perfect gift! Purchase a gift card at a value of \$50.00 for a cost of \$40.00 Purchase a gift card at a value of \$100.00 for a cost of \$80.00 Give that special person in your life the gift of time by letting us cook dinner!!!

#### Now Hiring - Office Manager for Wildflower Cafe

Hours: Tuesday & Thursday 9:30am-4:00pm Wednesday 8:00am-4:00pm Pay rate- negotiable Must have knowledge of quick books & excel. Looking for someone with a "positive can do" attitude. Please email circleccafe@aol.com for more information We appreciate your business!!! Chef Jaime Arevalo

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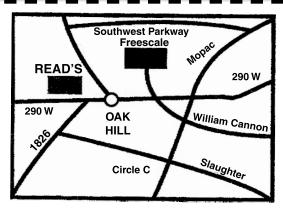
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Not Available On-Line

#### **Attention Teenagers**

The **Teenage Job Seekers** listing service is offered free of charge to all Circle C Ranch teenagers seeking work. Submit your name and information to info@circlecranch.info by the 12<sup>th</sup> of the month!

## Texas Events - July

- 1—JOHNSON CITY: Red, White & Blues Hours are 7 to 10 p.m. Texas Hills Vineyard. 830/868-2321
- 1—KERRVILLE: Open Car Show Automobile Club This is an annual antique car show. Kerr County Courthouse Square. 830/238-3746
- 1—KYLE: Independence Day Celebration & Fireworks Show Gregg-Clarke Park. 512/262-3939
- 1—LEAKEY: July Jubilee Includes arts & crafts from 8 a.m. to 4 p.m., 10 a.m. parade, and 9 p.m. street dance with Chris Story. Courthouse Square. E-mail: friochamber@hctc.net www.friocanyonchamber.com 830/232-5222
- 1—WIMBERLEY: Market Day Lions Field, FM 2325. E-mail: lions@visitwimberley.com www.visitwimberley.com/marketdays 512/847-2201
- 1-2—BRADY: July Jubilee Includes a parade, street dance, fireworks and more. Downtown Square and Brady Lake. E-mail: chamber@bradytx.us www.bradytx.com 325/597-3491
- 1-2—WIMBERLEY: *Star of the Hills* EmilyAnn Theatre. (Began Jun. 23.) www.emilyann.org 512/847-6969
- 1-2, 15-16—PFLUGERVILLE: "Another Man's Treasure" Flea Market Offers a variety of collectibles, vintage items, furniture, antiques and uncommon objects. Hours are 9 a.m. to 5 p.m. U-Haul Facility, 1617 Three Points Road & Vision. 512/636-2466

- 1-3—WIMBERLEY: VFW Rodeo & Dance Rodeo begins at 8 p.m. with dance immediately following. VFW Park, CR 182. www.wimberley. org 512/847-2765
- 1, 8, 15, 22, 29—PIPE CREEK: Open Rodeo Begins at 8 p.m. Includes calf scramble for kids. Lightening Ranch. www.lightningranch.com 830/535-4096
- 2—BOERNE: Triathlon Boerne Lake, Main Plaza. www.rogersoler.com 210/366-3701 or 210/930-3148
- 2-4—KINGSLAND: Aqua Boom Celebration The skies over Kingsland come alive on Independence Day. Includes parades on land and in the water, golf tournament, fish fry, patriotic concert, music and more events culminating with an awesome fireworks grand finale. www. kingslandchamber.org 325/388-6211
- 2, 6, 13, 16, 20, 27—BURNET: Devil's Waterhole Canoe Tour Take a guided canoe tour and see many of the unique geological and natural features of the and the park. Reservations required. Inks Lake State Park. 512/793-2223
- 3—GOLDTHWAITE: Christmas in July/Fireworks Features fireworks, musical entertainment, food, drinks, and arts & crafts. Goldthwaite City Park. E-mail: gcc@centex.net www.goldthwaite.biz 325/648-3619
- 3-9—LAMPASAS: Spring Ho Festival Includes a beauty pageant, hayloft party, gospel singing, fireworks, kid fishing derby, dance contest,

(Continued on page 27)

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#### **Texas Events -** (Continued from Page 26)

carnival, arts & crafts, pet parade, diaper derby, kids day activities, street dances, county fair, water sports, 10-K run and 1-mile fun walk, barbecue cook-off and the Spring Ho Grand Parade. E-mail: springho@ltex.net • www.cityoflampasas.com 512/556-5301

- 3, 18—BOERNE: Abendkonzerte Enjoy a summer evening concert with The Boerne Village Band. Main Plaza. 830/249-9511
- 4—AUSTIN: July 4 Concert & Fireworks www.austinsymphony.org 512/476-6064
- 4—BOERNE: July 4 Fireworks Show City Park. 830/249-9511
- 4—BUDA: Red, White & Buda Includes parade, entertainment and fireworks. Buda City Park. E-mail: bacc@austin.rr.com www.budachamber.com 512/295-9999
- 4—CASTROVILLE: Fourth of July Parade Begins at 9 a.m. Houston Square on Angelo Street. 830/931-4070
- 4—FREDERICKSBURG: Fourth of July Parade & Program Parade begins at 10 a.m. on the corner of South Adams and travels east to Washington and then back to Edison on West Main. Includes patriotic speeches and entertainment at 11:30 a.m. Marktplatz. 830/997-6891
- 4—FREDERICKSBURG: July 4 Fireworks Begins at dark. Lady Bird Johnson Park, Hwy. 16 S. 830/997-4202
- 4—HONDO: July 4 Day in the Park & Fireworks Display Includes children's area with games, jumping castle and vendors; food; music and fireworks display after dark. Medina County Fair Park. www. hondochamber.com 830/426-3037
- 4—KERRVILLE: Community Patriotic Sing Join in an hour sing-along

of patriotic music with a choir and soloist. First United Methodist Church, 321 Thompson Drive. www.kfumc.org 830/257-0809

- 4—KERRVILLE: Fourth of July on the River Concert Music begins at 6:30 p.m. Fireworks display begins at 9:30 p.m. Bring a picnic and lawn chairs. Food and drink vendors are on site. Louise Hays Park, off Thompson Drive. 830/792-8386
- 4—LUCKENBACH: Fourth of July Celebration www.luckenbachtexas.
- 4—NEW BRAUNFELS: Let Freedom Ring This is the annual Fourth of July parade and program. Hours are 9 to 11 a.m. Downtown New Braunfels, Main Plaza. E-mail: sophienburg@nbtx.com 830/629-1572
- 4—OZONA: Knights of Columbus Independence Day Celebration Includes arts & crafts, food and entertainment booths, and a dance. Crockett County Fair Park. E-mail: oztxcoc@aol.com www.ozona. com/crockettcounty 325/392-1321
- 4—ROUND ROCK: July 4 Frontier Days Celebration Features a spectacular fireworks show, live music by the Austin Symphonic Band and truckloads of watermelon. Plan a family picnic and bring lawn chairs. Parade begins at 10 a.m. Festivities begin at noon. Program starts at 8 p.m. with fireworks beginning at dark. Old Settlers Park at Palm Valley. www.roundrockfrontierdays.com 512/218-5540
- 4—SAN MARCOS: Summerfest Enjoy family entertainment, an illuminated river parade and a spectacular fireworks display. www. sanmarcoscharms.com 888/200-5620

(Continued on page 24)





## CIRCLE C RANCH

Texas Events - (Continued from Page 23)

- 4—STONEWALL: Cannon Shoot Includes special activities, wine tasting, cannon shoot every 30 minutes, music and more. Hours are 10 a.m. to 5 p.m. Becker Vineyards. www.beckervineyards.com 830/644-2681
- 4—STONEWALL: Fourth of July at the Sauer-Beckmann Farm Experience life as a German family and their friends would have in the early 1900s. Take part in horseshoes, washer pitching, stick-horse races and other activities. Lyndon B. Johnson State Park & Historic Site. 830/644-2252
- 4—WIMBERLEY: Community Chorus & Band Patriotic Concert Begins at 5 p.m. Ranch Road 12. E-mail: info@wimberley.org www. wimberley.org 512/847-2201
- 4—WIMBERLEY: July 4 Parade Ranch Road 12 at Ozona Bank Drive-in Park. E-mail: info@wimberley.org www.wimberley.org 512/847-2201
- 4, 7, 11, 14, 18, 21, 25, 28—BANDERA: Open Rodeo Begins at 8 p.m. Includes a calf scramble for kids. Twin Elm Guest Ranch. www. twinelmranch.com
- 5-9—ATHENS: Summer Jubilee Henderson County Fair Park Complex. 903/677-6354 PRAIRIES AND LAKES
- 5, 12, 19, 26—AUSTIN: Children's Day Art Park Kids can visit the Instrumental Petting Zoo, watch ballet folklorico, experience live music, participate in craft projects, and follow a Pied Piper along the Lemonade Trail to the Magic Oak Tree for stories. Symphony Square. www.austinsymphony.com 512/476-6064

5-29—INGRAM: Regional Juried Show — Arts Foundation Features works in all media from regional artists. The Gallery at The Point, Hwy. 39. www.hcaf.com 830/367-5121

7—FREDERICKSBURG: Cactus Pear Music Festival Features chamber music. Begins at 7 p.m. Fredericksburg United Methodist Church, 1800 N. Llano St. www.cpmf.us 210/824-5377

7-8—LAMPASAS: Spring Ho BBQ Cook-OffE-mail: lampasaschamber@ thegateway.net • www.lampasaschamber.org 512/556-5172

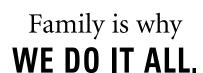
7-8—MASON: 42nd Annual Roundup Weekend Enjoy a rodeo and dance on Friday and Saturday nights. On Saturday, activities include arts & crafts fair, 10 a.m. parade and a burro race. On the Square & Rodeo Grounds. E-mail: masoncoc@hctc.net • www.masontxcoc.com 325/347-5758

7-8—SAN SABA: Young Farmers Youth Rodeo Rodeo Arena. 325/372-5416

7-9—AUSTIN: Beautiful Horses of Texas Painting Exhibit Equine artist Karen Brenner's newest series of oil paintings are based on horses from the Lone Star State. Twenty-nine oil paintings will be displayed. Sheplers, 6001 Middle Fiskville Road. www.karenbrenner. com 330/263-1023

7-Aug. 12—AUSTIN: Zilker Summer Musical — Seven Brides for Seven Brothers Outdoor musical production depicts the classic story of newlyweds who take the groom's six rowdy bachelor brothers in the wild Oregon backwoods. Zilker Hillside Theatre. www.zilker.org 512/479-9491

(Continued on page 29)



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Texas Events - (Continued from Page 28)

8—AUSTIN: Kalinka — Kids Series Sergey and Vladimir explore their native country of Russia through vivacious, invigorating folk and popular music. One World Theatre. 512/329-6753

8—CASTROVILLE: Market Trail Day Features craft, food and plant booths. Houston Square on Angelo Street. 830/741-2313

8—GEORGETOWN: Market Day Features arts & crafts, antiques, collectibles and festive foods. Hours are 10 a.m. to 5 p.m. Historic Downtown Georgetown. www.downtowngeorgetownassociation.org 512/868-8675

8—KERRVILLE: Second Saturday Art Trail Features art galleries in Kerrville and Ingram. Includes special exhibits and receptions. www. artinthehills.com 830/895-5184

8—LAMPASAS: Toughest 10K in Texas E-mail: lampasaschamber@thegateway.net • www.lampasaschamber.org 512/556-5172

8-9—AUSTIN: 37th National Insulator Association Annual Convention & Sale Offers 120 dealer tables and 28 educational exhibits. Includes seminars and on-site appraisals planned throughout the show. Hours are 9 a.m. to 4 p.m. Saturday and 9 a.m. to 1:30 p.m. Sunday. Doubletree Hotel, 6505 I-35 N. E-mail: batesjimjr@aol.com • www.nia.org/shows/national 512/255-2006

8-9—BOERNE: Market Days Shop arts & crafts, antiques, collectibles, unusual items and food booths. Main Plaza. www.mainstreetboerne.com 830/249-5530 or 210/844-8193

9—AUSTIN: Noche Flamenca Presents a sizzling show that embodies

the unadulterated fire of traditional flamenco. One World Theatre. 512/329-6753

9—BURNET: Bluegrass in the Park Wayne Brooks and the Piney Grove Ramblers play toe-tapping, finger-snapping bluegrass music from 7:30 to 8:30 p.m. Inks Lake State Park. 512/793-2223

9—KERRVILLE: Second Sunday Summer Serenade The Air Force Band of the West performs at this free concert. Louise Hays Park. www. bankofthehills.com 830/895-2265

12—NEW BRAUNFELS: Comal Country Music Show House band and featured artists perform country music. Doors open at 6 p.m. Civic Center. 830/629-4547

12-16—CASTROVILLE: Boys Regional & Sectional Tournament City Baseball Field. 830/931-3680

13-15, 20-23, 27-30—BULVERDE: *Crossroads* It is 1914 and life is humdrum until a train carrying Buffalo Bill's Wild West Show derails outside of town. S.T.A.G.E., 1300 Bulverde Road. 830/438-2339

13-23—KERRVILLE: *The Goodbye Girl* —Playhouse 2000 A Broadway dancer, her witty daughter and a neurotic actor are forced to share an apartment. Kathleen C. Cailloux Theater, 910 Main St. www. caillouxtheater.com 830/896-9393

13-29—INGRAM: *Cinderella* Presents the classic tale. Smith-Ritch Outdoor Theater, Hwy. 39. www.hcaf.com 830/367-5121

13-Aug. 27—AUSTIN: *Bad Dates* It's a bumpy ride of Mr. Wrongs for a 40-year-old single mom from Austin who is re-entering the dating scene. Zachary Scott Theatre. www.zachscott.com 512/476-0541

(Continued on page 30)

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## CIRCLE C RANCH

Texas Events - (Continued from Page 29)

14—AUSTIN: Bossacucanova This is a Rio-based trio whose music is both freshly modern and deeply, traditionally Brazilian. One World Theatre. 512/329-6753

14-15—FREDERICKSBURG: Night in Old Fredericksburg Features German food and drink, music, arts & crafts, kids area and historical exhibits. Enjoy German pioneer historical demonstrations, clowns, games and more. Performers include The Sauerkrauts and Dujka Brothers on Friday and Shiner Hobo Band, Jodie Mikula Orchestra, Seven Dutchman and Bobby Jones Czech Band on Saturday. Marktplatz Fredericksburg. www.tex-fest.com 866/839-3378

14-15—TAYLOR: 55th Annual Taylor Rodeo Includes full action from bull riding to mutton busting. A dance is held after the rodeo. East Williamson County Event Center. 512/365-4357

14-16—FREDERICKSBURG: Trade Days Includes more than 300 vendors, five barns, acres of antiques and more, biergarten and music. Hours are 9 a.m. to 6 p.m. Friday and Saturday and 9 a.m. to 4 p.m. Sunday. Hwy. 290 E. across from Wildseed Farms. www.fbgtradedays. com 830/990-4900 or 210/846-4094

15—BLANCO: Market Day www.historicblanco.org 830/833-2211 15-16—AUSTIN: 12th Annual Pond Tour Pond owners open their properties to the public to demonstrate how luscious a backyard can become with a splash of water, flash of bright fish and aroma of many plants and herbs. Hours are 9 a.m. to 5 p.m. www.austinpondsociety. org 512/627-3483

15-16—AUSTIN: Citywide Garage Sale Palmer Events Center. www. cwgs.com 512/441-2828

15-16—GRUENE: Old Gruene Market Days Nearly 100 vendors offer uniquely crafted items, collectibles and packaged Texas foods. Hours are 10 a.m. to 5 p.m. www.gruenemarketdays.com 830/832-1721

16—AUSTIN: Eliot Fisk & the Miro String Quartet Prepare to be dazzled when one of the premiere string quartets in the world meets one of the greatest guitar virtuosi for an afternoon of Spanish music — both new and old. Begins at 2:30 p.m. Northwest Hills United Methodist Church, 5070 Village Center Drive. www.austinclassicalguitar.org 512/300-ACGS

21-23—AUSTIN: Custom Sounds Texas Heat Wave Features the hottest cars, trucks, bikes and anything else with wheels. One of the largest custom truck and car shows in the nation. Travis County Expo Center. www.heatwaveinc.com 512/252-0283

21-23—NEW BRAUNFELS: Quiltfest "Stitchin' in the Garden" Judged show includes a raffle quilt, vendors, silent auction, quilt appraisals, Quilter's Emporium and more. Hours are 10 a.m. to 5 p.m. Friday and Saturday and 11 a.m. to 4 p.m. Sunday. E-mail: hempen@gvtc.com • www.geocities.com/nbagg 830/625-0424

21-23—ROUND ROCK: 2006 Games of Texas Soccer Tournament www.taaf.com/gamesoftexas

22—CASTROVILLE: Annual Kid Fish Open to children age 4 to 16. Begins at 9 a.m. Reservations recommended. Call after June 1 for reservations. Landmark Inn State Historic Site. 830/931-2133

(Continued on page 31)





**Texas Events -** (Continued from Page 31)

22—FREDERICKSBURG: Fredericksburg Saturday Night: American Music in the Texas This is a series of live Roots music concerts featuring bluegrass, blues, soul, jazz, gospel, Cajun, zydeco and other American music styles by emerging and established artists. Hours are 5 to 11 p.m. The Pioneer Museum. www.pioneermuseum.com 830/997-2835

23—AUSTIN: Sax Pack Consists of three all-star sax players: Jeff Kashiwa, formerly of the Rippingtons; Kim Waters, king of urban smooth jazz; and Steve Cole, sizzling soul man. One World Theatre. 512/329-6753

24-Oct. 15—KERRVILLE: Window on the West *The Phelan Collection* — Museum of Western Art Features paintings from artists who personally explored the West in the 1800s. 1550 Bandera Highway. www.museumofwesternart.org 830/896-2553

27—MASON: Country Opry The featured artist is Jade Cienega. Begins at 7:30 p.m. Odeon Theater on Mason Square. E-mail: masoncoc@hctc. net • www.masontxcoc.com 325/347-5758

27-30—ROUND ROCK: Games of Texas This Olympic-style event includes archery, badminton, baseball, bowling, boxing, disc golf, fencing, golf, gymnastics (youth/adult), lifeguard competition, racquetball, sand volleyball, soccer (youth), softball (youth/adult), swimming, tennis (youth), track and field, and wiffleball. www.taaf. com/gamesoftexas

27-Aug. 13—MARBLE FALLS: *The Sound of Music* Community Theatre. 830/798-8944

28-30—FREDERICKSBURG: 29th Annual Swap Meet Lady Bird Johnson Municipal Park. www.fredericksburgcarclub.com 325/388-2223

28-30—LEAKEY: 2006 National Hang Gliding & Paragliding Fly-In Come out and see free flight at its finest. Discovery flights, ultralight tandem flights and lessons are available. Real County Airport. www. flexwing.org/txopen 830/232-6186

28-Aug. 18—WIMBERLEY: *The Cocktail Hour* Greenhouse Theatre. www.wimberleyplayers.org 512/847-0575

29—STONEWALL: Blacksmithing at the Sauer-Beckmann Farm Hours are 10 a.m. to 3 p.m. Lyndon B. Johnson State Park & Historic Site. 830/644-2252

29-30—JOHNSON CITY: Arts Encounters 2006 Series Hours are 10 a.m. to 6 p.m. Saturday and 1 to 6 p.m. Sunday. The Benini Foundation. www.artsencountersatbeninis.com

31-Aug. 12—WIMBERLEY: Shakespeare Under the Stars Two Shakespearean plays run consecutively. EmilyAnn Theatre. www. emilyann.org 512/847-6969

**Texas Events** has been published with the permission of the Texas Department of Transportation. All events are taken in part from the Texas Events Calendar. All dates for events were correct at the time of publication and are subject to change.

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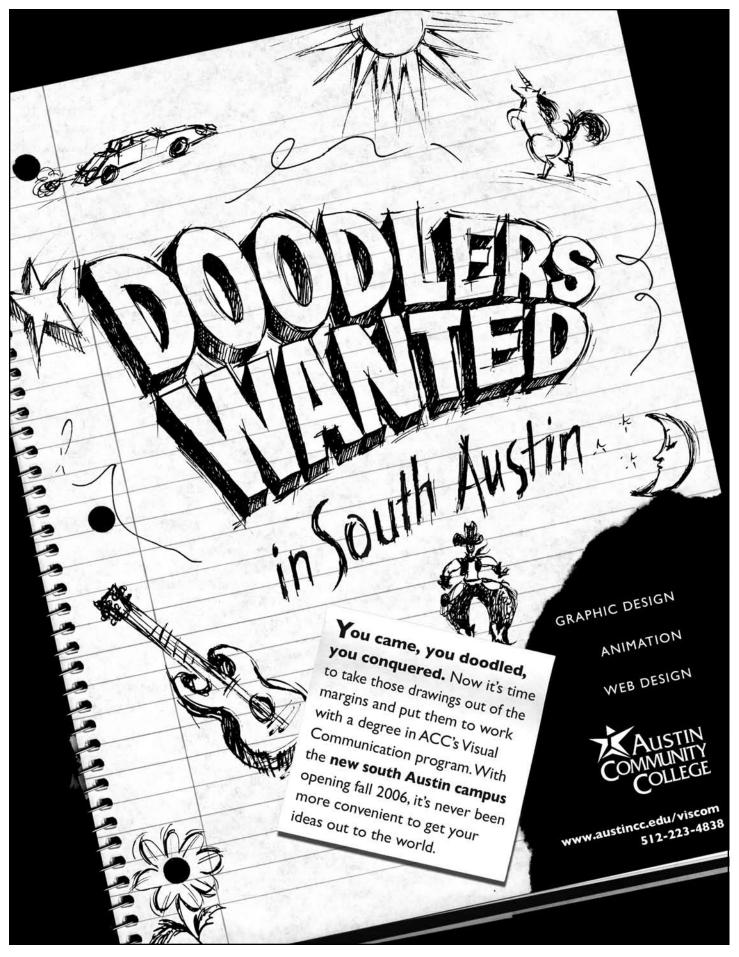
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# FIT FACTS

## Summer Skin

Once again, winter has faded into spring and spring has burst into summer. Along comes the invincible summer sun, your skin's arch-enemy, particularly if you exercise outdoors. Most people know that using a sunscreen is essential protection, but knowing and doing are often two different things. There are a number of ways to promote a healthy glow without exposing your skin to harmful rays.

#### Sunscreen

Every sunscreen has a sun protection factor, or SPF, which is a measure of its strength or effectiveness. Each of us needs a different SPF, depending on whether, and to what degree, our skin burns or tans. A tan is the direct result of melanin, a brown pigment found in the epidermis that is produced when skin is exposed to sunlight. Melanin protects the skin by absorbing, reflecting and scattering ultraviolet radiation before it penetrates the dermis, or underlying skin. However, armor that it is, melanin can't prevent all the negative effects of the sun, and is often representative of damage. That's why we need to use sunscreens. To determine what SPF your skin requires, you must know how long it takes your skin to burn when unprotected and exposed to sunlight. As a rule of thumb, anyone whose skin burns, whether or not it turns into a tan, should use an SPF of 15. Check with your doctor or pharmacist if you are taking antibiotics, antidepressives or antidiuretics. Some of these medications increase your skin's sensitivity to sunlight and may decrease the time it takes your skin to burn.

#### **Creating a Barrier**

When exercising outdoors on a hot, sunny day, light-weight, light-colored clothing combined with plenty of sunscreen on both exposed and unexposed skin is the way to go. However, if overheating isn't a concern, dark-colored, tightly woven clothing is more

effective at blocking UV rays than say, a white T-shirt, which allows UV rays to reach the skin. Another barrier against sun damage comes in the form of eyewear. Protect not only your eyes, but the skin around them by wearing sunglasses that block 90 percent to 100 percent of the sun's UV rays.

And, last but not least, wear a hat. Though a cap may be more comfortable for jogging, try a wide-brimmed hat that will shade your neck and face while gardening or walking outside.

#### **Sunscreen Facts**

- Wear sunscreen every day if you will be outside for more than 20 minutes, even when it's cloudy.
- Sunscreen should be applied 15 to 30 minutes before going outdoors, and reapplied every two hours or after swimming or sweating.
- Don't skimp: One ounce—enough to fill a shot glass—is considered the amount needed to properly cover exposed skin.
- Limit your exposure to sunlight from 10 a.m.-4 p.m. during Daylight Savings Time (9 a.m.-3 p.m. during Standard Time) when the sun's rays are the strongest and most harmful.
- When choosing a sunscreen, look for one with an SPF of 15 or higher that provides broad-spectrum coverage against all ultraviolet light wavelengths.
- · Throw out old bottles of sunscreen, which can lose strength after three years.

Source: American Academy of Dermatology

#### Start with the Inside

Now that you know how to protect the skin's surface, it's time to start thinking about what you can do to make it glow from the inside out. You're already off to a good start with exercise, which gets the blood circulating and delivers fresh oxygen to the skin all over your body. The next step is

to drink plenty of water. Outdoor exercise, especially in the summer, increases your risk of dehydration. This is one risk you don't want to take since it not only affects your performance and robs your skin of its vitality, but may be potentially hazardous to your health. Be sure to drink fluids before, during and after activity. To replenish your fluids after any outdoor activity, weigh yourself before you participate and then again after. Any weight you lost is water and should be replaced by drinking two glasses (16 ounces) of water for every pound you have lost.

#### Everyone Needs a Little Sunlight

It's been shown that a lack of sunlight can cause depression. After all, most plants won't even grow without sunshine. And when the sun comes around and makes the days longer, our first instinct is to peel off our sweaters and bask in it. Go ahead. Just take precautions so you won't have to deal with the unpleasant (and unnecessary) consequences.

#### What SPF Do You Need?

Follow these steps to calculate what SPF you should look for in a sunscreen:

- 1. Determine how many minutes your bare skin can be exposed to the sun before it burns.
- 2. Divide that number of minutes into the total number of minutes you want to remain in the sun.
- 3. The result is the SPF you should look for in a sunscreen. For example, if your unprotected skin burns in 10 minutes, and you plan on being in the sun for three hours, you would need a sunscreen with an SPF of at least 18 (180 minutes divided by 10 minutes).



## Cryptogram

A cryptogram is a puzzle where a sentence is encoded by substituting the actual letters of the sentence with different letters. The challenge of the puzzle is to 'decode' the sentence to reveal the original English sentence. We have provided a few of the decoded letters to help get you started.



Hint: It's a famous movie quote...

Α	В	С	D	Е	F	G	Н	っ	Κ	$\Box$	Μ	Z	0	Ρ	Q	R	S	Т	J	٧	W	X	Υ	Ζ
0				Υ							Χ													

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## Cool Summer Dessert

#### Pea Pickin' Cake

1 box Yellow Cake Mix

1 - 11 oz. can Mandarin oranges & juice

½ C. Vegetable oil

4 eggs

Mix well. Bake in 3 layers about 330° for 20 minutes. (do not overcook). Cool thoroughly.

#### Icing

- 1 large box vanilla instant pudding
- 1 16 oz. can crushed pineapple & juice
- 1 large carton Cool Whip

In mixer, combine pudding, pineapple. Add Cool Whip. Mix well. After icing, cake must be refrigerated. *Enjoy!* 







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Output Temp. Before PF: 58.8

Temp. Difference before: 17.7 degrees F

Intake Temp. After PF:

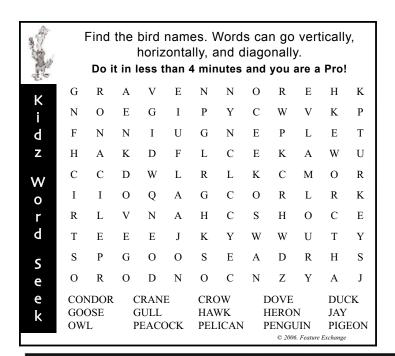
Output Temp. After PF: 55.3

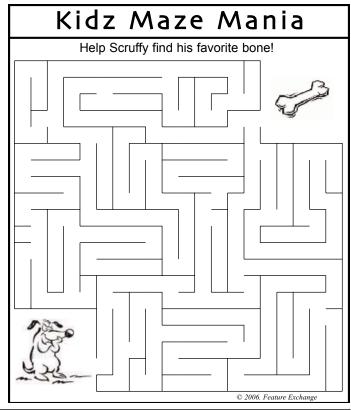
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## Kidz Corner

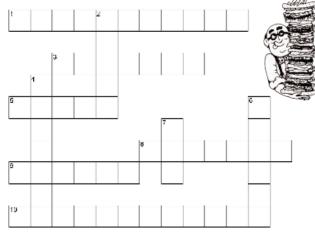






#### Kidz Crossword Puzzle

Hint: Things you put on a sandwich



#### Across

- 1. We have fun roasting them
- 3. A monkey's favorite food
- 5. Looks like jello
- 8. Bugs Bunny eats them
- 9. We eat on Thanksgiving
- 10. Made from peanuts

#### Down

- 2. Made by bees
- 4. Its green and used in salads
- 6. Yellow in color
- 7. Rhymes with Spam

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## Children's BDEFG Health

#### Helping Your Child With Speech And Language Development

(NAPSA)-Speech and language skills develop at varying rates for children. Still, there are certain milestones most children reach at specific ages. Common, everyday interaction between children and those around them is the best way to boost and enhance speech and language skills. From birth, hearing is critical for children to learn and react to the world around them. An unidentified hearing loss can cause a delay in speech and language development. Consequently, it is better to identify and treat hearing loss as soon as possible.

Parents and other caregivers can do many things to encourage speech and language development and provide learning opportunities. Some examples:

- Listen and respond to your child. Acknowledge, encourage, and praise attempts to communicate.
- Talk to your child about what you are doing, what you see, what your child is doing, and what your child sees. Use language that is appropriate for your child's speech and



It's never too early or too late to read to your child. Reading introduces new words and ideas, even if you simply describe pictures without following the written words.

language abilities.

- Accept mistakes as your child's speech develops. Simply repeat or expand what was said, using the correct words or sounds.
- If you don't understand what your child is saying, ask your child to repeat or help your

child to rephrase.

Seek help if you suspect your child is having a speech, language, or hearing problem. An evaluation can determine whether or not a child's skills are developing normally. Certified speech-language pathologists and audiologists are educated and trained at the master's or doctoral level to evaluate communication skills and treat disorders.

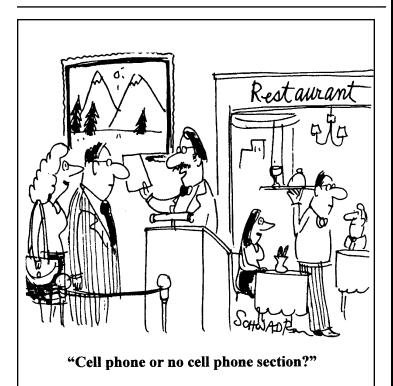
The steps you take can be very important. During the first five years of life, the building blocks for lifelong communication are formed. Believing your child will "grow out of a problem" can hinder his or her ability to read, write, learn, and engage in social relationships.

For more information on this or other subjects, such as hearing loss, stuttering, aphasia, articulation, or voice problems, and prevention of noise-induced hearing loss, contact the American Speech-Language-Hearing Association at 1-800-638-8255 or www.asha.org.









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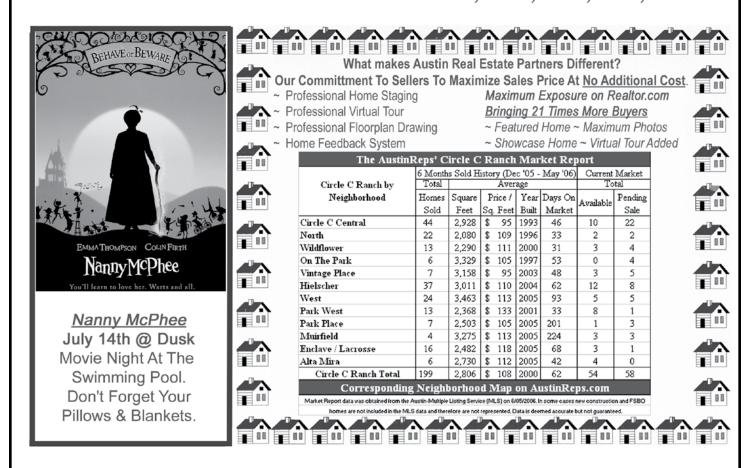
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