



FAIRFIELD

C O M M U N I T Y • G A Z E T T E

OFFICIAL FAIRFIELD COMMUNITY ASSOCIATION NEWSLETTER

Fairfield's Annual 4th of July Parade

The parade will begin at 9 a.m. in front of Ault Elementary on Vintage Falls Drive. It will follow the same route as in the past: from the school, left on Maple Village through Garden Grove, across Mason continuing on Maple Village through Inwood Park and Inwood Glen; left on Chappell Knoll, across Mason continuing through Chappell Ridge and back to Village Falls Drive. Decorated cars, trucks, bicycles, strollers and walkers are all welcome to participate. We encourage all groups, organizations, churches and individuals to join in on the fun! Please note: we ask that all participants remain in the order in which they line up for the duration of the parade for the safety of all participants and spectators. Anyone willing to offer a convertible for the Grand Marshall, or for any other information, please contact Kim Urban at 713-906-3070.



Hear Ye! Hear Ye!
Citizens of Fairfield

The Cadette Girl Scout Troop 14020

would like to send its most sincere appreciation to all the beautiful Princesses and Kings who attended our Ball in support of cancer awareness and our silver award! The event was most successful and we were able to make donations to American Cancer Society in honor of fighting lung, skin, breast cancer and leukemia.

Thank you to the Fairfield Athletic Center for allowing us to set up ticket booths, Fairfield Gazette for giving us front-page publicity, Gambino's, Domino's, Post Boxes, Etc. for putting up our flyers, Fairfield Women's Club, Aspire Entertainment and Pristine Memories for all of your support.

We hope you had as much as fun as we did!
Maybe we will see you next year?

Sincerely,

Cadette Girl Scout Troop 14020

CONGRATULATIONS

TEXAS BARRACUDA'S 8U Baseball Team

On WINNING 1st PLACE in the
**TEXAS ELITE BASEBALL
MVP CLASSIC**

at Big League Dreams - Mother's Day weekend!



The Champions (Top row - left to right): Chad Krause, Colton Cowser, Jacob Crawford, Jason Michels, Trent Golson; (Bottom row - left to right) Blake Wilson, Dru Baker, Garrett Grier, Korey Holland, Adam Smith

FAIRFIELD COMMUNITY GAZETTE

Important Numbers

PLEASE NOTE: NEW EMAIL ADDRESS FOR EDITOR:
editor-fairfieldgazette@att.net, effectively immediately. Thank you. Holly Reichert

EMERGENCY NUMBERS

Ambulance/Fire	911
Poison Control	800-222-1222
Sheriff's Department	911

NON-EMERGENCY NUMBERS

Ambulance	713-466-4073
Cy-Fair Medical Clinic (24 hr)	281-890-4285
FBI	713-693-5000
Fire	713-466-4073
Harris County Animal Control	281-999-3191
Sheriff's Department	713-221-6000
Vacation Watch	281-290-2100

CHURCHES

Christ Church Houston Northwest	832-896-8441
Christ the Redeemer Presbyterian Church	281-357-8880
Community of Faith	832-875-2520
Christ the Redeemer Catholic Church	281-469-5533
Fairfield Baptist Church	281-373-5446
Fairfield Church of Christ	281-373-1900
Fountain of Life Fellowship	281-373-9337
Good Shepherd United Methodist Church	281-373-2273
Harvest Bible Church	281-304-1441
Messian Lutheran Church	281-890-3013
Saint Aidan's Episcopal Church	281-353-3203
The Fellowship at Fairfield	281-923-5130

COMMITTEE NUMBERS

Crime Watch Chairman: Freeman Martin	freemanmartin@houston.rr.com
Fairfield Area Swim Team: Carla Tharp	281-373-3955
Fairfield Women's Club: Lisa Cannon	281-373-1969
Security Coordinator:	

NEWSLETTER COMMITTEE

Holly A. Reichert	editor-gazette@att.net
-------------------------	--

NEWSLETTER PUBLISHER

Peel, Inc.	fairfieldgazette@peelinc.com , 888-687-6444
-----------------	---

FAIRFIELD VILLAGE COMMUNITY ASSOCIATION

Resident Board Members:

Please remember that the resident Board Members are volunteers with families.

As a courtesy please communicate with them during reasonable hours.

Ed Hofer (Bradford Creek)	bradford.neighbor@hotmail.com
Pam Montgomery (Bradford Creek)	montgomeryatlaw@sbcglobal.net
Joni Seifert (Chappell Ridge, FF Village Community Assoc.)	281-256-2853
Kay Jukes (Chappell Ridge)	281-373-9301
John White (Chappell Ridge)	281-373-1223
John Hanes (Garden Grove)	713-431-2245
Donna Bonneau (Garden Grove)	281-304-7294
Louis Iselin (Garden Grove)	281-256-1874
Robert Nichols (Inwood Park)	Susan.nichols@yahoo.com
Alex Griffith (Inwood Park)	281-304-4026
Terry Noe (Inwood Park, FF Village Community Assoc.)	281-213-8780
Billy Sutton (Inwood Park)	281-304-9419
Patrick Wong (Lakes of Fairfield)	pcwong1@earthlink.net
Kevin Hoffman (Lakes of Fairfield)	khoffman00@comcast.net
Mark Gafford (Lakes of Fairfield)	donna_gafford@sbcglobal.net
Ken Heil (Trails of Fairfield)	281-256-2093

Friendswood Development:

Tim Fitzpatrick (Bradford Creek, Chappell Ridge, Garden Grove, Lakes, Trails)	281-875-1552
Tommy Weaver (Bradford Creek, Chappell Ridge, Garden Grove, Lakes, Trails)	281-875-1552
Nan Peavey (Bradford Creek, Chappell Ridge, Lakes)	281-875-1552

GOVERNMENT/STATE NUMBERS

Courthouse Annex	281-859-0685
Driver's License	713-681-6187
Post Office	281-373-9125
Voter Registration	713-224-1919

MISCELLANEOUS NUMBERS

A.M.I. (deed restrictions, etc.)	713-932-1122
Cecelia Panzineti, AMI Onsite Manager	281-256-0065
Community Meeting Room	281-373-0834
Cy-Fair College	281-290-3200
Cypress Area Home Schoolers	281-890-3792

Fairfield Athletic Club (FAC)	281-373-0834
Fairfield Information Center	281-373-1177
Friendswood Development	281-875-1552
Harris Co. Library (Northwest)	281-890-2665
Harris Co. Animal Control	281-999-3191
Harris County Mosquito Control	713-440-4800

SCHOOL NUMBERS

Ault Elementary	281-373-2800
Bus Information	281-897-4380
Cy-Fair Administration	281-897-4000
Cy-Fair High School	281-897-4600
Goodson Junior High School	281-373-2350
Keith Elementary	281-213-1744
Spillane Middle School	281-213-1645

UTILITY NUMBERS

ENTEX (gas)	713-659-2111
Centerpoint Energy (Electricity)	713-659-2111
Southwestern Bell (phone)	713-638-7000
ST Environmental (Sewer/water)	281-398-8211
Time Warner Cable	713-462-9000
Waste Management (trash)	713-686-6666

At no time will any source be allowed to use the Fairfield Gazette contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from the Peel, Inc. The information in the Fairfield Gazette is exclusively for the private use of Fairfield residents only.



281-373-4640

MAJA



PET OF THE MONTH

Join us for The Dog Days of Summer.

Luxury Suites, Grooming Training, Doggie Daycare

www.tailsoftexaspetresort.com

17720 Huffmeister Road
Between Skinner and Cypress Rosehill



Don Machrowicz
RE/MAX Platinum Club
& Hall of Fame

FAIRFIELD'S ONLY ON-SITE REAL ESTATE OFFICE!!!

The Don & Jeanne Machrowicz Team

www.fairfield-homes.com



Jeanne Machrowicz
Named Realtor of the Year by the
Texas Association of Builders



Preferred Homes

*Why choose The Don & Jeanne
Machrowicz Team?*

- *Fairfield's ONLY on-site Real Estate office*
- *Open 7 days a week (excluding holidays)*
- *We can provide you with a FREE market analysis*
- *Don & Jeanne each have over 30 years experience in real estate.*

- *Let our team concept work for you*
- *24/7 exposure to potential buyers by marketing your home on multiple websites*
- *Flexible commission plans*
- *Have the Don & Jeanne Team market your home TODAY!!!*

Current Listings

21811 Sheffield Gray	5/3.5/3 D.....	\$314,900
20202 Prim Pine.....	4/2.5/2 A.....Pool	\$310,000
2002 Forest Garden.....	4/3.5/3 D.....Pool	\$299,900
17811 Harbour Bridge	4/2.5/2 A.....	\$299,999
21302 Heartwood Oak	4/3.5/3 D.....	\$284,900
15911 Township Glen	4/3.5/3 D... Pool/Pending	\$269,000
10114 Pine Flats.....	5/3.5/3 A.....	\$239,900
11426 Bogan Flats	4/3.5/2 A.....Pending	\$225,000
23903 Clover Trail	4/2.5/2 A.....	\$219,900
20130 Chad Arbor.....	4/3/2 A	\$199,900
20315 Fairfield Trace	4/3.5/2 A.....	\$195,000
15514 Pine Valley Trl.....	4/2/2 A	\$185,900
8327 Timbermoss Ct.....	4/2/2 A.....Pending	\$185,000
21803 Broken Limb	3/2.5/2 A.....	\$172,000
10423 Thornhurn.....	3/2/2 A	\$176,900
17703 Tower Bluff	4/2/2 A.....Pending	\$169,900
4507 Quiet Loch	4/3.5/2 A.....Pending	\$174,000
21915 Amber Elm	4/2.5/2 A... Pool/Pending	\$174,000
16307 Lasting Light.....	4/2/2 A	\$169,900
14918 Redbud Leaf.....	3/2/2 D.....Pending	\$165,000
15611 Bending Birch	3/2.5/2 A.....	\$164,500
21030 Tonydale.....	4/2/2 A	\$154,900
15331 Court Green.....	3/2.5/2 A.....	\$154,900

15326 Sienna Oak.....	4/2.5/2 A.....	\$153,000
18206 Auburn Woods.....	4/2/2 A	\$149,900
14710 Timber Cliff.....	4/2/2 A	\$149,900
15115 Hillside Park Way	3/2.5/2 A.....	\$139,999
19826 Black Cherry Bend.....	3/2.5/2 A.....	\$139,000
20302 Concord Hill.....	3/2/2 A	\$139,500
21626 Britton Hill.....	5/3.5/2 A.....Pending	\$137,900
10218 Crooks Way	3/2/2 A.....Pending	\$136,900
4642 Daisy Meadow	3/2/2 A	\$121,900
16122 Cypress Point	3/2/2 A	\$119,900
18010 Oldgate Pass.....	3/2.5/2 A.....Pending	\$119,900
16214 Cole Bridge Ln.....	3/2.5/2 A.....Pending	\$113,500
11911 E Vita Circle.....	3/2.5/2 A.....Pending	\$96,000
7130 Ridgeberry.....	3/2/2 A	\$85,000
11910 Woolford Dr	3/2/2 A	\$84,000
24018 Reagon Canyon	3/2/2 A	\$74,900
6718 Windy River	3/2/2 A.....Pending	\$70,000
24107 Four Sixes	2/2/1 A	\$59,900

Current Rentals

20302 Concord Hill.....	3/2/2 A	\$1300
22027 Bronze Leaf.....	4/2.5/2 A.....	\$1450

**In the Fairfield Shopping Center opposite
the Shell Station on Mason Road**

Office (281) 373-4300
Open 7 Days a week

Thank you! To our customers & friends who have helped make
The Don & Jeanne Machrowicz Team the top selling agents in Fairfield.

FULL SERVICE LANDSCAPE COMPANY



Making your lawn shine.

281-373-0378

Fairfield Resident

Proudly Serving Fairfield Since 1997



Lawn Service

Commercial & Residential
\$25 & up

Sprinkler Systems

Design - Installation - Repairs
Licensed Irrigator #8587



Landscaping

Landscape Design & Installation
Seasonal Flowers - Drainage -
Lighting - Sod Installation - Mulch
Installation - Rock Borders

Patios & Walkways

Pavestone & Flagstone

Mulch Installation (2 yds)
& 54 Seasonal Flowers

\$175.00

(bed cleaning extra)

Tree Service

Tree Trimming - Removal -
Installation

Fertilization & Pesticide

Spraying & Feeding for Lawn, Shrubs &
Trees - Fire Ant Control - Tree Deep
Root Feeding - Brown Patch Reduction
State Licensed Applicator

Now Offering...

Covered Boat & RV Storage

18411 Fenske Rd.



Insured for Your Protection

Financing Available



www.horizon-landscape.com

FAIRFIELD COMMUNITY GAZETTE

Procedures for Submitting Articles & Personal Classifieds

If you would like to submit an article and/or personal classified ad(s) for publication in the Gazette, please follow these guidelines:

Articles, personal classified ads (limit 30 words), questions regarding regular columns and teen job postings (i.e. additions, deletions, changes) must be submitted to the editor, Holly Reichert, via e-mail at editor-gazette@att.net. Please submit all articles and personal classified ads in Microsoft Word only. Photographs and graphics must be submitted as a jpg, tif, or wmf file.

The deadline for submission of articles and personal classified ads is by the 10th of each month; your article and/or ad will appear in the following month's Gazette. In order for the Gazette to be delivered on time the submission deadline date will be strictly adhered to and no articles and/or personal classified ads will be accepted after the 10th of each month.

ALL ARTICLES AND/OR PERSONAL CLASSIFIED ADS
MUST BE SUBMITTED TO THE EDITOR.

If you would like to submit or have questions regarding business advertising and/or business classified ads, please contact **Peel, Inc.** Sales Office at 888-687-6444 or via e-mail at advertising@PEELinc.com.

Thank you, Holly A. Reichert, #281-304-9956

Pet Corner

NEED HELP WITH A LOST OR FOUND PET ...

Please contact Susan Locke, Fairfield's Lost and Found Pet Coordinator at **281-605-5775** or you may go to <http://groups.yahoo.com/group/fairfieldpets>. Susan is the contact for someone that has lost or found a pet and tries to match the two together. Susan is unable to pick up, deliver or provide medical assistance to lost, found or injured animals but will try to help locate the dog or owner when they are lost.

~Your pet's ID tag is their ONLY
ticket home! ~

* * * * *

SAVE A Life ... Be A Foster Parent.

EXCELLENT MAID SERVICE



\$5 OFF FIRST VISIT

• Residential • Small Offices • Bonded

832-282-6055 281-859-6743

FREE ESTIMATES



(No Place is Too Far)

NW Houston's Preferred Builder

New Construction and Renovations

- Locally Owned & Operated
- 23 Yrs Experience • Owner Supervised

BETTER BUSINESS BUREAU

*Gold Star Award
Winner*



South Shore Pools™



The Association of
Pool & Spa Professionals™

Jandy®



MEMBER
Greater Houston

281-477-7776
GOT2SWIM.COM



Custom Swimming Pools
New Construction & Remodeling

281-726-1341

Lifetime Cypress Resident



CYPRESS LAWN & LANDSCAPING

Commercial • Residential

Craig Herring • Owner & Fairfield Resident

281-387-9708

* **Sprinkler Systems**

LI#9376
Installation
Repairs
Free Estimate



* **Landscaping**

Landscape Design & Installation • Mulching
Landscape Lighting • Bed Cleaning
Seasonal Flowers • Hedge Trimming
Sod Installation • Fertilization • Drainage

* **Tree Service**

Tree Trimming
Removal • Installation

* **Lawn Service**

\$20 & Up

* **Patios & Walkways**

Custom Design Your
Patio or Walkway
Flagstone • Pavestone

* **Custom Outdoor Kitchens**

* **Patio Covers**

Pergolas • Arbors • Composite Shingle

Mulch
Special
2 yds.

\$90 ^{+tax}
brown mulch
installation included
weeding additional

* Insured for Your Protection

* Financing Available



www.Cypresslawn.net



Attention Fairfield Homeowners

FAIRFIELD COMMUNITY Security Report – February 2008

RESIDENTIAL BURGLARIES.....	3
RESIDENTIAL BURGLARIES – GARAGE.....	1
OTHER THEFTS.....	1
CONSTRUCTION SITE THEFTS/BURGLARIES	6
ABANDONED VEHICLES.....	1
UNAUTHORIZED USE OF A MOTOR VEHICLE	1
CRIMINAL MISCHIEF	6
STALKING.....	1

Security Report – March 2008

BUSINESS THEFTS.....	1
OTHER THEFTS.....	1
CONSTRUCTION SITE THEFTS/BURGLARIES	1
DISTURBANCE – BUSINESS.....	1
TELEPHONE HARASSMENT	2
TERRORISTIC THREATS	1
RUNAWAY JUVENILE	1
BURLARY OF A MOTOR VEHICLE.....	1
CRIMINAL MISCHIEF	3
CREDIT CARD ABUSE	1
FRAUD INVESTIGATIONS	1
FALSE REPORT TO A POLICE OFFICER.....	1

Security Report – April 2008

OTHER THEFTS.....	1
CONSTRUCTION SITE THEFTS/BURGLARIES	3
DISTURBANCE.....	1
TERRORISTIC THREATS	1
BURLARY OF A MOTOR VEHICLE.....	3
STOLEN VEHICLES	1
CRIMINAL MISCHIEF	6
CREDIT CARD ABUSE	1
FRAUD INVESTIGATIONS	1
FAIL TO ID TO A PEACE OFFICER.....	1
ASSAULT.....	2

Advertising Information

Please support the businesses that advertise in the Gazette. Their advertising dollars make it possible for all Fairfield residents to receive the monthly newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the Gazette by advertising, please contact Peel, Inc. Sales Office, at 888-687-6444; advertising@PEELinc.com

2008 Meeting Schedule for

Fairfield Village Neighborhood Association and Villages

The 2008 meetings of the Fairfield Village Neighborhood Association, Inc. and Villages Board of Directors are scheduled for the fourth Tuesday of every other month at 7 p.m. at the Lakeside Trails Club House, 16125 Country Fair Lane. Please mark your calendar accordingly.

June	2008	Tuesday	---- No Meeting
July	2008	Tuesday	22nd Board Meeting
August	2008	Tuesday	---- No Meeting
September	2008	Tuesday	23rd Board Meeting
	2008	Tuesday	---- No Meeting
November	2008	Tuesday	---- No Meeting
December	2008	Tuesday	2nd Board Meeting

Fairfield Village Maintenance Assessments

Dear Residents,

The 2008/2009 Fairfield Village Community Association (FFVCA) assessment invoices are in the mail (or should have been received). Please note that the amount is due July 1, 2008 and considered delinquent after July 31, 2008.

For those of you who are new, there are two assessments for your home in Fairfield – one is your individual neighborhood that is due in January of each year and the FFVCA assessment which is due each July.

In order to avoid collection costs these fees must be kept current. We do accept payment plans – however it is the homeowner's responsibility to make a payment every 30 days to avoid legal action. If your account is turned over to the Attorney for collection the legal penalties are substantial – if a suit is filed for foreclosure the fees are over \$2,000. Please plan for these fees to avoid the above situations!

Thank you,
AMI

BEST SINGER IN TEXAS ... right here in Fairfield

***Kaitlyn, Fairfield resident, has had a busy school year.
Honor student at Spillane Middle School,
Girl Scout, and talented Singer.***

Kaitlyn has been blessed to be singing all over the United States from Texas to Los Angeles to New York. Recently, Kaitlyn was awarded Best Singer in Texas where she opened for John Connelly; she was then flown to Nashville to cut her first professional CD at Diaxana Studio.



Her singing [and school] schedule this year was a busy one which included an appearance on The Maury Show in New York as one of America's Most Talented Kids, her concert at Austin Star of Texas Rodeo for the 4th year in a row, performances at many local Opry Houses and Festivals, and recently finishing up her production show where she performed with dancers at the Houston Children's Festival, Relay for Life and Woodlands Art Festival.

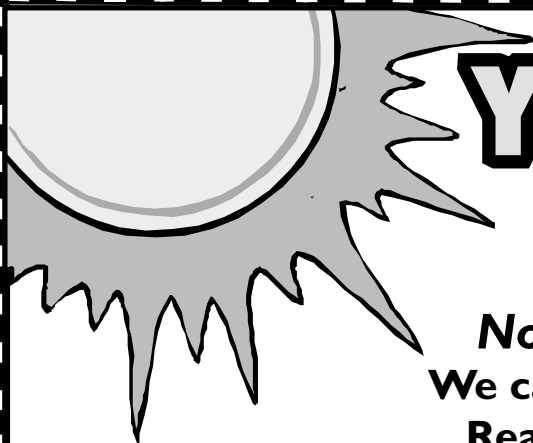


Kaitlyn was honored when she was asked back for the 2nd year to sing the National Anthem at the Valor of Honor Banquet in The Woodlands.

Kaitlyn's upcoming schedule includes singing at the Spay & Neuter Assistance Program Luncheon Downtown Houston, the Cy-Fair ISD VIPS appreciation luncheon on May 22, the Ms. Texas Pageant in Austin on July 22, the Liberty Opry on July 27, and at the Brenham Opry House on September 18. You can get an up-to-date schedule online at her website at www.KaitlynK.com and view a few of her performances on www.youtube.com/dak4 or www.myspace.com/kaitlynsings. Check it out because Kaitlyn's exciting schedule can change at any time!



***Hope to have a few Fairfield Fans in the audience someday ...
Kaitlyn would love the support!***



Yea!!! It's almost Summer!

Now is the time to make that move!
We can help you with ways to get your home
Ready to Sell, Faster and for more \$\$\$\$\$.

AVAILABLE HOMES...

JUST LISTED:

Pool/Spa Oversized 3 car garage! WOW! This home is loaded! Custom Built Media Room, Faux painted kitchen and cabinets, granite island in kitchen, extra cabinets added, window seat with storage, huge walk-in pantry and walk-in laundry room, lots of built-ins including built-ins in the study and media room. Home has extensive pool decking, private backyard, custom paint thru-out. Shows like a designer show place!

20302 LAKELAND FALLS

4 bedrooms/Gameroom/Pool /Extra Yard

Lennar Hartford with a pool. Private backyard, backs to drainage ditch, lots of kids on street. This home features 4 bedrooms, master is down, game room, formal dining room or study, open kitchen, lots of decking around pool and plenty of room for playset. Priced to sell!

21603 PINE ARBOR WAY

Lots of Storage, High Ceilings!

Great 2 story home that features formal dining room up, good looking ceilings, a bath, plenty of storage.

SALE PENDING

15331 FAIRFIELD FALLS WAY

I have a POOL!

Wow! Great Perry Built home with pool and lot to the max with tile floors, formal dining room, rd, a game room would make a great private-scrub booking room!

SALE PENDING

16234 CUMBERLAND TRAIL

Oversized Detached Garage on Cul-de-sac!

Beautiful Perry built home features 3-4 bedrooms, gameroom could converted to 4th bedroom. Home has masterbedroom down, formal dining room, open kitchen, high ceilings in family room, Covered front porch, huge garage, big back patio and more. Seller is relocating and will be selling most furniture and can leave fridge, washer and dryer!

Home is super clean and landscaped well!

16211 BLOSSOM FIELD CT

We Provide:

- Professional quality photos and tours on all listings.
- Open Houses
- Colored flyers in and outside of your home.
- Colored flyers at the Fairfield Information Center
- Sellers Coverage on your home thru First American Home Warranty.
- We don't list SO many homes that we forget who we work for, YOU.



Proud Sponsors of The Sluggers
 and Jinx!!! Way to Go teams!!!



Cindy Brown-Boutwell

Owner

RE/MAX N.W. Territories

281-370-9100 (ext 131)

281-797-3590 (direct)

Dan Boutwell

281-468-2853 (direct)



**Cindy was Ranked in the top 20 of ALL Houston
 RE/MAX Agents for the third quarter of 2007!**



RE/MAX 100% Club, 2004, 2005

2006 Platinum Club Member

cindy@dan-cindy.com

RE/MAX N.W. Territories

13040 Louetta, Ste 228

If you are thinking of selling your home in 2008, Sell your home on

www.Fairfield-neighbors.com

FAIRFIELD

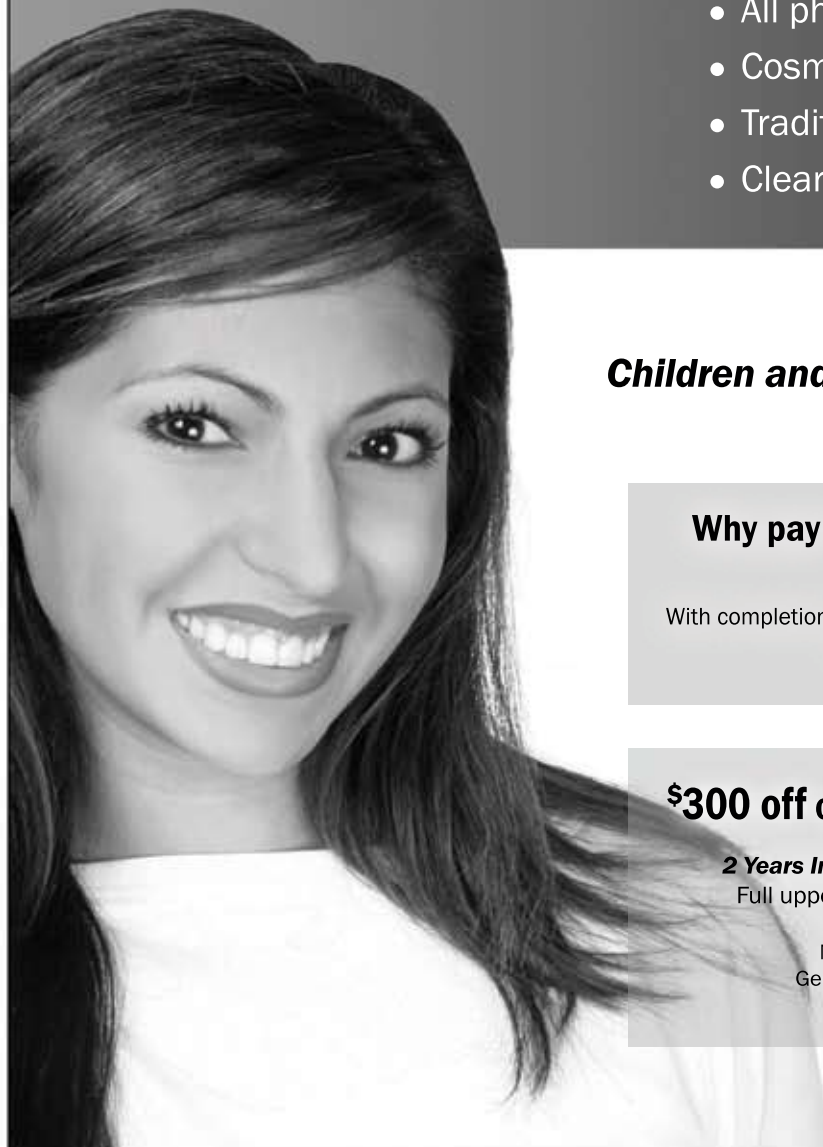
DENTAL CARE
& ORTHODONTICS

Keith T. Grimm, DMD
Paula Wood-Herber, DDS
15040 Fairfield Village Drive, Suite 240
Cypress Texas 77433
Located at 290 West at Mason Road

281-256-6190



- All phases of General Dentistry
- Cosmetic Dentistry
- Traditional Braces
- Clear Aligner Braces **invisalign**



Children and families are always welcome!

Why pay for Teeth Whitening? Our patients get it FREE!

With completion of dental exam, cleaning, and necessary x-rays.
Available to new patients only.

limited time offer

\$300 off on any full orthodontic treatment

2 Years Interest Free Financing (with approved credit)

Full upper and lower arch treatment is required.

New orthodontic patients only.

Not applicable with other discounts.

General Dentists practicing orthodontics.

limited time offer

We work when you don't...Early Morning and Evening Appointments Available!



CYPRESS RANCH HIGH SCHOOL ATHLETICS ANNOUNCEMENTS



Gene Johnson, Campus Athletic Coordinator

Hightower High School athletic coordinator and head football coach, Gene Johnson, has been named to the same position at Cypress Ranch High School. Cypress Ranch will open with a full slate of sub-varsity games for all sports this fall. After adding an additional grade, the Mustangs will begin varsity competition for all sports except football during the 2009/2010 school year. Johnson, who also was the campus athletic coordinator and head football coach at Klein Forest High School from 2000-2003, has accumulated a record of 61-24 with his most recent season ending in a regional final loss to North Shore High School. A four-year letterman for the football program at Louisiana Tech University, Johnson earned his Bachelor of Science degree in Finance in 1992. He later went on to earn his master's degree in Human Performance and Recreation from the University of Southern Mississippi and completed his mid-management certification through the education department at Prairie View A&M University. "The opportunity to join Mrs. Medford at Cypress Ranch is very exciting," Johnson said. "It will be such a unique experience to work with the first ever students to walk through the doors at Cypress Ranch. It truly is a once in a lifetime chance and we hope that our student-athletes will be able to look back on their experiences with the fondest memories." Johnson is married to the former Natalie Bracey of Dayton. Natalie is a teacher/coach at Wunderlich Intermediate in Klein ISD.

Billy Anderson, Assistant Head Football Coach & Head Coach-Boys Golf

Billy Anderson has been named assistant head football coach and head boys' golf coach at Cypress Ranch High School. Anderson, who has spent nineteen years teaching and coaching in Klein ISD, re-unites with Mustangs head football coach Gene Johnson. "Getting someone the caliber of Billy Anderson is just unreal. Not only is he a great coach and teacher, he is a great person. And I really think that is important. A parent really wants to know that the people working with their child are going to have their child's best interest at heart. That is certainly the case with Coach Anderson," stated Johnson. While coaching at Klein Forest, Anderson served as the offensive coordinator/first assistant football coach and the assistant coach for both the boys' and girls' golf programs. Over his nineteen years in Klein, Coach Anderson has coached football, boys' basketball, baseball and golf. He has coached on essentially every level from the middle school up to varsity level athletics on the high school campus. Anderson, who earned his Bachelor of Science degree from Stephen F. Austin State University in Secondary Education, is a Lufkin native. Although his coaching career has guided him to the gridiron, Coach Anderson actually starred on the high school level in boys' basketball and was an integral part of the 1979 Lufkin Panther basketball team that ended its season with a state championship. Anderson recently completed a Master's degree in Educational Administration from Prairie View A&M. Coach Anderson is married to the former Carol Crowder and they have two children – Lindsey 13 and Will 11. The Andersons are members of Spring Woods Methodist Church. "I am very excited about working with Mrs. Medford and Coach Johnson to bring a successful athletic program to Cypress Ranch High School. Opportunities like this don't come around very often," said Anderson. "I imagine there is no way that the kids headed to Ranch can even begin to grasp the significance of this opportunity. They will create memories that will carry on with them for a long, long time." Coach Anderson welcomes any and all questions that you may have regarding the football or boys' golf programs at Cypress Ranch. You can email Coach Anderson at willandlindsey@att.net or call him at (281) 731-4602.

Chris Hoffpauir, Head Coach-Boys Track & Assistant Football Coach

Chris Hoffpauir has been named Assistant Football Coach and Head Boys' Track Coach at Cypress Ranch High School for the 2008-2009 school year. Coach Hoffpauir brings to Cypress Ranch eight years of experience teaching and coaching on the high school level. He started his career in Louisiana at Crowley High School where he served as the Wide Receivers/Running Backs Coach and was the Head Girls' Track Coach. He taught several subjects in Louisiana, from Physical Science to World History. Itching to see if Texas High School athletics could live up to all the hype, Coach Hoffpauir and his wife moved to the Houston area in 2004. He has spent the last four years teaching and coaching at Hightower High School in Fort Bend ISD. Coach Hoffpauir led a group of skilled wide receivers last year that included four kids who signed scholarships to play on the next level (Martin Bayless – Northwestern, Clyde Lee – Boston College, Isaiah Sweeney – University of Houston and Anthony Laday – West Texas A&M). After opening the season with three consecutive losses, the Hurricanes stormed to ten consecutive wins, eventually losing in the State Quarterfinals to North Shore High School. Later that school year, he served as an assistant on the Boys Track coaching staff that captured the Class 5A Boys State Championship. Coach Hoffpauir hopes to help carry that winning tradition on to Cypress Ranch High School. Hoffpauir, who was born and raised in Lafayette, Louisiana, earned his Bachelors of Arts degree in kinesiology at the University of Louisiana at Lafayette. He has his social studies composite certification from the state of Texas and has been teaching World History for the last four years. He resides in Katy with his wife Beth, who is an English teacher at Austin High School in Fort Bend ISD. If you have questions for Coach Hoffpauir, you may contact him at chris_hoffpauir@yahoo.com or by phone at (281) 750-1651.

John Pope, Head Baseball Coach

John Pope will be back in the dugouts at Cy Fair High School next year. Only this time, he will be taking up residence there in the visitor's dugout as the head baseball coach at Cypress Ranch High School. Coach Pope will spend the 2008/2009 school year molding and shaping a program which will compete on the varsity level the following year. Coach Pope is a native Houstonian and a graduate of Westbury High School. After a stellar high school career at Westbury, Coach Pope accepted a scholarship to play baseball at Seminole Junior College. After earning an Associate Degree in Science and lettering two years in baseball, Coach Pope then moved on to Rice University to finish out his playing career. He graduated with a BA in Health in Human Performance, while lettering two years in baseball. Coach Pope has spent 11 years in public school education as a special education teacher and coach. He started his teaching/coaching career in HISD where he taught and coached for four years at Scarborough High School and Westbury High School. Coach Pope then gave up his head coaching position to join the staff at Cy Fair High School in a move that reaped tremendous dividends in 2007 when the Bobcats captured the 5A State Championship. Coach Pope has also been an integral part of the Cy-Fair football coaching staff, helping that program advance to the Regional Finals and the Regional Semi-Finals over the past two seasons. Coach Pope leaves behind seven years of service at Cy Fair High School but is extremely excited about the opportunities that lie ahead at Cypress Ranch. "Cy Fair ISD is a school district with great tradition. There is a tradition of success in the classroom and on the athletic fields in this community. It is a great place to teach and coach." Coach Pope is married to Tricia, a diagnostician who splits time between Cy Ridge High School and Langham Creek High School. They have two children, Taylor 11 and Jeffrey 9. If you have questions regarding the Cypress Ranch baseball program please contact Coach Pope by phone at (281) 659-5907 or by email at john.pope@cfisd.net.

Mason Huffmeister, Head Coach-Boys Basketball

Cypress Ranch High School has announced the hiring of Mason Huffmeister as its first-ever boys basketball coach. Coach Huffmeister will be assembling two junior varsity teams and two freshman teams during the 2008/2009 school year before beginning varsity play the following year. The Mustangs will compete in what will then be a ten-team district consisting solely of Cypress Fairbanks ISD schools. After finishing his high school basketball career, Coach Huffmeister – a 1983 Cy Fair High School graduate – went on to earn a Bachelor of Science degree in Kinesiology from the University of Houston. He has previous coaching stops at Liberty ISD and Spring Branch ISD. Coach Huffmeister spent six years teaching and coaching in Liberty ISD at Liberty High School and was the head basketball coach for the last three years of his stay in Liberty. Upon leaving Liberty, Coach Huffmeister took a job with Spring Branch ISD where he has spent the last five years as the assistant varsity basketball coach at Stratford High School. Coach Huffmeister is an avid golfer and he and his wife, Deanna, reside within the boundaries of Cy Fair ISD in Longwood subdivision. When he is not playing golf, Huffmeister enjoys spending time with his wife and their two girls – Deanna 10 and Alex 2. "I'm extremely excited to come back to the Cy-Fair family," Huffmeister noted.

(Continued on Page 12)

FAIRFIELD COMMUNITY GAZETTE

CYPRESS RANCH HIGH SCHOOL ATHLETICS - ANNOUNCEMENTS - (Continued from Page 11)



"Opening a new school is a great opportunity for which I feel truly blessed. I look forward to beginning this journey with my new colleagues and welcome starting new relationships and building lifelong friendships." For questions regarding the boy's basketball program at Cypress Ranch High School, please call Coach Huffmeister at 713.829.8522 or email him at mhuffmeister@yahoo.com.

Tresa Hornsby, Head Coach—Girls Basketball

Tresa Hornsby, the Head Girls Basketball Coach at Klein High School, has been named the first Head Girls Basketball Coach at Cypress Ranch High School. Coach Hornsby is in her 19th year of coaching basketball and teaching Algebra I. She has spent the past 10 years as the head coach at Klein High School. In her first year at Klein, the Bearkats captured the district title for the first time in the school's history. Also, under the leadership of Coach Hornsby, the girls made their first-ever trip to the Region II-5A tournament in Waco. After high school in Louisiana, Coach Hornsby attended McClennan Community College and Lamar University on a basketball scholarship and earned a bachelor's degree in Education in 1989, majoring in Physical Education and minoring in Mathematics. Prior to her decade-long stint at Klein High School, Coach Hornsby coached at Katy High School and led the Lady Tigers to a district championship. —It is a privilege for me to be selected as the first Head Girls Basketball Coach at Cypress Ranch High School," Hornsby said. —I am extremely excited about the opportunity to coach and teach at a new school and start a brand new tradition." Coach Hornsby may be reached via email at tresa.hornsby@yahoo.com or by phone at 713.301.4464.

Alberto Erazo, Head Coach—Boys Soccer

Cypress Ranch High School has named Alberto Erazo of Cy Fair High School as its first head coach for boys' soccer and boys' cross country. Coach Erazo, who will be teaching Art at Cypress Ranch, will have an opportunity to build the soccer and cross country programs "from the ground up." After a stellar high school playing career, the Corpus Christi native moved to Houston to attend the University of St. Thomas and continue his playing career in soccer. Coach Erazo later transferred to the University of Houston, where he received a Bachelor of Arts in Art Education. Coach Erazo has spent the past five years at Cy Fair High School where he taught Photography, Drawing & Painting, and Sculpture I, II, and III and served as the boys' junior varsity soccer coach. He brings 25 years of playing experience and 7 years of coaching experience at the youth and high school level to "The Ranch". Coach Erazo and his wife, Kim, recently became parents to a beautiful baby boy named Augustine. He recently alluded to his joy at being named as the head boys' soccer and cross country coach, "I am truly excited to be involved in the start of new traditions and to be associated with such an amazing faculty. My wife and I – and even Augustine – are truly excited about becoming Mustangs!" You can contact Coach Erazo by phone at (713) 295-1001 or by email at alberto.erazo@cfisd.net.

Stacey McDaniel, Head Coach—Girls Soccer

Cypress Ranch High School didn't have to go far to find its leader for the girls' soccer program. Spillane Middle School teacher/coach – Stacey McDaniel – has been selected to lead the program. "We had applicants from all over the state," noted campus athletic coordinator Gene Johnson. "But sometimes, the best answer is right there in front of your face." Coach McDaniel began her coaching career at Kahla Middle School in 2006 before moving over to her current teaching and coaching assignment at Spillane Middle School. She has a Bachelor of Science in Kinesiology and Sports Studies from Texas A&M University-Commerce and is certified to teach Physical Education and English/Language Arts at the high school level. Coach McDaniel will be teaching the latter at Cypress Ranch. Although new to the high school coaching ranks, Coach McDaniel is certainly not "new" to the sport. She began her playing career for the Cy-Fair Dynamos Soccer Club and eventually went on to play for Texas Premiere. A Cy Falls product, McDaniel was ranked among the top ten goalkeepers in the Houston area during her high school career. She then moved on to the college level where she continued her playing career as a member of the NCAA Division II Women's Soccer team at Texas A&M-Commerce. Twice during her three year playing career at A&M-Commerce (McDaniel graduated after only three years at A&M-Commerce) the Lions claimed a conference championship and received a berth in the NCAA Division II tournament. During her final season, Coach McDaniel ranked second in goals-against-average among all Division II goalkeepers with a 0.300 average. McDaniel has worked with Sports Quest Soccer Camps where she was responsible for teaching technical skills to developing players. She enjoyed working to create a competitive environment among the players she coached as well as instilling the character traits that young kids learn through their participation in athletics. At camp, she also had to the opportunity to work with competitive teams, helping to develop their fitness and technical/tactical skills. Coach McDaniel currently holds NSCAA State and Regional Goalkeeping diplomas. "One of the things that really stood out about Stacey was that she has been preparing for this opportunity since the time she left college. Her pursuit of her NSCAA certification was just one of the things that showed us she was truly committed to being ready to lead her own program," said Johnson. "I am anxious to work with the young ladies who desire to be a part of Cypress Ranch history," Coach McDaniel said. "I look forward to building not only a great soccer program, but also to developing young ladies who possess the character and spirit of a great Cypress Ranch Mustang." For questions regarding the girls' soccer program at Cypress Ranch, please call or email Coach McDaniel at (281) 213-1792 or stacey.mcdaniel@cfisd.net.

Jennifer Wittenburg, Head Volleyball Coach & Girls Golf

Jennifer Wittenburg has been selected as the Head Girls Volleyball and Golf Coach at Cypress Ranch High School. A Cypress Falls alumnus (96'), Coach Wittenburg attended the University of California at Los Angeles as a Fabulous 50 prep standout and a part of the nation's No. 1 recruiting class. She eventually transferred to the University of Houston to finish up an astounding collegiate volleyball career and earn a B.A. in Corporate Communications. Upon completing her collegiate volleyball playing career, Coach Wittenburg played professionally with Team Washington D.C. in Fortaleza, Brazil, and Riom VBC in Riom, France. She then became an Assistant Training Director of a local Houston volleyball club, followed up by a short tenure in sales. In 2005, Coach Wittenburg recognized that her true calling was in education. She joined Katy Taylor High School that year and eventually moved to Memorial High School. She has taught U.S. History and has coached high school volleyball for the past three school years. Coach Wittenburg also brings 10 years of experience coaching volleyball on the club level to Cypress Ranch. —I am most excited about being a part of history in the making," Wittenburg said. "I feel honored to be a part of such a great 'Team' that is being assembled at Cypress Ranch. The enthusiasm is contagious and I hope it continues to grow both at Cypress Ranch and throughout the community!" If you have questions regarding the volleyball or girl's golf program at Cypress Ranch High School you may email Coach Wittenburg at jwittenburg06@hotmail.com or reach her by phone at 832.229.5222.

Greg Hershman, Head Coach—Girls Track & Field and Cross Country

Greg Hershman has been named as the inaugural Head Girls Track and Field and Cross Country Coach at Cypress Ranch for the 2008-2009 school year. Coach Hershman has spent the past 12 years as Head Girls Coach at Cy-Fair High School. His teams have won 7 Varsity Team Championships and during the 2007-2008 season, both the Cross Country and Track and Field teams were District Champions and competed at the Regional Championships. Hershman's experience spans more than 30 years as a teacher and a coach. As a high school athlete, Hershman was the Provincial Champion in the mile and 800 and went on to be the Canadian Junior Champion. He also competed in the Canadian Olympic trials. He graduated from the University of Houston with a Bachelor of Science in Education. While attend-

(Continued on Page 14)

Some Things Speak for Themselves



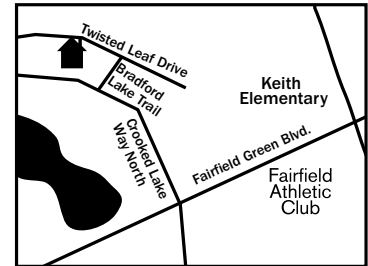
**RYAN CUSTOM HOMES WINS
GHBA PRISM AWARD FOR
BEST CUSTOM HOME
TWO YEARS IN A ROW**

**2008 BEST CUSTOM
HOME UNDER \$400,000
FOR THE DARLING RESIDENCE IN FAIRFIELD**

**2007 BEST CUSTOM HOME
\$400,000 - \$600,000
FOR THE CRUZ RESIDENCE IN CARLTON WOODS**



20919 Twisted Leaf Drive
Stunning traditional style two-story design with covered front and back porches. Formal living, dining, huge central family room, downstairs master and guest bedrooms, oversized island kitchen, upstairs 20' x 15' game room. Two and a half car detached garage. Luxurious interior features package. \$329,900



New Homes & Homesites Now Available in Lake Point!



21702 E. Citrus Rose Ct.
Plan 3328, 3328 sq. ft.,
4/3.5, study, split staircase,
three-car tandem garage.
\$323,900



21706 E. Citrus Rose Ct.
Plan 3253, 3253 sq. ft.,
4/3.5, 2.5 car detached garage.
\$314,900

RYAN
CUSTOM HOMES

Craftsmanship. It's a concept sometimes lost in today's world of large home building companies. Ryan Custom Homes understands the importance of craftsmanship and attention to detail. Company founder, David Perry, personally oversees every aspect of the construction of each home. With more than 18 years of Houston home building experience, you can be confident that your new home is in the hands of a true craftsman.

281.379.3135 RyanCustomHomes.com





ing the University of Houston, Hershman competed on the cross country team and ran middle distance events in the track season. In Canada, Hershman spent 16 years as an educator in the St. James School Division before joining the Cypress-Fairbanks School District in 1992. While in Winnipeg, Hershman was an Elementary Physical Education Specialist, coached at the club level and was appointed a Provincial Team Coach. He was also a Distance Coach at Mankato State University in Minnesota. Upon returning to Houston, Hershman taught four years at Hancock Elementary before accepting the position at Cy-Fair High School. In 1996, after only a short period of time coaching at Cy-Fair, Hershman was selected as the Houston Chronicle Girls Cross Country Coach of the Year. He is a USATF certified coach. Coach Hershman and his wife, Suszan have a son and two daughters all of who are graduates of Cy-Fair High School and Sam Houston State University. "I am very excited about the numerous opportunities that will exist at Cypress Ranch and also look forward to working closely with the great coaching staff that Coach Johnson has assembled. I am anxious to meet the new athletes and begin our new season! I am committed to making cross country and track a challenging and memorable experience for the athletes at Cypress Ranch."

ATHLETICS – IMPORTANT DATES

SUMMER STRENGTH & CONDITIONING CAMP HOSTED BY CY-RANCH HIGH SCHOOL

Cypress Ranch High School will be hosting its first annual summer strength and conditioning camp beginning June 9. The camp is for both male and female athletes that will be attending Cypress Ranch in the fall of 2008. The non-sport specific camp will consist of weight training, agility training, speed training and conditioning training. S.A.C. Camp will run Monday thru Thursday from June 9th to July 24th. Students will have their choice between a morning and an afternoon session with each session lasting two hours (students may attend only one session per day). During the month of June, S.A.C. Camp will be held at Spillane Middle School and will be moved to its permanent home at Cypress Ranch High School beginning on July 7th. Each session will be limited to eighty student-athletes, so athletes are encouraged to enroll early to ensure they get their preferred session. More information and applications are available on-line at the Cypress Ranch website or you may contact the campus athletic coordinator – Coach Gene Johnson – at gene.johnson@cfisd.net.

CFISD SUMMER 7 ON 7 LEAGUE

Begins June 3, 2008. Visit: <http://schools.cfisd.net/cyranch/athletics.htm> for schedule.



Come taste what you've been missing...right here in Fairfield!

Hoagies ... *Authentic* Philly Cheesesteaks...Burgers...Salads... Kid's Meals

(yes, there is a "Dave"... he works there every day *and* lives in Fairfield!)

281-256-9507

Call ahead for pick-up

15202 Mason Road, Suite 700 Cypress, TX 77433

"Complete Your Meal" (a \$2.50 value)

Fries and a Large drink for **FREE** with the purchase of any sandwich

Offer expires 7/31/08 - One coupon per customer please

Dave's Hoagie House

15202 Mason Rd. (next to Nestle)

281-256-9507



WRAP is Cy-Woods High School's chemical and drug free party to be held right after prom. This newly formed organization has started meeting to plan the event for the Class of 2009. Please join us!! Start earning WRAP Bucks for your student!

Website under construction at www.cywoodswrap.org

GENERAL MEETING SCHEDULE:

Tuesday, June 10, 2008

7:00 PM

Cy-Woods High School Commons Area

Tuesday, July 8, 2008

7:00 PM

Cy-Woods High School Commons Area

Texans A/C & Heating

"We won't steer you wrong"

- \$40.00 Service Call
- Sales, Service, Installation
- Service all make and models
- 2nd opinions on all equipment replacement
- 18 years servicing area
- Call for Equipment Specials
- Financing Available WAC



832-473-7554

TACL B 11762E

MINIMALLY INVASIVE TREATMENTS FOR SHOULDER PAIN



Join us for this FREE informative seminar and learn how minimally invasive procedures such as Shoulder Arthroscopy and Arthroscopic Rotator Cuff Repair can help you return to an active life free of shoulder pain.

Presented by:

Alain Elbaz, MD *Orthopedic Surgeon*

Wednesday, June 18th at 7:00pm

North Cypress Conference Center

*All attendees will receive a complimentary first aid kit.
Hurry! Space is limited!*



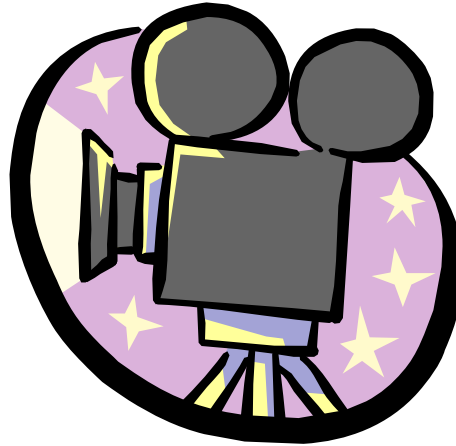

**NORTH
CYPRESS
TOTAL JOINT
CENTER**

Register at NCMC-Hospital.com or call

877.47.JOINT

Highway 290 at Huffmeister | 21214 Northwest Freeway
www.NCMC-Hospital.com

MOVIE UNDER THE STARS!



**“Movie under the Stars” was another huge success!
The crowd was huge and fun was had by all!**

**The FWC would like to thank the following for all their help and support
with helping to bring our recent Movie Night to the Community:**

CY-FAIR HIGH SCHOOL KEY CLUB

SPORTS QUEST TRAINING

GAMBINOS PIZZA

FAIRFIELD DANCE CENTER

RINKER’S BLACK BELT ACADEMY

CY FAIR VFD

JEAN MEGAHAN PHOTOGRAPHY

EXCEL IMMEDIATE MEDICAL CARE

(for the Glow Necklaces)

**DONNA GAFFORD WITH ACCELERATED GROWTH PROPERTIES
(for all the Delicious Popcorn)**

FAIRFIELD VILLAGE NEIGHBORHOOD ASSOCIATION

**And of course to the Fabulous
FAIRFIELD WOMEN’S CLUB VOLUNTEERS!**

New Welcome Center & Seven Model Homes - Now Open



Enjoy Some Quieter Waters.

Welcome to The Heritage at Towne Lake – an ideal enclave for those 55 and better. Your new home will be nestled within a community connected by more than 300 acres of water and designed with Texas Hill Country charm. Complete with low-maintenance patio homes by Village Builders and K. Hovnanian's Four Seasons and waterfront dining and shopping coming in the near future. A clubhouse exclusively for residents of The Heritage is scheduled to open at the end of this year with activities and amenities to rival any resort.



THE
HERITAGE
at Towne Lake

**Active Adult Section
NOW OPEN**
Homes from the \$180s

Clubhouse features will include:

- ~ Professional activities director
- ~ Heated pool and spa
- ~ Fitness center
- ~ Spacious ballroom with stage
- ~ Billiards room
- ~ Arts and crafts room

Towne Lake is located within minutes of:

- ~ Health care services
- ~ Hospitals and physicians
- ~ Shopping
- ~ Dining
- ~ Lone Star College - CyFair

TowneLakeTexas.com
281.256.2772



A Caldwell Community



**TOWNE
LAKE**
A Community Connected by Water

It Has Been a Great Year!

*The Fairfield Women's Club
would like to extend a big
"Thank You!" to the*

2007-2008 Executive Board:

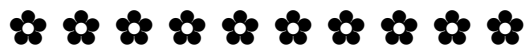
Lisa Cannon ~ President

Vivian Sobotik ~ 1st Vice President

Michelle Smith ~ 2nd Vice President

Kim Urban ~ Secretary

Dawn Bond ~ Treasurer



*We would like to welcome and wish the new
2008-2009 Executive Board the Best of Luck:*

Dawn Bond ~ President

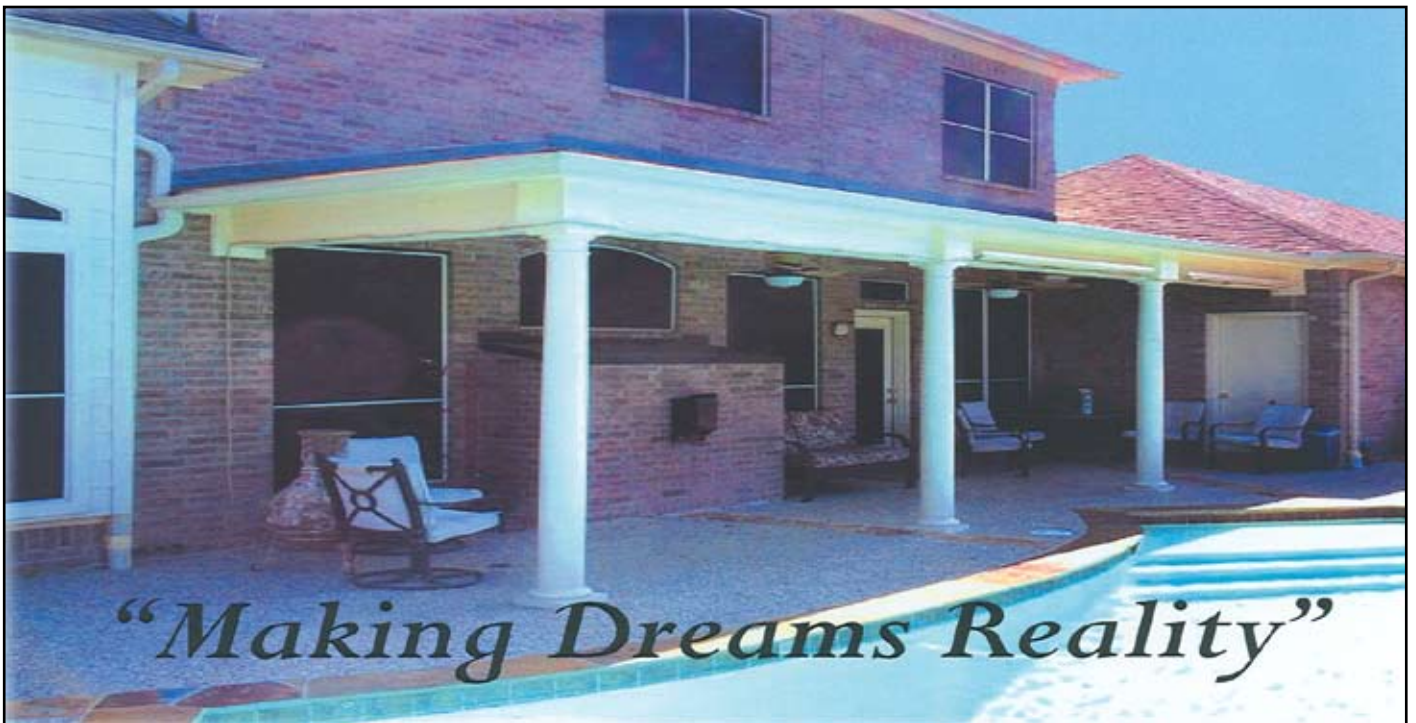
Tara Kosh ~ 1st Vice President

Michelle Smith ~ 2nd Vice President

Karen Bradley ~ Secretary

Amy Wilczek ~ Treasurer

*Plan to join us Tuesday, June 17, 2008,
at the Bradford Creek Clubhouse
from 7:00-9:00 pm
as we kick-off our new year!
There will be food, fun, friends,
and fabulous door prizes!*



**DECKS
PATIOS
ARBORS
SIDING
PAINTING**



281.890.6474

FREE ESTIMATES

DESIGN & CONSULTATION
www.cornerstonecarpenter.com

CORNERSTONE CARPENTER, INC.
 SERVING HOUSTON SINCE 1992

Dental Tip of the Month

Should I get my wisdom teeth removed?

Dear Friends,

It is always a dilemma whether to remove your wisdom teeth or not.

Over the evolutionary process, our jaws have become smaller over time, thus leaving less space for the 3rd molars to erupt normally. In addition, most of our diet isn't as rough as it once was, thus we don't lose teeth as early or wear them out as much as once before. As a result, we don't need extra molars for the long run.

I would advise against removal of your wisdom teeth

- If the teeth are buried under the gums in normal positions.
- If the teeth have fully erupted in normal positions.
- If you are older than 22 years of age. The risks and chance of complications get greater as you get older.

Keep in mind, these above recommendations are not steadfast and are applied on a case by case basis.

In my practice I advise removal of wisdom teeth due to them being very hard to access with a toothbrush or floss. This often results in decay and deterioration of the gums, causing periodontitis. Infections can also result, leading to a lot of pain and suffering. A horizontally impacted tooth or a crooked tooth can lead to some adjacent tooth movement or root movement. Most orthodontists recommend removal of wisdom teeth to prevent shifting of the front teeth.

It is not an easy decision to go ahead with the wisdom teeth surgery. Consult your dentist for their advice.

If you have any questions, feel free to email me at sundranids@yahoo.com.

Your Dentist,
Dr. A.Sundrani



Dr. Sundrani
CYFAIRDENTIST.COM



Call us at (281) 225-9906
www.cyfairdental.com

FWC Graduation Tea

On April 27th, the Fairfield Women's Club honored senior girls graduating from high school at the annual Mother / Daughter Graduation Tea held at the home of Michelle Smith. We had a fantastic afternoon and enjoyed meeting all of the wonderful young ladies and their mothers. Thank you for taking time out of your busy schedules to attend the tea.

Best of luck to all of the graduating seniors in Fairfield as you begin a new chapter in your life.



Pictured above starting from left to right:
Brittany Hunt and Sarah Johnson (front),
Danielle Jones and Kristin Bost (middle),
Nicole Morris and Kelly Toups (back).

Opening In June/Now Pre-Leasing!

Lighthouse Boat & RV Storage, LLC

22614 Schiel Rd, Cypress, Tx. 77433



Darrel Fowler:
832-334-9078

Nick Sacco:
832-746-5071

Visit Us @ lighthousestorage4u.com

**Family Owned
& Operated**



The Fairfield Handyman

Need Help Getting Those Honey-To-Do Lists Completed?

NO JOB IS TOO SMALL !

John Haushalter
Fairfield Resident

Call **The Fairfield Handyman** at
281-304-7837





Wake up to MOPS @ The MET on Friday Mornings!

Register now and wake up to MOPS @ The MET on Friday mornings. MOPS @ The MET, Mother's of Preschoolers, offers 2 dynamic groups that meet either the 1st and 3rd Friday mornings or the 2nd and 4th Friday mornings from 9:15am – 11:45am. Childcare is provided with registration. MOPS is a program specifically designed to meet the need of mother's of preschoolers, newborn through kindergarten. You won't want to miss a Friday morning filled with scrumptious food, great door prizes, new friendships, encouragement, awesome speakers and a creative activity that even the most craft challenged gal can do! To find out more about MOPS and to register now for Fall 2008 go to www.metmops.org. Registration is \$50 per semester.

The MOMS Club® of Cypress / NW-Fairfield Moms Offering Moms Support

MOMS Club® is an international organization with a neighborhood feel! We are teachers, business women, counselors, chefs, CPA's and artists who have put those careers on hold and have made the choice to stay home with our kids.

MOMS Club® is a place to find friendship, support, playmates and sisterhood!



ALL events include our children and we believe there is something for every mom out there! Are you looking for park days, (free) babysitting co-op, craft projects, time to sit and chat, cooking club, book club or someone to share dinner with when your husband is traveling or working late? We have that! (And a whole lot more!)

June is here and with it brings summer! We will be busy going to pools, the splash pad, parks, movies and much more! It is always fun and often easier to have the kids playing together! Don't be isolated because you have chosen to stay home! Come join the fun!

Come visit our next all-member meeting and see for yourself! There is a lot of fun and support just waiting for you! Our next meeting is Tuesday, June 3 10am at Good Shepherd United Methodist Church located on Cypresswood Drive in Fairfield. As always, children welcomed!

For more information, please contact Kristine Fiala, Membership VP, at 281-373-3934, kristinefiala@yahoo.com or Kim Robinson, President, at 281-256-7553, kjlrobinson@hotmail.com.



YES, WE DELIVER TO YOUR NEIGHBORHOOD!

NOW Right to Your Door.

P: 281.758.2169 F: 281-758-2171
25823 Northwest Freeway Suite K. Cypress TX, 77429
Valid at this location only

Quiznos® DELIVERY

Catering | Lunch | Dinner

Quiznos DELIVERY Buy 2 Subs at Regular Price and Get 3rd One FREE
Expires July 1, 2008

This original coupon must be surrendered when ordering. Limit one coupon per person per visit. May not be combined with any other offer or coupon. Taxes not included. No cash value (unless prohibited by law, then cash value is \$.005). Value of promotional item(s) varies by location. No substitutions. Void if copied or transferred and where prohibited.

Quiznos DELIVERY **5 5 5 DEAL**
3 Reg Subs - \$5 Each
add \$2.00 for premium steak subs
Minimum 3 Subs
Expires July 1, 2008

This original coupon must be surrendered when ordering. Limit one coupon per person per visit. May not be combined with any other offer or coupon. Taxes not included. No cash value (unless prohibited by law, then cash value is \$.005). Value of promotional item(s) varies by location. No substitutions. Void if copied or transferred and where prohibited.

Fairfield's Fifty Plus Fun-Loving Group The Fairfield Seniors

The Seniors of Fairfield is an active, fifty plus, fun-loving group of couples and singles who enjoy fellowship, monthly trips, and various activities together. If you or your spouse are fifty or older, a newcomer to Fairfield Village or have lived here in Fairfield for some time, but have never attended one of our functions you are cordially invited. Come and be a part of our fun-loving group. We're sure you will enjoy it.

OUR JUNE BUS TRIP PLANS OUR:

Tuesday, June 10, To the Houston Zoo. Have you been to the zoo lately? Then come and join us in June for a trip to the Houston Zoo and a "Walk on the Wild Side." The Houston Zoo's trained animal keepers will be our personal guides for this exciting and educational 1-1/2 hour in-depth tour of the zoo.

Our guides will be sharing some fascinating stories and facts about the animals and the zoo. They will take us to see the giraffes and their 5 month old baby, the elephants (they also have just recently had a little baby, well, maybe a big baby), and, of course the lions. We may also get to see the first baby Schmidt's red-tailed guenon born in the zoo in 29 years. He was born Monday, March 31 and was named Matani, after the Swahili word for strength.

After our guided tour, we will have about 1 hour to explore the zoo on our own. We will then board the bus and head for lunch at the Katz's Restaurant on Westheimer for a relaxing and delicious meal.

You will want to wear some comfortable walking shoes for this trip. You may also want to bring a camera for some baby photographs.

The cost for this trip is \$17.00, plus your lunch at the Katz's Restaurant. To get your name on the list for this trip, **call Jim or Shirley Hearst @ 281-373-4432**. Make checks out to: Fairfield 50 Plus, for the trip cost only. The departure time for this trip is 8:45 a.m. from the Fairfield Village parking lot. Please be there by 8:30 a.m.

OUR JULY BUS TRIP OUR:

Friday, July 18, To an Astros Ball Game. Yes. It's July and time for our third annual base ball game trip. This year it's back to Minute Maid Park to watch the Astros play the Chicago Cubs. Game time is 7:05 p.m.

This year we were lucky and got group seating in section 334 with some front row rail seats. We had a great time last year so let's fill the bus again this year and cheer on our Astro's, and continue the tradition of a night at the ballpark with other fun-lovers.

Ticket payment must be in by June 16, to obtain our group price.

The cost is the same as last year \$24.00 per person (non refundable) for the baseball tickets, plus the cost of your meal, or snack which ever you choose. We will stop at the Cleburne Cafeteria prior to the ball game for something to eat. Cleburne accepts cash or local personal checks – SORRY NO CREDIT CARDS.

To get your name on the list for this trip, **call Ed or Darlene Hofer @ 281-304-9078**. Make checks out to: Fairfield 50 Plus, for the cost of the tickets only. The departure time for this trip is 4:15 p.m. from the Fairfield Village parking lot. Please be there by 4:00 p.m.

OUR AUGUST BUS TRIP PLANS OUR:

Friday, August 18. Keep this date open for another exciting trip that the planning committee is organizing now.

UPCOMING TRIP PLANS:

A Ten Day Inspirational Israel Tour – Oct 08 or Mar 09.

This trip is still in the planning stages. If you want more information or are interested in the Israel tour, check "Upcoming Trip Information" on our web site for the details:

www.fairfieldseniorsgroup.com/homepage.htm

OUR JUNE ACTIVITIES PLANS:

Thursday, June 12: Our Monthly Planning Committee meeting is at **1:00 p.m.** at the Lakeside Trails Club House.

Then later, around **6:30 p.m.** that evening, we have our Monthly Pot Luck. It is also at the Lakeside Trails Club House. However, plan on being there early. Doors open around **6:00 p.m.** for socializing and fellowship. Then stay and join many of our members staying to play games after the meal and to finish up the deserts.

Sunday, June 15: Happy Father's Day

Tuesday, June 17: Game Night at the Cooks' House. It starts around 6:30 p.m.; just bring a little snack. This is always a fun evening with great fellowship. The directions are posted in the Activity details page on our web site and will also be in the June 15 weekly email.

Sunday, June 21: The first day of summer

Thursday, June 26: Game Night at Lakeside Trails Club House. It starts around 6:30 p.m. and we have plenty of room at the club house. We would like to see you there to enjoy an evening of games and fellowship. Just bring a little snack and plan on having lots of fun.

For more information on all activities other than trips: Call Mary Lou Cook for more details at **281-304-8359**.

We recommend that you check our web site regularly to get the latest information. Things often change from the time this article is submitted and when you receive your copy of the Gazette.

www.fairfieldseniorsgroup.com

OUR FUN-LOVERS WEEKLY EMAIL: An event reminder. It is emailed each week to our members and others who have requested it. It provides updated information and any changes from what appears here in the Gazette. We also include member birthdays and prayer requests; we even have a contest or two, along with other news and items of interest. If you would like to receive our weekly email, send your email address to:

Fairfield-Seniors@comcast.net

Custom Homes on Acre Lots



MLS #4822384



MLS # 8082663

Visit Sonoma Ridge subdivision just 2.1 miles north from 2920 and Cypress Rosehill. Borne Homes LLC has homes ready for immediate move in, and numerous lots available for your custom designed plan. House plans starting in the \$250s.

Sonoma Ridge Offers

- Acre + Lots
- Numerous mature hardwoods
- Low 2.51 Tax rate
- No MUD taxes
- Quiet country living 5 minutes from Tomball and 10 minutes from Cypress.
- \$100 Maintainece fees
- Gas, Ele, Fiber, and Water Available
- Realtors welcome

Borne Homes LLC Features

- 10 Year Structural Warrantee
- Dbl Pane Low E windows
- Tech Shield Roof Decking
- Blown Cellulose Insulation (30 % more efficient)
- Custom details including
 - Tin Ceilings
 - Custom Lighting, ORB fixtures
 - Granite Tops in Kitchen & bath
 - Custom Cabinets with Glazing
 - Stone Fireplaces
 - Hand Scraped Wood Floors
 - 20 Inch Travertine Flooring

Open House Every Saturday 1-5 in June and July

Mention this ad for \$2500s towards Deck, Fence, or Outdoor kitchen.

Realtors Call for latest Bonus info.

**Contact us for info or to see
properties and homes at:**

281-516-2900 (office)

281-541-6457 (cell)

832-289-5581 (cell)

bornehomes@sbcglobal.net



WWW.BORNEHOMES.COM

Fairfield Book Club



The Fairfield Book Club is a terrific way to meet other women in Fairfield. Have great conversations and develop new friendships.

We meet the 3rd Wednesday of each month (rotating homes and sometimes restaurants), from 7:00pm – 9:30pm. We share food, drinks and of course conversations. We read all kinds of books that have been suggested by our members. Classics, modern pop fiction, non-fiction, biography and classic junk...anything. There are no book snobs here, we read it all? So if you are a book lover or just want to expand your reading and/or social network then please join us at one of our meetings.

We invite you to attend one of our meetings as a guest or a member. We currently have openings, however because we hold the meetings in homes our membership is limited. So don't wait, contact me today.

Contact Linda Locke at Linda15226@yahoo.com
Or 713-298-6514 (evenings please)



American Legion Post #324 Looking for new members!

If you are a Veteran of the U.S. Army, U.S. Navy, U.S. Air Force, U.S. Marines, U.S. Coast Guard, or Merchant Marines you may be eligible to join.

American Legion Post 324 of Jersey Village meets the second Sunday of each month (except May when it's the third Sunday) at the Jersey Village Civic Center at 4:00 p.m.

Please come to the meeting or contact the Post by mail at P.O. Box 41962, Houston TX 77241 or call Commander Howard Mead at 713-466-3610.

A cartoon character of a dog wearing a cowboy hat and holding a hose, with a speech bubble saying "Digger Says... Ya'll quit dragg'n that hose!".

South-West Sprinkler Company
Installation & Repair Drainage Specialist
Now! Over 1750 Irrigation Installations!!!!
We Install or repair more systems in the NW area than any other company!

NOW OFFERING FREE UPGRADES
281-861-6171
www.southwestsprinkler.com
Robbie Moore
Northwest Resident for 25 Years
LI #7019 • Drain LI # 414814

BBB Gold Star Award 2002, '03, '04, '05, '06, '07

FAIRFIELD Select Contractor

A photograph of a large, modern swimming pool with a multi-tiered waterfall and stone steps. The pool is surrounded by a well-maintained lawn and some landscaping.

Creating Reflections of Elegance

Perry Pools & Spas
281-213-8100
David Perry, Owner
Since 1986
Cypress, Texas

2006 Cy-Fair Small Business of the Year
2005, 2006, 2007 BBB – Gold Star Award
2007 NHMCCD Finalist-Small Business of the Year
www.PerryPools-Spas.com

INTERESTED IN SCRAP BOOKING?

but find yourself putting it off?

Join a scrap book club that will meet once a month in Fairfield.
E-mail sandrawright@houston.rr.com or call 832-642-1248.

290 Cypress Business Networking Group

The 290 Cypress Business Networking Group meets every Thursday morning at 7:30 am at Newk's Express Café located at Hwy 290 and Spring Cypress in the Kroger Shopping Center near the Cinemark Theater. The group is open to all business owners and professionals who want to increase their exposure to the residents of Cypress and the surrounding areas. There is no cost to attend the meeting. If you would like more information, please call Ken Parker at 281-894-1957. Visit our new website at 290Cypress.com

Fairfield Singles

Greetings to all Fairfield Singles:

Our names are Rogers, Ken and Linda and we are re-invigorating the Fairfield Singles Group. If you are new or old to Fairfield and are single, we invite you to join. This group will not only serve as a database and communication site, but we hope to plan and hold group activities throughout the year. Of course, we invite all who join to put as much input and involvement in as they are able. The last time the group was active, several years ago, there were forty-five plus members. I am confident that we can at a minimum be able to double that number. This is a great opportunity for those singles in the Cypress area, which is mostly a family based community, to get together and meet others of the same interests. We are asking, at this time, that only adult homeowners sign up for membership.

So, now you are asking, "How do I do it?" Actually it is quite easy and as long as you have internet access will take only an email request. As we are keeping the internet membership only open to those who actually do reside in Fairfield, we have made it a private Yahoo Group Site. This will necessitate an email request to join and please state your name, email addresses are sometimes ambiguous, and neighborhood for verification. This will also protect our membership from outside intruders. This qualifying email should be sent to: FairfieldSingles@yahoogroups.com

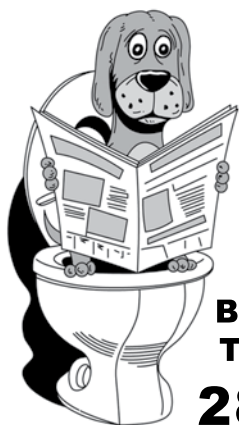
So sign up, get out, and meet your single neighbors! If we all get involved, we will increase our mutual quality of Life in a great community. We encourage you to be as active as you can, remember what one usually puts in; a lot more generally comes back. Thanks and we look forward to meeting all of you.

Rogers, Ken & Linda

YARD DOODY

Weekly dog waste removal services

**Finally a service that benefits you,
your backyard and your little friends
at the same time!**



Easy Sign-up
No Contracts
Senior Discounts
Disabled Discounts
Referral Rewards

**Become DOODY-FREE
Today! Give us a call:**

281-256-2512

Going Where your dog has gone before

4th Visit Free!

www.YardDoody.com

HI-TECH MECHANICAL

For your Air Conditioning and Heating needs

\$68⁰⁰

*One System

**Professional A/C System
Spring Tune-Up***

Additional Systems \$54⁰⁰



TRANE®

It's Hard To Stop A Trane.™



Comfortmaker®
Air Conditioning & Heating

713-937-4400

TACL-A011183C

Mastercard, Visa, and Discover Accepted

FROM FEVERS TO FRACTURES.

Whether it's a sprain, broken bone, laceration or allergic reaction, North Cypress Medical Center's Fast Track Emergency Room is open 11 a.m. to 11 p.m., 7 days a week to treat all your minor emergency needs.



Fast Track ER
832.912.3800



Highway 290 at Huffmeister | 21214 Northwest Freeway
www.NCMC-Hospital.com

CY-FAIR KIWANIS CLUB

*The Kiwanis Clubs of the Houston area,
along with Walmart, are proud to present the*

2008

12th Annual Kiwanis Kids Triathlon Series

This event allows boys and girls ages 7 to 12 to experience the fun and excitement of triathlon. It's a morning of friendly competition and physical activity that can lead to a lifetime of fitness. The 2008 series will include seven (7) races at various locations all around Houston. The Cy-Fair Kiwanis Club kicks off the first race on Saturday, June 7th at the Langham Creek YMCA in Copperfield. Kids can participate in one or all of the races.

What is a Kids Triathlon? It's a great sport for young children because it combines three activities that every child enjoys -- swimming, cycling, and running. All three elements are included in each race. With young athletes in mind, the Kiwanis Kids Triathlon courses are designed to feature comfortable distances for the novice to the experienced athlete. Boys and girls will compete separately in their respective age groups: 7-8; 9; 10; and 11-12. Boys and girls compete separately in their age groups. Distances for the 7-9 years olds are a 50 meter swim, 1 mile bike, and .25 mile run. Distances for the 10-12 years olds are doubled. Every participant receives an Olympic-style finisher's medal, triathlon T-shirt, and refreshments! Trophies are awarded to 1st, 2nd and 3rd place boys and girl in each age category. The entry fee is \$20 for pre-event and online registration, and \$25 for race day registration. Net proceeds will benefit Kiwanis charities.

USA Triathlon sanctions this event and requires all participants to be USAT members. Annual youth memberships are available for \$5 at www.usatriathlon.org.

For a complete race schedule, registration materials, or to get "training tips," visit the Kiwanis website at www.kiwanishoustonsunrise.org.

Cy-Fair Kiwanis Club Meetings

The Cy-Fair Kiwanis Club meets three times a month at the Hearthstone Country Club in Hearthstone from 12:15 p.m. to 1:15 p.m. for lunch, and programs including guest speakers on subjects of concern to the community and individuals. We invite you to a complimentary lunch, fellowship with our members, an informative program, and an opportunity to learn more about our organization. Reservations are not required. The Club will meet on June 3, 10, and 17.

Membership in Kiwanis is open to persons of good character who adhere to the standards of good conduct in their community and believe in and subscribe to the objects of Kiwanis International. If you would like to know more about Kiwanis and the service programs it promotes, call John Carroll at 281-463-0373; George Crowl at 832-467-1998; or Peggy Presnell at 281-304-7127.

CHILDREN: PRIORITY ONE is the motto of Kiwanis Clubs worldwide. The Cy-Fair Kiwanis Club, an affiliate of the International Kiwanis organization, focuses its services, programs and activities on this theme. Local projects of the Club with the emphasis on Children include sponsorship of seven Key Clubs, Circle K at Cy-Fair College, Boy Scout and Girl Scout projects; Cypress Assistance Ministries, Bear Creek Assistance Ministries, the Houston Food Bank, the Salvation Army, and others as needs are identified. Come; join; work with us in service to the community.

Come, join, work with us in service to the community.

Cy-Fair Area Y-ME Breast Cancer Support Group

Are you a Breast Cancer Survivor?

Please join us for the Cy-fair Area Y-Me Breast Cancer Support Group. We meet the second Thursday of each month @ Kindred Hospital Houston Northwest from 6 p.m. – 7 p.m.

For more information please contact Tere Kelly@ 281-517-1008.



*When it comes to your child's development,
getting help early is best!*



Texas Early Childhood Intervention (ECI) provides early intervention and therapy services for children birth to 36 months. If you have questions about how your baby or toddler is developing-ask ECI! Programs are in every Texas County.

Questions or Concerns?

Call ECI of MHMRA Harris County at 713-970-4900
or visit www.dars.state.tx.us/ecis
to find out more about ECI
and to find your local program.

*ECI developmental screenings & evaluations
are at no cost to families!*

Don't want to wait for the mail?

View the current issue of the
Fairfield Community Gazette
on the 1st day of each month
at www.PEELinc.com



Now picking up at
Ault and Keith
Elem.

Primrose Philosophy No. 33

**Learning is a treasure that will
follow our children everywhere.**

Call 1.800.PRIMROSE or visit primroseschools.com to learn more about our proven programs for infants through private pre-kindergarten and after school.

Primrose School of Barker-Cypress

16555 Dundee Road | Cypress, TX 77429 | 281-225-0123

SACS-CASI Accredited

Each Primrose School is privately owned and operated. Primrose Schools, Balanced Learning and The Leader in Educational Child Care are trademarks of Primrose School Franchising Company. ©2006 PSFC.



Primrose Schools

The Leader in Educational Child CareSM
www.primroseschools.com

Galaxy Health Care Centers, PA



Dr. Alex Riley
Chiropractor

**Accepting New Patients
Same Day Appointments
Walk Ins Welcome
Most Insurance Accepted**

(281) 373-5510

17333 Spring Cypress, Suite C
located in the Kroger Shopping Center

HOURS:

Mon-Fri 8:00 a.m. – 6:30 p.m.
Sat 9:00 a.m. – 1:00 p.m.



 **LONE★STAR** 
PEST CONTROL
Termites * Roaches * Ants
Spiders * **INSPECTIONS**
* Mice * Silverfish * Fleas * Ticks
Owner
Andy Sassie **P: 713-732-7742**
TPCL# 13558 **F: 281-373-3226**


 **The Speech Emporium** **832-593-6767**
Speech and Language Therapy
Now Located at
13611 Skinner Road, Suite 250
Cypress, TX 77429
Kristie K Gatto, MA, CCC-SLP Insurance Accepted
Jennifer A Swearingin, MA, CCC-SLP www.speechemporium.com

FREE DIABETES CLASSES

OFFERED

on the 2nd Saturday of each month

At

Kindred Hospital Houston Northwest
11297 Fallbrook Dr.

“Introduction to Carbohydrate Counting”

8:30 am - 10:30 am

“Introduction to Insulin Pump Therapy”

10:30 am – 12:30 pm

**“Advanced Pumping Skills
& Support Group”**

1:30 – 3:30

***RSVP prior to each class to Tere Kelly
at 281-517-1008***

Pinnacle Design Creations

Your dreams, Our Innovations



Structural Patio Covers/Outdoor Kitchens

Imagine a beautiful patio cover with ceiling fans and recessed can lights on a dimmer switch. A place where you can drink your morning coffee and barbecue in the evening. A place where you will want to eat dinner with your family. A place that will become an extension of your house. The back porch will become your favorite spot to unwind from a busy day or place to just lounge around. At Pinnacle Design Creations we make them look like they were built the day the house was built, while adding a very elegant focal point to the back of your home.

Energy Efficient Replacement Windows

Get rid of those cheap, inefficient builders grade windows. Let us install some premium, double pane, thermal windows that will help keep your house cool in the summer and warmer in the winter, while increasing noise reduction.

Hardiplank Siding & Gutter Replacement

Lets get that old rotten pressed cardboard off of your most prized possession and upgrade to HARDIPLANK SIDING, the best product of its kind in the industry.

Got Rusty ineffective gutters? Call us, we can help.

Nationally Recognized Award Winning Designer

2005 & 2007 by NARL.

14 Years Industry Experience.

Fairfield Resident Since 1999.

Local Fairfield References Available.

Please email or call to schedule a free estimate or consultation.

JrPinnacleDesign@aol.com

Office: 832-276-8792 Cell: 832-419-8404

Summer Events At Cypress Christian School

CCS will once again host summer camps for students of all ages.
Educational Camps

Camp Invention – June 2-6: This is a week-long summer enrichment program in the fields of science, mathematics, history, and the arts for children entering grades 1-6. For more information, log on to <http://www.invent.org/CampInvention/>.

High Touch-High Tech Science Camp – June 16-20: This is a one-week session that brings a child's imagination to life as he/she enjoys a variety of interactive science related activities. It will be an inspiring week of fun and learning! For more information, log on to www.ScienceMadeFunHou.net or call 866-799-4848 or email info@ScienceMadeFunHou.net.

St. Thomas University Summer Reading Enrichment Program: CCS will host this program again this summer. It is scheduled to run from June to early August and is available to children and adults. Please call 1-800-964-1020 for more information or to register for classes.

Sports Camps

Basketball Camps:

Grades 7-12 - June 16-19 from 1:00-4:00 p.m.

Grades 3-6 - June 23-26 from 1:00-4:00 p.m.

Volleyball Clinics: Most Tuesdays and Thursdays

June 10-July 15 from 5:30-9:00 p.m. for elementary through high school students (specific times for age groups to be determined)

Volleyball Camp

July 28-Aug. 1 from 7:00-9:00 p.m. for middle and high school students

The camps above are sponsored by the school. Please call 281-469-8829 to register.

Soccer Camp: July 21-25 from 5:30-8:30 p.m. for ages 6-14

For more information and to register for soccer camp, logon to www.SportsQuestTraining.com.

Check the school web site for updated information:
www.CypressChristian.org or call 281-469-8829.

CertaPro Painters®



Full Service Residential Painting Company

Interior & Exterior
Cabinet Painting • Faux Finishing
Door Refinishing & much more!

FREE ESTIMATES

Save Money on your energy bill
with the new Radiant Barrier paint!

FREE
Color
Consultation

2 Year Warranty
Fully Insured
No Deposit Required

281-797-0250

snelson@certapro.com

www.certapro.com



LEGAL SERVICES

Christine K. Lincoln

Attorney at Law



- Divorce
- Adoption
- Premarital and Postmarital Agreements
- Modification of Orders
- Wills
- Health Care Directives
- Collaborative Law

The Lincoln Law Firm PLLC

12777 Jones Road, Suite 475

Houston, TX 77070

(281) 970-9005

www.thelincolnlawfirm.com

Chris@thelincolnlawfirm.com

Teenage Job Seekers

NOT AVAILABLE ONLINE

**BATHROOM AND KITCHEN
SPECIALISTS**

www.tileworksremodeling.com

"Let us give you exceptional service"

Complimentary Design
Assistance

TILEWORKS
281-550-8900



• Fully Insured • Work Guaranteed • 27 years experience



Attention Teenagers

The **Teenage Job Seekers** listing service is offered free of charge to all Fairfield teenagers seeking work. Submit your name and information to Holly A. Reichert via e-mail to editor-gazette@att.net by the 10th of the month!



Flaherty's FlooringAmerica

Formerly Carpet Masters of Texas

New Name. Same Owner. Same Promise.

FREE CARPET INSTALLATION*

13422 Grant Rd.
Cypress, TX 77429

281.370.8022

10700 Kuykendahl Rd.
The Woodlands, TX 77381

281.363.1962

**1 Year No Interest,
No Payments Financing Available**

* Free installation valid on carpet only.
Minimum purchase applies.
Expires 6/30/08.

www.flahertysflooring.com

wood ceramic laminate vinyl area rugs carpet

Fairfield Athletic Club News

Hours at the Club

Monday thru Thursday	5:00 a.m.-10:00 p.m.
Friday	5:00 a.m.-8:00 p.m.
Saturday	8:00 a.m.-8:00 p.m.
Sunday	1:00 p.m.-8:00 p.m.

FAC Membership Cards

If you have not applied for your new membership card to access the weight room, etc., please take the time to do so now. If you have any questions, please call (281) 373-0834.

Members who forget their card twice within one month will not be granted access to the gym and will be required to purchase a new card if card is not found by third attempt. The cost is \$25.00 to replace an electronic card.

Weight Room Orientation

We offer bi-monthly Weight Room Orientation at the FAC. Please refer to our website calendar at www.fairfieldvillage.org each month for the dates and times.

Weight Room Attire

We would like to remind everyone to wear the appropriate clothing and footwear while in the weight room. Here are some general guidelines: gym shorts, t-shirts, jogging and/or sweat outfits and tennis shoes. No jeans, cargo pants, street clothes, belts, sandals or flip flops are allowed.

Guest Policy

Members may bring a guest. There is a \$5.00 guest fee per visit.

Both member and guest must sign a Waiver of Liability. The member signing the waiver must be 18 years of age or older. An adult member must accompany their guest, ages 10-14, at all times. Members are responsible for the conduct of their guest and all damages to facility and/or equipment that result from inappropriate actions of their guest.

Weight Room Rules

No one under the age of 12 is allowed in the weight room. Members, age 12-14 years of age, must have completed the weight room orientation and be accompanied by an adult to enter the weight room. Members, age 15 years and older, may access the weight room without a parent.

Adult Pick-up Basketball

The FAC offers Adult Pick-up Basketball every Sunday from 1:00pm – 4:00pm. For safety reasons, you must be at least 18 years of age to play.

Rentals

AMI rents out the Bradford Creek Clubhouse, The Lakeside Trails Clubhouse and Central Park Clubhouse. For rental fees please call Cecelia Panzinetti, AMI On-site Manager at 281-256-0065. You may also come into the AMI office located inside the Athletic Club.

Lap Swimming Hours

Please refer to our website at www.fairfieldvillage.org for the monthly lap swimming hours.

**\$20 off
Office Visit***



- Medical, Surgical, Dental and Wellness Services
- Convenient hours and Online Pharmacy that can deliver right to your door
- Call us or come by and see how making the right choice for your four legged family members can make the world of difference.



Summer Season is almost here, is your dog or cat fully protected from fleas and heartworms? We can answer all your parasite control questions about the newest products available.



Did you know cats get heartworms also? One mosquito bite could potentially kill your cat. Call us to learn more about this potential deadly threat that is very preventable.

832-220-1380 www.BlackhorseAH.com

Located in The Shops at Blackhorse near the Intersection of Fry and Mound Roads.

**Coupon good for new clients only. Expires 7/2008*



Opportunity is KNOCKING

Register NOW for summer and fall ...
flexible class options include weekend, evening
and distance learning.

**Summer classes start June 2
and July 10.**

**Weekend classes start
June 6 to June 8.**

Fall classes start Aug. 25.

Register and pay EARLY ...
for fall college credit courses by Aug. 4
and you're entered to win a
free semester of tuition.

CyFair.LoneStar.edu



LONE STAR
COLLEGE
CYFAIR

Open doors

**Barker Cypress Campus
9191 Barker Cypress
Cypress, TX 77433**

**LSC-Fairbanks Center
14955 Northwest Freeway
Houston, TX 77040**

Harvest Bible Church

Did You Know? - What does the Scripture say? "Abraham believed God, and it was counted to him as righteousness." 4 Now to the one who works, his wages are not counted as a gift but as his due. 5 And to the one who does not work but trusts him who justifies the ungodly, his faith is counted as righteousness (Romans 4:3-5).

The false premise of the day among Jews was that their forefather Abraham had been saved by his good works, that God had taken notice of his personal righteousness and thus saved him. If this were true, however, Abraham could have boasted about his works, although not before God. The Scriptures, however, would prove that the Jewish patriarch Abraham was saved by faith alone and not by works. The apostle's use of the Old Testament, calling it "Scripture" proves that the ultimate authority which guides man's quest for truth is the Bible.

In Romans 4:3 the Apostle Paul attempts to solve the issue of Abraham's salvation with the question, What does the Scripture say? The suggestion of this question is interesting. First, the word for "Scripture" is singular which means that Paul recognized the existence of a body of writings as one compilation of inspired writings, not a library of separate books to pick and choose from. Second, Paul personifies God in the Scriptures by saying that they actually speak. In other words, Paul makes no distinction between what Scripture says and what God says through it. Third, Paul used the present tense, "What does the Scripture say?" This means that God's voice is heard repeatedly, loud and clear through the text of Scripture. Fourth, in referring to the Scripture for answers Paul demonstrates that divine spiritual guidance is found in the Bible. What Paul shows, therefore, as did Jesus, is that every issue, whether controversial or not, is answered in the Scripture – the Bible.

Now the Scripture Paul had in mind regarding Abraham's faith was Genesis

15:6 which says, "Abraham believed the Lord, and He credited it to him as righteousness." Note first the word "believed." The Hebrew word is "amen" – a term that has unfortunately been relegated to a marker of conclusion for prayer, although sometimes used to agree with others. When used properly, however, it refers to one's agreement with God, like Abraham, and reflects one's trust in Him. The second word in Gen. 15:6 to highlight is "credit" (also "to reckon"). It is a monetary term that was used in reference to depositing money into an account. Paul set forth the two means by which money was put into an account in vv. 4-5. One way was by working so as to earn the wage. In this case, wages were rewarded because they were earned. Second, wages can be deposited into an account as a gift given – at no cost and unearned. Paul, then, makes the clear distinction that righteousness is not something anyone can earn but something God gives as a gift – a gift given to those who say "amen!" to Him and who do not attempt to earn righteousness by moral deeds. In his letter to the Galatians, Paul cited the same passage from Genesis and then said, "Therefore, be sure that it is those who are of faith who are sons of Abraham" (Gal. 3:6-7).

There are many religions that believe Christ died on the cross to save us, but the large majority also preach good works to be added as a necessity for salvation. Then there are those preachers who purposely never mention sin, the cross, or salvation in Christ alone in sermons. They boldly preach the satanic doctrine that moral behavior is all we need to be happy, leading literally millions to the false hope that good works are synonymous with salvation. We invite you to Harvest Bible Church where the Scriptures are preached verse-by-verse so that we can know the true mind and heart of God and so that we can know who to worship Him in spirit and truth. Consult our website at www.harvestbiblechurch.net



\$5.00 OFF
16" OR LARGER COOKIE CAKE

Coupon valid at Houston Premium Outlets location only. Not valid with any other offer. Present coupon when ordering please. No cash value.

Expires 06/30/2008
© 2008 Cookie Associates, Ltd



HOUSTON PREMIUM OUTLETS
(ACROSS FROM THE FOOD COURT)
281-373-0767

THE GREAT AMERICAN COOKIE CAKE
PERFECT FOR ANY OCCASION AND READY IN AS LITTLE AS 5 MINUTES!







Fairfield Church of Christ

"Discovering the Heart of Christ, in the Heart of Fairfield."

Three Penny Momma, by Don L. Creacy. The year was 1958 and I was seven years old when I first met my Momma. It's not important how we three children fell into the child-care system, nor how we came to live at that orphanage. Simply stated, the man our birth Mother had run off with didn't want to raise three hungry children after she was killed in a car accident. So there we were. I vividly remember holding each sister's hand through a chain link fence: separated on the boys' and girls' sides. It remains important that we three children stayed close. One day they got us all "fixed up" and took us to the courthouse to see the Judge. To insure good behavior, the social worker gave me three pennies for the gumball machine... "if we were good." When we arrived they walked us right past the gumball machine and, to our great joy, into a room with our biological Dad. The Judge told me, as the oldest, that if I wanted, we could go with our Dad and the new Momma he had for us. I looked her over, a large sweet-smelling, pillowy woman in a flowery dress. I reached into my pocket, pulled out those three pennies and asked her, "If I give you these three pennies will you take care of them?" Somehow she understood I meant a different kind of question. She replied, "Yes Honey, I will." I turned to the Judge and told him we would go with her. For the next twenty-five years she cooked and cleaned and slung hash at the Calico Kitchen all night long only to come to three more hungry mouths. She wasn't perfect, I don't know anyone who is, but she raised and reared us when necessary. Finally, we were all three out of the house and married and raising families of our own. Life was good. Then Dad chose to leave with another woman. We kids were devastated. I wanted to show Momma my support, love, and appreciation for all her gifts and sacrifices. I wrote her a letter and told her that no matter what happened or what anyone else in the world did, she would always be our Momma. To emphasize my point, I taped three shiny new pen-

nies into a card and sent it to her. She called. "I don't need three pennies to remember you children. Besides, I still have the first three." That was fifteen years ago. Momma died this spring, we buried her on Good Friday, but because of her, we will never again be motherless children. As we sorted her things out, I opened her jewelry box drawer. There in tiny individual plastic bags, lay three pennies, dated 1957, 1957, and 1958. I have them in my pocket at this moment. No one will ever make a movie or write a book about her, but to me and my sisters, she is the world's best Three Penny Momma.

Every Sunday morning, Bible Classes for babies to adults begins at 9:30am. Each Bible Class is taught by loving, well prepared, Christians utilizing the latest in educational techniques and finest bible curriculums. Worship is at 10:30am and each service is carefully thought out and planned by our worship ministry leaders. Every service is meant to bring glory to the name of Jesus and help each worshipper realize how wonderful it is when you fall in love with Jesus as your Savior. Mid-week Bible Studies are also offered every Wednesday at 7:30pm. This is a great time to pause in the middle of a busy week and be re-energized by fellowship, prayer and study of God's Word.

We also offer free of charge in-home, personal, one-on-one Bible Studies and for those who wish to study alone, Bible Correspondence Lessons as well. If you have a prayer need of any kind, please let us know by calling the church office or visiting our web site at www.fairfieldchurch.org. Our worship center is at the corner of Mason Road and Chappell Knoll and once again, you and your family are always welcome. We would love to see you this Sunday. If you have any questions or we can help you in any way, please call the church office at 281-373-1900. www.fairfieldchurch.org

Have a blessed day, Dr. Mike Lehew, Minister

Bashans Painting & Home Repair

Commercial/Residential
Free Estimates

281-347-6702



281-731-3383 cell



- Interior & Exterior
- 20 Years Experience
- Hardiplank Installation
- Wood Replacement
- Pressure Washing
- Sheetrock Repair & Texturing
- Cabinet Painting
- Door Refinishing & Replacement
- Wallpaper Removal
- Custom Staining
- Fence Replacement or Repair

**References Available • Fully Insured
NO PAYMENT UNTIL COMPLETION**

bashanspainting@earthlink.net

kids R kids
QUALITY LEARNING CENTERS

281-304-KIDS

Monday - Friday 6:00 a.m. - 6:30 p.m.

20151 Cypresswood Drive

**Conveniently located near Fairfield's entrance,
between Good Shepherd UMC and the Golf Center.**

- * Internet viewing
- * Loving infant program which includes all supplies except diapers and formula.
- * Pre-school programs - CyFair curriculum used to prepare your child for Kindergarten
- * Quality before & after school care, transportation provided
- * Full & Part Time Programs
- * Owners of facility on site daily
- * Music, Spanish, Gym & Sports Classes



**Join the FUN at our
Summer Camp Program!**

Fairfield Baptist Church

Spotlight: Summer activities and fun

Student Ministry: Daily activities for Middle School and High School students. Student Summer camp, BigStuf Daytona Beach, July 27-August 1. Cost is \$550/student (completed grades 7-12), limited spaces.

Children's Ministry Events: VBS Outrigger Island, June 16-20 from 9 am to noon for Pre-K (4) to (completed) grade 4 and VBS Tropical Zone for (completed) grades 5 & 6. Cost is \$10/child or \$30/family and includes a VBS t-shirt.

Marvelous Mondays are 4 fun-filled (8:30 am-4:30 pm) activity days for kids who have completed grades K-5. Dates are June 30, July 7 & 21, and August 4. Activities include trips, movies, water parks and games. Cost is \$35/trip and includes lunch. Space is limited.

Ladies Ministry Events: Summer Ladies Bible Study, June 24-July 8 at 6:30 pm, June 25-July 9 at 10 am. "Exploring Spiritual Gifts and your SHAPE." Ladies Bunko, July 25 at 6:30 pm-*

Prayer Ministry: "Discerning the Voice of God", 7 week video discussion, beginning June 4 at 6:30 pm. You are always welcome at Fairfield Baptist Church. Services are at 9:45 and 11:00 am. Other Summer Sunday activities include Bible Study for all ages. Weekday activities include Men's and Ladies Bible Studies, Student Ministry, Playtime@FBC and more special events. We are located at 27240 Highway 290 between Mueschke and Mason roads on the north feeder road.

Visit our website www.fairfieldbaptist.com for online VBS registration and forms and additional information on each of these ministries or call at 281-373-5446.



Bonded & Insured Since 1987

Call David

Ph: 281-469-0458

Cell: 281-703-5729



Trimming to Take-Downs

Trimming • Removal of Debris
Hedge Trimming • Stump Grinding
Professional Tree Health Care

Mention this
ad for a
Spring Special!
Senior Citizens
Receive an
Additional
Discount.

FREE
ESTIMATES

jonesroadtreeservice.com

TOTAL PEST CONTROL

Termites • General Pest Control

Fire Ants • Rodents



All Work Guaranteed
Servicing Houston Since 1983

NO CONTRACT
\$10 OFF WITH THIS AD
First Time Customers Only

Call Now
281-304-8000



Great Clips for hair®

Great Haircuts @ Great Prices



★ **Fairfield Country Shops** ★

15201 Mason Road

★ (281) 304-4300 ★

*Conveniently
located within your
neighborhood
only minutes
from your home!!!*

Salon Hours:

Mon. - Fri. 9 - 9

Saturday 9 - 6

Sunday 11-5

Ranch Community Fellowship

Ranch Community Fellowship is a non-denominational Christian community that values spiritual growth, authentic community, and community outreach. Our regular Sunday worship services are held at Lindsay Lakes event center at 16536 Mueschke Rd., just north Schiel Rd., every Sunday at 10:30 AM. Concurrent with our worship service, High Point Children's Ministry conducts high energy children's ministry. Small group Bible studies are held at 9 AM Sundays for all ages. We also have small groups that meet in homes throughout the week. Thrive, our weekly youth ministry meeting, takes place on Wednesday, 7:00-8:30 PM, at the Ranch—our land site at 17810 Mueschke Rd., one mile north of Schiel Rd.

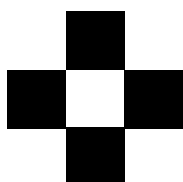
If you would like any further information, please visit our website, www.ranchnet.org. The "Contact" link includes email addresses for ministry leaders. God bless you this spring.

DISCLAIMER: Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.



FAIRFIELD FAMILY PHYSICIANS

Trung Dinh, M.D.

Cesario Castillo, M.D.

*Specializing
in the care of
your family.*

Monday to Thursday
8:30 am - 5:00 pm

Friday
8:30 am - 2:00 pm

15201 Mason Rd. #1200
Voice: 281 373-0162

Cypress, TX 77433
Fax: 281 373-0765



SHOWCASE BLINDS

*Cypress source for blinds & shutters!
Fairfield Resident • Serving Houston since 1996*

281-373-0088

- Wood Shutters • Poly Shutters • Vinyl Shutters
- 2" Wood Blinds • 2" PVC Blinds • Verticals
- Woven Woods • Cornice Boards • Solar Screens

ShowcaseBlinds@hotmail.com
Restrictions Apply • Limited Lifetime Warranty

Free Estimates & Installation!



**SHUTTER &
SOLAR SCREEN
SALE**

One coupon per customer. Not Valid
with any other offers. Expires soon.

Cryptogram



A cryptogram is a puzzle where a sentence is encoded by substituting the actual letters of the sentence with different letters. The challenge of the puzzle is to 'decode' the sentence to reveal the original English sentence. We have provided a few of the decoded letters to help get you started.

Hint: Quote by Francois De La Rochefoucauld 1613-1680, French Classical Writer

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
				E				S						D											K

O E E I
 A C C V D J E T A U E N C S U F Y R Z F
 O E E E I E Y Y E
 Y D J E A U E U E Y F U A S T E H R K Y Q K T E Y Y
 A T H O E Y E E
 D F Q E U Y R K Y E T Y E

Look for the Solution in the July issue of the Gazette.

© 2007. Feature Exchange

GRAND Opening

LIMITED TIME!
Choice of Comfort
Deluxe Edition
\$799
Queen Set

VERA WANG BY PERLA
Queen Set **\$1199**
King Set **\$1594**

FREE Set up & Removal
FREE 90 Days financing

Free SHEEP

Queen Set STARTING AT \$399.00

12343 Barker Cypress, Suite 190 • Cypress, TX 77429
281-256-8872 • americasmattress.com

0% Interest For 12 Months
With Approved Credit

Tutoring for students of all academic levels, K-12

Special Individualized programs for
Math
Reading
Writing
Study Skills
All School Coursework

Summer Camp June - August!!

32 Hour Camp June—August \$1300*
4 - one hour sessions weekly or 2 - two hour sessions weekly

16 Hour Camp June -August \$750*
2 - one hour sessions weekly

8 Hour Mini-Camp July - August \$375*
2 - one hour sessions weekly

*Price includes assessment, one time registration, & materials

281-373-9200 **www.tutoringclub.com**
24140 Highway 290 @ Barker Cypress
in front of Randalls

Texas Events - June

1, 8, 15, 22, 29—SANTA FE: Summer Concerts at Haak Winery Haak Winery, 6310 Ave. T. www.haakwine.com 409/925-1401

Cases, Compacts & Accessories White-Pool House Museum Exhibits, 112 E. Murphy St. 432/333-4072 Big Bend Country

1-Jul. 6—BROWNSVILLE: Dinosaur Special Exhibit More than nine seemingly live, robotic dinosaurs and static prehistoric reptiles are juxtaposed with dinosaur fossils. Gladys Porter Zoo. www.gpz.org 956/546-2177 or 956/546-7187

1-Jul. 13—BEAUMONT: Art Museum of Southeast Texas presents Sharon Kopriva Recipient of the 2005 State of Texas 3-D Artist Award, Kopriva is dedicated to making sense out of death and inspiring her audience to re-examine this taboo subject. www.amset.org 409/832-3432

1-Jul. 13—BEAUMONT: The Art Museum of Southeast Texas presents Frank Tolbert For more than 30 years, this Houston artist has worked in what he calls a narrative style. www.amset.org 409/832-3432

1-Jul. 20—VICTORIA: Madeline O'Connor Exhibit McNamara House Museum. www.victoriaregionalmuseum.com 361/575-8227

1-Aug. 10—HOUSTON: Max Neuhaus: Drawings Neuhaus will create a site-specific work for the exterior of The Menil Collection building. Drawings from his installation of this work along with those from earlier projects will be exhibited at the museum from April to July. The Menil Collection. www.menil.org 713/525-9400

1-Aug. 31—BEAUMONT: Somethin' Out of Nothin': Felix "Fox" Harris Exhibition For more than 20 years, Harris crafted totem-like sculptures of recycled materials and displayed them in his yard, creating a forest-like

environment. Art Museum of Southeast Texas. www.amset.org 409/832-3432

1-May 31—LA PORTE: Developing Houston: Photographic Treasures from the Cecil Thomson Collection San Jacinto Museum of History. www.sanjacinto-museum.org 281/479-2421

5, 7-8, 13-15—HOUSTON: History in Motion Includes the ballets La Sylphide and A Doll's House. Wortham Theater Center. www.houstonballet.org 713/227-2787

6-8, 13-14—BAYTOWN: Little Old Ladies in Tennis Shoes Baytown Little Theater. 281/424-7617

6-Aug. 24—CORPUS CHRISTI: The Target Collection of American Photography: A Century in Pictures Demonstrates a variety of approaches to photography and highlights a range of artistic impulses that have affected contemporary photographic practices. Art Museum of South Texas. www.artmuseumofsouthtexas.org 361/825-3500

6-Aug. 31—CORPUS CHRISTI: Revealing Character: Robb Kendrick's Tintypes Features 66 tintypes of cowboys and cowgirls taken all over the Lone Star State, plus 12 enlarged prints of tintype images. Art Museum of South Texas. www.artmuseumofsouthtexas.org 361/825-3500

6-Oct. 31—CORPUS CHRISTI: Texas Women. Texas Waves. Includes surfboards, memorabilia, videos, dozens of photos and written profiles related to Texas women surfers. Texas Surf Museum, 309A North Water St. www.texasurfmuseum.com 361/888-7873 or 361/882-2364

7-8, 14-15, 21-22, 28-29—HOUSTON: Summer Concert Series Includes

(Continued on Page 39)



Dynamic Air & Heat

832-593-7555
www.dynamicairandheat.com



BEAT THE HEAT

USE LESS ENERGY & SAVE MONEY
Tune-up your old A/C system now, or replace it with a new humidity controlling, high efficiency, RUUD A/C.

**FREE ... 10-Year... All
Parts & Labor Warranty**
with purchase of
16 SEER RUUD A/C



Texas License TACLB19658E
Offer Expires July 31, 2008

**A/C
Check-Up**
\$59⁹⁵

Cannot be combined
with any other offer,
coupon or special.
Expires July 31, 2008

**A/C
Tune-Up**
\$89⁹⁵

Cannot be combined
with any other offer,
coupon or special.
Expires July 31, 2008

Financing Available
(with approved credit)

There are many options including
6 Months, No Payments, No Interest!
Apply for the plan that's right for you.




**Greg Riddle
Owner**



**10% Off Any REPAIR
AND
No Service Charge**
with repair. Cannot be combined with any other offer,
coupon or special. Expires July 31, 2008



**Dynamic
Air & Heat**
Texas License TACLB19658E

Sales • Service • Installation

Call us if you want to be added
to our mailing list.

Now Open



World-famous Sausage • Delicious Pizza
Authentic Italian Dishes • Daily Lunch Buffet
Happy Hour Specials • Delivery

Bring in this ad for 10% off your next order.
Offer valid Monday through Wednesday only.
Not valid with any other offer. Expires August 15, 2008.

25680 Northwest Freeway
just south of Spring-Cypress Road
281-373-0039
candelaris.com

Restaurant Hours: **Sun-Thu: 11 a.m. - 9 p.m.**
Fri - Sat: 11 a.m. - 10:30 p.m.

38 FAIRFIELD COMMUNITY GAZETTE - June 2008

Copyright © 2008 Peel, Inc.

Texas Events - (Continued from Page 38)

honky tonk, Tejano, funk, Cajun and bluegrass. Concerts begin at noon. Traders Village. www.tradersvillage.com 281/890-5500

7-19—GALVESTON: Juneteenth Includes a Jubilee parade, picnic, prayer services, musicals, educational exhibits, demonstrations and more. www.galveston.com 409/744-1491

8, 22—ROCKPORT: Pier Fishing Bring a rod and reel, and learn tackle and techniques of fishing in Texas bays. Begins at 10 a.m. Goose Island State Park. 361/729-2858

10, 23—HOUSTON: Hear Ye! Hear Ye! Young musicians — ages 4 to 18 — perform classical repertoire. Begins at 11 a.m. Miller Outdoor Theatre in Hermann Park. www.milleroutdoortheatre.com 281/373-3386

11-14—GALVESTON: Great Texas Catamaran Race This 300-mile long beach catamaran race is sailed in four separate legs starting in South Padre Island and ending on Galveston Island. Hours are 1 to 4 p.m. East Beach. E-mail: greattexas300@gmail.com 512/844-0160

13—HOUSTON: The Giver This is a stage adaptation of Eric Cople's novel about a courageous boy determined to change a controlling, futuristic society. Miller Outdoor Theatre in Hermann Park. www.milleroutdoortheatre.com 281/373-3386

13-14—ALVIN: Alvin-Manvel Relay for Life www.cancer.org 281/924-1667

13-14—BRAZORIA: No Name Festival Family-oriented festival includes a barbecue cook-off, parade, entertainment, a carnival, several tournaments, live band, pageant, craft show and much more. www.brazoria.net 979/798-6100

13-15—BEAUMONT: Sixth Annual SETx Mid-Summer Classic Wakeboarding Tournament More than 100 riders compete in four categories ranging from novice to outlaw. 409/781-4786

13-15—GALVESTON: Jubilee Banjo Band The Grand 1894 Opera House, 2020 Postoffice St. www.thegrand.com 800/821-1894

14—CORPUS CHRISTI: C-101 C-Sculptures Enjoy live music, sand sculpting competition, bikini contest and horseshoe competition. North Padre

14—EAST BERNARD: 18th Annual Czech Kolache Klobase Festival Offers plenty of music, dancing and lively entertainment with bands and entertainers. Includes arts & crafts, cake walk, kid games, plenty of kolaches for sale and more. www.kkfest.com 979/335-4827 or 979/335-7907

14—EDNA: Take Dad Fishing Day Includes free fishing at the day pier in the morning. In the afternoon, visit the amphitheater for a fishing clinic with fish ID, casting, knot tying and fish printing on T-shirts. Lake Texana State Park. 361/782-5718

14—GALVESTON: Family Day: Rocks & Fossils Discover how oil is formed through the remains of ocean plants and animals. Hours are 10 a.m. to 3 p.m. Ocean Star Offshore Drilling Rig & Museum, Pier 20. 409/766-STAR

14—HARLINGEN: Blues on the Hill Hours are 7 to 10 p.m. McKelvey Park. 956/216-5950

14—HOUSTON: The Blew Notes Trio Enjoy an evening of jazz, poetry and visual arts, featuring the legendary composer and pianist Randy Weston. Begins at 8:15 p.m. Miller Outdoor Theatre in Hermann Park. www.milleroutdoortheatre.com 281/373-3386

14—SANTA FE: Second Annual Custom & Classic Car & Bike Show Includes a swap meet. 16000 Hwy. 6. www.santafetexaschamber.com 409/925-8558

14-15—EL CAMPO: Ricebelt Antique Tractor Show & Pull Features arts & crafts, vendor and food booths, kiddie and lawnmower pulls, and

(Continued on Page 40)



ISN'T YOUR LIFE FRUSTRATING WHEN YOU DON'T HAVE A CLEAR DIRECTION?

COME AS
YOU ARE...
LEAVE ON A
NEW PATH

**GOURMET COFFEE SHOP EVERY SUNDAY
MENTION THIS AD FOR A FREE COFFEE**

NEW PATH HELPS YOU
FIND THE TOOLS TO NAVIGATE
THE MANY TURNS,
TWISTS, AND
HAZARDS
OF LIFE BY
USING JESUS'
TEACHINGS.



**Each Sunday Morning at 9:45 in the Gym of
Good Shepherd UMC**

20155 Cypresswood ♦ Cypress, TX 77433 ♦ 281.373.2273
Email: office@goodchurch.us ♦ www.goodchurch.us

FAIRFIELD COMMUNITY GAZETTE

Texas Events - (Continued from Page 39)

more. American Legion Expansion Grounds, Hwy. 71 S. E-mail: rrprint@sbcglobal.net 979/543-9498

14-20—VICTORIA: Victoria Bach Festival Leo J. Welder Center for the Performing Arts and other venues. www.victoriabachfestival.org 361/570-5788

19—HOUSTON: Juneteenth Artists include ReBirth Brass Band, Geno Delafosse and French Rockin' Boogie, Sherman Robertson, Trudy Lynn and more. Begins at 7:30 p.m. Miller Outdoor Theatre, 100 Concert Drive in Hermann Park. www.houstonculture.org 713/521-3686 or 281/373-3386
19—PORT ARTHUR: Juneteenth Celebration Downtown. 409/985-7768 or 409/985-5513

20—DACOSTA: Victoria Country Music Show Barbecue is served from 6 to 7:30 p.m. Hours are 7 to 10 p.m. Sons of Hermann Hall. 361/552-9345

20—VICTORIA: The Verdi Requiem Begins at 8 p.m. Our Saviour's Lutheran Church. www.conspirare.org 512/476-5775

20-21—PORT ARANSAS: Powderpuff Tournament Open to women only. Woody's Sport Center. www.woodysonline.com 361/749-5252

21—GALVESTON: Family Fishing Clinic All the basics will be taught and then practiced with hands-on fishing. Galveston Island State Park. 409/737-1222

21—SOUTH PADRE ISLAND: International Surfing Day Includes two free surf clinics for children, ages 8 to 14, to promote the sport and raise awareness of the ecological challenges. Hours are 8:30 to 11 a.m. and 12:30 to 3 p.m. Isla Blanca Park. E-mail: robaroo2000@gmail.com 956/433-1472

24—HOUSTON: Sounds Like Fun An instrument "petting zoo" is featured

before the concert. Begins at 11 a.m. Miller Outdoor Theatre in Hermann Park. www.milleroutdoortheatre.com 281/373-3386

25—BEAUMONT: American Festival for the Arts This is a summer conservatory and music festival, providing area young musicians and composers with high-quality music, education, performance and concert opportunities. Jefferson Theatre. 409/838-3435 ext. 1

26-29—PORT ARANSAS: Masters Tournament Woody's Sports Center. www.foxyachtsales.com 361/749-4870

26-29—WHARTON: Enchanted Sleeping Beauty Presented by the Historic Plaza Theatre. 979/282-2970

27-28—WHARTON: Wharton County Freedom Fest Includes a barbecue cook-off, car and motorcycle show, Commemorative Air Force Fly Over during the Veteran's Salute, street dance, food and craft vendors, and a fireworks display. Courthouse Square in Historic Downtown Wharton. 979/532-1862

27-Sep. 21—HOUSTON: NeoHooDoo: Art for a Forgotten Faith Exhibition brings together an intergenerational group of artists who address ritual in the artistic process and the wider implications of spirituality in contemporary art. The Menil Collection. www.menil.org 713/525-9400

28—KEMAH: Classic Car Show See automobiles from the 1920s through the 1970s. Kemah Boardwalk. www.kemahboardwalk.com 877/285-3624

28—PALACIOS: Palacios Market Days 5th and Main Street. www.palacioschamber.com 800/611-4567

Texas Events has been published with the permission of the Texas Department of Transportation. All events are taken in part from the Texas Events Calendar. All dates for events were correct at the time of publication and are subject to change.

OPENING IN JUNE Emergency Room Open 24 Hours

Ready or not... we are.

Texas Emergency Care Specialists is open **24 hours a day**. We're committed to delivering comprehensive medical services in a comfortable environment with little to no wait time – day or night.

You'll experience:

- A full-service facility equipped with a complete laboratory, radiology, CT scanning and cardiac monitoring.
- Prompt, friendly and caring service.
- Quality face time with a physician who is both emergency residency-trained and Board Certified in Emergency Medicine.

After all, emergencies just can't wait.

281-304-9113

All private insurance accepted.

Spring Cypress at Skinner Road
17255 Spring Cypress Road, Suite A

www.txercare.com

Accredited by the Joint Commission of Accreditation of Healthcare Organizations for our commitment to excellence.



Recipe of the Month:



Oatmeal Cookies

- | | |
|-------------------|--------------------|
| 1 cup shortening | 1 tsp. vanilla |
| 1 cup brown sugar | 1 tsp. salt |
| 1 cup white sugar | 1 tsp. soda |
| 2 eggs | ½ cup chopped nuts |
| 3 cups quick oats | 1½ cup flour |

Cream shortening, sugars, eggs, and vanilla. Add dry ingredients and nuts. Chill. Shape into walnut size balls. Roll in sugar and cinnamon mixture. Bake at 350° for 10 minutes.

If you would like to submit YOUR recipe email it to fairfieldgazette@peelinc.com



"You never kissed me like that!"



Home Repair & Maintenance

a handyman you can trust

Rotten Wood
Plumbing Repairs
Faucet Replacement
Electrical
Fixture Replacement
Tile Repair
Carpentry
Ceiling Fans
A/C Condenser Cleaning
Furnace Inspection/Cleaning
What ever your home needs are

***FREE Estimate**

**EPA/HVAC
Certified**

No job is too small!

*Free Estimate does not apply on appliances.

Tim Sylvester
CELL: 281-732-4618
sylvester5869@yahoo.com

FOOT & ANKLE Specialists

www.louettafootandankle.com

Serving the Community for 18 years

FOOT PAIN IN A DOUBLE FAULT

Due to the impact of running, jumping, and pivoting on a hard court, tennis player often suffer foot and ankle sprains, stress fractures, and heel pain.

FREE* Initial Consultation

*X-rays and treatment not included.
Inclusive only of co-payment for HMO, PPO, and Medicare patients.



Dr. Brad Bachmann DPM
Board Certified in
Foot Surgery



Dr. Michelle Stern DPM
Member, American Academy
of Podiatric Sports Medicine



Dr. Amy Walsh DPM
Board Certified in
Foot Surgery

Louetta Foot Specialists
281-370-0648

8681 Louetta Road #150
(between Champions Dr. & Champions Forrest Dr.)

Foot Specialists of Tomball
281-351-5599

13414 Medical Complex Dr., Ste. 9

NOT AVAILABLE ONLINE

WHAT DO YOU WANT TO IMPROVE?

ENRICHMENT INSTITUTE

- ◆ BASEBALL
- ◆ BASKETBALL
- ◆ FOOTBALL
- ◆ BALLET / TAP
- ◆ CHEERLEADING
- ◆ FOCUS, ATTENTION & ENDURANCE
- ◆ BALANCE & COORDINATION
- ◆ TENNIS
- ◆ GOLF
- ◆ SOCCER
- ◆ DRILL TEAM
- ◆ BAND
- ◆ IMPROVE TEST TAKING SKILLS
- ◆ ENDURANCE & STRENGTH

WELLNESS CENTER

- ✕ ALLERGIES
- ✕ AUTISM
- ✕ ASPERGERS
- ✕ SLEEPING DISORDERS
- ✕ ASTHMA
- ✕ DEPRESSION
- ✕ HORMONES
- ✕ MULTIPLE CHEMICAL
- ✕ CANDIDIASIS
- ✕ LYME DISEASE
- ✕ JOINT PAIN
- ✕ IMMUNE DEFICIENCY
- ✕ HEADACHES
- ✕ WEIGHT LOSS
- ✕ SPORTS INJURY
- ✕ CHRONIC FATIGUE

How do YOU IMPROVE?

INTERACTIVE METRONOME

IM is the only research-based training program that combines the concept of a musical metronome with a technological system that accurately measures and improves a person's rhythm and timing. As these fundamental abilities are improved, the IM program is "training the brain" to plan, sequence and process information more effectively.

- ATTENTION & CONCENTRATION MOTOR PLANNING & SEQUENCING LANGUAGE PROCESSING
- BEHAVIOR (AGGRESSION & IMPULSIVITY)
- BALANCE AND GAIT
- ENDURANCE AND STRENGTH
- COORDINATION AND MOTOR SKILLS

THESE ARE
JUST A FEW
OF OUR
RESOURCES
AT HILTONS
HEARTLAND

HYPERBARIC OXYGEN CHAMBER

Repairs Damaged Tissue & Dormant Brain Cells

- ATHLETES DESIRING PEAK PERFORMANCE AND RAPID RECOVERY FROM WORKOUT OR INJURY
- ANYONE SEEKING GENERAL HEALTH IMPROVEMENT AND RELIEF FROM NON-LIFE THREATENING CONDITIONS, SUCH AS HEADACHES, FATIGUE, ARTHRITIS, ASTHMA, ALLERGIES AND MORE.
- PERSONS REQUIRING RAPID RECOVERY FROM INJURY, TRAUMA, OR THOSE PREPARING FOR OR RECOVERING FROM SURGERY.
- SUFFERERS OF CHRONIC AND/OR SERIOUS MEDICAL CONDITIONS OR ILLNESSES SUCH AS MULTIPLE SCLEROSIS, LUPUS, LYME DISEASE, AND MORE

MASSAGES

NOT JUST YOUR LUXURY MASSAGE WE SPECIALIZE IN... DEEP TISSUE MASSAGES

- FOR ALL AGES
- DETOXIFICATION
- ATHLETE STRETCHING
- LYMPH DRAINAGE



INFRARED SAUNA

MAXIMUM DETOX THERAPY

OUR EXPOSURE TO TOXINS IS HIGHER NOW THAN AT ANY POINT IN HUMAN HISTORY. SO MANY ASPECTS OF OUR LIVES CONTRIBUTE TO OUR TOXIC BURDEN WITHOUT OUR AWARENESS. WHILE MANY OF US HAVE SOME IDEA THAT BEING AROUND PESTICIDES OR AUTOMOBILE EXHAUST ISN'T GOOD FOR US, MOST OF US WOULD BE SURPRISED TO KNOW THAT THE FIRE RETARDANT PRESENT IN VIRTUALLY EVERYTHING OUR HOMES ALSO EXPOSES US TO TOXINS. EVEN OUR CARPETING OUTGASES OVER 12 CHEMICALS KNOWN TO CAUSE CANCER. TOXINS DAMAGE CELLS, DISRUPT OUR ENDOCRINE SYSTEMS, AND IMPAIR THE BODY'S ABILITY TO ABSORB NUTRIENTS AND HEAL ITSELF.



BIOSET

- ALLERGY ELIMINATION THERAPY
- DIGESTIVE ASSESSMENT
- ENZYME THERAPY
- DETOXIFICATION THERAPY
- ENERGETIC SENSITIVITY TESTING



**NOT AVAILABLE
ONLINE**

Did You Know?



Jean Baptiste le Moyne, Sieur de Bienville traveled down the Mississippi River establishing six new cities for France, including the city that grew to become known as New Orleans.

Medicare, Medicaid, and Insurances Accepted.

Burhani Physical Therapy and Rehabilitation
Physical & Occupational Therapy

281-758-2727

Orthopedics - Vertigo - Pain Management - Sports Injuries
Occupational Therapy - Strokes - Pediatric Rehab- Neuro
Development Delays - Handwriting Problems

**M-F: 7am-7pm
Sat: 8am-2pm**

**13611 Skinner Rd. Suite 160
Cypress, TX 77429**
(Corner of Skinner & Spring Cypress)



**No Payments until April 2009
May 5- June 15**

ON SALE !

SMARTSTRAND.
made with DuPont™ Sorona® polymer

**LIFE Happens, Think SMART
THINK SMARTSTRAND Carpet**

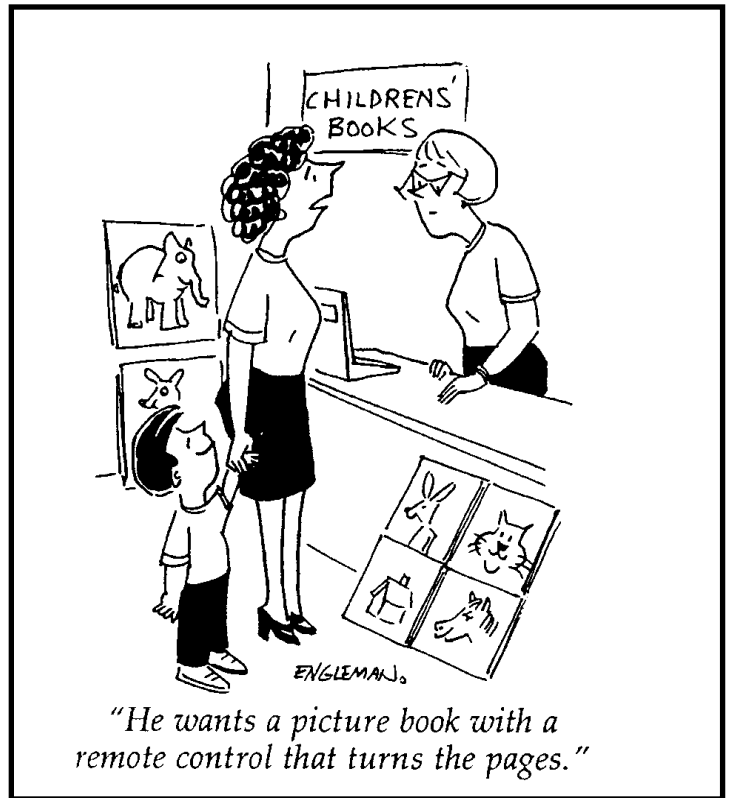
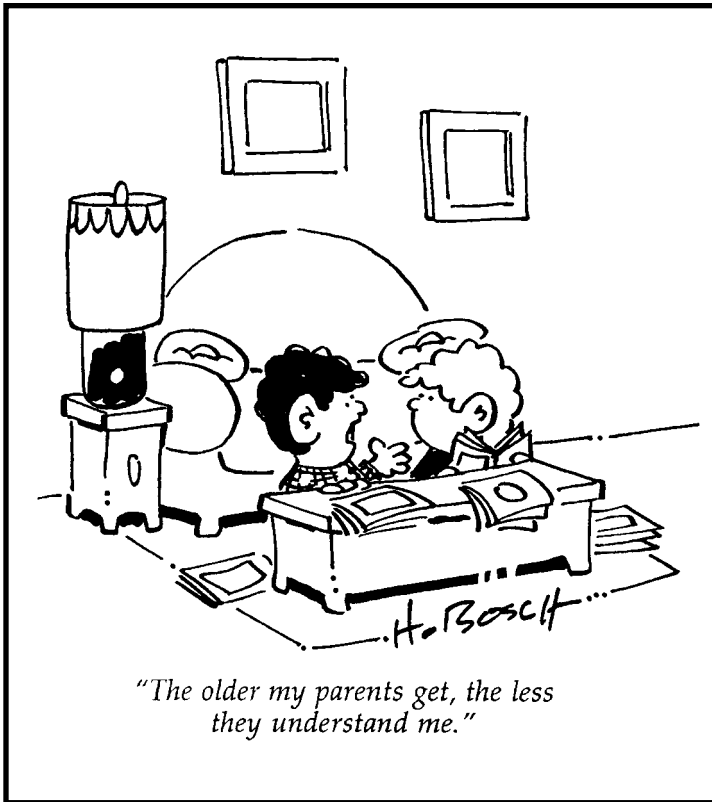
(281)256-3333

25813 Highway 290, Cypress, TX 77429

(Located in the Target shopping center)

**New Styles
Now Available!**





APOLLO SOLAR SCREENS

"Blocks Up To 90% Of The Sun's Hot Rays"

- Residential/Commercial
- Custom Made-All Types
- Odd Shapes & Arches
- In House Manufacturing
- Alarm Window Screens

10200 Hempstead Hwy

SERVING HOUSTON SINCE 1982

Fairfield
Resident



Phifer
SunScreen
Energy Saving Solar Screening

Apply your sun-block

713•956•0079

FOX
LANDSCAPING
commercial & residential

- Irrigation Systems (LI 8242)
- Lawn Maintenance / Contracts Available
- Customized Landscaping
- Stone Borders
- Flowers/Mulch • Bed Cleaning
- Landscape Lighting
- Drainage Systems

281-345-7700

www.foxlandscapingonline.com



Cy-Fair Resident 25 Years



Bottled Water vs. Tap

By Louise Bell

A few facts about each, then you decide.

Water that comes from your faucet costs about \$0.002 per gallon. Bottled water is about \$9.00 per gallon.

Cost is only one factor. Many people choose bottled water over what comes from the faucet because they say they like the convenience, taste, and purity. Actually, one quarter to 40% of bottled water is municipal tap water re-packaged, possibly with additional treatment. The FDA regulates bottled water; however, standards are weaker than EPA standards for tap water. For instance, E. coli is allowed in bottled water, but not in tap water. The EPA requires water testing 100+ times per month, FDA requires testing once a month. In addition, the 60-70% of bottled water that does not cross state lines is exempt from any FDA standards!

The nonprofit National Resources Defense Council (NRDC) tested samples of 103 brands of bottled water and found that a fourth were just tap water---sometimes further treated, sometimes not. The group stated that there was no reason to assume that bottled water was superior to tap water or had fewer microbial or chemical contaminants. The plastic bottle itself may leach phthalate (regulated by EPA) into the water, for which there is no bottled water standard.

As Americans, we are entitled to drink safe, clean water. If you are concerned about drinking tap water, perhaps a purification system will erase your fears. You can make sure that your water has

additional treatment by reverse osmosis distillation, UV radiation or the use of absolute 1 micron filtration to eliminate smaller or resistant disease-causing organisms. Filter your own water and carry it in a stainless steel thermos.

Bottled water is sold in cheap, convenient PET (polyethylene terephthalate) containers, an easily recyclable form of plastic, but recycling rates for plastic bottles are less than 25%. Most head for a landfill! Plastic is light and floats and is blown about in the wind. All rivers lead to the sea; the Houston Ship Channel is a frightening repository of plastic of all types, probably washed down storm drains. Each year, more than 4 billion pounds of plastic bottles end up in landfills or as litter in the U.S. Think about this: THE TOTAL ENERGY NEEDED TO MAKE, TRANSPORT AND DISPOSE OF ONE BOTTLE OF WATER IS EQUIVALENT TO FILLING THE SAME BOTTLE ONE-QUARTER FULL OF OIL!

Plastic has been around for about 50 years. It is made from oil; it takes 1.5 million barrels to manufacture a year's worth of those handy bottles. It can photo-degrade, meaning sunlight will cause it to become brittle and crumble, but it does not decompose. No microbes have yet evolved to eat it---break it down into its building blocks. It can break into smaller and smaller bits, but will remain a man-made polymer, and it can possibly hang around in the environment for 1000 years!

(Continued on Page 47)



infants children teens

Joe Pierce, DDS
Pediatric Dentist

281-758-2790 • 281-758-2791 (fax)
13611 Skinner Road, Suite 135
Cypress, TX 77429
(Skinner at Spring Cypress)
joepiercedds@sbcglobal.net



Pointe of Grace
SCHOOL OF DANCE

Ballet • Tap • Jazz • Gym • Pointe • Hip Hop

**Registration
Going On Now!**

FREE Trial Class
OR 1/2 Off Registration Fee.

With this ad. One offer per family. New customers only.

281-256-3737

Ages 2 1/2 and up
Competition Classes



Christian
Dance Studio



Located in Fairfield on Mason Rd.

Bottled Water - (Continued from Page 46)

We have a steady, reliable, and cheap source of clean, freshwater for drinking, available at few other times in world history and few other places in the world. But many people are choosing to forsake ordinary tap water for the convenience and perceived benefits of bottled water, in favor of a product that is the same or lesser quality, higher price, uncertain safety, packaged to be discarded and not degrade for 1000 years. We are very wealthy, indeed, to be so heedless. The convenience and perceived benefits of bottled water seem dubious when we consider the added costs for transportation and packaging and, most important, the cost to the environment. What would a person who cares about the future of our environment drink? You decide.

Sources:

FDA Consumer Magazine, July-August, 2002

FDA, Federal Register, 21, Part 165, 2005

EPA, Texas Commission on Environmental Quality, 2007

Think Outside the Bottle, Beverage Marketing Corp., Natural Resources Defense Council

Luxury Pet Boarding & Mobile Grooming Salon

-  Located on 3 wooded acres
-  Newly Renovated Office, Day Care & Cat Parlor
-  Spacious dog park & splash zone
-  Can't get away? Let our Mobile Salon come to you

Family Owned & Operated since 1988

Foxmoor Retreat and Salon

(281)351-0825 or (866)601-5512

Sudoku

The challenge is to fill every row across, every column down, and every 3x3 box with the digits 1 through 9. Each 1 through 9 digit must appear only once in each row across, each column down, and each 3x3 box.

							1	
4	6							5
		5	3		8		7	
							9	1
					6		2	
1	7			2	3			
	3							9
5						4		7
2				4				

*See solution at PEELinc.com

© 2006, Feature Exchange

SUMMER PORTRAIT SALE!

10% off portrait orders...

including Metallic
and Canvas Prints!

Call for your appointment today!

PHOTOGRAPHY

by Laurie Landrum

(281) 222-3968

PHOTOBYLAURIE@GMAIL.COM

WWW.PHOTOBYLAURIE.COM



Hurry, Sale ends July 31, 2008

ALL-TEX PLUMBING SERVICES

RESIDENTIAL-COMMERCIAL
FOR ALL YOUR PLUMBING NEEDS

LICENSED-BONDED-INSURED

Master Plumber License #38350

QUALITY THAT'S AFFORDABLE
SERVICE THAT'S EXCEPTIONAL!

281-469-3330 - 24/7

www.alltex-plumbing.com

Bringing 30+
years
Experience!



**Angels'
Attic**

Resale Shop

benefiting

Cypress Assistance Ministries

281-955-7683

Monday-Wednesday 10-6

Thursday-Saturday 10-3

- Clothing
- Furniture
- Toys
- New Jewelry
- Housewares



11202 Huffmeister

Donations Welcome

Tax Receipts Given

Rachael's



Hallmark
GOLD CROWN

\$2⁰⁰ OFF
any \$10 purchase

not to be combined
with any other offers
or used on sale
merchandise
expires 6/30/08



12312 Barker Cypress @ 290 • 281-256-9800

A Hyperactive Nightmare on Two Legs – Does This Sound Like Your Child?

Submitted by: Jeannette Quickenden S.A.C. Dip, MIGHT, AADP

Screaming fits, temper tantrums, hyperactive, letters home from school, lack of focus, antisocial and unacceptable behavior. Is your child? I so understand your situation. My young daughter can be a big pain depending on what she has consumed.

There could be a very simple solution to these behavioral issues. It is now widely accepted that food additives and delayed patterns of food allergies play an important role in causing learning and behavioral problems both in children and adults. A huge number of convenience foods contain a number of preservatives and colorants that have an adverse effect on some individuals, especially the young.

So what's the answer? Some suggest you cut out a whole range of foods and drinks such as all dairy products, yellow foods, junk food, all food with colorants, fried foods, soda and fruit juices for 2 weeks. You will then need to slowly reintroduce each of them and monitor any behavioral differences, but I know if I did this, my little one would be packing her bags and moving in with the neighbors.

I suggest the first step is to keep a food and behavior diary with time lines for 2 weeks to allow you to monitor what is drunk and eaten along with any personality changes. If you see a link between certain foods or drinks with a change in behavior, check all the ingredients and see if there is a common theme, then avoid, to a

degree, foods containing those ingredients. It would be a bit harsh saying your child can't eat birthday cake because of all the colorants, but you can do as I do and just think ahead and be prepared for the fallout.

Although every one is different the most common causes of food intolerance are colorants such as sunset yellow (E110), carmoisine (E122), tartrazine (E102), allura red (E129) and also products such as soda's, energy drinks and even those 'healthy' fruit drinks that contain lots of sugar.

Although it's hard it is to limit their favorite foods, it helps if once you have discover what might be affecting them try a similar alternative to their favorite munchie, but without those problem additives. Whilst this maybe time consuming it can be done. You will then need to educate them to avoid the 'bad' foods. If you are a busy parent or just need some help to put you in the right direction it is worth contacting diet and nutrition specialists. They can help by analyzing the diet and then going on a super market run with you to work out the 'good options'.

Now as the first option in fighting behavioral problems many parents and individuals are looking at what is consumed rather than opting for drugs as the only solution.

BLACK ROCK BUILDERS

A ZOGRAFOS BUCK LLC COMPANY

Custom Homes • Remodeling • Consulting



Over 20 Years Combined Experience

INTERIOR	EXTERIOR
Kitchen	Landscape, Irrigation
Baths	Mosquito Systems
Flooring	Summer Kitchens
Home Theaters	Driveways, Patios
Custom Cabinetry	Driveway/Entry Gates

Major Credit Cards Accepted

Local Resident of Fairfield
Contact Shane Buck at:
281-781-9775
shane@blackrockbuilderstx.com



DO YOU NEED AN ATTORNEY?

GREGG S. HARRISON

Attorney at Law

P.L.L.C.



**Personal Injury Claims • Auto Accident Claims
On-The-Job Injuries • General Negligence**

Gregg S. Harrison has negotiated settlements and obtained verdicts ranging from \$1,000 to \$1,500,000

Free Consultations

TEL. 832.797.7600 (24 hours)

gharrisonlaw@yahoo.com

www.greggharrison.com

Houston ✦ Cypress ✦ Corpus Christi



Meet Jennifer

DOB 2001

Too many kids start out life without being loved or nurtured. It often takes a while for these kids to learn to trust, to learn to open up and to get out of survival mode. Jennifer is a little girl in need of some one on one attention. Almost 7 years old, she loves to play in the dirt, ride her bike and catch frogs. She also enjoys watching cartoons, playing t-ball and taking baths. Jennifer is currently in kindergarten and she is working on learning how to write her name and read. She's always on the move and requires constant supervision. Jennifer is shy but she can also be very loving and affectionate. She craves individual attention and can be competitive with younger children for her caregiver's attention. Jennifer participates in therapy on a regular basis and is working on her social skills.

Jennifer needs to learn boundaries from a family with patience -- someone willing to let her develop and blossom in her own time.

For more information about becoming a foster or adoptive parent, please contact Tracy Eilers at tracyeilers@adopttexas.org.

The picture is courtesy of Lucy Durfee, The Heart Gallery of Central Texas.

John's Pretzels



- 2 lb. sourdough pretzels
(2 boxes Snyder's pretzels,
broken into pieces)
- 1½ c. safflower oil
- 2 tsp. garlic powder
- 2 tsp. dill
- 2 tsp. lemon pepper
- 1 pkg. Ranch Dressing

Stir all ingredients together. Bake 45 minutes at 250°
(stir every 15 minutes) on 10½ x 15½ inch pan. Drain
on paper towel. Store in large Ziploc bags. *Enjoy!*

Happy Father's Day!

*Dad is sure to enjoy this fun recipe
on Father's Day and yearround!*

*Buying, selling or relocating...
please remember me for all your
real estate needs.*



Prudential | GARY GREENE
REALTORS®

ROBIN SUTER

*Sales & Marketing Specialist
Proud Ault Parent*

Office: 281-890-4024

Cell: 281-844-6663

Email: RSSELLS@comcast.net
www.RobinSuter.garygreene.com



©2008. An independently owned and operated member of The Prudential Real Estate Affiliates, Inc. Prudential is a registered trademark of The Prudential Insurance Company of America. Used under license. Equal Housing Opportunity.

Building and Preserving Wealth In Home Ownership.

Fit Facts™

FROM THE AMERICAN COUNCIL ON EXERCISE®

Reap The Rewards of Personal Training

All the rich and famous celebrities have one. In fact, some are rich and famous themselves. But you don't have to be either one to reap the benefits of hiring a personal trainer.

More and more people, novice and veteran exercisers alike, are working with personal trainers because they offer a practical and affordable means of getting and staying healthy.

A trainer for every body

Many automatically equate personal training with gyms full of hard-core strength trainers and body builders. This is only part of the picture. Anyone, young and old, in shape and out, can utilize a personal trainer for a variety of reasons.

For example, many professional and amateur athletes work with a personal trainer during the off-season to prepare themselves for in-season competition. Individuals recovering from an injury or accident may enlist the help of a personal trainer (in conjunction with their physical therapist) to get them back in top form.

The work of a majority of personal trainers focuses on increasing and/or maintaining their clients' fitness levels, assisting them in weight loss and overseeing their strength-training and cardiovascular activities. Strength training, in particular, has received increased recognition in recent years because the lack of strength is now known to be a risk factor for disease, especially for older populations.

Tailor-made training

Personal trainers wear many hats, serving not only as coach, but also as confidant, role model, educator and a major source of motivation and encouragement.

Some people may want constant supervision two to three times a week, which

makes them more likely to stick to their program because they are accountable to someone else for their exercise time. Others may prefer to see a trainer only on occasion to update their exercise program, or for periodic fitness testing to receive feedback on their progress.



It is the novice exerciser, however, who may find a personal trainer most valuable. Working with a personal trainer for a few sessions is often all it takes for some people to feel comfortable with independent exercise.

The following describes the most common services offered to those beginning an exercise program:

1. Fitness evaluation

This is a series of tests designed to assess cardiovascular fitness, body-fat percentage, flexibility and muscular strength and endurance.

2. Personalized exercise program

An individualized exercise program is designed based on the individual's fitness evaluation results and personal fitness and health goals.

3. Supervised exercise

Personal attention during exercise is the primary function of personal trainers. Clients are given a detailed orientation that addresses the aerobic, strength and flexibility components of the exercise program, and are educated about the fundamentals of strength

and aerobic training, as well as the proper and safe use of equipment.

Choosing one that fits

Once you have made the decision to hire a personal trainer, all that is left is to find one that best suits your needs. Of course, you want a personal trainer that is certified by the American Council on Exercise. (Call 800-529-8227 to locate the ACE-certified Personal Trainer nearest you.)

This is your assurance that you're working with a trainer who has the knowledge to provide you with a safe and effective workout. Don't hesitate to ask for references, and be sure that the trainer has liability insurance and provides business policies in writing.

Rates will vary, depending on the trainer's experience and the length and location of the workout session. While some health clubs offer personal training services to their members at reduced rates, most personal trainers typically charge \$25 to \$50 per hour for their services.

Finally, ask yourself if you could get along well with the trainer and whether or not they seem genuinely interested in helping you. If they meet all your other prerequisites, this is the trainer to hire. Together, you and your trainer can determine your best route to better health and fitness.





Grillin' and Chillin' with Dad

Dote on Dad and dub him VIP of the day on
Father's Day, Sunday, June 15, 11 a.m.

Show Dad how much you care when you plan a special outing with the whole family to Northwest Forest in celebration of Father's Day. There will be toe-stompin' music, an encore performance this year by the award-winning Zydeco Dots band, and a mouth waterin' menu that's exactly what Dad had in mind.

Father's Day Menu

For starters:

- Chilled Gulf shrimp
- Garden salad, with your choice of dressing
- Green bean salad
- Texas Caviar
- Marinated and grilled antipasto

Main attraction:

- Grilled Angus rib-eye steak topped with wild mushroom brandy sauce
- Cinnamon-rubbed chicken breast with chipotle crème sauce
- Chicken fingers with BBQ sauce for the little tykes
- Angus sliders (mini burgers)

Super sides:

- Baked potatoes with all the fixin's
- Fresh corn on the cob
- Fresh baked bread

Dangerously delectable desserts:

- Strawberry shortcake
- Crème brûlée
- Carrot cake
- Key lime pie
- Bread pudding
- Soft serve ice cream

Bring along the camera and create some great family memories this Father's Day!

Adults \$35.95 • Seniors \$30.95 • Children \$12.95 (5 and under free)

Reservations recommended. Contact 281.256.3548 or e-mail specialevents@northwestforest.com.



12715 Telge Road • Cypress, Texas 77429 • www.northwestforest.com

Diabetes Affecting Far More Women Pre-Pregnancy

Every woman hopes for a pregnancy without any complications. But for women with diabetes — both those who have the disease before or who get it during pregnancy — the risks for potential problems are a little higher. And a new study shows that far more women of childbearing age now have the condition than in years past, which can put them and the babies they may eventually have at risk.

Looking at the medical information of more than 175,000 women who'd given birth in Kaiser Permanente hospitals in southern California from 1999 to 2005, researchers aimed to estimate how many women develop diabetes both prior to and during pregnancy.

What they found: The rates of gestational diabetes (which usually develops after the first trimester of pregnancy and then goes away after labor and delivery) stayed pretty much the same. But their findings about pre-pregnancy diabetes are a bit more worrisome, considering that the condition dramatically increased among every age, race, and ethnicity category of women before they were expecting.

In fact, the study shows that preexisting diabetes (diabetes that came on before pregnancy):

- doubled (from 10% of the diabetes cases among women who'd given birth in 1999 to 21% in 2005)
- affected five times as many teens (ages 13 to 19)
- was found in 40% more women 40 and older who'd given birth
- occurred in twice as many women ages 20 to 39

These rises in diabetes rates among potential moms-to-be are reason for serious concern. That's because when a woman with diabetes is pregnant and doesn't get adequate treatment for the condition early on, it increases the risk of:

- miscarriage
- stillbirths
- birth defects (from exposure of the embryo/fetus to high sugar levels)
- having much larger babies (which also makes a C-section more likely)
- children becoming overweight or obese later (because the abnormal energy and hormonal balance these babies experience in the womb may make them handle energy differently after birth)

How Diabetes Works

Diabetes is a disease that affects how the body uses glucose. Glucose, the main type of sugar in the blood, comes from the foods we eat and is the major source of energy needed to fuel bodily functions. And the body needs the hormone insulin to help control the level of glucose in the blood. But if someone has diabetes, the body either can't make insulin or the insulin doesn't work as it should.

There are two major types of diabetes:

1. In type 1 diabetes, a person's immune system attacks the pancreas and destroys the cells that make insulin. (The pancreas is a long, flat gland that lies in the abdomen behind the stomach. It produces enzymes that are released into the small intestine to help with digestion and contains clusters of cells called islets that produce hormones like insulin.)
2. In type 2 diabetes, the pancreas can still make insulin, but the body doesn't respond to it properly.

In both types of diabetes, glucose can't get into the cells normally, so a person's blood sugar level gets too high. High blood sugar levels can make people sick if they don't receive treatment.

During pregnancy, the placenta not only provides the fetus with nutrients

(Continued on Page 53)

When was the last time
someone got down on hands
and knees and cleaned *your*
bathroom floors?



100% Satisfaction Guarantee
Call us within 24 hours after your
clean. If we didn't clean something
to your satisfaction, we will reclean
it – free of charge.

*Call today for a FREE, no obligation
estimate right over the phone.*

When we say “*Nobody Outcleans The Maids*”® we mean it. When you hire us, we'll assign you a team that's bonded, insured, uniformed, fully trained, supplied with state-of-the-art equipment and ready to give you a healthier, more thorough clean than you've ever experienced before.

Some things we'll always do. Our 22-Step Healthy Touch® Deep Cleaning System

Kitchen

- Clean sink
- Clean appliance exteriors
- Clean inside microwave
- Clean range top
- Damp wipe cabinet doors
- Clean counters
- Hand wash floor
- Load dishwasher

Bathrooms

- Clean sinks, counters; change towels
- Clean, disinfect toilets, tubs, showers
- Hand wash, disinfect floors

All Rooms

- Pick up and straighten
- Dust sills, ledges, wall hangings
- Remove cobwebs
- Dust/vacuum furniture
- Vacuum floors, carpets
- Vacuum stairs
- Vacuum under beds
- Change linens, make beds
- Empty trash

Windows

- Clean entry window & one set of patio door windows
- Clean window over kitchen sink

832-593-7500

www.maids.com



The Maids® Home Services

Nobody Outcleans The Maids.®

Diabetes - (Continued from Page 52)

and oxygen, it also produces hormones that change the way insulin works. A pregnant woman develops gestational diabetes when her pancreas can't make enough extra insulin to overcome the effects of placental hormones. This causes high levels of glucose to build up in her blood. That extra glucose can then cross the placenta, giving her growing baby a high blood sugar level, too.

The baby's own pancreas then also starts making more insulin to handle the extra glucose. The calories from the extra blood sugar are stored by the baby as fat, causing the baby to gain more weight than normal.

What This Means to You

If you're pregnant, a glucose screening for gestational diabetes is a must. This simple prenatal test involves drinking a sugary liquid and then having your blood sugar level checked.

Women with a higher risk of having gestational diabetes are screened at 12 weeks. That includes expectant moms who:

- have previously had a baby that weighed more than 9 pounds at birth
- have a family history of diabetes
- are obese
- are older than 30

All other pregnant women are tested for diabetes sometime between the 24th and 28th weeks. But if you've tested positive for sugar in two of your routine urine tests, your health care provider may order blood testing earlier.

Although gestational diabetes usually goes away after the birth — and it's very manageable when caught and treated early — many women with the condition may still experience it again with future pregnancies. They also have a higher risk of developing type 2 diabetes later.

If you have gestational diabetes, your health care provider will work with you to create a treatment plan that will include a well-planned diet,

an exercise regimen, and sometimes medication. Keeping your blood sugar levels in check now can make for a healthier you and a much healthier start for your growing baby.

If you don't have diabetes and aren't expecting, you can still be proactive and help prevent type 2 diabetes at any age by living a healthy lifestyle and maintaining a healthy weight, which really boils down to:

- making exercise a regular part of your routine — at least half an hour of moderate physical activity most days of the week
- eating a well-balanced diet that's long on nutrient-rich foods and short on sugary, high-calorie, and fatty fare

Talk to your doctor about your medical history — both your own and your family's — to find out your risk of developing type 2 diabetes and what you can do about it. Unlike type 2 diabetes (which can be prevented, in part, by diet and exercise) there's no way to prevent a person from getting type 1 diabetes.

And if you have preexisting diabetes and are trying to get pregnant, talk to your doctor as soon as possible about what extra steps you need to take to keep your blood glucose levels in check and create the best start for you and your baby-to-be.

Reviewed by: Steven Dowshen, MD; Date reviewed: May 2008

Source: "Trends in the Prevalence of Preexisting Diabetes and Gestational Diabetes Mellitus Among a Racially/Ethnically Diverse Population of Pregnant Women, 1999–2005," Diabetes Care, May 2008.

This information was provided by KidsHealth, one of the largest resources online for medically reviewed health information written for parents, kids, and teens. For more articles like this one, visit www.KidsHealth.org or www.TeensHealth.org. ©1995-2006. The Nemours Foundation

Houston Center for Family Practice & Sports Medicine

Comprehensive Primary Care & Sports Medicine
for infants, children, adolescents, and adults.



Dr. Amit Parikh, D.O.
Board Certified Family Practice
Fellowship Trained Sports Medicine

281-373-9400

14315 Cypress Rosehill Road
Suite 180 • Cypress, TX 77429

Acute, chronic, and preventative healthcare
for all individuals and all disease states, such as: asthma,
diabetes, hypertension, heart diseases, and depression.

Specialist and Fellowship Trained in Sports Medicine

- Advanced Dermatology Procedures
 - X-Ray On Site • Sports Physicals • Immunizations
- Schedule your appointment today!*



Your Neighborhood Eye Doctors

At the corner of Spring Cypress and Skinner Road



FAMILY VISION CENTER
"Where the choice is crystal clear!"

- Adult and Childrens Eye Exams
- Treatment of Eye Diseases
- Eyeglasses to Fit All Budgets
- Specialty Fit RGP Contact Lenses
- Most Insurance Plans Accepted
- Retinal Camera Now Available



Official Optometrists of the...



Arena Football Team

**Kristin Y. Le, OD &
Tu A. Nguyen, OD**

- Convenient Hours and Same Day Appointments in Most Cases
- Mon/Wed/Fri: 9-6
Tues/Thurs: 10-7
Saturday: 9-3



281-304-5060 • www.crystaleyecare.com

Classified Ads

Personal ads are free for Fairfield residents. Limit 30 words. 281-304-9956, hollyreichert@comcast.net

Business Classifieds are \$65. Limit 40 words. Contact Peel, Inc. Sales Office at 888-687-6444, advertising@PEELinc.com

OR Kim Moore at 281-373-3807, kim@PEELinc.com

Business Classifieds

HORSEBACK RIDING INSTRUCTION: Beginner - Advanced. Just for fun, exercise, or show preparation. Children and Adults welcomed with any experience. I have safe horse and facilities. Prices are very reasonable and according to each lesson plan. References are available. 713-560-7491

COMPUTER PROBLEMS: Need help getting your computer to cooperate? Transfer files to new PC? Trying to setup a wireless network? Annoying Pop-ups? Spyware. Software installations, or other problems? Call David @ 713.504.0393 M-F 5-9pm Sat-Sun 10am-9pm WWW.FAIRFIELDCOMPUTERGUY.COM House Calls!

DOG GROOMING in FAIRFIELD! Experienced dog groomer located in Fairfield. My services include nail clipping, bathing, and haircutting. I groom all breeds. References are available. I am a Fairfield resident and I have competitive prices. By appointment only. Dog boarding available, space is limited. Please call Nicole Meadows at 281-304-0813.

GRANNY B's DAYCARE: Where Quality Childcare is Not Expensive ... It is PRICELESS! Located in Fairfield, CPR Certified, TX Licensed Childcare Provider, Structured Nurturing Environment for Infants and Toddlers. Flexible Hours, Competitive Rates. 281-256-7580.

GUITAR LESSONS: Summer Guitar Lessons for beginner to intermediate players. Acoustic or electric. ½ hr, hour or monthly rates. Fairfield resident. Call or text Hale at 832-334-2269 for scheduling.

CUSTOM WEBSITES & GRAPHICS: Need a new website? Have an old site that needs to be updated/maintained? Also offering logos, business cards, brochures, marketing materials. Mention this add get 10% off. Call Erich @ 979-219-5031 www.trinitygroupdesign.com Free Consultations. Fairfield Resident.

SUMMER CAMP! Options for kids ages 1-7. Four series to choose from: 1. Science World*, 2. Team & Self Builder, 3. Pre-K & K Skills, 4. Toddler Adventure. Each series runs Monday thru Friday 8:00am -12:00pm in FF Residence. Breakfast is included. \$125. Call Carrie @ 832-771-0708 or carrie.salge@yahoo.com

MAID SERVICES: We want to CLEAN your home. Fairfield References. Bonded. Will furnish supplies. A family owned business since 1987. FREE ESTIMATES. Call us at 281-859-3162.

LYNCO STORAGE LLC: A secured facility with video surveillance. We offer non-climate and climate controlled units, boat and R.V. storage. Coming soon – COVERED BOAT & RV STORAGE 12x40 12x50; Located at 2920 and Becker Rd.; Phone # 281-757-7747; Bud and Lynda Clark-owners

GARAGE DOORS AND OPENERS: Repair or replace garage doors and openers. New Sears openers installed for \$250. Over 30 years in business. Call 281-807-5588.

FAIRFIELD PEST CONTROL is offering two free complimentary quarterly pest control treatments to existing and new customers in the Fairfield area. The only requirement is to have a great time playing with jewelry at a Premier Jewelry Party in your home. Please call my wife, Laura Lyle-Lovitt, @ 281-702-0761, or e-mail fairfieldpest-control@earthlink.net, 281-702-1427.

CHILD CARE: Fairfield Resident and Stay at Home Mom in Garden Grove willing to watch your child. A Fun Learning Environment, Flexible Hours to meet parents Busy Schedules, Infants and Toddlers Welcome, Competitive Rates. For a Personal Consultation. Please Call (832) 928-9788.

SPANISH TUTORING: Give your child a head start on learning Spanish for the next school year. A six week program or a summer program are available. Call Jeannette at 281-758-2018 for details.

PRESSURE WASHING: Driveways, Sidewalks, Patios, other. Three section driveways, sidewalks and walkways in front of home start at \$50. Will be meticulously pressure washed by Fairfield HS Student as summer job. Call or text Hale at 832-334-2269 for scheduling.

CPA/TAX PREPARER POSITION OPEN: Prior tax experience required. Flexible hours. Full-time January through April and Part-time May through December. Email resumes to linda@vidrinecpa.com.



Family Fun Center

13529 Skinner Road
Cypress, Texas 77429
281-304-6565

“Cypress Birthday Party Headquarters”

Hours

Monday	Closed
Tues & Weds	Private Parties
Thursday	6:00 PM - 9:00 PM
Friday	6:00 PM - 10:00 PM
Saturday	11:00 AM - 10:00 PM
Sunday	2:00 PM - 6:00 PM

Lasertag & Arcade

Birthday/Team Parties
Private Parties
Corporate Functions



Buy One Get One Lasertag Mission Free With This Ad
Limit one per customer. Offer expires 06/30/08

www.lazerx-cypress.com

Is Snoring Normal?

From the Clinical Desk of Dr. Ronald S. Prehn

Director of Center for Facial Pain and Dental Sleep Medicine, P.C.

Snoring is a normal part of the human sleep experience for most people. But there lurks a hidden danger in thinking it should not be evaluated. This danger is Sleep Apnea. Excessive snoring is a compelling symptom associated with Sleep Apnea and people who regularly snore should definitely be screened for this not so silent disorder.

Snoring has long been thought of as simply an irritant for the bed partner but in recent years much has been learned about the real dangers that snoring indicates. The actual sound known as snoring is caused by the vibration of the walls of the throat. Usually, this vibration occurs when the tongue falls back in the throat, prompted by loose muscle tone and weight gain, and the walls of the throat collapse. This results in a restriction of airflow and triggers the brain to make the chest work harder in order to get more air through the narrow airway. This generates a much greater speed of air than normal and causes the tissues of the throat and the back of the mouth to vibrate.

When a person suffers from Sleep Apnea this process can become deadly by constricting the airway so severely that the

individual frequently stops breathing throughout the night. The decrease of oxygen caused by narrowing of the airway and the drop in pressure in the chest cavity caused by the collapsing airway often leads to heart problems, type2 diabetes, strokes and most often daytime fatigue. This fatigue is usually shrugged off by most as "just getting old" or "normal", but in fact daytime fatigue is a major cause of driving accidents on the road today and it is a huge contributing factor in the obesity epidemic that is overwhelming our society.

The good news is it can and should be treated. Snoring must be evaluated by a Medical or Dental Sleep Specialist and only a qualified practitioner can diagnose a sleep-related health threat, or determine if it is something that just needs to be watched for future changes.

The importance of consulting a doctor can not be overemphasized. It may very well save your life. In the very least, it will improve your quality of life and certainly make for a much happier bed partner!



Tiffany Nolan, QSC
Quality Service Certified

832-752-2769

tnolan@heritagetexas.com

HERITAGE
TEXAS★PROPERTIES

heritagetexas.com

LEADING REAL ESTATE
COMPANIES OF THE WORLD™



7825 Hwy. 6 North • Suite 112

It's all here.

Tiffany Nolan

Your area Realtor and *Fairfield* Resident

Quality Service Certified "Platinum" 2007 award recognition



Experienced in Relocation

BBA Marketing degree

Home staging consultant

Resale, New Construction and Investment representation

Actively involved in Fairfield community sports, schools and events!



8 Ways to Lasting Weight Loss

Submitted by: Tatum Rebelle

The first things many people do when they want to lose weight is dramatically cut their calories and make a list of off-limit foods. Even with the best intentions, doing this is actually slowing down your metabolism and creating cravings. This results in more stored fat, and the eventual binge when cravings are finally too strong to ignore.

Then there is the sense of failure and frustration due to feeling like you have fallen off the wagon. Determined to do better next time, the cycle begins all over again. Yo-yo dieting is a way of life for millions of Americans — even though there is more than a 90-percent failure rate.

Nutrition is the leading contributor to weight loss. It is imperative that you stay conscious of what goes into your body. The quality of food you eat is directly reflected in your body's appearance, as well as your overall health. No amount of exercise can counterbalance a poor diet.

Here are some recommendations for lasting weight loss:

1. **Do not drastically cut calories.** They are what your body uses for energy and necessary for it to function efficiently. Instead, you can limit the empty calories. These come from foods with little or no nutrients. If some of the leading ingredients are flour, high fructose corn syrup, sugar or partially hydrogenated oils, you can bet the food does not support your health or weight loss.
2. **Keep junk foods out of sight, and out of mind.** When ice cream is in the freezer or potato chips are calling to you from the pantry, they are hard to ignore. Keep healthy snacks that satisfy your cravings close by. If you have a sweet tooth, strawberries should do the trick. If you crave crunchy or salty foods, keep carrots or a variety of nuts in stock.
3. **Do not drink your calories.** Soda, juice, coffee filled with creamer and alcohol can contain a ton of calories. By sticking

(Continued on Page 57)

We're in your neighborhood!



- Creating beautiful smiles in less time
- We accept most insurance and PPO plans
- Flexible payment options
- X-rays, photos & models done in-office
- Open Saturdays by appointment

*"Our commitment is to help
you get the smile
you've always wanted"*

**Call now to schedule an appointment
for a FREE consultation!**

Virginia Noriega, DMD, MS
5547 Highway 6 North
Houston, TX 77084
291-463-6757
www.coppercreekortho.com



a specialist in
Family Medicine
Jennifer Kwak, M.D.

OFFICE HOURS

Mon. - Wed. 9 am - 5 pm
Thurs. 9 am - 7 pm
Fri. & Sat. 9 am - 12 noon



Fairfield Medical Center
15040 Fairfield Village Square Dr.
Suite #150
Cypress, Texas 77433
281.304.5100

Weight Loss - (Continued from Page 56)

to tea and water you can cut hundreds of calories each day. By simple cutting out a couple high-calorie beverages daily, you can easily lose several pounds.

4. **Make fitness a priority.** If exercise is something that is done only when you have the time, chances are that it will not happen very often. Make fitness a priority and schedule it on your calendar like you would a lunch date or a doctor's appointment. Find what works best for you and stick to it. The best time might be first thing in the morning before the kids wake up, or in the afternoon when they nap. You may find that exercising with your child works best. Whatever time of day or type of exercise you choose, it is important to be consistent. Make it a priority and a habit.
5. **Every little bit counts.** Getting in shape does not require a daily two-hour commitment at the gym. Something as simple as an afternoon walk around the neighborhood with the stroller, or squatting and lunging as you hold your baby can make a big difference.
6. **Change your mindset.** Developing a positive attitude towards weight loss and health is absolutely necessary if you want to be successful. It has been proven over and over again that the mind and body work closely together. When your mind is saying exercise is a miserable chore, that's most likely what it will feel like every time you do. When your thoughts dwell on the excess weight, a hopeless attitude that will undoubtedly make the pounds harder to lose. Many people find that positive affirmations

help. When you exercise, tell yourself that you are becoming a thinner and healthier person. The more you do this and believe it, the more likely it is to actually be true. As you are eating your balanced diet of whole grains, fruits and vegetables, don't think about the junk food you are missing out on. Instead, think of how fit and healthy you are becoming by feeding your body well.

7. **Find inspiration that works for you.** Some may want to lose the weight so they can fit into their pre-pregnancy clothes. Others may want to get healthy to reduce their risk of heart disease and diabetes so they have a better chance of being around longer for their children. Another may need a role model or visual picture of someone they want to emulate. Motivations for getting in shape are unique. Figure yours out and use it to keep you going.
8. **Get help.** Fitness and nutrition can seem overwhelming at times. Using online resources and hiring a fitness coach can be very beneficial. Having a personal trainer who is knowledgeable about exercise and nutrition will provide safe and effective workouts, as well as hold you accountable to regular exercise.

It only takes minor lifestyle adjustments to have a noticeable impact on both your physique and your health. You can do things as simple as changing breakfast from white bread toast with margarine to whole grain toast with a thin spread of natural peanut butter. Adding as little as 5-10 minutes a day of physical activity to your daily routine can facilitate gains in weight loss and improve health. Most of our daily routine is simply habit. Creating new habits takes just a little bit of time, and can be completely life changing.

Once upon a child®

Kids' Stuff With Previous Experience

Buy Brand Names at a
Fraction of the Cost.



SPECIAL
Buy 4 Get 1
Free



(0 to 18 months. Participating locations only. Free item is of equal or lesser value. Offer cannot be used in conjunction with any other offer.)

15951 FM 529 Suite 140
(Next to Wal-Mart SuperCenter)

281-858-6830

Store Hours: M-F 10-8, Sat 10-6, Sun 1-5

WWW.OUAC.COM

FAIRFIELD ANIMAL HOSPITAL



- ▶ Quality Compassionate Care for your Pet Family Member
- ▶ A Full Service Veterinary Hospital
- ▶ Friendly, Caring Professional Staff

* Office Hours:

Mon-Fri 7AM-6PM
Closed Sat & Sun.

* Early Morning Drop-off Mon-Fri 7AM

HomeAgain®

**MICROCHIP
IDENTIFICATION
SYSTEM**

Call (281) 256-3150
for Appointment

Mike Hicks, DVM • Sandra Harris, DVM

www.myfairfieldvet.com

Kidz Korner



Locate 8 things that you may find in my garage.
Words can go vertically, horizontally, and diagonally.

Do it in less than 3 minutes and you are a Pro!

K
i
d
z
W
o
r
d
S
e
e
k

N	P	N	G	T	Q	D	G	W	L	K	C
Y	D	T	K	N	M	Y	E	E	T	F	P
Z	L	T	E	F	F	N	V	L	J	F	X
C	R	D	K	P	B	O	X	E	S	B	B
K	A	W	A	J	H	T	T	K	T	I	K
F	T	R	R	S	K	M	M	M	C	L	J
N	I	Y	S	X	J	T	N	Y	Y	N	Y
N	R	K	M	V	W	L	C	L	T	T	M
M	E	X	H	B	N	L	Z	N	X	N	T
R	S	X	X	W	E	N	S	L	O	O	T

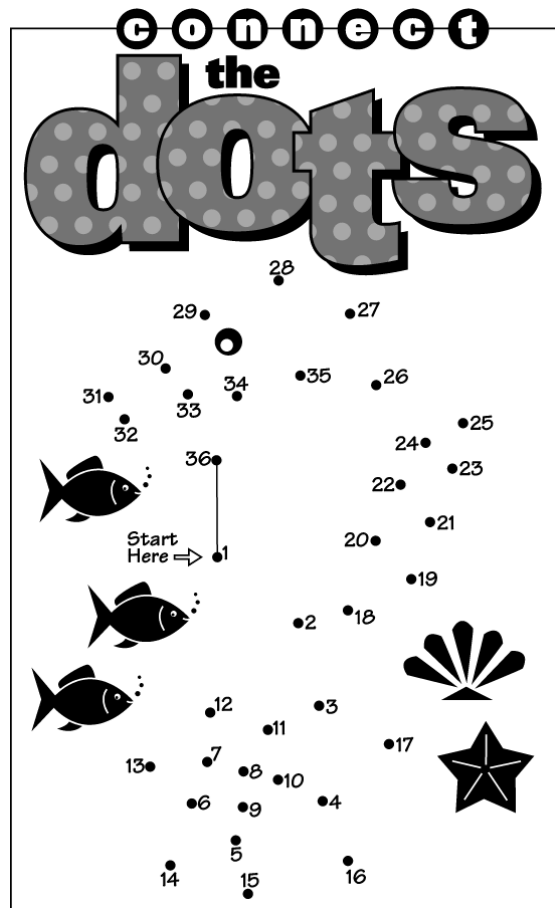
BICYCLE
SHOVEL

BOXES
SLED

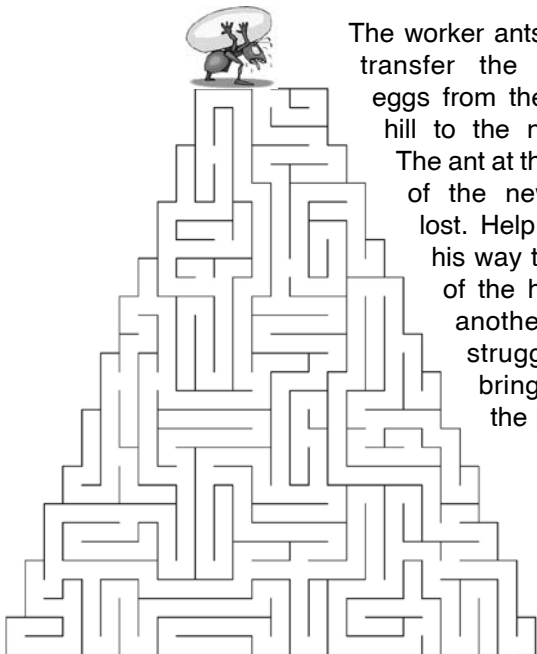
CARS
TIRES

RAKE
TOOLS

© 2007. Feature Exchange



Kidz Maze Mania



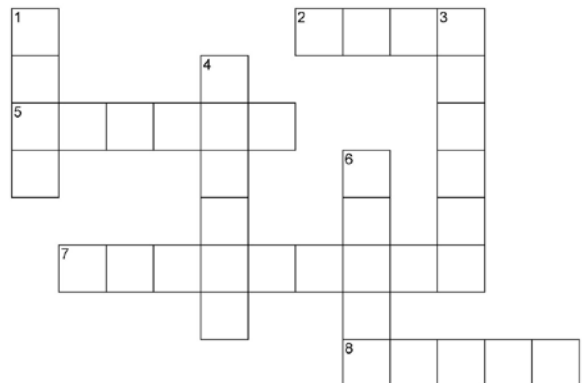
The worker ants have to transfer the Queen's eggs from the old ant hill to the new one. The ant at the bottom of the new hill is lost. Help him find his way to the top of the hill where another ant is struggling to bring down the next egg.

© 2007. Feature Exchange



Kidz Crossword Puzzle

Instructions: Match the correct answer with each clue to complete the puzzle.



ACROSS

Clue

- 2. Hot lunch
- 5. Pretending
- 7. Things in room
- 8. When you smile

Answer

- Acting
- Furniture
- Happy
- Soup

DOWN

Answer

- 1. To melt
- 3. Protect you
- 4. Baby or young child
- 6. Turn red in face

© 2007. Feature Exchange

NABORS

Helping Neighbors!



Clint M. Nabors, GRI

BBA Real Estate
Baylor University

832•457•1103

832•220•1231

clint@clintnabors.com

Fairfield Resident for over 6 years!

Relocating?

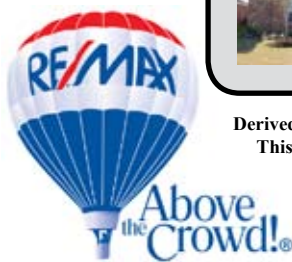
- You can benefit from my years of relocation experience.
- Ask your relocation counselor to call me first!

Moving Up?

- Let my 6 years as a Fairfield Marketing Specialist help you sell your home.
- Call me and ask about my move-up plan!

Buying New?

- You can benefit from my experience as a new home sales counselor.
- Call me to represent you in the new home buying process!



FAIRFIELD FEATURED HOMES



16810 China Blue Ln
\$324,900

*Newmark 1.5 story.
Walk across street to the lake!*

15010 S Mulberry Field Cir
\$175,000

*Lennar "San Benito".
Walk to the splash pad!*



15018 S Mulberry Field Cir
\$225,000

*Hard to find Perry 1.5 story home in
immaculate condition!*

15326 Wild Timber Trl
\$164,900

*Popular "Liberty" plan
on great loop street!*



20623 Tulip Blossom Ct
\$162,500

*"Oxford" plan on a cul-de-sac.
Huge covered patio & hot tub!*

16702 China Blue Lane
\$349,900

*Fantastic David Weekley home in
new Lake Point section!*



21830 Winsome Rose Ct
\$167,900

*Better than new 2 story home
with covered front patio!*

Derived from the Houston Multiple Listing Service 5/10/08.
This is not a solicitation of currently listed properties.

RE/MAX
Lakeland



www.clintnabors.com



Garage Doors Certainly are "Beasts of Burden"

Submitted by Bill Cook

One of the most ignored and overlooked maintenance components of your home is your garage door and opener. These "beasts of burden" are frequently ignored, neglected and taken for granted...that is until they stop working.

An average two-car garage door has nearly forty moving parts and weighs approximately 300 pounds. When in the up position, the door is usually 8 feet above the floor with your second most expensive investment parked directly underneath. Last year approximately 20,000 garage door related injuries were treated in America's emergency rooms.

Given these facts, proper maintenance and repair should be a higher priority on our never-ending "to do lists".

Basic routine maintenance should be performed every six months to maximize performance and extend the life of the moving parts of your garage door(s). While repairs should be left to the professionals, the following activities should be completed every six months:

Door:

1. Lubricate hinge joints with a silicone-based lubricant. Be careful in selecting a product as many common spray lubricants are alcohol-based and can actually dry out moving parts.
2. Do not lubricate track and rollers. This common misconception only serves to attract dust particles and cause further wear. While it does appear to be a short-term fix, over that short time, problems will become worse.

3. Release the door from the opener by disengaging the trolley (pull the red string down). * Raise the door to the halfway point. A properly balanced door should remain in that position. If the door falls or rises on its own this is a symptom of spring failure. Improperly balanced garage doors can cause opener and/or door damage. * Raise and lower the door manually. The door should require no more than ten pounds of force to raise. This is the maximum weight residential openers are designed to raise. Clacking, screeching or popping sounds also indicate moving parts failure. * Please Do Not attempt any repairs as certain garage door components can cause serious injury!

Opener:

1. Chain and belt drive openers should have a light coating of silicone-based lubricant sprayed on the boom (bar from the motor unit to the door) twice per year.
2. If the system has safety eye sensors (located at the bottom of the door tracks), make sure these are properly aligned and free of dust and debris. An obstruction could stop the opener from closing the door.

POWER SURGES to your home can severely damage the electronics of electric door openers. Should your opener operate erratically, DO NOT attempt to continue using it as it may damage your garage door.

It is always wiser to error on the side caution concerning this large, heavy moving wall in your home.

STRONG Vision Center 281-373-3063

- Thorough Adult & Childrens Eye Exams
- Treatment of Eye Disease/Infection
- Large Selection of Glasses & Contact Lenses
- Most Vision Insurance Accepted
- Free Lasik Consultation
- Board Certified Opticians
- Authorized Oakley Sunglass Dealer

Mon-Fri 9-6
Sat 9-3



DR. JANE A.P. STRONG
THERAPEUTIC OPTOMETRIST
Cypress Resident

17445 Spring Cypress @ 290 • Suite G
Next to Kroger Signature

www.strongvisionctr.com

YOUR NEIGHBORHOOD URGENT CARE CENTER



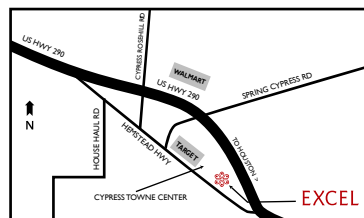
EXCEL
IMMEDIATE
MEDICAL CARE

Stings, Slings, Cuts or Breaks,
A trip to the Urgent Care's
all it takes!

(It's faster and cheaper!)



EXCEL IMMEDIATE MEDICAL CARE
The Doctor will see you now...



25801 US HWY 290
Cypress, Texas 77429

HOURS OF OPERATION
OPEN EVERYDAY
9a.m. - 9p.m.
(except major holidays)

281-304-1100

WWW.EXCELMEDICALCARE.COM

June Landscaping

Submitted by Ron Kerwin

Make Father HAPPY; give him a lawn service covering the HOT summer months as a gift he will REALLY appreciate!! We'd be glad to help.

It is getting hotter out; plan your lawn/garden work for early morning or evening to avoid the heat of the day. Make sure you drink plenty of non-alcoholic fluids, preferably water, to keep from becoming dehydrated.

Plan your mowing schedule around the growth of your lawn. You should not mow more than 1/3 of the blade length off at a time. If you water or fertilize too much, you will generate excessive growth. This will require more frequent mowing to avoid cutting off more than 1/3. If you postpone mowing, you will be damaging your lawn, generating excess clippings which will require more of your time to mow over them multiple times, and you will do your small mower engine harm by trying to mow too much grass with its smaller horsepower. With proper fertilization and watering, weekly mowing should be adequate; there will be exceptions however.

You can fertilize again this month with a 3-1-2-ratio fertilizer or 4-1-2; try to get it with a minimum of 50 % slow release nitrogen to stretch out its benefits. Water the granular fertilizer in soon after application. You can water your patio plants and hanging baskets with a diluted 20-20-20 water-soluble fertilizer. Try to use filtered or distilled water for these plants and baskets to reduce the chlorine getting to the plants.

Canopy your trees to allow more sunlight to get to the lawn grasses underneath. Low tree canopies will not allow grass to survive. You want the lower branches removed anyway for safety reasons while mowing. You don't want to get poked in the eye.

On Red-tip Photinia and Indian Hawthorne's watch for maroon colored spots on the leaves. This indicates a fungal leaf spot and could be fatal to the shrubs if left unattended.

Apply a fungicide, Banner or Daconil as soon as you can. Powdery mildew on roses, crape myrtles, eunonymus and zinnias in late spring can be treated with a funginex spray weekly.

Trim your spring flowering shrubs now and then leave them alone. Your Indian Hawthornes and other spring flowering shrubs are done blooming. Now is the time to trim them back. After you do this, do not trim them again until after they bloom next spring. Trimming them later in the year may result in your removing the flower bud heads for next year. June bugs DO NOT mean to treat for their larva, grub worms. Treatment is only effective in late July/early August IF you have grubs. Spider mites can be treated with miticides, insecticidal soaps or just a blast of water from your hose.

FRESH PAINTING

plus

CUSTOM INTERIOR AND EXTERIOR PAINTING

DRYWALL REPAIR

FENCE & DECK REPAIR

WALLPAPER REMOVAL

PRESSURE WASHING

WINDOW CLEANING AND MORE...



VISIT US AT

www.freshpaintingplus.com

OR GIVE US A CALL AT

281-758-1391/ 281-210-6762

FOR A FREE ESTIMATE

SATISFACTION GUARANTEED

Licensed & Insured



Cypress

Home

Cleaning

Mention this
ad and get
10% OFF

Your One Stop Cleaning Services!

Daily, Weekly or One-Time Cleaning

Call today for a FREE estimate

Move-In, Move Out

Office: 281-758-1391

Cell: 832-892-1283

or visit us on the web at:

www.CypressHomeCleaning.com

QUALITY WORK AT AFFORDABLE PRICING!

Licensed and Insured

Do Allergies Cause Asthma?

Although allergies and asthma are separate conditions, they are related. People who have allergies — particularly those that affect the nose and eyes — are more likely to have asthma. If you have allergies or asthma, your child is more likely to have it, too, because the tendency to develop these conditions is often inherited.

But not everyone who has allergies has asthma, and not all cases of asthma are related to allergies. About 75% of kids who have asthma also have an allergy to something. And many people who have asthma find their symptoms get worse when they're exposed to specific allergens (things that can cause allergic reactions in some people).

With any kind of allergy, the immune system overreacts to normally harmless substances such as pollen or dust mites. As part of this over-reaction, the body produces an antibody of the immunoglobulin E (IgE) type, which specifically recognizes and attaches to the allergen when the body is exposed to it.

When that happens, it sets a process in motion that results in the release of certain substances in the body. One of them is histamine, which causes allergic symptoms that can affect the eyes, nose, throat, skin, gastrointestinal tract, or lungs. When the airways in the lungs are affected, symptoms of asthma can occur.

Future exposure to the same allergens can cause the reaction to happen again. So if your child has asthma, it's wise to explore whether allergies may be triggering some of the symptoms. Talk with your

doctor about how to identify possible triggers, which can be things other than allergens, such as cold air, pets, or tobacco smoke. Your doctor might also recommend visiting an allergist for allergy tests. If your child is allergic to something, that substance may be causing or contributing to asthma symptoms (coughing, wheezing, and trouble breathing).

If it does look like allergens are an important trigger for the asthma symptoms, do what you can to help your child avoid exposure to the allergens involved. If this doesn't control the asthma symptoms adequately, the doctor may also prescribe medications or allergy shots.

Reviewed by: Elana Pearl Ben-Joseph, MD

Date reviewed: June 2007

This information was provided by KidsHealth, one of the largest resources online for medically reviewed health information written for parents, kids, and teens. For more articles like this one, visit www.KidsHealth.org or www.TeensHealth.org. ©1995-2006. The Nemours Foundation

Pet Styling by Sherry Inc.

Owned & Operated by Certified Groomers

PROFESSIONAL PET STYLING & BOARDING FOR DOGS & CATS

Very Important Pet Suites
Each boarding suite will be just like home. Decorated with a theme, furniture, wallpaper and even a T.V.

Doggie Day Care
Your pet can run with friends, chase a tennis ball. Gets lots of exercise and socialization!
Crate Boarding also Available for Your Dog
Deluxe Cat Boarding • Pet Boutique

OBEDIENCE TRAINING!
GROUP AND PRIVATE LESSONS AVAILABLE!
www.petstylingbyserry.com
13707 West Road (West Rd. at Eldridge) **832-237-2060**

The Foot Wellness Center

Named one of **HOUSTON'S TOP DOCTORS** by H Texas Magazine

- Bunions • Hammertoes • Heal Pain
- Ingrown Nails • Corns, Calluses
- Injuries • Sport Injuries • Children
- Diabetic Foot Care • Orthotics
- Fractures of the Foot & Ankle

Have No Insurance?
We Will Work With You!

- 3D State-of-the art Walking Analysis
- Certified in Endoscopic Heel Surgery, Ossatron Non-Invasive Heel Spur Surgery, & Laser Surgery For Warts
- Alternative Medicine



North Cypress Medical Center
21216 N.W. Frwy., Ste. 240
281-955-5500


Dr. Judith E. Rubin,
Podiatrist/Foot Specialist

- * Diplomate, American Board of Podiatric Surgery
- * Board Certified in Foot & Ankle Surgery
- * Fellow American College of Foot & Ankle Surgery
- * Certified Wellness Educator

www.DrRubinFootWellness.com
Serving the Houston Area 24 Years



Sunday, June 15

SHOWER TILE



- Bathtub to Stall Shower Conversions
- Tile & Cultured Marble Showers
- Shower Doors & Bathtubs
- Leaky Shower Pans
- Vanity Cabinets & Linen Closets
- Granite & Cultured Marble Countertops
- No Money Down

BBB
Member

TILEWORKS

281-550-8900
www.tileworksremodeling.com

• Fully Insured • Work Guaranteed • 27 years experience

A Couple of *Decorators* Inc.





- * Window Treatments & Bedding
- * 'Stage' your home for sale
- * Consultations for do-it-yourselfers
- * Accessories & Space Planning
- * Custom Florals & Designer Trees



281-225-5078
coupledecorators@sbcglobal.net

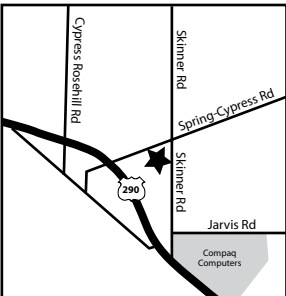
HunterDouglas
WINDOW FASHIONS

JASON DOOLEN, DDS, MS

DOOLEN ORTHODONTICS

Specialist in Orthodontics for Children and Adults



- Friendly, gentle and caring staff
- Invisalign Certified
- Clear and Metal braces available
- State of the art digital x-rays
- Latest in sterilization systems
- Proud sponsor of Cypress community & Cy-Fair ISD
- Complimentary Consultation
- Conveniently located

13611 Skinner, Suite 200, Cypress, Texas 77429 281-758-1600

FAIRFIELD Home Improvement and Repairs

Art Clark • (281) 635-6215
fairfieldhomeimprovement@yahoo.com
Fairfield Resident 20 Years Experience

"NO JOB TOO SMALL"

Crown Molding, Door and Window Trim
Door Replacement
Drywall Repair
Wood Rot Repair
Siding and Exterior Paint
Lighting and Ceiling Fans
Interior Room Conversions
Outdoor Speakers and Lighting
Sprinkler System Service & Upgrades Lic. # 7354



15-MINUTE SALMON

Prep time: 15 minutes

Ingredients:

- 2 - 6-oz. salmon steaks (a normal portion size for meat and fish is 3 oz.)
- butter or vegetable oil cooking spray or fat-free canola cooking spray

Directions:

1. Preheat the broiler. Cover the broiling pan with aluminum foil and lightly grease the foil with butter or vegetable oil cooking spray.
2. Place the steaks on the pan and broil the salmon for 5 minutes. Turn the steaks carefully and broil the other side for 4 to 5 minutes or until the fish is firm but

still springy and a bit translucent in the center.

3. Serve immediately topped with the sauce of your choice.

Serves: 2

Serving size: 1 salmon steak

Nutritional analysis (per serving):

350 calories

34 g protein

20 g fat

114 mg sodium

0 mg calcium

Note: Nutritional analysis may vary depending on ingredient brands used.

Variations and suggestions:

This recipe can easily be doubled to serve 4. Salmon freezes well if prepared properly. Freeze each piece separately, wrapped first in plastic and then in aluminum foil to preserve freshness and facilitate defrosting.

Serve with Orange Ginger Sauce.

Updated and reviewed by: Steven Dowshen, MD

Date reviewed: May 2005

Originally reviewed by: Allison Brinkley, RD, LD/N, CNSD

Gambino's...

SALADS

PASTAS

HOT SANDWICHES

CALZONES

PIZZA ROLLS

HOT WINGS

Mon-Thurs 10:30 AM - 10 PM
Fri 10:30 AM - 11 PM
Sat 10:30 AM - 10 PM
Sun 4 PM - 10 PM

Delivery Available
from 11 AM until
closing time

Phone
281-256-3405
281-256-3407

**Proudly Serving
Fairfield Pizza
Since 1995!**

Family Meal Deal \$15⁹⁹

Medium Deluxe Pizza
and Medium
1-topping Pizza

**Gambino's
Pizza®**

Limited Delivery Area and Time.
Not valid with any other offer.
Where available. Expires 06/30/08

\$3 OFF a LARGE Pizza

**\$2 off a Medium Pizza or
\$1 off a Small Pizza**

If purchased at reg. price

**Gambino's
Pizza®**

Limited Delivery Area and Time.
Not valid with any other offer.
Where available. Expires 06/30/08

Large for Medium Charge

**Buy any one large pizza
for the price of
a medium pizza**

**Gambino's
Pizza®**

Limited Delivery Area and Time.
Not valid with any other offer.
Where available. Expires 06/30/08

KEITH A HUYNH, MD PA

Specialized in Internal Medicine

**Caring for patients
since 1995**

*Monday - Friday
9:00 to 5:00*

- General and Internal Medicine

- Accept most insurance plans

- Our staff also speaks Spanish and Vietnamese

281-758-0700

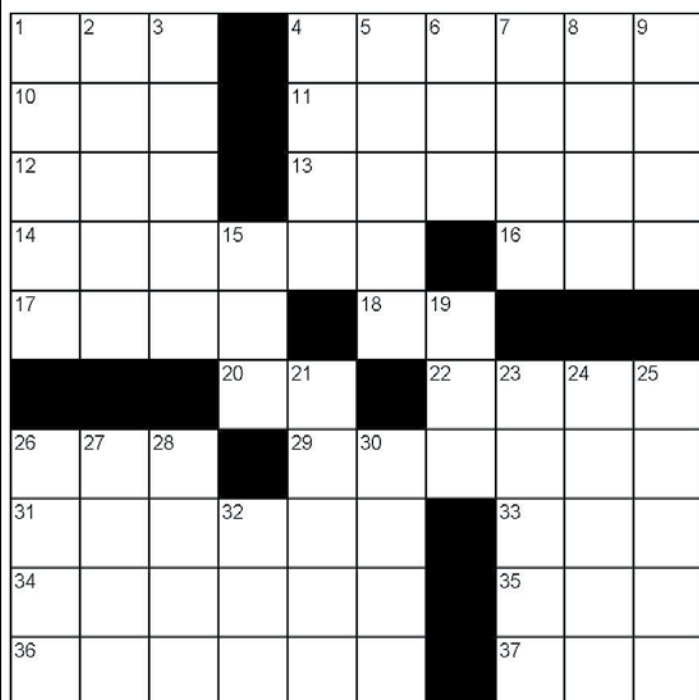
17400 Spring Cypress, Suite 110A
Cypress, Texas 77429
(Corner of Hwy 290 & Spring Cypress)
(Close to Home Depot)

281-469-3221

10720-B FM 1960 West
Houston, Texas 77070

Se Habla Espanol

Crossword Puzzle



ACROSS

1. Unrefined metal
4. Young pigeons
10. Gender
11. Australian
12. Alternative (abbr.)
13. Climbing
14. China stone
16. Hoopla
17. Shaft
18. Teacher's assistant, for short
20. Doctor
22. Believe
26. Terminal abbr.
29. Skin problem
31. Infamous Nazi concentration camp
33. Tear
34. Wring
35. Sick
36. Work fussily
37. Hurricane center

DOWN

1. City
2. Mellow
3. Worship
4. Japanese dress
5. Fivesome
6. Ship initials
7. Continent
8. Tie
9. Sego lily's bulb
15. Limb
19. Wood tool
21. Sea jewel
23. Spooky
24. Author Dickinson
25. Tree
26. Eve's garden
27. Cab
28. Acting (abbr.)
30. Nice looking
32. Pig

© 2007. Feature Exchange

*Solutions can be found online at www.PEELinc.com



Fairfield • Athletic • Club

Preschool
OPEN REGISTRATION
for 2008-2009
school year.

Our state licensed preschool program is for children age three as of September 1 through Pre-K. We offer classes from 9:15a.m. to 2:15p.m. Monday thru Friday. Please call 281-373-0834.

Fairfield Preschool Coupon

\$125⁰⁰ OFF

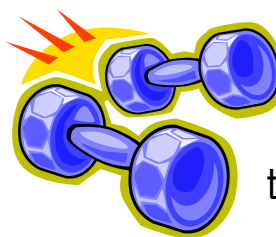
Preschool Registration Fee

Good for the 2008-2009 school year

*applies to new students to our program, must be presented at initial enrollment.

Fairfield Summer Camp open registration!

We offer camp for children who have completed Kindergarten through incoming fifth graders. Summer Camp is offered on a weekly sign up basis.



Fitness?

Ask about our new training programs too!

Call: **281-373-0834**
www.fairfieldvillage.org



Welcome To Fairfield Village

A Home for Every Lifestyle

VILLAGE BUILDERS

Gated Section with patio homes
Homes from the \$150s - \$240s
Garden and Veranda Collections

Welcome Home Center
21803 Shimmering Green Trail
Cypress, TX 77433
281-758-2190



LENNAR

5 Collections
Homes from the \$140s - \$250s

Welcome Home Centers
15122 Blue Thistle Dr.
Cypress, TX 77433
281-373-5595

21738 N. Carolina Green Dr.
Cypress, TX 77433
281-213-8751

LENNAR®

LENNAR.COM

Prices subject to change without notice. Stated dimensions and square footage are approximate and should not be used as representation of the home's precise or actual size. Renderings are artist's concept. See a Lennar New Home Consultant for further information. Copyright © 2008 Lennar Corporation. Lennar, the Lennar logo, Village Builders and the Village Builders logo registered service marks or service marks of Lennar Corporation and/or its subsidiaries. 4/08



Kids' Club

Attention KIDS: Send Us Your Masterpiece!

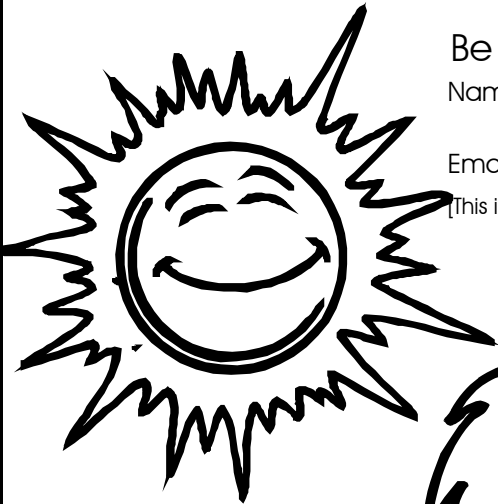
Color the drawing below and mail the finished artwork to us at 203 W. Main Street, Ste. D, Pflugerville, TX 78660.
We will select the top few and post their artwork online at www.PEELinc.com. DUE: June 30th

Be sure to include the following so we can let you know!

Name: _____
(first name, last initial)

Email Address: _____ Age: _____

[This information will only be used to notify you or your parents if your artwork was selected.]



Fairfield

We Challenge What You Pay For Electricity!

If SparkPowerBank isn't your current electricity provider...chances are you're paying too much!



I'm Texas Energy Analyst Alan Lammey. Maybe you've heard me on the radio talking about the market forces that drive energy prices. I'm here to tell you that you're not stuck paying those high prices to big electric companies anymore! **Stop it.**

Some electric companies talk about "**Simple**" rate plans – that just means it costs you more!
Others brag that they'll "**Send you a Rebate**" – that just means you're already paying too much!!

Come to the **Power Bank** – www.SparkPowerBank.com
Why pay more than you have to? Those days are over!

Why would you want to go with an electric provider that charges you more, when you can go to www.sparkpowerbank.com and pay far less for the same electricity?

Make sense?

SparkPowerBank
www.sparkpowerbank.com

By Spark Energy

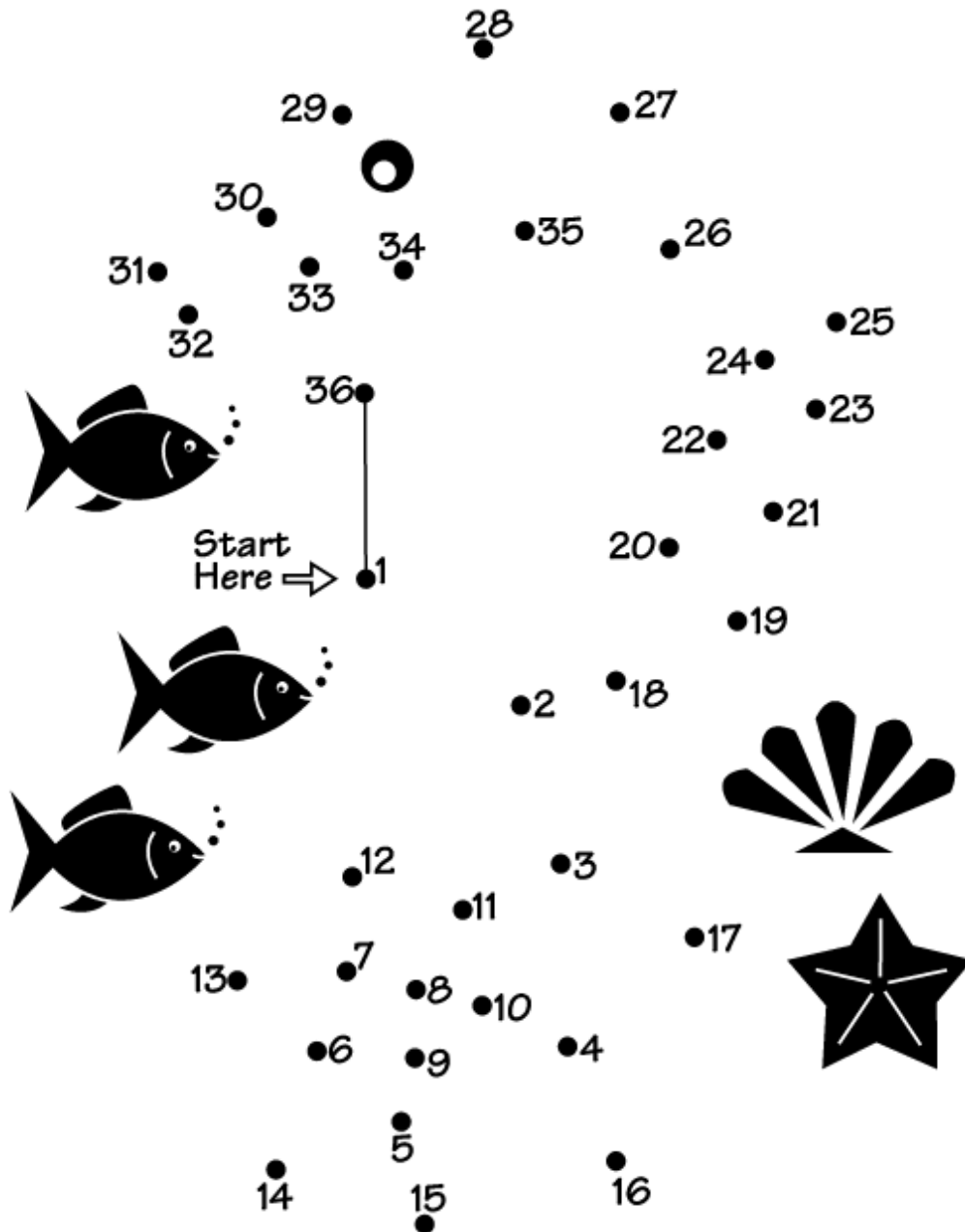
SIGN-UP TODAY
Right Online!

Please choose "Newsletter Ad" as your referral on the SparkPowerBank.com website.

Fairfield Kids

Dot-To-Dot

Connect the dots to find the hidden image.



News Of Nutrition

Easy Ways To Eat More Fruits And Vegetables

(NAPSA)-From orange peppers and green spinach to purple plums and red watermelon, eating colorful foods could leave you as a picture of health.

The Centers for Disease Control recommends that everyone consume more fruits and vegetables. One reason is that eating a variety of colorful produce on a regular basis provides a great source of vitamins, minerals and other natural substances to help protect against chronic diseases.

The good news is that in addition to being healthful and nutritious, fruits and vegetables can be easy to add to almost any diet. Try these tips:

- Add vegetables such as bell peppers, mushrooms or tomatoes to your omelet.
- Top toasted whole-grain bread with peanut butter and sliced bananas.
- Ask for more vegetable toppings and less cheese on your pizza.
- Add lettuce, tomato, onion and cucumber



Healthy Idea-There are ways to make produce stay fresh longer.

to sandwiches.

- Snack on vegetables such as bell pepper strips and broccoli with a low-fat ranch dip.
- Top a cup of low-fat yogurt with sliced fresh fruit.

Saving Green On Your Greens

Of course, if you plan to eat more fruits and veggies, it could pay to also find ways to keep them fresh. Still, Americans throw away 27 billion pounds of produce annually because it has spoiled. That translates into about \$250 worth of wasted produce per person.

One solution is to use a product such as Produce Saver from Rubbermaid. The food containers can help consumers reduce food waste, save money and live healthier lives by keeping produce fresh up to 33 percent longer than traditional containers.

The line is designed with a vented lid that allows produce to breathe and a tray that elevates food out of moisture. Available at local retailers and grocery stores, it can be a smart and affordable way to incorporate more colorful fruits and vegetables into your diet.



FREE LARGE ORDER OF PRETZEL BITES

WITH THE PURCHASE OF A PRETZEL DOG AND LARGE LEMONADE

Coupon valid at Houston Premium Outlets location only. Not valid with any other offer. Present coupon when ordering please. No cash value.

Expires 06/30/2008

© 2008 Cookie Associates, Ltd



HOUSTON PREMIUM OUTLETS

(ACROSS FROM THE FOOD COURT)

281-373-0767



Planning The "Perfect" Picnic

(NAPSA)-Ah, the signs of summer: leisurely afternoons, melting ice cream and the scent of freshly mown grass. For many people, it's time to enjoy the splendors of the outdoors-and one great way to do so is with a festive picnic.

Whether planning a romantic twosome at dusk or a family reunion for 30, the following tips can help make such a gathering a success:

Picnic Packing

They're trendy, they're fun and they're easy to find: Picnic baskets come in many different styles and sizes, from traditional wicker to insulated backpacks with separate compartments for silverware, stemware and plates. Wine and cheese totes come in handy for a romantic walk on the beach or an evening concert in the park. Splurge on a generous-sized ice chest for longer trips, but for shorter hauls, store-bought Styrofoam coolers work just as well.

Summer Specialties

Eating outdoors opens up a wonderful world of good taste and great memories. For



Summertime picnics provide plenty of atmosphere-and opportunity for creative cuisine.

an elegant outdoor concert or a day of waves, sun and sand, consider grilling center-cut, bone-in ham steaks paired with fresh summer produce. Ham steaks-premium cut steaks taken from the leanest center of the ham-are a convenient choice for picnic-goers who want to add a spark to any picnic dish.

The versatility and convenience of ham steaks also make them easy to dice and toss into pasta salads or shred into strips for ham and havarti cheese tortilla wraps. On each tor-

tilla, arrange layers of ham strips topped with cheese, honey Dijon mustard and tomatoes and roll up for a light and easy summer meal that can be made ahead of time and frozen until needed.

Safety Tips

Don't forget to keep food safety in mind when planning and packing for picnics. Foods cooked ahead should be chilled thoroughly in the refrigerator and transferred directly into the cooler. To keep foods cooler longer, use icepacks rather than ice cubes, or freeze individually packaged drinks to keep foods cold during travel. Remember, storing coolers in the shade and away from direct sunlight will also help keep foods as cool as possible. And don't forget to replenish the ice once it melts.

Just about any meal seems to taste better when enjoyed outdoors, but planning the perfect picnic shouldn't be a burden. Make life easier by jotting down a quick checklist of all the picnic essentials, including sunscreen and bug spray. Once everything's checked off, don't forget the most important item for the picnic: fun!

Spring Cypress Dental Family & Cosmetic Dentistry

Our mission is to provide the highest quality care in the most comfortable environment.

**281.256.3222
1.877.Tooth.11**

- State-of-the-Art Technology
- Children Welcomed
- Soothing Nitrous Oxide
- Digital X-rays
- Intra-oral cameras



- **invisalign**® Straighten teeth without braces! Virtually Invisible

- **ZOOM!** One hour teeth whitening with great results.

**Senior
Citizen
Discounts!**

**COMPLIMENTARY
Dental Exam, Bite Wing X-Ray,
& Consultation (up to a \$150 value)**

New patients only, not valid with insurance or other offers. Exp. 07/15/08

17330 Spring Cypress #115
Across From Kroger Signature

SHOWER TILE



- Cultured Marble or Tile
- Bathtub to Stall Shower Conversions
- New Shower Pans
- New Bathtubs
- Plumbing
- Handicap Accessibility
- Glass Shower Doors, etc.



COMPLETE CUSTOM KITCHEN & BATHROOM REMODELING

- Kitchen Cabinets & Closets
- Granite Countertops

NO MONEY DOWN!

Financing Available WAC

When you're looking for quality workmanship and personalized, exceptional service, please give us a call.

Visit us at www.tileworksremodeling.com

TILEWORKS



281-550-8900



• Insured • Satisfaction Guaranteed • 27 years experience



Personal Classifieds - Limit 30 Words

MARINA VILLAGE CAMPGROUND MEMBERSHIP FOR SALE: Marina Village Campground membership for sale. Located on Lake Livingston, Marina Village offers pools, playgrounds, boat docks and planned activities. Asking \$150 plus \$350 transfer fee. Monthly dues paid to date. Call 281-304-0405.

EXPERIENCED BABYSITTER NEEDED: Need experienced, loving babysitter/nanny to pick up my 2 year old from daycare at 2pm each day and be at my home for my 5 year old to be dropped off the bus. Typical hours are 2:00-6:00pm M-F with occasional morning or late evening help if needed. Might need some help with preparing dinner 2-3 times per week. Need sitter to start August 1, 2008. Please contact Genny at 979-574-6690.

BABYSITTING NEEDED: Need help in pick and drop and few hours of babysitting. Call for detail : 281-758-0791 after 6 pm."

CHILDCARE NEEDED: Need stay at home mom, with small child, to care for my 2 year old daughter in your home. Need 3 days a week, 9-5. Call Cathy at 281-373-2195.

INTERESTED IN FLY FISHING? Looking for anyone interested in learning Fly Fishing. If interested in teaming up to practice casting, email me: c_moursund@sbcglobal.net.

ROOMATE WANTED: Single Professional looking for same to share home. Available 1 bedroom furnished/unfurnished with bath (must be shared with guests), satellite (in bedroom/living room), internet service, washer/dryer, all utilities included, yard, some stor-

age, no animals, no children. I have two cats and a parrot. Asking \$700 per month. Please call (832) 922-7381. **WANTED:** Girl Scout troop needs camping equipment: folding camp stools and table, cookware, lanterns, etc. College student is in need of a nice ladies bike. 281-256-1138

CLASSIC CAR OWNERS: Looking for interested parties who want to meet one Sunday a month at La Salsa. Wanting to meet others with similar interest and see what other classics are in Fairfield. mopar_tx@yahoo.com.

RIDE SHARE to GREENWAY PLAZA: Dreaming of getting out of the 290 traffic jam and cruising on the HOV? I'm looking for rideshare companions to Greenway Plaza to cut the commute time. My Inbound and Outbound hours are flexible, so let me know what works for you. Non-smokers only. Call 832-515-4735.

CARPOOL to DOWNTOWN HOUSTON: Looking for carpool companions to downtown Houston (M through Th). Inbound and outbound hours could be flexible (prefer leaving early and returning early). Call 281-758-0452 or email sujiancd@hotmail.com

PLAYGROUP: I am looking to start a PLAYGROUP for my 1 Year Old son. Siblings welcome. If interested, please call Melissa, 281-304-1676.

FREE TO GOOD HOME: One-year old "blonde" female (not spayed) golden retriever. All shots current. AKC registered. Needs loving home, preferably with young children - she loves children of all ages. Very loving, playful, and smart dog. Going back to college and downsizing to apartment. "Rosie" needs a backyard and someone

Cypress Computers

- **FREE** House Calls & **FREE** Estimates
- On-site Service
- **FREE** Pick & Drop
- Virus & Spyware Removal
- Data Recovery
- System Crash Recovery
- DSL Setup & Networking
- Software & Hardware Installation
- Desktops & Laptops Sales & Upgrades
- Custom Built & Refurbished Systems Available
- Wireless Internet Setup



We Compete...



Beat All The
Prices in Town

Call for Service:
832-643-4859
www.cypresscomputers.com

13050 Louetta @ Grant, Ste 208 - 281-257-0005

12303 N. Elderidge @ Cypress N. Houston, Ste E - 281-469-6355

Is your A/C equipment ready for summer?

Stay Cool

A/C & Heating Services

www.staycoolac.net



\$39.95

System Check



As we approach the hot & humid summer months we all have one thing on our minds—how high will our electric bills be this summer?

Air conditioning equipment that has not been properly maintained can be a significant contributor to high energy bills.

Our licensed HVAC technicians will perform a complete evaluation of your system(s), and provide you with a comprehensive analysis of your equipment's condition, along with recommendations on how to maximize energy efficiency & extend your equipment life.

(281) 859-0200

Seasonal system checks help to:

- * Maximize energy efficiency
- * Extend equipment life



Ask about our Preferred Customer
Program packages & how you can save \$\$!

Licensed & Insured

TACL-B-26828E

to play with – great Frisbee dog! Please call 281-705-9782.

BAND INSTRUMENTS = TAX DEDUCTION: I am collecting donated band instruments for a school band program who is not as lucky to have the kind of funding we have here in Cy-Fair. The kids need everything from cymbals to tubas, and everything in between. If you have a band instrument in good playable condition that is not being used, I have kids who are ready to play them! I will pick up any instrument donated, and each donor will receive a 501(3)(c) receipt for their donation as well as a small thank you gift. Please help me spread the word and contact me today! Robert Calloway 281-744-9476 or robert@calloway.com.

HOUSTON HYBRID & HYPERMILERS CLUB: We will be discussing new gadgets and tricks to save gas and reduce the cost of driving in ANY car. All drivers welcome - Dan Bryant - 713-517-1293.

NEEDED: Children's Books - can I take some off your hands? I work for a Cy-Fair I.S.D elementary school. We are in need of books to build teachers' classroom libraries. If you have any gently used Children's books you'd like to donate, please let me know! I will be happy to pick them up! Thanks! Jennifer 281-758-0971.

WANTED – MAHJONGG PLAYERS: Two or three women to either learn to play MahJongg, or some experienced player. Game in Fairfield. Email address is: nailladyjery@sbeglobal.net.

MAH JONGG: Learn to play the game of MahJongg. This is a challenging, fast-paced, ancient Chinese tile game played with 4 people. Informational meeting to be held at the Jitterbug Coffee Café in

Fairfield (Mason Rd. next to Subway). For more information e-mail Khunt1949@hotmail.com

INTERESTED IN SCRAP BOOKING? Interested in Scrap booking, but find yourself putting it off? Join a scrap book club that will meet once a month in Fairfield. E-mail sandrawright@houston.rr.com or call 832-642-1248.

ADULT CAMPERS: Do you have an RV, kids grown up and gone? Like to socialize? Come join us. For more information, contact us at 281-373-1374 or e-mail brakeaways@yahoo.com. (Nonsmoking group).

POOL TABLE FOR SALE: Excellent condition. Felt has been replaced recently and comes with a cover. Only asking \$400. Please call 832.723.1413 for more information or to request photos.

BABY ITEMS FOR SALE: 5-in-1 Sleep System Bassinet. Excellent condition \$60.00. Wipe Warmer. Brand new. \$10.00. Advent microwave sterilizer and Bottle warmer. \$12.00 for both. Lots of newborn girl clothes. Please call 281-304-5479.

HARLEY DAVIDSON FAT BOY FOR SALE: Harley Davidson Fat Boy--2003 Anniversary Edition New condition; garaged-military deployments. Less than 3,000 miles. (Fuel injected, security system, removable anniversary windshield, anniversary leather saddlebags, anniversary removable sissy bar, Screaming Eagle, engine guard, etc.). Negotiate starting \$13,500.

FOR SALE: White Pottery Barn Kids Rustic Thomas Daybed and Trundle (picture online); \$550 or best offer (>\$1200 new); Mattresses not included; Call 281-256-9001 or contact amykylemartin@comcast.



CORNERSTONE CARPENTER, INC.
www.cornerstonecarpenter.com

FREE ESTIMATES
CALL TODAY

281.890.6474

HANDYMAN SERVICES

HOME REPAIRS

MAINTENANCE AND CONSTRUCTION

PAINTING

PATIO COVERS

HARDIPLANK SIDING

SIDING REPAIRS

SHEETROCK REPAIR

FENCING

& MORE...

SERVING HOUSTON SINCE 1992

net

BUNCO LADIES NEEDED: I am a retiree looking for nice and fun ladies to share an evening of chatter, company and BUNCO fun. If interested or just curious, call Jeannie at 832-260-5855.

FOR SALE: Kids wood train set and table, has lots of underneath storage. Tons of wood track/trains. Valued over \$400. Will sale for \$100. Can email pictures. Call 281-373-3946. **FOR SALE:** Brown dresser. Would be great for a kid's room. \$25. Please call 281-304-6323.

BABY ITEMS FOR SALE: 5-in-1 Sleep System Bassinet. Excellent condition \$60.00. Wipe Warmer. Brand new. \$10.00. Advent microwave sterilizer and Bottle warmer. \$12.00 for both. Lots of newborn girl clothes. Please call 281-304-5479.

AIR HOCKEY TABLE FOR SALE: \$125 Large size table with very few hours on it. Please call 281-256-7947.

FOR SALE: Twin size bunk bed w/twin trundle pull out at bottom. Student desk in middle with 4 drawers on both sides. Large storage closets in back 7 ladder. Dresser to match. It is called the "cinnamon twin bed" under bunk beds on Gallery Furniture website. Both pcs. \$450.00 OBO. Can also email pictures. Call 281-256-7947.

SOFA FOR SALE: oversized Lane reclining sofa, dark blue with texture pattern, reclines on both ends and table folds down in middle, very good condition, paid \$800 asking \$150. can e-mail pictures. Karavan4@yahoo.com

HARLEY FOR SALE: 2005 Black HD FLHTI Electraglide Std w/ 12,995 miles, lots of chrome, dealership maintained. Asking \$12,500 OBO. Call 281-758-0771 and leave a message. Fairfield Resident.

FOR SALE: Thomas the Train wooden engines. All are in mint condition and have hardly been played with. Asking \$8 for engines with tenders, \$6 for single engines, or \$175 for all 31. Call Sherri at (281)256-9798.

FOR SALE: Battery operated Power Wheels Cadillac Escalade in good shape. Seats 2 kids, has a working radio, 2 forward speeds (slow/fast), reverse, and comes with the battery and battery charger. Sells new for \$320, asking \$150. Call Sherri at (281)256-9798.

FOR SALE: 8 in 1 Little Tikes outdoor play set. \$150.00. New is \$400. Outdoor Little Tikes slide \$30. Little Tikes art desk with storage \$40. New is \$70. Little Tikes picnic table \$20. Setee and Chair, needs work, \$75. Call (281)304-0691.

FREE BOSH DISHWASHER: Stainless outside and in. Super quiet, good condition, six years old. Sitll works great. Must be able to pick it up. Call Jenny 281.543.0005.

FOR SALE: Stately and elegant dark-stained armoire for sale. TV and DVD/VCR storage behind two big doors and three large drawers and the bottom. Beautiful and makes a statement. Tons of storage. Paid \$4,000 in 2007 but will accept \$1900. Call Mitch 281.304.0697

BABY ITEMS & TOYS FOR SALE: Graco Duo Glider Double Stroller with combination 3/5 point harness, grey/black fabric \$90 (like new), Baby Trend Trendsport Lite Stroller \$15, First Years Portable 3-in-1 high chair/booster seat/play seat \$10, Little Tykes 2 in 1 Snug and Secure baby swing \$10, Little Tykes Monster Truck \$10, Little Tykes Rockin' Puppy \$10, call (281)373-4873.

FOR SALE: 2 Classic Little Tikes toy boxes (like new) - \$20 each,

Advertise YOUR business to YOUR neighbors for less than 3¢ per home.

Effective Advertising, Done Right.

Call today to Reserve your space.

Peel, Inc.
COMMUNITY NEWSLETTERS

1-888-687-6444

www.PEELinc.com

FF

Battat by Parents Brand Infant/Toddler's 12-inch Wooden Activity Cube (like new), \$10. Call Jenine at 281-213-9909.

FOR SALE: Professional grade home gym for sale: Hoist V3 gym with leg press attachment gives you full body workout ability at home. Excellent condition! Includes accessories, rubber floor pads, and owner's manual with use information. Sells new at Busy Body for around \$2600, asking \$1500 – negotiable. Pictures available. Email Victoria at cvingle@comcast.net or call (281) 373-0460.

FREE GE DISHWASHER: Works fine, no longer needed, due to upgrading kitchen. Call 281-256-4065 to pick up.

WANTED: Moving boxes. Please call 281-213-2555.

FOR SALE: Queen size cherry wood and black cast iron sleigh bed with mattress and box spring. Complete set for \$350.00. Email inquiries to gatorblaze@comcast.net or call 832-220-3486.

THOMAS THE TRAIN FOR SALE: Large Thomas Train table with drawer, tracks of all sizes, trains (thomas and friends), and accessories. Too many to list! Everything in excellent condition. \$125.00 OBO for everything or will sell separately. E-mail clevengd2001@yahoo.com or call Jennifer at 713-410-7768.

FOR SALE: Blue Trek 820 mountain bike. Few years of use. Good Condition. Great for 9 - 15 year olds. \$50. Toshiba 19 inch color TV; old but still works fine. broken remote. \$25. 36" round oak table with stained navy blue top and 4 chairs. Good condition. \$125 call 281-256-1814.

PATIO FURNITURE FOR SALE: Perfect for your summer BBQ's! Purchased at Patio 1 for \$750 in 2003, asking \$300 OBO. Recently power-washed. Khaki and brown, 2 swivel chairs, 2 reg. chairs, glass-top table, umbrella. Contact ncoen@earthlink.net. View pics here: <http://share.shutterfly.com/action/welcome?sid=0AZtmLFi3aMWTiw&emid=sharshar&linkid=link3>

KIM MOORE
Sales Representative

281-414-021
Fax 281-373-380
kim@PEELinc.com



Peel, Inc.

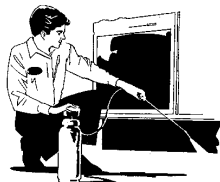
www.PEELinc.com

203 West Main Street, Suite D
Pflugerville, Texas 78660

PH. 512-989-890
Fax 512-989-894



Texas License No. 2487



Serving NW Houston Since 1974

RESIDENTIAL & COMMERCIAL
QUARTERLY & MONTHLY
MAINTENANCE

ROACHES • ANTS • FLEAS • MICE & RATS
TERMITE CONTROL • TERMITE INSPECTIONS

281-469-8240



a lifetime of beautiful **smiles**



- Special emphasis on gentle treatment
- Modern state-of-the-art equipment
- Exceptional dental care for the entire family
- Comfortable and relaxing environment
- An uncommonly friendly and caring staff who will listen to your needs
- Meticulous sterilization procedures for your safety
- Sedation available to make your visit more relaxing



LORI LOGAN, DDS

Family & Cosmetic Dentistry



*creating beautiful,
healthy smiles
with a gentle hand*

281-256-6866

www.lorilogandds.com

1 block south of 290
on Barker Cypress



Dawn Fore

Broker/Owner

281-304-9500

281-731-7399



**RE/MAX
Lakeland**

Listing Your Home for Sale in Fairfield?

Call Dawn and get the Scoop on her Unique Marketing Package
Find Out How to Sell Your Home 24 Hours a Day - Online and Offline
Several Commission Options Available to Fit Various Needs

www.DawnFore.com

Shop Online! Virtual Tours, Photos And Floorplans



20223 Sweetgum Way,
4/2/2, 2260 SqFt, \$174,900



20106 Fairfield Trace,
4/3/2, 2575 SqFt, \$189,900



15602 Wildwood Run,
4/3.5/2, 3261 SqFt, \$218,000



20902 Katie Marie Court,
4/3/3, 2651 SqFt, \$262,900



16223 Lavender Creek Ct,
3/2.5/2, 2424 SqFt, \$164,999



21310 Heartwood Oak Trail,
4/3.5/2, 3660 SqFt, \$335,000



16211 Morning Pine Trail,
4/3.5/3, 3704 SqFt, \$319,900



15410 Redbud Berry Way,
4/2/2, 1972 SqFt, \$147,500

Dawn Fore's Fairfield Market Report

Neighborhood	4 th Quarter Results			Current	
	Sold	\$ per SqFt	DOM	Avail	Pending
Bluebonnet Glen	0	-	-	0	0
Baker's Ridge	0	-	-	6	0
Chappell Ridge	4	\$73.90	68	5	1
Cottage Glen	3	\$81.90	50	4	2
The Estates	0	-	-	3	0
Garden Grove	5	\$76.30	93	5	3
Glen	2	\$62.05	24	1	1
Inwood Glen	5	\$70.85	24	3	2
Inwood Meadows	2	\$66.89	36	7	3
Inwood Park	1	\$69.14	41	10	2
Lakes/Lake Ridge 2	9	\$73.28	103	11	1
Crossing/Landing/Reserve	5	\$72.31	134	10	1
Meadows/Park/Retreat	3	\$67.67	112	8	4
Oaks/Trails	5	\$70.84	52	8	2
Pines	1	\$86.17	76	0	0
Summer Crossing	1	\$72.75	112	3	1
Summer Ridge	3	\$80.61	90	8	1

These numbers for resale homes were obtained from the Houston Multiple Listing Service. While we have no reason to doubt the accuracy of this information, we cannot guarantee it. This is not a solicitation of currently listed properties.

Peel, Inc.

203 W. Main Street, Suite D
Pflugerville, Texas 78660

PRSR STD
U.S. POSTAGE
PAID
PEEL, INC.

Voice 512-989-8905

www.PEELinc.com

FF