



FAIRFIELD

C O M M U N I T Y • G A Z E T T E

OFFICIAL FAIRFIELD COMMUNITY ASSOCIATION NEWSLETTER

TEXAS BARRACUDAS

Texas Elite Baseball – Elite Amateur World Series – July 16-21, 2008

WORLD SERIES CHAMPIONS

Not only did these AWESOME baseball players WIN the Texas Elite Baseball – Elite Amateur World Series, but they WON all but one of their Skills Competition!

CONTEST WINNERS

Target Throw – 1st Place: Aideen Gavin

Target Throw – 2nd Place: Jacob Crawford

Home to Home – 1st Place: Garrett Grier

Home to Home – 2nd Place: Dru Baker

AROUND THE HOME – 1ST PLACE: TEXAS BARRACUDAS

These INCREDIBLE baseball players went on to the REGIONAL TOURNEY and CAME IN 2ND PLACE!!!



1st row (left to right): Dru Baker, Garrette Grier, Blake Wilson, Korey Holland, Jason Michaels, Trent Golson

2nd row (left to right): Colton Cowser, Adam Smith, Jacob Crawford, Jullian Leunnes, Chad Krause

3rd row (left to right): Coaches Josh Wilson, JD Grier, Mark Baker

CONGRATULATIONS TEXAS BARRACUDAS!!!

FAIRFIELD COMMUNITY GAZETTE

Important Numbers

PLEASE NOTE: NEW EMAIL ADDRESS FOR EDITOR:
editor-gazette@att.net, effectively immediately. Thank you.
Holly Reichert

EMERGENCY NUMBERS

Ambulance/Fire	911
Poison Control	800-222-1222
Sheriff's Department	911

NON-EMERGENCY NUMBERS

Ambulance	713-466-4073
Cy-Fair Medical Clinic (24 hr)	281-890-4285
FBI	713-693-5000
Fire	713-466-4073
Harris County Animal Control	281-999-3191
Sheriff's Department	713-221-6000
Vacation Watch	281-290-2100

CHURCHES

Christ Church Houston Northwest	832-896-8441
Christ the Redeemer Presbyterian Church	281-357-8880
Community of Faith	832-875-2520
Christ the Redeemer Catholic Church	281-469-5533
Fairfield Baptist Church	281-373-5446
Fairfield Church of Christ	281-373-1900
Fountain of Life Fellowship	281-373-9337
Good Shepherd United Methodist Church	281-373-2273
Harvest Bible Church	281-304-1441
Messian Lutheran Church	281-890-3013
Saint Aidan's Episcopal Church	281-353-3203
The Fellowship at Fairfield	281-923-5130

COMMITTEE NUMBERS

Crime Watch Chairman: Freeman Martin	freemanmartin@houston.rr.com
Fairfield Area Swim Team: Carla Tharp	281-373-3955
Fairfield Women's Club: Dawn Bond	281-224-3296
Security Coordinator:	

NEWSLETTER COMMITTEE

Holly A. Reichert	editor-gazette@att.net
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NEWSLETTER PUBLISHER

Peel, Inc.	fairfieldgazette@peelinc.com, 888-687-6444
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FAIRFIELD VILLAGE COMMUNITY ASSOCIATION

Resident Board Members:

Please remember that the resident Board Members are volunteers with families.

As a courtesy please communicate with them during reasonable hours.

Ed Hofer (Bradford Creek)	bradford.neighbor@hotmail.com
Pam Montgomery (Bradford Creek)	montgomeryatlaw@sbcglobal.net
Joni Seifert (Chappell Ridge, FF Village Community Assoc.)	281-256-2853
Kay Jukes (Chappell Ridge)	281-373-9301
John White (Chappell Ridge)	281-373-1223
John Hanes (Garden Grove)	713-431-2245
Donna Bonneau (Garden Grove)	281-304-7294
Louis Iselin (Garden Grove)	281-256-1874
Robert Nichols (Inwood Park)	Susan.nichols@yahoo.com
Alex Griffith (Inwood Park)	281-304-4026
Terry Noe (Inwood Park, FF Village Community Assoc.)	281-213-8780
Billy Sutton (Inwood Park)	281-304-9419
Patrick Wong (Lakes of Fairfield)	pcwong1@earthlink.net
Kevin Hoffman (Lakes of Fairfield)	khoffman00@comcast.net
Mark Gafford (Lakes of Fairfield)	donna_gafford@sbcglobal.net
Ken Heil (Trails of Fairfield)	281-256-2093

Friendswood Development:

Tim Fitzpatrick (Bradford Creek, Chappell Ridge, Garden Grove, Lakes, Trails)	281-875-1552
Tommy Weaver (Bradford Creek, Chappell Ridge, Garden Grove, Lakes, Trails)	281-875-1552
Nan Peavey (Bradford Creek, Chappell Ridge, Lakes)	281-875-1552

GOVERNMENT/STATE NUMBERS

Courthouse Annex	281-859-0685
Driver's License	713-681-6187
Post Office	281-373-9125
Voter Registration	713-224-1919

MISCELLANEOUS NUMBERS

A.M.I (deed restrictions, etc.)	713-932-1122
Cecelia Panzineti, AMI Onsite Manager	281-256-0065
Community Meeting Room	281-373-0834
Cy-Fair College	281-290-3200
Cypress Area Home Schoolers	281-890-3792

Fairfield Athletic Club (FAC)	281-373-0834
Fairfield Information Center	281-373-1177
Friendswood Development	281-875-1552
Harris Co. Library (Northwest)	281-890-2665
Harris Co. Animal Control	281-999-3191
Harris County Mosquito Control	713-440-4800

SCHOOL NUMBERS

Ault Elementary	281-373-2800
Bus Information	281-897-4380
Cy-Fair Administration	281-897-4000
Cy-Fair High School	281-897-4600
Goodson Junior High School	281-373-2350
Keith Elementary	281-213-1744
Spillane Middle School	281-213-1645

UTILITY NUMBERS

ENTEX (gas)	713-659-2111
Centerpoint Energy (Electricity)	713-659-2111
Southwestern Bell (phone)	713-638-7000
ST Environmental (Sewer/water)	281-398-8211
Time Warner Cable	713-462-9000
Waste Management (trash)	713-686-6666

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Current Listings

15207 Woodland Orchard4/3.5/2D (sold)\$234,900
21811 Sheffield Gray 5/3.5/3D\$314,900
20202 Prim Pine.....4/2.5/2APool\$310,000
21302HeartwoodOak4/3.5/3DPending ...\$284,900
10114 Pine Flats.....5/3.5/3A\$229,900
23903 Clover Trail4/2.5/2APending ...\$219,900
20130 Chad Arbor..... 4/3/2A.....Pending ...\$199,900
20315 Fairfield Trace4/3.5/2A\$195,000
15514 Pine Valley Trl..... 4/2/2A.....\$185,900
10423 Thornhurn..... 3/2/2A.....Pending ...\$176,900
4507 Quiet Loch4/3.5/2APending ...\$174,000
16307 Lasting Light..... 4/2/2A.....\$169,900
14918 Redbud Leaf..... 3/2/2D.....Pending ...\$165,000
15611 Bending Birch3/2.5/2A\$164,500
15411 Woodland Orchard Ln..4/2.5/2D\$159,900
2307 Little Cedar4/2.5/2DPending ...\$157,000
15320 Redbud Leaf Ln4/2.5/2D\$156,900
20323 Peach Mountain3/2.5/2D\$155,900

21030 Tonydale 4/2/2A.....\$154,900
15331 Court Green.....3/2.5/2A\$154,900
18206 Auburn Woods.....4/2/2Pending ...\$149,900
14710 Timber Cliff..... 4/2/2A.....\$130,000
19826 Black Cherry Bend.....3/2.5/2APending ...\$139,000
20302 Concord Hill..... 3/2/2A.....Pending ...\$139,500
20023 Little Big Horn..... 3/2/2A.....\$111,900
12522 Bent Pine Dr.....4/2.5/2A\$109,900
11902 Vita Circle 3/2/2A.....\$95,500
17902 Great Glen.....3/2.5/2A\$79,900
19210 Cypress Cliff 3/2/2A.....\$79,900
6739 Rusty Ridge Ln 3/2/2A.....Pending\$74,500
1606 Westfork Drive 3/2/2A.....\$64,500
4642 Daisy Meadow 3/2/2A.....\$121,900
16122 Cypress Point3/2/2Pending ...\$119,900

Current Rentals

22018 Golden Cedar 3/2/2A.....\$1300



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Attention Fairfield Homeowners

2008 Meeting Schedule for Fairfield Village Neighborhood Association and Villages

The 2008 meetings of the Fairfield Village Neighborhood Association, Inc. and Villages Board of Directors are scheduled for the fourth Tuesday of every other month at 7 p.m. at the Lakeside Trails Club House, 16125 Country Fair Lane. Please mark your calendar accordingly.

September	2008	Tuesday	23rd Board Meeting
October	2008	Tuesday	---- No Meeting
November	2008	Tuesday	---- No Meeting
December	2008	Tuesday	2nd Board Meeting

BRADFORD CREEK BOARD OF DIRECTORS NEWS

September! Wow – it seems like just yesterday when we were hustling to meet the deadline for the January Gazette. Since the summer has been rather uneventful up to this point (thankfully), we thought we would review some of our past articles to look for items worth repeating.

First, as pool season comes to a close, a sincere thank you is in order to our lifeguard cadre for a job well done again this season. Many of the young adults employed for these positions are themselves Fairfield residents so we also thank their parents for allowing them to take on this critical and very adult responsibility.

Second, we would like to restate our focus during the fall months i.e. – next year. Budget planning for 2009 takes place in October so now is the time to provide input to your Board members on amenity changes, improvements, or maintenance thereof. The simple economic reality here is that the cost to operate our Association is impacted by the same factors that affect our residence and personal transportation costs – going up.

After that, damage or destruction to Association property (vandalism) has been covered several times in various Gazette articles. Unfortunately it remains a very costly problem. The perpetrators need to understand the cost to repair damage from spray painted graffiti could easily result in a felony charge. No one wants that. Please help us get the warning out and keep the Sheriff's non-emergency number (713 221-6000) handy to report suspicious activity.

Lastly, as mentioned in the February issue, Bradford Creek has a wonderful Clubhouse available in two or four blocks of time for a very nominal fee. Equipment includes a micro wave oven, refrigerator, kitchen counter space, sink, and seating for up to 60 making it ideal for showers, birthday and anniversary parties. Contact our onsite AMI representative, Cecelia Panzineti, at 281 256-0065 for further information or to secure a date for a fall event.

SPEEDING IN FAIRFIELD PARKING ON THE STREET

Most homeowners have some space in their garage reserved for storage – in some cases most of the garage, thereby not leaving enough room for their vehicles. Consequently, many owners park their vehicles on the street making it difficult for others to pass and creating hazardous conditions for the neighborhood children.

Also, although we're all anxious to get home to be with our family, speeding and reckless driving is against the law and endangers everyone. As there are many children in Fairfield, before you speed or park on the street, please consider their well-being. Also, children playing in the street create a dangerous situation, especially on heavily traveled streets; the driver may not see the child, especially in the evening or after dark.

Children are our greatest treasures and we're creating a threat to their safety by parking on the street and speeding through Fairfield.

We all know that children have a tendency to move about impulsively and may inadvertently run into the street. Please don't let a tragedy happen before taking your vehicle off the street or obeying the speed limit. For the benefit of all the residents and children, and the overall appearance of your neighborhood, please do not park on the street. Make accommodations in your garage for your vehicles and keep your streets clear and safe for all and please, **DO NOT SPEED IN FAIRFIELD VILLAGE.**



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Pet Corner

NEED HELP WITH A LOST OR FOUND PET ...

Please contact Susan Locke, Fairfield's Lost and Found Pet Coordinator at **281-605-5775** or you may go to <http://groups.yahoo.com/group/fairfieldpets>. Susan is the contact for someone that has lost or found a pet and tries to match the two together. Susan is unable to pick up, deliver or provide medical assistance to lost, found or injured animals but will try to help locate the dog or owner when they are lost.

~Your pet's ID tag is their ONLY ticket home! ~

* * * * *

SAVE A Life ... Be A Foster Parent.

FAIRFIELD COMMUNITY GAZETTE

Procedures for Submitting Articles & Personal Classifieds

If you would like to submit an article and/or personal classified ad(s) for publication in the Gazette, please follow these guidelines:

Articles, personal classified ads (limit 30 words), questions regarding regular columns and teen job postings (i.e. additions, deletions, changes) must be submitted to the editor, Holly Reichert, via e-mail at editor-gazette@att.net. Please submit all articles and personal classified ads in Microsoft Word only. Photographs and graphics must be submitted as a jpg, tif, or wmf file.

The deadline for submission of articles and personal classified ads is by the 10th of each month; your article and/or ad will appear in the following month's Gazette. In order for the Gazette to be delivered on time the submission deadline date will be strictly adhered to and no articles and/or personal classified ads will be accepted after the 10th of each month.

If you would like to submit or have questions regarding business advertising and/or business classified ads, please contact **Peel, Inc. Sales Office** at 888-687-6444 or via e-mail at advertising@PEELinc.com.

Thank you, Holly A. Reichert, #281-304-9956

More HELP for PETS ...

When a pet is lost, finding the pet means that time is of the essence. It takes time to create, print and distribute flyers. The flyers are many times illegible because of wind or rain. I certainly do not fault the pet owner because I have done this myself.

Frustrated, I thought there has to be a better way. So that is why we created Cypress Lost Pet Alert.com. The idea is to very quickly get the word out through an e-mail alert to as many neighbors as possible plus post the picture and information about the pet on the website under the specific neighborhood.

Once the email alert goes out to the specific neighborhood, many, many neighbors are now aware. If they happen to forward the email to their friends who have not signed up, it could mean hundreds of your neighbors are already alerted and are keeping their eyes open for your lost pet.

Cypress Lost Pet Alert.com is on-call 7 days a week from sun up to sun down and is FREE. We are glad to work with any informal email chains. The whole idea is to find lost pets quick for the good neighbors in Fairfield and surrounding areas.

Regards,

RB Cox

alert@CypressLostPetAlert.com

www.CypressLostPetAlert.com



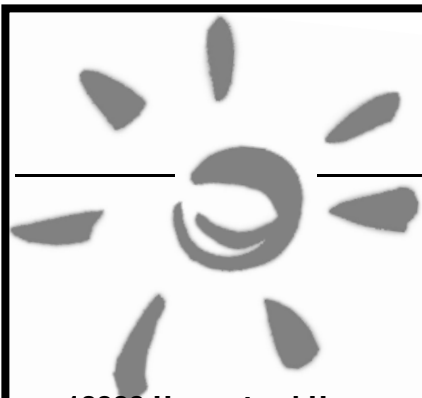
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St. Mary's Fall Gift Market

Friday, September 26

Saturday, September 27

9a.m.-3p.m.

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Calling All Girl Scouts!

Are you a Girl Scout?

Do you have a friend or daughter who wants to be?

We are having a HUGE community wide event to sign-up new Girl Scouts and volunteers and form new troops for Ault, Keith, Robison, Spillane, Goodson and any area High Schools. Girls who attend private or home schools are welcome too!

We are also having Girl Planning Board sign-up for existing Girl Scouts who want to help plan events for the 2008-2009 year.

Bring the family to enjoy hot dogs, popcorn, and moonwalk and give the gift of life with Gulf Coast Blood Center's Mobil unit.

Saturday, September 6, 2008
Fairfield Market Square
10:00 am – 2:00 pm
(in front of Gambino's Pizza)

Come see Girls Scouts
in your community.
We DO make a difference!

Contact Kim (dudleyk72@aol.com)
or Denise (gradygill@hotmail.com)
with any questions.



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CUB SCOUTING

CUB SCOUT PACK 533 NEWS

The scouts of **Pack 533** at **Keith Elementary** had an awesome summer enjoying Scout Day Camp, participating in the 4th of July Parade with pack 1533, Swim and Pizza Party and Bowling. As we look forward to another year of scouting, we invite all boys in 1st through 5th grade to come to **"Rally Night on Sept 9th at 7 pm @ Keith Elementary"** and see what scouting is about.

Dates to remember:

- Rally Night I: Sept 9th - 7 pm @ Keith Elementary
- Rally Night II w/ Parent Orientation: Sept 18th – 7pm @ Keith Elementary
- Tiger Day for all new Tigers – Sept 20th (time and location to follow)
- Popcorn Fundraiser runs from Sept 15th – Oct 24th - don't know a scout and would like to support the scouting program, send an e-mail to rllaberge533@gmail.com for more details.

The Foot Wellness Center



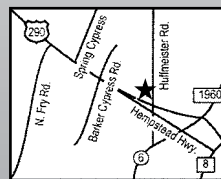
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Cypress Christian School Students receive honors at TAPPS State Art Competition

Cypress Christian School students recently received awards at the TAPPS State Art Contest at Concordia University. CCS students entered eight pieces of work in the competition and received six ribbons.

Recognition was given to the following students:

- Cat Crozier-Honorable Mention in on-site drawing
- Payton Lambert-4th place in on-site photography
- Sarah Longridge-Honorable mention in on-site drawing
- Courtney Middleton-Honorable mention in kitchen floor plan
- Michelle Van Rieg-6th place in bedroom floor plan and model
- Nick Yalamanchili-Honorable mention in on-site photography

Other students who participated included Kate Bennett, Tony Lozoda, Charis Medendorp, Jenifer Nguyen, and Rachel Reed.

Cy-Fair Lacrosse

Introductory Lacrosse Clinic

Cy-fair Lacrosse will be hosting an introductory lacrosse clinic on September 13, 2008 from 9 am to 11 am at the East side of Matzke Park (13207 Copeland) for boys Grades 4 to 8. The purpose of the clinic will be to introduce potential players to the sport and promote lacrosse in the Cy-fair area. Equipment will be on loan for the clinic. Just bring yourself, your running shoes, and a parent / guardian.

Why Lacrosse?

Lacrosse is a great option for someone looking for a fast paced alternative to the "traditional" team sports. Lacrosse is the original team sport of North America. It was initially played by Native Americans as a way to resolve conflicts.

Lacrosse is a combination of soccer, basketball, and hockey all in one. It is a fast paced and exciting game to play and to watch.

Lacrosse is currently one of the fastest growing team sports in the US. For the past 10 years Lacrosse has been the fastest growing High School sport in the nation and the fastest growing NCAA sport for the past 6 years with a 10% annual player participation growth rate.

So come and see what all the excitement's about! We'll be there, just LAX'n.

*For more information please visit our web-site at
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WILDCATS **RAP** Wildcats Right After Prom

General Meetings are held the second Tuesday of the month at 7pm in the Cy-Woods commons on the following dates:

Make plans to attend these meetings and earn 5000 WRAP Bucks!

(to find out what WRAP Bucks are - visit the WRAP website.)

Meeting dates:

Aug 12, 2008
Sept 9, 2008
Oct 14, 2008
Nov 11, 2008
Dec 9, 2008
Jan 13, 2009
Feb 10, 2009
Mar 10, 2009
Apr 14, 2009
May 12, 2009

PAVE A PATH TO WOODS PROGRAM

Help a CyWoods Senior leave a lasting memory of their time at CyWoods with a walk/wall of bricks by sponsoring them. Order forms for \$100 sponsorships are available on the WRAP website. What a great gift this would be!



(sample only)

For more information:

Visit **WWW.CYWOODSWRAP.ORG**

WRAP

P.O. BOX 800 CYPRESS

TEXAS 77410-0800

What is WRAP?

WRAP is Cy-Woods High School's parent-driven Project Prom organization. The purpose of WRAP is to provide a drug- and alcohol-free all-night party for the graduating seniors and their guests after their prom. Held at the CFISD Berry Center on May 22, 2009, from 11:00 p.m. to 6:00 a.m., it is a fun-filled evening of shows, games, activities, food, gifts and prizes!

WRAP can only be a success if there is participation of parents, businesses, and corporations. WRAP is totally dependent on donations to raise the funds necessary to host an event of this size

Other WRAP Fundraising Projects:

- Senior Faces
- Recyclables
- Scrips
- Wildcat Sports Fan
- Senior Parent t-shirts
- Jeans & Jewels
- Mr. Wildcat (spring 2009)

WRAP's Busy Parent Fundraiser the easiest fundraiser of the year! It only requires the time it takes to write a check.

Questions: email cywoodswrap@hotmail.com

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FEATURED HOMES

Available

19319 Cypress Bay	\$99,900
21735 May Apple.....	\$139,900
20511 Bouganville Blossom	\$149,900
21830 Winsome Rose	\$154,900
15326 Wild Timber	\$159,900
7518 Magnolia Shadows.....	\$174,900
15030 Wildberry Creek.....	\$218,900
17502 Swansbury	\$279,900
16810 China Blue	\$324,900

Pending

15206 Chestnut Falls
15323 Piney Oaks
21006 Ochre Willow
7806 Autumn Hollow

Just Sold

15439 Juniper Cove
14702 Palos Park
7919 Hidden Oaks

Derived from the Houston Multiple Listing Service 7/15/08.
This is not a solicitation of currently listed properties.



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Lakeland**

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www.clintnabors.com

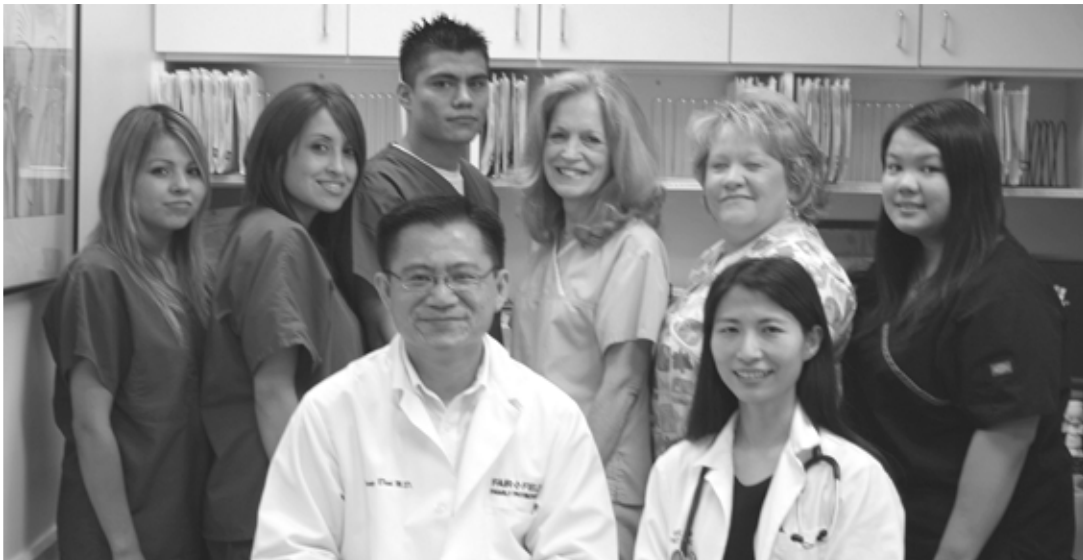


FAIR FIELD FAMILY PHYSICIANS

Announces the addition of

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Children, Teens, & Adults

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**Mon – Thu 830am–5pm
Fri 830am–2pm**

**15201 Mason Rd, #1200
Cypress, TX 77433**

7th Annual Fairfield 5K for Life

Benefiting the Leukemia & Lymphoma Society

It's a Run! It's a Walk! It's a Party!

DATE:

Saturday, Oct. 18th, 2008 *Rain or Shine.*

TIME:

5K begins at 8AM; 50-YD dash begins at 8:45AM. Festivities follow with refreshments, prize drawings & awards.

PLACE:

Fairfield Athletic Center, 16055 Mason Road

RACE PACKET PICKUP:

7 to 8 PM Friday evening at the Fairfield Athletic Club; 7:00 AM Race Day

AWARDS:

1st, 2nd, 3rd Male & Female overall; Boy under 12 & Girl under 12 (5K)

FEES:

5K--\$20 before 10/11; \$25 after 10/11

50-yard dash, kids 10 and under--\$10 before 10/11; \$15 after 10/11

QUESTIONS: Call Kelley Armstrong at 281-796-6577 or email at kdabrazofuerte@yahoo.com

VISIT THE WEBSITE @ <http://www.fairfield5k.apluscompsci.com>

Online registration is available via Active.com (enter through our website).

One registrant per form. Copies accepted. Sorry, no refunds. Entrants will receive T-shirts, chances to win prize drawings, and refreshments. Additional chances for prizes can be purchased the day of the race, so bring your dollars! Jogging strollers are welcome. Sorry, no bikes, rollerblades, or scooters allowed!

Name _____ Address _____
Phone number _____ Email Address _____
Please circle shirt size: Youth L Adult S Adult M Adult L Adult XL

Please mail or deliver form to: Race director, 15418 Coral Leaf Trail, Cypress, TX 77433
Make checks payable to Kelley Armstrong.

ENTRY FORM MUST BE SIGNED BELOW TO ENTER RACE

Release of Liability. In consideration of acceptance of this entry, I waive and release any and all claims for myself and my heirs against Friendswood Development, Fairfield Athletic Club, Kelley Armstrong, all sponsors and their representatives for any and all injuries suffered by me in this event. I attest and verify that I am physically fit and have sufficiently trained for this event and my physical condition has been recently verified by a licensed medical doctor. Further, I hereby grant full permission to any and all of the foregoing to use photographs or images taken during this event for legitimate purpose. I agree to abide by the rules of this event and show good sportsmanship.

Signature: _____ Date _____



Join us October 4th for the Susan G. Komen Walk.

We have a team walking, if you would like to join us, please visit my website to join our team or make a donation. Deadline to register is September 27th! Call or Email Cindy for more information! I walk for my mother and several Fairfield friends.

AVAILABLE HOMES...

JUST LISTED:

Beautiful One Story home with huge lot, 3 car detached garage! This is a rare find in Fairfield! Located on a quiet street! Located in the coveted section of Garden Grove, walking distance to Ault Elementary. Lots of updates. Call Cindy to view before it is gone!
20702 DURAND OAK

Pool/Spa 3 car detached garage! WOW! Perry Built Home cul-de-sac/greenbelt that leads to Ault Elementary and Park/Pool. Tropical private backyard that features pool/spa/waterfall. Lots of updates including climate controlled garage, updated a/c system, roof, frieze carpet, lots of tile, huge room sizes, sunscreens. Formal living room is currently a multi-use room-workout and music room. Additional custom built storage shed off back of home stays.
15505 TWISTING SPRINGS

Pool/Spa Oversized 3 car garage! WOW! This home is loaded! Custom Built Media Room, Faux painted kitchen and cabinets, granite island in kitchen, extra cabinets added, window seat with storage, huge walk-in pantry and walk-in laundry room, lots of built-ins including built-ins in the study and media room. Home has extensive pool decking, private backyard, custom paint thru-out. Shows like a designer show place!
20302 LAKELAND FALLS

Oversized Detached Garage on Cul-de-sac!

Beautiful Perry built home features 3-4 bedrooms, gameroom could converted to 4th bedroom. Home has masterbedroom down, formal dining room, open kitchen, high ceilings in family room, Covered front porch, huge garage, big back patio and more. Can leave fridge, washer and dryer! Home is super clean and landscaped well!
16211 BLOSSOM FIELD CT

Just Sold

meet your newest neighbors at:
21603 PINE ARBOR WAY

Need a Mamogram?

October is National Breast Cancer Month. On October 6th, we will have The Rose, Mobile Mamography in our office! Call our office or send me a email, to get your appointment secured. For more information, visit, www.fairfield-neighbors.com

We are now a Texas Children's Miracle Network office

For every listing we receive, we will make a donation in your name to the Texas Children's Miracle Network.

Cindy Brown-Boutwell Owner

RE/MAX N.W. Territories
281-370-9100 (ext 131)
281-797-3590 (direct)
cindy@dan-cindy.com

Dan Boutwell

281-468-2853 (direct)
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13040 Louetta, Ste 228

**Cindy Brown Listed in the top 20 for RE/MAX Agents
for the first quarter of 2008! Thanks Fairfield!**

www.Fairfield-neighbors.com

FAIRFIELD COMMUNITY GARAGE SALE

Saturday, October 18, 2008, 7:00 AM – 2:00 PM
At Traders Village, 7979 N Eldridge

EARLY BIRD SIGN UP

Saturday, September 20, 9:00 – 11:00 AM
Bradford Creek Clubhouse

SIGN UP WILL BE HANDLED BY MAIL AND EMAIL STARTING SEPTEMBER 21 FOR ANY REMAINING BOOTHS

- Booths are 10' x 20' and cost \$35
- Two booth limit per Fairfield address
- 2 (8') tables per booth are available to rent for \$10 each

Make checks payable to FWC (Fairfield Women's Club)

STARTING SEPTEMBER 21, PLEASE MAIL PAYMENTS TO:

Dawn Bond, 20407 Lake Spring Court, Cypress, TX 77433

Please include your email address and phone number with payment

- Booth orders will be processed in order by the postmarked date
- Tips, rules, booth number(s) and vendor parking pass will be emailed to you
- If you don't have access to email, your packet will be mailed to you at the address shown on your check

If you'd like to be located next to a friend at the sale, please mail your checks together with a note. If you have a preference of booth location, please describe it and every effort will be made to accommodate you.

Sponsored by The Fairfield Women's Club
For more information, call Dawn Bond 281-224-3296

PLEASE NOTE: THIS GARAGE SALE IS FOR FAIRFIELD RESIDENTS ONLY.

THERE WILL BE NO RAIN DATE AS THE BOOTHS ARE COVERED. All booths are outlined, numbered and have access to electricity. Restrooms and phones are located throughout Traders Village. Concessions are open only on Saturday. Vendors may enter Traders Village FREE on Friday and on Saturday before 7:00 AM with your vendor pass. Place your parking pass on your car dash. Three passes will be available per booth. Vendors may enter Saturday with pass at 6:00 AM. Gates open to the public at 7:00 AM. There will be no refunds – this is a fundraising event for local charities. Only cash or checks will be accepted as payment. Tables can't be rented during set-up Friday or Saturday morning. You are responsible for your own tables (if not renting) and chairs. You are responsible for your own set-up/clean-up. All items must be removed from your space at the end of the sale. Traders Village provides this service for area neighborhoods, but restricts us to garage sale items only: no craft items, make-up, food concessions, etc. that would compete with Traders Village businesses can be sold at garage sale booths.

FRIDAY SET-UP: Friday is the designated day for setting up your booth any time between 4:00 PM and 8:45 PM. PLEASE UNLOAD YOUR VEHICLE AS QUICKLY AS POSSIBLE AND THEN MOVE IT OUT TO MAKE ROOM FOR YOUR NEIGHBORS. You will make many sales Friday evening as you set up, so have your items priced and have money to make change. Be advised you should bring some type of cloth or tarp to cover and protect your items overnight. The FWC and Traders Village will not be held liable for theft or damage to any items. Anything left unattended on premises is done so entirely at dealers' own risk. If you have valuables, you need to bring them on Saturday morning. All vehicles must be gone from the set-up area Friday by 8:45 PM. THE GATE WILL BE LOCKED AT 9:00 PM. Set-up will not be allowed on Saturday morning unless you can carry the items through the gate. THERE ARE NO VEHICLES PERMITTED IN THE SET-UP AREA SATURDAY MORNING.

SATURDAY AND CLEAN UP: Booths may be closed at any time. If renting tables, please collapse them and leave them in your booth. FWC makes arrangements to have a charity truck available, but, over the years, experience tells us they may not make it. You must be prepared to take any unsold items home with you. You are responsible for your booth space being empty and clean by 2:30 PM Saturday.

Fairfield's Fifty Plus Fun-Loving Group The Fairfield Seniors

The Seniors of Fairfield is an active, fifty plus, fun-loving group of couples and singles who enjoy fellowship, monthly trips, and various activities together. If you or your spouse are fifty or older, a newcomer to Fairfield Village or have lived here in Fairfield for some time, but have never attended one of our functions you are cordially invited. Come and be a part of our fun-loving group. We're sure you will enjoy it.

OUR SEPTEMBER BUS TRIP PLANS ARE FOR Wednesday, September 24, an educational trip. We will be visiting a traditional Hindu temple and witness their Prayer of Lights ceremony at 7:00 p.m. This temple is a masterpiece of intricate design and workmanship. It has five towering white pinnacles, 12 smooth domes and 136 marble pillars. The over 33,000 pieces of Italian marble and Turkish limestone were all hand-carved by some 3,000 skilled craftsmen. The carvings were shipped to the United States and assembled by volunteers who put the temple together piece by piece in just 16 months. The beauty of this temple will take your breath away.

We will also be visiting the history museum on the grounds to learn more about the origins of Hinduism and to gain an understanding of the Hindu people, their beliefs and their contributions to science and mathematics. We will even have some time to visit their gift shop and explore the diversity of Indian savory sweets, snacks and crafts. We will have a casual dinner at Fuddruckers before the Temple Tour.

Special Note Concerning This Trip: No shorts or short sleeve shirts allowed in the temple. Also, be sure to wear socks, because we must leave our shoes at the entrance. The cost for this trip is just \$2.00 per person plus your meal at Fuddruckers. To get your name on the list for this trip, call **Jackie or Tom Wurth @ 281-304-0805**. Make checks out to: Fairfield 50 Plus. The departure time for this trip is 4:00 p.m. from the Fairfield Village parking lot. Please be there by 3:45 p.m.

OUR OCTOBER BUS TRIP PLANS ARE FOR Wednesday, October 15, to Orange, Texas. This month's trip will take us to the W. H. Stark House, which still appears much as it did in the 1920s. The house is filled with custom-made Victorian furniture, rugs, silver, cut glass and antique porcelain original to the Stark family. The tour will require climbing 44 steps; however, those unable to climb or get tired of climbing the stairs during the tour may go the Carriage House at any time and view the tour via a DVD.

After touring the Stark House we will be going to the Stark Museum of Art, originally designed to house the large private collections of H. J. Luther Stark. The museum now also exhibits paintings, sculptures and other fine and decorative objects emphasizing the art and history of the American West. We will then have lunch, which is included in the trip cost, at the Old Orange Café. Following lunch we visit the First Presbyterian Church before heading back home.

The cost for this trip is just \$18.00 per person which includes your lunch at the Old Orange Café. To get your name on the list for this trip, call **Patti Welch @ 281-758-0903**. Make checks out to: Fairfield 50 Plus. The departure time for this trip is 7:00 a.m. from the Fairfield Village parking lot. Please be there by 6:45 a.m. We will be making a stop for a little breakfast along the way.

UPCOMING TRIP PLANS:

A Twelve Day Cruise from London: This we've been told is a fabulous cruise. The countries we will be visiting are England, Denmark, Germany, Estonia, Russia, Finland and Sweden. We leave London on May 9, and return on May 21, 2009. A Ten Day Inspirational Israel Tour – Possibly in 2009. This trip is still just being considered.

If you want more information or are interested in the 12 day cruise out of London or the 10 day Israel tour, check "Upcoming Trip Information" on our web site for the details:

www.fairfieldseniorsgroup.com/homepage.htm

OUR SEPTEMBER ACTIVITIES PLANS:

Thursday, September 11: The Monthly Planning Committee meeting is at **1:00 p.m.** at the Lakeside Trails Club House. Then later, around **6:30 p.m.** that evening, we will be having **Our Monthly Pot Luck**. It will also be at the Lakeside Trails Club House. However, try getting there early. Doors open around **6:00 p.m.** for socializing and fellowship. Then plan on staying and join many of our members who stay to play games after the meal and to finish up the desserts.

Tuesday, September 16: *Game Night at the Cooks' House.* It starts around 6:30 p.m.; just bring a little snack. This is always a fun evening with great fellowship. The directions are posted in the Activity details page on our web site and will also be in the September 14 weekly email.

Thursday, September 25: *Game Night at Lakeside Trails Club House.* It starts around **6:30 p.m.** and we have plenty of room at the club house. We would like to see you there to enjoy an evening of games and fellowship with us. Just bring a little snack and plan on having lots of fun. There are some card games and dominoes.

For more information on all our activities other than trips: Call Mary Lou Cook for more details at **281-304-8359**.

We recommend that you check our web site regularly to get the latest information. Things often change from the time this article is submitted and when you receive your copy of the Gazette.

www.fairfieldseniorsgroup.com

OUR FUN-LOVERS WEEKLY EMAIL: An event reminder. It is emailed each week to our members and others who have requested it. It provides updated information along with any changes from what appears here in the Gazette. We also include member birthdays and prayer requests; we even have a contest or two, along with other news and items of interest. If you would like to receive our weekly email, send your email address to: **Fairfield-Seniors@comcast.net**.

Northwest Forest
Conference Center

September Food & Wine Dinner

Thursday, September 18 at 7:00 p.m.

Enjoy the evening at Northwest Forest where Executive Chef James Nakayama and his staff will serve a seasonal California menu. Experience the pairing of food and wine as Dan Redman of Mosaic Wines, a perennial favorite in the Forest, presents the distinctive, hand-crafted wines of award-winning Napa Valley vintner, Robert Craig. The winery is a small, ultra-premium winery, renowned for limited quantities of wines from exceptional wine grapes in the great mountain appellations and foothills of the Napa Valley. His winemaking style emphasizes rich, concentrated fruit flavors and ripe, finely textured, and integrated tannins, creating wines that are delicious and inviting upon release, with all of the structure for long-term aging. Robert Craig was named one of the Top 50 Napa Valley Cabernet wineries for the past 15 years by *The Wine Spectator*, and also garners 90+ ratings in major wine publications. For your convenience, wines may be purchased that evening at Northwest Forest.

Don't delay. Reserve your spot now for this very special event.

\$79 per person

For more information on events,
or to make reservations,
contact Victoria Herman at 281.256.4249
or e-mail specialevents@northwestforest.com

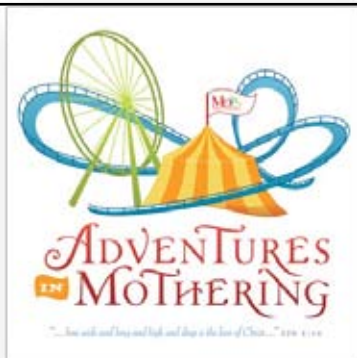


The Affinity Vineyard is one of Robert Craig's great mountain vineyards.



Robert Craig

Northwest Forest Conference Center
12715 Telge Road Cypress, Texas 77429
www.northwestforest.com



"Adventures in Mothering" at The MET

**Join the Adventure! Get
Connected...with MOPS!**

MOPS stands for Mothers of Preschoolers, a program led by mothers themselves and designed for mothers with children ages birth to 5. These mothers all have a shared desire...to be the best mothers they can be!

For more information on meetings in Fairfield, please contact Renate Wheeler at renateqw@yahoo.com. They will meet on the second and fourth Fridays during the school year.

The MOMS Club® of Cypress / NW-Fairfield Moms Offering Moms Support

*Welcomes all Stay-At-Home Moms
in Fairfield and Lakes of Fairhaven*

MOMS Club® is an international organization with a neighborhood feel! We are teachers, business women, counselors, chefs, CPA's and artists who have put those careers on hold and have made the choice to stay home with our kids.

MOMS Club® is a place to find friendship, support, playmates and sisterhood!

ALL events include our children and we believe there is something for every mom out there! Are you looking for park days, coffee breaks, lunch outings, (free) babysitting co-op, craft projects, time to sit and chat, cooking club, book club or someone to share dinner with when your husband is traveling or working late? We even find the time to meet once a month for a mom's night out a great time to unwind. Or are you interested in helping the within the community with service projects. We have that! (And a whole lot more!)

Well September is here and school is back in session your toddler may be losing a sibling to play with. This is a great opportunity for your toddler to make friends and you! You can attend two events before even joining. Our yearly membership is only \$20. Don't be isolated because you have chosen to stay home! Come visit our next all-member meeting and see for yourself! There is a lot of fun and support just waiting for you! Our next meeting is Tuesday, September 9th, 10AM at Good Shepherd United Methodist Church located on Cypresswood Drive in Fairfield. As always, children welcomed!

For more information please contact Danielle Slot, Membership VP at 832-876-4358, danielleslot@yahoo.com or Amy Wilkes, President at 281-455-2807, amywilkes2003@yahoo.com.



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Fairfield Book Club



The Fairfield Book Club is a terrific way to meet other women in Fairfield. Have great conversations and develop new friendships.

We meet the 3rd Wednesday of each month (rotating homes and sometimes restaurants), from 7:00pm – 9:30pm. We share food, drinks and of course conversations. We read all kinds of books that have been suggested by our members. Classics, modern pop fiction, non-fiction, biography and classic junk....anything. There are no book snobs here, we read it all! So if you are a book lover or just want to expand your reading and/or social network then please join us at one of our meetings.

We invite you to attend one of our meetings as a guest or a member. We currently have openings, however because we hold the meetings in homes our membership is limited. So don't wait, contact me today.

Contact Linda Locke at Linda15226@yahoo.com
Or 713-298-6514 (evenings please)

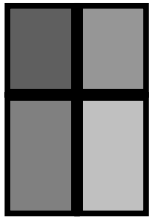


American Legion Post #324 Looking for new members!

If you are a Veteran of the U.S. Army, U.S. Navy, U.S. Air Force, U.S. Marines, U.S. Coast Guard, or Merchant Marines you may be eligible to join.

American Legion Post 324 of Jersey Village meets the second Sunday of each month (except May when it's the third Sunday) at the Jersey Village Civic Center at 4:00 p.m.

Please come to the meeting or contact the Post by mail at P.O. Box 41962, Houston TX 77241 or call Commander Howard Mead at 713-466-3610.



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...where people come together...

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13131 Fry Road
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SUNDAY'S AT SAINT AIDAN'S

8am – Worship
9:15am – Sunday School
10:30am – Worship
Nursery available the whole morning!

WEDNESDAY'S AT SAINT AIDAN'S

6pm – Dinner
6:30pm – Worship
6:45pm – Classes for All Ages
Nursery available. The evening ends by 7:30pm.

Check us out on the web at www.staidanshouston.org



Parenting Workshop Sunday, September 28th 4-7pm

Workshops on Parenting Children;
Parenting Teens; His, Hers, and/or Ours;
and Parenting Parents. Childcare provided.
Dinner will be served.

Father Justin,
our Priest, is
looking forward
to seeing you at
church!





Attention Kappa Delta Sisters ...

The Houston Northwest Kappa Delta Alumnae Association holds meetings the 4th Tuesday of each month at 6:30 p.m. Visit www.kdhnwaa.com for all the details.

First meeting will be held 9/23 at Cork Café: Kick off the new year with delicious samplers (starting at \$12) and vino by the glass. Bring snapshots of your summer vacations to share. Cork Café is located at 25712 Hwy. 290 in Cypress."

Advertising Information

Please support the businesses that advertise in the Gazette. Their advertising dollars make it possible for all Fairfield residents to receive the monthly newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the Gazette by advertising, please contact Peel, Inc. Sales Office, at 888-687-6444; advertising@PEELinc.com

"SPECTRUM" KIDS



LET'S PLAY!!!

My daughter is five years old, and we are looking to start play date/s on weekends – to have fun with shaving creams & bubbles! If interested, email me at lynn94md@yahoo.com.

At no time will any source be allowed to use the Fairfield Gazette contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from the Peel, Inc. The information in the Fairfield Gazette is exclusively for the private use of Fairfield residents only.

JERSEY VILLAGE OFFICE CONDOS

EXTERIOR FEATURES

- 100% HIGH QUALITY STONE AND BRICK EXTERIOR
- PREMIUM KNOTTY ALDER 8-FOOT WOOD EXTERIOR DOORS
- CUSTOM LANDSCAPING THROUGHOUT PROJECT
- DECORATIVE EXTERIOR LIGHTING FOR SECURITY
- SECOND STORY BALCONIES WITH GREENBELT VIEWS
- CONCRETE DRIVES WITH AMPLE PARKING



INTERIOR FEATURES

- PREMIUM CARPET, TILE, AND WOOD FLOORING
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- FIRE SPRINKLER SYSTEM
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JERSEY VILLAGE OFFICE CONDOS IS AN EXCLUSIVE FIVE UNIT DEVELOPMENT LOCATED AT 16545 VILLAGE DRIVE, AND IS ADJACENT TO THE JERSEY MEADOWS GOLF CLUB. THE UNITS CONTAIN EITHER 1,883 OR 3,766 SQUARE FEET, AND CAN BE CUSTOMIZED TO FIT YOUR NEEDS. MAKE A TRUE INVESTMENT IN YOUR BUSINESS AND YOURSELF.

FOR ADDITIONAL DETAILS, PLEASE CALL: (713) 817-0565 | (281) 380-4419

INTERESTED IN SCRAP BOOKING?

but find yourself putting it off?

Join a scrap book club that will meet once a month in Fairfield.
E-mail sandrawright@houston.rr.com or call 832-642-1248.

290 Cypress Business Networking Group

The 290 Cypress Business Networking Group meets every Thursday morning at 7:30 am at Newk's Express Café located at Hwy 290 and Spring Cypress in the Kroger Shopping Center near the Cinemark Theater. The group is open to all business owners and professionals who want to increase their exposure to the residents of Cypress and the surrounding areas. There is no cost to attend the meeting. If you would like more information, please call Ken Parker at 281-384-1562.

Visit our new website at 290Cypress.com

Fairfield Singles

Greetings to all Fairfield Singles:

Our names are Rogers, Ken and Linda and we are re-invigorating the Fairfield Singles Group. If you are new or old to Fairfield and are single, we invite you to join. This group will not only serve as a database and communication site, but we hope to plan and hold group activities throughout the year. Of course, we invite all who join to put as much input and involvement in as they are able. The last time the group was active, several years ago, there were forty-five plus members. I am confident that we can at a minimum be able to double that number. This is a great opportunity for those singles in the Cypress area, which is mostly a family based community, to get together and meet others of the same interests. We are asking, at this time, that only adult homeowners sign up for membership.

So, now you are asking, "How do I do it?" Actually it is quite easy and as long as you have internet access will take only an email request. As we are keeping the internet membership only open to those who actually do reside in Fairfield, we have made it a private Yahoo Group Site. This will necessitate an email request to join and please state your name, email addresses are sometimes ambiguous, and neighborhood for verification. This will also protect our membership from outside intruders. This qualifying email should be sent to: FairfieldSingles@yahoo.com

So sign up, get out, and meet your single neighbors! If we all get involved, we will increase our mutual quality of Life in a great community. We encourage you to be as active as you can, remember what one usually puts in; a lot more generally comes back. Thanks and we look forward to meeting all of you.

Rogers, Ken & Linda



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Are you a Breast Cancer Survivor?

Please join us for the Cy-fair Area Y-Me Breast Cancer Support Group. We meet the second Thursday of each month @ Kindred Hospital Houston Northwest from 6 p.m. – 7 p.m.

For more information please contact Tere Kelly@ 281-517-1008.



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**“Advanced Pumping Skills
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1:30 – 3:30

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at 281-517-1008*

Fairfield Women's Club

Membership Drive Fiesta!

Tuesday, September 16, 2008

7:00 pm

Bradford Creek Clubhouse

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Muy bueno food & drinks, mucho amigos,
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by Dr. Dileep Puppala, MD

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The Pearl Fincher Museum

*Upcoming Fall Volunteer Recruiting,
Coffee, Exhibits, and Daytrips*

Volunteers are very important to the success of your new museum. The Fall Volunteer Coffee will be Friday, September 19 at 10 a.m. Volunteering can mean anything from greeting and helping out in the gift shop to helping with the student art projects on Family Days (Saturdays). If you are interested in volunteering, contact vickiereynolds5@yahoo.com or call the museum for more info about the location of the coffee this year.

The Pearl Fincher Museum currently presenting *African Gold from the Glassell Collection: Selections from the Museum of Fine Arts, Houston* now on display in the Main Gallery and *Metal Worked* featuring the Houston Area Blacksmiths Association and the Houston Metal Arts Guild in the Rebecca Cole Gallery. The exhibitions will be on display through November 2, 2008.

Family Day will be **September 13, 2008**. From **10:00am-5:00pm**, the museum will grant free admission to visitors. From **10:00am-4:00pm**, the Houston Area Blacksmiths Association will demonstrate in the museum parking lot. At **11:00am**, Kuumba House African Dance Troupe will present an African dance workshop in the museum lobby. At **1:00pm**, Kuumba House African Dance Troupe will perform in the museum lobby. **Throughout the day**, Docents will be available for drop-in tours of the current exhibitions, African Gold from the Glassell Collection and Metal Worked and kids can participate in an art workshop in the Northgate Forest Conference Room.

The **Day Trip** sponsored by the museum take place once a month. The bus fills fast, so call early to reserve your seat. A minimum donation of \$5 by check to CCFAA (Cypress Creek Fine Arts Assn) will reserve your seat on the bus. Bus riders must be age 50 or older. If you are interested in participating in these trips or helping put the trips together, contact Pat Wisnewski at 4pmw@comcast.net or 281-583-1515.

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CY-FAIR KIWANIS CLUB

The Cy-Fair Kiwanis Club meets three times a month at the Hearthstone Country Club in Hearthstone from 12:15 p.m. to 1:15 p.m. for lunch, and programs including guest speakers on subjects of concern to the community and individuals. We invite you to a complimentary lunch, fellowship with our members, an informative program, and an opportunity to learn more about our organization. Reservations are not required. The Club will meet on September 9, 16, and 23.

Membership in Kiwanis is open to persons of good character who adhere to the standards of good conduct in their community and believe in and subscribe to the objects of Kiwanis International. If you would like to know more about Kiwanis and the service programs it promotes, call John Carroll at 281-463-0373; George Crowl at 832-467-1998; or Peggy Presnell at 281-304-7127.

CHILDREN: PRIORITY ONE is the motto of Kiwanis Clubs worldwide. The Cy-Fair Kiwanis Club, an affiliate of the International Kiwanis organization, focuses its services, programs and activities on this theme. Local projects of the Club with the emphasis on Children include sponsorship of seven Key Clubs, Circle K at Cy-Fair College, Boy Scout and Girl Scout projects; Cypress Assistance Ministries, Bear Creek Assistance Ministries, the Houston Food Bank, the Salvation Army, and others as needs are identified. Come, join, work with us in service to the community.

HOUSTON HORIZON CHORUS

Learn Christmas songs in 4 part acapella (barbershop) style with Houston Horizon Chorus and perform with us in our Christmas concert December 16th at Grace Presbyterian Church. No experience necessary; just be able to carry a tune.

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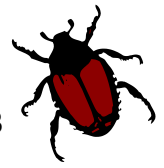
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The **Teenage Job Seekers** listing service is offered free of charge to all Fairfield teenagers seeking work. Submit your name and information to Holly A. Reichert via e-mail to editor-gazette@att.net by the 10th of the month!

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Harvest Bible Church

Did You Know?

And do not grieve the Holy Spirit of God, in whom you were sealed for the day of redemption" (Ephesians 4:30); Do not quench the Spirit (1 Thessalonians 5:19)

In Ephesians 4:30 the term for "grieve" simply means to make sad. Now if the Holy Spirit was not given to sadness as a result of the acts of His children then the command would never have been given. But it can be clearly seen from the text that God's Holy Spirit can in fact be grieved over the sin of those who call themselves Christians but who live in sinful lifestyles. The Christian who grieves the Holy Spirit presumably has stopped yielding himself to Christ and is not being filled with the Spirit by dwelling richly upon Scripture (Col. 3:16). Since the verse issues a command that literally reads, "Stop grieving the Holy Spirit," it makes sense to conclude that it is the Christian's prerogative to cease from the sins that grieve God. In keeping with the teaching of 1 John 1:9, which was written specifically to Christians, the one grieving the Spirit should simply confess his/her sin and strive to be filled with the Spirit, for "if we confess our sins [God] is faithful and just to forgive our sins and to cleanse us from all unrighteousness."

What is also noteworthy about Ephesians 4:30 is that the Holy Spirit is said to be the one that "sealed" believers for the day of redemption. This is also taught in Ephesians 1:13-14 where the Holy Spirit "seals" those who believe in Christ and guarantees their eternal inheritance until they take possession of it. The passage says that the day they take possession of it is the "day of redemption" – the day the believer in Christ dies and receives his/her new and eternal body. So this "seal" is literally a "sign of ownership," and the One who owns the sealed one is God Himself. The fact that Ephesians 1:14 calls this "seal" the "guarantee" of future redemption plainly reveals that believers in Christ cannot lose their salvation because they are God's possession with His personal seal and guarantee in them that they will indeed receive their future inheritance on

the day of redemption. No wonder the Apostle Paul commands that believers not "grieve" the Holy Spirit! God paid for the believer's salvation with His own life, and it is the responsibility of the Christian to be filled with the Spirit, not grieve Him.

In 1 Thessalonians 5:19 Christians are not to "quench the Holy Spirit." Here the image is that of a fire being put out. So "quenching" the Spirit would equate to smothering and/or suppressing God and forbidding Him to accomplish His perfect purpose in the life of a believer. Those who plow through life seeking only their own purpose and will through their self-centered ambition quench the Spirit by not submitting to God's plan and purpose for their lives. Those who don't quench the Spirit are those who seek God's will through a steady diet of His Word and being yielded to what it says – not what they think it should say. Those who refuse to read and believe the words of God in the Bible will find that being filled with the Spirit is impossible.

From the negative commands of Eph. 4:30 and 1 Thess. 5:19 it is obvious that true believers in Christ can actually quench and grieve the Holy Spirit of God. Christians can (and do) stray from Jesus Christ and his words as recorded in Scripture – inspired by the Holy Spirit. We can become spiritually dry by doing so and make a mess of our lives. That is why the command to stop grieving and stop quenching the Holy Spirit is given to us. Consider weeds in your yard... when they grow up amidst your nice green grass, the best way to deal with them is to fertilize your grass. The grass then grows stronger, and the weeds are choked out. So it is with sinful living. Once we fertilize (read the Bible, attend church, pray, fast, etc.) our sinful living is choked out. We go from grieving/quenching the Spirit to being filled with Him.

Come be filled with the Holy Spirit at Harvest Bible Church www.harvest-biblechurch.net where God's word is taught verse-by-verse, chapter-by-chapter, and book by book.

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- Hand wash, disinfect floors

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Mother's Day Out: God's Little Angels MDO is a two-day-a-week preschool program. Our learning and social activities are based on God's Word in a fun Christian environment, providing a well-rounded experience. For information about enrolling your child, call 281-373-5446 or email mdo@fairfieldbaptist.com

Ladies Events: Expand your knowledge and wisdom! Ladies Bible Studies begin Sept 2 and 3. "Discerning the Voice of God", "Precepts: Genesis 3 & 4" and more... For more information on these Bible Studies, social events, playtime for kids, retreats and other events, contact ladies@fairfieldbaptist.com or visit the Ladies Ministry page on our website.

Kidz Events: Grow your kidz with AWANA, KidZone Children's Ministries, KidZone Praise Team, Zone 65 (for grades 5 & 6), special Kidz events and more good stuff!. Check out our Kidz page on our website.

Visit our website www.fairfieldbaptist.com for information on these activities, Student (grade 7-12) Ministries, Adult studies, Men's Ministry and other programs and/or events or call at 281-373-5446.

We are located at 27240 Highway 290 between Mueschke and Mason roads on the north feeder road.

Good Shepherd United Methodist Church

JOIN US THIS FALL!

Join us in one of our worship services on Sunday, September 14th for Life Group Sunday. Good Shepherd offers a wide variety of adult Life Groups that include: Sunday School classes, Small Groups that meet during the week and a wide variety of Bible Studies that anyone is welcome to take part in. On September 14th you can come to worship to discover more about Life Groups, receive a description of each group, meet group leaders, and have the chance to register for one of the groups. Each group will be starting a new study in October that will meet once a week for 10-12 weeks. If you are unable to attend worship that day, or if you would like more information now, contact Rick Ivey at pastorivey@goodchurch.us or 281-373-2273.

DISCIPLE BIBLE STUDY

Whether you are a new believer or have been a Christian for many years, the DISCIPLE Bible Study program is designed for all who want to grow in their understanding of Scripture and in what it means to be a Disciple of Jesus Christ. Contact Ryan Hawkins at ryanhawk@comcast.net today!

Visit our church website at www.goodchurch.us. Our church is located on Cypresswood Drive in Fairfield; we are right down from the Shell station off 290 and Mason Road. The youth website is www.gsmyouth.net and has all the youth programs and events listed. Join us this Sunday for First Watch at 8:30am, Classis Worship at 9:45am, and New Path at 9:45am in our Gym, or Catalyst at 11:00am. Our office staff is available to serve you Monday-Friday from 8:30-5:00pm. Call us at 281-373-2273 for information on programs, services, Bible studies, and more.



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Fairfield Church of Christ

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The Pickle Jar. The pickle jar, as far back as I can remember, sat beside the dresser in my parents' bedroom. When he got ready for bed, Dad would empty his pockets and toss his coins into the jar. As they were dropped into the jar, they landed with a merry jingle when the jar was almost empty. Then, the tones gradually muted to a dull thud as the jar filled. I used to squat on the floor in front of the jar and admire the copper and silver circles that glinted like a pirate's treasure when the sun poured through the bedroom window. When the jar was filled, Dad would sit at the kitchen table and roll the coins before taking them to the bank. Taking the coins to the bank was always a big production. Stacked neatly in a small cardboard box, the coins were placed between Dad and me on the seat of his old truck. Each and every time, as we drove to the bank, Dad would look at me hopefully. "Those coins are going to keep you out of the textile mill, son. You're going to do better than me. This old mill town's not going to hold you back." Also, each and every time, as he slid the box of rolled coins across the counter at the bank toward the cashier, he would grin proudly and say, "These are for my son's college fund. He'll never work at the mill all his life like me." We would always celebrate each deposit by stopping for an ice cream cone. I always got chocolate; Dad always got vanilla. When the clerk at the ice cream parlor handed Dad his change, he would show me the few coins nestled in his palm. "When we get home, we'll start filling the jar again." He always let me drop the first coins into the empty jar. As they rattled around with a brief, happy jingle, we grinned at each other. "You'll get to college on pennies, nickels, dimes and quarters," he said. "But you'll get there. I'll see to that." The years passed, and I finished college and took a job in another town. Once, while visiting my parents, I used the phone in their bedroom, and noticed that the pickle jar was gone. It had served its purpose and had been removed. A lump rose in my throat as I stared at the spot beside the dresser where the jar had always stood. My Dad was a man of few words, and never lectured me on the values of determination, perseverance, and faith. The pickle jar had taught me all these virtues far more eloquently than the most flowery of words could have done. When I married, I told my wife Susan about the significant part the lowly pickle jar had played in my life as a boy. In my mind, it defined, more than anything else, how much my Dad had loved me. No matter how rough things got at home, Dad continued to doggedly drop his coins into the jar. Even the summer

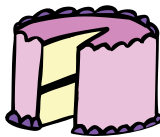
when Dad got laid off from the mill, and Mama had to serve dried beans several times a week, not a single dime was taken from the jar. To the contrary, as Dad looked across the table at me pouring catsup over my beans to make them more palatable, he became more determined than ever to make a way out for me. "When you finish college, Son," he told me, his eyes glistening, "you'll never have to eat beans again, unless you want to." The first Christmas after our daughter Jessica was born, we spent the holiday with my parents. After dinner, Mom and Dad sat next to each other on the sofa, taking turns cuddling their first grandchild. Jessica began to whimper softly, and Susan took her from Dad's arms. "She probably needs to be changed," she said, carrying the baby into my parents' bedroom to diaper her. When Susan came back into the living room, there was a strange mist in her eyes. She handed Jessica back to Dad before taking my hand and leading me into the room. "Look," she said softly, her eyes directing me to a spot on the floor beside the dresser. To my amazement, there, as if it had never been removed, stood the old pickle jar, the bottom already covered with coins. I walked over to the pickle jar, dug down into my pocket, and pulled out a fistful of coins. With a gamut of emotions choking me, I dropped the coins into the jar. Then I looked up and saw that Dad, carrying Jessica, had slipped quietly into the room. Our eyes locked, and I knew he was feeling the same emotions I felt. Neither one of us could speak, but we knew nothing had to be said. —Author Unknown

Life is precious. Rejoice in each day and celebrate every moment. Have you been to our worship center yet? We would love to have you. Why not make plans now to come this Sunday.

Every Sunday morning, Bible Classes for babies to adults begins at 9:30am. Each Bible Class is taught by loving, well prepared, Christians utilizing the latest in educational techniques and finest bible curriculums.

Worship is at 10:30am and each service is carefully thought out and planned by our worship ministry leaders. Every service is meant to bring glory to the name of Jesus and help each worshiper realize how wonderful it is when you fall in love with Jesus as your Savior.

Have a blessed day, Dr. Mike Lehw, Minister



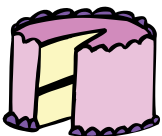
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The services provided at CAM, are made possible by many dedicated volunteers. If you enjoy working with the public, decorating or merchandising, then serving in CAM's resale shop, Angels' Attic, is the place for you. Our busy community donation area, the Cellar, is looking for people willing to serve by processing donations and restocking Angels' Attic. Please plan to attend a volunteer tour and orientation by calling Lisa Bassett at 281-955-7684 or e-mail at cam-lisa@sbcglobal.net.

For a description of the services provided at Cypress Assistance Ministries, Food Pantry requests, and a detailed description of volunteer opportunities, please see our web site, www.cypressassistance.org.

Fall Registration Starts Sept. 12 for Active Seniors in Cy-Fair Community

Free and reduced rate Academy

for Lifelong Learning classes available at LSC-CyFair

Check out the new fall schedule for the Academy for Lifelong Learning (A.L.L.) at Lone Star College-CyFair geared for area seniors age 50 and better.

More than 40 classes are scheduled with brand new offerings such as AARP Driver Safety Class, Election 2008 and The Hobby Corner. Among typical A.L.L. class offerings are health and fitness, history, art, music, films, personal growth, government and many other subjects.

An open house with light refreshments is set for 3 p.m. Friday, Sept. 12 in the Technology Building, rooms 101 and 102 on the LSC-CyFair Barker Cypress campus. Fall registration follows from 3:30 p.m. to 6 p.m. in the Technology Building, rooms 104 A and B. Registration continues Monday, Sept. 15 and Tuesday, Sept. 16 from 9 a.m. to noon in student registration, located in the Learning Commons building.

A.L.L. is an organization for active adults, 50 plus years of age, offering classes and social activities for continued intellectual and personal growth. For an annual membership fee of \$10, members can take A.L.L. courses free of charge or at a reduced fee.

For information, call 281-290-5273 or go to CyFair.LoneStar.edu/ALL.

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Lone Star College-CyFair Perspective

Fall Fun in the Gallery and on Stage

The Bosque Gallery presents IMP(LIE)D LI(N)E : Faculty Art Exhibition Sept. 9 – Sept. 25 with an opening reception Sept. 11. A Clay Houston Exhibition is set for Oct. 7 – Oct. 30 with an opening reception Oct. 9. Go to CyFair.LoneStar.edu/bosquegallery for hours and information. Also coming up in October are a string orchestra concert Oct. 13, Jazz Band Concert Oct. 17 and a choral “Nothing But Opera” show Oct. 31 – Nov. 1. For tickets and information call 281-290-5201 or go to CyFair.LoneStar.edu/boxoffice.

Register for Second Start Classes

Registration is available for Second Start classes which start in September and October. Register for online, weekend, evening or distance learning courses by phone, 281-290-3200 or 832-782-5000; online to CyFair.LoneStar.edu; or in person at one of our conveniently located campuses at 9191 Barker Cypress or 14955 Northwest Freeway.

Mark Your Calendars for Fourth Annual Cy-Fest

Lone Star College-CyFair will host the fourth annual community day for all ages in the Cy-Fair community Saturday, Oct. 11. Cy-Fest, the college's gift to the community, is a day of free food, festivities and family fun! For information go online to CyFair.LoneStar.edu.

L.I.F.E. Lessons in September

The Learning, Inspiration, Fellowship and Enrichment (L.I.F.E.) programs are free and held Wednesdays at 10 a.m. in the Lone Star College-CyFair Branch Library (Room 131.) In September, learn secrets of ancient Chinese herbal medicine Sept. 3; get survival tips to start a fire without matches Sept. 10; examine the economic and social importance of China's city of Hangzhou past and present Sept. 17; get the scoop on all things hummingbird Sept. 24. Call the library at 281-290-3213 for L.I.F.E. program information or go online to CyFair.LoneStar.edu/library.

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LSC-CyFair Hosts New Author Presentation and Book Signing

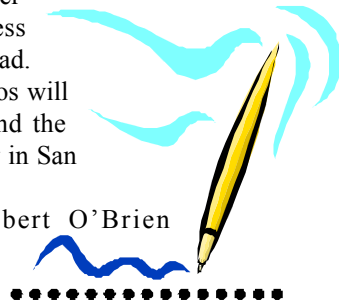
Raul A. Ramos discusses meanings of Texas Revolution Sept. 25

Among the Hispanic Heritage Month celebrations at Lone Star College-CyFair is a Sept. 25 presentation and book signing with Raúl A. Ramos, author and University of Houston assistant professor of history.

"Battle Without End: Public Discourses of the Texas War" will be presented at 11:30 a.m. in the Conference Center on the Barker Cypress campus at 9191 Barker Cypress Road.

Following the presentation, Ramos will sign copies of his book – "Beyond the Alamo: Forging Mexican Ethnicity in San Antonio, 1821-1861."

For information, contact Robert O'Brien at 281-290-3257 or Robert.Obrien@LoneStar.edu.



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Sudoku

The challenge is to fill every row across, every column down, and every 3x3 box with the digits 1 through 9. Each 1 through 9 digit must appear only once in each row across, each column down, and each 3x3 box.

		5						4
			6	1			8	
4					5	3		1
					9	7		
		2	8					
						4		2
		9			8			
2		3				9		6
7	5	6						

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We are a very friendly group and welcome quilters of all levels of expertise, from the Just Love Quilts and never sewn to the experienced and published. Visitors welcome!

Please check out our website (www.tricountyquiltguild.org) for more information.



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Texas Events - September

1-21—HOUSTON: NeoHooDoo: Art for a Forgotten Faith The Menil Collection. www.menil.org 713/525-9400

1-Oct. 5—GALVESTON: Helen Altman: Flora, Fauna & Other Natural Concerns Survey of the sculpture, works on paper and quilts by this Fort Worth artist. Galveston Arts Center. www.galvestonartscenter.org 409/763-2403

1-Nov. 26—BEAUMONT: Newly Wed: A New Family at Home Exhibit examines the life of the 1920s housewife and her duties when her mother was the "lady of the house." McFaddin-Ward House, 1906 Calder Ave. www.mcfaddin-ward.org 409/832-1906

1-Nov. 29—WEST COLUMBIA: Farmer's Market Features fresh produce from local farmers, baked goods, plants, and arts & crafts. Hours are 8 a.m. to 1 p.m. every Saturday. Hwy. 35, 202 E. Brazos. www.farmersmarketwestcolumbia.com 979/345-3921

1-Nov. 30—HOUSTON: Warren MacKenzie: Legacy of an American Potter Presents a comprehensive retrospective of seminal works by this master of 20th-century ceramic art. Houston Center for Contemporary Craft. www.crafthouston.org 713/529-4848

1-Mar. 1—HOUSTON: Imaginary Spaces: Selections from The Menil Collection The Menil Collection. www.menil.org 713/525-9400

6—BEAUMONT: Dick Dowling Days Features a re-enactment of a Civil War battle. Gladys City. 409/866-1655

6—GALVESTON: Art in the Park Open air market event on the Strand from 10 a.m. to 6 p.m. Sangerfest Park. www.galveston.com

6—WHARTON: Fiesta Hispano Americana 979/532-1862

6-7—HOUSTON: Village Bluegrass Festival Features two days of down-home bluegrass music by many of Texas' most popular bands. Includes bushel baskets full of mouth-watering country-style foods. Traders Village. www.tradersvillage.com 281/890-5500

6, 13, 20, 27—LAKE JACKSON: Xtreme Hummingbird Xtravaganza Bird Observatory. 979/480-0999

7—DACOSTA: German Fest Includes a silent auction, food and dancing. Begins at noon. Sons of Hermann Hall. E-mail: brenda-westmoreland@sbcglobal.net 361/578-6658

10—HOUSTON: 2008 Alief ISD Education Foundation Golf Tournament Registration begins at 11 a.m. Shotgun start is 1 p.m. Wildcat Golf Club, 12000 Almeda. www.aliefeducationfoundation.org 713/224-4653

11-14—ROCKPORT: 20th Annual Rockport Hummer/Bird Celebration Enjoy lectures by nationally known speakers on hummingbirds, other birds, butterflies, habitat and more. Includes 90 nature-themed vendors, boat tours, children's activities and much more. Rockport-Fulton High School, 1802 Omohundro St. www.rockport-fulton.org 361/729-6445

12-13—HOUSTON: 14th Annual Weekend of Contemporary Dance Begins at 8 p.m. Miller Outdoor Theatre. www.milleroutdoortheatre.com/default.asp?id=172

(Continued on Page 43)

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Texas Events - (Continued from Page 42)

12-14, 18-20—VICTORIA: Dearly Beloved Performances are 7:30 p.m. except for the 2 p.m. Sunday matinee. Leo J. Welder Center. www.theatrevictoria.org 361/572-2787

13—BAYTOWN: Grito Fest Includes live entertainment, mariachis, Grito competition, accordion competition, salsa contest, jalapeno-eating contest, games, food and craft vendors, and more. Bicentennial Park. www.baytown.org 281/420-6597

13—GALVESTON: Steve Tyrell Enjoy classical pop standards with jazz-style vocals from this Grammy-winning crooner. Grand 1894 Opera House. www.thegrand.com 409/765-1894 or 800/821-1894

13—LAKE JACKSON: Brazosport Relay Triathlon 979/238-5037

13—PORT ARTHUR: Mexican Fiesta Celebrates Hispanic culture with mariachi bands and food. Bob Bowers Civic Center. 409/724-6134

13—RICHMOND: Fiestas Patrias Celebration Commemorates the day when Mexican patriot Father Hidalgo y Costillo's cry for liberty started the movement for Mexican independence. Fort Bend Museum Moore Home Grounds. www.fortbendmuseum.org 281/342-6478

14—WHARTON: Annual Knights of Columbus Bazaar KC Hall. 979/532-1862

16-28—HOUSTON: The Color Purple Features an unforgettable inspirational story. Theatre Under the Stars. www.tuts.com 713/558-TUTS or 888/558-3882

18-21—GROVES: Texas Pecan Festival Includes carnival rides, food and beverage vendors, bands, and arts & crafts. 409/962-3631

or 800/876-3631

19—VICTORIA: Victoria Country Music Show Victoria Community Center. 361/552-9347

19-21—CLEAR LAKE AREA: Film & Video Festival Includes film showings, film and television celebrity guests, awards, food and more. Venues in Houston, Nassau Bay, Pasadena, and Seabrook www.gulfcoastfilmfest.com 281/333-5804 or 281/474-2425

20—ALVIN: Second Annual Blue Santa Idol National Oak Park, 105 S. Gordon. www.alvinbluesanta.com 281/331-2583

20—GALVESTON: Texas Adopt-A-Beach Clean Up Hours are 9 a.m. to noon. Menard Park, 2119 27th St. 409/762-3363

20—HOUSTON: Birding Walk & Talk Begins at 8:30 a.m. Sheldon Lake State Park. 281/456-2800

20—HOUSTON: Museum District Day Features fascinating exhibitions, hands-on activities, demonstrations and performances throughout the day. Houston Museum District. www.houstonmuseumdistrict.org

20—HOUSTON: Second Annual Texas Tunes & Spoons Buy sample-sized portions of fare from a variety of restaurants and enjoy live concerts by local bands. Traders Village. www.tradersvillage.com 281/890-5500

20—PORT ARTHUR: Solid Gold Rock 'n' Roll Show Features music from the '50s, '60s and '70s. Carl Parker Multi-purpose Center, Lamar State College. 409/982-7000

20—ROCKPORT: International "Talk-Like-A-Pirate Day" Includes

(Continued on Page 44)

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FAIRFIELD COMMUNITY GAZETTE

Texas Events - (Continued from Page 43)

workshops and a lecture. Texas Maritime Museum. 361/729-1271
20, 27-28—HOUSTON: Walk MS Series Distances range from 1 to 5 miles. Kemah, Katy, The Woodlands and Downtown Houston. www.walkmstexas.org

21—ALVIN: Fifth Annual Blue Santa Motorcycle Ride National Oak Park. www.alvinbluesanta.com 281/331-2583

24-27—ORANGE: Lions Club Carnival This is an annual family fun carnival with food and many things to do. 409/883-0770

25-28—CORPUS CHRISTI: Celebration of Flight Hawk Watch At this event, amateur and professional birders count the flying friends of the sky. Hazel Bazemore Park, 4343 County Road 69. www.ccbirding.com/thw

26-28—HOUSTON: Houston Symphony: Mozart & Shostakovich Hear Yevgeny Yevtushenko read his poetry and hear the music it inspired. www.houstonsymphony.org

26-28—KEMAH: 11th Annual Jazz Festival Enjoy a phenomenal line up of the nation's best in jazz performers. Kemah Boardwalk. www.kemahboardwalk.com 877/285-3624

26-Nov. 1—HOUSTON: Ghost Walks Get into the Halloween spirit with seven tales of murder, death, haunting and war. Advance paid reservations required. E-mail: tourhouston@aol.com 713/222-9255
27—BEAUMONT: Fourth Annual Big Thicket Bicycle Ride Routes from 25 to 70 miles start on the western edge of Beaumont and include the neighboring cities of Lumberton, Silsbee, Kountze and Sour Lake.

www.funtrails.org 409/866-5138

27—HOUSTON: Sixth Annual Gospel Jubilee Features more than 15 performers from throughout Southeast Texas on the Cricket Wireless Concert Stage. Traders Village. www.tradersvillage.com 281/890-5500

27—NEEDVILLE: Junior Angler Education Workshop Begins at 9 a.m. Brazos Bend State Park. 979/553-5101

27—PALACIOS: Palacios Market Days Find antiques, collectibles, arts & crafts, decor and more. Railroad Park. www.palacioschamber.com 800/611-4567

27-28—SPRING: 25th Annual Long Horn Rod Run Hop back to the '50s with hundreds of vintage autos on display. www.oldtownspring-tx.com 800/653-8696

28—VICTORIA: Czech Heritage Festival Features music, country store, tarok tournament and Czech stew. Inez Community Center. www.vcchs.homestead.com 361/573-4383

29-Dec. 12—GALVESTON: Quilts in Motion Show 1861 U.S. Custom House, 502 20th St. www.galvestonhistory.org 409/765-7834

Texas Events has been published with the permission of the Texas Department of Transportation. All events are taken in part from the Texas Events Calendar. All dates for events were correct at the time of publication and are subject to change.

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September Landscaping

Submitted By Ron Kerwin

September is the startup time for planning some cool season activity. It is about time, right? We need to continue with all the things we have been doing to get through another summer; watering at 1 inch per week, good layers of mulch etc.

Now is a good time to raise tree canopies and thin them out. Dead limbs are obvious now, which will not be the case after leaf drop. Many property owners still have curb area trees with limbs prohibiting cars or trucks from parking in front of the home without paint damage to the roofs. These same trees often endanger passersby on the sidewalk from being poked in the eyes. They also usually have dead grass underneath caused by lack of sunlight to the turf area. Other trees on your properties can benefit from canopy raising and thinning. Wax myrtles and some other "shrubs" can be treed up so they have visible trunks and more resemble trees than shrubs, a totally different look.

Historically Septembers are still very hot. If you are wearing down, you can still hire a lawn service (like mine) to get you through the season. Lawn Companies should be happy to take you on as new clients even this late in the season. If you desire to have an attractive and green lawn all winter, you can put down ryegrass seed late in the month or in October. Your property will stand out in the neighborhood as people drive by and see your green lawn amongst all the dormant grass lawns.

Buy your spring bulbs through catalogs or local nurseries. DO NOT plant them yet. You can get a better selection now. Hybrid tulips and hyacinth bulbs should be placed in the vegetable crisper section in your refrigerator for a necessary pre-chill period prior to planting them. Wait until October/November to plant any bulbs. You can however prepare the beds for the bulbs, add organic matter & turn over the soil.

You can cut back your roses early in the

month, but do it sparingly. You will get a rose display this fall if you have maintained your roses well over the summer heat. You can actually plant a fall vegetable garden now. For a list of veggies recommended and their varieties for this area call the Texas Extension office at 817-884-1945 and ask for the free list. The Extension Office has a surprising quantity of free information available, so ask for answers to several questions. The volunteer Master Gardeners there will try hard to get you the right publications.



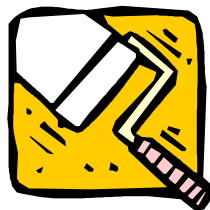
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Fit Facts™

FROM THE AMERICAN COUNCIL ON EXERCISE®

Don't Be a Sore Loser



Feeling a Little Eccentric?

A muscle contracts eccentrically when it lengthens under tension during exercise. For example, during a biceps curl, the biceps muscle shortens during the concentric lifting phase and lengthens during the eccentric lowering phase.

Eccentric contractions also can occur during aerobic activity, such as downhill running, in which the quadriceps muscle repeatedly lengthens against gravity to lower the center of mass and aid in shock absorption.

DELAYED MUSCLE SORENESS

It's the name of the stiff pain you feel as you roll over and reach to turn off the morning alarm after a day in which you trained unusually hard or tried a new exercise.

Some people feel there's no better reward; others cease to exercise. What everyone should know is that there is a way to prevent this muscle soreness.

What Causes Sore Muscles?

There are two types of exercise-related muscle soreness. Immediate muscle soreness quickly dissipates and is the pain you feel during, or immediately after, exercise.

(Continued on Page 47)

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Fit Facts - (Continued from Page 46)

Delayed muscle soreness signals a natural adaptive process that the body initiates following intense exercise. It manifests 24 to 48 hours after the exercise session and spontaneously decreases after 72 hours.

Numerous studies have been conducted to determine the cause of delayed muscle soreness, and the theories have been many and controversial. The most current research attributes it to microscopic tears in the muscle and surrounding connective tissue following eccentric exercise.

Those who experience delayed muscle soreness include conditioned individuals who increase the intensity, frequency or duration of their workouts, or participate in an activity that they are unfamiliar with. Beginning exercisers, or those who have undergone a significant lapse in training, frequently experience soreness when starting a new exercise program.

Studies on the best methods to alleviate delayed muscle soreness are almost as abundant as the number of studies conducted to

determine its cause.

Cryotherapy (the topical application of ice), massage, stretching, and the use of nonsteroidal anti-inflammatory drugs (NSAIDs), among other less conventional approaches, have been tested to determine if they can prevent delayed muscle soreness or are effective treatments. To date, no therapy that hastens the decrease of delayed muscle soreness has been found, however some of the therapies previously mentioned may have a minor impact if initiated immediately after intense or unusual exercise.

The Good News

Once you induce delayed onset muscle soreness at a specific exercise intensity, you shouldn't experience that sensation again until intensity is increased.

This is because delayed muscle soreness has been shown to produce a rapid adaptation response, which means that the muscles adapt to an exercise intensity. Until it is changed, soreness won't occur.

This is the basis for the most widely recommended approach to preventing delayed muscle soreness: Gradual progression and conservative increases in intensity, frequency or duration. Preliminary light exercise may prevent the onset of soreness following a heavy eccentric exercise workout.

Beginners should exercise with light weights, two to three times per week for one or two months, then gradually build. Already-conditioned exercisers who want to try a new workout or sport also should begin gradually, taking care not to be overzealous.



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Top 10 Extreme Vacations - These Adrenaline-Packed Vacations Will Get Your Heart Racing

Submitted by Marina Byrum

Some travelers love to live on the edge; thrill-seekers looking for adventure while on vacation. If orbiting the earth, bungee jumping from a tower on the Las Vegas strip, or getting up close and personal with a gorilla sounds like fun to you, you're in luck. We've looked at Sherman's Travel tips, and found 10 extreme vacations guaranteed to get your heart racing, and just in case you aren't quite ready to swim with the sharks, we've also found a similar - albeit less adrenaline pushing - alternative to each of these adventure-filled trips.

1. Drag racing - If your adrenaline pumps just watching "The Fast and the Furious", your heart will feel like it's about to come out of your chest when you experience the real thing. Street racing is illegal, but law-abiding drag-racing schools abound. Doug Foley's Drag Racing School offers several dates in Atco, New Jersey (plus a trio of options in Michigan, Pennsylvania, and Maryland); for the highest HBM (heart beats per minute), opt for the Super Comp Dragster package, a two-day program that includes safety instruction and step-by-step familiarization with your car. Then it's time to hit the track, open the throttle, and make like Mario Andretti.

Low-adrenaline alternative: Not quite ready to get behind the wheel? Get behind Andretti himself and ride with him when you sign up for a Mario Andretti Fantasy Day. Yes, autographs are included.

2. Gorilla safari - For the chance to interact with the one of the world's most-endangered species, follow in the footsteps of Dian Fossey, the anthropologist immortalized in the 1988 movie "Gorillas in the Mist". No more than 700 mountain gorillas remain, but Volcanoes

National Park in Rwanda, Africa is still the best place on the earth to spot — and maybe even touch — one of these gentle herbivores. Their distinctive personalities are endearing, while the ruins of the Karisoke Research station where Fossey was murdered and buried are themselves quite moving. JK Safari runs 4-day safaris to the area that include ecolodge stays.

Low-adrenaline alternative: If you're not up to the intense safari necessary to track the mountain gorillas, a visit to Monkey Mountain in France provides primate interactions of a different kind: the 280 Barbary Macaques monkeys here roam free among visitors, but be careful, as these mischievous creatures are known to take food right out visitors' hands!

3. Heli-skiing - If you're a top-notch skier with a penchant for adrenaline, get off the trails and take to the skies by boarding a chopper and going heli-skiing, a sport that makes the trek up the mountain as exciting as the run down. Lured by the promise of untouched slopes, wilderness solitude, and challenging terrain, those who dare to get airborne access otherwise inaccessible peaks. Valdez Heli-Camps operates tours to the Chugach mountain range in Alaska; serious extremists book the four-day Sound to Summit package that tackles Chugach's 13,000-foot peak and offers accommodations on a ship (complete with heliport) anchored in the Prince William Sound.

Low-adrenaline alternative: Have a fear of flying? Consider backcountry skiing in the Colorado Rockies instead; Paragon Guides offers great off-the-trail treks in Vail.

(Continued on Page 49)

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Extreme Vacations - (Continued from Page 48)

4. Mountain climbing - As the holy grail of mountain climbing, the legend of Mount Everest looms large in travelers' minds, and with good reason: risking passage through the "death zone" (which takes lives every year) and reaching the summit is the achievement of a lifetime. If you're an accomplished climber, Adventure Consultants offers summit expeditions from Nepal that will set you back about \$60,000 and come with no guarantees of summiting.

Low-adrenaline alternative: If you've just got to see Everest but don't want to risk your life (or spend your life savings to do it), entirely doable (and more affordable) trips to base camp — complete with spectacular views — are available from KE Adventure Travel for about \$2,300.

5. Sandboarding - Whether you already consider snowboarding passe or simply can't wait till winter to carve up the slopes, try strapping on your board and tackling a mountain of sand. Sandboarding is a four-season extreme sport that's recently gained in popularity with snowboarders looking for a similar rush and surreal, desert landscapes. Sure, you could try surfing the dunes at your local beach, but for the real deal, head to Cerro Blanco near the Andes mountain range in Peru to find the world's tallest sand dune. Peru Adventure Tours runs 8-hour outings (leaving at 5 a.m.) that include board and lunch.

Low-adrenaline alternative: If carving up the sand isn't your thing, explore via dune buggy in the Oregon Dunes National Recreation Area instead.

6. Shark diving - If "Jaws" didn't permanently scare you out of the water, pack your gear and go deep-sea diving with the sharks off

the coast of Cape Point, South Africa. Apex Shark Expeditions runs day trips into False Bay (some 30 minutes from Cape Town) between November and June, inviting you to swim for over an hour with Mako and blue sharks without anything but your wet suit between you and their fins.

Low-adrenaline alternative: Check out the world's largest predatory shark — the great white — in the Pacific waters around Mexico's Isla Guadalupe; Shark Diver outings put you underwater — and safely behind bars — in a secure steel cage.

7. Space travel - The typical vacation will liberate you from the tedious orbit of the work day, but the 10-day space journey offered by Virginia-based Space Adventures blasts you from a launch pad in Kazakhstan into the actual orbit of the Earth, where gravity itself becomes obsolete as you circle the globe every 90 minutes. But if the thought of piggybacking on a Russian rocket for a cool \$25 million grounds you, wait for a comfy chair on Richard Branson's Virgin Galactic, set to launch as early as 2009 with suborbital flights that will set you back \$200,000.

Low-adrenaline alternative: Zero-gravity thrills at an even less-astronomical price (\$3,950) are available in Fort Lauderdale through Zero G, where you can simulate weightlessness via the same parabolic-flight maneuvers used to film a buoyant Tom Hanks in "Apollo 13".

8. Spelunking - Rappel down the side of a limestone cliff, squeeze through damp crevices covered with luminescent glow worms, leap from a subterranean waterfall, and go "black-water rafting" in

(Continued on Page 50)

ORANGE TAPIOCA FRUIT SALAD

1 can mandarin oranges
1 pkg. vanilla tapioca mix
3 bananas, sliced
1 can fruit cocktail
1 pkg. orange tapioca mix



Drain 1 can of mandarin oranges and 1 can fruit cocktail. Mix these liquids with enough water to make 4 cups liquid. Add both tapioca pudding mixes to the liquid and bring to a boil over medium heat, stirring constantly. Cool and add fruit cocktail, oranges, and sliced bananas. Chill till serving.



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Extreme Vacations - (Continued from Page 49)

the underground rapids at Ruakuri Cave, part of the otherworldly Waitomo cave system in New Zealand. The five-hour Black Abyss adventure offered by The Legendary Black Water Rafting Co. is the most challenging of the region's guided tours, with a mix of climbing, rappelling, and cave tubing.

Low-adrenaline alternative: For a less-demanding domestic descent, go to Carlsbad Caverns National Park in southern New Mexico. Rather than rivers and waterfalls, the 300 caves here were carved out by limestone-dissolving sulfuric acid, making for a much drier — yet still “deeply” satisfying — experience.

9. Stunt vacations - Making a living as a stunt person sounds crazy to most, but if you fancy yourself a daredevil, it probably sounds like a dream job. For a taste of the car chases, burning buildings,

and free falls seen in high-octane action movies, head to Las Vegas. Thrillseekers Unlimited offers hear-pounding adventures taught by working SAG stunt professionals; book the five-day Stunt Experience and you'll stunt fight, set yourself on fire, and bungee jump from the AJ Hackett Tower on the Strip.

Low-adrenaline alternative: If you'd rather take it one adventure at a time, try a tandem skydive offered at hundreds of locations across the U.S.

10. Titanic dive - You've seen the movie, but nothing prepares you for seeing the RMS Titanic up close. You don't have to be an oceanographer to get a look at the shipwreck of all shipwrecks, either — head to Newfoundland, where The Great Canadian Adventure Company runs expeditions aboard the Akademik Keldysh, a Russian research vessel capable of descending nearly 2.5 miles underwater to reach the ship's resting place. The privilege of seeing the Titanic up close costs nearly \$40,000 but, for fanatics, it's a small price to pay to be one of the first non-scientists to make the dive.

Low-adrenaline alternative: If your pockets aren't that deep, a snorkeling excursion in the Bahamas should satisfy some of your curiosity — minus the major expense. Bimini, Grand Bahama, Paradise, and Andros islands all have shipwrecks right offshore; all you need to explore them are your mask and fins.

No matter what activities you choose to pursue, just be sure to enjoy your vacation! It's the only time we get to act like kids again, eschew wearing suits and pantyhose everyday, sleep late, eat whatever we want whenever we want, etc. Enjoy the rest of your summer!

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Meet Samantha and Marissa

The 2008 Heart Gallery of Central Texas is almost here! It will be unveiled at SPAZIO's on September 18, 2008. This picture is featured on our invitation this year, with the hopes that someone will see them and give us a call. You see, Samantha is 16, turning 17 in September and Marissa is 10. These two girls are full of life, hope and plans.... but they need a permanent, forever family to help them grow and learn. Even at 17, Samantha still needs a family. She's missed out on the fun things girls get to do with their parents. While she has learned a lot of life's lessons, they are not the kind that create memories for a happy childhood. Each of these girls still have a lot of room to grow and a lot of love to give. Help them to believe!

About Samantha and Marissa: Samantha and Marissa are beautiful siblings who enjoy listening to music. Samantha is funny and sweet, she loves playing softball, drawing and writing in her journal. She will be going into the 9th grade and participates in special education. Marissa is energetic and friendly, she likes to color and play board games. She will be going into the 3rd grade and participates in special education. Both girls hope to attend college at the University of Texas in the future. These sisters hope for a family that enjoys going to church as much as they do. They also hope that their adoptive family enjoys to swim. Samantha and Marissa are legally free for adoption and look forward to meeting their adoptive family.

If you would like to learn more about adopting from foster care, Samantha and Marissa or hear more about The Heart Gallery of Central Texas Gala on September 18th, please call us at 512-301-2825 or tracyeilers@adopttexas.org

Photo by
Amanda Wintenburg

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Recipe of the Month:

Lemon Ice Box Cake

Submitted by Madra Ford



- 1 yellow cake mix
- 2 cans sweetened condensed milk (Eagle Brand)
- 1/2 cup fresh lemon juice
- 1 8oz. container Cool Whip

Bake cake as directed for two layers. When cool, slice each layer in half, making four layers. In a bowl combine condensed milk with lemon juice.....reserve 1/2 cup & set aside for frosting.

Use remaining juice/milk mixture as a filling between the four layers. With reserved mixture, gently fold in the Cool Whip and frost entire cake. Holes can be poked in cake so frosting is absorbed. This is better if made a day or two in advance.

If you would like to submit YOUR recipe email it to articles@peelinc.com.

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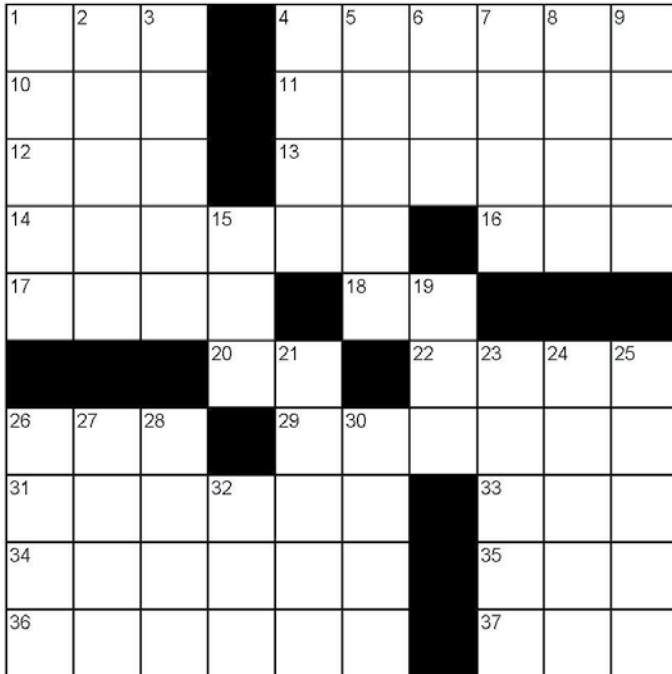
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ACROSS

1. Behind
4. Hand shovels
10. Director (abbr.)
11. Saudi —
12. W.C.
13. Iterate
14. Set in, like wood
16. Still
17. Bare scalp
18. Tulsa locale
20. Military policeman (abbr.)
22. Loaf
26. Claw
29. Sign on
31. Speech maker
33. Scarlet
34. African country
35. Pride
36. Render able
37. Water

DOWN

1. Improvise a speech
2. Female singer ___ Apple
3. Mythical monster
4. Asian dress
5. Doctrine
6. Cereal
7. Do what you're told
8. Stack
9. Sodium
15. Admiral (abbr.)
19. Fox's offspring
21. Skulk
23. Braved
24. Vassal
25. Give
26. Covered stadium
27. Iraq's neighbor
28. Merry
30. Canal
32. Bill

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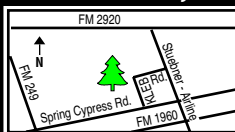
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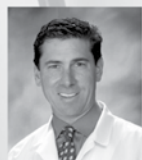
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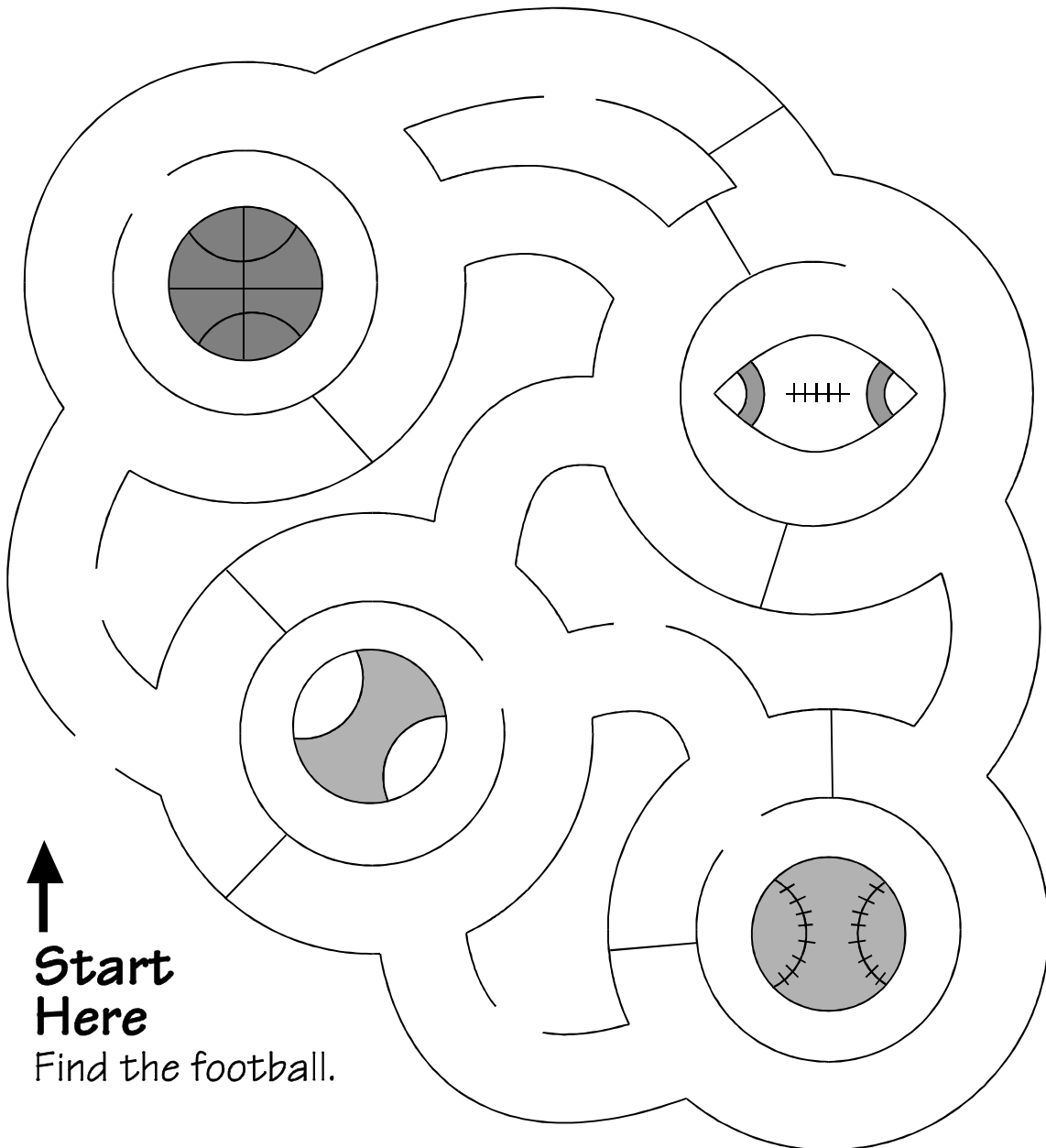
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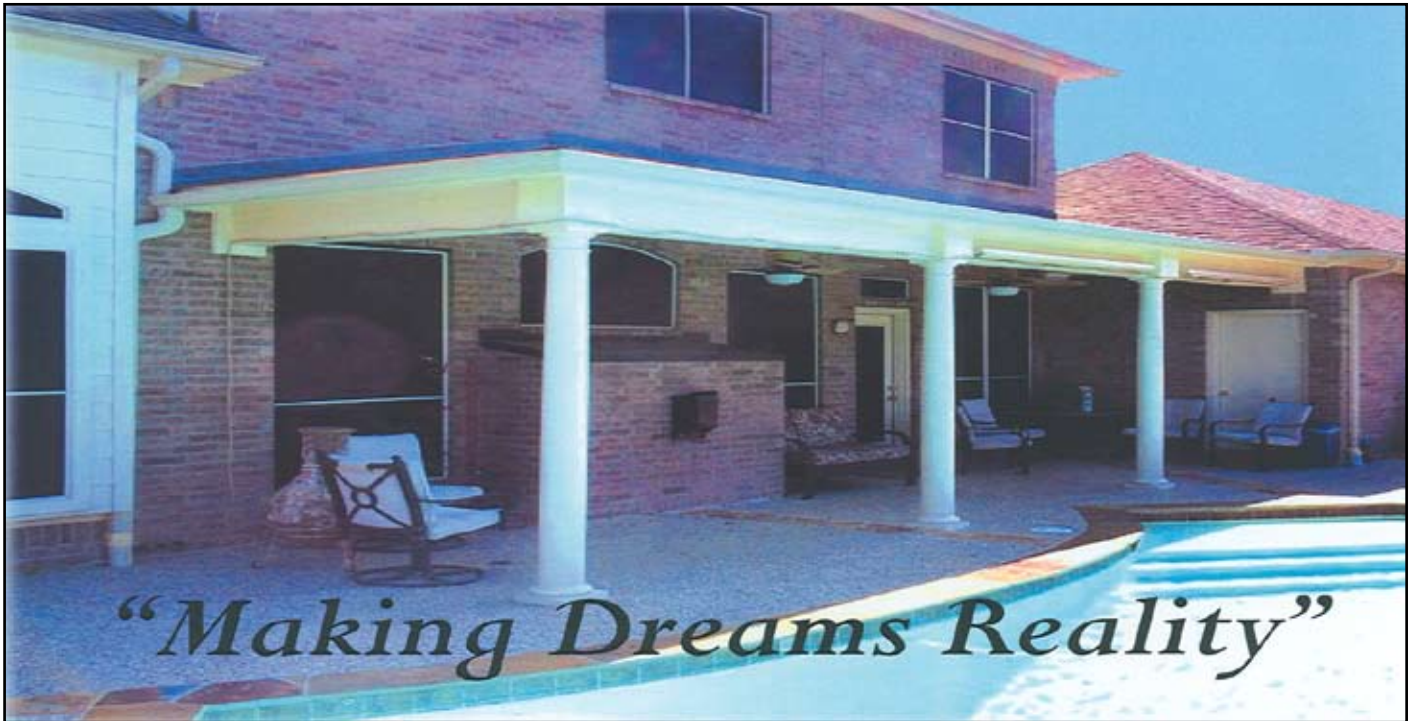
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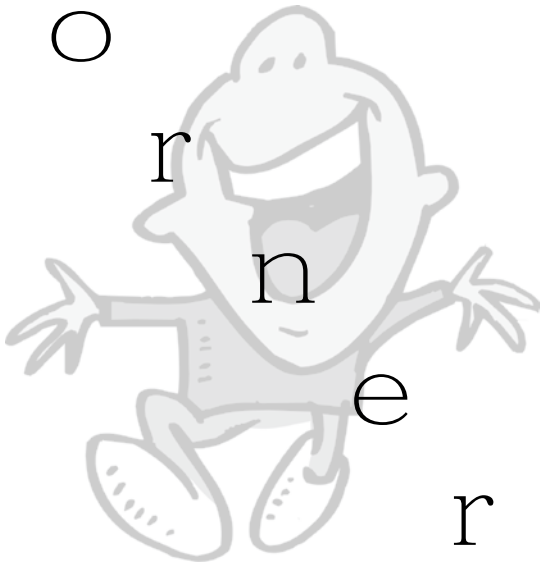
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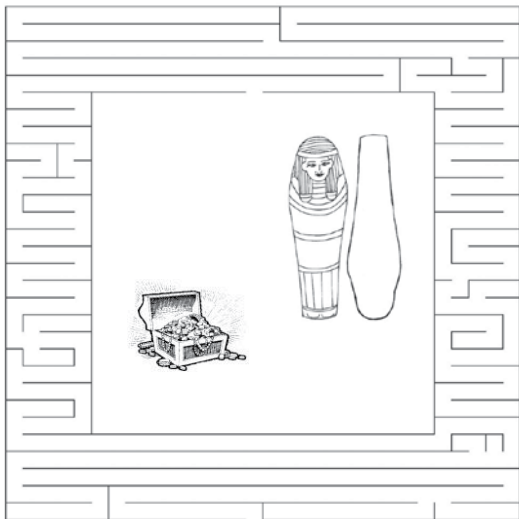
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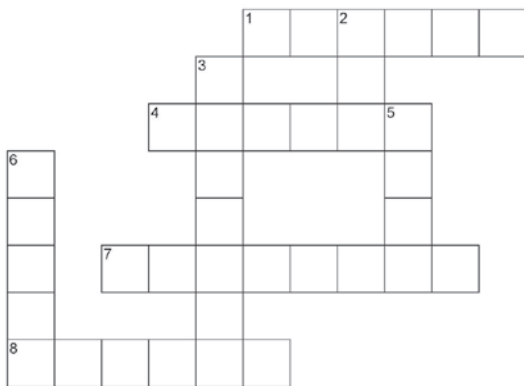
Help the explorer get to the Egyptian tomb where the treasure is hidden.



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Kidz Crossword Puzzle

Instructions: Match the correct answer with each clue to complete the puzzle.



ACROSS

DOWN

Clue

1. Makes music
4. To laugh
7. Something printed
8. To move

Answer Clue

- Giggle
- Travel
- Violin
- Document
2. Awake at night
3. You ride it
5. Level or flat
6. Before others

Answer

- Bicycle
- Even
- First
- Owl

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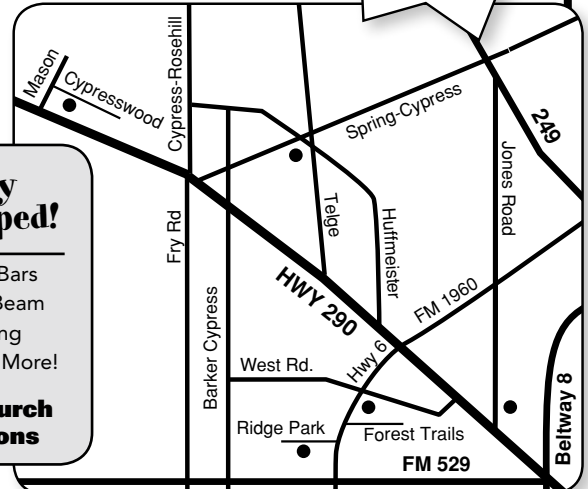
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so we can let you know!

Name: _____
(first name, last initial)

Email Address: _____

Age: _____

[This information will only be used to notify you
or your parents if your artwork was selected.]



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Personal Classifieds - Limit 30 Words

"SPECTRUM" KIDS: My daughter is 5 and we are looking to start play date/s on weekends – to have fun with shaving creams & bubbles! If interested, email me at lynn94md@yahoo.com.

CHILDCARE NEEDED: Looking for after-school care for my 5-year-old daughter. Also looking for a nanny for 3-year-old daughter. call Robert ASAP. 832-675-3364

BABYSITTER NEEDED: Looking for a babysitter to play with a 2 1/2 yr girl for a couple of hours 2-3 times a week from 4:30pm to 6:30pm. References preferred. Please us contact at 713.256.7400

PLEASE HELP: CFISD teacher working for a low socio-economic school in need of children's books for classroom library preferably first through third grade. If you would like to donate any books regardless of condition please email Diana at dvilla_22@sbcglobal.net I would truly appreciate your help.

NEED HELP WITH EBAY: I will pay 25% of all profits made from items (mostly books and comics) sold on eBAY--to anyone who lists my items and handles the web site for me. Call Harry at 832-334-9561.

ADULT CAMPER: Do you have an RV, kids grown up and gone? Like to socialize? Come join us. For more information, contact us at 281-373-1374 or e-mail brakeaways@yahoo.com. (Nonsmoking group).

PLAYGROUP PALS NEEDED: I am looking to start a playgroup for my one year old daughter. If interested, contact Allyson at 218-256-6389 or email me at allykamp@yahoo.com.

FOR SALE: Girls Bedroom comforter set. Twin comforter, sham, sheets, dust ruffle, accent pillow, fabric, valance and wall paper broder. Laurel Ashley Fun Fairy, pink. \$50. Duvet cover Twin, coordinates, \$20.00. Call Cindy 281-304-7199

FOR SALE: Slate Blue Arm Fabric Chair and Ottoman. Slightly worn. Good for your college student. \$100.00 Call Cindy @281-304-7199.

FOR SALE: 21 ft. commercial heavy duty up rite freezer, excellent condition \$250; gently used trumpet \$200; remote control gas operated car, very fast, controller, charger and starter pac, \$150; Honda XR 250 dirt bike, ramp, helmet, manual \$1600; like new weight bench and weights with 2 ez curl bars, \$100; 54 cal. Thompson Center Arms, Hawkins black powder rifle with accessories, great shape, \$500. billb9511@yahoo.com, 713-410-1391.

FOR SALE: Commercial grade Tanning Bed used in home \$400.00. 2003 55" Mitsubishi big screen TV, needs repair, \$100. 2006 Bolens push mower \$50.00. Will email photos upon request. Call 817-797-2070

COFFEE TABLE FOR SALE: Oak with glass top inserts coffee table for sale. In good condition. Could e-mail pictures if interested. Asking \$20.00 OBO. Call Mary Carl 281.304.1227 or mkhc73@aol.com.

UTILITY TRAILER FOR SALE: 2004 16'x6.5' tandem axle trailer, bearing buddies, tires replaced in 2007, used only during hunting season. Great shape. \$1400 obo. 281-256-6697.

PAINT FOR SALE: Sherwin Williams 30 oz paint samples for sale

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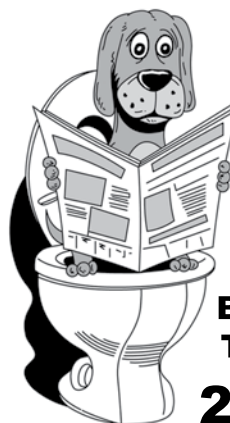
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FOR SALE: Power wheels BATMAN Batmobile for sale. Very gently used. May need a new battery but in awesome condition. Paid \$400, asking \$150 or best offer. Two all wood end tables light oak with drawers. Very pretty. \$50 for pair. Registered Pug to stud. Call 713-504-1707.

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2004 PORSCHE BOXSTER S FOR SALE: 50th Anniversary Edition of 550 Spyder, No. 1448 of 1953 built. Silver exterior, dark gray interior, 264 hp. Pictures available via email. Excellent condition. Call 713-828-7370

KIDS GOLF CLUBS FOR SALE: Left handed US Kid Golf Blue set in good condition. \$60. Call Danny at 713-480-6080

FOR SALE: Kid's solid wood table (33.5"L x 24"W x 19.5"H) and 2 chairs for \$40 (very good condition); Audiovox Pocket PC/cell phone (Verizon) Model XV6600WOC for \$20; and halogen torch light (6 ft; black) for \$8; call Patrick at 281-654-3109 (work) or 281-256-3711 (home).

FOR SALE: Kid's solid wood table (33.5"L x 24"W x 19.5"H) and 2 chairs for \$40 (very good condition); Audiovox Pocket PC/cell

Images

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FAIRFIELD COMMUNITY GAZETTE

phone (Verizon) Model XV6600WOC for \$20; and halogen torch light (6 ft; black) for \$8; call Patrick at 281-654-3109 (work) or 281-256-3711 (home).

ENTERTAINMENT CENTER FOR SALE: Wood Entertainment Center 3 Pieces : \$250; Mahogany Executive Desk, 2- Credenza's, File Cabinet, Matching Wood Chair-\$500; 8ft Pool Table: \$500. Contact Tom at 281-373-0379.

FOR SALE: Teak Dining Room Table 39x65 (leaves slide under table --extends to 106) Also 6 rust colored suede chairs (4 side and 2 arm) Legs are chrome. \$250.00 Please call 281-304-2923

ANTIQUA DESK FOR SALE: BEAUTIFUL oak antique desk. Slightly fragile but great shape. 27 in X 48 in and height is 29 in. cbenningfield@comcast.net 979-777-9393 CeCe

ANTIQUA CHEST OF DRAWERS FOR SALE: Pretty antique oak chest of drawers. \$300. Drawers need new slides and door needs new hinge but it is a beauty! 33 in. x 50 in. cbenningfield@comcast.net for pics. 979-777-9393 CeCe

FOR SALE: Elementary/Middle School teacher parting with 2 boxes of children's book. \$2 for hardbacks and \$1 for paperbacks, magazines or \$50 for one box. Come dig! 979-777-9393 CeCe

KIDS CLOTHES FOR SALE: Lots of great kids clothes. Come dig. Tons of boys clothes, some girl clothes. \$2 each. Or offer a lump sum. 979-777-9393 CeCe

MASTER BEDROOM SET FOR SALE: We have a beautiful master King bedroom set that includes a king size bed with a tempurpedic mattress, a comforter, 2 sets of sheets, and pillows. Also

included are two night stands, a chest of drawers, and a dresser with a mirror. This set is like new with no scratches, dents or marks of any kind. All pieces are of solid wood and have hand carving for an added touch of elegance. The headboard, footboard, and mirror have hand crafted iron work with these pieces that create a definite distinction that will surely catch your attention. We have had this set for only 7 months. Asking \$4499.00 Call 281.373.0048

MOVING SALE: Lane Navy Blue Leather Recliner \$50, Child's Wicker furniture set \$150, Black & White/zebra print lamp, nice blanket, pillows and etc., beanie babies/winnie the pooh stuffed animals, 16" green mongoose bike (like new) \$30, - please call 281-213-3416 for more info.

BOAT FOR SALE: 1997 Sprint FunSport 215 (21.5 ft.) deck boat with a Johnson 150 hp V6 Ocean Runner motor. Asking \$9,000 for the boat and trailer with all the "toys" (tube, ropes, life jackets, etc.) Call 281-213-3416.

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FOR SALE: Metal Dog Crate - Black, comfortably accommodates up to 25 lbs. Mint condition. Retail for approx. \$60.00, asking \$20.00.

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FAIRFIELD COMMUNITY GAZETTE

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FOR SALE: Bell'O TV stand - purchased from Best Buy. Silver/gray with 3 shelves of tempered glass. Beautiful condition. \$75.00. 281-373-3788

FOR SALE: Used China, Butter Cup by Spode, 8 pc. place settings, half price - \$400! Beautiful Sterling, Prelude by International. 8 Place Settings plus Service Pieces, \$3,600.00. Call Geraldine: #281 352-9266

MOVED & IT DOESN'T FIT: Heritage collection distressed pine bedroom suite. Lighted bridge headboard, 2 nightstands, dresser, mirror, armoire. Custom cut glass tops. Must see. Paid \$5,000 Asking \$2,800. 281-213-4396.

BABY ITEMS FOR SALE: Solid white wood convertible crib \$70 with mattress, white changing table \$15 with pad, pink and green pad covers for changing table \$5 each, bassinet blue and tan french bear pattern \$30, white plastic toddler bed \$10, glider rocking chair oak with blue pads \$35, pink and grey infant graco car set \$35, crib tent \$25. Girls baby clothes by the box make an offer. All items gently used call 281-256-3493.

FOR SALE: Jenny Lind crib in mint condition. White with spindle rails. \$75.00; Brown Jenny Lind cradle good condition \$25.00; Mint condition twin head board and rails. White metal frame. \$35.00; Mint condition White 5 drawer dresser with matching night stand. \$100.00 Antique dresser and matching vanity with original round mirror.

Needs some work but nice. 200.00 (OBO). Please call or email for pictures. jankaiser@sbcglobal.net 832-276-3757

FOR SALE: GE Black Single Electric Oven, works great, replacing kitchen, don't need with new range coming - \$125/OBO. Can send photos via email or you can come inspect. Whirlpool 940 Series Black Dishwasher - model DU940QWDBY works well, got new stainless - \$65/OBO - Can send photos via email. Double Kitchen Sink by Kohler (33x22) - including the Price Pfister stainless faucet & garbage disposal \$120/OBO - Can send photos via email or you can come inspect. Email us at DGrisbee@sbcglobal.net

CAMPER FOR SALE: 2000 Coleman Westlake pop up. Great for camping or hunting season. Sleeps 9, A/C, in/outdoor stove, fridge, sink, in/outdoor shower, potty, awning with screen room, rooftop bike rack for 5 bikes, front storage compartment, electric brakes. \$4,800. Call 713-305-2429.

FOR SALE: 2 Ethan Allen night stands, like new, \$150.00 each. Dining Room Set, 6 Ethan Allen chairs, 2 arm chairs and 4 side chairs, brand new. Table has 2 leaves, \$800.00 for all. 19" color RCA TV, AC/DC with DVD, \$50.00. Fitness, stationery exercise air bike, \$50.00. If interested, please call: 281-256-0224 or 713-591-0226.

BABY ITEMS FOR SALE: High Chair \$30, Papasan Swing \$70, Bumbo and Tray \$30, Soothing Massage Bouncer \$25, Combi double twin savvy stroller \$125 paid \$275 less than 1yr, Graco stroller \$50, Tons of newborn to 12 month clothing \$3 for each outfit. All items are in excellent used condition. Please call 832-876-4358

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FAIRFIELD COMMUNITY GAZETTE

BABY ITEMS FOR SALE: White Jenny Lind crib and changing table \$100 for both. Choice of 2 crib bumpers, matching cribskirts -boy or girl - with matching mobile for boy bedding. Pics available- both custom made. Osh Kosh door way jumper- \$5, bottle warmer \$10, Pottery Barn Blue baby seat cover and head support - very soft (great for winter), 2 infant floats (frog, sports), learning table for sale ABC/colors, #'s- \$10, baby toys, Leap Frog worm for crib/car seat and more - contact J.J. (281)256-3949.

HOME & ACCESSORIES FOR SALE: White purse-pretty big (just bought at PaperDaisy for \$40 will sell for \$15), 2 Barstools with light wicker seats and wooden legs, wrought iron palm tree candle holder, 1 1/2 ft high-would look great in a bathroom, snake skin boots size 8.5, Lots of beautiful pillow (golds with beads and fringed, chocolate with feathers) - may just want to use for inserts for pillows, Ralph Lauren King bedskirt and matching king pillowcases - all have ruffled edge in sage green-\$7- contact J.J. (281)256-3949.

BABY ITEMS FOR SALE: Swing, portable swing, bouncer, carry on, stroller/car seat travel system, clothes in great condition. Playstation 3 games in excellent condition- call for prices or pictures- all prices negotiable. Call today: 281-256-3792.

LITTLE TIKES PLAYSET FOR SALE: 8-in-1 adjustable playground (sells new 399.99) asking 175.00 (good condition). Little Tikes 2-person pedal car: \$30.- Antique dark wood bedroom set in good condition 3 pcs.(dresser, dressing table, double bed) asking \$300. OBO (great for college or spare bedroom).call to see:281-213-9980.

CY-WOODS SEASON FOOTBALL TICKETS: 3 tickets available in section C-center, Aisle Seats \$200 Call 281-798-1615

MOVING SALE: Treadmill \$75, 2 Computer monitors \$30, Oak Entertainment Center \$40, Formal Dresses \$30 - \$250, Glass and Iron table, 6 chairs, hutch set \$300, Oreck vacuum full size and hand \$50, many other items. Call 281-798-1615 to see.

FOR SALE: Two Century car seats \$20 each or \$30 for both; Spiderman three wheel scooter \$10; boys 12 inch bike with training wheels \$15; all in good condition. Please call Susan @ 281.373.5095

BASS BOAT FOR SALE: 1987 14 ft Bayliner bass boat, model 1410 Bass Striker, 50 HP Force, Escort trailer, includes trolling motor, fish/depth finder & accessories. Garage kept. \$1250 Call: 281-373-0207

FOR SALE: Infant Floppy Seat for Shopping Cart. Barely Used. \$10 Call 281-256-2894. Will email picture.

FOR SALE: Boys 16" Red Schwinn Bike. Works Great. Very Good Condition. Comes with training wheels. \$25 Call 281-256-2894. Will email picture.

FOR SALE: White Wooden Bright Future Baby Bed. Excellent Condition. Converts to Toddler Bed. Mattress not included. \$75 Call 281-256-2894. Will email picture.

FOR SALE: 2 - XBOX consoles, 5 controller's, 1 mic, 61 games, and a DVD adapter (so your able to watch movies on your XBOX console). Everything is in working condition for \$300.00. If interested please call Donna @ 713-828-9548.

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FOR SALE: Computer desk \$40, kids clothes 12 mo.-size 12/14-\$1-2 each, leap frog entertainment table \$30, 2 baby gates-\$15 each-cbenningfield@comcast.net/979-777-9393.

GIRLS CLOTHES FOR SALE: Gymboree, Limited Too, Children's Place, etc. Some very cute outfits. Dressy and casual. All seasons. Sizes 4-8. Please call Sandra 281-256-3030.

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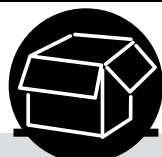
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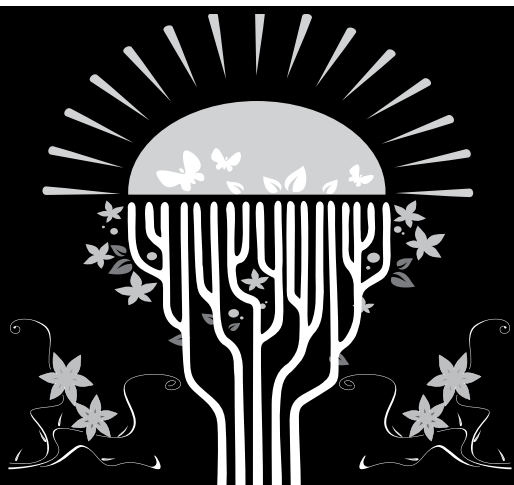


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16219 Morning Pine Trail,
3/3.5/3, 3778 SqFt, \$317,500



16247 Field Haze Trail,
3/2/2, 1728 SqFt, \$139,900



16327 Redbud Berry Ln,
4/2.5/2, 2170 SqFt, \$149,900



20527 Bouganvillea Blossom,
4/2.5/2, 2237 SqFt, \$156,000



15754 Bending Birch,
4/2/2, 2164 SqFt, \$159,900



15823 Lake Loop Drive,
5/4.5/3, 3767 SqFt, \$389,900



14902 Redbud Leaf,
3/2.5/2, 2392 SqFt, \$164,300



15807 Lake Loop Dr,
5/4/3, 3625 SqFt, \$314,995

Dawn Fore's Fairfield Market Report

Neighborhood	2 nd Quarter Results			Current	
	Sold	\$ per SqFt	DOM	Avail	Pending
Bluebonnet Glen	0	-	-	0	0
Baker's Ridge	3	\$70.30	58	6	0
Chappell Ridge	5	\$72.06	67	5	1
Cottage Glen	3	\$65.61	95	4	2
The Estates	1	\$77.93	141	3	0
Garden Grove	4	\$64.58	39	5	3
Glen	4	\$73.76	23	1	1
Inwood Glen	2	\$67.63	31	3	2
Inwood Meadows	7	\$64.28	83	7	3
Inwood Park	6	\$71.39	39	10	2
Lakes/Lake Ridge 2	9	\$86.45	31	11	1
Crossing/Landing/Reserve	5	\$76.88	38	10	1
Meadows/Park/Retreat	6	\$68.32	104	8	4
Oaks/Trails	4	\$75.66	55	8	2
Pines	0	-	-	0	0
Summer Crossing	2	\$72.91	22	3	1
Summer Ridge	6	\$71.05	86	8	1

These numbers for resale homes were obtained from the Houston Multiple Listing Service. While we have no reason to doubt the accuracy of this information, we cannot guarantee it. This is not a solicitation of currently listed properties.

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