

The LONGWOOD Letter

August 2008

Volume 2, Issue 8

News For The Residents of Longwood



NWYTA's Junior Team Tennis League – a \$40 bargain!

Most youth in the Tomball, Cypress and Klein school districts who play on their school tennis team, attain top state and national rankings, and earn college scholarships, started playing matches in our Junior Team Tennis League. The Northwest Youth Tennis Association (NWYTA) encourages even the youngest player to develop tennis skills and good sportsmanship attitudes as a team member in this affordable league. For just \$40.00, kids get six to eight weeks of matches, a T-shirt, a USTA membership or renewal, the season's end award/fun event and winners' trophies.

NWYTA welcomes youth up to 18 years old who already know how to play tennis. We do not teach tennis, but support the work of area tennis professionals by giving the youth a chance to practice what they learn in their lessons. Teams, set by age and ability, play out of their own neighborhood or local clubs against other clubs and neighborhoods. NWYTA can help you build a neighborhood team or place you on a team elsewhere. Winners at our local level could advance to regional, state and national championships.

Registration for the 2008 Fall Season closes August 29th. Play begins in mid-September, ending with playoffs and a fun awards event in November.

If your kids already know the basics of tennis, or if they are more advanced and want to sharpen their skills for school or individual tennis competition, visit www.nwyta.org to see how to register.

Cypress Christian School Athletic Accomplishments

Shanay Briscoe, a junior at Cypress Christian School, competed in the U. S. Olympic Trials in track and field in Eugene, Oregon on June 30. She qualified for the Olympic Trials after clearing 6' 1 1/4" in the Southwest Track and Field Meet in New Mexico recently.

Eighth-grade students Allie Aimone, Lizzie Hilton, and Jacob Hicks received the middle-school Sword and Shield Award for exemplifying excellence in Athletics, Leadership, Determination, Sportsmanship, Christian Character, Academic Achievement, and Integrity.

Seniors Allie Borkovich, Holt Van Pelt, and Michelle Van Rieg received the Valiant Warrior award for exemplifying excellence in Athletics, Leadership, Determination, Sportsmanship, Christian Character, Academic Achievement, and Integrity.

*Don't want to wait
for the mail?*
**View the current issue
of the Longwood
Letter on the 1st day
of the month at
www.PEELinc.com**

LONGWOOD LETTER

IMPORTANT NUMBERS

EMERGENCY NUMBERS

EMERGENCY.....	911
Fire.....	911
Ambulance.....	911
Constable.....	281-376-3472
Sheriff - Non-emergency.....	713-221-6000
- Burglary & Theft.....	713-967-5770
- Auto Theft.....	281-550-0458
- Homicide/Assault.....	713-967-5810
- Child Abuse.....	713-529-4216
- Sexual Assault/Domestic Violence.....	713-967-5743
- Runaway Unit.....	713-755-7427
Poison Control.....	800-764-7661
Traffic Light Issues.....	713-881-3210

SCHOOLS

Cypress Fairbanks ISD Administration.....	281-897-4000
Cypress Fairbanks ISD Transportation.....	281-897-4380
Cypress Fairbanks Senior High.....	281-897-4600
Goodson Middle School.....	281-373-2350
Hamilton Elementary.....	281-370-0990

OTHER NUMBERS

Animal Control.....	281-999-3191
Cypress Fairbanks Medical Center.....	281-890-4285
Harris County Health Department.....	713-439-6260
Post Office Box Assignment – Cypress.....	1-800-275-8777
Street Lights - CenterPoint Energy.....	713-207-2222
- not working (Report Number on Pole)	
Trash Removal.....	281-446-2030

NEWSLETTER PUBLISHER

Peel, Inc.....	1-888-687-6444
Article Submissions.....	longwoodletter@PEELinc.com
Advertising.....	advertising@PEELinc.com , 1-888-687-6444

DISCLAIMER: Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

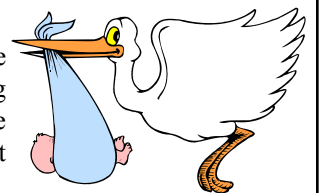
* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

NOT AVAILABLE ONLINE

Stork Report

If you have a new addition to the family please let us know by emailing longwoodletter@peelinc.com and we will include an announcement to let everyone know!



Pediatric Dentist
infants children teens

13611 Skinner Road, Suite 135
Cypress, Texas 77429
(Skinner at Spring Cypress)
www.cypresskidsdentist.com

p 281.758.2790 f 281.758.2791

Lone Star College-CyFair Perspective

Summer Fun in the Gallery and on Stage

The Bosque Gallery presents a photo exhibition titled "IN-SITU: In the Place. - Italy Summer Study Abroad 2008" (Aug. 12 - Aug. 28). There will be a closing reception Aug. 28. Go to CyFair. LoneStar.edu/bosquegallery for hours and information. Don't miss the theatre's children's show "Go, Dog. Go!" Aug. 4 through Aug. 16. Overflowing with action and canine tom foolery, this early reading book has been embraced and loved since 1961! It's a big dog party for all ages to enjoy. For tickets and information call 281-290-5201 or go to CyFair.LoneStar.edu/boxoffice.

Free New Student Orientation and Family Orientations!

Incoming new students and their family members will receive campus tours and learn about academic and student life. Choose among full-day and half day

programs that also include My Records training, advising presentation and class registration, or mini orientation programs that include student panel, student activities information and a question and answer session. Programs are available Aug. 6, Aug. 13, Aug. 14 and Aug. 21. Register at CyFair.LoneStar.edu/orientation.

L.I.F.E. Lessons in August

The Learning, Inspiration, Fellowship and Enrichment (L.I.F.E.) programs are free and held Wednesdays at 10 a.m. in the Lone Star College-CyFair Branch Library (Room 131.) In August, learn the history of, and how to make, ice cream Aug. 6; find out how to make an earth-friendly backyard Aug. 13; restore powers for health and spirit with mindful breathing Aug. 20; and create exquisite and simple clay flowers Aug. 27. Call the library at 281-290-3213 for L.I.F.E. program information or go online to CyFair. LoneStar.edu/library.



Join the Adventure!

Get Connected...with MOPS!

MOPS stands for Mothers of Preschoolers, a program led by mothers themselves and designed for mothers with children ages birth to 5. These mothers all have a shared desire...to be the best mothers they can be! For more information on meetings in Fairfield, please contact Renate Wheeler at renateqw@yahoo.com. They will meet on the second and fourth Fridays during the school year.

CORE HEALTH & FITNESS

24 HOURS

JOIN RUN CLUB

BEGINNER - ADVANCE WELCOME!

GROUP FITNESS

YOGA • STRENGTH • CARDIO

Unlimited Personal Training!

Sign up for our newest program, **General Fitness**. Train up to five days a week in a small group with a personal trainer for only \$250 a month! There are multiple time slots throughout the day that are sure to fit your hectic schedule.

Join *Fitness Boot Camp* For The Challenge
You Are Looking For!

Fitness
BOOT CAMP

6am • 9am • 7pm

Call or Stop By Today!

12754 Grant Rd.
Cypress, TX 77429

(In the Lakewood Towne Square Shopping Center)

Office: 281.257.5505
Owner Direct: 832.257.0725
www.corehouston.net



Formerly
Carpet Masters of Texas

Flaherty's FlooringAmerica

New Name. Same Owner. Same Promise.

**NO INTEREST
'TIL 2011****

13422 Grant Rd.
281.370.8022

10700 Kuykendahl Rd.
281.363.1962

Our 60-Day
Replacement Warranty for
TOTAL PEACE OF MIND



Be Bold! Be Daring! And, if you are not completely satisfied, you can change your Confidence Plus™ flooring for another color or style from the same manufacturer within 60 days after installation. We'll even pay the cost of materials and labor for you. Just look for this symbol on 5-star rated carpets & floors.

www.flahertysflooring.com



Featuring The Best Stain Warranty In The Industry

DOWN'S CARPET RESISTS:



\$200.00 Off

Flooring Purchase of \$2,000 or more.
Must present coupon at time of purchase. Code: CP

Call today for your FREE pre-measure!

Prior orders exempt. See store for complete details on all offers and warranties. Offer expires 8/23/08.
*Discount applies to materials only. Cushion, labor, and installation are excluded. Sale items and Fabulous Values are excluded. **Financing subject to credit approval. See store for complete details.



WILDCATS RIGHT AFTER PROM

General Meetings are held the second Tuesday of the month at 7pm in the Cy-Woods commons on the following dates:

Make plans to attend these meetings and earn 5000 WRAP Bucks! (to find out what WRAP Bucks are - visit the WRAP website.)

MEETING DATES:

Aug 12, 2008	Jan 13, 2009
Sept 9, 2008	Feb 10, 2009
Oct 14, 2008	Mar 10, 2009
Nov 11, 2008	Apr 14, 2009
Dec 9, 2008	May 12, 2009

**PAVE A PATH TO
WOODS PROGRAM**

Help a CyWoods Senior leave a lasting memory of their time at CyWoods with a walk/wall of bricks by sponsoring them. Order forms for \$100 sponsorships are available on the WRAP website. What a great gift this would be!



(sample only)

For more information:
Visit
WWW.CYWOODSWRAP.ORG

WRAP
P.O. BOX 800 CYPRESS
TEXAS 77410-0800

WHAT IS WRAP?

WRAP is Cy-Woods High School's parent-driven Project Prom organization. The purpose of WRAP is to provide a drug- and alcohol-free all-night party for the graduating seniors and their guests after their prom. Held at the CFISD Berry Center on May 22, 2009, from 11:00 p.m. to 6:00 a.m., it is a fun-filled evening of shows, games, activities, food, gifts and prizes!

WRAP can only be a success if there is participation of parents, businesses, and corporations. WRAP is totally dependent on donations to raise the funds necessary to host an event of this size

Other WRAP Fundraising Projects:

- Senior Faces
- Recyclables
- Scrips
- Wildcat Sports Fan
- Senior Parent t-shirts
- Jeans & Jewels
- Mr. Wildcat (spring 2009)

WRAP's Busy Parent Fundraiser the easiest fundraiser of the year!

It only requires the time it takes to write a check.

Questions: email cywoodswrap@hotmail.com

August Landscaping

Submitted by Ron Kerwin

August is a great month to stay inside and make your plans for this fall's plantings. Browse the catalogs for ideas and bulbs to order now to plant in November and December for next spring's display. If you are going to work in the lawn or garden, plan it around the early morning or evening in the cooler hours. Drink plenty of water to keep from dehydrating.

The July heat may have already taken its toll on your annuals. If they are beyond help, pull them out and replace them with more heat tolerant varieties. If they are okay but overgrown, you can trim back your annuals and perennials by 1/3 to 1/2 to get better flowering in the fall. You can also trim off the dead or damaged canes and the errant chutes from your roses to enhance the fall blooms. Fertilize your roses right after you prune, as this application is very important. Do NOT trim flowering shrubs, like Indian Hawthorns, after July or you will probably trim off the buds (look like berries) that would provide the flowers next year. Rework your beds to prepare them for fall plantings of flowers or vegetables. Bury in the compost materials and add the mulch



on top. They will be ready for planting when it is time. You can fertilize your lawns this month with a 3-1-2 ratio 50% slow release nitrogen fertilizer. This is a good fertilizer for your shrubs and flowerbeds too.

The heat stresses all our lawns, shrubs etc. We will probably not get much rain so we will have to water with irrigation systems or drag around sprinklers to keep everything from burning up. 1 inch of water per week should be enough. Do not water in mid-day, as most of it will simply evaporate prior to getting into the ground. Irrigate in the early morning if possible.

Water deeply, not frequently. Watering in the evening can lead to plant diseases. Maintain the water in the soil of your beds more effectively by having a good thick layer of mulch. Most every month I comment on the benefits of thick mulch but it is a topic worth repeating, as its benefits are many.

If your property is in need of new sod, it can be put in now with no problems as long as you water it properly. With new sod, you do not have to suffer with mud in the fall and winter.

Advanced Air Design

Sales / Service / Replacement

We service all makes and models.

Financing WAC

All major credit cards accepted.

Office: 281-351-8041

Fax: 281-351-1570

19106 Cypress Rosehill Rd.
Tomball, TX 77377

TACLB9111E

customerservice@advancedairdesign.com



A/C Check-up

\$59.95

Residential - per system

24 Hour Service - 7 Days A Week

LONGWOOD LETTER

Natural Watch Dog

Submitted by Luis Escobar

I spoke with a man yesterday who has a "great watchdog". His dog lets him know when his neighbor is outside, when the kids down the street come home from school or are outside playing, when there is a squirrel on the lawn, when the mail arrives, when the neighbors get a UPS delivery, when a bird lands, a cat is out, when someone walks their dog, and on and on. WOW was I impressed. I couldn't help wondering how many times this guy was getting up to check on these alerts from his dog. I'm guessing a lot as he knew exactly what his dog was barking at. I got tired just thinking about having to check on all that activity.

I almost asked him how he would know if there was something that really needed his attention. To my thinking this wasn't a watch dog, but a nuisance barker. Can dogs learn the difference? Thankfully the answer is YES! Rover can learn to distinguish the difference, as long as we know the difference.

Rover is not a barker. I wish I could say that about the other dogs in our neighborhood. There are two yorkies behind us who go ballistic when anyone walks by. There is Rover's friend Emma the mixed up mutt next door who tries to tell the yorkies to shut up. There's Charlie the lab down the street who barks at every dog that walks by his house. You can follow us around the block, just by listening to the barking.

These dogs are all barking inappropriately. In other words this is nuisance barking. Birds, squirrels, leaves, cats, lizards or other dogs and people are not things we need Rover telling us about. Fires, someone breaking in, or unexpected things are what we want to be notified about.

As I said, Rover is not a barker. He'll look towards the sound of other dogs barking but he doesn't join in. The times he did join in we corrected him. We consistently let him know that we didn't need to know if the Yorkies saw someone or even if he saw someone. It was none of his business, but if he wanted to watch he could do so quietly. Now he basically ignores the cacophony of the "watch dogs". But he will alert us to unusual events.

One night I was having trouble sleeping and got up and went outside in the middle of the night. Rover didn't hear me go out but he did hear me come back in. He gave a couple of warning barks and started growling when he heard the front door open. The door opening in the



(Continued on Page 7)



SparkPowerBank
www.sparkpowerbank.com

By Spark Energy

**SIGN-UP ONLINE
TODAY!**

We Challenge What You Pay For Electricity!

If SparkPowerBank isn't your current electricity provider...chances are you're paying too much!



I'm Texas Energy Analyst Alan Lammey. Maybe you've heard me on the radio talking about the market forces that drive energy prices. I'm here to tell you that you're not stuck paying those high prices to big electric companies anymore! **Stop it.**

Why pay more than you have to? Those days are over!

Why would you want to go with an electric provider that charges you more, when you can go to www.sparkpowerbank.com and pay far less for the same electricity?

Make sense?

Please choose "Newsletter Ad" as your referral on the SparkPowerBank.com website.

Natural Watch Dog- (Continued from page 6)

middle of the night was unusual. He woke Cathy, alerting her to my sneaking back in. Even though he ratted me out he still got lots of praise for raising the alarm.

Dogs will naturally alert you to the things out of the ordinary. They WILL warn about unusual events, even if they are corrected for barking at the wrong things.

If Rover is a nuisance barker the chances are that over time we'll just tune him out. It's like the boy who cried wolf. When the wolf really comes we won't believe him.

Nuisance barking CAN be corrected but it's important to address the cause(s) and not just the symptom(s). Dogs bark for various reasons such as calling the pack, trying to scare someone or something, because they are afraid, or because they're bored. It's often stressful not only to us and our neighbors, but to the dogs as well. This is especially true with issues of separation anxiety.

Do you have a neighbor whose dog is creating a nuisance with his constant barking? How you approach this might be difficult. You might ask if their dog is ok because it seems to be upset a lot. If it only barks when the owners aren't home they might not even know it's barking. Ask about the dog with concern instead of confrontation and you may have a better chance of getting the owner to understand there's a problem.

Once the inappropriate barking is under control you'll have a natural watchdog. One who alerts you to something out of the ordinary, and one who's warning you can trust. Once we can trust Rover's warning we'll know when we have to really check on things and it won't be because the kids down the street are outside playing. The results?

Happy Dogs = Happy Families and Happy Neighbors.



Angels' Attic
Resale Shop

benefiting
Cypress Assistance Ministries

281-955-7683

Monday-Wednesday 10-6
Thursday-Saturday 10-3

- Clothing
- Furniture
- Toys
- New Jewelry
- Housewares



11202 Huffmeister

Donations Welcome
Tax Receipts Given

*Fall Classes
beginning soon
Come be a part
of our
dance family*

Happy Dancers



PHOTO BY MARYANNE KEELING

**Motivating young minds to be
the best they can be.**

Classical Ballet
Tap Jazz Hip Hop
Drill Team Preparation

Ages 3yrs - Adult
Beginner-Advanced

A family tradition
in dance education
for over 30 years.



joeschapiro
school of dance
<http://missjoe.tripod.com>

studio
12614 Grant Rd.
(Grant & Kluge)
281-257-6677

TUCKER PLUMBING LLC

281-469-5354

Specializing in Residential & Commercial
Repair/Remodel

Master Plumber on Call 24/7

*Your Honest, Experienced, Professional
Plumbing Company*



LONGWOOD LETTER

The Green Corner

Submitted by Sheri Hicks

Green Up Your Everyday Cleaning

When I began going green, I started with the chemicals under my sink. I had already deduced by the chemical components, the ingredient list and the disposal warnings - they couldn't be good for the planet. What I didn't know is that despite heavy marketing claims that these products were not only safe but necessary to keep my home beautiful and healthy, they were actually causing far more harm than good.

I was shocked to find, during my research, that the EPA estimates indoor air pollution is up to five times greater than outdoor air pollution in part due to common household cleaners, aerosols, air fresheners, disinfectants, and even dry-cleaned clothing (solvent emissions). Recent studies also show a link between common household cleaners and asthma, the number one childhood chronic illness. The reason for this is that the chemical compounds in these products, when used and even while stored, emit harmful gasses that can cause eye, nose and throat irritation and respiratory issues. They are also linked to headaches, loss of coordination, nausea and liver, kidney and central nervous system damage. In some cases, they have been known to cause cancer in laboratory animals and humans and are suspected in links to neurological issues including ADHD and Parkinson's disease.

You don't have to compromise between the health and safety of your family and a clean environment. Below are my top five green cleaning solutions. Not only are they non-toxic and as effective as commercial cleaners but all of them are significantly less expensive than their commercial counterpart, something I appreciate in the midst of today's rapidly rising gas and grocery prices.

1. Baking soda is a very low cost yet extremely versatile foundation to green cleaning. Among other things, it can be used as a deodorizer, a stain remover, and a mild abrasive that can be used on porcelain bath and sink fixtures and stovetops. I once removed permanent marker from my coffee table by scrubbing with baking soda and a damp cloth.
2. Vinegar acts as a mild disinfectant and often boosts the power of baking soda. Nothing, not even Mr. Clean's Magic Eraser, can compete with the combined power of vinegar and baking soda on baked on food. Use to clean toilets, floors, windows and stove tops. Sprinkle baking soda into a slow drain and follow with vinegar, the reaction will help loosen clogs and open drains.
3. Pure Essential Oils are good substitutes for synthetic fragrances. Sprinkle your favorite essential oil (my favorites are lavender, peppermint and lemon) in a bowl of water to sit on the counter,

(Continued on Page 9)

The Foot Wellness Center



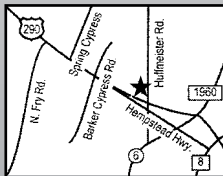
Named one of
HOUSTON'S TOP DOCTORS
by H Texas Magazine

- Bunions • Hammertoes • Heel Pain
- Ingrown Nails • Corns, Calluses
- Injuries • Sport Injuries • Children
- Diabetic Foot Care • Orthotics
- Fractures of the Foot & Ankle

Have No Insurance?

We Will Work With You!

- 3D State-of-the art Walking Analysis
- Certified in Endoscopic Heel Surgery, Ossatron Non-Invasive Heel Spur Surgery, & Laser Surgery For Warts
- Alternative Medicine



North Cypress Medical Center
21216 N.W. Frwy., Ste. 240
281-955-5500



Dr. Judith E. Rubin,
Podiatrist/Foot Specialist

- * Diplomate, American Board of Podiatric Surgery
- * Board Certified in Foot & Ankle Surgery
- * Fellow American College of Foot & Ankle Surgery
- * Certified Wellness Educator

www.DrRubinFootWellness.com
Serving the Houston Area 24 Years

Tutoring Club

A Class Above. Guaranteed.™

Tutoring for students of all academic levels, K-12

GUARANTEED to improve academic performance in **LESS TIME** and at a **LOWER COST** than any other program.

Special Individualized programs for



Math
Reading
Writing
Study Skills
All School Coursework



Make sure your student is prepared!

Ask about our Tutoring Club guarantee!

- Proven Success in School
- Increased Confidence and Self-esteem
- Help Throughout the School Years
- Free Conferencing to Discuss Performance
- No Long-term Contracts
- Guaranteed to Succeed

281-373-9200

www.tutoringclub.com

24140 Highway 290 @ Barker Cypress
in front of Randalls

LONGWOOD LETTER

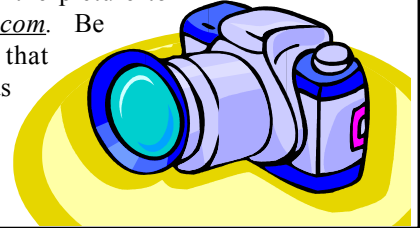
The Green Corner - (Continued from Page 8)

- sprinkle in closets, vacuum bags or vehicle carpets for a safe air freshener. Be careful, essential oils are toxic to cats if applied directly to their fur.
4. Grain alcohol with high alcohol content is an effective disinfectant or even window cleaner to replace the harsher ammonia-based window cleaners or petroleum-based disinfectants. It can also be used in the occasional after cleaning cocktail! As with all alcohol products, keep out of reach of children.
 5. Lemon juice is a natural stain remover and laundry brightener; a safe alternative to bleach. I recently removed a black grease stain from a pair of white pants with the power of pure lemon juice. It can also be mixed with vinegar to make a powerful disinfectant that can be used in the kitchen, in the bathroom, on floors and anywhere else germs may be lurking.

If you shy away from making your own cleaning products, there are now many safe non-toxic alternatives available on market shelves. My favorite for non-toxic dish soap (both liquid and automatic dishwasher soap), laundry soaps and softeners are made by Seventh Generation but there are other good products such as Mrs. Meyers and Planet. For an even bigger boost to the environment, use cloth rags that can be washed with the laundry instead of disposable products such as wipes or paper towels.

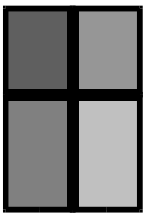
Send Us Your Event Pictures!!

Do you have a picture of an event that you would like to run in the Longwood Letter? Send it to us and we will publish it in the next issue. Email the picture to longwoodletter@peelinc.com. Be sure to include the text that you would like to have as the caption. Pictures will appear in color online at www.PEELinc.com.



Stork Report in Longwood

Submit your information on
the arrival of your little one to
articles@peelinc.com.



SAINT AIDAN'S
EPISCOPAL CHURCH
...where people come together...

August Sunday Schedule

9:00am Breakfast
9:45am Worship with Children's Chapel

Saint Aidan's 6th Birthday

Sunday, August 31st
9:00am Breakfast
9:45am Worship
11:30am Birthday Party Lunch

School Year Sunday Schedule

8:00am Worship
9:15am Sunday School for all ages
10:30am Worship

13131 Fry Road ~ Cypress, TX 77433

Check us out on the web at
www.staidanhouston.org

Our Priest, the Rev. Justin A. Lindstrom,
looks forward to meeting you!



281-373-4640

TESSA & ZOEY



PETS OF THE MONTH

10% off
Services
When you
Present this
Coupon



Expires 9/30/08

*Luxury Suites, Grooming
Training, Doggie Daycare*

www.tailsoftexaspetresort.com

17720 Huffmeister Road
Between Skinner and Cypress Rosehill

LONGWOOD LETTER

Literacy Workshop to Take Place at Fairbanks Branch Library

Submitted by Steve Zach

Fairbanks Branch Library seeks volunteers to help adults learn to read and write. The library will host a two-part training workshop for tutors on August 18 and 25 from 6:30 to 8:45 p.m.

The training workshop is free and there are no requirements to volunteer, other than a love of reading and two or three hours per week to help someone learn this important skill. After the training session, participants can volunteer as a tutor at any Harris County Public Library branch.

Tutors help adults gain the basic reading and writing skills necessary every day to meet such goals as advancing at work, reading to their children, and reading for personal interest. The library also provides computer and video-based programs to help adults learn basic phonics skills.

Fairbanks Branch Library is located at 7122 N. Gessner, at the intersection with West Little York. Tutoring can take place at any branch library.

For more information, to register for this workshop, or if you know of an adult who would like to improve his or her reading, please call the library at 713-466-4438.

Calling all Mothers of Texas A&M Students!

The **Northwest Harris County Aggie Moms Club** cordially invites you to attend our Annual **Howdy Party** on **Tuesday, August 12** at 7:00 p.m. There is no charge to attend and no reservations are needed.

Come "whoop" it up with us at the Houston Distributing Company conveniently located near Willowbrook Mall at the corner of 7100 High Life Drive and Cutten Road, just south of FM 1960. Catch the "Spirit of Aggieland" as former Fightin' Texas Aggie Yell Leaders teach us the yells, the war hymn, and share about the traditions that make Texas A&M so great!

The purpose of the Aggie Mom's Club is to support our students, many of the university's clubs and organizations, and each other as our students go through this important stage in their lives. Come be a part of this friendly group of women. We look forward to your joining us!

If you have questions or need more information, call Shelly Fine at 832-606-8170



To celebrate the opening of our Vintage Park location,
we are having a SUMMER SALE!!!

All Mohawk Products are 5% off, with no interest
or payments for 12 Months!!!



Summer Sale

25813 Highway 290

(281) 256-3333

134 Vintage Park Blvd, Ste. D

(281) 370-8200

Cypress Cares

Founded by a former US Army Reserves officer in Cole's Crossing, Cypress Cares is a group of community volunteers, dedicated to providing community support for the troops who protect our freedoms, through care packages and letters of encouragement from those of us who are proud to be Americans.

The group relies 100% on volunteers, donated items and financial contributions. All financial contributions are used for postage and related expenses. All packages are shipped in U.S. Post Office Flat Rate Priority Boxes especially designed for APO/FPO recipients. A donation of \$10 will help pay to ship one box.

It is our duty as citizens of this free country to show our appreciation not only to our veterans, but also to those troops who are currently serving to preserve and protect the freedom we hold so dear. As we have learned since the founding of our country on July 4, 1776, Freedom Isn't Free!

Most everyone knows of someone who is currently or has been deployed to the desert in the years since 9-11 occurred. No matter your opinion about our political leadership or the war effort itself, our troops need and deserve your support and encouragement. Please consider helping us to show our troops that we support their sacrifices.

Cypress Cares is NOT a 501(c)(3) organization and therefore can not offer anyone a receipt for tax deduction purposes. We simply ask for groups, individuals and businesses to donate from their hearts.

We will strive to find ways to involve our community and to spread the word about our efforts. Any suggestions about how we can better serve our troops, please feel free to contact us. We may be reached at cypress_cares@yahoo.com.

Please visit our website at www.cypress-cares.org for more information.

Carol L Brown

Certified Public Accountant



*Professional Accounting and Tax Services
For Small Businesses and Individuals*

713-899-1760

15201 Mason Road, Suite 1000, PMB 107

Cypress TX, 77433

Carolbrowncpa@sbcglobal.net

UGLY CONCRETE?

Epoxy Floors ♦ Stained Concrete ♦ Pool Decks



We Clean and Seal:

Concrete • Flagstone

Kooldeck • Natural Stone

Brick Pavers • Exposed Aggregate



Before

Taking Concrete To The Next Level

After

Decorative Overlays ♦ Driveways / Walkways

G&G Concrete Coatings, LLC

281-330-3356 • www.ggcoatings.com

Recipe of the Month:



Chicken Apple Salad

Ingredients

- 1 cup cubed chicken
- 2 cups shredded cabbage
- 1/3 cup chopped celery
- Juice of one lemon
- 3/4 cup mayonnaise
- 1 cup cubed apple, do not peel
- 1 cup coarsely chopped pecans

Directions

Combine first 6 ingredients in large mixing bowl.

Add just enough mayonnaise to moisten. Cover and chill at least 1 hr. before serving.

Note:

Small can crushed pineapple(draind) can also be added.

*If you would like to submit YOUR recipe
email it to articles@peelinc.com.*

Peel, Inc.

Printing & Publishing

Publishing community newsletters since 1991

Support This Neighborhood Newsletter.

Kim Moore

Sales Representative

281-373-3807

kim@PEELinc.com



*Advertise your business
to your neighbors.*

1-888-687-6444

www.PEELinc.com

Music Art Drama

FAIRFIELD * CYPRESS * COPPERFIELD

See website for listing of classes by location

Kindermusik®
Classes For
BIRTH - 7 YEARS



... KINDERMUSIK ...

**SMILES & SATISFACTION
GUARANTEED,
OR YOUR MONEY BACK***

*See website for details

- Sing
- Dance
- Learn
- Fun
- New Friends
- Instrument Play
- Imagination
- Sign Language

**ART
CLASSES**



Build self-confidence,
strong speaking and acting skills,
through the fun and creativity of drama.

Drama Kids

WE SET THE STAGE FOR SUCCESS!

CLASSES FOR AGES

4-5 * 6-8 * 9-11 * 12-17

**CLASSES START SOON...
SIGN UP TODAY AT
CYFAIRMUSICANDARTS.COM**

**Piano Guitar
Violin Voice**



WHY CHOOSE US?

1. University Trained Teachers.
2. We teach piano the way you want to learn - Private or Group Lessons.
3. Computer-aided Music Theory Lab with all private piano lessons.
4. Regular Performance Opportunities.
5. Texas Theory Exam, Music Festivals, Competitions, Music Camps offered.
6. Our Kindermusik Program is in the top 5% worldwide.
7. All Ages—Beginners to Advanced. We have music for babies thru adults.

**BRAND NEW TO
MUSIC LESSONS?**

Call our 24 hour recorded info-line:
281-855-8423

**281-855-8855 Register Online At:
www.CyFairMusicAndArts.com**

Attention All Swimmers! Swim Year-round with the Texas Terrapins

2008 – 2009 Season Registration

August 11 – 15 Swim Clinic brush up on strokes and try us out

August 20 & 21 New swimmer registration
5:00 – 7:30 Lakeside Trails Clubhouse

August 26 Returning swimmer registration
5:00 – 7:30 Lakeside Trails Clubhouse

Please check website for timely updates to registration time and place. All registration forms are available on-line.

Texas Terrapins Swim Team is Northwest Houston's new year-round competitive USA swim team offering instruction and competition to swimmers of all ages and abilities.

Texas Terrapins Swim Team practices week-days at the Fairfield Athletic Club's outdoor heated pool, located near Highway 290 and Mason Road in Cypress, Texas. This season we will also be looking into local indoor pools for practice sessions.

Texas Terrapins Swim Team offers several program options for swim team participation, along with a growing "Learn to Swim" Program.

Texas Terrapins Swim Team -- just our team name indicates that we're different! We have a team mascot -- the terrapin (think turtle) and our team colors are royal blue and neon green. And although we're serious about our swimming, we keep in mind that it's still about having fun! We offer flexible practice schedules for busy families and an ability to take time off during the year to participate in other activities/sports. We recognize a child's accomplishments both IN and out of the water. And we support an individual's goal, while encouraging overall team achievement.

So take a moment to visit our new website, filled with information on this exciting new team!

www.texasterrapins.com

For more information contact:

TELEPHONE NUMBER: (713) 291-6830

EMAIL: HCTTST@hotmail.com

**Register Now!
CLASSES THIS FALL**

It's not to late to register for fall...
flexible class options include weekend,
evening and distance learning.

Weekday classes start Aug. 25.

**Evening/weekend classes
start Sept. 5 – 7.**

CYFAIR
FAIRBANKS CENTER



IT'S YOUR MONEY Give Your Finances a Clean Sweep

by Rich Keith

(NAPS)—Anytime of year can be the right time to get your home office organized—and while you're at it, your finances too. Here are some tips:

- **Take out the garbage.** Start with your desk top—not the one on your computer, the real one. If your desk is covered in paperwork, weed out what's important and store key documents in a central place. This could be a good time to dust off your credit report as well. If you are the victim of identity theft, one of the first places it can show up is on your credit report. Even though new legislation entitles you to one free report each year, it's estimated that only 10 percent of consumers are taking advantage of it. According to Money Magazine, 33 percent of those who did get a report found errors. To request a copy, visit annual.creditreport.com or contact one of the major credit bureaus: Equifax, Experian or TransUnion.
- **Make everything within reach.** When organizing your office, it's important to keep frequently used items close at hand. The same applies to your financial goals. Set goals you can reach. For example, start your retirement fund by putting a set amount every month into an Individual Retirement Account (IRA).
- **Have a backup plan for files and finances.** If you have important documents stored on your computer, back them up onto CDs once a month and store them in a fireproof safe. When it comes to financial backup, create an emergency fund of at least three months salary. Also, update your life insurance policy. Newsweek recently stated that for a married couple with two children, it is advisable to have life insurance protection that equals eight times your annual income. And while you're at it make sure your will is current.
- **Shred it and forget it.** If you don't have a paper shredder, get one. Shred old quarterly statements on investments once you have the annual statements. Also, shredding anything you don't need that contains your Social Security number or birth date can be your first line of defense against identity theft. One easy way to eliminate clutter in your home office may be to sign up for online banking and cut down on the need for paper statements.
- **Make it automatic.** One easy way to eliminate clutter may be to sign up for online banking and cut down on the need for paper statements. Plus, you can set up monthly withdrawals from your checking account that are deposited into an IRA—starting with as little as \$25 a month.

NOW OPEN Emergency Room Open 24 Hours

Ready or not... we are.

Texas Emergency Care Center is open **24 hours a day.**

We're committed to delivering comprehensive medical services in a comfortable environment with little to no wait time – day or night.

You'll experience:

- A full-service facility equipped with a complete laboratory, radiology, CT scanning and cardiac monitoring.
- Prompt, friendly and caring service.
- Quality face time with a physician who is both emergency residency-trained and Board Certified in Emergency Medicine.

After all, emergencies just can't wait.

281-304-9113

All private insurance accepted.

Spring Cypress at Skinner Road
17255 Spring Cypress Road, Suite A

www.txercare.com

Accredited by the Joint Commission on Accreditation of Healthcare Organizations for our commitment to excellence.



T E X A S
EMERGENCY CARE
C E N T E R A T C Y P R E S S

LONGWOOD LETTER

Sudoku

The challenge is to fill every row across, every column down, and every 3x3 box with the digits 1 through 9. Each 1 through 9 digit must appear only once in each row across, each column down, and each 3x3 box.

	5		7		8		9	
				1				
9		6			3			
			2			8		
3	7				5			
				4			1	
7		2						
8	6		5			2		
			1			4		

*See solution at PEELinc.com

© 2006, Feature Exchange

Pearl Fincher Museum Day Trip to MFAH

The Pearl Fincher Museum of Fine Arts is offering northwest residents a bus excursion to the Museum of Fine Arts, Houston on Friday, September 26, 2008. The MFAH will be exhibiting "In the Forest of Fontainebleau: Painters and Photographers from Corot to Monet." as well as several other interesting exhibits.

The bus leaves the parking lot behind the Cypress Creek Christian Church/Barbara Bush Library at 6815 Cypresswood Drive promptly at 9 AM. Bus riders must be age 50 or older.

A minimum non-refundable donation of \$5 to the Pearl Fincher MFA will reserve your seat on the bus. Make your bus reservation by contacting Judi Redilla at jredilla@sbcglobal.net (281-469-3434) or Ethel Petropoulos (281-528-8846).

Advertising Information

Please support the businesses that advertise in the Longwood Letter. If you would like to support the newsletter by advertising, please contact our sales office at 512-989-8905 or advertising@PEELinc.com. The advertising deadline is the 10th of each month for the following issue.

Bashans Painting & Home Repair

Commercial/Residential
Free Estimates

281-347-6702



281-731-3383 cell



- Interior & Exterior
- 20 Years Experience
- Hardiplank Installation
- Wood Replacement
- Pressure Washing
- Sheetrock Repair & Texturing
- Cabinet Painting
- Door Refinishing & Replacement
- Wallpaper Removal
- Custom Staining
- Fence Replacement or Repair

**References Available • Fully Insured
NO PAYMENT UNTIL COMPLETION**

bashanspainting@earthlink.net

Cypress Computers

- FREE House Calls & FREE Estimates
- On-site Service
- FREE Pick & Drop
- Virus & Spyware Removal
- Data Recovery
- System Crash Recovery
- DSL Setup & Networking
- Software & Hardware Installation
- Desktops & Laptops Sales & Upgrades
- Custom Built & Refurbished Systems Available
- Wireless Internet Setup



We Compete...

**\$10
OFF**
with this coupon

**& Beat All The
Prices in Town**

Call for Service:

832-643-4859

www.cypresscomputers.com

13050 Louetta @ Grant, Ste 208 - 281-257-0005

12303 N. Elderidge @ Cypress N. Houston, Ste E - 281-469-6355

Meet Devion



Devion, who turned 6 years old in July, has been in foster care four years. While Devion loved the gifts he received for his birthday, the greatest gift he could get is a forever family. He said "it doesn't matter what type of family, just a forever family".

Devion is with wonderful foster parents who spend a tremendous amount of time helping the

children to overcome trauma, heal and grow.

Devion has flourished in their home!

Here is a paragraph from the foster mom: Devion came to our home just before his 4th birthday. Upon coming to our home Devion quickly became our "Peanut" because he was so tiny for his age. Our little Peanut is growing and thriving and has grown 6 inches in two years. Devion's only little in physical size. He is convinced he is the biggest kid around and that he can do anything anyone else can do. This little man lights up any room he enters with his smile and personality. Devion loves attending church and enjoys singing in

the children's choir. While he has difficulty playing independently, Devion loves to do almost anything outside. He loves to swim, ride bikes & scooters, play baseball, basketball & football and has even recently tried to water ski! Devion has played 4 seasons of t-ball and one season of basketball since living in our home and loves telling everyone about it.

Devion has attended a full year of Head Start and kindergarten but will need to repeat kindergarten this fall. While Devion has wonderful gross motor skills he struggles with his fine motor skills. He also has some speech delays. Devion receives speech and occupational therapy at school and through Easter Seals. While Devion has made much progress emotionally he continues to receive weekly therapy [therapy is important for children who transition through the foster care system]. Devion is very loving and affectionate. He enjoys being with others and would do well in a loving, structured, active home with one or two other children.

He is definitely quite the little ham. To learn more about Devion or the adoption process, contact Tracy Eilers at the Adoption Coalition of Texas,

512-301-2825

www.adoptioncoalitiontx.org

Advertise YOUR business to YOUR neighbors for less than 6¢ per home.

Effective Advertising, Done Right.

Call today to Reserve your space.

Peel, Inc.
COMMUNITY NEWSLETTERS

1-888-687-6444

www.PEELinc.com

LW

Longwood
a Golf Course Community

Dan Boutwell 281-468-2853
Cindy Brown 281-797-3590
danboutwell@dan-cindy.com

Always in the Neighborhood

www.LONGWOOD-NEIGHBORS.com

#1 in Longwood Sales

When You List with US,

- You Deal Directly with Us, Not an Unknown Team member
- We Bring in More Buyers, than a Whole TEAM of Buyers Agents
- We're Always in the Neighborhood, Ready to Show your Home

Longwood Homes We've SOLD This Year

11906 Annfran Cir.	14810 Cantwell Bend	14303 Empire Hts
12215 Preece	14518 Markhurst	13411 Crosslyn
11602 Breckan	14719 Townsend	13907 Conway
13927 Conway		

Peel, Inc.
203 W. Main Street, Suite D
Pflugerville, Texas 78660

PRSR STD
U.S. POSTAGE
PAID
PEEL, INC.

☎ **Voice 512-989-8905**

💻 **www.PEELinc.com**

LW