

Volume 6, Issue 1 January 2007

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#### Official Newsletter www.lakesoneldridge.net

#### LOE SANTA'S TOY DRIVE



LOE kids came dressed in their holiday finery to see Santa.

On Friday, December 15th the fire truck sirens announced Santa's arrival in Lakes on Eldridge. Santa came to check his list and have his picture taken with our children. He also came to pick up the many, many gifts donated for children who would not have otherwise gotten a Christmas gift. A big THANK YOU to our many residents who so generously donated to this most worthy cause.

More than 100 children showed up to decorate the Christmas tree, see Santa, and have their pictures taken with him. While waiting for Santa's arrival, there was tree decorating, coloring, and a hayride around the neighborhood to see the beautiful Christmas decorations. Everyone enjoyed hot cocoa, apple cider, and cookies.

A special thank you to Georgia Shotwell and Toby Ellis of Keller Williams Realty-Memorial for sponsoring the hayride around our neighborhood to see the beautiful Christmas Decorations. Thank you to Gus Lester, Bronson Clay and Mark & Kimberley Massey for driving and navigating the hayride. Thank you to Nick & Phylene Jakobsen for the loan of their hay. A big thanks to our teenage volunteers, Jackie Clay and Russell Lyons for showing up early with their willingness to do absolutely anything to help. Thank you to Kathy Prusak, Rosa Clay, Don & Martha McGraw, Cecilia Freeman, Elizabeth Tobin and Dotie Gase for the much-needed help. A big thanks to Charles Lyons for taking charge and directing the lines for the hayride and Santa pictures. Thank you to Jerry Dunaway for taking the kids pictures with Santa Claus and making the party signs for the gates. Mr. Dunaway also set up a safe, private website so that our children's party pictures could be downloaded by parents. Many thanks to the Cy-Fair Volunteer Fire Department for bringing Santa Claus by to see our children.

THANK YOU ALL FOR ATTENDING AND CONTRIBUTING TO THIS GREAT PARTY!

#### **Maintenance Fees**

2007 Maintenance Fees are due and are late after February 28, 2007! Your assessment funds the operation of the community such as landscaping, pool maintenance and repairs, insurance and reserving for future major repairs or replacements. For more information contact AMI or mail your payments with your property address to:

#### AMI

9575 Katy Freeway, Suite 130 Houston, Texas 77024-1453 Phone: (713) 932-1122 Fax: (713) 932-6059 E-Mail: ami@amitx.com Web: www.amitx.com



View the Lakes on Eldridge Community Newsletter each month on-line at www.PEELinc.com

#### **IMPORTANT NUMBERS**

AMI	713-932-1122			
Gate Attendant				
Sheriff - (non-emergency)				
Cy-Fair Fire Department - (emergency)				
(non-emergency)				
Poison Control				
Texas DPS				
Waste Management				
(trash collection Mondays & Thursdays)				
Aqua Source	713-983-3602			
(Service or emergencies 24hrs)	.713-983-3604			
Harris County Tax Office	.713-224-1919			
Reliant Energy				
(give pole # of street which is out)				
Entex (gas)	.713-659-2111			
Time Warner Cable				
Houston Chronicle	.713-220-7211			
Metro Transit Info	.713-635-4000			
Kirk Elementary	713-849-8250			
Truitt Middle School	.281-856-1100			
Cy-Falls High School	.281-856-1000			
Cy-Ridge High School	.281-807-8000			
Newsletter Publisher				
Peel, Incadvertising@PEELinc.com,	888-687-6444			

#### **LOE Board Of Directors**

To contact a member of the Board of Directors, call Alex Taylor with AMI at 713-932-1122. Leave the number where you can be reached. Mr. Taylor will then forward your message to one of the following board members:

Nikki Favero	President
Bronson Clay	Vice President
Lindsay Buchanan	Secretary
Bob Adams	Treasurer
Deborah Dunaway	At Large
•	•

#### Visit the Association Website: www.lakesoneldridge.net

#### **Airport Noise**

LOE is now in the flight pattern for both Intercontinental and Hobby Airports, which means air traffic has significantly increased. If you are concerned over the noise make a call to one or all of the numbers below. It is the number of calls and the people taking time to make them that make the most effective appeal for change for this situation.

- Houston Airport Noise Complaints Hotline: 281 233-3900
- Air Traffic Approach Number: 281 230-8441
- FAA Hotline: 1-800-255-1111

For Information Only.

#### Traffic Fines & Speed Bumps Coming to LOE?

Your Board continues to receive complaints of flagrant traffic violations specifically regarding poor observance of stop signs and speed limits. Also, the school bus drivers have notified us of residents passing stopped school buses that have their red lights flashing and are in the process of unloading and loading our school children. It is imperative that everyone stops when the school bus lights are flashing regardless of what side of the road you are on (it's the law!).

The Board recently arranged for a radar detector to be installed on Lake Shore Ridge as a gentle reminder to watch your speed and obey local traffic signs. Many favorable comments were received about the way brake lights came on and speeds dropped in that area. The radar detector unfortunately had to be returned and the speeds have gone back up.

Articles about speeding and stop signs have been printed in past newsletters, but have evidently not had the desired effect. The Board is therefore now faced with the dilemma of what to do to keep our community safe for all of our residents.

In the last few months we have a dead cygnet and another wounded one – both evidently hit by careless drivers, who apparently did not even have the courtesy to stop and report the accident. The swans in our neighborhood are beautiful animals that are a delight to everyone as they move about the lakes. Also, we have a dedicated group of residents that feed and care for them daily. The Board is concerned that the next accident may involve a child or other pedestrian.

Major concern was expressed at this year's Annual General Meeting about the driving habits of some people within LOE. This concern is completely understandable based on the evidence visible, mostly during rush hour times in the morning and afternoon. We realize there are mean streets here in Houston, but must encourage EVERYONE to make our streets safe for all our residents.

If we are not able to improve our driving inside the subdivision then the Board will be forced to consider the following items:

- modifying the existing LOE Parking Resolution with its associated fines to cover moving vehicle violations as well.
- having speed bumps installed at strategic locations throughout LOE.

Please slow down while traveling in our subdivision and obey all stop signs, and use your turn signals so others will know if you are planning to turn. This will help maintain the tranquility for which our neighborhood is so well known. Talk to your neighbors, and encourage all who might "bend" the rules to help keep our neighborhood safe.

At no time will any source be allowed to use the Lakes on Eldridge Newsletter contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the newsletter is exclusively for the private use of Lakes on Eldridge residents only.

## **RELOCATING? MOVING UP? SCALING DOWN?**

## **REASONS TO LIST** WITH ANN KNOCHE...

- 12019 Isle Vista 5619 **Barton** Falls 12007 Isle Vista 3 12003 Arroyo Verde 12542 Cherry Creek Bend 5 5711 Cielio Bay 6 12002 Costa Del Rey 5219 Westridge 8 5611 **Evening Shore** 9 5634 Heather Run 10 12507 Pierwood M
- 12 12011 Bellavista **13** 5310 **Emerald Brook** 14 5731 Santa Fe Springs **15** 12410 Sonata Canyon **16** 5731 Marina Vista 17 6103 Durango Bay **18** 12150 Cielio Bay D 13206 Shermons Pond 20 6114 Saratoga Springs 21 5907 Sandia Lake **22** 6134 Saratoga Springs **23** 13211 Shermons Pond 24 12526 Still Harbour **25** 5518 Cardinal Bay **26** 5410 Morning Breeze 27 12515 Whispering Sands **28** 12538 Cherry Creek Bend 29 6510 Carrizo Falls **30** 12126 Summer Land Ridge Windham Springs **31** 5514

32 12010 Paladora Point **33** 5911 Mesa Brook **34** 6519 Carrizo Falls **35** 12035 Ensenada Canyon **36** 12027 Terraza Cove **37** 5702 Ballina Canyon **38** 6131 Saratoga Springs **39** 12106 Arcadia Bend **40** 6511 Cotorra Cove **41** 6518 Grand Flora **42** 5910 Solano Bay **43** ANN KNOCHE **44** Customer Satisfaction! "Ann is a wonderful professional asset to your company. She knows her stuff, believes in the community and was able to negotiate us an offer that exceeded our expectations!"



Helping Families Create Memories in The Lakes on Eldridge Communities For Over Nine Years.

> 281.582.3911 annpk@heritagetexas.com

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heritagetexas

#### **LOE Christmas Decoration Contest**

WOW! Wasn't the neighborhood beautiful? We certainly hope everyone drove around to see all the beautiful decorations this season. Many more homes were decorated this year, which was the purpose of this contest. A special thank you to each and every one of you residents that really got into the holiday spirit and made our neighborhood so pretty this time of year. We know the children enjoyed the lights as so many cars chocked full of kids were driving around viewing the lights at night. The Massey's even took neighbor kids around caroling on their hayride. We want to thank this year's judges, Vikki Barbre, Cecilia Freeman, Martha McGraw, Arthur and Catherine Spelling for their time and honest opinions. Now to congratulate the winners!

## Congratulations to the winners!

Category I – 5519 Island Breeze Dr. Category II – 12911 Silent Shore Ct. Category III – 5501 Cardinal Bay



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- Extended Day
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> <u>www.seascs.org</u> Accepting Applications

**OPEN HOUSE** 

January 31, 2007

9:00am - 2:00pm and 6:00pm - 8:00pm

Fully Accredited by

**TCCED** 

# I wish you a Healthy, Happy & Prosperous New Year!!

Thank you for your trust in me and the privilege of serving you during the past year. Looking forward to 2007.

# **KAY HORSCH**

(And your neighborhood watch dog)

Lakes on Eldridge Resident & Realtor

**281-679-0101** kay@kayhorsch.com



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#### WASTE MANAGEMENT of TEXAS, INC. GARBAGE and RECYCLING SERVICE PARAMETERS Harris County MUD No. 341

- A. Garbage collection days are: Monday & Thursday. Recycling collection day is: Monday. Items collected: newsprint only, aluminum & bi-metal cans, plastics coded #1 & #2. Please rinse all food containers.
- B. Garbage, rubbish, bundles, bulk and recyclables must be available for collection beginning at 7:00 a.m. and may continue to 7:00 p.m. on your scheduled collection days. All household garbage and recyclables will be collected from the curb.
- C. Garbage may be contained in garbage cans or plastic garbage bags, but not to exceed fifty (50) pounds in weight when full. Bags must have sufficient wall strength to maintain physical integrity when lifted by the top.
- D. Bagged yard waste material such as grass and leaves must not exceed fifty (50) pounds when full. All branches and tree trimmings of less than three (3) inch in diameter must be cut to four (4) foot lengths and securely tied in small bundles that can be lifted and handled by a one individual. Bundles should be no larger than eighteen (18) inches in diameter and weigh no more than fifty (50) pounds. Please break down and bundle moving boxes.
- E. Up to two (2) items of bulky trash such as old furniture, appliances, Christmas trees or similar items will be collected on the second regularly scheduled pickup day of each week. Refrigerators contain CFC's and this must be removed by a certified technician and be tagged as such prior to collection. Please contact our Customer Service Department at 713-686-6666, if you have a question, unusual item or multiple items for collection. Our office hours are 8:00 a.m. to 5:00 p.m., Monday through Friday and Saturday 8:00 a.m. until noon.

- F. Waste Management can not pickup hazardous, flammable or toxic waste such as but not limited to; motor oil, gasoline, paint, batteries, garden or pool chemicals, smoke detectors, propane tanks, liquids, etc. Tires, large tree limbs, metal and similar items can not be compacted or handled by our personnel. Additionally, material generated from construction, remodeling, carpeting, or roofing materials are not considered as typical household garbage and rubbish. Consequently, they will not be collected.
- G. If an observed holiday falls on your scheduled collection day, no service is provided that day. Your pickup will occur on the next scheduled collection day following the observed holiday. Recycling collection would be delayed until the next regularly scheduled recycling pickup day. Observed holidays are:

New Year's	Memorial Day	July 4th
Labor Day	Thanksgiving	Christmas

H. Construction, remodeling debris, carpeting or other nonhazardous items that are excluded from curbside collection may be appropriate for disposal at the Fairbanks Landfill located at 8205 Fairbanks N. Houston Road. Please call 713-849-2902 to inquiry about appropriate disposal options Household Hazardous Waste (HHW) such as used oil, paints, pesticides, etc; disposal questions may be directed to Harris County Pollution Control at 713-920-2831 or www.harriscountyhealth.com. They can direct you to the nearest appropriate disposal site for HHW items.



#### Bible Study at Lakes On Eldridge

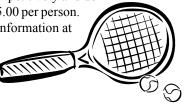
The Bible study at the Lakes On Eldridge Beach Club meets every Tuesday morning from 9:15 to 11:30 A.M. This is a nondenominational group. All are welcome to come and make new friends, study God's Word, and pray for one another. Our subject this session is "Living the Balanced Life" from the Women of Faith Series. We live in a hectic world with many distractions that push our priorities out of their proper order. This study will help you make the necessary adjustments to your busy schedule and establish your spiritual life to be the support system it is meant to be.

Please join us for this enlightening study and share the opportunity to find just the right balance for you and your family. Life is meant to be beautiful and glorifying to God, but it is up to us to set our priorities straight to achieve the required balance. Study guides are available on site. There is no need to register, just come and enjoy the morning. We look forward to seeing you there any Tuesday morning.

#### **TENNIS ANYONE?**

I am looking for "A" level or "Championship" level tennis players for the Lakes on Eldridge Friday morning ladies tennis league. League starts at the end of January 2007 and runs through May 2007. You must be at least an "A" level player to play on a Championship team. We play other neighborhoods competitively and do

travel. Cost is approximately \$15.00 per person. Please contact Dianne for more information at 832-721-2030.



#### TANNER LAKES Animal Clinic

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Kenneth Malinowski, D.V.M.

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#### Celebr*a*ting 30 Years of Excellence The Branch School

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#### Evening Open House Tuesday, January 23<sup>rd</sup> 6-8 p.m.



1424 Sherwood Forest Houston, Texas 77043 713-465-0288 Applications accepted year-round Call for a tour and information.



## Lakes on Eldridge LOE BOOK CLUB

Book club meets on the 4th Monday of each month at 7:30 P.M. We try to read a wide variety of material, so if this month's selection doesn't appeal to you, maybe next month's will. Do join us when we tackle a book on which you have comments or opinions. We will again be meeting in various members' homes, so call or e-mail Celeste Fritz, 713-896-6942, cfritztx@houston.rr.com for additional information.

January 22nd - Blackberry Wine by Joanne Harris. Writer Jay Mackintosh reached his artistic zenith with Jackapple Joe, a novel he wrote 10 years ago, based on the time he spent as a boy with a crusty, enigmatic old man named Joseph Cox in the tiny English town of Kirby Monckton. Joe's stories, simple wisdom and folk charms-and his uncanny ability to make anything grow-made their time together magical. But old Joe disappeared one fall without a trace. Now, with his life going nowhere, Jay impulsively purchases a small cottage in the remote village of Lansquenet and relocates to the sleepy French countryside in an attempt to recapture the magic that vanished 20 years ago-and maybe even find "Jackapple Joe" again. Joanne Harris is the author of the novel Chocolat, which received widespread critical acclaim in the United States and abroad.

February 26th – Gregor Mendel: Genetics Pioneer by Della Yannuzzi. Gregor Mendel, born in 1822, was the son of a farmer. He excelled at academics, but had to struggle to continue his schooling after his father became ill. Later, he decided to become a monk and was able to pursue his interest in learning. While serving in an Austrian monastery, Mendel conducted experiments on plants in the garden, which led to his discoveries about heredity. Often called the father of genetics, Mendel was the first person to discover the basic principles of heredity, which describe how different traits, such as height and hair color, are passed on from generation to generation.

#### PLEASE NOTE

Landscapers and housekeepers should not have a remote to the community. Their names should be on file with the gate attendants and they should enter via the front entrance gate only. Please help control the access to our community by following these rules.

#### **Article Submissions**

If you would like to submit an article or any information for the Lakes On Eldridge *Newsletter, you may do so by sending the* information in to <u>dsd1951@mac.com</u>. This information should include your name. All information should be received no later than the 12<sup>th</sup> of the month and is subject to editorial approval as well as space limitations.

someone got down on hands and knees and cleaned your bathroom floors?



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#### Kitchen

- Clean sink
- Clean appliance exteriors
- Clean inside microwave
- Clean range top
- Damp wipe cabinet doors
- Clean counters · Hand wash floor
- Load dishwasher

#### Bathrooms

- Clean sinks, counters; change towels
  Clean, disinfect toilets, tubs, showers
- · Hand wash, disinfect floors

#### All Rooms

- Pick up and straighten
- Dust sills, ledges, wall hangings
- Remove cobwebs
- Dust/vacuum furniture
- Vacuum floors, carpets
- Vacuum stairs
- Vacuum under beds
- Change linens, make beds Empty trash

#### Windows

- Clean entry window & one set of patio door windows
- Clean window over kitchen sink

#### Stitch & Chat



Stitch & Chat meets at the clubhouse every Thursday morning at 10 a.m. to 12 p.m. for coffee, needlework & comradeship. Please feel free to join us on Thursdays. For more information contact Catherine Spellings at 713-896-1652 (home) or 713-628-7083 (cell) or <u>CTSpellings@aol.com</u> or Tina Wang at (713)-574-1654 or <u>Vangingwang20022003@yahoo.com</u>

#### **SUGGESTION BOX**

Have you ever wanted to make a suggestion to the LOE Board of Directors but don't know how to go about it? Well, they have now made it very easy and convenient for you. The Board has placed a SUGGESTION BOX in the Member Section of the LOE website, www.lakesoneldridge. Please type in any suggestions for the Board to review and discuss. This Suggestion Box goes directly to the Board members and after such discussion; one of the members will be in contact with you. Please note that you may be called upon to be a part of the solution to the suggestion you make.

#### SOCIAL COMMITTEE VOLUNTEERS NEEDED

Do you enjoy the events we have here in Lakes on Eldridge? Do you think there could be more events for the neighborhood? Do you have some great ideas and would like to share them? We are always looking for volunteers in the community. If you would like to be on the social committee, please e-mail Deborah Dunaway at <u>dsd1951@</u> <u>mac.com</u> or call 713-983-9651.



## Lakes on Eldridge

**Cy-Fair Recreational Soccer Spring Soccer Registration** 



#### **ONLINE REGISTRATION OPEN NOW!**

Go to www.cyfairsoccer.org for more information and to register today!

We are dedicated to player development; promoting youth soccer through encouraging a love of the game and teaching the skills necessary to play the game well. Instilling in our players a sense of fair play, teamwork and sportsmanship is our top priority.

Serving Northwest Harris County for over 26 years, we offer programs for all levels of experience. Starting with the small-sided game we offer fun, volunteer run competitive youth recreational programs and group play for Pre K up to Division III. (Ages 4 - 18).

If you are a returning player, new to the game or somewhere in between - we have a place for you!

HAVE QUESTIONS? Please Call Cy-Fair Soccer @281-894-1742 Regular office hours are: 10am - 2pm Monday, Tuesday and Thursday. Wednesday from 5pm - 7pm. Closed Fridays.

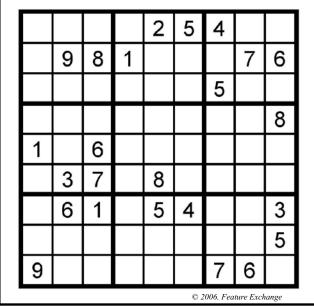
#### Classifieds

**LOE resident making some Decor changes.** Selling a Gorgeous Lineage Rustic Wood with Iron King Size Bed with Matching Night Tables. Includes Plush King Mattress and Box Springs that were in a Guest Room. Only Slept on a few times. Value-\$3,500 Asking \$1500. Can e-mail pics Please call Jennifer -832-878-2355

**Selling Absolutely Beautiful Conversation Piece Entertainment Center.** Gorgeous Century Piece -Solid WOOD. Rustic Country French Look You have to see this piece! Will hold up to a 42 inch TV and has hidden drawers and shelves for storage. In Perfect New Condition-Paid \$4,800.00 . Asking \$2,750. Can e-mail pics Please call Jennifer 832-878-2355

#### Sudoku

The challenge is to fill every row across, every column down, and every 3x3 box with the digits 1 through 9. Each 1 through 9 digit must appear only once in each row across, each column down, and each 3x3 box.





# TIME FOR AN UPDATE!

Expertise, good communication & proactive approach to Real Estate!

Summary of Trends in your area for the last 12 months prior to Dec. 8th 2006.

Feature	LOE		LOEN	
	#Sold	\$/sqft	#Sold	\$/sqft
3 bedrooms	7	98.91	8	121.3
4 bedrooms	43	99.58	73	106.0
5+ bedrooms	14	108.7	27	119.2
1 story	9	101.8	22	112.3
2 story	56	101.3	86	109.9
Without Pool	46	95.05	94	110.7
With Pool	19	116.8	14	108.2
Built 1990-99	55	97.8	0	0
Built after2000	10	120.8	108	110.4
2000-2500 sqft	3	94.6	0	0
2500-3000 sqft	16	95.1	14	109.3
3000-3500 sqft	15	96.1	32	104.3
3500-4000 sqft	15	93.1	20	101.6
4000-4500 sqft	7	97.0	24	104.6
4500+ sqft	8	144.4	18	139.5

All information based on MLS data

# Danielle Gebara

Direct: 832-788-6002 Off: 281-664-8300 Ext. 3153 dgebara@houston.rr.com



## Because every move matters!

## Lakes on Eldridge

#### **Trinity Vineyard Church**

#### Who are we?

We love Jesus. We are growing through study of the bible. We find life and purpose in relationships. We exist to pursue God in the company of friends.

#### What's Happening This Month?

At Trinity Vineyard we believe that we are created to worship. Worship is one of our top priorities and we want anyone who attends our services to be able to enter into our time of worship together.

I like to compare public worship to the serving of a meal. Imagine that you are a dinner guest in someone's home. During the whole meal, no one speaks to you. There are no seats left, so you have to eat standing up in the corner. Most of the conversation is in a foreign language that you do not understand. When they do speak in English, they tell inside jokes of people and stories you do not know. The foods being served are uncommon and unusual to you. Imagine you are a guest in someone's home and they make no effort to include you. From beginning to end, you are shut out from any ability to enjoy the meal.

Unfortunately a lot of churches can be like this. There is religious language you don't understand. People are asked to do things that they have no context for. And guests are left feeling shut out and disregarded.

We have made a deliberate choice at Trinity Vineyard to be

welcoming and understanding to our guests. Some churches target their entire services, from beginning to end, to their guests. If a guest doesn't like singing for 30 minutes, they don't do it. If a guest doesn't like a lot of bible teaching, they don't do it. At Trinity Vineyard, we don't take it quite that far.

Going back to the meal illustration...we are like a big family that is going to sit down and have a meal. Whether there are guests or not, we are going to come together and eat. We will do what we feel God has called us to do as a church – sing songs in worship, teach the bible, pray for one another, etc. But we always want guests to feel welcome to join us. We want to include them in our journey. Each week we strive to have a great meal that feeds the church and welcomes guests at the same time.

We all have very different backgrounds and experiences when it comes to public worship. Sadly, the way churches do public worship is one of the most divisive issues among Christians. It is one of the major ways people select a church. I certainly don't believe that we have come up with the perfect formula for worship, the only biblical approach for worship, the most authentic, or the most pleasing to God.

We worship the way we do because of our understanding of scripture and our philosophy of ministry. We would love for you to be our guest at our Sunday morning worship service anytime!

Trinity Vineyard- (Continued on page 13)



#### Trinity Vineyard- (Continued from page 12)

#### When are our Gatherings?

We meet on Sunday mornings. The morning service begins at 10:30 am. Children's programs are provided for those 6 months – 5th grade.

Mid-week small groups are another opportunity to join us. We study the bible together, pray for each other, and do life together. Email or call for more info.

Teenagers can join us on Sunday nights at 6 pm for The Gathering.

#### What is our Location?

We are located on Cypress North Houston between Huffmeister and Telge. 12022 Knigge Cemetery Road, Cypress, TX 77433

#### What is our contact information?

Visit our web page at www.TrinityVineyard.cc. Our phone # is 281-897-8463. Our email is info@TrinityVineyard.cc

#### **Teenage Jobseekers**

The following young people are interested in making a little extra money. If you would like to be included, removed, or updated in the next issue, please contact Deborah Dunaway, <u>dsd1951@mac.com</u>. *All information must be received by the 10<sup>th</sup> of the month*.

Not Available Online



good thru 1/31/07

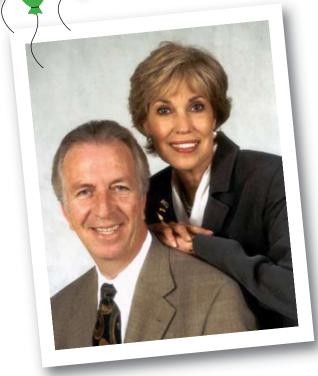


KELLY PEEL Sales Manager kelly@PEELinc.com 512-989-8905, Ext. 22

203 W. Main Street, Ste. D Pflugerville, Texas 78660

not applicable for insurance patients

# APPY NEW YEAR!



2006 was a banner year for home sales in the Lakes on Eldridge Communities. Be sure to call or e-mail us for a detailed year-end report on sales and pricing trends.

LET US PROVIDE A FREE AND ACCURATE ASSESSMENT OF YOUR HOME'S VALUE.

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## CLIVE & NANCY GARDNER

Lakes on Eldridge Resident Realtors®

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Nancy: 713-870-3169 ngardner@coldwellbankerunited.com

www.davidyoungteam.com 14201 Memorial Drive, Suite 202, Houston, TX 77079



#### **Texas Events - January 2007**

10—SAN BENITO: El Second Weensdee The Narciso Martinez Cultural Art Center presents this oral history series on conjunto music. 225 E. Stenger St. 956/361-0110

10-12—KINGSVILLE: Cactus Bowl Barbecue and silent auction are Wednesday, awards banquet is Thursday and NCAA Division 11 All-Stars game is Friday. Texas A&M University. www. kingsvilletexas.com 800/333-5032

11—HOUSTON: Gardere Martin Luther King Jr. Oratory Competition Antioch Missionary Baptist Church. www.gardere. com 713/867-3248

11-13, 18-19—BROWNSVILLE: Nunsense Presented by Camille Playhouse. 1 Dean Porter Park. www.camilleplayers.cjb.net 956/542-8900

12—KINGSVILLE: Taste of South Texas Food services and restaurants from the area serve samples of their best. Entrance is free to Cactus Bowl ticket holders. North End Field of Javelina Stadium. E-mail: chamber@kingsville.org • www.kingsville.org 361/592-6438

13—GALVESTON: Roald Dahl's Willy Wonka Shows begin at 3 and 7 p.m. The Grand 1894 Opera House. www.thegrand.com 800/821-1894

13—HARLINGEN: Harlingen Open Round Robin Doubles Table Tennis Tournament Includes male doubles and female doubles teams. Begins at 10 a.m. Harlingen Community Center. www. hgnttc.org 956/428-2002

13—PORT ISABEL: 23rd Annual Causeway Run & Wellness Walk Begins at the Community Center. This is a once-a-year chance to walk/run across the Queen Isabella Memorial Causeway. www.portisabel.org 800/527-6102 or 956/943-2262

13—SANTA FE: Haak Port & Chocolate Affair Reservations limited to 40. Haak Vineyards & Winery, 6310 Ave. T. www. haakwine.com 409/925-1401

13, 27—SAN BENITO: Arts & Crafts and Pancake Breakfast Fun 'N Sun RV Resort, 1400 Zillock Road. 956/399-5800

14—GALVESTON: Jaston Williams — Cowboy Noises The Grand 1894 Opera House. www.thegrand.com 800/821-1894

14—SANTA FE: Festival at Haak Winery Hours are 2 to 5 p.m. Haak Vineyards & Winery. www.haakwine.com 409/925-1401

15—HARLINGEN: Max Bacon Family Show Begins at 7 p.m. Tropic Winds RV Resort. 956/423-4020

15—HARLINGEN: Winter Texan Appreciation Fiesta Includes mariachis, country and Tejano music throughout the day. Showcases attractions and activities found in and around Harlingen. 956/216-5950

16—HARLINGEN: Time for Three This is a charismatic ensemble with two violinists and a double bassist. Begins at 7:30 p.m. Harlingen Municipal Auditorium. 956/748-3020

16—SAN BENITO: Mexican Fiesta Fun 'N Sun RV Resort. 956/399-5800

16-17—SOUTH PADRE ISLAND: Winter Texan Golf Classic Presented by the SPI Women's Golf Association and the South Padre Island Convention & Visitors Bureau. www.sopadre.com 800/767-2373 17—SAN BENITO: The Jerry Hauck Show Begins at 7 p.m. Fun 'N Sun RV Resort, 1400 Zillock Road. 956/399-5800

17-Feb. 1—NASSAU BAY: Houston Livestock Show & Rodeo Art Exhibition Art selected reflects the true spirit of the rodeo and is considered to be excellent in theme, craftsmanship and creativity. Arts Alliance Center at Clear Lake. www.taaccl.org 281/335-7777 18—HARLINGEN: The Texans & The Plummer Family — Branson on Review Shows are 2 and 7 p.m. Tropic Winds RV Resort. 956/423-4020

19—VICTORIA: Country Opry Hours are 7:30 to 10 p.m. Victoria Community Center Annex. 361/552-9347

19-20—SAN BENITO: South Texas Bar-B-Que Shootout Held in conjunction with the South Texas Stock Youth Show. Cameron County Fairgrounds. 956/778-8555

19-21—SAN BENITO: 10th Annual South Texas Youth Stock Show Includes a horseshoe tournament, home show, baked goods show, arts & crafts, carnival rides and more. Live entertainment includes Tejano, country and rock 'n' roll bands. Cameron County Fair Grounds 956/361-9120

19-Feb. 4—HOUSTON: Amy's View Amy is caught between her mother's ending stage career and her husband's up-and-coming television career. Stages Repertory Theatre. www.stagestheatre. com 713/527-0123

20—BEAUMONT: Pianist Fabio Bidini The Symphony of Southeast Texas presents pianist Fabio Bidini. Begins at 7:30 p.m. Jefferson Theatre. www.sost.org 409/892-2257

20—LA PORTE: Hard Hat Tour of the Battleship Texas Enter areas rarely seen by the public. Bring a flashlight or headlamp; wear old, comfortable clothes and rubber-sole deck shoes; and bring a camera. Reservations required. Battleship Texas State Historic Site. 281/479-2431

20—LAKE JACKSON: John Pizzarelli in Concert Begins at 7:30 p.m. The Clarion at Brazosport College, 500 College Drive. clarion. brazosport.edu (no www) 979/230-3156 or 979/230-3658

20-21—GALVESTON: Torme Sings Torme This musical tribute to Mel Torme stars his son Steve March Torme. Performances are 8 p.m. Saturday and 3 p.m. Sunday. The Grand 1894 Opera House. www.thegrand.com 800/821-1894

20-21—PORT NECHES: Trade Days on the Avenue Port Neches Avenue. 409/722-4023

20, 23, 26, 28—HOUSTON: Gounod's Faust Houston Grand Opera. Wortham Theater Center. 713/228-6737 or 800/626-7372

22—HARLINGEN: Sixth Annual Bernie & Red Show Begins at 7 p.m. Tropic Winds RV Resort. 956/423-4020

22-23—HARLINGEN: United States Air Force Band of the West Begins at 7:30 p.m. Harlingen Municipal Auditorium, 1204 Fair Park Blvd. 956/216-5990

23—BROWNSVILLE: Founder's Day Brownsville Museum of Fine Art. www.brownsvillemfa.org 956/542-0941

23—SAN BENITO: Welcome Back Winter Texan Show Entertainment is provided by Hearts and Harmony. Hours are 7 to 9 p.m. Fun 'N Sun RV Resort. 956/399-5800

(Continued on page 16)

#### **Texas Events-** (Continued from page 15)

25—HARLINGEN: The Oak Ridge Boys Begins at 7:30 p.m. Harlingen Municipal Auditorium. 956/216-5990

25—NASSAU BAY: Open Mic Jazz Nite Arts Alliance Center at Clear Lake. www.taaccl.org 281/335-7777

25—PORT ISABEL: Oral History Program: Telling Our Stories Topics involve the history, natural history and culture of the Laguna Madre area. Begins at 7 p.m. Treasures of the Gulf Museum. www. portisabelmuseums.com 956/943-7602

25-26—GALVESTON: B.B. King in Concert Begins at 8 p.m. The Grand 1894 Opera House. www.thegrand.com 800/821-1894

25-27—HOUSTON: Elixir of Love Presented by Opera in the Heights. Lambert Hall. www.operaintheheights.org 713/861-5303

26—BROWNSVILLE: Richard Urbis, Pianist Jacob Brown Auditorium. www.utb.edu 956/882-8247

26—SAN BENITO: The Oak Ridge Boys Concert Fun 'N Sun RV Resort, 1400 Zillock Road. 956/399-5800

26-28—HARLINGEN: Once Upon A Mattress Presents a rollicking spin on a familiar classic, The Princess & the Pea. Harlingen Performing Arts Theatre. 956/412-7529

26-28—HARLINGEN: Antique Show Includes glass, furniture, porcelain, jewelry, oriental rugs and more from 10 a.m. to 6 p.m. Saturday and noon to 5 p.m. Sunday. Casa de Amistad. 956/428-2305

27—HARLINGEN: 10th Annual Music Fest Raises money to benefit The Rio Grande Children's Home. Harlingen Municipal Auditorium. 956/585-4847 ext. 225

27—SAN BENITO: Wild Game Feast Fund-raiser Includes music, silent and live auction, game and non-game food. Benefits The Ronald McDonald House. Ranch de las Retamas. 956/412-7200

27—SANTA FE: Pruning Day & Haak Winery's Fifth Annual Oyster Fry Haak Vineyards & Winery. www.haakwine.com 409/925-1401 27—VICTORIA: Victoria Symphony Master Series III Pop Stars with 1960s supergroup Herman's Hermits. Victoria College Auditorium. www.victoriasymphony.com 361/576-4500

27-28—GALVESTON: The Oak Ridge Boys in Concert Begins at 7:30 p.m. Saturday and 3 p.m. Sunday. The Grand 1894 Opera House. www.thegrand.com 800/821-1894

27, 30—HOUSTON: Rossini's La Cenerentola (Cinderella) Houston Grand Opera. Wortham Theater Center. 713/228-6737 or 800/6267372

27-Mar. 11—GALVESTON: A Way with Words & Book Works Features group exhibitions of works by Texas artists using words in their work and Texas artists using books in their work. Galveston Arts Center. www.galvestonartscenter.org 409/763-2403

28—BROWNSVILLE: Raul Capistran, Pianist www.utb.edu 956/882-8247

28—CLEAR LAKE AREA: Epicurean Evening Join in a "Taste of Space" at Space Center Houston and sample cuisine from dozens of area restaurants and clubs. 281/488-7676

29-CORPUS CHRISTI: Putting on the Hitz 361/980-1949

29—HARLINGEN: Opal & Ron Erickson Show Includes comedy and lots of music. Begins at 7 p.m. Tropic Winds RV Resort, 1501 N. Loop 499. 956/423-4020

29—PORT ARANSAS: Port Aransas Merchant's Dine Around Enjoy samples from restaurants and local shops. www.portaransas. org 800/452-6278

30—BROWNSVILLE: Ruth Keitz Richardson Art Gallery. blue.utb. edu/artgallery (no www) 956/882-7097

30—HARLINGEN: Puttin' on the Hitz Go stepping out with the dynamic cast of eight singers/dancers plus a quartet of the finest jazz musicians. Begins at 7:30 p.m. Harlingen Municipal Auditorium. 956/748-3020

30-Feb. 11—HOUSTON: Swing! Hobby Center for the Performing Arts. E-mail: tuts@tuts.com • www.tuts.com 713/558-TUTS

31—SAN BENITO: Bernie & Red Show Fun 'N Sun RV Resort. 956/399-5800

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Lakes on Eldridge

#### Eat less, live longer?

Baylor College of Medicine

HOUSTON—The fountain of youth may not be a fountain after all. Simply reducing caloric intake may help you lead a longer and healthier life.

Dr. William Wong, professor of pediatrics at Baylor College of Medicine's USDA Children's Nutrition Research Center in Houston, was awarded a \$2.2 million grant from the National Institute of Aging to help determine if a reduction of calories can increase longevity and decrease the risk of chronic disease. Previous animal studies suggest this is the case.

Wong's lab will serve as the central doubly labeled water lab to support the NIA's Comprehensive Assessment of Long-term Effects of Reducing Intake of Energy, or CALERIE, study.

Doubly labeled water is a non-invasive way to estimate energy expenditure under free-living conditions, said Wong also co-director of the Obesity Center at Texas Children's Hospital. Participants drink the labeled water and return to their daily routine. Researchers label the water with two non-radioactive naturally-occurring isotopes -deuterium, a heavier isotope of hydrogen, and oxygen-18, a heavier isotope of oxygen. The isotopes disappear at different rates over time because in addition to being eliminated from the body in the form of water, the oxygen-18 is also being eliminated from the body as it exchanges with carbon dioxide in the lungs. By then measuring the remaining levels of the isotopes in the urine, energy expenditure can be determined.

This method has been used safely in premature babies, newborns, children, adolescents, pregnant women and nursing mothers, said Wong.

The study will help determine the effects of a 25 percent caloric restriction on the physiology and chronic disease risk of normal weight adults. The study's findings will have important implications including dealing with the current obesity epidemic and the possible prevention of many age-related chronic diseases.

The phase 2 CALERIE clinical trial will study the effects of cutting calorie consumption by one-fourth. Wong's lab will use the doubly labeled water method to establish the participant's caloric need, which will then be decreased by 25 percent in participants assigned to the treatment group.

The study will follow two groups for two years with participants coming in periodically for follow-up doubly labeled water studies.

"The follow-up visits of doubly labeled water studies are used to monitor compliance and to monitor the level of caloric restriction achieved by the study participants," said Wong. "The visits will also provide an additional measure on potential changes in body composition during the treatment period."



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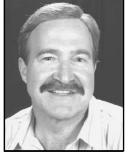
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