

Wortham Villages

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Wortham Villages

January 2009

www.worthamweb.org

Neighborhood Recreational Facilities Corner

By Rick Anderson

Well, it is now January and another year has passed us by. Hope everyone had a joyous holiday season and enjoyed family and friends. I also hoped you have all now recovered from Hurricane Ike. The clubhouse, pool and tennis courts survived Hurricane Ike, for the most part. The pool management company (Greater Houston Pool Management) did a great job of securing the pool and equipment/furniture and we also secured the shade structure canopy as well as prepared the tennis courts as best we could. We did receive some slight damage to the clubhouse roof and ceilings and we will need to replace the windscreens at the tennis courts. But these were both minor and relatively inexpensive to repair.

We do not have any large repair or renovations planned for this year. We will look at some repairs/painting at the tennis courts as well as coordinating with our Parks Committee for cleaning and repairs/repainting to the playground equipment and repairs/replacements of the benches, grills around the retention pond area. These items are going to be planned and priced and work may begin later in the year or early next year depending on budget constraints.

Before you know it, we will be getting ready for swim season again so stay tuned. I am requesting assistance and more volunteers for our Recreational Facilities Committee. We have had great help from the members of our committee for several years and we need some help going forward if we want to keep looking for ways to improve our facilities. The Recreational Facilities Committee's responsibility is upgrade our amenities. Any reasonable suggestions/ideas are always welcome, so please feel free to join our committee or drop me an email (rick_anderson@efiglobal.com). We will have our first meeting in March, so please consider volunteering and supporting our community.

Thanks to everyone for making this neighborhood a great place to live.

Houston Family Arts Center Presents:



I Hate Musicals – A Comedic Tribute to Musicals

An HFAC original Musical Production

Written and directed by local Houstonian Playwright

David Armstrong

Friday, January 16 and Saturday, January 17, 2009

Wortham Park resident, Veronica McLaren is performing in the cast of *I Hate Musicals – A Comedic Tribute to Musicals*, produced by the Houston Family Arts Center in cooperation with Cypress Falls High School. HFAC is a non-profit theatre group that in only three years has developed a strong reputation for producing high-quality family-friendly entertainment.

Henry hates musicals. OK, he really, seriously dislikes musicals. Actually, he hasn't gone to see more than a couple of them, but he knows he really, really, really hates musicals. So how did Henry end up emceeing a revue!? Join us on this unlikely journey through the past and present of the musical art form as you enjoy the rambling musings of this unlikely emcee, who ultimately (hopefully?!) realizes there is value in the good old song and dance of the musical. The show includes songs from your favorite musicals and movies, presented by a cast of talented Houston adults, teens and children.

Songs performed in this show include *Bring Him Home* (Les

(Continued on page 3)

Wortham Villages

IMPORTANT NUMBERS

MANAGEMENT

Crest Management281-579-0761
 Kristi Buenger (Manager) kristi@crest-management.com, Ext 17
 Stephen Johnson, (Assistant)... stephen@crest-management.com, Ext. 627
 Robin Motley (Accounting)..... Ext. 24
 Fax number 281-579-7062

BOARD MEMBERS

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 Jonathan Armstrong jarmstong@worthamweb.org
 Steve Carter..... scarter@worthamweb.org
 Rick Anderson..... randerson@worthamweb.org
 Rebecca McShane..... rmcsane@worthamweb.org

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 Clubhouse - Linda Carter.....281-894-5821
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 Directory - Mindy Armstrong281-970-2187
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 Neighborhood Watch - Marie Trascherfatrascherjr@aol.com, 281-970-1553
 Park Committee - Martin Mayne martin@mayne.us, 281-955-2240
 Recreational Facilities Committee - Bob Paziteney, 832-912-8473
 Sports Fields Reservations - Myra Edwards.....
 Social - Rachel Gerhardt.....832-912-1447
r_gerhardt@comcast.net
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To all residents and business owners:

The cold months have just started and we are already thinking about our next swimming season. This summer the Wortham Whitesharks will have a great season with lots of fun just like all our previous years. But this year we have something new, and we need your help. We are looking for sponsors to help make it an unbelievable season. We just received our 501 (c) (3) accreditation for a non-profit organization which means all donations are tax deductible for you or your company. We have a great turnout from our community at each competition with around 1000 people at each event. To hear the different ways you or your company can be seen this summer, please contact

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I Hate Musicals - (Continued from Cover)

Miserables), *Gary, Indiana* (The Music Man), *I Just Can't Wait to be King* (The Lion King), *Popular* (Wicked), *Tomorrow* (Annie), *Somewhere Over the Rainbow* (The Wizard of Oz), *Can't Help Lovin' Dat Man of Mine* (Showboat), *Try to Remember* (The Fantasticks), *Can't Stop the Beat* (Hairspray) and many more.

I Hate Musicals - A Comedic Tribute to Musicals opens at Cypress Falls High School on January 16 for a two night engagement. Performances on Friday, January 16 and Saturday 17, 2009, are at 7:30 PM. Cypress Falls High School is located at 9811 Huffmeister, north of FM 1960 and south of Hwy 290.

Tickets are \$10 - \$14. This show will be fun for the whole family! For tickets and additional information call 281-685-6374 or select your seats online at www.houstonfac.com. Group prices are available for groups of more than 10.

Project Prom

May 1, 2009

Project Prom is a drug-free and alcohol-free lock-in after the prom Friday, May 1 from 11pm to 6 am, May 2, 2009. This is a free, fun-filled evening for all seniors. The senior parents provide this all-night party with entertainment, games, activities, shows, food and prizes at the Sam Houston Race Park! It requires vast amounts of organization, planning, time, money and parental participation in order for it to be a success. We have had several fundraisers in order to reach our goal. Please visit our website to learn how you can support Project Prom. Each senior will use Project Prom Bucks to use in the prize raffles at Project Prom. They earn these PP\$ from their parent's participation all year

long. There are many ways to earn PP\$ and to support Project Prom. Learn how at www.cyfairprojectprom.org.

Denim and Diamonds is our next big event and we hope you'll join us. Everyone is invited to this evening of dinner, dancing and auctions at the House Plantation on Friday, February 6th. Tickets are \$25 each. Please contact the co-chairs, Davetta Hammond at 281-213-3228 or Julia Garcia at jgarcia2@energyxxi.com for more information and to get your ticket.

Senior parents of Cy Fair High School, please join us for our next monthly meeting for Project Prom in the cafeteria at 7pm on Monday, January 12. See you there!

Thank you for your continued support!

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Don't Stress – It's Just a Test

Baylor College of Medicine

HOUSTON – (Dec. 4, 2008) – When children complain about upset stomachs and headaches, it could be more than just the flu. This is the time of year when students are preparing for mid-term exams, and test anxiety could be causing their symptoms.

Anxiety about an impending test is a serious problem that can even make some students physically ill, according to a Baylor College of Medicine psychologist.

Test anxiety can be seen in students of all ages. Some will deal with it throughout their schooling because anxiety can be a genetic trait, said Dr. Megan Mooney, adjunct assistant professor of psychiatry and behavioral sciences at BCM. Other students may be able to overcome their test anxiety, especially if parents respond to it in the right way, she said.

"If we respond by talking about being nervous and anxious as a normal thing and introducing techniques to cope with it, then test anxiety can be very manageable," said Mooney, also staff psychologist at DePelchin Children's Center and a counselor at River Oaks Elementary.

If, on the other hand, parents respond by letting their child stay home and avoid the test or by getting upset and reinforcing the feeling of nervousness, then test anxiety could become a longer-term condition.

Mooney works with students on relaxation techniques, such as deep breathing, and on thought-stopping skills that get rid of negative thoughts that start creeping in at exam time.

"These techniques really need to be reinforced at home as well," Mooney said. "All of the skills to decrease the symptoms of anxiety should be practiced. It's just like learning how to play a sport – you have to practice over and over again so these techniques become a habit for children."

Parents must also be aware of the messages they are sending their children, Mooney said. Schools can be high-pressure settings where there is a lot of competition, and parents can add to the pressure with their own high expectations. Mooney urges parents to talk about the importance of kids' trying their best, rather than focusing on grades.

Students of all ages must also take care of their physical health at exam time by eating well and getting enough sleep. Older students also can help ease their anxiety by creating a schedule for themselves as soon as they receive their syllabus. They should find an optimal studying environment, whether it's a quiet library or somewhere they can have music playing.

While anxiety can be overwhelming if not properly dealt with, Mooney pointed out that it is a biological symptom that exists for a reason.

"When we experience anxiety, we get a burst of adrenaline that makes us more aware and helps us focus and concentrate," she said. "Having a little bit of anxiety about wanting to do well on a test can actually help motivate us."



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Clay Road Baptist School is proud to announce our "Flying Eagles" for the first quarter of the school year. Like a traditional honor roll based on academics, "Flying Eagles" is an honor roll based on character. Students are selected based on qualities like patience, kindness, work ethic, spiritual growth, respectfulness, study skills, consideration of others and joyfulness. We are especially pleased to recognize the following students:

- | | |
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| | Bianca Gordon |
| 1st | Olivia Einnarsson |
| | Connor Panto |
| 2nd | Natalie Morel |
| | Carter Joutraw |
| 3rd | Jonathan Loeb |
| 4th | David Scott |
| 5th | Mary-Kate Scurlock |
| | Hope Tang |
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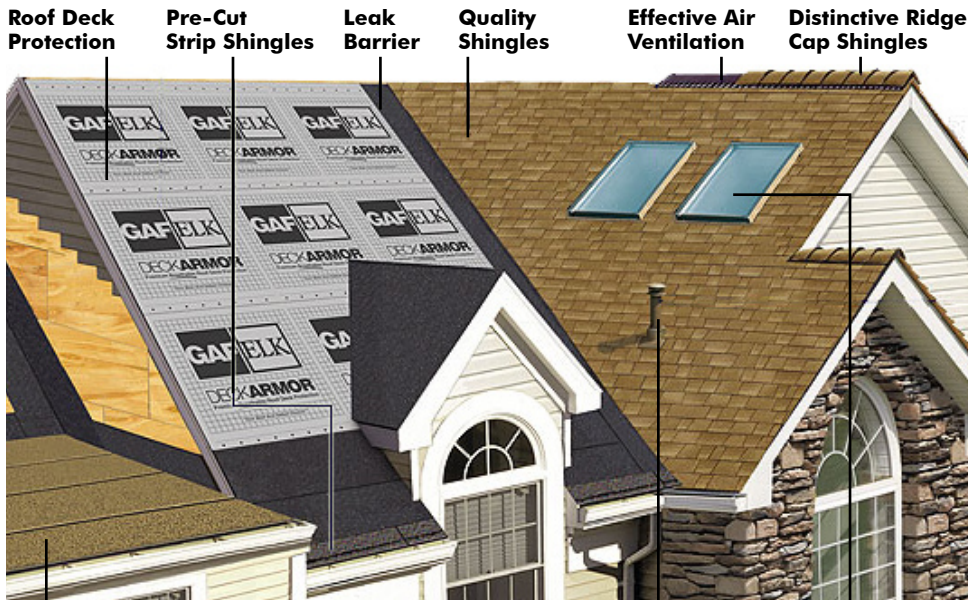
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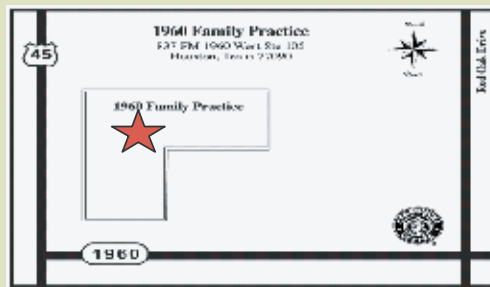
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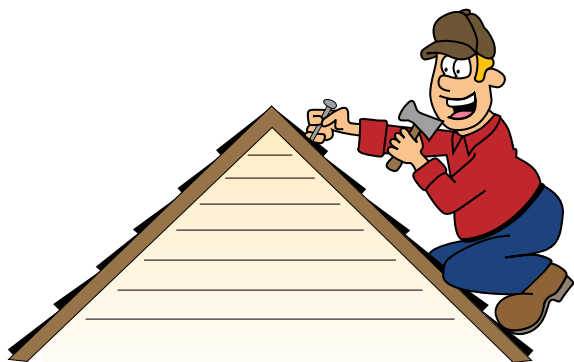
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Lone Star College-CyFair Perspective

It's Not Too Late to Register for Spring Semester Classes

Spring semester classes begin Jan. 12. It's not too late to register for spring as well as some late start and continuing education courses. Lone Star College-CyFair provides a variety of options such as weekend, evening, distance learning and even hybrid (part on campus instruction and part online learning) courses. For information, call 281-290-3200 or 832-782-5000 or go online to CyFair.LoneStar.edu.

Center for the Arts Season Tickets on Sale

Order your seats for the 2009 Season of Entertainment at Lone Star College-CyFair and not only save 25% off regular ticket prices, but receive one free ticket to the 2009 summer children's production. A variety of season ticket packages are available for this year's engaging and enjoyable choral, music and theatre line up. All performances are held in the Center for the Arts on the Barker Cypress campus at 9191 Barker Cypress. Call 281-290-5201 or go to CyFair.LoneStar.edu/boxoffice for information.

Deadline Jan. 26 to Submit a Film for Quack Attack Competition

Do you have what it takes to make a movie? Five-minute film submissions will be accepted monthly through Jan. 26, with the Quack Attack Film Festival set for Feb. 27. Competition categories

include: Drama, Comedy, Public Service Announcements, Action, Documentary, Commercial/Advertising, Horror, Science Fiction, Romance, Animation, News Packages and Music Video. Each film will be judged on the basis of: Creativeness, Sound, Cinematography and Special Effects. For competition rules, guidelines, entry form and information go to cyfair.lonestar.edu/video.

Try Tai Chi in the New Year

Lone Star College-CyFair offers a variety of continuing education courses, such as Tai Chi. This introductory course offers practice in the simplified styles and forms of Tai Chi. A person doing tai chi moves his or her body slowly and gently, while breathing deeply. The 24-point posture is emphasized in this course. Students also study history and basic terms along with philosophical and physiological principles and the movements of Tai Chi. Registration is under way. For information, go to CyFair.LoneStar.edu/ce.

L.I.F.E. Lessons in January

The Learning, Inspiration, Fellowship and Enrichment (L.I.F.E.) programs are free and held Wednesdays at 10 a.m. in the Lone Star College-CyFair Branch Library (Room 131.) Call the library at 281-290-3213 for L.I.F.E. program information or go online to CyFair.LoneStar.edu/library.

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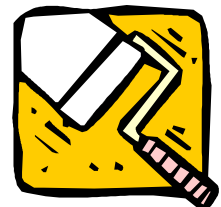
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Light, Lean, & Healthy in the New Year

New Year's resolutions for healthier eating do not have to mean boring and tasteless meals. My tortilla soup is bursting with flavor but very little fat! Veggies are sautéed in pecan oil, which is lower in saturated fat than olive oil. Add green chiles, some herbs and spices, finish with oven-baked tortilla strips and you've got a soul-satisfying soup in minutes.

Dishin' with... Molly Fowler

Molly's Tortilla Soup

Serves 4-6

1 Small	Onion, diced	2 Tbsp	Minced fresh cilantro
3	Roma tomatoes, seeded and diced	3/4 Tsp	Ground cumin
	Pecan Oil *	3/4 Tsp	Dried leaf oregano
1 4-oz can	Diced green chiles	4 Cups	Chicken or vegetable broth
1 10-oz can	Rotel tomatoes		Oven-baked tortilla strips or chips**
	Salt and pepper to taste		

Sauté onion and tomatoes in small amount of pecan oil in a saucepan until onion is almost translucent. (*Go to www.pecanoil.com for more information and retailers) Add green chiles and Rotel. Stir in cilantro, cumin, oregano, and chicken broth. Simmer for 10 minutes. Adjust seasonings if needed. Add cooked diced chicken or prepared taco meat to make more substantial. To serve: Place tortilla strips in bottom of bowl. Ladle soup over. Garnish with diced avocado, light sour cream, reduced-fat cheddar cheese.

**To prepare tortilla strips, preheat oven to 375°. Cut soft corn tortillas into thin strips. Place in a single layer on baking sheet (lightly spray with olive oil if desired) and bake in oven 10 minutes, or until crisp, stirring if needed.

Enjoy! Molly

Get \$420 Cool Cash For The Holidays

Plus, you can get a new heating and cooling comfort system with NO money down, a full 10 Year Parts and Labor Warranty and Energy Savings too! (Oh, and did I mention the six months NO INTEREST?)

In our business, weather is *everything*. During "peak" seasons, we're too busy. Other times we're *wishing* the weather would bring us more business.

Now that it's cooler, people are putting off all those "non-holiday" purchases.

I hope this offer changes that!

5 WAYS YOU WIN

I'm willing to "share the profit" on holiday jobs with you! Just call us during this special offer and you'll get:

1. A **Free** Energy and System Survey. Just Call!
2. A **Free** estimate of how much a new comfort system can save you in energy. Your new system can save you stacks of energy dollars each month!
3. A **Free** 10 Year Parts and Labor Warranty on the quality jobs by A-Plus Mechanical Services, Inc.

4. If you decide to get a new system, You can do it with No money down! (and **NO Interest!**)

5. A **\$420** rebate or discount to use as you like while enjoying your new comfort system!

THE ONLY PROBLEM...

This offer will end after we install 25 new comfort systems. So don't risk losing your spot for a Free survey and rebate!

A-PLUS
MECHANICAL SERVICES
Air-Conditioning & Heating
281-970-5200

Mess-Free Bonus: Since your home is probably cleaned up for the holidays, if our techs don't leave your house as neat as they found it, I'll give you another \$100. Hey, it's Christmas!

WORTHAM MARKET REPORT

Courtesy of Super Dave

This market information report is provided to keep you informed of resale market activity in your subdivision.

	Jun 08	Jul 08	Aug 08	Sep 08	Oct 08	Nov 08
\$250,000 +	1	0	0	0	0	0
\$220,000 - 249,999	0	1	0	1	0	0
\$200,000 - 219,999	1	0	0	0	0	0
\$180,000 - 199,999	2	1	0	1	0	0
\$160,000 - 179,999	1	1	0	1	1	0
\$160,000 -	0	0	0	0	0	0
TOTAL	5	3	0	3	1	0
Highest \$/Sq Ft	72.20	77.03		74.04	57.91	

This chart represents the homes that have sold and closed in the past 6 months according to the Houston Multiple Listing Service.

#1 Selling Agent In Wortham!*

David "Super Dave" Flory



- #2 Realtor in Texas!**
- Top 1% of Realtors in the U.S.
- Selling Over 600 Homes A Year!
- Over 96% of David's Listings Result in a Sale

HIGHEST PRICE PER SQ.FT. House Sold in Wortham: \$81.30

RE/MAX
Professional Group
832-478-1205

Direct line: **281-477-0345**

* According to information taken from the HAR MLS Computer

**Realtor Teams per Remax 9/2007

Peel, Inc.

311 Ranch Road 620 S. Ste 200
Lakeway, Texas 78734-4775

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