

Volume 3, Number 11

November 2006

www.circlecranch.info

Letter from the Board of Directors

Each month the Board of Directors works on many different projects. Through all of these projects we try and find ways that we can communicate happenings to the Homeowners. Where this is always a difficult task, we are committed to try and offer as many tools for open and appropriate communication as we possibly can. Starting last month, we began having monthly Town Hall Meetings. Our hope is to have as many residents at the meetings as possible, so we as a Board can hear all sides of any given issue and for you as Homeowners to hear our thoughts and ideas. We are also plugging away at the priority list that we created at the Board Retreat in August. Please note that these priorities are in no specific order and obviously many will carry over into next year. Please also note that the Board is not limited to this list and there are things that will continue to be added. The baby pool, the budget, to be built Parks, and the insurance policies are all moving right along. Although we have tentative timelines for all of these projects, day to day operations can stall or accelerate these timelines. There are many committees that assist with the current projects. We are always looking for energetic and upbeat people to sit on these committees. With that said, March and our annual meeting are right around the corner. There will be three vacant seats to fill. If you are interested in running for the Board or sitting on a committee, please contact the HOA Office.

November is a time of year that we all can give thanks for our family, friends and lives. We should all feel thankful that we live in such a phenomenal neighborhood where we can all do our part to keep Circle C a beautiful place to live!

Here's wishing you and yours a happy and safe Thanksgiving!

Warmly, The Board of Directors

> View the Circle C Ranch Newsletter each month online at www.PEELinc.com

Update from the Board of Directors

As we reported in last month's newsletter the board of directors is continuing to work on the following **Priority List**. We will include updates on each topic as they become available.

- 2007 Budget we will publish the income and expense statement along with the 2007 budget in the Annual Report which will be included in the January newsletter.
- Amenities Transfer Agreement
- Landscape Contract Re-bid
- New Baby Pool the committee is continuing to work towards the design and construction of a new baby pool. The board voted to contract with TBG at the October board meeting to oversee the project. The committee plans to unveil the final conceptual design at the November 1st board meeting. The preliminary design included features such as a zero entry, waterfall, toddler slide, dipping water buckets, water fountains and ample umbrellas and deck space. The board feels that this is a very innovative design with creative use of available space. The goal is to have the new baby pool open in Spring 2007.
- One House/One Vote
- ACC/Deed Restriction Position
- Management Review Plan
- Park Playscape Plan we have recently had surveys performed at both Vintage Place and Wildflower Park and the Amenities Committee will be moving forward on an RFQ for playscape design and construction
- Solid Waste & Recycle Contract please see separate article
- Other Pool Renovations
- Insurance Policy/Agent Review we are in the process of reviewing our current policies and rates and are happy to report that we recently were able to switch our D&O policy which resulted in an \$11,000 savings.
- Annual Report the annual report will be included in the January 2007 Newsletter edition
- Assessment Analysis
- Designation of Capital Projects

Kelly Beausoleil Schmidt is our newest staff member at the Circle C Ranch Swim Center. She has been hired on as the **New Aquatics Director**. Kelly comes to Circle C with a varied aquatics, personnel, facility, outreach, and marketing management career that spans over

(Continued on Page 2)

CCHOA Numbers

HOA Mgmt Officeinfo@circlecranch.info or 288-8663
Financial Office
Circle C CDC
Newsletter Publisher
Peel, Inc. Sales Office512-989-8905
Adv./Kelly Peel advertising@PEELinc.com, 512-989-8905
Circle C Amenities
Circle C Café
Circle C Swim Center
Circle C Tennis ClubCircle_CTennis@msn.com, 301-8685
Golf Course at Circle C Ranch

2006 Board of Directors

Sam Irwin	President
Ryan Garcia	Vice President
AE Martin	Treasurer
Brendan McEntee	Secretary
Carolyn Merritt	Director
Michelle Moran	Director
Vacant Seat	Director
Contact Information Email: director	rs@circlecranch.info

IMPORTANT NUMBERS

BFI (Allied Waste)	
Dead Animal Collection	
Abandoned Vehicle	
Pothole Complaints	
Stop Signs	
Street Light Outage	
Schools	
Clayton Elementary	841.9200
Kiker Elementary	
Mills Elementary	
Bailey Middle School	
Small Middle School	
Bowie High School	414.5247
SAYSA	



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Update - (Continued from page 1)

12 years. Most recently Kelly worked for the City of Mill Valley Parks and Recreation department in California as their Aquatic & Fitness Center Supervisor for four years. She is looking forward to conveying her successes in aquatic recreation, therapy and event programming to increase Circle C Homeowner activity at the Swim Center.

"Water recreation is such a focal point in many lives and the Circle C Swim Center is no exception as an aquatic resource for this community. I am looking forward to providing health and safety services that enhance and enrich the well being of Circle C Home owners." – *Kelly Schmidt*

As an additional method of communication between the Board of Directors and our neighbors, we are implementing regular, monthly **Town Hall Meetings**. These meetings will be held the Third Thursday of every month from 6:30 pm to 8:00, location to be determined and posted on the HOA website <u>www.circlecranch.</u> <u>info</u>. Meetings will be held in the gymnasium at Kiker /Clayton/ Wildflower Center/CDC (Once we get approval from someone). The meeting parameters are simple: only HOA members currently in good standing may sign up to address the town hall. The Model Code is in force and all attendees are expected to follow the Model Code. Attendees who violate the Model Code will not be allowed to address the town hall and may be asked to leave the town hall immediately. These meetings are intended to increase communication between the residents and the Board and are not a place for personal attacks or political campaigning.

Residents will be asked to limit their comments to 5 minutes each. Board Members will be allowed to respond and/or ask questions for an additional 5 minutes after each resident. At the end of 10 minutes the meeting will move on to the next resident.

Residents will be asked to sign up at the beginning of the meeting indicating their name, address, and topic. The meetings will end promptly at 8:00 pm. Any residents who were not able to address the BOD due to time constraints will be placed first at the next scheduled town hall meeting. No BOD votes will take place at town hall meetings. This forum is only for informational purposes and no official actions will be taken at these meetings. In addition to the changes to the forum, we also look forward to a new and improved website design, complete with easier links to information, events and association documents. The November Town Hall will be held **Thursday, November 16th from 6:30pm to 8:00pm, location to be determined and posted on the HOA website**.

The Special Events Committee is currently working on the two biggest parties of the year, **The Children's Holiday Party and The Adult Holiday Party**. The Children's Party will be on Saturday, December 9th from 4:30 pm – 6:00 pm. We are teaming up with the Wildflower Center to have a co-event. There will be games and lots of fun with the Wildflower Luminaries to follow directly after. The Adult Holiday Party has gained a lot of popularity from last years sold out Event! Everyone is still talking about the awesome casino and all the other silly shenanigans that occurred. This year it will be on Saturday, December 15th from 7:00 pm – 11:00 pm. We will be pre-selling tickets beginning November 1st, through the HOA office (Limit four tickets per household. Cash and checks only please.). Tickets are limited so buy early.



Krysten Meija



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CCHOA Announcements

Allied Waste Rate Increase

Submitted by Ryan Garcia

In July the Board approved Allied Waste's request to increase its monthly rate to \$14.99. Our original contract with Allied was drafted almost 5 years ago and even with annual inflation increases it did not accurately reflect the current market situations in terms of gas and other transportation prices. The end result was that Allied was losing money every time they serviced our neighborhood. While our local Allied representatives were very interested in maintaining a positive working relationship with Circle C Ranch, they were under considerable pressure from their national headquarters to not carry such a heavy loss with this contract. Our current contract had us receiving twice the service that the City of Austin offered and this new price still offers a fantastic benefit to Circle C residents. In light of our efforts to work with Allied, they have also agreed that there will be no inflation adjustment for next year—the \$14.99 price will be in effect through the duration of the current contract.

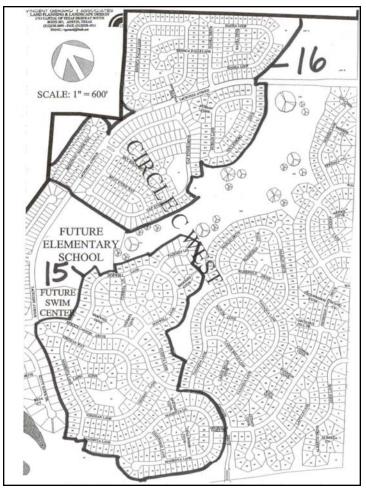
CCHOA General Announcements

Submitted by Denise Nordstrom, CCHOA Manager

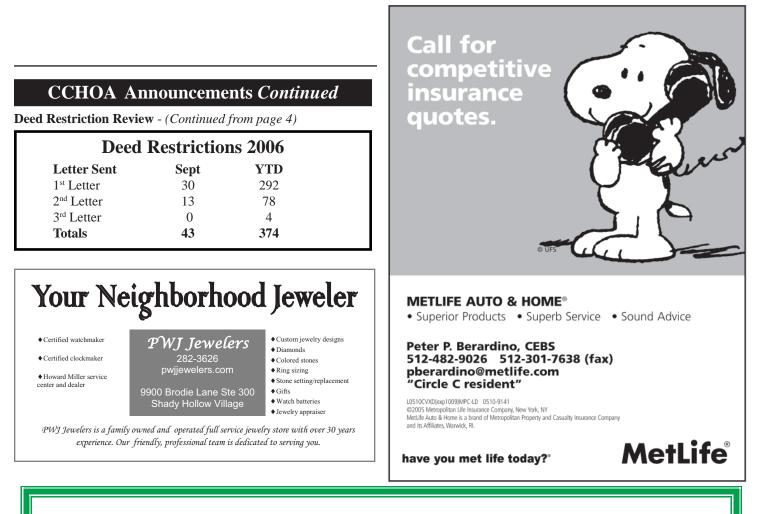
Deed Restriction Review

In November we will be driving sections (15) fifteen and (16) sixteen (please see map). We are looking for turf with excessive weeds, turf that is not mowed or edged, lack of maintenance on the exterior of your home, unauthorized vehicles such as boats, trailers and RV's just to name a few. *Due to the extreme temperatures this summer there are *many* yards that have suffered considerably and it is difficult to determine at this point whether grass will come back or has died completely. Due to this, we will be driving the entire neighborhood at the beginning of March 2007 to look at turf conditions *only*. If at that time we find yards that have areas of dead turf we will require that these area of turf be replaced.

We are required by Texas State Law to notify owners in writing via certified mail of a deed restriction violation. We also send correspondence via regular mail to ensure that you receive. If you receive a notice and have questions, please contact the HOA office at 288-8663 or via email at <u>info@circelcranch.info</u> to discuss. You can also view the deed restriction policy on the website at: <u>http://www.circlecranch.info/documents/AssociationDocuments/DeedRestrictions/CCHOA-DeedRestrictionPolicy2003.pdf</u>







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- Two step lawn fertilization program– Spring and Fall

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CCHOA Announcements Continued

Watchdog Website

We have recently had questions on whether there are any registered sex offenders living within the Circle C Ranch neighborhood. In a community the size of Circle C, it is probably unavoidable that, at any given time, one or more registered sex offenders will be living in the neighborhood. The State of Texas website, <u>https://records.txdps.state.tx.us/soSearch/default.cfm</u> can be used to search for registered sex offenders by geographical area.

Dead Animal Pick-Up

Please contact the City of Austin at 494-9400 to report a dead animal on the roadway or right of way.

CCHOA Office Holiday Hours

The CCHOA office at 5919 La Crosse Avenue, Suite 100 will be closed Thursday, November 23rd and Friday November 24th in observance of the Thanksgiving Holiday.

CCHOA Website

Please visit the CCHOA official website at <u>www.circlecranch.info</u> for up to date information on CCHOA activities and news. Also, log onto the calendar to see what events are planned in the HOA community and surrounding area.

CCHOA Committee Volunteers

If you are interested in volunteering for a Circle C committee (Safety, Special Events, Communications, Education) please send the HOA an email at <u>info@circlecranch.info</u>

Want to submit an article of interest?

NEWS

If you would like to contribute to the HOA newsletter, please send your article to <u>info@circlecranch.</u> <u>info</u>. The deadline is the 12th of the preceding month (December's deadline will be November 12).

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CCHOA Announcements Continued

Circle C Landscape Update

Submitted by Susan Hoover

By the time you get this newsletter we will be heading into the great holiday season at Circle C. The biggest project for the landscape crew this month is to get the holiday lighting up and in place by Thanksgiving!!!

This year the theme will be simple elegance, and you can look forward to numerous bright clear lights throughout the neighborhood, along with appropriate accents. The holiday lighting is funded by the CCHOA special events budget for a set dollar amount to include supplies and labor, and anything over is funded as a contribution from Circle C Landscape to the community. The landscape crew really enjoys this project, and they hope you will also.

We are also moving forward with capital landscape improvements for 2006 now that the weather has changed for the fall. You will be seeing improvements on Dahlgreen, Eclipse and MoPac/La Crosse.

The Architectural Control Committee is also working with Circle C Landscape on developing a plan for the renovation of the Slaughter/ Escarpment intersection. As you probably have noticed, the Bradford Pear trees located behind the monument have declined tremendously and are at end of their life cycle and need to be removed. After the removal, it will be easier to visualize the view into the park and the background trees and develop a plan that is aesthetically pleasing with updated regionally appropriate vegetation that will better fit the intersection.

As far as the maintenance schedule, this time of year we will have completed the last fertilization of the year, which will enable good growth in the spring. During November and early December we finish the final evergreen trimming and prepare the beds for winter. If you have any questions about the landscape program at Circle C, please email me at <u>shoover@onr.com</u>. Your comments are always appreciated.

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"To Do" List Out of Control?

TO DO INGIDE Broken Cabinet

Install Ghelves Attic Gtairs Grout Tile Caulk Tub Repair Wall Fix Moulding

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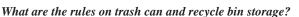


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Frequently Asked Questions

www.circlecranch.info



The Declaration of Covenants, Conditions and Restrictions states that trash containers and recycle bins may the outside a maximum of two times each week for 12 hours. Trash cans and bins are to be stored in an area not visible from the street at all other times.

Are basketball goals allowed in Circle C?

Permanently installed goals must go through the Architectural Control Committee process for approval. City of Austin code states that only motorized vehicles are allowed to be parked on public streets and all public right-of-way (10 feet back from curb) must remain clear and open for pedestrians.

Are cars allowed to be parked on the street?

The CCHOA does not have jurisdiction over the streets in Circle C; they are the responsibility of the City of Austin. Non-operating vehicles may not be parked or left on public streets for more than 72 hours. Please call 974-8119 to report an abandoned or obviously disabled vehicle.

What should I do about barking dogs and stray animals?

Stray Animals may be picked up by animal control by calling 311. The City of Austin states it is unlawful for dogs to make frequent noise disturbing to persons in the neighborhood and violations should be reported to the City. You may also call the CCHOA office at 288-8663 with specific date and time for excessive barking. The staff will send a cooperative letter to the homeowner.

How do I report a street light outage?

Every light pole has an assigned number mounted on the pole. Jot down the number and call the City of Austin at 505-7617.

Are boats, trailers and recreational vehicles allowed in Circle C?

The Deed Restrictions require that any vehicle or trailer other than a conventional automobile be stored, placed or parked in an area concealed from view of other Homeowners. In addition the City of Austin does not allow non-conventional vehicles to be parked in the street and violators can be reported by calling 311.

What are the rules on maintenance?

Homes are to be kept in a well-maintained, safe, clean and attractive condition at all times. Lawns and garden areas should be kept alive, free of weeds and attractive. Lawn mowing is required on a regular basis. Trees and shrubs are to be pruned. Litter, trash, dead vegetation and debris should be promptly removed.

Do I have to submit plans for improvements and/or additions to my home?

All improvements such as decks, patio covers, pools, playscapes, change in fencing or any other permanent structure must be submitted to the Architectural Control Committee. You may download an application form as well as a fee schedule on our website at www. circlecranch.info under the "ACC" quick link section.

What are the rules in Circle C on walking with your dog off leash and what about picking up after your dog?

Both of these issues fall under the jurisdiction of the City of Austin. It is against CoA ordinance to have a dog off leash except on your private property. It is also a requirement by the City that dog owners pick up and properly dispose of their dog's feces. In this regard, we recommend dog walkers carry a plastic grocery bag or newspaper sleeve. Slide it on like a glove, pick up the offensive matter, pull the bag back over your hand, knot it and throw it in your trashcan when you return home. Please keep our landscaped commons areas beautiful and clean for the enjoyment of all.

What do I need to visit the Swim Center?

Currently you will need to give your name and address at the front desk for admittance. The Association is working on a more permanent resident verification system, but in the meantime your name and address will be checked to be sure the association dues have been paid. Guests may accompany you to the swim center (one guest per resident) for a fee of \$2 per person, per visit.

Are door to door solicitors and door flyers allowed in Circle C?

Both of these issues are governed by the City of Austin. By City ordinance, solicitors must abide by "No Soliciting" signs on private property. It is our suggestion that you place a small "No Soliciting" sign near your doorbell and/or a small staked sign near your front porch.

Why do the sprinklers go off in the rain in some of the open fields in Circle C Ranch?

The City of Austin has a re-irrigation program and after it rains the sprinklers re-circulate this water through the sprinkler system which is why you see the sprinklers turned on after a rain. This is recycled water.

How do I report a violation of the Deed Restrictions?

To report a violation of the deed restrictions you can either send an email (info@circlecranch.info) or call the HOA office at 288-8663. You MUST have the specific address and violation when reporting.

Who is responsible for replacing the fence between neighbors?

The HOA does not regulate whose responsibility it is for replacing shared fencing between neighbors. However, the common rule of thumb is to split the cost of the fence 50/50. Any changes in size, color or materials should go through the Architectural Control Committee.

Who should I report traffic light timing and malfunctions to?

The City of Austin is responsible for all traffic lights within Circle C Ranch. Malfunctions or problems with timing should be reported to 974-2000.



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CCHOA Clubs & Announcements

If Your New Year's Resolution will include Challenging Yourself, then Read On;

if not the Skip to the Next Article!

Submitted by Paul Murphy, Circle C Resident, Captain, Werewolves Adventure Race Team

Austin Adventure Racing is holding a 10 week comprehensive training course aimed at training and developing non racers up to a competitive standard to enter the "Big Chill" adventure race in January 2007. The race itself is held at Bastrop State Park and is enormously enjoyable. Challenge yourself for your New Year's resolution.

At the time of writing, some places on the course are still available. The course is all inclusive and includes kayak rental. Training is local, convenient and will cover instruction in adventure racing introduction, transitioning from one discipline to another, mountain biking, running, kayaking, navigation, equipment selection, safety, first aid and more. In addition to first class training and instruction, course participants will receive a 20% discount at a local bike shop, an Austin Adventure Race Team high performance race shirt, plus will have the opportunity to enter the Big Chill with an experienced racer as a team member.

The course will be just about to start when you read this. If you can run 3 miles at a gentle pace, you can probably make the course.

If you are a triathlete, runner or cyclist looking for adventure- try this.

Details available from and any question to Paul Murphy at <u>terence</u>. <u>p.murphy@smithbarney.com</u> all the best, come join us out there.

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CCHOA Clubs & Announcements Continued

Circle C Seniors' Women's Group

Submitted by Deidre Brightman

"The newly formed group of Circle C women of a certain age have met 3 times since we began as 8 strangers in August. We meet on the 2nd Tuesday of each month in a member's home where light snacks and beverages are served. There have been a number of subgroups which have spun off to play Bunco, Mexican Train, form a Book Club (our first selection is "I Feel Bad About My Neck" by Nora Ephron) and have discussed other social and recreational interests as we grow and get to know each other. Some of the other fun activities we are already doing are an interest in finding the best chicken 'n dumplings around town (per Dale Rice's column in the Austin Statesman this past March), visiting the various cultural events in Salado, Seguin, Georgetown, Buda and Fredericksburg, and going to live music venues on First Fridays.

We are planning a Holiday Dinner at our very own Golf Club at Circle C on December 12 which will include husbands and partners. Every month that we meet we come up with more and more suggestions for places and events to explore. We are up to 22 members and always have room for more. Please contact dkbright@ austin.rr.com for more information. Hope to see you soon."

Circle C Area Business Owners and Marketing Professionals – Grow your Business by Referral!

Submitted by Bob McKenna, Circle C Resident

Hey friends and neighbors, do you know a reliable and trust worthy professional who places their customer's needs first? A professional who really goes the extra mile for his/her clients? A business owner you know, like and trust? If so, let them know about The Live Oak Network @ Circle C.

We are professional networking organization that offers our members the opportunity to share ideas, contacts and most importantly referrals.

Last year, The Circle C area BNI chapter (The Live Oak Network) was rated #1 in referrals generated, and we're widely known as the most enthusiastic group in the city!

The Live Oak Network is a non-competitive referral organization that admits one quality individual or company per professional category – therefore, we need your help to find the "best of the best" in Circle C and SW Austin!

Interested in learning more about us or how to build your business by referral? Feel free to visit, we meet each Wednesday morning, and there is no obligation to join.

> The Live Oak Network Every Wednesday - 8:00 AM to 9:30 AM The Golf Club at Circle C Ranch 7401 Highway 45, Austin, Texas 78739

The \$10.00 meeting fee is tax deductible and includes a healthy breakfast.

Bring at least 40 business cards to hand out to our members. For more information email <u>Bob@AustinReps.com</u>, or call 288-8088.

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CCHOA Clubs & Announcements Continued

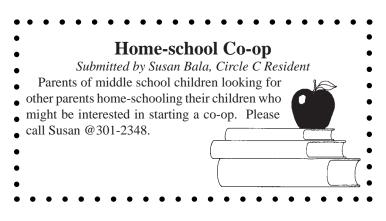
Southwest Austin Inclusive Networking Group "SWING"

Submitted by Peter Berardino, Circle C Resident

A new networking leads group is being formed in Circle C. Modeled after another successful group in Austin, our group will be inclusive for all small business owners, sales people and professionals in the Circle C, Western Oaks and Legend Oaks neighborhood. We will share leads, business ideas and contacts. But we will **NOT** restrict membership to a non competitive environment. We welcome competition within industries in a non-threatening, fun atmosphere. Our group is not affiliated with any local or national leads group.

There are no dues. There is no requirement for attendance. The more you attend. The more we get to know you. The more comfortable we will be in providing leads to you. The only requirement for joining our group is that you be a resident or have a business serving either Circle C, The Meridian or Legend Oaks. There is no meeting fee. The only thing you will be asked to pay for is your share of the cost of breakfast.

Interested in learning more about our group? Please join us. We meet every Thursday morning for breakfast at the Golf Club at Circle C. 8:00 AM to 9:30AM. Bring plenty of business cards. For more information call Peter Berardino at 482-9026 or email to <u>pjberardino@austin.rr.com</u>. Or Laura Walton at 921-4901. <u>laurawaltn@aol.com</u>.



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CCHOA Clubs & Announcements Continued

Hill Country Foundation Training Opportunities

Submitted by Gay Maxwell

Tour Guide Training - November 4&5, 2006

I am pleased to announce some upcoming training opportunities on the City's Water Quality Protection Lands (WQPL) offered by our partner, the Hill Country Foundation (HCF) for the Wildland Conservation Division (WCD). The Hill Country Foundation is conducting the two-day training workshops in order to assist the WQPL in their efforts to provide conservation education as well as volunteer activities for the citizens of Austin and the surrounding areas. When volunteers have completed the training, the WCD program will manage and direct the activities of trained volunteers.

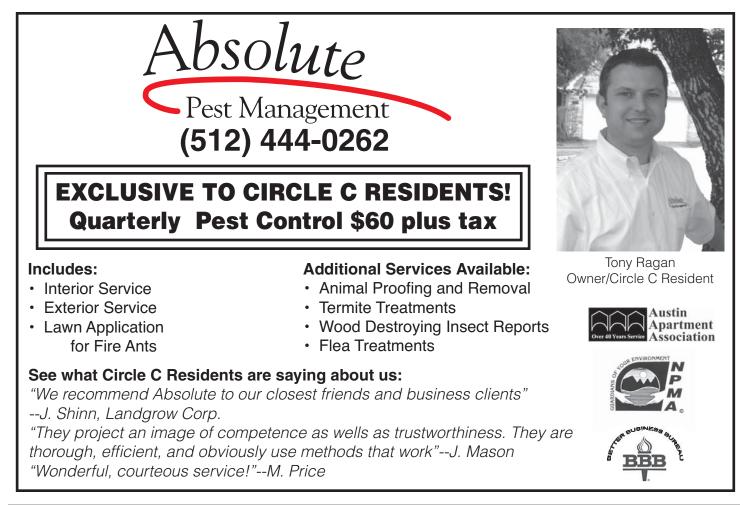
Three training workshops will be offered this fall — one interpretive guide training and two trainings for land stewards — as detailed below. We are seeking individuals that are experienced and comfortable in a wildland setting, either through participation in Wildland volunteer or other activities. Each of these trainings is a two-day commitment over a single weekend, 7-8 hours on Saturday and 4-5 hours on Sunday afternoon.

__Building upon their previous success, HCF will conduct this training on one of the WQPL properties. Volunteers will be trained to lead an interpretive hiking tour in a wildland setting without facilities. The hike will be classified as challenging due to the length of the route and the sloped terrain.

Land Steward Training - December 2 & 3, 2006 and again on January 13 & 14, 2007

____This training will be conducted on a WQPL tract where classroom and hands-on field training will be provided. Training activities will include plant identification, seed collecting, reseeding, cave clean outs, tree planting, and others. Volunteers will be trained to lead groups of volunteers in performing some of the tasks mentioned on a recurring basis and with minimal supervision.

For more information on trainings and how to apply, please contact Mary Gay Maxwell at 472-5958, or by email at <u>marygaymaxwell@sbcglobal.net</u>.



CCHOA Clubs & Announcements Continued

Park West Homeowners Association News

(*applies only to Park West residents)

Submitted by Kathy Jedrzejewicz, Circle C and Park West Resident

Do not park your cars in the street. Emergency Medical Services and Austin Fire Department personnel responded to a Park West resident's 9-1-1 call the first week in October and had difficulty maneuvering their fire engine around several cars parked in the street. The fire crew told residents that cars parked at the west end of Tasajillo Trail were in their way. When garages and driveways are available, parking in the street and impeding emergency vehicles is inexcusable. Please do not park in the street, especially on the curves of Tasajillo Trail.

Last year the Park West Bylaws Committee updated the bylaws upon which Park West HOA is governed. This year, the committee of five residents under the leadership of Bernadette Tasher is nearing completion of eight months' work on the first edition of Park West Rules. The objective has been to provide guidance to residents so that Park West will remain a safe and comfortable place to live and to maintain high resale values. Upon Board approval, the committee will make this document available to all residents before the Annual Park West HOA Members' Meeting.

When you receive your Park West Rules, you will see that many were in effect when you bought your home. City of Austin, Circle C Ranch HOA, and Park West HOA standards necessary to maintain a successful neighborhood are included. The following examples demonstrate these different 'jurisdictions'. The City of Austin has specific noise limits; therefore, a call to 3-1-1 would be appropriate to register a complaint. Circle C Ranch has rules prohibiting storage of RV's or boats in driveways; therefore, the Circle C office would be the correct place to contact for corrective action. The Park West Board of Directors will issue approvals and manage complaints regarding changes to the appearance of front yard landscaping. With Park West Rules available to all, residents will be better informed on their roles in keeping Park West a desirable place to call home.

Despite the long hot and dry summer, we regret that the Park West Cookout scheduled for September 17th had to be canceled because of—*rain*! The sun did show up late in the day, but we had a significant threat of storms and made a cautious determination that it was safest not to set up the BBQ grills, etc. While the cookout will not be rescheduled, the Social Committee is hard at work planning for a nice Holiday Event. Stay alert for a posting at the mail center and/or a flyer on your door with details soon! Also, the Social Committee is planning an evening of neighborhood caroling, tentatively scheduled for Tuesday, December 19th at 7:30 PM. Details will soon be posted at the mail center bulletin boards to let you know where to meet if you would like to stroll along (singing is not required!), and things you might do if you hear carolers at your door.

With winter close at hand, the landscape services for the fourth quarter in Park West include:

- Late Summer Lawn treatment: Fall Fertilizer Blend and micronutrients to help condition the soil. Flyers were placed on all homeowners' doors explaining the application.
- Late October and early November: all shrubbery, grasses, and annuals will be cut back. Mulch will be applied to all residences after completion of the Winter Cutback.

Please remember that the timing of these services is very much dependent on the weather and plant dormancy.

US Post Office Substation

Submitted by Mariann James, Circle C Resident There is a new drop-off location for the US Post Office on Slaughter Lane just before FM 1826. It is not an extra cost mailing facility, but offers a few individual services like stamps, packages, etc. It is in the "Stor" storage building. The official US Post Office sign is there, but hard to see when driving quickly by. It is feared that this wonderful, no-lines, handy facility will close if we don't start using it. So give it a try Circle Cer's!!



CCHOA Clubs & Announcements *Continued*

Austin Newcomers Club

Submitted by Leslie Weber, Circle C Resident Event name: Austin Newcomers Club November Luncheon Time: 11:00 AM Social; 12:00 Noon Luncheon Date: Wednesday, November 15, 2006

(Reservations by November 9, 2006)

Brief description of Program: Fraud, Scams and Con Games - Facts and Fiction

Presented by Nancy Gresham of the Office of the Texas Attorney General

Location: Green Pastures Restaurant

Street address: 811 W. Live Oak Street, 78704

Cost: \$20.00

Public contact phone number and or website: 314-5100 or <u>www.</u> austinnewcomers.com

Classified Ads

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Circle C Ranch residents, limit 30 words, please e-mail to info@circlecranch.info.

Business classifieds (offering a service or product line for profit) are \$45, limit 40 words, please contact Peel, Inc. Sales Office at 512-989-8905 or advertising@PEELinc.com.





CCHOA Clubs & Announcements Continued

Cub Scouts Holiday Wreath Sale

Submitted by Todd Howren, Resident

Cub Scout Pack 12 (from Clayton and Kiker Elementary) is selling 25 inch diameter fresh Balsam Fir Holiday Wreaths. The wreaths will be shipped to Circle C from the manufacturer in Minnesota a few days after they are hand assembled, and will be delivered to your door by **December 12th**. The wreaths are higher quality than what will be for sale from almost any other Austin source. The 25" wreath with three pinecones and a red cloth bow is \$20.00. The sale ends **Nov. 10th**. If you would like to order a wreath please email Pack 12 at <u>scoutwreath@yahoo.com</u> be sure to include your name, address, phone number and a time when a scout can come over to take your order. Be sure to look for a scout with a sample wreath at the upcoming Circle C events. Thank you for your support.

At no time will any source be allowed to use the Circle C Ranch Newsletter contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from the Circle C Ranch Homeowners Association and Peel Inc. The information in the Circle C Ranch Newsletter is exclusively for the private use of Circle C Ranch residents only.

Baby Pet House Yard Name Age Sit Sit Sit Work Phone

Teenage Job Seekers

Not Available Online

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Attention Teenagers

The **Teenage Job Seekers** listing service is offered free of charge to all Circle C Ranch teenagers seeking work. Submit your name and information to info@circlecranch.info by the 12th of the month!

Circle C Amenities

Circle C Swim Center

If the board is able to reach an agreement with a tenant to offset operating and heating costs, the pool will remain open year round. If not, the pool is set to close beginning November 3, 2006. The hours will change to the Winter Schedule if we remain open.

Winter Pool Hours

Lap Swim Mon-Fri 5:00am - 11:00am Saturday 6:30am - 11:00am

Recreational Swim

Mon-Fri 3:00pm-7:00pm Sat & Sun 12:00pm-5:00pm

Winter Closures:

November 24th & 25th December 23rd-Jan 2nd

Circle C Cafe & Catering

Submitted by Jaime Arevalo Pool Cafe 5919 La Crosse Avenue • 288-6058 New Hours: Monday - Saturday 3pm-8:30pm; Closed Sunday Serving salads, pizzas, hamburgers, and nightly gourmet specials * calendar of specials online

Delivery is always FREE in Circle C! Wildflower Cafe

4801 La Crosse Avenue • 292-4716 Hours: Tuesday-Saturday 10am-4pm Sunday 12pm-4pm Serving salads, sandwiches, soups, and desserts **301-7235 Catering Line** We cater all events large & small. Please contact us for a personalized proposal! **Gift cards make the perfect gift!** Purchase a gift card at a value of \$50.00 for a cost of \$40.00

Purchase a gift card at a value of \$50,00 for a cost of \$40,00 Purchase a gift card at a value of \$100,00 for a cost of \$80,00 Give that special person in your life the gift of time by letting us cook dinner!!!

STOP Dragging Your Hoses!

Let Sullivan's Irrigation Install An Automatic Sprinkler System To Do The Watering For You.





Circle C Amenities Continued

Circle C Tennis Club News

Submitted by Fernando Velasco

The Circle C Tennis Club offers one of the most complete programs for both adult and children who are interested in playing tennis as their "sport of a lifetime." The Tennis Club is a Private Tennis Facility located next to The Golf Club at Circle C on Highway 45. Presently, there is no initiation fee to join and monthly dues are affordable. The Club has eight lighted Championship Plexi-courts, a pro shop and a Child Care Center.

Circle C Staff includes General Manager and Director of Tennis, Fernando Velasco; Director of Junior Development, Darin Pleasant; Director of Women's Tennis, Beverly Bowes; Director of Junior Tennis, Mandon Maloney; and Associate Tennis Professionals, Joanna Suskic and Danny Rodriguez.

Our league programs are some of the best in the Austin Area. Presently our Women's tennis includes WTTA Leagues in Divisions 1, 3, 6, 7, 9 and 10; and our USTA Weekday and Weekend Leagues participate in the 3.0, 3.5 and 4.0 Divisions. Men's Tennis includes USTA 3.0 and 3.5 Leagues. In the Mixed Doubles Leagues, the club is well represented in the 6.0, 7.0 and 8.0 Leagues. The Junior Leagues in the fall and in the spring include Recreational Teams and Competitive Teams.

The Club offers an extensive private and group lesson program for all ages and abilities. The Pee Wee Program for 3-5 years old is very well attended, followed by the Grand Prix Programs for ages 6-8, 9-11, and 12-15 years old. Once the junior players start playing competitively, they



join the Pre-Advance Training Program I and II (PATP), and once they become Texas Championship and Super Championship players, they may be able to join the Advanced Training Program (ATP) depending on space available. Our ATP and PATP programs have won several local, state and national championships.

The Adult Beginner Programs have created a new generation of tennis players. The Club offers a very reasonable Beginners series for \$75.00 which covers six sessions of fundamentals, foot work, and strategy. Classes are now available for Men, Women and Co-ed players during the day, evenings and weekends. Some of these players have played at one time either in high school, college or just socially and simply have gotten away from playing. Some are just beginners who want to learn the proper fundamentals from internationally recognized professionals. Players can join these sessions at any time throughout the year.

We invite you to come to visit us at 7401 Highway 45 and pick up information about Membership. Tennis lessons are available to both members and non-members of the Club. You may also visit us on the website: <u>www.circlectennis.com</u> to get details about the programs, schedules and fees. You can also read our monthly newsletter, look at pictures of the activities and find our location.

Call us at 301-8685 for more details.

Simon Garza Jr. DDS



Hours: Mon - Thur: 7:45am-5:00pm Friday: 7:45am-Noon After hours emergency care provided by calling 517-3953

Office: 512.445.7070 Fax: 512.445.7071

Families and children welcome!

Dr. Garza has over 27 years dental experience, and many hours of continuing education annually. Circle C Resident for 12 years

Latest technologies available with good old-fashioned caring.

Come see us at our new location at Stonegate One Office Complex: 2501 W. William Cannon Dr Bldg 1 Ste 101 Austin, TX 78745

Present this ad for a 10% discount on your first visit!

Most Insurance Accepted. Financing available. We will file your insurance for you.

Circle C Amenities Continued

The Golf Club at Circle C Ranch

Submitted by Denise Fisher, Circle C Resident

LIVE MUSIC FRIDAYS

The laast Live Music Friday is November 3rd, 6-9pm. It's your last chance to hear some great tunes, play a game of washers, catch up with friends and enjoy food and drink specials in our beautiful covered Biergarten.

COURSE UPDATE:

We are happy to announce that ALL the construction on the course is now complete! We have made lots improvements including the installation of a complete new state-of-the-art irrigation system, the rebuilding of the green on #11 and the addition of a new tee box on #17. The course is in peak condition so if you haven't been here in a while follow me to the "new and improved" Circle C! FOLLOW me to Circle C for UNIOUE CELEBRATIONS:

FOLLOW me to Circle C for UNIQUE CELEBRATIONS:

If you're seeking an idea setting for a holiday party, social event or family celebration look no further. We'll handle all the details so you and your guests can relax and enjoy the easy-going elegance of our unique setting. CALL Nicole Dorman at 288.4297 ext. 6 to learn more.

HOLIDAY GIFT IDEAS:

Put a little Jingle under the tree with these gift ideas for our Pro Shop: Men and Women's apparel, Hats, Shoes, Golf Equipment, Collegiate Merchandise, US Kids Golf Items and more. Every golfer will feel like a Pro with personalized Titleist golf balls! Order between October 1st and December 10th and there's no charge for personalization. For the more serious golfer how about a Series of Golf Lessons from the Buck Mayers Golf Academy or how about an Annual Membership or a "Grow the Game" Membership? We even have great gift cards if you can't decide. Come by and let us help you find the perfect gift.

Advertising Information Please support the businesses that advertise in the Circle C Ranch Newsletter. Their advertising dollars make it possible for all residents to receive a newsletter at no charge. No homeowners

- association funds are used to produce or mail the newsletters. If
- you would like to support the newsletter by advertising, please
- contact Peel, Inc. Sales Office at 512-989-8905 or *advertising*@
- *PEELinc.com* for ad information and pricing.





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- $\star \quad \text{After hours drop off} \quad$
- * 90 Days Same As Cash (upon approval)



Circle C Ranch Children's Holiday Party (Parent(s) required, Other Adults Are Welcome To Particpate As Well)

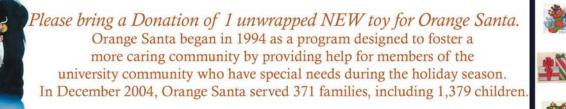


Date: Saturday, December 9th Time: 4:30 - 6:00 (private childrens party for CCHOA) 6:00 - 9:00 Open to the Public

Where: The Lady Bird Johnson Wildflower Center Presents "Luminations: A Winter Celebration" The landscapes of the Lady Bird Johnson Wildflower Center

will glow with soft light from thousands of luminarias, torches, lanterns, and twinkle lights as music fills the night air.

Wildflower Café: Enjoy hotdogs, hot soup bar, tamales, popcorn, pretzels, caramel apples, holiday cookies, hot cider, hot chocolate, coffee, and sodas at The Wildflower Café. Wildflower Children's Activities: Holiday crafts in the Little House Model train display, Storytellers Photos with Frosty the Snowman* (*an additional fee applies)



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Mark Your Calendars! You're invited to join the Annual Circle C Homeowners Association Adult Holiday Party!

Violinist











Cash Bar



Celebrity Casino

Where: The Lady Bird Johnson Wildflower Center Date: Friday, December 15th Time: 7 - 11 pm Cost: 20 per person Wristbands are limited to 4 per homeowner and must be purchased in advance by December 1st at the CCHOA office. For more information contact the CCHOA office at 288-8663

Circle C Amenities Continued

Kiker Elementary News

Submitted by Melinda McKenna

Kiker Campus Beautification News

The mountain laurels by the front entry of our school look great! Thanks to Sarah Leese of Austin Curb Appeal, Leanne Logan, and Warren Faulkner for their time and labor. Thank you Mrs. Dudley and your Kindergarten class for kindly agreeing to water them every week. Next, we plan to enhance the two gardens containing the crape myrtles located on either side of the star. Please keep your children safe by not allowing them to climb in these trees and gardens. Margit Szabo-Higgins, Coordinator

Kiker Market Day Vendors Wanted

Visit Kiker Market Day for all of your holiday needs! Market Day will be held on Friday, November 17, 2006, 11:00 a.m. to 6:00 p.m. in the Kiker gymnasium. Admission is free and the event is open to the public. The proceeds generated by the rental of vendor tables will assist Kiker's Music Department with the upgrade of the school's public address/sound system. If you have a small, home based business and would like to sell your product during Market Day, please contact DeeDee Green at <u>ddgreen@austin.rr.com</u>. Contact her soon as space is limited!

Honor Choir

We are also proud to announce the Kiker Members of this year's Elementary Honor Choir. This all district choir will be performing on Monday, October 30, at Bass Concert Hall on UT campus. Our Sopranos are Shannon Barry, Aubrey Goodwin, Luisa Mayorga, Arnav Sastry, and Shivani Gupta. Altos are Katie Zucker, Samuel Jefferson, Clayton Petty, and Henry VanLeeuwen. The performance will be a part of the district's 125th anniversary. It is interesting to note that the Austin Schools have had Music Specialists in all schools since the first day in 1881! Also at the concert will be the All-City Middle School Choir, the All-City High School Choir, and the Austin Civic Orchestra. Congratulations to these talented Kiker Musicians! **EVEN MORE MUSIC NEWS!**

Mr. Jones had an article published in the Fall Issue of the Texas Music Educator Conference journal, "The Connection". The article was about our assembly on September 14, the anniversary of the writing of The Star Spangled Banner. The journal is sent to thousands of Texas Music Teachers. Now music teachers all over the state will know about our fantastic Kiker students!



SUPERIOR SERVICE FOR YOU AND YOUR CAR

Circle C Amenities Continued

Clayton Elementary News

Submitted by Melinda McKenna

Fun for Families at Clayton: Mark Your Calendars

On Sunday, November 5th we have multiple opportunities that Clayton families can enjoy. As you all know our School Dedication is that day at 3pm. Many Clayton families will start the day together at The Susan G. Komen Race for the Cure. You are welcome to join them. The race begins at 8am and will take less than an hour to finish, but it is a fun family activity that we can all do to support a very important cause. If you are interested, please go online and join the Clayton team. You can register for the race at <u>www.komenaustin.org</u>. Once you get there click on the "Race for the Cure" icon at the top of the page, then click on the "Click Here for Info on Teams", then click on "View list of teams" and scroll down to the team Clayton Cardinals - Captain Mindy Kratsas and you can register from there. You can also get there directly by using the following link. <u>http://www.komenaustin.org/site/TR?pg=team&fr_id=1040&team_id=18543</u>

A special thanks to Mindy Kratsas and Beth Towns for helping me kick off our WINGS, (Working In Neighborhoods Giving and Serving) project. WINGS is an initiative to share the joy of giving and serving with our students. We have many school wide projects planned. In addition each class will have a community service project. Our first event is, "Cans Across Clayton". We will collect nonperishable food items to benefit the Capitol Area Food Bank from November 6th - November 10th. We will line the halls with the food items with the goal being to fill all of our beautiful hallways.

Did you know that Clayton Elementary receives 40% of a "Magazine Sale"? Please support Clayton Elementary by ordering or renewing your magazine sales on line. Just to to <u>www.qsp.com</u> and use account #425052348.



Kiker Event News Submitted by Karen Syzdek Kiker Market Days: - November 17th

Visit Kiker Market Day for all of your holiday needs! Market Day will be held Friday, November 17, 2006, 11:00 a.m. to 6:00 p.m. in the Kiker gymnasium. Admission is free and the event is open to the public. The proceeds generated from the rental of vendor tables will go toward the upgrade of Kiker's public address/sound system. If you have a small, home based business and would like to sell your product during Market Day, please contact DeeDee Green at ddgreen@austin.rr.com. Contact her soon as space is limited!

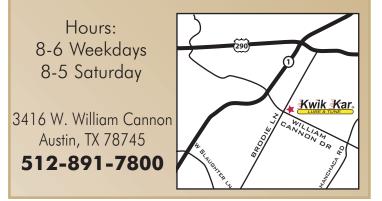




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Coffee Bar • Children's Playroom



Circle C Amenities Continued

November Events at the Lady Bird Johnson Wildflower Center

Submitted by Saralee Tiede

Last chance for BIG BUGS! Our gigantic guests are going away at the end of November. Free activity book—BIG BUGS for Little People—and prizes for kids who can answer the questions. A fun way to learn the good things insects do for us.

The Amazing World of Dragonflies and Damselflies with John Abbott, Ph.D.

Thursday, November 2, 6 to 8 p.m.

Dr. Abbott will discuss the habits, habitats and the Central Texas species of dragonflies and damselflies. He is the Curator of Entomology at the Texas Natural History Center and teaches General Entomology and Aquatic Entomology at the University of Texas at Austin. He has is a nature photographer and has led natural history groups to Costa Rica, Honduras, the Galapagos, Hawaii and Mexico.

Nature Nights: Song of the Night Birds

Friday, November 10, 6 to 9 p.m.

The lilting call of the owl, the graceful flight of the nightjar—just a sample of the activities. Learn about the feeding habits, habitats, and tunes of nocturnal birds.

Save the Date for these Holiday Events

The Holiday Shopping Event

December 1,2 and 3

9 a.m. to 5:30 p.m. Friday and Saturday, Noon to 5:30 p.m. Sunday

Free Admission, Tax-free shopping on Friday and Saturday Art, artisans, ambiance and special gifts for everyone on your list

Luminations, A Winter Celebration

December 8, 9 and 10, 6 to 9 p.m. Thousands of luminarias, torches and twinkling lights in the garden. Choral music, complimentary cider and cookies, holiday shopping and story telling for the children.

Special Guest: Frosty the Snowman



Tired of not getting the personal service you deserve? Do you have jaw pain, TMJ pain, or headaches? Would you like to have straight teeth without braces? Invisalign Certified.



- Advanced Training in Cosmetic and Comprehensive Dentistry
- Extensive training from the Pankey Institute in treating bite disorders
- Invisalign certified (have straighter teeth without wearing braces)
- New one-visit teeth whitening (as seen on TV's Extreme Makeover)
- Snoring and Sleep Apnea treatments
- > All phases of general dentistry
- State of the art facilities and techniques

Circle C Amenities Continued

Dear Santa, part 2..... a mountain bike, please. (Most of what you need to know for survival this season)

Paul Murphy, Circle C Ranch Cycling Club, CCR Resident

How to recognize a quality bike

You probably have a limited budget, and you want to get the best bike that you can for the money. If you are not sure what to look for and might be mislead by features that seem to add value but in fact really matter little, then here is a guide that may help.

Read last month's article also as much of that applies here, too.

The readership is advised that an English to American dictionary might be useful when reading this article!

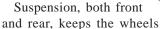
Mountain Bike Types

If that 10 speed Huffy was your last MTB, then look over some of the choices below:

Front Suspension(Hardtail): One of the most popular models; it has a suspension fork; Better downhill and rough terrain comfort; Rougher trails- eg Green Belt

Dual (or Full) Suspension(Dualie): Both front and rear suspension; Significantly increased comfort on rugged terrain; From the road to the roughest, eg Green Belt/Emma Long Park

Within each category are various frame designs with significant differences so read on, plus seek bike shop expertise. The first question usually surrounds suspension, so we will tackle that one now. **Suspension**



in contact with the ground even on the most demanding terrain which results in more speed, traction and control and thus safer rides. Many riders find they are able to negotiate trails that they would previously avoid on a rigid frame because they have a good suspension system.

Comfort should not be overlooked and suspension reduces the stresses on the body. Neck and lower back pain sufferers might be surprised at the difference suspension makes.

(Continued on page 26)



Circle C Amenities Continued

Mountain Bike - (*Continued from Page 25*) **Front or Dual?**

Which to get is as open a question as choosing a PC or a Mac. Generally, front suspension MTBs are lighter than their full suspension counterparts. They have fewer parts so are simpler to maintain and clean and as any suspension can create 'bobbing' when the rider accelerates or pedals hard then more suspension equals more bobbing. More expensive suspension can be 'locked out' effectively creating a rigid front, rear or both to compensate for this.

Dualies are becoming more popular in part because they look impressive. They are far more comfortable on rough terrain and will enable a rider to negotiate trails they might not otherwise do plus are superior for hill climbing. Full suspension tends to be more expensive as the bike is more complex.

Framing the Issue

MTBs can be subject to a bit of a beating so make sure your frame is up to it. A multi thousand dollar frame may not necessary, however desirable one may be, but a cheap frame is almost certainly a false economy.

Frame Materials

Like their road counterparts, MTB frames are made of one or a combination of 4 materials, steel, aluminium, titanium and carbon

fibre and the advantages of each are in last month's issue. That said, few bikes are made from steel these days, but for those that are, there are two main steels in use: high-tensile, and chromoly. High-tensile (hi-ten) tends to dominate the lower quality end and is often found on department store bikes. Hi ten is weaker, more prone to rust and bikes made from it are heavier. In general, a material to avoid on MTBs.

Most quality MTBs are built of aluminium as it is light, strong, inexpensive and does not rust.

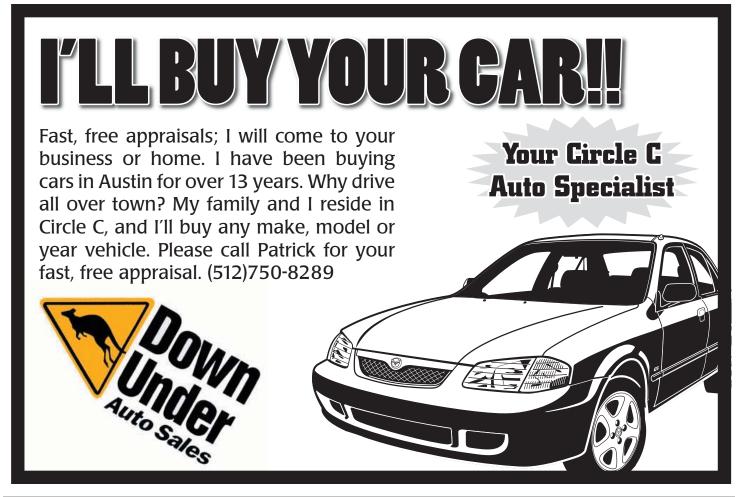
Both of the exotics, carbon fibre and titanium, are costly materials and more difficult to work with but are lightweight and strong and so are found on more expensive models. If you are looking to buy at this level, then this article is not for you- but you should join CCRCC!

Whatever the material, the frame should have a replaceable rear derailluer hanger. Crashing the bike can knock the rear derailluer out of place, and aluminum especially does not tolerate being bent back into shape and will break. A feature rare on department store bikes.

Wonder Wheels

Most MTBs have 26" wheels but a few, and increasingly more, come with 29" wheels which allegedly roll over bumps easier and

(Continued on Page 27)



Circle C Amenities Continued

Mountain Bike - (Continued from Page 26)

are quicker on the roads and tracks. They are generally a tad heavier and the jury is out on whether they are better or not.

Rims

The rim is the outer metal hoop of the wheel. Generally aluminium, occasionally carbon fibre the rims have a U shaped cross section (often reinforced) and are chunky compared to road wheels. And as with road bikes, the more money you spend, typically the lighter the wheels become- recall last month's article.

Tyres and tubes.

MTB tyres have an impressive array of tread patterns, widths and designs; from $1\frac{1}{2}$ "wide racing slicks to the roughest, $2\frac{1}{2}$ " wide knobbly tyres. Tyre choice is a function of where you ride. Semislicks have reduced rolling resistance thus are faster but have little traction in the dirt whereas deep tread patterns have superior grip but can be noisy and produce vibrations on the roads. Wider tyres have more cushioning, grip and a greater surface area for mud to cling to, whereas narrower tyres are faster but have less grip. Lighter tyres have kevlar beads just as in road bikes and are generally more desirable.

No Tubes!

Cactus induced punctures are a common problem when off road riding in Texas. Two methods of eliminating these are tubeless tyres

and slime filled tubes. Neither typically come as standard on a bike and a bike shop can cover the differences and advantages.

Rim Or Disc Brakes

There are two types of brake- rim and disc. The former is the traditional bike brake that rubs on the rim to slow and stop the bike. Although there have been advances in design with cantilevers, ceramic braking surfaces and the like, the basic operation remains the same as ever it did. These light weight designs work well and are simple to service and repair. However when riding in muddy conditions rim brakes quickly lose their efficacy.

Motorcycle technology has, not surprisingly, crept into cycling and many MTBs have disc brakes with exceptional stopping power. These are less affected by wet and muddy conditions but are more complex and generally weigh more.

Components

The MTB component market is dominated by Shimano although you may well come across other equally high quality names- Avid and SRAM. Given the environment MTBs are subjected to, higher quality components will give years more use than their lower end siblings. Although a good frame should be your priority, quality components are certainly next on the list and can be the deciding factor.

(Continued on Page 28)



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Circle C Ranch Newsletter - November 2006 27

Circle C Ranch

Circle C Amenities Continued

Mountain Bike - (Continued from Page 27)

Shimano component grades, are:

Name	Level	Features	Comments
Tourney	entry/ casual	24 speed	Recreational riding, with MTB looks
Altus	entry/ casual	24 speed	City riding, with MTB looks targeted to novice/ youth
bikes			
Acera	entry/ casual	24 speed	Good price, weighty MTB style
Alivio	Active	24 speed	Less weighty, robust design, a realistic starting point
Deore	Enthusiast	27 speed, good components	Great price/ value plus compatibility with higher end items
Hone	Serious	27 Speed	For serious downhill riders only,
Saint	Serious	27 Speed, lightweight, heavy duty	For serious downhill riders only,
Deore LX	Sport	27 speed, good finish, great performance	Almost XT quality, but there is a notable difference
Deore XT	Race	27 speed, light, excellent braking/shifting	Almost XTR quality and durability
XTR	Pro	27 speed, light, exceptional braking/shifting	lightest and highest tech MTB parts group highest durability

(Continued on Page 29)

For Affordable, Live-in Childcare Host an International Au Pair!

- Quality: Carefully screened, trained & legal au pairs
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Circle C Amenities Continued

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Mountain Bike - (Continued from Page 28)

For value for money, robustness and performance, you should probably be looking at the Alivio range or better, and preferably Deore as this range has greatest compatibility across the quality band. It is not uncommon to have a mix of Deore, LX, XT or even XTR components on the same bike. Typically the rear derailleur receives the most attention and an XT (or XTR) rear will be a great inclusion and make a significant difference to an otherwise adequate Deore or LX system. Such an approach places better components where they are most needed and keeps the cost down by placing somewhat cheaper components where less is demanded of the part.

Often bike companies have their own line of parts, especially brakes. Specialized components often appear on Specialized bikes and CODA components on Cannondales. These higher end MTB manufacturers often have excellent quality and value but others may not be quite up to par. Ask the bike shop, if in doubt.

Conclusion

When all is said and done, bike fit is still the most important factor. A great deal on a poorly fitting bike will quickly become not so good a deal. Like the road bikes, buy a quality machine with growth space and you will be unlikely to be disappointed. Austin has some excellent trails for MTBing and from Slaughter Creek to Emma Long park, there is something for everyone. Go and enjoy it!

Watch out for Circle C Ranch Cycling Club (CCRCC) coming events including a free bike safety and skills event for all ages and skill levels hosted by CCRCC and a top racing ream in January 2007.

CCRCC is here to help you. Come and join us, over 70 of your neighbours already have.

http://sports.groups.yahoo.com/group/CCRCC

Questions to terence.p.murphy@smithbarney.com

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Successful Weight Control

It's not just cutting calories

Eating less, or cutting back on fat in your diet, won't keep the weight off. What you really need to do is strike a good balance between the number of calories you consume and the number you burn. And the only way to do that is to exercise.

Don't groan! By exercising, you can lose weight while you eat more calories than if you simply went on a diet. Regular physical activity is much more effective at keeping the weight off in the long run than any diet. **One choice is aerobic exercise**

With aerobic exercise, you can lose weight without drastically reducing the calories you consume or sacrificing important nutritional needs. One reason for this is because aerobic exercise not only elevates your metabolism while you're exercising, it can also keep it elevated even after you're done, depending of course on how long and how strong you exercise.

You've probably heard about exercise programs that actually turn your body into a ''fat-burning machine.'' Aerobics can do that. An aerobic program you stick with can help you lose weight easier because it can stimulate your body and make it burn calories.

If weight control is your goal, some types of aerobic activity will work better than others. Low-impact aerobics, like walking, step aerobics and low-impact aerobic dance are your best bets. Some good no-impact aerobic activities you can benefit from include swimming, bicycling and rowing. If you're just getting started, begin with as little as 15 minutes of low-impact aerobics three times a week. Gradually increase to 30 minutes of moderate aerobic activity four times a week.



Strength training = weight management

Your muscles burn calories during physical activity. What you may not know is your muscles also burn calories when your body is at rest. Increase your muscle mass, and you'll be increasing your body's capacity to burn calories both during activity and at rest.

Add to that the research that shows diets that restrict calories substantially can cause the loss of lean muscle mass, along with the loss of fat. By incorporating strength training into your activity program, as well as following a moderate diet, you'll be able to maintain lean muscle mass while you lose fat.

Start any strength-training program with

one set of exercises and a weight that allows you to complete eight to 12 repetitions. Your program should exercise your legs, arms, chest and upper back. If you want to strengthen your stomach and lower back, increase the number of repetitions with weights that offer less resistance.

Success means good eating and good exercise

Follow a moderate low-fat diet and an exercise program that combines aerobic activity and strength training. That's the key to losing weight - and keeping it off.

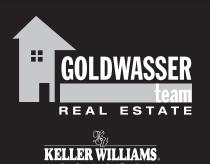
Begin slowly with exercises you find comfortable and build as your body becomes accustomed to the activity level. Don't start out too hard or too fast. Chances are you may injure yourself or quit before you've done yourself much good.

And remember, you can't lose weight overnight. Set a realistic weight-loss goal for yourself - like one to two pounds a week - eat healthy, get going on a program of regular physical activity, and you'll be delighted by what you accomplish.

Maintaining a lower, healthier body weight is something you can accomplish. So start now and keep on going!







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Texas Events - November

1—NEW BRAUNFELS: Comal Country Music Show New Braunfels Civic Center. E-mail: nbcc@nbcham.org 830/629-4547

1-6—UVALDE: Vietnam Moving Wall Uvalde County Sesquicentennial event. Uvalde River Walk and Memorial Park. www.visituvalde.com/ sesquicentennial.htm 830/278-2017

1-26—HONDO: South Texas Maize Three miles east of Hondo on Hwy. 90. (Began Sep. 23.) www.cornfieldmaze.com 830/741-3968

3-11—NEW BRAUNFELS: Wurstfest Drama: *The Wurst Little Boarhouse in Texas* Begins at 7:30 p.m. Circle Arts Theatre. 830/609-3092

3-12—NEW BRAUNFELS: Tours of Conservation Plaza Conservation Plaza. www.nbconservation.org 830/629-2943

3-12—NEW BRAUNFELS: Wurstfest This 10-day "salute to sausage" is rich in German culture and full of Texas fun. Find a variety of entertainment, food and fun on the Wurstfest grounds. Other special events occur throughout New Braunfels and Comal County. Landa Park. www.wurstfest. com 800/221-4369

4—DEVINE: Fall Festival Parade begins at 10 a.m. Features a carnival, car and motorcycle show, entertainment, children's area, chili cook-off, avocado cooking contest, games, vendors and more. Community Center. www.devinecoc.org 830/663-2739

4—KENDALIA: VFD Mexican Supper Kendalia Volunteer Fire Department. 830/336-2403

4—LUCKENBACH: Hunter's Ball www.luckenbachtexas.com 888/311-8990

4-UTOPIA: Fall Fair Features local artists who create watercolors, diverse



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4-5—AUSTIN: Austin Celtic Festival Provides four stages of Irish, Scottish, Welsh and Breton music; dance troupes; historical re-enactors; Celtic dog parades; children's activities; Highland Games; workshops and more. Fiesta Gardens. www.austincelts.org/festival 512/431-6290

4-5—GRUENE: 23rd Annual Tour de Gruene Bicycle Classic Participants enjoy a leisurely ride through the Texas and competitive time trials. Celebrity slow race and an antique & classic bicycle show round out the events. 210/828-6856

4-5—NEW BRAUNFELS: Wursftest Walkfest The route is 5-K or 10-K long. Hours are 8 a.m. to 3 p.m. Schlitterbahn Employee Cafe. www.muw. walktexas.org 830/625-6330

4-5, 18-19—PFLUGERVILLE: "Another Man's Treasure" Flea Market Offers collectibles, vintage items, furniture, antiques and uncommon objects. U-Haul Facility, 1617 Three Points Road. 512/636-2466

10-11—WIMBERLEY: Wimberley Valley Art League Annual Art Show Features local artists and craftspeople. Wimberley Community Center. 512/847-2201

10-12—FREDERICKSBURG: Art Past Dark: An Arts & Antiques Weekend Celebrates fine arts and antiques showcasing local artists and various art shows throughout the community, a gala event and more. Hangar Hotel & Conference Center. www.artpastdark.com

(Continued on page 33)



32 Circle C Ranch Newsletter - November 2006

Circle C Ranch

Texas Events - (Continued from Page 32)

11—AUSTIN: Jerome Ducharme This young Canadian virtuoso is the most recent winner of the Guitar Foundation of America Competition. Begins at 8 p.m. Northwest Hills United Methodist Church. www.austinclassicalguitar. org 512/300-ACGS

11—CASTROVILLE: Market Trail Day Features arts & crafts, plants and food booths. Houston Square on Angelo Street. 830/538-2316 or 830/931-2161

11—HONDO: Wild Game Dinner Medina County Fair Grounds. www. hondochamber.com 830/426-3037

11—JOHNSON CITY: The Moving Wall Remembered LBJ National Historical Park. www.nps.gov/lyjo 830/868-7128 ext. 244

11—SAN MARCOS: Veterans Day Celebration Pays tribute to military heroes. Annual Hays County Veterans Day Parade begins at 9 a.m. Downtown. www.sanmarcoscharms.com 888/200-5620

11-12—BOERNE: Market Days Main Plaza. www.mainstreetboerne.com 830/249-5530 or 210/844-8193

11-12—TAYLOR: Garden Club Christmas Bazaar Features a holiday theme. 512/365-6831

12—GRUENE: Gospel Brunch with a Texas Twist Serves awe-inspiring music with a mouth-watering buffet. Gruene Hall. www.gruenehall.com 830/629-5077 or 830/606-1601

15-30—INGRAM: Top Ten National Fine Craft Exhibition The Gallery at the Point. www.hcaf.com 830/367-5121

16-18—ROUND ROCK: Texas Country Music Fest & BBQ Cook-Off Features some of Texas' most well known country singers. Includes food, drinks, barbecue cook-off and more. Old Settlers Park. www. texascountrymusicfest.com 512/255-9885

17—NEW BRAUNFELS: Downtown Christmas Tree Lighting Includes food, entertainment and Santa pictures. Begins at 6:30 p.m. Downtown — Main Plaza. www.nbcham.org 830/625-2385

17-18—WIMBERLEY: Wimberley Civic Club Holiday Home Tour Each home is decorated for Thanksgiving or Christmas. Begins at 10 a.m. www. wimberley.org 512/847-2201

17-19—FREDERICKSBURG: Trade Days Hwy. 290 E. across from Wildseed Farms. www.fbgtradedays.com 830/990-4900 or 210/846-4094

17-19—NEW BRAUNFELS: Weihnachtsmarkt Enjoy the German custom of Christmas shopping with retail stores in one location. New Braunfels Civic Center. 830/629-3975

17-20—AUSTIN: Austin Lyric Opera Season Premiere: Madame Butterfly Bass Concert Hall. www.austinlyricopera.org 512/472-5992

18—BLANCO: Market Day www.historicblanco.org 830/833-2211

18—HONDO: Christmas in God's Country Enjoy arts & crafts, food, music, night parade, lighting of downtown for Christmas and Great Strides Run. Downtown Hondo. www.hondochamber.com 830/426-3037

18-19—CASTROVILLE: Castroville Antique Show Features antiques, collectibles, plants and more. Braden Keller Center. www.albrosantiques. com 830/538-2349

18-19—GRUENE: Old Gruene Market Days www.gruenemarketdays. com 830/832-1721

18-19—ROUND ROCK: A Sami Show This is an arts & crafts show. Dell

(Continued on page 34)



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Circle C Ranch

Texas Events - (*Continued from Page 33*)

Diamond. www.samishow.com 512/441-7133

 CASTROVILLE: Aviation Art Show Shooting Star Museum. 830/931-3837

24—BLANCO: Courthouse Lighting Old Blanco County Courthouse. www.historicblanco.org 830/833-2211

24—BULVERDE: Annual Christmas Lighting www.bulverdechamber. com 830/438-4285 or 866/285-8373

24—WIMBERLEY: Santa on the Square Wimberley Village Square. www. wimberley.org 512/847-2201

24-25—BOERNE: A Christmas *Dickens on Main* Features caroling, food booths and Santa. Downtown. www.ahillcountrychristmas.com 830/816-2176

24-25—FREDERICKSBURG: TACEF Fall Invitational Art Show Some of Texas' finest artist and craftspeople show their items. Marketplatz. www. tacef.org 830/896-5711

24-26—FREDERICKSBURG: 11th Texian Thanksgiving & Sixth Annual Tommyhawk & Knife Throw Fort Martin Scott. 512/266-0754

24-26—FREDERICKSBURG: Peddler Show Gillespie County Fairgrounds. www.peddlershow.com 800/775-2774

24-Jan. 1—JOHNSON CITY: Lights Spectacular Town Square. www.nps. gov/lyjo 830/868-1128, 830/868-7044 or 866/839-3378

25—AUSTIN: Chuy's Christmas Parade Congress Avenue. www. chuysparade.com 888/439-2489

25—CONCAN: Thanksgiving Open House Hours are 10 a.m. to 5 p.m. Garner State Park. 830/232-5999 or 830/232-6132

25-LEAKEY: Christmas on the Square Features arts & crafts, food



- Ralph Webster



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booths and Santa Claus. Courthouse Square. www.friocanyonchamber. com 830/232-5222

25—LUCKENBACH: Thanksgiving Dance www.luckenbachtexas.com 888/311-8990

25—MASON: Arts & Craft Show Begins at 9 a.m. Fort Mason Community Building, Hwy. 57 S. 325/347-6440

25—MASON: Light Up Our Town Festivities Includes Christmas caroling and photos with Santa. Courthouse Lawn. www.masontxcoc.com 325/347-5758

25—MASON: Stroll the Square Begins at 6 p.m. Mason County Square. 325/347-0152

25—MASON: Tannenbaum Arts & Crafts Show 325/347-5151

25-26—AUSTIN: Citywide Garage Sale Palmer Events Center. www. cwgs.com 512/441-2828

25-26—AUSTIN: Victorian Christmas on Sixth Street www. victorianchristmasfestival.com 512/443-6179

25-26—JOHNSON CITY: Arts Encounters 2006 Series The Benini Foundation. www.artsencountersatbeninis.com

29—KYLE: City Tree Lighting Includes a visit from Santa, local school choir performances and lighting of the town's giant Christmas Tree. City Square Park. www.cityofkyle.com 512/262-3939

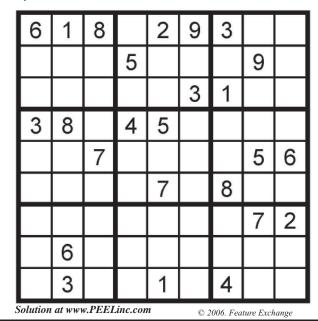
30-AUSTIN: Dave Brubeck & Ramsey Lewis Paramount Theatre. www.

Texas Events has been published with the permission of the Texas Department of Transportation. All events are taken in part from the Texas Events Calendar. All dates for events were correct at the time of publication and are subject to change.



Sudoku

The challenge is to fill every row across, every column down, and every 3x3 box with the digits 1 through 9. Each 1 through 9 digit must appear only once in each row across, each column down, and each 3x3 box.





Did You Know?



The American inventor Alexander Graham Bell wrote for the National Geographic magazine as H.W. Largelamb, which is an anagram of his name.



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Find the names of eight states of the United States. Words can go vertically, horizontally, and diagonally. Do it in less than 3 minutes and you are a Pro!												
к	Ν	Х	Κ	В	V	Ζ	Ν	М	А	С	F	Q
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e k	ARKANSAS OREGON			FLORIDA TEXAS			HAWAII UTAH			MAINE WISCONSIN 906. Feature Exchange		

Kidz Maze Mania Help the lost soldier find his way back to his tent. © 2006. Feature Exchange

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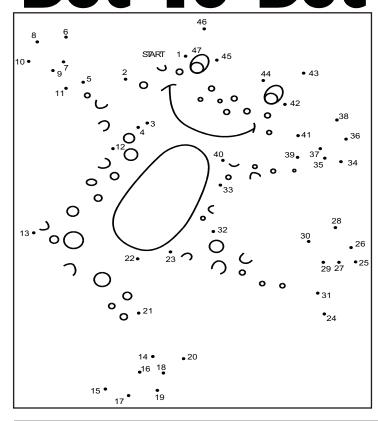
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Kidz Crossword Puzzle Instructions: Match the correct answer with each clue to complete the puzzle. ACROSS DOWN Clue Answer Clue Answer 1. Language spoken in Mexico George 2. We eat at the movies Dentist 4. Capital of Ohio Birthday 3. 6th month each year Milk 7. Our President's first name Spanish 5. Cheese is made from... June 8. Your special day Columbus 6. Fixes teeth Popcorn © 2006. Feature Exchange





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rossword Puzzle

ACROSS DOWN 1. Tails 1. Id's counterparts 5. Tableland 2. Eat 9. Billy or nanny 3. Painter of melting clocks 10. Expressing dislike word 4. Breezy 5. Soil 11. Capital of Norway 12. Dote 6. Show emotions 13. Eludes 7. Lark 15. Beverage 8. In the lead 10. Fuss 16. Crime 18. Crayon name 14. Booths 21. Cause of sickness 17. City 22. Merchant 18. Social position 26. Arc 19. Shred (2 wds.) 28. Dwell 20. Having wings 29. Ballerina skirts 23. Fancy car 30. Among 24. Vile 31. Dueling sword 25. Do it again

32. Fly alone

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Solution found at www.PEELinc.com

27. Regret





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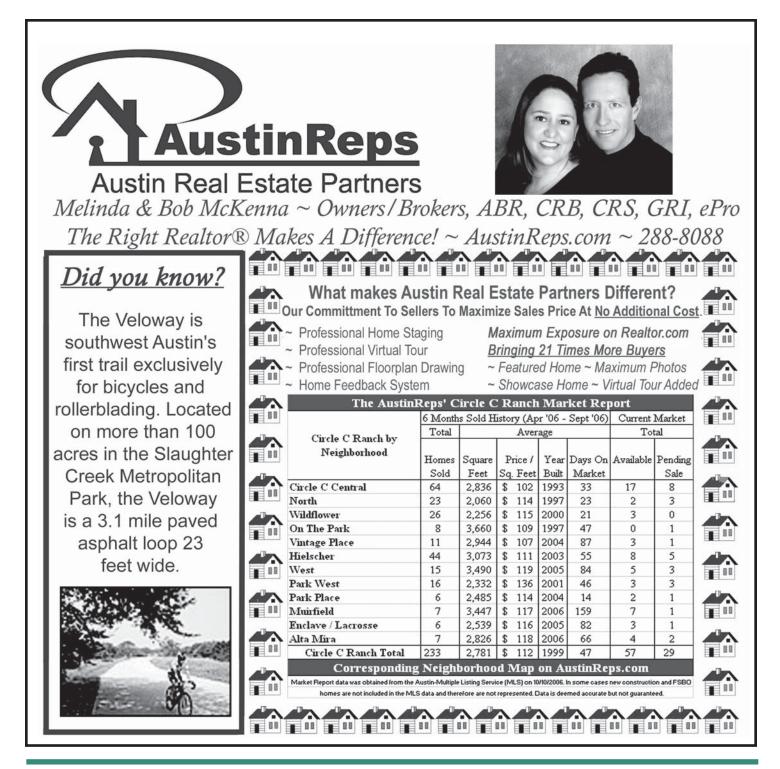
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