

BASEBALL & SOFTBALL PARADE & FESTIVAL

Saturday, March 28, 2009

(Booth rental information inside the Gazette.)

DONATIONS NEEDED FOR THIS GRAND EVENT!

If you or your company has season tickets to any local sporting events, please consider donating a pair or set of tickets to the FSA for the Silent Auction that will be held at the Festival. Thanks for your support!

Please contact Ashley Thibodeaux at ashley.thibodeaux@ transwestern.net to make arrangements for delivering the tickets.

VOLUNTEERS NEEDED

The Team Manager Coordinator and Concession Stand Coordinator positions on the Fairfield Sports Association Board will be vacated by its current members June 30, 2009. We are in need of new board members to fill these positions. Anyone interested should contact Ashley Thibodeaux at ashley. thibodeaux@transwestern.net or Carla Venette at venette4@ comcast.net for more information.

It would be best if anyone interested would volunteer to be on the Concession Committee during the 2009 Baseball Season so he/she can "shadow" Ashley and Carla during the season in order to familiarize themselves with the process. The Concession Stand Coordinator position works best if shared by two people who can work together. MOM'S Club

Pizza Night at Gambino's Every Thursday in February!

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Sheriff's Department.	
NON-EMERGENCY NUMBERS	712 466 4072
Ambulance	
Cy-Fair Medical Clinic (24 hr)	
FBI	
Fire	
Harris County Animal Control	
Sheriff's Department	
Vacation Watch	
CHURCHES	
Christ Church Houston Northwest	
Christ the Redeemer Presbyterian Church	
Community of Faith	
Christ the Redeemer Catholic Church	
Fairfield Baptist Church	
Fairfield Church of Christ	
Fountain of Life Fellowship	
Good Shepherd United Methodist Church	
Harvest Bible Church	
Messian Lutheran Church	
Saint Aidan's Episcopal Church	
The Fellowship at Fairfield	
COMMITTEE NUMBERS	
Crime Watch Chairman: Freeman Martinfreemann	
Fairfield Area Swim Team: Carla Tharp	
Fairfield Women's Club: Dawn Bond	
Security Coordinator:	
NEWSLETTER COMMITTEE	
Holly A. Reichertedi	tor-gazette@att.net
NEWSLETTER PUBLISHER	
Peel, Incfairfieldgazette@peelinc.c	
FAIRFIELD VILLAGE COMMUNITY ASSOCIATION	N
Resident Board Members:	
Please remember that the resident Board Members are volunteers with	
As a courtesy please communicate with them during reasonable hours.	
Ed Hofer (Bradford Creek, FF Village Community Assoc.	
bradford.neigl	
Pam Montgomery (Bradford Creek)montgomeryat	
Jim Auge (Bradford Creek)	
Tami Ehler (Bradford Creek)	
Joni Seifert (Chappell Ridge)	
Kay Jukes (Chappell Ridge, FF Village Community Assoc	
John White (Chappell Ridge)	
Brian Gambrell (Fairfield South) brian_gaml	
John Hanes (Garden Grove, FF Village Community Assoc	
Donna Bonneau (Garden Grove)	
Louis Iselin (Garden Grove)	
Robert Nichols (Inwood Park)Susan.ni	
Alex Griffith (Inwood Park)	
The New Market (Lemma 1 Devile FF Village Course $(A = A)$	201 212 0700

Driver's License	
Post Office	
Voter Registration	
MISCELLANEOUS NUMBERS	
A.M.I (deed restrictions, etc.)	
Cecelia Panzinetti, AMI Onsite Manager	
Community Meeting Room	
Cy-Fair College	
Cypress Area Home Schoolers	
Fairfield Athletic Club (FAC)	
Fairfield Information Center	
Friendswood Development	
Harris Co. Library (Northwest)	
Harris Co. Animal Control.	
Hamis County Magguita Control	713-440-4800
Harris County Mosquito Control	
Harris County Mosquito Control SCHOOL NUMBERS	
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SCHOOL NUMBERS Ault Elementary Bus Information Cy-Fair Administration Cy-Fair High School Goodson Junior High School Keith Elementary Spillane Middle School	281-373-2800 281-897-4380 281-897-4000 281-897-4600 281-373-2350 281-213-1744 281-213-1645
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SCHOOL NUMBERS Ault Elementary Bus Information Cy-Fair Administration Cy-Fair High School Goodson Junior High School Keith Elementary Spillane Middle School UTILITY NUMBERS ENTEX (gas) Centerpoint Energy (Electricity)	281-373-2800 281-897-4380 281-897-4000 281-897-4600 281-373-2350 281-213-1744 281-213-1645 713-659-2111 713-659-2111 713-638-7000 281-398-8211



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ATTENTION Fairfield Homeowners

Fairfield Community Gazette Procedures for Submitting Articles & Personal Classifieds

If you would like to submit an article and/or personal classified ad(s) for publication in the Gazette, please follow these guidelines:

Articles, personal classified ads (limit 30 words), questions regarding regular columns and teen job postings (i.e. additions, deletions, changes) must be submitted to the editor, Holly Reichert, via e-mail at editor-gazette@att.net.

Please submit all articles and personal classified ads in Microsoft Word only. Photographs and graphics must be submitted as a JPG file.

The deadline for submission of articles and personal classified ads is by the 10th of each month; your article and/or ad will appear in the following month's Gazette. In order for the Gazette to be delivered on time the submission deadline date will be strictly adhered to and no articles and/or personal classified ads will be accepted after the 10th of each month.

If you would like to submit or have questions regarding business advertising and/or business classified ads, please contact Kelly Peel at Kelly@PEELinc.com.

Thank you, Holly A. Reichert, #281-304-9956

PLEASE NOTE: NEW EMAIL ADDRESS FOR EDITOR: editor-gazette@att.net, effectively immediately.

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Attention Fairfield Homeowners



SPEEDING IN FAIRFIELD PARKING ON THE STREET

Children are our greatest treasures, and we're creating a threat to their safety by parking on the streets and by speeding through Fairfield.

Most homeowners have some space in their garage reserved for storage – in some cases most of the garage, thereby not leaving enough room for their vehicles. Consequently, many owners park their vehicles on the street making it difficult for others to pass and creating hazardous conditions for the children.

Although we're all anxious to get home to be with our families, speeding and reckless driving is against the law and endangers everyone. Fairfield is a family oriented community with many children; for that reason before you speed or park on the street, please consider their well-being. Also, children playing in the street can unknowingly create a dangerous situation, especially on heavily traveled streets; the driver may not see the child, especially in the evening or after dark.

We all know that children have a tendency to move about impulsively and may inadvertently run into the street. Please don't let a tragedy happen before parking your vehicle off the street or obeying the speed limit. For the benefit of all the residents and children, and the overall appearance of your neighborhood, please do not park on the street. Make accommodations in your garage or driveway for your vehicles and keep your streets clear and safe for all and please, DO NOT SPEED IN FAIRFIELD VILLAGE.

Street Light Outage

You can report a street light outage online <u>at www.centerpointenergy.com.</u> Click on: *services/electricity/residential to report a street light outage*.

You may also call Centerpoint at 713-207-2222

You must know the pole number and a nearby address. Centerpoint will send you a confirmation and an expected fix date. Thank you AMI

CLOVER IN YARDS

It's been noticed that many lawns are inundated with clover or other weed growth. Your local hardware or home improvement store can help you effectively eliminate the clover and weed growth in the sod. Also, some of your local gardening centers rent spreaders if necessary, or maybe you have nice neighbors who might lend theirs to you. Please do whatever is necessary to get

rid of those ugly weeds. Thank you for keeping Fairfield Village a beautiful place to live.





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FAIRFIELD COMMUNITY GAZETTE - February 2009 7



FAIRFIELD SPORTS ASSOCIATION BASEBALL & SOFTBALL PARADE & FESTIVAL Saturday, March 28, 2009

GOT SOMETHING TO SALE? SET UP A BOOTH AT THE ANNUAL FAIRFIELD SPORTS ASSOCIATION OPENING DAY.

Outdoor Vendor Booths Available Booth Space: \$50 donation to FSA (You provide your own tables, canopy, etc.)

Please make checks payable to Fairfield Sports Association Send registration form and payment to: Fairfield Sports Association c/o Ashley Thibodeaux 15442 Court Green Trail Cypress, TX 77433 Deadline for securing a booth is March 7, 2009 For additional information, please contact

Ashley Thibodeaux at ashythibo@comcast.net or 832-723-0117

Vendor/Business name:_____

Contact: _____

Mailing Address: _____

Phone: _____ Email: _____

Total Fee(s) enclosed: \$

Booth rentals will be confirmed with an email once registration form has been received. DONATION IS NON-REFUNDABLE.

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Fairfield Community Gazette

NEED HELP WITH A LOST OR FOUND PET ...

Pet

Corner

Please contact Susan Locke, Fairfield's Lost and Found Pet Coordinator at 281-605-5775 or you may go to http://groups. yahoo.com/group/fairfieldpets. Susan is the contact for someone that has lost or found a pet and tries to match the two together. Susan is unable to pick up, deliver or provide medical assistance to lost, found or injured animals but will try to help locate the dog or owner when they are lost.

> ~Your pet's ID tag is their ONLY ticket home! ~ * * * * * * * * * * SAVE A Life ... Be A Foster Parent.

> >

More HELP for PETS ...

When a pet is lost, finding the pet means that time is of the essence. It takes time to create, print and distribute flyers. The flyers are many times illegible because of wind or rain. I certainly do not fault the pet owner because I have done this myself.

Frustrated, I thought there has to be a better way. So that is why we created Cypress Lost Pet Alert.com. The idea is to very quickly get the word out through an e-mail alert to as many neighbors as possible plus post the picture and information about the pet on the website under the specific neighborhood.

Once the email alert goes out to the specific neighborhood, many, many neighbors are now aware. If they happen to forward the email to their friends who have not signed up, it could mean hundreds of your neighbors are already alerted and are keeping their eyes open for your lost pet.

Cypress Lost Pet Alert.com is on-call 7 days a week from sun up to sun down and is FREE. We are glad to work with any informal email chains. The whole idea is to find lost pets quick for the good neighbors in Fairfield and surrounding areas.

Regards, RB Cox alert@CypressLostPetAlert.com www.CypressLostPstAlert.com

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As 2009 is now underway, Cypress Cares would like to announce the dates that we will be boxing up our care packages for the year. All boxing events will be held at the Cole's Crossing Community Center, located at 13050 Barker Cypress Road at Jarvis Road.

Several of our packing days this year are specifically at times when Cy Fair ISD is not in session so that our students will have an opportunity to be involved as well. The dates are as follows:

> January 31, 10:00 March 14, 10:00 April 25, 10:00 July 8, 12:00 August 17, 2:00 October 3, 10:00 Halloween Treats for Troops November 14, 10:00 Christmas Trees and Decorations December 28, 1:00 Christmas Break Service Project for Cy Fair Students

Cypress Cares has received more thank you notes from the troops who have received packages. Visit our website, www.cypresscares.org to view the troop responses, as well as more current information about upcoming events, donation ideas and more.

Our troops need and deserve our support; get involved today!





FAIRFIELD COMMUNITY GAZETTE Biblical Resolu

Biblical Resolutions

Did you make any resolutions for 2009? I must confess, New Year's resolutions have never really been my thing. But as I prayed about the year ahead, I sensed the Spirit's prompting to research a few of the resolutions that are recorded in Scripture. I think you'll be as challenged as I was by the list.

The first resolution I came upon was Jehoshaphat's resolution to inquire of the Lord. Jehoshaphat was told that a vast army was coming to make war against him. But before he rallied the troops or formulated a battle plan, Jehoshaphat resolved to inquire of the Lord, and he proclaimed a fast for all of Judah (2 Chronicles 20:3). The people gathered together and Jehoshaphat prayed earnestly before the entire assembly. He ended his prayer by declaring to the Lord, We do not know what to do, but our eyes are upon you (vs 12).

There are times when we face situations for which we have no answers. But we can take comfort in the fact that our God sees all, hears all, and knows all. He is never caught by surprise or left without a plan. When we don't know what to do or where to step, we can resolve to inquire of the Lord and fix our eyes upon Him as Jehoshaphat did.

The second resolution is a challenging one. In Psalm 17:3, King David resolved that his mouth would not sin. Can you think of any words that you said in 2008 that you wish you could take back? Ephesians 4:29 tells us, Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to

their needs, that it may benefit those who listen. Even if we fail from time to time, can you imagine the impact we can have on the people around us if we will choose to say only words that will build up or benefit others? It's a goal that is worth the effort.

The third resolution I discovered was Daniel's resolution to remain pure. When Daniel made that resolution, he was surrounded by a culture that was replete with idol worship and was completely opposed to the standards of the God of Israel. But Daniel resolved not to defile himself (Daniel 1:8).

Sadly, our society is growing more and more opposed to the standards outlined in God's Word. We are bombarded by images on our televisions or movie screens that threaten to desensitize us to evil, immorality, and violence. Lines are being blurred and boundaries are being crossed. But Romans 12:2 warns us not to conform any longer to the pattern of this world, but be transformed by the renewing of your mind. We are to be distinctive and committed to purity. We can't always control our culture, but like Daniel, we do not have to allow our culture to control us.

The final resolution is my favorite. The Apostle Paul resolved to keep his focus on Jesus. As Paul reflected on his ministry in the city of Corinth, he said, For I resolved to know nothing (to be acquainted with nothing, to make a display of the knowledge of nothing, and to be conscious of nothing) among you except Jesus Christ (the Mes-

(Continued on Page 13)



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Biblical Res. - *(Continued from Page 12)* siah) and Him crucified (1 Corinthians 2:2 AMP).

It was Paul's passion to wholeheartedly keep his focus on being acquainted with, displaying the knowledge of, and being conscious of our glorious Savoir. What greater resolution could there be?!! So here's my list of resolutions for 2009:

1). I resolve to inquire of the Lord.

2). I resolve to guard my mouth from sin.

3). I resolve to keep myself pure.

4). I resolve to keep my focus on Jesus.

I'm going to display these resolutions in my office all year to keep my goals before me. If you'd like to join me, please send me a quick email (mindy@fruitfulword.org) and my gift to you will be a PDF of the list. Print it off and place it where you will also see it often. I'll post your name with my list and we can remember to pray for each other as we strive to keep our resolutions. This year, making some resolutions is indeed my thing! I hope you'll make it yours. I wish you a happy and resolute 2009.

A Special Invitation to All Women in the Community Eyewitness to Majesty: Abandoning Self for Christ with Mindy Ferguson

Come, walk along with Peter as an eyewitness to the life of Christ. Watch Peter transform from Simon the ordinary fisherman, to Peter fisher of men. Peter will encourage you and inspire you. But most of all, he will challenge you to abandon self for Christ.

All women in the community are invited to join us on Tuesday evenings at Good Shepherd United Methodist Church in Fairfield for this eleven-week Bible study, featuring author and Cypress resident, Mindy Ferguson of Fruitful Word Ministries. Each week we will come together for 90 minutes of fellowship, music, prayer and in-depth teaching by Mindy. Childcare is free with advance reservations. Please come and bring a friend!

DATES: Tuesday evenings, Feb. 3rd - Apr. 21st

> <u>TIME:</u> 7:00 to 8:30 p.m.

LOCATION:

Good Shepherd UMC, 20155 Cypresswood Drive, Fairfield Subdivision (290 and Mason Rd)

COST: \$13.00 for workbook

TO REGISTER CONTACT:

Good Shepherd UMC office at 281-373-2273 or Aynne Daugherty (aynnedaugherty@yahoo.com) at 281-373-1822 Visit Mindy's ministry website at: www.Fruitfulword.org

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School News

ATTENTION 2009 CY-FAIR / CY-WOODS HIGH SCHOOL SENIORS



The Ault Elementary PTO awards a \$500 scholarship to one male and one female applicant who is graduating from either Cy-Fair High School OR Cy-Woods High School and graduated from Ault Elementary. Scholarship applications and guidelines can be obtained from the Counselors' office. The deadline for submitting applications is April 10, 2009.

Cypress Creek High School Celebrates Spring Cougar Day

Houston, TX, January 3, 2009

The Cypress Creek High School Athletic Booster Club will be having its annual spring fundraiser, Cougar Day, on Saturday, February 7th, 2009 from 12:00 p.m. to 5:00 p.m. The community is invited to participate in the day's festivities, which will take place at the Cypress Creek High School football stadium complex, 9815 Grant Road, Houston.

Featured activities are: Baked Potato Meal Sale, Silent Auction, Concession Stand, Face Painting, Cake Walk, and Cougar Spirit Items sale. The day will also showcase the spring season boys' and girls' sports: Baseball, Soccer, Softball, Track & Field, Swimming, Golf, Wrestling and Tennis. Several of the teams will have scrimmages or do demonstrations.

All funds raised will go directly to support Cypress Creek's boys' and girls' athletic programs.

For further information, please visit the Cypress Creek Athletic Booster club website at www.cycreekabc.com or contact Jeneane Schultz at 832-444-7607.



School News Continued

.... News Submitted by Jill Fant (Wildcats Right After Prom)

Jeans & Jewels Dinner-Dance and Silent Auction– Feb 20th

Entire community – you are cordially invited to the **Jeans & Jewels Dinner-Dance and Silent Auction** in honor of WRAP (Wildcats Right After Prom)! This evening of fun will be at Lindsay Lakes on Friday, February 20th from 7:30-11:30 – so save the date!

For ticket information please check website, cywoodswrap.org or contact committee chair Margaret Mahoney by phone at 281-351-1619 or by email at dennisjmahoney@netzero.net

We are still accepting donations for the silent auction, please contact Margaret Mahoney.

Mr. Cy Woods Contest - Feb 26th

WRAP-Wildcats Right After Prom, Inc. our parent driven project prom organization will be hosting the first Mr. Cy Woods contest on Thursday, February 26, 2009 at 6:30pm in the Cypress Woods High School Auditorium. The senior men will be judged in three categories: formal wear, swimsuit and talent. Senior class women will be escorting the contestants on stage throughout the competition. Al's Formal Wear of Willowbrook will be providing the tuxes for the men to wear in the pageant. If you are interested in participating as a contestant or an escort, send an email to one of the committee chairs: Suzanne Chaffin sjchaffin@comcast.net or Tina Kendrick kendrick tina@yahoo.com. There is a \$35.00 entry fee and all participants should plan on

attending 2 rehearsals after school on Tuesday and Wednesday prior to the event. Only a limited number of contestants and escorts will be accepted based on a first come, first serve rule.

Admission tickets will be \$10 and will be presold and at the door. Also limited VIP Seating will be \$20 (You will have a seat on one of the first four rows!)

WRAP is Cy-Woods High School's parent-driven Project Prom organization. The purpose of WRAP is to provide a drug- and alcohol-free all-night party for the graduating seniors and their guests after their prom. Held at the CFISD Berry Center on May 22, 2009, from 11:00 p.m. to 6:00 a.m., it is a fun-filled evening of shows, games, activities, food, gifts and prizes! Website for WRAP is cywoodswrap.org



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Clubs & Announcements US Olympian to Speak at Northwest Flyers Registration Breakfast on February 7, 2009

The Northwest Flyers Track Club will host its annual free information / registration breakfast on February 7, 2009 for all boys and girls and their parents interested in joining for the 2009 season. The breakfast starts at 8:30AM at the Cypress Creek Christian Community Center Forum located at 6823 Cypresswood Dr., Spring, TX, 77379.

The breakfast is the annual opportunity for youth athletes to register for the 2009 summer track season, and to meet the Northwest Flyers coaches and staff, and other new and returning athletes. The event will be highlighted by a special presentation from a member of the USA Track & Field Olympic team.

The Northwest Flyers Track Club is a youth (age 6-18) track organization, affiliated with USA Track & Field (USATF), that provides a full program of sanctioned "track" events such as sprints, hurdles, middle distance, distance, relays and sanctioned "field" events such as long jump, triple jump, high jump, pole vault, discus, shot put and javelin. The Northwest Flyers has approximately 195 members, boys and girls. The club was founded 21 years ago by Olympic gold medalist Fred Newhouse to foster the development of youth track & field in the Northwest Houston area. The Northwest Flyers is a member of the "Win with Integrity" program, a partnership between USATF and the American College of Sports Medicine. "Win with Integrity" brings elite track & field athletes and school-aged kids together to promote healthy lifestyles, keeping active, and living with integrity through the sport of track & field.

For additional information on The Northwest Flyers Track Club, please visit the team website at http://www.northwestflyers.org or contact Linette Roach at (281) 587-8442 or linette.roach@sbcglobal. net.

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When was the last time someone got down on hands and knees and cleaned *your* bathroom floors?



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Kitchen

- Clean sinkClean appliance exteriors
- Clean inside microwave
- Clean range top
- Damp wipe cabinet doors
- Clean counters
- Hand wash floor
- Load dishwasher

Bathrooms

- Clean sinks, counters; change towels
- Clean, disinfect toilets, tubs, showers
- Hand wash, disinfect floors

All Rooms

- Pick up and straighten
- Dust sills, ledges, wall hangings
- Remove cobwebs
- Dust/vacuum furniture
- Vacuum floors, carpets
- Vacuum stairs
- Vacuum under beds
- Change linens, make beds
- Empty trash

Windows

- Clean entry window & one
- set of patio door windows
 Clean window over kitchen sink
- Clean window over kitchen sink





Nobody Outcleans The Maids.

Clubs & Announcements Cont. F.A.S.T NEWS



F.A.S.T. 2009 REGISTRATION & **CLINIC DATES**

Hi Again Swim Families! Summer swim season is F.A.S.T. approaching!! Registration will be held for two Saturdays. We're hosting 3 Clinics, and 2 Shark Clinics! We are excited about having our returning swimmers on the team, and we welcome our new neighbors and new swimmers! Summer swimming with our Fairfield Dolphin League is a great way to jump into the community, and the kids love swimming with their friends.

Keep in mind our website, www.swim4fast.org, as a great source for team details. We are affiliated with the NWAL league, www. NWAL.org.

Be sure to note these dates, and we'll look for you at Registration!

Registration #1 Registration #2	March 21 10 – 2 at Central Park March 28 10 – 2 at Central Park
Shark clinic #1	March 29th 2 – 3:30
Clinic #1	March 30 to April 2 (Friday is rain date)
Shark clinic #2	April 5th 2 – 3:30
Clinic #2	April 6 to April 9
Clinic #3	April 13 to April 16
First practice	Tuesday, April 21st
Blue and White	Sunday, May 3rd 2pm
First Dual Meet	Saturday, May 16th



February is American Heart Month.

Be Smart About Your Heart

Know the signs of a heart attack and feel safe knowing that North Cypress Heart Center is "just a heartbeat away."

- Chest Discomfort
- Pain or discomfort in areas of the upper body (arm, neck, jaw, or stomach)
- Shortness of breath
- Other symptons such as cold sweat, nausea, and lightheadedness (Source: American Heart Association)



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FAIRFIELD COMMUNITY GAZETTE - February 2009 17

Clubs & Announcements Continued FAIRFIELD COMMUNITY GARAGE SALE

Saturday, March 28, 2009 7:00 AM – 4:00 PM At Traders Village, 7979 N Eldridge

> EARLY BIRD SIGN UPS Saturday, February 28, 9:00 – 11:00 AM Sunday, March 1, 1:00 – 3:00 PM Bradford Creek Clubhouse

SIGN UP WILL BE HANDLED BY MAIL AND EMAIL STARTING MARCH 2 FOR ANY REMAINING BOOTHS

o Booths are 10' x 20' and cost \$35 o Two booth limit per Fairfield address o 2 (8') tables per booth are available to rent for \$10 each

Make checks payable to FWC (Fairfield Women's Club)

STARTING MARCH 2, PLEASE MAIL PAYMENTS TO:

Dawn Bond, 20407 Lake Spring Court, Cypress, TX 77433

<u>Please include your email address and phone number with payment</u> o Booth orders will be processed in order by the postmarked date o Tips, rules, booth number(s) and vendor parking pass will be mailed to you

If you'd like to be located next to a friend at the sale, please mail your checks together with a note. If you have a preference of booth location, please describe it and every effort will be made to accommodate you.

Sponsored by The Fairfield Women's Club For more information, call Dawn Bond 281-224-3296, email bondmail@ymail.com

PLEASE NOTE: THIS GARAGE SALE IS FOR FAIRFIELD RESIDENTS ONLY.

THERE WILL BE NO RAIN DATE AS THE BOOTHS ARE COVERED. All booths are outlined, numbered and have access to electricity. Restrooms and phones are located throughout Traders Village. Concessions are open only on Saturday. Vendors may enter Traders Village FREE on Friday and on Saturday before 7:00 AM with you vendor pass. Place your parking pass on your car dash. Three passes will be available per booth. Vendors may enter Saturday with pass at 6:00 AM. Gates open to the public at 7:00 AM. There will be no refunds - this is a fundraising event for local charities. Only cash or checks will be accepted as payment. Tables can't be rented during set-up Friday or Saturday morning. You are responsible for your own tables (if not renting) and chairs. You are responsible for your own set-up/ clean-up. All items must be removed from your space at the end of the sale. Traders Village provides this service for area neighborhoods, but restricts us to garage sale items only: no craft items, make-up, food concessions, etc. that would compete with Traders Village businesses can be sold at garage sale booths.

FRIDAY SET-UP: Friday is the designated day for setting up your booth any time between 4:00 PM and 8:45 PM. PLEASE UNLOAD YOUR VE-HICLE AS QUICKLY AS POSSIBLE AND THEN MOVE IT OUT TO MAKE ROOM FOR YOUR NEIGHBORS. You will make many sales Friday evening as you set up, so have your items priced and have money to make change. Be advised you should bring some type of cloth or tarp to cover and protect your items overnight. The FWC and Traders Village will not be held liable for theft or damage to any items. Anything left unattended on premises is done so entirely at dealers' own risk. If you have valuables, you need to bring them on Saturday morning. All vehicles must be gone from the set-up area Friday by 8:45 PM. THE GATE WILL BE LOCKED AT 9:00 PM. Set-up will not be allowed on Saturday morning unless you can carry the items through the gate. THERE ARE NO VEHICLES PERMITTED IN THE SET-UP AREA SATURDAY MORNING.

SATURDAY AND CLEAN UP: Booths may be closed at any time. If renting tables, please collapse them and leave them in your booth. FWC makes arrangements to have a charity truck available; but, over the years, experience tells us they may not make it. You must be prepared to take any unsold items home with you. You are responsible for your booth space being empty and clean by 4:00 PM Saturday.



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Clubs & Announcements Continued



The Fairfield Seniors

The Seniors of Fairfield are an active, fifty plus, fun-loving group of couples and singles who enjoy fellowship, monthly trips, and various activities together. If you or your spouse is fifty or older, a newcomer to Fairfield Village or have lived here in Fairfield for some time but have never attended one of our functions, you are cordially invited. Come be a part of our fun-loving group. We're sure you will enjoy it.

OUR FEBRUARY BUS TRIP PLANS ARE FOR:

Thursday, February 26, to downtown Houston, Texas. This month we are going to the Alley Theater to see "The man who came to dinner" by Moss Hart and George S. Kaufman.

In this hilarious romp, Sheridan Whiteside, theater critic, lecturer, and radio personality, arrives to dine at the home of the prominent Stanley family in a small Midwestern town, slips on the doorstep and injures his hip. A tumultuous six weeks of confinement follow, during which Whiteside monopolizes the living room and takes over the Stanley household. Before it's over, the outrageous has become commonplace. This large cast comedy will feature Alley Company members playing a most extravagant array of eccentric characters.

The cost for this trip is just \$15.50 per person, non-refundable, plus your dinner at Birraporetti's Italian restaurant before the play. To get on the list for this trip, call Jackie Wurth @ 281-304-0805. Make checks out to: Fairfield 50 Plus and get to Jackie before February 1. The departure time for this trip will be 4:30 p.m. from the Fairfield Village parking lot. Please be there by 4:15 p.m.

OUR MARCH BUS TRIP PLANS ARE FOR:

Thursday, March 12, to Bellville. Texas. This month our first stop will be to visit the Newman's Castle which was started in 1998 and is a work in progress. It includes a moat, a drawbridge, a chapel, five corner turrets 24 feet tall, and a central keep 42 feet tall. Mike Newman made all the furniture and woodwork by hand.

We will have a box lunch at Newman's castle. Then after lunch we have a step-on guide for a two hour tour that includes the pavilion,

jail, museum, and Hellmuth home.

The Bellville Turnverein Pavilion has continued to serve as a dance and exhibition hall and community gathering place for 100 years. The Jail Museum is located in a building built in 1896. The Hellmuth home was built in the late 1800's. It represents the popular Victorian style and has been restored and used as a bed and breakfast.

The cost for this trip is \$16, per person, which includes your box lunch at the Newman's Castle. To get your name on the list for this trip, call Mary Ann Tully @ 281-256-2342. Make checks out to: Fairfield 50 Plus. The departure time for this trip is 9:00 a.m. from the Fairfield Village parking lot. Please be there by 8:45 a.m. Don't miss this trip, and bring the camera.

UPCOMING TRIP

A Fourteen Day Caribbean Cruise from Fort Lauderdale. If you want more information on this14 day cruise from Fort Lauderdale, check "Upcoming Trip Information" on our web site for the complete trip details: www.fairfieldseniorsgroup.com/homepage.htm

Thursday, February 12: The Monthly Planning Committee meeting is at 1:00 p.m. at the Lakeside Trails Club House.

Then later, around 6:30 p.m. that evening, we will be having Our Monthly Potluck. It will also be at the Lakeside Trails Club House. However, try getting there early. Doors open around 6:00 p.m. for socializing and fellowship. (See special notice below.) Then plan on staying and join many of our members who stay to play games after the meal and finish up the desserts.

(Continued on Page 22)



Valentine's Day Dinner & Dancing

reat your sweetheart to a special evening at Northwest Forest. Dine with us and dance the night away. A fun-filled, romantic evening awaits you. You can sip champagne and take a turn around the floor as Jeff Landry of JPL Entertainment provides your favorite dance tunes.

Saturday, February 14

Dinner and Dancing \$75 per person

Northwest forest

Conference Center

For reservations or additional information please contact us by e-mail to vherman@northwestforest.com, or call 281.256.4249

Northwest Forest Conference Center 12715 Telge Road 🗸 Cypress, Texas 77429 www.northwestforest.com

Clubs & Announcements Continued

Fairfield Seniors (Continued from Page 20)

Special Notice: Concerning February Potluck. In the tradition of the February rodeo theme our February Potluck will be Chili Cook-off. You have the option of making and sharing your favorite chili recipe, or bringing a dish that will go along with chili: such as cornbread, sour cream, cheese, hotdogs. We might even need some Pepcid Complete, an acid reducer and antacid. Desserts, of course, will also be needed to settle the meal and enjoy while we play dominoes and other games after the meal.

Saturday, February 14: Don't forget it's Valentines Day.

Tuesday, February 17: Game Night at the Cooks' House. It starts around 6:30 p.m. Just bring a little snack and a healthy appetite. This is always a fun evening with great fellowship. The directions are posted in the Activity details page on our web site and will also be in our February 15 email.

Special Notice: Concerning Game Night at Clubhouse. It will be the fourth Tuesday this month; our monthly trip is on the fourth Thursday.

Thursday, February 24: Game Night at Lakeside Trails Club House. It starts around 6:30 p.m., and we have plenty of room at the club house. We would like to see you there to enjoy an evening of games and fellowship with us. Just bring a little snack and plan on having lots of fun. There are some card games and dominoes.

For additional information on activities other than trips: Call Mary Lou Cook @ 281-304-8359.

We recommend that you check our web site regularly. Things often change from the time this article is submitted and you receive your copy of the Gazette. www.fairfieldseniorsgroup.com

OUR FUN-LOVERS WEEKLY EMAIL: An event reminder.

It is emailed each week to our members and others who have requested it. It provides updated information and any changes from what appears here in the Gazette. We also include member birthdays and prayer requests; we even have a contest or two, along with other news and items of interest. If you would like to receive our weekly emails, send your email address to: Fairfield-Seniors@comcast.net



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Clubs & Announcements Continued



American Legion Post #324

Looking for new members!

If you are a Veteran of the U.S. Army, U.S. Navy, U.S. Air Force, U.S. Marines, U.S. Coast Guard, or Merchant Marines you may be eligible to join.

American Legion Post 324 of Jersey Village meets the second Sunday of each month (except May when it's the third Sunday) at the Jersey Village Civic Center at 4:00 p.m.

Please come to the meeting or contact the Post by mail at P.O. Box 41962, Houston TX 77241 or call Commander Howard Mead at 713-466-3610.



FREE DIABETES CLASSES OFFERED

on the 2nd Saturday of each month At Kindred Hospital Houston Northwest 11297 Fallbrook Dr.

"Introduction to Carbohydrate Counting" 8:30 am - 10:30 am

"Introduction to Insulin Pump Therapy" 10:30 am – 12:30 pm

> "Advanced Pumping Skills & Support Group" 1:30 – 3:30

RSVP prior to each class to Tere Kelly at 281-517-1008



Clubs & Announcements Continued



"Adventures in Mothering" at The MET

Join the Adventure! Get Connected...with MOPS!

MOPS stands for Mothers of Preschoolers, a program led by mothers themselves and designed for mothers with children ages birth to 5. These mothers all have a shared desire...to be the best mothers they can be!

For more information on meetings in Fairfield, please contact Renate Wheeler at renateqw@yahoo.com. They will meet on the second and fourth Fridays during the school year.





Texas Early Childhood Intervention (ECI) provides early intervention and therapy services for children birth to 36 months. If you have questions about how your baby or toddler is developing-ask ECI! Programs are in every Texas County.

Questions or Concerns?

Call ECI of MHMRA Harris County at 713-970-4900 or visit www.dars.state.tx.us/ecis to find out more about ECI and to find your local program. ECI developmental screenings & evaluations are at no cost to families!



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Clubs & Announcements Continued

The MOMS Club® of Cypress / NW-Fairfield Moms Offering Moms Support



MOMS Club® is an international organization with a neighborhood feel! We are teachers, business women, counselors, chefs, CPA's and artists who have put those careers on hold and have made the choice to stay home with our kids.

MOMS Club® is a place to find friendship, support, playmates and sisterhood!

ALL events include our children and we believe there is something for every mom out there! Are you looking for park days, coffee breaks, lunch outings, (free) babysitting co-op, craft projects, time to sit and chat, cooking club, book club or someone to share dinner with when your husband is traveling or working late? We even find the time to meet once a month for a mom's night out a great time to unwind. Or are you interested is helping the within the community with service projects. We have that! (And a whole lot more!)

The New Year is here and what a better time to start something new! You can attend two events before joining. Our membership fee is only \$20 a year. The Moms club is a great opportunity for you and you kids to make new friends in our area. Come visit our next all-member meeting and see for yourself! There is a lot of fun and support just waiting for you! We meet at Good Shepherd United Methodist Church located on Cypresswood Drive in Fairfield. As always, children welcomed!

For more information please contact Danielle Slot, Membership VP at 832-876-4358, danielleslot@yahoo.com or Amy Wilkes, President at 281-455-2807, amywilkes2003@yahoo.com.



Fairfield Book Club

The Fairfield Book Club is a terrific way to meet other women in Fairfield. Have great conversations and develop new friendships.

We meet the 3rd Wednesday of each month (rotating homes and sometimes restaurants), from 7:00pm - 9:30pm. We share food, drinks and of course conversations. We read all kinds of books that have been suggested by our members. Classics, modern pop fiction, non-fiction, biography and classic junk...anything. There are no book snobs here, we read it all? So if you are a book lover or just want to expand your reading and/or social network then please join us at one of our meetings.

We invite you to attend one of our meetings as a guest or a member. We currently have openings, however because we hold the meetings in homes our membership is limited. So don't wait, contact me today.

Contact Linda Locke at Linda15226@yahoo.com Or 713-298-6514 (evenings please)





12303 N. Elderidge @ Cypress N. Houston, Ste E - 281-469-6355

Clubs & Announcements Continued

290 Cypress Business Networking Group

The 290 Cypress Business Networking Group meets every Thursday morning at 7:30 am at Newk's Express Café located at Hwy 290 and Spring Cypress in the Kroger Shopping Center near the Cinemark Theater. The group is open to all business owners and professionals who want to increase their exposure to the residents of Cypress and the surrounding areas. There is no cost to attend the meeting. If you would like more information, please call Ken Parker at 281-384-1562. **Visit our new website at 290Cypress.com**



Attention Kappa Delta Sisters ...

The Houston Northwest Kappa Delta Alumnae Association holds meetings the 4th Tuesday of each month at 6:30 p.m. Visit www.kdhnwaa.com for all the details.



Cy-Fair Area Y-ME Breast Cancer Support Group



Are you a Breast Cancer Survivor?

Please join us for the Cy-fair Area Y-Me Breast Cancer Support Group. We meet the second Thursday of each month @ Kindred Hospital Houston Northwest from 6pm–7pm.

For more information please contact Tere Kelly@ 281-517-1008.

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Clubs & Announcements Continued Fairfield Singles

Greetings to all Fairfield Singles:

Our names are Rogers, Ken and Linda and we are re-invigorating the Fairfield Singles Group. If you are new or old to Fairfield and are single, we invite you to join. This group will not only serve as a database and communication site, but we hope to plan and hold group activities throughout the year. Of course, we invite all who join to put as much input and involvement in as they are able. The last time the group was active, several years ago, there were forty-five plus members. I am confident that we can at a minimum be able to double that number. This is a great opportunity for those singles in the Cypress area, which is mostly a family based community, to get together and meet others of the same interests. We are asking, at this time, that only adult homeowners sign up for membership.

So, now you are asking, "How do I do it?" Actually it is quite easy and as long as you have internet access will take only an email request. As we are keeping the internet membership only open to those who actually do reside in Fairfield, we have made it a private Yahoo Group Site. This will necessitate an email request to join and please state your name, email addresses are sometimes ambiguous, and neighborhood for verification. This will also protect our membership from outside intruders. This qualifying email should be sent to: FairfieldSingles@yahoogroups. com

So sign up, get out, and meet your single neighbors! If we all get involved, we will increase our mutual quality of Life in a great community. We encourage you to be as active as you can, remember what one usually puts in; a lot more generally comes back. Thanks and we look forward to meeting all of you. Rogers, Ken & Linda

INTERESTED IN SCRAP BOOKING? but find yourself putting it off?

Join a scrap book club that will meet once a month in Fairfield. E-mail sandrawright@ houston.rr.com or call 832-642-1248.



Fairfield Community Gazette - February 2009 27

Church News Harvest Bible Church

"Sin is the transgression of the law" (1 John 3:4).

Have you ever actually wondered, or asked God, what sin is? Did you ever study the Bible, that you might have proper views of this greatest of all evils? For those who never have, their eternal state is not optimistic. Of course talking about sin is very unpopular, and today's church-going people have opted for preachers who refuse to talk about sin. But for those who do actually believe in an afterlife, they must look carefully into the text of Scripture in the Bible.

Lift up your voice to God, and humbly plead with Him, saying, "Lord, help me understand what sin is and why so many are so hellbent to not talk about it."

One of Jesus' closest disciples, John, wrote, Sin is the transgression of the law. The Law, of course, is the holy law of the Most High God as given to Moses in the Ten Commandments (Exodus 20:1-21) sometime around 1450 BC. This Law reveals God's holy character, it gives His people common sense guidelines for living, and it reveals the sinfulness of man.

If you have ever read the Commandments you most likely figured out that you have failed in keeping them. In doing so, you have offended – as has everyone else who has ever lived on earth – the Most High God. All humans have broken every single one of them – even murder! The reason being is that the Law of God may be broken by thought as well as by word or deed!

God's Law is spiritual, and it reaches into our thoughts and motives. Everything we do, say, or think that transgresses God's Law is another way in which we fall short of God's perfect standard. Jesus said, "Every idle word that men shall speak, they shall give account thereof in the day of judgment" (Matt. 12:36). The day of judgment is that awful day, when the heart-searching God shall judge the secrets of our depraved minds. We are all doomed because of this, for how many idle thoughts have passed through our minds without the proper conviction attending each one of them? What Genesis 6:5 said of mankind in Noah's day has never changed, namely that "every intent of the thoughts of [man's] heart was evil continually." Note "every intent," not just his actions, for man's actions are based upon his intent.

How many idle words do we regularly speak every single day, without reflecting, that for every one of these we must give an account! When was the last time that the evil of my thoughts and words resulted in an anxious cry from my heart, "God be merciful to me a sinner?"

(Continued on Page 29)



Church News Continued

Harvest Bible Church (Continued from Page 28)

The bottom line is that sin is the transgression of God's Law, and even if we sinned just ONE time, we would have fallen short of God's standard of righteousness. Truly, we have much to answer for! As a result, we should confess that we have done what we ought not to have done, and we have left undone what we ought to have done, namely receive Jesus Christ as Lord and Savior. There is nothing good in us in God's sight, and He is the one who will judge us! Clearly, we mock God when we sin, and we spit on Him when we ignore our sin in favor of thinking good thoughts about ourselves – as if there is truly anything good to think about ourselves.

So, may we confess our sinfulness to God, look into His perfect being and see Him as He allows us to see Him. Then may we rest in Him for eternal forgiveness through His Son Jesus Christ who paid sin's penalty on the cross so that all who believe in him will have eternal life. It all begins by looking into the perfect holiness of God found in the Scriptures in order to see how sinful we are. We will, in turn, see how beautiful and how merciful He is. Now, O Lord, let our consciences be awakened to the sinfulness of sin!

Contact us at Harvest Bible Church at 281-256-7733 or consult our website for more information: www.harvestbiblechurch.net





Are you more than 100 pounds over your ideal weight? Have you tried diets, diet pills, or exercise programs? If nothing worked, then you may be a candidate for surgical weight loss.

North Cypress Medical Center offers **FREE** informational seminars each month regarding the LAPBAND[®] weight loss system and the Roux-en-Y Gastric Bypass surgical procedure.

Tuesday, February 3rd @ 6pm Saturday, February 7th @ 10am Thursday, February 12th @ 6pm Tuesday, February 24th @ 6pm Saturday, February 28th @ 10am



www.NCMC-Hospital.com

Church News Continued Fairfield Church of Christ *"Discovering the Heart of Christ, in the Heart of Fairfield"*

Eric Wills has gone postal in a provocative new way. Wills is a mailman in St. Petersburg, Florida, with 480 people on his route. The mail he delivers to them-from high-end catalogues to bundles of bills-speaks volumes. So, as it turns out, does the condition of their yards. After weeks of silently cursing an overgrown thicket blocking his path to a front door mail slot, 30 year-old Wills was struck with an insight that would change the lives of many of his customers, and ultimately his own. Un-mowed lawns, he realized, were a cry for help. He knocked on the offender's door. An old man answered and said that the lawn was the least of his worries. So Wills cut the man's grass. For free. Two weeks later, using his own mower, he did it again, and again. Soon Wills was taking on other unkempt yards along his route, mowing for free on his days off and buying extra gas for his sputtering old mower. After two years, he was mowing 15 yards, all for free. He had been searching for a way to give back, he said, and mowing the lawns of his needy customers was "just my little way of making a difference." His good deeds were discovered by a local newspaper reporter, who wrote a story about the mowing mailman, including his phone number in case anyone else needed help. Strangers started calling, but not about their lawns. They wanted to give back to Eric Wills. Ninety people sent money for gas-\$3,500. Three people donated



riding mowers that cut grass, and time. A landscaper volunteered to help with planting. Another well-wisher had a custom trailer built for hauling the new mowing gear. But the best gift of all, Wills said, was inspiring others. One man wrote that he'd been pondering for years whether he should look after his elderly neighbors. "Reading your story," he said, "pushed me over the edge from thinking to doing." Eric Wills was mowed over. (Posted on the web, April 13, 2008, by Kathy McManus.)

We believe at Fairfield Church of Christ that in spite of how bad things look in our world today there is still a lot of goodness to be found. Fairfield Church of Christ is in your neighborhood for one reason, to bring goodness to where we all live. We are here to serve and offer a path to a great life.

We believe that the path to a great life is found in a personal relationship with Jesus Christ. This year our theme is Let Your Light Shine in 2009. We invite you to come to church this Sunday and join us on the path that leads to a life that is full and complete in Jesus.

Every Sunday morning we have <u>Bible Classes</u> for babies to adults beginning at 9:30am. Each Bible Class is taught by loving Christians utilizing the latest in educational techniques and finest Bible curriculums to teach God's Word. *(Continued on Page 31)*





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- Business Formations
- Labor and Employment
- Business & Consumer Litigation
- J. P. Traffic Tickets

SCordova@CypressAttorney.com

Church News Continued

Church of Christ (Continued from Page 30)

Our Sunday morning **Worship** begins at 10:30am with each service meant to bring glory to the name of Jesus and help each worshipper realize how wonderful it is when you know Jesus as your Savior.

Mid-Week Bible Studies are also offered every Wednesday at 7:30pm. This is a great time to pause in the middle of a busy week and be re-energized by fellowship, prayer and study of God's Word.

We also offer <u>Free</u> personal, one-on-one Bible Studies. For those who wish to study alone, Bible Correspondence Lessons are available, as well.

If you have a prayer need of any kind, any questions or we can help you in any way, please let us know by calling the church office at 281-373-1900 or by visiting our web site at www. fairfieldchurch.org.

You and your family are always welcome at Fairfield Church of Christ. We would love to see you this Sunday!

Have a Blessed Day,

Dr. Mike Lehew, Minister

Fairfield Baptist Church

Spotlight: Great Women of the Bible!

YOU "are fearfully and wonderfully made" and yet many days we don't believe it, we don't feel it, and we don't live it out in all we do and say and think. We may know that scripture and we know it's buried in our hearts, but our days are so busy and crazy, and we listen to the world so much more – that that truth has trouble seeping into our daily lives.

We want to gird you up and strengthen you, so you are able to stand firm in the truths we are going to research this year.

We want to equip you with scripture and weapons so that when Satan does attack, you are so centered in Christ, you won't even budge.

We want you to become the Precious Princess that Jesus Christ sees, loves, and adores every day of your life – even on really bad hair days!

We want you to live in His castle instead

of the pig pen. You are worthy!!

Topics include "The Really Desperate Housewives of Harris County", "Have You Missed the Boat and Just Floating on Adequacy?", "Shear Genius: Curly Hair Vs Straight and Why God Always Wins" and more....

Great Women meets 4th Friday of the month 6:30-8:30 pm. (February 27) Childcare and refreshments provided. Each month is a separate topic, visitors are welcomed and appreciated. Check our website for details.

Visit our website www.fairfieldbaptist. com for information on this activity, Kidz Ministry, Student (grade 7-12) Ministries, Adult Studies, Men's Ministry Ladies Ministries and other programs or call at 281-373-5446.

We are located at 27240 Highway 290 between Mueschke and Mason roads on the north feeder road.

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FAIRFIELD COMMUNITY GAZETTE - February 2009 31

Church News Continued Good Shepherd United Methodist Church

New Children's Choir program at Good Shepherd. Registration Day will be February 8 at 4:30 PM with the theme of "Sweet Beginnings." All children presently in Kindergarten through 5th grade are invited to participate in this exciting musical education program which will feature a performance of the musical "Down by the Creek Bank" in May. Rehearsals will be weekly on Sundays at 4:30 PM at Good Shepherd with games, instruments and lots of singing. This fun, instructional program will be under the direction of Wayne Miller, Director of Music and Worship Arts at GSUMC.

Adult Music Ministry

The Chancel Choir at GSUMC invites all singers to our rehearsals on Wednesdays at 7:00 PM as we begin a new cantata for Holy Week and Easter. There are no auditions and no experience is required; the basic requirements are a love for singing and an attitude for seeking excellence in presentation of musical offerings to God and His church. The Chancel Choir sings weekly for the GS Classic service on Sundays at 9:45 am.

GS Kids-Upcoming Events:

February 8th is Jesus Loves Me Sunday! We will be celebrating and sharing the love of Jesus with our friends and neighbors today. Bring a friend and join us for a great morning of fellowship, crafts, snacks, and an official Jesus Loves Me Sunday balloon release.

Check out our website www.goodchurch.us for details and for all upcoming children's events!

Sunday Schedule:

9:45-Sunday School, KidsRock! (1st - 3rd)

11:00-Sunday School, WeeRock (Pre-K, K), KidsRock! (1st – 3rd), Quest (4th-5th)

Spring Women's Retreat

Our annual WOW retreat is scheduled for Feb. 20-22, 2009 in Round Top, Texas. Mark your calendars & plan on joining us for a weekend of fun, fellowship, and growing closer to God with your sisters in Christ! We are very excited to have speaker, Donna Nalley joining us this year. For more information on registration, please contact Valerie Ward at val.ward@ comcast.net.

Shrove Tuesday

Shrove Tuesday Pancake Supper will be held on February 24th from 5:30 - 7 pm. This is a wonderful FREE meal and time of fellowship for you, your family, and your friends to come and enjoy. (We won't even make you do any dishes!)

Ash Wednesday

On February 25th we will have an Ash Wednesday worship service at 7:00pm. The service is designed to help us turn our hearts, lives, and church back toward God and help us to prepare for the coming celebration of Easter. All are welcome and encouraged to come.

Philippians Series (To run Feb 15-March 29)

From Chains to Changed: Sometimes no matter how much we pray and act faithfully we find ourselves in difficult and trying circumstances. The Apostle Paul could certainly relate to situations like this, but somehow he went through the harder times of his life with a great deal of joy, hope, and faith in God. Join us at New Path during the month of March for a deep study of the book of Philippians and a celebration of the truth we find within it.

Visit our church website at www.goodchurch.us. The youth have their own website at www.gsmyouth.net so visit both sites often to check out the latest plans and activities. Our church is located on Cypresswood Drive in Fairfield; we are right down from the Shell station off 290 and Mason Road. Join us this Sunday for First Watch at 8:30am, GS Classic at 9:45am, New Path at 9:45am, or Catalyst at 11:00am. Our office staff is available to serve you Monday-Friday from 8:30-5:00 pm. Call us at 281-373-2273 for information on programs, services, Bible studies, and more. We hope to have you join us and sample all the exciting events and fellowship opportunities we offer.





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FAIRFIELD COMMUNITY GAZETTE Long Term Care: Manage the Costs

Submitted by Rich Keith

Yearly long term care costs have increased 15% since 2004 to nearly \$75,000 in 2007. And 75% of Americans have no long term care plans.

A recent survey from Genworth Financial's 2007 Cost of Care Survey found the average national cost of care for nursing homes, assisted living facilities and in the home has steadily increased over the past four years and has reached new highs that exceed most household incomes in the U.S. The rising costs

of long term care may, therefore, present difficulties for many Americans should they need to pay for long term care out of their own pockets.

A separate national poll conducted by Public Opinion Strategies for Genworth Financial with input from the Alzheimer's Association found that 75 percent of Americans have made no long term care plans and 59 percent expressed concern about being able to pay for long term care. Almost half of the respondents (44 percent) incorrectly believe that Medicare or their private health insurance will pay for their long term care needs. In actuality, health insur-

ance and the federal Medicare program do not generally cover long term care. Genworth's annual benchmark study surveyed more than 11,000 nursing homes, assisted living facilities and home care providers. It was conducted by CareScout between January and February 2007 to gain a comprehensive view of long term care expenses. The survey is available at www.genworth. com.

According to the survey, the average

national cost in 2007 of a single year in a private nursing home room is \$74,806. To put this into context, one year in a private nursing home room costs nearly one and a half times the average full 4-year college degree in the U.S., including tuition, room and board. Note the College Board's national average for public colleges is \$51,184 for four years, making a single year in a nursing home 46 percent more expensive.

The cost of assisted living facilities has also increased sharply in the last four years, by more than 13 percent, to a new annual average cost of \$32,573 for a one-bedroom unit.

(Continued on Page 35)



Long Term Care (Continued from Page 34)

If given the choice between care in a facility such as a nursing home or an assisted living facility and care at home, 75% of national poll respondents said they would prefer care at home. However, the hourly rate for a home health aide has increased 2.7 percent since Genworth's 2004 Cost of Care Survey. The average cost for a 40-hour per week home health aide – \$52,977 a year – is more than the median household income in the U.S. of \$46,272.

The Alzheimer's Association recently reported that the prevalence of Alzheimer's disease has increased 10 percent in the last five years and that someone in America develops Alzheimer's every 72 seconds. Seventy-two percent of poll respondents said that the possibility of developing Alzheimer's disease makes planning for their long term care more important to them. Following are key findings from the survey, broken out by major category.

Nursing Homes: The average annual national cost of a private room in a nursing home is \$74,806 or \$204 per day, reflecting a 14.8 percent increase over 2004 rates. This remains the most costly care option.

Assisted Living: A private one-bedroom unit in an assisted living facility has an average annual cost of \$32,573, a 13 percent increase since 2004.

Home Care: The average hourly rate for Medicare/Medicaid certified and state licensed home health aides is \$25.47 an hour, a cost that translates to a \$52,977 per year for 40 hours per week.



With so many Baby Boomers heading into retirement, it's critical that long term care planning be integrated into every adult's retirement strategy. Paying for just a few years of long term care out of pocket can very easily deplete an entire life's savings and retirement. Not planning ahead can also limit the variety of choices available, such as the ability to live independently at home with assistance from a home health aide. Source: Genworth Financial, Inc.

Jennifer Kwak, M.D. Family Medicine OFFICE HOURS Mon. - Wed. 9 am - 5 pm Thurs. 9 am - 7 pm Fri. & Sat. 9 am - 12 noon 281.304.5100

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Personal Classifieds

HELP! Someone to help set up and show me how to use my new computer and printer I received from Santa. Will pay you! Please cal 713-851-1126

CHILD CARE HELP WANTED: Looking for a someone dependable to care for our 20 month old daughter for 3 days a week (Mon., Tues., & Wed.) from 6:30 -2:30, starting in January. Would like references. Please call Diane at 281-304-7077 if interested.

WORKING MOM LOOKING FOR A MOTHER'S HELPER: The job would include cleaning/organizing 2-4 hrs. a week. \$10 an hour. An older high school student, college student and/or stay at home mom would be perfect for this role. Must be trustworthy, ethical and have good references. Contact Susan if interested at 281-414-2242.

LOOKING FOR STAY AT HOME MOM TO SIT: I am a recently single mother in Bluebonnet Glen, looking for a stay at home mom in Ault school zone to watch my 6 year old before and after school. I'm trying to cut day care costs, willing to pay or trade services. 832-338-3825

ADULT SOCCER: Looking for adults over 30 intrested in playing soccer on the weekends. If intrested please email Bob at raw_64@ yahoo.com.

PUREBRED MALTESE PUPS FOR SALE: \$450. Please call 713-447-2740.

FOR SALE: High chair (\$10), crib (\$20), BumbleRide Stroller (\$20), car seat (\$10) Call 713-384-5063

FURNITURE FOR SALE: Couch \$100 obo, Entertainment Center \$75 obo, Bookcase \$25. Call 281-304-9348.

DOGGY STUFF FOR SALE: Medium dog black metal crate (like new) \$30. Assorted dog toys (new) and lounge pillow (used but washed) \$15. If interested, call 713-446-7454 or email vligotino@ comcast.net

FOR SALE: Books for all ages. From John Grisham to J.K. Rowling. Starting at \$2.99. They are located inside Jitterbug Coffee or email me at ra21771@msn.com.

FOR SALE: Kids Cargo wooden bunk bed. Full on bottom, twin on top. Seally mattresses and bunky boards included. 250.00. Maple finish. 281-304-0440

FOR SALE: 1998 Toyota 4Runner -fully loaded-123K- \$4500. Jenny Lind Crib and changing table -\$80 for both-bedding included. Bottle warmer- \$5. Pottery Barn Baby Blue soft, soft infant seat cover and head support- great for winter-\$15. Osh Kosh door way jumper \$5, playtable with ABC's/Colors/#'s-\$7, Tiger ball drop \$5..- 281-256-3949,

FOR SALE: Barbie Jammin Jeep Wrangler \$125, Simplicity 3 in1 Convertible Bassinet \$40 and Rainforest Take Along Swing \$30. Contact 281-304-1380.

FOR SALE: Green gingham fabric covered glider chair (looks like an upholstered chair with arms and box skirt) and matching ottoman from USA Baby - originally paid \$500 will sell for \$100 - Mud Pie pink terry cloth princess robe N-18m -(281)256-3949.

FOR SALE: Mikasa ENGLISH Countryside CHINA – 8/5 piece place settings, platters, bowls, salt pepper and many more all for \$200 obo. NEVER been used and still in the box. Please call Amanda 713-203-8082. A great gift.

BABY ITEMS FOR SALE: Exersaucer \$40 (used only a couple of times), Doorway Hanging Jumper \$10, Portable High Chair \$20, Snugi Baby Carrier \$20, Nursing Cover Up-Black \$10, Wipe Warmer \$10, Infant Carrier/Car Seat and Stroller Combo \$50. Call Diane 281-304-7077.

FOR SALE: Nintendo DS Lite. Black. Like new. Rarely used. Have original box. Will include 2 games; Megaman 5 Battle Network & Nintendogs Lab & Friends, Padded Carrying Case, Plastic Game Case & Adapter. \$90.00 for everything! Call 281-373-9309.

OAKWORKS NOVA FOR SALE: Adjustable, portable, used from a smoke free house. Comes with adjustable headrest, 6 inch semi bolster, fleece cover and carrying case with pocket. New \$662 asking \$350 713-516-1558

(Continued on Page 37)



36 FAIRFIELD COMMUNITY GAZETTE - February 2009

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Classifieds Continued

Classifieds - (Continued from page 36)

BABY ITEMS FOR SALE: Fisher Price Jumperoo \$35; 3-stage Exersaucer \$30; Graco Swing; \$30; Baby Bjorn \$20; Graco Snugride Infant Carseat & Base \$30; Boy/Girl Bassinet \$25; Bouncy Seat \$15; Girl/Boy Baby Bedding Set \$25; Baby Gym \$25; Bottle Chiller/Warmer \$10; SlingEZee.com Sling Regular, only tested \$25. Call 281-682-3574, will e-mail pictures.

FOR SALE: 30 yr. old solid wood dining table with 6 chairs and china hutch - \$150. Pine with white legs solid wood breakfast table with 6 chairs - \$150. Call Tess @ 281-841-0316

FOR SALE: Fisher Price toys - piano, ball mazes, and more! Prices between \$10 and \$20. All toys in good shapes. Can email pictures. 281-304-0247

FOR SALE: Blue/White Gingham custom fabric print swivel rocking chair. Great for a BABY'S Room. Must see to appreciate! Frame and fabric in excellent condition. Similar to the chairs in Pottery Barn Kids. Please call Amanda at 713-203-8082.

FOR SALE: Little Tikes Playhouse. Used but in Brand New Condition. Always kept in doors/never been outside. Doorbell makes different sounds. \$100.00. Contact Stacie @ (713) 818-7809 or wilson.stacie@att.net.

FOR SALE – GE 14.8 cubic feet – chest freezer 29.5" D x 35" H x 48" W - \$225.00 - Rich Cordova 281-256-3030.

FOR SALE 2008 TPX CATALYST X.1 COMPOSITE BASE-BALL BAT: "BIG BARREL" 28 inch 18 oz. Used "maybe" 2 months at the most!! I paid \$325.00 plus tax Sell for \$175.00 Please call 832-334-7001

FOR SALE: Double stroller by Aprica, \$20.00; 27" Zenith TV, \$20.00. Call Juli at (281) 256-9699.

FOR SALE: ABERCROMBIE & HOLLISTER JEANS. Junior sizes. Used but in "New" Condition. 2 pair of Hollister stretch jeans in medium wash, size 3R (98% cotton/2% Spandex) - \$20 each. 1 pair of Hollister Cali Flare stretch jeans in light wash, size 3S (99% cotton/1%spandex) - \$20. 1 pair of Hollister Distressed/Destroyed Flare jeans in medium wash, size 5R (100% cotton) - \$20. 1 pair of Abercrombie & Fitch "Madison" Distressed/Destroyed Jeans, size 0S (100% cotton) - \$20. 1 pair of Bui Yak Kah stretch jeans in dark wash, size 5 (98% cotton/2% Spandex) - \$15. 1 pair of Abercrombie & Fitch cutoff shorts in medium wash, size 2 (100% cotton) - \$10. Contact Stacie @ (713) 818-7809 or wilson.stacie@att.net.

FOR SALE: Dora Talking House and LOTS of characters and accessories \$50. Fisher Price Farm with characters \$15. 281-304-0247

WANTED: We are looking for a responsible individual, to watch our two school aged boys during the summer months at our home. (preferably a high school or college student)Hours will be M-F 8:00 \sim 4:30, please call 832-754-9988 if you or someone you know is interested. (Continued on Page 38)



Classifieds Continued

Classifieds - (Continued from page 37)

BABY ITEMS FOR SALE: Fisher Price Rainforest Jumperoo \$20.00. Lilac Bumbo Baby Seat with tray \$15.00. Baby Einstein Activity Gym \$15.00. Baby Martex Blossoms Musical Mobile and Crib Bumper for girl \$20.00 for both. Alphabet Winnie the Pooh wall hanging piece \$5.00. Baby sling never used \$5.00. Please call 281-304-5479.

CAR FOR SALE - 99 Ford Taurus, 6 cylinder automatic, power seat, bucket seats, good tires, regular oil changes, A/C cold, one owner, asking \$3,800.00 Call 281-256-7721 leave msg.

FOR SALE: (1) snow ski goggles and bib (kid size); (2) snow ski tether for young child; (3) 1 & 2 lbs exercise dumbells; and (4) halogen torch light (6 ft; black) for \$8;call Patrick at 281-654-3109 (work) or 281-256-3711 (home).

PRO-FORM 770 EKG TREADMILL FOR SALE: Speed and incline can be changed with the touch of a button. Displays continuous exercise feedback. Handgrip pulse sensors. Water bottle/magazine holder. Four certified personal trainer programs, two heart rate programs Performant Lube walking belt. \$200.00 or best offer. Not used alot. Call 281-217-3636.

FOR SALE – Navy Blue Leather Sofa in Nice Condition – Very Comfortable \$325.00 - Sandra Cordova 281-256-3030.

MOVING BOXES: Small, medium, large \$1.00 each; dish barrels: \$2.00 each; wardrobes: \$3.00 each, picture boxes: \$1.00 each; packing paper – free; All excellent condition- used once. 832-794-9668.

COMPUTER CABINET FOR SALE: Honey Oak Finish, Amish made, Excellent Condition, 48W x 24.5D x 72H; paid \$1,300 new, asking \$650; will e-mail photos; 281-304-4749 (Sandy).

CORNER ENTERTAINMENT CABINET FOR SALE: Honey Oak Finish, Amish made, Excellent Condition, 50W x 34D x 76H, opening for TV is 35W x 26 1/2H; paid \$1,000 new, asking \$500; will-email photos; 281-304-4749 (Sandy).

SOFA TABLE FOR SALE: Honey Oak Finish, Amish made, Excellent Condition, 42L x 16D x 27H; paid \$225 new, asking \$110; will e-mail photos; 281-304-4749 (Sandy).

MOVING SALE: Powerhouse multi-function strength series bench weight set/with weights, Reflex Step - elliptical machine w/silent magnetic resistance, Homemedics recliner/massager chair, Body By Jake, ab& back machine, all in excellent condition. Make an offer. (281) 898-8068

FOR SALE, Proform 5 Star Interactive Trainer 1200 Treadmill.Value \$1300, asking \$900 will take offers.Please call Jim Wolf at832-347-0807.(Continued on Page 39)



Classifieds Continued

Classifieds - (Continued from page 38)

FOR SALE: Couch and matching loveseat - cloth/base color white w/blue and greens - like new, also numerous framed prints and paintings for sale. Moving/Must sell (281)898-8068.

TRUCK FOR SALE: 2000 Black Ford F-250 Super Duty XLT 4X4, V10, Gray Interior, 110K miles, Asking \$10K. Call 832-671-2882. Visit www.schulzdomain.com/sale for pictures.

GIRLS' 20" HARO V20 BIKE FOR SALE: Silver/Candy Blue, V-Gusset alloy frame w/ 20" wheels, SR Suntour suspension fork, Shimano Altus rear derailleur w/ guard, SRAM MRX 6-speed shifter. Asking \$100. Visit www.schulzdomain.com/sale for pictures. Email txschulz@comcast.net or call 281.304.6172.

BABY ITEMS FOR SALE: KinderKraft Convertible Crib (Sealy Cozy Rest crib mattress included) \$50, Graco Quattro Tour Stroller (accepts a Graco SnugRide or SafeSeat infant car seat) in Kentshire pattern (navy plaid) \$50, Pottery Barn Kids Alphabet Soup Musical Crib Mobile \$20, Pottery Barn Kids Cars & Trucks baby bedding: toddler quilt \$40, bumper \$35, and crib sheet \$5, Navy gingham crib skirt \$15, Navy gingham diaper stacker \$7, Wicker baskets with navy gingham liners (Set of 2) \$10, Simmons Contoured Changing Pad & 2 white terry covers \$20, Baby/toddler toys. Visit www.schulzdomain.com/sale for complete product descriptions and pictures. Email txschulz@comcast.net or call 281.304.6172.

STOCK TANK FOR SALE: Galvanized steel construction, drain plug near base, 36" diameter, 11" deep from top rim to bottom. Over \$100 new, yours for \$40. Visit www.schulzdomain.com/sale for pictures. Email txschulz@comcast.net or call 281.304.6172.

MOVING SALE: SOLID MAHOGANY BEDROOM SUITE, king, 4-poster bedroom suite, 2 nightstands, triple dresser and triple fold mirror, new in stores \$6500 will let go for \$3250 but willing to negotiate...will throw in an organic cotton mattress that has never been slept on directly with boxsprings...always wrapped in wool topper and water-proof dust-mite cover if interested. Small "Kitty" bike with training wheels \$20.00, baby excersaucer \$10.00 and random baby things. Shannon 832-859-3042

FOR SALE: Ludwig five piece drum set with seat, pulse cymbols, mute discs, snare, bass pedal, and more. \$200 or best offer. Like new condition. Please call 281-213-2367 for information.



FOR SALE–Kimball Upright Spinet Piano and bench – excellent for first time piano owner \$725.00 – Sandra Cordova 281-256-3030.

FOR SALE – Hooker Entertainment Center and 2 End Tables, very attractive distressed look with beautiful detail, all wood, 22"D x 80"H x 43" W - \$925.00 - Sandra Cordova 281-256-3030.

CLEANING HOUSE? PLEASE DONATE YOUR ITEMS – BSA Troop 1477 Philmont Fundraiser. We would like to gather your donated goods to raise funds for our scout's Philmont Trip in Cimarron, New Mexico. It's a uniquely empowering opportunity. Please call K.C. Burns at 281-304-2689 to coordinate pickup. Thanks.

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Classified Ads

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What's at Stake? The Health of Your Trees

Most of us have trees in our front yards that were provided by our home builders. Did you know that the stakes supporting these trees need to be removed within the first year? This is because stakes provide artificial support that replaces a supportive trunk and root system.

Movement of the trunk helps strengthen the tree by thickening it and giving it taper from bottom to top. Trunk movement also stimulates root growth. The artificial support from the stakes leaves tree trunks weak and their root systems less developed.

Bottom line - all staking material needs to be removed after roots have established. This can be as early as a few months, but should be no longer than one growing season.

FAIRFIELD COMMUNITY GAZETTE

Attention Aggie Moms-The "Countdown" has begun!

You are cordially invited to join the members of the Northwest Harris County Aggie Moms Club on Tuesday, February 10th at 7:00 p.m. for our monthly meeting.

Come be enchanted as you listen to **Brian Blake**, Director of the George Bush Museum, describe the new space exhibit, *Beyond the Moon: NASA's Continuing Mission* that has "launched" in College Station! Additionally, he will talk about the re-modeling of the museum that has just been completed and bring us up to date on the unique events planned in the near future.

We will "blast off" for food, fun, and fellowship at the Houston Distributing Company, conveniently located near Willowbrook Mall at the corner of 7100 High Life Drive and Cutten Road, just south of FM 1960.

Don't miss out on this fun evening- it will be "out of this world"!!!

Shelly Fine-VP Programs 832-606-8170

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MAKE YOUR OWN CANDY FOR VALENTINE'S DAY!

Valentine's Day is Thursday, February 14 ... and it's a really really big holiday! According to the Greeting Card Association, an estimated one billion valentine cards are sent each year, making Valentine's Day the second largest card-sending holiday of the year. Since many folks give candy along with their cards, this year you might have fun making your own candy. Put some pieces of homemade white divinity in a clear bag tied with a red or pink ribbon, and your gift is sure to generate sweet thoughts (and probably some hugs and kisses as well)! There are many recipes for divinity, all fairly similar; so pick one from your favorite cookbook or Internet site, and start cooking. It's easy to make; and if you're a WeightWatchers member, this candy won't sabotage your good efforts-it's only one point per piece!

Divinity

2 egg whites • 1/2 cup water 1/2 cup light corn syrup • 2 cups white sugar

MIX together water and corn syrup in a heavy pan, and bring to a boil. Add sugar and continue boiling until dissolved. Continue cooking over medium heat, without stirring, to the hard-ball stage (about 250° on a candy thermometer).

WHILE syrup mixture is cooking, beat egg whites in a large bowl until they just hold their shape. When the syrup is ready, pour it slowly over the egg whites in a steady thin stream, whipping slowly at the same time. Do not scrape pan.

BEAT candy mixture until candy can be dropped onto waxed paper into pieces that hold their shape. (This can take a while.) YIELD: 40 pieces (about 1-1/2 pounds of candy)

WeightWatchers Points: 1 point per piece





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FAIRFIELD COMMUNITY GAZETTE Lone Star College-CyFair Perspective

Teen Driver's Education Available this Spring

Spring driver's education courses for teens ages 15 to 17 are available February through April. The in-classroom driver's education course covers road rules, road signs, and laws to prepare the teens for the Department of Public Safety's written exam. Other topics are car maintenance, effects of drugs and alcohol, laws and penalties for drinking and driving, emergency situations, basic driving procedures, road rage, and insurance. Parents are responsible for the in-car instruction. Students are required to purchase the Texas Traffic Safety Education Student Manual, which is available at the campus bookstore. Call 832-482-1043 for information.

Check out Courses for Ages 50 and Better

The Academy for Lifelong Learning (A.L.L.) at Lone Star College-CyFair offers adults, 50 years and older, leisure classes, lectures and informal activities. The spring session will include classes on computer programs, history, cooking, Bible study, health and fitness, day trips and much more. An A.L.L. annual membership fee of \$10 entitles members to free or discounted classes. Registration will be from 8 a.m. to 1 p.m. Feb. 9 through Feb. 13. Register early as classes will fill up quickly. For information, go to CyFair. LoneStar.edu/ALL or call 281-290-5991.

L.I.F.E. Lessons in February

The Learning, Inspiration, Fellowship and Enrichment (L.I.F.E.) programs are free and held Wednesdays at 10 a.m. in the Lone Star College-CyFair Branch Library (Room 131.) Programs in February include the economic and social importance of Hangzhou, a city in China Feb. 4; chocolate formulas for health and happiness Feb. 11 (HSC 105); make a voodoo doll and learn beneficial effects Feb. 18; and study of children of presidents Feb. 25. Call the library at 281-290-3213 for L.I.F.E. program information or go online to CyFair.LoneStar.edu/library.

Encaustic Exhibition in Gallery and Importance of Earnest on Stage

Check out an ancient method of painting Feb. 24 through March 26 at the Bosque Gallery Encaustic Exhibition, showcasing the work of a continuing education class. An opening reception with artists is set for 4:30 p.m. to 6:30 p.m. Thursday, Feb. 26. Go to CyFair.LoneStar.edu/bosquegallery for gallery hours and information. Enjoy Oscar Wilde's popular comedy "The Importance of Being Earnest" on stage Feb. 26 through March 8. Group rates are available. For information, call 281-290-5201 or go to CyFair. LoneStar.edu/boxoffice.

(Continued on Page 47)





String orchestra concert and jazz and symphonic band concert

For ticket information, call 281-290-5201 or go to CyFair.LoneStar.edu/boxoffice

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.one Star College

Fairfield Community Gazette

Lone Star College - (Continued from Page 46)

Italy or China Study Abroad Applications Due March 1

Apply now for Lone Star College-CyFair's 2009 summer study abroad programs to Italy and China. Join Rob Coyle (832-782-5114) and Buck Buchanan (281-290-3919) for Western Civilization I and World Geography at the Vesuvian International Institute in Castellammare di Stabia, Italy or Carolyn Ho (281-290-3980) and Robert O'Brien (281-290-3257) for Beginning Chinese I and World History I at Zhejiang University in Hangzhou, China. The deadline for applying to either program is March 1, 2009. For information, go to CyFair.LoneStar.edu/Italy or CyFair.LoneStar.edu/China.





The Tri-County Quilt Guild Meets the 1st Tuesday of the month, 7-9pm Meeting Place: Fairfield Baptist Church, 27240 Highway 290 (Between Muescke and Mason Rd) Cypress, TX 77433-4907 website: www.tricountyquiltguild.org

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Fairfield Community Gazette Virus and Spyware and Mail... Oh My!

Submitted by Laurie Scott

Here we are in 2009, and the days of thinking that our anti-virus and anti-spyware software will protect us is over. We live in a time when organized crime all over the world is trying to either get your personal information directly or turning your computer into a "zombie" that without your knowledge attacks other computers or sends out spam. Even Apple computer has posted (rather quietly) a recommendation that Mac users consider using anti-virus software.

The generic term for viruses, spyware, etc. is malware, and malware authors are getting more and more creative in getting their hands into your computer. A particularly nasty approach being used is to trick you by popping up a window that says your computer is being scanned for viruses, and that upwards of 40 have been found. It instructs you to click on a button to download their "anti-



virus" software to clean your system. When you click on that button, you've just allow the spyware onto your system. It is a very convincing window and looks legitimate. Once downloaded, it adds insult to injury by telling you need to purchase the software to actually remove the viruses. Of course, it doesn't remove any spyware or virus, and getting you to send them money is just icing on their cake. The most common names for this program is WinAntiVirus 2008 (and now a 2009 version) and Pro AntiSpyware.

The problem with these and many other malware programs is that they are increasingly difficult for your anti-virus and anti-spyware program to detect and almost impossible to completely remove. Many threats appear before the anti-virus companies even have a chance to update their software, leaving you completely unprotected.

So how can you keep your computer safe from such threats? The first thing you must do is be sure to keep your anti-virus up to date. If your subscription has expired, you should either renew it or else use one of the free anti-virus programs like AVG Free or Avast (they have paid versions but you don't need them). Microsoft's anti-spyware program "Defender" is included with Vista and can be downloaded free from Microsoft

(Continued on Page 49)



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Virus and Spyware - (Continued from Page 48)

for Windows XP. Though the threat for Macs is low, programs like ClamXav and MacScan are available, as are programs from Symantec and McAfee.

Next is keep your operating system up to date. Both Microsoft and Apple frequently issue updates, and it's very important you patch your computer before the bad guys worm their way in.

Finally and most important is your behavior when using your computer. You can own a Volvo or Mercedes with 12 airbags and 5-way seat belts, but if your behavior is to drive 120 miles an hour, those safety features aren't going to help you when you hit a solid wall. Likewise, when you're using your computer, don't click on links or open attachments in email, even if it's from someone you know - they may not even know they sent it! If you're expecting it, then ok. Don't click on email links that look like they came from your bank, many people have given their banking login information to thieves because they thought they were logging into their bank, but really weren't. If you use Internet Explorer, be sure you've upgraded to version 7 (click on Help | About to see the version number.) If you're using Firefox, you should be using version 3. Safari users should be at 3.2 (4.0 will be released sometime "soon".) Don't click on pop-up's, and don't download music sharing sites like LimeWire, where malware is EVERYWHERE. Follow those few tips and you'll enjoy a much safer computing experience.



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FAIRFIELD COMMUNITY GAZETTE - February 2009 49

Texas Events - February

- 1—BROWNSVILLE: Living History Demonstration Hours are 10 8—GALVESTON: Galveston Symphony Orchestra Begins at 7 a.m. to 1 p.m. Palo Alto Battlefield. E-mail: paal administration@ nps.gov 956/541-2785 ext. 333
- 1, 7, 11, 13-HOUSTON: Chorus! Houston Grand Opera. Brown Theater. www.houstongrandopera.org 713/228-6737
- 2-BEAUMONT: Celebrate Groundhog Day Cajun Style! Gator Country's own Big Al has been deemed Southeast Texas' official groundhog. See Big Al and 127 of his reptilian buddies. www.gatorcountrytx.net 409/794-WILD
- 4, 6-HOUSTON: A Midsummer Night's Dream Houston Grand Opera co-production with the Canadian Opera Company. Brown Theater. www.houstongrandopera.org 713/228-6737
- 6-CORPUS CHRISTI: Stage Door Canteen Re-creates the canteen shows from World War II. U.S.S. Lexington Museum on the Bay. www.usslexington.com 800/523-9539
- 6-HOUSTON: Cherryholmes Showcases the group's incredible harmonizing and playing of the upright bass, mandolin, banjo, fiddle and guitar. Begins at 7:30 p.m. Wortham Center's Cullen Theater. www.spahouston.org 713/227-4SPA
- 6-May 24—HOUSTON: Maurizio Cattelan Exhibition features sculptures that range in tone from the melancholic and politically contentious to the decidedly irreverent. The Menil Collection. www. menil.org 713/525-9400

- p.m. The Grand 1894 Opera House. www.thegrand.com 800/821-1894
- 8—KINGSVILLE: Kingsville Symphony Orchestra Concert Jones Auditorium TAMUK. www.kingsvillesymphony.org 361/593-2803
- 8-LAKE JACKSON: Harlem Gospel Choir Presents the finest singers and musicians from Harlem's black churches and the New York tri-state area. Begins at 4 p.m. The Clarion. www.clarion.brazosport. edu 979/230-3156
- 10-BEAUMONT: Broadway in Beaumont: The Rat Pack is Back! Spirited tribute re-creates one of the famous "Summit at the Sands" hotel shows by Frank Sinatra, Sammy Davis Jr., Dean Martin and Joey Bishop. www.beaumont-tx-complex.com 409/838-3435 ext. 1
- 10-ORANGE: Mark Twain Tonight Begins at 7:30 p.m. Lutcher Theater. www.lutcher.org 409/745-5535 or 800/828-5535
- 10-22—HOUSTON: Legally Blonde: The Musical The hilarious film and now Broadway smash hit musical brings its wit and charm to Houston. Theatre Under the Stars. www.tuts.com 713/558-TUTS or 888/558-3882
- 11—GALVESTON: Miss Bindergarten Show combines three favorites from the Miss Bindergarten book series. Shows are 10 a.m. and noon. The Grand 1894 Opera House. www.thegrand.com 800/821-1894

(Continued on Page 51)





50 FAIRFIELD COMMUNITY GAZETTE - February 2009

Fairfield Community Gazette

Texas Events - (Continued from page 50)

- **12—HOUSTON:** Out @ TUTS Features a cabaret-style evening at Artista Restaurant in the Hobby Center. www.tuts.com 713/558-TUTS
- 12—NASSAU BAY: The Arts Alliance Center at Clear Lake Sheila McGraw — illustrations, portraits and organics. 2000 NASA Parkway. www.taaccl.org 281/335-7777
- 12-14—ORANGE: Annual Mardi Gras Festival Includes a carnival, munchkin parade, Grande Parade, cooking competition and more. Simmons Drive. www.goacc.com 409/883-3536
- **13—HOUSTON:** Pilobolus Dance Theatre The company's Houston program will include a remounting of its masterwork Ocellus. Begins at 8 p.m. Jones Hall. www.spahouston.org 713/227-4SPA
- **13-15, 19-21**—**VICTORIA:** Do Black Patent Leather Shoes Really Reflect Up? Leo J. Welder Center for the Performing Arts. www. theatrevictoria.org 361/576-6277
- **13-15, 20-22, 27-Mar. 1—WHARTON:** Little Shop of Horrors Seymour, a poor florist's assistant, lets his craving for fame and fortune seduce him into playing nursemaid to a man-eating plant. The Plaza Theatre. www.whartonplazatheatre.org 979/282-2970
- **13-24—GALVESTON:** Mardi Gras! Galveston Features spectacular parades, elaborate masked balls and flamboyant costumes. www. mardigrasgalveston.com 888/425-4753
- 14—HOUSTON: The National Acrobats of China This dazzling company of 35 performers will mesmerize and mystify with stunning displays of the best in Chinese martial arts, illusion and acrobatics.

Jones Hall. www.spahouston.org 713/227-4SPA

- 14—SAN BENITO: Market Day Enjoy live music and arts & crafts. Includes tasty treats and handmade items. Plaza de San Benito. www. cityofsanbenito.com 956/361-3804 ext. 302
- 14—SAN BENITO: Noche de Ronda Valentine Dance Features live music by Noe Pro and the Band. Hours are 8 p.m. to midnight. Knights of Columbus Hall, 826 E. Stenger. www.cityofsanbenito. com 956/245-1666
- 14—SANTA FE: Valentines Dinner in the Cellar at Haak Winery Hours are 6 to 9 p.m. Haak Winery, 6310 Ave. T. www.haakwine. com 409/925-1401
- 14—SURFSIDE BEACH: Surfside Beach Marathon Starts as the sun rises over the water and follows the public beach to San Luis pass then returns. www.surfsidemarathon.com
- 14—VICTORIA: Black History Festival Victoria Community Center. 361/578-6325
- 14-15—LA PORTE: Remember the Maine Includes small arms demonstrations. Visit encampments depicting various eras of our nation's military history. Memorial service is held on the bow of the ship at 3 p.m. Saturday and noon Sunday. Battleship Texas State Historic Site. 281/479-2431
- **15—GALVESTON:** Riders in the Sky The world's premier "Comedy & Western" band from NPR and Saturday morning TV performs. The Grand 1894 Opera House. www.thegrand.com 800/821-1894 or 409/765-1894

(Continued on Page 53)



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Fairfield Community Gazette

Texas Events - (Continued from page 51)

- **19-22—PORT ARTHUR:** Mardi Gras Weekend Includes headliner bands, parades, carnival rides, arts & crafts, food and beverage vendors, and strolling street entertainment. Downtown Port Arthur. www.portarthur.com/mardigras 409/721-8717
- **20-21—DEER PARK:** Another Man's Treasure Citywide Garage Sale 500 W. 13th St. www.deerparktx.gov 281/478-2050
- **20-21—KATY:** Threads of Time Quilt Show More than 200 quilts made by members of the West Houston Quilter's Guild are displayed. Quilt-related vendors will be on hand. Leonard E. Merrell Facility. www.whqg.org/show 281/373-0072
- **20-22—BEAUMONT:** Mardi Gras on the Neches Includes live music, carnival midways, children's party, parades, wrestling matches and beads. 800/392-4401
- **20-22—ROSENBERG:** Houston Glass Show & The Best Little Antique Show in Texas Dealers from across the nation display American glass from the 1920s through the 1970s. Antique show features jewelry, European glass, linens, silver and more. Preview party is 6 to 9 p.m. Friday. Fort Bend County Fairgrounds. 713/410-4780 or 214/734-7216
- **20-Mar. 22—HOUSTON:** The Man Who Came to Dinner Alley Theatre. www.alleytheatre.org 713/220-5700
- **21—BEAUMONT:** Free Family Arts Day Combines exploration of the exhibits with hands-on activities and storytelling. Art Museum of Southeast Texas. www.amset.org 409/832-3432
- 21-KEMAH: Yachty Gras Boat Parade Boaters throw beads to the



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- 21—NASSAU BAY: Clear Lake Symphony Begins at 7:30 p.m. Gloria Dei Lutheran Church Auditorium, 18220 Upper Bay Road. www. clearlakesymphony.org 281/488-0066
- 21—VICTORIA: Livestock Show Parade 361/576-4300
- **21-22—PORT NECHES:** Trade Days on the Avenue Port Neches Avenue. E-mail: pncoc@swbell.net 409/722-4023
- 22—HOUSTON: Cameron Carpenter, Organist Chapelwood United Methodist Church. www.chapelwood.org 713/465-3467
- 24—PORT ARTHUR: Fat Tuesday Mardi Gras Party Includes music, dancing, bead throwing and costumed royalty. Brad Hall. 409/962-9860
- 24-Mar. 1—GALVESTON: Menopause: The Musical The Grand 1894 Opera House. www.thegrand.com 800/821-1894 or 409/765-1894
- **25—HOUSTON:** The Chieftains Begins at 8 p.m. Jones Hall. www. spahouston.org 713/227-4SPA
- **26-Mar. 1—PORT ARANSAS:** Celebration of Whooping Cranes & Other Birds Includes birding bus and boat tours, renowned speakers, exhibits, trade show, seminars, demonstrations, concessions and more. Civic Center and UT Marine Science Institute. www. portaransas.org 800/452-6278

Texas Events has been published with the permission of the Texas Department of Transportation. All events are taken in part from the Texas Events Calendar. All dates for events were correct at the time of publication and are subject to change.



Fairfield Community Gazette



February is American Heart Month

Submitted by Karen Behrend

February is American Heart Month! Here are some facts and tips to help you keep your heart healthy and help prevent Heart Disease.

COOL HEART FACTS:

- o The heart beats 2.5 billion times in a lifetime (65 yrs) (if you take care of it, maybe more!)
- o It takes 23-24 seconds for a drop of blood to circulate through the entire body
- o Your body pumps 1 million barrels of blood in a lifetime!
- o Your body has 60,000 miles of blood vessels
- o Every day over 650 Americans have coronary bypass surgery.

RISK FACTORS:

I. Unalterable Risk Factors you CAN NOT change:

- o Family History (father/brother had heart disease before age 55, or mother/sister before age 65).
- o Gender (men have a higher risk)
- o Age (Men over 45 and Women over 55 are at increase risk)

II. Risk Factors you CAN alter:

- o High Blood Pressure (three readings at 140/90 in a month, see your doctor)
- o Smoking (#1 preventable cause of heart attacks in the US. Smokers have a 70% great risk than nonsmokers). Tough habit to break, but sooner or later you will quit!
- o Cholesterol (Blood cholesterol of 200 mg/dl is desirable, 239 mg/dl is borderline and 240 mg/dl+ is high) Know your numbers and get a complete breakdown of your total cholesterol, HDL, LDL and Triglycerides. Have your doctor explain the numbers to you!
- o Obesity (more than 30% of your desirable weight) Eating too much of the wrong foods can make you fat! Focus on 5 fruits or veggies a day for the next 20 days.
- o Physical Inactivity (Choose to move! 30-60 minutes 3-4 times a week!)

III. Other contributing Factors

- o Diabetes
- o Stress/Tension
- o Hormonal Factors
- o Alcohol

(Continued on Page 55)

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Feb. is American Heart Month- (Continued from page 54)

Primary Risk Factors have the strongest relationship to heart disease (family history, smoking, high blood pressure, high cholesterol and physical inactivity), when two or more of these are present, the likelihood of heart disease greatly increases.

10 TIPS TO HELP DEVELOP HEALTHY HABITS AND PREVENT HEART DISEASE IN YOUR FAMILY

Take care of your heart and your children's hearts by:

- 1. Regular daily physical activity (walk, bike, hike together)
- 2. Participate in age-appropriate sports, lesson or clubs. Let kids try a variety and find what they like
- 3. Participate in household chores (the physical kind)
- 4. Follow a healthy diet; low in fat and high in complex carbohydrates. Be supportive. Focus on positive instead of negative. Praise for a job well done!
- 5. Don't reward kids with food...find other ways to celebrate!
- 6. Be supportive. Focus on positive instead of negative. Praise for a job well done!
- Limit TV, video game and computer time...disconnect from it! 1-2 hours a day max!
- 8. Be a positive role model and practice what you preach
- 9. Set goals and limits. Daily activity, 1-2 desserts a week
- 10. .Learn CPR. The next life you save may be someone you love!







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FAIRFIELD COMMUNITY GAZETTE Soap Box Derby Park Coming to Northwest Harris County!!!

Greater Houston Soap Box Derby is hosting a Derby Day on Saturday, February 28, 2009, from 10AM until 2PM at the Hockley Community Center, located at 28515 Old Washington Rd. The public is encouraged to come out that day to see the soon-to-open Hockley Derby Park and to learn about Soap Box Derby racing. There will be something for everyone, both young and old, and admission is free. Derby Day events include Derby history and information, guided tours of the hill, a display of cars representing all race divisions, construction and speed clinics, test drives of Derby cars in the parking lot, a Pinewood Derby Race (bring your own Pinewood Derby car), and an exciting pit crew contest. Food and drinks will be available at reasonable prices. For registration information & directions, please visit houstonsoapboxderby.org.

Hockley Derby Park, which is adjacent to the community center, is currently under construction by Harris County Precinct 3 and is due to open in the fall of 2009. With the opening of this park, Greater Houston Soap Box Derby will be able to provide not only more racing events than the 3 events now held each year on the current West Park Drive Hill, but also accommodate a larger number of participants and spectators. The track was designed to be the same length, height and profile as "Derby Downs," the All-American Soap Box Derby's national track in Akron, Ohio.

Greater Houston Soap Box Derby invites local civic organizations and companies to become an active partner in this truly unique All-American youth tradition through event sponsorships and or volunteering.

About Greater Houston and the All-American Soap Box Derby

2009 is our 19th Year of Soap Box Derby in Houston. Soap Box Derby racing is a seventy-two-year-old All-American youth tradition. Soap Box racers are gravity powered with driver-controlled steering and brakes. There are three race car divisions – Stock, Super Stock and Masters – to meet varying age, size, weight and skill levels. The cars for all three divisions are assembled from kits purchased from the All-American Soap Box Derby in Akron, Ohio. A limited number of loaner cars are available for new drivers in the Houston area.

The Super Kids program promotes Soap Box Derby racing for children with disabilities. Harris County Precinct 3, headed by Commissioner Steve Radack, has constructed eight specially built two-seat, dual-control Super Kids cars for use in Houston's Derby. All-American Local race events are open to girls and boys who are at least 8 years of age; NDR Rally races are open to youth ages 7 and up. Race events are sanctioned by the All-American Soap Box Derby, National Derby Rallies, Inc. (NDR), and National Super Kids Classic

The Greater Houston Soap Box Derby is a charitable, tax-exempt corporation run by volunteers for the benefit of today's youth. Website: www.houstonsoapboxderby.org Email: ghsbd@hotmail.com



The American Business Woman's Association of Cy-Fair Express Network

Networking and Business Luncheon

The American Business Women's Association Cy-Fair Express Network invites you to their monthly networking meeting and luncheon. Our topic for discussion is smart financial investing for today's business women. Our guest speaker will be Tom Singletary a Certified Financial Planner with Wachovia Securities. There will be lots of networking, fun, and giveaways. Bring plenty of business cards.

> Event: Cy-Fair Express Network When: Thursday, January 22, 2009 Time: 11:30 am - 1:00 pm Where: Houston National Golf Club 6500 Houston National Blvd Houston, Tx. 77095 (281)304-1400 Reservations: Contact Anya Lucas 713-459-2331 or anya@lucascarcare.com Or go to www.cyfen.org for more information. Please try and RSVP by Friday, Jan. 16, 2009.

CYFEN is an ABWA Express Networking organization providing opportunities to network with other professionals in the Northwest Houston area, and offers professional development and educational advantages through ABWA. CYFEN meets the fourth Thursday of each month (except November and December), and visitors are always welcome. Contact Anya Lucas for more information.



CarolAnn Thacker

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- 2. When one dollar is spent at a local business, economists indicate it is circulated four to seven additional times in the local economy.
- 3. Every dollar spent locally generates up to 75% more tax revenue to our community and State.
- 4. Local businesses are often the largest financial supporters of neighborhood school programs, local charities and youth sports activities.
- 5. Strong local businesses help maintain property values and contribute to the character of our community by offering a diverse selection of goods and services.
- 6. Local businesses are most often the first job for our children and also the first introduction into the "real world" of economics.
- 7. Small businesses often innovate quicker and thus grow faster and can have a greater impact on our community.

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3/2/2, 2139 SqFt, \$159,900

15754 Bending Birch, 4/2/2, 2164 SqFt, \$154,900



20313 Scenic Woods Circle, 4/2/2.5, 2500 SqFt, \$174,900



15823 Lake Loop Drive, 5/4.5/3, 3767 SqFt, \$389,900



16327 Redbud Berry Ln, 4/2.5/2, 2170 SqFt, \$139,900



15703 Township Glen, 3/2.5/2, 2727 SqFt, \$224,900



16247 Field Haze Trail, 3/2/2, 1728 SqFt, \$134,900



15807 Lake Loop Dr, 5/4/3, 3625 SqFt, \$297,900

Dawn Fore's Fairfield Market Report									
Neighborhood	3 rd	Quarter Rest	Current						
	Sold	\$ per SqFt	DOM	Avail	Pending				
Bluebonnet Glen	1	\$88.36	68	1	0				
Baker's Ridge	1	\$68.95	27	2	0				
Chappell Ridge	4	\$71.82	124	5	3				
Cottage Glen	0	-	-	3	1				
The Estates	4	\$85.73	72	1	0				
Garden Grove	8	\$73.19	70	3	1				
Glen	2	\$67.75	52	5	0				
Inwood Glen	6	\$69.32	99	3	2				
Inwood Meadows	2	\$70.32	47	4	1				
Inwood Park	5	\$63.02	83	8	0				
Lakes/Lake Ridge 2	6	\$89.93	46	15	1				
Crossing/Landing/Reserve	6	\$73.74	119	5	0				
Meadows/Park/Retreat	5	\$64.07	45	4	0				
Oaks/Trails	3	\$65.13	109	1	0				
Pines	1	\$72.94	128	1	0				
Summer Crossing	1	\$76.53	160	6	0				
Summer Ridge	0	-	-	0	0				

These numbers for resale homes were obtained from the Houston Multiple Listing Service. While we have no reason to doubt the accuracy of this information, we cannot guarantee it. This is not a solicitation of currently listed properties.

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