

Cypress Mill Homeowners Association Board Of Directors Meeting Minutes

DATE: LOCATION: February 21, 2007 Cypress Mill Meeting Room

BOARD ATTENDEES: Stephen Howard, President Larry Ramirez, Vice President Shirley Whitley, Director Bob Lilienthal, Treasurer Tina Bunn, Secretary Guests: Jason McNabb and Bob Hixon Amanda Jensen, Principal Management Group

CALL TO ORDER: With quorum duly established, President Howard called the meeting to order at 6:35 p.m.

GUEST: Pampered Lawns - Jason McNabb of Pampered Lawns was present to discuss expectations of the Board and clarification of landscaping contract specifications.

Director Howard noted the mulch installed looked poor. Mr. McNabb indicated he installed what was in the contract specifications which were a pine bark and that he never uses pine bark. He further noted that the contract only called for 70 yards and he installed 90 yards for no additional charge to try to make it look better. He recommended better mulch for the next install.

Discussion held regarding the flowerbeds and landscaped entrances. Mr. McNabb noted the jasmine was performing poorly and it is believed the soil is of poor quality; therefore, the flowers are not able to grow and spread as they should. The Board asked to provide a design layout with his recommendations to enhance the entrance areas with new or different plans to get them in better condition. It was noted the last install was approximately 250 flats (18 per flat, approximately 4,500 flowers). Mr. McNabb noted they are installed per average of about 6"-8" apart and when they bloom, they will fill in the beds and additional flowers should not be necessary; however he will include his proposal for fresh soil with the new design.

The Board noted a lot of ant beds and questioned elimination of them. Mr. McNabb clarified that ant beds populate quickly especially after rains and the contract is currently on the winter maintenance schedule which is only twice a month; therefore, ant beds are going to be present.

Director Lilienthal questioned if the mowing rotation could be extended to every eight days instead of the current every seven days. Mr. McNabb noted he did not believe he could accommodate that type of schedule as every eight days would move the day of the week back by one and that would cause scheduling conflicts as his other properties request a specific day each week. This would also pose a problem as they do not perform services on weekends, so that rotation would put more days in between mows. Mr. Lilienthal stated that the longer rotation would reduce the number of mows; thus reducing the mowing cost enabling those funds to be used elsewhere such as landscaping. Mr. McNabb proposed alternate options such as further reducing the winter frequency or areas such as Skinner, Cypress Rosehill and Cypress Chase. The Board requested options to consider and noted they were willing to reduce some of the mowing frequency for a year although it will not be as manicured in order to get the property back into shape and looking more appealing.

Discussion held regarding the irrigation inspections and repair process. Mr. McNabb was asked to provide a cost of what the monthly inspections are in the contract if the board were to consider eliminating the irrigation inspection from the landscape contract and contracting that separately. Mr. McNabb noted that there is not a specific cost for it. It is a complimentary service inclusive in the contract as the expectation for the repair work is there. He further indicated if another company were performing the irrigation repair and inspection, Pampered Lawns would not be responsible for the survival and appearance of the flowers or grass.

Guest: Bob Hixon; Cypress Mill Partners Ltd.

Mr. Hixon was present for discussion with the Board regarding his request for easement rights to install a sewer line for new construction on the commercial property behind the Estates on Highway 290.

Mr. Hixon was informed the Association's attorney will review the proposal and we will provide him a response within the next 30days. He indicated that would be sufficient as they intend to begin construction within 6-8 weeks if all goes according to plan.

As Mr. Hixon is with the Developer of Cypress Mill, he was questioned on the history and status of Cypress Mill Place Blvd. a.k.a. Cypress Chase. He indicated that upon inspection, the road sunk where the pipeline crossed it; therefore it failed county inspection. He indicated it is a public road and is owned by the county as they accepted maintenance on it.

MEETING MINUTES: Consideration was given to the January 24, 2007 Board of Directors Meeting Minutes. It was noted the board did not approve the CL Sports proposal to resurface the tennis courts and had tabled it for further consideration.

(Continued on page 4)

Resident Board Members

President
Stephen Howardusacc23@msn.com, 281-373-0030
Vice President
Larry Rameriz
Secretary
Tina Bunnshotgun@prodigy.net, 281-304-1113
Treasurer
Robert Lilenthal paulalili@sbcglobal.net, 281-256-6822
Director
Shirley Whitley swhitley 6675@sbcglobal.net, 281-256-2528

Cypress Mill Contacts

Block Captain Committee
Hortenzia Vegatenchis18@sbcglobal.net, 281-304-9422
Cypress Mill Ladies Association
Laura Graff
Newsletter Committee
CypressMillMessenger@yahoo.com
Swim Team Committee
www.cmmakosharks.org
Administrative Assistant
Carolyn

Emergency Numbers

Constable Ron Hickman (24 Hour Emergency) ... 281-376-3472

Other Important Numbers

ACC Changes/Questions - Principle Mgt Amanda Jensen
Cy-Fair High School
Cypress Lakes Golf Club
Cypress Mill M.U.D. #1/Aquasource Emergency 713-983-3602
24 Hour Emergency
DPS Sex Offenders website http://records.txdps.state.tx.us/
Entex Gas713-659-2111
Entex Gas-Emergency Gas Leaks
Cy Woods Middle School
CenterPoint Energy713-207-2222
Irrigation Leaks/Common Area Repairs - Principle Management
Newsletter Publisher
Peel, Incadvertising@PEELinc.com, 888-687-6444
Poison Control Center
Robison Elementary
Southwestern Bell
Spillane Middle School
Street Light Outages
Texas Environmental Waste
Time Warner Cable
Principle Management – Amanda Jensen

Cypress Mill HOA, Inc. Who To Call List
Aqua Services – Cypress Hill MUD#1713-983-3602
Detention Pond: mowing, standing water, repair, & maintenance
Park 5 Playground; repairs, irrigation leaks
Walking Paths: repairs, irrigation leaks
Individual water meters, leaks, repairs and maintenance
MUD Facilities Lift stations & Treatment Plants: mowing, repairs,
maintenance, leaks, and smells.
Principle Management – Cypress Mill HOA, Inc.
Customer Care
Amanday Jensen
Reserves/Parks/Common Areas: mowing, repairs, irrigation leaks
Deed Restrictions
Architectural Control Applications/Approvals
Recycling Program
Cypress Mill Administrative Assistant – Carolyn 281-213-3174
Administrative hours at the Rec Center:
Tuesdays, Fridays, and Saturdays, 10am to 2pm
Recreation Center Concerns
Activity Room Rentals
Yard of the Month
Fitness Center
Community Directory
Stork Report
Pipeline Company – Exxon Mobile
Mowing of Pipeline easement; Standing water; Smells or leaks
Street Lights – Center Point Energy
Damaged or Burned Out Street Lights
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CM HOA Board of Directors - (Continued from Cover page)

A MOTION WAS PASSED to approve the January 24, 2007 Meeting Minutes as written with amendment as noted above; (Motion – Lilienthal, 2nd – Whitley, Unanimous).

FINANCIAL REPORTS: Consideration was given to the January 2007 financial reports. Ms. Jensen explained overages in the patrol services and electricity expenses to be double months reflected in January. Ms. Jensen provided copies of the patrol service invoices. Director Lilienthal requested Director Ramirez to communicate with Corporal Blackledge regarding the hours as the association budgeted only 87 hours per month and they were currently exceeding this allotment.

OLD BUSINESS

Facility Access – Consideration was given to the plans for installation of an access system on the gates. The board agreed to make the conversion; however, it was not decided on which gates and cost.

A MOTION WAS PASSED to convert gates to controlled access system; however, full discussion was tabled; (Motion – Lilienthal, 2nd – Whitley, Unanimous).

Facility Repairs – The Board indicated the proposal from Mr. Dudek was accepted and he was to begin work this week. The board also approved a proposal from Lone Star pools to install No Diving symbols, patch the concrete hole between pool and wading pool, clean depth markers and symbols and replaster the wading pool for proposal of \$1,450.00.

Kiddie Cushion – Pampered Lawns submitted a proposal for \$4,125.00 to replenish the cushion in the playgrounds at Cypresswood and Cypress Mill Park. Ms. Jensen is awaiting another proposal.

Financial Audit – The board had previously accepted a proposal from CPA O'Neal & Holmes, LLP. The engagement letter was executed as final acceptance.

NEW BUSINESS

Facilities – Carolyn Hoffmann was present to provide items for Board review concerning the fitness center and activity room. A proposal from Hest Fitness Products was provided for a total of \$8,035.00 for a new Treadmill and Elliptical Trainer. The Board agreed additional equipment was needed; however requested an additional bid for consideration. replacement of torn gym bench at \$125.00 and replacement of torn weight bench for \$100.00. All items were approved.

Discussion held regarding revisions made to various rental and agreement forms. It was reiterated that drugs and alcohol nor smoking are permitted within any of the Association facilities.

Discussion held regarding the process to rent the activity room. The deposit is \$300.00 and the rental fee is \$30.00. Currently, the deposit check is held and returned after the rental if all is in good condition. Consideration given to depositing the check due to recent checks returned as insufficient for various reasons. A motion was made to deposit the checks; however, it did not pass and the deposit check will continue to be held for members of the association as Ms. Jensen explained that if the check is returned, it may be invoiced to the owners account for collection with fees. This prompted further discussion of rental properties. It was agreed that they have the same rights for usage of the facilities that the members do; however, as we are unable to invoice the account to collect a bad check, renters deposits will be cashed and held until rental agreement is complete. Motion was made by Howard, 2nd by Lilienthal; in favor – Bunn, Whitley; opposed – Ramirez.

Ms. Jensen will also contact the Fire Marshall to perform an inspection to ensure the room is in compliance and confirm capacity of the activity room and fitness room.

Ms. Jensen will obtain a sign displaying the rules to post in the fitness center.

Ms. Jensen will obtain bids to have the fitness centers carpet cleaned.

Ms. Hoffmann was commended on her performance since accepting the position as on-site personnel. It was noted that she did not possess a clear job description. Ms. Hoffmann will provide a list of duties she has performed or feels should be; the board will review this and proceed accordingly to prepare a written job description.

Application Fees – Discussion held regarding the \$25.00 application fee charged by Principal Management Group for the processing of the architectural control applications. Ms. Jensen explained why there was a fee and detailed PMG's process and involvement with the application process. The Board requested Ms. Jensen to negotiate the rate to \$10.00 per application due to the amount of applications anticipated.

Bids were presented for three 4x6 rubber mats at \$80.00 each,

(Continued on page 5)



CM HOA Board of Directors - (Continued from page 4)

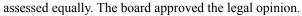
Pool Hours / Bids – Discussion held regarding the hours of operation for the pool facilities. Debate took place to change the hours from 11am to 9pm to 12noon to 8pm instead in an effort to reduce cost as head count during those lost hours is minimal. It was agreed that the hours for 2007 would be 12 noon to 8pm and the pool would open early May and close after Labor Day. Ms. Jensen will finalize specifications and solicit bids.

The board also requested consideration of an adult swim at the Mills Park Lane facility only from 7am to 12noon with no lifeguards (swim at own risk). During this time, the swimteam would also be present. Ms. Jensen will confirm with insurance requirements and state codes.

Annual Meeting & Election – It was noted Directors Howard and Bunn's terms are expiring thus election. Will confirm date in April, Ms. Jensen will mail notices to all owners.

Meeting – Ms. Jensen reiterated the management contract specified that meeting times were not to exceed two hours and/or past 9pm. It was noted, this has not been charged to date, but that from this point and those charges will be effective.

Assessment Discounts – Mr. Howard requested the board approve the expense for a legal opinion on providing a discount on the assessments to senior citizens and disabled veterans. Ms. Jensen indicated she did not believe this to be a possibility as the documents require mandatory membership in the association and that each lot is



Mosquito Fogging – Ms. Jensen presented the board with the renewal contract for Cypress Creek Pest Control for mosquito fogging. The board requested to review it next month so Mr. Howard could discuss with the MUD Board.

EXECUTIVE SESSION: Consideration was given to deed violations requiring legal action and a settlement request for a delinquent account to avoid foreclosure write-off. The board advised Ms. Jensen how to proceed.

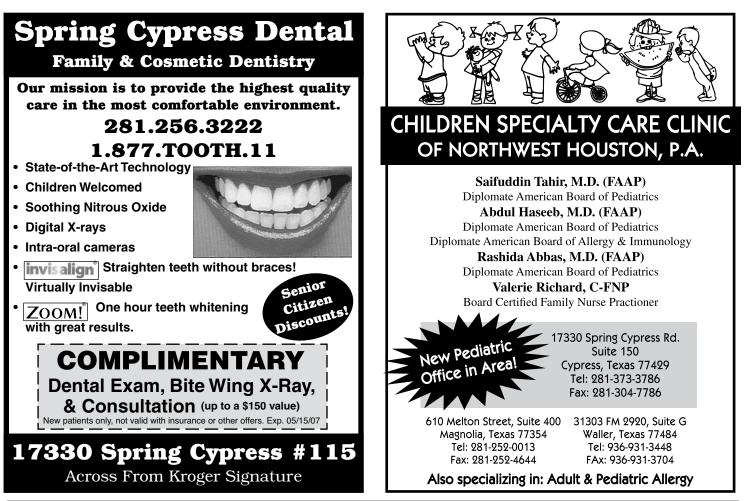
Adjournment

Due to late hour, any further discussion was tabled and the meeting adjourned at 10:20 p.m.

Prepared by: Amanda Jensen, CMCA, AMS Principal Management Group

Approved at the _____ Meeting of the Board of Directors.

Accepted: Tina Bunn, Secretary Cypress Mill H.O.A.



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Notes From the HOA Board CYPRESS MILL HOA ANNUAL MEETING SAT, APRIL 28

The Annual meeting will be held in the Rec Center activity room April 28 at 9:30 am - 10:30 am. Election of HOA Board members will be from 10:30 am - 3:30 pm. We need 10% of the homeowners with Dues Fully Paid to have a valid election. Please mark your calendars and plan to attend the meeting and then vote for new members.

You will be receiving your proxy ballots from Principal Management soon. If you cannot attend the meeting and/or vote, please leave your proxy ballots under the door at the Rec Center office or in the mail slot. Your vote is important.

Two positions are up for election on the board. Please let PMG or Carolyn Hoffman at the Rec Center know if you are interested in running and we can get you the information on what is involved in being a board member. Anyone who has paid their dues and owns a home in the Cypress Mill community can run. You also do not need to be on a ballot to run, just come to the meeting and you if want, you can be put on the ballot then.

Well, I am starting this off with the above, because it is as I see it the most important. Now with the rest of the information from your HOA Board.

- 1. As many of you can see by the time you get this in the newsletter we are trying upgrade the REC Center and Gym along with both pool areas. Power washing, replacing wood work and overall maintenance. We had closed the Basketball/Tennis Court for repairs, but the board, after much discussion has decided to open it up again, until we decide on how we procede, we have recieved bids, but are not satisfied with what we have seen. It will be closed again when a final decision is made. We will be getting some new equipment, a new tread mill and replacing the broken eliptical. We are also adding 2 new matts.
- 2. Well, I will go on my monthly chat about DUES, as of the 16th of March, there is still outstanding \$171,205.00 owed by members of the community. This is not fair to all the people who have paid there dues. I understand that times can be tough, but please, call PMG and make arrangements. Last month if the dues were not paid, the Credit Bueraus were notified. As of April 1st depending

on how much is owed, Liens will be put on the homes of those still outstanding. So please pay your dues.

- 3. I know in the previous notes from the board, I said that Road work would start in February, well even though the sign is up and says, work is starting on March 5 2007, apparently it will happen in the next 2 to 3 months. So be ready for the congestion that follows. Ahh Progress, don't you love it!
- 4. The Apartment Complex, I want to put this baby to bed for the time being. There will be no Apartment complex going up on Cypress Mill Park Blvd(Cypress Chase), the Developer withdrew from the potential project. So right now the issue is dead, but that does not mean something will change in the near future. Be prepared for some type of construction happening. Once again, Progess, what fun.
- 5. New Contruction on the corner of Cypress Mill Park Blvd and 290 feeder. There will be a set of 2 professional buildings going up on this corner in the next 3 months or so. The HOA is in negotiations with the builder to grant an easement for construction. We have tried too make it where it will cause the least amount of problems for those that live in the area affected(Cypress Estates Section). The offices will be medicial, day care and a small office for the Precint 4 constables. The board has been told that no resturants will be there.
- 6. Easter Party: The Party will be on April 7th from 10:00 am to 12:00 pm. We are trying to get the constables to come out and do fingerprinting and photograh the kids. We are also trying to get a popcorn machine and/or cotton candy machine. We are also seeing about getting the Train that was used for Christmas.

Finally, Any questions on these or any other issues, please never hesitate to e-mail or call any one of the Members of the Cypress Mill HOA Board.

Stephen B. Howard Cypress Mill HOA President



Cypress Mill Garden Club

- Are you interested in gardening?
- Do you want to learn more about plants?
- Do you care about beautification of our neighborhood?

If the answer is "yes" to any of these questions, be a part of the new garden club for Cypress Mill. This will be an informal get-together, once a month, of residents interested in keeping our neighborhood beautiful.

We need you and your ideas; perhaps you have been a garden club member at a previous address, have a specific interest in certain types of plants, want to share your knowledge or just plan to make your own yard more colorful.

Please contact Dena at 281-213-3363 / denaloughlin@sbcglobal.net or Twyla at 281-256-3960, for more information.



ANNUAL CRAWFISH BOIL -APRIL 29th

It is Spring, and we are ready to celebrate the beauty of it by spending an evening outside in fellowship and fun. Each year we have enjoyed Crawfish and Shrimp with some type of entertainment. This year will be no different. Come out with the whole family. They are sure to offer burgers and dogs for those less adverturous eaters as well. We will serve meals from 5-7 pm. Tickets are available in the church office and after some services before the event.



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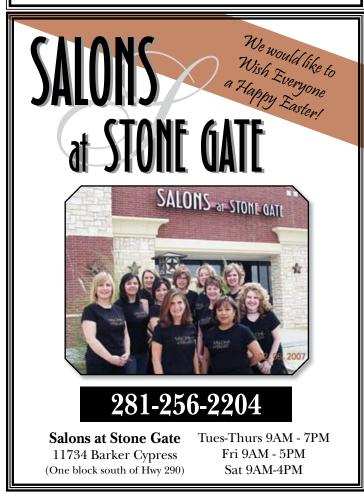


Varthement Rarris County . (upie . Hather's Chat

The Northwest Harris County Aggie Moms Club will be awarding their 2007 scholarships at their regular monthly meeting on April 10, 2007. Brian Hervey, Director of Development for Student Affairs, from The Texas A&M Foundation will be assist in presenting the scholarships to our well deserving AGGIES.

Please join the Northwest Harris County Texas A & M Mothers' Club, also known as AGGIE MOMS, on April 10, 2007 at The Houston Distributing Company located at 7100 High Life Drive Houston TX 77066 for this monthly meeting. Social time begins at 7:00 pm with the program and business meeting starting at 7:30 pm.

For more information about us please visit our web site www. nwhcaggiemoms.com or e-mail Robin Galvin - President, at rcq@qbpllc.com or Mishael Brown - Vice President of Membership at JLMBrown@aol.com or call her at (281) 376-0995.



Cypress Assistance Ministries

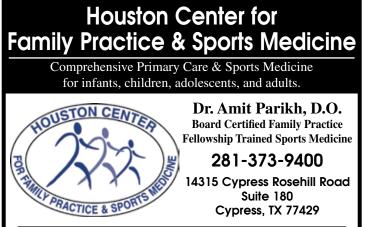
11202 Huffmeister 281-955-7684 www.cypressassistanceministries.com

Men with trucks are needed on Saturdays to pick up heavy furniture donations and return them to CAM. We have had to pass up good quality furniture because we are unable to manage pick-ups without volunteer help. If you can lift, (having a truck is a plus) and would like to donate a Saturday morning once a month, please e-mail Kelly at cam-kelly@sbcglobal.net

Due to the recent Peter Pan Peanut Butter recall, the CAM Food Pantry is in need of Peanut butter, and we ALWAYS need jelly!

Angels' Attic Resale Shop carries a wide variety of clothing, boutique and specialty items, housewares and new jewelry. Please stop by and pick up a current sale calendar. Proceeds from purchases at Angels' Attic benefit the ministry services and Food Pantry at CAM.

Donations to CAM assist in benefiting families in need and can be made Monday through Wednesday -10AM - 6PM and Thursday through Saturday -10AM - 3 PM. Furniture in good condition would be greatly appreciated.



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BOYS AND GIRLS COUNTRY SPRING FESTIVAL

Bring the entire family out for a fun-filled day at the Boys and Girls Country Spring Festival. Saturday, April 14, 10 a.m. to 5 p.m. 18806 Roberts Road, Hockley (between 290 and 2920). Admission is free, lunch tickets \$6, full day kid passes \$15. Moon walks, petting zoo, pony rides, games, rides, rock climbing wall, funnel cakes, barbeque, clowns, cotton candy, FUN, FUN, FUN! Proceeds from this event provide for the care of the children who live at Boys and Girls Country.





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BUTTERFLY FAMILY FESTIVAL

Messiah Lutheran Church is hosting a Butterfly Family Festival on Sunday, April 22, 12-3 PM. The event will include a barbecue lunch, a silent auction, a raffle, and games and activities for all ages. The days' events will benefit Chrysalis, A Grace Place for Children, featuring Christian preschool, after school, and summer camp programs. Bring the whole family to see the butterfly release, eat some great food, and have some fun! Messiah Lutheran Church is a grace place, a congregation of the Evangelical Lutheran Church in America (ELCA). Messiah is located at 11522

Telge Road, ¹/₂ mile north of Highway 290. Regular worship times are at 8 and 10:30 AM on Sundays. The Education Hour is 9:15-10:15 AM on Sundays. For more information, 281-890-3013 or www.messiahlc.org. All people are welcome at Messiah.





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CYPRESS MILL MARKET REPORT

Courtesy of "DAVID FLORY"

This market information report is provided to keep you informed of resale market activity in your subdivision.

	Sept 06	Oct 06	Nov 06	Dec 06	Jan 07	Feb 07
\$200,000 Above	0	1	0	0	1	0
\$180,000-199,999	1	2	1	0	1	0
\$150,000-179,999	5	2	1	2	2	2
\$120,000-149,999	3	5	0	2	5	7
\$100,000-119,999	0	0	1	0	1	0
\$100,000 Below	0	0	0	0	0	0
TOTAL	9	10	3	4	10	9
Highest \$/Sq Ft	71.86	75.90	72.32	73.87	80.67	73.13

This chart represents the homes that have sold and closed in the past 6 months according the Houston Multiple Listing Service.

Selling Agent In Cypress Mill _ 2001-2006

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*Ranked by the Houston Business Journal 3/2006

President of Prairie View A&M Speaks at the Cy-Fair Chamber Luncheon in February

Jennifer Ellis

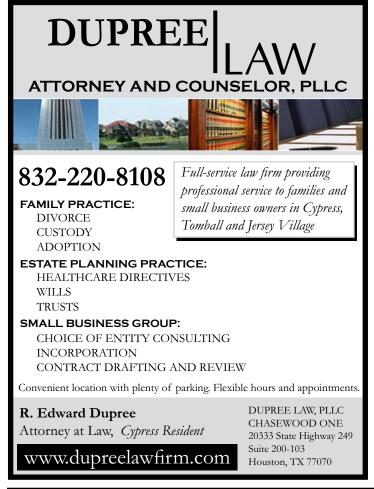
Prairie View A&M President Dr. George C. Wright said he realized he needed to do more to connect with the local community after the University of Houston started pursuing plans to open a satellite campus in northwest Harris County last year.

"It took this issue to bring me closer to community activities, and I realize I need to do more," Wright said to a group of Cy-Fair Houston Chamber of Commerce members at the chamber's February 20 monthly luncheon.

UH's proposal involved buying a piece of property at Texas 249 and Louetta Road and transforming it into a northwest campus with upper-level and graduate courses and degree programs. Prairie View A&M and Sam Houston State University officials expressed concern about the Northwest campus, mainly the accelerated pace of UH's proposal and the effect it could have on those two universities' main and satellite campuses. UH withdrew the proposal last October.

Wright said officials from both universities were meeting in March to talk about offering programs to students in the northwest area. Reaching out to students of all racial backgrounds in those communities who may not have access to higher education opportunities was a top priority for Prairie View A&M, he said.

UH Provost Donald Foss said there were many opportunities for



universities to partner and offer programs to northwest Harris County residents. Foss and several other UH officials attended the chamber luncheon to hear Wright speak on the value of education.

Since stepping in to Prairie View A&M's presidency more than three years ago, Wright said he has been working to reach out to undeserved students and to strengthen the university's core programs.

The value of education is priceless, Wright said, and his own personal story serves as an example.

"I truly believe I am one of the most fortunate people ever," Wright said.

Born in 1950, Wright was one of six children in a family living in a Lexington, Kentucky housing project. He was one of nine African-American students in his senior high school class. Ranked close to the bottom, he was not sure of his academic future.

In the wake of the tragic assassination of Dr. Martin Luther King, Jr., which happened just weeks before Wright graduated, the University of Kentucky offered scholarships in honor of King to African-American students.

Wright said he received a four-year undergraduate scholarship, and a two-year scholarship for a Master's program. He received Bachelor's

(Continued on page 13)

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President of Prairie View A&M - (Continued from page 12)

and Master's degrees in History. He was offered a fellowship at Duke University, which funded three years in a doctoral program.

"Education opened a wide world in to American society for me," Wright said.

Wright launched his teaching career at the University of Kentucky , and his administrative career at the University of Texas at Austin . He worked in administration at Duke University and the University of Texas at Arlington before taking over the helm at Prairie View A&M.

He said he started his presidency with two major goals: to enhance the quality of education at Prairie View A&M, and to plant the seeds of success so that future university leaders and students would benefit from years to come.

Wright said the university is nearing the end of a \$30 million capital fund-raising campaign, and will reach that goal.

"All of my life I have benefited from the good deeds of others – I need to plant the seed for others to benefit when I am long gone," Wright said.

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Cy-Fair Education Foundation Golf Tournament

The Cy-Fair Education Foundation is banking on another successful spring fundraiser to draw community dollars and support for Cypress-Fairbanks Independent School District student scholarships.

The 2007 B.F. Adam Classic, a 4-person Scramble Golf Tournament, will be held May 7 at Raveneaux Country Club, 9415 Cypresswood Drive.

"The tournament is the single-largest annual fund-raiser for the Cy-Fair Education Foundation," said David Carter, chairman of the 2007 B.F. Adam Classic committee. "The funds raised support a high percentage of student scholarships."

Carter said the committee is searching for sponsors for the tournament and surrounding events. CapitalOne and Towne Lake, a Caldwell Watson development, are generous underwriters.

Sponsorship opportunities include: Platinum (\$7,500), Gold (\$5,000), Silver (\$2,500) and Bronze (\$1,500); Patron (\$1,250); Team (\$800); Pin (\$300 – limited to 36); "Friends of the Foundation" (\$150); and other sponsorships that include inclusion of a logo on tournament giveaway items.

"I encourage everyone to donate as much as they can – the funds will benefit several students," said Bob Adam, son of the late B.F. Adam for whom the tournament is named. "It is a great day of fun, and the largest noncelebrity golf tournament."

B.F. (Bernard Fred) Adam was a lifelong Cy-Fair resident and a devoted school board member, serving 24 years on the board. B.F. Adam Elementary on Honey Grove Lane is named in his honor.

"I was blessed to have a dad like my father," Adam said. "He walked his talk."

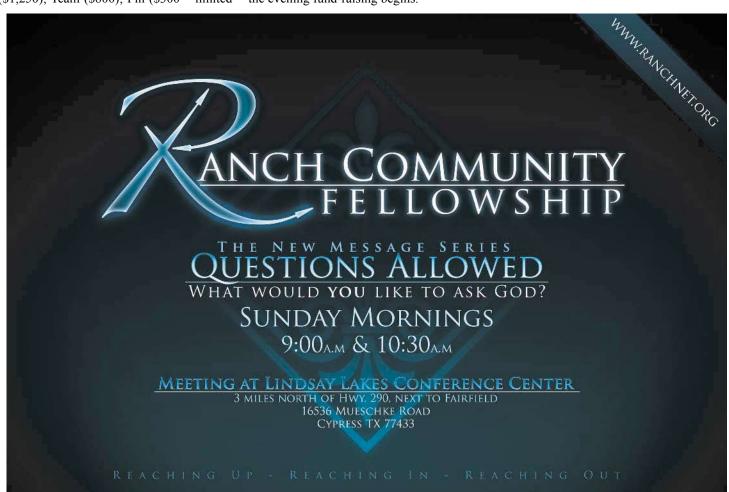
The tournament kicks off with registration at 9:30 a.m. During that time participants can also take part in a putting contest and fuel up at lunch donated and served by Willie's Grill and Icehouse. Golfing gets underway at 11:00 a.m. with a shotgun start. Starting at 5:00 p.m. is a steak dinner served by Carl's BBQ while the evening fund-raising begins. Silver Eagle Distributors and Coca-Cola Bottling Co. are donating beverages.

Participants can bid on a week-long stay at a beautiful Colorado home, a refurbished Coca-Cola machine, a one-year Time Warner subscription, artwork and jewelry during the live auction. Silent auction items appeal to the sportsperson in everyone with golf, fishing and hunting trips.

Raffle tickets, available for \$5 each, could net a BBQ pit smoker on a trailer or a wine basket that, said Carter, is more like a wine trunk.

If foul weather comes into play, the tournament will not be rescheduled. The C-Fair Education Foundation appreciates all donations to the scholarship program.

For more information about these sponsorship opportunities or tournament registration, call Cy-Fair Education Foundation executive director Marie Holmes at 832-381-2333, marie@thecfef.org or visit www.thecfef.org





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Thinking of Getting an Equity Loan?

Here are 12 Important Tips on the Smart Use of Your Equity

Before taking a home equity loan, look over these guidelines:

1. Make your mortgage payments a priority. It's your home that's on the line.

 Don't go with a high loan-to-value product. Lenders who let you borrow more than your house is worth may not be doing you a favor.
 If you like plastic too much, forgo using a credit card to access a line of credit and get checks instead. Paper is a little harder to let go of.

4. Don't tempt yourself by carrying your home equity credit card or checks with you all the time.

5. Keep some equity freed up for emergencies.

6. Maintain good credit. Banks monitor your payment habits and if they see a change for the worse, they could reduce or freeze your credit.

7. Read the fine print in your loan agreement.

8. If a lender is unfamiliar to you, check with government agencies to see if there have been any complaints.

9. Before you do anything, ask yourself whether you can afford more debt and, if so, how much.

10. Before you decide, make sure you have a safety net in case of job loss, disability, unemployment, savings, borrowing against a 401(k), stocks, insurance policy or a retirement plan at your disposal if the worst should happen.

11. If you are going to use the money to make a large purchase, make sure it's something that's going to outlast the life of the loan. Don't put your house on the line for a vacation or new clothes.

12. Don't use home equity loans for day-to-day expenses. Those should be paid entirely out of your current

Cy-Fair College, "Perspective"

Prom Attire Available to CFISD Teens in Need

The Cy-Fair College Branch Library and the Cy-Fair Independent School District are working together again on a Prom Dress Drive to benefit teens in need in the seven high schools in the district. Dresses will be available for teens in need to try on and take home at no charge from 1 p.m. -5 p.m. Saturdays April 14, April 21 and April 28 in the library, room 131 as well as by appointment. For information on the Prom Dress Drive, contact organizers Nancy Flanakin at meaford8510@ yahoo.com or teen librarian Elise Sheppard at 281-290-5248.

Fourth Annual International Education Conference Set April 20

The Fourth Annual International Education Conference, set 8 a.m. – 3 p.m. Friday, April 20 at the Barker Cypress campus, focuses on the theme of Global Change: Political, Philosophical, Physical, and is open to community members. The conference keynote speaker is Ann Jones, author of "Kabul in Winter: Life Without Peace in Afghanistan." The opening speaker is a Dr. Al Dirbiji, Fulbright Visiting Specialist, Yemen, who will speak on Arabic literature and the gender gap. The conference includes a variety of presentations on international topics, several exhibitors, a student poster contest, and a sampling of ethnic foods. A luncheon is included with the registration fee. For information, go to www.nhmccd.edu/goto/ips.

Great Decisions Discussion Topic April 17 is Climate Change

The Cy-Fair College spring panelist discussion series titled "Great Decisions" is open to the community and covers topics affecting our

lives, economy, politics and world. The spring series wraps up Tuesday, April 17 at 7 p.m. with "Climate Change." How much are human practices contributing to substantial and irreversible changes to the environment? What effect are changes to the climate having in different areas of the planet? What response can the international community adopt to lessen the impact of dramatic climate change? For information, call 281-290-3246 or 281-290-3919.

Third Annual Chili Family Fest and Cook-Off April 14

Cy-Fair College Emergency Services Education Center's "Chili Family Fest" is an annual fund-raising event that includes something for everyone in the family. Among the attractions are the chili cook off, children's activities, fire trucks, live entertainment, concessions, raffle and Life Flight helicopter as well as the Firefighter Combat Challenge which tests the cadets' skills in various competitions. All proceeds benefit the Cy-Fair College Emergency Services Scholarship Fund. For information, call Phyllis Hahn at 281-290-5900.

Check out the Student Talent on Display in the Bosque Gallery

The Cy-Fair College Spring Student Art Exhibition showcases the talent and skill of current art students as well as the breadth and sophistication of the art program. The exhibition is on display April 10 through May 3 with an artist reception at 4:30 p.m. April 12. Call 832-482-1038 for gallery hours and information or go to www.cyfaircollege. com/goto/bosquegallery.

Check out the Center for the Arts Events

(Continued on page 17)



CyFair College.-(Continued from Page 16)

For those who enjoy theatre, "The Laramie Project" is set for April 19 through April 29. For the musically inclined, the Spring Orchestra Concert is set April 30 with a Jazz Band performance set May 2. Then a choral production "Camelot" is set May 10-May 12. For tickets and information on these performances, call 281-290-5201 or go online to www.cy-faircollege.com/goto/cfcboxoffice.

Teacher Certification Information Session April 16

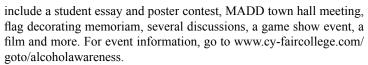
Thinking of making a career change? Enter the teaching profession through the Alternative Certification Program at Cy-Fair College. An information session on this program and the Associate of Arts in Teaching degree program will be held April 16. Call 281-290-3957 or go to www. cv-faircollege.com/goto/tcp for information.

Teen Driver's Education Class Starts April 16

Cy-Fair College now offers teen-agers age 15 to 17 the in-classroom part of driver's education in preparation for the Texas Department of Public Safety's exam for a learner's permit. Parents are responsible for the in-car instruction. Students will receive a certificate of completion after finishing 32 hours of in-class training. This course is available from 4 p.m. - 6 p.m. or 6 p.m. – 8 p.m. Monday through Thursday beginning April 16. Class sizes are limited and registration is under way. Call 281-290-5273 for information.

Alcohol Awareness Month of Events Set Throughout April

Alcohol Awareness Month will feature an information fair in the library April 2 through April 30. Activities throughout the month will



Library Hosts Free Tax Help and Dispute Resolution Services

Free tax help will be available through April 12 at the Cv-Fair College Branch Library, Room 131. AARP Tax-Aide volunteers will be on site noon to 4 p.m. Wednesdays and Thursdays to assist low-income families. Accounting students will also offer tax assistance from 3 p.m. - 5 p.m. Mondays. Free alternative dispute resolution services are also now available weekly at the library. Staff from the Dispute Resolution Center of Harris County is on hand from 3 p.m. to 7 p.m. each Thursday to discuss the conflict and set up appointments for mediation.





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Adults - All Times Youth - 11:00 AM Children - 9:30 & 11:00 AM



Round Up a Team for Relay For Life

(Houston, TX) - It's that time again – the American Cancer Society Relay For Life is happening in Cy-Fair on April 27-28, 2007. What is Relay For Life? It's your chance to become involved with the community in the fight against cancer. It's your chance to remember those who have passed by helping raise funds for cancer research. It's your chance to support the cancer survivors in your community. It's a way for you and your friends and family to make a difference in the lives of many people – all in one evening.

Since the mid-1980's, the American Cancer Society has held Relays throughout the country to bring communities together in the fight against cancer. From the time of its inception until now, over \$243 million has been raised to aid in cancer research as well as education, advocacy and patient service programs. People just like you get together and form teams of 8 to 15 or more to walk through the night and raise money and hope by the start of a new day. Survivors are invited to come and join in the festivities, which include the opening lap around the designated track walked by survivors, entertainment, fun and games, and remembrances of those who have fought a good battle against cancer while they were with us.

This year's Relay For Life of Cy-Fair will be held at Cy-Fair College, located at 9191 Barker Cypress Road (on the corner of West Road and Barker Cypress). Opening ceremonies begin at 7 p.m. and the Relay continues until 7 a.m. So get together, get a team, and get involved in this year's Relay For Life. For more information, or to sign up to walk or volunteer, please visit our web site at www.acsevents.org/cyfair or call (832) 200-2821. For more information about cancer please call 1-800-ACS-2345 or visit www.cancer.org.

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REMINDER

Replacement access cards for the recreation center are \$5, additional cards are \$10.







Cy-Fair ISD Volunteers In Public Schools (VIPS) VIPS Get Pinned

Sherrie Webb - Publicity

Volunteers in Cy-Fair ISD got "Pinned" at the most recent General Board meeting. Each year, the VIPS Executive Board designs a pin based on the theme for that year. The theme for the 2006-2007 school year is "Volunteers - Building for the Future". This theme was based on part on the growth and construction of new schools in our district.

The pin is given to volunteers from their home schools as a token of appreciation for the time they have given in support of students and staff. Each year, volunteers wait in anticipation to see what the new pin will look like. Volunteers collect and wear their pins from each year with pride and fond memories of their involvement in the district and how they have shared their gifts of time in our schools.

If you would like to be a part of the Cy-Fair ISD volunteer program, please contact the Partners in Education office for more information at 281-894-3950.



Trinity Vineyard Church

Who are we?

Simply put - We love Jesus. We are growing through study of the bible. We find life and purpose in relationships. We exist to pursue God in the company of friends.

What's Happening This Month?

We will continue our series on the book Philippians. Come join us as we explore and investigate this very relevant and influential book.

Visit our web page www.TrinityVineyard. cc to discover all the happenings in the life of Trinity Vineyard.

Vacation Bible School

Grab your sunglasses and beach towels and get ready for some splashing fun at our Take the Plunge VBS- Ages 4 through 5th grade. Space is limited! Contact the church office to register today.

When are our Gatherings?

Our Sunday morning service begins at 10:30 am. Children's programs are provided for those 6 months – 5th grade.

Mid-week small groups are another opportunity to join us. We study the bible together, pray for each other, and do life together. Email or call for more info.

Teenagers can join us on Sunday nights at 6 pm for The Gathering.

What is our Location?

We are located on Cypress North Houston between Huffmeister and Telge.

12022 Knigge Cemetery Road Cypress, TX 77433

What is our contact information?

Visit our web page at www.TrinityVineyard. cc. Our phone # is 281-897-8463. Our email is info@TrinityVineyard.cc **Disclaimer:** Cypress Mill Homeowners Association and the Newsletter Committee, assume no responsibility for the advertising content, warranties or representations made in such advertising of this newsletter. These are solely the responsibility of the advertiser.

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Little League Health Risks Anything But Minor

Baylor College of Medicine

HOUSTON - (Feb. 26, 2007) - Before letting young athletes play like the pros, know the risks – both physical and mental – of putting undeveloped muscles and bones to the test.

Dr. Joseph Chorley, assistant professor of pediatrics at Baylor College of Medicine in Houston, suggests parents wait for indicators of physical maturity before allowing their children to engage in intense, physically demanding activities and year-round sports. Indicators for boys include needing to shave and for girls, the beginning of menstruation, said Chorley, who is also a sports medicine specialist at Texas Children's Hospital.

"It is difficult to set an age at which kids should be allowed to throw a curveball (which puts undue stress on the shoulder and elbow) or play their sport of choice year-round," he said. "At 14, kids are at such different developmental stages than one another that the decision needs to be individualized."

Exposing a body too soon to intense physical strains can lead to serious injury. Chorley regularly sees adolescents and children with shin splints, stress fractures and knee pain from running cross country; ankle sprains and low back pain from soccer; shoulder strains and bursitis in swimmers; jumper's knee and shoulder pain from volleyball and little league elbow and shoulder pain from pitching in baseball.

As for playing sports year-round, children and adolescents should not only be developed and physically ready for the pressures but also emotionally prepared.

"Sports are a great way to enhance childhood, but they shouldn't take away from it," said Chorley. "Often parents lose perspective; only one in 10,000 high school varsity players will ever make money in pro-sports. We shouldn't have an all-or-nothing attitude of either belonging to the physically elite or being a couch potato."

Chorley says adolescents who are serious about year-round sports can do so if they can maintain appropriate weight and growth, perform without pain and injury and meet their unique nutrition needs. He does, however, caution against psychological burnout, which can take the form of flu-like symptoms and less enjoyment of the activity.

"Whatever a young athlete's choice of sport, whether contact is involved or not, it can be detrimental if the child is not physically, developmentally and emotionally ready," said Chorley. "Both parents and pediatricians need to be aware of the risks."



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Kristin Y. Le, O.D.



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Attention Teenagers

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AESTHETIC AND FAMILY DENTISTRY DR. A. SUNDRANI



Dental Tip of the Month.

Do your gums bleed?

By: Dr. Asim Sundrani

Hello Friends

Bleeding gums has become a pandemic in this country.

Why do gums bleed?

The main reason the gums bleed is due to plaque being left in the crevices of the gums. Plaque occurs when living bacteria feed off your gums due to food or debris being left there. These bacteria colonize and irritate the gums.

This plaque eventually becomes hard as a rock, which we call calculus. Once it becomes calculus, you won't be able to remove it. Only a dentist will be able to. This calculus can play a big part in the gums receding.

Some other reasons gums can bleed is due to brushing very hard with a toothbrush. Another reason can be due to people using toothpicks, which can severely damage the gums.

If you suffer from bleeding gums see your dentist immediately. They can prevent gum disease from ever taking place and, worse, spreading.

Bleeding gums has led to this dangerous bacteria getting in your body and causing heart diseases and complications in the fetus.

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Get Smart About Protecting Your Heart

(NAPSA)-More women are learning about heart disease-the No. 1 killer of women in the U.S.-and learning how to reduce their risk.

"When women realize that cardiovascular disease kills an estimated 461,000 women each year and that the average number of years lost to heart attack is 15, they sit up and take notice," said Dr. Annabelle Volgman, a cardiologist at Rush-Presbyterian Medical Center.

Volgman recommends signing the Love Your Heart Pledge as a great motivational step in reducing your risk.

The pledge was launched by Kellogg's Smart Start Healthy Heart cereal, which contains ingredients that may help lower both cholesterol and blood pressure. It is hoped that 1 million women will sign it and promise to do what's necessary to promote a healthy heart. The company will donate a dime (up to \$100,000) to the American Heart Association's Go Red For Women movement for every woman who goes online at www.smartstart.com and completes the pledge in 2007.

To lower the risk of heart disease, women should:



By taking a few simple steps, women can reduce their risk for heart disease and heart attack.

• Aim for a healthy weight. Too much fat, especially in your waist area, means you're at a higher risk for health problems, including heart disease. A high-risk waistline is 35 inches or more for women and 40 inches for men.

• Work at lowering your cholesterol. Too much cholesterol can clog arteries, causing heart disease and even heart attack. Daily aerobic activity and eating healthy may help lower your cholesterol.

Begin your day with a heart-healthy breakfast such as Smart Start Healthy Heart cereal, which contains oat bran and potassium and is low in sodium.

• Watch your blood pressure. If you take birth control pills, are pregnant or overweight, or if you have entered menopause, ask your doctor how often your blood pressure should be checked. Daily aerobic physical activity and eating healthy may help lower your blood pressure.

• Stop smoking. Smokers are two to four times more likely to develop coronary heart disease than nonsmokers.

• Forget fads when trying to lose weight. A sensible weight plan includes developingand maintaining-a healthy diet and an active lifestyle.

For more information about the pledge, visit www.smartstart.com.

For more information about heart disease and what women can do to reduce their risk, visit www. americanheart.org.

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Cobblestone Dr. Country Rose Courtly Estates Ln.

Creekmill Ct. Cross Stone Ct. Cypress Cottage Ct. Cypress Meade Ct. Cypress Meade Ln. Cypressmill Ct. Cypress Orchard Cypress Ridge Grove Cypress Stone Ln. Cypress Valley Ln. Delta Estates Ct. Emerald Cypress Ct. Emerald Cypress Ln. Emerald Moss Enola Dr. Floret Estates Ct. Floret Estates Ln. Grandbluff Ct. Green Cypress Ct. Grove Estates Ln. Harmony Estates Harnett Dr Harvest Chase Ct. Hazy Ridge Lane Heathcrest Ct. Hollow Branch Ct.

Huntmont (Park I) Huntmont Street (Plac Laurus Estates Ln.

Mallard Estates Ct Maple Mill & Bladenboro Maple Mill Dr Maranta Estates Meadow Estates Ln. Mesquite Estates Ln. Mills Park Lane

Millstone Estates Ln Mosshill Estates Ln

Moss Valley (Place)

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	Wooded Glen Ct.	Hortensia A. Vega	281-304-9422
281-256-8221		-	

Interested in getting involved with your community? New to the neighborhood and want to get to know people?

We have streets that need block captains. It's a great opportunity for you to meet your neighbors, hand out directories, and organize events for your street. Please contact Hortensia A. Vega if you would like to volunteer or if you have any questions about the responsibilities of a block captain, at 281-304-9422 or tenchis18@sbcglobal.net.

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26 Cypress Mill Messenger - April 2007

Crossword Puzzle

1	2	3	4			5	6	7	8
9	+				10			+	
11	-				12		_		
13				14			15	+	
			16	+	+	17		+	
18	19	20							
21	+			22	+		23	24	25
26	+		27			28		+	
29		+	+			30	-	+	
31	+		+			32		+	+

ACROSS

- 1. American Civil Liberties
- Union (abbr.)
- 5. Wary
- 9. Set down
- 10. Chili con ____
- 11. Middle East dweller
- 12. Piano-like instrument
- 13. Scattered
- 15. Creative work
- 16. Spanish soap opera
- 18. Uncharged nucleon
 21. Possessive pronoun
- 22. Public building
- 26. Defend
- 28. Recess
- 29. Inch forward
- 30. Plateau
- 31. Shallow area
- 32. Fresh

DOWN

- Alack's partner
 Oxcart
- 3. Cheater
- 4. Straight
- 5. Automobile
- 6. Wild sheep
- 7. Tree knot
- 8. Gossiper
- 10. Escort
- 14. Earths
- 17. Make camp
- 18. African nation
- 19. Musical composition
- 20. Use
- 23. Fencing sword
- 24. Soviet Union
- 25. Hamburger, for example
- 27. Ump

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Please provide the street light's six digit number located approximately 5 feet up the pole. Also the street name and address are helpful.

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The Cypress Mill Swim Team is excited about our 2007 season. Registration dates will be March 24 and April 14 from 9:00 AM to 1:00 PM. Register on March 24 and save money. See our web site (http://cmmakosharks.org/) for details.

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