

# Going Green is Easy with Hot, New Products at the Second Annual Cy-Fair Home and Garden Show

The Berry Center - Saturday and Sunday, March 14-15

No time like the present to turn over a new leaf, and the Second Annual Cy-Fair Home and Garden Show will be brimming with hot, new products and ideas to make your dream home a green reality.

Angelique Grado of Green Builders Source will be one of several featured speakers at this exciting springtime event. Grado is bringing a truckload of the latest products to the Show, along with her eco-friendly expertise and ideas.

One of the new products Grado will be showing off is Bekaert solar window films. "These films allow in almost all visible daylight to naturally light your home," she said, "but they filter out all the radiant heat that comes with the sun." These features result in improved comfort, year-round; protection from ultraviolet damage; and impressive energy savings.

Cork flooring is gaining popularity across the country, but many homeowners know little about it. Cork floors allow homeowners to enjoy a certain bounce to their steps while resisting accidental moisture. As Grado explained, "Cork flooring is much like the cork you find in wine bottles. It expands into the space and holds back liquid. This comes in handy if you use the space for family meals, entertaining, or have kids."

(Continued on Page 2)



# **Sustainable Living Houston Kicks off National Bike Month!**

On Friday, May 1, 2009, residents of Cypress, Texas, will bicycle from the Coles Crossing subdivision to the nearby METRO Park & Ride and transit oriented development. By riding bikes to the Park & Ride, and then taking the #217 METRO bus to their work locations, the residents will complete a long-haul, suburb-to-city multi-modal commute without the use of private automobiles.

METRO has recently installed bike racks at the Cypress Park & Ride, and these will be used to secure the bicycles. There is also limited space for taking a few bikes in the sub-floor storage compartments of the # 217 buses.

Residents will assemble at 6:50 am on Friday, May 1, 2009 at the Coles Crossing Community Center parking lot and depart at 7:00 am sharp. Use of helmets, front & rear lights, red rear reflectors and articles of reflective clothing will be mandatory. Residents will ride on the sidewalk south on Barker-Cypress Rd. to Jarvis Rd., whereupon the group will transition to riding on Jarvis Rd. in a vehicular cycling mode. The total ride distance will be about a mile each way, and the time to the Park & Ride from the neighborhood will be about 6 minutes.

The rain date for this ride is May 15, 2009.

There will be a highly recommended pre-ride safety briefing at the Coles Crossing Community Center parking lot on April 25th at 8:00 a.m. where helmets, lighting, bike commuter clothing, and vehicular cycling will be discussed, as well as a test ride of the route. This briefing will be led by a League of American Bicyclist certified cycling instructor.

## Go Green Go Paperless



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#### Going Green is Easy - (Continued from Cover Page)

Marmoleum click flooring is another new option for green environments that is easy to design as well as to install. This ecologically produced natural linoleum on high-density fiberboard with a cork layer comes in 12 x 36-inch panels or 12 x 12-inch squares in a patented click system. "Our customers like this product for hallways, kitchens and kids' rooms, where traffic is heaviest," said Grado, a sustainability-conscious environmentalist, wife and busy mother.

For green-minded fitness buffs, Windstorm's Bike Generator offers still another opportunity to conserve energy while burning calories. "Recently, one of our builder-clients purchased one of these generators for a client who had an exercise room," Grado said. "They hooked up a stationary bike to the generator and during the client's workout, she generated enough energy to run all the electronics in the room, including the plasma TV, kids' computer games, lighting and other exercise equipment."

Woodworkers and furniture builders will want to check out the incredible textures and grains of Kirei Board (kee-ray), a strong, lightweight, durable and environmentally friendly wood substitute. "Our customers are using this exotic new product for furniture, cabinetry and interior design elements," Grado explained, "It's manufactured from reclaimed sorghum straw and non-formaldehyde adhesive, which means it's rapidly renewable, as well as a unique option for furniture-grade wood." (Continued on Page 3)



#### Going Green is Easy - (Continued from Page 2)

For kitchen countertops, consider The Green Builders Source selection of Ice Stone products. "Ice Stone is made from 100 percent recycled glass and concrete and comes in 27 colors. It can also be used for backsplashes, bathrooms, vanities, shower surrounds, table tops, bar tops, bathtubs and kitchen sinks," Grado explained. "Eco-friendly, sustainable and green, this product diverts thousands of tons of trash glass from our landfills," she added, "and has the look of the old terrazzo."

#### **DYNAMIC LINEUP OF SPEAKERS**

Other speakers at the Second Annual Cy-Fair Home and Garden Show include Peggy McGowen, ASID, CMKBD, kitchen and bath expert; LaVerne Williams, green architect; Michael Strong, co-host of Home-Improvement Hotline on the 9-5-0 AM; Randy Lemmon, GardenLine host, 740 AM NewsRadio; Michael Garfield, the High-Tech Texan, The 9-5-0 AM; Linda Durham, organizing guru; Brenda Beust Smith, Q&A with The Lazy Gardener; Charlotte Lampe, new products and interior design; Green lighting efficiency expert with Carol's Lighting; Dan Marshall, with Innovative Skylights & Attics; and John Ferguson, gardening with organics.

#### **Show Information:**

The Second Annual Cy-Fair Home & Garden Show features over 200 top-quality exhibitors and takes place Saturday, March 14, 9:00 a.m. – 7:00 p.m. and Sunday, March 15, 10:00 a.m. – 6:00 p.m. at the Berry Center, 8877 Barker Cypress Road (corner of Barker-Cypress and West Road), Cypress, Texas 77433. FREE parking is provided by AM 740 KTRH.

Admission is \$9 for adults, \$7 for seniors, and children under 12 are admitted free.

\$1.00 discount coupon can be downloaded at www. CyFairHomeAndGarden.com, where speaker schedule and a list of exhibitors is also available.

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#### **Texas Terrapins Swim Team**

Texas Terrapins Swim Team is a fast growing, year-round competitive swim team in Northwest Houston offering instruction and competition to swimmers of all ages and abilities. Our swimmers come to us from subdivisions in the surrounding areas including, but not limited to: Black Horse Ranch, Subdivisions near the new Cy-Ranch High School, Lakes of Rose Hill, Cypress Mill, Jersey Village, Coles Crossing, Cypress Point, and Fairfield. Recently, we

had the distinct privilege of attending a Mardi Gras Swim Meet in Baton Rouge, Louisiana at the LSU Natatorium. While some of our swimmers were attacked by the flu, the rest of them picked up the slack, improved their times and brought home many ribbons!

The Texas Terrapins had three swimmers earn High Point awards including Byron Keller (second place for high point 6 year old boys), Sydney Begnaud (4th place for high point 6 year old girls) and Sydney Stanford (second place for high point 7 year old girls).



Other swimmers in attendance were Delaney Crowder, Madison Ellison, Allison French, Savannah Stanford, Kenzie Golladay, Makenna Meyers, Michelle Scott, Makaylynn Seeley, Sarah Whetstine, Aaron Thompson and Coaches Jason Harold and Megan Scott. Both Beth McNeese and Tyler Bennett were there in spirit as they were at home fighting off the flu.

A great time was had by all who attended as we were able not only compete, but hang out with

our team mates in a non-swim setting. Our team activities included visiting Mike the Tiger and the LSU bookstore and each evening we all gathered for Team dinners, where we had a chance to see our coaches in rare form. We are very serious about our swimming, but keep in mind that it is all about having fun! For more information about the Texas Terrapins, our year round swimming, jump start to summer league and swim lessons, log on to our website at www. texasterrapins.com.

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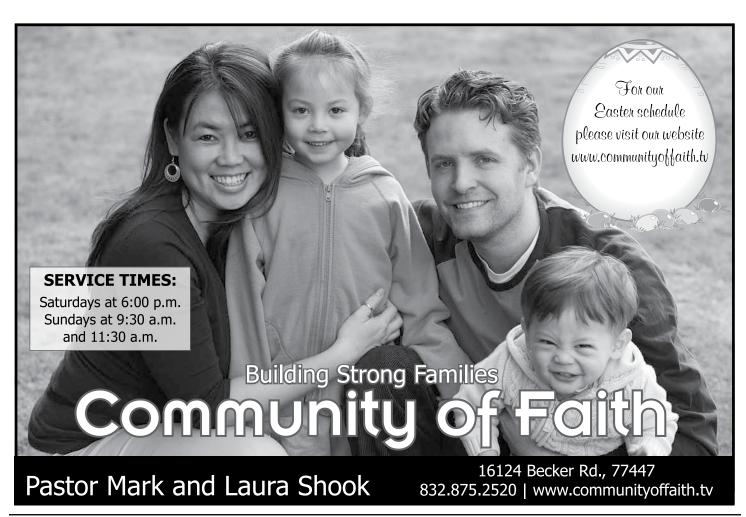
#### It's Golf Tournament Time!

Open to everyone. The Cy-Fair Kiwanis Club's annual Charity Golf Tournament will be held Monday, March 30th, at the Hearthstone Country Club. Registration is at 7 a.m. with Shotgun start at 8: a.m. Play or sponsor a player for \$100; sponsor a hole for \$125; a team for \$400; or be a Gold sponsor (hole plus four players) for \$500. Fees cover golf, greens fees, cart fee, refreshments, and lunch after play. What a bargain! There will be special prizes, door prizes, and a silent auction. Donations of items for silent auction gladly accepted. For more information, call Steve Caton at 281-589-4529. All profits from the tournament are given to support youth in the community through Key Clubs, Boy and Girls Scouts and other worthy causes. Get your own team together or we will place you in a team.

Come have a complimentary lunch with no obligation with the Cy-Fair Kiwanis Club. We meet three times a month at the Hearthstone Country Club in Hearthstone from 12:15 p.m. to 1:15 p.m. for lunch, and programs including guest speakers on subjects of concern to the community and individuals. Enjoy fellowship with our members, an informative program, and an opportunity to learn more about our organization. Reservations are not required. The Club will meet on March 3, 10, and 17th.

Membership in Kiwanis is open to persons of good character who adhere to the standards of good conduct in their community and believe in and subscribe to the objects of Kiwanis International. If you would like to know more about Kiwanis and the service programs it promotes, call John Carroll at 281-463-0373







Do you want your child on the street after Prom? Neither do we! We are hosting an all night lock-in parent-chaperoned party for the seniors of Cy Fair High School with food, games, entertainment, prizes and more! Project Prom is looking for all the parents of Cy-Fair seniors and their friends! We need your help for this lock-in party to be a success as this is not put on by the school but by the parents after the Prom at Sam Houston Race Park on Friday, May 1st starting at 11pm and ends at 6 am, Saturday morning. We have a few fundraisers left to make the money needed to host this wonderful party that the kids will want to attend. Your favorite senior can earn Project Prom Buck\$ when your time and money is spent towards this party. Our fundraisers will help us... won't you get involved? Here is the list of our upcoming fundraising efforts.

Mulch Sales: 2 cu. ft bags of black mulch are \$5. We are taking preorders for the March 7th deliveries at the Wortham Subdivision club house and the StoneGate subdivision park by the guard shack. Please call Lisa Reinhardt at 281-970-2901 or Wendy Higgins, 281-256-0876.

Carrabba's Night out: Want to enjoy a night off from cooking? Cy Fair Project Prom has the perfect solution! Just pre-order your Carrabba's dinner (Chicken Marsala, Penne Pasta, Bread and Salad) by March 9th and you can drive up to the front doors of the school on Thursday, March 12, between 4:30 and 6:30 pm to pick up your meals. It's that easy. Go online to our website for your order form and return these to the front desk receptionist or call Brenda Addington at 281-550-3276 for more information.

**Powder Puff Game**: Wednesday, April 1st, 6-8 pm This is always fun to watch the girls play football!

Golf Tournament: Our golf tournament is Friday, April 3rd at Houston National Golf Course. Entry fee is \$110 per golfer. We are in the need of sponsorships for holes, closest to the pin, etc. Lunch is included and also raffle prizes. You can find an entry form on our website. Call Brett Bidinger, 281-304-8888 or Thomas Dukes, 832-213-9088.

Recycling Ink Cartridges, Cell phones and more: Drop off your used items to recycle in our library bin... but please check online at our website to make sure your item is eligible. Call Sophie Buxton, 281-890-3496 for more information.

**Project Prom Dress Boutique:** We are collecting gently used dresses for our boutique to sell for prom! Go online to see how many PP\$ you can earn!

**Senior Car Wash:** Look for details on our website: www. CyFairProjectProm.org

Banners: The seniors will be able to make a banner with their own memorabilia and photos. We are making the banners you can use to create this for only \$5. Call Polly Cox at 281-213-9916 to get yours... choices of colors are gray, white, black, maroon.

Schwan's is replacing our Market Day. Look for details on our website: www. CyFairProjectProm.org

Don't forget to sign up to use your Randall's and Kroger cards to earn grocery store rebates. Visit our vendors online for savings and to earn PP\$, too.

Our next Project Prom meeting for all senior parents is Monday, March 9th in the high school cafeteria at 7pm. We are collecting the drinks for Project Prom. Coke products and Dasani water cases only. Sign up to work the event there is so much to do! See you there!

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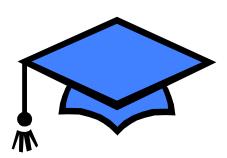
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The 290 Cypress Business Networking Group meets every Thursday morning at 7:30 am at Newk's Express Café located at Hwy 290 and Spring Cypress in the Kroger Shopping Center near the Cinemark Theater. The group is open to all business owners and professionals who want to increase their exposure to the residents of Cypress and the surrounding areas. There is no cost to attend the meeting. If you would like more information, please call Ken Parker at 281-384-1562. Visit our new website at 290Cypress.com

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The Ault Elementary PTO awards a \$500 scholarship to one male and one female applicant who is graduating from either Cy-Fair High School OR Cy-Woods High School and graduated from Ault Elementary. Scholarship applications and guidelines can be obtained from the Counselors' office. The deadline for submitting applications is April 10, 2009.



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