

Volume 3, Number 10

October 2006

www.circlecranch.info

Letter from the Board of Directors

The board of directors held a Board Retreat this past month in order to discuss the short term and long term goals of the Association. After much discussion the board came to a consensus on a list of priorities which are listed below (in no particular order). The list will be included in each newsletter as projects are added and completed. Several of the projects listed have been included as separate articles in this newsletter to give residents a more detailed outline of that specific process. As always, if you have any questions you can contact the board of directors by emailing directors@circlecranch.info

2006 CCHO Priority List (in no particular order)

- Amenities Transfer Agreement
- ➤ 2007 Budget
- ➤ Landscape Contract Re-Bid
- ➤ New Baby Pool
- ➤ One House/One Vote
- ACC/Deed Restriction Position
- ➤ Management Review Plan
- Park Playscapes Plan
- Solid Waste & Recycle Contract
- Other Pool Renovations
- Insurance Policy/Agent Review
- > Annual Report
- ➤ Assessment Analysis
- Designation of capital projects

Board President, Ed Scruggs Resigns

On September 18, 2006 Board of Directors President Ed Scruggs announced his resignation from the Board effective that date. By the time of this publication the remaining Board members will have started (and possibly completed) the process of appointing a resident to serve out the reminder of the term (set to expire in 2007). The Board will also appoint a new Board member to serve as President for the remainder of the term. Additional information will be posted on the website as it is available. We thank Ed for his many years of hard work and service to the community and wish him the best in his future endeavors.

Sincerely, Ryan Garcia, CCHOA Board of Director's Vice President.

Amenity Update

Submitted by Ryan Garcia & Brendan McEntee

One of the most common questions the Board receives concerns the plans for the new community pool. As our community continues to grow we all recognize the need for an additional pool to accommodate the ever increasing number of families in our neighborhood. Many people saw RVi's Master Plan presentation at last year's Annual Meeting, which included a section on the new pool and a potential design for the pool. Last year's Annual Meeting spoke of the Amenities Fund and how the Circle C Board has been working to get that fund transferred to the Homeowners Association. We hope that this article will clear up a number of points regarding the land, the new pool, the funds for the pool and the efforts the Board is making to help speed up the process. Please feel free to contact us if you still have questions.

The duty to construct the new pool belongs to the developer. This is not the HOA, but rather the company that sold land to individual builders. As part of many of the later developments, one condition attached to the land was that builders had to pay \$1,000 for each house sold into a fund that would be used to construct a new pool. That fund is controlled by the developer, who also has the land to build the new pool.

Unfortunately, the developer is now in bankruptcy meaning that all assets are controlled by the bankruptcy court. This includes the constantly increasing fund that is set aside for the new pool. Knowing that they have an obligation to build the new pool with the money, but also knowing that attempting to build a new pool while being controlled by the bankruptcy court is a difficult situation at best, the Board and the bankruptcy court have attempted to work on an agreement that will transfer the fund to the Homeowners Association so that we can expedite the new pool's construction. However, before this agreement can be finalized and the money transferred, some key issues need to be addressed regarding impervious cover.

For those unfamiliar with the intricacies of developing in South Austin, the Save Our Springs ordinance mandates that all development over our local aquifer be limited to a certain amount of impervious cover. Normally impervious cover travels with the land, so that, for example, a 1 acre piece of land can have up to a quarter-acre of impervious cover. However, because of a Settlement Agreement between the City of Austin and the Bradley's parties, the

(Continued on Page 2)

CIRCLE C RANCH

CCHOA Numbers

HOA Mgmt Officeinfo@circlecranch.info	or 288-8663
Financial Office	451-9901
Circle C CDC	288-9792
Newsletter Publisher	
Peel, Inc. Sales Office5	12-989-8905
Adv./Kelly Peel advertising@PEELinc.com, 5	12-989-8905
Circle C Amenities	
Circle C Café	288-6058
Circle C Swim Center	288-6057
Circle C Tennis Club Circle_CTennis@msn.co	m, 301-8685
Golf Course at Circle C Ranch	288-4297

2006 Board of Directors

Vacant	President
Ryan Garcia	
AE Martin	Treasurer
Brendan McEntee	Secretary
Michelle Moran	Director
Carolyn Merritt	Director
Sam Irwin	Director
Contact Information	Email: directors@circlecranch.info

IMPORTANT NUMBERS

BFI (Allied Waste)	247.5647
Dead Animal Collection	
Abandoned Vehicle	974.8119
Pothole Complaints	974.8750
Stop Signs	
Street Light Outage	
Schools	
Clayton Elementary	841.9200
Kiker Elementary	
Mills Elementary	841.2400
Bailey Middle School	414.4990
Small Middle School	841.6700
Bowie High School	414.5247
SAYSA	

Kristyne Blackburn

Residential Mortgage Loans Manager, Austin Market & Circle C Resident







Amenity Update - (Continued from Page 1)

land in Circle C is actually a separate entity from the impervious cover. The land covered by the Bradley Settlement Agreement must be conveyed with an "Impervious Cover Allocation" which amount will be deducted from the IC bank maintained by the City of Austin Environmental Officer. Thus if you are given a 1 acre piece of land without an associated impervious cover allocation, your development options would be non-existent unless you could contribute impervious cover from another source.

The Board is currently trying to hammer out an agreement with the bankruptcy court to allow that fund to be transferred to the HOA. The difficulty here is that since the HOA would be taking on the duty that the developer currently owes to us, we want to make sure that we are given the same tools that the developer would have. For example, the developer is currently obliged to build the pool using the fund that builders have been paying into. The developer has already set aside land for the pool, and it also has a bank of impervious cover it can draw from in building the pool. The developer and bankruptcy court have already addressed the land and fund, but impervious cover still needs to be hammered out. We are not sure how much impervious cover they are giving us, if any, and should we take just the land and money and be obliged to build the second pool we may be forced to use any impervious cover the HOA currently has that we plan on using for building additional parks, playscapes, trails, or other community amenities.

Rest assured that we will do everything we can to help expedite the process, but at the same time we don't want to obligate the HOA to take on responsibilities it shouldn't and can't afford to accept. As this continues to develop we will send out updates via the Web site and the newsletter, so stay tuned.

Want to submit an article of interest?

If you would like to contribute to the HOA newsletter, please send your article to <u>info@circlecranch.</u> <u>info</u>. The deadline is the 12th of the preceding month (November's deadline will be October 12).





Krysten Meija



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CCHOA Announcements

CCHOA General Announcements

Submitted by Denise Nordstrom

Deed Restriction Review

In October we will be driving sections (6) six and (7) seven (please see map). We are looking for turf with excessive weeds, turf that is not mowed or edged, lack of maintenance on the exterior of your home, unauthorized vehicles such as boats, trailers and RV's just to name a few. *Due to the extreme temperatures this summer there are *many* yards that have suffered considerably and it is difficult to determine at this point whether grass will come back or has died completely. Due to this, we will be driving the entire neighborhood at the beginning of March 2007 to look at turf conditions *only*. If at that time we find yards that have areas of dead turf we will require that these area of turf be replaced.

We are required by Texas State Law to notify owners in writing via certified mail of a deed restriction violation. We also send correspondence via regular mail to ensure that you receive. If you receive a notice and have questions, please contact the HOA office at 288-8663 or via email at <u>info@circelcranch.</u> <u>info</u> to discuss. You can also view the deed restriction policy on the website at: <u>http://www.circlecranch.info/documents/AssociationDocuments/</u> <u>DeedRestrictions/CCHOA-DeedRestrictionPolicy2003.pdf</u>





CCHOA General Announcements *Continued*

Deed Restrictions 2006

Letter Sent	Aug	YTD	
1 st Letter	25	262	
2 nd Letter	10	65	
3 rd Letter	0	4	
Totals	35	331	
Total Cured		183	

Official CCHOA Communication or Not?

We have had recent communications sent out via email to residents that many thought came from the CCHOA. This is not the case. The CCHOA currently does currently utilize an email program. We have also been notified about letters that have been sent to residents about portable basketball goals that appear to be from the CCHOA. This is not the case. All written communications from the CCHOA will be on letterhead and if we utilize an email program in the future it will say "official communications from the CCHOA". If you do receive mail or email and are unsure whether it's from the CCHOA, give us a call at 288-8663.

Mark your calendars for the Circle C Holiday Events!

It's time to mark your calendars for the Annual Holiday Kid's Event (December 9, 3pm to 5pm at the CDC) and the Annual Holiday Adult Event (December 15, 7pm to 12pm at the Wildflower Center). Ticket sales will begin November 1st through the CCHOA office *only*, prices are \$3/child for the Kid's Event and \$20/person for the Adult event (maximum 4 tickets per household). There are a limited number of tickets so purchase early! For more information on either event, please contact the HOA office at 288-8663.

Monthly Board Meetings Open to Residents

The Circle C Board of Directors meets the first Wednesday of the month at 6:15pm at the Lady Bird Johnson Wildflower Center (in the library). At the beginning of each meeting is a Homeowners Forum that residents can sign up for to address a concern. Speaking slots are 3 minutes each and you can sign up by calling the HOA office at 288-8663 or sending an email to <u>info@circlecranch.info</u>



CCHOA Announcements Continued



Please Slow Down!!

We are getting lots of calls about speeding cars now that school is back in session; specifically on La Crosse, Escarpment and Nusser. Please be sure to obey school zones and to stop for school buses.

School Crossing Guard Position Available

If you know of anyone who would be interested in applying for the position of Crossing Guard at the corner of LaCross and Escarpment OR Spruce Canyon and Doswell, the position is available immediately, pays \$8.00 per hour and is for 2 hours per day, from 7:00 am - 8:00 am and again from 2:30 pm-3:30pm. Please contact Mr. Herschell Esquell at <u>hesquell@austin.rr.com</u>, or phone him at 892-2139 or 589-4006.



Swim Center Tenant Update

Submitted by Ryan Garcia

Last month's President Letter described how a special committee of three Directors was formed to investigate whether Circle C could find a tenant for our pool so as to defray some of the operating costs and potentially keep the pool open year round. Michelle Moran, Brendan McEntee and I looked at potential tenants and the one name that emerged as the most serious possibility was Longhorn Aquatics. There is a spirited history between Longhorn Aquatics and Circle C, and it was very obvious that changes needed to be made from the previous contract if a relationship was even going to be possible.

As of this writing, no final contract has been agreed upon to present to the Board for a final vote. But a number of issues were addressed at the September meeting to establish some make or break provisions in the contract. Negotiations are still ongoing, but we are taking into account many of the areas that caused concern with the last lease. For example, we are including language to spell out each side's responsibility in terms of maintaining the deck area and restroom cleanliness and also making sure communication channels stay open between both sides. We're looking at renting less than half the lane lines from the previous arrangement, and 75% of those lane hours take place in the winter-the smallest percentage take place in June, our busiest month at the pool. There are a number of other provisions we're looking at, all geared towards improving the relationship so that both Longhorn Aquatics and Circle C can have a fruitful relationship. However, we are also including a provision that allows for termination without cause if all else fails.

Although no final contract has been presented, the Board has voted to at least continue negotiations to see if we can reach an agreement. If a contract can be reached that meets our minimal terms then it will still need to clear an independent legal review and be voted on by the Board. Once such a contract has been reviewed we will post a summary of its terms to the Web site prior to voting on it. Our efforts are geared towards finding the right balance in a tenant relationship that will allow us to keep the pool open along the lines of August's Board vote to close the pool come November if we do not have a tenant to defray the costs. We are all interested in keeping the pool a noteworthy amenity, but we also are considering the numerous other projects the Board is undertaking this next year.

There are passionate people on both sides of the Longhorn Aquatics debate. The Board is striving to take input from both sides, but ultimately we as a neighborhood must come together to work with each other. Dealing in absolutes only ensures one side will lose. Instead, we should all try to find a middle ground and work towards improving relationships with a potential tenant if that comes to pass. And we will hold the tenant to do the same. Both sides have much to gain through a tenancy agreement—and both sides have much to lose. Remaining positive and trying to be constructive as we enter the next era with our existing pool is the key.



FAMILY FUN-RUN! Austin, Tx NOV 2006

1k, 3k, or 5k Fun Run November 4th at 8:00am

Circle C Park at Slaughter Ln & Escarpment

Registration is only \$5

(for T-shirts and Kids Completion Prizes)

Call Darryl to register: 358-9355

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South MOPAC at US Hwy 290 W

CCHOA Announcements Continued

Baby Pool Update!

Submitted by: Michelle Moran

As we all know, this past summer was a tough one without our baby pool. The baby pool Task Force is committed to insuring the creation, the building, and the opening of our new Circle C Baby Pool for next summer. The Committee is made up of homeowners that have stepped forward to make this the best baby pool ever. The Volunteers for this Task Force are the following:

Michael Coley Jeanne Irwin Gwen Rubenstein Melinda McKenna Ryan Garcia Michelle Moran

Trent Rush and Ronnie Stafford, both Homeowners, have also graciously stepped up to offer their professional services. They both work for TBG Partners, which is a local landscape architect firm. They have done many amazing projects in the Austin area and we are very grateful for their assistance. Our current Swim Center Committee is also assisting with the legwork phase of this project.

As many of you know there was a master plan completed by RVi.

We are using that plan as a guide to assist in this process. Each month I will update everyone with our progress. At this point, a small group of us went on a "Baby Pool Tour" where we observed and took pictures of many local pools. We then made a needs and wants list. Currently Trent and Ronnie have created a conceptual drawing that we will discuss and then use for the bidding process. The goal is to have at least three bids to present at the October Board Meeting. The HOA Board will then vote, and we will begin the construction phase. At this point, our goal is to have the Baby Pool up and running by May 2007! Please send any comments, concerns, or ideas to the Circle C Directors account at <u>directors@circlec.info</u>. I want to commend everyone who has decided to offer solutions and help with this project. I thank you and so do all of our current and future Circle C Babies! It is going to be a FUN summer!





CCHOA Clubs & Announcements

Dear Santa...... a road bike, please.

(Most of what you need to know for survival this season)

Submitted by Paul Murphy, Circle C Ranch Cycling Club, CCR Resident



Are you are exploring the purchase a bike this season? Upon walking into a well stocked bike shop do you say to yourself, "there's more to this than I remember from when I last had a bike, I don't know where to start".

Welcome to "Most of what you need to know." In this issue road bikes will be covered.

Up Front- Some Shopping Guidelines

- After reading this and doing some more research, decide upon the features and components that best meet your needs and then see what the price is.
- It is generally less expensive to get the frame, wheels and components you want at the outset than to buy cheaper and upgrade later.
- Proper fit is the most important consideration. A great deal on a phenomenal bike that fits you poorly will become another dust collector in the garage. You will recall bike fit from the last issue, so have the shop advise you on frame size and have them fit it.
- Budget for helmet, lights, water bottles, cycle computer, shorts,

gloves, etc.

• Buy a bike with growth in mind- buy a model one up from what you need now.

Is the bike for:

- A new cyclist?
- Wanting to improve fitness? (Will this be 2007 New Year's resolution?)
- Starting road cycling again after some years off?
- Wanting to enter road races or triathlons?
- Looking forward to enjoying the camaraderie, training and learning that the Circle C Ranch Cycling Club (CCRCC) has to offer?

Plus

- How many miles do you think you will ride per week?
- What is your budget?

Frames and Forks

Most likely you will come across road bikes made from one, or several, of four materials: steel, aluminium, titanium and carbon fiber. Excellent bikes are built from all these materials so you need not

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CCHOA Clubs & Announcements Continued

Cycling 101 - (Continued from Page 9)

rush to the exotic to buy a really good bike. Weight is, of course, a consideration but more important is ride quality and these 4 materials affect the quality of ride, as does frame geometry and tube shape- a good reason to test ride bikes you are considering. How can you tell the material under the paint? Inspect the decals on the tube leading down from the seat (the downtube)- it will often be displayed there. Or ask the assistant in the store.

Steel

Old fashioned and somewhat back in style, steel is the easiest to shape, work and repair plus it has some 'give' to it- so it has great ride quality. It is also the most widely available material and, ceteris paribus, the least expensive. Higher quality steel frames are generally made from chrome molybdenum (chromoly) and are significantly lighter weight, more robust and less prone to rust than lower quality tubes (typically found on department store bikes).

Aluminium

Aluminium is probably the most popular frame material. Aluminium tubes tend to be stiffer and larger than their steel counterparts and the ride is somewhat harder. This can be overcome with seatposts, handle bars and forks made of a more absorbent material (typically carbon fiber- but more of this anon). Typically, the more you spend the higher the quality of tubing and construction,

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"Movement is the song of the body. Yes, the body has its own song from which the movement of dancing arises spontaneously...We sing when we are happy and the body goes with it like the waves of the sea." -Vanda Scaravelli just like steel, although unlike steel aluminium will not rust. **Titanium**

Titanium (or "T.I." to those in the know) is one of the more exotic and expensive frame materials. Allegedly it combines the best of the previous two; light weight like aluminium, yet giving like steel. Titanium is challenging to work with and commensurately expensive. **Carbon Fiber**

Carbon fiber frames are extremely light, stiff and durable; they are non corroding and can be built into extraordinary and beautiful designs. Like titanium, prices are high as construction is complicated and materials costly. Repairs can also be challenging to the wallet.

Carbon is a very popular material for forks and seatposts because of its shock absorbing characteristics, and when used on the stiffer aluminium framed bikes can ease the ride considerably.

Wheels And Tires

Good wheels can improve a marginal bike by a lot. Wheel weight affects climbing, acceleration and handling because of the inertia of the rotating weight.



Wheel Rims

Wheels generate a surprising amount of

turbulence and therefore drag. (The rim is the portion of the wheel the *(Continued on Page 11)*





Gary "Bernie" Bernfeld

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Cycling 101 - (Continued from Page 10)

spokes attach to and the tyre fits into.) The two basic rim designs are named after their cross sections: box-section (square or rectagonal) and aero (triangular).

Box-section rims are more conventional, lightweight and provide the most comfort. Aero rims have less wind drag but are stiffer and therefore less comfortable. Ask about wheel options when test riding the bike. Your weight and how you intend to ride will also be considered.

Tyres

Depending on your weight and riding style tyres can last for many miles. The bead of the tyre is the part that holds the tyre in place on the rim. Less-expensive tyres use wire beads, which add weight (what you are trying to lose with those expensive wheels!) Better tyres have kevlar beads and are lighter weight. **Component Groups**



"Components" are just about else mechanical on the bike: cassette, crankset, brakes, shifters (gear change levers), derailleur's (front and rear gear changers), wheel bearings, bottom bracket (the bearings the crankset revolves on) and, yes, the chain. The two principal companies are Shimano and Campagnolo and each offers 5 levels of components.

Quality is tagged to price and as price increases, the parts get lighter and bearing quality improves (bearings are what the hubs, headset, pedals and crankset spin on).

Chainrings and Cogs

Front cogs are called "chainrings" and are attached to the cranks (the arms the pedals attach to) making a "crankset".

The crankset has 1 (single), 2 (double) or 3 chainrings (triple). Typically race bikes have a double chainring and triple cranksets have a small, inner chainring (often called a "granny") that makes light work of hill climbing.

Rear cogs are, perhaps surprisingly,

called cogs and the collection of rear cogs on the wheel is called a cassette. A cassette will typically have 8 to 10 cogs on it-remember when 7 was a lot?

To help decide, test ride the same bike with different components and see how you like the difference in feel and responsiveness, then consider the price.

(Continued on Page 12)

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CCHOA Clubs & Announcements *Continued*

Cycling 101 - (Continued from Page 13)

Overview o	of current compo	onent groups		
Level	Brand	Group	Drivetrain	Comments
entry	Campagnolo	Mirage	double or triple	some steel parts
			w/9 cogs	
	Shimano	Sora	double or triple w/8 cogs	some steel parts
enthusiast	Campagnolo	Veloce	double or triple	less steel
			w/9 cogs	better finish
	Shimano	Tiagra	double or triple	less steel
			w/9 cogs	more interchangeability
serious	Campagnolo	Daytona	double or triple	most affordable
			w/9 or 10 cogs	10-speed group
	Shimano	105	double or triple	great value for \$
			w/9 cogs	hollow crankarms
race	Campagnolo	Chorus	double or triple	almost Record
			w/9 or 10 cogs	quality and finish
	Shimano	Ultegra 600	1	almost Dura Ace quality
			w/9 or 10 cogs	hollow crankarms
pro	Campagnolo	Record	double or triple	lightest groupset
			w/9 or 10 cogs	
	Shimano	Dura-Ace	double or triple	Lance's groupset
			w/9 or 10 cogs	

Conclusion

Buy once, buy a quality machine with growth space and you will be unlikely to be disappointed. It is far from necessary to have a full Dura Ace equipped, carbon race machine with wheels that alone cost as much as a small car. But nor is it likely that you will enjoy a lifetime of riding pleasure, durability and dependability a big box store branded bike. The appropriate blend of cost and quality will result in a bike that will not only be comfortable but also provide years of riding enjoyment for you. Who knows, this new year you might actually stick to the 'get fit(ter)' resolution with a new bike! CCRCC is there to help you with your riding, too. Come and join us.



Tips on Recycling

Submitted by Elisa Kissinger

If you are like me, lately you have been giving thought on ways you can lessen your family's impact on the environment. I've always recycled some, but recently decided that I was going to put more effort into it.

However, I've never exactly been sure about what can and can't be recycled through our curbside program. I realized walking through the neighborhood past all those blue bins that other residents must have the same misunderstandings that I have. So, I recently visited the Allied Waste/BFI recycling facility to get the straight scoop from Matt Myers, Recycling Consultant for Allied/BFI. The tour was interesting and here is what I found out.

Mr. Myers says that the main problem they have is confusion over plastics. The items you recycle are sorted several times. At the curb, paper is thrown in one compartment of the truck and plastics and metals in another. At the plant, the plastics and metals go through a mechanical sorter. The steel is removed by a magnet, aluminum is removed by an "eddy" current and that leaves the plastics that are sorted by hand. They have a giant dumpster filled with non-recyclable plastics that are headed for the landfill.

You need to check three things to find out if a plastic item

is recyclable at the curb: the shape, the type of plastic, and the contents.

- 1. Shape: **Only plastic bottles can be recycled**. If the neck isn't smaller than the bottom, it will not be recovered.
- 2. Type of Plastic: Once you've determined that your item is a bottle, check the bottom for a number with the recycling arrows around it. **Only bottles made from #1 or #2 plastic can be recycled**.
- 3. Contents: If the bottle contained motor oil, bug spray, weed killer, adhesives, paints or solvents, it cannot be recycled.

Examples of BFI Recyclable Plastic

- Water, soda and juice bottles
- Milk jugs
- Shampoo, conditioner & liquid soap bottles
- Detergent bottles
- Bleach and all-purpose cleaner bottles
- These Plastics Go In Your Garbage Cart
 - Yogurt & margarine tubs
 - Plastic bags (#2 and #4 can be recycled at HEB)

(Continued on Page 14)



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CIRCLE C RANCH

CCHOA Clubs & Announcements Continued

Recycling - (Continued from Page 13)

- Microwave trays
- Styrofoam
- Disposable plates, cups & utensils
- Containers used to hold bakery products, produce and take-out food
- Lids and caps

Paper

For recycling paper, the main thing I learned was that paper products must be kept dry or it cannot be recycled. If it is raining, do not put out your paper. The problem is that paper becomes moldy when wet. Mr. Myers asked for us not to put the paper in plastic bags, paper bags are okay.

When Allied/BFI Recycling stopped recycling glass, they promised to recycle more paper. They now take paperboard. Paperboard was one of the most common items in our trash. It is pressed paper that makes up cereal boxes, containers that sodas come in, cake mixes, etc.

For Paper, BFI will recycle (please keep dry):

- Newspaper, Magazines, Catalogs
- Paperboard (cereal boxes, etc)
- Junk Mail
- Soft Cover Books with white paper
- Phone books
- Notebook paper (pen/pencil/crayon/paint marks okay)
- File folders
- · Self Adhesive Notes
- Fax/Copy Paper
- Computer Print Outs
- Copier Paper or Cardstock (any color)

These Paper Products Go In Your Garbage Cart

- Anything above that is wet
- Cardboard (can be recycled behind the pool at Balcones Recycle Bin)
- Wax covered containers (orange juice comes in)
- Paper contaminated with food waste (paper plates, food wrappers)
- Paper towels, napkins, tissues
- Tear resistant papers (flimsy Fedex envelopes)
- Spiral bound books (plastic or metal)

Other items that BFI will Recycle:

- · Steel cans that were food/beverage containers
- Aluminum beverage cans and containers

Other items that BFI will NOT Recycle:

- Tin
- Scrap metal
- Aluminum food trays
- Aluminum foil
- · Glass bottles and jars
- Cardboard

All of the above can be recycled at Ecology Action downtown*

- Don't let paper get wet it becomes moldy and not recyclable
- Remove plastic lids they are often a different type of plastic from the container
- Rinse out items with food in/on them
- Do not place paper in plastic bags; paper bags are okay

I have also found out that there are two locations in or near Circle C where you can drop off items to be recycled that Allied/BFI will not recycle. I have noticed that many residents leave cardboard in their curbside bin. Allied/BFI does NOT take cardboard boxes. However, there is there is a Balcones Recycling bin behind the swimming pool that is for cardboard materials. Please flatten your cardboard boxes prior to putting them in.

The new HEB accepts plastic bags (HDPE #2 and LDPE #4) in blue bins located at the entrance. Common plastic bags #2 are plastic grocery bags. Common plastic bags #4 are newspaper wrappers. If you choose to look, you will find that many bags and wrappers are #4. I have found bread bags, carrot bags, toilet paper wrappers that are #4. Remember, these need to be free of food residue before recycling.

If you are interested in recycling more Ecology Action downtown takes a long list that can been seen at www.ecology-action.org . Ecology Action is located at 9^{th} and IH-35, on the west side of the highway.

Mr. Myers said that Circle C as a community has increased the weight of what is recycled even since glass has been eliminated. This is a significant increase because glass is very heavy.

The more we increase the volume and efficiency of our recycling efforts, the more Allied/BFI can afford to expand its operations. Expansion might allow new types of equipment to increase the number of items they can accept at your curb.

I think we can all be proud that collectively we're already making a big difference in the environment by reducing landfill use and reusing resources when we can.

Balcones Recycling Bin (behind the swimming pool)

- Corrugated Cardboard
- Paperboard
- Any paper that tears

HEB at Escarpment Village – Blue Recycling Bins

- Plastic Bags HDPE #2 (grocery store plastic bags)
- Plastic Bags LDPE #4 (bags from newspapers)

Ecology Action Downtown 9th and IH-35

- · Glass Bottles and Jars
- · Cellular Telephones
- Tin
 - Scrap metal
 - · Aluminum Foil and Containers

WHY PAY MORE TO LEASE WHEN YOU CAN OWN FOR LESS



Park West HOA News (specific only to Park West)

Submitted by Kathy Jedrzejewicz

Is your property adjacent to the City Park and/or Park West Common Areas? Unauthorized development of these areas is illegal according to the City of Austin. This includes all landscaping, installation of watering systems, addition of outdoor furniture and playground equipment, and removal of vegetation. Some *maintenance* is allowed immediately behind residences, including mowing of grass, removing hazardous plants such as poison ivy, removal of dead vegetation and trash that could fuel a fire, and planting native wild flowers. Residents who develop land that belongs to the City of Austin or to Park West HOA are subject to fines and removal of the improvements at the resident's expense.

Some of you have asked what the orange markings, colored flags and piles of dirt at the east mail center were all about. We needed to provide water access to this area. The plants at the mail center have certainly shown the stress of recent drought conditions! Before digging to install pipes, water meter and hose bib could begin, the utilities companies had to mark the location of their underground wires and cables. As of this writing, we await only final inspection by City of Austin before the dirt can be filled in. The landscapers are now able to connect a hose and water these plants as part of their routine. Mark your calendars: the 2007 Park West Annual HOA meeting is scheduled for Tuesday, February 6, 2007, at 6:30 PM, in the auditorium at Kiker Elementary School.

Regularly scheduled meetings of the Park West HOA Board of Directors are held on the second Wednesday of each month at 7:00 PM. The first 30 minutes of each meeting are available for homeowner concerns. As the meeting location rotates among board member homes, contact Dave Maril, 301-8869, for the next site.

Committees and clubs are always looking for new members—you can join at any time! Please contact the chairperson of the committee or group if you are interested in joining. Park West meeting schedules and contact information are permanently posted on each mail center bulletin board.

Park West is grateful for the space that Circle C Ranch has provided in this newsletter each month and we are glad to hear that so many of you are utilizing this source of communication; however, due to publishing space and schedule limitations, please make a habit to check the mail center bulletin boards for timely information that might not be included in this publication.

(Continued on Page 17)



Park West - (Continued from Page 16)

Resident question of the month: *Where is "Lot 103"*? When PWHOA Board members refer to Lot 103, they are talking about the Park West HOA common property containing drainage easements and retention ponds located behind homes at 6328-6428 Tasajillo Trail, and 10404-10428 Tasajillo Cove. Park West HOA is responsible for maintenance of this property (mowing, keeping the drainage and retention ponds clear of obstructions). Officially, Lot 103 also includes 6601 ¹/₂ Tasajillo Trail, but *not* 6110 Tasajillo Trail.

Which leads to a second question of the month: *Where are 6110 and 6601 ½ Tasajillo Trail?* In order to obtain a permit to install the water meter at the east mail center (any development of common property requires a city permit), City of Austin required a street address, and they assigned 6110 Tasajillo Trail to that lot. At that time we proactively obtained assignment of the west mail center's street address, which is 6601 ½ Tasajillo Trail!



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Austin Newcomers Club October Luncheon

Time: 11:00 AM Social; 12:00 Noon Luncheon

Date: Wednesday, October 18, 2006 (Reservations by October 12) Brief description of Program: The Three R's of Strokes: REDUCE THE RISK OF STROKE, RECOGNIZE THE WARNING SIGNS, RESPOND IMMEDIATELY presented by Dr. Darryl Camp, Director of Neurology at Seton and Brackenridge Hospitals and leader in the field of stroke research.

Location: Green Pastures Restaurant

Street address: 811 W. Live Oak Street, 78704 Cost: \$20.00

Public contact phone number and or website: 314-5100 or www. austinnewcomers.com

At no time will any source be allowed to use the Circle C Ranch Newsletter contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from the Circle C Ranch Homeowners Association and Peel Inc. The information in the Circle C Ranch Newsletter is exclusively for the private use of Circle C Ranch residents only.

Family Fun at the Oak Hill United Methodist Church Fall Festival

Submitted by Michelle Moon Reinhardt, Circle C Resident Members of the Oak Hill United Methodist Church are holding an old-fashion fall festival on Saturday, October 28, from 5pm to 9pm at Camp Ben McCullough – 10 miles south of Circle C Ranch on FM1826.

Ideal for families, the festival will feature a children's carnival with pony rides and games. Bring a side dish to share for the huge potluck dinner that begins at 6pm. Or experience a one-of-a-kind karaoke hayride. As the sun sets, a bonfire will be lit for roasting marshmallows. S'mores, anyone? We'll cap off the night by handing out prizes for best costume and best pre-carved pumpkin.

Entry is \$2 per person, with unlimited access to the children's carnival for an additional \$5. Tickets are available at Oak Hill United Methodist Church, located at 7815 Highway 290 West, across from the ACC Pinnacle Campus. Guests are also welcome to pay at the door. Call (512) 288-3836 or www.oakhillumc.org for details.

Oak Hill United Methodist Church holds worship services Sundays at 9am, 11:15am and



Southwest Austin Inclusive Networking Group

"Swing"

Inagural Meeting- Thursday October 19, 2006

Submitted by Peter Berardino, Circle C Resident

A new networking leads group is being formed in Circle C. Modeled after another successful group in Austin, our group will be inclusive for all small business owners, sales people and professionals in the Circle C, Western Oaks and Legend Oaks neighborhood. We will share leads, business ideas and contacts. But we will **NOT** restrict membership to a non competitive environment. We welcome competition within industries in a non threatening, fun atmosphere. Our group is not affiliated with any local or national leads group.

There are no dues. There is no requirement for attendance. The more you attend. The more we get to know you. The more comfortable we will be in providing leads to you. The only requirement for joining our group is that you be a resident or have a business serving either Circle C, The Meridian or Legend Oaks. There is no meeting fee. The only thing you will be asked to pay for is your share of the cost of breakfast.

Interested in learning more about our group? Please join us. We will meet every Thursday morning for breakfast at the Golf Club at

Circle C. 8:00 AM to 9:30AM. Our first meeting will take place on Thursday, October 19. Bring plenty of business cards. For more information call Peter Berardino at 482-9026 or email to pjberardino@ austin.rr.com. or Laura Walton at 921-4901. laurawaltn@aol.com.



YOUR WEDDING....



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Personal ads are free for Circle C residents. Limit 30 words. *info@circlecranch.info* Business Classifieds are \$45. Limit 40 words.

Contact Peel, Inc. Sales Office at 512-989-8905, *advertising@PEELinc.com*.

SPEECH SERVICES: Are you concerned your child may have speech or language difficulties? Austin Area Speech and Language Services provides comprehensive and personalized evaluations and treatment. We are located at 1705 S. Capital of Texas Hwy. near Westbank Drive. Please call 512 327-2083 for more information. Most insurance plans accepted.

JUMP START YOUR HOLIDAY SHOPPING with friends and great food: Host October PAMPERED CHEF Cooking Show, select one piece FANTASTIC NEW Forged Cutlery 60% off. \$Have you ever wanted more\$ Explore possibilities, contact Anita Barton, Pampered Chef Director 288-5541, www.pamperedchef. biz/anitabarton.

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OAK HILL PET SITTING: Serving Circle C. Responsible, professional pet sitter providing loving care for your pets. Reasonable rates. Midday walks/breaks available. Bonded and Insured - 301-4872 - www.oakhillpetsitting.com

GIVE YOUR CHILD THE GIFT OF MONTESSORI MORNINGS OUT: In-Home Pre-K in Sendera, T/W/Th 8:30 –11:30AM; Small toddler/primary community. Art, music, practical life, sensorial, literacy and numeracy; *Limited Space Available* Suzanne L. Carn-Allen; slcarn@austin.rr.com; 512.762.2641.

SEW REAL ALTERATIONS: Skirts, Slacks & Blue Jeans Hemmed in New, Original, & Vintage Style. Turning Pants into Capri... No Problem! (Please No Gowns). Pick-up & Delivery Service; To Schedule an Appointment call: Jessica Trevino in Austin 512-576-3974 or to leave a message 512-447-0649. **PRESCHOOL/CHILDCARE**: I am a Monastery Certified Teacher with over 4 years experience. I run a licensed, at home, preschool/childcare in Circle C. Openings for kids 18 months and above. Please call Geeta at 512-301-8272.

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Circle C Amenities

The Golf Club at Circle C Ranch News

Submitted by Denise Fisher, Circle C Resident

A message from Chip Gist - It's cooling off and the Golf Club is gearing up for a busy season. We have lots of happenings and items to help you enjoy the Golf Club at Circle C. Please help me welcome Tom Campbell as the new Club Manager. Tom comes to us from the Barton Creek Resort and Spa. He has 18 years of food and beverage experience and 12 years of management experience. Tom is responsible for making sure your overall experience in the golf and food and beverage departments is exceptional. Tom has a very positive attitude and will be a great compliment to our existing team.

The driveway and parking lot are being improved. We have already fixed the potholes, but there is more to come. We will straighten the "S" curve, put in a ribbon curb, repave the entire top, stripe and seal all driving surfaces. The project is scheduled for completion October 31st. We are trying to make it easier for you to get here!

Hole #11 has been renovated. Escarpment Boulevard will be extended and cross our property where the old green was. Therefore we moved the green forward to make an exciting Par 4. Improvements to the tee box and fairway were also made to make this hole fit this fine Jay Moorish layout. We plan to open this hole in mid October.

Come join us for exciting golf, expert service and unique celebrations!

LIVE MUSIC FRIDAYS are in FULL SWING and everyone is welcome! Join us each week Friday from 6-9pm for family fun in a great setting. MARK YOUR CALENDARS for a special HALLOWEEN FAMILY FUN FEST October 27th featuring DUCK SOUP! In addition to the concert there will be lots of fun games, moonwalks, slides and a haunted hayride! The event will benefit the Circle C Child Development Center so come out for a grueling good time!

It's **TAILGATE TIME** and The Golf Club at Circle C is your GAME DAY HEADQUARTERS! Whether it's finding the perfect Longhorn shirt for the game, entertaining guests for the weekend or just looking for a place to view your favorite team with a cold beer look no further than your own backyard.

WANT a FREE ROUND OF GOLF? Inquire about our annual memberships and get a round of golf on us! Join by October 31st and we'll give you \$200 off any range, individual, family or corporate membership. Limited opportunities are available so call now to learn more about what we have to offer you, your family and your business in 2006.



Circle C Amenities Continued

Circle C Tennis Club News

Submitted by Fernando Velasco

Circle C Tennis Club

The Circle C Tennis Club is a Private Club. The dues paid to the Circle C Home Owners Association do not give automatic usage of the courts. Residents and non-residents of Circle C Ranch are welcome to join. There is neither Initiation Fees nor contracts for a period of time. Types of Membership available are: Family, Single Adult, Senior Family, Senior Single and Junior. Monthly dues paid allow Members to use the Tennis Courts on an unlimited basis, plus be able participate in all the programs that the Tennis Club offers. For membership information, please contact us at 301-8685, visit our website www.circlectennis.com, or visit us at the tennis facility located across the Golf Club at Circle C.

Beginners Tennis Lessons - The Circle C Tennis Club is offering lessons for adults who either have played tennis at one time and/or are interested in learning to play tennis. The co-ed groups meet on Mondays from 6 to 7 pm and Saturdays from 11:30am to 12:30 pm. The ladies' groups meet on Wednesdays from 10:30 to 11:30 am, Thursdays from 8:30 to 9:30am, and Fridays from 11:30 to 12:30 pm. Child Care if provided for the morning and weekend sessions at \$5.00 per hour per child. This is a great way to get back into playing tennis again. Cost of the program is \$75.00 for six one hour sessions.



Junior Tennis Lessons - The second session of Junior lessons will begin the week of October 2. Lessons are offered for children 3-5 years old (Pee Wee); Grand Prix for ages 6-8, 9-11, 12-15 and the Pre-Advanced Tournament Program (PATP) for juniors who are interested in competing in Tennis Tournaments or play for their school's tennis teams. Lessons are open for members and non-members. If you want us to send you a brochure with all the schedules and fees, please call Kathi.

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CIRCLE C RANCH

Circle C Amenities Continued

October Events

at the Lady Bird Johnson Wildflower

Submitted by Saralee Tiede

Fall Lecture Series

Dying to Know What's Bugging You? Forensic Entomology with Dr. Don Tuff

Thursday, October 12, 6 to 8 p.m.

Fall Plant Sale & Gardening Festival

Friday, October 13, Noon to 7 p.m., Member Preview Sale

Saturday and Sunday, October 14 and 15, 9 am – 5 pm, Public Sale

Did summer wreck your garden? Choose from more than 290 species of your favorite or hard-to-find native plants.

Nature Nights: Silent and Deadly Insect Predators

Friday, October 27, 6 to 9 p.m.

Assassin beetles, spiders, dragonflies and scorpions are just a few of the insect predators in Central Texas. Get to know them better and learn about their stealthy hunting skills.

The Art and Science of Garden Photography: An American Horticultural Society Garden School

Thursday and Friday, October 26 and 27

Learn garden photography from the best. Featuring guest horticulturist Robert Bowden of Orlando's Harry P. Leu Gardens; Van Chaplin, garden photographer at Southern Living Magazine, and award winning garden photographers Allan and Linda Detrick and Brian and Shirley Loflin. For schedule, prices and registration, visit the American Horticultural Society's website, at <u>http://www.ahs.org</u>.

Goblins in the Garden

Sunday, October 29, 4 to 7 p.m.

BIG BUGS are haunting the garden at this Halloween festival. Explore the bat cave in the Little House. Check out the Haunted Tower. Dress up and do fun craft activities.



<u>Teenage Job Seekers</u>

Not Available On-Line

Attention Teenagers

The **Teenage Job Seekers** listing service is offered free of charge to all Circle C Ranch teenagers seeking work. Submit your name and information to info@circlecranch.info by the 12th of the month!



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Circle C Homeowners Association Model Code

Adopted by Director Resolution March 22, 2004

Homeowners Have the Right To:

- 1. A responsive and competent community association.
- 2. Honest, fair and respectful treatment by community
- 3. Participate in governing the community association
- 4. Access appropriate association books and records.
- 5. Prudent expenditure of fees and other assessments.
- 6. Live in a community where the property is maintained according to established standards.
- Fair treatment regarding financial and other association obligations, including the opportunity to discuss payment plans and options with the association before foreclosure is initiated.
- 8. Receive all documents that address rules and regulations governing the community association-if not prior to purchase and settlement by a real estate agent or attorney, then upon joining the community.
- 9. Appeal to appropriate community leaders those decisions affecting non-routine financial responsibilities or property rights.

Homeowners Have the Responsibility To:

- 1. Read and comply with the governing documents of the community.
- 2. Maintain their property according to established standards.
- 3. Treat association leaders honestly and with respect.
- 4. Vote in community elections and other issues.
- 5. Pay association assessments and charges on time.
- 6. Contact association leaders or managers, if necessary, to discuss financial obligations and alternative payment arrangements.
- 7. Request reconsideration of material decisions that personally affect them.
- 8. Provide current contact information to association leaders or managers to help ensure they receive information from the community.
- 9. Ensure that those who reside on their property (i.e. tenants, relatives, friends) adhere to all rules and regulations.

Community Leaders Have the Right To:

- 1. Expect owners and non-owner residents to meet their financial obligations to the community.
- 2. Expect residents to know and comply with rules and regulations of the community and to stay informed by reading materials provided by the association.
- 3. Respectful and honest treatment from residents.
- 4. Conduct meetings in a positive and constructive atmosphere.
- 5. Receive support and constructive input from owners and nonowners residents.
- 6. Personal privacy at home and during leisure time in the community.
- 7. Take advantage of educational opportunities (i.e. publications, training workshops) that are directly related to their responsibilities, and as approved by the association.

Community Leaders Have the Responsibility To:

- 1. Fulfill their fiduciary duties to the community and exercise discretion in a manner they reasonably believe to be in the best interests of the community.
- 2. Exercise sound business judgment and follow established management practices.
- 3. Balance the needs and obligation of the community as a whole with those of individual homeowners and residents.
- 4. Understand the association's governing documents and become educated with respect to applicable state and local laws, and to manage the community association accordingly.
- 5. Establish committees or use other methods to obtain input from owner and non-owner residents.
- 6. Conduct open, fair and well-publicated elections.
- 7. Welcome and educate new members of the community owners and non-owner residents alike.
- 8. Encourage input from residents on issues affecting them personally and the community as a whole.
- 9. Encourage events that foster neighborliness and a sense of community.
- 10. Conduct business in a transparent manner when feasible and appropriate.
- 11. Allow homeowners access to appropriate community records, which requested.
- 12. Collect all monies due from owners and non-owner residents.
- 13. Devise appropriate and reasonable arrangements, when needed and as feasible, to facilitate the ability of individual homeowners to meet their financial obligations to the community.
- 14. Provide a process residents can use to appeal decisions affecting their non-routine financial responsibilities or property rights-where permitted by law and the association's governing documents.
- 15. Initiate foreclosure proceedings only as a measure of last resort.
- 16. Make covenants, conditions and restrictions as understandable as possible, adding clarifying "lay" language or supplementary materials when drafting or revising documents.
- 17. Provide complete and timely disclosure of personal and financial conflicts of interest related to the actions of community leaders i.e. officers, the board and committees.



Texas Events - October

1—CONCAN: Fall Fly Fishing Fest (Began Sep. 29.) www.therr.com 800/210-0380

1—MONTELL: Dutch Oven Statewide Big Dog & Paddlefest 2006 Chalk Bluff Park. (Began Sep. 29.) www.thcrr.com 800/210-0380

1-2-CONCAN: Fall Nature Quest (Began Sep. 29.) www.thcrr.com 800/210-0380

1-7—AUSTIN: Austin Gay & Lesbian International Film Festival Arbor Theatre. (Began Sep. 29.) www.agliff.org 512/302-9889

1-Nov. 26—HONDO: South Texas Maize Three miles east of Hondo on Hwy. 90. (Began Sep. 23.) www.cornfieldmaze.com 830/741-3968

3—NEW BRAUNFELS: McKenna Children's Museum Taste of the Town Enjoy incredible tastes from area restaurants. McKenna HealthLink/ Children's Museum. www.mckennakids.org 830/620-0939

3—UVALDE: Tree Day This Uvalde County Sesquicentennial event includes programs and tours celebrating the big and historic trees of Uvalde County. www.visituvalde.com/sesquicentennial.htm 830/278-2017

4—AUSTIN: Burt Bacharach Paramount Theatre. www.austintheatre.org 512/472-2901

4—UVALDE: Nueces River Canyon Tour This Uvalde County Sesquicentennial event includes a prayer breakfast, Sesquicentennial welcome, historic Blewet Mine tour and lunch, and a tour of Montell, Texas. www.visituvalde.com/sesquicentennial.htm 830/278-2017

4-Nov. 4—INGRAM: Extraordinary Small Works Exhibit The Gallery at the Point, Arts Foundation. www.hcaf.com 830/367-5121

5-SABINAL: Sabinal River Canyon Tour This Uvalde County

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Sesquicentennial event includes tours of Knippa, Sabinal and Utopia. www. visituvalde.com/sesquicentennial.htm 830/278-2017

6—CONCAN: Frio River Canyon Tour Day Uvalde County Sesquicentennial event includes tours of Garner State Park, Regan Wells and Concan. www. visituvalde.com/sesquicentennial.htm 830/278-2017

6-8—FREDERICKSBURG: Oktoberfest Features entertainers, exhibitions, contests, dancing, German and Mexican-American food, kids activities and more. Marktplatz. www.oktoberfestinfbg.com 830/997-4810

6-8—GRUENE: 20th Annual Gruene Music & Wine Fest Offers the best in live Texas music and Texas food and wines at Gruene Hall and The Grapevine. Includes vintner and music events, wine and food sampling, the Great Guitar Auction and Sunday Gospel Brunch with a Texas Twist. www.gruenehall.com 830/629-5077 or 830/606-1601

7—AUSTIN: Christopher Parkening This classical guitar icon presents solo recital program Masterworks for the Guitar. Northwest Hills United Methodist Church. www.austinclassicalguitar.org 512/300-ACGS

7—BOERNE: Cibolo Celebration This is an annual fund-raiser gala. Cibolo Nature Center. www.cibolo.org 830/249-4616

7—CASTROVILLE: Home Tour/Quilt Show Tour historic homes and enjoy a quilt show. Barnyard Peddler, 309 Lafayette, and Landmark Inn State Historic Site. 830/931-2614, 210/677-8979 or 830/931-2262

7—FREDERICKSBURG: Volkssport 10-K Walk Begins at 7:30 a.m. Walkers must finish by 3 p.m. Grapetown Hall, on the Old San Antonio Road. 830/997-2533

(Continued on page 29)



ember SIPC

Texas Events - (Continued from Page 28)

7—JOHNSON CITY: Wild Game Dinner Begins at 5 p.m. Blanco County Show Barn. 830/833-5335

www.visituvalde.com/sesquicentennial.htm 830/278-2017

7-8—BUDA: Fine Arts Festival Features more than 50 artists, live music, children's art area, demonstrations and more. Greenbelt in downtown Buda. www.budachamber.com 512/295-2022

7-8—SAN MARCOS: Central Texas Seniors Golf Tournament Open to men age 50-plus. Participants play on four courses in Seguin and San Marcos. www.sanmarcoscharms.com 888/200-5620

7-8, 21-22—PFLUGERVILLE: "Another Man's Treasure" Flea Market Hours are 9 a.m. to 5 p.m. U-Haul Facility, 1617 Three Points Road & Vision. 512/636-2466

7-10, 12-17, 19-24, 26-31—MEDINA: Great Pumpkin Patch Includes live entertainment, scarecrow building, hay maze, pumpkin painting and more. Love Creek Orchards. www.lovecreekorchards.com 800/449-0882

8—AUSTIN: Austin Symphony Children's Halloween Concert Features music from the Harry Potter movies and other seasonal favorites. Paramount Theatre. www.austinsymphony.org 512/476-6064

8—CASTROVILLE: Heritage Day Includes barbecue plate, arts & crafts and desserts made by the sisters of Divine Providence, children's games, live music and more. Moye Center. www.moyecenter.org 830/931-2233

8—CASTROVILLE: Lantern-lit Dinner in the Gristmill Celebrate the grand unveiling of the restored Haass-Quintle Gristmill. Advance tickets required. Landmark Inn State Historic Site. 830/931-2133

8—GRUENE: Gospel Brunch with a Texas Twist Gruene Hall. www. (Continued on page 30)



MetLife

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Texas Events - *(Continued from Page 29)* gruenehall.com 830/629-5077 or 830/606-1601

11—NEW BRAUNFELS: Comal Country Music Show New Braunfels Civic Center. E-mail: nbcc@nbcham.org 830/629-4547

11-29—AUSTIN: *Women on Fire* State Theatre. www.austintheatre.org 512/472-2901

12—NEW BRAUNFELS: Legends Begins at 6 p.m. Civic Center, 380 S. Seguin St. 830/625-2385

12-29—BULVERDE: *TLC* — A Comedy by Scott Still KrauseHouse - S.T.A.G.E. E-mail: stage@gvtc.com 830/438-2339

13—BURNET: Bluegrass in the Park Inks Lake State Park. 512/793-2223 13-15—BOERNE: Key to the Hills Rod Run Features more than 500 pre-1949 street rods. Main Plaza. 830/755-8226

13-15—FREDERICKSBURG: Texas Mesquite Art Show Features collections of sculpted wood from the world's finest mesquite craftspeople. Marktplatz. www.texasmesquiteassn.org 830/997-8515

13-15—JOHNSON CITY: Pig Roast Includes poker run, bike show, camping, barbecue on Saturday, bands on Friday and Saturday night, and more. Blanco County Fairgrounds. www.jcpigroast.org 830/864-4832, 512/556-5579 or 830/868-7693

13-15—MONTELL: Fall Fly Fishing Contest Opening program features a barbecue supper, seminars on Fishing the Upper Nueces River and Reading the Rivers for Fishing, and a campfire with cowboy entertainment. Check the Web site in August for contest rules. E-mail: ken@thcrr.com • www. thcrr.com 800/210-0380

14—BURNET: Fort Croghan Day Festival Includes demonstrations of how life was back in the 1800s — bread making, butter churning, tatting,



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make your own corn husk dolls and entertainment. Fort Croghan. E-mail: info@burnetchamber.org 512/756-8281

14—CASTROVILLE: Market Trail Day Features arts & crafts, plants and food booths from 9 a.m. to 4 p.m. Houston Square on Angelo Street. 830/538-2316 or 830/931-2161

14—DRIPPING SPRINGS: 12th Annual Dripping Springs Chili Cook-Off and Salsa & Pumpkin Carving Contests Sports Park, Ranch Road 12. www. dscookoffclub.org 512/858-7725

14—NEW BRAUNFELS: Second Annual New BraunFit Walkfest 5-K Enjoy a stroll through historic downtown New Braunfels. www. newbraunfit.org 830/606-2162

14-15—AUSTIN: Citywide Garage Sale Palmer Events Center. www. cwgs.com 512/441-2828

14-15—AUSTIN: Fall Plant Sale & Gardening Festival Lady Bird Johnson Wildflower Center. www.wildflower.org 512/292-4200

14-15—BOERNE: Market Days Main Plaza. www.mainstreetboerne.com 830/249-5530 or 210/844-8193

14-15—CASTROVILLE: Medina Valley Art Society Fine Art Show Exhibits paintings and includes a judged art competition. Landmark Inn State Historic Site. 830/931-3743, 210/673-1865 or 830/931-2133

14-15—LAGO VISTA: 2006 Refuge Week Features live animals, guided nature walks and nature demonstrations. Hours are 9 a.m. to 5 p.m. Balcones Canyonlands National Wildlife Refuge. 512/339-9432 ext. 70

14, 28—BURNET: Concert Series — Longhorn Cavern No microphone or electronics are used; includes just the musician, instrument and the acoustics of the cavern. Longhorn Cavern. E-mail: kaye@longhorncaverns. (Continued on page 31)



Texas Events - (Continued from Page 30) com 877/441-CAVE or 512/756-4680

19-26—AUSTIN: Austin Film Festival Includes the Screenwriters Conference, Heart of Film Screenplay Competition and more than 90 film screenings. Driskill Hotel, Intercontinental Stephen F. Austin Hotel, Paramount Theatre and various venues. www.austinfilmfestival.com 512/478-4795

20-21—BUDA: FireFest Includes a Fireman's Challenge, arts & crafts, CASI-sanctioned chili cook-off, and entertainment, featuring Cross Canadian Ragweed. www.budafire.org 512/295-6795

20-21—KYLE: Fair on the Square & BBQ Cook-Off Features a parade, arts & crafts, live concerts, barbecue cook-off and much more. City Square Park. www.cityofkyle.com 512/262-3939

20-22—AUSTIN: Ride for the Roses Tour de France legend Lance Armstrong leads the pack during a weekend of cycling events and galas to raise money for cancer research. Various sites. www.laf.org 512/236-8820

20-22—CONCAN: Eighth Annual Texas River Region Bicycle Classic Choose from four routes of varying difficulty. Enjoy a cycling clinic, breathtaking views, scenic river crossings and a spaghetti dinner. E-mail: info@thcrr.com • www.thcrr.com 800/210-0380

20-22—FREDERICKSBURG: Trade Days Includes more than 300 vendors. Hwy. 290 E. across from Wildseed Farms. www.fbgtradedays. com 830/990-4900 or 210/846-4094

20-22—MOUNTAIN HOME: Y.O. Ranch Texas Longhorn Trail Drives www.yoranch.com 800/967-2624

21-AUSTIN: Texas Open Days Program Visit seven private gardens



in Austin and Spicewood. www.gardenconservancy.org/opendays.html 888/842-2442

21—BLANCO: Market Day Old Blanco County Courthouse. www. historicblanco.org 830/833-2211

21—BURNET: Ol'Burnet Square Market Day Includes vendors, antiques, food and entertainment. On the square. E-mail: info@burnetchamber.org 512/756-4297

21—FREDERICKSBURG: The Granite Gripper Rock climbing competition is open to sport, traditional and boulder routes. Reservations required. Enchanted Rock State Natural Area. 512/267-2868 or 325/247-3903

21—HUTTO: Olde Tyme Days Features arts & crafts, antique car and tractor show, pony and train rides, games, live music and Hutto Street Dance. www.hutto.org 512/759-4400

21—LUCKENBACH: Harvest Classic & European Motorcycle Rally www.luckenbachtexas.com 888/311-8990

21-22—AUSTIN: SWROGA Orchid Show & Sale Texas Star Meeting & Event Center. www.hotos.org 512/292-3900

21-22—BOERNE: Festival of Arts & Music Includes art exhibits, art sales, food, drinks, music and fun. Cibolo Arts Council. www.ciboloarts. org 210/507-5053

21-22—CANYON LAKE: 11th Annual Moving Waters Powwow Features American Indian dancers, musicians, storytellers, artists, foods, and authentic arts & crafts. 125 Mabel Jones Drive. www.rioraft.com 830/964-3613

21-22—GRUENE: Old Gruene Market Days Nearly 100 vendors offer (Continued on page 32)

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Texas Events - (Continued from Page 31)

uniquely crafted items and packaged Texas foods. www.gruenemarketdays. com 830/832-1721

21-22—ROUND ROCK: A Sami Show E-mail: sammie@samishow.com • www.samishow.com 512/441-7133

22—AUSTIN: Fall MS Walk Bob Bullock Texas State History Museum. www.mswalklonestar.org 713/867-3201

27—AUSTIN: Fourplay One World Theatre, 7701 Bee Caves Road. www. oneworldtheatre.org 512/329-6753

27-29—AUSTIN: Classic Beauty: The Sleeping Beauty (Act III) & Serenade Bass Concert Hall. www.balletaustin.org 512/476-2163

27-29—AUSTIN: Texas Book Festival More than 170 authors from Texas and across the nation bring their books to life. State Capitol. www. texasbookfestival.org 512/477-4055

28—AUSTIN: Day of the Dead Celebrate with a colorful procession and traditional Mexican food. Mexic-Arte Museum. www.mexic-artemuseum. org 512/480-9373

28—CASTROVILLE: Pumpkin Festival Enjoy arts & crafts, games, food booths, music and more at the festival from 10 a.m. to 4 p.m. Pumpkin patch is open from Oct. 15–Oct. 31. MV Methodist Church. 830/931-3533

28—FREDERICKSBURG: 16th Annual Fredericksburg Food & Wine Fest Features the best of Texas wines, food and entertainment. Features Night Train and Ponty Bone and the Squeezetones. www.fbgfoodandwinefest. com 830/997-8515

28—KYLE: Halloween Carnival Includes free carnival events for children, costume contest and more. City Square Park. www.cityofkyle. com 512/262-3939



28-29—BOERNE: Key to the Hills Antique Show Kendall County Fairgrounds. 830/249-8000

28-29—GRUENE: Texas Clay Festival Respected potters and sculptors from around Texas display and sell their wares and demonstrate a variety of techniques. Includes hands-on activities for children. 830/629-7975

28-29—JOHNSON CITY: Arts Encounters 2006 Series The Benini Foundation. www.artsencountersatbeninis.com

29—AUSTIN: Goblins in the Garden Trick-or-treat throughout the gardens, climb the stairs to a haunted tower and learn about scary Halloween traditions. Lady Bird Johnson Wildflower Center. www.wildflower.org 512/292-4200

29—SPRING BRANCH: Friends Group Annual Halloween Party Including a haunted trail with treats, food and refreshments, marshmallow roasting, costume contest with prizes, storytelling and other fun and spooky events. Guadalupe River State Park. 830/438-2656

30—UVALDE: 38th Annual Kiwanis Halloween Carnival & Parade Uvalde County Sesquicentennial event. www.visituvalde.com/sesquicentennial. htm 830/278-2017

31—AUSTIN: Halloween on Sixth Street One of the country's largest All Hallows' Eve celebrations. East Sixth Street. www.6street.com

31—TAYLOR: Halloween Spooktacular Includes games, costume contest, free candy and photos. Murphy Park. www.ci.taylor.tx.us 512/352-3463

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Sudoku

The challenge is to fill every row across, every column down, and every 3x3 box with the digits 1 through 9. Each 1 through 9 digit must appear only once in each row across, each column down, and each 3x3 box.



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Crossword Puzzle	ord Puzzie	U 1055W010

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36		+	+		+		37	+	+
36							37		

ACROSS

1. What's owed 1. Formal statement 4. Beats it! 2. Remove pins from 10. Hotel 3. Playact 11. Flower child 4. Popular stadium 12. Certified public accountant 5. Approximate date 13. White fur 6. Revolutions per minute 14. Breath mint 7. Capital of Western Samoa 16. Rescue 8. Short 17. Opposed 9. Origination 18. Scottish "one" 15. Lean 20. Acidity 19. Stretch to make do 22. Corn syrup brand 21. Large eastern religion 23. Before 26. Insane 29. Angry 24. Hot sandwich 31. Relating to horses 25. Oyl (Popeye's girlfriend) 26. Soften cheese 33. Kimono sash 34. National capital 27. Greenish blue 35. Reverend (abbr.) 28. Twofold

DOWN

- 36. Bath powder
- 37. East northeast

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30. Stack of paper 32. Business abbr.

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Kick Your Way to Fitness

Are you bored with your current fitness routine?

It may be time to kick your way to one of the hottest workouts around. Kickboxing, also referred to as boxing aerobics and

cardio kickboxing, is a hybrid of boxing, martial arts and aerobics that offers an intense cross-training and total-body workout.

It blends a mixture of high-power exercise routines that strengthen the body and mind, decrease stress and hone reflexes while increasing endurance and cardiovascular power. While kickboxing's roots are in full-contact fighting, it has found a safe and very effective niche in the fitness community.

While some estimates of kickboxing's calorie-burning potential have reached as high as 500 to 800 calories per hour, ACE-sponsored research suggests that only very large individuals working out at exceptionally high intensities are like to burn that that many.

Instead, a 135-pound person is likely to burn 350 to 450 calories during a typical 50-minute class that consists of a warm-up, aerobic period and cool-down. There are, however, other important factors to consider before taking the first kick.

What is your current fitness level?

Keep in mind that many clubs may not offer classes that are based on progression. Even if your current routine features a hearty combination of cross-training workouts, you may want to take it easy at first, then build as your body adapts.

For this reason, an hour-long session may not be the wisest choice for someone who isn't used to this level of concentrated activity.

Familiarize yourself with the basics

Remember, adequate warm-up and close attention to proper technique are paramount. Classes should begin with basic stretches and a light cardiovascular warm-up such as pushups and jumping jacks.

A typical aerobic kickboxing routine involves a series of repetitive punches alternating with hand strikes, kicks and then a combination of all three. The repetitions help participants focus on proper technique while engaging several muscles groups and getting a fierce cardiovascular workout. After the main section of the routine, stretches and floor exercises are commonly performed as a cool-down.

Don't forget to wear loose clothing that allows freedom of movement during your kickboxing workout and drink plenty of water.

Beginner beware

- When attending your first class, try to avoid these common mistakes:
- Wearing weights or holding dumbbells when throwing punches, which puts your joints in danger of injury
- · Locking your joints when throwing kicks or punches
- Over-extending kicks (Beginners should avoid high kicks until they get used to the routine and become more flexible.)
- · Giving in to group peer pressure and exercising beyond fatigue
- And of course, you should ask your instructor about their training. Cardio kickboxing is a combination of martial arts and aerobics, and employs different techniques from a "pure" martial arts class.

Many teachers may have boxing or martial arts training, but may not have the appropriate class experience or be properly certified by an organization such as ACE. Finally, once you understand the basics of this stress-relieving, total-body workout, you can kick your way to a new level of fitness.

Basic moves and equipment

It may seem awkward at first, but the basic moves in a kickboxing class can be mastered with time, patience and practice.

A prepared class will have mirrors, a punching or "heavy" bag and hit pads for participants to use. Here are two basic lower-body kickboxing moves that work the hamstrings, gluteals and quadriceps:

- **The roundhouse kick** Starting from a basic stance (side of body facing bag, knees slightly bent, shoulder-length apart), lift your right knee and point it just to the right of your target. Pivot on your left foot as you extend your right leg. Kick the target with the top of your foot.
- The side kick From the basic stance, pull your right knee up toward your left shoulder. Pivot on your left foot as you snap your right leg into your target. Strike with either the outside edge of your foot or your heel.





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