

# The Ranch Review

www.riataranch.net

August 2006

Volume 1, Issue 6

Official Publication of Riata Ranch Homeowners Association



## 4th of July Bike Parade



*\*Photos can be viewed in full color at [www.PEELinc.com](http://www.PEELinc.com)*

# Riata Ranch

## IMPORTANT NUMBERS

### Emergency

Sheriff.....	713-221-6000
Fire Department .....	281-855-1110
Cy-Fair Medical Center .....	281-890-4285
Memorial City Hospital .....	713-932-3000
Poison Control .....	800-222-1222

### Schools

Cypress Fairbanks ISD .....	281-897-4000
Birkes Elementary.....	281-345-3300
Spillane Middle .....	281-216-1645
Cy-Fair High .....	281-897-4600
Cy-Falls High.....	281-856-1000
Cy-Fair College.....	281-290-3200

### Utilities

HCMUD #196	
Billing .....	281-579-4500
Repairs .....	281-398-8211
Centerpoint Electric .....	713-207-2222
Centerpoint Entex Gas .....	713-659-2111
AT&T/SBC .....	800-464-7928
Warner Cable.....	713-462-9000
Waste Mgt .....	713-686-6666
HOA, SCS Mgt .....	281-463-1777
United States Post Office .....	800-275-8777

### Library

Cy-Fair College Library.....	281-290-3210
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### Newsletter Publisher

Peel, Inc.....	512-989-8905
Advertising.....	advertising@Peelinc.com, 512-989-8905

## Classified Ads

**Personal classifieds** (one time sell items, such as a used bike...) run at no charge to Riata Ranch residents, limit 30 words, please e-mail [editor@riatranch.net](mailto:editor@riatranch.net).

**Business classifieds** (offering a service or product line for profit) are \$45, limit 40 words, please contact Peel, Inc. Sales @ 512-989-8905 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com).

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## August Events in RR

A great year of neighborhood events continues in August with two exciting events.

On August 5th, the Kindergarten Round-Up takes place at the Kids-R-Kids Gymnasium. Hard to believe that it is already that time again. What is even harder to believe is that this will be the class of 2019!! For more information, contact Kristina Howton at (281) 304-0969 or at [khowton@sbcglobal.net](mailto:khowton@sbcglobal.net).

On August 26th, the third and final Teen Night at the Pool will take place. The previous Teen Nights have been well attended and enjoyed by the neighborhood teens. Let's make the last one for the year the best one yet. Come on out and have fun!!

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## Adult Night at the Pool to Be Rescheduled

Sometimes life steps in a preempts the best laid plans. And that's what happened to the members of the Events Committee who were going to manage the Adult Night at the pool. Emergency family needs took priority and we had to cancel the event.

The good news is that we heard from many residents who were planning on coming to the event and we are planning on rescheduling. The plans are yet to be finalized, but we will keep you up-to-date through the website, newsletter and signage.

Stay tuned!!

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## CAROLINE'S KIDS CORNER

Welcome to Caroline's Kids Corner. I hope you liked my last article. Hopefully, this summer has been a good summer for everyone.

Here are some ideas to make the last of your summer the best one yet: (with your parents permission)

\*Go on a road trip to a place you would like to explore.

- Go on a trip to another state!

- Visit some relatives that live far away, or a relative that you hardly ever see.

\*Invite some friends over for a "Just to Have Fun" party.

- Get the hose out and fill up a little pool and have a cannonball contest.

- Have a "water fight" with water guns.

- Invite someone over and tell him or her to bring their swimsuit and go to the pool!

DO NOT THINK ABOUT SCHOOL! It causes brain damage, just joking. Actually you are going to have to think about school pretty soon because you only have a few more weeks of summer! I think we should have ten and a half months of summer and three and a half months of school! Have a great rest of the summer and beginning of the school year! Talk with you next month!!

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# Riata Ranch

## 4th of July Bike Parade

What better way to kick off the 4th of July holiday than with the 1st Annual Riata Ranch 4th of July Bike Parade. Over 100 children and adults (and even a dog or two) showed up at the park with their bikes decorated red, white, and blue. It was quite a site as we made our way through the neighborhood – led by Officer Rick in his patrol car and followed up by the Cy-Fair Volunteer Fire Departments fire truck. A huge thank you goes out to everyone that participated in this year's event.

Before the parade, kids were able to explore the fire truck and color

some 4th of July coloring pages. After the parade ended, everyone enjoyed a complimentary hot dog, chips, and drink at the park. Also, all children that participated received a goody bag full of beach balls, candy, and tattoos.

Thank you to the Special Events Committee for another successful event. With out their hard work and dedication, we would not have these events in Riata Ranch.

If you would like to be a part of the special events committee, please see [www.riataranch.net](http://www.riataranch.net).



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## What NOT To Do with FIREWORKS!!

*(Is this your cul-de-sac??)*

Fireworks can be fun, awesome, and patriotic. But in the hands of irresponsible people or unsupervised children, they can be dangerous, bothersome, and in this case, a mess to residents of the surrounding area. These pictures show a significant and lasting mess left after nightly fireworks during the long 4<sup>th</sup> of July weekend.

It is important to note that a nearby resident of this street brought this problem to our attention as well as a resident who witnessed the show while taking a frequent walk in the greenbelt. Unfortunately, as witnessed, a few of the residents on this street were also responsible for leaving this mess; a considerable amount of fireworks-related

trash in the cul-de-sac and in the adjacent greenbelt.

The pictures, taken on the MORNING of July 4<sup>th</sup> and July 6<sup>th</sup>, tell the story. The fact the mess only grew during the time period indicates that there was little attempt to clean it up and, therefore, no consideration for the neighbors.

It's like your parents have always told you or at least should have told you, "If you make a mess, clean it up." C'mon folks, it's just not that hard! Please consider your neighbors, and the surrounding area when you are doing outdoor activities, especially FIREWORKS!



## HOUSTON AREA DOG AND CAT RESCUE

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*Adoption fee applies.*



For more information about Kylie and other rescue animals, or to make a donation, please contact:

Houston Area Dog and Cat Rescue

E-mail: [HoustonAreaDogAndCatRescue@yahoo.com](mailto:HoustonAreaDogAndCatRescue@yahoo.com)

Website: [HoustonAreaDogAndCatRescue.petfinder.com](http://HoustonAreaDogAndCatRescue.petfinder.com)

Phone: 936-441-5503

# Riata Ranch

## Please – Put Your Dog on a Leash!

Leash laws apply in Riata Ranch and complaints received by the HOA regarding dogs have risen. If you are walking your dog, please be considerate of your neighbors and respect the law. Put your dog on a leash.

Also – CLEAN UP after your dog. No one likes to step in the mess left behind by your dog. Certainly, the kids should be able to play in the park without fear of a loose dog or worrying about getting a mess all over their shoes and clothes. So take the time to clean up the mess from your dog!

## Attention Homeschoolers!

Are you a homeschooling family in the Cypress area? If so we have great news for you! Cypress Homeschool Association is a newly formed organization for the support and encouragement of parents and children in the Cypress area.

We offer monthly meetings, field trips, park days, classes and more! We serve homeschoolers of all ages, from infant to high school. Take advantage of the great resources we can pool together right here in Cypress and call or email us today.

Everyone is welcome!

Contact Rene at 281-304-9202 or email us at [cypresshomeschool@hotmail.com](mailto:cypresshomeschool@hotmail.com).



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## Join the Security Committee

Due to reasons beyond his control, our original chairperson of this committee is moving. So, although we have some volunteers, we need a chairperson. Please consider this position and let us know that you are interested by emailing [security@riataranch.net](mailto:security@riataranch.net).

In addition, the SECURITY COMMITTEE is looking for a representative from each section in Riata Ranch. We have some great ideas on how to improve the security of our community and are looking for your input.

The vision of SECURITY COMMITTEE is to coordinate residents to improve security and communicate issues to Harris County Sheriff's Department.

Please join us and help keep Riata Ranch safe. You can the Security Committee through the CONTACT US portion of RIATARANCH.NET, or by emailing us directly at [security@riataranch.net](mailto:security@riataranch.net).

At no time will any source be allowed to use the Riata Ranch Community Newsletter contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from the Riata Ranch Homeowners Association and Peel, Inc. The information in the Riata Ranch Community Newsletter is exclusively for the private use of Riata Ranch Community residents only.

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# Riata Ranch

## Fall Community Garage Sale

Saturday, September 30th

8:00 a.m.

Rain or Shine

This coming fall we will have our 2nd. Annual Garage Sale – so clean out your garages and attics and make some money! There will need to be at least 100 families registered and paid by September 16th. for Riata Ranch to have its garage sale (per HOA rules). Otherwise the garage sale will have to be cancelled.

There are 2 ways to register: either email your registration information (name, street address and home phone number) to RiataRanchGarageSale@yahoo.com or call Adriana Gosselin at (281) 213-3034.

You can register on-line or by phone any time from now up through September 16th. There will also be one in-person registration sessions. It will be on September 9th. It will both be at the pool area. At this time you will pay your \$5 registration fee (if you haven't already), all the participants will also receive an e-mail with helpful information on how to have a successful garage sale, pick up your Garage Sale sign and find our any last minute details. The registration fee covers the cost of advertising.

Important Dates:

Now through September 16th. – On-line and telephone registration (see info above)

September 9th, 4:00 – 6:00 p.m. – In-person registration at the pool (see info above)

September 16th– Registration deadline

September 30th , 8:00 a.m. – Garage Sale

FYI: The HOA rules state that private garage sales are not allowed. Community garage sales are okay as long as they are a community sponsored event and meets the minimum participants requirements.

### Street Light Out?

Don't drive around in the dark! Report it. It's easy. Just call 713-207-2222 and list the following:

- The pole number, which is stenciled on the pole
- The nature of the problem; completely out, flickering, etc.
- Location of the pole, such as the nearest street corner.

## Attention Teenage Job Seekers

Need some extra cash for the summer? Use THE RANCH REVIEW to find some work.

Fill out the form and send it to The Ranch Review, care of SCS Management. You will need to have your parent's signature on the form before your information will be published.

We hope to have your form turned in soon and get that extra money coming in!!

Teenage Job Seekers:

(B=Babysitting, Pt = Pet care, Pl = Plant Care, H= House Care)

Name                      Age              Job                      Contact Number

Not Available Online

### Teenage Job Seekers

Please place my name on the TEENAGE JOB SEEKERS list in the RANCH REVIEW.

Signature \_\_\_\_\_

Please check appropriate boxes:

- Baby-sitting
- Pet Care
- House/Plant Care
- Lawn Care

Name \_\_\_\_\_

Address \_\_\_\_\_

Age \_\_\_\_\_ Phone \_\_\_\_\_

I give my permission for my child's name and phone number to be entered in THE RANCH REVIEW as a TEENAGE JOB SEEKER

Parent's Signature \_\_\_\_\_

Clip and mail to: The Ranch Review  
c/o SCS management  
7170 Cherry Park Drive  
Houston, TX 77095

### Vacation Watch

At your request, the Harris County Sheriff's Department will put your house on VACATION WATCH. Just go to [www.riataranch.net](http://www.riataranch.net) and look for the Vacation Watch form in the FORMS and DOCS section.

Your completed form will need to be submitted to the Sheriff's Department 7 days prior to departure, or just call 713-221-6000.

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## A Busy August at Cy-Fair College

### Library Hosts MFA-Houston "Modern Designs" Traveling Exhibit

The Cy-Fair College Branch Library has been selected to host the Museum of Fine Arts, Houston's latest traveling exhibition "Playful, Sleek, and Bold: Modern Designs for the Home" from Aug. 21 through Oct. 23. The exhibition features 20 decorative arts objects made by seven designers from the 1930s to 2001.

### Free Summer Film Series Ends Aug. 16

The Cy-Fair College Summer Film Series is a continuing education course called Film Appreciation. The series is presented at no charge. A professor at the college hosts each film and an in-depth discussion after the movie. August shows include "History of the World: Part 1" at 7 p.m. Aug. 3, "Step Into Liquid" at 1 p.m. Aug. 8, "Riding Giants" at 7 p.m. also Aug. 8 and "Crimes and Misdemeanors" at 7 p.m. Aug. 16. Registration is available at all the film events. All films are shown at the Barker Cypress campus in ART 102. For information, call 281-290-3257, e-mail robert.obrien@nhmccd.edu or visit [http://faculty.nhmccd.edu/roboobrien/Film\\_Series.html](http://faculty.nhmccd.edu/roboobrien/Film_Series.html).

### Enhance Your Summer With a Little L.I.F.E.

The Learning, Inspiration, Fellowship and Enrichment (L.I.F.E.) programs are free and held Wednesdays at 10 a.m. in the Cy-Fair College Branch Library (Room 131.) August programs include "From Memory to Memoir" Aug. 2, "Weatherman Anthony Yanez is

Back" Aug. 9, "Wetlands in Texas" Aug. 16, "Mosaics with Melissa" Aug. 23 and "Taxonomies of Knowledge from L'Encyclopedie to Wikipedia" Aug. 30. Call the library at 281-290-3213 for monthly L.I.F.E. program information or check the library web page online at <http://cfclibrary.nhmccd.edu>.

### Library Offers Free Computer Classes and Book Clubs

The Harris County Public Library Cy-Fair College Branch offers free computer workshops, including a family-friendly class. Topics range from basic computer functions to introductions to the Internet and various software programs. A variety of monthly book clubs are also available including, history, women of the world, democracy, and sports page. There are plenty of youth programs with activities and book clubs for teens and storytime for younger children. Go online to <http://cfclibrary.nhmccd.edu> for information.

### Check Out the Art Gallery

Come see the work of Cy-Fair College art faculty Hazel Bartram-Birchough, who is a 2006 Adjunct Faculty Excellence Award winner, on display Aug. 1 through Aug. 31. This solo show explores the beauty and infinite subtlety of the body and mind. A reception to meet the artist is set for 4:30 p.m. to 7:30 p.m. Aug. 31 in the Center for the Arts Gallery, located at 9191 Barker Cypress. Call 832-482-1038 for gallery hours and information.

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## Fit Facts™ FROM THE AMERICAN COUNCIL ON EXERCISE®

## Beat The Heat Before It Beats You

Keeping cool when the weather is hot

It's summertime and you head out for a run. Before you even finish the first mile, your body feels as though it might ignite from the heat. It's not your imagination. Fifteen minutes into your run and your body temperature could be as high as 5° F above normal. If you were to continue at this pace, fatigue and heat illness would no doubt take over.

Strategies to protect yourself from heat illness

The above scenario doesn't have to happen. Drinking enough fluid, whether it be water or a sports drink, is imperative for exercising in hot or humid weather.

Maintenance of body fluids is essential to maintaining proper body temperature. Sweat dispels heat through your skin. If you let your body become dehydrated, you'll find it much more difficult to perform even the lightest of workouts.

But don't wait until you're thirsty to start replenishing those fluids. Chances are, by the time you actually feel thirsty, your body is well on its way to becoming severely dehydrated.

The following strategies will help you protect yourself from the onset of heat illness:

### 1. Hydration

Fluid replenishment before, during and after exercise is essential to avoid progressive dehydration. Always consume more fluids than you think you need before and after exercise, and strive to drink six to eight ounces of fluid every 15 to 20 minutes during exercise.

### 2. Exercise Intensity

You should probably reduce the intensity of your workout, particularly the first few times you are exposed to higher temperatures.

### 3. Temperature

Use the heat stress index table to determine the risk of exercising at various combinations of temperature and humidity. While a 90° F outdoor temp is relatively safe at 10 percent humidity, the heat stress of 90° F at 50 percent humidity is the equivalent of 96° F. When the heat stress index rises above 90° F, you may want to consider postponing your exercise session until later in the day. Or, plan ahead, and beat the day's heat by working out early in the morning.

### 4. Fitness

Physical training and heat acclimation can increase your blood volume, helping to regulate body temperature more effectively.

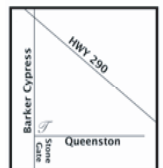
(Continued on pg. 17)

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Call 281-373-3322 for current specials & group pricing. Walk-ins welcome, appointments recommended. Restrictions apply, limited time offer.

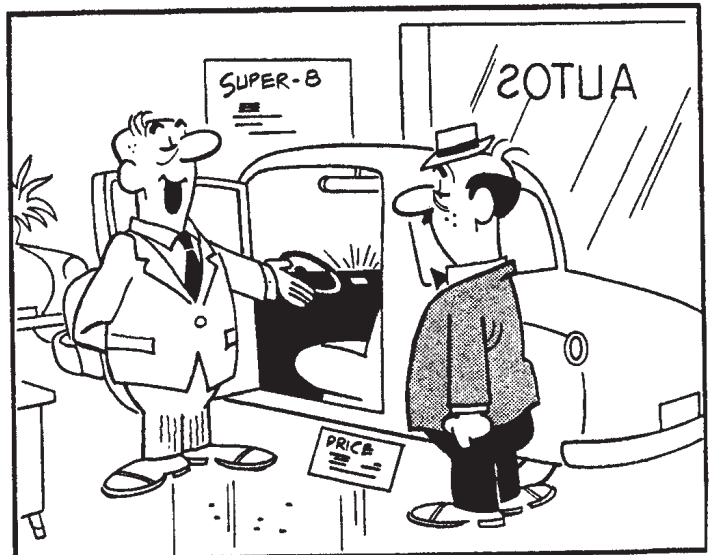
**Children for a Better World!**

Interested in a playgroup that does more than just play? Want to teach your children to make a positive difference in the world?

Join similarly minded parents once a month for fun kid crafts and to organize fundraising events. All proceeds will be donated to worthwhile organizations that help children around the world!

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**Cartoon Corner**



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Join Mark and Laura Shook as they share timeless principles from God's word that are relevant to everyday life.

## Texas Events - August

1-24—BEAUMONT: Drawings from the Permanent Collection of Art Museum of Southeast Texas [www.amset.org](http://www.amset.org) 409/832-3432  
 2-6—SOUTH PADRE ISLAND: Texas International Fishing Tournament Features the largest bay and deep-sea fishing tournament in this state. South Padre Island and Port Isabel waters. [www.tift.org](http://www.tift.org) 956/943-TIFT  
 3-6, 10-13—BAYTOWN: The Music Man Baytown Little Theater. E-mail: [ellenbradj@aol.com](mailto:ellenbradj@aol.com) 281/424-7617  
 3, 10, 17, 24, 31—KEMAH: Rock the Dock Concert Series Kemah Boardwalk. [www.kemahboardwalk.com](http://www.kemahboardwalk.com) 281/334-9880  
 4—TOMBALL: Tomball Night Includes shopping, bands, carnival rides for kids and night parade. E-mail: [admin@tomballchamber.org](mailto:admin@tomballchamber.org) • [www.tomballchamber.org](http://www.tomballchamber.org)  
 4-5—PORT ARANSAS: Hope Devlin Kids Fishing Tournament Held in memory of Captain Hope Devlin. Proceeds benefit the Kiwanis Club Scholarship Program. Robert's Point Park. 361/749-3497  
 4-6—HOUSTON: Houston International Jazz Festival Includes celebration of the summer jazz workshop, smooth jazz concerts and mayor's jazz brunch at the Wortham Theater. Bayou Place. E-mail: [jazzed@jazzeducation.org](mailto:jazzed@jazzeducation.org) • [www.jazzeducation.org](http://www.jazzeducation.org) 713/839-7000  
 4-20—WHARTON: Disney's Beauty & the Beast 979/282-2970  
 5—ALVIN: BACH FunFest Includes children's activities, food, face painting, games and more. Knights of Columbus Hall. 877/714-

1766  
 5—ANGLETON: Kidsfest Brazos River County Park. 979/864-1541  
 5—BEAUMONT: Museum to Blow Gusher In celebration of Beaumont's heritage, the earth will tremble, people will cheer and the Lucas Gusher will blow once again. Begins at 2:30 p.m. Spindletop/Gladys City Boomtown Museum. [www.spindletop.org](http://www.spindletop.org) 409/835-0823  
 5—HARLINGEN: Jackson Street Market Days Old-fashioned, open-air street fair includes antiques, crafts, sidewalk sales, produce cart and food vendors. Hours are 9 a.m. to 4 p.m. Downtown. 956/423-4041  
 5—MANVEL: Naked Rib Smokehouse Car Show Hours are 6 to 10 p.m. 19405 Hwy. 6. 281/489-1000  
 5, 12, 18-19, 26—LAKE JACKSON: Story Time Storytellers read books about the sea and nature from 10 to 10:45 a.m. Friday and 10:30 to 11:15 a.m. Saturday. Stories are selected for preschool age but entertain all ages. Sea Center Texas. [www.tpwd.state.tx.us/spdest/visitorcenters/seacenter](http://www.tpwd.state.tx.us/spdest/visitorcenters/seacenter) 979/292-0100  
 6—KEMAH: 38th Annual Blessing of the Fleet Decorated shrimp boats and pleasure craft file past the Cadillac Authentic Mexican

(Continued on Page 13)

# ACREAGE HOMESITES

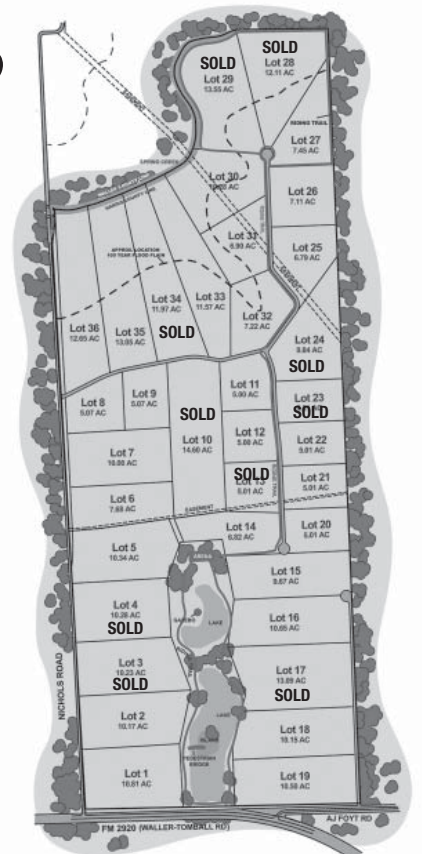
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**Texas Events - (Continued from Page 12)**

Restaurant where the officiating priest and minister bless each of the boats. Kemah Boardwalk. [www.kemah.net](http://www.kemah.net) 281/334-9880

6—PALACIOS: Shrimporee St. Ann's Catholic Church. [www.palacioschamber.com](http://www.palacioschamber.com) 361/972-2615

6—SANTA FE: Pet Rooster Hours are 6:30 to 8:30 p.m. Haak Winery, 6310 Ave. T. [www.haakwine.com](http://www.haakwine.com) 409/925-1401

6—VICTORIA: Our Lady of Sorrows Jamaica Victoria Community Center. 361/575-2293

9—SAN BENITO: El Second Weensdee Enjoy an oral history series on conjunto music. Begins at 7 p.m. The Narciso Martinez Cultural Art Center, 225 E. Stenger St. 956/361-0110

11—ROSENBERG: Hot Summer Concerts San Francisco's ruling blues band, the MOFO Party Band performs. Bring a lawn chair, family and friends to enjoy the free concerts. Downtown Park. [www.visitrosenberg.com](http://www.visitrosenberg.com) 832/595-3520

11-13—BEAUMONT: "The Beaumont Cruise & Hot Summer Nites" Vintage Car Show & Street Cruise 11th Street. [www.beaumontcvb.com](http://www.beaumontcvb.com) 409/769-7599

11-13—PALACIOS: Family Fishing Tournament [www.palacioschamber.com](http://www.palacioschamber.com) 361/972-2615

11-13—SOUTH PADRE ISLAND: Ladies Kingfish Tournament Features bay and offshore divisions. Register Friday at SPI Convention Centre. Weigh-in is Saturday at South Point Marina, Port Isabel. Awards and social occur Sunday at the SPI Convention

Centre. [www.spichamber.com](http://www.spichamber.com) 956/761-4412

12—LOS FRESNOS: Elvis Festival Little Graceland Museum. 956/233-5482

12—PASADENA: Owl Prowl Enjoy a moonlit walk through the woods while looking for owls and listening for fascinating night sounds. Hours are 8 to 10 p.m. Armand Bayou Nature Center. [www.abnc.org](http://www.abnc.org) 281/474-2551

12, 26—PASADENA: Guided Canoe Trips Meet at Bay Area Park for a morning of wildlife watching, wetland education, relaxation and fun. Travel is about 2-3 miles round trip. Reservations required. Armand Bayou Nature Center. [www.abnc.org](http://www.abnc.org) 281/474-2551

14—FULTON: Music at the Mansion Begins at 7 p.m. Fulton Mansion State Historic Site. 361/729-0386

17-19—PORT ARANSAS: Oh Boy! Oberto Redfish Cup Premier inshore fishing tournament is televised on ESPN2. Includes games, music demonstrations and more. Robert's Point Park. [www.redfishcup.com](http://www.redfishcup.com) 501/372-6544

17-Sep. 14—NASSAU BAY: Figurative Art Exhibition includes figurate works and portraits. The Arts Alliance Center at Clear Lake, 2000 NASA Parkway. [www.taaccl.org](http://www.taaccl.org) 281/335-7777

18—VICTORIA: Country Opry Community Center Annex. 361/552-9347

18-20—HARLINGEN: U.S.S.S.A. Men's Hispanic State Championship Sports Complex, 3139 Wilson Road. 956/245-0264

(Continued on Page 14)



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# Riata Ranch

## Texas Events - (Continued from Page 13)

19—BAY CITY: Market Day More than 100 vendors sell handmade crafts, homemade jellies and more. Courthouse Square. [www.visitbaycity.org](http://www.visitbaycity.org) 800/806-8333

19—BEAUMONT: Free Family Arts Day Hours are 10 a.m. to 2 p.m. The Art Museum of Southeast Texas. [www.amset.org](http://www.amset.org) 409/832-3432

19—DICKINSON: The Best of Broadway Gala includes dinner, silent auction and more. Bay Area Harbour Playhouse, 3803 Hwy. 3. [www.harbourplayhouse.com](http://www.harbourplayhouse.com) 281/337-SHOW

19—GALVESTON: Artwalk Commercial galleries, non-profit art spaces, restaurants and retail stores exhibit art and welcome viewers. Historic District. [www.galvestonartscenter.org](http://www.galvestonartscenter.org) 409/763-2403

19—HARLINGEN: Blues on the Hill Features blues music with several bands participating. Lawn chairs and beach towels are welcome. Hours are 6 to 10 p.m. McKelvey Park, 1325 S. 77 Sunshine Strip. 956/216-5950

19-20—ROSENBERG: 32nd Annual Festival of Glass & Antique Show & Sale Hours are 9 a.m. to 5 p.m. Saturday and 10 a.m. to 4 p.m. Sunday. Fort Bend County Fairgrounds. [www.houstonglassclub.org](http://www.houstonglassclub.org) 281/342-4876 713/729-4267

19-Sep. 24—GALVESTON: Al Souza — Addenda Features a survey exhibition of this Houston artist's work with puzzle parts and cut paper pieces. Galveston Arts Center. [www.galvestonartscenter.org](http://www.galvestonartscenter.org) 409/763-2403

20—SANTA FE: Hanna's Reef Hours are 6:30 to 8:30 p.m. Haak Winery, 6310 Ave. T. [www.haakwine.com](http://www.haakwine.com) 409/925-1401

25-27—CLEAR LAKE AREA: Ballunar Liftoff Festival Involves a weekend of hot air ballooning, arts & crafts, live entertainment, sky-diving exhibitions and food. NASA/Johnson Space Center. [www.ballunarfestival.com](http://www.ballunarfestival.com) 281/488-7676

25-27—PORT ARANSAS: Texas Women Anglers Tournament Features a fishing tournament for women. Robert's Point Park. 361/882-6000

26—CLUTE: Brazosport Art League Gallery Opening: Open-Juried Show Center for the Arts & Sciences. 979/265-7971

26—TEXAS CITY: Shrimp Boil & Dance Enjoy a shrimp dinner and a dance with a live band. Nessler Park/Rotary Pavilion. E-mail: [lorrie@texascitychamber.com](mailto:lorrie@texascitychamber.com) • [www.texascitychamber.com](http://www.texascitychamber.com) 409/935-1408

27—SANTA FE: Steel Vibrations Enjoy great Jamaican/Calypso music from 6:30 to 8:30 p.m. Haak Winery, 6310 Ave. T. 409/925-1401

*Texas Events has been published with the permission of the Texas Department of Transportation. All events are taken in part from the Texas Events Calendar. All dates for events were correct at the time of publication and are subject to change.*



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## Cypress Assistance Ministries

*Volunteers Needed*

A heartfelt "thank you" to all the wonderful people who donated school supplies and volunteered time to make this year's school supplies drives one of the most successful ever. Volunteers and staff passed out school supplies to hundreds of children.

The services provided at Cypress Assistance Ministries, CAM, are made possible by many dedicated volunteers. If you enjoy working with the public, decorating or merchandising, then serving in our busy resale shop, Angels' Attic, is the place for you. Want to help fulfill a family's most basic needs? Come serve in the Food Pantry by restocking shelves, packing groceries, or picking up donations from local grocery stores or restaurants. Our busy community donation area, the Cellar, is looking for people willing to serve by processing donations and restocking Angels' Attic. Do your skills include math and teaching? Our Operation Jobs Program has a need for that certain person that would consider "one-on-one" math tutoring for GED students that are having difficulty.

Stop by and see the newly remodeled Angels' Attic Resale Shop. Angels' Attic is stocked with quality merchandise at resale prices. Our racks are full of children's back-to-school clothing and shoes in all sizes. New costume jewelry and sterling silver fill the jewelry cases for any special occasion. You will also find household items and furniture to redecorate your home for fall. Ask for a calendar of the upcoming sales next time you visit the store. Services at Cypress Assistance Ministries are funded from the proceeds of Angels' Attic along with contributions from local churches, businesses and individuals.

Cypress Assistance Ministries, located at 11202 Huffmeister, exists to provide a safe place for individuals or families to tell their story and be offered some measure of hope during difficult times. For a description of all our services as well as volunteer opportunities and Food Pantry requests please see our Web site, [www.cypressassistanceministries.com](http://www.cypressassistanceministries.com)

Donations can be made Monday through Wednesday from 10AM – 6PM and Thursday through Saturday from 10AM – 3PM.

If you need further information or would like to volunteer, please give us a call at 281-955-7684 and ask for Kelly or Lisa.

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**For Sale:** Navy, wine, cream living room furniture: sofa \$150, club chairs \$50 each, wingback chair \$50, tables \$35 each, lamps \$10 each. Corner computer desk \$75, black office chair \$25. 281-304-8967.

**For Sale:** Xylophone Mirimba X3N for beginning to advanced percussion students in CFISD. Has carrying case, in excellent condition. Retail \$1199.00. Asking \$700.00. 713-585-2646. Pictures available.

**For Sale:** Glass dining room table and 6 chairs. Made by the Ashley furniture company. 3 years old, and only used on holidays. \$350 obo. Contact Bobbie @ 281-213-3140



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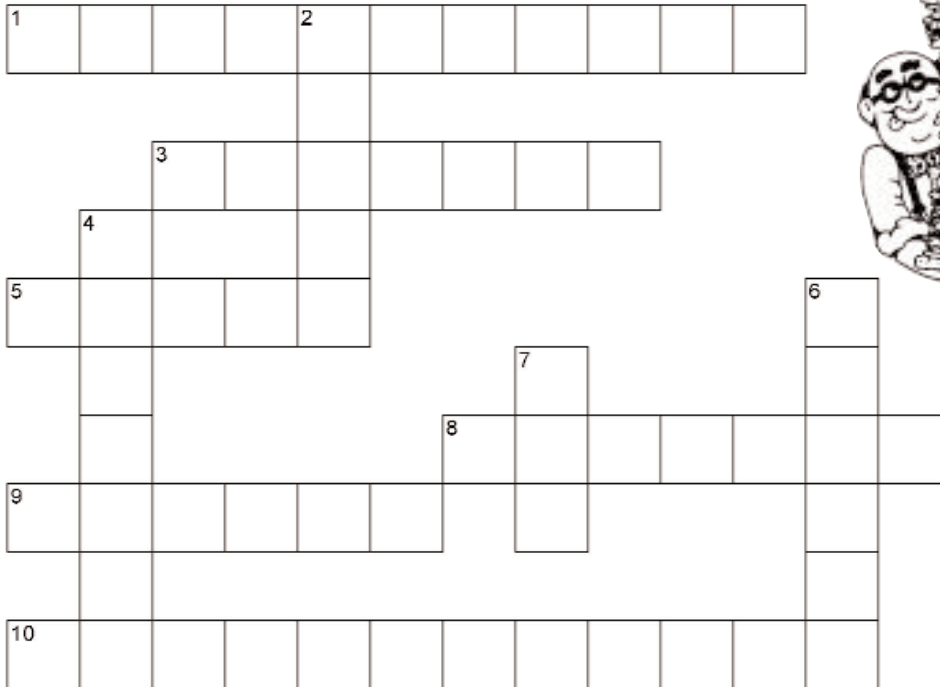
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# Kidz Crossword Puzzle

Hint: Things you put on a sandwich



\*Solutions on Page 18

**Across**

- 1. We have fun roasting them
- 3. A monkey's favorite food
- 5. Looks like jello
- 8. Bugs Bunny eats them
- 9. We eat on Thanksgiving
- 10. Made from peanuts

**Down**

- 2. Made by bees
- 4. Its green and used in salads
- 6. Yellow in color
- 7. Rhymes with Spam

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Fit Facts - (Continued from pg. 10)

Heat Stress Index		Air Temperature (F)					
		70°	80°	90°	100°	110°	120°
Relative Humidity	0%	64°	73°	83°	91°	99°	107°
	10%	65°	75°	85°	95°	105°	116°
	20%	66°	77°	87°	99°	112°	130°
	30%	67°	78°	90°	104°	123°	148°
	40%	68°	79°	93°	110°	137°	
	50%	69°	81°	96°	120°	150°	
	60%	70°	82°	100°	132°		
	70%	70°	85°	106°	144°		
	80%	71°	86°	113°			
	90%	71°	88°	122°			
100%	72°	91°					

Interestingly, the acclimatization process can be completed in 7 to 14 days of repeated heat exposure. However, you must always continue to drink fluids before, during and after exercise.

### 5. Clothing

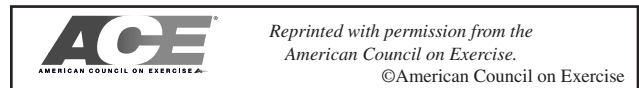
Wear minimal clothing to provide greater skin surface area for heat dissipation. Your clothing should be lightweight, loose fitting, light colored to reflect the sun's rays, and of a material that absorbs water, such as cotton.

### 6. Rest

Know when to say 'no' to exercise. Using common sense is your best bet for preventing heat stress when Mother Nature turns up the heat.

Heat sensation risk of heat injury

- 90° - 105° Possibility of heat cramps
- 105° - 130° Heat cramps or heat exhaustion likely. Heat stroke possible.
- 130°+ Heat stroke a definite risk.



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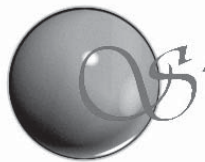
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## Dental Tip of the Month.

### Is Overwhitening a Concern?

By: Dr. Asim Sundrani

Many folks that are teeth whitening are aiming for an unnaturally white shade by overusing the products. Excessive use of bleaching products can damage tooth structure and gums. Some overly enthusiastic patients experience tooth sensitivity, blisters and discoloration on teeth and gums.

Custom-fitted trays are used to hold the gel, reducing risk of hydrogen peroxide leakage; with over-the-counter products, the trays are usually not form-fitting. But even under ideal conditions, studies show that often less than 50% of the whitener is still in the trays one hour after application, indicating a lot of leakage.

I do caution against buying tooth whitening products over the counter. The ingredients may be correct but the balance of the ingredients may be improper, resulting in a low pH, thus damaging the enamel of the teeth.

Make sure whatever whitening product you get, it has an ADA (American Dental Association) seal of acceptance. Most over the counter products do not have that seal, thus may cause an unknown harm.

If you have any further questions, please email me at [sundranidds@yahoo.com](mailto:sundranidds@yahoo.com), and I will be happy to respond to your inquiries

[sundranidds@yahoo.com](mailto:sundranidds@yahoo.com)

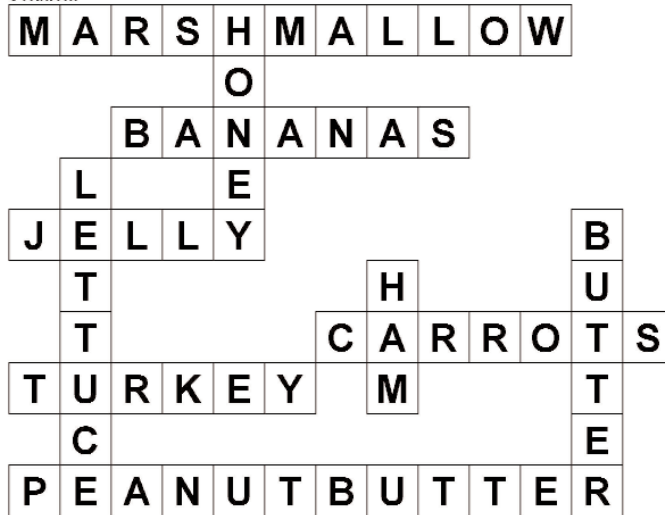
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## Kidz Crossword Solution

Solution:



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### Alpha is Coming! Alpha is Coming!

Alpha? Alpha is for anyone interested in finding out more about the Christian faith—people investigating Christianity or Christians who want to discuss their questions. Adults and high school students of all ages are welcome. The Alpha course is being hosted by Messiah Lutheran Church on Thursday evenings beginning August 24 for 11 consecutive weeks, 6:00-8:30 PM. The evenings begin with a supper provided by the church. Childcare is provided. All people are invited to participate in the Alpha course. Alpha offers a safe, non-judgmental environment to discuss questions of the faith. Registration is free; please call the church office so we have enough material for all.

Messiah Lutheran Church is a grace place, a congregation of the Evangelical Lutheran Church in America (ELCA). Messiah is located at 11522 Telge Road, ½ mile north of Highway 290. Regular worship times are at 8 and 10:30 AM on Sundays. The Education Hour is 9:15-10:15 AM on Sundays. For more information, 281-890-3013 or [www.messiahlc.org](http://www.messiahlc.org). All people are welcome at Messiah.

### Advertising Information

Please support the businesses that advertise in the Riata Ranch Community Newsletter. Their advertising dollars make it possible for all residents to receive a newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the newsletter by advertising, please contact our Sales Office at 512-989-8905 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com) for ad information and pricing.

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Section 4	4	-	-	-	-
Section 5	7	-	-	-	-
Section 6	5	1	-	-	-
Section 7	4	-	-	-	-
Section 8	3	1	1	62	55.53
Section 9	4	-	-	-	-
Section 10	4	1	-	-	-
Section 11	4	-	-	-	-

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