

Volume 4, Issue 12 December 2007

DECEMBER 13 Maintenance Board Meeting 15 Pictures with Santa @ Clubhouse 1:00 – 3:00 PM 17 Senior's Meeting @ Clubhouse 6:00 PM (note different date) 21 CFISD Early Release Day 24 - 31CFISD Holiday/ WCMA office closed 25 Christmas Day New Year's Eve 31 JANIJARV

	O'II (C'IIII)
1	New Year's Day
1 - 6	CFISD Holiday/WCMA office closed
10	Maintenance Board Meeting
21	Martin Luther King Jr. Day/CFISD Holiday
28	Senior's Meeting @ Clubhouse 6:00 PM

FERRIJARY

	I EDITOTITE
14	Valentine's Day
	Maintenance Board Meeting
18	President's Day/CFISD Holiday
25	Senior's Meeting @ Clubhouse 6:00 PM

Heavy Trash will be picked up on every Thursday unless it's a holiday. Heavy Trash may be picked up on Mondays if not a holiday depending on truck capacity. Heavy Trash that is not picked up on Monday will need to be removed from the curb until Wednesday night.

Don't want to wait for the mail?
View the current issue of the
Winchester Country Newsletter
on the 1st day of the month at
www.PEELinc.com

Holiday Christmas Event

Join us
At the Winchester Country
Clubhouse
Saturday, December 15th
From 1 - 3 PM
For cookies, punch
And pictures with Santa.





DECEMBER OFFICE HOURS

Mondays 5:00 - 7:00PM Wednesdays 10:00AM - 2:00PM

*** The office will be closed on Thursday, December 20, 2007 through January 2, 2008 for the Christmas & New Years holiday.



WC Maintenance Association Board of Directors

President
Debbie Armel wcmapresident@winchestercountry.org
Vice-President
Bob Olivareswcmavp@winchestercountry.org
Secretary
Dan DellaSalawcmasecretary@winchestercountry.org
Treasurer
Karen Higginswcmatreasurer@winchestercountry.org
Director
Jeff Muellerwcmadirector2@winchestercountry.org

Committee Chairperson

Community Coordinate	or
Holly Calbat	. wcmawchcoordinator@winchestercountry.org,
	281-890-8856
	Fax 281-463-0050
Seniors Group Leader	
Lynn Field	ljfieldtx@att.net, 281-894-9532

Harris County Sheriff Numbers

Emergency or Crime in progress	911
WC Deputies	
Vacation Watch	281-290-2100

Important Phone Numbers

Post Office	1-800-275-8777
Harris County Flood Control District	
Bayou Maintenance	281-684-4000
Harris County Animal Control	281-999-3191
SCS Management scs-wcma@winchestercountry.org	, 281-463-1777
Fa:	x 281-463-0050
Advantage Water Mgmt. (Water & Sewer Problems)	
MUD 9,10 & 11	281-807-9500
Allied Waste (Mon & Heavy Thurs)	713-635-6666
Cy-Fair Volunteer Fire Department Business Office	281-550-6663
Center Point Energy	713-207-2222
Reliant Entex	713-659-2111
Pool Phone	281-890-9066

December Birthdays

Happy Birthday!

Charles Corrigan Barbara Dorr Gordon Austin, Jr. Nicole Zewe Carey Benham Natalie Mayon Ashlyn Zewe Hannah Benham Nathan Zewe Erick Uriel Lova Natalie Stepanski Mary Candia Trina Lavigne Alisha Brinsfield Ryan Lavigne Patricia Garcia Alexis Thompson Greg Caswell Judy Flanagan Adam Navarro June Humada

Natalie T. Uresti

December 2 December 3 December 4 December 4 December 5 December 5 December 7 December 8 December 8 Decemer 11 December 14 December 18 December 19 December 20 December 20 December 21 December 25 December 25 December 26 December 28 December 28

December 28

December Anniversaries

Happy Anniversary!

Joel and Hy Valdez

Joe & Cazandra MacDonald

Gerald & Nikki Cowart

December 18

December 19

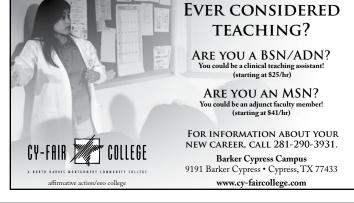
December 30

Curb Appeal Landscapes

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5th Annual FrostBike 50

January 27, 2008 Sunday 8:00AM Start

Start/Finish at Cy-Fair College 9191 Barker Cypress Rd., Cypress, Tx 77433



Registration:

\$25.00 If Postmarked by January 6, 2008 \$35.00 January 7, 2008 or later, including day of ride

On line registration at www.frostbike50.com

All pre-registered riders, if registered by January 20, 2008, are guaranteed a T-shirt. For more information email John Singletary at johnlsingletary@sbcglobal.net

JANUARY 2008

Newsletter Deadline is Friday, December 7, 2007. Submit Your articles and Photos to: Newsletter Editor

Email wcmawchcoordinator@winchestercountry.org Mail 9607 Rio Grande Houston, TX 77064

Maintenance Association Meeting

Fourth Tuesday of every quarter - 7 p.m.
Swim & Tennis Club; 9607 Rio Grande Drive
Questions or information regarding Deed Restriction violation
letters, your annual maintenance dues or Architectural Approval
of any type must be requested and obtained in writing from:
Winchester Country Maintenance Association,

c/o SCS Management Services
7170 Cherry Park Drive; Houston, TX 77095

Phone:281-463-1777 • Fax:281-463-0050 • www.scsmgmt.com



JAIME'S CUSTOM UPHOLSTERY & ANA'S DRAPES

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For drapes by appt. only,
please contact Sara 713-854-2421

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A Celebration of Christ's birth!

What you'll find at Cypress United Methodist Church



The Worship Arts Ministry at Cypress United Methodist Church is proud to announce our Advent calendar of events:

Praise Kids Christmas Musical

"Mission: Possible"

Saturday, December 8th at 7 pm

"Cross to Cradle" Concert

 with Christian music, drama and video focusing on the peace and simplicity of Christ's birth.
 Sunday, December 16th at 6 pm

Christmas Eve Services Monday, December 24th

Communion will be offered at all services except 5 pm Daylight Service with Candlelight, 4 pm "Joy to the World", 5 pm

- designed for families with younger children

Candlelight & Communion Services, 7 & 9 pm

— featuring our Festival Choir, Band and Orchestra

Candlelight & Communion Service, 11 pm

— serene service with our youth band and choir

"Children of the World" — International Children's Choir will join us during the Worship Services on Sunday, December 30 at 9:30 and 11 am

Cypress United Methodist Church 13403 Cypress N. Houston Rd. Cypress, Texas 77429 281-469-0730 www.cypress-umc.org

Winchester Country Seniors' Club

If you are 55 years old and older we are looking for you. Come find out what a fun group we are and join us the 4th Monday of every month at the Winchester Country Clubhouse. In the past our group has enjoyed potluck dinners, bingo, outings to the theatre, lunch outings and other fun events. For more information please call Lynn Field, (Group Leader) at 281-894-9532.

Our next meeting dates will be as follows:

Monday, December 17, 2007 at 6:00 pm (3rd Monday, Not 4th Monday)

Monday, January 28, 2008 at 6:00 pm Monday, February 25, 2008 at 6:00 pm

Thank you and we look forward to seeing you.

Winchester Country Identification Decals

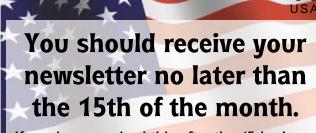
You can obtain identification decals of your vehicle one of two ways: you can email me at wchcoordinator@winchestercountry. org or mail to WCMA, 9607 Rio Grande, Houston, Texas 77064. You will need to include the following: your name, address, make, model, year and color of your vehicle and I will mail it out to you ASAP.

NO TRASH PICK UP

There will not be any trash pick up on the following date:

12-25-07





If you have received this after the 15th please call the Willow Place Post Office. 281-890-2392

Forced Mowing

In an effort to continue to make Winchester Country a great Neighborhood in which to live the WCMA board has adopted a more aggressive mowing policy. In the event a property is

sent a deed restriction violation letter to mow the property and the violation is not corrected a lawn service will be sent to the property and mowed at a cost to the

homeowner. If a violation letter is received and a resident needs additional time

or assistance please contact Pam of Debbie Kay at SCS Management at 281.463.1777

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ACC Application

Before making any improvements/repairs or additions to your home, please request a copy of the ACC Application from SCS Mgmt Services, or come to the office at the Clubhouse (see hours someone will be there) or go to website at www.winchestercountry.org and download the form.



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Tennis Court Cards

If you wish to obtain a tennis court card there is a \$10 deposit (unless you have the old tennis court key). You can either mail a check (made payable to WCMA) to WCMA, 9607 Rio Grande, Houston, Texas 77064 for \$10 with your name and address, or you can drop it off at the clubhouse. Outside the gates there is a slot; just put your envelope in there and a card will be sent to you.



Advertising Information

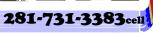
Please support the businesses that advertise in the Winchester Country Newsletter. Their advertising dollars make it possible for all residents to receive a newsletter each month at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the newsletter by advertising, please contact Peel, Inc. Sales Office at 888-687-6444; advertising@PEELinc.com for ad information and pricing The deadline for ads is the 10th of each month for the upcoming month's newsletter.

Bashans Painting & Home Repair

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Birthday - Anniversary - Youth Job Directory Update

Winchester Country Residents please note that we will be Youth Job Directory updating the Birthdays, Anniversaries and Youth Job directory. Name **Phone** Job **Birthdays** (list each family member) Name Month/Date Examples: (B) Babysitting (Y) Yardwork (PS) Pet Sitting (C) Carwashing Please email your information to the following wchcoordinator@ Anniversaries winchestercountry.org, drop off this information in mail slot located (list celebrants) at the clubhouse, or mail to the community coordinator at 9607 Rio Name Month/Date Grande Houston, TX 77064.

Cy-Fair Medical Partners is now in your neighborhood.

Staying healthy is now more convenient than ever.





Announcing the new Cy-Fair Medical Partners—a neighborhood family practice clinic designed to serve the health care needs of you and your family. All physicians are on the medical staff at Cypress Fairbanks Medical Center Hospital so you can count on the same quality service that we have delivered to the community for over 20 years.





Willowbridge Professional Square 10028 West Road, Suite 102



281.500.8900

CyFairMedicalPartners.com Hours: Monday – Friday 8:00 a.m. – 5:00 p.m.

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Winchester Country Dog Park Dog Park Rules

This Dog Park is an off leash Dog Park and is maintained by WCMA and is for the private use for residents of Winchester Country *only*.

- 1. Dog owners/parents are responsible for picking up and disposing of all of their dogs waste.
- 2. Dog Park hours are 5:00 a.m. to dusk.
- 3. All dogs must be leashed when entering and leaving the park.
- 4. All dogs must have current rabies and all vaccinations as required by the Harris County Public Health Department and should be healthy and free of contagious diseases and parasites.
- 5. Dogs must wear current license tags in the Dog Park.
- 6. Dog owners/parents must carry a copy of the dogs rabies vaccination certificate while in the Dog Park.
- 7. Never leave dogs unattended.
- 8. Dogs must be in view of and within voice control of their owner/parent at all times.
- 9. Dog owners/parents must carry a leash with them at all times while in the Dog Park.
- 10. Dogs in *HEAT* are **prohibited**.
- 11. Dogs showing any signs of aggression must be leashed and immediately removed from the park.
- 12. Dogs under 4 months of age are prohibited.
- 13. All dogs must be under the control of an adult.
- 14. No bicycles, skateboards, rollerblades or any motorized vehicles.

USE OF THIS DOG PARK IS AT YOUR OWN RISK!

DOG OWNERS/PARENTS ARE RESPONSIBLE FOR THE ACTIONS AND BEHAVIOR OF THEIR DOGS AT ALL TIMES.

In case of an emergency call 911.

To report animal abuse call Houston SPCA 713-869-7722 To report Dog Park abuse call SCS 281-463-1777



"Amahl and the Night Visitors"

Messiah Lutheran Church is presenting a production of "Amahl and the Night Visitors" on Saturday, December 1 at 6 PM and Sunday, December 2 at 3 PM. Tickets are free, but are required to be certain there is adequate seating at both shows. Call the church office, 281-890-3013, to reserve tickets.

"Amahl and the Night Visitors" is an operetta about a young crippled boy and his widowed mother who are visited by the three kings on their way to find the newborn Christ child. A miraculous healing occurs, and the kings invite Amahl to accompany them on their journey so he can give his crutch to the Christ child. This made-fortelevision opera (under an hour in length) will delight all. Suggested audience is ages 8 and up. Free child care for younger children is available. Refreshments will be served after each performance.

Messiah Lutheran Church is a grace place, a congregation of the Evangelical Lutheran Church in America (ELCA). Messiah is located at 11522 Telge Road, ½ mile north of Highway 290. Regular worship times are at 8 and 10:30 AM on Sundays. The Education Hour is 9:15-10:15 AM on Sundays. For more information, 281-890-3013 or www.messiahlc.org . All people are welcome at Messiah.

Parents Night Out

Do you need a night out? Wondering when you will have time to do any Christmas shopping without the children along? Messiah Lutheran Youth Organization is sponsoring a Parents Night Out on Saturday, December 15, 6-10 PM for children ages 3-10 (must be potty-trained). For \$20 a child (\$35 for 2) suggested donation, you can leave your children with trained high school baby-sitters in a safe, loving environment. Games, movies, and snacks will be offered. Call Messiah Lutheran, 281-890-3013 to reserve your spot. (Proceeds to help finance a youth service trip this summer.)







Fit **Fac**ts

The Truth About Steroids

Steroid abuse is still on the rise, and not just among professional athletes and bodybuilders.

Despite numerous educational efforts by health care officials, many amateur and high school athletes looking for that elusive competitive edge still believe they can get it from a syringe or a bottle of pills. What they don't realize is that steroids will give them a lot more than they bargained for.

Not worth the risk

Acne. Liver damage. Increased risk of heart disease. These are just a few of the side effects associated with anabolic steroid abuse. And there's more.

The side effects are severe. Men who use steroids also may develop gynecomastia (the development of breasts), priapism (painful prolonged erection) and edema from sodium and water retention. They also will be more prone to cardiovascular problems since steroids decrease high-density lipoprotein levels (HDL) or "good" cholesterol, and increase low-density lipoprotein levels (LDL) or "bad" cholesterol.

Coupled with hypertension and negative changes in myocardial tissue, steroids users are at an increased risk for heart attack as well.

Of additional concern are alterations in psyche and behavior (i.e., aggression, physical dependence) and decreased immune function. Changes in the reproductive system, such as a reduction in testicle size, sperm count and mobility, and a decrease in the levels of endogenous testosterone and other sex hormones are common.

Women at risk

Unlike men, whose side effects may be reversible once the abuse has stopped, women experience irreversible changes, such as a deepened voice, increased facial and body hair growth, enlarged clitoris and coarser skin. In addition, irregularities in, or cessation of menstrual cycle, increased libido, aggressiveness, acne and decreased immune function may occur.

Women are also prone to the cardiovascular risks and changes in psyche and behavior that men experience.



All risk, no glory

There is an even scarier risk of steroid abuse: death. Steroid users who share needles are putting themselves at risk for developing infections such as HIV, hepatitis or other viral diseases.

The terminal risks of steroid abuse are not fully known. Some published cases of tumors and other cancers related to steroid abuse have been reported. Even so, physicians and researchers do not know all the repercussions of steroid abuse on one's body and future health.

Controlled research is unethical and only information from abusers is usable; yet this data may be inaccurate since most users are not forthcoming about the full extent of their steroid use.

Since the late 1980s, the federal government has begun to crack down on steroid use and distribution. Possession of steroids with intent to distribute without a valid prescription is a felony and subject to prosecution. Likewise, steroid use is a violation of the rules of virtually all sports leagues and councils as well as the traditional ethics of good sportsmanship.

No substitute for training

What most steroid users don't realize is that they are placing themselves at risk for something they could achieve on their own. Many experts agree that the effects of steroids on strength and muscle mass of beginning weight lifters or athletes are minimal when compared with the effects of an intensive weight-training or conditioning program.

The best way to improve performance and increase muscle mass is to follow a well-designed program that challenges both your body and your mind. No drug can do that for you.



You Are Invited...

To *Our Open House* at The Health Club for Women.

Make time for *yourself* during this busy holiday season. Try out our equipment and group classes at **NO CHARGE!**

Free for the Entire Week

Monday, December 17 through Saturday, December 22.



WINCHESTER COUNTRY MARKET REPORT

Courtesy of "SUPER DAVE"

This market information report is provided to keep you informed of resale market activity in your subdivision.

	May 07	Jun 07	Jul 07	Aug 07	Sep 07	Oct 07
\$150,000 +	1	2	1	1	0	0
\$140,000 - 149,999	1	1	0	2	0	1
\$130,000 - 139,999	3	2	6	1	1	1
\$120,000 - 129,999	1	0	0	2	4	1
\$110,000 - 119,999	2	2	1	4	0	2
\$110,000 -	2	1	3	0	0	2
TOTAL	10	8	11	10	5	7
Highest \$/Sq Ft	76.82	85.53	100.02	86.30	88.28	89.32

This chart represents the homes that have sold and closed in the past 6 months according the Houston Multiple Listing Service.

Recent Sales by "SUPER DAVE" in Winchester Country

- 10151 Storm Meadow
- 9922 Arrowgrass
- 10127 Storm Meadow
- 9711 Territory
- 9918 Cabin Creek
- 10106 Cedaredge
- 10126 Storm Meadow
- 10307 Prospect Hill
- 9703 Cabin Creek
- 9818 Territory
- 10315 Ash Fork
- 9527 Round Up
- 10122 Storm Meadow
- 10402 Tablerock
- 10055 Sand Pass

David "Super Dave" Flory



- #1 Selling Agent in Winchester 1991-2006!*
- #3 Selling Realtor in Houston!**
- Over 615 Homes SOLD in 2006
- Over 96% of David's Listings Result in a Sale

The HIGHEST PRICE PER SQ.FT. House Sold in Winchester Country: \$100.02



281-477-0345

*According to information taken from the Houston Board of Realtors MLS computer

**Ranked by the Houston Business Journal 3/2007

203 W. Main Street, Suite D
Pflugerville, Texas 78660

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