

Dear Neighbors,

Welcome to August. I hope that everyone had a great 4th of July celebration. Now we move into the last third of the year. For those of you with school age children don't forget about the tax free holiday August 15th-17th. With gas prices this high, a little savings is a nice thing. I did a quick Internet search and discovered that August is also notable for being national catfish month, national golf month, national inventors month, and national water quality month. So it would be great if one of our neighbors would invent a gizmo that could catch catfish and retrieve balls from the (clean) water hazards. Good luck with that. I also want to address some questions that have been asked about deed restrictions. As a neighborhood association, we cannot implement deed restrictions. However, there are a number of restrictions that come with living in Austin. You can find these at the code enforcement site of the City of Austin. The web address is www.ci.austin.tx.us/sws/code.htm. To report code violations call 311. To end on a positive note, August is also personally notable as the month that my wife and I were married. This will be our 17th year. Seems like just yesterday we were married. One last item that I would like to mention is the LONA email list. To keep in touch or communicate with the neighborhood in general, please join our group hosted by Yahoo. You can find this at groups yahoo. com/group/laurel oaks na. So sign up and join in. Till next month, have a safe and happy August.

Richard Thomas LONA President

Don't want to wait for the mail?
View the current issue of the
Laurel Oaks Newsletter
on the 1st day of each month at
www.PEELinc.com

Calling all Community Members...Let's Get Green!

by Shelly Penner

Would you like to connect with your neighbors to build a better world for all? We are putting our heads together, rolling up our sleeves and creating educational green-spaces and projects that will benefit and inspire the entire community. We cordially invite you to check us out, bring your ideas and get involved on any level.

For our first project, we are applying for a "Keep Austin Beautiful" Neighborhood Beautification Grant to install a butterfly garden at Oak View Park. This garden will not only attract butterflies but will also serve as an educational space, inviting people of all ages to explore and delight in nature. We envision a space where people can gather as a group or individuals can relax, read and reflect.

Some of our other ideas include: establishing a community vegetable garden and/or a school vegetable garden. Perhaps we'll plant a pumpkin patch. We envision meditation gardens, children's gardens, community composting and recycling areas. We've considered a chimney swift tower and a rainwater harvesting system. (Have you seen the size of the roof at the school?) We have even imagined bathroom facilities at the park. Together, anything is possible!

We are forming a leadership team and looking for sponsors and volunteers. We are also teaming up with the Garden Club at Caraway Elementary to support the school and their green projects. Do you have a project or idea that you'd like to see implemented in the community, but don't know where to start? Are you skillful or do you have resources for creative planning and design, landscaping, vegetable gardening/community plots, composting, fence building, benches, decorative garden additions, children's interests, or rainwater harvesting? Or are you just willing to jump in and get your hands and shoes dirty? We welcome you!

For more information, please contact **Shelly Penner** at shellyj. penner@gmail.com, **Ange Eaton** at aeaton@austin.rr.com or **Liz McDonald** at resciamcdonald@sbcglobal.net. Also, follow along if you would like by visiting our Web site: www.teenieweeniegreenies. org or teenie-greenies.livejournal.com, a newly created blog to chronicle the activities related to the Park Project. Stay tuned for future updates in this newsletter!

Laurel Oaks

Newsletter Information

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Publisher

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Austin Newcomers Club June Luncheon



Date: August 20, 2008
Time: 11:00 AM Social; 12:00 Noon
Luncheon
www.austinnewcomers.com

Location: Green Pastures Restaurant 811 W. Live Oak Street, Austin, 78704

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Please support the businesses that advertise in the Laurel Oaks Neighborhood Newsletter. Their advertising dollars make it possible for all Laurel Oaks residents to receive the monthly newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the newsletter by advertising, please contact our sales office at 512-989-8905 or advertising@PEELinc.com. The advertising deadline is the 10th of each month for the following month's newsletter.

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From the Editor

by Melissa Hathcock

Hi neighbors! Yes, the rumors are true. Darin, Mason and I (even Bailey) are back in the hood! Woohoo! We tried the rural Texas Hill County lifestyle for about a year and a half. It didn't take us long to realize that North Austin was not only cooler, hipper and just downright more fun...but we missed our friends too much to stay away any longer. So thank you for allowing us to come back home!

As editor, I wanted to touch briefly on the rules of this newsletter. (And thank you **Richard Thomas** for finding such a great publisher!) The deadline for articles is the 10th of the month for the next month's issue. So for example, for the September issue, please have articles submitted August 10th. You can upload articles at www.peelinc.com/articleSubmit.php. Thank you to everyone who submitted an article this month...it is only going to be as strong as we make it.

Cheers and I hope the rest of the summer is full of good times!

At no time will any source be allowed to use the Laurel Oaks Neighborhood Newsletter contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from the Laurel Oaks Neighborhood Association and Peel, Inc. The information in the newsletter is exclusively for the private use of Laurel Oaks Neighborhood Association residents only.

Hazardous Waste

By Hal Hali

The City of Austin gives instructions on how and where to dispose of all sorts of materials at http://www.ci.austin.tx.us/sws/disposal_a.htm . But when it comes to hazardous waste and other materials excluded from curbside recycling and waste collection, given the price of gas, is the City of Austin's Hazardous Waste Facility at 2514 Business Center Drive (ZIP: 78744) too far to go? Did you go to the hazardous waste recycling event at Anderson High School a few months ago, but were unable to get near the place?

Here's a minor compendium of recycling spots, some closer to home, collected from neighbors and other sources. Due to the submission deadline, none have been verified by the writer, so check before you go (and note business hours).

This list is by no means complete (see the city's link above), so if you have close-by additions to the list, or find errors, please post them to our Yahoo group. If you don't yet belong to the group, sign up at http://groups.yahoo.com/group/laurel_oaks_na/. And remember, the City of Austin pays \$50 for working refrigerators — call (800) 452-8685 for pick-up.

Although it won't include hazardous waste, the expansion of City of Austin's curbside recycling program in October, can't come soon enough for me!

(In the following table, CFL stands for Compact Fluorescent Light.) (Table on page 5)

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Tennis TipsSubmitted by Fernando Velasco

Watch for Dehydration - Avoid Heat Stress by:

- Schedule practice time in the morning and late afternoons.
- Wear light-colored clothes with breathable material.
- Wear white hat to protect face, skull and neck
- Drink 18-20 oz of fluid two or three hours before your match, then again another 8-10 oz ten to twenty minutes before match.
- During play, drink 8-10 oz every ten to twenty minutes (during changeovers.)
- If you have heat cramps, stretch the muscle, and take rehydration drinks with glucose and electrolytes.
- If you feel light-headed and think you might faint, lower your head or lay down on your back with your feet up. It would be a good idea to stop playing and to sit down in a
- Take two coolers on the court. One full of ice and water to drink and one with ice only with a towel. Between games, soak your towel in the cooler and refresh your face, neck and wrists.

Enjoy your tennis games and stay "cool"

Recipe of the Month:



Chicken Apple Salad

Ingredients

- 1 cup cubed chicken
- 2 cups shredded cabbage
- 1/3 cup chopped celery
- Juice of one lemon
- 3/4 cup mayonnaise
- 1 cup cubed apple, do not peel
- 1 cup coarsely chopped pecans

Directions

Combine first 6 ingredients in large mixing bowl. Add just enough mayonnaise to moisten. Cover and chill at least 1 hr. before serving.

Note:

Small can crushed pineapple(drained) can also be added.

If you would like to submit YOUR recipe email it to articles@peelinc.com.

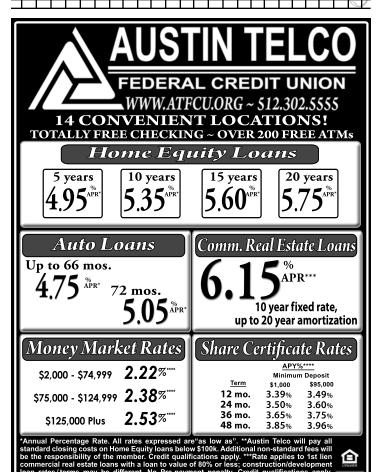




Table - (Continued from Page 3)

	Batteries	Cell Phones	CFL Bulbs	Flowerpots (HDPE #2)	Motor Oil	Plastics (#1–#7)	Ink & Toner Cartridges	Plastic Bags (clean & dry)	Styrofoam	Telephone Books	Televisions
Batteries Plus 7915 Burnet Road, 78757	Yes										
Best Buy (any) Closest: 9607 Research Blvd., Ste. 500, 78759, or 11066 Pecan Park Blvd., 78613	?	?					Yes				
Caraway Elementary 11104 Oak View Drive, 78759							when in session				
Cycled Plastics 10200 McKalla Place, 78758				Yes					Yes		
Ecology Action 707 E. Ninth St., 78701		Yes				Yes	Yes	Yes		Yes	
Goodwill Computer Works 1015 Norwood Park Blvd., 78753											Yes
Grocers (HEB; Randalls)								Yes			

(Table continued on page 7)



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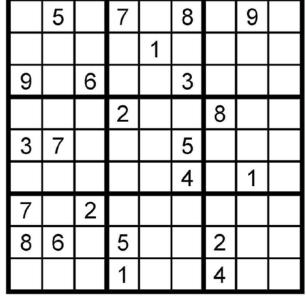
Personal classifieds (one time sell items, such as a used bike...) run at no charge to Laurel Oaks residents, limit 30 words, please e-mail mdayhath@austin.rr.com

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office @ 512-989-8905 or advertising@PEELinc.com.



Sodoku

The challenge is to fill every row across, every column down, and every 3x3 box with the digits 1 through 9. Each 1 through 9 digit must appear only once in each row across, each column down, and each 3x3 box.



*See solution at PEELinc.com

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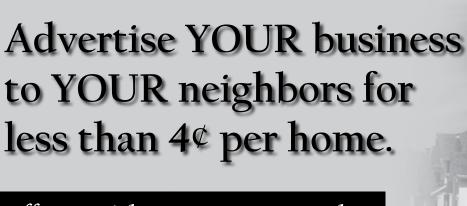
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Table - (Continued from Page 5)

	Batteries	Cell Phones	CFL Bulbs	Flowerpots (HDPE #2)	Motor Oil	Plastics (#1–#7)	Ink & Toner Cartridges	Plastic Bags (clean & dry)	Styrofoam	Telephone Books	Televisions
Home Depot (any) Closest: 10515 N. Mopac, 78758, or 11301 Lakeline Blvd 78717			Yes								
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Lowe's 8000 Shoal Creek, 78757	Yes										
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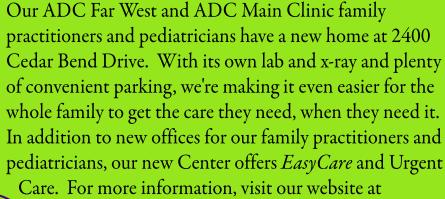


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