



LAKES

ON ELDRIDGE
NORTH

Volume 5, Issue 12

December 2006
Official Newsletter

LOEN Ladies Club

A special thank you to the LOEN Ladies Club and its members for supporting the first annual LOEN Market by the Lakes. It was a wonderful success! With your help, we were able to raise over \$3,000 for the Houston Chronicle's Christmas charity: Goodfellows

Thanks to everyone who came out to support our vendors! We look forward to seeing you same time, same place next year!

Jude Ann Yehl
Chair

LOEN Community Relations

Thank you!

Attention Praying Moms!

Moms In Touch International is a worldwide community of mothers praying for children and schools. I am interested in starting a prayer group for Kirk Elementary. We would gather once a week for one hour to pray for Kirk students, faculty and staff. To know more about this worldwide organization go to MomsInTouch.org and if you are interested in joining a group for Kirk Elementary please call Jeanne at 713 291-9676.



LOEN Ladies Club

We invite all women of Lakes on Eldridge North to join the LOEN Ladies Club. We would love to see new members join, get involved and bring together the community.

Check us out on the web! www.loenladiesclub.com

Book Club

Come join us! We meet the 1st Monday of the month in the evening.

Please contact Anne Glendinning with any questions 832-667-7298 or aglendinning@houston.rr.com

Bridge

Our sessions are formally on the second Wednesday of each month at 1:00 pm. However, due to increasing interest, we are expanding our horizons for more frequent play. This is really a great group—very enthusiastic.

If you would like to join us, or if you desire further information, please call Babs Clingo at 713-983-7345.

Evening Bridge

Our sessions are the first Friday of each month and begin at 7:00 pm. We have a very compatible group of players and invite newcomers to join us.

If you would like to join us, or if you desire further information, please call Babs Clingo at 713-983-7345.

Chickless Hens

Are you “chickless”? Is your nest empty, or “nearly” empty? Join us Chickless Hens for lunch, field trips and lots of laughs. For more information contact Becky Vogel at kvogel2263@aol.com (713-856-6130).

View the Lakes on Eldridge North
Community Newsletter
each month on-line at
[www. PEELinc.com](http://www.PEELinc.com)

Lakes on Eldridge North

IMPORTANT NUMBERS

VanMor Properties, Inc.	281-493-0668
Fax	281-493-5654
Kate Loeffler, Manager	
Kim Stewart, Administrative Assistant	
Gate Attendant	713-856-6127
Harris Co. Sheriff - (non-emergency)	713-221-6000
Cy-Fair Fire Department - (emergency)	281-466-6161
(non-emergency)	281-550-6663
Poison Control	1-800-764-7661
Texas DPS	713-681-1761
Waste Management	713-695-4055
(trash collection Mondays & Thursdays)	
Aqua Services	713-983-3602
(Service or emergencies 24 hrs)	713-983-3604
Harris County Tax Office	713-224-1919
Reliant Energy	713-207-7777
(give pole # of street which is out)	
Entex (gas)	713-659-2111
Time Warner Cable	713-462-9000
Houston Chronicle	713-220-7211
Metro Transit Info	713-635-4000
Kirk Elementary	713-849-8250
Truitt Middle School	281-856-1100
Cy-Falls High School	281-856-1000
Newsletter Publisher	
Peel, Inc.	advertising@PEELinc.com, 888-687-6444

Deadline for submitting articles for the Lakes On Eldridge North Newsletter is the 10th of each month. Submissions are subject to space limitations and editorial approval. Submit at www.PEELinc.com

PERSONAL CLASSIFIED ADS: Deadline for submitting personal classified ads is the 10th of each month for publication in the following month's newsletter. Submit classified ads at www.PEELinc.com.

ADS: Deadline for submitting ads is the 10th of each month for publication in the following month's newsletter.

Please contact Peel, Inc. Sales Office at 888-687-6444 or advertising@PEELinc.com for information on advertising.

Vanmor Properties, Inc. Contacts

Manager - Kate Loeffler
Administrative Assistant - Kim Stewart
1505 Highway 6 South, Suite 110
Houston, Texas 77077
Phone - 281-493-0668
Facsimile - 281-493-5654

LOEN Board Of Directors

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John Kane	Director

Classifieds

Furniture for Sale due to re-decorating: Sofa, swivel chair; silk tree; 8 x 12 rug; chair & ottoman; entertainment center. Call Kelli 713-896-6014 or kelli2002@sbcglobal.net can send pictures.

Article Submissions

Please e-mail articles and/or photos to articles@PEELinc.com. Submissions must be received by the 15th of the month for the following month's issue. (Advertising deadline is the 10th of the month.)

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Lakes on Eldridge North

Trinity Vineyard Church

Who are we?

We love Jesus. We are growing through study of the bible. We find life and purpose in relationships. We exist to pursue God in the company of friends.

What's Happening This Month?

Come join us on Sunday mornings for our holiday teaching series – The Gifts of Christmas. Each week we will look at a different gift that is offered as a result of the birth of Christ. Our children will be learning all about the birth of Jesus throughout the month of December, as well.

Celebrate Christmas Eve with us as we will have a candlelight worship experience with Christmas songs, reflections on the birth of Christ, and receive the Lord's Supper. This one-hour service will start at 6 pm.

Who is invited?

Imperfect people of all ages, backgrounds, and cultures are welcome to attend.

When are our Gatherings?

We meet on Sunday mornings. The morning service begins at 10:30 am. Children's programs are provided for those 6 months – 5th grade.

Mid-week small groups are another opportunity to join us. We study the bible together, pray for each other, and do life together. Email or call for more info.

Teenagers can join us on Sunday nights at 6 pm for The Gathering.

What is our Location?

We are located on Cypress North Houston between Huffmeister and Telge. 12022 Knigge Cemetery Road Cypress, TX 77433

What is our contact information?

Visit our web page at www.TrinityVineyard.cc. Our phone # is 281-897-8463. Our email is info@TrinityVineyard.cc

Advertising Information

Please support the businesses that advertise in the Lakes on Eldridge North Newsletter. Their advertising dollars make it possible for all Lakes on Eldridge North residents to receive the monthly newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the newsletter by advertising, please contact our Sales Office at 888-687-6444 or e-mail advertising@PEELinc.com. The advertising deadline is the 10th of each month for the following month's newsletter.

This holiday season, you deserve some time off, too!



If you've got company coming, a big party to plan, kids, dogs, aunts and in-laws to clean up after, give us a call. Then sit back, relax, and let our bonded, insured teams and our **22-Step Healthy Touch® Deep Cleaning System** give you and your family the healthiest, most thorough housecleaning you've ever had.

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Empty Nest Chance To Chase Forgotten Dreams

Baylor College of Medicine

HOUSTON – Middle age woes are hard enough to deal with, but throw in empty nest syndrome and it is a recipe for potential depression.

Psychologists at Baylor College of Medicine in Houston say not to look at it as an ending, but as the beginning of a new stage in life with more time to travel, develop new hobbies, rediscover forgotten dreams and get to know your spouse all over again.

Empty nest syndrome can happen twice in an adult's life, once when the kids start kindergarten and again when they move out of the house. The more challenging of the two is when adolescents move out of the house to begin their adult lives.

"Parents have channeled all of their energy into their children for so long they may not know what to do with their time once they leave," says Dr. James Bray, associate professor of family and community medicine at BCM. "It is actually one of the high points when looking at the divorce rate scale. The numbers really tend to go up during middle age."

When people are unhappy in their marriage they usually have internal anxiety about something else, like not knowing what to do with the rest of their lives after the kids leave.

"It is natural to reevaluate your life every so often and even more natural during this stage in a parent's life," says Bray. "Don't just

assume that if you leave your spouse you will make the unhappiness go away. Marriage takes time and energy, so make the effort to get reacquainted."

It is a good idea to talk with friends to reevaluate goals and take note of some lifelong dreams you haven't had time to accomplish, says Bray.

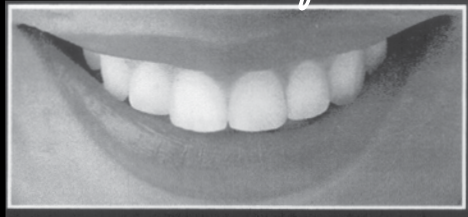
Now that the kids have moved out, there may be more time to take dance classes, travel, exercise or go back to college to retool skills.

Kids need to remember to stand up for themselves if parents become too needy or clingy. Setting a phone schedule can eliminate the out-of-control calling by some parents, while reassuring them can eliminate needless worry.

"Kids can also consult with counselors if they really have an issue with a clingy parent or one that is having a difficult time dealing with the separation," says Bray.

The empty nest transition usually lasts six months to a year, depending on how well parents can adjust to their newly found freedom.

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Lakes on Eldridge North

Holiday Sugar Plums That Dance On Your Taste Buds



These Holiday Sugar Plums are made with ruby-red Maraschino cherries.

(NAPSA)-The more the cherrier when it comes to holiday treats. And holiday sugar plums are no exception. These traditional treats are made with festive and fun Maraschino cherries.

Whether you are hosting a party or giving gifts to neighbors, these sugar plums are full of holiday cheer. And because they are so simple, the kids will have a ball helping you make them.

Holiday Sugar Plums

- 1 cup butter or margarine
- 1/2 cup confectioners' sugar
- 1 1/2 tsp vanilla
- 2 1/4 cup quick rolled oats (optional)
- 1/4 tsp. salt
- 1/2 cup finely chopped pecans
- 48 Maraschino cherries
(about one 16-oz. jar)
- Confectioners' sugar for finishing

Drain Maraschino cherries thoroughly on paper towels and set aside. Put butter and 1/2 cup confectioners' sugar in a large mixing bowl. Beat with an electric mixer on medium speed three to four minutes, or until well mixed. Stir in vanilla. Add flour, oats and salt; mix well. Stir in pecans.

Shape about 2 teaspoons dough around each cherry. Place on an ungreased cookie sheet about one inch apart. Bake in a preheated 350F. oven for 12 to 15 minutes, or until set but not brown. Role in confectioners' sugar while still warm. Cool.

For a fun presentation, use cherries with stems. Remove stems, bake as directed and then insert stems in cookies while they are still warm but after rolling in sugar. Makes 4 dozen.

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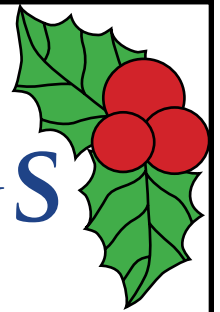


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SEASON'S GREETINGS



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Lakes on Eldridge North

Texas Events - December

1-23—ORANGE: Christmas Traditions W.H. Stark House. 409/883-0871

1-23—ORANGE: Old-Fashioned Christmas Heritage House. E-mail: hhmuseum@exp.net • www.heritagehouseoforange.org 409/886-5385

1-24—HOUSTON: The Toys Take Over Christmas Tells the story of a spirited rag doll, who teaches her fellow toys and their creator that it is never too late to find the joys of forgiveness and compassion. Stages Repertory Theatre. www.stagestheatre.com 713/527-0123

1-24—KEMAH: Christmas in Kemah www.kemahboardwalk.com 281/334-9880

1-24—SPRING: Home for the Holidays Celebrate the season with more than 150 shops offering unique gifts from around the world. www.otsid.com 281/288-2355

1-25—ROCKPORT: Christmas by the Bay From a beautiful boat, tour the bay and enjoy festively decorated homes. 361/729-6445

1-31—BEAUMONT: Shared Visions: Texas Artists Then & Now Art Museum of Southeast Texas. www.amset.org 409/832-3432

1-31—LA PORTE: Yuletide Texas See the ship adorned with lights, ornaments and decorations just the way the crew members did in the past. Hours are 10 a.m. to 5 p.m. Battleship Texas State Historic Site. www.tpwd.state.tx.us 281/479-2431

1-Jan. 1—CLEAR LAKE AREA: Strange Matter Interactive exhibit features crystals, amorphous metals, foams, glass and sand. Space Center Houston. www.spacecenter.org 281/244-2100

1-Jan. 6—GALVESTON: Moody Gardens Festival of Lights The lush garden setting is transformed into a winter menagerie of lights. Guests can strap on a pair of skates and slide across the ice at the outdoor ice rink or listen to holiday

music performed by area bands. Moody Gardens, One Hope Boulevard. www.moodygardens.org 800/582-4673

1-Jan. 7—GALVESTON: Scott Barber — Selected Works 1995-2005, Henry Ray Clark & Saralene Tapley — People I've Known Galveston Arts Center. www.galvestonartscenter.org 409/763-2403

1-Jan. 8—HARLINGEN: Christmas Tree Forest Exhibit Call to schedule a tour. Harlingen Arts & Heritage Museum. 956/216-4901

1-Jan. 8—PORT ARTHUR: Elvis: Grace & Grit Museum of the Gulf Coast. www.museumofthegulfcoast.org 409/982-7000

1-Jan. 14—VICTORIA: Victoria Collects Folk Art Includes a variety of media such as wood sculpture, fabric art, metal sculpture, oil paintings and mixed media. Nave Museum. www.victoriaregionalmuseum.com 361/575-8227

1-Jan. 15—PORT ISABEL: A Champion Christmas The Champion's Family Period Room is decorated for Christmas with a tree, toys and postcards. www.portisabelmuseums.com 956/943-7602

1-Jan. 28—HOUSTON: The Modern West: American Landscapes, 1890-1950 Includes about 100 paintings, watercolors, photographs and supplementary contextual material dating from the 1890s to the mid-20th century. The Audrey Jones Beck Building, Museum of Fine Arts, Houston. 713/639-7300

1-Feb. 18—HOUSTON: Through the Eyes of Children: The Rwanda Project Photo exhibit at the Holocaust Museum Houston. www.hmh.org 713/942-8000

1-Feb. 24—PORT ISABEL: Postcards from the Past: Robert Runyon's Postcards of Brownsville, Matamoros & Beyond Runyon, a Brownsville photographer, took photographs of everyday life in the Rio Grande Valley. Museums of Port Isabel. www.portisabelmuseums.com 956/943-7602

(Continued on page 9)



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Lakes on Eldridge North

Texas Events—(Continued from Page 8)

1-Mar. 31—GALVESTON: Elite Excursions: The Victorian Vacations of a Prosperous Galveston Family Part of a citywide collaboration celebrating the history of tourism on Galveston Island. Ashton Villa. 409/762-3933

1-Mar. 31—GALVESTON: Myth to Momus: Mardi Gras at Menard, 1856 to Present Exhibit is part of a citywide collaboration celebrating the history of tourism on Galveston Island. Michel B. Menard House. 409/762-3933

2—ALVIN: A Victorian Holiday Includes arts & crafts, silent auction, child and teen talent show, and more. National Oak Park. 281/331-2934

2—BEAUMONT: Christmas Tree-Lighting Ceremony, Downtown Holiday Festival & Downtown Beaumont Christmas Parade 409/880-3716

8-31—HOUSTON: Five Course Love Five dates, five restaurants and one fateful night. Will any of the lovers find the recipe for romance? Stages Repertory Theatre. www.stagestheatre.com 713/527-0123

9—ALVIN: Stanton's Peddler's Market 219 N. Taylor. 281/331-4491

9—BEAUMONT: Christmas Open House at the McFaddin-Ward House The structure and its furnishings reflect the lifestyle of the prominent family who lived in the house for 75 years. McFaddin-Ward House. www.mcfaddin-ward.org 409/832-2134

9—BEAUMONT: Symphony Ball — A Winter Gala Beaumont Civic Center. www.beaumont-tx-complex.com 409/504-2224 or 409/718-7854

9—BRAZORIA: 10th Annual San Bernard River Boat Parade Lower San Bernard River. www.sanbernardriver.com 979/964-4332

9—BROWNSVILLE: Half Marathon & 1-Mile Run E-mail: tiny433@aol.com • www.withchrist.net/riorunning 956/542-8967 or 956/492-5238

9—CLEAR LAKE AREA: 45th Annual Christmas Boat Parade on Clear Lake More than 100 beautifully lighted and extravagantly decorated boats travel through the Lake and up Clear Creek Channel to Galveston Bay. View

the parade along the Seabrook shoreline and from the Kemah Boardwalk. 281/338-0333\

9—FRIENDSWOOD: Holiday Lighted Christmas Parade Parade ends with Santa. Friendswood Drive. www.friendswood-chamber.com 281/482-3329

9—FULTON: Christmas Caroling at the Mansion Join in old-fashioned caroling on the grounds. Begins at 6:30 p.m. Fulton Mansion State Historic Site. 361/729-0386

9—HARLINGEN: Extravaganza Folklorica 2006 Presented by the Gloria G. Canales School of Dance. Begins at 7 p.m. Harlingen Municipal Auditorium. 956/423-0401

9—LA PORTE: Santa's Swingin' '40s Christmas Visit and have pictures taken with Santa or mail him letters from the ship's Post Office. Includes 1940s-style entertainment, complete with swing music throughout the day. Battleship Texas. www.tpwd.state.tx.us 281/479-2431

9—LAKE JACKSON: A Christmas from Dublin Stars the Three Irish Tenors. Begins at 7:30 p.m. The Clarion at Brazosport College. clarion.brazosport.edu (no www) 979/230-3156 or 979/230-3658

9—PEARLAND: 13th Annual Tour De' Lights Bicycle Ride Join in this annual bicycle trek and Christmas carol sing-along. This casual 1 1/2-hour recreational ride starts at 7 p.m. in Independence Park and winds its way through the Green Tee subdivision with its Christmas lights aglow. 281/652-1659

9—PORT ARANSAS: Carolers Afloat/Boat Lighting Parade Includes a boat lighting parade and caroling aboard ship while cruising the city harbor. Robert's Point Park Pavilion. www.portaransas.org 800/452-6278

9—PORT ARTHUR: Las Posadas Re-enacts Mary and Joseph's journey to Bethlehem. Includes live animals and professional performances. Boardwalk, Downtown Port Arthur. 409/985-7822

(Continued on page 10)



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Lakes on Eldridge North

Texas Events-(Continued from Page 8)

9—PORT ISABEL: Holiday Open House Hours are 10 a.m. to 4 p.m. Treasures of the Gulf and Historical Museum. www.portisabelmuseums.com 956/943-7602

9—SAN BENITO: Sock Hop Fund-raiser Includes Best 1950s and 1960s costume contest, dance contest, prizes and more. Begins at 6 p.m. Fun 'N Sun RV Resort. 956/399-5800

9-10—GALVESTON: The Nutcracker The Grand 1894 Opera House. www.thegrand.com 800/821-1894

9-10—INGLESIDE: Renaissance Faire 361/776-2906

9-10—SANTA FE: Wine & Winter Weekend — Haak Winery Hours are 2:30 to 5:30 p.m. Haak Winery, 6310 Ave. T. www.haakwine.com 409/925-1401

10—HARLINGEN: Tour of Homes/Beta Sigma Phi 956/425-8236

10—LAKE JACKSON: Holiday Tour of Homes 979/265-2505

10—LOS INDIOS: Celebration for Our Lady of Guadalupe Includes 3 p.m. procession with floats relating to Feast of Our Lady, 5 p.m. Mass, and 6 p.m. festival with Mariachi Imperial and Santa Maria Folkloric Dance Group. Enjoy music, games, horse rides and more. Saint Ignatius of Loyola Grounds, 24380 W. U.S. 281. 956/399-4516 or 956/357-2946

10—PORT ISABEL: Antique & Flea Market Hours are 9 a.m. to 4 p.m. Port Isabel Community Center and Beulah Lee Park. www.portisabel-texas.com/pi_fleamkt 956/943-1006 or 956/943-2262

10—ROCKPORT: Holiday Symphony by the Sea Martha Luigi Auditorium. 361/729-6445

10—TEXAS CITY: Christmas at the Davison Home Take a step back in time to celebrate Christmas the old-fashioned way. Hours are 4 to 7 p.m. 1st Street and 3rd Avenue. www.texas-city-tx.org 409/643-5799

12—BROWNSVILLE: Victorian Holiday Traditions Brownsville Heritage Complex/Stillman House. www.brownsvillehistory.org 956/541-5560

12-17—GALVESTON: A Tuna Christmas Comedy stars Joe Sears and Jaston Williams. The Grand 1894 Opera House. www.thegrand.com 800/821-1894

13—SAN BENITO: El Second Weensdee Christmas Party The Narciso Martinez Cultural Arts Center presents an oral history series on conjunto music. Begins at 7 p.m. 225 E. Stenger St. 956/361-0110

13—SAN BENITO: Guadalupe Art Exhibit This is an art exhibit and Christmas celebration. Narciso Martinez Cultural Arts Center, 225 Stenger St. 956/361-0110

14-Jan. 11—NASSAU BAY: Winter '06 Open Juried Exhibition Features works in all media and subject matter by area artists. The Arts Alliance Center at Clear Lake. www.taaccl.org 281/335-7777

15—VICTORIA: Country Opry Hours are 7:30 to 10 p.m. Victoria Community Center Annex. 361/552-9347

15-17—HARLINGEN: Disney's Aladdin, Jr. All of the favorite characters, including Aladdin, Jasmine and Genie, appear on stage in this adaptation of the Disney hit. Harlingen Performing Arts Theatre. 956/412-7529

16—EDNA: Christmas Crafts Bring the kids and prepare for the holidays by making Christmas crafts to decorate your home. Begins at 2 p.m. Lake Texana State Park. 361/782-5718

16—HOUSTON: Houston Children's Chorus 18th Annual Christmas Concert Stude Concert Hall, Rice University. www.houstonchildren.org 713/650-3800

16—SAN BENITO: Arts & Crafts and Pancake Breakfast Begins at 8 a.m. Fun 'N Sun RV Resort. 956/399-5800

16—VICTORIA: Market Days Hours are 9 a.m. to 4 p.m. DeLeon Plaza in Downtown Victoria. www.victoriatx.org 361/485-3200

16-17—PORT NECHES: Trade Days on the Avenue 409/722-4023

16, 23—HARLINGEN: Northland Country Band Hours are 7 to 10 p.m. Tropic Winds RV Resort. 956/423-4020

17—BEAUMONT: Have Yourself a Rockin' Little Christmas Symphony of Southeast Texas presents Holiday Pops at 2 p.m. Jefferson Theatre. www.sost.org 409/892-2257

17-18—HARLINGEN: A Christmas Musical First Baptist Church, 501 E. Van Buren. 956/423-0470

20—SAN BENITO: Dance with the Crusers Begins at 7:30 p.m. Fun 'N Sun RV Resort. 956/399-5800

21—HARLINGEN: The Texas Piano Man Show Hours are 7 to 10 p.m. Tropic Winds RV Resort. 956/423-4020

23—EDNA: Campfire Carols Hours are 6 to 8 p.m. Lake Texana State Park. 361/782-5718

24—HARLINGEN: Folkways Oral history program is from 1 to 4 p.m. Harlingen Arts & Heritage Museum. 956/216-4901

27—SAN BENITO: Iowa Country Opory Begins at 7 p.m. Fun 'N Sun RV Resort. 956/399-5800

30—HARLINGEN: Ronnie Furr Band Tropic Winds RV Resort. 956/423-4020

31—BAYTOWN: Murder Me Always Baytown Little Theater. 281/424-7617

31—BEAUMONT: Crockett Street New Year's Eve Extravaganza Enjoy live music, laser light show and street party festivities. Crockett Street. www.crockettstreet.com 409/832-2944

31—SAN BENITO: New Year's Dance with Texas Country Band Fun 'N Sun RV Resort, 1400 Zillock Road. 956/399-5800

31—SOUTH PADRE ISLAND: New Year's Eve Fireworks Bayside between Marlin and Red Snapper streets. www.sopadre.com 800/767-2373

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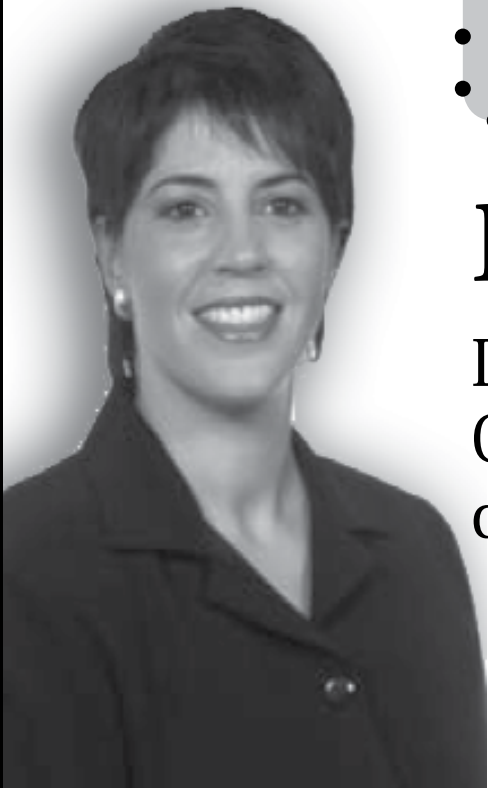
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A New Explanation For "Brittle Bone" And Connective Tissue Disease

Baylor College of Medicine

HOUSTON -- Mutations in a previously unstudied gene key to the proper formation of the structure of collagen can cause osteogenesis imperfecta, or brittle bone disease, in both mice and man, said researchers from Baylor College of Medicine and a group of international collaborators in a report that appears in the journal *Cell* today.

Changes in genes that serve the same purpose for different forms of collagen may also be at the root of other connective tissue diseases, said the report's senior author, Dr. Brendan Lee, associate professor of molecular and human genetics at BCM, director of the Skeletal Dysplasia Clinic at Texas Children's Hospital and a Howard Hughes Medical Institute investigator.

"This is truly a novel molecular or biochemical mechanism that causes human connective tissue disease," said Lee.

Mutations in CRTAP (cartilage-associated protein) reduce or prevent chemical modification of a particular protein that helps to chaperone collagen as it assumes its proper structure. That particular modification, which involves attaching a hydroxy (OH) molecule onto the protein, is a process called prolyl 3-hydroxylation.

Mice that were bred to lack CRTAP have severe osteoporosis and low bone mass – the mouse equivalent of osteogenesis imperfecta. What makes this finding interesting, said Lee, is that it can cause a whole spectrum of brittle bone disease in humans from lethal to mild forms, depending on the effect of the mutation. When the mutation

eliminates the protein associated with the gene, a severe, lethal form of osteogenesis imperfecta results. Other mutations can result in less of the protein and are associated with a milder form of the disease.

More broadly, this finding lends itself to the hypothesis that mutations in similar genes might cause problems resulting in diseases related to defects in other types of collagen. Collagen is the most common protein in the human body, and the four most common types are found in different types of tissues including bone, cartilage, blood vessels, and kidney.

"A logical extension of this research might be that we would find mutations in related genes affecting these other types of connective tissues," Lee said.

More specifically, the finding explains a mystery surrounding osteogenesis imperfecta. Previously, the only gene mutation known to cause the disease was dominantly inherited. That means if a person has the mutated gene, he or she has the disease. This means that the mutation causing the disease in the first person in a family is spontaneous and not inherited from a parent.

However, in some families, more than one child has the disease, indicating it is inherited. This new mechanism for the disease is genetically recessive, with each parent having one mutated gene and one normal gene. They then have a one in four chance of having a child with osteogenesis imperfect with each pregnancy.

(Continued on page 13)

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A New Explanation- (Continued from page 12)

"This proves a new inheritance pattern for OI and a new mechanism for bone disease," said Lee.

Current studies are aimed at answering whether this problem with prolyl-3-hydroxylation is involved in other connective tissue diseases.

Others who participated in the research include: Drs. Roy Morello, Terry Bertin, Yuqing Chen and John Hicks of Baylor College of Medicine; Laura Tonachini, Massimiliano Monticone and Patrizio Castagnola of the Istituto Nazionale per la Ricerca sul Cancro in Genova, Italy; Frank Rauch and Francis H. Glorieux of Shriners Hospital for Children, and McGill University, Montreal, Canada; Janice Vranka and Hans of Peter Bachinger of Shriners Hospital for Children in Portland, Oregon, and the Oregon Health & Science University; James M. Pace, Ulrike Schwarze, Peter H. Byers, MaryAnn Weis and Russell J. Fernandes of the University of Washington in Seattle; and David R. Eyre, Zhenqiang Yao and Brendan F. Boyce of the University of Rochester Medical Center in New York.

Funding for the research came from the National Institutes of Health, the Baylor College of Medicine Mental Retardation Developmental Disabilities Research Center and the Shriners of North America.

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Perfect Pear: Simply Delicious Meals In A Snap

(NAPSA)-The hubbub of the holidays shouldn't mean taking a break from healthful eating. Fortunately, no matter how hectic your schedule becomes, there's always time for working some delicious fruit into your diet.

Pears can be a great place to start. Besides being delicious, they're wonderfully nutritious-an excellent source of dietary fiber that contains vitamin C and is also a source of potassium, with only about 100 calories per serving.

Pears are great anytime of the day: Try pear halves with yogurt for breakfast. Pack one with your lunch. Cut one up over a dinner salad. Or top a dish of ice cream for dessert. In addition, there are many varieties to enjoy throughout the year: Bartlett, Anjou, Bosc and Comice. Each has a distinct texture, color and flavor that can be made into savory snacks, main dishes, appetizers, salads and desserts.

And remember: Adding pears to a main dish



Pears are a delicious, nutritious way to get your daily servings of fruit.

gives food a burst of flavor while helping your family get the recommended five to nine daily servings of fruits and veggies.

The following quick-and-easy recipe does not use a traditional sauce, letting the juicy pears bring a sweet balance to the Parmesan and prosciutto's more salty flavors. Using a prepared pizza crust makes this an effortless meal or a beautiful and savory appetizer.

Savory Pear Pizza

- 1 prepared pizza dough crust (such as Boboli)
- 3 T. extra virgin olive oil
- 3 cloves garlic, minced
- 2 oz. grated, fresh Parmesan cheese
- 3 oz. chopped prosciutto or thinly sliced cured ham
- 1 red Anjou pear, cored and sliced very thinly

1. Preheat oven to 450F.
2. Place pizza crust on baking sheet.
3. Spread olive oil and garlic over the pizza crust.
4. Top with cheese, prosciutto and pear slices.
5. Bake for 12-15 minutes or until cheese is melted and bubbly.
6. Slice and serve. Serves 6.

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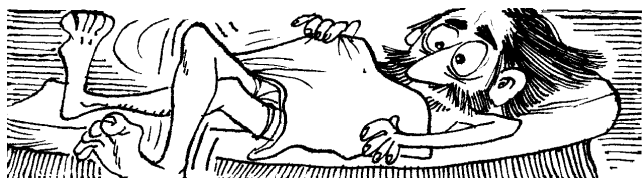
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Did You Know? Fun Facts:



Hands did not appear on clocks until the end of the 14th century.



Many people believe the more you sleep before midnight, the better looking you'll be. In ancient times, people believed it unlucky to set the left foot on the ground first on getting out of bed.

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4	6				7			
2		9	1			7		8
				5				
		6			5		1	7
						4		
					1			
	5	7		6	3		9	
3					8			
		2		7		1		

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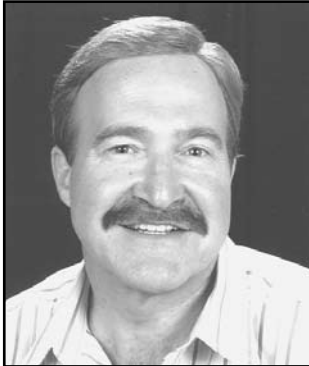
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