



FAIRFIELD

C O M M U N I T Y • G A Z E T T E

OFFICIAL FAIRFIELD COMMUNITY ASSOCIATION NEWSLETTER



First Annual Four-man ROB ROY MEMORIAL Golf Tournament

*Thursday, May 14, 2009 • Cypress Lakes Golf Course
18700 Cypresswood Drive, Cypress, TX 77433*

Registration 8:00 AM • Shotgun Start 9:00 AM

Registration Cost, Only \$100!

Price includes 18-hole green fee, cart, lunch and tee gift.

Prizes awarded for Longest Drive & Closest to the Pin.

Put a team together and register as a foursome
or sign-up as an individual and we'll match you up!

Hole Sponsorships available for \$200!

Proceeds:

On Monday, January 12, 2009, Rob Roy lost the fight for his life after a tragic hit and run accident. Proceeds from the golf tournament will go to his family to help with hospital bills and funeral costs. A donation will also be made to the Crime Victims Compensation Program.

Registration form can be found on Page 8.

Please send registration form along with check made payable to:

Rob Roy Memorial Fund

15718 Cascading Brook Way, Cypress, TX 77433

Questions? Contact Alan Garrett at agarrett2526@att.net

or Rusty Farmer at russell.s.farmer@rrd.com.

For more information on the Rob Roy Memorial Fund,
please go to www.mimisprayer.com.



Congratulations KOLTON NUNEZ

On Thursday, March 19, 2009, at the Houston Livestock Show and Rodeo, Fairfield resident,

**Kolton Nunez, Age 5
WON**

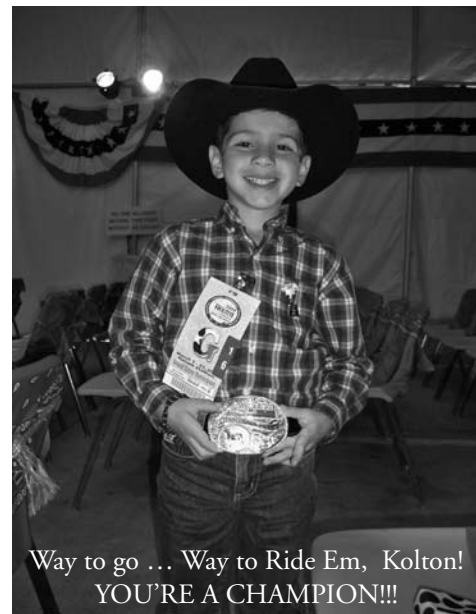
The Mutton Bustin' Event

out of 98 participants with the highest score awarded by HLSR officials.

The packed Reliant Stadium went wild as he rode the sheep from the chute to the opposite gate before falling off.

This was the first year for HLSR to hold the event, and each night 10 participants competed for fun.

Kolton Won a 2009 Champion Buckle for his Achievement.



Way to go ... Way to Ride Em, Kolton!
YOU'RE A CHAMPION!!!

FAIRFIELD COMMUNITY GAZETTE

Important Numbers

EMERGENCY NUMBERS

Ambulance/Fire.....	911
Poison Control.....	800-222-1222
Sheriff's Department.....	911

NON-EMERGENCY NUMBERS

Ambulance.....	713-466-4073
Cy-Fair Medical Clinic (24 hr).....	281-890-4285
FBI.....	713-693-5000
Fire.....	713-466-4073
Harris County Animal Control.....	281-999-3191
Sheriff's Department.....	713-221-6000
Vacation Watch.....	281-290-2100

CHURCHES

Christ Church Houston Northwest.....	281-758-0454
Christ the Redeemer Presbyterian Church.....	281-357-8880
Community of Faith.....	832-875-2520
Christ the Redeemer Catholic Church.....	281-469-5533
Fairfield Baptist Church.....	281-373-5446
Fairfield Church of Christ.....	281-373-1900
Fountain of Life Fellowship.....	281-373-9337
Good Shepherd United Methodist Church.....	281-373-2273
Harvest Bible Church.....	281-304-1441
Messian Lutheran Church.....	281-890-3013
Saint Aidan's Episcopal Church.....	281-353-3203
The Fellowship at Fairfield.....	281-923-5130

COMMITTEE NUMBERS

Crime Watch Chairman: Freeman Martin.....	freemanmartin1@comcast.net
Fairfield Area Swim Team: Carla Tharp.....	281-373-3955
Fairfield Women's Club: Dawn Bond.....	281-224-3296
Security Coordinator:	

NEWSLETTER COMMITTEE

Holly A. Reichert.....	FairfieldGazette-Editor@comcast.net
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NEWSLETTER PUBLISHER

Peel, Inc.	fairfieldgazette@peelinc.com, 888-687-6444
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FAIRFIELD VILLAGE COMMUNITY ASSOCIATION

Resident Board Members:

Please remember that the resident Board Members are volunteers with families.

As a courtesy please communicate with them during reasonable hours.

Ed Hofer (Bradford Creek, FF Village Community Assoc.).....	bradford.neighbor@hotmail.com
Pam Montgomery (Bradford Creek).....	montgomeryatlaw@sbcglobal.net
Jim Auge (Bradford Creek).....	jauge7@yahoo.com
Tami Ehler (Bradford Creek).....	fairfield-bradford@sbcglobal.net
Joni Seifert (Chappell Ridge).....	281-256-2853
Kay Jukes (Chappell Ridge, FF Village Community Assoc.).....	281-373-9301
John White (Chappell Ridge).....	281-373-1223
Brian Gambrell (Fairfield South).....	brian_gambrell@hotmail.com
John Hanes (Garden Grove, FF Village Community Assoc.).....	713-431-2245
Donna Bonneau (Garden Grove).....	281-304-7294
Louis Iselin (Garden Grove).....	281-256-1874
Robert Nichols (Inwood Park).....	Susan.nichols@yahoo.com
Alex Griffith (Inwood Park).....	281-304-4026
Terry Noe (Inwood Park, FF Village Community Assoc.).....	281-213-8780
Billy Sutton (Inwood Park).....	281-304-9419
Patrick Wong (Lakes of Fairfield).....	pcwong1@earthlink.net
Kevin Hoffman (Lakes of Fairfield).....	khoffman00@comcast.net
Mark Gafford (Lakes of Fairfield).....	donna_gafford@sbcglobal.net
Ken Heil (Trails of Fairfield).....	281-256-2093
Brian Roberts (Trails of Fairfield).....	brian.roberts53@att.net

Friendwood Development:

Tim Fitzpatrick (Bradford Creek, Chappell Ridge, Garden Grove, Lakes, Trails, FF South).....	281-875-1552
Tommy Weaver (Chappell Ridge, Garden Grove, Lakes, Trails, FF South).....	281-875-1552
Nan Peavey (Chappell Ridge, Lakes, FF South).....	281-875-1552

GOVERNMENT/STATE NUMBERS

Courthouse Annex.....	281-859-0685
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Driver's License.....	713-681-6187
Post Office.....	281-373-9125
Voter Registration.....	713-224-1919

MISCELLANEOUS NUMBERS

A.M.I (deed restrictions, etc.).....	713-932-1122
Cecelia Panzineti, AMI Onsite Manager.....	281-256-0065
Community Meeting Room.....	281-373-0834
Cy-Fair College.....	281-290-3200
Cypress Area Home Schoolers.....	281-890-3792
Fairfield Athletic Club (FAC).....	281-373-0834
Fairfield Information Center.....	281-373-1177
Friendswood Development.....	281-875-1552
Harris Co. Library (Northwest).....	281-890-2665
Harris Co. Animal Control.....	281-999-3191
Harris County Mosquito Control.....	713-440-4800

SCHOOL NUMBERS

Ault Elementary.....	281-373-2800
Bus Information.....	281-897-4380
Cy-Fair Administration.....	281-897-4000
Cy-Fair High School.....	281-897-4600
Cy-Ranch High School.....	281-373-2300
Goodson Junior High School.....	281-373-2350
Keith Elementary.....	281-213-1744
Spillane Middle School.....	281-213-1645

UTILITY NUMBERS

ENTEX (gas).....	713-659-2111
Centerpoint Energy (Electricity).....	713-659-2111
Southwestern Bell (phone).....	713-638-7000
ST Environmental (Sewer/water).....	281-398-8211
Time Warner Cable.....	713-462-9000
Waste Management (trash).....	713-686-6666

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- *Have the Don & Jeanne Team market your home TODAY!!!*

Current Listings

17610 Broad Bend 4/3.5/2D \$469,900
14906 Woodthorpe 5/3.5/2D Pool \$339,900
17627 Riata Manor 3/3/2A \$230,000
21715 Orange Maple 4/2/2A \$189,000
15407 Wisteria Springs 4/2.5/2A \$179,900
15423 Rocky Bridge 4/2.5/2A \$169,900
22111 Field Green 4/2/2A \$164,900
21710 Winsome Rose 4/2.5/2A \$159,900
20326 Lone Star 4/2.5/2A \$152,900
20323 Peach Mountain 4/2.5/2A \$149,900
15742 Bending Birch 3/2/2A \$146,900
22006 Golden Cedar 4/2.5/2A Pending ... \$145,000

20302 Concord Hill 3/2/2A \$139,500
22015 Bronze Leaf 3/2/2A Pending ... \$137,500
13015 Maxim 3/2/2A \$99,900
11911 Vita Cir. 3/2.5/2A \$96,000
7919 Chatham Springs 5/3/2A Pending \$92,900
16739 Sky Blue 3/2/2A \$79,900
3702 Red Fir 3/2.5/2A \$77,900
7112 Little Creek 2/2/1A Pending \$47,500

Current Rentals

20302 Concord Hill 3/2/2A \$1,300

Office (281) 373-4300

Fax (281) 373-4345

Email:

jeanne@donandjeanneteam.com

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Seasonal Flowers - Drainage -
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Installation - Rock Borders

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Mulch Installation (2 yds)
& 54 Seasonal Flowers

\$175.00

(bed cleaning extra)

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Attention Fairfield Homeowners

2009 Meeting Schedule for Fairfield Village Neighborhood Association and Villages

Lynn Byrne, AMI

The 2009 meetings of the Fairfield Village Neighborhood Association, Inc. and Villages Board of Directors are scheduled for the fourth Tuesday of every other month at 7:00 p.m. (except December) at the Lakeside Trails Clubhouse, 16125 Country Fair Lane. Please mark your calendar accordingly.

May 2009	Thursday	28h Annual Meeting Ault Elementary CONFIRMED
June 2009	Tuesday	NO MEETING
July 2009	Thursday	28th Board Meeting
August 2009	Tuesday	NO MEETING
September 2009	Tuesday	22nd Board Meeting (Schedule Budget Meeting)
October 2009	Tuesday	NO MEETING
November 2009	Tuesday	NO MEETING
December 2009	Tuesday	1st Board Meeting

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1% 2%
or 3%**

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- 15343 Wild Timber Trail
- 16646 Redbud Berry

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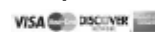


Allergies?

Schedule a spring tune-up and
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* Insured for Your Protection

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Attention Fairfield Homeowners

MAY POOL SCHEDULE FAIRFIELD VILLAGE COMMUNITY

*Saturday, May 2, 2009 thru May 31, 2009
Weekends ONLY*

FAIRFIELD ATHLETIC CLUB POOL

Saturdays: 12:00 pm – 6:00 pm
Sundays: 1:00 pm – 6:00 pm

INWOOD PARK POOL

Saturdays: 12:00 pm – 6:00 pm
Sundays: 1:00 pm – 6:00 pm

BRADFORD CREEK POOL

Saturdays: 12:00 pm – 6:00 pm
Sundays: 1:00 pm – 6:00 pm

All pools will be OPEN Memorial Day Weekend

Saturday: 11:00 am – 6:00 pm
Sunday: 1:00 pm – 6:00 pm
Monday, Memorial Day: 11:00 am
– 6:00 pm

SPLASH PAD

Open 7 days a week, 9:00 am – 9:00 pm
Splash Pad OPENS April 1, 2009 and
Closes October 31, 2009

Saturday, May 23, 2009, the Splash Pad will be closed until 12:00 pm due to a swim meet. The Splash Pad (located at Central Park Pool) will reopen upon completion of the swim meet.

All pools will be open for the summer per individual pool schedule beginning Thursday, June 4, 2009.

If you didn't receive pool tags in the mail, you can pick them up with your driver's license (current Fairfield address) or closing documents at the AMI on site office, 16055 Mason Road on Saturday, May 2nd or May 9th from 12 pm to 4 pm.

When visiting the Fairfield Athletic Center and grounds please do not park and block the new entrance on Fairfield Green Boulevard.

Please also pay attention to the marked "no parking" areas. Parking is not allowed against any red painted curb. A towing company has been contracted, and cars will be towed if parked in a no parking zone.



Neighborhood Assessments Are Now Past Due...

If you have not paid your Neighborhood Assessment you will receive a certified letter this month. There is an administrative charge for sending the certified letter of \$15.00 for Bradford Creek, Inwood Park, Lakes of Fairfield and Fairfield Village South. This charge is added to your assessment balance. Once the list is sent to the Attorney for the 1st collection letter there is an additional \$25.00 charge in addition to the legal fees incurred for all of the above except Inwood Park.

Please plan for the upcoming Fairfield Village Assessment which will be due July 1, 2009. We accept pre-payments and some of you have already done so. Whatever works for your budget!

Your AMI Team

Street Light Outage

You can report a street light outage online at www.centerpointenergy.com.

Click on:

*services/electricity/residential
to report a street light outage.*

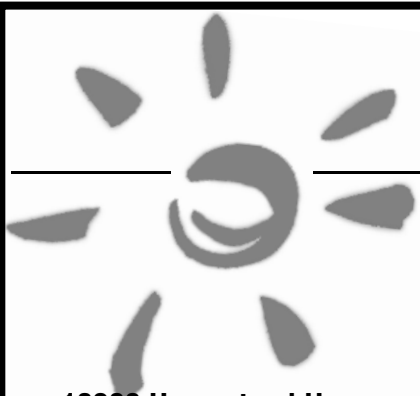
You may also call Centerpoint at 713-207-2222

You must know the pole number and a nearby address. Centerpoint will send you a confirmation and an expected fix date.

Thank you - AMI

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First Annual Four-man ROB ROY MEMORIAL Golf Tournament Registration

- (1) Name _____
Email: _____ Phone: _____
- (2) Name _____
Email: _____ Phone: _____
- (3) Name _____
Email: _____ Phone: _____
- (4) Name _____
Email: _____ Phone: _____

Please send registration form along with check made payable to:
Rob Roy Memorial Fund
15718 Cascading Brook Way, Cypress, TX 77433

*For more information on the Rob Roy Memorial Fund,
please go to www.mimisprayer.com.*

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A FRIENDLY REMINDER ...

Friendly reminder to keep dogs on a leash
and out of the lakes around Fairfield. Not
all homeowners are comfortable with loose
dogs. Please be courteous to your neighbors
and follow the leash law.



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Fairfield Community Gazette

Procedures for Submitting Articles & Personal Classifieds

If you would like to submit an article and/or personal classified ad(s) for publication in the Gazette, please follow these guidelines:

Articles, personal classified ads (limit 30 words), questions regarding regular columns and teen job postings (i.e. additions, deletions, changes) must be submitted to the editor, Holly Reichert, via e-mail at FairfieldGazette-Editor@comcast.net.

Please submit all articles and personal classified ads in Microsoft Word only. Photographs and graphics must be submitted as a JPG file.

The deadline for submission of articles and personal classified ads is by the 10th of each month; your article and/or ad will appear in the following month's Gazette. In order for the Gazette to be delivered on time the submission deadline date will be strictly adhered to and no articles and/or personal classified ads will be accepted after the 10th of each month.

If you would like to submit or have questions regarding business advertising and/or business classified ads, please contact Kelly Peel at Kelly@PEELinc.com.

Thank you, Holly A. Reichert, #281-304-9956

Bradford Creek Board Of Directors News

Managing the business of our organization is simplified when funds are available to maintain assets properly. The payment of your 2009 Maintenance Assessment helps to pay for our neighborhood needs and improvements. If you have not made payment for the 2009 Maintenance Assessment, please make payment as soon as possible.

Work has been completed on the swing set at the pocket part located at the intersection of Golden Sycamore and Ochre Park. The swing set at this pocket park was replaced and setup with two strap swings to be in accordance with the U.S. Consumer Product Safety Commission guidelines. As we replace other pocket park swing sets we will attempt to balance the mix of swing types such that parents of toddlers will have a spot to take the little folks for some fun.

By the time school is out for the summer, we should see the completion of revisions and extensions being put in at the play area adjacent to the Bradford Creek Clubhouse. These include a new swing set designed for school age children (5 through 12 years of age), replentishment of safety surface materials, and the addition of two spring riders to the pre-school age children (2 through 5 years of age) play area.

Additional work at our Bradford Creek pool and clubhouse was completed this past month. The hand rails to the pool slide were rusting and had to be replaced. The water heater at the clubhouse was replaced, and a new park bench was purchased for the pool park location. Several pieces of pool furniture were retired and will be replaced by new chairs for the summer pool season.

All residents are cordially invited to attend Board meetings or to contact any of us via e-mail or telephone as listed inside the front page of this gazette. Thank you for your past support. We look forward to serving your needs during 2009.



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for a discount on services

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tabeltran@att.net



Need Help With A Lost Or Found Pet ...

Please contact Susan Locke, Fairfield's Lost and Found Pet Coordinator at 281-605-5775 or you may go to <http://groups.yahoo.com/group/fairfieldpets>. Susan is the contact for someone that has lost or found a pet and tries to match the two together. Susan is unable to pick up, deliver or provide medical assistance to lost, found or injured animals but will try to help locate the dog or owner when they are lost.

~Your pet's ID tag is their ONLY ticket home! ~

* * * * *
SAVE A Life ... Be A Foster Parent.

More HELP for PETS ...

When a pet is lost, finding the pet means that time is of the essence. It takes time to create, print and distribute flyers. The flyers are many times illegible because of wind or rain. I certainly do not fault the pet owner because I have done this myself.

Frustrated, I thought there has to be a better way. So that is why we created Cypress Lost Pet Alert.com. The idea is to very quickly get the word out through an e-mail alert to as many neighbors as possible plus post the picture and information about the pet on the website under the specific neighborhood.

Once the email alert goes out to the specific neighborhood, many, many neighbors are now aware. If they happen to forward the email to their friends who have not signed up, it could mean hundreds of your neighbors are already alerted and are keeping their eyes open for your lost pet.

Cypress Lost Pet Alert.com is on-call 7 days a week from sun up to sun down and is FREE. We are glad to work with any informal email chains. The whole idea is to find lost pets quick for the good neighbors in Fairfield and surrounding areas.

Regards,

RB Cox

alert@CypressLostPetAlert.com

www.CypressLostPetAlert.com

Imagine Enjoying That Healthy Spring Clean Feeling All Year Long.

When you're a kid, spring means spring break — time to get together with your friends for some serious fun. But when you're a little older, it turns into spring cleaning — time to get together with your mops and pails and rubber gloves for some serious cleaning.

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Security Report March 2009

911 Hang-up Calls	5
Accidents – Major.....	1
Accidents – Minor	6
Alarm Calls	44
Assaults	1
Burglary of Habitations.....	0
Burglary of Motor Vehicles	2
Business Check	147
Park Check	72
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VANDALISM

As you are aware, there has been a great deal of vandalism within Fairfield Village, all repaired at a cost to you, the homeowner. As the vandalism continues and as the cost to make the necessary repairs and replacement increases, it also becomes necessary to increase your assessment.

Vandalism includes the damage to or destruction of Association property by the improper operation of an ATV or dirt bike on common areas or greenbelts. Should the person(s) be under age, the Association will legally pursue the legal guardian for all damages incurred.

Your Association has spent thousands of dollars, your dollars, repairing gazebos, entry markers, broken irrigation, ruts, etc. These dollars could have been saved or been spent to everyone's advantage beautifying Fairfield Village.

If you see anyone suspicious, by all means contact the Sheriff on the non-emergency number (713-221-6000) and report the incident.

Thank you,
AMI



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Cy-Fair Community Emergency Response Team (CERT)

Cy-Fair CERT now has over 200 team members in your neighborhood. The team members are not only from Fairfield/Cypress area, but Alief, Katy, Bear Creek, Copperfield, Tomball, and Sugarland. More trained CERT members will be needed in each of these areas to form neighborhood teams.

CERT training is designed to prepare you to help yourself, your family, and your neighbors in the event of a catastrophic disaster. Because emergency services personnel will not be able to help everyone immediately, you can make a difference by using this training to save lives and protect property. For example, during and after Hurricane Ike members of the Cy-Fair CERT volunteered at the phone bank of the Harris County Office of Emergency Management, manned the federal PODs all over the county, distributed Meals on Wheels food, cleared debris in their communities, etc.

The 8-week course (24 hours of training) covers basic skills that are important to know in a disaster when emergency services are not available. You are taught skills about disaster preparedness, small fire suppression, urban search & rescue, medical operations and more. With training, practice and working as a team you will be able to do the greatest good for the greatest number of people after a disaster, while protecting yourself from becoming a victim.

In 2003, President Bush asked Americans to volunteer to serve others. The Harris County Citizen Corps www.harriscountycitizen corps.com was created to help our citizens find volunteer and training opportunities. CERT training is just one of the programs created.

CERT training courses are provided throughout Harris County. There is no cost for this course. A backpack of emergency/medical supplies is provided to all CERT team members during training. This program is brought to you by Harris County Judge Emmett. The next CERT training class for the Cy-Fair area will begin on April 1, 2009 at the Lone Star College (Barker-Cypress campus).

For more information on how you can become involved in CERT contact Patrick Wong (Fairfield/Cypress Team Lead) at pcwong1@earthlink.net. For more information on how you can register for the next training class contact Terri Pope-Mobley at tpopemobley@yahoo.com.



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Wrestling with Why

By Mindy Ferguson

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After a careless walk through a freshly mowed field, my daughter came running into the house, wildly brushing at her ankles. With a look of total frustration, she looked at me and asked in a loud voice, "Why did God Create ants?!" As I grabbed the calamine lotion from the bathroom medicine cabinet, I responded, "I have no idea. Let's ask Him when we see Him!"

Have you ever asked God Why? "Why does He allow His servants to suffer?" "Why do cheaters often appear to win?" I must admit, the more answers I stumble upon in my journey of faith, the less I fully understand. God uses the unqualified and exalts the meek. He cures some people of terminal illnesses and heals others by ushering them into Heaven.

In wrestling through the whys in my life, I've often thought I might do things differently if I were God. I'd probably choose the strongest and most influential folks to carry out my work. Certainly I'd only select leaders with unwavering faith and steadfast obedience. Criminals would always suffer and the righteous would always prosper.

But truth be known, if God operated according to my set of standards, the woman in my mirror would never qualify to work

for the Kingdom of God. She is often weak. At times, she struggles desperately to walk faithfully with God. And sadly, she frequently fails to display the righteous behavior that God deserves from His "servants."

Yes, I might have created a world without annoying ants, creepy cockroaches (there's a why!), or the nuisance of bees, but in my attempt to avoid discomfort, I would have produced a planet without amusing creatures like anteaters, the beauty of flowers, or the sweetness of honey.

In Isaiah 55:8-9 the Lord says,
For my thoughts are not your thoughts; neither are your ways my ways, declares the Lord. As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts (NIV).

I do not always understand the ways of God. But I marvel at the beauty that He frequently generates from the ashes of tragedy. I am continually amazed as He graciously chooses mercy when others might opt for wrath. And I am continually in awe of His ability to transform the rebellious and restore the broken.

(Continued on Page 15)

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Wrestling with Why- (Continued from Page 14)

I have asked my Lord "why" on more than one occasion. But the question with which I most often struggle? Why would He send His Son to die so that He could have a relationship with someone as flawed as me?

Yes, I question. But I am eternally grateful that God's ways are far higher than mine. (I guess I can put up with ants.)

Cy-Fair Community Health and Wellness Expo

Plans are well underway for the Cy-Fair Community Health and Wellness Expo, which will be held Saturday, May 16th at the Berry Center, 8877 Barker Cypress Road from 10 a.m. to 3 p.m. This free event will focus on emphasizing the significance of living a healthy lifestyle for people of all ages.

Activities include elementary school choirs, sport stackers, jump rope, and other performance teams. From outside of the district we'll have cooking demos by Clive Berkman, author and chef, a milking cow, dance and exercise demos, martial arts, a bike safety rodeo for K-8th (bring your bike and helmet!), bowling, athletic wear fashion shows, fire department and water district demos, speakers on wills/probate/guardianships, finances/budgeting, internet child safety/stranger danger and more!

Additionally, more than 75 vendors will set up booths in the Berry Center to help

educate the community on mental, physical, spiritual, financial and environmental health and wellness.

A blood mobile will be on site to sponsor a blood drive and free health screenings will be provided by the doctors and medical personnel from various healthcare groups.

To promote environmental health, a recycling drop-off site will be available through CFISD's recycler Abitibi, Houston Computer Recycling, and Sustainable Living in Houston. These groups will provide a drop-off area for electronics, household batteries, paper, plastic and aluminum. In addition, the Lion's Club will be inside collecting used or broken eyeglasses for their worldwide distribution to those in need of optical assistance.

For more information visit the Cy-Fair ISD website at www.cfisd.net and www.cyfairhealthexpo.org. If you have any questions, please call 281-517-2043.



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Harris County HazMobile Neighborhood Collection Event Saturday, May 30, 2009



Paul D. Rushing Park
9114 Katy Hockley Road, Katy TX 77493
9 AM to 12 PM only

This event is open to all Harris County residents

The HazMobile is a mobile collection system that can accommodate Household Hazardous Waste (HHW) from approximately 125 households. HHW will be collected on a first come, first served basis until the unit reaches full capacity. The containers must be 5 gallon or less in size.



Items accepted include:

Pesticides & Fertilizers	Fuels & Antifreeze	Used Oil & Filters
Paint related materials	Pool Chemicals	Batteries
Household Cleaners	Glues & Solvents	Thermometers



Use lawn chemicals sparingly—Bring us your extras for proper disposal!

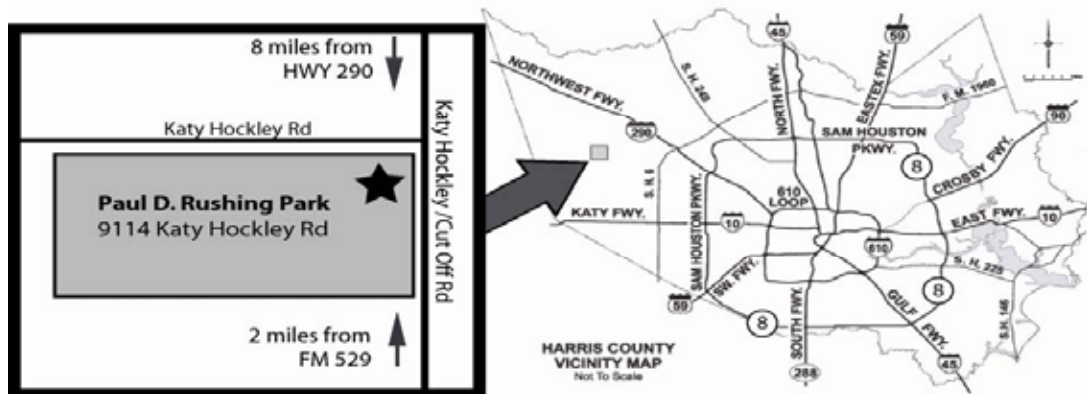
Tips on transporting HHW materials:

- Containers should be sealed and in their original packing
- Pack leaking containers in a larger non-leaking container
- Place containers upright in a box or plastic bin and pack newspaper around the containers to prevent breakage
- Place materials in your trunk where you will not breathe the fumes during transport

Electronics and Tires will NOT be accepted at Mobile Collection events!

Other items not accepted include: Business, Medical or Radioactive Waste, Dioxins, Ammunition, Explosives, Compressed Gas Cylinders, Smoke Detectors, Appliances or Household Trash

For more information, please call (713) 290-3000 or visit www.CleanWaterways.org



This HHW Collection Event funded by Harris County and is sponsored by Precinct 3.

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Clubs & Announcements

SWIM INSTRUCTORS NEEDED



The Fairfield Athletic Club is hiring swim instructors for the summer. The first session starts June 9th and the last session ends on July 17th. Experience preferred but not necessary as training will be provided. Must be 16 years and older to teach.

If you are interested in teaching please email Emily Seifert at eswim247@comcast.net

Fairfield Singles

Greetings to all Fairfield Singles:

Our names are Rogers, Ken and Linda and we are re-invigorating the Fairfield Singles Group. If you are new or old to Fairfield and are single, we invite you to join. This group will not only serve as a database and communication site, but we hope to plan and hold group activities throughout the year. Of course, we invite all who join to put as much input and involvement in as they are able. The last time the group was active, several years ago, there were forty-five plus members. I am confident that we can at a minimum be able to double that number. This is a great opportunity for those singles in the Cypress area, which is mostly a family based community, to get together and meet others of the same interests. We are asking, at this time, that only adult homeowners sign up for membership.

So, now you are asking, "How do I do it?" Actually it is quite easy and as long as you have internet access will take only an email request. As we are keeping the internet membership only open to those who actually do reside in Fairfield, we have made it a private Yahoo Group Site. This will necessitate an email request to join and please state your name, email addresses are sometimes ambiguous, and neighborhood for verification. This will also protect our membership from outside intruders. This qualifying email should be sent to: FairfieldSingles@yahoogroups.com

So sign up, get out, and meet your single neighbors! If we all get involved, we will increase our mutual quality of Life in a great community. We encourage you to be as active as you can, remember what one usually puts in; a lot more generally comes back. Thanks and we look forward to meeting all of you. Rogers, Ken & Linda



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Clubs & Announcements Continued

**The MOMS Club®
of Cypress / NW-Fairfield
Moms Offering Moms Support**



*Welcomes all Stay-At-Home Moms in Fairfield
and Lakes of Fairhaven*

MOMS Club® is an international organization with a neighborhood feel! We are teachers, business women, counselors, chefs, CPA's and artists who have put those careers on hold and have made the choice to stay home with our kids.

MOMS Club® is a place to find friendship, support, playmates and sisterhood!

ALL events include our children and we believe there is something for every mom out there! Are you looking for park days, coffee breaks, lunch outings, (free) babysitting co-op, craft projects, time to sit and chat, cooking club, book club or someone to share dinner with when your husband is traveling or working late? We even find the time to meet once a month for a mom's night out a great time to unwind. Or are you interested in helping the within the community with service projects. We have that! (And a whole lot more!)

Summer is almost here and we have a lot of great outdoor activities planned. If you are new to the area or a new mom and need a friend or support we are here for you. Don't let yourself feel isolated being a stay at home mom. You can attend two events before joining. Our membership fee is only \$20 a year. The Moms club is a great opportunity for you and you kids to make new friends in our area. Come visit our next all-member meeting and see for yourself! There is a lot of fun and support just waiting for you! Our next meeting is Tuesday, May 12th, 10AM at Good Shepherd United Methodist Church located on Cypresswood Drive in Fairfield. We often have a guest speaker at our meeting discussing topics like finance, health and other popular topics. As always, children welcomed!

For more information please contact Danielle Slot,
Membership VP at 832-876-4358, danielleslot@yahoo.com or
Amy Wilkes, President at 281-455-2807
amywilkes2003@yahoo.com.

Fairfield Book Club

The Fairfield Book Club is a terrific way to meet other women in Fairfield. Have great conversations and develop new friendships.

We meet the 3rd Wednesday of each month (rotating homes and sometimes restaurants), from 7:00pm – 9:30pm. We share food, drinks and of course conversations. We read all kinds of books that have been suggested by our members. Classics, modern pop fiction, non-fiction, biography and classic junk....anything. There are no book snobs here, we read it all! So if you are a book lover or just want to expand your reading and/or social network then please join us at one of our meetings.

We invite you to attend one of our meetings as a guest or a member. We currently have openings, however because we hold the meetings in homes our membership is limited. So don't wait, contact me today.

Contact Linda Locke at
Linda15226@yahoo.com
Or 713-298-6514 (evenings please)



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Clubs & Announcements Continued



"Adventures in Mothering" at The MET ***Join the Adventure! Get Connected...with MOPS!***

MOPS stands for Mothers of Preschoolers, a program led by mothers themselves and designed for mothers with children ages birth to 5. These mothers all have a shared desire...to be the best mothers they can be!

For more information on meetings in Fairfield, please contact Renate Wheeler at renateqw@yahoo.com. They will meet on the second and fourth Fridays during the school year.

When it comes to your child's development, getting help early is best!



Texas Early Childhood Intervention (ECI) provides early intervention and therapy services for children birth to 36 months. If you have questions about how your baby or toddler is developing-ask ECI! Programs are in every Texas County.

Questions or Concerns?

Call ECI of MHMRA Harris County at 713-970-4900

or visit www.dars.state.tx.us/ecis

to find out more about ECI

and to find your local program.

ECI developmental screenings & evaluations are at no cost to families!

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Clubs & Announcements Cont.

Fairfield Women's Club

*Will Honor all Senior Girls Graduating
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Annual Mother/Daughter Tea

Please plan to join us on
Sunday, May 17, 2009
1:00 pm to 3:00 pm



*For more
information, please
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281-373-1969*



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*Our state licensed preschool
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Please call Darlene Sedelmyer
at 281-373-0834.*

Preschool

**open registration for the
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Monday, March 2nd!**

Fairfield Summer Camp

**open registration begins
Monday, March 9th!**

**Before & After School
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Offer expires 4/30/09. Offers, plans, prices and availability are subject to change without notice. 4/09

Clubs & Announcements *Continued*

Fairfield's Fifty Plus Fun-Loving Group

The Fairfield Seniors

The Seniors of Fairfield are an active, fifty plus, fun-loving group of couples and singles who enjoy fellowship, monthly trips, and various activities together. If you or your spouse is fifty or older, a newcomer to Fairfield Village or have lived here in Fairfield for some time but have never attended one of our functions, you are cordially invited. Come be a part of our fun-loving group. We're sure you will enjoy it

OUR MAY BUS TRIP PLANS ARE FOR: Saturday, May 16, a theater trip. Houston, Texas. This month is another great comedy theater trip. We will be going to the Texas Repertory Theater to see a performance of "The Miss Firecracker Contest," written by Pulitzer Prize winner Beth Henley.

When Carnelle Scott (locally known as "Miss Hot Tamale") enters the local beauty pageant, self-improvement and outright hilarity ensue. This is an eccentric southern comedy by author of "Crimes of the Heart." "The Miss Firecracker Contest" is a charming and heart-warming reminder that dreams do come true.

We will have a dinner, prior to the show at the Hickory Hollow Restaurant on Fallbrook. We have dinner reservations made for 5:30 p.m. in order to miss the dinner crowd.

The cost for this trip is \$31.50 per person, plus your dinner. To get your name on the list for this trip, call Kay or Skip Wheeler @ 281-890-1934. Make checks out to: Fairfield 50 Plus. The departure time for this trip will be 4:45 p.m. from the Fairfield Village parking lot. Please be there by 4:30 p.m.

OUR JUNE BUS TRIP PLANS FOR: Thursday, June 18, Calvert, Texas. This month we will be headed out to Calvert, Texas, which is located 30 miles north of Brian/College Station. We should arrive in Calvert around 9:30 a.m. and will stop at Zamykal Kolaches Bakery, where we can get a cup of coffee and choose from one of their many pastries for quick breakfast.

We will also meet our step-on guide at this location, who will then take us through Calvert's Historic District, stopping at The Historic Church and also a Historic House for tours of these facilities. After which we have lunch at the Cocoa Moda Gourmet Restaurant and Chocolate Manufacturer. Lunch will consist of a bowl of soup, a sandwich and a special chocolate dessert. We will also get a special chocolate demonstration, which is included.

After lunch we will have time to walk through the antique shops and watch the local craftsmen make pottery and other art pieces.

The cost for this trip is \$27.00 per person, which includes your lunch at the Cocoa Moda Gourmet Restaurant. To get your name on the list for this trip, call Hazel Willis @ 281-256-7979. Make checks out to: Fairfield 50 Plus. The departure time will be 8:00 a.m. from the Fairfield Village parking lot. Please be there by 7:45 a.m.

Thursday May 9: National Day Of Prayer, Thursday, May 14: The Monthly Planning Committee meeting is at 1:00 p.m. at the Lakeside Trails Club House.

Then later, around 6:30 p.m. that evening, we will be having Our Monthly Potluck. It will also be at the Lakeside Trails Club House. However, try getting there early. Doors open around 6:00 p.m. for socializing and fellowship. Then plan on staying and join many of our members who stay to play games after the meal and finish up the desserts. You may want to bring a favorite board game or card game if you have one that is easy to play and, of course, we have dominos.

Sunday, May 10: Don't forget Mother's Day.

Tuesday, May 19: Game Night at the Cooks' House. It starts around 6:30 p.m. Just bring a little snack and a healthy appetite. This is always a fun evening with great fellowship. The directions are posted in the Activity details page on our web site and will also be in our May 17 email.

Thursday, May 28: Game Night at Lakeside Trails Club House. It starts around 6:30 p.m., and we have plenty of room here at the club house. We would like to see you there to enjoy an evening of games and fellowship with us. Just bring a little snack and plan on having lots of fun. Bring a favorite board game or card game if you have one that is easy to play. We will be playing board & card games, and, of course, dominos.

For additional information on activities other than trips: Call Mary Lou Cook @ 281-304-8359.

We recommend that you check our web site regularly. Things often change from the time this article is submitted and you receive your copy of the Gazette.

www.fairfieldseniorsgroup.com

OUR FUN-LOVERS WEEKLY EMAIL: An event reminder. It is emailed each week to our members and others who have requested it. It provides updated information and any changes from what appears here in the Gazette. We also include member birthdays and prayer requests, along with other news and items of interest. If you would like to receive our weekly emails, send your email address to: Fairfield-Seniors@comcast.net

Clubs & Announcements *Continued*

CY-FAIR KIWANIS CLUB

The 12th annual city-wide Kiwanis Kids Triathlon Series begins May 30 at Langham Creek YMCA. The Cy-Fair Kiwanis Club sponsors the first Triathlon of the series. Girls and boys from ages 7 through 12 are invited to participate. The Triathlon combines three activities that children enjoy—swimming, cycling, and running. Age groups for the events are 7-8 year olds; 9 year olds; 10 year olds; and 11-12 year olds. Boys and girls compete separately in each event. Trophies, prizes, and mementos are awarded. The net proceeds from this event will be used to benefit Kiwanis charitable and service activities; such as sponsoring Key Clubs, Boy and Girl Scout troops, Salvation Army missions, and needy families and individuals in the Cy-Fair area. Entry forms are available at Ault and Keith Elementary Schools or at www.kiwanishoustonsunrise.org. For further information call Peggy or Bob Presnell at 281-304-7127.

The recent Golf Tournament was a big success. We appreciate the contributions of those who played, those who sponsored players, and those who sponsored holes for the benefit of the organization. Some of the proceeds will be used to fund scholarships for Key Club seniors for their use in college next year. Announcement of the winners of the scholarships will be available next month.

The Cy-Fair Kiwanis Club meets three times a month at the Hearthstone Country Club in Hearthstone from 12:15 p.m. to 1:15 p.m. for lunch, and programs including guest speakers on subjects of concern to the community and individuals. We invite you to a complimentary lunch, fellowship with our members, an informative program, and an opportunity to learn more about our organization. Reservations are not required. The Club will meet on February 3, 10, and 17.

Membership in Kiwanis is open to persons of good character who adhere to the standards of good conduct in their community and believe in and subscribe to the objects of Kiwanis International. If you would like to know more about Kiwanis and the service programs it promotes, call John Carroll at 281-463-0373; George Crowl at 832-467-1998; or Robert Presnell at 281-304-7127.

CHILDREN ...

PRIORITY ONE is the motto of Kiwanis Clubs worldwide.

The Cy-Fair Kiwanis Club, an affiliate of the International Kiwanis organization, focuses its services, programs and activities on this theme.



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Sam Houston State University	\$2,321	\$4,642
Stephen F. Austin	\$1,872	\$3,744
Texas A&M	\$3,517	\$7,034
Texas State University	\$1,200	\$2,400
University of Houston	\$2,088	\$4,176
University of Texas	\$3,835	\$7,670

Times are tough. Lone Star College is helping.

Summer and fall registration are under way.

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Summer 2 classes begin July 9.

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Clubs & Announcements Cont.

2008 Kiwanis Kids Triathlon Series

Sponsored by The Greater North Houston Kiwanis Club

The Kiwanis clubs of the Houston area are proud to present the 12th annual Kiwanis Kids Triathlon series. The 2009 Triathlon Series is sponsored by the Greater North Houston Kiwanis Club.

This event allows boys and girls ages 7 to 12 to experience the fun and excitement of triathlon. It's a morning of friendly competition and physical activity that can lead to a lifetime of fitness. The 2009 series will include seven (7) races at various locations all around Houston. The Cy-Fair Kiwanis Club kicks off the first race on Saturday, May 30, at the Langham Creek YMCA in Copperfield. Kids may participate in one race or all three races.

What is a Kids Triathlon? It's a great sport for young children because it combines three activities that every child enjoys - swimming, cycling, and running. All three elements are included in each race. With young athletes in mind, the Kiwanis Kids Triathlon courses are designed to feature comfortable distances for the novice to the experienced athlete. Boys and girls will compete separately in their respective age groups: 7-8 year old; 9 year olds; 10 year olds; and 11-12 year olds. Boys and girls compete separately in each age group. Distances for the 7-9 years olds are a 50 meter swim, 1 mile bike, and .25 mile run. Distances for the 10-12 years olds are doubled. Every participant receives a triathlon T-shirt, goodie bag, and bracelet. Trophies are awarded to 1st, 2nd and 3rd place boys and girl in each age category. The entry fee is \$20 for pre-event and online registration, and \$25 for race day registration. Net proceeds will benefit Kiwanis charities.

USA Triathlon sanctions this event and requires all participants to be USAT members. Annual youth memberships are available for \$5 at www.usatriathlon.org.

For a complete race schedule, registration materials, or to get "training tips," visit the Kiwanis website at www.kiwanishoustonsunrise.org.

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FREE SEMINARS

Saturday, May 9th @ 10am

Thursday, May 28th @ 6pm

Saturday, May 30th @ 10am

*North Cypress Medical Center
Conference Room, 1st Floor*

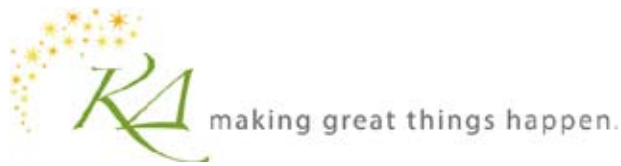


Highway 290 at Huffmeister | 21214 Northwest Freeway
www.NCMC-Hospital.com

Clubs & Announcements *Continued*

290 Cypress Business Networking Group

The 290 Cypress Business Networking Group meets every Thursday morning at 7:30 am at Newk's Express Café located at Hwy 290 and Spring Cypress in the Kroger Shopping Center near the Cinemark Theater. The group is open to all business owners and professionals who want to increase their exposure to the residents of Cypress and the surrounding areas. There is no cost to attend the meeting. If you would like more information, please call Ken Parker at 281-384-1562. Visit our new website at 290Cypress.com



Attention Kappa Delta Sisters ...

The Houston Northwest Kappa Delta Alumnae Association holds meetings the 4th Tuesday of each month at 6:30 p.m. Visit www.kdhnwaa.com for all the details.

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CHECK LIST

(Property Reviews are done monthly)

- ☐ Check for weeds in lawn (including clover)
- ☐ Weed and Feed as necessary
- ☐ Mow lawn as needed
- ☐ Edge lawn
- ☐ Weed tree wells and shrub beds, remove growth from expansion joints if necessary
- ☐ Shrubbery trim as needed
- ☐ Add mulch to tree wells and bed areas
- ☐ Trees: Trim trees as necessary, (especially the street trees) remove any dead material – if you need to replace a tree please apply for replacement type and requirements
- ☐ Remove mildew on the house
- ☐ Paint exterior (Please submit ARC Application*)
- ☐ Fence (replace broken pickets or secure if necessary)
- ☐ Trash Cans (removed from view at the end of pick- up day)
- ☐ Holidays decorations need to be removed
- ☐ Toys need to be stored out of public view when not in use – except approved basketball goals
- ☐ Parking on the street – Please be considerate and do not park on the street

*ARC = Architectural Application for Home Improvements

**Please remember these are some of the items that we check for monthly. There may be others that are not listed. **



Advertising Information

Please support the businesses that advertise in the Gazette. Their advertising dollars make it possible for all Fairfield residents to receive the monthly newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the Gazette by advertising, please contact Peel, Inc. Sales Office, at 888-687-6444; advertising@PEELinc.com

Happy Mother's Day

AVAILABLE HOMES...

JUST LISTED

Beautiful 4 bedroom, one story home with a private backyard, large patio, freshly 4/09 painted interior, shows very well. Home is ready for immediate move-in-carpets have been cleaned, home professionally cleaned, trees have been trimmed, mulch has been laid, flowers planted-It sparkles!

15343 CORAL LEAF

Executive style Perry Home with a pool! One of the biggest Perry homes built in Fairfield! Great cul-de-sac location, sides to tree lined greenbelt that leads to the Fairfield Athletic Center!

20911 MAGNOLIA BROOK

EXPANSIVE ONE STORY HOME 3 CAR GARAGE, POOL, YARD....

Beautiful One Story home with huge lot, 3 car detached garage! This is a rare find in Fairfield! Located on a quiet street! Located in the coveted section of Garden Grove, walking distance to Ault Elementary. Lots of updates.

20702 DURAND OAK

BEAUTIFUL GRANITE COUNTERS AND BACKSPLASH 12/08! THIS KITCHEN POPSI

Pool/Spa/Cul-de-Sac, 3 car climate controlled garage! WOW! Perry Built Home cul-de-sac/ greenbelt that leads to Ault Elementary and Park/Pool. Tropical private backyard that features pool/spa/waterfall. Lots of updates including climate controlled garage, updated a/c system, roof, frieze carpet, lots of tile, huge room sizes, sunscreens. Additional custom built storage shed off back of home stays.

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School News

Cy Wood's After Prom Party, It's Almost Here!!

CFISD Berry Center - May 22, 2009, 11:00 pm - 6:00 am

You can help!! WRAP's Busy Parent Fundraiser is the easiest fundraiser of the year!

Remember, WRAP has 501c(3) non-profit status, so your contributions are tax deductible. Print form from website www.cywoodswrap.org and mail to:

WRAP

P O Box 800

Cypress TX 77410-0800

100 WRAP bucks are given for every \$1 donated and there is still time to get bonus bucks! Bonus is shown on the donation form.

Class of 2009 Senior DVDs can be ordered for \$10 at the VIPS window. Enjoy treasured memories of our first graduating class of Cy-Woods High School Wildcats...a picture is worth a thousand words.

Corporate donations are welcome and desired!! Please help contact local businesses and corporations to support our event which provides a drug and alcohol free party for our graduating seniors and their guests after the Prom. ("Prospective Donor" letter is on the forms page of the website.)

Senior Gift Bags - We are in need of donations for senior gift bags (given to each Cy Woods senior attending WRAP). Please contact Claudia Carson at ccars4@sbcglobal.net

Prizes for Drawings - We are planning on having lots of prizes for the drawings throughout the night and we need your help. Please contact Gina Baker at gina@ginabaker.com to contribute.

WRAP bucks are given for every \$1 donated. You choose the senior you would like the WRAP bucks awarded to.

Cypress Ranch Athletics

Cypress Ranch High School will be hosting a number of camps during the summer. (Strength/ Agility/ Conditioning, Freshman Football, 6th,7th and 8th Football, Volleyball, Softball, Boys and Girls basketball.) SAC will be opened to 9-11th grade Cypress Ranch students only. Volleyball and Freshman Football will be opened to incoming Cypress Ranch freshman only. Softball and basketball camps will be opened to incoming 6th, 7th, 8th and 9th graders. All camp applicants must be within the Cypress Ranch attendance zone for the 2009/2010 school year. Camp information and registration forms will be available on our athletics web site beginning May 1st. Any questions please call Shelley Oliver @ 281-373-2520.

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9:50 a.m. and 11:30 a.m.



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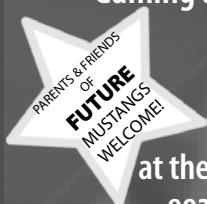
School News Continued



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Church News

Harvest Bible Church

After he had said this, while they were watching, he was lifted up and a cloud hid him from their sight. As they were still staring into the sky while he was going, suddenly two men in white clothing stood near them and said, "Men of Galilee, why do you stand here looking up into the sky? This same Jesus who has been taken up from you into heaven will come back in the same way you saw him go into heaven" (Acts 1:9-11).

There are numerous miraculous and wonderful acts of God in the history of the world. Some stand out above others – the creation of the world in six literal days, the birth of Jesus, the death of Jesus, and the resurrection of Jesus. The great event in world history that followed the resurrection and preceded the coming of the Holy Spirit occurred in Acts 1:9 when Jesus ascended into heaven while the disciples watched. Verse 9 says that as soon as Jesus told the disciples that they would receive power once the Holy Spirit came upon them (v. 8) he was engulfed in a cloud and hidden from their sight. He must have ascended into the sky because the disciples are said to have been staring into the sky looking for him.

Jesus had to leave the earth and return to the Father. This was all part of God's sovereign plan. His own words to the disciples stated that he had to return to the Father, hence he came from the Father, in order to send the Holy Spirit – the promised "Helper" (John 16:5-15). Jesus, as the Son of God, now reigns at the right hand of God

the Father interceding as the great High Priest on behalf of those who believe in his name (Rom. 8:34; Heb. 4:14-16).


Now as the disciples stood there gazing into the sky looking for Jesus, two men in white clothing suddenly appeared before them. These men are believed to be angels, for angels often appeared out of nowhere in the Bible (Gen. 18:2; Josh. 5:13-15), at times wearing white clothing (Mark 16:5). They asked a seemingly dumb question in v. 11: "Men of Galilee, why do you stand there looking up into the sky?" It's seemingly dumb because they knew why the disciples were looking upward. Jesus had just been taken from them in a cloud of smoke! But the question is more of a rebuke, for Jesus was not lost nor had he been taken away forever. He was simply doing what he promised the disciples he would eventually do – leave them. They had nothing to fear, and they needn't worry about Jesus' whereabouts. The angels then reminded them that Jesus would indeed come back to the earth the same way he went into heaven.

(Continued on Page 31)


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Church News Continued

Harvest Bible Church (Continued from Page 30)

The promise that Jesus would come back the same way he went away refers to his "coming in clouds" (Matt. 24:30; 26:64; Rev. 1:7) at his second coming – not to be confused with his coming to rapture the saints "in a moment, in the twinkling of an eye" (1 Cor. 15:51-52; cf. 1 Thess. 4:13-18). The angels are referring to the second coming which occurs seven years after the rapture of the church. Zechariah 14:4 says that when the Messiah comes again he will descend upon the Mount of Olives (exactly where he departed in Acts 1:9) just outside of Jerusalem creating a severe earthquake. This will be the way in which Jesus returns, and he will return with the previously raptured saints and his holy angels (1 Thess. 3:13; 2 Thess. 1:7).

Jesus came first in humility – as a humble carpenter's son from Nazareth. He proved himself through his actions and the miracles he performed, then he ascended to the Father again so that he could send in the Holy Spirit who would work through His followers with true power. But he has also promised to return again, and when he returns it won't be in humility but in power, for all eyes will see Him on that day with every knee bowing to Him. It's not wishful thinking that Christ will return – it's just the logical and biblical ending to God's eternal plan.



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Church News Continued

Fairfield Church of Christ

Children today can take part in an endless variety of activities. From computer games to piano lessons, and from soccer practice to karate, there is no shortage of skills for kids to learn. However, children also need regular playtime that is not focused on structure, skill building or electronics. While those things are all good for children, too much can crowd out the kind of play that is essential for developing one of the most amazing gifts of childhood: imagination. Does imagination play a role in learning and success in life? In a word, yes. According to Dorothy Singer, professor of psychology at Yale University and co-author of *The House of Make Believe: Children's Play and the Developing Imagination*, children who actively use their imagination reap a host of benefits, such as playing cooperatively and being successful in school.

Do children still have the time and initiative today to fight pretend dragons, have an imaginary friend, or dress up as a fairy tale princess? Or is plain old imagination fighting a losing battle with iPods, video games, organized sports and T.V. shows? Just what is so important about imagination?

Here are some amazing benefits that come from developing the imagination:

- Imagination helps school-age children solve problems by helping them think through different outcomes to various situations and role playing ways to cope with difficult or new circumstances.
- Imagination allows children to practice real-life skills. From

shopping at a pretend grocery store to assigning roles and dialogue to dolls or puppets, children's pretend play helps them practice and apply new learning and better understand how those skills are used in the real world.

- Imagination encourages a rich vocabulary. Telling and hearing real or made-up stories, reading books and pretend play help children learn and retain new words.
- Imagination helps children grow up to be adults who are creative thinkers.

Adults who were imaginative children often become problem solvers, innovators and creative thinkers. As you can see, imagination can often be as important as math, science or reading. Despite how it sometimes looks to adults, imaginative and pretend play helps develop many important skills that boost a child's learning and success. (Excerpt from "Why Children Need Imagination to Help Them Get Ahead Socially and Mentally in Today's Technology Based World" by Jaime L. Hebert.

At Fairfield Church of Christ we believe children need and deserve every opportunity to learn about life and especially the spiritual things of life. Each week we have classes to help children of all ages learn about the Bible and the great lessons that will affect them the rest of their lives. This is your personal invitation to come to church this Sunday. In spite of how bad things look in our world today there is still a lot of goodness to be found and with Jesus in our lives better days are ahead. Fairfield Church of Christ is in

your neighborhood for one reason, to be a beacon of hope and light to live each day. This year our theme is Let Your Light Shine in 2009. Come to church this Sunday and join us on the path that leads to a life that is full and complete in Jesus.

Every Sunday morning we have Bible Classes for babies to adults beginning at 9:30am. Each Bible Class is taught by loving Christians utilizing the latest in educational techniques and finest Bible curriculums to teach God's Word.

Our Sunday morning Worship begins at 10:30am with each service meant to bring glory to the name of Jesus and help each worshipper realize how wonderful it is when you know Jesus as your Savior.

Mid-Week Bible Studies are also offered every Wednesday at 7:30pm. This is a great time to pause in the middle of a busy week and be re-energized by fellowship, prayer and study of God's Word.

We also offer Free personal, one-on-one Bible Studies. For those who wish to study alone, Bible Correspondence Lessons are available, as well. If you have a prayer need of any kind, any questions or we can help you in any way, please let us know by calling the church office at 281-373-1900 or by visiting our web site at www.fairfieldchurch.org.

You and your family are always welcome at Fairfield Church of Christ. We would love to see you this Sunday!

Have a Blessed Day,
Dr. Mike Lehew, Minister



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Church News Continued

Good Shepherd United Methodist Church

Party of ONE - ONE God, ONE Purpose, ONE Incredible Opportunity!

Party of ONE is a new Ministry launching this summer at Good Shepherd for Singles in the Cypress area. This group will be focused on creating a community where Singles can share their lives and experiences through Bible Study and fellowship. You can be a part of this incredible opportunity! Groups are forming now, so contact Shawn Hogan at shawnhogan@att.net for information, or visit www.goodchurch.us and click on the Party of ONE link.

SUMMER 5-2-6

It's time for Summer 526! All children graduating from 5th grade are invited to join us each week this summer for great activities and events. In addition to Sunday morning programming, we will be doing about 1 event each week exclusively for this age group. It's our way of celebrating and saying good bye to them as they head to the youth group in August. See the church website for specific event details.

Vacation Bible School (June 22-26, 9 am- 12)

Join us this year at Crocodile Dock where fearless children shine God's light. Online registration is available this year! See our website www.goodchurch.us and look for our VBS logo to link to the online

registration form. Or pick up your registration form at the church office.

VBS is open to all children 4yrs (as of 9/1/2009) thru entering 6th graders. Space is limited, so register early! Free t-shirt with every registration!

We invite you to worship with us at Good Shepherd. Please join us any Sunday morning for First Watch at 8:30am, GS Classic at 9:45am, New Path at 9:45am, or Catalyst at 11:00am. Visit our church website at www.goodchurch.us. We are located on Cypresswood Drive in Fairfield; right down from the Shell station off 290 and Mason Road. Our office staff is available Monday-Friday from 8:30-5:00 pm. Call us at 281-373-2273 for information on programs, services, Bible studies, and more. We look forward to meeting you and believe you will be blessed by the events and fellowship opportunities we offer.



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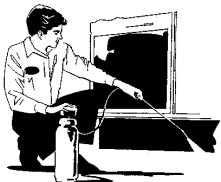
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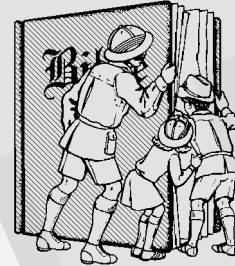
Schedule your appointment today!

Church News Continued

Jersey Village Baptist Church Vacation Bible School

June 22-26

Take a thrilling ride across the land down under with The



VBS Boomerang Express! As kids wind their way across Australia, they'll discover the vastness of God's love, and they'll learn that no matter where they go or what they do in life-it all comes back to Jesus. All children ages 4 (as of September 1, 2008) -5th Grade are invited to attend. VBS lasts from 9 am to 12 pm daily and is a **FREE** event.



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Church News Continued

Fairfield Baptist Church

Cars for Christ Car Show, Saturday, May 2, 1:00—5:00 pm

A fun day for the entire family. View antique, classic and new cars, trucks and motorcycles and enjoy KidZone area rides, moonwalks, food, pony rides, petting zoo and low cost helicopter rides! For more information visit our website or call 281-373-5446.

48 Days to the Work You Love

Can you imagine going to bed Sunday night, eager for Monday morning to come and your workday to begin? Prepare to have your world rocked when we uncover and lay out what is wrong with “work” in today’s world. What has changed and why people are sacrificing their spiritual and physical health to daily jobs that have no meaning in their lives. And...the path to a true, meaningful, fulfilling and life-rewarding “Vocation.” Join us for 48 Days To The Work You Love Workshop – a free introductory class will be early May, the workshop begins May 20 at 6:30 pm (check fairfieldbaptist.com for location and details) Prepare to get excited about your passions and workweek!

KidZone Summer Fun

Boomerang Express VBS, June 15-19, 9 am to noon for 4 years-4th grade
Rock and Reef VBX for grades 5 & 6.

Cost is \$10/child which includes a t-shirt (while they last). Online registration available at fairfieldbaptist.com.

Terrific Thursday day camp, June 11, July 23 and Aug 13, \$35/trip. Trips include circus, museum, funplex and more. For details on individual trips visit the Kidz Events on the Kidz Ministry webpage at fairfieldbaptist.com

Sports Quest Soccer Camp, July 27-31, for ages 4-14. Two sessions/day.

Check the Kidz Event section of the website for cost and camp details and to download registration forms.

BigStuf Summer Camp for grades 7-12, July 19-23 in Panama City FL. Get ready for a week at the beach, hanging with friends, worshiping God through music, video and some of the best speakers around! Visit Student Ministry on our website for trip details and availability or contact fairfielddouth@gmail.com

Visit our website www.fairfieldbaptist.com for more information on these activities, Kidz Ministry, Student (grade 7-12) Ministries, Adult Studies, Men’s Ministry, Ladies Ministries and other programs or call at 281-373-5446.

We are located at 27240 Highway 290 between Mueschke and Mason roads on the north feeder road.



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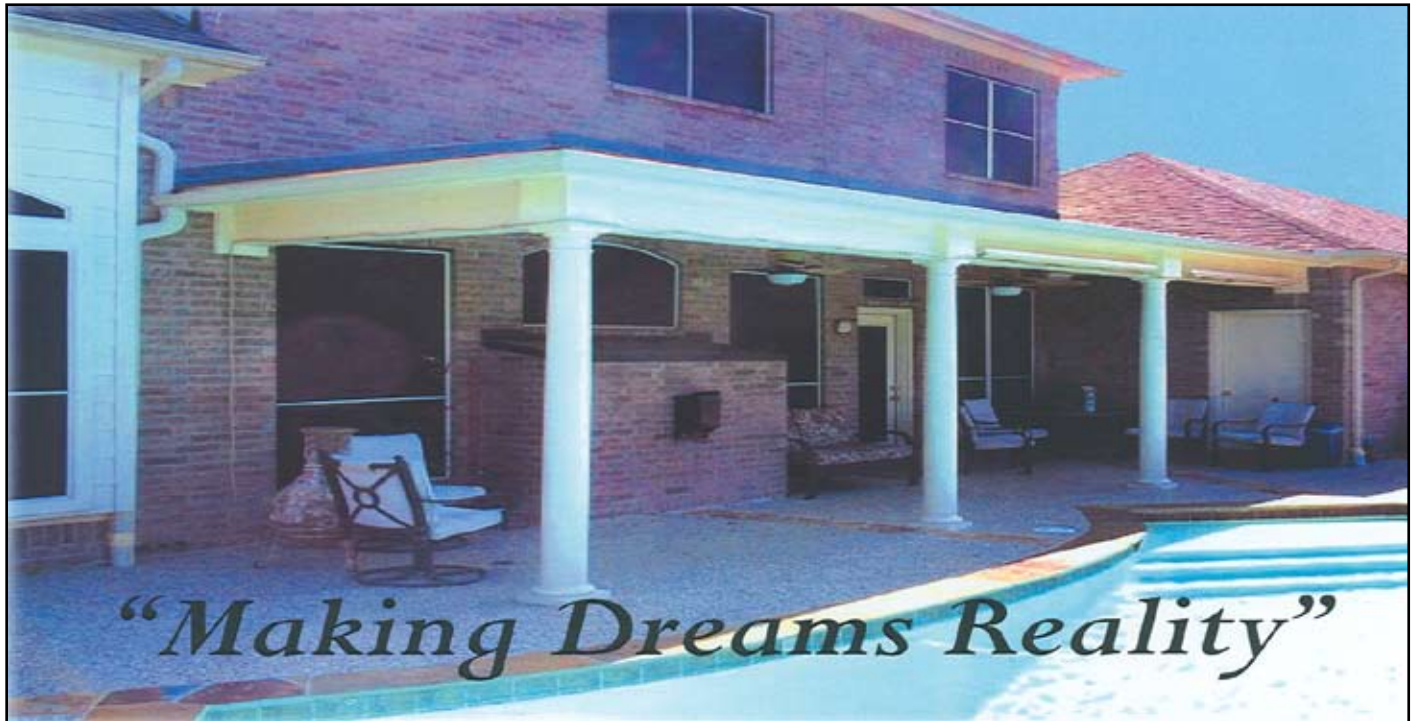
- Conduct an information session to identify your needs
- Arrange a pre-qualification meeting
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Personal Classifieds

LOST WEBKINZ PURSE: Lost webkinz purse with pink Nintendo DS at park/playground in inwood park. Please if you have this item or know someone who does find it in your heart to return it to my 8 year old daughter. It was lost on April 12 sunday on easter. Other items were also in the purse.

CHILDCARE NEEDED: We are looking for a reliable, responsible in-home sitter for our newborn. Experience preferred. Full-time beginning this fall. Hours are Monday - Friday, 6:30am - 4pm. 281-256-8584

CHILDCARE NEEDED: Seeking high school or college student to plan and supervise a "fun" summer schedule for my children. Ages 13, 11, 8. Must be able to swim, drive and have reliable transportation. CPR certified a plus. Full time Monday-Friday, but flexible with hours. Please call Becky at 713-724-5980.

LOOKING FOR 2 HIKING BACKPACKS: I have two boys in Scouting. They also need other hiking gear. Please email davidv_118@hotmail.com for any hiking material.

WANTED: Aggie fish mom seeks another Aggie mom buddy to go to Aggie Mom's Club meetings once a month, participate in club activities and parties and dedicate time and love to our Aggie Kids. Must have strong desire to have fun and act half our age! 281-256-1138

CLEANING HOUSE: DONATE YOUR ITEMS – BSA Troop 1477 Philmont Fundraiser. We would like to gather your donated goods to raise funds for our scout's Philmont Trip in Cimarron, New Mexico. It's a uniquely empowering opportunity. Please call K.C. Burns at 281-304-2689 or 832-392-9659 to coordinate pickup.

SOFA FOR SALE: Neutral colors with cherry wood trim. Bought from Star Furniture. In excellent condition. \$150. Will send pics. 281-256-8584

QUEEN AND TWIN COMFORTOR SETS FOR SALE: Selling at least 5 comforters sets from \$5 - \$25. Email ana77520@hotmail.com for info.

WANTED: Poker players. Come join us to play Texas Hold'em. We host games on most Saturday nights. We live in Inwood Park. Contact me if interested. John skatetexas@comcast.net to get on my e-mail list or 281-731-1199.

GAS STOVE FOR SALE: 4 Burners and oven, Digital clock, Almond color, Tappan model. \$125 O.B.O. Email ana77520@hotmail for pictures or info.

GIRLS CLOTHES FOR SALE: Lots of size 4, 5 & 6 girls clothes. Also a couple of décor wall picture frames. Lots of stuffed carebears. A carebear wall watch clock. Plenty of Barbie's. I have pictures of everything listed. Email me for pictures at ana77520@hotmail.com

BEAUTIFUL WALL DÉCOR FOR SALE: I have 16 different 'grouped' wall décor for sale. It is mostly Home Interior products. Very reasonable prices for the grouped selections. I have pictures of all the décor groups with the details and prices. Please email me at ana77520@hotmail.com and I will send you pictures.

FOR SALE: Macy Pro 2 Weight lifting bench with adjustable bench for incline press, Leg curls / extensions and Preacher curls, includes a solid straight bar, solid curl bar and 135 lbs of weights. I also have a Weslo Cadence 950 treadmill. Best offer will take both or each one separately. For additional information and pictures email raw_64@yahoo.com

FOR SALE: Raleigh SCZ adult bike \$150, Ozone adult bike \$50, Schwinn adult bike \$50, Moto Bike kids bike \$50. All of the bikes are in good condition. Rybobi 10 inch table saw \$50, Ryobi miter saw \$50. Both saws barely used, like new. Craig at 281-814-3848

MOVING – MUST GO – FOR SALE: Lane sofa & Rocker-excellent cond. Wicker white: armore, chest, chair, book case. Marble top table. White rockers 2 -for outside. Stero set-large speakers. BO. 281-857-6642 or 281-217-9193.

FOR SALE: Treadmill, Proform 5 Star Interactive Trainer 1200, VALUED AT \$1,300, asking \$700. Call Jim 832-347-0807.



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Classifieds Continued

FOR SALE: Very New...GORGEOUS!! Prom Dress, Green Olive Silk/Chiffon V-neckline with a beautiful pendent in the center and its by Kay Unger/New York. Dress size 8. It's worth it to look at. I can e-mail pictures. Bought it at Elizabeth Anthony Collection at Post Oak Blvd. in Houston for \$438 Asking \$350. OBO. Call 832-755-4838.

FOR SALE: Aquarium, 5 Gal (\$5); BBQ Grill, Perfect Flame (\$95); Camcorder, Digital (\$75); Rebel XT Canon Digital w/lenses (\$495); Leather Sofa, New (\$475); Surround Sound, AIWA (\$95); Maytag Washer (\$75); Whirlpool Dryer, 1 Yr (\$95); Kitchen Table w/4 Chairs (\$145); Dining Table, Hutch & 8 Chairs, Like New (\$695); Entry Table w/mirror (\$45); Whirlpool Freezer (\$85); Punch Bowl w/Cups & Plates (\$35); Queen Mattress & Springs, New (\$375). 281-758-0220

FOR SALE: Cherry Sleigh Day Bed with Pop-up Trundle. Comes with 2 mattresses. Great condition. \$250 Call Darin. cell 832 274 7433 home 281 373 3701

FOR SALE: White changing table, made of wood, excellent condition, \$20. Light bluish/purplish, nice, kind of shaggy, large area rug, perfect for a girl's room, \$20. Call Jay or Juli at (281) 256 - 9699.

FOR SALE: Indoor play cottage with stove, changing table, and cradle included-\$70 obo. 281-256-3949

CAR FOR SALE: 2005 Nissan 350Z - 6 speed manual transmission, leather interior, power and heated seats, 6 disc CD player - 18,000 miles - GREAT Condition! - \$20,000 - (281)256-3033

TOYS FOR SALE: Baby / Infant / toddler toys for sale. All in good shape. Baby & Infant rattles & toys - entire bag of full will sell for \$20. Fisher Price Roll-a-Rounds Drops & Roar Dinosaur comes with 4 balls, reg sells for \$40 will sell for \$20. Fisher Price Laugh & Learn Toddler Table, reg sells for \$35 will sell for \$15. Fisher Price Laugh & Learn Toolbench, reg sells for \$20 will sell for \$10. Laugh & Learn Stride & Ride Learning Walker, reg sells for \$35 will sell for \$15. *All Fisher Price items sounds and lights do work. Other walker / rider (has no sound or lights) - will sell for \$10. Dora blow up sleeping bag - \$5. Please contact Jill at 281-798-1626 or 281-304-5074

MATERNITY CLOTHES FOR SALE: Maternity clothes size 6 / 8, small, all seasons. Both work and casual clothes, dresses, tops, etc. Will email pics if you like. Please contact Jill at 281-798-1626 or 281-304-5074.



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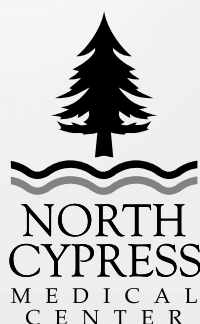
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Classifieds Continued

SOFA / DECORATIVE ITEMS FOR SALE: Blue, green, burgandy, light brown mix sofa - will sell for \$30. Cowboy & Indian decorative items including lamps, picture frames, wall decor - range from \$5 - \$20 depending on the item. Will email pics if you like. Please contact Jill at 281-798-1626 or 281-304-5074.

FOR SALE: Ibanez RG470 Electric Guitar near mint \$250. Pfaltzgraff Amalfi dinnerware service for 8 plus matching glassware and extras, 52 pieces, \$52. I can email pictures. 281-373-0207.

LOTS OF BOYS SHIRTS FOR SALE: Short sleeve and long sleeve shirts sizes 10-14 (Medium - XLarge). \$1-\$3.00

MOVIES, MOVIES, MOVIES FOR SALE: Children VHS movies! \$3.00 each. Pokemon the first Movie, Pokemon 2000, Mewtwo Returns, Pokemon 3, Beauty & the Beast, Mulan, Atlantis, Bambi, Shrek, Buzz Lightyear, Toy Story, Anastasia, Sword in the Stone, Aladdin and many more!! Email me at ana77520@hotmail.com

BABY GIRL CLOTHES FOR SALE: Newborn to 6 months. Also have a Graco Baby Swing and Bassinet. Can email pictures. Please call 281-736-4979

WINE ENTHUSIASTS: Bronze Wine rack for sale. \$100.00 Call 281-736-4979 Will email pictures.

FOR SALE: (2) Graco No Back Booster Seats \$10 ea; (2) Handmade Wood Toddler Tables w/(2) Chairs ea, 27" Dia., 22"H, one walnut, one oak finish \$35 ea; Wood Desk w/glass top 60"x30" walnut finish \$50; Hi-Back Fabric Office Chair, burgandy cloth \$25. Call 713-240-6009 or email legdorf@sbcglobal.net

Classified Ads

Personal ads are free for Fairfield residents. Limit 30 words. 281-304-9956, FairfieldGazette-Editor@comcast.net
Business Classifieds are \$75. Limit 40 words. Contact Peel, Inc. Sales Office at 888-687-6444, advertising@PEELinc.com
OR Kim Moore at 281-373-3807, kim@PEELinc.com



Sustainable Living Houston Kicks off National Bike Month!

On Friday, May 1, 2009, residents of Cypress, Texas, will bicycle from the Coles Crossing subdivision to the nearby METRO Park & Ride and transit oriented development. By riding bikes to the Park & Ride, and then taking the #217 METRO bus to their work locations, the residents will complete a long-haul, suburb-to-city multi-modal commute without the use of private automobiles.

METRO has recently installed bike racks at the Cypress Park & Ride, and these will be used to secure the bicycles. There is also limited space for taking a few bikes in the sub-floor storage compartments of the # 217 buses.

Residents will assemble at 6:50 am on Friday, May 1, 2009 at the Coles Crossing Community Center parking lot and depart at 7:00 am sharp. Use of helmets, front & rear lights, red rear reflectors and articles of reflective clothing will be mandatory. Residents will ride on the sidewalk south on Barker-Cypress Rd. to Jarvis Rd., whereupon the group will transition to riding

on Jarvis Rd. in a vehicular cycling mode. The total ride distance will be about a mile each way, and the time to the Park & Ride from the neighborhood will be about 6 minutes.

The rain date for this ride is May 15, 2009.

There will be a highly recommended pre-ride safety briefing at the Coles Crossing Community Center parking lot on April 25th at 8:00 a.m. where helmets, lighting, bike commuter clothing, and vehicular cycling will be discussed, as well as a test ride of the route. This briefing will be led by a League of American Bicyclist certified cycling instructor.



Sandra Gary Cordova Attorney at Law

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Fri: 9:30am - 5:30pm
Sat: 9:00am - 4:00pm

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Submitted by Erin Mccauley

Open your heart and home to a high school foreign exchange student. INTO EdVentures High School Exchange Organization is a non-profit organization looking to place high school students from overseas with caring, responsible American families who will welcome them into their family. Our student will need a loving, caring home, food and a bedroom. They can share a room with a sibling close in age. You will be able to choose a student who has similar interests to your own. Our students are supervised by a local representative throughout their stay.

Our students come from over 57 countries in Europe, Asia and South America...and are between the ages of 15-18. Our students are carefully screened for maturity, academic ability, English comprehension, character,

versatility, and a desire to study in the United States. They receive extensive preparation and orientations before they arrive. Our students have health and accident insurance as well as their own spending money.

If you have children at home, they can learn so much and make a lifelong friend. IF you do not have children at home, you will LOVE the new dimensions an exchange student can add to your life, and the new life they will give to your home. You can make a huge difference in a young person's life and bring understanding between nations... you can change the world, and LEARN TO LAUGH IN ANOTHER LANGUAGE!!

Contact Mikki Hunt Toll free (866) 616-4837 or email: txintoteam@aol.com.

Advertising Information

Please support the businesses that advertise in the Gazette. Their advertising dollars make it possible for all Fairfield residents to receive the monthly newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the Gazette by advertising, please contact Peel, Inc. Sales Office, at 888-687-6444; advertising@PEELinc.com.

CLASSIFIEDS: Personal ads are free for Fairfield residents. Limit 30 words. 281-304-9956, FairfieldGazette-Editor@comcast.net

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Sudoku

The challenge is to fill every row across, every column down, and every 3x3 box with the digits 1 through 9. Each 1 through 9 digit must appear only once in each row across, each column down, and each 3x3 box.

4	5					3		
								5
	1					4		6
		9			7		6	1
2	7						3	
5				9				4
				7	1			
		4	9				2	
7		6	8		3			

*Solution at www.PEELinc.com

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Stork Report in Fairfield



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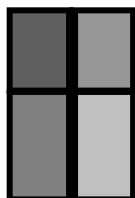
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9:15am Sunday School for All Ages
10:30am Worship

Wednesday Schedule

6:00pm Dinner
6:30pm Worship
6:45pm Classes for All Ages

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HORSEBACK RIDING INSTRUCTION - Beginner - Advanced. Just for fun, exercise, or show preparation. Children and Adults welcomed with any experience. I have safe horse and facilities. Prices are very reasonable and according to each lesson plan. References are available. 713-560-7491

CHILD CARE: Infant Specialist! Loving care for your baby in my home, while you work without worry. 3 children maximum. 2 Openings: newborn - 4 months to start. Fairfield Resident. Many References. 281-373-9678

DOG GROOMING IN FAIRFIELD! LOOK WHO'S MOBILE!! A Fairfield resident who is an experienced dog groomer. My services include nail clipping, bathing, and haircutting. I groom all breeds and I COME TO YOU. References are available and my prices are competitive. Please call Nicole Meadows at 281-304-0813 to set-up an appointment.

CAROLINE'S VIOLIN STUDIO IN FAIRFIELD now accepting students. All levels from hard-working beginners to advanced players welcome. Lessons begin week of May 26. Highly qualified teacher with degree in violin performance. Contact caroline.ewan@live.com.

SUMMER TUTORING OR ENRICHMENT: Are you worried that your child may fall behind academically this summer? Do you have a super scientist, mighty math magician, or roaring reader that would benefit from summer enrichment activities and lessons? If so, please contact Kimberly an Elementary teacher at 832-766-5584.

MAID SERVICES: We want to CLEAN your home. References Available. Bonded. A family owned business since 1987. FREE ESTIMATES. Fans, blinds and baseboards included in price. Call us at 281-859-3162

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PIANO LESSONS - Fun Beginner Trial course. Free aptitude test for young beginners. Both teachers are qualified with University Music Degrees. Years of experience in Fairfield subdivision. Feel free to call and visit our attractive studios - no obligation. Stephen and Judith Habermacher - 281-373-3214

HANDYMAN: Small jobs my speciality. Fairfield resident - Fence replacement or repaired - Exterior painting - Rotten siding replaced - Small electrical repairs - Door locks replaced - Blinds installed - Gutters cleaned or repaired - ECT. NO JOB TOO SMALL - References available - All calls returned - CALL JACK --- 281-744-8636.

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Mother may I... take you to Brunch?

The fun and games are just beginning at Northwest Forest with Mother's Day Brunch on Sunday, May 10. Seating starts at 10 a.m., with a second and third at noon and 2 p.m. Let Mom be queen for a day as you pamper her, showering her with attention and affection on this special Sunday.

Use this occasion to thank Mom for the shuttle service she provided to piano lessons, sports

practices and dance rehearsals through the years. And, it's a win-win situation; you will both be delighted with the beautiful surroundings, delicious salads, breakfast offerings, pasta and omelet bars, seafood, and chicken and beef creations by Executive Chef James Nakayama. An assortment of fabulous desserts will complete your dining experience.

Make reservations now while there is still space available.

Adults \$42.95 🍷 Seniors \$37.95

🍷 Children \$12.95 (5 and under free)

To make reservations,
or for additional information,
please contact

281.256.3548 or 800.256.3548,
or e-mail specialevents@northwestforest.com

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Lone Star College- CyFair Perspective

GRADUATION ORIENTATION SET MAY 6

All LSC-CyFair graduates planning on participating in the commencement ceremony May 9 at the Berry Center should attend the May 6 orientation at 6:30 p.m. in the Conference Center for all ceremony information. For graduation information, call 281-290-3200, e-mail jose.d.deleon@lonestar.edu, or go to cyfair.lonestar.edu/graduation.

REGISTRATION UNDER WAY FOR SUMMER AND FALL

Summer and fall registration are under way at Lone Star College-CyFair and Lone Star College-Fairbanks Center. With courses designed to transfer to four-year institutions, two-year associate degrees and career programs developed to meet the needs of tomorrow, LSC-CyFair has everything to meet your interests as well as academic and workforce needs. Financial aid, scholarships and payment plan available. For the best selection on the courses and times that will fit your schedule, register now! Call 281-290-3200 or 832-782-5000 for information; go online to CyFair.LoneStar.edu; or visit one of our conveniently located campuses at 9191 Barker Cypress or 14955 Northwest Freeway.

WHAT'S ON STAGE IN THE CENTER FOR THE ARTS?

In the Main Stage Theatre, enjoy the lyric opera "The Medium" through May 3; "Music of the Court," String Orchestra concert May 4 and "Jazz Jam" a jazz band concert May 6. Save the date June 8 – June 20 for the summer children's show "Aladdin."

For information, call 281-290-5201 or go to CyFair.LoneStar.edu/boxoffice.

L.I.F.E. LESSONS IN MAY

The Learning, Inspiration, Fellowship and Enrichment (L.I.F.E.) programs are free and held Wednesdays at 10 a.m. in the Lone Star College-CyFair Branch Library (Room 131.) Programs in May include: an international summer buffet May 6, cultural talk on Japanese Americans May 13, opera scenes from Romeo and Juliet May 20 and networking Facebook style May 27. Call the library at 281-290-3213 for L.I.F.E. program information or go online to CyFair.LoneStar.edu/library.

ADVISING AND REGISTRATION FAIR FOR BACHELOR'S OR MASTER'S DEGREE SEEKERS SET MAY 14

Lone Star College-University Center, located at 3232 College Park Drive, The Woodlands, will have an Advising & Registration Fair, 4 p.m. – 7 p.m. Thursday, May 14. The partner universities advisors and faculty will be available to answer questions regarding registration for the Summer 2009 semester. Earn a Bachelor's or Master's Degree from Prairie View A&M University, Sam Houston State University, Texas A&M University, Texas Southern University, University of Houston or University of UH-Downtown, close to home! For information, call the Student Services Office at 936.273.7510 or 281.618.7140.

Banana-Blueberry Dream Pie



1 (4½ oz) Cool Whip
½ pkg (8 oz) Cream Cheese -
at room temperature
½ cup sugar
3 medium bananas
1 baked pie shell - cooled
½ can blueberry pie filling

Mix together in a bowl Cool Whip, cream cheese and sugar. Beat at medium speed until smooth and creamy. Set whipped topping aside.

Next, slice bananas and arrange in bottom of baked (and cooled) pie shell. Spread blueberry pie filling over sliced bananas. Spread whipped topping over the filling. Chill about 1 hour before cutting. *Enjoy!*

Happy Mother's Day!

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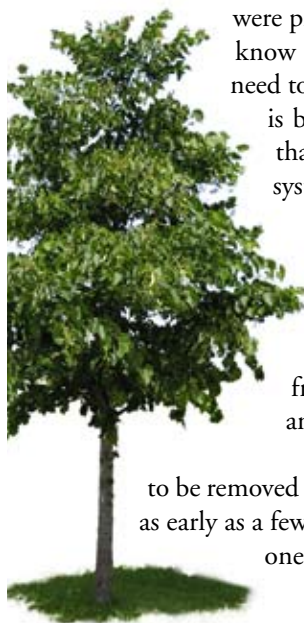
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Movement of the trunk helps strengthen the tree by thickening it and giving it taper from bottom to top. Trunk movement also stimulates root growth. The artificial support from the stakes leaves tree trunks weak and their root systems less developed.

Bottom line - all staking material needs to be removed after roots have established. This can be as early as a few months, but should be no longer than one growing season.

55+ Fun Day at iT'Z on May 27, 2009 from 9:30 am to 1:30 pm

FREE Vendor Expo, Health Checks and Texercise Kickoff with buffet lunch and game card included.

In recognition of Older Americans Month we are celebrating National Senior Health and Fitness Day on May 27, 2009 with a Kickoff for Texercise. This event is sponsored by The Mayor's Wellness Council, Texercise, Humana, Heartland of Willowbrook and many other local companies in the Houston area.

Church groups, community centers, and individuals over 55 are invited to the FREE event.

RSVP: Contact Donna Martin with Heartland to reserve your space for your group or individual seating: 281-253-2941

Location: iT'Z, 18355 Tomball Parkway, Houston, TX 77070

Cost: FREE buffet lunch and game card for all seniors 55+ with RSVP by May 1.

Event details contact:

Doothy Gurka, 281 290 0190

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SPEEDING IN FAIRFIELD PARKING ON THE STREET

Most homeowners have some space in their garage reserved for storage – in some cases most of the garage, thereby not leaving enough room for their vehicles. Consequently, many owners park their vehicles on the street making it difficult for others to pass and creating hazardous conditions for the children.

Although we're all anxious to get home to be with our families, speeding and reckless driving is against the law and endangers everyone. Fairfield is a family oriented community with many children; for that reason before you speed or park on the street, please consider their well-being. Also, children playing in the street can unknowingly create a dangerous situation, especially on heavily traveled streets; the driver may not see the child, especially in the evening or after dark.

We all know that children have a tendency to move about impulsively and may inadvertently run into the street. Please don't let a tragedy happen before parking your vehicle off the street or obeying the speed limit. For the benefit of all the residents and children, and the overall appearance of your neighborhood, please do not park on the street. Make accommodations in your garage or driveway for your vehicles and keep your streets clear and safe for all and please, **DO NOT SPEED IN FAIRFIELD.**



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Women and Finance

Submitted by Rich Keith

If you've not stopped to consider what your life could be like in retirement, consider these facts:

Women live longer. The average life expectancy for baby girls in the U.S. is now 80 years old, compared to 75 for boys. Some estimates show more than one-third of America women will live to at least age 90, meaning today's women will spend more time in retirement and need more resources.

Women earn less. It's a sad reality that women still earn 76 cents for every dollar a man makes. The average Social Security check for men and women reflects the disparity in income and working years: Women received \$867 in December 2006, while men received \$1,148. 30% of unmarried women 65 and older currently live on Social Security alone.

Women take time off to care for others. Not only are women more likely to take time off to have and raise children, they are also more likely to interrupt their working years to care for ailing parents or other relatives. Seven out of ten unpaid caregivers are women, and more than 50% of caregivers modify their work status because of it. This includes working fewer hours or taking unpaid leaves of absence – all of which affect their career paths, contributions to retirement

accounts and accumulated Social Security benefits.

Women aren't saving enough – if at all. Even though women will spend more years in retirement than men, women still lag behind in their retirement savings. According to new studies from the Employee benefit Research Institute, just 53% of women are currently saving for retirement, compared to 62% of men. And 37 of women are currently participating in a company 401(k) or other workplace plan, compared to 41% of men; and just 37% of women are likely to hold an IRA or other non-workplace retirement account, compared to 46% of men.

Women are more likely to retire in poverty. For all of the reasons listed above, is it really a surprise that women are 71% more likely than men to live below the poverty line in retirement?

It's critical for women to have a plan. Women need to save more money than men because they cycle in and out of the workplace more often. Over 75% of women are widowed at an average age of 56, and 1 in 4 of these women are broke within two months of being widowed. What do you want your retirement years to look like? Do start now. The earlier you start, the easier it will be to reach your retirement goals. Time is a powerful key to achieving financial security.



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FAIRFIELD COMMUNITY GAZETTE - May 2009 49

HEALTHIER HOMES

By: Michelle & Charlie Bubnis

WHAT DO LABELS ON PRODUCTS REALLY TELL US?

We are constantly reading labels because we believe that the product information listed will inform us as to whether the product is healthy for our home and family. Listed below are three best selling products. Each product is manufactured by U.S. companies with both domestic and international sales up to one billion dollars annually. One tends to believe that what is printed on the product label is what truly is in the product. However, many times there are toxic chemicals within that are not listed.

PRODUCT #1 – PLUG IN AIR FRESHENER

Printed on the label: No ingredients listed

Laboratory testing showed that the product actually contained: d-limonene, alpha-pinene, beta-pinene, ethanol, ethyl butanoate, ethyl acetate, 3-hexen-1-ol, 1-butanol, 3-methyl-acetate, beta-phellandrene, acetaldehyde, benzaldehyde, carene isomer, 1-methyl-3-(1-methylethyl-cyclohexane), isopropyl alcohol, 1-butanol, 2-methyl-acetate, camphene, acetone, methyl butanoate, dimethyl ethyl cyclohexane, alpha-phellandrene

PRODUCT #2 – DRYER SHEET

Printed on the label: Biodegradable cationic softeners & perfumes

Laboratory testing showed that the product actually contained: linalool, ethanol, loenyl acetate, cis-rose oxide, carene isomer, 2,4-dimethyl-3-cyclohexane, 1-carboxaldehyde, d-limonene, 3-methyl-2-buten-1-ol acetate, 2,7-dimethyl-2,7-octanediol, alpha-pinene, trans-rose oxide, eucalyptol, alpha-phenyl ethyl acetate, beta-pinene

PRODUCT #3 – SCENTED LIQUID DETERGENT ADDED TO THE LAUNDRY

Printed on the label: Ingredients include biodegradable surfactants (anionic and non-ionic) and enzymes.

Laboratory testing showed that the product actually contained: ethanol, d-limonene, 2-methyl-2-propanol, 1,4-dioxane, 3,7-



dimethyl-1,6-octadiene, ethyl acetate, alpha pinene, beta-pinene, 2-butanone, 1-methyl-3-(1-methylethyl)-cyclohexene, 2,4-dimethyl-3-cyclohexene-1-carboxaldehyde, undecane, beta-terpinene

There is an obvious difference between the chemicals identified in the laboratory study and the chemicals listed on the product labels. Several of the products emit Hazardous Air Pollutants which are harmful to human health. Currently there is not a United States Law requiring that consumer products or fragrance chemicals be fully disclosed even though they are main sources of toxic volatile organic compounds (VOC's). Regulation of consumer products other than food, drugs, cosmetics, tobacco and pesticides largely fall under the Consumer Product Safety Act (CPSA). The CPSA does not require disclosure of all ingredients in all products. This is troubling since ninety percent of total human exposure to VOC's come from small sources, close to us and within our control, but they are not listed on the labels. Shouldn't we be concerned?

THE ABOVE INFORMATION WAS TAKEN FROM THE FOLLOWING STUDY:

Steinman A.C, *Fragranced Consumer Products and Undisclosed Ingredients*, Environmental Impact Assessment Review (2008) doi:10.1016/j.eiar.2008.05.002



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1. Local businesses are often collectively our largest local employer. The largest growth of jobs is from small business owners.
2. When one dollar is spent at a local business, economists indicate it is circulated four to seven additional times in the local economy.
3. Every dollar spent locally generates up to 75% more tax revenue to our community and State.
4. Local businesses are often the largest financial supporters of neighborhood school programs, local charities and youth sports activities.
5. Strong local businesses help maintain property values and contribute to the character of our community by offering a diverse selection of goods and services.
6. Local businesses are most often the first job for our children and also the first introduction into the "real world" of economics.
7. Small businesses often innovate quicker and thus grow faster and can have a greater impact on our community.

Support the businesses in your community and "Think Local Business First."



The Tri-County Quilt Guild

Meets the 1st Tuesday of the month, 7-9pm

Meeting Place: Fairfield Baptist Church, 27240 Highway 290
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website: www.tricountyquiltguild.org

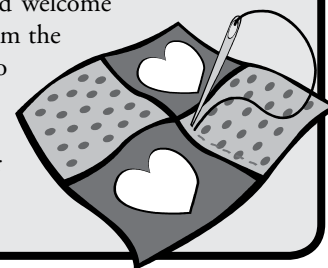
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Need More Space? Reclaim the Space You Already Own

Submitted by Heather Bland-Ho

Many of us might be feeling the urge for more space. In the current economy, however, moving out or “up” might not be an option. But waiting out the housing downturn doesn’t mean you need to put up with spaces that are stressing you out or bringing you down... RECLAIM THE SPACE YOU ALREADY HAVE AND FALL IN LOVE AGAIN with the home you already own!

Follow these simple steps to make your home work harder to meet your needs:

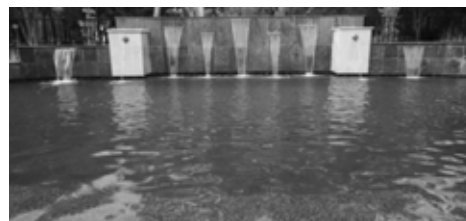
1. **Prioritize:** What areas bug you the most? What are your trouble spots? From that list, which area, when improved, would have the biggest impact on your life?
2. **Look with an Outsider’s Eyes:** Pretend you’re a stranger coming into the house- what do you notice? You can even ask a friend to help with this part... they will notice piles or unnecessary objects better and faster than you will.
3. **Systematize:** What works and what doesn’t work in the space? Create systems to help alleviate problems, such as putting baskets to corral errant shoes near a doorway or designating a home for newspapers and magazines that are always lying around.
4. **Organize:** Get rid of things that you no longer need, are broken

or don’t serve a purpose. Keep only what you need, think to be beautiful or love. Sort and purge to lighten up and focus on what’s really important in life. Do you want to constantly pick hundreds of toys around the house? Or would you rather spend that time playing with your children?

5. **Recognize when you need help:** Often we need another person to give opinions or to help keep the project moving along; enlist a friend or call a professional organizer. For a fraction of the cost of a new home, a professional organizer can help you transform your space and inspire you to do amazing things. I have worked with families to reclaim toyrooms, gamerooms, bedrooms, garages and many other spaces. Recently, one mom was overjoyed to see that her six-year-old daughter sat for two hours playing happily on her own because now she had the space to set up her Littlest Pet Shop “village.” That same sweet girl also told her mom how happy she was to be able to do a cartwheel in her room again without hurting herself!
6. **Realize the gain:** Congratulations- you’ve just made a major improvement to your home! You’ve reclaimed space you already own, without the cost and hassle of relocating. You’ve fallen back in love with your home, saving yourself thousands of dollars.



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May Landscaping

By Ron Kerwin

May is a great month to get full usage of our outdoor areas. The morning temps are nice and it has not yet become really hot in the afternoons. Continue to freely plant shrubs, trees, flowers and vegetables. Remember to put down a minimum of 2 inches of new mulch in all your beds. A good layer of mulch keeps the plant roots cooler, helps with weed control, and helps slow the water you apply from evaporating from the root zone.

Water your lawns less frequently and more deeply. Frequent short duration watering leads to shallow root systems. Less frequent longer duration watering leads to deeper root systems. Deeper root systems are more healthy and better for your lawns. They will hold up better in the extreme heat. Our lawns need one inch of water per week. Put out a container with straight sides and catch the water as you irrigate, you can easily measure the result. Two watering times at 1/2 inch each are better than 4 times at 1/4 inch, the water penetrates further and this will force the roots down to find it. Regular mowing

is critical for good lawn health. Mow only the top 1/3 of the total length. Letting the grass grow long and then cutting off more than the 1/3 is damaging to the grass, and makes the mulching process less efficient and less attractive.

There is a new soil disease coming into our area that I was made aware of late last year. It reveals itself in St Augustine grasses. It is not cinch bugs, it is not grubs although it does resemble their grass damages. The grass blades die and fall off the runners. The runners remain in place, but somewhat resemble a cobweb. It is NOT a grass disease, it IS a soil disease. The big chemical companies do have chemicals to treat it. This is a Gulf Coast epidemic that is moving North. Homeowners with no foot traffic and do their own yard work still get it. Its origins are a guess at this point. I am trying to be pro-active and let you know your turf may get the problem& to watch out for it.





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Texas Events - May

- 1-2, 8-10, 15-16—BAYTOWN:** The Producers A down-on-his-luck Broadway producer and his accountant come up with a scheme to bilk their backers out of millions of dollars. Only one thing goes awry — the show is a hit. Baytown Little Theater. www.baytown.littlertheater.org 281/424-7617
- 1, 3, 5, 7, 9—HOUSTON:** Brief Encounter Opera is based on a classic film adaptation of Noel Coward's Still Life. Brown Theater. www.houstongrandopera.org
- 1-24—DICKINSON:** No Sex Please, We're British A young bride, who lives above a bank with her husband, the bank's assistant manager, orders some Scandinavian glassware by mail and instead receives Scandinavian pornography. Presented by Bay Area Harbour Playhouse. 3803 Hwy. 3. www.bayareaharbourplayhouse.com 281/337-7469
- 2—BEAUMONT:** Free Family Arts Day Combines an exploration of the exhibits with hands-on activities and storytelling. Art Museum of Southeast Texas. www.amset.org 409/832-3432
- 2—GALVESTON:** The Drowsy Chaperone Spoofs Broadway musicals of the 1920s and '30s. The Grand 1894 Opera House. www.thegrand.com 800/821-1894 or 409/765-1894
- 2—HOUSTON:** Rigoletto Houston Grand Opera co-production with The Dallas Opera. Brown Theater. www.houstongrandopera.org 713/228-6737
- 2-3, 9-10—GALVESTON:** Historic Homes Tour Magnificent architecture, creative home decor and intriguing history stories await through the doors of Galveston Island's oldest homes. Ten houses dating from 1839 to 1912 are on view for special tours. www.galvestonhistory.org 409/765-7834
- 3—GALVESTON:** Galveston Symphony Orchestra The Grand 1894 Opera House. www.thegrand.com 800/821-1894
- 3—HOUSTON:** Cinco de Mayo Celebrate with live music, food, community service exhibits, games and activities for kids, fresh fajitas, turkey legs, margaritas and more. Traders Village. www.tradersvillage.com 281/890-5500
- 3-9—WHARTON:** Wharton County Youth Fair Enjoy agricultural exhibits, animal competitions, barbecue competitions, live entertainment, talent contests, kids activities and more. Crescent Fairgrounds. www.whartoncountyyouthfair.org 979/677-3350
- 5—BEAUMONT:** Cinco de Mayo Celebration Downtown will be alive with performers, art activities, food vendors, and a classic car and hot rod exhibit. Riverfront Park 409/728-0625
- 7-9—BEAUMONT:** 64th Annual YMBL Championship Chute Out Rodeo Some of the highest paid cowboys in the country compete. The event also includes spicy southern food, live Texas country entertainment and a Texas-sized dance floor. www.ymbl.org/rodeo 409/832-9991
- 8—HOUSTON:** Aspen Santa Fe Ballet The company will perform a sophisticated repertory featuring some of the world's foremost choreographers. Begins at 8 p.m. Wortham Center's Cullen Theater. www.spahouston.org 713/227-4SPA

(Continued on Page 55)



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Texas Events - (Continued from Page 54)

- 8-9—GALVESTON:** Annual Yaga's World Wild Game Championship & BBQ Cook-Off Backyard chefs, sports people and outdoor enthusiasts show off their culinary skills. Features entertainment, silent auction, fireworks and children's activity area. Pier 21. www.yagaschildrensfund.org 832/247-1311 or 713/818-5507
- 8-9—LA PORTE:** Porte of Call — Music & Art, the Universal Language Includes fine dining, music, arts and more. Enjoy live music from 6 to 9 p.m. Friday. 215 W. Main. Arts Market is from 6 to 10 p.m. Saturday at South 2nd and Main Street. www.laportetx.gov 281/741-5020
- 8-10—CRYSTAL BEACH:** Texas Crab Festival Enjoy some of the tastiest crab and seafood dishes on the Texas . Includes food and craft booths, crab legs contest, Texas Crab Fest Weiner Dog Nationals, crab races, carnival/rides/games, and a kids stage. www.bolivarchamber.org/crabfestival.aspx
- 9—EDNA:** Take Mom Fishing Fishing is from 9 a.m. to noon. Fish printing is from 2 to 3 p.m. Lake Texana State Park. 361/782-5718
- 9—GALVESTON:** Chubby Checker & the Wildcats The Grand 1894 Opera House. www.thegrand.com 800/821-1894
- 9—HOUSTON:** Hot Peas 'N Butter This unique children's musical group performs. Begins at 2 p.m. Wortham Center's Cullen Theater. www.spahouston.org 713/227-4SPA

- 9—LA PORTE:** Hard Hat Tour Take a guided tour of Battleship Texas and see areas rarely seen by the public. Bring a flashlight or headlamp, wear comfortable clothes and rubber sole deck shoes. Reservations required. 3523 Battleground Road. www.usstexasbb35.com 281/479-2431 ext. 236
- 11-16—BAYTOWN:** Baytown Youth Fair & Rodeo Gates open at 6 p.m. Baytown Fairgrounds. www.baytownyouthfair.org
- 12-24—HOUSTON:** Happy Days — A Musical Theatre Under the Stars. www.tuts.com 713/558-TUTS or 888/558-3882
- 13—SAN BENITO:** El Second Weensdee Enjoy an oral history series on conjunto music. Begins at 7 p.m. Narciso Martinez Cultural Art Center. 956/399-0110
- 15-16—ROCKPORT:** 10th Annual Babes on the Bay Fishing Tournament This is an all-women fishing tournament. ACND Festival Grounds, Rockport Harbor. www.babesonthebay.com 361/729-5353
- 16—GALVESTON:** Capitol Steps Provides up-to-the-instant political satire with side-splitting musical parody. The Grand 1894 Opera House. www.thegrand.com 800/821-1894
- 16—HOUSTON:** Birding Walk & Talk Stroll around the park's many trails seeking spring neotropical migrants and nesting birds. Sheldon Lake State Park. 281/456-2800

(Continued on Page 56)



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sylvester5869@yahoo.com

Recipe of the Month: Sloppy Joes



Grata Reber's Cookbook, Yield: 4 to 6 sandwiches

Ingredients

1 lb. lean ground beef	2 tsp. Worcestershire sauce
1 (8 oz.) bottle catsup	½ green pepper, diced
1 tsp. brown sugar	1 tsp. white vinegar
½ tsp. dry mustard	½ tsp. allspice
1 Tbsp. relish	2 tsp. chili sauce
1 onion, finely chopped	Salt & pepper to taste

Directions

Brown ground beef in medium skillet, drain excess fat. Add remaining ingredients and mix thoroughly. Simmer in skillet for 45 minutes. Serve on sandwich rolls or hamburger buns.

If you would like to submit YOUR recipe email it to articles@peelinc.com.

Texas Events - (Continued from Page 55)

- 16—PORT ARTHUR:** Cajun Celebration Includes bands and dancing. Jefferson County Singles Club. 409/983-5118
- 16-17—HOUSTON:** Eighth Annual Country Roots Music Festival Takes the audience back to the roots of "real" country, with two afternoons of juke box covers and original tunes. Hours are noon to 4 p.m. Traders Village. www.tradersvillage.com 281/890-5500
- 17—LA PORTE:** Monumental Bug Bash The Bay Area Volkswagen Club hosts this annual car picnic. All makes and models of VWs are welcome. Hours are 9 a.m. to 4 p.m. San Jacinto State Park. www.bayareavwclub.com 832/205-2300 or 281/479-2431
- 23—EDNA:** Memorial Day Fun & Games Includes dunking booth, sack races, horseshoes, volleyball and other games from 2 to 4 p.m. Lake Texana State Park. 361/782-5718
- 23-24—PORT ARTHUR:** S.A.L.T. Fishing Rodeo Tournament includes a children's category. Pleasure Island. 409/963-0433
- 24—SANTA FE:** Pee Wee Bowen Band www.haakwine.com 409/925-1401
- 29-Jun. 14—NASSAU BAY:** Moonlight & Magnolias Presented by Clear Creek Country Theatre. 18091 Upper Bay Road. www.clearcreekcountrytheatre.org 281/335-5228
- 30—GALVESTON:** Steve Tyrell Begins at 8 p.m. The Grand 1894 Opera House. www.thegrand.com 800/821-1894
- 30—PORT ARTHUR:** Children's Miracle Network Telethon Parkdale Mall. 409/983-5065

Texas Events has been published with the permission of the Texas Department of Transportation. All events are taken in part from the Texas Events Calendar. All dates for events were correct at the time of publication and are subject to change.

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A Hyperactive Nightmare on Two Legs *Does This Sound Like Your Child?*

Submitted by: Jeannette Quickenden S.A.C. Dip, MIGHT, AADP

Screaming fits, temper tantrums, hyperactive, letters home from school, lack of focus, antisocial and unacceptable behavior. Is your child? I so understand your situation. My young daughter can be a big pain depending on what she has consumed.

There could be a very simple solution to these behavioral issues. It is now widely accepted that food additives and delayed patterns of food allergies play an important role in causing learning and behavioral problems both in children and adults. A huge number of convenience foods contain a number of preservatives and colorants that have an adverse effect on some individuals, especially the young.

So what's the answer? Some suggest you cut out a whole range of foods and drinks such as all dairy products, yellow foods, junk food, all food with colorants, fried foods, soda and fruit juices for 2 weeks. You will then need to slowly reintroduce each of them and monitor any behavioral differences, but I know if I did this, my little one would be packing her bags and moving in with the neighbors.

I suggest the first step is to keep a food and behavior diary with time lines for 2 weeks to allow you to monitor what is drunk and eaten along with any personality changes. If you see a link between certain foods or drinks with a change in behavior, check all the ingredients and see if there is a common theme, then avoid, to a degree, foods

containing those ingredients. It would be a bit harsh saying your child can't eat birthday cake because of all the colorants, but you can do as I do and just think ahead and be prepared for the fallout.

Although every one is different the most common causes of food intolerance are colorants such as sunset yellow (E110), carmoisine (E122), tartrazine (E102), allura red (E129) and also products such as soda's, energy drinks and even those 'healthy' fruit drinks that contain lots of sugar.

Although it's hard it is to limit their favorite foods, it helps if once you have discover what might be affecting them try a similar alternative to their favorite munchie, but without those problem additives. Whilst this maybe time consuming it can be done. You will then need to educate them to avoid the 'bad' foods. If you are a busy parent or just need some help to put you in the right direction it is worth contacting diet and nutrition specialists. They can help by analyzing the diet and then going on a super market run with you to work out the 'good options'.

Now as the first option in fighting behavioral problems many parents and individuals are looking at what is consumed rather than opting for drugs as the only solution.



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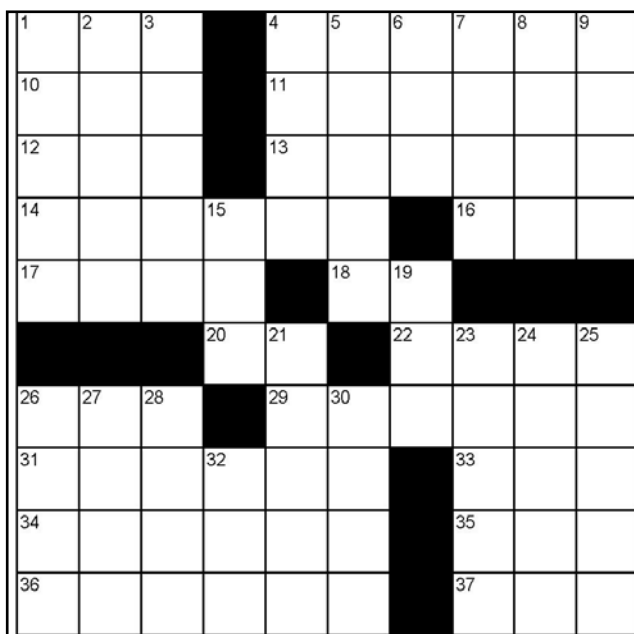
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1. Ornament
4. Sacred poems
10. Morse code "T"
11. Cover Girl's competitor
12. Hubbub
13. Docket
14. Searching for metal
16. Put
17. Ratify
18. Year (abbr.)
20. Kansas
22. Wager
26. Tax agency
29. "___ and World Report"
31. Harry
33. Pock
34. Lush
35. Whiz
36. Military attack
37. Downwind

DOWN

1. John ___ (U.S. President)
2. Radiuses
3. Leather strip
4. Frame
5. Waterlogged
6. To be
7. Glasses part
8. Fixed
9. Louvre
15. Pen stuff
19. Dashed
21. Japanese dish
23. Asian country
24. Again
25. Sugar-free brand
26. Pixies
27. Rolled chocolate candy brand
28. Mumble
30. Eye infection
32. Eastern Time

*Solution at www.PEELinc.com

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10 Ideas to Help You Get Organized this Spring!

Computer: Examine your desktop for icons or shortcuts you no longer use. Delete those and organize the remaining ones on the desktop in an order that makes sense for how you use them. Then add any extra icons of frequently used programs.

Pantry: On a pantry door, place a clear shoe organizer. It can be a useful place to store gravy/soup/sauce mixes, flavored rice and pasta packs, dry marinades and sauces, Jell-O, extra utensils, spices, or other small items. Shoeboxes are also great to use as inexpensive organizers for small pantry items.

Refrigerator: Before grocery shopping, examine your fridge. Discard any stale food & clean shelves with a damp cloth. Upon return, the new groceries can go right in.

Freezer/Fridge: For food in the freezer/refrigerator, rotate the oldest to the front and newest in back. Use adhesive labels to date items in storage containers.

Laundry: Before putting small articles of clothing into the washing machine, get a few inexpensive mesh bags (used for hosiery) and separate each family member's socks, undergarments, and other small items into them. When washing is complete, these bags can be tossed into the dryer and dropped in everyone's room to put away.

Cleaning Supplies: Use a caddy with a handle to carry around cleaning products (sprays, rags, wipes, sponges) from room to room with ease. Also, items stay in one place and are quick to locate when needed.

Drawers: Use ice-cube trays and empty check boxes as drawer organizers to hold loose coin, pins, buttons, earrings, rubber-bands, etc.

Paper Data: Information on Post-It Notes and business cards with important names, numbers, and addresses should be transferred to your electronic database or address book.

Garage: Use a tall trashcan or umbrella stand for holding long items such as baseball bats, fishing rods, etc.

Games: Use Ziploc bags to store small game pieces, and then put those bags back in their correct boxes.



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Diet and Your Health

By Jeannette Quickenden S.A.C. Dip, MIGHT, AADP

Welcome to our new feature 'what you eat and your health' our aim is to help you help you.

The old saying "we are what we eat" is so true. Everything we consume is digested and absorbed into our bloodstream to 'fuel' our bodies. At the same time, without realizing it, we are feeding ourselves large quantities of chemical additives and preservatives, which can cause numerous health issues.

A large number of the things on your grocery list contain food additives that are intentionally added to modify visual appearance, taste, texture, processing, or the storage life of food. Not all of us can tolerate these additives. A reaction for some can lead to major health issues.

We all know that eating too much junk

food is bad for the waistline but did you know that there are also numbers of 'good' foods that can have an adverse effect on some individuals?

For example do you or a family member suffer with any of the following?

- headaches
- indigestion
- depression
- candida
- difficulty sleeping
- poor memory
- constipation
- poor digestion
- menstrual problems
- irritability
- fatigue

And these are to name just a few ailments which can be diet related.

Finding the right dietary combination has also been known to help those suffering from autism, heart disease, diabetes, osteoporosis and certain cancers – while increasing your energy and stamina. Healthy eating can even lower "bad" LDL cholesterol.

Our first article will hit home to many parents - A hyperactive nightmare on two legs – does this sound like your child? We will be looking at possible dietary causes for behavioral problems.

If you have any questions please e-mail us at jeannette@qhealth-naturally.com.

Please note to assist others, individual questions may be used in further features but no personal details will be disclosed.



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Easy Ways To Eat More Fruits And Vegetables



Healthy Idea-There are ways to make produce stay fresh longer.

(NAPSA)-From orange peppers and green spinach to purple plums and red watermelon, eating colorful foods could leave you as a picture of health.

The Centers for Disease Control recommends that everyone consume more fruits and vegetables. One reason is that eating a variety of colorful produce on

a regular basis provides a great source of vitamins, minerals and other natural substances to help protect against chronic diseases.

The good news is that in addition to being healthful and nutritious, fruits and vegetables can be easy to add to almost any diet. Try these tips:

- Add vegetables such as bell peppers, mushrooms or tomatoes to your omelet.
- Top toasted whole-grain bread with peanut butter and sliced bananas.
- Ask for more vegetable toppings and less cheese on your pizza.
- Add lettuce, tomato, onion and cucumber to sandwiches.
- Snack on vegetables such as bell pepper strips and broccoli with a low-fat ranch dip.
- Top a cup of low-fat yogurt with sliced fresh fruit.

Saving Green On Your Greens

Of course, if you plan to eat more fruits and veggies, it could pay to also find ways to keep them fresh. Still, Americans throw away 27 billion pounds of produce annually because it has spoiled. That translates into about \$250 worth of wasted produce per person.

One solution is to use a product such as Produce Saver from Rubbermaid. The food containers can help consumers reduce food waste, save money and live healthier lives by keeping produce fresh up to 33 percent longer than traditional containers.

The line is designed with a vented lid that allows produce to breathe and a tray that elevates food out of moisture. Available at local retailers and grocery stores, it can be a smart and affordable way to incorporate more colorful fruits and vegetables into your diet.

For more information, visit www.rubbermaid.com.

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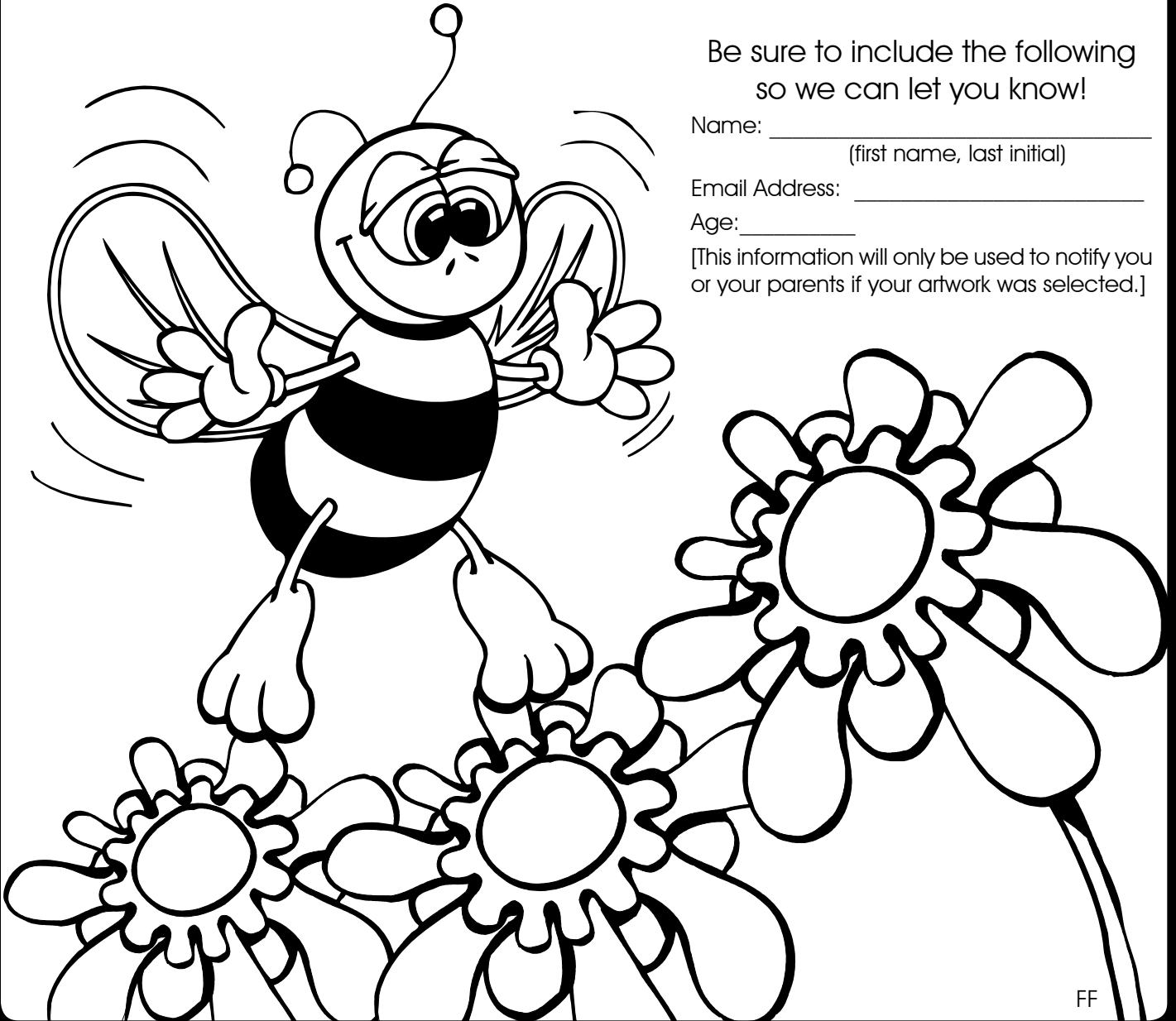
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He would love to be adopted; he wants a forever family. Terrail likes younger kids, another child his age or younger would do well with him. He needs a family who can offer him stability, patience and consistency.

For more information, contact Grace Lindgren, LMSW Wendy's Wonderful Kids Recruiter, Adoption Coalition of Texas gracelindgren@adopttexas.org, (512) 687-3209

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16610 Swirling Cloud Ct,
5/3.5/3, 3519 SqFt, \$324,900



20202 Prim Pine Court,
4/2.5/3, 3206 SqFt, \$296,900



15118 Red Cedar Cove,
3/2/2, 1816 SqFt, \$137,500



15022 S Mulberry Field,
4/2/2, 2595 SqFt, \$210,000



15111 Redbud Leaf, 4/2/3,
2411 SqFt, \$218,500



15906 Crooked Lake Way,
5/3.5/3, 3831 SqFt, \$338,900

Dawn Fore's Fairfield Market Report

Neighborhood	4 th Quarter Results			Current	
	Sold	\$ per SqFt	DOM	Avail	Pending
Bluebonnet Glen	0	-	-	3	0
Baker's Ridge	1	\$64.60	7	0	0
Chappell Ridge	3	\$61.40	112	7	1
Cottage Glen	1	\$62.60	83	2	1
The Estates	1	\$78.67	45	2	0
Garden Grove	6	\$64.61	77	5	2
Glen	1	\$70.79	96	3	3
Inwood Glen	1	\$71.93	55	4	1
Inwood Meadows	6	\$73.60	67	3	1
Inwood Park	4	\$66.60	101	7	2
Lakes/Lake Ridge 2	2	\$80.68	150	18	4
Crossing/Landing/Reserve	1	\$70.33	96	2	4
Meadows/Park/Retreat	1	\$63.31	108	1	1
Oaks/Trails	1	\$76.67	72	0	0
Pines	0	-	-	1	0
Summer Crossing	1	\$76.42	51	9	4
Summer Ridge	0	-	-	4	0

These numbers for resale homes were obtained from the Houston Multiple Listing Service. While we have no reason to doubt the accuracy of this information, we cannot guarantee it. This is not a solicitation of currently listed properties.