



# Steeplechase

## NEWSLETTER



The Official Newsletter of The Steeplechase Community Improvement Association, Inc. and Steeplechase

## Open Residents and Crime Awareness Meeting

On Monday, May 4th, Steeplechase CIA hosted a meeting to discuss crime awareness in our neighborhood. The turn out was excellent and we want to thank the homeowners who attended. Certainly, they were treated to an excellent and informative presentation by law enforcement followed by a question and answer period. As pointed out in the meeting, the key to any successful crime prevention program begins with each and every home owner.

Crimes can and will happen anywhere so it is important to know the best way to deter crime is to be ready to report suspicious activity. As it was stated in the meeting, calling and reporting suspicious activity to the Harris County Sheriffs Office at 713-221-6000 is paramount – 911 in emergencies. Although it may be frustrating to call through the telephone prompts, ultimately the information that is passed on to patrol officers can be vital in tracking down a suspect.

The officers talked about a few simple things we can do that may deter criminal activity. One example that was given is ensuring your car is locked even though it may be parked in your driveway. Do not leave anything of value in your car that is visible. This may include change, CDs, tools, computers, iPods or navigation devices. Another good way to limit criminals from gaining a foothold is to know who is supposed to be in the area and who is not. Know your neighbors.

More information regarding crime can be obtained from websites like the National Crime Prevention Counsel, [WWW.NCPC.ORG](http://WWW.NCPC.ORG). For your convenience, a Home Security Checklist has been included. We look forward to seeing more homeowners at the next meeting.

### HOME SECURITY CHECKLIST

Use this as a guide as you check your home for safety measures. Boxes marked "no" indicate areas where you could take action to improve your home's security. These are just some of the steps you can take to decrease the likelihood that you or your home is targeted.

#### Exterior Doors

	Yes	No
All doors are locked at night and every time we leave the house—even if it's just for a few minutes.	<input type="checkbox"/>	<input type="checkbox"/>
Doors are solid hardwood or metal-clad.	<input type="checkbox"/>	<input type="checkbox"/>
Doors feature wide-angle peepholes at heights everyone can use.	<input type="checkbox"/>	<input type="checkbox"/>
If there are glass panels in or near our doors, they are reinforced in some way so that they cannot be shattered.	<input type="checkbox"/>	<input type="checkbox"/>
All entryways have a working, keyed entry lock and sturdy deadbolt lock installed into the frame of the door.	<input type="checkbox"/>	<input type="checkbox"/>
Spare keys are kept with a trusted neighbor, not under a doormat or planter, on a ledge, or in the mailbox.	<input type="checkbox"/>	<input type="checkbox"/>

#### Garage and Sliding Door Security

The door leading from the attached garage to the house is solid wood or metal-clad and protected with a quality keyed door lock and deadbolt.	<input type="checkbox"/>	<input type="checkbox"/>
The overhead garage door has a lock so that we do not rely solely on the automatic door opener to provide security.	<input type="checkbox"/>	<input type="checkbox"/>
Garage doors are all locked when leaving the house.	<input type="checkbox"/>	<input type="checkbox"/>
The sliding glass door has a strong, working key locks.	<input type="checkbox"/>	<input type="checkbox"/>
A dowel or a pin to secure a glass door has been installed to prevent the door from being shoved aside or lifted off the track.	<input type="checkbox"/>	<input type="checkbox"/>
The sliding door is locked every night and each time we leave the house.	<input type="checkbox"/>	<input type="checkbox"/>

#### Protecting Windows

Every window in the house has a working key lock or is securely pinned.	<input type="checkbox"/>	<input type="checkbox"/>
Windows are always locked, even when they are opened a few inches for ventilation.	<input type="checkbox"/>	<input type="checkbox"/>

#### Outdoor Security

Shrubs and bushes are trimmed so there is no place for someone to hide.	<input type="checkbox"/>	<input type="checkbox"/>
There are no dark areas around our house, garage, or yard at night that would hide prowlers.	<input type="checkbox"/>	<input type="checkbox"/>
Every outside door has a bright, working light to illuminate visitors.	<input type="checkbox"/>	<input type="checkbox"/>

(Continued on page 3)

# STEEPLECHASE

## IMPORTANT

### Telephone Numbers



Emergency.....	911
Sheriff's Dept. ....	713-221-6000
Cy-Fair Fire Dept .....	911
Cy-Fair Hospital.....	281-890-4285
Animal Control .....	281-999-3191
Center Point (Street lights) .....	713-207-2222
Library.....	281-890-2665
Post Office.....	713-937-6827
Steeplechase Community Center .....	281-469-CLUB
Deed Restriction Issues (PCMI) .....	281-870-0585
Water/Sewer .....	281-240-1300
Architectural Control (PCMI) .....	281-870-0585
Trash Pick-up (WCA).....	281-368-8397
(Wednesday & Saturday)	
Harris Co. Pct. 4 Road Maintenance .....	281-353-8424
Community Events.....	281-469-CLUB
Clubhouse Rentals: Private Parties and Community Events (Phyllis McFarland).....	832-922-8031
Traffic Initiative .....	281-290-2100

#### NEWSLETTER PUBLISHER

Peel, Inc. ....	kelly@PEELinc.com, 888-687-6444
Peel, Inc. Sales Office...	advertising@PEELinc.com, 888-687-6444

## Community Center Contacts

#### Community Maintenance Concerns

PCMI .....	281-870-0585
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#### Clubhouse Rentals

Private Parties and Community Events (Phyllis McFarland).....	832-922-8031
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#### Pool Company Contact

Texas Aquatic Enterprises, Inc. ....	713-416-5161
.....	www.texasaquaticenterprises.com

#### Board Member Contact

PCMI .....	281-870-0585
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### Advertising Information

Please support the businesses that advertise in the Steeplechase Community Association Newsletter. Their advertising dollars make it possible for all residents to receive a newsletter each month at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the newsletter by advertising, please contact our sales office at 888-687-6444 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com) for ad information and pricing. The deadline for ads is the 10th of each month for the upcoming month's newsletter.

### Steeplechase Board of Directors

Cobblestone	Churchill	Green-Brook-Bridge
Judy Weed	Dean Green	Andy Sherbondy
Virginia Kelley	Nace Peard	Wade Wnuk
Kathy Dowling	Bill Kuschmeider	Michael Young
Joshua Stratmann	Michael Cirillo	Maurice Amidei
James Clarke	Greg Fredericks	Michael Brown

If you need to contact a director within your subdivision, please contact **PCMI** at **281-870-0585** and they will forward your request.

### Steeplechase Sanctioned Committees

Security	Welcome
Communications	Landscape
Pool	Clubhouse
Playground	Tennis

### Steeplechase Information Line: 281-469-CLUB - Option #3

### Classified Ads

**Personal classifieds** (one time sell items, such as a used bike...) run at no charge to Steeplechase residents, limit 30 words, please e-mail to [newsletter@steeplechasex.com](mailto:newsletter@steeplechasex.com).

**Business classifieds** (offering a service or product line for profit) are \$45, limit 40 words, please contact Peel, Inc at 888-687-6444 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com).

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\* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

## “Grease”

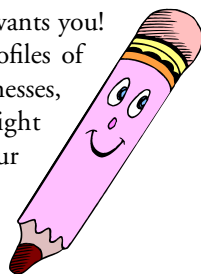
### *Musings of a Moment*

By Kathy Farmer

During last night's thunderstorm and blame it on lack of sleep, the song from the musical “Grease” was going through my mind. I sat there wondering, if I had been given the task to write a song about grease what lyrics would I have created. Grease? Hmm...oily, slimy, sticky. But the composer came up with “grease is the word”. If I had been lucky, I would maybe decided and agreed, it is a word. One line. End of story. Period. But then we hear the lyricist say, “It's the time, it's the place, it's the motion”. Wow! NEVER would have thought of that. Anyway, I guess it is pop culture, the essence of catching our attention. I've concluded that it is the silliness that makes us happy in the moment and I am willing to replay it again.

## Writers Wanted

Enjoy writing? The Steeplechase Newsletter wants you! We publish monthly and there's a need for profiles of interesting neighbors, nearby restaurants or businesses, and other stories of interest. Maybe you might want to write monthly column on a topic of your choosing (subject to editing, of course). Aspiring writers email newsletter@steeplechasetx.com.



### Home Security Checklist - (Continued from Cover Page)

Floodlights are used appropriately to ensure effective illumination.	<input type="checkbox"/>	<input type="checkbox"/>
Outdoor lights are on in the evening—whether someone is at home or not or a photocell or motion-sensitive lighting system has been installed.	<input type="checkbox"/>	<input type="checkbox"/>
Our house number is clearly displayed so police and other emergency vehicles can find the house quickly.	<input type="checkbox"/>	<input type="checkbox"/>
<b>Security When Away From Home</b>		Yes No
At least two light timers have been set to turn the lights on and off in a logical sequence, when we are away from home for an extended time period.	<input type="checkbox"/>	<input type="checkbox"/>
The motion detector or other alarm system (if we have one) has been activated when we leave home.	<input type="checkbox"/>	<input type="checkbox"/>
Mail and newspaper deliveries have been stopped or arrangements for a neighbor/friend to pick them up have been made when we go away from home for a period of time.	<input type="checkbox"/>	<input type="checkbox"/>
A neighbor has been asked to tend the yard and watch our home when we are away.	<input type="checkbox"/>	<input type="checkbox"/>
<b>Outdoor Valuables and Personal Property</b>		Yes No
Gate latches, garage doors, and shed doors are all locked with high-security, laminated padlocks.	<input type="checkbox"/>	<input type="checkbox"/>
Gate latches, garage doors, and shed doors are locked after every use.	<input type="checkbox"/>	<input type="checkbox"/>
Grills, lawn mowers, and other valuables are stored in a locked garage or shed, or if left out in the open, are hidden from view with a tarp and securely locked to a stationary point.	<input type="checkbox"/>	<input type="checkbox"/>
Every bicycle is secured with a U-bar lock or quality padlock and chain.	<input type="checkbox"/>	<input type="checkbox"/>
Bikes are always locked, even if we leave them for just a minute.	<input type="checkbox"/>	<input type="checkbox"/>
Firearms are stored unloaded and locked in storage boxes and secured with trigger guard locks.	<input type="checkbox"/>	<input type="checkbox"/>
Valuable items, such as television, stereos, and computers have been inscribed with identifying number approved by local police.	<input type="checkbox"/>	<input type="checkbox"/>
Our home inventory is up-to-date and includes pictures. A complete copy is kept somewhere out of the house.	<input type="checkbox"/>	<input type="checkbox"/>

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## **Lone Star College - CyFair Perspective**

### **"ALADDIN" ON STAGE IN JUNE**

Join Aladdin and his friends, June 8 through June 20 in the Main Stage Theatre, in a new version of a classic children's tale that is funny, fast-paced and based on William Glenon's "Arabian Nights." Show times are Monday through Friday at 10 a.m. and Saturdays at noon. Tickets are \$5 each or \$4 for groups of 20 or more. Reserved and group seating available. Save the date July 17 through July 26 for "High School Musical 2" performed in collaboration with Houston's Center Stage Theater. For information on these summer shows, call 281-290-5201 or go to CyFair.LoneStar.edu/boxoffice.

### **FREE NEW STUDENT ORIENTATIONS SET**

Take a tour, learn about campus programs, meet with an advisor, choose a schedule and register for fall classes at LSC-CyFair's free new student orientations this summer. Three orientation sessions, including separate sessions for parents and family members, will be available each Wednesday June 17 through August 19. For information, go to CyFair.LoneStar.edu/orientation.

### **L.I.F.E. LESSONS IN JUNE**

The Learning, Inspiration, Fellowship and Enrichment (L.I.F.E.) programs are free and held Wednesdays at 10 a.m. in the Lone Star College-CyFair Branch Library (Room 131.) Programs in June include: harness your inner success June 3, professional tea tasting June 10, missing books of the Bible June 17 and marvels of olive oil June 24. Call the library at 281-290-3213 for L.I.F.E. program information or go online to CyFair.LoneStar.edu/library.

### **DISCOVERY COLLEGE OFFERED JUNE THROUGH AUGUST**

Registration for Lone Star College-CyFair's popular Discovery College summer camp for ages 6 to 15 is under way. The one-week summer sessions are fun and educational programs to develop skills in a friendly environment. Camps are offered at the Barker Cypress campus and the Fairbanks Center campus, Monday through Friday. For information, go to cyfair.lonestar.edu/discoverycollege. For Barker Cypress camps only, call 832-482-1043 and for Fairbanks Center camps only, call 832-782-5038.

### **LIBRARY OFFERS SUMMER FUN FOR EVERYONE**

The Harris County Public Library Lone Star College-CyFair Branch offers Summer Reading Program for children and adults. A variety of monthly book clubs are and there are plenty of youth programs with activities and book clubs for teens and storytime for younger children. Go online to CyFair.LoneStar.edu/library for information.

### **REGISTER FOR FALL AND PAY EARLY FOR FREE TUITION**

Register and pay for fall credit courses before the close of business Monday, Aug. 3 and automatically be entered to win free tuition, IPOD Shuffle or \$300 book voucher. The grand prize covers payment of tuition and fees up to \$500 for credit classes at the Barker Cypress and Fairbanks Center campuses. Funds will be posted to the student's account. All winners will be notified and announced by Aug. 14. Call 281-290-3200 or 832-782-5000 for information; go online to CyFair.LoneStar.edu; or visit one of our conveniently located campuses at 9191 Barker Cypress or 14955 Northwest Freeway.

## Join the Steeplechase Crime Watch Program

What is a Neighborhood Crime Watch Program? It is a grass roots effort of neighbors coming together to reduce crime in the community. It involves getting to know your neighbors, working together with them to be alert to the potential for crime, and looking out for one another's interests. Neighbors working together through Neighborhood Crime Watch combat crime the most effective way, *before it starts!*

### **MORE BLOCK CAPTAINS ARE NEEDED.**

If you are interested in participating as a Block Captain visit the website, [www.steeplechasetx.com](http://www.steeplechasetx.com) for more information and to register, or email [crimewatch@steeplechasetx.com](mailto:crimewatch@steeplechasetx.com).



## Where Can You And Your Kids Find Great Friends? Steeplechase Moms Club

We are a group of moms that exchange babysitting services between families. We meet monthly to plan fun activities for our children, families, and ourselves. Our play dates are scheduled on Friday mornings, we host/co-sponsor seasonal parties, plan Mom's night out to a restaurant, and scrapbooking events. For more information on our next meeting call Candace at 832-237-2773 or visit us at [www.steeplechasetx.com](http://www.steeplechasetx.com) >community events & clubs.

### **Attention All Seniors**

We meet every Tuesday at 12pm at the clubhouse for fun, games and fellowship. All Seniors welcome – just come by!

## Want to Help Steeplechase Go Green?

Join our E-Mailing List at [www.SteeplechaseTX.com](http://www.SteeplechaseTX.com). Please add [webmaster@steeplechasetx.com](mailto:webmaster@steeplechasetx.com) to your address book to ensure you receive our emails. Your email address will not be shared, published, or used for soliciting.



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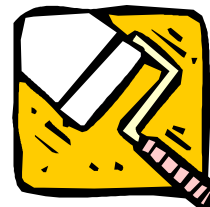
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“Skin Tightening”

June 16th 12:00pm

“Botox and Juvederm”

June 18th 5:30pm

“Botox and Juvederm”

June 23rd 12:00pm

“Laser Toning”

June 25th 5:30pm

“Laser Toning”

June 29th 12:00pm

“Laser Hair Removal

July 2nd 5:30pm

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# STEEPLECHASE

## STEEPLECHASE COMMUNITY IMPROVEMENT ASSOCIATION, INC.

P. O. Box 219223 \* Houston, TX 77218 \* Tele (281) 870-0585

### 2009 POOL MEMO

TO: Residents of Steeplechase  
FROM: Steeplechase CIA Board of Directors  
RE: 2009 Pool Season

Your community pool opens Saturday May 23, 2009 for weekends only. The pool will open for regular weekday activity effective June 4, 2009. Final swim day will be September 7th. The pool will be open when there is a lifeguard on duty. Hours of operation will be as follows:

#### May 23 through June 3

Mondays through Fridays  
Saturdays  
Sundays

Closed  
11:00 AM – 9:00 PM  
12:00 PM – 8:00 PM  
11:00 AM – 9:00 PM

Exception: Monday, May 25 (Memorial Day)

#### June 4 through July 3

Mondays  
Tuesdays through Saturdays  
Sundays

Closed  
11:00 AM – 9:00 PM  
12:00 PM – 8:00 PM  
12:00 PM – 9:00 PM (open following Swim Meet)

Exception: Saturday, June 6

#### July 4 through August 23

Mondays  
Tuesdays through Saturdays  
Sundays

Closed  
10:00 AM – 9:00 PM  
12:00 PM – 8:00 PM

#### August 24 through September 7

Mondays through Fridays  
Saturdays  
Sundays

Closed  
10:00 AM – 9:00 PM  
12:00 PM – 8:00 PM  
10:00 AM – 9:00 PM

Exception: Monday, September 7 (Labor Day)

The following qualifications **must** be met in order to use the pool facility:

1. Must have swim tag at all times while at the pool.
2. Must be resident member and/or guest of a resident member.
3. Must be current on all Maintenance Fees to the (sub) Home Owners Associations. **All fees must be paid in full ten (10) days prior to receipt of tags.**
4. Must comply with pool rules and policies.
5. Swim tag not required for children two (2) years of age or younger.

For admission to the pool, 2009 pool tags will be required. The cost for pool tags are as follows:

Adult - \$5.00    Child - \$5.00    Guest Tokens/Tags Still Accepted and Available \$2.00 per person per day.

Nine (9) days have been set aside for pool registration at the Steeplechase Clubhouse:

Sat May 9<sup>th</sup>    1:00pm - 3:00pm  
Sun May 10<sup>th</sup>    6:00pm - 8:00pm  
Wed May 13<sup>th</sup>    6:00pm - 8:00pm  
Sat May 16<sup>th</sup>    3:00pm - 5:00pm  
Sun May 17<sup>th</sup>    6:00pm - 8:00pm

Wed May 20<sup>th</sup>    6:00pm - 8:00pm  
Sat May 23<sup>th</sup>    10:00am - 2:00 pm  
Sun May 24<sup>th</sup>    11:00am - 2:00 pm  
Wed May 27<sup>th</sup>    6:00pm - 8:00pm

Please complete the enclosed Registration Form and bring it to the pool registration with payment. The payment should be made by check or money order – **NO CASH WILL BE ACCEPTED.** Guest tags will be available at the pool for other than full-time household members at a charge of \$2 per person per day. If you have any questions please email [manager@steeplechasetx.com](mailto:manager@steeplechasetx.com).

**IF YOU MISS REGISTRATION: YOU MUST MAIL IN YOUR FORM AND CHECK OR MONEY ORDER TO PCMI FOR DELIVERY OF THE TAGS BY MAIL (IN 10 TO 14 DAYS) – YOU MAY NOT PICK UP YOUR TAGS IN PERSON**

POOL PARTIES can be arranged through Texas Aquatics at 713-416-5161

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**Saturday 8am-1pm**  
Sunday Noon-3pm

## 290 LOCATION:

Mon-Fri 8am-5pm  
**Saturday 9am-12pm**

## meet our team

Huong T Le, MD  
Quoc Le, MD  
Alex Nguyen, MD  
Blandina Sison, MD  
Marian Allan, MD  
Anthony Yee-Young, MD  
Diana Malone, MD  
Shital Patel, MD  
Heidi Nashed-Guirgis, MD  
Luz Marquez, MD  
Jennifer Dong, MD  
Haley Nguyen, MD  
Tami Berckenhoff, PA-C  
Brandi Valenzuela, PA-C  
Sydney Payne, PA-C

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quality care  
for the  
entire family*



Our physicians at 1960 Family Practice are using the latest and most advanced technology to diagnose and treat your medical conditions. We perform routine physicals, well woman exams including pap, pilot/flight physicals and well child exams.

Our doctors are board certified in Family Practice, Internal Medicine and Pediatrics. We have experience of 20+ years in the medical field. We look forward to providing our patients with excellent services at our new location as well as maintaining our current care in the 1960 area. For those patients living in the 290 area, we encourage you to schedule appointments at our second location.

Because sickness doesn't revolve around a Monday-Friday 8-5 schedule, we offer Urgent Care for your convenience. Our 1960 location has extended hours with evenings and weekends available. The 290 location offers Saturday hours from 9am-12pm.

**Call today to schedule your appointment. 281-586-3888**





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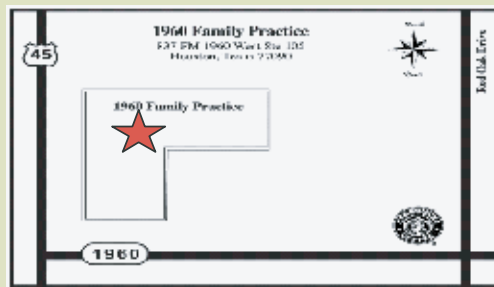
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Located at 290 and 1960



## Services offered at 1960 Family Practice

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Accepting New Patients

**281-586-3888**

Appointment press option 1

shots  
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# STEEPLECHASE

## LEASH LAW REMINDER

Animals that are not properly restrained pose a threat to all of our residents. Harris County has a Leash Law and advises, **"All dogs and cats must be kept under restraint while in the unincorporated areas of Harris County, Texas. The custodian of a dog or cat is not authorized to have, harbor or keep any unlicensed dog or cat, nor to allow any dog or cat to become a stray."**

### RESTRAINT IS DEFINED AS "THE CONTROL OF A DOG OR CAT UNDER THE FOLLOWING CIRCUMSTANCES:

1. When it is controlled by a line or leash not more than six (6) feet in length, if the line or leash is held by a human being, who is capable of controlling or governing the dog or cat in question.
2. When it is within a fully enclosed vehicle.
3. When it is on the premise of the custodian and the animal does not have access to sidewalk or street."

While you may believe your pet is friendly, it is hard to know exactly how they will react in all situations. There have been reports in our neighborhood of dogs attacking other dogs, and dogs biting residents who are on walks. An animal running toward someone who is walking or jogging by is very scary for that person. And a dog

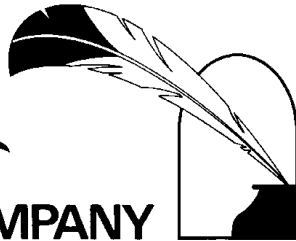
bite can be traumatizing, especially to a child. Properly restraining your pet could also prevent you from becoming legally liable or sued because of an incident.

Responsible pet ownership also requires picking up after your pet. It is a good idea to carry disposable bags with you while on walks. Besides keeping your neighbor happy, you will also be protecting the quality of our watershed.

It is up to all of us to help keep our community a safe and comfortable place for residents by being responsible pet owners. **To make a complaint or report an animal that is not properly restrained, please contact Harris County Animal Control at 281-999-3191.**



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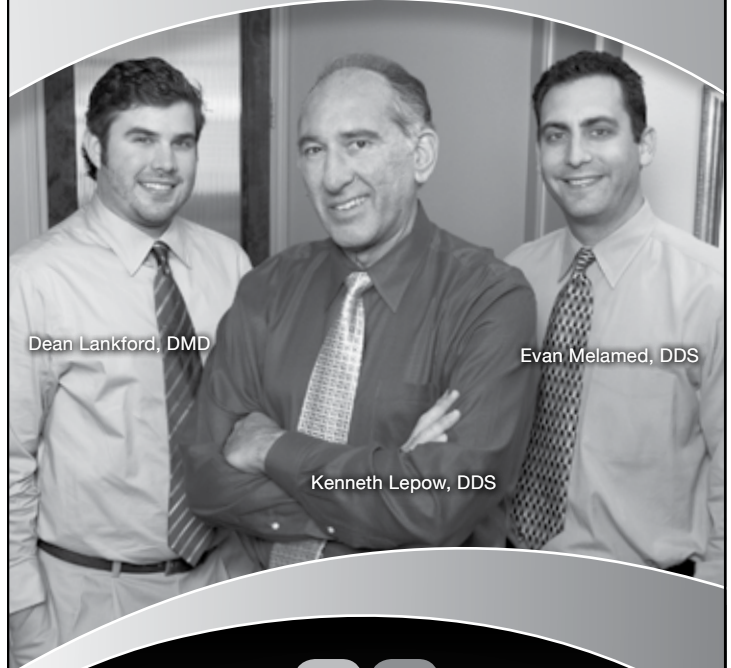
**Personal classifieds** (one time sell items, such as a used bike...) run at no charge to Steeplechase residents, limit 30 words, please e-mail to [newsletter@steeplechasetx.com](mailto:newsletter@steeplechasetx.com).

**Business classifieds** (offering a service or product line for profit) are \$45, limit 40 words, please contact Peel, Inc at 888-687-6444 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com).

**NOT AVAILABLE ONLINE**

At no time will any source be allowed to use the Steeplechase Community Association Newsletter contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from the Steeplechase Homeowners Association and Peel Inc. The information in the Steeplechase Newsletter is exclusively for the private use of Steeplechase residents only.

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# STEEPLECHASE

## Regular Checkups Big Part of Staying Healthy

Regular screenings are an important part of staying healthy, but it's hard to remember what tests are needed at what age. Baylor College of Medicine doctors offer guidelines to help maintain good health through the ages.

"It is very important at any age to have regular health screenings," said Dr. Steve Rosenbaum, assistant professor of medicine at BCM and section chief of general internal medicine at Baylor Clinic. "It allows us to appreciate our good fortune for good health, and regular exams can detect problems early, so they can be treated and dealt with more expeditiously."

As we age, it is even more important to have regular screenings, kind of like having a favorite old car that we have to "baby" along, Rosenbaum said. He recommends people come in during their birth month. That way it's very easy to remember.

Just how often people should visit their doctor for regular checkups and screenings is a common question. **For people with no chronic health issues, Rosenbaum suggests:**

- People in their 30s should have checkups every two to three years
- By 40, checkups are recommended every 12 to 18 months
- Annual checkups starting by 50

### **RECOMMENDED SCREENINGS INCLUDE: CHILDREN**

- Hearing, Vision, Height/weight/Body mass index, Blood pressure,

Speech and motor skills development, and Social/behavioral skills

### **TEENS**

- Pap smear, Sexually transmitted infection screening if sexually active, and Vision

### **20S**

- Vision, Pap smear, and Lipid test

### **30S**

- Baseline mammogram at 35, Vision, and Pap smear

### **40S**

- Mammogram, Pap smear, Vision, Prostate, and Heart stress test

### **50-PLUS**

- Colonoscopy, Glaucoma/vision, Prostate screening, Skin cancer, Stress test, and Hearing

There are many factors that could influence the frequency of screenings.

Family history of certain illness and risk factors should be discussed with your doctor. For some illnesses, like skin or colorectal cancer, if a first degree relative has been diagnosed, screening could be recommended to begin in the early 20s.

Remember, talking about family medical history with your doctor is just as important as staying up to date on your checkups.



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Owner**

# STEEPLECHASE

**After June 1st, BY MAIL ONLY**

Mail form with \$5 per tag (Check or Money Order only) to: SCIA Pool Registration  
Planned Community Management, Inc.  
PO Box 219223  
Houston, TX 77218

Number of Tags Issued: \_\_\_\_\_

Amount Collected: \_\_\_\_\_

**STEEPLECHASE ASSOCIATION, INC.****2009 POOL TAG REGISTRATION DAYS are AT the Pool**

Please complete the appropriate information listed below and bring with you to Pool Registration. Tags will only be available by MAIL ONLY after June 1st & you should expect it to take 10 days to receive. Please ensure proper submission or it will delay your order.

Pool tags will be issued to all property owners who have returned this form and have:

**"PAID ALL MAINTENANCE FEES AND ANY ACCRUED INTEREST IN FULL"****LIST FULL TIME RESIDENTS ONLY (Guest Tags Available at Pool)**

Your Name \_\_\_\_\_

Spouse \_\_\_\_\_

Street address \_\_\_\_\_

YES ☐ / NO ☐ Include my name and phone number in a POSSIBLE Steeplechase Directory.

YES ☐ / NO ☐ To receive Association Security Alerts and Special HOA Announcements via email.

Home Phone # \_\_\_\_\_ Email Address: \_\_\_\_\_

**Emergency Contact** \_\_\_\_\_ **Phone#** \_\_\_\_\_

**NOTE: CHILDREN UNDER TWELVE YEARS OF AGE MUST BE ACCOMPANIED BY AN ADULT.**  
**CHILDREN THREE YEARS AND OLDER MUST HAVE TAGS**

**\*\*AGE IF UNDER 18 yrs**

Children's Names \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**OTHER FULL TIME RESIDENTS (\*\*AGE IF UNDER 18 yrs)**

\_\_\_\_\_

\_\_\_\_\_

**PLEASE NOTE: IF YOU ARE RENTING PLEASE INDICATE PROPERTY OWNERS NAME AND ADDRESS BELOW AND PROVIDE WRITTEN NOTIFICATION FROM OWNER THAT YOU ARE THE TENANT AND YOU HAVE PERMISSION TO USE THE RECREATIONAL FACILITIES.**

Owners Name \_\_\_\_\_ Phone # \_\_\_\_\_

Address \_\_\_\_\_



## The Cy-Fair VFD Urges Citizens to be prepared for Hurricane Season

June 1st is the official start of Hurricane season and the Cy-Fair Volunteer Fire Department would like to urge all citizens to make sure they are prepared in the event a hurricane affects them this year. The best way to do this is to have a Disaster Supply Kit ready in advance. This kit should include at a minimum:


- ☐ Water –At least a five to seven day supply (one gallon per person per day)
- ☐ Food –At least a five to seven day supply of nonperishable/ canned food
  - (Change out stored water and food supplies every six months)
- ☐ First Aid Kit
- ☐ Flashlight with extra batteries
- ☐ Battery powered radio
- ☐ Medications and special items (pain relievers, diapers, etc.)
- ☐ Tools and supplies
- ☐ Sanitation (toilet paper, personal hygiene items, etc.)
- ☐ Change of clothes and bedding

- ☐ Cash
- ☐ Important documents (birth certificates, insurance/bank account information, etc.)
- ☐ Food, water, and medicine for your pets
- ☐ Kennels or crates for pets

You can also visit the Harris County Office of Emergency Management's website at: [www.hcoem.org](http://www.hcoem.org) and click on the right side link to natural disasters to access additional information on preparing for and dealing with hurricanes.

The Cy-Fair Volunteer Fire Department provides fire, rescue, and EMS services to 156 square miles of Northwest Harris County for the residents of Harris County Emergency Service District #9. By operating from 12 community based volunteer fire stations we are able to quickly and efficiently respond to help our neighbors in times of emergency.

For more information on the Cy-Fair Volunteer Fire Department or on how you can join the other 350 volunteers of our Department and be one of Cy-Fair's bravest call us at 281-656-3840 or visit us on the web at [www.cyfairvfd.org](http://www.cyfairvfd.org).



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## STEEPLECHASE MARKET REPORT

Courtesy of "SUPER DAVE"

This market information report is provided to keep you informed of resale market activity in your subdivision.

	Nov 08	Dec 08	Jan 09	Feb 09	Mar 09	Apr 09
\$160,000 & Above	0	0	0	0	0	0
\$140,000-159,999	2	1	1	0	0	2
\$120,000-139,999	1	1	1	0	0	2
\$110,000-119,999	1	0	0	0	0	0
\$100,000-109,999	0	1	0	0	0	0
\$100,000 Below	1	2	1	2	2	1
<b>TOTAL</b>	<b>5</b>	<b>5</b>	<b>3</b>	<b>2</b>	<b>2</b>	<b>5</b>
Highest \$/Sq Ft	72.49	72.49	72.49	72.49	63.27	62.73

This chart represents the homes that have sold and closed in the past 6 months according to the Houston Multiple Listing Service.

### Recent Sales By "SUPER DAVE" in Steeplechase

- 11402 Jocky Club Ct
- 12103 Canterhurst Way
- 9611 Secretariat
- 11307 Hambleton Way
- 11707 Meadowchase
- 9603 Meadowchase Ct
- 11510 Meadowchase
- 9826 Haverdown
- 9807 Paddock Ct
- 10134 Chiselhurst
- 11426 High Bridge
- 10110 Jockey Club
- 11307 Chiselhurst Way Ct
- 12323 Fetlock
- 9710 Cannock Chase Ct
- 11822 Yearling
- 11415 Jocky Club Ct
- 9611 E Savile
- 9806 Jocky Club
- 11615 Autumn Chase
- 12114 Yearling

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\*According to information taken from the Houston Board of Realtors MLS computer.  
\*\*Realtor Teams per Remax 9/2007 - 3/2008