



LAKES

ON ELDRIDGE

Volume 7, Issue 3
March 2008

Official Newsletter
www.lakesoneldridge.net

Lakes On Eldridge Dolphins Swim Team On-line Registration

The Lakes on Eldridge Swim Team (LOEST or Team) is recruiting for talented, enthusiastic, courageous swimmers looking to have great fun this summer. LOEST is a recreational swim team operated for Lakes on Eldridge (LOE) and surrounding neighborhoods. LOEST is voluntary and non-profit. The Team encourages a competitive swim team environment as well as provides the opportunity for growth, training, enjoyment, good sportsmanship and participation of all active Team members.

The LOEST Board has been working very hard to start off the season with a BLAST! There are many upcoming events, most importantly the registration process.

We are pleased to announce that the 2008 registration process will be online March 1 thru March 16; thus, you will be able to register from the comfort of your home, work, favorite Starbucks, etc... How do you register on-line??? Please visit our website at www.loedolphins.org there will be a link to direct you to the on-line registration. The Registration link will be available from March 1 thru March 16, so you must visit our website www.loedolphins.org during that time. Need assistance to register on-line?? Board Members will be available to help with registration and answer questions at the LOE Beach Club on March 30th and April 2nd from 6 pm to 7 pm.

Please mark your calendars for upcoming events (Times – TBA)

- April 20 -Parents Meeting at LOE Beach Club
- April 21-25 -Swim Clinic
- April 26 -Parents Meet and Greet Party
- April 28 - Swim Practice Starts
- May 3 -Time Trials with Concord Bridge at LOE Pool
- May 5 -Pictures

The LOEST will be competing in NWAL division W2, which has the following meet schedule:

- Saturday, May 17** - Non-Div Home vs Copperfield
- Saturday, May 24** - Away vs Concord Bridge
- Saturday, May 31** - Home vs Fairfield
- Saturday, June 7** - Away vs Deerfield Village
- Saturday, June 14** - Home vs Jersey Village
- Saturday, June 21** - Divisional at the Tomball Natatorium
- Saturday & Sunday, June 28-29** Invationals (Red, White & Blue/ Ponderosa at TBA)

We have an open Board Position – Member At Large/Computers. If you are interested or would like to get more information on the Board Position, please contact Teamrep@loedolphins.org. Should you have any questions or further inquiries regarding the upcoming 2008 Swim Team Season, please feel free to send an email to Teamrep@loedolphins.org.

LANDSCAPING UPDATE

Recently LIOT, our landscape contractor, was re-purchased by a previous owner. They have committed to us to improve the quality of their service. In late February and early March, broad applications of weed killer and ant control will be applied. The weed killer will cause the rye grass to die off. This is necessary to prevent an outbreak of weeds throughout the summer. Also once the ant control/prevention is applied, current ants will seek areas without protection. It is therefore **highly recommended that you apply ant/pest control on your personal lawn** in early March. These steps will be important for all of us to enjoy our beautiful community.

Additionally we are evaluating overly wet or dry areas in our community. We are also seeking a couple of people to serve as additional “eyes” regarding landscaping. Very little time will be required, just a willingness to make sure our needs are identified and addressed. If you would be interested, please contact Carlon Thorpe at 713-466-0484.



**Happy
St. Patrick's
Day!**

Lakes on Eldridge

IMPORTANT NUMBERS

AMI.....	713-932-1122
Gate Attendant	713-937-8825
Waterfowl, Betty Burkett.....	713-302-9929
Sheriff - (non-emergency).....	713-221-6000
Cy-Fair Fire Department - (emergency)	281-466-6161
(non-emergency)	281-550-6663
Poison Control	1-800-764-7661
Texas DPS.....	713-681-1761
Waste Management.....	713-695-4055
(trash collection Mondays & Thursdays)	
Aqua Source.....	713-983-3602
(Service or emergencies 24hrs).....	713-983-3604
Harris County Tax Office.....	713-224-1919
Reliant Energy.....	713-207-7777
(give pole # of street which is out)	
Entex (gas).....	713-659-2111
Time Warner Cable	713-462-9000
Houston Chronicle	713-220-7211
Metro Transit Info.....	713-635-4000
Kirk Elementary.....	713-849-8250
Truitt Middle School.....	281-856-1100
Cy-Falls High School.....	281-856-1000
Cy-Ridge High School.....	281-807-8000
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LOE Board Of Directors

To contact a member of the Board of Directors, call Alex Taylor with AMI at 713-932-1122. Leave the number where you can be reached. Mr. Taylor will then forward your message to one of the following board members:

Bronson Clay	President
Deborah Dunaway	Vice-President
Carlton Thorpe	Secretary
Cory Hammond.....	Treasurer
Clive Gardner.....	At Large

Visit the Association Website:
www.lakesoneldridge.net

Airport Noise

LOE is now in the flight pattern for both Intercontinental and Hobby Airports, which means air traffic has significantly increased. If you are concerned over the noise make a call to one or all of the numbers below. It is the number of calls and the people taking time to make them that make the most effective appeal for change for this situation.

- Houston Airport Noise Complaints
<http://www.fly2houston.com/ReportAircraftNoise>
- Air Traffic Approach Number: 281 230-8441
- FAA Hotline: 1-800-255-1111

For Information Only.

MARK YOUR CALENDARS

Lakes On Eldridge Dolphins Swim Team Registration Is Coming Soon

PLEASE NOTE: *There was an error in the February newsletter. Registration begins MARCH 1st (not June 1st).*

The LOE Dolphins Swim Team is gearing up for another exciting swim season and it's time to get ready! NEW REGISTRATION – The LOE Swim Team will have online registration. Beginning March 1, please visit our website www.loedolphins.org for more information on registration.

For new swimmers, no previous swim team experience is necessary. Swimmers from age 4 to 18 are welcome to join -- the only requirement is that the swimmer can swim from one end of the pool to the other (25 yards) without assistance (brief stops at the wall or on the lane ropes along the way are OK).

Kyle Horne will continue to be our Head Coach. Kyle has an impressive resume including coaching both summer league teams and all-star teams. He is currently the Head Coach for Cy-Ridge High School swim team.

Reserve the dates below for the 2008 Season Swim Meets:

May 17	- Non-Div - Home vs. Copperfield
May 24	- Away vs. Concord Bridge
June 31	- Home vs. Fairfield
June 7	- Away vs. Deerfield Village
June 14	- Home vs. Jersey Village
June 21	- Divisional - Tomball Natatorium
June 28-29	- Invitational - Red White and Blue Ponderosa location TBA

The 2008 LOE Swim Team Board Members are:

Team Rep / President.....	Rosa Clay
Team Rep Elect / Volunteers	Kindra Rokhsaz
Vice President/ Sponsorship.....	Todd Thoman
Secretary / Hospitality	Lori Beck
Treasurer.....	Joe Gebara
Member At Large / Registration....	Karen Sims
Member At Large / Computers.....	* Currently Open
– applicants email us at rosaclay@sbcglobal.net	

SUGGESTION BOX

Have you ever wanted to make a suggestion to the LOE Board of Directors but don't know how to go about it? Well, they have now made it very easy and convenient for you. The Board has placed a SUGGESTION BOX in the Member Section of the LOE website, www.lakesoneldridge.com. Please type in any suggestions for the Board to review and discuss. This Suggestion Box goes directly to the Board members and after such discussion; one of the members will be in contact with you. Please note that you may be called upon to be a part of the solution to the suggestion you make.

SPRING IS AROUND THE CORNER!

Here are some garden tips to help you get the most enjoyment out of your outdoor living space!

- Prepare beds for planting flowers.
- When purchasing perennials, try to buy them while not in bloom.
- Fertilize newly planted perennials with a slow-release product in spring or fall.
- Newly planted perennials should receive one inch of water a week during the growth season, either from rain or through irrigation.
- Mulch garden beds 2 to 3 inches deep with an organic mulch.
- Mulch around trees to reduce mower injury and conserve moisture, but be sure to keep mulch pulled back from the base of the tree.
- Newly planted trees and shrubs will need a total of one inch of water a week during the growing season. During periods of drought, water trees deeply every 10 days.

Keep in mind Spring is one of the most active times in Real Estate! Let me know if you are contemplating a move.

Ann Knoche


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Lakes on Eldridge

SWANS CAN BE DANGEROUS



This time of the year, Mother Nature provides our LOE swans with some common sense. It is mating, nesting, and egg-laying season and they feel the need to protect their territory against predators including humans, dogs, and waterfowl. Most of the swans in our neighborhood are not old enough to mate but some will go through the motions of even building a nest. The pairs of swans that are old enough to produce young (cygnets) are normally gentle and can be hand fed while posing no threat. However, our cobs (males) will become aggressive and territorial in trying to protect his pen (female) and nest. This is usually temporary until mating season is over. If you are walking past a lake and a swan swims to your side and follows you, BEWARE! If you see a swan with his neck back and feathers up such as the one in the picture, please stay away, do not attempt to feed him, and walk on the other side of the street as he is in his ATTACK position. Please warn your nannies and sitters not to stroll babies around the swans. We must try to remember that the swans are merely protecting their territory and readying the area for their young. We need to be as cautious of them as they are of us. Thank you for your cooperation.

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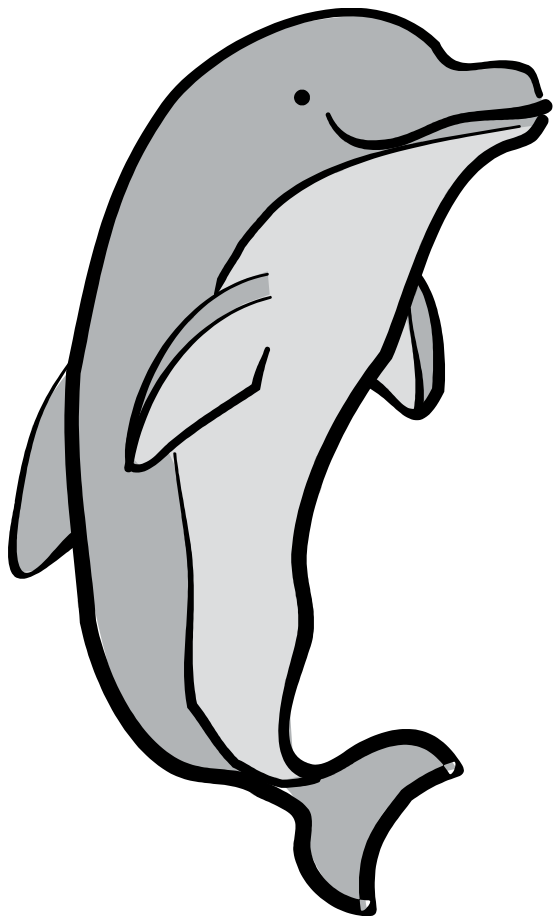
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Evening 6:30 p.m. - 8:00 p.m.

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LAKES ON ELDRIDGE DOLPHINS SWIM TEAM

*It's that time of year again
to gear up for the 2008
Lakes on Eldridge Dolphins.*

As a strong supporter for the past
several years, it's a truly a great way to
get involved in the community either through
your children or as a volunteer/supporter.

KAY HORSCH

Lakes on Eldridge Resident & Realtor

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PLEASE UPDATE YOUR Resident Information For Gate Attendant FORM

Do you remember the last time you filled out the Resident Information for Gate Attendant Form? Many times we change our telephone numbers, residential service contractors and/or household help but forget to change this information with the gate attendant. In order for the gate attendants to do the job we are expecting of them, they need up to date information on the individuals and contractors that you wish to be admitted to the neighborhood.

Please take a minute to update your Resident Information for Gate Attendant Form, which is printed in this issue for your convenience. Please print clearly and deliver it to the gate attendant on your way out of the subdivision.

Don't want to wait for the mail?

**View the current issue of the Lakes on Eldridge
Community Newsletter on the 1st day of each
month at www.PEELinc.com**

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Lakes on Eldridge

Resident Information For Gate Attendant

(Please Print)

DATE: _____

ADDRESS: _____

NAME: _____

SPOUSE: _____

CHILDREN: _____

PHONE NUMBER: H: _____ W: _____

C: _____

MAINTENANCE SERVICES:

LAWN MAINTENANCE:(company) _____

WEEKLY _____ MONTHLY _____

POOL MAINTENANCE:(company) _____

WEEKLY _____ MONTHLY _____

MAID SERVICE:(company) _____

WEEKLY _____ MONTHLY _____

PEST CONTROL:(company) _____

WEEKLY _____ MONTHLY _____

OTHER REGULAR MAINTENANCE SERVICES:

Please give to the gate attendant.



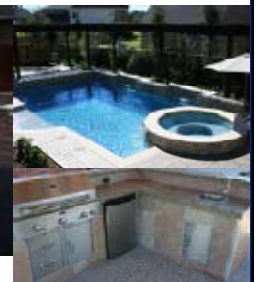
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Dear Abby:

My daughter-in-law, "Daisy," is a reckless driver who lives in a large metropolitan area surrounded by expressways. She tailgates, weaves in and out of traffic and passes cars at high speeds, often using her cell phone while driving.

Daisy has had several tickets. Despite this and pleas from my son and others to slow down, nothing has changed. I find this odd, because Daisy is otherwise a responsible person. She justifies her speed as necessary in order to keep up with the demands of her schedule.

She would be grief-stricken if she had an accident that involved anyone, especially her infant daughter who is often in the car. Will the only wake-up call come in the form of a serious accident?

DISTRESSED PAPA in Maine

Dear Distressed Papa:

Probably — that or a near miss. However, I view your daughter-in-law in a different light than you appear to. A mother who drives aggressively with a child in the car and talking on her cell phone does not strike me as Mother of the Year. Studies have shown that drivers on cell phones are as impaired as those who have been drinking. She's being childish, selfish, foolish and irresponsible and should be ashamed of herself.

As seen in DEAR ABBY by Abigail Van Buren a.k.a. Jeanne Phillips and founded by her mother Pauline Phillips. (c) Universal Press Syndicate. Reprinted by permission. All rights reserved.

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Lakes on Eldridge

LET'S HAVE SOME FUN! Social Committee Announces Monthly Brown Bag Lunch Meetings

The Social Committee will hold a monthly brown bag lunch meeting on the first Wednesday of each month at 12 pm. We are extending an invitation to all interested residents to join us for our first meeting on Wednesday, April 2nd in the clubhouse.

The purpose of the monthly meetings is to discuss the status and planning needs of upcoming social events. Just bring your lunch, drink of your choice and meet some of your fun loving neighbors.

The Social Committee would like to continue the popular neighborhood traditions of the Santa visit, the Easter Egg Hunt and the 4th of July Parade and Cookout. Additionally, the committee is planning some new adult events (Quiz Night & Oktoberfest) and possibly an event for teenagers. Here at LOE, we have a wide range of interesting and accomplished residents, and this is an opportunity to get together in a relaxed and casual setting.

Of course, volunteers are needed to help organize and run each of the events. Residents are encouraged to watch the monthly newsletters for details about how to help make these events fun and successful.

Please come join us for lunch!

Business Classifieds

NOW HIRING: Lifeguards – Managers - Swim Instructors - Lifeguard Instructors. Benefits: excellent wages, flexible schedules, work close to home, work with friends. Apply online, www.bealifeguard.com. 713-771-POOL (7665).

Welcome To Our Newest Neighbors!

We have 2 new families who have moved into Lakes on Eldridge in the last month. If you have not already, please welcomed our newest neighbors – go over and knock on their door to say “Hi” or extend your hand when you see them outside. Everyone likes to feel welcome.

Indigo Falls welcomes **Denielle and Andrew Pooley**.

Eagle Bend welcomes **Nathan and Megan Osborn**.

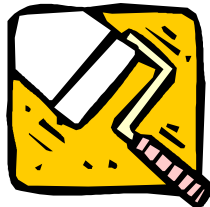
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Lakes on Eldridge

MINUTES FROM THE JANUARY BOARD MEETING

The Board of Directors of Lakes on Eldridge Community Association met on Tuesday, January 24, 2008. The following is a summary of what was discussed.

HOMEOWNER/GUEST FORUM

Lee Mueller reported on the M.U.D. board meeting held January 14, 2008 including:

- 41.4% of 2008 taxes had been collected as of December 31, 2007.
- A survey of all fire hydrants is being conducted.
- The back slope drainage project in Lakes on Eldridge will begin soon.
- The M.U.D. is awaiting state approval to commence work on converting to surface water from groundwater.
- The new tax rate was approved at 45 cents per \$100 valuation.
- Amendment of the detention pond agreement awaited a meeting with Lakes on Eldridge representatives.
- Annual elections were to be held in May 2008 and two positions were expiring.

The managing agent submitted an owner's request to remove five or six pine trees from the common area because pine needles from the trees were landing in his yard and pool. The Board denied the request on the basis that the owner knew the trees were there before purchasing his home and because the community has a policy of protecting and maintaining common area trees. The managing agent was to so notify the owner.

FINANCIAL REPORT

Financial Statements: The Board reviewed the financial statements for the year ended December 31, 2007. The Association had cash balances of \$223,891 in the Operating Fund and \$216,717 in the Replacement Fund. Operating income for the year ended December 31, 2007 was \$922,128, Operating Expenses were \$885,585 and the Surplus was \$36,543. The Association operated \$33,783 ahead of budget for the year.

During December 2007 \$180,495 was received toward the 2008 assessment.

Collections: The Board reviewed current delinquent accounts and the legal status report from the community's legal counsel. \$5,346 was collected during December 2007.

2006 Audit: The Board reviewed the 2006 draft audit report from the auditors and was to notify the managing agent of its approval via email.

COMMITTEE REPORTS

Access Control: The managing agent reported that the new vehicle decals were being actively distributed. The managing agent was to arrange to have reflective tape placed on the gates to enhance nighttime visibility, to have the controller covers painted a light color to reduce heat build-up and to arrange a meeting with Meyer-Smith and members of the Access Control Committee on-site to review the gate systems.

Following recent problems with the Ginger Ponds gate the board agreed that in the event repairs could not be made during a single service visit that the gates were to be locked open to avoid traffic problems.

Parks & Pool: It was reported that Beach Club decorations were purchased and installed. Lots of greenery, table decorations, two palm trees, and decorated pots were added. He also reported as follows:

- Beach Club Park: One bench has a broken 1x4 slat that needs replacing. Also the slide has two sections that have split due to exposure to the elements. Recommend replacing the plastic pieces and all hardware on the slide. Again pressure washing and paint is needed for the remaining pieces.
- Beach Club Pool: Broken water fountain needs repair or replacement. Please quote options for both. Bathrooms also need cleaning. Also it is now time to get pricing for the extra pool furniture that was not ordered in 2007. Lastly, the LOE Swim Team has requested we add a "shade structure" to the end of the pool by the baby pool. This will be a convenience to residents and the swim team for the timers and swimmers. As with the pool furniture, this is a carry over of a 2007 request.
- Auburn Shores Park (on greenbelt): The Gazebo is in dire need for pressure washing and fresh paint. The wood and columns have lots of mold.
- Gazebo on Lake at Lake Center Run & Summer Falls: The Gazebo is in dire need for pressure washing and fresh paint. The wood and columns have lots of mold.

Lakes & Wildlife: It was reported that the committee received another email from a resident regarding the rye grass over seeding of

(Continued on page 12)



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Lakes on Eldridge

STRING PLAYERS NEEDED

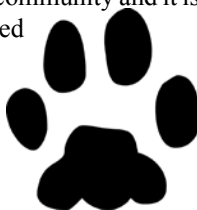
LOE resident, who plays violin and viola, is looking for other string players to play quartet music, on a recreational level. Email: echavlik@earthlink.net or call Ellen at (281) 741-1781.

PLEASE LET US KNOW!

If you know of a LOE resident who has had any outstanding awards, milestones or accomplishments, please contact Deborah Dunaway at 713-983-9651 or dsd1951@mac.com so they may be recognized in the newsletter.

PLEASE SCOOP YOUR DOG'S POOP!

There are a few dog owners in our neighborhood that do not pick up after their dogs. PLEASE!! We have a beautiful community and it is such a shame to walk in the park and be confronted with some lazy, inconsiderate neighbor's dog's mess much less step in it. Everyone has an extra plastic bag in their home; just grab one before you leave the house for your walk. PLEASE SCOOP YOUR DOG'S POOP!



Minutes Jan. Meeting- (Continued from page 10)

the common areas and around the pool. The resident is requesting we stop this practice on the basis of it adding additional costs for mowing and watering during the winter months. Since Houston winters are relatively mild, the St. Augustine grass does not stay dormant for long and as in the case of my lawn still maintains a mostly green appearance. This request was to be forwarded to the Landscape Committee.

MANAGEMENT REPORT

On motions duly made the Board approved the following:

- A contract to make covers to board up all windows and doors in the Beach Club for use in event of a hurricane.
- Renewal of the lake management agreement with Lake Pro.
- Renewal of the mosquito spraying agreement.
- Renewal of the pool management agreement with Greater Houston Pool Management for 2008.
- A contract to replace the gravel around the concrete furniture by the tennis courts with a concrete pad.

Deed Restrictions: The Board reviewed the deed restrictions at January 7, 2008. There were 198 open items being pursued. During December 2007 36 new letters were sent and 12 items were resolved.

SCHEDULE NEXT MEETING

The next regular meeting of the Board of Directors was scheduled to be held at 6:30 p.m. on February 19, 2008.



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WASTE MANAGEMENT HOLIDAY SCHEDULE

New Year's Day - Closed

Residential - Pickup next scheduled day,
Commercial - One day delay

Day After New Year's Day - Open

Martin Luther King Day - Open

Memorial Day - Closed

Residential - Pickup next scheduled day,
Commercial - One day delay

Independence Day - Closed

Residential - Pickup next scheduled day,
Commercial - One day delay

Labor Day - Closed

Residential - Pickup next scheduled day,
Commercial - One day delay

Thanksgiving Day - Closed

Residential - Pickup next scheduled day,
Commercial - One day delay

Day after Thanksgiving Day - Open

Day before Christmas - Open

Christmas Day - Closed

Residential - Pickup next scheduled day,
Commercial - One day delay

New Year's Eve - Open



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Lakes on Eldridge

LOE BOOK CLUB

Book club has meets on the 4th Monday of each month at 7:30 P.M. We try to read a wide variety of material, so if this month's selection doesn't appeal to you, maybe next month's will. Do join us when we tackle a book on which you have comments or opinions. We will again be meeting in various members' homes, so call or e-mail Celeste Fritz, 713-896-6942, cfritzt@comcast.net for additional information.

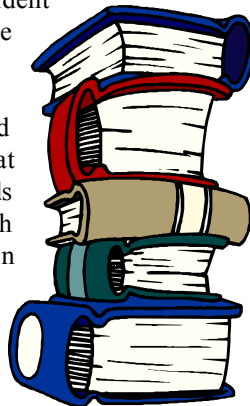
February 25th – They Poured Fire on Us from the Sky: The True Story of Three Lost Boys from Sudan by Alephonsion Deng, Benson Deng. Across Sudan, between 1987 and 1989, tens of thousands of young boys took flight from the massacres of Sudan's civil war. They became known as the Lost Boys. With little more than the clothes on their backs, sometimes not even that, they streamed out over Sudan in search of refuge. Their journey led them first to Ethiopia and then, driven back into Sudan, toward Kenya. They walked nearly one thousand miles, sustained only by the sheer will to live.

Perhaps you read the article in the Chronicle in December about a "Lost Boy" from Sudan who graduated from the University of Portland and intends to go to law school to help find justice for others. This book is the actual account of three other Lost Boys and how they survived the violence in their homeland.

March 24 - The Life and Times of the Thunderbolt Kid by Bill Bryson. From one of the most beloved and bestselling authors in the English language, a vivid, nostalgic, and utterly hilarious memoir of growing up in the 1950s. Bill Bryson was born in the middle

of the American century—1951—in the middle of the United States—Des Moines, Iowa—in the middle of the largest generation in American history—the baby boomers. As one of the best and funniest writers alive, he is perfectly positioned to mine his memories of a totally all-American childhood for 24-carat memoir gold. Like millions of his generational peers, Bill Bryson grew up with a rich fantasy life as a superhero. In his case, he ran around his house and neighborhood with an old football jersey with a thunderbolt on it and a towel about his neck that served as his cape, leaping tall buildings in a single bound and vanquishing awful evildoers (and morons)—in his head—as "The Thunderbolt Kid"

April 28 - Still Life by Louise Penny. Chief Inspector Armand Gamache of the Sûreté du Québec and his team of investigators are called in to the scene of a suspicious death in a rural village south of Montréal and yet a world away. Jane Neal, a long-time resident of Three Pines, has been found dead in the woods. The locals are certain it's a tragic hunting accident and nothing more but Gamache smells something foul this holiday season...and is soon certain that Jane died at the hands of someone much more sinister than a careless bow hunter. ...



Stitch & Chat

Helping You Get Started

Residents of Lakes on Eldridge that would be interested in learning to knit, crochet, do needlepoint or embroidery, please join us on any Thursday at the Beach Clubhouse from 10 a.m. to 12 p.m. We will be happy to help you get started. Some of our members don't even sew, they just drop by for coffee and to chat. Please come join us.

For more information contact Catherine Spellings at 713-896-1652 (home) or 713-628-7083 (cell) or CTSpellings@aol.com or Tina Wang at (713)-574-1654 or Yangingwang20022003@yahoo.com

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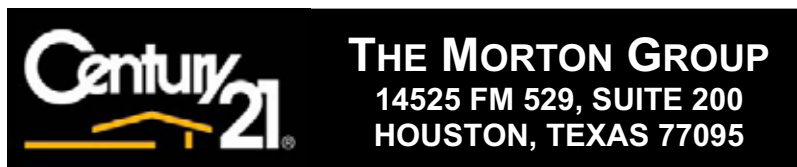
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Karl B.

"I am writing to thank you for all your help in successfully marketing & selling our US home as part of my transfer from Houston to Stavanger, Norway. Your professional, no-nonsense approach and sound pre-sale preparatory advice was much appreciated. Your knowledge and ability to navigate the intricate processes of international oil company sale procedures was also very helpful. Your experience and understanding of the north-west Houston market proved valuable in pitching our house appropriately."

SOLD

Ian W.

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Lakes on Eldridge

Teenage Jobseekers

Not Available Online

Advertising Information

Please support the businesses that advertise in the Lakes on Eldridge Newsletter. Their advertising dollars make it possible for all Lakes on Eldridge residents to receive the monthly newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the newsletter by advertising, please contact Peel, Inc. Sales Office at 512-989-8905; advertising@PEELinc.com. The advertising deadline is the 10th of each month for the following month's newsletter.

LOE BIBLE STUDY

The Lakes On Eldridge Bible Study continues to meet every Tuesday morning from 9:15 to 11:30. On the first Tuesday of each month we all go out for lunch. Our LOE Bible study group has been meeting for almost five years now and each session brings new ladies seeking knowledge and wisdom from God's Word, the Bible. We are a multi-denominational group, which brings together the spiritual unity the Lord desires.

In January we began an in-depth study of the Book of Matthew published by NAV Press' Life Change Series. Matthew connects the Old Testament prophecies with Jesus' fulfillment of those prophecies in the New Testament. Along with thought-provoking questions, the study offers study skills, cross references, and applicational direction.

Please join us any Tuesday at 9:15 for fellowship and refreshments, followed by discussion style Bible study and closing with individual praises and prayer requests. Study guides are available for \$10.00. There is no need to pre-register. Just come.

MotherWise Bible Study News

The Lakes on Eldridge MotherWise group recently began its spring study program of the Book of Ruth using the bible study techniques of author Jen Hatmaker described in her book titled, A Modern Girl's Guide to Bible Study. MotherWise is a non-denominational bible study and prayer group. All are welcome and invited to attend the meetings.

The MotherWise group meets every other Monday at the Beach Club from 9:30-11:30 a.m. The meetings begin with prayer and the presentation of the study segment, followed by small group prayer time. The meetings also include social time and light refreshments. The MotherWise meetings are a great way to meet other mothers, support each other in prayer, and gain some spiritual enrichment.

The MotherWise group will hold its meetings this spring on the following dates: February 11th, February 25th, March 10th, March 31st, April 14th, April 28th, and May 5th.

The leaders of the MotherWise group are Kathy Prusak (713-937-7707) and Elizabeth Tobin (832-467-1369). Please feel free to contact us for further information about MotherWise. We encourage you to attend a meeting and check us out!

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Lakes on Eldridge

Attention Parents of Cypress Ridge Juniors..... Class of 2009

Is your son or daughter a junior at Cypress Ridge High School this year? By this time next year, he or she will be deciding or making plans for the Prom. A parent volunteer group is formed for every year to plan and raise fund for an AFTER PROM PARTY (RAP '09).

The Prom and the After Prom Party are two different events. The After Prom Party is a lock-in that includes entertainment, FREE gifts for everyone, additional prizes for students that have earned RAP Bucks and good, safe fun all night long. Probably the majority of students would like to extend their Prom night into some sort of after Prom activity. By supporting this effort, your son or daughter will have a safe place to go after the prom has ended. The event is chaperoned by parent volunteers, like you, who have participated in fundraising for the event.

RAMS After Prom – Class of 2009 (RAP '09) will have several events to help raise money before Prom is upon us. These events will DEPEND on student and parent participation. All volunteers – students and parents – earn RAP Bucks to use at the After Prom Party.

Two of the easiest fundraisers we have are the Busy Parent Donation and the use of our Good Neighbor number through Randalls. The Busy Parent Fundraiser is a donation of \$20.09 in your child's name

to help with the costs of the After Prom Party. And, if you will give our Good Neighbor number – 11816 - at the checkout at Randall's, we receive 1% of your purchase!! Every little bit helps!! Some of the other fundraisers include Class of '09 T-shirt Sales, Bunko Night at the Steeplechase Clubhouse, Cookbook Sales, an upcoming garage sale, Homemade Gourmet Sales, and more to come as the Senior Year becomes reality. Read about all of the fundraisers at http://schools.cfsd.net/cyridge/Clubs/RAP09/rap_09.htm.htm

PLEASE consider attending a RAP '09 meeting. We have them at the Pizza Factory at the corner of Eldridge and Little York from 7 pm to 8 pm. The next meetings are March 12 and April 16. Other dates will be posted on the web site - http://schools.cfsd.net/cyridge/Clubs/RAP09/rap_09.htm.htm.

There is valuable information on the web site about volunteering, fundraising, and how you can help!! Call Leslie Peard at 832-724-7499 or Sheila Schlesener at 713-854-4757 and leave a message or email at cyridgeprojectprom@sbcglobal.net. We would be happy to talk with you, answer all of your questions about RAP '09 and look forward to you joining our team to make this event successful. Send us your name, email address, along with a contact number and you will be added to our email list for meetings and updates.

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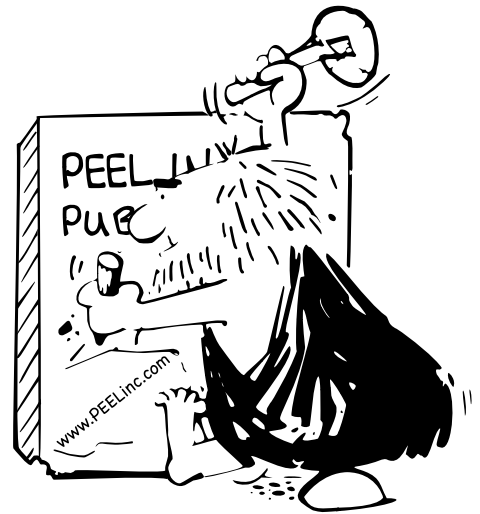
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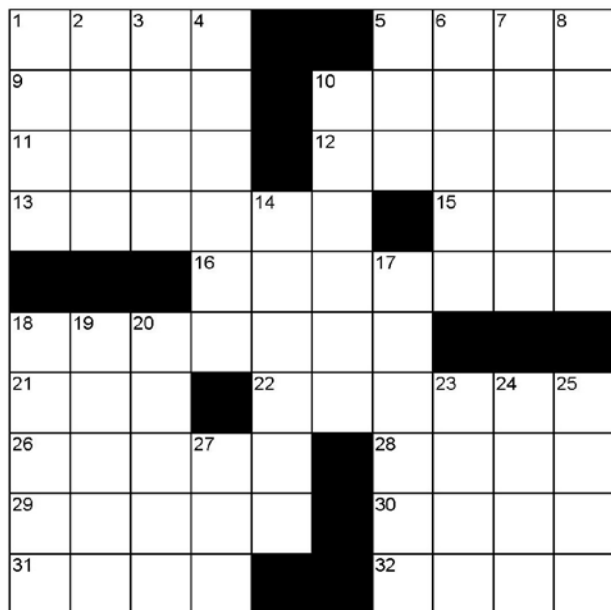


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Lakes on Eldridge

Crossword Puzzle



ACROSS

1. Saclike structures filled with fluid or diseased matter
5. Citizen
9. Run easily
10. Distinguished
11. Malaria
12. Book of facts
13. One who dies for a cause
15. Stretch to make do
16. Headphones
18. Brutality
21. Desert
22. Snuck a look
26. Declare
28. S.A. Indian
29. Gave a lavish party
30. Element
31. Question closely
32. DNA component

DOWN

1. Chowder ingredient
2. Meditation
3. Goad
4. Grow molars
5. Explosive
6. Tears
7. Waken
8. Set in
10. Self-protection
14. Barked in pain
17. Coloring
18. Small enclosed field
19. Indian currency
20. Inches, for example
23. Leg joint
24. Economics abrv.
25. Citizen of Denmark
27. Tulle

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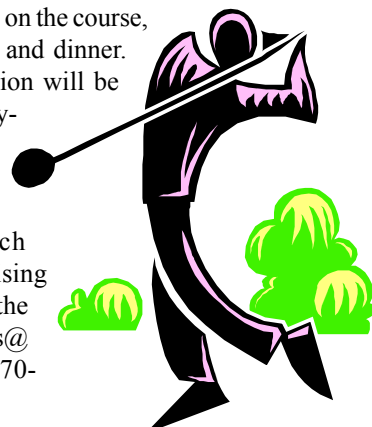
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Cypress Christian School Annual Golf Classic

Calling all Golfers and Sponsors! Mark your calendar for Monday, May 5 to participate in the annual CCS Golf Classic. This year's Golf Tournament will be held at the Longwood Golf Club, 13300 Longwood Trace, Cypress, TX 77429 with a 1:00 tee-off time.

In addition to a great afternoon on the course, golfers will be treated to lunch and dinner. To add to the fun, a silent auction will be held with golfer-friendly/family-friendly items to be awarded to the highest bidder.

To play in the tournament or sponsor the event - which includes a multitude of advertising opportunities - please contact the Event Coordinator at Jody.Pollos@CypressChristian.org or 281-770-5326.



View the Kids' Club Contest Winners online each month at www.peelinc.com/kidsclub.php

Article Submissions

If you would like to submit an article or any information for the *Lakes On Eldridge Newsletter*, you may do so by sending the information to dsd1951@mac.com. This information should include your name. All information should be received **no later than the 12th of the month** and is subject to editorial approval as well as space limitations.

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Local Neighborhood Doctor's Back and Neck Pain Solution Featured on ABC News

Maybe some of you remember the featured special on channel 13 news last month, "Healing Without Drugs or Surgery." If you were able to catch that story you would have seen that there is now a solution being offered for people to relieve the suffering from pain associated with Herniated Discs, Degenerative Discs, Lower Back Pain and Sciatic Leg Pain. Dr. Gina Zummo specializes in this therapy called Spinal Decompression that it is being labeled as "the great last resort before surgery." This procedure is FDA cleared and has been well documented as a safe and effective treatment for herniated discs. Dr. Zummo tells us that, "patients are learning that they now have an option to avoid invasive spinal surgery to treat disc disease and disc herniations. This really is something for back pain sufferers to get excited about."

Latest breakthrough in Spinal Care Offers Much Needed Hope

You may be shocked to learn that one of the most expensive health care problems in America is back pain. The number of people with back pain and the cost for treating that pain has increased every year for the past 20 years. This should be alarming because that trend is climbing despite the fact that Americans have back surgery more than twice as much as people in other countries. "Patients need to look at the facts, we have more back surgeries every year for the past 20 years and yet the numbers of people suffering with the pain are not reducing." What's worse is the numbers are actually increasing despite the surgical intervention. The statistics will only lead you to one conclusion; **Surgery is not a sure fix for back problems.** More and more studies are proving that back surgery should only be used as a last resort when all other methods have failed. According to Dr. Zummo, "it's natural for people to try to tough it out and get on with their lives when back pain begins. Some people hope if they ignore it long enough, it will go away. It's a common misconception that if it gets too bad, I can always have surgery to fix it. The reality is quite contrary to that, and what usually begins as a mild pain, eventually leads to chronic crippling pain years down the road that even surgery cannot reverse."

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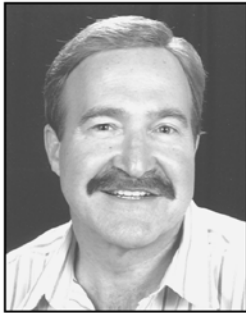
Is Spinal Decompression Right For Me?

Patient's ask me all the time, "Does this really work?" Of course it works, but the better question would be "is it right for your individual case?" As Doctor's, we would like to help everyone, but unfortunately not every patient with a disc injury qualifies as a good candidate for this non-surgical option. Try this short self assessment. If you answer Yes to Any of the Following, then you may be a candidate for Non-Surgical Spinal Decompression and your long sought-after relief could be just a treatment away:

1. Do you suffer with chronic back or neck pain?
2. Do you have a Herniated or Degenerative Disc?
3. Are you tired of taking pain Medications?
4. Do you need answers/solutions for your pain?
5. Have you been told you need surgery?
6. Are you suffering from a failed back surgery?

Most people don't want back surgery. To have a surgeon cut you open to remove whatever they "think" is causing your pain is a drastic decision. Ask yourself, "What if they're wrong?" "What if my problem doesn't go away?" "What if it gets worse?"

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