

THE STAR

VOLUME 2 ISSUE 11

NOVEMBER 2008

Greetings FROM GREEN SANTA!

As early as this may seem, plans are already underway for this year's Operation Green Santa. Green Santa is the holiday new toy and food drive sponsored by the ladies auxiliary and will be distributed to families in need within the fire department's service area.

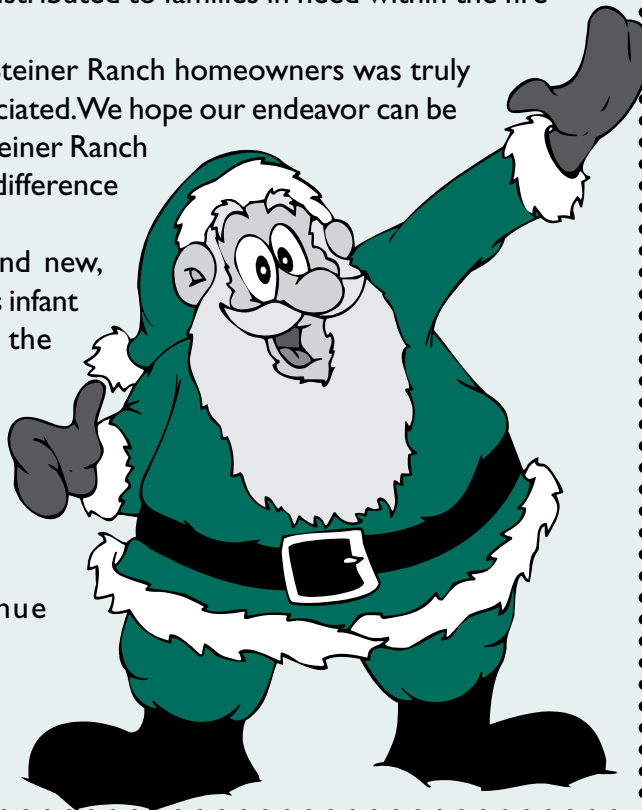
The response last year from Steiner Ranch homeowners was truly impressive and very much appreciated. We hope our endeavor can be put on your calendar and that Steiner Ranch homeowners will again make a difference in this program.

Non-perishable food items and new, unwrapped gifts for children, ages infant to 17, can be dropped off at the fire station in Steiner Ranch. Deadline for all donations is Monday, Dec. 8.

For further information, please call Jeanne at 203-0062 or 266-2602

Thank you for your continue support.

Jeanne Jarvis, President
HB Fire Dept. Ladies Auxiliary



Inside This Issue

<i>Events in Steiner</i>	2
<i>Stork Report</i>	3
<i>Yard of the Month</i>	6
<i>Autumn Fire</i>	7
<i>My 2 Cents</i>	8
<i>History Corner</i>	10
<i>The Green Corner</i>	12
<i>Protecting Your Children</i>	18
<i>Fit Facts</i>	28
<i>Dear Santa</i>	35
<i>Kids Stuff</i>	36-38
<i>and much more!!</i>	

Go
Paperless

Sign up to receive
The Star in your inbox.
Visit PEELinc.com
for details.

IMPORTANT NUMBERS

EMERGENCY NUMBERS

EMERGENCY	911
Fire	911
Ambulance	911
Sheriff – Non-Emergency	512-974-0845
Hudson Bend Fire and EMS	
Emergencies	512-266-1775
Information	512-266-2533

SCHOOLS

Leander ISD	512-434-5000
Cedar Park High School	512-435-8300
Canyon Ridge Middle School	512-424-7500
Laura Welch Bush Elementary	512-435-4750
Steiner Ranch Elementary	512-434-7100

UTILITIES

Travis County WCID # 17	512-266-1111
City of Austin Electric	512-494-9400
Texas Gas Service	
Custom Service	1-800-700-2443
Emergencies	512-370-8609
Call Before You Dig	512-472-2822

AT&T

New Service	1-800-464-7928
Repair	1-800-246-8464
Billing	1-800-858-7928

Time Warner Cable

Customer Service	512-485-5555
Repairs	512-485-5080
IESI (Trash)	512-282-3508

OTHER NUMBERS

Lake Travis Postal Office	512-263-2458
---------------------------------	--------------

NEWSLETTER PUBLISHER

Peel, Inc.	512-263-9181
Article Submissions	thestar@peelinc.com
Advertising	advertising@peelinc.com

Advertising Information

Please support the businesses that advertise in The Star. If you would like to support the newsletter by advertising, please contact our sales office at 512-263-9181 or advertising@PEELinc.com. The advertising deadline is the 10th of each month for the following issue.

2008 Events in Steiner

Nov 1st – Camping on the Ranch
 Nov 8th - Holiday Sales Event
 Nov 28th – Holiday Wine Social
 Dec 13th – Pictures with Santa

Visit the HOA website for more information:
<http://www.steinerranchhoa.org/>



urban
Painting
 company

**Custom
 Interior
 & Exterior
 Painting**

- Traditional Interior & Exterior Repainting
- Custom Striping
- Faux Finishing

Every room, area, and outside of your home reflects your personality, presence, individuality and sophistication.

We take great pride in our work

FREE Estimates



Erick Serdeman
512-745-0706

Steiner Ranch Resident
 15 Yrs. Experience
 Trusted Member of the
 Steiner Ranch BNI Referrals Group

Stork Report in Steiner

Baby Boy:

Maxton Sheridan Boyer
9 pounds 3 ounces
21 3/4 inches long

Born:

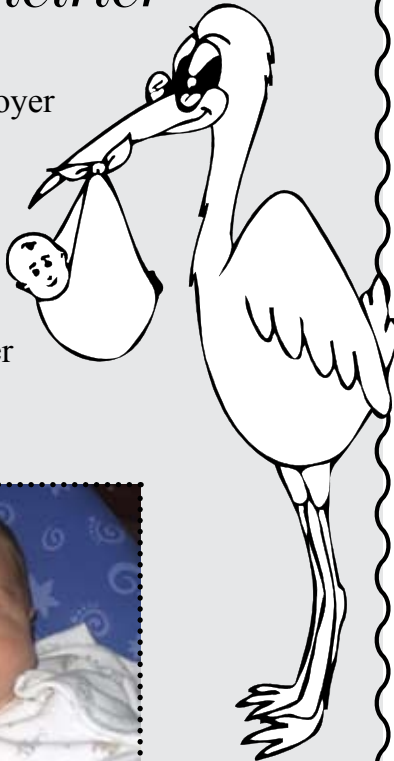
August 15th, 2008

Proud Parents:

Brad & Jackie Boyer

Proud Big Sister:

Mackenzie



*Welcome Maxton!
Congratulations to the
Boyer's on their
new arrival!!*

Lakeway Pediatric Associates



**Come meet the doctor
for a no charge, no
obligation visit.
Call 512 -328-2266 to
schedule an appt.**

- Friendly, personalized and professional pediatric care.
- School and camp physicals, sick and well child exams for your children from birth through late adolescence.
- Board certified physician.
- Accepting new patients and contracted with most insurances.

Shubha Adeni MD; FAAP

900 RR 620 South, Suite C 201, Lakeway, Texas 78734

Phone: 512 -328-2266 Office Hours: Monday - Friday 9 AM to 5 PM

Assisting Buyers & Sellers
with their real estate needs for
over 31 years.

Let MY experience make
YOUR experience a good one!



Check out my Steiner Ranch Neighborhood Website

www.steinerranchneighbors.com

This website was created for use by all Steiner Ranch neighbors for their needs and interests. Please enjoy this website and feel free to post:

- Your own classified ads
- Lost & found pets
- School events info & Athletic events
- Fundraisers

The website contains lots of other neighborhood and area information. I hope you enjoy using this website created just for you.

Thanks! Diane

Coming Soon!

- Greenbelt with Hill Country Views
 - 3 Car Garage
 - 5 Bedroom, 3 Bath, 2 Living + Bonus Room
- \$319,900**

I know the best agents in the world !!!

*...and I want you, your friends and family to
work with the best in all their real estate needs
whether they are buying or selling.*

*Just give me a call or email me the contact in-
formation and I will assist in finding the best
agent available—**ANYWHERE!***

...and reward you for your efforts.

Get the experience you deserve from Coldwell Banker's
extensive relocation network.

Diane Kennedy, ABR, CRS

512-750-2950

Email: diane@dianekennedy.com

Website: www.makeaustinhom.com

www.steinerranchneighbors.com



THE STAR

Greening the Ranch as a Solar Community

Submitted by Barclay Bauman

www.Solarcommunity.net

Solar Community, a local solar consultant, has come to Steiner Ranch. The mission is simple: Help to eliminate electric bills by spreading the word about Austin Energy's solar power program. The program is built around a massive rebate offered by the City of Austin's Local Utility provider, the federal government and Solar Community and brings solar electricity to its residents. Austin Residents will be able to reduce their power bills and stabilize their electric rates for years to come with this clean source of energy. The Basic premise is that Austin will give residential customers \$13,500 per year to add solar panels to their roofs. That's right \$13,500 for adding solar panels to your roof that will drop your Utility bills by as much as 80%. The Local Initiative, Steiner Ranch Goes green, is the first of its kind here in Texas. Bringing group purchasing power to the residents of Steiner Ranch and allowing everyone to receive rock bottom prices on top of the Austin Rebate for solar panels when they buy in bulk directly from the manufacturer through Solar Community. All in all this program promises to deliver a coordinated energy efficiency incentive to residents willing to embrace a new technology that can significantly reduce household costs.

So, just how does Solar Electricity work? Well, there are two main components, the Solar Modules, and the inverter. The solar modules are the dark blue panels that reside on the rooftops. No longer the aluminum clad monstrosities of yesteryear but tailor fit, black matte finished modules that crank out thousands of free KWH's per year. That's Kilowatt hours for short. The other component is the inverter, the computer device that transforms the solar energy into electricity. So these two items work together to produce electricity and funnel it all into the grid. Austin Energy then reduces your power bill. Dollar for dollar. So you would think that with all these rebates and tax credits a solar system would only trickle out electricity, well watch online as Solar Community has put a monitoring device on their webpage. The Web based monitor allows you to see the solar system in operation, churning along producing about 20KWH a day. Not much until you realize there are 300 sunny days a year in Austin and each day the system makes about \$2.50.



NOW PLAYING NEAR YOU!

- RR 620 North, near Lakeway and Steiner Ranch | 512.266.3005
- South Lamar Blvd. at Barton Springs Rd. | 512.442.3416
- McNeil Rd. at Hwy. 183 | 512.258.5588
- Metric Blvd. at Parmer Lane | 512.832.1012



Help Us Spread Holiday Cheer

On your next visit to Taurus Lake Travis, bring this coupon and we will make a \$10 donation to the Pet Food Bank of Austin and Travis County.

StarHills

Boarding • Training • Doggy Play Day
www.taurusdogtraining.com



2nd Annual Jingle Bell Fun Run to Take Place at Towne Square Park Dec. 6th

Submitted by Barclay Bauman

A tradition is beginning here in Steiner with the Laura Welch Bush PTA sponsored jingle Bell Fun Run coming back this year on Saturday Dec. 6th. This second annual event will be promoting health and fitness to our kids. Santa Claus will be leading calisthenics from the Solar-powered Stage before the race and snapping holiday pictures from the swim platform of a new Water-ski boat all morning. Imagine that, Pictures with Santa on the ski boat. There will also be a Solar-Powered Stage with Music and lots of local vendors. All of this to promote healthy living here in Steiner Ranch while teaching our kids about exercise, nutrition and a healthy planet with the use of solar power. There will be a nutritionist coming to talk with everyone about eating right and taking care of their bodies while the kids burn energy in the bounce house. The race course will follow along a path that will start and End at Towne Square and strollers will be allowed. The event is open to everyone and there is an online registration through the Laura Welch Bush PTA webpage. Shirts will also be available for the event.

Michelle Lasher hair design + color specialist

Come experience the Unique, Uplifting, Utopia
of Salon U featuring Michelle Lasher
as your hair design and color specialist.
At Salon U we don't follow the trends we set the trends!

25% off
first service

first time customers with
Michelle only • exp. 11/30/08

unique, uplifting, utopia

Salon U
266-4010
www.salonuaustrin.com
michelle@hairtipsbymichelle.com
1603 RR 620 North • Ste 300
Lakeway, TX • Oak Grove Plaza



JUST IN TIME FOR THE HOLIDAYS.

There's a whole new way of saying I love you this holiday. Visit myplates.com to create your own unique license plates and see how Texas license plates are making some Texas-sized statements.



ORDER YOUR PLATES NOW FOR THE HOLIDAYS



Call toll free: (8 7 7) 7 6 9 - 7 5 2 8

All plates are officially approved by the
Texas Department of Transportation.



THE STAR

Nominate Your Favorite Yard for The Star Yard Of The Month

Nominated by Les & Kristie Wilson



***Congratulations to The Star
Yard of The Month for November!***

It is a pleasure to nominate 3320 SUMMER CANYON DR for The Star Yard of The Month. As most neighbors of this home can remember, this house stayed vacant for quite a while before being purchased by the current homeowners. The home was in much need of some TLC, and boy, did it ever get it!

In only under 6 months of purchasing the home, the homeowners did numerous things to improve the aesthetics of the property. They cleaned and tidied up the entire front, side, and back yard, planted flowers, resodded necessary areas, and installed complete landscape lighting. They also repainted the exterior of the home, installed a new front door, and new lighting fixtures to the front of the home. They have also made many improvements to the backyard!

This home deserves, more than any other, to be The Star Yard of The Month. On any given night or day, one can drive by this corner lot to enjoy its beautifully maintained lawn. It truly has great curb appeal, and the owners have brought new life to a once lonely home.



**YOUR OUTDOOR LIVING DESIGN AND CONSTRUCTION SPECIALISTS.
CALL US TODAY FOR A FREE CONSULTATION AND QUOTE!**

:: PATIOS & DECKS
:: OUTDOOR KITCHENS
:: FIREPLACES AND FIREPITS
:: OUTDOOR LIVING AREAS

SOUTHWEST
Court yard & Stoneworks

:: SWIMMING POOLS
:: MASONRY
:: STORMWATER
MANAGEMENT

PHONE: 512.263.2220 :: INFO@SWCOURTYARD.COM



9811 FM2244 AUSTIN, TEXAS 78733 :: FAX: 512.263.1018 :: WWW.SWCOURTYARD.COM

Autumn Fire

We understand as the season changes so does our potential for fire. Last year's fires in Steiner Ranch have proven that we are not immune to disastrous fires and events that will tax Emergency Services District No. 6/Lake Travis Fire & Rescue's capabilities. We highly urge your attention to the details below that will help you save your home. Most folks really don't think about their emergency services until they need them. Be proactive and avoid some common errors that can ruin your whole autumn season. A wildfire or a house fire is not on your agenda this month, pay close attention to the wildfire recommendations below. These will minimize the threat of an autumn wildfire during this very dry season.

Some of the measures creating and maintaining a "survivable space" around their property include:

- Keep roof surfaces and gutters free of dead leaves and branches
- Trim trees back at least 10 feet from any chimney opening
- Trimming tree branches up to a height of 15 feet
- Space landscaping away from structures so fire can't be carried up to the house by vegetation
- Minimize combustibles around the home and on the deck, (door mats, lawn furniture, etc.)
- Keep firewood, picnic tables, boats, etc. away from all structures on the property
- Proper removal of landscape debris and yard waste
- Prepare an evacuation kit and develop an evacuation plan for your family and neighbors

Fire Prevention Week was October 5-11, 2008. This year's theme was "Prevent Home Fires!". The National Fire Protection Association identifies the two leading causes of home fires as cooking and heating equipment. Fires involving smoking materials and heating equipment are the leading causes of home fire deaths. Be aware that the upcoming holiday season presents its own set of unique home fire safety challenges. Make certain your home has working smoke alarms and have a well rehearsed family home fire escape plan. Make sure your autumn fires are the safe and friendly kind.

Emergency Services District No. 6/Lake Travis Fire & Rescue has a proposition on the November 4, 2008 ballot for a one cent sales and use tax. The purpose of this tax is to raise revenue for items identified in our 5 year Operations Master Plan. Critical needs are: hiring additional firefighters/EMTs, buying a second combination fire engine and ladder truck, remodeling, relocating existing fire/emergency medical stations and adding new fire/emergency medical stations and adding fast response units for wildland and structure fires and medical emergencies. Please vote on November 4th.

Additional information is available on the World Wide Web at: www.LTFR.org; www.firewise.org; and www.nfpa.org



With over 150 available homes for sale in Steiner Ranch it's to YOUR advantage to know the competition...

It's as easy as logging onto www.Agent-Angie.com

Click on property search and you'll have immediate access to all available homes on MLS.

Angie Noeth
THE Steiner Ranch
Realty Sales Specialist
(512) 695-7025
www.agent-angie.com


KELLER WILLIAMS
REALTY



My 2 cents - No make that 1 cent worth....

Lake Travis Fire & Rescue

Submitted by Debbie Tanner-Jacobs

I am a 15 year resident of Steiner Ranch, man where did those years go?! I am a past president (and a number of other positions) of the SRROA board, Social Committee member LISD volunteer and on and on.... I am currently a Commissioner on our Emergency Services District Board (Lake Travis Fire & Rescue). I am writing this hoping that a complicated issue can be summarized.

It must be noted that this is my personal understanding and position as it relates to the District (Texas law prohibits me having a Commissioner position).

The District: Travis County Emergency Services District #6 or Lake Travis Fire & Rescue extends from River Place, down 620 and all the neighborhoods on either side - East on 71 to include Lake Point, West on 71 past Bee Creek and Southwest down Hamilton Pool Road past RR12. Oh and any number of calls on Lake Travis itself. It actually encompasses 200 square miles.

The current District operates on \$.10 per \$100 property value budget. As a comparison City of Austin Fire operates on \$.40 budget. (Which as a side bar: we have been paying City of Austin sales tax up at Four Points for as long as I can remember).

The District is constrained by Texas statute to that limit of \$.10. (The ESDs were created back in the day when almost all Districts were comprised of volunteers).

The Texas legislature passed during the 2007 session SB1502, that with a vote by tax payers the District could collect sales tax anywhere in the District that is not at the State mandated cap of 8.25. There was an election last fall, which the voters passed for the District to have the sales tax. But, since Lakeway is also in the District and they also went for a sales tax election, which also passed, ***It made the Districts election null and void, since it would have put Lakeway over the cap.***

So... with all that being said the District is

having another election this fall which will exclude the areas that are at the cap. **This will not be more sales tax** on top of what was voted for last year, since the outcome was nullified due to Lakeway. This will also give us an opportunity to collect some of the tax from visitors to the area and the Lake. The financial burden won't be totally on you as property owners.

I personally am aware of the response times and the needs the District has, and I can tell you trying to provide this area with adequate Emergency Response and Fire is next to impossible on \$.10. We are three simultaneous events away from a tragedy. Not just fire, but collisions, heart attacks, etc.

So I personally encourage you to support the Proposition for \$.01 sales tax on this Novembers ballot. It's not a complete answer to all the Districts needs, but is the **only** resource available to the District for desperately needed resources.



Top: UT Golf Club Structure Fire 12-07
Above: Autumn Fire Article - LTFR
Firefighters @ UT Golf Club Fire 12-07
Right: UT Golf Club Fire 12-07





Child Care is Now Available for Wild Basin Fitness Members!

Get healthy, enjoy your friends, and join a class or two at Wild Basin Fitness while your children learn and play at The Children's Center of Austin at Steiner Ranch.

Drop-in care & special monthly packages are available for children ages 2-8.

Call or come by today for details!



WWW.WILDBASINFITNESS.COM
266-6161

Be what you want to be at Wild Basin Fitness.

2 WEEKS FREE CHILD CARE

Sign-up today & get 2 weeks of child care FREE!

HURRY! Offer ends 11/15/08.

* Wild Basin will discount your membership to provide 2 weeks of free child care.

2 WEEKS FREE CLASS PASS

Come in today and try our classes & gym FREE!

HURRY! Offer ends 11/30/08.

* 2 week pass includes use of all facilities and includes all classes.

\$25 OFF BABY BOOT CAMP

Sign-up for Baby Boot Camp & get \$25 off!*

HURRY! Offer ends 11/4/08.

* Must register in person at Wild Basin Fitness in Steiner Ranch.

Steiner Ranch History Corner

By Rich Keith

Did you know that McNelly Trail and several other streets in Steiner Ranch are named after famous Texas Rangers? Here we look at Leander H. McNelly (1844-1877). The Confederate Army officer and Texas Ranger captain was born in Virginia. When Leander was 14, McNelly's father P. J. drove a herd of sheep overland to western Washington County while the rest of his family sailed to Texas. After herding sheep for a neighbor McNelly enlisted and served in several Confederate campaigns. In 1863, after taking part in the battle of Galveston, McNelly was promoted to captain for "his daring gallantry." After serving in Louisiana he was seriously wounded at the battle of Mansfield in April 1864, and command of his company devolved upon his lieutenants. After recovering from his wounds, McNelly returned to his command in May in time to participate in the battle of Yellow Bayou. He served in several more campaigns and was

always a hard-charger. Typical of McNelly's exploits was the capture of 380 men in the Union garrison at Brashear City, Louisiana, by his party of fifteen or twenty scouts. After a period of "hunting up Jayhawkers on the Calcasieu," McNelly was transferred to Gen. George G. Walker's cavalry corps and ordered to Washington County, Texas, to arrest deserters.

After the war he turned to farming near Brenham and there married Carey Cheek. They had two children. He later worked for a time in the General Land Office, then served as one of the four captains of the State Police from 1870 until the force was disbanded in 1873. In 1871, after arresting four white men for the murder of a freedman in Walker County, McNelly was wounded by friends of the accused. In July 1874 a thirty-man company of volunteer militia from Washington County was mustered into the Texas Rangers and McNelly was appointed

its captain and assigned to duty in DeWitt County. There the Sutton-Taylor feud was raging. After four months of attempting to suppress civil violence there, McNelly reported that the presence of his men had been beneficial but that he was sure fighting would flare again as soon as the troops were withdrawn.

In the spring of 1875 he was commissioned to raise a new Ranger company for service in the area between the Nueces River and the Rio Grande known as the Nueces Strip. This area was notorious for violence and harbored several outlaws. The forty-man company saw two years of active duty, 1875-76. McNelly's company was noted as "active, vigilant, daring, and successful in dealing with lawless characters" in the border region. But McNelly's methods were questionable. His men were known to have made a number of extralegal border crossings in violation

(Continued on Page 11)

Give the Gift of Membership

Come and Enjoy Everything Membership has to offer:
Golf, Tennis, Fitness, Swimming, Dining and Social Events!

*Join Now through December 31st and receive

(4) 30 minute Personal Training packages to start
the New Year off right!*

What are your Kids Doing after school?

Join the Fun This Fall!

Junior Programs are offered after school
every day September through December.
Our programs include: Golf, Tennis, Tap,
Tumbling, Ballet, Hip Hop & Karate!

*Membership is Not Required to
Trial After School Programs*



RIVER PLACE
COUNTRY CLUB

Please call Raquel Hebben, the Membership Director if you would like to receive
information regarding Membership or Fall Junior Programs.

4207 River Place Boulevard Austin, Texas 78730 | Phone: 512.346.1114 | Fax: 512.346.0527 | www.riverplaceclub.com

Steiner Ranch History- (Continued from Page 10)

of Mexican territorial sovereignty, for which he was removed from command of the company and replaced by Jesse Lee Hall. After his removal, at the request of the DeWitt county judge, McNelly served as an unofficial ranger during the trials of several leading defendants of the same Sutton-Taylor feud in 1876. Thereafter he retired to his farm at Burton, where he died of tuberculosis on September 4, 1877. Remembered as "a tallish thin man of quiet manner, and with the soft voice of a timid Methodist minister," McNelly nevertheless was party to many illegal executions and to confessions forced from prisoners by extreme means. To the present day his tactics remain a subject of controversy on the border, where many remember him best for his torture and hanging of prisoners. Nevertheless, citizens of South Texas erected a monument, paid for by public subscription, to his memory.

For more information contact RKeith@primerica.com Rich Keith at 266-8498.

BIBLIOGRAPHY: Durham, Taming the Nueces Strip. Jennings, A Texas Ranger.. Leander H. McNelly Papers, UT Austin. Noel, Campaign from Santa Fe to the Mississippi. Webb, The Texas Rangers. Wooten, ed., A Comprehensive History of Texas. Wright, Texas in the War.

Business Classifieds

SISTA'S SHAVED ICE RELOCATED AND NOW OPEN!!

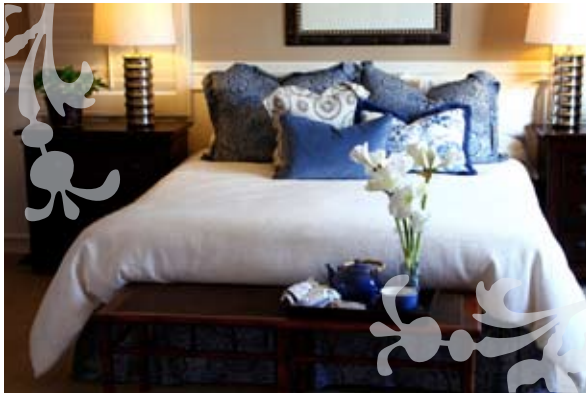
- Come in and cool off with one of our 75 flavors! We also have Diet Flavors, Candy, Ice Cream, and Beef Jerky. Open Daily 12-8. 6901 RR 620 N. Austin, Tx 78732 (Across from Boat House Grill).

GIFT-GIVING GREATNESS. Generic gifts got you down? Well, wake up your inner gifting genius! I have gift ideas that are anything but blah. Gifts girls adore. Gifts guys gotta have. Any budget. Any occasion. Any time. I'm here to make your life easier! Just ask!. Patty Yambay, Ind. Senior Sales Director www.marykay.com/pyambay, 512-914-7711

Personal Classifieds

FREE Snake/Reptile/Creepy-Crawler Removal for Steiner Ranch Residents. I will come to your house, capture, remove and relocate any/all snakes, lizards, spiders, scorpions, etc. for no charge, and with a smile. Call anytime. Snake specialist! 512-944-0633

Free Design Consultation



Let **L Interiors** provide a fresh new look to your home for the holidays, using things you already have...

- Room ReDesign
- Color Experts
- Custom Window Treatments
- Holiday and Seasonal Decorating
- International Color Marketing Group Member and guest appearances on National TV

L
INTERIORS
*Design by Choice...
Not by Chance*

Call TODAY to make an appointment for YOUR Complimentary Consultation (512)-825-4969

Serving Lakeway, The Hills, Flintrock, Alta Vista, Bee Cave and Steiner Ranch.

Lakeway Pet Nanny
"Love & Care, When You Can't Be There"

Don't Forget To Book Your Thanksgiving and/or Christmas Reservation. Call ASAP.

Free Consultation

- Family Owned
- References
- Insured & Bonded



CALL 261-6297
www.lakewaypetnanny.com

The Green Corner Green the Holidays

By: Sheri Hicks

Thanksgiving will be here in a few weeks and following hard on its heels is the mecca of consumption – Christmas. I have a few tips that can help you feel easier about your carbon footprint during the holidays. This month I will focus on holiday food and Thanksgiving. In December, I will give you tips and ideas on how to green up your gift giving and holiday decorating.

The Thanksgiving Table: Before you shop, think sustainability. Both Whole Foods and Central Market sell organically grown, free range turkeys. Untreated with hormones, antibiotics and fed on whole grain feed, these turkeys can be purchased whole or partial (I buy a breast for my small family) for a meal designed specifically for your family. Add organically grown vegetables, and if possible heirloom varieties to increase nutritional value and green quotient.

I know, positively everyone says to go organic. But they rarely tell you why it is important. It isn't just that it is cool or fashionable to be organic (although it is chic to be green) but that organic food is grown and/or raised with sustainability in mind, something that is not taken into account by conventional farming methods. Every time we do something against nature, there is a ripple effect that is felt much farther than our back yard but ultimately comes back to bite us.

Conventionally raised turkeys (and any poultry, beef and most farmed fish) are kept in tight quarters, fed a diet of grains



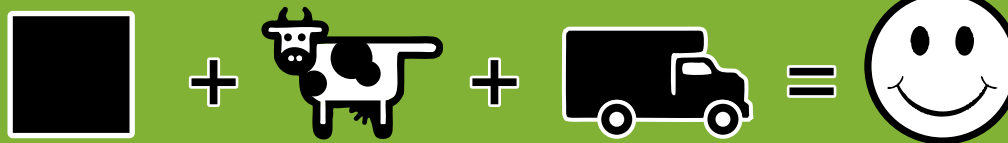
and discarded animal products – usually from animals too sick to be used in human consumption- and fattened until slaughtered. The cramped quarters, lack of exercise, and poor quality food create a breeding ground for disease requiring the animals to be treated with prophylactic antibiotics. Hormones are used to increase the growth and yield of the meat. How is this unsustainable and downright harmful to us though? Over use of antibiotics have led to antibiotic resistant diseases like MRSA, a particularly nasty and deadly antibiotic resistant staph bacterium, and hormones are absorbed into the meat and ingested by humans or find themselves in our drinking water, creating all sorts of havoc in our bodies from suspected early onset puberty in girls to hormone induced cancers such as estrogen or progesterone positive breast

cancer. If all this isn't enough, the runoff from poultry farms is toxic and pollutes water ways destroying entire ecosystems and tainting drinking water with poisons, antibiotics, fecal matter and hormones.

Organic vegetables prohibit the use of synthetic fertilizers and pesticides. These products are known to cause cancer and neurological disorders in both humans and lab animals. Many vegetables carry toxic residue to your table and into your body. The toxic runoff from conventional farms pollute rivers, drinking water and create dangerous dead zones in the ocean where high levels of nitrogen kill beneficial algae and bacteria causing dangerous algae blooms like red tide that deplete oxygen levels and kill fish. Our own Gulf of Mexico suffers from a dead zone from the base of the Mississippi river all the way to Galveston that is approximately the size of Rhode Island. Dead zones disrupt oceanic hunting and feeding grounds bringing fish closer to shore which in turn brings ocean predators, such as sharks, closer to shore endangering ocean swimmers (not to mention makes the water just plain nasty).

Heirloom vegetables are great because not only are they fun (purple tomatoes anyone?) but they promote biodiversity which protects our food sources. Did you know the Irish Potato Famine occurred because the Irish relied on only a few species of potato plant as the basis of their food supply? All of which

(Continued on Page 14)



YOUR NEXT MOVE SHOULD BE A HAPPY ONE

\$50⁰⁰ OFF

local Moove when you
mention this ad
(full mooves only)



**SQUARECOW
MOOVERS**

512.401.MOVE (6683)

WWW.SQUARECOWMOOVERS.COM

November Fun Facts

Dear friends, once again here are some useful and not so useful facts.

- Thanksgiving was first celebrated in the U.S. in 1789.
- The birthstone for November is the topaz.
- John F. Kennedy was assassinated in November 1963.
- Lincoln's Gettysburg address was given in November 1863.
- The ancient Roman calendar listed November as the ninth month.
- The US and Canada celebrate the end of WWI on November 11.
- Presidents Harding and Polk differed in age by 70 years, but they were both born on November 2.
- Winter once began on November 11, according to the calendar of ancient Rome.

What is a turkey's favorite song? Ans. I'm Dreaming of a White Christmas.

Day after Thanksgiving is known as Black Friday. Let me tell you why...

Black Friday or Retail Black Friday is the day after Thanksgiving. It is one of the two busiest shopping days of the year. In case you didn't know, the other busiest shopping day is the day after Christmas, when throngs of shoppers, on holiday vacation, mob the stores to use gift certificates they received, and to exchange merchandise.

Why Black?? In the world of accountants, red signifies a loss, and black signifies a profit. For many retailers, the Christmas holiday sales season represents one half to three quarters of their annual sales. Often, retailers are losing money, until holiday sales begin. Holiday sales formally begin on the day after Thanksgiving. So, Black Friday represents that turning point, from a loss towards big profits!

This is from your friends who do your neighbors Heating and Cooling and hopefully yours soon!

We are "thankful" for your business.

Sincerely,

Will Hawkins, King of Comfort

**If you haven't tuned up your
furnace and made sure it
is running safely, before all
those guests come in,
use this letter to get an
additional \$40 off.**

Just Call 512-328-2000

Austin
Air Rescue 
HOME HEATING & AIR CONDITIONING SERVICE
"Saving you from Cold Homes and High Bills"

512-328-2000

Some Gifts Last Forever.



With the Texas College Savings Plan, a professionally managed 529 plan, any earnings grow tax free* and your money can be used at most accredited colleges in the US. You can open an account for your child or grandchild with as little as \$25. Enroll today—the earlier you start, the bigger they can dream. It's fast and easy to get started.

Go to www.texascollegesavings.com

1.800.445.GRAD (4723)



Susan Combs Texas Comptroller of Public Accounts



OppenheimerFunds®
Distributor, Inc.

*Earnings on non-qualified withdrawals are subject to income tax and penalty. Not FDIC insured nor guaranteed and may lose value. Established and maintained by the Texas Prepaid Higher Education Tuition Board. Before investing, consider whether your or your beneficiary's state offers a 529 plan with tax or other advantages and consult a tax advisor. Carefully consider Plan investment objectives, fees, expenses and risks, including loss of principal. Plan docs are available at www.texascollegesavings.com and contain this and other info. Read carefully before investing. ©2008 OppenheimerFunds Distributor Inc. Member FINRA, SIPC. All rights reserved.

The Green Corner- (Continued from Page 12)

was susceptible to the fungus that attacked the plant and destroyed the food crop. The United States and modern conventional farming has gone the way of Ireland, relying on fewer and fewer species of plants planted in large monocultures to create the basis of our market vegetable selections and eliminating approximately 90% of plant genetic material that was available in 1900. Like Ireland, a simple disease could wipe out a large portion of our food supply and leave us on the brink of starvation. Heirloom vegetables keep genetic plant material alive and in the food source.

I know that organics are initially more expensive. But remember, with conventional products we have to pay to clean up the water to make it safe and drinkable again, to clean up the ocean for access to safe fish, to provide more and more research on how to keep our few remaining plant species from succumbing to disease and pests, medical bills when our bodies react to the environmental toxins, and disaster relief when gigantic storms caused from environmental disruption destroy communities. In the long run, organics are the cheaper way to go.

Avoid the consumption trap by avoiding Black Friday. Instead of shopping use it to decorate for Christmas. If you want to save decorating until December (and wait for my tips!), use the time take a nice hike through one of the Austin area's nature trails or area state parks such as Bastrop State Park or Enchanted Rock State Park – Thanksgiving leftovers make a nice picnic!

Next month look for lots of green tips on decorating and gift giving! But if you have to buy lights before then – go LED (and save up to 90% on energy consumption).

Insured

Bonded

Cleaning Doctors



"We are the best prescription for your home."

Adriane Edgell
512-850-9176

Lauren Lindeman
cleaningdoctors@aol.com

Holiday Decorating Helper

Degreed interior designer and Steiner Ranch resident ready to help with all of your interior holiday decorating!

Decoration planning and purchasing
Designer tree trimming • Interior holiday decorating
Trimming take-down and storage • Senior discount
Free consultation!

DeeAnn Ward, Designer
266-6120/638-1471 • deeann@austin.rr.com

This year, let me do the work so you can enjoy the seasons!



THANKSGIVING

Pumpkin Pie Recipe

Ingredients

- 1 can pumpkin
- 1 cup brown sugar
- 1 t. salt
- 2 t. cinnamon
- 1 can evaporated milk
- ¼ tsp. cloves
- 2 eggs, beaten
- ½ tsp. ginger
- ½ tsp. allspice

Directions

Combine and mix well. Pour into pie crust. Bake at 425° for 15 minutes; then 350° for about 45 minutes.

*If you would like to submit
YOUR recipe email it to
articles@peelinc.com.*

Newsletter Article Submissions

Interested in submitting an article? You can do so by emailing thestar@PEELinc.com or by going to <http://www.peelinc.com/articleSubmit.php>. All news must be received by the 9th of the month prior to the issue. So if you are involved with a school group, scouts, sports etc – please submit your articles for The Star. Personal news for the Stork Report, Teenage Job Seekers, special celebrations and military service are also welcome.

Classified Ads

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Steiner Ranch residents, limit 30 words, please e-mail thestar@PEELinc.com.

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office at 512-263-9181 or advertising@PEELinc.com.

Tired of your Glasses?

Find out if PRELEX is right for you. We can help you decide.



- PRELEX—Presbyopic Lens Exchange
- Glaucoma Surgery/Management
- Cataract Surgery
- Allergy/Dry Eye Treatment
- Diabetic Eye Examinations
- Comprehensive Eye Examinations

**Board Certified
Ophthalmologists**



Zarmeena Vendal, M.D. Ximena de Sabra, M.D.


Westlake Eye Specialists
The Art of Eye Surgery

5656 Bee Cave Rd., Suite F-200 Austin, TX 78746 **512-472-4011** www.westlakeeyes.com

THE STAR

St. Luke's On the Lake Breakfast with Santa Bake Sale and Christmas Bazaar

It is that time of year again and the Women of St. Luke's On the Lake will host the annual Breakfast with Santa event. The Breakfast with Santa Bake Sale and Christmas Bazaar event will be held Saturday, December 6th 2008 from 9:00 AM to 12:00 noon at the St. Luke's on the Lake Episcopal Church.

The Breakfast with Santa event will be fun for the entire family, so come and enjoy a delicious pancake breakfast cooked up by the Men of St. Luke's, visit with Santa (don't forget to bring your camera to take pictures!!), enjoy the puppet show performed by the St. Luke's on the Lake's youth, and shop for handmade baked goods, casseroles, and other gifts at the Christmas Bazaar. Need to relax from all that Christmas shopping? Well, plan on visiting the Spa Corner offering massage therapy with wonderful spa items for sale or visit the Beauty Corner to shop, attend a skin care class, or get a virtual make over by a professional Mary Kay beauty consultant. Feeling lucky? Well, come on and try your luck at winning several wonderful prizes!

There is plenty to do for everyone, so come enjoy the Breakfast with Santa activities with your family while shopping for gifts for your loved ones! All proceeds from the Breakfast with Santa event go towards local outreach programs.

EAT, PLAY, SHOP - Come join us and have a merry, festive and fun time! We look forward to seeing you!!!

DATE: Saturday December 6, 2008

TIME: 9:00 AM to 12:00 noon

LOCATION: Fellowship Hall at St. Luke's On The Lake Episcopal Church
5600 Ranch Road 620 North

Austin, TX 78732-1823

Office #: 512 266-2455

For more information visit www.stlukesonthelake.org/



Should your computer be acting OLD? Is it getting slower and slower?

Tek-Chic Systems can make your computer run like NEW or better for less than half the cost of a new computer!
All without the loss of any of your important documents.

Call Laurie Scott with Tek-Chic Systems

512-983-8470

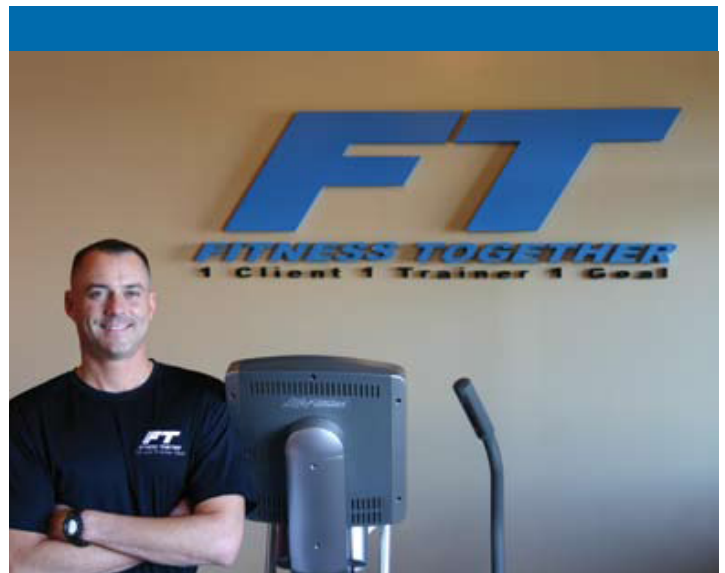


- Home Network & Internet Security
- Inexpensive Backup Solutions
- Data Recovery / Damaged Disks
- Free Pickup and Drop-Off

TEK-CHIC
SYSTEMS

Laurie Scott
Steiner Ranch Resident
512-983-8470
Laurie@Tek-Chic.com
www.Tek-Chic.com

"Because Everybody Needs a Geek in Their Life"



Our clients look great in public, because they train in private.

FT
FITNESS TOGETHER
1 Client 1 Trainer 1 Goal

10601 FM 2222, Suite N • (512) 241-1700 • www.ftaustin.com

Proposition 1: A One Cent Sales Tax to Help Improve Fire and Emergency Service Response Times to Save More Lives and Protect Property.



= More



+ More



= **Faster
Response
Times**

Prop 1 Would Provide New Firefighting and EMS Personnel, Trucks, and Infrastructure to Help Protect West Travis County.

Emergency Services District No. 6 (Lake Travis Fire and Rescue) provides first responder service for fires, accidents, and medical emergencies in western Travis County.

Rapid growth throughout our area is straining the system and increasing response times, which could lead to greater loss of life and property.

Nationally recognized experts in fire and emergency medical services developed a five-year "Operations Master Plan" which identified our critical needs.

Proposition 1 would raise revenue for additional fire fighters, emergency medical personnel, equipment, and infrastructure to improve services and provide faster response times throughout ESD6.

Rapid Area Population and Business Growth

Demographic studies project that there will be **10,975 new housing occupancies in Lake Travis ISD between 2007 and 2016**, and another 1,900 in Steiner Ranch by 2015.

It is estimated that **more than 114,700 people will move into** and along the triangle of land between Hwy 71 and US 290 west of Oak Hill in the next 25 years.

Area Growth Has Stretched Equipment and Personnel, Creating Slower Response Times

The continuing growth in western Travis County has **greatly increased the demands on ESD6**. Those increased demands have resulted in **more simultaneous calls** and, unfortunately, **some slower response times** when emergency personnel and equipment become stretched too thin.

Fire and EMS emergency calls in ESD6 rose from 1,285 in 2005 to 1,610 in 2006, **a 25.29% increase**. ALL types of calls responded to rose from 1,755 in 2005 to 2,337 in 2006, **a 33.16% increase**.

Currently, ESD6's average life threatening emergency, medical **response time is 7.42 minutes**. ESD6's goal is to approach the **National Fire Protection Association's standard of 6 minutes**.

Funds Prop 1 Will Generate

The proposed 1% sales tax is expected to produce about **\$780,000 in new revenue a year** to fund our emergency services.

How the Funds Will Be Used
Funds would go to new equipment, additional personnel and infrastructure to deal with the

increased demand and to decrease response time.

The five-year "Operations Master Plan" identified critical needs, among which are:

- **Add 9 Additional Fire Fighters**
- **Add a 2nd Combination Fire Engine and Ladder truck.**
- **Remodel, Relocate and Add Fire/EMS Stations.**
- **Add Fast Response Units for Fires and Medical Emergencies.**

Who the Proposition Affects

ESD6 covers 200 square miles of Western Travis County including rapidly growing residential communities, lakes and undeveloped areas that depend on ESD6 for fire and emergency medical services. The revenue raised would be used to **improve emergency services throughout ESD6**.

Visitors Would Help Fund ESD6

The proposed sales tax would **allow people who visit our area to help** the department meet the demand to which they contribute.

What You Can Do

Please make your voice heard on this important issue by voting on **Tuesday Nov. 4th, 2008.**

Make Your Voice Heard by Voting Tuesday, November 4th, 2008.

Protecting Your Children on the Internet

Submitted by Laurie Scott

Just as we try to protect our children from bullies and predators on the streets, as parents we need to be doing the same when it comes to the Internet. Before the internet much of our socialization was done on the telephone. We would talk on and on while our parents were telling us to get off the phone. But with the advent of the Internet has come online chat as well as popular social networking sites such as MySpace and FaceBook, which have provided a totally new way for kids to socialize but at the same time exposed them to a new world of dangers. There is no need however to panic, as there are steps you can take to greatly reduce any risks.

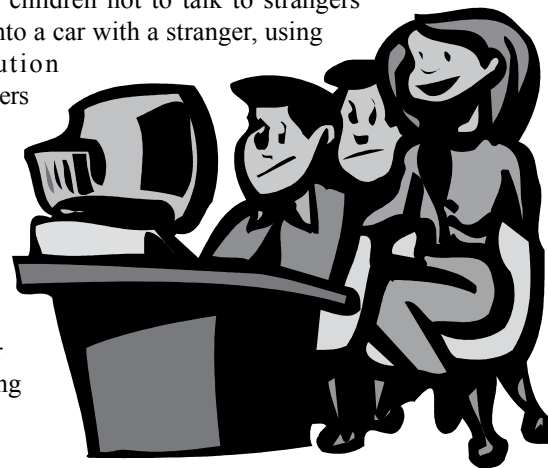
First, talk to your kids. There is no software or hardware that will better protect your children than you. Keep computers out of children's bedrooms and in a public area of the home. Kids should not be talking to people online that they don't know in person. They should enhancing existing relationships, not creating new ones online. Never should your child give out personal information such as a phone number, address, birthday, school, etc.

Netsmartz.org is a fabulous site run by the National Center for Missing and Exploited Children; they have lots of material for both parents and kids from K – High School. An excellent tool is their "Internet Safety Pledge" that you and your child can read together and sign as an agreement between you. For younger kids there are kid-

safe web browsers such as "MyKidsBrowser" and "Kidzui". There are tools such as NetNanny and CyberSitter that can be installed on a computer to limit what programs can be run and what sites can be visited (be advised that clever teens seem to figure ways around them). OpenDNS is a free service that you can use to transparently control access for all computers in your home (though it does require a little technical knowledge to fully implement).

You tell your children not to talk to strangers and never get into a car with a stranger, using the same caution

regarding strangers on the internet is a great first step in allowing your kids to enjoy the richness the Internet has to offer while minimizing the risks.



❖ Full Landscape Design/Installation
❖ Flagstone Patios
❖ Outdoor Kitchens, Pergolas, Fireplaces
❖ Water Features
❖ Masonry, Stucco, Rockwork, Brick, Concrete
❖ Outdoor Lighting

OL'YELLER
LANDSCAPING, INC.

**NOW IS A GREAT TIME
TO INSTALL YOUR HARDSCAPES !**
Mention This Ad & Receive
10% OFF ALL HARDSCAPE INSTALLATIONS.
\$100 OFF ALL LANDSCAPE DESIGNS.

EXPIRES 11/1/08

512-894-0013 • WWW.OLYELLER.COM

The Brown Paint Company

What can BROWN paint for you?

INTERIOR / EXTERIOR PAINTING
RESIDENTIAL & COMMERCIAL
GENERAL REPAIRS / CARPENTRY
SHEETROCK REPLACEMENT
TEXTURING & FAUX FINISHES
CUSTOM STAIN & VARNISH

Why should BROWN paint for you?

FREE ESTIMATES
BONDED & INSURED
10 YEARS OF EXPERIENCE
EXCELLENT REFERENCES
3-YEAR WARRANTY
FAMILY-OWNED & OPERATED

www.brownpaint.com
512.506.9740

Want To Take Years Off Your Age, Try Changing Your Hair....

Submitted by Michelle Lasher

If there is one thing people see every day when they look at our faces, it is our hair. The color, shine and texture of the hair can be a great gauge of how old a person is. As we age, our hair tends to lose that natural shine and flowing texturing. The natural hair body falls limp and we are left with a mess of unmanageable hair. But, that does not have to be the case...

Here are the top 3 changes that can take years off your real age: **Highlights = Younger Locks**

When highlights are placed in just the right spots on the head, they will frame the face and drop the years from how old you look. The key is to not overdue the highlights. The color should be just a few shades off the base and the highlights, soft and sun kissed. There is a difference between highlighting and chunking and your salon needs to know the difference.

Layer For A Younger Look

When hair is heavy and falls around the face, it makes us look older. The lighter our hair feels, the lighter our spirits and the less drowning our hair will be. The salon should cut face framing layers into the style you have chosen. Even if the "picture" you are going for does not have layers, the addition of a few around the face will lighten the do and your age.

Shine, shine, shine

Young hair is shiny hair. That luster is one of the first things to disappear with age. But, you can regain that shine and naturally. A sweet smelling natural oil can be placed on the head for a few hours a week to moisture and revitalize. On a daily basis, stack the shine products for the best results. The shampoo, conditioner, gel, mousse and hairspray you use should all say they increase shine.

Happy Uplifting Youthfulness!

Steiner Ranch BNI

Submitted by Elicia Rudberg

Are you looking to grow your business in 2008? If so, you might be interested in the Steiner Ranch Referrals BNI Networking group. Meetings are on Thursday mornings from 8:00 to 9:30 at Cups and Cones. If you are interested in joining, please email Elicia@AustinRelocationResource.com for more information, or visit the BNI website at www.BNIAustin.com

Classified Ads

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Steiner Ranch residents, limit 30 words, please e-mail thestar@PEELinc.com.

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office at 512-263-9181 or advertising@PEELinc.com.

Advertise YOUR business to YOUR neighbors for less than 3¢ per home.

Effective Advertising, Done Right.

Call today to Reserve your space.

Peel, Inc.
COMMUNITY NEWSLETTERS

512-263-9181
www.PEELinc.com

SR



Keeping Central Texas Kids Warm for 22 Years

Submitted by Amber Brabham with The Junior League of Austin

For 22 years, Coats for Kids has provided for hundreds of thousands of Central Texas children in need of a warm winter coat. Coats for Kids is an annual Junior League of Austin community project that collects and distributes warm winter coats to eligible children and teenagers in the Central Texas area.

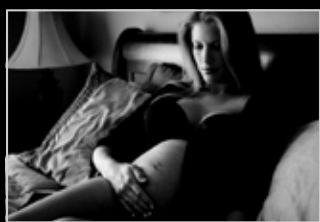
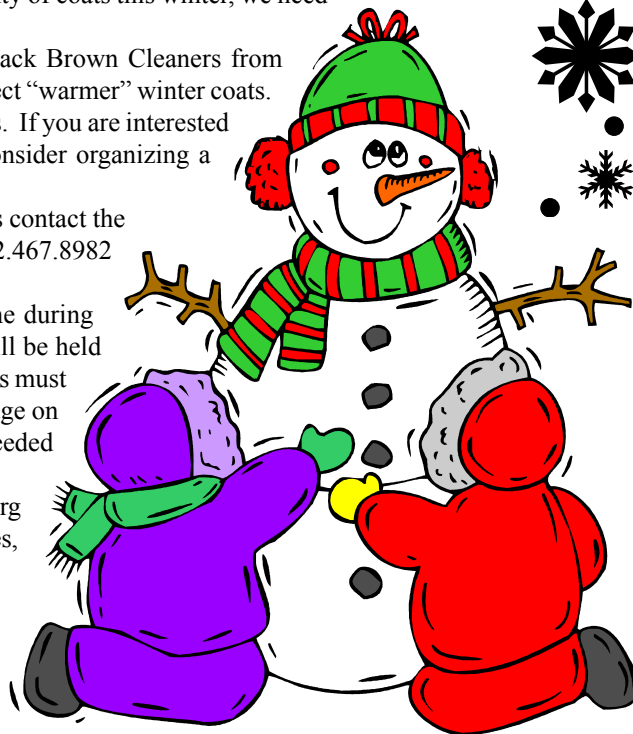
Each year, The Junior League of Austin, Jack Brown Cleaners, KASE 101 and KVUE partner to organize and facilitate the details of the project in an effort to bring the community together to ensure that the children of Central Texas stay warm. Last year approximately 28,000 coats were donated by the community and distributed to children in Central Texas. In order to make sure we have plenty of coats this winter, we need your help in collecting and donating.

Coat donations may be dropped off at your neighborhood Jack Brown Cleaners from November 10 until December 3. There is a need this year to collect "warmer" winter coats. These might include ski coats, wool coats, heavy down or parkas. If you are interested in getting your family, neighbors and co-workers involved, consider organizing a coat drive.

For more information on School and Community Coats Dives contact the Coat Drive Coordinator at cfkcoatdrive@jlaustin.org or call 512.467.8982 ext 294.

Coats for Kids also urges the community to donate their time during sorting week (December 1 – 5) or on distribution day which will be held at the Palmer Events Center on Saturday, December 6. Volunteers must be at least 15 years of age during sorting week and 18 years of age on distribution day. Spanish speaking volunteers are especially needed and are encouraged to sign up for distribution day!

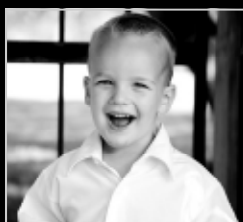
Contact the Volunteer Coordinator at cfkvolunteers@jlaustin.org for more information. For a complete list of volunteer opportunities, dates and more information log on to www.jlaustin.org.



maternity



infant



children

Heather Gossard
photographer

Wild Honey
PHOTOGRAPHY

heather@wild-honey-photography.com
www.wild-honey-photography.com
614-354-7763

Contact me for holiday specials on cards, canvas, and more!

New Solar Tax Credit

Save up to **70%** on your system.

By combining the new Federal Tax Credit with local incentives and our Steiner Ranch "Neighborhood Solar Program," it has never been more affordable to go solar. Contact us to see how purchasing solar with your neighbors is good for your wallet and good for the planet.



WHY GO SOLAR?

- Up to \$13,500.00 in city rebates
- 25+ years of savings
- Energy independence
- Tax free ROI



512.464.1191 | www.solarcommunity.net | 2401 E Sixth St. Suite 4063

THE STAR

Free educational workshops in Personal Finance

ABCs of Talking to Your Kids About Money™ is a free one-hour workshop for parents. We work with you as a partner towards the end goal, which is educating teens about financial matters. We will stress the importance of attitude and goal setting as the building blocks for success in any endeavor. Together we can greatly impact the next generation. Plus, every parent/couple that attends the workshop will receive a complementary copy of the ABCs of Making Money 4 Teens book, based on the international best seller The ABCs of Making Money. This is an educational workshop with no obligation, because helping to educate families is what my company and I do every day of the week.

ABCs of Making Money 4 Teens™ is a free two-hour workshop for teens. Parents are welcome to attend part or all. Plus, every teen who attends the workshop will receive a complementary copy of the ABCs of Making Money 4 Teens book. Some of the key elements of the book:

- 96 pages of full color
- Inspirational stories of teens that have made a difference
- Lots of hands on exercises, and creative money solutions
- A section on the dangers of carrying credit card balances
- How to approach employers for jobs
- The power of compound interest, the Rule of 72, and more.

New Retirement Strategies is a free two-hour workshop for adults. We examine your "retirement environment" in light of today's realities and tomorrow's challenges. The first hour focuses on growing your assets, reducing taxes and protecting your family income. The second hour focuses on building your nest egg with no more risk than is necessary, while shielding your hard-earned assets from the forces of inflation and unexpected future events.

All workshops are in Steiner Ranch:

ABCs of Talking to Your Kids About Money™

Thursday, Nov. 13, 8-9 PM, Bella Mar Community Center

ABCs of Making Money 4 Teens™

Tuesday, Dec. 2, 7-9 PM, Call or email for location

New Retirement Strategies (a workshop for adults)

Tuesday, Nov. 18, 7-9 PM, Towne Square Community Center

Thursday, Dec. 4, 7-9 PM, Call or email for location

Refreshments will be served. Seats are limited. To reserve your seats call Rich Keith at (512) 266-8498 or send email to RKeith@primerica.com. This is an educational event, not a marketing event. Please come!



AUSTIN TELCO

FEDERAL CREDIT UNION

WWW.ATFCU.ORG ~ 512.302.5555



200+ FREE ATMs

14 Austin Metro Locations!





FREE CHECKING

Home Equity Loans

5 YEARS	4.95% APR	10 YEARS	5.40% APR
15 YEARS	5.75% APR	20 YEARS	5.95% APR

PLUS NO CLOSING COSTS!**

Auto Loans

Up to 66 mos.
4.85% APR

72 mos.
5.20% APR

Commercial Real Estate Loans

5.99% 5 year fixed rate

6.29% 10 year fixed rate

6.49% 15 year fixed rate

20 YEAR AMORTIZATION

Money Market

\$25,000 - \$74,999 **2.38%*****

\$75,000 - \$124,999 **2.58%*****

\$125,000 - \$174,999 **2.78%*****

Share Certificates

Term	Minimum Deposit	APY****
12 mo.	\$1,000	4.08%
24 mo.	\$1,000	4.18%
36 mo.	\$1,000	4.21%
48 mo.	\$1,000	4.27%

YOU CAN JOIN

*Austin Telco will pay all standard closing costs on Home Equity loans below \$100k. Additional non-standard fees will be the responsibility of the member. Credit qualifications apply. **Annual Percentage Rate. All rates expressed are "as low as". ***Rate applies to 1st lien commercial real estate loans with a loan to value of 80% or less. construction/development loan rates/terms may be different. No Pre-payment penalty. Credit qualifications apply. Please call for details. ****Annual Percentage Yield. Penalties for early withdrawal may apply. All APRs, APYs and terms are subject to change without notice.



Christmas at the Ranch!

Steiner Ranch Elementary
Saturday, November 15, 2008
9 a.m.—4 p.m.

Shop 'til you drop!
Great Vendors!
Santa's coming-Noon to 3 p.m.
Story Hour-10 a.m.-11 a.m.

Come Support a Great Cause:
Kids Helping Kids—Operation Share A Hug
Teddy Bear Donation Drive!
Benefitting Hope Alliance
Bring a gently used teddy bear
for abused children!

For more info: catr@swbell.net

33rd Annual Junior League A Christmas Affair: "Noel de Paris"

The Junior League of Austin is proud to announce details for the annual event, A Christmas Affair. The 2008 A Christmas Affair, "Noel de Paris" will be held at the Palmer Events Center from Wednesday, November 19th through Sunday November 23rd, 2008. Over 200 merchants from across the country have been hand selected to participate in this five day holiday market which is the most successful of its kind produced by any Junior League in the country.

A Christmas Affair opens with the gala, "Moulin Rouge" Wednesday, November 19th. This formal preview party will allow attendees to enjoy private shopping, amazing food, a live and silent auction and live entertainment under the Eiffel Tower. Tickets are \$150 per person.

Market day hours open to the public and guests are free to shop up and down the streets of Paris for five consecutive days. The shopping hours are Thursday 12noon-9pm, Friday 10am-9pm, Saturday 10am-8pm, and Sunday 11am-5pm. Tickets are \$12 at the door. Children ages 5 and under are free and strollers, pull carts, and rolling bags are not allowed in an effort to keep guests safe.

First held in 1976 at the Driskill Hotel, this is the 33rd year A Christmas Affair has been a vital part of fundraising in the Austin community. More than 20,000 people are expected to attend A Christmas Affair 2008, allowing The Junior League of Austin to invest over \$1,000,000 annually in the community.

About The Junior League of Austin: Each year, The Junior League of Austin donates over a million dollars to the community and Junior League members devote over 100,000 volunteer hours to over 50 nonprofit agencies. This year The Junior League of Austin is proud to be celebrating 75 years of giving to the Austin community.

Aroma-Chic Cleaning

First Cleaning
\$10.00 off

Rethink Green, Live Better



We're a friendly residential cleaning service utilizing green and aromatherapy based products.

For an appointment or rates: 512.965.4449
www.aromachiccleaning.com ~ Insured



WE HAVE OPENINGS IN OUR 3 YEAR OLD PROGRAM!!

Must be 3 years old by
Sept. 1 2008

Please call Lake Travis United Methodist
Church Preschool at 512-266-2250

For more information visit
our website at www.ltumc.org

1502 Ranch Road 620 North - Austin, TX 78734
(512) 266-2250 - Fax (512) 266-0048

You're just one phone call away from a beautiful lawn and carefree weekends.

Guaranteed!

Try our lawn care & landscape services for one month. --- If you're not absolutely delighted with the results, we'll refund 100% of your money.

Professional Lawn Care & Landscaping You Can Trust!

Austin Detailers --part of the Better Business Bureau since 2003, without a complaint! When you hire our professional lawn care team, you'll be assigned your own personal lawn care account manager; someone dedicated to your neighborhood; someone you'll know on a first-name basis; and someone you can trust to take care of your lawncare and landscaping needs, 100% guaranteed.

We're a year round professional landscape management company, not just a "lawn service" or part time "lawn guy." We offer a full range of lawncare and landscape management services, and we deliver with integrity and competence. We proactively manage your lawn, landscape, and sprinkler system so you can avoid unsightly or expensive problems down the road.

Seasonal Specials:

- **Fall sprinkler inspection and reprogramming for only \$29** (with advice on how to decrease your water bill).
- **Aerate and compost specials**, to improve the health of your lawn.
- **Detailed Tree trimming**, pruning and leaf clean ups.
- **Custom Christmas Lighting for your holiday parties**, we put up an take down, hassle free... Highlight your sidewalk, driveway, outline your house and your landscape.

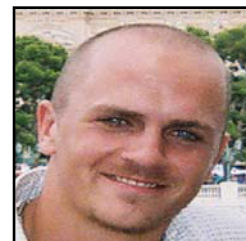
Austin Detailers

A Lawn and Landscape
Management Company

"We're Ready For Your Phone Call"

(512) 249-0101

www.AustinDetailers.com



**David Hunsaker,
Owner**



Pet Corner



The Heart Rescue in Bee Cave has Rescued Pets for Adoption!

Submitted by Heather Pennington

Rescued dogs and puppies on weekends 11am-4pm.

Rescued cats and kittens seven days a week in the cattery.

We hope to see you this summer!

There is a loving pet waiting for you and your family.

Call 512.263.5790 for directions.

Meet Jarod



I know you have seen Jarod's picture before, but since he is still waiting for a permanent home – a Forever Family – it is important to once again share his story.

Jarod will turn 18 in December. While you may think 18 is the time when kids leave home and are on their own, it sometimes doesn't work that way for children raised in the foster care system. In fact, it usually never works that way. Although these kids may be on their own, there are ill prepared to live 100% self sufficient, as most kids are.

For Jarod, we would love to have a family in the Austin area. He is in school, enjoying the work and playing football, and wants to continue with his education and eventually, go to college or in the Marines.

If you are willing to learn more about adopting a teenager, or Jarod specifically, please call Tracy Eilers at 512-301-2825 or email the Adoption Coalition of Texas at info@adopttexas.org and put "Jarod" in the subject line.

A little more about Jarod...

Imagine growing up in an unstable environment. Imagine having to be responsible for yourself at a very young age. Then, imagine, at 10 years old someone removing you from the only environment you have known and putting you in foster care with strangers. While this is done for the safety and well-being of the child, it is often difficult for children to understand. Sometimes they are sad, hurt, frustrated and angry. They are angry for being in this situation in the first place, angry for being in a strange place, angry because the world has let them down, angry because they now have no control over their future. You see, kids connect to things rather easily, even if it is a bad situation...when that is all you know, that is all you know.

Fast forward seven years and several foster homes later and you are still in foster care, you are angrier than ever because of the lack of control and because you simply do not know how to handle things. You mistrust the system, have difficulty getting along with foster siblings who too come and go and you face a very uncertain future.

So, you have Jarod who is now 17. He is a good kid with a good heart who needs direction and desperately needs someone to love him. Loving him will help give him a foundation for developing self worth – you see, he figures that if no one loves him, what is there to love about himself. Jarod needs someone who is going to help him process his anger and feel stable. He needs a strong forever family with a strong male figure. He needs a family with patience who is going to allow him to work through school at his pace, learn to trust at his pace. The family needs to be okay with baby-steps. Maybe there is a family out there with the mentoring spirit – willing to adopt Jarod and give him a permanent home with no timelines...someone willing to help him finish school and develop plans for the future... most importantly, someone who will allow him to back up and grow up in the right developmental manner, instead of being forced to grow up. You see, for many kids the lack of stability and a family is the foundation on which everything else is built. If you have that mentor spirit and the willingness to take baby steps, please consider Jarod. Adopting a teenager is not easy and you cannot expect him to even resemble 17 years old, he has missed a lot and needs the opportunity to be a youth longer. And, teenagers in general are not easy to parent/mentor. This will take a special family. Did you know you can be single and adopt? Did you know there are no fees to adopt from the foster care system?

A New Smile... A New You!



G. DAN DEVINE, DDS
COSMETIC DENTISTRY AND ORTHODONTICS

JULIA C. HAWTHORNE, DDS,
COSMETIC AND FAMILY DENTISTRY

We will gladly assist you with your dental benefits.

OUR HIGH QUALITY DENTAL SERVICES INCLUDE:

- PROFESSIONAL DENTAL CLEANINGS
FOR THE WHOLE FAMILY
- SEALANTS AND FLUORIDE
- ORAL CANCER SCREENINGS
- TEETH WHITENING
- CROWNS AND BRIDGES
- COSMETIC BONDING AND VENEERS
- TOOTH-COLORED FILLINGS
- ROOT CANALS
- ORAL SURGERY
- ORTHODONTICS AND INVISALIGN

Save \$50

On any Dental Services

New patients only.

Not valid with any other offer

(Limited One Per Patient)

Free Teeth Whitening for Life!

Why pay for Teeth Whitening

Our Patients get it FREE!

With completion of dental exam, cleaning, and
necessary x-rays. Available to new patients only.

(Limited Time Offer)

(512) 266-9585

2900 NORTH QUINLAN PARK RD. #160

AUSTIN, TEXAS 78732

Located in the new Shops at Steiner Ranch overlooking the UT Golf Course

Dr. Devine and Dr. Hawthorne are General Dentists

Central Texas Selected for Nationwide Study of Gasoline Tax Alternative

Participants receive \$895 just to drive like they normally would.

The gasoline tax has funded the building and maintenance of America's roads for over 70 years. Many people may not even be aware that their total at the gas pump includes this tax. A national study is being conducted in six different areas in the country to evaluate a new system based on road use. This system could one day replace the gas tax. Drivers are being recruited to help develop and test the best possible system.

About the Study:

This Fall, 200 people from the five county Austin/Round Rock Metro Area will be selected to test this new approach to financing the nation's roadways. The 10-month study will test whether the new approach is user-friendly, secure, trouble-free, cost-effective, and acceptable to drivers. Participants will receive \$895 by completing the Study.

The five county Austin/Round Rock area includes Bastrop, Caldwell, Hays, Travis and Williamson counties.

How the Study Works:

A specially-trained and experienced technician installs a small on-board computer under the dashboard or the center console of the

participant's car. For the next 8 months, the participant just drives as he/she normally would. The computer combines global positioning data with odometer data to record the number of miles driven in each county and calculates a dollar amount that would be owed if the mileage charge were operational. The system does not affect the car's performance and there are no permanent marks left on the car after the device is removed.

How to Participate:

To be considered, a person must be a U.S. citizen, age 18 years or older, live in the five county Austin/Round Rock Metro Area and plan to reside in the area for at least the next 10 months—trips outside the area are not restricted. The person must own a personal automobile, have a valid driver's license, and be able to provide proof of vehicle registration and current insurance. The 200 participants will be selected from people who register online at www.RoadUserStudy.org or via call toll free 1-866-363-1975. Participants will be selected to represent the diverse population of Central Texas.

(Continued on Page 27)



Dr. David P. Wasserman
Board Certified in Family
Medicine since 1999

Lake Travis MEDICAL CENTER

1927 Lohman's Crossing
Suite 200
Lakeway, TX 78734

*Specializing in
Family &
Urgent Care*

263-9188

NO APPOINTMENT NECESSARY



Lake Travis
**MEDICAL
CENTER**

**FLU SHOTS
NOW AVAILABLE**

**WALK-INS Welcome!
FREE Wireless Internet**

CLINIC HOURS
Mon-Thu: 8:30AM -5:00PM
Friday: 8:30AM -1:00PM

Most Insurance Accepted
www.laketravismedical.com

I'LL BUY YOUR CAR!!

Fast, free appraisals; I will come to your business or home. I have been buying cars in Austin for over 15 years. Why drive all over town? I'll buy any make, model or year vehicle. Please call Patrick for your fast, free appraisal. (512)750-8289

**Your
Steiner Ranch
Auto Specialist**

**Down
Under
Auto Sales**



Central TX Selected for Nationwide- (Continued from Page 26)

Key Dates:

Residents of these counties can apply from October 13-November 3, 2008. They will be notified by early November if they have been accepted into the study. If they are accepted, they must attend one of four trainings between Nov. 13-15. At that time, they will schedule the installation of the onboard computer at a convenient time between November 17 and December 13, 2008.

Who are the Study's Sponsors:

This national study to evaluate the mileage-based road user charge is designed and conducted by the Public Policy Center at the University of Iowa with funding authorized by the U. S. Congress in the 2005 Highway Bill. Special Audience Marketing Research & Communication has been selected to facilitate the recruitment and training for the five county area.

For More Information:

To learn more about the Study or to register to be considered for participation, visit www.RoadUserStudy.org. Or call toll free: 1-866-363-1975.

Committed to Professionalism, Partnership & Community

The Travis County Sheriff's Office is inviting residents and business owners of Travis County to provide additional perspectives on how their area can be better served by local law enforcement. Please visit ... <http://www.tcsheriff.org/citizensurvey.html> ... and click on your area of the map to automatically direct you to the survey for your area. We strive for the highest performance standards, and all information will be used to evaluate the quality and effectiveness of our services.



**Travis County
Sheriff's Office**

We appreciate your participation!

STEVE'S PLUMBING REPAIR

- water pressure problems
- sewer & drain service
- fiber optic drain line inspections
- free estimates
- satisfaction guaranteed

Steve Brouger
276-7476
1106 West Koenig Lane



Divorce Options

An educational seminar for individuals facing divorce

Presented by:

Independent Collaborative and Family Law Attorneys
Amanda Andrae, Catherine Benouis, Amy Lambert,
Cristi Trusler, and Melissa Williams

the next
DIVORCE OPTIONS
seminar will be held on

Thursday, November 13, 2008,

6:00 p.m. – 7:30 p.m.

Mira Vista Building
2705 Bee Caves Road, Suite 300
Austin, Texas 78746

Divorce Options is an informational session about various divorce process alternatives available in Texas, followed by question and answer time. No individual advice will be given.

For more information: www.texasdivorceoptions.com

Limited space available; reserve your spot by calling
Erika at 512.477.5448

We Hang Christmas Lights

Let your home SHINE this Holiday!



- ♦ Experienced Professionals (100s of references available)
- ♦ Reasonable Prices
- ♦ Satisfaction Guaranteed
- ♦ Excellent Customer Service
- ♦ Locally Owned and Operated
- ♦ We Provide Everything

Our goal is simple:
continue to be the best
company available and
top provider for all of
Austin and Cedar Park!

Call TODAY for a FREE estimate!

Book EARLY and save!!!

Just ask for Rick "the Light Guy"

Limited slots available!

(512) 785-1212

christmaslightsguy@gmail.com

Fit Facts™

FROM THE AMERICAN COUNCIL ON EXERCISE®

CAN EXERCISE REDUCE YOUR RISK OF CATCHING A COLD?

Sir William Osler, the famous Canadian medical doctor, once quipped, "There's only one way to treat the common cold — with contempt." And for good reason. The average adult has two to three respiratory infections each year. That number jumps to six or seven for young children.

Whether or not you get sick with a cold after being exposed to a virus depends on many factors that affect your immune system. Old age, cigarette smoking, mental stress, poor nutrition and lack of sleep have all been associated with impaired immune function and increased risk of infection.

KEEPING THE IMMUNE SYSTEM IN GOOD SHAPE

Can regular exercise help keep your immune system in good shape? Researchers are just now supplying some answers to this new and exciting question. Fitness enthusiasts have frequently reported that they experience less sickness than their sedentary peers. For example, a survey conducted during the '80s revealed that 61 percent of 700 recreational runners reported fewer colds since they began running, while only 4 percent felt they had experienced more.

Further research has shown that during moderate exercise, several positive changes occur in the immune system. Various immune cells circulate through the body more quickly, and are better able to kill bacteria and viruses. Once the moderate exercise bout is over, the immune system returns to normal within a few hours.

In other words, every time you go for a brisk walk, your immune system receives a boost that should increase your chances of fighting off cold viruses over the long term.

SHOULD YOU EXERCISE WHEN SICK?

Fitness enthusiasts and endurance athletes alike are often uncertain of whether they should exercise or rest when sick.



Although more research is needed, most sports medicine experts in this area recommend that if you have symptoms of a common cold with no fever (i.e., symptoms are above the neck), moderate exercise such as walking is probably safe. Intensive exercise should be postponed until a few days after the symptoms have gone away. However, if there are symptoms or signs of the flu (i.e., fever, extreme tiredness, muscle aches, swollen lymph glands), then at least two weeks should probably be allowed before you resume intensive training.

STAYING IN SHAPE TO EXERCISE

For athletes who are training intensely for competition, the following guidelines can help reduce their odds of getting sick.

- 1 Eat a well-balanced diet. The immune system depends on many vitamins and minerals for optimal function. However, at this time, there is no good data to support supplementation beyond 100 percent of the Recommended Dietary Allowances.
- 2 Avoid rapid weight loss. Low-calorie diets, long-term fasting and rapid weight loss have been shown to impair immune function. Losing weight while training heavily is not good for the immune system.
- 3 Obtain adequate sleep. Major sleep disruption (e.g., three hours less than normal) has been linked to immune suppression.
- 4 Avoid overtraining and chronic fatigue. Space vigorous workouts and race events as far apart as possible. Keep "within yourself" and don't push beyond your ability to recover.

ACE
AMERICAN COUNCIL ON EXERCISE

Reprinted with permission from the
American Council on Exercise

ABS, ABS & MORE ABS

Morning and Mid-Morning Classes!

NO EXCUSES

STEINER RANCH BOOTCAMP!

November 3 - November 26

Early Morning Class • M, W, F • 5:30 am - 6:30 am

***NEW!** *Mid-Morning Class • M, T, Th • 8:00 am - 9:00 am*
Child Supervision and Activities for Kids Ages 3 to 5

John Simpson Park

\$190.00 per Individual / \$290.00 per Duo



**You will drop weight. You will be tougher.
You will feel better. You will have a blast!**

512.656.2626

sarge@resurgencefitness.com

www.resurgencefitness.com

Saving For College: The 529 Plan

By Rich Keith

The 529 Plan is named after the section of the federal tax code that governs them. These plans are tax-advantaged programs that help families save for college. Selecting a plan requires homework. Every state offers at least one 529 plan and now a consortium of private colleges also offers a 529 plan. The tax advantages, investment options, restrictions and fees can vary a great deal.

There are two types of 529 plans—prepaid tuition plans and college savings plans. Every state offers at least one of these types of plans. Some states offer both, and now a consortium of private colleges also offers a prepaid tuition plan.

Prepaid tuition plans allow parents, grandparents and others to prepay tuition at today's tuition rates at eligible public and private colleges or universities so that they don't have to worry about future tuition increases.

Contribution limits: You pay for amounts of tuition (years, credits or units) in one lump sum or through installment payments. There are a number of options. Some prepaid tuition plans offer contracts for a two-year community college or a four-year undergraduate program, or a combination of the two, and can cover one to five years of tuition. Some plans even allow the contract to be applied to graduate school tuition.

Covered educational expenses: With only a few exceptions, however, most prepaid tuition plans do not cover other expenses, such as room and board. So you may want to consider other college savings options to cover these costs.

Guarantees and safety features: Most states guarantee that the funds you put into a prepaid plan will keep pace with tuition. Some, but not all states back their prepaid tuition plans by the full faith and credit of the state, meaning that if the program should find itself in financial difficulty, the state will step in to provide the necessary funding.

Residency requirements and other limitations: Most state prepaid tuition plans require either you or your child to be a resident of the state offering the plan when you apply. Some limit enrollment to a certain period each year. Many prepaid tuition plans also have age or grade limits for beneficiaries (i.e., future college students).

Portability: If your child chooses not to attend a college covered by the prepaid tuition plan, all is not lost. Although you will not get the benefit of guaranteed tuition, all prepaid tuition plans allow you to use plan money to pay tuition at other colleges and universities. Many state prepaid tuition plans will pay out an amount equal to the weighted average tuition and mandatory fees at your state's public institutions, not to exceed the actual tuition and fees you incur. Most

(Continued on Page 31)

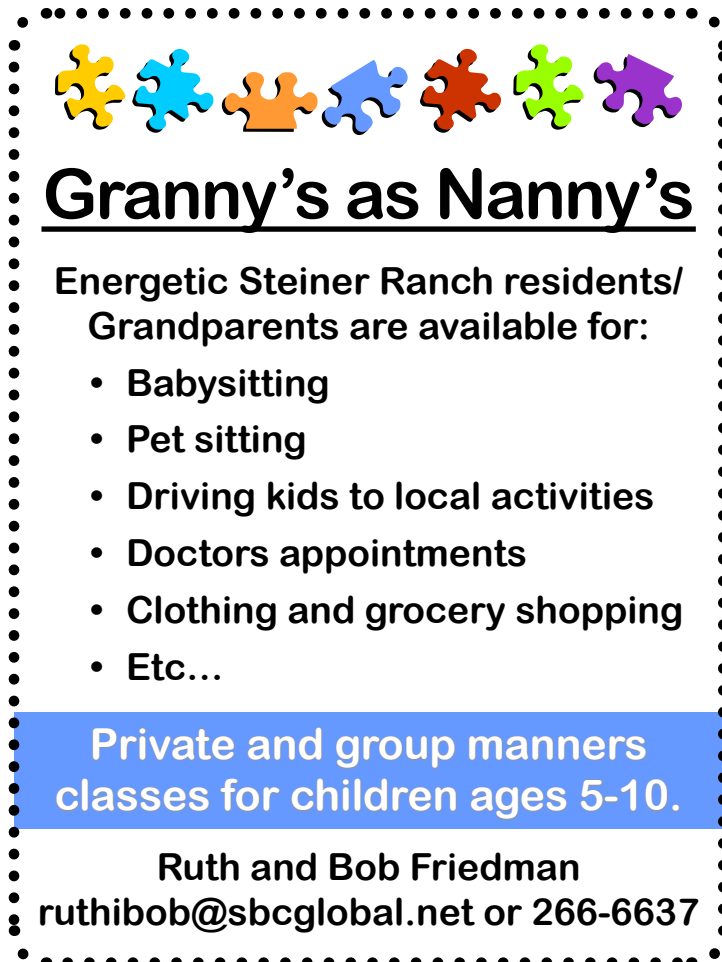


**Custom
Window
Treatments,
Ottomans,
Bedding,
and Pillows**

*Window
Decor & More*

Services include complimentary
in home consultation, assistance
with fabric selection, window
measurements, and the
production of quality products
at affordable prices.

**Call Candra Buckner:
512-266-9196**



Granny's as Nanny's

**Energetic Steiner Ranch residents/
Grandparents are available for:**

- Babysitting
- Pet sitting
- Driving kids to local activities
- Doctors appointments
- Clothing and grocery shopping
- Etc...

**Private and group manners
classes for children ages 5-10.**

Ruth and Bob Friedman
ruthibob@sbcglobal.net or 266-6637

Saving for College- (Continued from Page 30)

prepaid plans also let you transfer the plan to a child's brother or sister (although age restrictions may prevent transfers to an older sibling). Unfortunately, if your child chooses not to go to college and a sibling doesn't use the plan, or you need to cancel the prepaid plan, most plans will only give you back what you originally contributed with a reduction or elimination of any interest earned. Some plans also charge a cancellation fee.

Before buying a 529 plan, you should find out about the particular plan you are considering, and be sure you understand the plan's description of fees and expenses. Work with your financial professional to help you make the right choices.

Sources: Trends in College Pricing 2007, The College Board®, Trends in Student Aid 2007, The College Board®, Financial Industry Regulatory Authority, Inc.

Classified Ads

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Steiner Ranch residents, limit 30 words, please e-mail thestar@PEELinc.com.

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office at 512-263-9181 or advertising@PEELinc.com.

Pack 203

Welcome all Steiner Ranch Boys!!

Grades 1st-5th

Do you know what Cub Scouts and Scouting is all about? Pack 203 at LWBE does fun things with fellow scouting friends every month? We get together as a PACK to wear our cool uniforms, show off our scout spirit, and participate in exciting scouting activities. As a cub scout, you will get to go camping with your family, shoot BB guns, sleep over on a real Naval Aircraft Carrier and do archery! We play all kinds of sports and build cool race cars and spaceships to race. Do you want to learn the secret scouting code and earn really cool patches? Do you want to learn more about nature and your community? Then, come find out how enriching being a Cub Scout can be!

Contact Kim Skelton for more information

nelson2930@austin.rr.com



Third Coast Martial Arts

American-Korean Tae Kwon Do



*Locally owned
and operated
for over
12 years
Ages 3 to adult*

**After school pick up
Hill ~ Doss ~ Highland Park**

**Lil' Dragon preschool classes
Personal training for all levels**

302-KICK (5425)

**8108 Mesa Drive
Suite C-101**

www.thirdcoastmartialarts.com



**Burgers • Salads • Catfish
Chicken Fried Steaks • Shrimp**

**BUY ONE DINNER
& GET ONE FREE**

(of equal or lesser value & must purchase two drinks)
Not valid with any other offers.
One coupon per customer per visit.
Coupon must be presented when ordering.
Coupon expires 1/29/09

www.BoatHouseGrill.com

Open Daily 11am-9pm

6812 North Ranch Road 620

One Block South of 2222/620

PHONE ORDERS PLEASE CALL

249-5200

Travis County Sheriff Programs

Submitted by the Travis County Sheriff's Department

Personal Safety Programs

Child Safety Seat Fitting Stations

Parents in Travis County are welcome to visit monthly Child Safety Seat Fitting Stations on the first Wednesday of every month. This is a FREE service provided in partnership with Texans in Motion. For more information, contact: Andrea Buckley, (512) 854.7786 Carrie Fortner, (512) 854.6615

Consequences

A very dynamic, personal and direct conversation with youth regarding the positive and negative affects of choices; includes personal perspectives to provide a true reality check for adolescents. For more information, contact: Derrick Taylor, (512) 854.4315

Project Lifesaver

Project Lifesaver is an internationally recognized program designed by law enforcement for law enforcement that assists in bringing home lost individuals. Through the use of radio frequency technology, the client wears a wristband that assists law enforcement when conducting a search for a missing person. For more information, contact: Andrea Buckley, (512) 854.4384

RoadShare Cycling Safety

This program educates adult cyclists and motorists on the importance to share the road to reduce cycling/traffic accidents; emphasis is placed on traffic laws and common courtesy. For more information, contact: Andrea Buckley, (512) 854.7786 Carrie Fortner, (512) 854.6615

Seniors & Law Enforcement Together (SALT)

Establishes an effective partnership between seniors and law enforcement services; working toward the reduction of crime and victimization of older persons and provide assistance to elder victims. For more information, contact: James Kitchens, (512) 854.8413

Shattered Dreams

Shattered Dreams is an educational experience that reminds teens of all the dangers associated with drinking and driving. Teens are reminded that too many lives have already been lost and countless others severely impaired because of the tragic consequences of underage drinking and drinking when combined with driving. For more information, contact: Derrick Taylor, (512) 854.4315

Students Against Violence Everywhere (SAVE)

Travis County Sheriff's Office is a chapter of the national SAVE organization created by students for students. SAVE's mission is to decrease the potential for violence in schools and communities by promoting meaningful student involvement in efforts to provide safer environments for learning, and is implemented in Travis County elementary and middle schools. For more information, contact: Andrea Buckley, (512) 854.7786 Carrie Fortner, (512) 854.6615

Stranger Danger/Child ID

Children are taught what to do when approached by strangers, including role-playing and what-if situations to ensure they understand how they can be tricked by strangers. Child ID Events are also provided to obtain fingerprints of your child for you to keep in the event your child goes missing. For more information, contact: Vince Galloway, (512) 854.4989 James Kitchens, (512) 854.8413 Derrick Taylor, (512) 854.4315

Teen Dating Violence Awareness

School presentations to help adolescents form healthy relationships to prevent dating abuse before it starts. The marketing of this program is emphasized through an annual PSA contest for area high school students, along with the Austin Film Festival. For more information, contact: Andrea Buckley, (512) 854.7786 Carrie Fortner, (512) 854.6615 Kelly Page, (512) 854.4392

Educational Programs

Citizens' Academy/Alumni

Provides citizens with a working knowledge of the criminal justice system as it works in our county; to increase awareness, dispel suspicions and misconceptions, and increase Sheriff's Office and community rapport. For more information, contact: Vince Galloway, (512) 854.4989

Citizens On Patrol Services (COPS)

Dedicated volunteers organized to serve as eyes and ears of the Sheriff's Office; each volunteer has completed the Citizens' Academy and the Alumni Class. For more information, contact: Vince Galloway, (512) 854.4989

Explorers Post No. 1099

Weekly classes for youth between 14 and 20 providing hands-on practical training to develop a greater understanding about criminal justice and the role played by the Sheriff's Office. For more information, contact: Derrick Taylor, (512) 854.4315

Volunteers in Police Service (VIPs)

Organizes citizens interested in volunteering their skills in all areas of the Sheriff's Office -- everyday safe aspects of a law enforcement agency, to provide understanding and enrichment. For more information, contact: Carrie Fortner, (512) 854.6615

Community Events

Extravaganza

An annual event that fosters community spirit in a family atmosphere to bring citizens together with businesses, social services and law enforcement. For more information, contact: Derrick Taylor, (512) 854.4315

Kids' Fishing Derby

An annual event for kids 7 to 14 to explore the joys of fishing at a beautiful Travis County park, including complimentary lunch and prizes. For more information, contact: Kelly Page, (512) 854.4392



No one knows your neighborhood better than your neighbors!

The Steiner360 Team

Kelly Thate

512.750.5777

ThateTeam@yahoo.com

Lenae Snow

512.636.1609

LSnow@austin.rr.com

Let us assist you with all your real estate needs.

*Our mission is to make every client as happy as these recent Steiner Ranch residents. Here is their **unedited** testimonial:*

"If you happen to be in the market for buying or selling a house in Austin, I can highly recommend Lenae Snow and Kelly Thate to give you a worry free buying or selling experience! We liked them both very much from our first interview, and they provided so much detailed information and thorough market analysis that we were confident from the start they knew the market well, and had particular expertise in the Steiner Ranch community. In addition to being fun to work with - always cheerful and positive - they seemed almost like they were working for us exclusively, although I know they have many other clients. They were always available to answer our questions by phone or e-mail, and responded immediately to any needs or issues we had. Further, we were in a position

that required us to move out of state while the house was on the market, and Lenae and Kelly took care of getting the house staged, looked after yard and other maintenance issues, kept us informed about traffic through the house, kept us calm at times when we were nervous, gave us marketing and pricing advice that proved to be right on target, and if I'm not mistaken they even took the trash and recycling out for us once! Ultimately, the best part of our experience with them was that we didn't have to worry about whether they were on the job and looking out for our best interests - we always knew they were. You won't find a more talented, dedicated and personable pair of real estate agents anywhere. Signed - Drew Herndon and Ann Williams"



AVAILABLE

*12525 Central Park, \$299,999, Greenbelt
Rare 1-story, bonus gameroom & half bath up*



PENDING

*1309 Horseback Hollow
Previously listed for over 1 year.
After listing with Lenae and Kelly, this home is
now under contract after only 3 weeks!*

Steiner Ranch Real Estate and Business Networking

Visit www.Steiner360.com for an interactive map of all homes currently for sale in Steiner Ranch!

www.Steiner360.com

**Check our website for
the newly updated
Steiner Ranch
Business Directory!**



KELLER WILLIAMS
REALTY

The Tim Broadhurst Group of Cornerstone Mortgage Company

- Full-service mortgage banker
- Access to more than 100 investor sources
- Local in-house underwriting and processing
- Convenient prequalification and quick approval

**Apply today at
www.TimBroadhurst.com
512.328.5783**



MICHELLE NICOLOFF
Photography

WWW.MICHELLENICOLOFFPHOTOGRAPHY.COM
949-981-3859

This advertising spot is offered as a free service to Steiner Ranch residents. We are not affiliated with and do not endorse any services shown here.

Achoo!!!!

Submitted by Dr. Tenesha Weine

If you live in Austin and other allergen-laden locales, you are certainly familiar with the outward symptoms of airborne allergies. And if you've ever rushed to the bathroom after lunch, you may also be familiar with some food allergies and what they do to you. But did you know that depression can actually be a symptom of an allergy at work in your body? So can muscle aches, joint pain, anger and irritability, even an inability to think clearly. The list of allergy symptoms goes on and on.

The exact cause of allergies isn't known. Western science defines an allergic reaction as the body's defense mechanism against an allergen or foreign substance. The body's immune system takes over in an attempt to protect it. Ironically, your body is making you uncomfortable by fighting what are often benign substances.

Allergies to airborne substances, ragweed, mold, dust, mountain juniper, are often indicative of inflammation somewhere in the GI tract. They are typically secondary to a food allergy that is creating the inflammation.

Some allergens are actually inherited, but these are few. In fact, allergic reactions to soy, peanuts, dairy products, and wheat appear to be the only genetic allergies. Changing the pH and calming the

inflammation of the bowels is the key to reducing or eliminating allergies. While it isn't an overnight process, the results are worth it—living without sinusitis, itchy watery eyes, headaches, pressure, fatigue, drainage, sinus infections, irritable bowels, spastic colon, diarrhea, and constipation.

You may be shocked to discover how many of your seemingly unrelated symptoms are actually allergies.

Other symptoms of allergies include migraines, heartburn, fainting, blood-sugar problems, indigestion, and even mood disorders. Often, depression is actually a result of commonly ingested allergens, and many people find they can reduce or eliminate their need for psychotropic medications by modifying their food intake.



BOW WOW MEOW!!



The River Ranch Animal Hospital is open in the Four Points HEB Center around the corner from Starbucks.

What could be more convenient?

We'll take care of your pets while you get everything else taken care of.

DROP OFFS WELCOME!



River Ranch Animal Hospital

(512) 331-7889

7301 RR 620 N, Ste. 175 Austin, TX 78726

www.riverranchanimalhospital.com

Peel, Inc.

Printing & Publishing

Publishing community newsletters since 1991

Support This Neighborhood Newsletter.

Kelly Peel

Sales Manager
Steiner Ranch Resident

512-263-9181

kelly@PEELinc.com



Advertise your business to your neighbors.

512-263-9181

www.PEELinc.com

Dear Santa...

KIDS SEND IN YOUR LETTERS TO SANTA

Parents help your children with their letters to Santa by emailing them to thestar@peelinc.com. Letters will be published in the December issue of The Star.

Due Nov 10th.



**NOT AVAILABLE
ONLINE**



Amazing Holiday Lights

by Assassin Pest Control

512.264.1760

amazingholidaylights.com or assassinpestcontrol.com

Custom Design • Installation • Maintenance • Storage

- Kids Stuff-

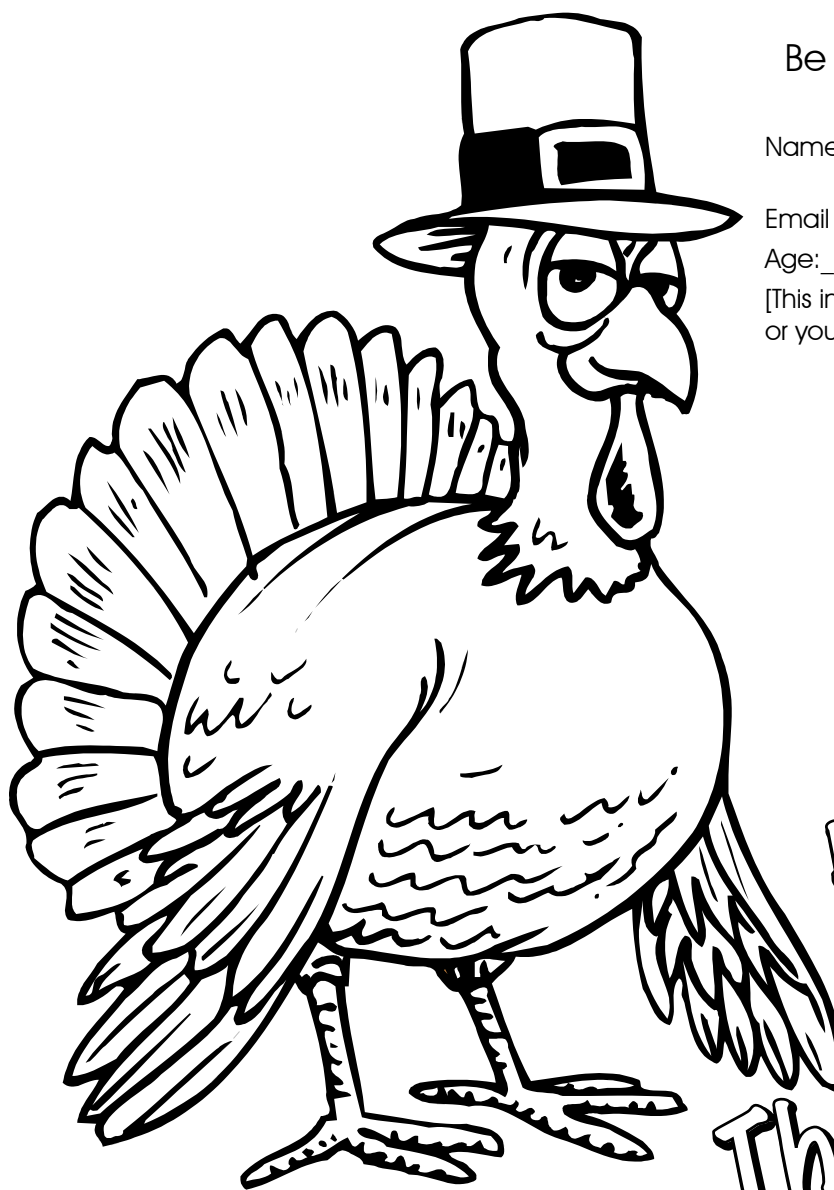
Section for Kids with news, puzzles, games and more!

**NOT AVAILABLE
ONLINE**



Attention KIDS: Send Us Your Masterpiece!

Color the drawing below and mail the finished artwork to us at 311 Ranch Road 620 S Ste. 200, Lakeway, TX 78734
We will select the top few and post their artwork online at www.PEELinc.com. DUE: November 30th



Be sure to include the following
so we can let you know!

Name: _____
(first name, last initial)

Email Address: _____

Age: _____

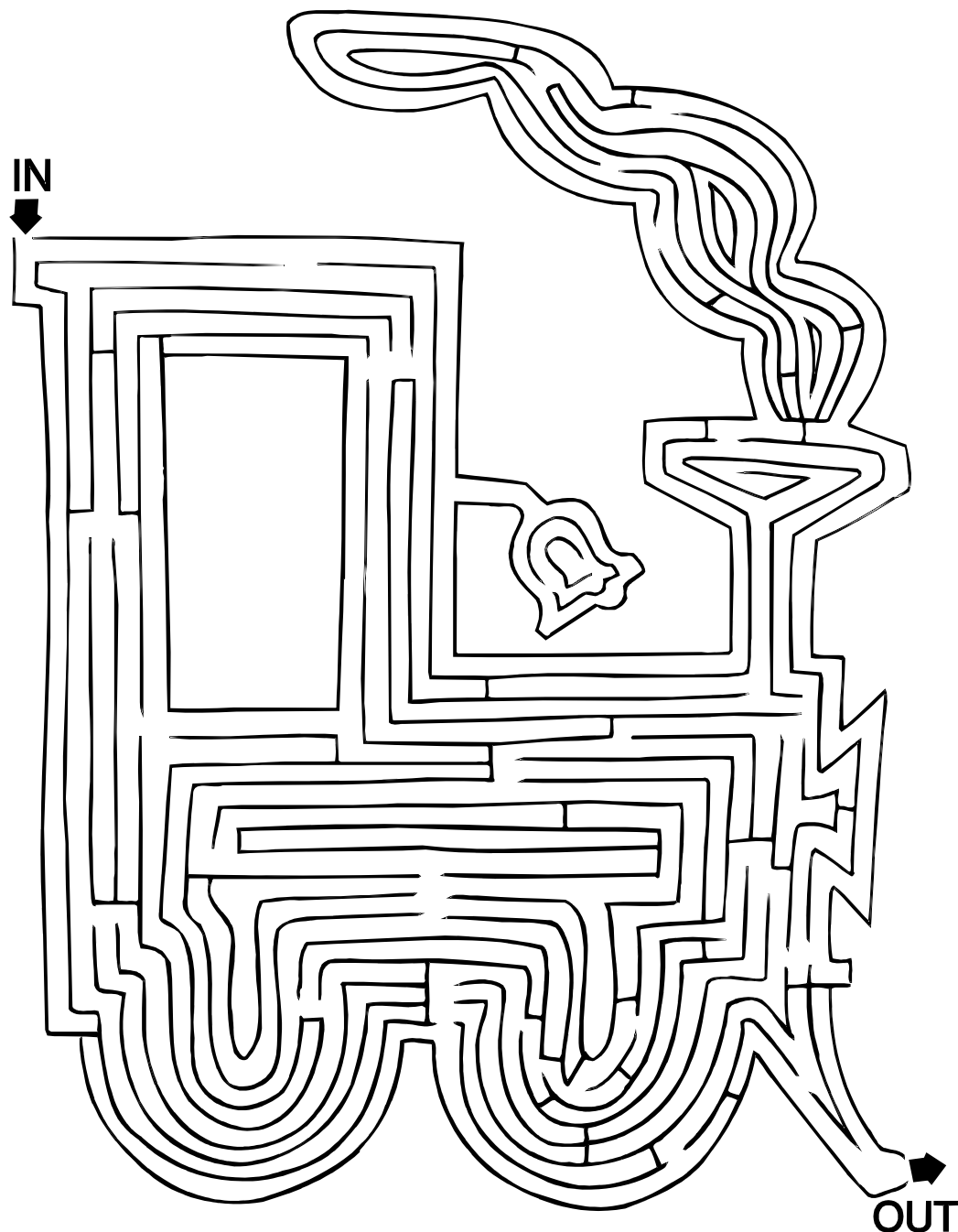
[This information will only be used to notify you
or your parents if your artwork was selected.]

Have A
Happy
Thanksgiving!

Steiner Ranch

Kids Corner

MAZE CRAZE



HOLIDAY PET TIPS

Submitted by Melissa Todd

As you celebrate the season, it's important to keep your furry friends safe and stress-free.

Household changes and activity can be very hard on pets.

- Be careful with holiday decorations. Many plants and berries (poinsettias, mistletoe, ivy and holly to name a few) can be toxic to pets. Also be careful where you hang ornaments and decorations...the higher the better!
- Gatherings of people and holiday parties can frighten animals. Plan a safe place for them to retreat too when company arrives or when Halloween doorbells are ringing.
- Holiday leftovers can wreak havoc with your pet's digestive system. This is especially true with older pets. Turkey drippings, poultry bones and chocolate can all result in a trip to the emergency vet.



The Star is a private publication published by Peel, Inc. It is not sanctioned by any homeowners association or organization, nor is it subject to the approval of any homeowners association or organization, nor is it intended, nor implied to replace any publication that may be published by or on behalf of any homeowners association or organization. At no time will any source be allowed to use The Star contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the newsletter is exclusively for the private use of Peel, Inc.

DISCLAIMER: Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

Peel, Inc.

Printing & Publishing

Publishing community newsletters since 1991

**We currently publish newsletters
for the following subdivisions in Austin:**

Avery Ranch
Barton Creek
Barton Hills
Belterra
Canyon Creek
Cherry Creek on Brodie Ln.
Circle C Ranch
Courtyard
Davenport Ranch
Forest Creek
Granada Hills
Highland Park West Balcones
Jester Estates
Jester Farms
Lake Pointe
Lakewood
Laurel Oaks NA
Legend Oaks II

Long Canyon
Lost Creek
Meadows of Brushy Creek
Pemberton Heights
River Place
Sendera
Shady Hollow
Sonoma
South Lamar NA
Steiner Ranch
Stone Canyon
The Hills of Lakeway
Travis Country West
Twin Creeks
Villages of Westen Oaks
Westcreek
Wood Glen



512-263-9181

www.PEELinc.com

Kelly Peel, Sales Manager
kelly@PEELinc.com

*Experienced. Trusted.
Bringing You the BEST Value!*



VALLURETM
R E A L T Y

FULL-SERVICE
BUYER & SELLER
REPRESENTATION

Office #: 512-249-6299
Mobile #: 512-740-2300
Steiner Ranch Resident

Nicole Peel
Broker/Owner

www.VallureRealty.com

**Why Not Get Paid for Your Efforts?
Earn a 2% Rebate* on Your Home Purchase!**

*See website for rebate guidelines. Rebate is subject to client consent.

Peel, Inc.

311 Ranch Road 620 S. Ste 200
Lakeway, TX 78734-4775

PRSRT STD
U.S. POSTAGE
PAID
PEEL, INC.

 **Voice 512-263-9181**

 **www.PEELinc.com**

SR