



# FAIRFIELD

C O M M U N I T Y • G A Z E T T E

OFFICIAL FAIRFIELD COMMUNITY ASSOCIATION NEWSLETTER



## Calling all Girl Scouts!

*Are you a Girl Scout?*

*Do you have a friend or daughter who wants to be?*

We are having a HUGE community wide event to sign-up new Girl Scouts and volunteers and form new troops for Ault, Keith, Robison, Spillane, Goodson and any area High Schools. Girls who attend private or home schools are welcome too!

We are also having Girl Planning Board sign-up for existing Girl Scouts who want to help plan events for the 2008-2009 year.

Bring the family to enjoy hot dogs, popcorn, and moonwalk and give the gift of life with Gulf Coast Blood Center's Mobil unit.

**Saturday, September 6, 2008**

**Fairfield Market Square**

**10:00 am – 2:00 pm**

**(in front of Gambino's Pizza)**

*Come see Girls Scouts in your community.  
We DO make a difference!*

**Contact Kim ([dudleyk72@aol.com](mailto:dudleyk72@aol.com)) or  
Denise ([gradygill@hotmail.com](mailto:gradygill@hotmail.com))  
with any questions.**



# FAIRFIELD COMMUNITY GAZETTE

## Important Numbers

**PLEASE NOTE: NEW EMAIL ADDRESS FOR EDITOR:**  
**editor-gazette@att.net, effectively immediately. Thank you.**  
**Holly Reichert**

### EMERGENCY NUMBERS

Ambulance/Fire .....	911
Poison Control .....	800-222-1222
Sheriff's Department .....	911

### NON-EMERGENCY NUMBERS

Ambulance .....	713-466-4073
Cy-Fair Medical Clinic (24 hr) .....	281-890-4285
FBI .....	713-693-5000
Fire .....	713-466-4073
Harris County Animal Control .....	281-999-3191
Sheriff's Department .....	713-221-6000
Vacation Watch .....	281-290-2100

### CHURCHES

Christ Church Houston Northwest .....	832-896-8441
Christ the Redeemer Presbyterian Church .....	281-357-8880
Community of Faith .....	832-875-2520
Christ the Redeemer Catholic Church .....	281-469-5533
Fairfield Baptist Church .....	281-373-5446
Fairfield Church of Christ .....	281-373-1900
Fountain of Life Fellowship .....	281-373-9337
Good Shepherd United Methodist Church .....	281-373-2273
Harvest Bible Church .....	281-304-1441
Messian Lutheran Church .....	281-890-3013
Saint Aidan's Episcopal Church .....	281-353-3203
The Fellowship at Fairfield .....	281-923-5130

### COMMITTEE NUMBERS

<b>Crime Watch Chairman:</b> Freeman Martin .....	freemanmartin@houston.rr.com
<b>Fairfield Area Swim Team:</b> Carla Tharp .....	281-373-3955
<b>Fairfield Women's Club:</b> Dawn Bond .....	281-224-3296
<b>Security Coordinator:</b>	

### NEWSLETTER COMMITTEE

Holly A. Reichert .....	editor-gazette@att.net
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### NEWSLETTER PUBLISHER

Peel, Inc. ....	fairfieldgazette@peelinc.com, 888-687-6444
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### FAIRFIELD VILLAGE COMMUNITY ASSOCIATION

#### Resident Board Members:

*Please remember that the resident Board Members are volunteers with families.*

*As a courtesy please communicate with them during reasonable hours.*

Ed Hofer (Bradford Creek) .....	bradford.neighbor@hotmail.com
Pam Montgomery (Bradford Creek) .....	montgomeryatlaw@sbcglobal.net
Joni Seifert (Chappell Ridge, FF Village Community Assoc.) .....	281-256-2853
Kay Jukes (Chappell Ridge) .....	281-373-9301
John White (Chappell Ridge) .....	281-373-1223
John Hanes (Garden Grove) .....	713-431-2245
Donna Bonneau (Garden Grove) .....	281-304-7294
Louis Iselin (Garden Grove) .....	281-256-1874
Robert Nichols (Inwood Park) .....	Susan.nichols@yahoo.com
Alex Griffith (Inwood Park) .....	281-304-4026
Terry Noe (Inwood Park, FF Village Community Assoc.) .....	281-213-8780
Billy Sutton (Inwood Park) .....	281-304-9419
Patrick Wong (Lakes of Fairfield) .....	pcwong1@earthlink.net
Kevin Hoffman (Lakes of Fairfield) .....	khoffman00@comcast.net
Mark Gafford (Lakes of Fairfield) .....	donna_gafford@sbcglobal.net
Ken Heil (Trails of Fairfield) .....	281-256-2093

#### Friendswood Development:

Tim Fitzpatrick (Bradford Creek, Chappell Ridge, Garden Grove, Lakes, Trails) .....	281-875-1552
Tommy Weaver (Bradford Creek, Chappell Ridge, Garden Grove, Lakes, Trails) .....	281-875-1552
Nan Peavey (Bradford Creek, Chappell Ridge, Lakes) .....	281-875-1552

### GOVERNMENT/STATE NUMBERS

Courthouse Annex .....	281-859-0685
Driver's License .....	713-681-6187
Post Office .....	281-373-9125
Voter Registration .....	713-224-1919

### MISCELLANEOUS NUMBERS

A.M.I (deed restrictions, etc.) .....	713-932-1122
Cecelia Panzineti, AMI Onsite Manager .....	281-256-0065
Community Meeting Room .....	281-373-0834
Cy-Fair College .....	281-290-3200
Cypress Area Home Schoolers .....	281-890-3792

Fairfield Athletic Club (FAC) .....	281-373-0834
Fairfield Information Center .....	281-373-1177
Friendswood Development .....	281-875-1552
Harris Co. Library (Northwest) .....	281-890-2665
Harris Co. Animal Control .....	281-999-3191
Harris County Mosquito Control .....	713-440-4800

### SCHOOL NUMBERS

Ault Elementary .....	281-373-2800
Bus Information .....	281-897-4380
Cy-Fair Administration .....	281-897-4000
Cy-Fair High School .....	281-897-4600
Goodson Junior High School .....	281-373-2350
Keith Elementary .....	281-213-1744
Spillane Middle School .....	281-213-1645

### UTILITY NUMBERS

ENTEX (gas) .....	713-659-2111
Centerpoint Energy (Electricity) .....	713-659-2111
Southwestern Bell (phone) .....	713-638-7000
ST Environmental (Sewer/water) .....	281-398-8211
Time Warner Cable .....	713-462-9000
Waste Management (trash) .....	713-686-6666

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- *Don & Jeanne each have over 30 years experience in real estate.*

- *Let our team concept work for you*
- *24/7 exposure to potential buyers by marketing your home on multiple websites*
- *Flexible commission plans*
- *Have the Don & Jeanne Team market your home TODAY!!!*

### Current Listings

15207 Woodland Orchard ....4/3.5/2D ..... (sold) .....\$234,900  
21811 Sheffield Gray ..... 5/3.5/3D .....\$314,900  
20202 Prim Pine.....4/2.5/2A .....Pool .....\$310,000  
21302HeartwoodOak .....4/3.5/3D .....Pending ...\$284,900  
10114 Pine Flats.....5/3.5/3A .....\$229,900  
23903 Clover Trail .....4/2.5/2A .....Pending ...\$219,900  
20130 Chad Arbor..... 4/3/2A.....Pending ...\$199,900  
20315 Fairfield Trace .....4/3.5/2A .....\$195,000  
15514 Pine Valley Trl..... 4/2/2A.....\$185,900  
10423 Thornhurn..... 3/2/2A.....Pending ...\$176,900  
4507 Quiet Loch .....4/3.5/2A .....Pending ...\$174,000  
16307 Lasting Light..... 4/2/2A.....\$169,900  
14918 Redbud Leaf..... 3/2/2D.....Pending ...\$165,000  
15611 Bending Birch .....3/2.5/2A .....\$164,500  
15411 Woodland Orchard Ln..4/2.5/2D .....\$159,900  
2307 Little Cedar .....4/2.5/2D .....Pending ...\$157,000  
15320 Redbud Leaf Ln .....4/2.5/2D .....\$156,900  
20323 Peach Mountain .....3/2.5/2D .....\$155,900

21030 Tonydale ..... 4/2/2A.....\$154,900  
15331 Court Green.....3/2.5/2A .....\$154,900  
18206 Auburn Woods.....4/2/2 .....Pending ...\$149,900  
14710 Timber Cliff..... 4/2/2A.....\$130,000  
19826 Black Cherry Bend.....3/2.5/2A .....Pending ...\$139,000  
20302 Concord Hill..... 3/2/2A.....Pending ...\$139,500  
20023 Little Big Horn..... 3/2/2A.....\$111,900  
12522 Bent Pine Dr.....4/2.5/2A .....\$109,900  
11902 Vita Circle ..... 3/2/2A.....\$95,500  
17902 Great Glen.....3/2.5/2A .....\$79,900  
19210 Cypress Cliff ..... 3/2/2A.....\$79,900  
6739 Rusty Ridge Ln ..... 3/2/2A.....Pending ....\$74,500  
1606 Westfork Drive ..... 3/2/2A.....\$64,500  
4642 Daisy Meadow ..... 3/2/2A.....\$121,900  
16122 Cypress Point .....3/2/2 .....Pending ...\$119,900

### Current Rentals

22018 Golden Cedar ..... 3/2/2A.....\$1300



### PHONES FOR OUR SOLDIERS!

Drop off your old cell phone in our mail slot at 15050 Fairfield Vlg. Dr.,#140  
(next to Prosperity Bank), and we will get them in the hands of our soldiers  
in Iraq to facilitate calls to home.



In the Fairfield Shopping Center opposite  
the Shell Station on Mason Road

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Landscape Design & Installation  
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**\$175.00**

(bed cleaning extra)

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## Attention Fairfield Homeowners

### 2008 Meeting Schedule for Fairfield Village Neighborhood Association and Villages

The 2008 meetings of the Fairfield Village Neighborhood Association, Inc. and Villages Board of Directors are scheduled for the fourth Tuesday of every other month at 7 p.m. at the Lakeside Trails Club House, 16125 Country Fair Lane. Please mark your calendar accordingly.

August	2008	Tuesday	---- No Meeting
September	2008	Tuesday	23rd Board Meeting (Schedule Budget Meeting)
October	2008	Tuesday	---- No Meeting
November	2008	Tuesday	---- No Meeting
December	2008	Tuesday	2nd Board Meeting

### BE FAIRFIELD PROUD

Your Association spends many dollars each month on postage reminding residents to store their trashcan and recycling bin out of view of the street. These monies can be better spent to your advantage enhancing Fairfield Village.

Although citing a trashcan seems like a minor infraction, the number of trashcans seen left outside creates an unattractive community. Even those homes with wrought iron fences are asked to make an effort not to leave their trashcan on the driveway.

While it may be convenient for you to leave your trashcan outside, it is an eyesore and detracts from the beauty of your community. It just takes a little extra effort to store your trashcan out of view on non-pick up days.

*Thank you to the many residents who already  
go to the trouble of storing their trashcans  
and recycling bins out of view.*

#### Advertising Information

Please support the businesses that advertise in the Gazette. Their advertising dollars make it possible for all Fairfield residents to receive the monthly newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the Gazette by advertising, please contact Peel, Inc. Sales Office, at 888-687-6444; advertising@PEELinc.com

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Seasonal Flowers • Hedge Trimming  
Sod Installation • Fertilization • Drainage

\* **Tree Service**

Tree Trimming  
Removal • Installation

\* **Lawn Service**

\$20 & Up

\* **Patios & Walkways**

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\* **Custom Outdoor Kitchens**

\* **Patio Covers**

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Special  
2 yds.**

**\$90** <sup>+tax</sup>  
brown mulch  
installation included  
weeding additional

\* Insured for Your Protection

\* Financing Available



[www.Cypresslawn.net](http://www.Cypresslawn.net)



## Pet Corner

### NEED HELP WITH A LOST OR FOUND PET ...

Please contact Susan Locke, Fairfield's Lost and Found Pet Coordinator at **281-605-5775** or you may go to <http://groups.yahoo.com/group/fairfieldpets>. Susan is the contact for someone that has lost or found a pet and tries to match the two together. Susan is unable to pick up, deliver or provide medical assistance to lost, found or injured animals but will try to help locate the dog or owner when they are lost.

~Your pet's ID tag is their ONLY ticket home! ~

\* \* \* \* \*

SAVE A Life ... Be A **Foster Parent**.

### FAIRFIELD COMMUNITY GAZETTE

#### Procedures for Submitting Articles & Personal Classifieds

If you would like to submit an article and/or personal classified ad(s) for publication in the Gazette, please follow these guidelines:

Articles, personal classified ads (limit 30 words), questions regarding regular columns and teen job postings (i.e. additions, deletions, changes) must be submitted to the editor, Holly Reichert, via e-mail at [editor-gazette@att.net](mailto:editor-gazette@att.net). Please submit all articles and personal classified ads in Microsoft Word only. Photographs and graphics must be submitted as a jpg, tif, or wmf file.

The deadline for submission of articles and personal classified ads is by the 10<sup>th</sup> of each month; your article and/or ad will appear in the following month's Gazette. In order for the Gazette to be delivered on time the submission deadline date will be strictly adhered to and no articles and/or personal classified ads will be accepted after the 10<sup>th</sup> of each month.

If you would like to submit or have questions regarding business advertising and/or business classified ads, please contact **Peel, Inc. Sales Office** at 888-687-6444 or via e-mail at [advertising@PEELinc.com](mailto:advertising@PEELinc.com).

*Thank you, Holly A. Reichert, #281-304-9956*

### More HELP for PETS ...

When a pet is lost, finding the pet means that time is of the essence. It takes time to create, print and distribute flyers. The flyers are many times illegible because of wind or rain. I certainly do not fault the pet owner because I have done this myself.

Frustrated, I thought there has to be a better way. So that is why we created Cypress Lost Pet Alert.com. The idea is to very quickly get the word out through an e-mail alert to as many neighbors as possible plus post the picture and information about the pet on the website under the specific neighborhood.

Once the email alert goes out to the specific neighborhood, many, many neighbors are now aware. If they happen to forward the email to their friends who have not signed up, it could mean hundreds of your neighbors are already alerted and are keeping their eyes open for your lost pet.

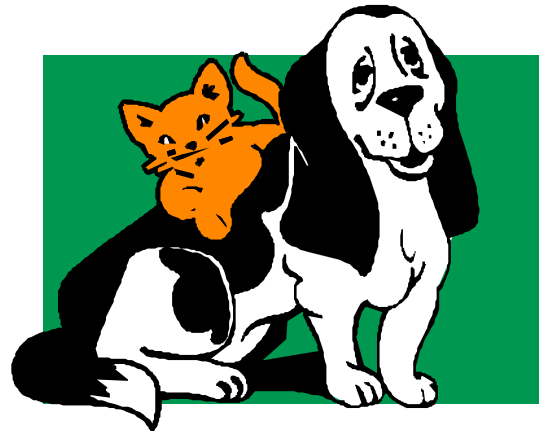
Cypress Lost Pet Alert.com is on-call 7 days a week from sun up to sun down and is FREE. We are glad to work with any informal email chains. The whole idea is to find lost pets quick for the good neighbors in Fairfield and surrounding areas.

Regards,

RB Cox

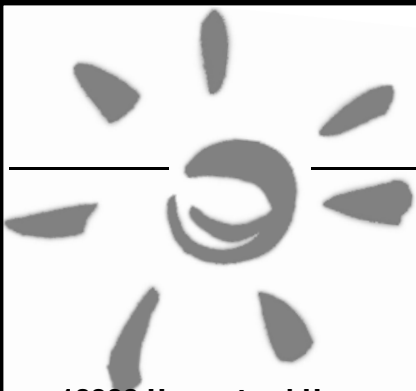
[alert@CypressLostPetAlert.com](mailto:alert@CypressLostPetAlert.com)

[www.CypressLostPetAlert.com](http://www.CypressLostPetAlert.com)



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Resident



Phifer  
**SunScreen**  
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**Apply your sun-block**

**713•956•0079**



## The Fairfield Women's Club

### Would like to THANK everyone ... Spectators and Participants for supporting the Fourth of July Parade!

Thanks to our very own Fairfield Veterans who served as our Grand Marshalls: Al Fell, Ed Fowler, John Gondesen, and Ed Johnson. We also would like to thank the Henderson, Henson, and Stutler families as well as the Fairfield Off-Road Club for sharing your beautiful convertibles and Jeeps to chauffeur our Grand Marshalls. As always, the Fairfield's VFD Station 7 lead the parade with it's usual bang and included both the ladder and engine trucks. It was fun to see the Girl Scouts, Boy Scouts, sports teams, dance team, churches, local businesses, area realtors and our individual residents participating in the parade. The parade could not have taken place without the numerous anonymous drivers that drove trucks, pulled trailers, or assisted wagons. Thanks for braving the hot, humid weather and kicking off the Fourth weekend with an absolute bang!

*A special thank you is extended to AMI for supplying the wonderful red and blue Fairfield koozies at the parade!*

*We truly appreciate the support of the Community for continuing this great Fairfield tradition!*



### GRAND MARSHALLS

*(From left to right)*

**Al Fells, Ed Johnson, Ed Fowler, and John Gondesen**

# FAIRFIELD

DENTAL CARE  
& ORTHODONTICS

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Paula Herber, DDS  
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Cypress Texas 77433  
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281-256-6190



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Minimum monthly payments required.

Full upper and lower arch treatment required. Offer available to new  
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Before

After

Are you more than 100 pounds over your ideal weight? Have you tried diets, diet pills, or exercise programs? If nothing worked, then you may be a candidate for surgical weight loss.

North Cypress Medical Center offers **FREE** informational seminars each month regarding the LAP-BAND® weight loss system and the Roux-en-Y Gastric Bypass surgical procedure.

Saturday, August 2nd @ 10am

Tuesday, August 5th @ 6pm

Tuesday, August 19th @ 6pm

Saturday, August 23rd @ 10am



Register at [NCMC-Hospital.com](http://NCMC-Hospital.com) or call  
**1.888.U.LOSE.LB**

Highway 290 at Huffmeister | 21214 Northwest Freeway  
[www.NCMC-Hospital.com](http://www.NCMC-Hospital.com)

## Community Blood Drive



Less than 5% of the community donates blood that is needed for surgeries, cancer patients and premature babies, to name a few.

**Donations save lives and  
THERE IS NO SUBSTITUTE!**

### The Fairfield Women's Club

would like to encourage you to donate blood on

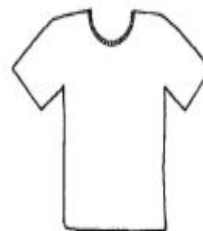
**Saturday, August 23, 2008**

**9:00 AM – 1:00 PM**

**Bradford Creek Clubhouse**

(Located at the end of Fairfield Green,  
down from Keith Elementary)

All eligible donors will receive a **FREE t-shirt!**  
It is also Blue Bell Ice Cream's Annual "Pint for a Pint"  
where you will receive a coupon for a  
**free pint of ice cream** for your donation!



### QUESTIONS?

Email Casey Buckley at  
[billyandcasey@yahoo.com](mailto:billyandcasey@yahoo.com)

**NOW OPEN!**

**Lighthouse Boat & RV Storage, LLC**

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**Darrel Fowler:**  
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**Nick Sacco:**  
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& Operated**





## FAIRFIELD SCHOOL SUPPLY DRIVE

*Please help  
by donating supplies for*

**Cypress Assistance Ministries and  
Boys & Girls Country in Hockley**

*During the entire month of August,  
simply drop off supplies at either*

**Gambino's Pizza  
or  
The Fairfield Athletic Center**

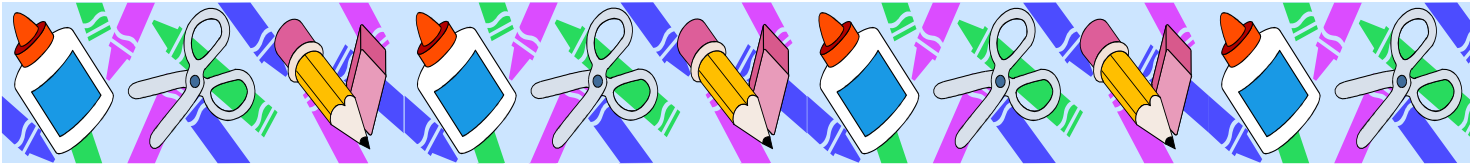


***Some Of The Supplies Needed:***

pocket folders with brads,  
notebooks, binders, dividers, pens,  
pencils, markers, dry erase markers,  
coloring pencils, rulers,  
compasses, protractors,  
construction paper, graph paper,  
printer paper, notebook paper,  
dry erase erasers, glue sticks,  
facial tissue, back packs, planners,  
Post-It notes, index cards

***If you have any questions or need more information,  
please call***

***Dawn Bond 281-224-3296***



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Courses start in September

Please visit us at **E-ZSpanish.com**  
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**Vicky van der Henst-Homsy  
Terry Medina**

Our services include:

- Conversation classes for adults in a group or private setting. All levels.
- Full-Immersion adult programs.
- Intensive refresher classes for high and middle school students of levels II, III, and IV.
- Translation and interpretation of business documents, and technical publications.
- Business communication assistance with Spanish speaking countries.

**Convenient Cy-Fair location!**

11210 Steeplecrest Dr. Suite 120  
Houston, Texas 77065  
Off of West Rd., between 290 and Jones Rd.

## Cy-Fair Mud Dogs

Cy-Fair Sports Association - 12UAA Baseball League Champions

**CONGRATULATIONS  
to the  
CY-FAIR MUD DOGS  
on a Winning Spring Season  
and becoming the  
12UAA LEAGUE CHAMPS!**

Bottom Row (left to right):  
Logan Herzog, Robert Petitto, Ryan Webb,  
Robert Rowland, Joe Gordon

Middle Row (left to right):  
Christian Dettmers, Ryan Hendricks, Brandon Dale,  
Eric Peraza, Stephen Cooper, Mark Cardoza

Top Row (left to right):  
Head Coach – Tim Lyons, Assistant Coach – Billy Herzog,  
Assistant Coach – Jim Webb

Not Pictured:  
Assistant Coaches – Oscar Peraza, Dean Hendricks



**HOOT, HOOT  
MUD DOGS!**

## *Pinnacle Design Creations*

*Your dreams, Our Innovations*



### Structural Patio Covers/Outdoor Kitchens

Imagine a beautiful patio cover with ceiling fans and recessed can lights on a dimmer switch. A place where you can drink your morning coffee and barbecue in the evening. A place where you will want to eat dinner with your family. A place that will become an extension of your house. The back porch will become your favorite spot to unwind from a busy day or place to just lounge around. At Pinnacle Design Creations we make them look like they were built the day the house was built, while adding a very elegant focal point to the back of your home.

### Energy Efficient Replacement Windows

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**Bottom Row:**

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## CYPRESS RANCH HIGH SCHOOL ATHLETICS ANNOUNCEMENTS



### LIMON ADDED TO INAUGURAL CYPRESS RANCH COACHING STAFF

Former Sam Houston High School head football coach and campus athletic coordinator Anthony Limon will be joining the coaching staff at Cypress Ranch High School. Limon will help lead four Mustang teams this fall as the school opens with 9th and 10th grade students. The Mustangs will field two freshmen teams and two junior varsity teams for the next two years before beginning varsity play in the fall of 2010. Limon graduated from Austin Johnston High School where he was a two-year letterman in football and track. After wrapping up his high school career with all-district honors, Limon moved on to Texas Lutheran to continue his playing career where he was a part of a nationally ranked NAIA Division I Texas Lutheran squad. Coach Limon eventually moved on Southwest Texas State University (now Texas State) to earn his degree in Physical Education with a minor in Biology. He began his move into the coaching profession as a student at Southwest by serving as a student assistant coach and the video coordinator for the Bobcat football team. Coach Limon left Southwest Texas in 1990 to begin his high school coaching career and has had stops in the Laredo, Edinburg, Santa Fe, Bastrop and Aldine Independent School Districts before most recently becoming the head football coach at Houston Sam Houston High School. "Adding Anthony Limon to our coaching staff is going to be a tremendous boost," said Cypress Ranch head football coach Gene Johnson. "Coach Limon has a very strong background in strength and conditioning and he has experienced playoff success at almost every coaching stop he has made. He has also been an instrumental part of helping lots of kids get much needed scholarships to attend college. I am thrilled to be announcing his addition to our staff."

If you would like to welcome Coach Limon to "The Ranch", he can be reached at [alimon1@houstonisd.org](mailto:alimon1@houstonisd.org) or by phone at (512) 775-3574.

### BRYAN HUTCHINSON SELECTED TO LEAD CYPRESS RANCH SWIMMING PROGRAM

Cypress Ranch High School has selected former Klein Collins High School head swimming coach Bryan Hutchinson to fill the same role for the Mustangs. Hutchinson will be leading one of the few programs at Cypress Ranch High School that will allow its students to compete on the varsity level during the school's first year in existence. All team sports will begin varsity competition in year two. However, some athletes in individual sports – such as swimming – will be eligible to compete on the varsity level in the first year. Hutchinson comes to Cypress Ranch with fifteen years of experience coaching swimming in three different states. In coming to Cypress Ranch, Hutchinson will re-unite with campus athletic coordinator Gene Johnson. "Bryan served as an assistant for us for one year before being named the head coach his second year at Klein Forest. Our program experienced a tremendous re-birth under Coach Hutchinson's leadership. We are very fortunate to be adding him to our staff. He is a phenomenal coach," said Johnson. Coach Hutchinson spent two years in Ohio as the head swimming coach at Talawanda High School and then moved on to spend five years as the head swimming coach at Richmond High School in Indiana – where he was named men's and women's sectional coach of the year twice and NCC conference men's coach of the year three times – before moving to Texas to accept a position at Klein Forest. Hutchinson has spent the last five years of his career as the head swimming coach at Klein Collins High School where he has experienced tremendous success. At the state level, his men's team achieved two top ten finishes and a top 15 ranking in national dual meet rankings. His women's team achieved one top ten finish and also produced numerous All American relays and individuals. Hutchinson has been named district coach of the year 4 times (three times at Klein Collins and once at Klein Forest) and regional coach of the year once since moving to Texas. The Miami University graduate has twelve years experience teaching social studies on the high school level and has taught Psychology, Sociology, Geography, World History, and US History. Coach Hutchinson is the proud father of three children – Kylee is 4, Liam is 2 and Connor is 2. "I am excited about the potential Cypress Ranch has to be a state and national powerhouse in swimming. With the talent base in the area and the state of the art facility, I am sure that we will play a major role in the swimming world quickly," noted Hutchinson. "Starting from scratch will ensure us the opportunity to build a championship program and watch it grow. Our program will be built with student athletes that are fast swimmers and outstanding young people." Coach Hutchinson welcomes any questions about the swimming and diving program. He can be reached at [bhutchi585@gmail.com](mailto:bhutchi585@gmail.com) or by phone at 713-249-7574.

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### ATHLETICS – IMPORTANT DATES

August 4: Volleyball, Tennis and Football practices begin.  
August 25: Cy-Ranch High School opens.



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## CYPRESS RANCH HIGH SCHOOL GOLF TOURNAMENT



*Dear Friends of Cypress Ranch,*

By now I'm sure you are aware of the upcoming Golf Tournament to be held on August 11, 2008 at the Blackhorse Ranch Golf Club. We are off to a great start with 11 of the 36 foursomes already signed up; however, we still need your help. There are many items our student athletes will need in order to be more successful. **All proceeds from this event will benefit the student athletes at Cypress Ranch.** Please forward this information to all of your friends, to give them an opportunity to sign up. Also, if you know of any sponsors, please send them our way. You can get more info at: [www.cypressranch-fundraising.com](http://www.cypressranch-fundraising.com)

**SIGN UP NOW ...** If you want to play - we need your registration form soon. You don't need a foursome to sign up. We will place all individuals with partners to make a foursome.

### **Dinner only:**

Not interested in playing? Join us for just the Dinner portion. Use the registration form to order your 'Dinner Only' tickets.

### **We need sponsors:**

Please contact your business friends and let them know that we

have opportunities to get their names in front of a lot of eyes. Hole Sponsorships are only \$150 and other Sponsors packages are available too.

### **Contests & Prizes:**

A fantastic 'Putting' contest for a chance to win \$10,000. 4 separate 'Hole-in-One' chances. A Long Drive for both Men & Women, and a Tiger Shot will be some of our featured contests. We've been fortunate to have our early sponsors donate many great prizes and gifts.

### **Silent Auction:**

Thanks to the hard work of the Silent Auction committee, there will be some great prizes to bid on and based on the size of our event, your chances to win are very good.

### **Act Now! Tell a Friend! Help make our first major Fund Raiser for Cypress Ranch Athletic Boosters a Success!**

Warmest regards,  
Robert Alcala  
Golf Committee Chairman  
713.854.4410 (C)  
[RAcala.js@live.com](mailto:RAcala.js@live.com)

### **Jennifer Kwak, M.D. Family Medicine**

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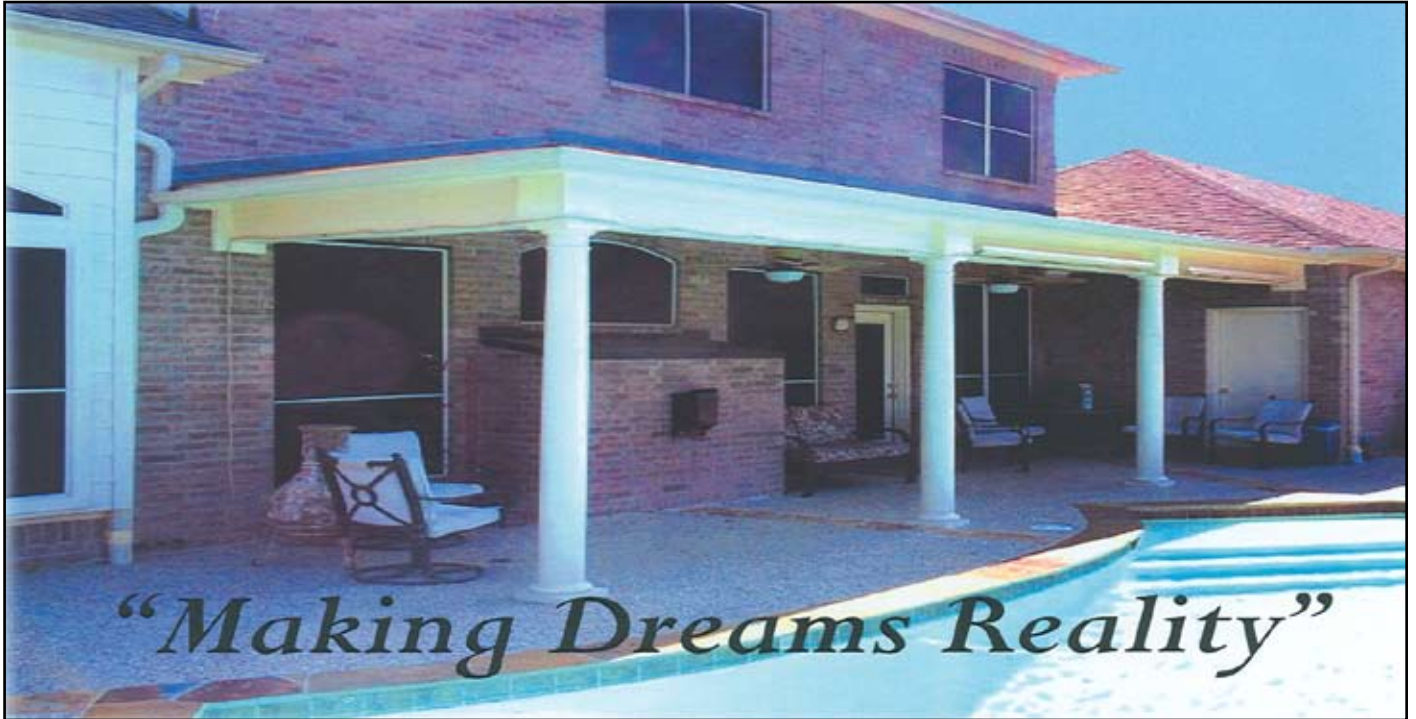


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## Cypress Ranch High School Athletic Booster Club Mustang Classic Golf Tournament

**August 11, 2008**

Registration Starts at 10:00am  
Shotgun start at Noon  
Dinner and Awards at 5:00pm

**Blackhorse Golf Club**  
12205 Fry Road  
Cypress, TX 77433  
(281)304-1747

**Space Limited  
Sign up Early**



This is the inaugural fundraiser event for the Cypress Ranch Athletic Booster Club and all proceeds go to all the sports programs at the newest high school to open in the CFISD. Your support and participation will help provide valuable equipment and training materials for our young students and get our program off to a great start.

Corporate sponsorships are available.

### Highlights:

Putting Contest for a chance to win \$10,000  
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**Tournament is played rain or shine**

All cheques should be made payable to:

Cypress Ranch Athletic Booster Club

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c/o Robert Alcalá  
12803 Wedgewood Park CT  
Cypress, TX 77433

### For more information:

Contact Robert Alcalá  
Phone: 713.854.4410  
E-mail: [RAcalca.js@live.com](mailto:RAcalca.js@live.com)

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prior to July 18, 2008)

Player Names:  
(please print)

1. _____	\$ _____
2. _____	\$ _____
3. _____	\$ _____
4. _____	\$ _____
Dinner ONLY: Adult \$18 Child (under 12) \$12.50	\$ _____
Number of Adult Tickets: _____ Child Tickets: _____	\$ _____
I cannot play but would like to make a donation to the Athletic Booster Club in the amount of , or the donation of:	\$ _____
_____ Total	\$ _____

Method of Payment (No refunds after July 18, 2008)

☐ Cheque

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Signature \_\_\_\_\_

Registration Forms may also be obtained at: <http://schools.cfsd.net/cyranch/index.htm>

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**20702 DURAND OAK**

Pool/Spa 3 car detached garage! WOW! Perry Built Home cul-de-sac/greenbelt that leads to Ault Elementary and Park/Pool. Tropical private backyard that features pool/spa/waterfall. Lots of updates including climate controlled garage, updated a/c system, roof, frieze carpet, lots of tile, huge room sizes, sunscreens. Formal living room is currently a multi-use room-workout and music room. Additional custom built storage shed off back of home stays.

**15505 TWISTING SPRINGS**

Pool/Spa Oversized 3 car garage! WOW! This home is loaded! Custom Built Media Room, Faux painted kitchen and cabinets, granite island in kitchen, extra cabinets added, window seat with storage, huge walk-in pantry and walk-in laundry room, lots of built-ins including built-ins in the study and media room. Home has extensive pool decking, private backyard, custom paint throughout. Shows like a designer show place!

**20302 LAKELAND FALLS**

### 4 bedrooms/Gameroom/Pool /Extra Yard

Lennar Hartford with a pool. Private backyard backs to drainage ditch, lots of built-ins, huge room sizes, 4 bedrooms, gameroom, pool, and extra yard. Home is priced to sell!

**21603 PINE ARBOR WAY**

### Oversized Detached Garage on Cul-de-sac!

Beautiful Perry built home features 3-4 bedrooms, gameroom could converted to 4th bedroom. Home has masterbedroom down, formal dining room, open kitchen, high ceilings in family room, Covered front porch, huge garage, big back patio and more. Can leave fridge, washer and dryer! Home is super clean and landscaped well!

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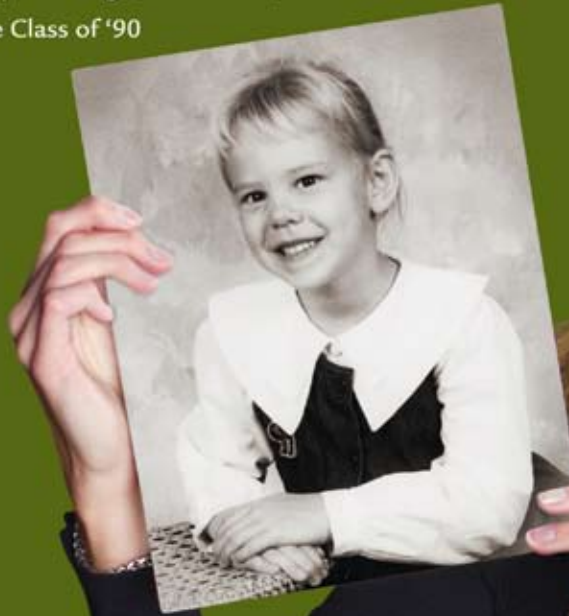
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Margaret Erwin; Double Major, Business and Marketing,  
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# 

**General Meetings** are held the second Tuesday of the month at 7pm in the Cy-Woods commons on the following dates:

***Make plans to attend these meetings and earn 5000 WRAP Bucks!***

*(to find out what WRAP Bucks are - visit the WRAP website.)*

**Meeting dates:**  
 Aug 12, 2008  
 Sept 9, 2008  
 Oct 14, 2008  
 Nov 11, 2008  
 Dec 9, 2008  
 Jan 13, 2009  
 Feb 10, 2009  
 Mar 10, 2009  
 Apr 14, 2009  
 May 12, 2009

## What is WRAP?

WRAP is Cy-Woods High School's parent-driven Project Prom organization. The purpose of WRAP is to provide a drug- and alcohol-free all-night party for the graduating seniors and their guests after their prom. Held at the CFISD Berry Center on May 22, 2009, from 11:00 p.m. to 6:00 a.m., it is a fun-filled evening of shows, games, activities, food, gifts and prizes!

WRAP can only be a success if there is participation of parents, businesses, and corporations. WRAP is totally dependent on donations to raise the funds necessary to host an event of this size

## PAVE A PATH TO WOODS PROGRAM

Help a CyWoods Senior leave a lasting memory of their time at CyWoods with a walk/wall of bricks by sponsoring them. Order forms for \$100 sponsorships are available on the WRAP website. What a great gift this would be!



*(sample only)*

**For more information:**

Visit **WWW.CYWOODSWRAP.ORG**

WRAP  
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## Other WRAP Fundraising Projects:

- Senior Faces
- Recyclables
- Scrips
- Wildcat Sports Fan
- Senior Parent t-shirts
- Jeans & Jewels
- Mr. Wildcat (spring 2009)

**WRAP's Busy Parent Fundraiser** the easiest fundraiser of the year! It only requires the time it takes to write a check.

**Questions:** email [cywoodswrap@hotmail.com](mailto:cywoodswrap@hotmail.com)

## Cy-Woods High School Crimson Cadettes Third Annual Dance Clinic

The Cy-Woods Crimson Cadette Drill Team will be hosting their third annual dance clinic August 13th through the 15th from 8:30 to 11:30 a.m. each day. The registration fee is \$55 for the first child in the family, and \$40 for each additional child in the same family. Sessions will include dance technique, specially choreographed routines for each age group, a performance dance shirt, drinks and snacks each day, and a picture of each participant. Showoffs will be held August 15 at 11:30 a.m.

For more information contact [margaretquillin@hotmail.com](mailto:margaretquillin@hotmail.com)

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## Cypress Christian School Athletic Accomplishments

Shanay Briscoe, a junior at Cypress Christian School, competed in the U. S. Olympic Trials in track and field in Eugene, Oregon on June 30. She qualified for the Olympic Trials after clearing 6' 1 1/4" in the Southwest Track and Field Meet in New Mexico recently.

Eighth-grade students Allie Aimone, Lizzie Hilton, and Jacob Hicks received the middle-school Sword and Shield Award for exemplifying excellence in Athletics, Leadership, Determination, Sportsmanship, Christian Character, Academic Achievement, and Integrity.

Seniors Allie Borkovich, Holt Van Pelt, and Michelle Van Rieg received the Valiant Warrior award for exemplifying excellence in Athletics, Leadership, Determination, Sportsmanship, Christian Character, Academic Achievement, and Integrity.



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## CFISD Honors Volunteers & Business Partners

The Cypress-Fairbanks Independent School District honored its school volunteers and business partners at an appreciation luncheon on May 22 at the Richard E. Berry Educational Support Center. The theme for the event was "VIPS - Setting the Stage for Tomorrow" and the honorees were thanked by District Superintendent, Dr. David Anthony for setting the stage for student success on campuses throughout the district during the past year with their tireless efforts and assistance. As Dr. Anthony stated, the district couldn't possibly afford to pay anyone to perform all the work that volunteers do every day to support school children in our community.

Entertainment for the event was provided by students attending various schools in the district and by district and school staff. Pam Scott, CFISD Director of Partners in Education served as Mistress of Ceremonies.

The district would like to thank the following parties for serving as sponsors of the event:

**Event Underwriter:** PBK Architects

**Platinum Sponsor:** Bridgeland

**Gold Sponsors:** Caldwell Companies and Rock Creek, a Caldwell Community; Cy-Fair Federal Credit Union; Satterfield & Pontikes Construction, Inc.; Spring Creek Barbeque; TexasOne Community Credit Union

**Silver Sponsors:** Brooks & Sparks, Inc.; Credit Union Acceptance Company, LLC; DBR Engineering Consultants; Total Recreation/Game Time Playgrounds



**Bronze Sponsors:** Balfour-All American; Cy-Fair Houston Chamber of Commerce; Cypress-Fairbanks Funeral Home; First Community Credit Union; Fox & Bubela, Inc.; Junior Achievement of Southeast Texas; Lone Star College/Cy-Fair; St. Aidan's Episcopal Church and Sam's Club.

Special thanks go to our generous business partner David Oaks of Chick-fil-A Copperfield and Chick-fil-A Cy-Fair for providing souvenirs for each of the 1700 guests who attended the event.



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## Tentative 2008 Fairfield Soccer Schedule

**Late Registration:** Aug. 1<sup>st</sup> – Aug. 8<sup>th</sup>  
**Tryouts/Assessments:** August 9<sup>th</sup>  
**SEASON:** Sept. 6<sup>th</sup> – Nov. 8<sup>th</sup>  
**Tournament:** Nov. 10<sup>th</sup>– Nov. 22<sup>nd</sup>

### FROM THE COMMISSIONER:

This will be the third year I have served as the soccer commissioner and the fourth year on the soccer commission. I believe that it is time for someone else to share in all the fun and excitement that only being a commissioner of a sport can bring about. If you have an interest in stepping up to support the soccer program by filling one of the positions listed below, please let me know by sending an email to [brian.roberts53@att.net](mailto:brian.roberts53@att.net)

### POSITIONS NEEDED:

Grounds Director (Camel crew) (filled)  
 Camel Crew  
 Camel Crew  
 Camel Crew  
 Camel Crew  
 Director of Referees  
 4 year old division liaison  
 5 year old division liaison  
 6 year old division liaison  
 7-8 year old boys division liaison  
 7-8 year old girls division liaison  
 9-10 year old boys division liaison  
 9-10 year old girls division liaison  
 11-13 year old division liaison  
 New Commissioner (2009)  
 Deputy Commissioner (2009)  
 Tryouts Coordinator  
 Rules Committee

Last year we had quite a few volunteers to help with the various tasks that are required to organize and successfully run a soccer program the size of Fairfield, and we broke all previous participation records with 688 children and 79 teams! This year we expect to register 725 – 750 kids in the program, so you can see that we are going to need the above positions filled as well as coaches for about 85 teams!



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**Attention All Swimmers!**  
**Swim Year-round**  
**with the Texas Terrapins**



**2008 – 2009 Season Registration**

- August 11 – 15 Swim Clinic brush up on strokes and try us out
- August 20 & 21 New swimmer registration  
 5:00 – 7:30 Lakeside Trails Clubhouse
- August 26 Returning swimmer registration  
 5:00 – 7:30 Lakeside Trails Clubhouse

Please check website for timely updates to registration time and place. All registration forms are available on-line.

Texas Terrapins Swim Team is Northwest Houston's new year-round competitive USA swim team offering instruction and competition to swimmers of all ages and abilities.

Texas Terrapins Swim Team practices week-days at the Fairfield Athletic Club's outdoor heated pool, located near Highway 290 and Mason Road in Cypress, Texas. This season we will also be looking into local indoor pools for practice sessions.

Texas Terrapins Swim Team offers several program options for swim team participation, along with a growing "Learn to Swim" Program.

*Texas Terrapins Swim Team -- just our team name indicates that we're different! We have a team mascot -- the terrapin (think turtle) and our team colors are royal blue and neon green. And although we're serious about our swimming, we keep in mind that it's still about having fun! We offer flexible practice schedules for busy families and an ability to take time off during the year to participate in other activities/sports. We recognize a child's accomplishments both IN and out of the water. And we support an individual's goal, while encouraging overall team achievement.*

*So take a moment to visit our new website, filled with information on this exciting new team!*

[www.texaserrapins.com](http://www.texaserrapins.com)

FOR MORE INFORMATION, PLEASE CONTACT:  
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## Fairfield's Fifty Plus Fun-Loving Group The Fairfield Seniors

*The Seniors of Fairfield is an active, fifty plus, fun-loving group of couples and singles who enjoy fellowship, monthly trips, and various activities together. If you or your spouse are fifty or older, a newcomer to Fairfield Village or have lived here in Fairfield for some time, but have never attended one of our functions you are cordially invited. Come and be a part of our fun-loving group. We're sure you will enjoy it.*

**OUR AUGUST BUS TRIP PLANS ARE FOR Saturday, August 9, a theater trip to Dickenson, Texas.** We will be seeing a performance of "Urinetown" at the Bay Area Harbour Playhouse. Music and lyrics by Mark Hollmann. Book by Greg Town Kotis.

This is an earnest tale of love, greed and revolution. The show is set in a town plagued by a 20-year drought, where water has become so scarce that private toilets have become unthinkable. The town is at the mercy of a dominate corporation which maintains a monopoly on the town's public amenities. The town's destitute citizens must pay towering taxes and fines to carry out their private and basic needs. Out of this mass of pitiable, a hero rises up to lead his fellow citizens against the tyrannical regime. This play has won numerous awards on Broadway.

The building where the playhouse is located was originally opened as a motion picture theater in 1941 named "The Hollywood." It was later restored and remodeled in 1991, and has become the center of community dramatic activity with live productions and classes in the performing arts for children and adults.

Prior to attending the performance we will be stopping for dinner at Sudie's Catfish and Seafood House in League City.

The cost for this trip \$12.00 per person plus the cost of your dinner. To get your name on the list for this trip, call **Mary Ann Tully @ 281-256-2342 or Shirley Hearst @ 281-373-4432.** Make checks out to: Fairfield 50 Plus. The departure time for this trip is 4:15 p.m. from the Fairfield Village parking lot. Please be there by 4:00 p.m.

**OUR SEPTEMBER BUS TRIP PLANS ARE FOR Wednesday, September 24, an educational trip.** We will be visiting a traditional Hindu temple and witness their Prayer of Lights ceremony at 7:00 p.m. This temple is a masterpiece of intricate design and workmanship. It has five towering white pinnacles, 12 smooth domes and 136 marble pillars. The over 33,000 pieces of Italian marble and Turkish limestone were all hard-carved by some 3,000 skilled craftsmen. The carvings were shipped to the United States and assembled by volunteers who put the temple together piece by piece in just 16 months. The beauty of this temple will take your breath away.

We will also be visiting the history museum on the grounds to learn more about the origins of Hinduism and to gain an understanding of the Hindu people, their beliefs and their contributions to science and mathematics..

We will even have some time to visit their gift shop and explore the diversity of Indian savory sweets, snacks and crafts.

We will have a casual dinner at Fuddruckers before the Temple Tour.

The cost for this trip is just \$2.00 per person plus your meal at Fuddruckers. To get your name on the list for this trip, call **Jackie or Tom Wurth @ 281-304-9078.** Make checks out to: Fairfield 50

Plus. The departure time for this trip is 4:00 p.m. from the Fairfield Village parking lot. Please be there by 3:45 p.m.

**OUR OCTOBER BUS TRIP PLANS OUR FOR Friday, October 17.** Keep this date open for another exciting trip that the planning committee is organizing now.

### UPCOMING TRIP PLANS:

*A Ten Day Inspirational Israel Tour* – March or October 09. This trip is still in the planning stages. If you want more information or are interested in the Israel tour, check "Upcoming Trip Information" on our web site for the details:

[www.fairfieldseniorsgroup.com/homepage.htm](http://www.fairfieldseniorsgroup.com/homepage.htm)

### OUR AUGUST ACTIVITIES PLANS:

**Thursday, August 14:** The Monthly Planning Committee meeting is at **1:00 p.m.** at the Lakeside Trails Club House.

Then later, around **6:30 p.m.** that evening, we will be having Our **Annual Barbeque Pot Luck.** It will also be at the Lakeside Trails Club House. The club will be providing the meats for this month's pot luck. Just bring items to go with a Texas Barbeque. However, try getting there early. Doors open around **6:00 p.m.** for socializing and fellowship. Then plan on staying and join many of our members that stay to play games after the meal and to finish up the deserts.

**Tuesday, August 19:** *Game Night at the Cooks' House.* It starts around 6:30 p.m.; just bring a little snack. This is always a fun evening with great fellowship. The directions are posted in the Activity details page on our web site and will also be in the August 17 weekly email.

**Thursday, August 28:** *Game Night at Lakeside Trails Club House.* It starts around 6:30 p.m. and we have plenty of room at the club house. We would like to see you there to enjoy an evening of games and fellowship with us. Just bring a little snack and plan on having lots of fun. There are some card games and dominoes.

**For more information on all our activities other than trips:** Call Mary Lou Cook for more details at **281-304-8359.**

We recommend that you check our web site regularly to get the latest information. Things often change from the time this article is submitted and when you receive your copy of the Gazette.

[www.fairfieldseniorsgroup.com](http://www.fairfieldseniorsgroup.com)

**OUR FUN-LOVERS WEEKLY EMAIL:** An event reminder. It is emailed each week to our members and others who have requested it. It provides updated information along with any changes from what appears here in the Gazette. We also include member birthdays and prayer requests; we even have a contest or two, along with other news and items of interest. If you would like to receive our weekly email, send your email address to:

[Fairfield-Seniors@comcast.net](mailto:Fairfield-Seniors@comcast.net)



## WORK CLOSE TO HOME!!

*Toromont Energy Systems is dedicated to being the leading company in the engineering & manufacture of the following modular systems to the oil, gas & petrochemicals industries on a global basis:*

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***Other requirements:***

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**Contact: Holley Mata**

Email: [hmata@toromontsystems.com](mailto:hmata@toromontsystems.com)



## “Adventures in Mothering” at The MET Join the Adventure! Get Connected...with MOPS!

MOPS stands for Mothers of Preschoolers, a program led by mothers themselves and designed for mothers with children ages birth to 5. These mothers all have a shared desire...to be the best mothers they can be!

For more information on meetings in Fairfield, please contact Renate Wheeler at [renateqw@yahoo.com](mailto:renateqw@yahoo.com). They will meet on the second and fourth Fridays during the school year.

## The MOMS Club® of Cypress / NW-Fairfield Moms Offering Moms Support

MOMS Club® is an international organization with a neighborhood feel! We are teachers, business women, counselors, chefs, CPA's and artists who have put those careers on hold and have made the choice to stay home with our kids.



MOMS Club® is a place to find friendship, support, playmates and sisterhood!

ALL events include our children and we believe there is something for every mom out there! Are you looking for park days, pool and splash pad days, (free) babysitting co-op, craft projects, time to sit and chat, cooking club, book club or someone to share dinner with when your husband is traveling or working late? We even find the time to meet once a month for a mom's night out a great time to unwind. We have that! (And a whole lot more!)

Summer could not be a better time to join we have loads of fun scheduled events this summer! You can attend two events before even joining. Our yearly membership is only \$20. Don't be isolated because you have chosen to stay home! Come visit our next all-member meeting and see for yourself! There is a lot of fun and support just waiting for you! Our next meeting is Tuesday, August 12th, 10AM at Good Shepherd United Methodist Church located on Cypresswood Drive in Fairfield. As always, children welcomed!

For more information please contact Danielle Slot, Membership VP at 832-876-4358, [danielleslot@yahoo.com](mailto:danielleslot@yahoo.com) or Amy Wilkes, President at 281-455-2807, [amywilkes2003@yahoo.com](mailto:amywilkes2003@yahoo.com).



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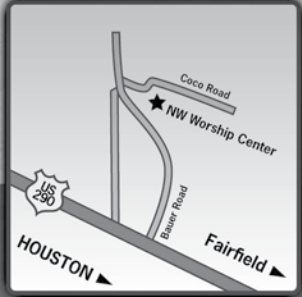




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9:15 a.m. - Bible Study  
10:30 a.m. - Worship

**{ WEDNESDAYS }**  
7:00 p.m. - Mid-Week Service

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**31011 Coco Road, just off US 290 and Bauer Road**



## Fairfield Book Club



The Fairfield Book Club is a terrific way to meet other women in Fairfield. Have great conversations and develop new friendships.

We meet the 3rd Wednesday of each month (rotating homes and sometimes restaurants), from 7:00pm – 9:30pm. We share food, drinks and of course conversations. We read all kinds of books that have been suggested by our members. Classics, modern pop fiction, non-fiction, biography and classic junk....anything. There are no book snobs here, we read it all? So if you are a book lover or just want to expand your reading and/or social network then please join us at one of our meetings.

We invite you to attend one of our meetings as a guest or a member. We currently have openings, however because we hold the meetings in homes our membership is limited. So don't wait, contact me today.

Contact Linda Locke at [Linda15226@yahoo.com](mailto:Linda15226@yahoo.com)  
Or 713-298-6514 (evenings please)



## American Legion Post #324 Looking for new members!

If you are a Veteran of the U.S. Army, U.S. Navy, U.S. Air Force, U.S. Marines, U.S. Coast Guard, or Merchant Marines you may be eligible to join.

American Legion Post 324 of Jersey Village meets the second Sunday of each month (except May when it's the third Sunday) at the Jersey Village Civic Center at 4:00 p.m.

Please come to the meeting or contact the Post by mail at P.O. Box 41962, Houston TX 77241 or call Commander Howard Mead at 713-466-3610.

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## CY-FAIR KIWANIS CLUB

The Cy-Fair Kiwanis Club meets three times a month at the Hearthstone Country Club in Hearthstone from 12:15 p.m. to 1:15 p.m. for lunch, and programs including guest speakers on subjects of concern to the community and individuals. We invite you to a complimentary lunch, fellowship with our members, an informative program, and an opportunity to learn more about our organization. Reservations are not required. The Club will meet on August 5, 12, and 19.

Membership in Kiwanis is open to persons of good character who adhere to the standards of good conduct in their community and believe in and subscribe to the objects of Kiwanis International. If you would like to know more about Kiwanis and the service programs it promotes, call John Carroll at 281-463-0373; George Crowl at 832-467-1998; or Peggy Presnell at 281-304-7127.

**CHILDREN: PRIORITY ONE** is the motto of Kiwanis Clubs worldwide. The Cy-Fair Kiwanis Club, an affiliate of the International Kiwanis organization, focuses its services, programs and activities on this theme. Local projects of the Club with the emphasis on Children include sponsorship of seven Key Clubs, Circle K at Cy-Fair College, Boy Scout and Girl Scout projects; Cypress Assistance Ministries, Bear Creek Assistance Ministries, the Houston Food Bank, the Salvation Army, and others as needs are identified. Come, join, work with us in service to the community.

## INTERESTED IN SCRAP BOOKING?

*but find yourself putting it off?*

Join a scrap book club that will meet once a month in Fairfield. E-mail [sandrawright@houston.rr.com](mailto:sandrawright@houston.rr.com) or call 832-642-1248.

## 290 Cypress Business Networking Group

The 290 Cypress Business Networking Group meets every Thursday morning at 7:30 am at Newk's Express Café located at Hwy 290 and Spring Cypress in the Kroger Shopping Center near the Cinemark Theater. The group is open to all business owners and professionals who want to increase their exposure to the residents of Cypress and the surrounding areas. There is no cost to attend the meeting. If you would like more information, please call Ken Parker at 281-384-1562.

Visit our new website at [290Cypress.com](http://290Cypress.com)

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## Fairfield Singles

### Greetings to all Fairfield Singles:

Our names are Rogers, Ken and Linda and we are re-invigorating the Fairfield Singles Group. If you are new or old to Fairfield and are single, we invite you to join. This group will not only serve as a database and communication site, but we hope to plan and hold group activities throughout the year. Of course, we invite all who join to put as much input and involvement in as they are able. The last time the group was active, several years ago, there were forty-five plus members. I am confident that we can at a minimum be able to double that number. This is a great opportunity for those singles in the Cypress area, which is mostly a family based community, to get together and meet others of the same interests. We are asking, at this time, that only adult homeowners sign up for membership.

So, now you are asking, "How do I do it?" Actually it is quite easy and as long as you have internet access will take only an email request. As we are keeping the internet membership only open to those who actually do reside in Fairfield, we have made it a private Yahoo Group Site. This will necessitate an email request to join and please state your name, email addresses are sometimes ambiguous, and neighborhood for verification. This will also protect our membership from outside intruders. This qualifying email should be sent to: FairfieldSingles@yahoogroups.com

So sign up, get out, and meet your single neighbors! If we all get involved, we will increase our mutual quality of Life in a great community. We encourage you to be as active as you can, remember what one usually puts in; a lot more generally comes back. Thanks and we look forward to meeting all of you.

Rogers, Ken & Linda

## Cy-Fair Area Y-ME Breast Cancer Support Group

### Are you a Breast Cancer Survivor?

Please join us for the Cy-fair Area Y-Me Breast Cancer Support Group. We meet the second Thursday of each month @ Kindred Hospital Houston Northwest from 6 p.m. – 7 p.m.

For more information please contact Tere Kelly@ 281-517-1008.





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Call ECI of MHMRA Harris County at 713-970-4900  
or visit [www.dars.state.tx.us/ecis](http://www.dars.state.tx.us/ecis)  
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## Pearl Fincher Museum Day Trip to MFAH

The Pearl Fincher Museum of Fine Arts is offering northwest residents a bus excursion to the Museum of Fine Arts, Houston on Friday, September 26, 2008. The MFAH will be exhibiting "In the Forest of Fontainebleau: Painters and Photographers from Corot to Monet:" as well as several other interesting exhibits.

The bus leaves the parking lot behind the Cypress Creek Christian Church/Barbara Bush Library at 6815 Cypresswood Drive promptly at 9 AM. Bus riders must be age 50 or older.

A minimum non-refundable donation of \$5 to the Pearl Fincher MFA will reserve your seat on the bus. Make your bus reservation by contacting Judi Redilla at [jredilla@sbcglobal.net](mailto:jredilla@sbcglobal.net) (281-469-3434) or Ethel Petropoulos (281-528-8846).

## FREE CONCERT

### ST. JOHN LUTHERAN CHURCH

You are invited to a Free Concert  
**JACOB'S ROAD**  
at St. John Lutheran Church, Fellowship Center (Gym)  
Saturday, August 23, 2008  
5:00 PM – 8:00 PM  
15235 Spring Cypress  
(Corner of Spring Cypress and Huffmeister)  
281.373.0503

Join us Saturday and be encouraged by the dynamic rhythms and melodies as this contemporary Christian rock group delivers the Word of God in a sincere way.

Hot dogs, drinks & chips will be served beginning at 4:30 p.m.

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## Register now! CLASSES THIS FALL

**It's not too late to register for fall ...**  
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**Weekday classes  
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**Evening/weekend  
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[CyFair.LoneStar.edu](http://CyFair.LoneStar.edu)



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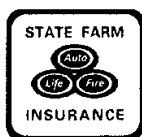
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**Attention Teenagers**

The **Teenage Job Seekers** listing service is offered free of charge to all Fairfield teenagers seeking work. Submit your name and information to Holly A. Reichert via e-mail to [editor-gazette@att.net](mailto:editor-gazette@att.net) by the 10<sup>th</sup> of the month!





## *Calendar of Events in the Forest*

Brunch at Northwest Forest affords a calm, relaxed atmosphere as well as delicious cuisine. Enjoy beautiful music, delicious omelets made to order, waffles with hot maple syrup, salads including fruits, vegetables and pastas, cheeses, homemade breads, fresh Gulf shrimp and mouth-watering main courses.

Be sure to mark your calendar and make plans to join us for these special occasions.

### *Sunday Brunch*

*August 3, September 7 & October 5*

*10 a.m. – 1 p.m.*



### *Wine Tasting & Dinner*

*September 18 • 7 p.m.*



### *Christmas Market*

*November 30 • 10 a.m. – 5 p.m.*



### *Christmas Brunch*

*December 7 & 21 • 10 a.m., 12 p.m. & 2 p.m.*

To make reservations, or for additional information please call  
Victoria Herman at 281.256.4249 or e-mail [specialevents@northwestforest.com](mailto:specialevents@northwestforest.com)

Northwest Forest Conference Center 12715 Telge Road • Cypress, Texas 77429 • [www.northwestforest.com](http://www.northwestforest.com)

## Harvest Bible Church

**John 3:3-5...** “Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God... unless one is born of water and the Spirit, he cannot enter the kingdom of God.”

When Christians speak of being “born again” they speak of the doctrine of regeneration. Regeneration can be defined as the sole work of God by which He imparts spiritual life into His elect children in order that they might respond by faith to the gospel call and be saved. God actually promised this to His people through the OT prophet Ezekiel: “I will sprinkle clean water on you, and you shall be clean from all your uncleanness, and from all your idols I will cleanse you. And I will give you a new heart, and a new spirit I will put within you. And I will remove the heart of stone from your flesh and give you a heart of flesh. And I will put my Spirit within you, and cause you to walk in my statutes and be careful to obey my rules” (36:25-27; cf. Jer. 31:31-34). Note that this promise from God is His intention to impart spiritual life to His people.

Now Jesus, in John 3:3-8, chastised Nicodemus for being a teacher in Israel and yet not knowing the truth of Ezekiel’s prophecy and what it meant to be born again. Jesus asked him, “You are a teacher of Israel and yet you do not understand these things?” Jesus spoke of the same “water” that Ezekiel did – the spiritual cleansing from sin – and the new heart that was needed to be reborn spiritually. Both of which are given by the Holy Spirit.

It is important to note that regeneration occurs prior to saving faith, for no one can respond with faith to Christ’s call without having previously

been regenerated. Jesus speaks of this phenomenon in John 6:44 saying, “No one can come to me unless the Father, who sent me, draws him.” There is a sequence, therefore, in salvation whereby God the Father draws one to Christ, and then after they hear the good news preached to them about Christ (Eph. 1:13; 1 Pet. 1:23, 25; James 1:18), they respond in faith. They must hear the preached word however. Now though many may hear the gospel call, only those chosen by God will respond in faith (Matt. 22:14). But they must be born again through the work of God before they are able to respond with faith. The Spirit washes and regenerates, then faith follows immediately after God’s word is preached. Note Cornelius in Acts 10:44. As Peter preached the gospel to him and his household, “the Holy Spirit fell on all who heard the word” on that day. Note also the case of Lydia in Acts 16:14: “And the Lord opened her heart to the respond to the things spoken by Paul.” It is God’s work, therefore, that reaches into the hearts of His elect children to summon their response, and it is an instantaneous event that occurs only once for all believers in Christ. So, regeneration occurs before saving faith, although to the Christian they are practically simultaneous.

God is working in His people, and in His time He calls His own to Himself through the preached word of God – the Bible. Bible teaching, therefore, is essential for all, for it is the means through which God calls His children to faith in Jesus Christ. Come hear the preached word of God at Harvest Bible Church where we dissect it book by book, chapter by chapter, line by line, word by word. You can consult our website at [www.harvestbiblechurch.net](http://www.harvestbiblechurch.net)

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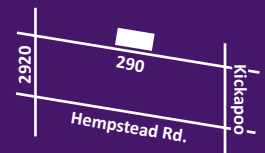
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## Fairfield Baptist Church

### Spotlight: 9/11—The Rest of the Story!

Sujo John, 9-11 World Trade Center survivor and his family return to share "the rest of the story" of his terrifying descent through the rubble of the collapsing building. His wife, who worked in the other World Trade Center tower, reveals her amazing ordeal and joyous reunion with her husband. Don't miss their incredible account from terror to survival, Saturday, August 23 at 6:30 pm. (childcare provided) Return Sunday, August 24 at 9:45 & 11:00 am as Sujo recounts his life-changing experiences and the transforming changes in his life and work. (KidZone available at both hours).

Visit our website [www.fairfieldbaptist.com](http://www.fairfieldbaptist.com) for more information on this special event, and other activities or call at 281-373-5446.

Everybody is somewhere in their walk with God. Find the "Next Step"! Bring your family and join us August 10, 9:15 am-12:15 pm. (breakfast provided)

We are located at 27240 Highway 290 between Mueschke and Mason roads on the north feeder road.

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## Images HAIR STUDIO

Cosme and Cheryl Torrez invite you to come experience our new salon along with our team of stylists including Kathryn Dermody, Shannon Vaughan and Virginia Lozano.

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**Sun & Mon: Closed  
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Fri: 9:30am - 5:30pm  
Sat: 9:00am - 4:00pm**

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## Fairfield Church of Christ

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### ***"Everything I Needed to Know in Life I Learned from a Jigsaw Puzzle."***

1. Don't force a fit. If something is meant to be, it will come together naturally. 2. When things aren't going so well, take a break. Everything will look different when you return. 3. Be sure to look at the big picture. Getting hung up on the little pieces leads to frustration. 4. Perseverance pays off. Every important puzzle went together bit by bit, piece by piece. 5. When one spot stops working, move to another. But be sure to come back later (see # 4). 6. The creator of the puzzle gave you the picture as a guidebook. 7. Variety is the spice of life. It's the different colors and patterns that make the puzzle interesting. 8. Working together with friends and family makes any task fun. 9. Establish the border first. Boundaries give a sense of security and order. 10. Don't be afraid to try different combinations. Some matches are surprising. 11. Take time often to celebrate your successes, even little ones. 12. Anything worth doing takes time and effort. A great puzzle can't be rushed. —Author Unknown

Have you been to our worship center yet? We would love to have you. Why not make plans now to come this Sunday.

Every Sunday morning, Bible Classes for babies to adults begins at 9:30am. Each Bible Class is taught by loving, well prepared, Christians utilizing the latest in educational techniques and finest bible curriculums.

Worship is at 10:30am and each service is carefully thought out and planned by our worship ministry leaders. Every service is meant to bring glory to the name of Jesus and help each worshipper realize how wonderful it is when you fall in love with Jesus as your Savior.

Mid-week Bible Studies are also offered every Wednesday at 7:30pm. This is a great time to pause in the middle of a busy week and be re-energized by fellowship, prayer and study of God's Word.

We also offer free of charge in-home, personal, one-on-one Bible Studies and for those who wish to study alone, Bible Correspondence Lessons as well.

If you have a prayer need of any kind, please let us know by calling the church office or visiting our web site at [www.fairfieldchurch.org](http://www.fairfieldchurch.org).

Our worship center is at the corner of Mason Road and Chappell Knoll and once again, you and your family are always welcome. We would love to see you this Sunday.

If you have any questions or we can help you in any way, please call the church office at 281-373-1900.

Have a blessed day, Dr. Mike Lehew, Minister



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## Good Shepherd United Methodist Church

**FREE DINNER AND A MOVIE 2008:** Join us this summer for dinner and a movie. We will enjoy all the classic movie munchies...pizza, nachos, popcorn, hotdogs, candy, etc...while watching fun, full length feature films followed by discussion of what God has to say through these films: Bourne Identity, The Rookie, Raiders of the Lost Ark, Princess Bride for the adults and Meet the Robinsons, Willy Wonka, Cars, The Rookie for kids 4 and up. Children 3 and under will enjoy their own movies also. The dates for Dinner and a Movie 2008 are August 8 and August 22 from 6:30-9:00 pm. The program is free, but pre-registration is requested. Go to [www.goodchurch.us](http://www.goodchurch.us) now to register your family.

**DISCIPLE BIBLE STUDY:** Whether you are a new believer or have been a Christian for many years, the DISCIPLE Bible Study program is designed for all who want to grow in their understanding of Scripture and in what it means to be a Disciple of Jesus Christ. We will hold informational meetings soon, but classes for the Fall are forming NOW based on demand and facilitator availability. Contact Ryan Hawkins at [ryanhawk@comcast.net](mailto:ryanhawk@comcast.net) now to register your family!

**Dave Ramsey's FINANCIAL PEACE UNIVERSITY:** What could the people of God do for the Kingdom of God if they were debt free? Join us at one of the free preview nights on Sunday, August 24th at 6 pm, Tuesday, August 26th at 7 pm, or Thursday, August 28th at 7 pm. We are so excited to share how you can start dreaming big with Financial Peace University.

**Our Student Ministry** is blessed to have Jeff Dunbar along with two summer interns to plan and organize great programs and events for your youth. Visit the [www.gsmyouth.net](http://www.gsmyouth.net) website for the latest on their activities. Every Sunday there is Sunday School and Youth Worship for your teen. During the summer there is also mid-week study called Pools and Parables, Accountability Groups, and a Tuesday/ Thursday Hang Time with our interns.

Contact Jeff Dunbar at [jeffd@goodchurch.us](mailto:jeffd@goodchurch.us) for more information on how to get your middle or high school age child involved. The fall programming schedule will begin on August 24th.

**SEEKING DIRECTOR OF MUSIC:** Good Shepherd United Methodist Church is seeking a full-time Director of Music and Worship Arts. The qualified candidate will have a college degree and experience in leading church music ministry. Specific qualifications include design, implementation and supervision of Traditional Choir and Choral groups, Orchestra and Bell Choir conducting, Children's Music Programs, Drama, Sound and Visual Arts. The position is now open and ready to be filled. Information about the church can be gained at [www.goodchurch.us](http://www.goodchurch.us). Please email your resume with references to Pastor Bill at [bhaygood@sbcglobal.net](mailto:bhaygood@sbcglobal.net) or fax to 281.256.2070.

**SCHOOL SUPPLIES DRIVE FOR CAM:** At Cypress Assistance Ministries, they are already planning for Back to School. Hundreds of children from Cypress depend on CAM to help them prepare for the new school year. GSUMC's missions committee will be collecting school supplies until August 10th. You can help by purchasing some of the requested items. (back packs, highlighters, Kleenex, spiral notebooks, 1 inch 3 ring binders, 8 ct. jumbo washable markers) Donations can be placed in the designated CAM cart at the church. Thank you!

Visit our church website at [www.goodchurch.us](http://www.goodchurch.us). Our church is located on Cypresswood Drive in Fairfield; we are right down from the Shell station off 290 and Mason Road. Join us this Sunday for Traditional Worship at 8:30am or 9:45am, New Path at 9:45am, or our Rock N' Roll service at 11:00am. Our office staff is available to serve you Monday-Friday from 8:30-5:00pm. Call us at 281-373-2273 for information on programs, services, Bible studies, and more.



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## Ranch Community Fellowship

Ranch Community Fellowship is a non-denominational Christian community that values spiritual growth, authentic community, and community outreach. Our regular Sunday worship services are held at Lindsay Lakes event center at 16536 Mueschke Rd., just north Schiel Rd., every Sunday at 10:30 AM. Concurrent with our worship service, High Point Children's Ministry conducts high energy children's ministry. Small group Bible studies are held at 9 AM Sundays for all ages. We also have small groups that meet in homes throughout the week. Thrive, our weekly youth ministry meeting, takes place on Wednesday, 7:00-8:30 PM, at the Ranch—our land site at 17810 Mueschke Rd., one mile north of Schiel Rd.

If you would like any further information, please visit our website, [www.ranchnet.org](http://www.ranchnet.org). The "Contact" link includes email addresses for ministry leaders. God bless you this spring.

## The Tri-County Quilt Guild

The Tri-County Quilt Guild meets the 1st Tuesday of the month, from 7-9pm.

We meeting at the Fairfield Baptist Church, 27240 Highway 290 just off Muescke Rd, Cypress, TX 77433-4907.

Some of our activities include Show & Tell, BOM's, Fabric Exchanges, Charity Quilts, Bees, Special Programs, guest speakers and more, with Door Prizes at every meeting!

We are a very friendly group and welcome quilters of all levels of expertise, from the Just Love Quilts and never sewn to the experienced and published. Visitors welcome!

Please check out our website ([www.tricountyquiltguild.org](http://www.tricountyquiltguild.org).) for more information.



## Chocolate Chip Lunch Box Trail Bars

**BAKED LAYER:** 1/3 cup butter 1/3 cup all-purpose flour  
1/2 cup packed light brown sugar 1/3 cup whole wheat flour  
1/2 cup quick oats 2 TB toasted wheat germ

In a mixing bowl beat butter and 1/2 cup brown sugar until light and fluffy. Stir in oats, flours & wheat germ. Press mixture into buttered 9" square pan. Bake at 350° for 10 minutes.

**TOPPING:** 2 eggs, beaten  
1/4 cup packed light brown sugar  
1/2 cup blanched slivered almonds  
1/4 cup flaked coconut  
1/4 cup semisweet chocolate chips (or raisins)

Stir together the eggs and 1/4 cup brown sugar; stir in almonds, coconut, and chocolate chips (or raisins) then spread evenly over the baked bars. Bake at 350° for 20 minutes, or until browned. Score bars while still warm. Makes about 24 bars.

*Enjoy!*



## Lunch Box Treats!

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## Building and Preserving Wealth In Home Ownership.



## Recipe of the Month:



### Chicken Apple Salad

#### Ingredients

- 1 cup cubed chicken
- 2 cups shredded cabbage
- 1/3 cup chopped celery
- Juice of one lemon
- 3/4 cup mayonnaise
- 1 cup cubed apple, do not peel
- 1 cup coarsely chopped pecans

#### Directions

Combine first 6 ingredients in large mixing bowl. Add just enough mayonnaise to moisten. Cover and chill at least 1 hr. before serving.

#### Note:

Small can crushed pineapple(drained) can also be added.

*If you would like to submit YOUR recipe email it to [articles@peelinc.com](mailto:articles@peelinc.com).*

## CAM School Supply Drive

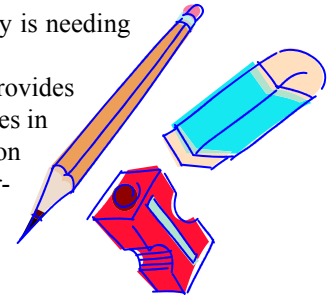
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[www.cypressassistance.org](http://www.cypressassistance.org)

With the start of school just around the corner, CAM's school supply drive is in full swing. In August, we will be handing out school supplies to hundreds of children whose families are served through CAM. Your donations of school supplies are greatly appreciated. For a current list of needed school supplies go to our web site: [www.cypressassistance.org](http://www.cypressassistance.org).

For the summer, the Food Pantry is needing kid-friendly foods.

Cypress Assistance Ministries provides an array of services to needy families in the Cypress and Northwest Houston area. For a description of all our services, please see our web site, [www.cypressassistance.org](http://www.cypressassistance.org).



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## Texas Events - August

- 1-3, 7-10, 14-17—BAYTOWN:** Ragtime Baytown Little Theater. 281/424-7617
- 1-3, 8-10, 15-17—WHARTON:** The Lion, The Witch & the Wardrobe Historic Plaza Theatre. 979/282-2970
- 1-28—KEMAH:** Rock the Dock Concert Thursday nights. Kemah Boardwalk. (Began Jun. 5.) [www.kemahboardwalk.com](http://www.kemahboardwalk.com) 800/285-3624
- 1-Sep. 1—CORPUS CHRISTI:** Flamingo Fandango South Texas Botanical Gardens & Nature Center. (Began Jul. 1.) [www.stxbot.org](http://www.stxbot.org) 361/852-2100
- 2-3, 9-10, 16-17, 23-24, 30-31—HOUSTON:** Summer Concert Series Includes honky tonk, Tejano, funk, Cajun and bluegrass. Concerts begin at noon. Traders Village, 7979 N. Eldridge Road. [www.tradersvillage.com](http://www.tradersvillage.com) 281/890-5500
- 5-24—GALVESTON:** Tuna Does Vegas What happens in Vegas doesn't always stay in Vegas ... at least not when the citizens of Tuna, Texas, drop in for a visit. This is the fourth saga of the characters of Tuna. The Grand 1894 Opera House. [www.thegrand.com](http://www.thegrand.com) 800/821-1894
- 12—WHARTON:** Wharton County Junior College Foundation 2008 Gala Includes reception, dinner, auctions and comical performance by The Capital Steps. Begins at 5:30 p.m. Wharton Civic Center. 979/532-4560
- 15—LAKE JACKSON:** Gather Round the Radio Program Hours are 6 to 8 p.m. Lake Jackson Historical Museum. 979/297-1570
- 15-16—EL CAMPO:** El Campo Vol. Fire Dept. Cook-Off 979/543-3335
- 16—BEAUMONT:** Kid Fest Includes petting zoo, moonwalk, pony rides and train rides. Beaumont Civic Center. 409/896-5555
- 16—CORPUS CHRISTI:** Sk8 del Sol Festival & Competition Skateboarders put their skills to the test. Also enjoy water tag, horseshoes, climbing wall, face painting, skateboard deck art contest and more. Begins at 10 a.m. Corpus Christi Skate Park in Cole Park. [www.ccparkandrec.com](http://www.ccparkandrec.com) 361/826-3476
- 16-17—ROSENBERG:** 34th Annual Festival of Glass & Antique Show & Sale Hours are 9 a.m. to 5 p.m. Saturday and 10 a.m. to 4 p.m. Sunday. Fort Bend County Fairgrounds. [www.houstonglassclub.org](http://www.houstonglassclub.org) 281/342-4876 or 713/729-4267
- 17, 24, 31—SANTA FE:** Summer Concert at Haak Winery Haak Winery, 6310 Ave. T. [www.haakwine.com](http://www.haakwine.com) 409/925-1401
- 19—BEAUMONT:** Some Other Place Tasting Local congregations, businesses and organizations offer samples of their favorite recipes. Beaumont Civic Center. 409/832-7976
- 21-23—ROCKPORT:** FLW Outdoors Fishing Tournament ACND Festival Grounds. 361/729-6445
- 22-23—SOUTH PADRE ISLAND:** Beach Bash Volleyball Tournament Eight volleyball teams representing NAIA universities from the Midwest, Texas and Mexico compete. [www.athletics.utb.edu](http://www.athletics.utb.edu) 956/882-8911
- 22-24—PORT ARANSAS:** Texas Women Anglers Tournament Features a fishing tournament for women. Robert's Point Park. [www.gofishtx.com](http://www.gofishtx.com) 361/882-6000

(Continued on Page 43)

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**Texas Events - (Continued from Page 42)**

**23—GALVESTON:** ArtWalk Hours are 6 to 9 p.m. Galveston Historic Downtown District. [www.galvestonartscenter.org](http://www.galvestonartscenter.org) 409/763-2403

**23—HOUSTON:** German-Texan Convention Includes presentations, entertainment, information and networking at this event for anyone interested in German culture and the German heritage of Texas. Crowne Plaza West Hotel. [www.germantexans.org](http://www.germantexans.org) 866/482-4847

**23—PALACIOS:** Palacios Market Days 5th and Main Street. [www.palacioschamber.com](http://www.palacioschamber.com) 800/611-4567

**23-24—SOUTH PADRE ISLAND:** USA Surf 'n' Turf Adventure Race Paddle, run, swim, bike and play. Two-person teams compete. Convention Centre. [www.unlimitedsportsadventures.com](http://www.unlimitedsportsadventures.com) 956/350-4247

**23-Oct. 5—GALVESTON:** Helen Altman: Flora, Fauna & Other Natural Concerns Survey of the sculpture, works on paper and quilts by this Fort Worth artist. Galveston Arts Center. [www.galvestonartscenter.org](http://www.galvestonartscenter.org) 409/763-2403

**29—GALVESTON:** Robert Earl Keen Begins at 8 p.m. The Grand 1894 Opera House. [www.thegrand.com](http://www.thegrand.com) 800/821-1894

**29-30—CORPUS CHRISTI:** The Texas Coast Feis Irish dancers from all over the country will compete. Musicians from all over the country, plus Ireland, will perform. Includes musicians, singers, poets and artists performing. Omni Bayfront Hotel. [www.prideofirelandtx.com](http://www.prideofirelandtx.com) 361/537-8606

**29-31—FREEPORT:** Summertime Blues Festival 979/233-3526 ext. 114

**29-Sep. 1—ALVIN:** All-American Festival Kicks off Friday at a sock hop with the Pee Wee Bowen Band at the Knights of Columbus Hall. Includes a car show on Saturday with the Depot Days parades, street rods, motorcycles, booths and music at National Oak Park. On Sunday and Monday, enjoy Splashmania, fireworks and a barbecue cook-off. [www.alvintexas.org](http://www.alvintexas.org) 281/585-3359

**30-31—SOUTH PADRE ISLAND:** SPI Beach Volleyball/Labor Day Tournament Boomerang Billy's Beach at Surf Motel. 956/761-2420

**31—KEMAH:** Houston Texans Party Includes autographs, interactive games and more. Kemah Boardwalk. [www.kemahboardwalk.com](http://www.kemahboardwalk.com) 877/285-3624

*Texas Events has been published with the permission of the Texas Department of Transportation. All events are taken in part from the Texas Events Calendar. All dates for events were correct at the time of publication and are subject to change.*



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## Literacy Workshop to Take Place at Fairbanks Branch Library

*Submitted by Steve Zach*

Fairbanks Branch Library seeks volunteers to help adults learn to read and write. The library will host a two-part training workshop for tutors on August 18 and 25 from 6:30 to 8:45 p.m.

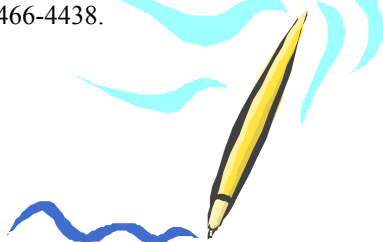
The training workshop is free and there are no requirements to volunteer, other than a love of reading and two or three hours per week to help someone learn this important skill. After the training session, participants can volunteer as a tutor at any Harris County Public Library branch.

Tutors help adults gain the basic reading and writing skills necessary every day to meet such goals as advancing at work, reading to their children, and reading for personal interest. The library

also provides computer and video-based programs to help adults learn basic phonics skills.

Fairbanks Branch Library is located at 7122 N. Gessner, at the intersection with West Little York. Tutoring can take place at any branch library.

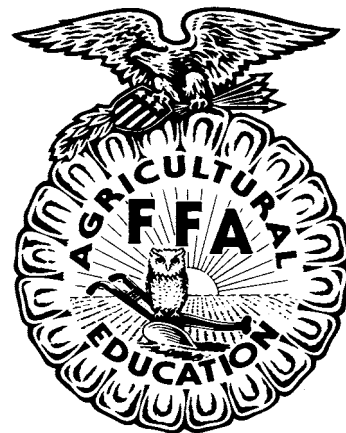
For more information, to register for this workshop, or if you know of an adult who would like to improve his or her reading, please call the library at 713-466-4438.



## Cy-Ranch FFA

*Submitted by Donna Wilson*

Cy-Ranch FFA Parent Booster Club is forming now. If your student will be part of the Cy-Ranch FFA/Ag program please contact Donna Wilson at [pointeofgrace7@aol.com](mailto:pointeofgrace7@aol.com) for more information. We will begin to plan our 1st meeting with the parents this summer. If you like to join us please email for more details.



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**It's not too late to register for fall** - Registration continues through Aug. 23 for fall semester. Register for online, weekend, evening or distance learning courses by phone, 281-290-3200 or 832-782-5000; online to [CyFair.LoneStar.edu](http://CyFair.LoneStar.edu); or in person at one of our conveniently located campuses at 9191 Barker Cypress or 14955 Northwest Freeway. Week day classes begin Aug. 25 with weekend classes beginning Sept. 5- Sept. 7.

**Free New Student Orientation and Family Orientations!** - Incoming new students and their family members will receive campus tours and learn about academic and student life. Choose among full-day and half day programs that also include My Records training, advising presentation and class registration, or mini orientation programs that include student panel, student activities information and a question and answer session. Programs are available Aug. 6, Aug. 13, Aug. 14 and Aug. 21. Register at [CyFair.LoneStar.edu/orientation](http://CyFair.LoneStar.edu/orientation).

**L.I.F.E. Lessons in August** - The Learning, Inspiration, Fellowship and Enrichment (L.I.F.E.) programs are free and held Wednesdays at 10 a.m. in the Lone Star College-CyFair Branch Library (Room 131.) In August, learn the history of, and how to make, ice cream Aug. 6; find out how to make an earth-friendly backyard Aug. 13; restore powers for health and spirit with mindful breathing Aug. 20; and create exquisite and simple clay flowers Aug. 27. Call the library at 281-290-3213 for L.I.F.E. program information or go online to [CyFair.LoneStar.edu/library](http://CyFair.LoneStar.edu/library).



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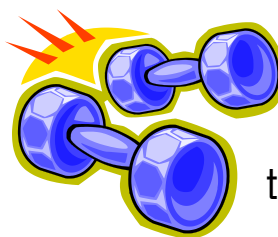
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# Fit Facts™

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## WORK OUT CHRONIC FATIGUE

Chronic fatigue is more than just feeling tired all the time. For those who suffer from this mysterious syndrome, it can be a constant battle simply to get out of bed in the morning. Symptoms of chronic fatigue syndrome (CFS) include unexplained fatigue lasting 30 days or more; flu-like symptoms such as a sore throat, generalized muscle pains, head-aches and swollen lymph nodes; difficulty concentrating and sensitivity to bright light. CFS was dubbed the yuppie flu in the '80s and, despite the fact that it has been recognized as a legitimate, often debilitating illness, it is still met with scorn and disbelief.



There is no cure for CFS. For some people, it simply goes away, while others are debilitated by it for many years. Because the cause is largely unexplainable, treatment for CFS focuses primarily on relieving symptoms.

### LOW BLOOD PRESSURE CAN BRING YOU DOWN

One of the latest theories proposed to explain CFS is that individuals who suffer from this condition also may have extremely low blood pressure. Researchers at Johns Hopkins University found that 22 of 23 CFS patients also had a disorder called

*(Continued on Page 47)*

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## Fit Facts - (Continued from Page 46)

neurally mediated hypotension (NMH). People with NMH get dizzy from standing up too quickly or from standing for extended periods of time, signaling that not enough blood is reaching the brain. When treated for NMH for six months (either with medication or by increasing salt and fluid intake), nine of the 22 CFS patients said that all or nearly all of their CFS symptoms had disappeared; another seven said that their symptoms had improved.

### A NOVEL APPROACH

But what about those who have normal blood pressure, but still fight persistent fatigue? Here's an interesting proposition: Is it possible to treat chronic fatigue with exercise?

Some researchers think so. A recent review of existing research on CFS explored the possibility of using physical activity programs to treat this puzzling condition. The findings are intriguing, if not conclusive.

Many people with CFS claim that they are too tired to exercise. Measurements of strength, exercise capacity and muscle function, however, suggest that CFS patients are not much weaker than the controls (people without CFS) they are compared to in research studies. This suggests that their capacity to exercise is greater than they may perceive. But telling someone who feels unable to get out of bed to exercise is probably an exercise in futility.

### EXERCISE FOR ENERGY

Still, physicians such as Dr. Neil Gordon, author of *Chronic Fatigue: Your Complete Exercise Guide*, view exercise as a form of medication and an integral part of rehabilitation from CFS. Exercise programs for people with CFS are not much different than any other comprehensive exercise program: Cardiovascular, strengthening and range-of-motion training should all be addressed. The primary difference is the pace and degree of progression: CFS patients need time to build their strength

and adapt to the increased demands of exercise. And, as with any other physical condition, CFS patients should consult with their physicians before beginning an exercise program.

### EXERCISE YOUR OPTIONS

People with CFS feel limited by their condition to enjoy the benefits of an active life. But as anyone who exercises will tell you, expending energy brings about increased energy in return. The same may hold true for individuals who are plagued by the unexplained tiredness of CFS.



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## Channeling Sudden Death Risk

*Baylor College of Medicine*

HOUSTON – (June 23, 2008) – For about one-fourth of people with an inherited heart problem called long QT syndrome, the source of their problem was a mystery – until researchers at Baylor College of Medicine, the Texas Heart Institute and Texas Children's Hospital in Houston pinpointed a defect in a structural protein in a report in current edition of the journal *Circulation: Arrhythmia and Electrophysiology*.

A mutation in a cytoskeletal protein called alpha-1-syntrophin, one of the molecules that helps heart cells maintain their shape, changes the functioning of a tiny pore called a sodium ion channel, resulting in long QT syndrome in at least a portion of these patients, said Dr. Matteo Vatta, assistant professor of pediatrics - cardiology at BCM and associate director of pediatric cardiac research. Vatta is senior author of the report.

Until now, defects in genes for particular ion channels have been blamed for inherited long QT syndrome, said Vatta. However, experts could identify no defects in about 25 percent of people with the problem.

Ions are charged chemicals such as sodium or potassium that flow in and out of pores called channels in the cell membranes. The channels open and close in a specific sequence, letting the chemicals in and out of cell in a manner that prompts them to beat in synchrony. When the cells can beat in unison, the heart pumps blood. If the ion channels are defective, it affects the beating of the cells and the heart

– often with devastating effects. Untreated long QT syndrome can cause the heart to stop suddenly.

“The mutation in this kind of protein called alpha-1-syntrophin is the first associated with long QT syndrome,” said Vatta. Previously, he and colleagues had identified a link between long QT syndrome and a defect in caveolin-3, a scaffolding protein.

“I am interested in the connection between the structural and the electrical part of the heart,” said Vatta, whose lab is based in the Feigin Center of Texas Children's. “It could have everything to do with susceptibility to arrhythmias (heart rhythm disruptions) in patients with heart disease. First, we had to prove that the structural part of the heart could be involved in electrical problems.”

The caveolin-3 finding led to studies of syntrophin, a protein connected to dystrophin, which when mutated causes Duchenne and Becker muscular dystrophy as well as the X-linked form of cardiomyopathy. As people with Duchenne and Becker muscle-wasting disease age, they develop cardiomyopathy, a weakening of the heart muscle, with heart rhythm disruptions called arrhythmias. This leads to heart failure and an increased risk of sudden cardiac death (sudden heart stoppage) caused by the arrhythmias.

“Syntrophin is the bridge that connects dystrophin to the sodium channel,” said Vatta. Dystrophin is critical in the binding of syntrophin

*(Continued on Page 49)*

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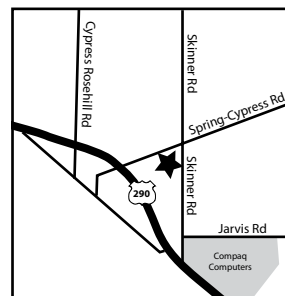
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## Sudden Death Risk - (Continued from Page 48)

to the sodium channel, he said. A mutation in syntrophin disrupts the proper functioning of the sodium channel.

That leads to an electrical problem that disrupts the normal beating of the heart, he said. The finding is proof of the concept that patients with mutations in the structural part of the heart muscle cells also have a problem with how the electrical system of the heart works, leading to dysrhythmias.

"Once you screen all the ion channels and do not find changes that can lead to a pathological effect such as long QT syndrome, then you have to think about all the proteins that interact with the ion channels," Vatta said.

Others who took part in this study include Geru Wu, Tomohiko Ai, Yutao Xi, Shahrzad Abbasi, Kaveh Samani and Jie Cheng, all of the Texas Heart Institute/St. Luke's Episcopal Hospital in Houston; Jeffrey J. Kim, Bhagyaxmi Mohapatra, Zhaohui Li, Enkhsaikhan Purevjav and Jeffrey A. Towbin, all of BCM and Texas Children's; Michael J. Ackerman of the Mayo Clinic in Rochester, Minnesota, and Ming Qi and Arthur J. Moss of the University of Rochester Medical Center in New York.

Support for this work came from the National Heart, Lung, and Blood Institute and the National Institute of Child and Health Development, the Roderick D. MacDonald General Research Fund, the Cardiovascular Initiative Grant from the St. Luke's Episcopal Hospital/Texas Heart Institute and the Texas Children's Foundation.

The abstract of this report is available at <http://circep.ahajournals.org/cgi/content/abstract/CIRCEP.108.769224v1?maxtoshow=&HITS=10&hits=10&RESULTFORMAT=1&author1=vatta%2C+m&andorexacttitle=and&andorexacttitleabs=and&andorexactfulltext=and&searchid=1&FIRSTINDEX=0&sortspec=relevance&resourcetype=HWCIT>

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## Family Volunteering: Doing Good Together

Submitted by Wendi Baird

During a recent camping trip, my children were shocked to see the amount of trash left along the river bank following a long holiday weekend. "Didn't the people see the empty trash cans," asked my daughter with all the childlike wisdom of an eight year old. As we looked downstream, we noticed a lone Park Ranger walking along the banks with a trash bag picking up all the empty cans and other garbage left behind by the holiday revelers.

I saw the light bulbs go off simultaneously in my kids' minds ... "Mom, can we go back to our camper and get some trash bags to help, too?" To be honest, my first thought as a mom was that I didn't want my children touching all that germ-infested garbage. But then I realized what a great learning opportunity this could be. Here was a problem, and it was one that we could work together as a family to remedy. So after walking along the river banks, filling up two trash bags with garbage, we finally caught up to the Park Ranger downstream. Although he was very appreciative of the help, he was quite surprised by our efforts. "You shouldn't have to do this," he said. "It isn't your trash or your responsibility to pick it up".

I don't know what was more disappointing that morning – the fact that this beautiful park was strewn with garbage (while empty trash cans sit in plain site) or the surprise shown by the Park Ranger that someone would voluntarily help pick up the garbage.

It seems that the phrase "That's not in my job description" has become a common mantra today. I firmly believe that one way to

combat the selfish and materialistic attitudes prevalent in our society is through Family Volunteering. It's one thing to tell our children that we need to help others. But actually doing volunteer projects together as a family instills life lessons that won't be readily abandoned later in life.

According to the website [www.DoingGoodTogether.org](http://www.DoingGoodTogether.org), family volunteering "is a hands-on way to teach children the values of kindness, compassion, tolerance, community responsibility and good citizenship." The website is full of ideas for family volunteer projects. One of my favorites is one that even the youngest children can do. Create a "Giving Box" from an old coffee can or shoe box. Let your children decorate it and then place it in a prominent location in your home. Encourage your children to fill it with any loose change they find. Then as the Holiday Season approaches, let your children help choose where the money will be donated. For example, they could use the money to buy a toy to donate to Blue Santa or to buy canned goods to donate to the local food pantry.

Our children still talk about that family experience of picking up trash along the Frio River. It was gratifying to all of us to see how clean the riverbank looked after spending just a few minutes helping that lone park ranger. But, more importantly, it reinforced to us as parents that it's one thing to teach your children something, but the impact is far greater when you show them!



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## Meet Devion

Devion, who turned 6 years old in July, has been in foster care four years.

While Devion loved the gifts he received for his birthday, the greatest gift he could get is a forever family. He said "it doesn't matter what type of family, just a forever family".

Devion is with wonderful foster parents who spend a tremendous amount of time helping the children to overcome trauma, heal and grow. Devion has flourished in their home!



Here is a paragraph from the foster mom: Devion came to our home just before his 4th birthday. Upon coming to our home Devion quickly became our "Peanut" because he was so tiny for his age. Our little Peanut is growing and thriving and has grown 6 inches in two years. Devion's only little in physical size. He is convinced he is the biggest kid around and that he can do anything anyone else can do. This little man lights up any room he enters with his smile and personality. Devion loves attending church and enjoys singing in the children's choir. While he has difficulty playing independently, Devion loves to do almost anything outside. He loves to swim, ride bikes & scooters, play baseball, basketball & football and has even recently tried to water ski! Devion has played 4 seasons of t-ball and one season of basketball since living in our home and loves telling everyone about it.

Devion has attended a full year of Head Start and kindergarten but will need to repeat kindergarten this fall. While Devion has wonderful gross motor skills he struggles with his fine motor skills. He also has some speech delays. Devion receives speech and occupational therapy at school and through Easter Seals. While Devion has made much progress emotionally he continues to receive weekly therapy [therapy is important for children who transition through the foster care system]. Devion is very loving and affectionate. He enjoys being with others and would do well in a loving, structured, active home with one or two other children.

He is definitely quite the little ham. To learn more about Devion or the adoption process, contact Tracy Eilers at the Adoption Coalition of Texas, 512-301-2825 - [www.adoptioncoalitiontx.org](http://www.adoptioncoalitiontx.org)

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## August Landscaping

*Submitted by Ron Kerwin*

August is a great month to stay inside and make your plans for this fall's plantings. Browse the catalogs for ideas and bulbs to order now to plant in November and December for next spring's display. If you are going to work in the lawn or garden, plan it around the early morning or evening in the cooler hours. Drink plenty of water to keep from dehydrating.

The July heat may have already taken its toll on your annuals. If they are beyond help, pull them out and replace them with more heat tolerant varieties. If they are okay but overgrown, you can trim back your annuals and perennials by 1/3 to 1/2 to get better flowering in the fall. You can also trim off the dead or damaged canes and the errant chutes from your roses to enhance the fall blooms. Fertilize your roses right after you prune, as this application is very important. Do NOT trim flowering shrubs, like Indian Hawthorns, after July or you will probably trim off the buds (look like berries) that would provide the flowers next year. Rework your beds to prepare them for fall plantings of flowers or vegetables. Bury in the compost materials and add the mulch on



top. They will be ready for planting when it is time. You can fertilize your lawns this month with a 3-1-2 ratio 50% slow release nitrogen fertilizer. This is a good fertilizer for your shrubs and flowerbeds too.

The heat stresses all our lawns, shrubs etc. We will probably not get much rain so we will have to water with irrigation systems or drag around sprinklers to keep everything from burning up. 1 inch of water per week should be enough.

Do not water in mid-day, as most of it will simply evaporate prior to getting into the ground. Irrigate in the early morning if possible. Water deeply, not frequently. Watering in the evening can lead to plant diseases. Maintain the water in the soil of your beds more effectively by having a good thick layer of mulch. Most every month I comment on the benefits of thick mulch but it is a topic worth repeating, as its benefits are many.

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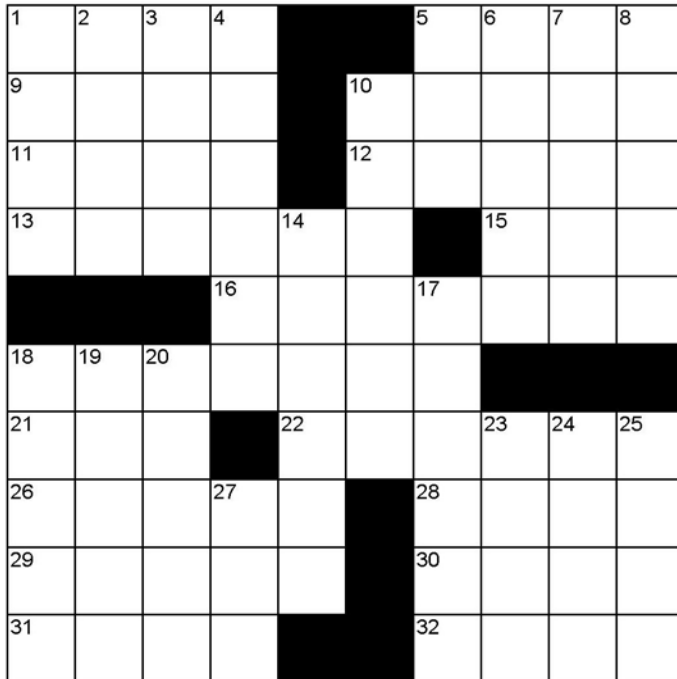
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# Crossword Puzzle



## ACROSS

1. Curse
5. Glasses
9. Charge card
10. Japanese dish
11. Pear type
12. Type of alcohol
13. Mete out
15. Deer relative
16. Mountains
18. Sin
21. Fawn's mom
22. Rain shoe
26. Angry
28. Sole
29. Whoop
30. A spinning toy (2 wds.)
31. Plateau
32. Former magistrate of Venice

## DOWN

1. Baby's "ball"
2. Famous cookies
3. Loch \_\_ monster
4. Levy
5. Jag
6. Direct
7. Animal kingdom division
8. Soft materials
10. Member of an American Indian people
14. Dancer Rogers
17. Put more ammunition in
18. Abhorrence
19. Skill
20. Heroic actions
23. Upon
24. Slug
25. Publicity
27. Drink

\*Solution at [www.PEELinc.com](http://www.PEELinc.com)

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- Clean appliance exteriors
- Clean inside microwave
- Clean range top
- Damp wipe cabinet doors
- Clean counters
- Hand wash floor
- Load dishwasher

### Bathrooms

- Clean sinks, counters; change towels
- Clean, disinfect toilets, tubs, showers
- Hand wash, disinfect floors

### All Rooms

- Pick up and straighten
- Dust sills, ledges, wall hangings
- Remove cobwebs
- Dust/vacuum furniture
- Vacuum floors, carpets
- Vacuum stairs
- Vacuum under beds
- Change linens, make beds
- Empty trash

### Windows

- Clean entry window & one set of patio door windows
- Clean window over kitchen sink



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Business Classifieds are \$75. Limit 40 words. Contact Peel, Inc. Sales Office at 888-687-6444, [advertising@PEELinc.com](mailto:advertising@PEELinc.com)

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**FAIRFIELD PEST CONTROL** is offering two free complimentary quarterly pest control treatments to existing and new customers in the Fairfield area. The only requirement is to have a great time playing with jewelry at a Premier Jewelry Party in your home. Please call my wife, Laura Lyle-Lovitt, @ 281-702-0761, or e-mail [fairfieldpest-control@earthlink.net](mailto:fairfieldpest-control@earthlink.net), 281-702-1427.

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## Solution for July's Cryptogram

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T	D	P	Z	L	Q	W	B	N	V	S	C	M	H	E	X	O	U	G	R	A	F	K	Y	J	I

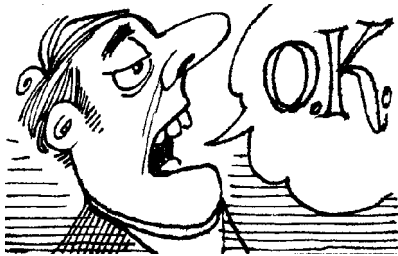
O N C E , D U R I N G P R O H I B I T I O N ,  
 E H P L Z A U N H W X U E B N D N R N E H  
 I W A S F O R C E D T O L I V E F O R D A Y S  
 N K T G Q E U P L Z R E C N F L Q E U Z T J G  
 O N N O T H I N G B U T F O O D A N D W A T E R .  
 E H H E R B N H W D A R Q E E Z T H Z K T R L U

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# Did You Know?



In 1995, residents at Okhura Village, Japan, built a snowman that measured 96 feet 7 inches in height. The project took 10 days to complete.



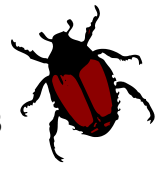
The first known use of O.K. was in the New York New Era in 1840 as part of a name: The Democratic O.K. Club. O.K. was an abbreviation for Old Kinderhook, a nickname for future president Martin Van Buren. Kinderhook, New York, was Van Buren's birthplace.

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## Natural Watch Dog

*Submitted by Luis Escobar*

I spoke with a man yesterday who has a "great watchdog". His dog lets him know when his neighbor is outside, when the kids down the street come home from school or are outside playing, when there is a squirrel on the lawn, when the mail arrives, when the neighbors get a UPS delivery, when a bird lands, a cat is out, when someone walks their dog, and on and on. WOW was I impressed. I couldn't help wondering how many times this guy was getting up to check on these alerts from his dog. I'm guessing a lot as he knew exactly what his dog was barking at. I got tired just thinking about having to check on all that activity.

I almost asked him how he would know if there was something that really needed his attention. To my thinking this wasn't a watch dog, but a nuisance barker. Can dogs learn the difference? Thankfully the answer is YES! Rover can learn to distinguish the difference, as long as we know the difference.

Rover is not a barker. I wish I could say

that about the other dogs in our neighborhood. There are two yorkies behind us who go ballistic when anyone walks by. There is Rover's friend Emma the mixed up mutt next door who tries to tell the yorkies to shut up. There's Charlie the lab down the street who barks at every dog that walks by his house. You can follow us around the block, just by listening to the barking.

These dogs are all barking inappropriately. In other words this is nuisance barking. Birds, squirrels, leaves, cats, lizards or other dogs and people are not things we need Rover telling us about. Fires, someone breaking in, or unexpected things are what we want to be notified about.

As I said, Rover is not a barker. He'll look towards the sound of other dogs barking but he doesn't join in. The times he did join in we corrected him. We consistently let him know that we didn't need to know if the Yorkies saw someone or even if he saw someone. It was none of his business, but if he wanted to watch he could do so quietly. Now he basical-

ly ignores the cacophony of the "watch dogs". But he will alert us to unusual events.

One night I was having trouble sleeping and got up and went outside in the middle of the night. Rover didn't hear me go out but he did hear me come back in. He gave a couple of warning barks and started growling when he heard the front door open. The door opening in the middle of the night was unusual. He woke Cathy, alerting her to my sneaking back in. Even though he rattled me out he still got lots of praise for raising the alarm.

Dogs will naturally alert you to the things

*(Continued on Page 57)*



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## Natural Watch Dog - (Continued from Page 56)

out of the ordinary. They WILL warn about unusual events, even if they are corrected for barking at the wrong things.

If Rover is a nuisance barker the chances are that over time we'll just tune him out. It's like the boy who cried wolf. When the wolf really comes we won't believe him.

Nuisance barking CAN be corrected but it's important to address the cause(s) and not just the symptom(s). Dogs bark for various reasons such as calling the pack, trying to scare someone or something, because they are afraid, or because they're bored. It's often stressful not only to us and our neighbors, but to the dogs as well. This is especially true with issues of separation anxiety.

Do you have a neighbor whose dog is creating a nuisance with his constant barking? How you approach this might be difficult. You might ask if their dog is ok because it seems to be upset a lot. If it only barks when the owners aren't home they might not even know it's barking. Ask about the dog with concern instead of confrontation and you may have a better chance of getting the owner to understand there's a problem.

Once the inappropriate barking is under control you'll have a natural watchdog. One who alerts you to something out of the ordinary, and one who's warning you can trust. Once we can trust Rover's warning we'll know when we have to really check on things and it won't be because the kids down the street are outside playing. The results?

Happy Dogs = Happy Families and Happy Neighbors.

## Tennis Tips

Submitted by Fernando Velasco

### Watch for Dehydration - Avoid Heat Stress by:

- Schedule practice time in the morning and late afternoons.
- Wear light-colored clothes with breathable material.
- Wear white hat to protect face, skull and neck
- Drink 18-20 oz of fluid two or three hours before your match, then again another 8-10 oz ten to twenty minutes before match.
- During play, drink 8-10 oz every ten to twenty minutes (during changeovers.)
- If you have heat cramps, stretch the muscle, and take rehydration drinks with glucose and electrolytes.
- If you feel light-headed and think you might faint, lower your head or lay down on your back with your feet up. It would be a good idea to stop playing and to sit down in a cool area.
- Take two coolers on the court. One full of ice and water to drink and one with ice only with a towel. Between games, soak your towel in the cooler and refresh your face, neck and wrists.

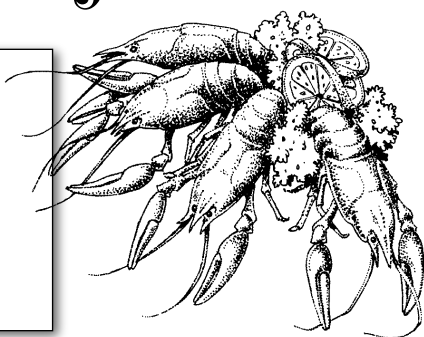
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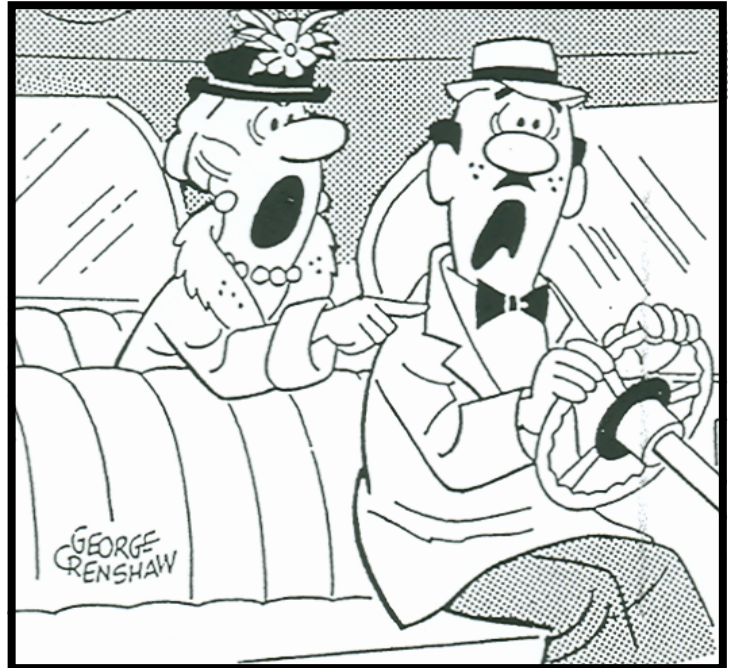
## Sudoku

The challenge is to fill every row across, every column down, and every 3x3 box with the digits 1 through 9. Each 1 through 9 digit must appear only once in each row across, each column down, and each 3x3 box.

	5		7		8		9	
				1				
9		6			3			
			2			8		
3	7				5			
					4		1	
7		2						
8	6		5			2		
			1			4		

\*See solution at [PEELinc.com](http://PEELinc.com)

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## Regaining A Healthy Liver, One Pound At A Time

*Baylor College of Medicine*

HOUSTON – (July 10, 2008) – For those suffering from cirrhosis of the liver resulting from nonalcoholic fatty liver disease, each pound lost is a step towards regaining your health, say doctors at Baylor College of Medicine in Houston.

“Non-alcoholic fatty liver disease is now being seen increasingly in the United States as the obesity epidemic continues,” said Dr. John Vierling, professor of medicine and surgery at BCM and director of Baylor Liver Health.

Cirrhosis is a condition associated with dense scarring and regenerating nodules on the liver. It can result from a number of illnesses, including alcoholic and viral hepatitis, autoimmune and metabolic liver diseases. Nonalcoholic fatty liver disease causes cirrhosis when a large amount of fat accumulates in the liver in the presence of damaging inflammation.

“It’s important for people to understand that cirrhosis can be caused by obesity in adults and children,” said Vierling. “Very often people think it is only associated with over consumption of alcohol or viral hepatitis.”

Reaching a healthy weight is one way to reverse damage to the liver. For many people the thought of having to lose 100 to 200 pounds is daunting, but Vierling said even losing 10 percent of your body weight can help the liver begin to heal.

“Losing a little weight won’t cure the problem, but it starts the

process of healing,” he said. “It’s easy for people to get discouraged when it comes to weight loss, but understanding that every pound lost is helping the liver helps make the process more fulfilling.”

Vierling adds that other health issues are associated with obesity such as diabetes and high lipids. So it’s important to consult a doctor for evaluation and advice.

“The liver is one of the five major organs of the body you can’t live without,” Vierling said. “So doing everything you can, one step or pound at a time, is important to stay healthy.”

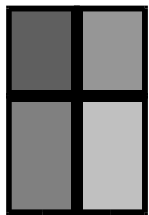
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Sunday, August 31<sup>st</sup>  
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9:45am Worship  
11:30am Birthday Party Lunch

### School Year Sunday Schedule

8:00am Worship  
9:15am Sunday School for all ages  
10:30am Worship

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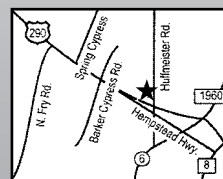
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16810 China Blue .....	\$324,900

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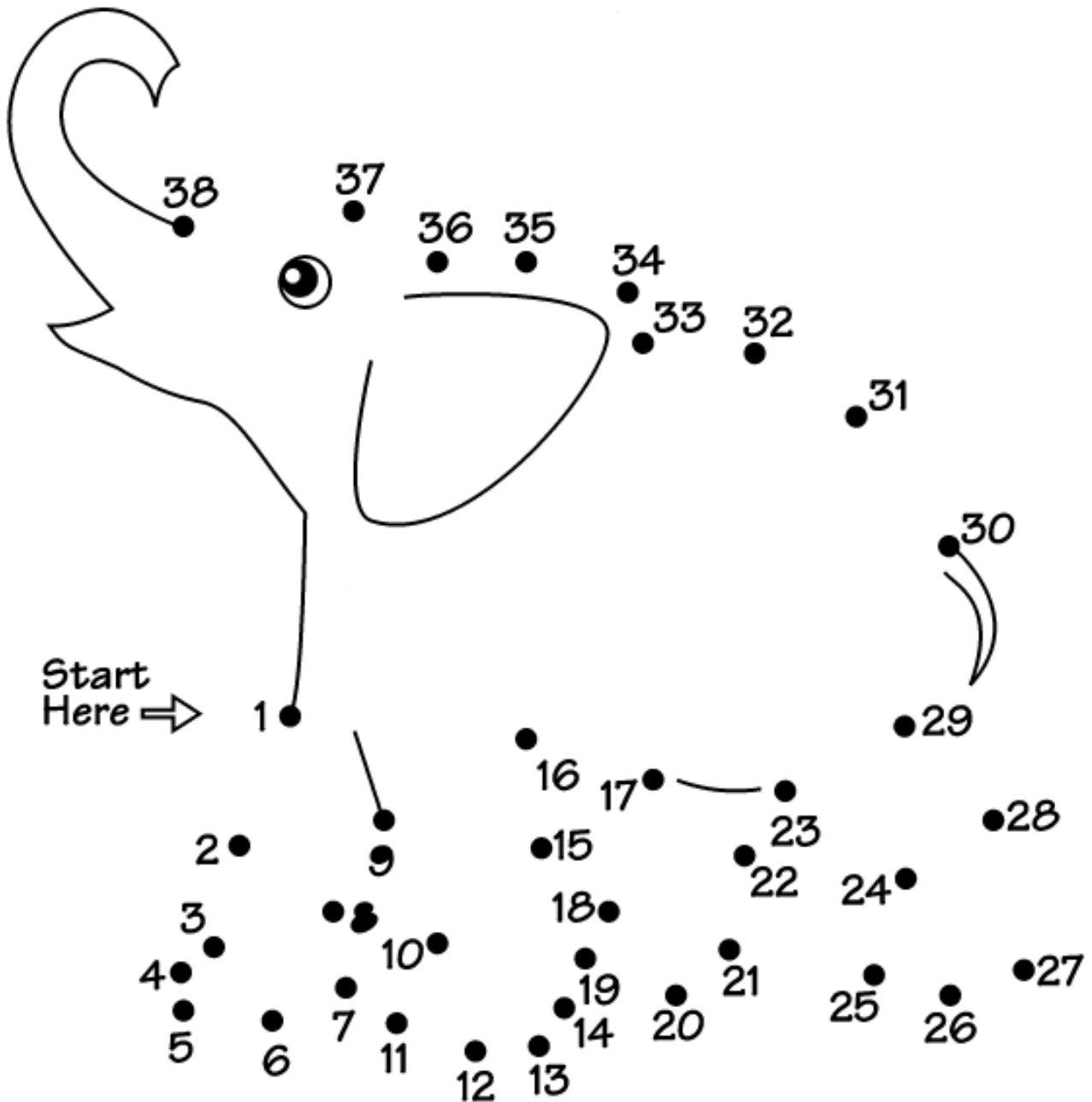




# Fairfield Kids

## Dot-To-Dot

Connect the dots to find the hidden image.



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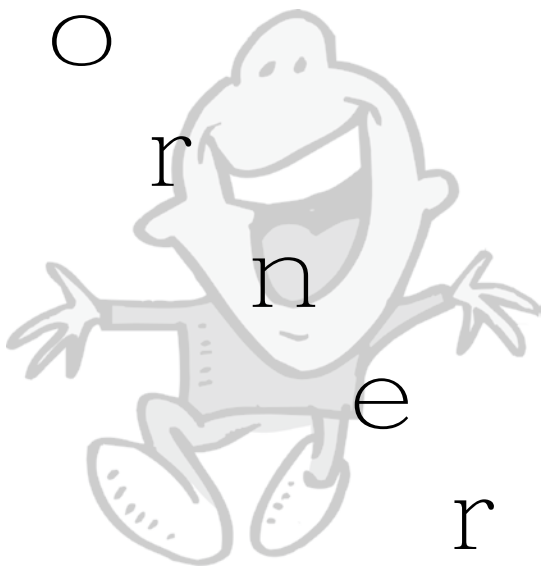
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Words can go vertically, horizontally, and diagonally.

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**K  
i  
d  
z  
W  
o  
r  
d  
S  
e  
e  
k**

Q	C	O	O	K	J	L	M	M	J	F	N
P	X	P	R	M	F	N	Y	E	C	W	R
E	L	N	L	T	X	O	M	I	T	B	C
T	S	C	G	L	B	W	K	K	B	T	A
N	L	O	O	W	C	N	L	O	F	J	R
P	F	M	O	L	H	B	J	O	Y	Z	E
M	L	C	E	H	O	K	V	C	M	H	F
Y	T	A	T	H	C	R	R	X	K	N	U
K	R	W	Y	P	L	Q	Y	H	Y	K	L
V	Y	P	O	C	M	W	H	T	D	D	R

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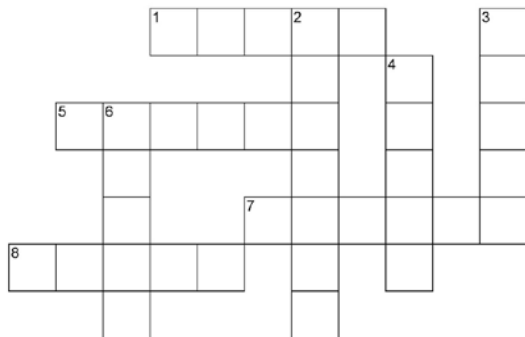
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## Kidz Crossword Puzzle

**Instructions:** Match the correct answer with each clue to complete the puzzle.



### ACROSS

#### Clue

1. To hold
5. Lives alone
7. Run away
8. Tells time

#### Answer Clue

- Escape
2. To make happy
- Clock
3. Not afraid
- Hermit
4. Like the moon
- Grasp
6. Make a mistake

### DOWN

#### Answer

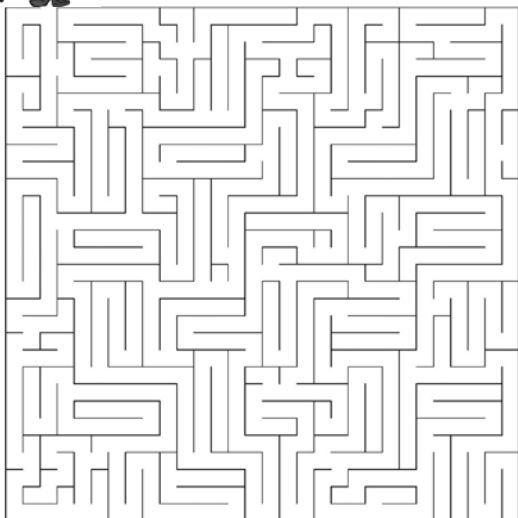
- Lunar
- Error
- Satisfy
- Brave

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## Kidz Maze Mania



Andy has had a hard time catching fish today. Help him through the maze where he will find a hungry school of fish at the end.



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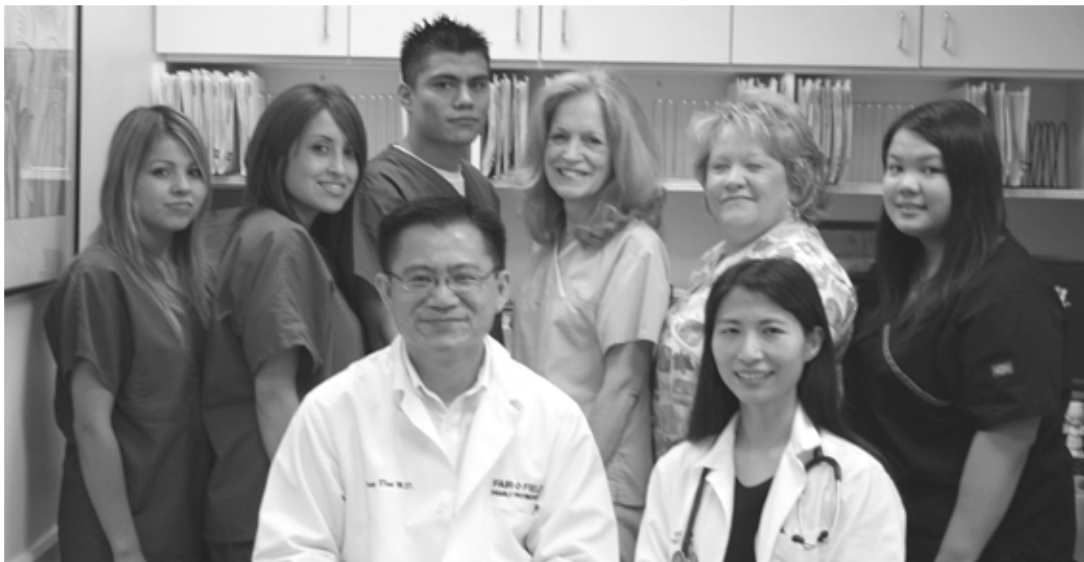
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Be sure to include the following  
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Name: \_\_\_\_\_  
(first name, last initial)

Email Address: \_\_\_\_\_

Age: \_\_\_\_\_

[This information will only be used to notify you  
or your parents if your artwork was selected.]



back  
2  
school

Fairfield



## Personal Classifieds - Limit 30 Words

**CHILDCARE NEEDED:** Looking for a stay-at-home mom to care for my newborn in a loving, learning environment. M-F 6:30a.m. - 4:30 - 5:00p.m. Call Amy 512-825-9664.

**PLEASE HELP:** CFISD teacher working for a low socio-economic school in need of children's books for classroom library preferably first through third grade. If you would like to donate any books regardless of condition please email Diana at [dvilla\\_22@sbcglobal.net](mailto:dvilla_22@sbcglobal.net) I would truly appreciate your help.

**ADULT CAMPERS:** Do you have an RV, kids grown up and gone? Like to socialize? Come join us. For more information, contact us at 281-373-1374 or e-mail [brakeaways@yahoo.com](mailto:brakeaways@yahoo.com). (Nonsmoking group).

**PLAYGROUP PALS NEEDED:** I am looking to start a playgroup for my one year old daughter. If interested, contact Allyson at 218-256-6389 or email me at [allykamp@yahoo.com](mailto:allykamp@yahoo.com).

**DACHSHUND PUPPIES!** Licensed Breeder & Fairfield Resident, Registered, shots/wormed, parents on site, \$300 and up. Call 713-933-5594 or [denise030594@yahoo.com](mailto:denise030594@yahoo.com).

**LAND FOR SALE:** Magnolia, Texas-1.61 acres. Gated Community with three well feed stocked lakes. One lake 12 acres. Other lakes are 10 and 9 acres. Picnic area. Swimming Pool. Volleyball court and horseshoe area. Sixteen miles of riding trails and three horse stall washing area. Lots selling for \$55-\$63K Price for fast sale \$38K Please call 832-623-2419 for additional info.

**DINING ROOM TABLE FOR SALE:** Walnut table with six chairs (four side and two arm chairs), as well as two extensions. Complete set for only \$400. Please email your inquiries to Mike at [gatorblaze@comcast.net](mailto:gatorblaze@comcast.net) or call 832-220-3486 for additional information and/or photos.

**FOR SALE:** Total Gym 9000. Out of box but never used. Attachments still in the box. \$400 or best offer. NordicTrack Comfort Stride Treadmill \$100. Call 832-372-3214.

**FOR SALE:** Murray Go-Cart, 2 person. 6hp, roll cage, runs great! \$450 firm. 281/304-9988

**FOR SALE:** Mini Bike - Harley Davidson replica, 39cc, electric start, new brakes, runs great! \$200 obo. 281/304-9988

**FOR SALE:** Weider Platinum Crossbow Exercise Machine - over 75 club quality exercises with this machine. Barely Used - \$750.00 firm (sells for \$1,000) 281/304-9988.

**FOR SALE:** Delta Band Saw - 10" table top \$50; Tradesman Drill Press - 8" tabletop \$25; Older Sears Radial Arm Saw. Fair condition. \$50.00. Call Phil at 281 758-1234 or 832 545-7639.

**SEWING MACHINE CABINET FOR SALE:** Oak wood, used only 3 times, asking \$50. Call 281-256-8559.

**KING SIZED WATERBED FOR SALE:** Headboard, bench attachment, all accessories included. Call 281-256-8559. Will email pictures.

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**DANCE SHOES:** 1 Pair Bloch Dance Sneakers - Mint Condition Size 10 - \$30.00. 1 Pair Bloch Tap Shoes - great condition, size 9.5 - \$20.00 Call 281-373-3788

**FOR SALE:** Pioneer Stereo Turntable - Like New and in working order. Also replacement cartridge with stylus (retails for 79.00) new in box. \$40.00 Call 281-373-3788.

**FOR SALE:** Cuisinart Convection Toaster Oven, normally retails for \$144 and up. Bought for my dad, used only a few times. Mint condition with Instruction book, asking \$30.00.

Call 281-373-3788.

**FOR SALE:** Four Melissa and Doug Floor Puzzles - USA, Rainforest, Fairy Tale Castle and Animals in Barn. All 4 for \$20.00 or \$6.50 each. Call 281-373-3788.

**HARLEY FOR SALE:** 2005 Black HD FLHTI Electraglide Std. Excellent condition, Lots of chrome, dealership maintained. Asking \$11,000 Call 281-758-0771 or 281-770-9897.

**FOR SALE:** Foosball Table. Very Nice - electric score keeper, drink holders. In excellent condition, like new. 75.00. Chi Flat Iron. In new condition, used maybe 5 times. 75.00 Diana 281-373-4583

**FOR SALE:** GeoTrax motorized train set (approx. 58 pcs)-\$40 (Retail over \$75); various children's books (including "My Firsts...")-\$FREE\$; 5pc motorized CAT Construction Express train with 3' x 5' oval track -\$10 (Retail \$20); Wooden train set (approx. 60 pcs) with

8 wooden train cars and 6 Thomas & Friends cars - \$25 (Retail over \$50); girls wall picture set (1-pink ballet slippers, 1-ballet outfit) white frames - \$20 for both (Retail at LNT \$24.99 ea.) 713-899-1760.

**FOR SALE:** I have a beautiful armoire purchased from Foleys for \$600 less than 5 years ago and in perfect condition for sale. Selling for only \$350.00. Currently being used for TV & AV equipment. It could be a lovely addition to a nursery or bedroom for clothing storage, as well. I also have a 27" (diagonal) flat screen (not flat panel) Panasonic color TV, Model CT-27E13 with remote control for sale. Approximate dimensions are 23"H x 29"W x 17"D. Asking \$125.00. Excellent picture! I added pictures to the Fairfield News Photo page. Please call Denise at 281-682-3902 for more info.

**KIM MOORE**  
Sales Representative

281-414-0218  
Fax 281-373-3807  
kim@PEELinc.com



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**FOR SALE:** Honda Aero VT-1100 Cobra Exhaust Pipes, fits 1998 & 1999. Includes jet kit, heat shields, & mounting bracket. Brand new \$200.00. 281-373-1621

**FOR SALE:** 1982 Honda 900 - Totally original w/ New tires, paint, battery, chain, & spocket, all original - \$2,300.00. 281-373-1621

**FOR SALE:** Antique Oak Washstand -1890 â€“ 1920 - Beautiful, honey oak, beveled serpentine top. Nice sized drawer. Double door cabinet bottom. Can e-mail photo. \$350.00 Firm. 281-373-1621

**FOR SALE:** Antique Oak Hat & Coat Tree Stand - Late 1800s - Honey oak, gorgeous carvings from top to bottom. Approximately 6 ft tall. All 3 legs have carved mountain man faces with wood ball feet. Truly 1 of a kind! \$375.00 / Firm. 281-373-1621

**FOR SALE:** 55' Hd Ready Mitsubishi Projection TV \$300, Junior weight lifting bench + weights \$65. Gameboy Advance SP, no charger, barely used, 55\$, GBA game cartridges 10\$, Fender 15W Bass Amp, excellent condition \$50. 281-373-4460.

**FOR SALE:** White metal frame full size bed for kid, including box frame and mattress, clean, like new. \$75. Queen size mattress, extra firm, clean and good, \$20. Heavy-duty Panasonic plain paper fax machine (KX-FDH301), barely used, \$30. Fairfield delivered. Call 281-373-3630.

**FOR SALE:** 2 Ethan Allen night stands, like new, \$150.00 each Dining Room Set, 6 Ethan Allen chairs brand new and table with 2 leaves, \$800.00 for all. 19" color TV, RCA AC/DC with DVD, \$50.00 Fitness, stationery exercise air bike, \$50.00. If interested please call: 281-256-0224 or 713-591-0226

**MOVING – MUST SELL:** Furniture—coffee table, dining table with chairs, and lots of other pieces. Must sell fast. Paula 281 682 7395 or Bill 832 248 4487. 15319 Redbud Leaf Lane.

**FOR SALE:** Solid wood children's loft bed including bunk beds, mattresses and box spring, desk, dresser, book case, bulletin board, and matching chair. Bottom bunk uses mattress and box spring for extra comfort. Matching 5-drawer dresser separate from loft bed also included. Set appropriate for boys or girls. Great for siblings or sleepovers. \$375.00 OBO. Matching twin sheet sets and comforters suitable for girls can be included if wanted. Call 281-304-8551 or email for pictures to [jsjordan@sbcglobal.net](mailto:jsjordan@sbcglobal.net)

**BEAUTIFUL LARGE & X-LARGE CLOTHES FOR SALE:** Lost weight and have Large & Ex-Large (12 to 14 sizes) ladies clothing for sale. Number of beautiful separates and outfits - will sell separately or all together; many brand new/never been worn. If interested, please call 281-256-0501 or 281-413-7415.

**FOR SALE:** 1995 Chevy Suburban...good shape, great vehicle. Has new: transmission, tires, radiator. \$4,200. Call Jay at (281) 256 – 9699.

**FOR SALE:** Breakfast table with 4 chairs. Good condition. \$125. / 2 sets of computer, both including monitor, keyboard, mouse and computer. Also including kids games, Microsoft word & excel etc. software. \$50 & \$30. / A square end table \$10. Real painting with frame \$10 each. email me for question & pictures at [chu99us@gmail.com](mailto:chu99us@gmail.com).

**FOR SALE:** Twin/Bunk Set Beatiful honey colored wood in excel-

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lent condition. Includes ladder and large bedside table with 3 huge drawers. Purchased from Star Furniture's Stanley Youth Collection. Set is suitable for girl or boy. \$550. 832-274-9866

**FREE MOVING BOXES:** Free moving boxes, wardrobe boxes and packaging paper. Call 281-224-3296.

**FOR SALE:** Eddie Bauer Sport Limited Edition 2000 Ford Explorer: Only 78,000 miles, Clean bill of health from mechanic. Empty nest downsizing. Fully loaded, rear air and headphones, leather, towing package, running boards, luggage rack, 6-cd changer and full surround, moon roof, ...the works basically. Am offering gas card and buyer referral fee with good offer. Asking \$7900 but am ready to negotiate. Make me an offer. Shannon (832) 859-3042 2000ford-explorer@gmail.com.

**DAY BED FOR SALE:** Cherry frame, trundle and 2 mattresses, good condition. call 832-659-3687 can email pics, can deliver locally. \$225.

**OLYMPIC SIZE WEIGHT SET FOR SALE:** Includes Marcy bench w/squat rack, 300 lb. steel weight set w/barbell, curl bar, and weight tree. Excellent condition! \$150 email: amay3883@yahoo.com Please leave contact phone number.

**FOR SALE:** 1995 Chevy Suburban...good shape, great vehicle. Has new: transmission, tires, radiator. \$4,200. Call Jay at (281) 256 - 9699.

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- Jose Cuervo (750 ml.) \$16.99
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- Marlboro Cigarette Pack \$3.99

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16247 Field Haze Trail,  
3/2/2, 1728 SqFt, \$139,900



15602 Wildwood Run,  
4/3.5/2, 3261 SqFt, \$208,000



15707 Twisting Springs Drive,  
4/3.5/3, 3590 SqFt, \$264,900



16306 Rolling View Trail,  
5/3.5/3, 3661 SqFt, \$324,000



15823 Lake Loop Drive,  
5/4.5/3, 3767 SqFt, \$389,900



16211 Morning Pine Trail,  
4/3.5/3, 3704 SqFt, \$311,900



15410 Redbud Berry Way,  
4/2/2, 1972 SqFt, \$145,000

### Dawn Fore's Fairfield Market Report

Neighborhood	4 <sup>th</sup> Quarter Results			Current	
	Sold	\$ per SqFt	DOM	Avail	Pending
Bluebonnet Glen	0	-	-	0	0
Baker's Ridge	0	-	-	6	0
Chappell Ridge	4	\$73.90	68	5	1
Cottage Glen	3	\$81.90	50	4	2
The Estates	0	-	-	3	0
Garden Grove	5	\$76.30	93	5	3
Glen	2	\$62.05	24	1	1
Inwood Glen	5	\$70.85	24	3	2
Inwood Meadows	2	\$66.89	36	7	3
Inwood Park	1	\$69.14	41	10	2
Lakes/Lake Ridge 2	9	\$73.28	103	11	1
Crossing/Landing/Reserve	5	\$72.31	134	10	1
Meadows/Park/Retreat	3	\$67.67	112	8	4
Oaks/Trails	5	\$70.84	52	8	2
Pines	1	\$86.17	76	0	0
Summer Crossing	1	\$72.75	112	3	1
Summer Ridge	3	\$80.61	90	8	1

These numbers for resale homes were obtained from the Houston Multiple Listing Service. While we have no reason to doubt the accuracy of this information, we cannot guarantee it. This is not a solicitation of currently listed properties.

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