



The HOME FRONT

January 2009

Official Publication of Legends Ranch Property Owners Association

Volume 3, Issue 1

Results of Holiday Teddy Bear Drive



Sawyer Eldredge and fellow scouts collected 45 bears at our recent Holiday Breakfast with Santa. Sawyer appreciates your support in helping him complete his Eagle Scout Project!

Fireworks Prohibition in the Deed Restrictions

The Board asks that residents refrain from celebrating the holidays with the use of fireworks and firework displays. This not only poses a nuisance and disturbance to your neighbors, it also leaves a messy aftermath to be cleaned up. Thank you for helping to keep Legends Ranch community firework free!



Canyon Gate Communities Night With the Houston Rockets

Come and see Yao Ming, Tracy McGrady, Ron Artest and the Houston Rockets take on the Minnesota Timberwolves!

**Saturday, February 7th, 2009
7:30 PM @ Toyota Center**

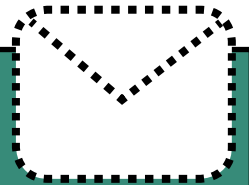
Order Your Tickets: Go to www.rockets.com
Click on Tickets/ Enter Promotion Code

Code: Canyon0207

Or by Calling: 713-758-7453

Email: jdonovan@rocketball.com

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LEGENDS RANCH

IMPORTANT PHONE NUMBERS

Property Tax

Montgomery County Tax	936-539-7897
Conroe ISD	936-709-7751
Montgomery MUD #89	713-932-9011

Your Community Homeowners Association

PCMI Management	281-504-1360
Legends Ranch Info Center	281-681-9750
Legends Ranch SplashPad	281-419-2130
Gate Attendant Office	281-296-0433
Light Pole Outages	281-681-9750
Houston National Golf Club	281-304-1400

Police & Fire

Emergency	911
Montgomery Sheriff	936-760-5800
Pct. 3 Constable Office	281-363-1161
S. Montgomery Co. Fire Dept. Non-Emergency ..	281-363-3473
Montgomery County EMS Non-Emergency ..	936-441-6243
Poison Control	800-222-1222
Texas DPS	713-681-1761

Utilities

Electricity (TXU)	800-368-1398
Electricity (TXU New Service)	281-441-3928
Electricity (Centerpoint)	713-207-2222
Gas (Centerpoint)	713-659-2111
Water & Sewer	281-353-9756
Canyon Gate Connect	281-296-9584
Waste Management	713-686-6666
Street Light Outages	713-207-2222

Public Services

Local US Post Office	281-419-7948
Toll Road EZ Tag	281-875-3279
Voters Registration	936-539-7843
Vehicle Registration	281-292-3325
Drivers License Information	936-442-2810
Montgomery County Animal Control	281-689-3133
Montgomery Chamber	281-367-5777

Area Hospitals

Memorial Hermann	281-364-2300
St. Luke's	832-266-2000
Conroe Medical Center	281-364-7900

Conroe ISD

Ford Elementary	281-367-4677
Hauser Elementary	281-863-4001
Vogel Intermediate	281-681-9829
York Junior High	281-367-6753
Oak Ridge High	281-292-9800

Private/Parochial

First Baptist Church	936-756-6622
Sacred Heart Catholic Church	936-756-3848
St. Edward Catholic	281-353-4570
St. James Episcopal Day	936-756-4984

Have you logged in yet?

www.canyongate.com/residents/lr

Features of the Legends Ranch Community intranet include:

- Resident Directory
- Amenity Web Cams
- Current Events and Activities
- Documents and Forms
- Event Photos and MORE!



Newsletter Information

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CONTACT YOUR BOARD & MANAGEMENT CO.

Phone: 281-504-1360 Fax: 281-531-4611

canyongate@stes.com

2009 Legend Ranch Community Events

Night at the Rockets - *Saturday, February 7th*
Ladies "Spring Fling" Brunch - *Saturday, March 28*
"Egg"stravaganza - *Sunday, April 5th*
Spring Community Garage Sale - *Saturday, May 2*
4th of July Celebration - *Saturday, June 27*
National Night Out - *Tuesday, August 5*
Safety Day - *Saturday, September 5*
Night at the Astros - *September TBD*
Fall Community Garage Sale - *Saturday, September 12*
Fall Festival - *Saturday, October 24*
Holiday Breakfast with Santa - *Saturday, December 5*
Holiday Yard Contest - *December 6 - 12*

Please contact Anna Schmidt, Director of Community Events at anna@events-ec.com if you would like to help with any of our 2009 events!
Events subject to change.



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Association's Management Company Contact Information

Planned Community Management (PCMI) has been contracted by the Board of Directors to manage the day-to-day activities of the community. In order to contact the community's Board of Directors or if residents have concerns, questions about their account, or deed restriction violations to report, please put the information in writing and send via e-mail to canyongate@stes.com, or call PCMI – Canyon Gate Communities at 281-504-1360. When calling or emailing, please identify the community call and residents will be directed to the proper representative.

For all Canyon Gate communities on-site managers are available to assist residents. For Legends Ranch, Mitsi is at the Clubhouse at 281-681-9750, and Debbie is at the SplashPad at 281-419-2130. The office hours are 10AM – 6PM Tuesday through Saturday. Please feel free to visit and they will be pleased to assist you with ARC forms, enrollment for electronic entry and to provide you with a copy of the calendar of events.

Planning on Outdoor Home Improvements?

Please remember that when planning outdoor home improvements, you must first complete an ARC form. This form is submitted to our Architecture Review Committee before construction can begin. For questions or a copy of the form, please call your onsite office at 281-681-9750.

Seeking Section Leaders and Block Captains

To increase community awareness, the Communications Committee is actively recruiting section leaders and block captains. For more information on becoming a block captain or section leader, please contact Anna Schmidt, Director of Community Events at anna@events-ec.com. To reach your section leader, also contact anna@events-ec.com.

Your 2008 Section Leaders Include:

CANYON LAKES

Section 1: Kristian Kalloway
Section 2: Desireah Riley
Section 3: Carol Durkin
Section 4: Johnie Cravey

CANYON GATES

Section 1: Roland Garcia
Section 2: Patricia Ricci
Section 3: Charlie Madden
Section 4: Matt Jordan
Section 5: **STILL NEEDED**
Section 6: Stephanie Palazzo
Section 7: Patricia Parra
Section 8: Kelly Hardwick

LEGENDS RANCH

Section 1: **STILL NEEDED**

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(Kroger shopping center
located at entrance to
Imperial Oaks)

Dr. Wm. Jeff Mardaga - Orthodontics
Dr. Michael B. Eshelman - Orthodontics

281-367-7775

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Child-directed learning

We show children the world through sight, sound, touch, taste and smell—not just a picture on a page. Our teachers, classrooms and curriculum work together to create a total learning environment.

Enrichment programs

We help give your child every advantage possible. That's why we include classes like Spanish, science, cooking, computers, music, tumbling and sign language in tuition. Optional programs like ceramics, dance and sports are available with specialized instructors in small group settings.

Safe and secure by design

From the coded key-pad entry to the internet monitoring system to the floor-to-ceiling tempered glass walls separating every room, your peace of mind is never far from ours.

Learning extends outdoors

Playgrounds designed for each age level and the water park ensure your child will do more than just play with their friends, they'll develop muscles, social skills and motor skills.

Happy kids

The best reason to trust Kids R Kids with your child is the abundance of happy children that fill our school. Nothing we say or do means a thing unless each and every child we care for feels loved, safe and happy.



The Woodlands
320 Valleywood

281.362.9222
www.kidsrkids7x.com

Legends

29910 Aldine Westfield at Rayford

281.363.2227
www.krkleads.com

LEGENDS RANCH

Crime Stoppers is Coming to Legends Ranch!



In the coming months, you'll see Crime Stoppers signs posted throughout your community. Crime Stoppers of Houston is a community-based organization dedicated to solving and preventing serious crime in partnership with citizens, media, law enforcement, and the criminal justice system in the greater Houston area. It was started in 1976 in Albuquerque, NM, then brought to Houston in 1981 by members of The Exchange Club of Houston. It quickly grew into a world leader in helping law enforcement solve felony crimes.

How Do I Report a Tip?

1. Call 713-222-TIPS.
2. Callers with credible information will be given a code number.
3. You will remain anonymous, we do not ask for your name and we do not have caller ID.
4. The information is forwarded to law enforcement.
5. If your information results in the arrest and charging of a suspect, you will be eligible for a cash reward up to \$5,000.

2nd Annual Ladies "Spring Fling" Brunch March 28, 2009

Steering Committee Needed

Interested in getting involved with one of the newest traditions in our community?

Join the Steering Committee for the Ladies Spring Brunch! You'll meet some new neighbors and you might just have some fun along the way! For more information or questions, please contact anna@events-ec.com.

Personal Classifieds

Classified Ads

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Legends Ranch residents, limit 30 words, please e-mail anna@events-ec.com



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Neal Shusterman, Keynote Speaker at Montgomery County Teen Book Festival

Free Event Offers Teens a Chance to Meet Authors And Enjoy Music, Food and Books

The 5th annual Montgomery County Teen Book Festival is honored to present award-winning novelist, screen and television writer, Neal Shusterman on January 24, 2009. Mr. Shusterman will be joined by four other young adult authors for a day dedicated to books and reading. Books and food will be for sale in the Commons, where a live DJ will provide the music. As always student volunteers will play a large role in the Book Festival serving as greeters, authors' assistants, and master of ceremonies. The Festival, free and open to the general public, will be held at College Park High School, 3701 College Park Drive, The Woodlands, Texas, from 11:00 a.m. until 5:00 p.m.

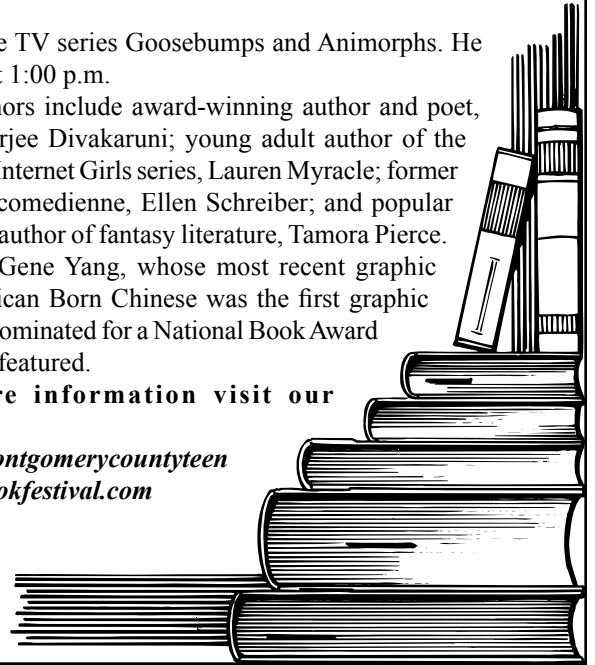
Neal Shusterman, author of 25 books, is currently adapting his novel Everlost into a feature film for Universal Studios. He previously wrote the Disney Channel original movie Picture Perfect. Shusterman's novels often address sensitive issues that young adults face today. Voice of Youth Advocates described his novel What Daddy Did as "impossible to put down once begun" and School Library Journal called his novel The Eyes of Kid Midas as "inspired and hypnotically readable." Neal Shusterman also

wrote for the TV series Goosebumps and Animorphs. He will speak at 1:00 p.m.

Other authors include award-winning author and poet, Chitra Banerjee Divakaruni; young adult author of the best-selling Internet Girls series, Lauren Myracle; former actress and comedienne, Ellen Schreiber; and popular young adult author of fantasy literature, Tamora Pierce. Cartoonist, Gene Yang, whose most recent graphic novel American Born Chinese was the first graphic novel to be nominated for a National Book Award will also be featured.

For more information visit our website:

www.montgomerycountyteenbookfestival.com



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They will accept aluminum cans, plastic, cardboard, glass containers, metal and paper, call for directions and additional information!

AND

Your community schools also have ABITIBI recycling dumpsters, not only are you doing something good for the environment, but they are fundraisers as well! You can drop off paper and cardboard at the following Abitibi dumpster locations:

Houser Elementary School
27370 Oak Ridge School Road

Vogel Intermediate School
27100 Geffert Wright

Splashpad Texas Office Hours

Onsite Business Office (2nd Floor)
Tuesday through Saturday - 9:00am until 5:00pm
Onsite Community Manager: Deborah Silverstein
Phone: 281-419-2130

Clubhouse Onsite Office Hours

Onsite Business Office Hours
Tuesday through Saturday 10:00am until 6:00pm
Onsite Community Manager: Mitsi Withington
Phone: 281-681-9750

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Please support the businesses that advertise in the Legends Ranch Community Newsletter. Their advertising dollars make it possible for all Legends Ranch residents to receive the monthly newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the newsletter by advertising, please contact our sales office at 888-687-6444 or advertising@PEELinc.com. The advertising deadline is the 10th of each month for the following month's newsletter.

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For example, when you're sitting and watching TV, stretch your muscles. Never stretch so hard it hurts. Rather, stretch to the point of mild tension and hold the stretch for 10 to 30 seconds.

A healthy exercise program includes three kinds of exercise: aerobic activity, muscular strengthening and flexibility exercise. You can start your exercise program without investing in any elaborate equipment. For example, you can do simple exercises at home or at your desk at work, including sit-ups, push-ups and pull-ups.

For basic body weight exercises, weight-lifting equipment isn't required. Head for the kitchen and pick up the soup cans you have in the cupboard.

Aerobic activity can be fun

Aerobic activity is defined as prolonged continuous movement of large muscle groups. Translated, that means do something that keeps you moving. Ideally, do it for 20 minutes straight. If you don't have that much time, two 10-minute aerobic activity sessions will benefit you almost as much.

The good thing about aerobic activity is that it includes many of the sports you probably already enjoy. Walking, biking, hiking, dancing, swimming, even basketball are all examples of aerobic exercise.

Another good thing is that you can easily accomplish those two 10-minute sessions with things like taking the stairs instead of the elevator, walking around the neighborhood after work or parking your car farther away.

You could even turn shopping into an aerobic activity. Shopping is walking, so don't stop for 10 minutes straight and you've worked in one of your daily sessions! Check with your local mall for mall walker programs, and you'll have company.

Aerobic exercise is definitely good for cardiovascular health and fitness. And here's something else you'll like: Aerobic activity can help you lose weight.

Plenty of good exercise all around the house

If you do housework or yard work, you're doing yourself a favor. The stretching and lifting housework entails is good exercise. So is work you do outside. Yard work uses many muscle groups, especially activities like planting and working in the garden.

Raking uses your arm and back muscles. Digging gives your arms and legs a workout. And gardening provides a bonus: You'll have more fresh vegetables and fruits to add to your diet.

Is one time better than another to exercise?

It's really up to you. You can exercise in the morning, afternoon or evening. Lunch breaks offer an excellent opportunity to get out of the office and exercise. Use your coffee break to take a short walk around the office. Get rid of the day's stress by fitting in an exercise session after work.

Whatever time you choose, make sure you stick with it. For some people, it's easier to stay with an exercise program when you do it with a friend or co-worker.

Make time to stay healthy

Exercise is one of the best things you can do for yourself. If you're basically healthy, get going right now. If you're 40+ or have any health problems, consult your physician first.



ACE
AMERICAN COUNCIL ON EXERCISE

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US Olympian to Speak at Northwest Flyers Registration Breakfast on February 7th

The Northwest Flyers Track Club will host its annual free information / registration breakfast on February 7, 2009 for all boys and girls and their parents interested in joining for the 2009 season. The breakfast starts at 8:30AM at the Cypress Creek Christian Community Center Forum located at 6823 Cypresswood Dr., Spring, TX, 77379.

The breakfast is the annual opportunity for youth athletes to register for the 2009 summer track season, and to meet the Northwest Flyers coaches and staff, and other new and returning athletes. The event will be highlighted by a special presentation from a member of the USA Track & Field Olympic team.

The Northwest Flyers Track Club is a youth (age 6 -18) track organization, affiliated with USA Track & Field (USATF), that provides a full program of sanctioned "track" events such as sprints, hurdles, middle distance, distance and relays, and sanctioned "field"

events such as long jump, triple jump, high jump, pole vault, discus, shot put and javelin. The Northwest Flyers has approximately 195 members, boys and girls. The club was founded 21 years ago by Olympic gold medalist Fred Newhouse to foster the development of youth track & field in the Northwest Houston area.

The Northwest Flyers is a member of the "Win with Integrity" program, a partnership between USATF and the American College of Sports Medicine. "Win with Integrity" brings elite track & field athletes and school-aged kids together to promote healthy lifestyles, keeping active, and living with integrity through the sport of track & field.

For additional information on The Northwest Flyers Track Club, please visit the team website at <http://www.northwestflyers.org> or contact Linette Roach at (281) 587-8442 or linette.roach@sbcglobal.net.

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