

RANCH RECORD

*News For The Residents of
Blackhorse Ranch*

Cy-Fair CERT

Community Emergency Response Training

Are You Prepared? This free emergency response training will again be offered at Lone Star College at Cy-Fair, 9191 Barker Cypress, Cypress TX 77433 starting on Sept 2-Oct 21, 2009. It is an 8 week course, every Wed from 6 to 9 pm. There is NO cost to you!

A training manual and starter backpack of supplies is also provided. The course is taught by professionals in their field. Classes cover:

- Disaster Preparedness
- Small Fire Suppression
- Medical Operations and Triage
- Light Search and Rescue
- Disaster Psychology
- Terrorism Awareness
- Disaster Simulation Drill

CERT training is designed to prepare you to help yourself, your family and your neighbors in the event of a catastrophic disaster. If emergency personnel are not available, you can use this training to save lives and protect property. For more information, see www.harriscountycitizencorps.com. To sign up for training, contact Terri Pope-Mobley at tpopemobley@yahoo.com. Be aware and be prepared!

Golf Tournament -

Cy-Fair CERT - Community Emergency Response Team - will hold a golf tournament on Friday, Oct 2, 2009 at the Bear Creek Golf Club, Masters Course. The tournament format will be a 4-man scramble with a shotgun start at 9 am.

Early bird entry fee is \$85 per golfer for registrants through 8/31/09, with the fee increasing to \$100 per golfer on 9/1/09. Entry includes 1/2 cart, lunch, gift bag and 4 free future rounds of golf per golfer at an Arnold Palmer course in Houston. We'll have contests and prizes will be awarded.

Sponsorships are available from \$50 to \$1000 with banner recognition. A sponsor-advertising table will also be set-up.

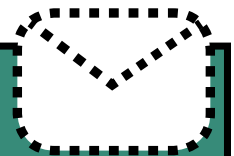
Tournament proceeds will benefit Cy-Fair CERT and our project to place storage containers filled with emergency supplies in our neighborhoods. CERT has over 250 trained Cy-Fair members who volunteered in local neighborhoods after Hurricane Ike.

For more information about our tournament, obtain an entry form or get information about CERT training please contact tpopemobley@yahoo.com.



Go Green, Go Paperless

Sign up to receive *The Ranch Record* in your inbox.
Visit PEELinc.com for details.



IMPORTANT NUMBERS

EMERGENCY NUMBERS

EMERGENCY911
Fire 911
Ambulance 911
Harris County Sheriff.....713-221-6000
Cy-Fair Volunteer Fire Dept. Bus. Office281-550-6663

AREA HOSPITALS

Cy-Fair Medical Center 281-897-3300
North Cypress Medical Center281-477-0830
Willowbrook Methodist281-477-1000

SCHOOLS

Cy-Fair ISD281-897-4000
Warner Elementary School.....281-213-1645
Spillane Middle School281-213-1645
Cy Woods High School.....281-213-1727
Cy Fair High School.....281-897-4600

PUBLIC SERVICES

Cypress Post Office281-373-9125
Drivers License Info. 281-955-1100
Harris County Tax713-224-1919

NEWSLETTER PUBLISHER

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Newsletter Article Submissions

Interested in submitting an article? You can do so by emailing blackhorse@peelinc.com or by going to <http://www.peelinc.com/articleSubmit.php>. All news must be received by the 9th of the month prior to the issue. So if you are involved with a school group, scouts, sports etc – please submit your articles for the Ranch Record. Personal news for the Stork Report, Teenage Job Seekers, special celebrations and military service are also welcome.

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- Tax planning

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Exciting Events Hosted By Cy-fair Republican Women

Sept. 8 - Come join us at Carraba's Italian Grill on Hwy 6 between Longenbaugh and FM 529 for an informative talk by Melinda Biersdorfer, Harris County Probation Officer. Coffee and social beginning at 10:30 AM, speaker and lunch beginning at 11:00 AM. RSVP on the website cfrw.net or call Mary Moss at 281-550-9415

Oct. 2 - HIGH HEELS AND HIGH TEA - this not-to-be-missed event is a luncheon, fashion show and shopping day all wrapped up into one. Come get to know your local officials and other women in the club. The event will be held at the beautiful Houston National Golf Club in the Stonegate subdivision. See our website for more details - cfrw.net or call Mary Moss at 281-550-9415.



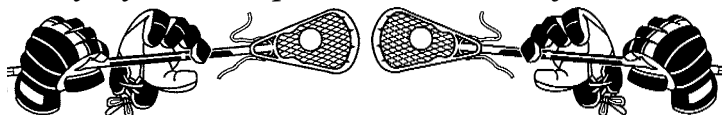
CY-FAIR IRON MAIDENS LACROSSE CLUB

The Cy-fair Iron Maidens Lacrosse Club will be holding a free, introductory Lacrosse clinic on Saturday September 12, 2009 for girls entering grades 4 to 12. No equipment required. Just bring yourself, your running shoes, and a parent. Equipment will be available for the participants' use during the clinic.

What is Lacrosse? Lacrosse is a combination of soccer, basketball, and field hockey all in one. It is a fast paced and exciting game to play and to watch.

Why Lacrosse? Lacrosse is a great option for girls looking for a fast paced alternative to the "traditional" women's team sports. Over the past 10 years Lacrosse has been the fastest growing High School sport in the nation. Lacrosse is also the fastest growing NCAA sport with an annual player participation growth rate of 10% for the past 6 years.

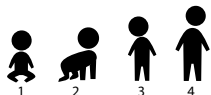
*So come and see what all the excitement's about!
Maybe you'll win a prize!!! We'll be there, just LAX'n.*



Increasing water safety awareness and standards

FACTS YOU NEED TO KNOW ABOUT DROWNING

Drowning is the leading cause of unintentional injury-related death in children ages 1-4



DROWNING WILL AFFECT YOU OR SOMEONE YOU KNOW



Drowning is the 2nd leading cause of unintentional injury-related death ages 1-14.

For more information,
check out our website at

www.colinshope.org

DROWNING CAN STILL OCCUR EVEN IF YOU KNOW HOW TO SWIM

NO ONE is "drown proof" - no matter their level of swimming ability.

Falls, entrapments, and injuries lead to drowning regardless of swimming level.

A majority of people overestimate their own and their child's ability to swim, especially in a panic event.

DROWNING IS QUICK AND SILENT



Drowning occurs in as little as 2 minutes.



Irreversible brain damage occurs in as little as 4 minutes.



Most children are out of sight or missing for less than 5 minutes and usually in the presence of 1 or both parents.



Most children die who are submerged for as little as 6-10 minutes.

Children who drown do not **scream, splash, or struggle**. They silently slip beneath the water, even with adults & lifeguards present.

Lone Star College - CyFair Perspective

In an effort to provide you with important information about Lone Star College-CyFair "Perspective" was developed. This column provides the latest information about news and events. Here is a sampling of what's going on:

Teens Driver's Education Available this Fall

Fall driver's education courses for teens ages 15 to 18 are available at Mondays through Thursdays at 4 p.m. and 6 p.m. Sept. 8 (Sept. 7 is Labor Day holiday) through Oct. 5 and at 6 p.m. Oct. 12 through Nov. 5 and Nov. 9 through Dec. 7 (except Thanksgiving holiday Nov. 26). The in-classroom (permit) driver's education course covers road rules, road signs, and laws to prepare the teens for the Department of Public Safety's written exam. Other topics are car maintenance, effects of drugs and alcohol, laws and penalties for drinking and driving, emergency situations, basic driving procedures, road rage, and insurance. Parents are responsible for the in-car instruction. Students are required to purchase the Texas Traffic Safety Education Student Manual, which is available at the campus bookstore. Call 281-290-5242 for information.

"2009 Faculty Art Exhibition" in the Bosque Gallery

Check out the artistic talent of full-time and adjunct art faculty from LSC-CyFair and LSC-Fairbanks Center this fall. This exhibition will be on display Sept. 8 through Sept. 24 in the Bosque Gallery with an opening reception at 4:30 p.m. Sept. 10. Go to LoneStar.edu/bosquegallery for gallery hours and information.

L.I.F.E. Lessons in September

The Learning, Inspiration, Fellowship and Enrichment (L.I.F.E.) programs are free and held Wednesdays at 10 a.m. in the Lone Star College-CyFair Branch Library (Room 131.) Programs in September include: flavors of Autumn Sept. 2, organ donation Sept. 9, preview of "Crowns" Sept. 16, travel tips Sept. 23 and new features on Cragislist Sept. 30. Call the library at 281-290-3213 for L.I.F.E. program information or go online to LoneStar.edu.

An Evening of ComedySportz

Enjoy comic improvisation at its best. "It's not stand-up comedy about sports ... it's improv comedy played as a sport!" This free event will be held at 7:30 p.m. Sept. 17 in the Main Stage Theatre. Go to Lonestar.edu/student-activities for information on this or other LSC-CyFair Student Activities events or call 281-290-3270.

Mark Your Calendars for Fifth Annual Cy-Fest

Lone Star College-CyFair will host the fifth annual community day for all ages in the Cy-Fair community Saturday, Oct. 10. Cy-Fest, the college's gift to the community, is a day of free food, festivities and family fun! There are games, entertainment, face painting, hay rides, moonwalks, a petting zoo and more. To help celebrate the five-year anniversary, Radio Disney will also be on site. For information go online to LoneStar.edu.

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Send Us Your Event Pictures!!

Do you have a picture of an event that you would like to run in the Ranch Record? Send it to us and we will publish it in the next issue. Email the picture to blackhorse@peelinc.com. Be sure to include the text that you would like to have as the caption. Pictures will appear in color online at www.PEELinc.com.

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RANCH RECORD

Cy-Fair ISD & Volunteers in Public Schools (VIPS): *Volunteers Rock!*

VIPS is an acronym for Volunteers in Public Schools. VIPS in Cy-Fair ISD center the attention of their service on supporting students and staff and making a significant contribution to the education of children. These dedicated individuals, who give freely of their time and resources, impact the academic and personal development of Cy-Fair students. Cypress-Fairbanks ISD is fortunate to be able to draw from a diversity of skills and knowledge in its community.

The district VIPS Executive Board spearheads the business of the VIPS. This board is comprised of volunteers elected to take on specific responsibilities offering support, guidance, and training to all volunteers in the district. The VIPS Executive Board meets monthly to evaluate and address the needs of the district and distribute information relating to volunteer and community activities and strengthen parental involvement in education.

If you are interested in being involved at Cy-Fair schools as a volunteer who "Rocks!" and making a difference, or would like more information, please contact Pam Scott, Partners in Education Director at 281-894-3950.

September 2009 Upcoming Events

SEPTEMBER 8 - INTERMEDIATE READING & WRITING TRAINING – 9:30 A.M. TO 12 P.M., BERRY CENTER

Techniques will be presented that volunteers can use when they assist teachers and students working to improve reading and writing skills in grades 2 thru 5.

SEPTEMBER 10 - VIPS GENERAL MEETING – 9:30 A.M. TO 12 P.M., BERRY CENTER


Open to all CFISD school staff, volunteers, parents and community members. Get the latest information on what is happening in CFISD.

SEPTEMBER 11 - TAG TEAM TRAINING – 9:30 A.M. TO 12 P.M., BERRY CENTER




Training for individuals who are interested in working directly with students to help them reach their full academic potential.

SEPTEMBER 15 - PRIMARY READING & WRITING TRAINING – 9:30 A.M. TO 12 P.M., BERRY CENTER

(Continued on Page 7)



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15,001 TO 20,000	\$35	\$45
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Replace: **\$70/ea** Install New: **\$125/ea**

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Fall 2009

Fall Life Groups and Bible Studies for all ages and stages.
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Movie Theatre on Hwy. 290 & Spring Cypress
Traditional Service: 9:00 a.m.
Contemporary Service: 10:20 a.m.

Jones Road Campus
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Traditional Services: 8:15, 9:20 & 10:40 a.m.
Contemporary Services: 9:20 & 10:40 a.m.



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Cy-Fair ISD VIPS - (Continued from Page 6)

Techniques and games will be presented that volunteers can use when they assist teachers and students with spelling, high frequency words, phonological awareness as well as developmental stages of writing for Pre-K thru 1st grade.

SEPTEMBER 16 - PIE MENTOR TRAINING – 9:30 A.M. TO 12 P.M., BERRY CENTER

Training for individuals committed to serve as a role model and friend to CFISD students.

SEPTEMBER 16 - VIRTUAL VOLUNTEER TRAINING – 1:00 P.M. TO 2:30 P.M., ISC WEST

Training for Volunteer Coordinators to learn how to effectively and efficiently manage their campus Virtual Volunteer account.

SEPTEMBER 23 - VISION CERTIFICATION TRAINING – 9:30 A.M. TO 1:30 P.M., BERRY CENTER

Become a State certified trained volunteer to assist your CFISD school in vision testing for the students. Please RSVP to your school nurse by September 18.

SEPTEMBER 24 - HEARING CERTIFICATION TRAINING – 9:30 A.M. TO 1:30 P.M., BERRY CENTER

Become a State certified trained volunteer to assist your CFISD school in hearing testing for the students. Please RSVP to your

school nurse by September 18.

SEPTEMBER 29 - PIE MENTOR TRAINING – 6:00 P.M. TO 8 P.M., BERRY CENTER

Training for individuals committed to serve as a role model and friend to CFISD students.

SEPTEMBER 30 - JUNIOR ACHIEVEMENT COORDINATOR TRAINING – 8:30 A.M. TO 9:30 A.M., BERRY CENTER

Specifically for those who will take responsibility for implementing the JA program for their campus.

SEPTEMBER 30 - JUNIOR ACHIEVEMENT VOLUNTEER TRAINING – 9:30 A.M. TO 12 P.M., BERRY CENTER

The purpose of Junior Achievement is to educate and inspire young people to value free enterprise, understand business and economics, and be workforce ready.

How to Register for Training

With the exception of Hearing and Vision Certification, register for training by emailing the PIE office at vipsrsvp@cfisd.net. Provide your name and the name and date of the training you wish to attend. Registration is required to guarantee a seat and training materials. Adults only please.

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RANCH RECORD

CY-FAIR KIWANIS CLUB

WANTED! A few good golf teams!

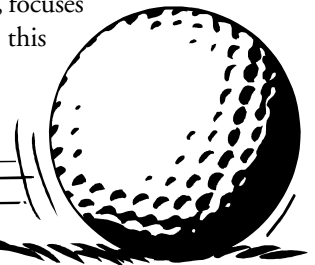
Women and men who bring their own team of players or singles who will be paled with other singles who want to play needed to participate in the Florida Scramble Golf Tournament. The date of this annual Kiwanis golf tournament is Thursday, October 22 with a 1:00 pm shotgun start. Registration begins at 11:30 am at Cypress Lakes Golf Course, "Home of the best greens in southeast Texas," followed by a putting contest at 12:00 pm. Contributions of \$100 per player or \$150 hole sponsor are welcome. All profits from the tournament will be used to sponsor youth in our community through service projects such as Key Clubs, boy and girl scout troops, scholarships, HOBY, etc. For further information, call Steve Caton at 713-985-3440 or see the entry form in this paper.

The Cy-Fair Kiwanis Club meets three times a month at the Hearthstone Country Club in Hearthstone from 12:15 p.m. to 1:15 p.m. for lunch, and programs including guest speakers on subjects of concern to the community and individuals. We invite you to a complimentary lunch, fellowship with our members, an informative program, and an opportunity to learn more about our organization.

Reservations are not required. The Club will meet on September 1, 15, and 22. Notice that there is no meeting on the second Tuesday because of the Labor Day holiday.

Membership in Kiwanis is open to persons of good character who adhere to the standards of good conduct in their community and believe in and subscribe to the objects of Kiwanis International. If you would like to know more about Kiwanis and the service programs it promotes, call John Carroll at 281-463-0373; George Crowl at 832-467-1998; or Robert Presnell at 281-304-7127.

CHILDREN: PRIORITY ONE is the motto of Kiwanis Clubs worldwide. The Cy-Fair Kiwanis Club, an affiliate of the International Kiwanis organization, focuses its services, programs and activities on this theme.



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**Kiwanis Worldwide
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Kiwanis Club of Cy-Fair – Houston

24th Annual Charity Golf Tournament
Thursday Oct. 22, 2009 - Cypress Lakes Golf Club
(18700 Cypresswood Drive - 281-304-8515)

Florida Scramble – Four Players per team

Registration 11:30 am

Putting Contest 12:00pm Shotgun Start at 1:00pm

\$100 per Player • \$150 Hole Sponsor

Golf Sponsors: Dinner Sponsor Recognition + 4 Players (\$1000)

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Name	Handicap
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Player #2 _____	_____
Player #3 _____	_____
Player #4 _____	_____

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Kiwanis is a 501(c)3, non-profit organization. FMV is \$50pp.

FOR INFORMATION, PLEASE CALL

STEVE CATON AT 713-985-3440

Classified Ads

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Blackhorse Ranch residents, limit 30 words, please e-mail blackhorse@PEELinc.com.

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office @ 888-687-6444 or advertising@PEELinc.com.



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Casino Night and Silent Auction

Cy-Woods High School Wildcat Band and Color Guard

On Saturday, September 19th from 7:00-10:30pm, the Cy-Woods Band will be hosting their fourth annual Casino Night at Cy-Woods High School. This annual event is not only to raise funds for the band and color guard, but also to have fun with friends and family. Ages 12 and up can participate. Play to win a great prize in our Texas Hold 'em tournament! You don't want to miss the fabulous Silent Auction and grand prize drawings! Come join the fun and help support the Wildcat Band and Color Guard. For more information visit the band website at www.cywoodsband.org.

Volunteer Opportunities in Cypress-Fairbanks Schools

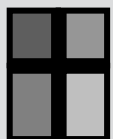
Summer vacations are now just a memory and students have returned to classrooms across the Cypress-Fairbanks School District. These students and their schools need help and involvement from the community.

Research shows that students whose parents are involved in their education and schools show a marked improvement in their academic and social skills. There are numerous benefits for all children if volunteers are working to provide extra attention and programs for the enhancement of their educational experience.

For those of you who work or have a restrictive schedule, there are many ways that you can help out that are not time consuming and much of the work can be done at home during the evenings or on week-ends. And,

remember that you do not need to be a parent or family member to be involved. There is a great need in the district for global volunteers. "Global volunteers" are individuals who are not the parent, grandparent or legal guardian of a student enrolled in a campus where they volunteer.

If you have a little extra time in your schedule, please consider becoming a school volunteer. To find out how to become a CFISD volunteer, go to the district website at www.cfisd.net. Press on the Quick Link drop down and go to Volunteer in CFISD. For more information about global volunteering, please contact the CFISD Partners in Education Department at pamela.scott@cfisd.net or 281-894-3950 or Kim Nash at krnash1@sbcglobal.net or 281-550-2685.



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images

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Improve Neighborhood Air Quality ... Fragrance Free Dryer Exhaust

By: Charlie & Michelle Bubnis

Have you ever been walking in the neighborhood enjoying the fresh air and then suddenly you are hit by the sweet fragranced smell of a heated artificial, petrochemical based scent from someone's clothes dryer exhaust? Often times a headache will occur, similar to people's reaction to perfumes worn in the office or at church. This is a normal protective reaction by the body as these fragrances are harmful neurotoxins and should be avoided whenever possible. National surveys found that at least 10% of the population reacts adversely to laundry products vented to the outdoors. Young children are particularly affected by fragranced chemicals because their body's detoxification mechanism is not fully developed.

Some of the most common chemicals used in fragranced laundry products are benzyl acetate, camphor, ethyl acetate, limonene and pentane. Many of these substances are capable of causing cancer, birth defects, central nervous system disorders, allergic reactions and chemical sensitivities. Some are on the EPA's hazardous waste list. According to a joint study by NIOSH and the U.S. House Subcommittee on Business Opportunities, 778 of the chemicals used in the chemical fragrance industry cause acute toxicity.

So the next time you are considering picking up a box of fragranced laundry detergent or fragranced dryer sheets...think about the impact on the neighborhood air quality and the proliferation of second hand scents. Healthier options could be: Add baking soda to the rinse cycle, or add ½ cup vinegar to the wash cycle to soften fabrics and reduce static cling. Vinegar is a natural fabric softener.

Do the neighborhood a favor and make sure your dryer exhaust doesn't pollute the environment. Be kind to yourself and to your neighbors, use unscented laundry products.

FOR MORE INFORMATION:

- <http://ehnca.org> – Fabric Softener = Health Risks from Dryer Exhaust and Treated Fabrics by Julia Kendall
- www.mcs-global.org – Could it be your Fabric Softener?
- www.physorg.com – Toxic Chemicals Found in Common Scented Laundry Products, Air Fresheners
- www.scorecard.org – enter your zip code and you can get information regarding air, water and chemical releases for your county



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RANCH RECORD

The MOMS Club® of Cypress Moms Offering Moms Support *Welcomes all Stay-At-Home Moms*

MOMS Club® is an international organization with a neighborhood feel! We are teachers, business women, counselors, chefs, CPA's and artists who have put those careers on hold and have made the choice to stay home with our kids.

MOMS Club® is a place to find friendship, support, playmates and sisterhood!

ALL events include our children and we believe there is something for every mom out there! Are you looking for park days, coffee breaks, lunch outings, (free) babysitting co-op, craft projects, time to sit and chat, cooking club, book club or someone to share dinner with when your husband is traveling or working late? We even find the time to meet once a month for a mom's night out for a great time to unwind. Or are you

interested in helping within the community with service projects? We have that! (And a whole lot more!)

WOW! It's already September and the kids are back in school. Where did the summer go? Do you have a little one at home that is missing his older brother or sister? Or do you just have young children and looking for some fun things to do? Come join other moms and kids in many great outdoor and indoor activities. Are you new to the area or a new mom and need a friend or support; we are here for you. Don't let yourself feel isolated being a stay at home mom. You can attend two events before joining. Our membership fee is only \$20 a year. The MOMS Club is a great opportunity for you and your kids to make new friends in

our area. Come visit our next all-member meeting and see for yourself! There is a lot of fun and support just waiting for you! Our next meeting is Tuesday, September 8th, 10AM at Good Shepherd United Methodist Church located on Cypresswood Drive in Fairfield. We often have a guest speaker at our meetings discussing topics like finance, health, organization and other popular topics. As always, children welcomed!

For more information, please contact
Keri Whitt, Membership VP, at 713-724-4147,

keriwhitt@yahoo.com

or

Amy Wilkes, President, at 281-455-2807,
amywilkes2003@yahoo.com.

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- Kids Stuff -

Section for Kids with news, puzzles, games and more!



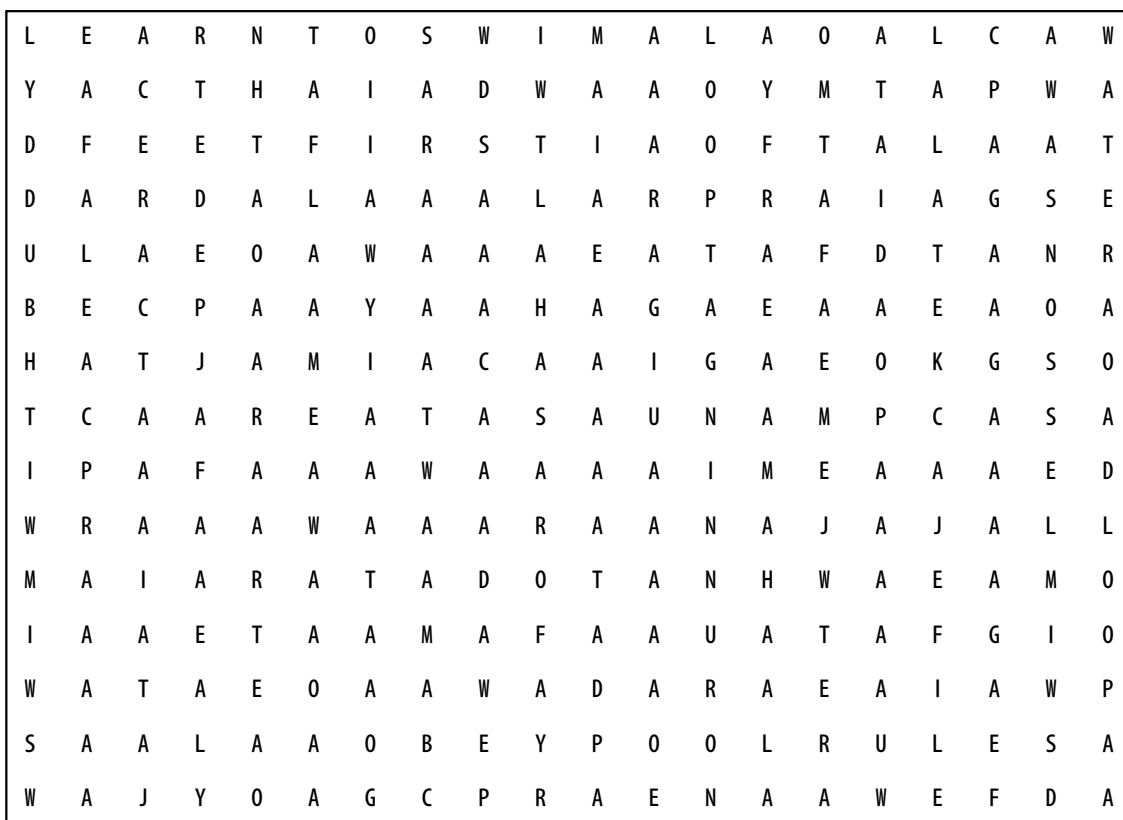
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COLIN'S HOPE

Increasing water safety awareness and standards

Water Safety Word Find



Find and circle all of the words that are hidden in the grid.

The words may be hidden in any direction.



POOL
LIFE JACKET
LIFEGUARD
LEARN TO SWIM
NO RUNNING AT POOL

SWIM LESSONS
FEET FIRST
SWIM WITH BUDDY
OBEY POOL RULES
WATER WATCHER

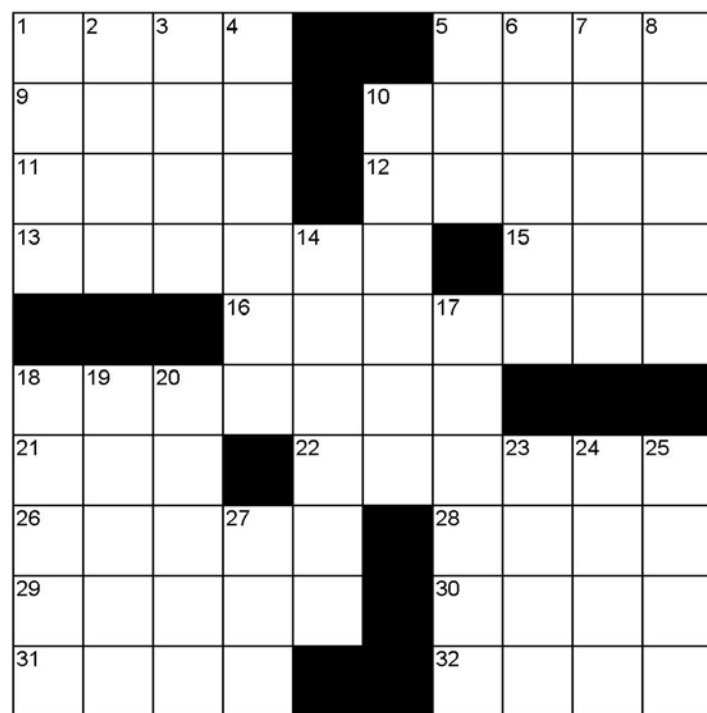


For more information check out our website at:

www.colinshope.org

Colin's Hope is an all-volunteer 501(c)(3) nonprofit organization that creates and supports programs that aid in preventing children from drowning. Despite numerous sources for water safety, the number of children who drown per year is staggering. Colin's Hope of saving children from drowning is being achieved through increased water safety awareness and improved standards throughout the community.

Crossword Puzzle



ACROSS

1. Chunk
5. Tramp
9. Run
10. Confuse
11. Cain killed him
12. To that time
13. Fraud
15. Compass point
16. Taught
18. Hides
21. Brew
22. Large meals
26. Sheer, triangular scarf
28. Midwestern state
29. Electronic mail
30. First letter of the Arabic alphabet
31. September (abbr.)
32. Polish

DOWN

1. Attired
2. Earring need
3. Organization of Petroleum Exporting Countries
4. Efface
5. Egg layer
6. Many times
7. Capital of Idaho
8. Eyed
10. Combustible material
14. Angry
17. Old Testament prophet
18. Fireproof storage areas
19. Climate
20. Summary
23. Fly alone
24. Matching
25. Secure
27. Whack

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Blackhorse Year-to-Date Sales Report

	Oct '08	Nov '08	Dec '08	Jan '09	Feb '09	Mar '09	Apr '09	May '09	June '09	July '09
\$451,000 and above	0	0	1	0	1	0	0	0	0	1
\$351,000--\$450,000	1	0	0	0	0	0	0	1	0	0
\$276,000--\$350,000	0	1	0	0	0	0	1	1	2	1
\$231,000--\$275,000	0	0	2	1	1	1	1	0	0	0
\$201,000--\$230,000	0	0	0	1	1	0	0	0	1	1
\$200,000 and below	0	0	1	0	0	1	0	1	0	1
Total	1	1	4	2	3	2	2	3	3	3
Highest \$/sq ft	\$89.56	\$89.97	\$145.25	\$84.76	\$118.46	\$86.78	\$85.81	\$95.09	\$85.34	\$96.37

This information is taken from the Houston Multiple Listing Service

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