





The Official Newsletter of The Steeplechase Community Improvement Association, Inc. and Steeplechase

Steeplechase Moms Club Halloween Party

On October the 21st, the annual Halloween Party at the clubhouse was held for the Moms Club. All the kiddies dressed up in their various Halloween attire, and the Moms all pitched in and baked some lovely casseroles. Fun activities were held for the little ones,

such as bobbing for apples, beanbag toss, and pin-the-nose-on-the-pumpkin. The kids also had fun playing and scaring each other. Along with the main dishes, there were also some candy, cookies, cake, and fruit drinks.







Steeplechase Moms Club





Jockey Club

Monster Mash on Jockey Club

Just last month, the Jockey Club Block Party was held for National Night Out, such a smashing success, it seemed that a follow-up for Halloween would be the thing to do. Especially because it would mean scary fun for everyone, and also a safe area for the little ghosts and goblins in the area to eat, play and trick-or-treat this Halloween.

Jockey Club residents and nearby neighbors hosted a fun and safe Halloween party. There were many treats for everyone to enjoy. Neighbors brought chips, dip, candy, cookies, cupcakes etc. to share. Jockey Club neighbor Damien Diaz grilled hot dogs and hamburgers. Tricia Szymanski made tasty treats for all the wicked adults. Philip and Rachel Ramirez graciously set up tables on their front yard for all the food, drinks, and many desserts. Also, Philip Ramirez gave away light up helium balloons, which were a big hit. The TV set and karaoke equipment was also set up in the front yard. The helium tank, supposedly for balloon inflation, also made for good fun for those wanting to do munchkin impersonations. Now that was truly SCARY.

While Philip's deejaying and the karaoke duals kept everyone entertained, several households met on the sidewalk to distribute tricks and treats. Charlie Brown came, and got a rock. The weather was perfect, and everybloody had fun. All in all, it was a great setting for the kids from the block to join together for some safe fun and safe trickor-treating together. We had well over 100 people visiting and a constant 60-70 people milling about the front yards for three straight

IMPORTANT

Telephone Numbers



F	011
Emergency	
Sheriff's Dept.	
Cy-Fair Fire Dept	911
Cy-Fair Hospital	281-890-4285
Animal Control	281-999-3191
Center Point (Street lights)	713-207-2222
Library	281-890-2665
Post Office	713-937-6827
Steeplechase Community Center	281-469-CLUB
Deed Restriction Issues (PCMI)	281-870-0585
Water/Sewer	281-240-1300
Architectural Control (PCMI)	
Trash Pick-up (WCA)	281-368-8397
I I	(Wednesday & Saturday)
Harris Co. Pct. 4 Road Maintenance	281-353-8424
Community Events	281-469-CLUB
Clubhouse Rentals:	
Private Events (Phyllis McFarland)	832-922-8031
Community Group Events (Jinnie Kelley)	832-922-8030
Traffic Initiative	
NEWSLETTER PUBLIS	SHER

COMMUNITY CENTER CONTACTS

Peel, Inc. kelly@PEELinc.com, 888-687-6444

Peel, Inc. Sales Office advertising@PEELinc.com, 888-687-6444

111010
.281-870-0585
832-922-8031
.832-922-8030
.832-922-8030
.713-771-7665
.281-870-0585

Steeplechase Board of Directors

Cobblestone Churchill Green-Brook-Bridge Judy Weed Dean Green Andy Sherbondy Virginia Kellev Nace Peard Wade Wnuk Kathy Dowling Bill Kuschmeider Michael Young Joshua Stratmann Michael Cirillo Maurice Amidei Greg Fredericks Michael Brown

If you need to contact a director within your subdivision, please contact PCMI at 281-870-0585 and they will forward your request.

Steeplechase Sanctioned Committees

Security Welcome **Communications** Landscape Clubhouse Pool Playground **Tennis**

Steeplechase Information Line: 281-469-CLUB - Option #3

ATTENTION ALL SENIORS

We meet every Tuesday at 12pm at the clubhouse for fun, games and fellowship.

All Seniors welcome - just come by!



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Where can you and your kids find great friends?

Steeplechase Moms Club

We are a group of moms that exchange babysitting services between families. We meet monthly to plan fun activities for our children, families, and ourselves. Our play dates are scheduled on Friday mornings, we host/co-sponsor seasonal parties, plan Mom's night out to a restaurant, and scrapbooking events. For more information on our next meeting call Candace at 832-237-2773 or visit us at www.steeplechasetx.com >community events & clubs.

Happy Holidays

The Steeplechase Board of Directors sends our very best wishes to all residents for a safe and happy holiday season.

Holiday Decorations

The ho-ho-holiday season is upon us. Once again, awards will be given for the best decorated homes in each section of Steeplechase. Judging will be conducted on the weekend of December 19, 20 and 21st. Show your pride in the season, your home, and your neighborhood by decorating for the holidays!!



On Ike Repairs

The Steeplechase Board of Directors would like to thank you for continued efforts to repair your property following Hurricane Ike. We know that some repairs are delayed because many contractors are backed up. All repairs of Hurricane related damages must be completed by March 15th. Beginning March 16, 2009, hurricane damages will be treated as regular deed restriction violations. Please refer to the other articles in this newsletter for additional repair information.

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- · Custom Staining
- · Fence Replacement or Repair

References Available • Fully Insured NO PAYMENT UNTIL COMPLETION

bashanspainting@earthlink.net

Join the Steeplechase Crime Watch Program

What is a Neighborhood Crime Watch Program? It is a grass roots effort of neighbors coming together to reduce crime in the community. It involves getting to know your neighbors, working together with them to be alert to the potential for crime, and looking out for one another's interests. Neighbors working together through Neighborhood Crime Watch combat crime the most effective way, before it starts!

MORE BLOCK CAPTAINS ARE NEEDED. If you are interested in participating as a Block Captain visit the website, www. steeplechasetx.com for more information and to register, or email crimewatch@steeplechasetx.com.



Steeplechase Forming Neighborhood Crime Watch Program

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If you are interested in participating, either as a Block Captain, or as the Block Captain Coordinator, please visit the website, www.steeplechasetx.com for more information and to register or email crimewatch@steeplechasetx.com. Watch the newsletter and the website for upcoming meeting information.







Hurricane Ike Repairs and Architectural Review Committee Approval

If Homeowners have suffered roof damage there is no need to wait on ARC approval to make repairs as long as the following is met: Repairs must be made with a minimum of 25 year composition shingles and no deviation from the original color of shingle.

If Homeowners have suffered fence damage there is no need to wait on ARC approval to make repairs as long as the fence is replaced in the same location with the same material and height. Remember no staining or painting of fences is allowed. For additional fence guidelines, see the related article in this newsletter.

If Homeowners have suffered window damage there is no need to wait on ARC approval as long as the window is replaced with material similar to the current window.

Once the repairs have been made, please submit an ARC application at your earliest convenience to serve as a matter of record. For additional questions regarding repair approvals, please contact PCMI at 281-870-0585.

Classified Ads

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Steeplechase residents, limit 30 words, please e-mail to newsletter@steeplechasetx.com.

Business classifieds (offering a service or product line for profit) are \$45, limit 40 words, please contact Peel, Inc at 888-687-6444 or <u>advertising@PEELinc.com</u>.

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Important Fence Information

Q: I am getting mixed information on fence repair and replacement. Who is responsible for the cost of repairing the fence damage from the storm? I have gotten different answers from different homeowners. Is it split by both homeowners? Is it determined by which side of the fence is pointing to your property? I just need to understand before I get estimates and talk to the other homeowners about who is going to repair and how the cost should be handled.

A: Fences between neighbors are 100% owned by you and also owned by the other neighbor. There is no rule of just owning the alternating panels – unless you both agree to it, but that is neighbor to neighbor only. The cost of the fence, as long as the other party was given an opportunity to repair, is to be split 50/50. However, if you have an uncooperative neighbor, you can pay for it & then present them with the bill. But, forcing them to pay would be another challenge & may have to go to small claims court to have the judge rule on it ... so the best case is to work together.

If the fence is, say along a rear or side street, the homeowner is 100% responsible.

As far as the Association is concerned, it would send a letter to both parties, unless damage was specifically caused by "the neighbor" in some way (i.e. a dog, or over growth etc etc). The Association does not get involved with who pays for it. The Association does get involved to enforce the restriction that all fences be in good or like new condition/well maintained and will require an ARC application, unless the fence meets these requirements:

- Max 6'
- Cedar posts
- Cedar pickets (recommended) or treated pine
- 6" rot board is okay, but fence not to exceed 6"
- No stain

If you chose something other than is listed above, you must submit an ARC form for approval.

Want to Help Steeplechase Go Green?

Join our E-Mailing List at www.SteeplechaseTX.com. Please add webmaster@steeplechasetx.com to your address book to ensure you receive our emails. You email address will not be shared, published, or used for soliciting.



St. Elizabeth Ann Seton Catholic School

OPEN HOUSE

January 28, 2009 9am-2pm and 6pm-8pm

Learn to love! Love to learn!

Kindergarten-Eighth Grade 281-463-1444 6646 Addicks-Satsuma Rd. www.seascs.org

1960 Family Practice

837 FM 1960 West Ste 105 Houston, Texas 77090 (Right behind Starbucks @ Red Oak) (281) 586-3888

Board Certified Physicians in Fa and Pediatrics dedicated

office hours

Mon-Tues 8am-8pm

Wed, Thurs, Fri 8am-5pm

Saturday 8am-1pm

Sunday Noon-3pm

290 LOCATION:

Mon-Fri 8am-5pm

Saturday 9am-12pm

meet our team

Huong T Le, MD

Quoc Le, MD

Alex Nguyen, MD

Blandina Sison, MD

Marian Allan, MD

Anthony Yee-Young, MD

Diana Malone, MD

Shital Patel, MD

Heidi Nashed-Guirgis, MD

Luz Marquez, MD

Jennifer Dong, MD

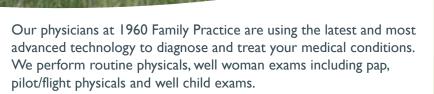
Haley Nguyen, MD

Tami Berckenhoff, PA-C

Brandi Valenzuela, PA-C

Sydney Payne, PA-C

providing quality care for the entire family



Our doctors are board certified in Family Practice, Internal Medicine and Pediatrics. We have experience of 20+ years in the medical field. We look forward to providing our patents with excellent services at our new location as well as maintaining our current care in the 1960 area. For those patients living in the 290 area, we encourage you to schedule appointments at our second location.

Because sickness doesn't revolve around a Monday-Friday 8-5 schedule, we are offer Urgent Care for your convenience. Our 1960 location has extended hours with evenings and weekends available. The 290 location offers Saturday hours from 9am-12pm.

Call today to schedule your appointment. 281-586-3888

& Urgent Care Center

mily Practice, Internal Medicine to your healthcare needs.

20320 Northwest Frwy Ste 500 Houston, Texas 77065 (turn right at the Firework Warehouse) Located at 290 and 1960

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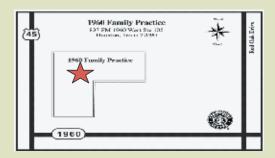
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FAMILY PRACTICE

NEW LOCATION AT HWY 290

20320 Northwest Frwy. Ste. 500 - Houston, TX 77065 Located at 290 and 1960





Services offered at 1960 Family Practice

Physicals
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Lung Disease
Sleep Disorders
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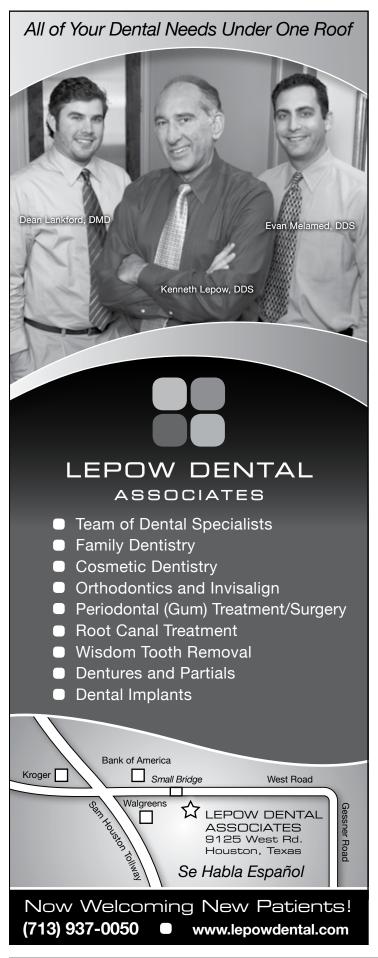
Hormone Therapy
Cancer Screening
Gastrointestinal Disease
Bone Density

Walk-In Clinic & Same Day Appointments
No appointment Necessary - Most Insurance Accepted
Accepting New Patients

281-586-3888

Appointment press option 1

shots



NOT AVAILABLE ONLINE

Have YOU Visited our Website?

Have you visited our website, www.SteeplechaseTX.com? This website serves our community and is full of important and helpful information. The website is updated daily and is the Board of Director's quickest form of communication with the residents. While you are there, be sure to click on the "Join our Mailing List" tab to add your email address to our system. Periodic Email Blasts will be used to inform you of neighborhood activities and events, or to notify you of criminal activity in our area. This list will not be shared with anyone, published, or used for soliciting. Email communication is also supportive of our neighborhood Green commitment and saves Steeplechase CIA

money!

The Green Corner | Green the Holidays, Part Two

By: Sheri Hicks

Last month, I focused on how to green up the Thanksgiving holiday. This month, in Green the Holidays, Part Two, I will focus on greening up Christmas. Christmas is a wonderful time, full of joy, celebration, remembrance, love and family. But it is also a stressful time full of consumption, overindulging and debt. I have a few suggestions that might take a bit of the stress and, in these hard economic times, debt from your shoulders so you can enjoy the holiday season for what it means to you and your family.

This year, instead of buying any roll of gift wrap, look for reusable bags or paper made from 100% post-consumer recycled products. My own family has passed around the same gift bags for the last five years!

Make your own Christmas Cards by enlisting your kids. Kids create the most amazing drawings with just a few crayons and card stock.

Make your own holiday ornaments. You can find recipes and instructions online for almost any kind of ornament from homemade cookie ornaments to origami.

One of the prettiest trees I have ever seen was decorated almost exclusively with origami cranes.

If you have to buy lights, go LED. LED lights save up to 90% on energy consumption. The colors aren't quite as true as traditional lights, but with that kind of energy savings I am willing to adjust!

Give the gift of experience. Research has shown that people are far happier with experience than an object. In a study conducted by the University of Colorado at Boulder, researchers concluded that people tend to internalize their feelings during an experience and that is just not possible with an object. That could explain how so much stuff ends up in our garages! If you know a wine lover, give them a gift of wine of the month club or a tour of a local vineyard and winery with a nice bottle of wine. If you know a golfer, give them green fees for a local course. My own family loves to travel and this year, our gift to our nine year old, is to travel to New York City for Christmas. He is excitedly anticipating ice skating in Rockefeller Center, visiting Macy's Santa land, seeing the Rockettes Christmas Spectacular, walking through Central Park, visiting the Natural History Museum and riding the subway. Of course he will get a few small gifts to open on Christmas morning but when those toys are discarded for the next "big" thing, he will still have his memories of his trip to NYC.





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By Spark Energy

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If SparkPowerBank isn't your current electricity provider...chances are you're paying too much!



I'm Texas Energy Analyst Alan Lammey. Maybe you've heard me on the radio talking about the market forces that drive energy prices. I'm here to tell you that you're not stuck paying those high prices to big electric companies anymore! **Stop it.**

Why pay more than you have to? Those days are over!

Why would you want to go with an electric provider that charges you more, when you can go to www.sparkpowerbank.com and pay far less for the same electricity?

Make sense?

Please choose "Newsletter Ad" as your referral on the SparkPowerBank.com website.

APPLICATION FOR APPROVAL TO MODIFY HOME OR PROPERTY

ARCHITECTURAL REVIEW COMMITTEE 15995 N. BARKERS LANDING, SUITE 162 HOUSTON, TEXAS 77079 Phone 281-870-0585 Fax 281-504-1381

COMMUNITY:			
OWNERS NAME:	нс	OME PHONE:	
ADDRESS:	wc	ORK PHONE:	
CITY:	ZIP:CE	ELL PHONE:	
ALTERNATE MAILING ADDRESS: _			
OR property which would effect the ex	terior appearance MUST submit the	uired that any homeowner considering change or addition to their honeir request in writing to the Architectural Review Committee PRIOR approved, the committee has the right to ask the homeowner to remove	to
PLEASE STATE PROPOSED CHANGE OR ADDITION(S)			
		THE PROPOSED ADDITION, MODIFICATION OR STRUCTURE MUSPLOR, AND DIMENSIONS, INCLUDING HEIGHT.	ST .
	PERTY SHOWING THE LOCATION	SING. IF A LOT SURVEY CANNOT BE PROVIDED, PLEASE SUBM ON OF THE HOME AND EASEMENTS. THE PLACEMENT OF TH SIDE AND/OR REAR FENCING.	
IF THE PROPOSED IMPROVEMENT LOOK FROM A SIDE AND REAR VIE		IN ELEVATION DRAWING SHOWING HOW THE STRUCTURE WIL	.L
NO LOT SURVEY IS REQUIRED FOR	PAINTING, STAIN, SIDING OR RO	OF REPLACEMENT.	
COLOR SAMPLES ARE REQUIRED I	OR PAINT, SOLAR SCREENS, RO	OOFING MATERIAL, BRICK OR SIDING.	
MATERIALS TO BE USED:			
DIMENSIONS: HEIGHT	WIDTH LENG		
	RVEY AND ALL REQUIRED INF ROVAL OF THE APPLICATION	FORMATION MAY RESULT IN A DELAY I.	
the Committee is allowed from 30 from the date of approval, then a	to 45 days to respond. I also unde new application must be submitted ordinances, codes, permits, etc. a	as possible and contact me in writing regarding their decision, how lerstand that in the event construction is not started within six (6) i d. Further, I understand that it is my responsibility to ensure comp affecting such improvement(s). I understand that I am not to beg	nonth liance
HOMEOWNER'S SIGNATURE		CONSTRUCTION START/COMPLETION DATE	



The Miracle Cure....

Submitted by Dr. Tenesha Weine

WATER. It's not fish oils, not calcium or magnesium, not even vitamin D... but Water. Water is the single most important nutrient in your body. So simple, yet so many of us are dehydrated. Your body loses about two quarts of water a day through perspiration, urination and exhalation. It

is important for our bodies that we replenish this.

Water is needed and involved in every function of our body:

- Muscles are about 75% water
- Brain Cells are 85% water
- Blood contains 82% water
- Even your bones are 25% water

By depriving your body of water, your organs and cells can not function to their highest capacity. Water is essential for cell life and existence. You can live five to seven weeks without food but no more than 5 days without water.

Major signs you are dehydrated:

- Joint and Arthritis Pain water is a main lubricant in the joint spaces.
- **Digestion Issues** water helps keep digestive juices in the GI tract supplied in order to create the acids it needs to prevent ulcers, gastric reflux, and constipation, and heart burn.
- **High Blood Pressure** when the body is dehydrated it can restrict the flow of blood to non vital organs and only concentrate on vital organs.
- Asthma bronchial tubes need adequate hydration to prevent constriction
- **Poor Memory** Synapses in the brain slow down without adequate hydration.
- Weight Management When you are dehydrated your body releases a hormone, aldosterone, which causes water retention.

If you are suffering from any of the above Conditions or Symptoms instead of reaching for a big gulp, star bucks, or any of the other unnatural beverages we consume.... try drinking more natural clean water. Gradually increase the amount of water you drink each day and these symptoms may start to subside.

So, how much water do you need to drink??

Take your body weight in pounds and divide it by two.

This is the number in ounces that you should drink per day.

Weight / 2 = ounces per day

At no time will any source be allowed to use the Steeplechase Community Association Newsletter contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from the Steeplechase Homeowners Association and Peel Inc. The information in the Steeplechase Newsletter is exclusively for the private use of Steeplechase residents only.

Sudoku

The challenge is to fill every row across, every column down, and every 3x3 box with the digits 1 through 9. Each 1 through 9 digit must appear only once in each row across, each column down, and each 3x3 box.

			6	8				9
		9	2	3	1	5		
		4		1	5			8
5		1	9		3			
6								
					4			
2				5			4	
	4						8	1

*Solution at www.PEELinc.com

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STEEPLECHASE MARKET REPORT

Courtesy of "SUPER DAVE"

This market information report is provided to keep you informed of resale market activity in your subdivision.

	May 08	Jun 08	Jul 08	Aug 08	Sep 08	Oct 08
\$160,000 & Above	0	1	0	1	2	0
\$140,000-159,999	0	4	2	0	0	0
\$120,000-139,999	0	6	5	3	0	1
\$110,000-119,999	0	4	1	0	0	1
\$100,000-109,999	0	0	1	2	0	1
\$100,000 Below	4	4	0	1	0	2
TOTAL	4	19	9	7	2	5
Highest \$/Sq Ft	72.49	72.49	72.49	72.49	69.18	81.26

This chart represents the homes that have sold and closed in the past 6 months according to the Houston Multiple Listing Service.

Recent Sales By "SUPER DAVE" in Steeplechase

- 11402 Jocky Club Ct
- · 12103 Canterhurst Way
- 9611 Secretariat
- 11307 Hambleton Way
- 11707 Meadowchase
- 9603 Meadowchase Ct
- 11930 Hedgegate
- 12323 Fetlock
- 11310 Travelers Way Cir
- 11307 Hambleton Way
- 9706 Overmead
- 11415 W Travelers Way Cir 9806 Jocky Club
- 10110 Jockey Club
- 11307 Chiselhurst Way Ct 12114 Yearling
- 9710 Cannock Chase Ct
- 11822 Yearling
- 11415 Jocky Club Ct
- 9611 E Savile
- 11615 Autumn Chase

David "Super Dave" Flory



- #1 Selling Agent in Steeplechase 1992-2007!*
- #2 Selling Realtor in Texas!**
- Top 11th Realtor in the US!**
- Selling Over 600 Homes A Year!
- Over 96% of David's Listings Result in a Sale

The HIGHEST PRICE PER SQ.FT. House Sold in Steeplechase: \$88.57

Professional Group

Direct line: 281-477-0345

**Realtor Teams per Remax 9/2007, 3/2008

Peel, Inc.

311 Ranch Road 620 S. Ste 200 Lakeway, Texas 78734-4775

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