



LAKE S

ON ELDRIDGE
NORTH

Volume 5, Issue 7

July 2006
Official Newsletter

New Board of Directors for Homeowners Association seeks more Community Involvement in Newsletter.

The LOEN Home Owners Association is now operating with a Board of Directors who are all home owners from the community. Two of the members have been on the Board for the past 2 years and 3 additional members have been appointed during the transitional period until elections are held in October. The Board wants to improve communications with the home owners and plans to have more community news in the upcoming monthly newsletters.

Recently, Charlie Cook has volunteered to lead the effort to coordinate our community news to PEEL, Inc. for publication in the LOEN Newsletter and Andrea Goode has volunteered to work on the Newsletter committee. The committee would like to have 2 additional volunteers to help with improving the layout and content for the newsletter. Good communication is the core to building a close community.

One suggestion has been for the various committees (landscaping, security, hurricane preparedness and ACC) to publish updates in the newsletter. Other suggestions include having board meeting minutes, crime reports, safety issues and helpful tips from VanMor published. The committee would like to encourage other suggestions from everyone.

We need your ideas for improving the newsletter, input about concerns and issues related to the management of our community and other community news to make this effort successful.

Please e-mail any suggestions, information, or news you would like included in the newsletter to Charlie Cook at cookloen@sbcglobal.net. Also, send an email to Charlie if you would like to volunteer in making a difference in your community by joining the Newsletter committee!

Community Emergency Response Team – CERT

Cy-Fair CERT classes now have 53 team members in your neighborhood. These new team members are not only from Copperfield, but Katy, Bear Creek, Cypress, Alief, Tomball, and Sugarland. More trained CERT members will be needed in each of these areas to form teams.

CERT training is designed to prepare you to help yourself, your family, and your neighbors in the event of a catastrophic disaster. Because emergency services personnel will not be able to help everyone immediately, you can make a difference by using this training to save lives and protect property.

This 8 week course (24 hours of training) covers basic skills that are important to know in a disaster when emergency services are not available. You are taught skills about disaster preparedness, small fire suppression, urban search & rescue, medical operations and more. With training, practice and working as a team you will be able to do the greatest good for the greatest number of people after a disaster, while protecting yourself from becoming a victim.

In 2003 President Bush asked Americans to volunteer to serve others. The Harris County Citizen Corps www.harriscountycitizen corps.com was created to help our citizens find volunteer and training opportunities. CERT training is just one of the programs created. Training courses are provided throughout Harris County. There is no cost for this course. A backpack of supplies is provided to all CERT team members during training. This program is brought to you by Harris County Judge Eckels.

For more information on how you can become involved in CERT and to register contact: Sue Zahn Lucas (Cypress Mill Resident), 832-687-5778 or email suezahn58@yahoo.com or Teri Shamlian, 713-594-1159 or email at tshamlian@sbcglobal.net

**View the Lakes on Eldridge North
Community Newsletter
each month on-line at
[www. PEELinc.com](http://www.PEELinc.com)**

Lakes on Eldridge North

IMPORTANT NUMBERS

VanMor Properties, Inc.281-493-0668
 Fax281-493-5654
 Kate Loeffler, Manager
 Kim Stewart, Administrative Assistant
 Gate Attendant713-856-6127
 Harris Co. Sheriff - (non-emergency)713-221-6000
 Cy-Fair Fire Department - (emergency)281-466-6161
 (non-emergency) ...281-550-6663
 Poison Control1-800-764-7661
 Texas DPS713-681-1761
 Waste Management713-695-4055
 (trash collection Mondays & Thursdays)
 Aqua Services713-983-3602
 (Service or emergencies 24 hrs)713-983-3604
 Harris County Tax Office713-224-1919
 Reliant Energy713-207-7777
 (give pole # of street which is out)
 Entex (gas)713-659-2111
 Time Warner Cable713-462-9000
 Houston Chronicle713-220-7211
 Metro Transit Info713-635-4000
 Kirk Elementary713-849-8250
 Truitt Middle School281-856-1100
 Cy-Falls High School281-856-1000
 Newsletter Publisher
 Peel, Inc. advertising@PEELinc.com, 512-989-8905
 Adver./Donna Sommer..dsommerPEELinc.com, 832-237-4684

Deadline for submitting articles for the Lakes On Eldridge North Newsletter is the 10th of each month. Submissions are subject to space limitations and editorial approval. Submit at www.PEELinc.com

PERSONAL CLASSIFIED ADS: Deadline for submitting personal classified ads is the 10th of each month for publication in the following month's newsletter. Submit classified ads at www.PEELinc.com.

ADS: Deadline for submitting ads is the 10th of each month for publication in the following month's newsletter.

Please contact Peel, Inc. Sales Office at 512-989-8905 or advertising@PEELinc.com for information on advertising.

Vanmor Properties, Inc. Contacts

Manager - Kate Loeffler
 Administrative Assistant - Kim Stewart
 1505 Highway 6 South, Suite 110
 Houston, Texas 77077
 Phone - 281-493-0668
 Facsimile - 281-493-5654

LOEN Board Of Directors

Steve Woodall President
 Faheem Khawaja Vice President
 Victor Elgohary Treasurer
 Don Byrnes Secretary
 Lisa Carpenter Director

Pool Hours

Catalina Shores Pool

June - August 8th

Tuesday - Saturday 10 am - 8pm,
 Sunday Noon - 8pm
 (Lifeguards gone during the week days after public school starts)

Sonora Canyon Pool

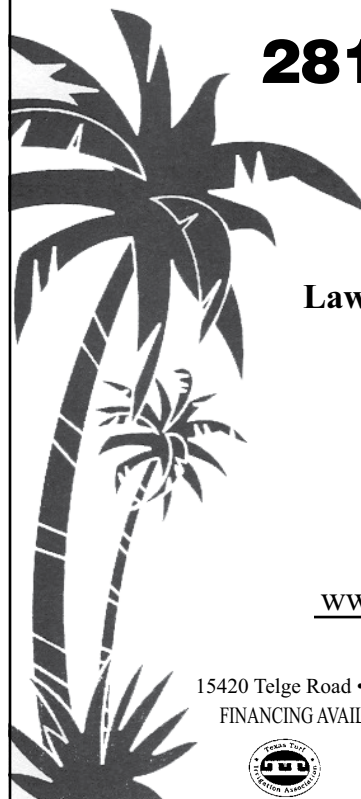
June - August 8th

Monday, Wednesday - Saturday 10am - 8pm
 Sunday Noon - 8 pm
until August 8th - then pool open week days 4-8pm and full time on sat and sun through Sept 24th.

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TOP 10

THINGS TO DO THIS SUMMER...

<http://houston.citysearch.com>

Kemah Boardwalk

Bradford Ave and Second St. Kemah, TX 77565

Minute Maid Park

501 Crawford St, Houston, TX

Moody Gardens

One Hope Boulevard, Galveston, TX

Miller Outdoor Theatre

100 Concert Dr, Houston, TX

Toyota Center

1510 Polk St, Houston, TX

Tommy Bahama's Tropical Cafe

9595 Six Pines Dr, Ste 900, The Woodlands, TX

Schlitterbahn Galveston Island

Waterpark

2026 Lockheed Dr, Galveston, TX

Seabrook Beach Club

3345 NASA Rd 1, Seabrook, TX

Houston Museum of Natural Science

1 Hermann Circle Dr, Houston, TX

River Ridge Golf Club

3133 Brazos Oak Ln, Sealy, TX

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Lakes on Eldridge North

LOEN Ladies Club

We invite all women of Lakes on Eldridge North to join the LOEN Ladies Club. We would love to see new members join, get involved and bring together the community.

Check us out on the web! : www.loenladiesclub.com

Our latest events include:



Book Club

Please contact Anne Glendinning with any questions 832-667-7298 or aglendinning@houston.rr.com

Bridge

Spring has blossomed... and so have our bridge players! Definitely a mania going on.

Our sessions are formally on the second Wednesday of each month at 1:00 pm. However, due to increasing interest, we are expanding our horizons for more frequent play. This is really a great group—very enthusiastic.

- July- in the home of Jamie Cornelius

If you would like to join us, or if you desire further information, please call Babs Clingo at 713-983-7345.

Evening Bridge

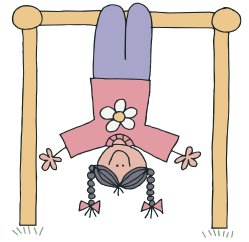
The April meeting was smaller in size, but bigger in points. Lotsa' good cards! Fun time.

Our sessions are the first Friday of each month and begin at 7:00 pm. We have a very compatible group of players and invite newcomers to join us.

If you would like to join us, or if you desire further information, please call Babs Clingo at 713-983-7345.

Children's Play Groups

Some of the Moms of LOEN have formed playgroups and regularly get together to support each other and let our children get to know each other through fun group activities. We would love to get know other parents in LOEN and their children. If you are interested in joining us, please email Joy Baker at joy_a_baker@yahoo.com. Below are some of the activities we have planned for the month of June: Contact the Playgroup Leaders for more fun events!



Joy Baker: Playgroup Coordinator & 0 – 18 months playgroup leader, joy_a_baker@yahoo.com

Tracy Johnson: Infant Playgroup leader, gippersmommy@houston.rr.com

Kris Vallee: 19 months to 2 years playgroup leader, juliekerr@sbcglobal.net

Julie Kerr: 3 + playgroup leader, juliekerr@sbcglobal.net

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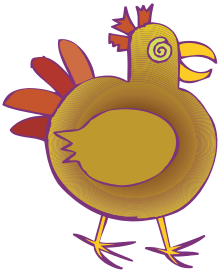
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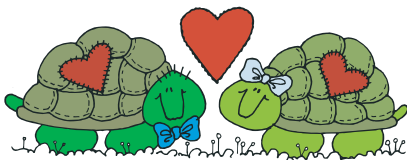
Lakes on Eldridge North

LOEN Ladies Club *Continued*



Chickless Hens

Are you "chickless"? Is your nest empty, or "nearly" empty? Join us Chickless Hens for lunch, field trips and lots of laughs. For more information contact Becky Vogel at kvogel2263@aol.com (713-856-6130).



LOEN Couples Dinner Club

Join your neighbors and friends for an evening out.

If you are interested in joining the group, call or email us.

Darla Kitchen - 832-243-9871 djkitchen@hotmail.com

Reagan Vickich - 713-896-8133 reaganvickich@hotmail.com

Becky Vogel - 713-856-6130 kvogel2263@aol.com

Girls Night Out

• July 11th, Tuesday

Bunco

Bring \$10 to enjoy a night of Bunco! If you have been missing the regular bunco group, make sure to take advantage of this event! Cara will provide appetizers, desert and wine for us.

Host: Cara Davis

Time: 7 – 9 PM

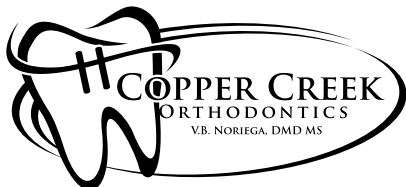
Location: 12011 Arcadia Bend Lane

RSVP: caradavis@houston.rr.com , (713) 937-9766 Please RSVP so Cara knows how many tables to have ready. THANKS!

Hope to see you all there!!!! We need a host for August and September... let me know if you'd be interested. If you don't have any ideas, I'd be happy to help. Lisa Ritchie



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Lakes on Eldridge North

Team Yes!

Aquatics of Houston

Team Yes! Aquatics of Houston, a nonprofit, year round USA Swimming competitive swim team,

is proud to enter our second full year with John Berry as the our head coach. Team YES! is located in the Cy-Fair area and offers practices at the Cy-Falls and Cy-Springs High School facilities.

Coach Berry holds a B.A. in Kinesiology & Business Management with a Minor in Sociology from Ouachita Baptist University, Arkadelphia, AR. Coach Berry has extensive experience as a Head Age Group Coach for Houston area USA Swimming organizations and has been Head Coach for both Texas and Arkansas summer league programs. In addition, he has extensive experience in the organization, management and execution of swimming programs designed to develop and motivate young swimmers. During his collegiate swimming career, Coach Berry was 27 Time NCAA All American, 7 Time NCAA National Champion, 2 Time NCAA

National Record Holder and an Olympic Trials Competitor.

Team YES! recognizes that each swimmer has his or her own goals and it is our objective to help your swimmer achieve those goals. Our mission is to emphasize superior technique for each and every program we offer. Our programs range from "learn to swim" for the beginner to the competitive program for more advanced and high school level swimmers. Our practice schedule is designed to keep the groups small so that each participating swimmer receives individual attention and focused technique instruction.

Registration for the 2006-2007 swim season is scheduled to be held at Cy-Falls High School in the swimming pool area on Sunday, August 13, 2006 and Saturday, August 19, 2006 from 2:00 PM to 4:00 PM. For more information visit our website at www.teamyes.net or call and leave a message on our voice mail at 281-443-4002.

Parents Please.....

..... do not allow your Children to drive golf carts, 3 wheelers and or other motorized vehicles around the community,

..... to swim in the Lakes

.....to access the fitness center without an adult present

.....to play in the street right of ways

..... to play in neighboring yards without the neighbors approval

.....to throw debris down the storm drains

We appreciate your help!

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Lakes on Eldridge North

Cypress Christian School Seniors Set Records

Congratulations to the 2006 Graduates of Cypress Christian School who were offered a record amount of scholarship money totaling over ONE MILLION dollars. Judy Holzman, Academic and College Advisor said, "It was wonderful witnessing God reward our students by allowing them to receive scholarship money from colleges, universities, corporations and scholarship organizations in the area of Academics, Fine Arts, Athletics, Christian Leadership and Biblical Studies." The Class of '06 also set two other records: 1. They were the largest graduating class of Cypress with 50 seniors graduating and moving on to the college of their choice; and 2. Their class was the first in Cypress history to receive a record number of early admissions to the college of their choice.

Congratulations to the following students for receiving special honors and scholarships

at this year's graduation ceremony:

★ **Josiah Moffitt:** Valedictorian, National Merit Scholarship Award, Dornbusch Science Scholarship, Faculty Scholarship for Academic Excellence

★ **John Medendorp:** Salutatorian, Dornbusch Science Scholarship, Drama Scholarship

★ **Michelle Anderson:** Christian Character Scholarship, Principal's Award

★ **Kerrie Nelson & Devin Powers:** Will Rhodes Athletic Scholarship

★ **Christian Chicas:** Spirit of Paul Scholarship

★ **Katherine Witty:** Drama Scholarship

Cypress seniors were accepted to over 40 different colleges all over the United States and plan to pursue careers in many different fields to take their place in the world as servants of Jesus Christ.

Advertising Information

- Please support the businesses that
- advertise in the Lakes on Eldridge
- North Newsletter. Their advertising
- dollars make it possible for all Lakes
- on Eldridge North residents to receive
- the monthly newsletter at no charge.
- No homeowners association funds are
- used to produce or mail the newsletters.
- If you would like to support the
- newsletter by advertising, please
- contact Peel, Inc. Sales Office at 512-
- 989-8905; advertising@PEELinc.com.
- The advertising deadline is the 10th of
- each month for the following month's
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- Clean inside microwave
- Clean range top
- Damp wipe cabinet doors
- Clean counters
- Hand wash floor
- Load dishwasher

Bathrooms

- Clean sinks, counters; change towels
- Clean, disinfect toilets, tubs, showers
- Hand wash, disinfect floors

All Rooms

- Pick up and straighten
- Dust sills, ledges, wall hangings
- Remove cobwebs
- Dust/vacuum furniture
- Vacuum floors, carpets
- Vacuum stairs
- Vacuum under beds
- Change linens, make beds
- Empty trash

Windows

- Clean entry window & one set of patio door windows
- Clean window over kitchen sink

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Lakes on Eldridge North

Texas Events - July 2006

1—BEAUMONT: Kidmunity Presents Its 4th-7th Grade Production
www.beaumontcommunityplayers.com 409/842-4664

1—BEAUMONT: Museum to Blow Gusher In celebration of Beaumont's heritage, the earth will tremble, people will cheer and the Lucas Gusher will blow once again. Begins at 2:30 p.m. Spindletop/Gladys City Boomtown Museum. www.spindletop.org 409/835-0823

1—BRAZORIA: Celebrate America 979/798-6100

1—BROWNSVILLE: Fourth Annual Freedom Fest 956/546-2415

1—EDNA: July 4 Weekend Fun & Games Includes horseshoes, volleyball, sack races, dunking booth and more. Held at the day use pavilion. Begins at 2 p.m. Lake Texana State Park. 361/782-5718

1—GALVESTON: Dana's School of Dance The Grand 1894 Opera House. www.thegrand.com 409/765-1894

1—HARLINGEN: Jackson Street Market Days Old-fashioned, open-air street fair includes antiques, crafts, sidewalk sales, produce cart and food vendors. Hours are 9 a.m. to 4 p.m. Downtown. 956/423-4041

1—MANVEL: Naked Rib Smokehouse Car Show Hours are 6 to 10 p.m. 19405 Hwy. 6. 281/489-1000

1—SOUTH PADRE ISLAND: Children's Surf Challenge Surfing competition is open to participants age 12 and younger who have no surfing experience. Begins at 9 a.m. Space is limited. Call to pre-

register. Wanna Wanna Beach Bar & Grill. 956/607-8949

1-2—ROCKPORT: Rockport Art Festival Features juried fine arts, such as pottery, water color, woodcarving and more. Hours are 10 a.m. to 6 p.m. Saturday and 10 a.m. to 5 p.m. Sunday. Festival Grounds. www.rockportartcenter.org 361/729-5519

1-3—HOUSTON: Essence Music Festival Features Mary J Blige, LL Cool J, Cedric the Entertainer and Maze. Reliant Park. E-mail: etanner@reliantpark.com • www.essence.com 832/667-1400

1-4—FREEPORT: Annual Fishing Fiesta Freeport Municipal Park. 979/233-3301

1, 8, 15, 22, 29—WHARTON: Wharton County Farmer's Market Includes fresh produce, baked goods, arts & crafts, homemade preserves, fresh flowers and live music. Hours are 9 a.m. to noon. On the Square. 979/532-5218 or 979/282-9748

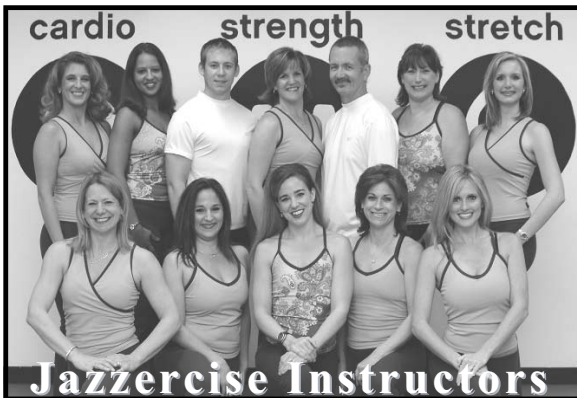
2—SANTA FE: Concert Band Haak Winery, 6310 Ave. T. www.haakwine.com 409/925-1401

3—BAYTOWN: Homegrown Talent Night Features artists Mean Gene Kelton, Bayou Big Band and The Coastliners. Bicentennial Park, 119 Lee Drive. www.baytown.org 281/420-6597

4—ALVIN: Fourth of July Celebration Mark Independence Day with a 7:30 p.m. patriotic concert and 9 p.m. fireworks. Alvin Community College. 281/388-4299

(Continued on Page 11)

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Texas Events-(Continued from Page 10)

4—BAYTOWN: July 4 Celebration Features music artists Jack Ingram, Django Walker, Joe Tex Jr., Aviso and Mango Punch, plus an incredible fireworks display. Bicentennial Park, 119 Lee Drive. www.baytown.org 281/420-6597

4—BEAUMONT: Beaumont Independence Day Celebration Downtown Beaumont, Riverfront Park. www.beaumontcvb.com 409/880-3163

4—BROWNSVILLE: Fourth of July Celebration University of Texas at Brownsville and Texas Southmost College ITEC Campus. 956/546-2415

4—BROWNSVILLE: Seventh Annual "Salute to Freedom" Fourth of July Parade Elizabeth Street. 956/542-4301

4—CLEAR LAKE AREA: Fourth of July Fireworks over Clear Lake Fireworks are shot from a barge in Galveston Bay. Begins at 9:30 p.m. www.clearlakearea.com 281/338-0333

4—EDNA: Fireworks on the Fourth Enjoy music, fun, food and celebration, culminating in a patriotic concert by Texana Community band, special flag ceremony at sunset and huge fireworks extravaganza at dark. Brackenridge Plantation Park & Campground on Lake Texana. www.jacksoncountytexas.com 361/782-7146

4—FRIENDSWOOD: July 4 Parade begins at 10 a.m. Enjoy food, games in Stephenson Park and fireworks at 6 p.m. in Centennial Park. E-mail: fwdchamber@swbell.net • www.friendswood-chamber.com 281/482-3329

4—GALVESTON: July 4 Fireworks Display Begins at 9:15 p.m. www.galveston.com 888/425-4753

4—HOUSTON: Chevy's Freedom Over Texas Features live entertainment, food booths and a world-famous fireworks display. Eleanor Tinsley Park at Buffalo Bayou. www.houstonspecialevents.org 713/247-3500 or 713/522-9723

4—HOUSTON: Fourth of July at Miller Outdoor Theatre Houston Symphony continues its annual celebration at Hermann Park. Includes fireworks accompanied by a dramatic 16-cannon salute. www.milleroutdoortheatre.org 713/284-8350

4—LAKE JACKSON: Fourth of July Celebration & Fireworks Display Hours are 4 to 8 p.m. 979/297-4533

4—PALACIOS: Lions Club Celebration Fireworks Seawall of Matagorda Bay. www.palacioschamber.com 361/972-2615

4—PORT ARTHUR: Independence Day Celebration Includes music and fireworks. Lamar State College. 409/984-6101

4—RICHMOND: Celebrating Independence George Ranch Historical Park. www.georgeranch.org 281/343-0218

4—ROCKPORT: Fourth of July Fireworks Display Features a great display of fireworks over Little Bay, which can be viewed from the Rockport Beach Park and Fulton Beach Road. E-mail: tourism@lrockport.org • www.rockport-fulton.org 361/729-6445

4—ROCKPORT: Patriotic Boat Parade At noon, decorated boats parade through Little Bay. Rockport Beach Park. www.rockport-fulton.org 361/729-6445

(Continued on Page 12)

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Accepting Applications



Lakes on Eldridge North

Texas Events—(Continued from Page 11)

4—ROSENBERG: Family Fourth Celebration Includes a carnival, food vendors, tournaments, hayrides, KidZone, Fort Bend County's premier entertainers, The Triumphs, and the Best "Ooooo-Ahhhh" Fireworks Display West of the Brazos. Hours are 5 to 9 p.m. Seabourne Creek Park, 3827 Hwy. 36 S. www.visitrosenberg.com 832/595-3520

4—SOUTH PADRE ISLAND: Fourth of July Fireworks Over the Bay Begins at 9:15 p.m. Bayside between Marlin and Red Snapper streets. 800/767-2373

4—VICTORIA: July 4 Blastoff Annual fireworks display begins at 9 p.m., followed by dance in the Community Center Dome. Community Center Grounds. www.victoriatx.org 361/485-3200

4—WACO: Brazos Nights Concert Begins at 7:30 p.m. Indian Spring Park. www.waco-texas.com 254/750-5781 Prairies and Lakes

6-9—PORT ARANSAS: Deep Sea Roundup Includes fly fishing, surf, offshore and junior divisions. Robert's Point Park. www.paboatmen.org 361/749-6339

6, 13, 20, 27—KEMAH: Rock the Dock Concert Series Kemah Boardwalk. www.kemahboardwalk.com 281/334-9880

7-9, 14-16—CLUTE: The Scarlet Pimpernel Live theater production. Center for the Arts & Sciences. 979/265-7731

7-9, 14-16—HARLINGEN: A Little Princess — The Musical Offers a moving, imaginative adaptation of the children's book. Harlingen Performing Arts Theatre, 1209 Fair Park Blvd. 956/412-7529

7, 14, 21, 28—ROSENBERG: Hot Summer Concerts Entertainers include Phil Johnson & Rush Hour on July 7, Let it Ride on July 14, Rob Darien & The Outside Dogs on July 21, Ezra Charles & the Works on July 28, and San Francisco, California's ruling blues band, the MOFO Party Band on Aug. 11. Bring a lawn chair, family and friends to enjoy the free concerts. Downtown Park. www.visitrosenberg.com 832/595-3520

8—HOUSTON: ArtHouston 2006 This is an evening art walk with more than 30 art galleries participating. Presented by the Houston Art Dealers Association. www.arthouston.com 713/522-9116

8—PASADENA: Owl Prowl Enjoy a moonlit walk through the woods while looking for owls and listening for fascinating night sounds. Hours are 8 to 10 p.m. Armand Bayou Nature Center, 8500 Bay Area Blvd. www.abnc.org 281/474-2551

8—SANTA FE: Annual Harvest Fest Begins at 8 p.m. with a blessing of the crops by the winery's chaplain. Help harvest the grapes. Haak Winery, 6310 Ave. T. www.haakwine.com 409/925-1401

8-9—HARLINGEN: Backyard Brawl Softball Tournament Sports Complex, 3139 Wilson Road. 956/245-0264

8-9—ROSENBERG: Fort Bend County Antique & Collectible Market Fort Bend County Fairgrounds. E-mail: info@cwgs.com • www.cwgs.com 512/441-2828

8, 22—PASADENA: Guided Canoe Trips Enjoy a morning of education and adventure — paddling canoes on a guided tour down

(Continued on Page 14)

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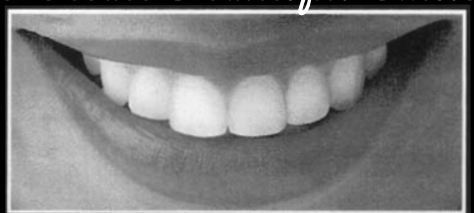
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	LOE		LOEN		LOE		LOEN	
	# Active	Mos. Inv. **	# Active	Mos. Inv. **	# Pending	# Sold	# Pending	# Sold
3 bedrooms	1	1.5	3	7.2	0	8	0	5
4 bedrooms	16	4.8	12	1.7	12	40	8	87
5 + bedrooms	7	7.0	4	2.3	0	12	9	21
With Pool	6	3.1	3	1.7	1	23	2	21

Numbers based on MLS information for the last 12 months prior to June 15th, 2006.

**Mos. Inv.= Months of inventory: If no other home with this number of bedrooms came on the market, all the active home with this number of bedrooms will sell within this number of months.



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Lakes on Eldridge North

Texas Events-(Continued from Page 12)

the backwaters of Armand Bayou. Meet at Bay Area Park for a leisurely morning of wildlife watching, wetland education, relaxation and fun. Travel is about 2-3 miles round trip. Reservations required. Armand Bayou Nature Center. www.abnc.org 281/474-2551

10—FULTON: Music at the Mansion Begins at 7 p.m. Fulton Mansion State Historic Site. 361/729-0386

12—SAN BENITO: El Second Weensdee Enjoy an oral history series on conjunto music. The Narciso Martinez Cultural Arts Center, 225 E. Stenger St. 956/361-0110

13—WHARTON: WCJC Foundation Summer Fund-raiser & Dinner Features singer/classical guitarist/comedian Mike Rayburn. 979/532-4560

13-Aug. 6—DICKINSON: Anything Goes Bay Area Harbour Playhouse. www.harbourplayhouse.com 281/337-SHOW

14-15—BEAUMONT: Kidmunity Presents Guys & Dolls Performed by 8th through 12th graders. Jefferson Theatre. www.jeffersontheatre.org 409/842-4664

14-16—CORPUS CHRISTI: "Winds-Waves-Bonsai" 24th Annual State Convention Tour the exhibit and vendor areas. Holiday Inn Airport, 5549 Leppard St. www.corpuschristibonsaiclub.com 361/992-0009

14-16—PORT ARANSAS: Outboard Fishing Tournament Offers a fishing tournament for boats powered exclusively by outboard motors. Registration is Friday. Fishing days are Saturday and Sunday. Robert's

Point Park. 361/749-6211

15—BAY CITY: Market Day More than 100 vendors sell handmade crafts, homemade jellies and more. Courthouse Square, 1700 7th St. E-mail: mitchthames@visitbaycity.org • www.visitbaycity.org 800/806-8333

15—BRAZORIA: Third Annual Santa Anna Ball Begins at 6 p.m. K.C. Hall. 979/798-9250

15—BROWNSVILLE: Open Beach Volleyball Tournament Presented by the Brownsville Police Officers' Association. 956/548-7087

15—CLUTE: Brazosport Art League Gallery Opening Center for the Arts & Sciences. 979/265-7971

15—GALVESTON: Artwalk Commercial galleries, non-profit art spaces, restaurants and retail stores exhibit art and welcome viewers. Historic District. www.galvestonartscenter.org 409/763-2403

15—PORT NECHES: Trade Day on the Avenue 409/722-4023

15-16—HARLINGEN: Super Rolling Thunder U.S.S.A. Softball Tournament Begins at noon. Harlingen Sports Complex Ball Park, 3139 Wilson Road. 956/245-0264

15-Aug. 13—GALVESTON: Shared Vision — Texas Artists Then & Now and George Lorio — Recent Work Galveston Arts Center. www.galvestonartscenter.org 409/763-2403

16—BEAUMONT: Champions on Ice 2006 Tour Begins at 3 p.m. Ford Park. www.fordparktx.com 409/951-5400

16—BROWNSVILLE: Brownsville Police Officers' Association 21st

(Continued on Page 15)

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Lakes on Eldridge North

Texas Events- (Continued from page 14)

Annual Redfish Surf Fishing Tournament Offers one of the largest fishing tournaments in Texas. Hours are 6 a.m. to 2 p.m. Kids fishing tournament is held Saturday. Boca Chica Beach. 956/455-3521 or 956/266-5050

16—HARLINGEN: S.T.C.A. Eighth Annual Conjunto of the Year Awards Hours are 6 to 9 p.m. Casa de Amistad, 1204 Fair Park Blvd. 956/454-8482

16—SANTA FE: Huck's Acoustic Revue Hours are 6 to 8:30 p.m. Haak Winery, 6310 Ave. T. www.haakwine.com 409/925-1401

18-23—HOUSTON: Brooklyn: The Musical Tells the story of a group of homeless street performers who put on a show at a street corner in New York City. Begins at 8:15 p.m. Miller Outdoor Theatre, 100 Concert Drive. www.tuts.com 713/558-2600

20-23—HOUSTON: 29th Annual Reliant World Series of Dog Shows 2006 America's premier canine extravaganza includes about than 12,000 dogs. Reliant Center, 8400 Kirby Drive. www.reliantdogshows.com 800/884-2443

21—VICTORIA: Country Opry Community Center Annex. 361/552-9347

21-22—PORT ARANSAS: Blue Wave Owners Tournament Fishing tournament is held for owners of boats manufactured by Blue Wave. www.bluewaveboats.com 918/473-6768

22—BEAUMONT: National Gym Association Crockett Street National Bodybuilding Pro Qualifier www.beaumontcvb.com

409/880-3749

22—BEAUMONT: Orleans Street Jazz Festival Hear live jazz from hot musicians. Enjoy shopping, food fare, arts & crafts and more. The Market on Orleans. www.beaumontcvb.com 409/880-3749

22—PALACIOS: Brian Burns & Matt Thigpen Little Sixth Street Outdoor Stage overlooking Matagorda Bay. www.outtriggerrestaurant.com 361/972-2615

23—PORT ARTHUR: Alligator Spotlight Count Take a boat trip down five miles of the best alligator habitat in Texas and census the alligators. Hours are 8:30 to 10:30 p.m., weather permitting. Annual Public Hunting Permit or Limited Public Use Permit and reservations required. J.D. Murphree Wildlife Management Area. 409/736-2551 ext. 23 or ext. 25

23—SANTA FE: Tommy Dardar Hours are 6:30 to 8:30 p.m. Haak Winery, 6310 Ave. T. www.haakwine.com 409/925-1401

26—WHARTON: Babe Ruth Regional Tournament 979/532-1298

27-29—CLUTE: Great Texas Mosquito Festival Fun-filled, family event features arts & crafts, food booths, carnival rides for children and adults, variety of contests and live concerts each evening. Clute Municipal Park. www.mosquitofestival.com 800/371-2971

28—HOUSTON: Epicurean Evening Popular restaurants and stores offer fine food tasting. Includes a concert by The Bellamy Brothers. Sam Houston Race Park. www.hnwc.com 281/440-4160

28-29—PORT ARANSAS: Hooked on Youth Fishing Tournament Proceeds benefit the Hooked on Youth Organization, Woody's Sports Center. 210/695-3016

28-30—BAYTOWN: The Music Man Baytown Little Theater. E-mail: ellenbradj@aol.com 281/424-7617

29-30—SOUTH PADRE ISLAND: 47th Annual Beachcombers Art Show & Sale Features artists from the Southwestern United States. SPI Convention Center. 956/425-4994

29-Aug. 24—BEAUMONT: Drawings from the Permanent Collection of Art Museum of Southeast Texas www.amset.org 409/832-3432

30—BROWNSVILLE: Kids Appreciation Day Gladys Porter Zoo. www.gpz.org 956/546-7187

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Teenage Jobseekers

The following young people are interested in making a little extra money. If you would like to be included, removed, or updated in the next issue, please submit at www.PEELinc.com. All information must be received by the 10th of the month.

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Erica, 14									713-937-1383
Thomas, 11									713-856-7372
Steven, 14									713-856-5666
James, 16									713-466-8298
Courtney, 12									713-493-0288
Tom, 14									713-466-6878
Elisse, 17									713-896-9495
Leslie, 11**									832-467-4842
Greta, 19									713-896-4170
									Christmas & Summer Only
Rachel, 13**									713-896-0065
Samantha, 16									713-983-9706
Max, 16									713-896-7941
Madelin, 19									832-230-5997
									Summer & Holidays Only
Mathilde, 17									713-849-5050
Katie, 17									713-896-7941
*First Aid Certified with Boy Scouts ***Fluent in Spanish									
** Red Cross Babysitting Program + CPR (Red Cross WSI certified)									

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Sudoku

The goal is to fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Each digit may appear only once in each row, each column, and each 3x3 box.

						7	5	
		4	6	2				8
		7		1				
	9				6	5	1	
	3				8	4		
	2				5		4	
	5	3				6		
		8		4	2			

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Tuesday, July 11—College Station (6 pm - 8 pm)

Hilton Conference Center; 801 University Drive East

Saturday, July 15, Copperfield Community Center (9 am - 12 pm)

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Graduate—Contact Dr. John Dyck at 936-857-2891 (or 2927) or jwdyck@pvamu.edu

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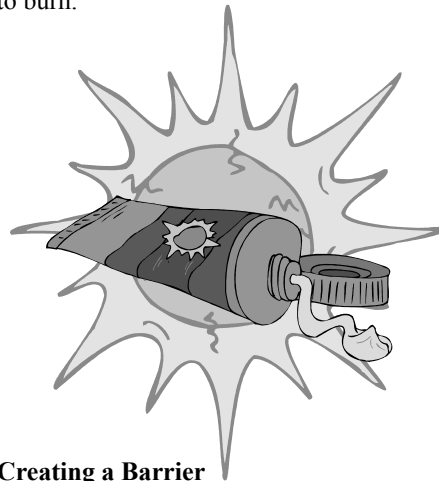
Summer Skin

Once again, winter has faded into spring and spring has burst into summer. Along comes the invincible summer sun, your skin's arch-enemy, particularly if you exercise outdoors. Most people know that using a sunscreen is essential protection, but knowing and doing are often two different things. There are a number of ways to promote a healthy glow without exposing your skin to harmful rays.

Sunscreen

Every sunscreen has a sun protection factor, or SPF, which is a measure of its strength or effectiveness. Each of us needs a different SPF, depending on whether, and to what degree, our skin burns or tans. A tan is the direct result of melanin, a brown pigment found in the epidermis that is produced when skin is exposed to sunlight. Melanin protects the skin by absorbing, reflecting and scattering ultraviolet radiation before it penetrates the dermis, or underlying skin. However, armor that it is, melanin can't prevent all the negative effects of the sun, and is often representative of damage. That's why we need to use sunscreens. To determine what SPF your skin requires, you must know how long it takes your skin to burn when unprotected and exposed to sunlight. As a rule of thumb, anyone whose skin burns, whether or not it turns into a tan, should use an SPF of 15. Check with your doctor or pharmacist

if you are taking antibiotics, antidepressives or antidiuretics. Some of these medications increase your skin's sensitivity to sunlight and may decrease the time it takes your skin to burn.



Creating a Barrier

When exercising outdoors on a hot, sunny day, light-weight, light-colored clothing combined with plenty of sunscreen on both exposed and unexposed skin is the way to go. However, if overheating isn't a concern, dark-colored, tightly woven clothing is more effective at blocking UV rays than say, a white T-shirt, which allows UV rays to reach the skin. Another barrier against sun damage comes in the form of eyewear. Protect not only your eyes, but the skin around them by

wearing sunglasses that block 90 percent to 100 percent of the sun's UV rays.

And, last but not least, wear a hat. Though a cap may be more comfortable for jogging, try a wide-brimmed hat that will shade your neck and face while gardening or walking outside.

Sunscreen Facts

- Wear sunscreen every day if you will be outside for more than 20 minutes, even when it's cloudy.
- Sunscreen should be applied 15 to 30 minutes before going outdoors, and reapplied every two hours or after swimming or sweating.
- Don't skimp: One ounce—enough to fill a shot glass—is considered the amount needed to properly cover exposed skin.
- Limit your exposure to sunlight from 10 a.m.–4 p.m. during Daylight Savings Time (9 a.m.–3 p.m. during Standard Time) when the sun's rays are the strongest and most harmful.
- When choosing a sunscreen, look for one with an SPF of 15 or higher that provides broad-spectrum coverage against all ultraviolet light wavelengths.
- Throw out old bottles of sunscreen, which can lose strength after three years.

Source: American Academy of Dermatology

(Continued on Page 20)

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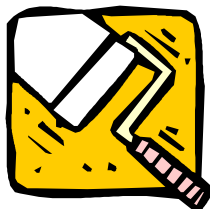
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Fit Facts- (Continued from page 19)

Start with the Inside

Now that you know how to protect the skin's surface, it's time to start thinking about what you can do to make it glow from the inside out. You're already off to a good start with exercise, which gets the blood circulating and delivers fresh oxygen to the skin all over your body. The next step is to drink plenty of water. Outdoor exercise, especially in the summer, increases your risk of dehydration. This is one risk you don't want to take since it not only affects your performance and robs your skin of its vitality, but may be potentially hazardous to your health. Be sure to drink fluids before, during and after activity. To replenish your fluids after any outdoor activity, weigh yourself before you participate and then again after. Any weight you lost is water and should be replaced by drinking two glasses (16 ounces) of water for every pound you have lost.

Everyone Needs a Little Sunlight

It's been shown that a lack of sunlight can cause depression. After all, most plants won't even grow without sunshine. And when the sun comes around and makes the days longer, our first instinct is to peel off our sweaters and bask in it. Go ahead. Just take precautions so you won't have to deal with the unpleasant (and unnecessary) consequences.

What SPF Do You Need?

Follow these steps to calculate what SPF you should look for in a sunscreen:

1. Determine how many minutes your bare skin can be exposed to the sun before it burns.
2. Divide that number of minutes into the total number of minutes you want to remain in the sun.
3. The result is the SPF you should look for in a sunscreen. For example, if your unprotected skin burns in 10 minutes, and you plan on being in the sun for three hours, you would need a sunscreen with an SPF of at least 18 (180 minutes divided by 10 minutes).



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Lakes on Eldridge North

Parkinson's Patients Stomach New Drug Better Than Conventional Meds

Baylor College of Medicine

HOUSTON -- (June 12, 2006) -- Several studies conducted at Baylor College of Medicine (BCM) in Houston show that a new kind of orally disintegrating tablets provides improved symptom relief for patients with Parkinson's disease. Results are reported in the current issue of the journal *Therapy*.

A new form of the medication selegiline, used for years to manage motor complications in Parkinson's patients, avoids first-pass metabolism and sidesteps compromises to its efficacy and tolerability. The drug is currently awaiting U.S. Food and Drug Administration approval for use as an adjunctive therapy to the drug levodopa in the management of the neurodegenerative disease.

"Although a variety of therapeutic options exist, there is a tremendous amount of unmet need in the treatment of Parkinson's disease," said co-author Dr. Joseph Jankovic, professor of neurology at BCM and director of the college's Parkinson's Disease Center and Movement Disorders Clinic.

Many patients with Parkinson's disease still experience several hours a day during which the effects of levodopa, the most frequently used drug in Parkinson's treatment, wear off to the extent that patients shake and cannot move. Besides the wearing-off effects, many patients experience jerky involuntary movements, called dyskinesias, at the peak effect of levodopa.

Because the orally disintegrating tablet dissolves within seconds,

the drug can be delivered more effectively at a relatively low dose, reducing roughly two hours each day that a patient experiences debilitating symptoms, according to the studies' findings.

"The goal of treatment is to reduce the 'off' time and increase the 'on' time during which they are free from Parkinson's symptoms and dyskinesia," said Jankovic. "This unique formulation of selegiline delivers a more active drug without some of the troublesome side effects seen with standard selegiline. These study results offer hope to Parkinson's disease patients and the physicians who treat them."

Due to its fast-dissolving technology, the new form of selegiline bypasses the gut and first-pass hepatic metabolism and is primarily absorbed into the systemic circulation through the oral mucosa, the mucous membrane that covers all structures inside the mouth except the teeth.

Some Parkinson's patients also have difficulty swallowing, making this treatment a more convenient option than others. One of the studies reports that more than 90 percent of patients found the new selegiline easy to take, with 61 percent rating it extremely easy to take.

The *Therapy* article draws from results of three selegiline studies, whose patient populations totaled 517. BCM was one several international sites that participated. Dr. Anthony Clarke of the United Kingdom-based Amarin Neuroscience was a co-author of the paper.

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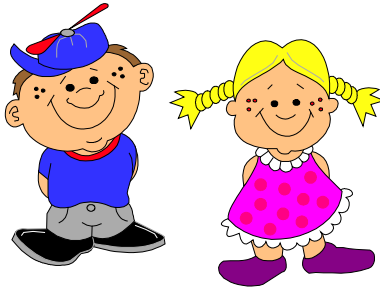
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Kidz Activity Page



Find the bird names. Words can go vertically, horizontally, and diagonally.

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Kidz Word Seek

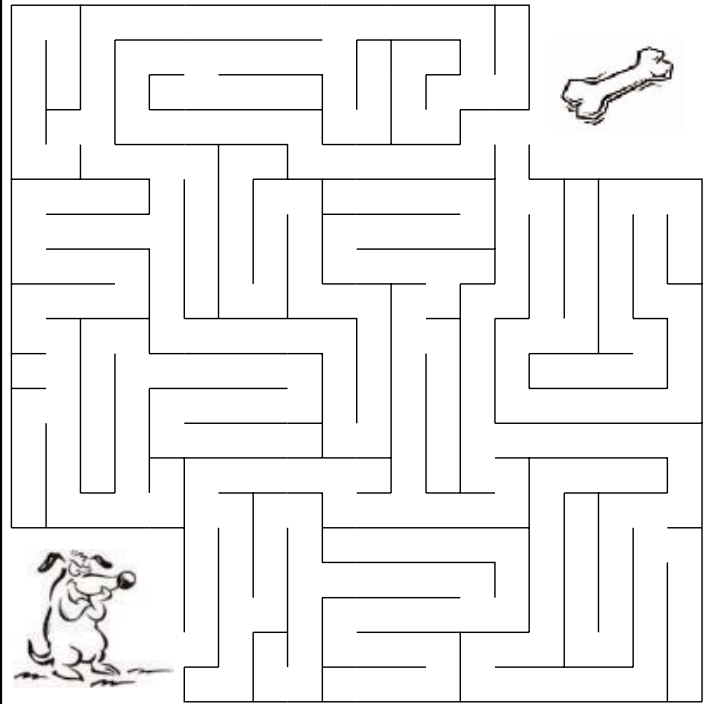
G	R	A	V	E	N	N	O	R	E	H	K
N	O	E	G	I	P	Y	C	W	V	K	P
F	N	N	I	U	G	N	E	P	L	E	T
H	A	K	D	F	L	C	E	K	A	W	U
C	C	D	W	L	R	L	K	C	M	O	R
I	I	O	Q	A	G	C	O	R	L	R	K
R	L	V	N	A	H	C	S	H	O	C	E
T	E	E	E	J	K	Y	W	W	U	T	Y
S	P	G	O	O	S	E	A	D	R	H	S
O	R	O	D	N	O	C	N	Z	Y	A	J

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Kidz Maze Mania

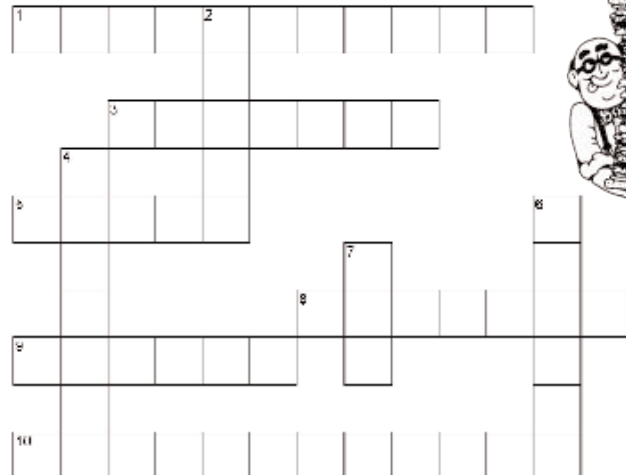
Help Scruffy find his favorite bone!



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Kidz Crossword Puzzle

Hint: Things you put on a sandwich



Across

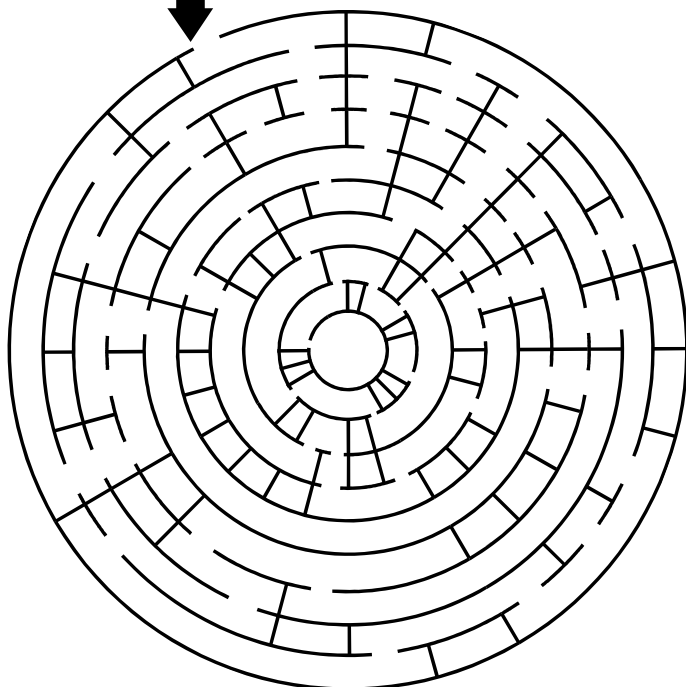
1. We have fun roasting them
3. A monkey's favorite food
5. Looks like jello
8. Bugs Bunny eats them
9. We eat on Thanksgiving
10. Made from peanuts

Down

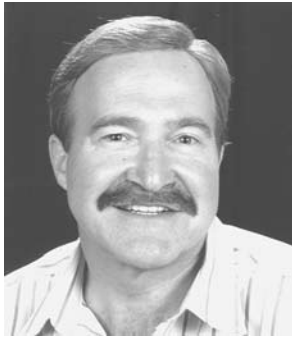
2. Made by bees
4. Its green and used in salads
6. Yellow in color
7. Rhymes with Spam

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Start here, and find your way to the center of the maze.



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