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The Beacon

News For The Residents at Lakes of Fairhaven

Lone Star Texas License Plate Set To Hit Texas Roadways

Eight-year-old John Thomsett of Gilmer, Tx. joined Texas Department of Transportation (TxDOT) officials on Tuesday to announce that the colorful new general-issue license plate, Lone Star Texas, is about to hit Texas' roadways.

"My fellow Texans, I am pleased to announce that the new license plates have left the factory," John said during a TxDOT press conference at the Travis County tax office in Austin. "You will be seeing it on a car or truck near you real soon."

TxDOT began shipping the new general-issue plates to the 254 county tax offices statewide on Monday. County tax offices should have the Lone Star Texas plate in stock by no later than June 12.

"Because our state is real big, it will take about two weeks for the plates to arrive in all the county tax offices," John explained. County tax offices will need to exhaust their current plate inventory before issuing the Lone Star Texas plates.

In February 2008, John and his classmates at Gilmer Elementary School helped to choose the Lone Star Texas design as part of TxDOT's first online vote for a new general-issue license plate. John's teacher, Kerry Hradecky, cast the vote for the class.

"I was very excited that my students could be involved and have a voice in voting for such a prevalent symbol - our state license plate," said Hradecky, who teaches first grade at the Gilmer Elementary School. "We discussed that different states have different license plates based upon state characteristics and our privilege as Americans to vote."

Cindy Jones, who can trace her Texas roots back to an ancestor in the Republic of Texas Navy, said she cast her vote for the Lone Star Texas plate because it shows off the state's majesty and pride.



"The license plate was an inspiration - and I never thought I'd say that!," said Jones, who lives in Mason. "Allowing everyone to vote was a great idea."

Ed Serna, TxDOT assistant executive director for operations, said at the press conference the new general-issue plate goes by a special name at the agency. "At TxDOT we affectionately call it 'The People's Plate,'" Serna said.

Texans chose the Lone Star Texas plate from five different designs. The plate design received 455,878 of the more than 1.1 million Texans votes. The Texas Transportation Commission, which by law must approve the state's general-issue plate, unanimously agreed with online voters and approved the plate on Feb. 28, 2008.

The opportunity for a new general-issue license presented itself when the agency realized it was going to run out of the six-character plate patterns. The new general-issue plate features seven-character license plate numbers.

It also is the state's first digitally-produced and full color general-issue license plate. The Lone Star Texas design features clouds in a blue Texas sky and brushes of red and blue with the familiar Lone Star in white. The plate also features the Davis mountain range.

The digital process creates a more environmentally-friendly plate, eliminating the need for 484 gallons of paint thinners and 396 gallons of ink annually, and the energy needed to power huge ovens that dried the plate ink. The factory at the state prison in Huntsville, where the license plates are manufactured, was retooled and outfitted with new equipment for digital production.

"We are asking Texans to join us in our concern for the environment by not rushing down to their local county tax office to purchase this

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Newsletter Information

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Lone Star Texas License Plate - (Continued from Cover Page)

plate,” said Rebecca Davio, director of TxDOT’s Vehicle Titles and Registration Division, which oversees the manufacturing of the state’s plates. “Our plates are made of recyclable aluminum but if everyone decides to run out for the new plate then good plates will be wasted.”

Texans eligible for the new license plate will be those that purchase a new vehicle, and those whose license plates are seven years old, the mandatory time when plates are replaced because they lose their safety reflectivity.

Nelda Wells Spears, the Travis County tax assessor-collector, reminded Texans that the reflective sheeting on license plates helps rescuers and citizens spot vehicles at night that have run off the road or are pulled off on the shoulder. License plates also help to save lives and catch criminals, Spears said.

“One of the primary tools for police when they are looking for a suspect, whether it be someone who abducted a child or robbed a bank, is to ask citizens to be on the look out for a certain vehicle model with a specific license plate number,” Spears said. “While there may be thousands of the same type of vehicles on our roadways there will be only one with that unique license plate number.”

There are more than 21 million registered vehicles in Texas and the majority of them have general-issue license plates. License plates are a part of “Put Texas in your corner,” the vehicle registration process that includes annual renewal of the registration sticker.

Since 1917, the Texas Department of Transportation has been responsible for the state’s license plates. This new general-issue license plate may be the agency’s last. In the Texas legislative session that ended on Monday, June 1, lawmakers passed a bill to create the Texas Department of Motor Vehicles, which would take over responsibility for the state’s license plates. The bill is awaiting Gov. Rick Perry’s signature.

For more information contact:

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Cypress Assistance Ministries



School Supplies Needed

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Families of hundreds of school-aged children in the Cypress area are depending on CAM to assist them with necessary school supplies for their children. These start-up supplies can be impossible to fit into an already strained budget.

Your donations of the following would be greatly appreciated:

- pocket folders with brads
- washable markers
- large & small packages manila paper
- large & small packages multi-colored construction paper

- pencil boxes/pouches
- scissors
- new socks and underwear in adult sizes

For the Food Pantry, donations of the following will help families with children home for the summer:

- Peanut butter & jelly
- Sweetened Drink Mixes
- Spaghetti Os
- Snack Foods
- Canned Meats
- Powdered milk
- Toilet Paper/Paper towels



Donations can be made Monday through Wednesday from 10AM – 6PM and Thursday through Saturday from 10AM – 3PM For a description of the services and volunteer opportunities at Cypress Assistance Ministries please see our web site, www.cypressassistance.org.



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Lone Star College-CyFair “Perspective”

Sign Up for the Summer Bridge Program

Set July 13 through Aug. 6, this program is available for first-time college students who are on the threshold of being able to enroll in college-level courses. Free textbooks, mentoring, tutoring and support services as well as a \$400 stipend upon course completion are incorporated into the program to assist students in their transition into college. For program eligibility requirements and information, call Erin Smith at 281-290-3430 or go to CyFair.LoneStar.edu/summerbridge.

“High School Musical 2” on stage in July

Don't miss this new high energy show, an adaption of the Disney Channel's sequel to the wildly popular “High School Musical,” which follows the Wildcats from East High School into their summer months at Lava Springs Country Club. Reserved and group seating available. “High School Musical 2” will be performed in collaboration with Houston's Center Stage Theater July 17 through July 26. For ticket information, call 281-290-5201 or go to CyFair.LoneStar.edu/boxoffice or www.houstonscenterstage.com.

“Milestones and Signposts” in the Bosque Gallery

Check out this exhibition of work by two talented Houston Area artists Chris Narum and Humberto Saenz whose content is connected by the investigation of the idea of the marginalization. The exhibition will be

on display July 7 through July 23 in the Bosque Gallery with an opening reception at 4:30 p.m. and artist talk at 5 p.m. July 9. Go to CyFair.LoneStar.edu/bosquegallery for gallery hours and information.

Free New Student Orientations Set

Take a tour, learn about campus programs, meet with an advisor, choose a schedule and register for fall classes at LSC-CyFair's free new student orientations this summer. Three orientation sessions, including separate sessions for parents and family members, continue each Wednesday through August 19. For information, go to CyFair.LoneStar.edu/orientation.

L.I.F.E. Lessons in July

The Learning, Inspiration, Fellowship and Enrichment (L.I.F.E.) programs are free and held Wednesdays at 10 a.m. in the Lone Star College-CyFair Branch Library (Room 131.) Programs in July include: Dance Salad video of eclectic mix of dancing July 1, stress and your health July 8, Nia “cardiovascular” dancing July 15, genealogical expedition July 22 and curry/korma cooking July 29 (held in HSC 105). Call the library at 281-290-3213 for L.I.F.E. program information or go online to CyFair.LoneStar.edu/library.

(Continued on Page 5)



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Lone Star College - (Continued from Page 4)

Summer Film Series and Art Exhibitions

The free Cinema WOW! Film Series, which includes an engaging discussion after the movie, continues with "Touch of Evil" July 8; "LA Confidential" July 14 (at LSC-Fairbanks Center) and "Bad Education" July 22. For information, go to CyFair.LoneStar.edu/filmseries.

Check out "Milestones and Signposts" July 7 through July 23 and "Confluence, Study Abroad 2009" Aug. 4 through Aug. 27 at the Bosque Gallery. Go to CyFair.LoneStar.edu/bosquegallery for gallery hours and information.

Discovery College continues through August

Registration for Lone Star College-CyFair's popular Discovery College summer camp for ages 6 to 15 is under way. The one-week summer sessions are fun and educational programs to develop skills in a friendly environment. Camps are offered at the Barker Cypress campus and the Fairbanks Center campus, Monday through Friday. For information, go to cyfair.lonestar.edu/discoverycollege. For Barker Cypress camps only, call 832-482-1043 and for Fairbanks Center camps only, call 832-782-5038.

Register for Fall and Pay Early For Free Tuition

Register and pay for fall credit courses before the close of business Monday, Aug. 3 and automatically be entered to win free tuition, IPOD Shuffle or \$300 book voucher. The grand prize covers payment of tuition and fees up to \$500 for credit classes at the Barker Cypress and Fairbanks Center campuses. Funds will be posted to the student's account. All winners will be notified and announced by Aug. 14. Call 281-290-3200 or 832-782-5000 for information; go online to CyFair.LoneStar.edu; or visit one of our conveniently located campuses at 9191 Barker Cypress or 14955 Northwest Freeway.

Houston Undercover A Quilt Show

Presented by:

Quilt Guild of Greater Houston

Location:

Memorial Drive Presbyterian Church
11612 Memorial Dr. Houston, Tx

Dates: July 23 - Auction & Preview Night, 6-8:30 pm
July 24-25 - Quilt Show, 10 am - 6 pm

General Admission: \$5

Judged quilt show with over 200 quilts, various vendors, snack bar, door prizes, donation quilt, quilt appraisal, Children's Scavenger Hunt. Each child will get a prize for participating. The children are quilters of the future. Contact information: www.qggh.org or 979-289-5175

Fairhaven Estates

Coming in the Fall of 2009

Fairhaven Estates is a 62-acre gated custom home site community right next to Lakes of Fairhaven. With a taste of the Texas Hill Country the estates will be deed restricted and located in Cyfair ISD. Fairhaven Estates will consist of 29 lots that will range from 1.4 -1.6 acres. All utilities will be available and there will be no MUD taxes. Select your lot and bring your custom home builder, or we will help you find one!

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Attention Kappa Delta Sisters ...

The Houston Northwest Kappa Delta Alumnae Association holds meetings the 4th Tuesday of each month at 6:30 p.m. Visit www.kdhnwaa.com for all the details.

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MOMS Club® is a place to find friendship, support, playmates and sisterhood!

ALL events include our children and we believe there is something for every mom out there! Are you looking for park days, coffee breaks, lunch outings, (free) babysitting co-op, craft projects, time to sit and chat, cooking club, book club or someone to share dinner with when your husband is traveling or working late? We even find the time to meet once a month for a mom's night out a great time to unwind. Or are you interested in helping the within the community with service projects. We have that! (And a whole lot more!)

Summer is here and the kids are out of school. Come join other mom and kids in many great outdoor activities planned this summer. Are you new to the area or a new mom and need a friend or support we are here for you. Don't let yourself feel isolated being a stay at home mom. You can attend two events before joining. Our membership fee is only \$20 a year. The Moms Club is a great opportunity for you and your kids to make new friends in our area. Come visit our next all-member meeting and see for yourself! There is a lot of fun and support just waiting for you! Our next meeting is Tuesday, July 14th, 10AM at Good Shepherd United Methodist Church located on Cypresswood Drive in Fairfield. We often have a guest speaker at our meeting discussing topics like finance, health and other popular topics. As always, children welcomed!

For more information please contact Danielle Slot,
 Membership VP at 832-876-4358, danielleslot@yahoo.com
 or Amy Wilkes, President at 281-455-2807,
amywilkes2003@yahoo.com.

Stork Report in Lakes of Fairhaven

Submit your information
 on the arrival of your little one to
articles@peelinc.com



Recipe of the Month

Ice Cream

Milk
4 eggs, beaten
2 C sugar
2 T cornstarch

1 can Eagle Brand
1 carton whipping cream
1 T vanilla

Combine sugar and cornstarch. In heavy saucepan combine about 2 cups milk, sugar/cornstarch mixture and beaten eggs. Cook until thick, stirring constantly. Pour into freezer can. Add Eagle Brand, whipping cream, vanilla, and enough milk to fill.

If you would like to submit YOUR recipe email it to articles@peelinc.com.



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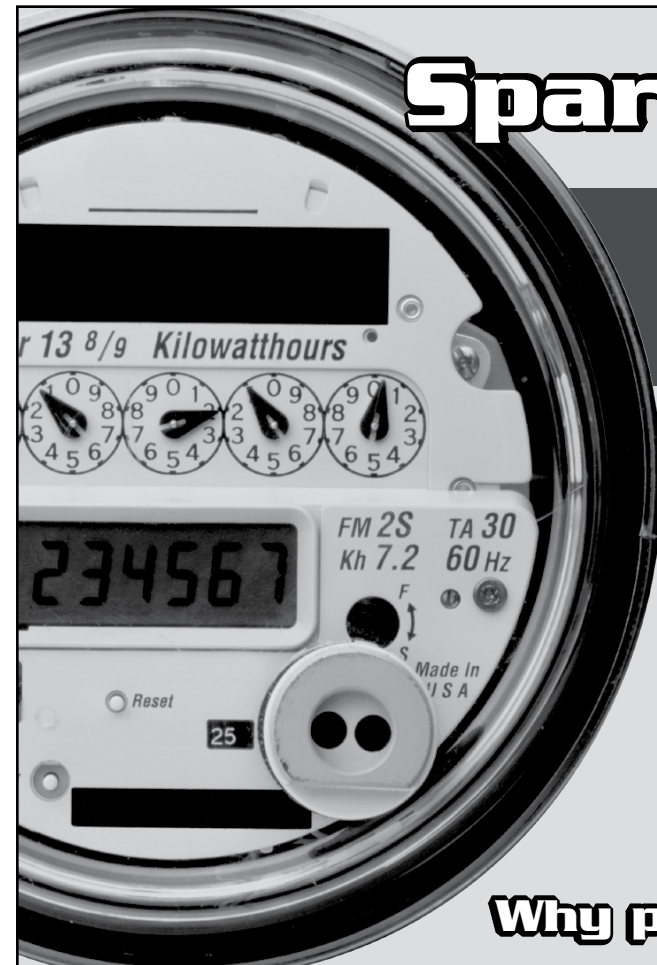
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How to Google Smarter

Submitted by Rich Keith

In my work as a financial service professional I often help my clients find information which will guide their understanding. But with my background in computer science I'm just geeky enough to enjoy the finer points of searching online. Here then, are ways to improve your Google experience.

- **Check your stocks.** Take a deep breath, and then enter a ticker symbol to see a real-time quote. Try ORCL or LUV.
- **Include the word you need.** Google ignores common words and characters such as where, the, how, and other digits and letters which slow down your search without improving the results. (Google will indicate if a word has been excluded by displaying details on the results page below the search box.)
- **If a common word is essential** to getting the results you want, you can include it by putting a "+" sign in front of it. (Be sure to include a space before the "+" sign.) For example, here's how to ensure that Google includes the "IV" in a search for Star Wars, Episode IV: Star Wars Episode +IV
- **Convert currency and units.** Easy examples: "12 euros in dollars" or "12 tsp in tbsp" or "12 % of 93,755" for example.
- Get the synonyms too with synonym search. If you want to

search not only for your search term but also for its synonyms, place the tilde sign (~) immediately in front of your search term. For example, suppose you want to search for food facts. Here's how to search for food facts and also get similar information on nutrition and cooking information: ~food ~facts.

- **Narrow by file type.** To find PowerPoints, Excel spreadsheets, or books scanned into PDFs, add "filetype:ppt" (or any other extension) to your query.
- **Search ranges.** Use two periods between two numbers, like "Wii \$200..\$300." Even dates work. Try "Earl Campbell 1970..1990"
- **Be prepared for flight delays.** Type in the airline, then your flight number, like "AA 1237."
- **Easy definitions.** To get the definition for a word, just type the word define: followed by the word. Include the colon and space, such as "define: annuity"
- **Find the right sources:** Add "site:edu" or "site:gov" to limit your search to school, org, or government domains. For example, "529 plan site:org." To target a specific web site, type, say, "annuity site:primerica.com."

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DROWNING CAN STILL OCCUR EVEN IF YOU KNOW HOW TO SWIM

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A majority of people overestimate their own and their child's ability to swim, especially in a panic event.

DROWNING IS QUICK AND SILENT



Drowning occurs in as little as 2 minutes.



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Most children are out of sight or missing for less than 5 minutes and usually in the presence of 1 or both parents.



Most children die who are submerged for as little as 6-10 minutes.

Children who drown do not **scream, splash, or struggle**. They silently slip beneath the water, even with adults & lifeguards present.

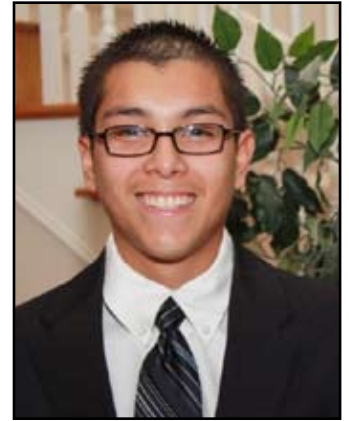
How to Google Smarter - (Continued from Page 8)

- **Little known search operators.** This is neat: the asterisk (*) can be used if you don't know exactly how to spell a word. For instance, "contagious*" will match all articles containing words that start in "contagious." Give it a try, it's contagious. Other operators include the pipe code (|) which acts as the word "OR." For example, a search for "large cap|mid cap" will return search results for "large cap" OR "mid cap." You can also use the uppercase word OR. For example, here's how to search for a vacation in either Sedona or Flagstaff: "vacation Sedona OR Flagstaff"
- **Want a picture or a map?** Google can search for different media such as websites, images, videos, maps etc. Select the option above the input box. An easy way to refine your search is to select the "advanced search" option next to the input box.
- **Exact Phrases.** By default, Google searches for any of the terms you enter. To find a specific phrase, use double quotes (""). You will get different results for invest dollar cost average than you will for invest "dollar cost average".

Combine and see what happens. Now you have what you need to mix it up! I combined the stock search with the date range and it worked. To see information on Intel from 1968 (founding year) to 1978, type in "INTC 1968..1978". Now go and play with Google and see what you can find! Sources: Google, Wired.

Meet Michael

DOB: 08/1993



Michael is a loving and thoughtful young man. He is sensitive and funny. Michael has a good sense of humor and a good attitude. He enjoys video games, summer camps, go cart racing, fishing, baseball and anything having to do with cars. He hopes to become a chef or work with cars someday. He currently participates in special education and tries really hard in school. He attends Catholic church and his religion is very important to him. Michael is a baseball player and hopes to continue this sport once he is adopted. Michael will capture your heart with his thoughtful ways, playful spirit, and his desire to be loved. He's adventurous and an absolute blast to be around.



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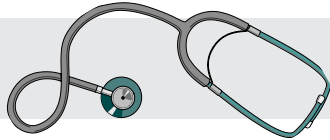


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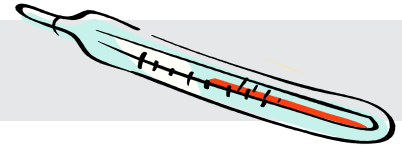
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Health Briefs

Baylor College of Medicine



GOOD NIGHT'S SLEEP IMPORTANT TO WOMEN'S HEART HEALTH

Getting a good night's rest may help women minimize their risk of developing heart disease.

"Research has shown a link between sleep disturbances and the risk of developing heart disease," said Dr. Bhuvana Muthuswamy, assistant professor of medicine at BCM. \

Women need about eight hours of sleep a night, said Muthuswamy. That's easier said than done and may require key behavioral changes, including:

- Maintain a regular sleep/wake time
- Exercise regularly, but avoid exercising three hours prior to bedtime
- Finish eating two to three hours prior to bedtime
- Avoid caffeine and chocolate about six to eight hours prior to bedtime
- Restrict fluids, especially alcohol, close to bedtime

But most important is eliminating stress, according to Muthuswamy. "Approximately half of all sleep problems are attributed to stress," she said. "Relax with a good book, music or a bath before bedtime."

MINOR STROKES HARDLY HARMLESS

No one is at zero risk for stroke, which explains why it is vital to know the signs and understand how to decrease the chance of experiencing one.

Warning signs include:

- Sudden numbness or weakness affecting the face, arm or leg, especially on one side of the body
- Sudden difficulty in speaking or understanding speech
- Sudden trouble seeing in one or both eyes
- Sudden trouble walking, dizziness, loss of balance or coordination

It's important to seek immediate emergency care if a person experiences these symptoms because current therapies for stroke must be applied within a few hours, according to neurologists at Baylor College of Medicine.

Good cardiovascular health habits greatly reduce the risk of stroke. Hypertension and diabetes must be recognized and treated. Smoking, obesity and lack of exercise all increase the risk of stroke, but that risk is reduced when a person modifies those habits.

(Continued on Page 11)



SERVICE TIMES

SATURDAYS:
6:00 PM

SUNDAYS:
8:30 AM
9:50 AM
11:30 AM

KIDS' FRIDAY NIGHT LIVE

DIRTY GAMES
5-10 PM
JULY 10

INFLATABLES
5-10 PM
JULY 24

MOVIE NIGHT
3-10 PM
AUGUST 7

GOP'S GOT TALENT
5-10 PM
AUGUST 21

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Health Briefs - (Continued from Page 10)

DON'T LET SWIMMER'S EAR RUIN YOUR SUMMER

If you've ever had swimmer's ear, chances are you've wanted to pull the plug on the pain.

Swimmer's ear is an inflammation of the outer ear that is most often caused by the accumulation of excess moisture from swimming or daily showering, explained Dr. Jeffrey Vrabec, associate professor of otorhinolaryngology at Baylor College of Medicine.

Symptoms include swelling, redness, itching, muffled hearing and/or discharge from the ear. Antibiotic drops are used to treat the condition, and pain can be lessened by applying a warm cloth to the ear or by using a heating pad.

Prevention is possible. Vrabec recommends the following:

- Wear earplugs and a cap when swimming.
- Use alcohol-based drops before and after swimming and showering.
- Use a hairdryer to dry the ear canal to prevent water build-up and infection.
- After getting out of the shower or pool, lie down on the affected ear to help remove excess water.
- Do not use cotton swabs to remove excess water from the ear.

REGAINING A HEALTHY LIVER,

ONE POUND AT A TIME

For those suffering from cirrhosis of the liver resulting from nonalcoholic fatty liver disease, each pound lost is a step toward regaining your health, say doctors at Baylor College of Medicine in Houston.

"It's important for people to understand that cirrhosis can be caused by obesity in adults and children," said Dr. John Vierling, professor of medicine and surgery at BCM and director of Baylor Liver Health. "Very often people think it is only associated with over consumption of alcohol or viral hepatitis."

Reaching a healthy weight is one way to reverse damage to the liver. For many people the thought of having to lose 100 to 200 pounds is daunting, but Vierling said even losing 10 percent of your body weight can help the liver begin to heal.

Cirrhosis is a condition associated with dense scarring and regenerating nodules on the liver. It can result from a number of illnesses, including alcoholic and viral hepatitis, autoimmune and metabolic liver diseases. Nonalcoholic fatty liver disease causes cirrhosis when a large amount of fat accumulates in the liver in the presence of damaging inflammation.



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Lakes of Fairhaven Year-to-Date Sales Report

	Aug '08	Sep '08	Oct '08	Nov '08	Dec '08	Jan '09	Feb '09	Mar '09	Apr '09	May '09
\$500,000 and above	1	0	0	0	0	0	2	0	0	0
\$451,000--\$499,999	0	1	0	0	0	0	0	0	0	0
\$351,000--\$450,000	1	0	0	2	4	0	1	2	0	0
\$276,000--\$350,000	0	0	0	0	0	0	0	0	0	0
\$231,000--\$275,000	0	0	0	0	0	0	0	0	0	0
\$201,000--\$230,000	0	0	0	0	0	0	0	0	0	0
\$200,000 and below	0	0	0	0	0	0	0	0	0	0
Total	2	1	0	2	4	0	3	2	0	0
Highest \$/sq ft	\$133.78	\$105.74	-	\$108.86	\$107.37	-	\$120.05	\$104.17	-	-

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