



Cypress, Texas – July 2, 2009 – A new Key Club has been chartered by Kiwanis International at one of Cy-Fair's newest high schools, Cypress Ranch. The new school club of 238 members has been meeting since the school's opening in August 2008 and made formal application for a charter in January 2009. The official Club Charter was presented to Key Club President Aliah Kelly at the club's first annual banquet held on May 21. The charter presentation was made by Bob Presnell, President of the Cy-Fair Kiwanis Club, and Peggy Presnell, who serves as Kiwanis Sponsor for the new Key Club.

Members attending the banquet were presented with membership items including their membership cards and pins. New officers for the 2009-10 school year were installed by Madhumita Govindu, a Cy-Fair High School student who serves as Lt. Governor of Division 3N of Key Club. Miss Govindu oversees the Katy and CFISD Key Clubs for the Texas-Oklahoma District of Key Club.

For more information, please contact:

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Cypress Ranch Key Club



icture of Bob Presnell, Cy-Fair Kiwanis Club President, and Aliah Kelly, Cypress Ranch Key Club President

Year-Round TX Terrapins Swim Team (TTST)

Announces Ópen Registration Days for Competitive Training

The Texas Terrapins Swim Team (TTST) will have Pre-Registration for the 2009 / 2010 year-round swim season on Wednesday, August 19th & Friday, August 21st from 5:15 PM – 7:30 PM @ Lakeside Pool in Fairfield. Open Registration for the 2009 / 2010 year-round swim season will be on Wednesday, August 26th from 5:00 PM – 7:00 PM @ Lakeside Pool in Fairfield. For directions to the pool, please visit our website at www. texasterrapins.com and click on pool locations. Registration forms are on our website and can be completed out ahead of time!

TTST has accomplished some great things this past year such as almost doubling our team size. We went from a peak season of 80 swimmers to a peak season of 155 and we are continuing to grow while keeping our family atmosphere. All of our swimmers improved tremendously throughout the year and topped the charts during summer league as most of them were invited to Ponderosa and Red, White, and Blue Invitationals where they were ribbon and medal winners. One of our swimmers, Sydney Stanford, won high point at Ponderosa for the 7/8 year old girls! Just before summer league started, we also

(Continued on Page 3)

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August 9, 2009

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The Times - August 2009

TTST- (Continued from Cover Page)

attended short course T.A.G.S. and will be attending long course T.A.G.S. later this summer as well. We invite you to join our growing team and find out why we are a stroke above the rest.

290 Cypress Business **Networking Group**

The 290 Cypress Business Networking Group meets every Thursday morning at 7:30 am at Newk's Express Café located at Hwy 290 and Spring Cypress in the Kroger Shopping Center near the Cinemark Theater. The group is open to all business owners and professionals who want to increase their exposure to the residents of Cypress and the surrounding areas. There is no cost to attend the meeting. If you would like more information, please call Ken Parker at 281-384-1562. Visit our new website at 290Cypress.com

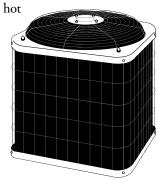
Your Home's Air Conditioning Efficiency Submitted by Robert Lee

Over the previous six months there has been more discussion on Air Conditioning efficiency and home efficiency than any other time in recent years! Since manufacturers, local utilities and the Federal Government are offering rebates people have a better understanding of SEER and EER (efficiency ratings) of air conditioners. Overall this is a good thing, but it only addresses half of the problem!

The air distribution system (air ducts) are the other half of the equation and have nothing to do with the published SEER or EER ratings! The only way to know if your system is even close to running at capacity is to test it after it is installed so that the entire system, including the ductwork, is tested.

Have you spent good money on a new system but still have hot spots, cold spots or uncomfortable rooms; or maybe you haven't seen your energy bills reduced? Are you thinking about taking advantage of the Federal Rebate by purchasing new high efficient equipment? If your answer is yes to any of these questions then please think about the whole system! Efficient new equipment on old, inefficient ducts is a recipe for discomfort, or worse, failure!

Call to have a certified professional test your entire system today; stop throwing money away every month and have a more comfortable, and efficient, home.





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Need Help With A Lost Or Found Pet ...

Please contact Susan Locke, Fairfield's Lost and Found Pet Coordinator at 281-605-5775 or you may go to http://groups. yahoo.com/group/fairfieldpets. Susan is the contact for someone that has lost or found a pet and tries to match the two together. Susan is unable to pick up, deliver or provide medical assistance to lost, found or injured animals but will try to help locate the dog or owner when they are lost.

~Your pet's ID tag is their ONLY ticket home! ~

* * * * * * * * * *

SAVE A Life ... Be A Foster Parent.

More HELP for PETS

When a pet is lost, finding the pet means that time is of the essence. It takes time to create, print and distribute flyers. The flyers are many times illegible because of wind or rain. I certainly do not fault the pet owner because I have done this myself.

Frustrated, I thought there has to be a better way. So that is why we created Cypress Lost Pet Alert.com. The idea is to very quickly get the word out through an e-mail alert to as many neighbors as possible plus post the picture and information about the pet on the website under the specific neighborhood.

Once the email alert goes out to the specific neighborhood, many, many neighbors are now aware. If they happen to forward the email to their friends who have not signed up, it could mean hundreds of your neighbors are already alerted and are keeping their eyes open for your lost pet.

Cypress Lost Pet Alert.com is on-call 7 days a week from sun up to sun down and is FREE. We are glad to work with any informal email chains. The whole idea is to find lost pets quick for the good neighbors in Fairfield and surrounding areas. Regards, RB Cox

alert@CypressLostPetAlert.com www.CypressLostPetAlert.com

BEAR IS STILL MISSING! PLEASE HELP

Our dog, Bear, is still lost somewhere in Fairfield. He went missing near Autumn Park on Monday, 5/5/09, night. He is an Australian Shepherd, and his body is black, his chest is white and he has some brown markings on his face and paws. My three-year-old misses him very much.

Please help us find Bear. If you happen to find Bear or have seen Bear around please call 281-373-1121 or 832-573-8704.





Lone Star College - CyFair "Perspective"

IT'S NOT TOO LATE TO REGISTER FOR FALL

Registration continues through Aug. 22 for fall semester. Register for online, weekend, evening or distance learning courses by phone, 281-290-3200 or 832-782-5000; online to LoneStar.edu/cyfair; or in person at one of our conveniently located campuses at 9191 Barker Cypress or 14955 Northwest Freeway. Week day classes begin Aug. 24 with weekend classes beginning Aug. 28-30.

"CONFLUENCE, STUDY ABROAD 2009" IN THE BOSQUE **GALLERY**

Check out this showcase of student installations and photography taken during this summer's study abroad trips to Italy and China. The exhibition will be on display Aug. 4 through Aug. 27 in the Bosque Gallery with a closing reception at 4:30 p.m. Aug. 27. Go to LoneStar.edu/bosquegallery for gallery hours and information.

FREE NEW STUDENT ORIENTATIONS SET

Take a tour, learn about campus programs, meet with an advisor, choose a schedule and register for fall classes at LSC-CyFair's free new student orientations this summer. Three orientation sessions, including separate sessions for parents and family members, continue each Wednesday through August 19. For information, go to LoneStar.edu/orientation.

L.I.F.E. LESSONS IN AUGUST

The Learning, Inspiration, Fellowship and Enrichment (L.I.F.E.) programs are free and held Wednesdays at 10 a.m. in the Lone Star College-CyFair Branch Library (Room 131.) Programs in August include: unveiling the Chip Hosek Collection of American Art Aug. 5, preventing arthritis Aug. 12, the science and art of perfume making Aug. 19 and new application on Google Aug. 26. Call the library at 281-290-3213 for L.I.F.E. program information or go online to LoneStar.edu.

BECOME A CERTIFIED LICENSED MASSAGE THERAPIST OR PERSONAL TRAINER

Interested in helping people lead healthy and stress-free lifestyles? Let Lone Star College-CyFair jump start your career in massage therapy and personal training. In the Massage Therapy program, which only costs \$1827 plus books and supplies, students learn

(Continued on Page 7)



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Lone Star College - (Continued from Page 6)

business practices and professional standards as well as health and hygiene in massage and more. Scholarships are also available. The Personal Trainer program covers aspects of one-on-one training including marketing, program development and design, legal aspects, documentation, training methodologies and business considerations. Students who also take Exercise Science and CPR courses will be ready to take the National Academy for Sports Medicine certification exam. Financial aid is available for this workforce program. Registration is under way for fall classes, which start Aug. 24. For information call 281-290-3930 or go to LoneStar.edu.



Attention Kappa Delta Sisters ...

The Houston Northwest Kappa Delta Alumnae Association holds meetings the 4th Tuesday of each month at 6:30 p.m. Visit www.kdhnwaa.com for all the details.



Houston Hemophilia Walk

Saturday, September 19, 2009 Minute Maid Park 9 am Registration - 10am 3K Walk begins

Join us as we raise awareness and funds for bleeding disorders. Register your Walk team at www.hemophilia.org/walk and choose the Texas Lone Star Chapter Walk.

For more information about the Lone Star Chapter's Hemophilia Walk '09, contact Event Manager, Melissa Compton, at 713-686-6100 or mcompton@ lonestarhemophilia.org

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MOPS stands for Mothers of Preschoolers, a program led by mothers themselves and designed for mothers with children ages birth to 5. These mothers all have a shared desire...to be the best mothers they can be!

For more information on meetings in Fairfield, please contact Renate Wheeler at renateqw@yahoo.com. They will meet on the second and fourth Fridays during the school year.

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American Heart Association

Northwest Harris County Walk Start! Heart Walk

Bridgeland show your community support and join together as a team to support the American Heart Association in the Northwest Harris County Walk Start! Heart Walk. The walk takes place Saturday, November 7, 2009 at Loan Star College, Cy-Fair.

Bridgeland has set a goal of \$10,000 to raise for the American Heart Association. If each household donated \$16 Bridgeland would exceed the set goal.

Bridgeland is looking for Team Captains at this point. We are looking for individuals who are interested in recruiting walkers and donations for such a great cause! Once you register as a Team Captain you can begin recruiting volunteers to walk with your team and/or donate money to a great cause. How to register online.

Team Captains who raise the most money for the Bridgeland Team and Team Captains who recruits the most walkers will be entered for a grand prize.

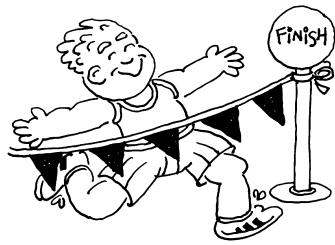
Ideas for teams: Bridgeland Sections, Bridgeland Blocks, Bridgeland Community Groups, etc.

Register today to receive a free t-shirt!

American Heart Association Heat Walk kick off party coming

To Register:

- 1. www.nwharrisheartwalk.org
- 2. Join a team
- 3. Locate team Bridgeland and click Select
- 4. Scroll down and select Residents of Bridgeland, Join a team
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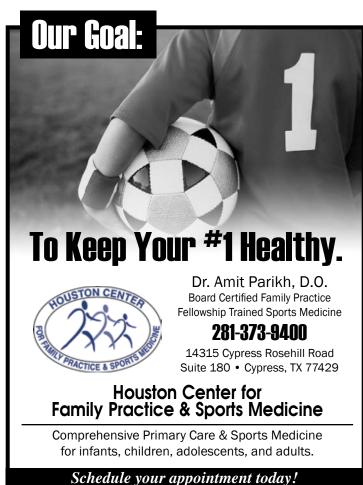
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Attention Cy-Woods 2010 Senior Parents! WRAP is Cy-Woods High School's parent-driven Project Prom organization. The purpose of WRAP is to provide a drug and alcohol free all-night party for the graduating seniors and their guests after their prom.

Please join us on Thursday, August 20th @ 7:00 pm in the Commons area at Cy-Woods High School for our 1st 2009-2010 WRAP General Board meeting. For more information on WRAP, please visit our website at cywoodswrap.org or contact us via email at cywoodswrap@hotmail.com. We look forward to seeing you on August 20th.

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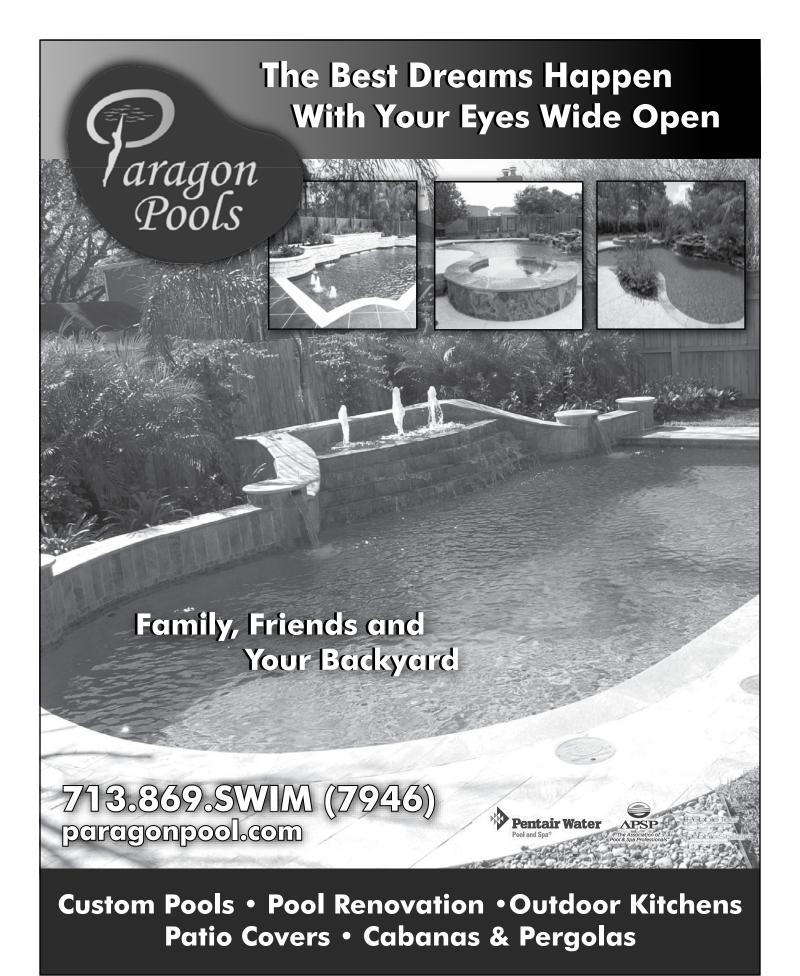
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IT'S THAT TIME OF THE YEAR AGAIN!

Students Can Win Thousands of Dollars in Scholarships and Savings Bonds!

Commander William "Bill" Shaffer of the Veterans of Foreign Wars (VFW) Post 2427 and its Ladies Auxiliary announces the kick-off of the years "Voice of Democracy and Patriot's Pen Essay Competition." These competitions are designed to give local students the opportunity to earn Scholarships and savings bonds toward their education. Students from public, private, and parochial schools are encouraged to participate, as well as students in home study programs.

Students begin competing sat the local Post level, Post winners advance to the District level, District winners then compete in the State competition. The State winners compete for more than 2.5 million in scholarships and savings bonds.

The Voice of Democracy contest is open to Students in grades 9 - 12 who are enrolled in a public, private or parochial high school, and those in a home study program in the United States, it's territories and possessions; or in an overseas U.S. Military/civilian dependent school. Foreign exchange students, students age 20 or over and

previous Voice of Democracy first place winners are ineligible. The theme for the year is, "Does American Still Have Heroes"?

The Patriot's Pen Contest is opened to 6th, 7th, and 8th grade students enrolled in public, private or parochial schools in the US, its territories or its possessions. Home-schooled students are also eligible. Dependents of U.S. of military or civilian personnel in overseas schools can participate too. Foreign exchange students and former winners that placed in the National finals are excluded from

the contest. The theme for this year is, "When Is The Right Time To Honor Our Military Heroes?"

The deadline for this contest is November 1, 2009. For more information please contact V.F.W. Post 2427, 14408 Alice Road. Tomball, Texas (281) 351-2427 or go online at www.vfw.org.



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The Road of Uncertainty

As I traveled along a remote road on my way to speak at a women's retreat, my GPS suddenly began an annoying repetition of the phrase, "lost satellite". After a few minutes, I picked up my cell phone to call for directions. No service. I found myself on an unfamiliar country road in East Texas, with no cell phone and a GPS that appeared to be as disoriented as I was.

Uneasy, I pulled over onto the side of the road, took a deep breath, reviewed my map and prayed. I studied the map and located a road that I remembered passing a few miles earlier. I estimated my location and eased back onto the road, following the map with my finger as I drove. Needless to say, I was grateful to discover a sign with the retreat center's logo and an arrow, indicating the turn was ahead.

Thinking back on my experience, it occurred to me that our journey through life often presents us with circumstances that make us feel as disoriented and uneasy as I felt that day when I was lost on an unfamiliar country road without cell service. It also occurred to me that our response to life's uncertainties should be the same as mine was that day on the road —Pause, Ponder, Pray, and then Proceed.

When faced with uncertainty, we need to take some time to quiet ourselves before the Lord. Psalm 46 assures us, God is our refuge and strength, an ever-present help in trouble. Be still and know that I am God (vs. 1,10a NIV).

Regardless how lost or helpless we may feel, God is our refuge and our strength and He is always available to help us. We can rest in the truth that He knows every detail of our circumstances and He is never disoriented. It's important to "be still" in order to hear His voice and sense His presence.

Ponder

Next, we need to take the time to gather information, reflect, and regroup. When conflict arose in the early church between Jewish and Gentile believers, the apostles took time to ponder the issues before deciding how to proceed. Acts 15:6 says, the apostles and elders met to consider this question (NIV). When we are unsure how to proceed, we need to gather information and ponder the facts.

Prayer is crucial. Through prayer, we can come before the Lord with the facts of a situation and earnestly seek His guidance. James 1:5 assures us, If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault, and it will be given to him (NIV). We can count on God to listen and to grant us the

(Continued on Page 15)



Increasing water safety awareness and standards

FACTS YOU NEED TO KNOW ABOUT DROWNING

Drowning is the leading cause of unintentional injury-related death in children ages 1-4









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Children who drown do not scream, splash, or struggle. They silently slip beneath the water, even with adults & lifeguards present.

The Times - August 2009 Copyright © 2009 Peel, Inc. The Road- (Continued from Pg 14)

wisdom that we need to move forward in His will.

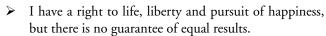
Proceed

Finally, after we have patiently paused, diligently pondered and earnestly prayed, it is time to act. You may step out cautiously, just as I did that day on the unfamiliar country road, but we can count on the truth of Exodus 15:13, which says, In your unfailing love you will lead the people you have redeemed (NIV). God loves us abundantly and although our circumstances can be frightening, we can trust that our God will lead us as He works out everything in conformity with the purpose of His will (Ephesians 1:11 NIV).

Are you facing uncertainty on an unfamiliar road? Pause... Ponder... Pray... and then Proceed. Our God faithfully leads the people He has redeemed!

AMERICA IS GOOD

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- The family is sacred. My spouse and I are the ultimate authority, not the government.





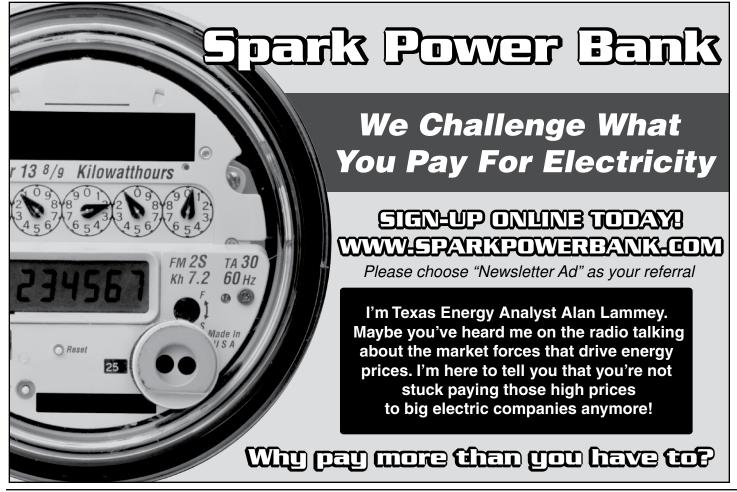
- ➤ I work hard for what I have and I will share it with who I want to. Government cannot force me to be charitable.
- The government works for me. I do not answer to them, they answer to me.

If you agree with any or all of the statements above then come to The Glenn Beck 9/12 Project Organizational meeting for Cypress on July 9th at 7:00 pm.

Located at 15010 Mueschke Rd.

Get involved.

For more information, please call 281-373-9337.



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Put the Don and Jeanne Machrowicz Team to work for you!!

- Marketing on multiple websites for 24/7 exposure of your home
- Don & Jeanne Machrowicz have over 30 years of real estate experience
- Honored by the Houston Business Journal as one of the top 25 residential real estate teams in the city
- Flexible commission plans

Bridgeland Year-to-Date Sales Report										
	Sep '08	Oct '08	Nov '08	Dec '08	Jan '09	Feb '09	Mar '09	Apr '09	May '09	June '09
\$500,000 and above	0	1	0	0	0	0	0	0	0	0
\$451,000\$499,999	1	0	1	0	0	1	1	0	0	1
\$351,00\$450,000	3	2	2	2	1	1	2	2	2	1
\$276,000\$350,000	1	3	5	7	4	0	3	3	3	2
\$231,000\$275,000	0	1	2	1	1	1	1	0	0	2
\$201,000\$230,000	1	3	0	1	0	0	0	1	1	2
\$200,000 and below	0	0	0	0	0	1	0	0	1	0
Total	6	10	10	11	6	4	7	6	7	8
Highest \$/sq ft	\$105.47	\$118.45	\$108.11	\$94.12	\$92.42	\$118.16	\$101.67	\$99.74	\$100.68	\$112.90

This information is taken from the Houston Multiple Listing Service

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Thinking about a career in real estate? Schedule a confidential conversation with Jeanne at 713.582.3131.

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