

G

OFFICIAL FAIRFIELD COMMUNITY ASSOCIATION NEWSLETTER

THE TEXAS TORNADOS VOLLEYBALL CLUB

will host their 2nd Annual Casino Night!

Turn on your poker face and charm ... Get ready for a night of good friends, food, dancing and gambling!!!

Saturday, October 24, 2009 • Doors open at 6:30pm 7:00pm - 12:00am 8835 Wheat Cross Drive

Tickets: \$30.00 per person or \$50.00 per couple (Must be 21 and over to attend event)

Register online at www.texastornados.org/club/fundraiser



Tickets include dinner, a drink, 2500 chips and a raffle ticket. Prizes given for best costume!

> All proceeds will help offset the cost of new equip, repairs and specialized coaching services

Everyone attending must wear rubber bottom shoes!

Calling All **Girl Scouts!**

Do you have a friend or daughter who wants to be?



We are having a HUGE community wide event to sign-up new Girl Scouts and volunteers and form new troops for Ault, Keith, Swenke, Robison, Spillane, Goodson and any area High Schools. Girls who attend private or home schools are welcome too!

We are also having Girl Planning Board sign-up for existing Girl Scouts who want to help plan events for the 2009-2010 year.

Bring the family to enjoy carnival games, clowns, hot dogs, popcorn, face painting and moonwalk. Parents give the gift of life with Methodist Blood Center Mobil donation team. Saturday, September 12, 2009

Good Shepherd United Methodist Church 11:00am to 3:00pm

We are collecting new and used books as our Service Project.

Contact Kim (dudleyk72@aol.com) or Denise (gradygill@hotmail.com) with any

Come see Girls Scouts in your community. We DO make a difference!



FAIRFIELD COMMUNITY GAZETTE

Important Numbers	
EMERGENCY NUMBERS	
Ambulance/Fire	911
Poison Control	800-222-1222
Sheriff's Department	911
NON-EMERGENCY NUMBERS	
Ambulance	
Cy-Fair Medical Clinic (24 hr)	281-890-4285
FBI	713-693-5000
Fire	
Harris County Animal Control	281-999-3191
Sheriff's Department	
Vacation Watch	281-290-2100
CHURCHES	
Christ Church Houston Northwest	
Christ the Redeemer Presbyterian Church	281-357-8880
Community of Faith	832-875-2520
Christ the Redeemer Catholic Church	281-469-5533
Fairfield Baptist Church	281-373-5446
Fairfield Church of Christ	
Fountain of Life Fellowship	281-373-9337
Good Shepherd United Methodist Church	
Harvest Bible Church	
Messian Lutheran Church	281-890-3013
Saint Aidan's Episcopal Church	281-353-3203
The Fellowship at Fairfield	281-923-5130
COMMITTEE NUMBERS	
Crime Watch Chairman: Freeman Martin freeman	
Fairfield Area Swim Team: Carla Tharp	
Fairfield Women's Club: Dawn Bond	281-224-3296
Security Coordinator:	
NEWSLETTER COMMITTEE	
Holly A. ReichertFairfieldGazette-	Editor@comcast.net
NEWSLETTER PUBLISHER	
Peel, Incfairfieldgazette@peelinc.	com, 888-687-6444
FAIRFIELD VILLAGE COMMUNITY ASSOCIATION	
Resident Board Members:	
Please remember that the resident Board Members are volunteers with	families.
A	

As a courtesy please communicate with them during reasonable hours.

Ed Hofer (Bradford Creek, FF Village Community Assoc.)

Ed Holei (Bradiota Cleek, FF Village Collinating Assoc.)
bradford.neighbor@hotmail.com
Pam Montgomery (Bradford Creek) pmontgomery@robertsmarkel.com
Jim Auge (Bradford Creek)jauge7@yahoo.com
Tami Ehler (Bradford Creek)fairfield-bradford@sbcglobal.net
Roy Erickson (Bradford Creek)Bradfordcommunity@sbcglobal.net
Joni Seifert (Chappell Ridge)
Kay Jukes (Chappell Ridge, FF Village Community Assoc.)281-373-9301
John White (Chappell Ridge)281-373-1223
Brian Gambrell (Fairfield South)brian_gambrell@hotmail.com
John Hanes (Garden Grove, FF Village Community Assoc.) 713-431-2245
Donna Bonneau (Garden Grove)
Louis Iselin (Garden Grove)
Robert Nichols (Inwood Park)Susan.nichols@yahoo.com
Alex Griffith (Inwood Park)
Terry Noe (Inwood Park, FF Village Community Assoc.)281-213-8780
Billy Sutton (Inwood Park)
Patrick Wong (Lakes of Fairfield)pcwong1@earthlink.net
Kevin Hoffman (Lakes of Fairfield)khoffman00@comcast.net
Mark Gafford (Lakes of Fairfield)donna_gafford@sbcglobal.net
Ken Heil (Trails of Fairfield)
Brian Roberts (Trails of Fairfield)brian.roberts53@att.net
Friendswood Development:
Tim Fitzpatrick (Chappell Ridge, Garden Grove, Lakes, Trails, FF South)
Tommy Weaver (Chappell Ridge, Garden Grove, Lakes, Trails, FF South)
Nan Peavey (Chappell Ridge, Lakes, FF South)
GOVERNMENT/STATE NUMBERS
Courthouse Annex
Driver's License

Post Office	
Voter Registration	713-224-1919
MISCELLANEOUS NUMBERS	
A.M.I (deed restrictions, etc.)	
Cecelia Panzinetti, AMI Onsite Manager	281-256-0065
Community Meeting Room	281-373-0834
Cy-Fair College	281-290-3200
Cypress Area Home Schoolers	281-890-3792
Fairfield Athletic Club (FAC)	
Fairfield Information Center	
Friendswood Development	281-875-1552
Harris Co. Library (Northwest)	281-890-2665
Harris Co. Animal Control	
Harris County Mosquito Control	713-440-4800
SCHOOL NUMBERS	
Ault Elementary	281-373-2800
Bus Information	
Cy-Fair Administration	281-897-4000
Cy-Fair High School	
Cy-Ranch High School	
Goodson Junior High School	
Keith Elementary	
Spillane Middle School	281-213-1645
Swenke Elementary	
UTILITY NUMBERS	
ENTEX (gas)	713-659-2111
Centerpoint Energy (Electricity)	
Southwestern Bell (phone)	
ST Environmental (Sewer/water)	
Time Warner Cable	
Waste Management (trash)	
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- Broker-Owners, Don & Jeanne have 30+ of real estate experience each.
- For 16 years RE/MAX Preferred Homes has sponsored Ball teams, Women's Club events, contributed to fundraisers, bought cookies and fertilizer from scouts, paid for banner at soccer field, and promoted Fairfield as the premier neighborhood in northwest Houston.
- We offer flexible commission plans and still provide outstanding service.
- Our Team will put your needs first!

Featured Listings 21003 S. Amber Willow Trail

This charming 2-story home is welcoming from the curb through the front door and the covered patio just outside the kitchen door! Those elegant plantation shutters that work for every design style are in all front windows. Foyer is flanked by study w/ french doors on one side and formal dining w/cove lighting on the other. An affordable home with the most desired features by today's buyers; breakfast bar to the family room, kitchen prep island, private master suite on first floor, 3 bedrooms, 2 full baths, and game room up. Easy to clean double pane windows which tilt for accessibility. Ceiling fans. Energy features. Come see for yourself. 4/3.5/3 Car tandem garage \$279,900

15410 Pine Valley Trail

Outstanding one story plan with 14ft breakfast bar open to the family room. 10ft ceilings continue the spacious and open feel. You'll appreciate being able to walk from the front door AND the garage to kitchen on tile. No worn pathway so standard with carpet!! REAL wood floors in family room and dining. Stainless and black appliances streamline the kitchen and 2 inch blinds control light and privacy. Gas log fireplace exudes ambience. Room for freezer in utility rm. Double sinks in both baths, 2 closets in master. His and her lavatories in master bath. You don't want to miss this one! 4/2/2A. \$175,000

We support CypressLostPetAlert.com

15050 Fairfield Village In the Fairfield Shopping Center opposite the Shell Station on Mason Road

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Email: jeanne@donandjeanneteam.com

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Attention Fairfield Homeowners

2009 Meeting Schedule for Fairfield Village Neighborhood Association and Villages Lynn Byrne, AMI

The 2009 meetings of the Fairfield Village Neighborhood Association, Inc. and Villages Board of Directors are scheduled for the fourth Tuesday of every other month at 7:00 p.m. (except December) at the Lakeside Trails Clubhouse, 16125 Country Fair Lane. Please mark your calendar accordingly.

September 2009	Tuesday	22nd Board Meeting (Schedule Budget Meeting)
October 2009	Tuesday	NO MEETING
November 2009	Tuesday	NO MEETING
December 2009	Tuesday	1st Board Meeting

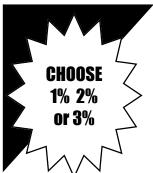
Fence Repair Information

So your fence needs some TLC. They all do at some point.

Many homeowners may have seen a 'rot board' at the bottom of a new fence. This is a 2"x6" board that runs along the bottom horizontal just slightly above the ground. The idea is that it extends the life of the fence because the bottom is not in direct contact with the moist ground. The rot board is a fine idea, but it can lead to a problem. The problem is that it increases the height above the 6' maximum. Some of you may have seen a new fence butting up against an existing fence that appears to be a bit shorter. This is not permissible per the Governing Documents of Fairfield Village. Fences exceeding the 6' maximum height will need to be modified to comply with community standards.

If you need to repair your fence, please remember to follow the repair procedure as described by your ARC Guidelines. The first step is to complete an ARC application and send it in to AMI for approval. You can download an ARC application from the Fairfield Village website at www.fairfieldvillage.org or you can call AMI at 713-932-1122 and we will mail, fax or email one to you. You can read up on fence guidelines by going to the website and downloading the ARC Guidelines for your association.

Avoid the additional expense of having to call your contractor back out or spending another Saturday afternoon on the fence. And remember, you are always welcome



FAIRFIELD HOMES RECENTLY SOLD

- •20403 Gentle **Mist Lane**
- •15343 Wild **Timber Trail**
- 16646 Redbud Berry

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9-0200

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Attention Fairfield Homeowners

BRADFORD CREEK BOARD OF DIRECTORS NEWS

The Bradford Creek Board met in executive session on Tuesday, June 9, 2009 to determine officer positions for the next year with the following results:

> President – Ms. Pam Montgomery Vice President - Ms. Tami Ehler Secretary - Mr. Jim Auge Treasurer – Mr. Ed Hofer Vice Treasurer - Mr. Roy Erikson

We believe this arrangement allows work to flow to the member with the expertise and time to accomplish the associated tasks.

At the time of this writing there are a couple of "hot button" issues we are attempting to address. One is the 2009 Pool Schedule where some Fairfield pools hours were curtailed due to usage patterns. Although Bradford Creek was not affected due to the heavy usage of our pool; residents of other neighborhoods expressed displeasure with the hours at their neighborhood pool. The most often heard complaint of Bradford Creek residents in early June was that they had to utilize another pool because ours was at capacity. Explanation of the Reciprocal Pool Use Agreement and management and financial arrangements are beyond the scope of this space. Suffice to say that meetings will be scheduled by the Fairfield Village Assn., Pool Committee through the fall months so that residents will have the opportunity to express their position on the matter. Please watch the electronic sign boards or www.

fiarfieldvillage.com for times and places of these meetings.

The second issue concerns the lack of contiguous sidewalks in some areas of Bradford Creek. This deficiency came to the forefront because of the decision by Cy-Fair ISD to eliminate bus service to some elementary school students living within two miles of their school. The developer provided a good general system of sidewalks but upon close inspection one will notice several deadheaded ADA ramps at various intersections. The net result is that pedestrians (big or small) must "double cross" streets in some areas to remain on a sidewalk. Your Board had already identified these areas and has submitted detailed descriptions and drawings to MUD 354 requesting offsetting funding to help us provide the needed sidewalk improvements in our Bradford Creek neighborhood. A renewed appeal will be made at the August MUD Board meeting.

Lastly we want to inform our constituents that this is the time of year when we work on the budget for the next fiscal year. We will continue to look for every opportunity to eliminate waste while maintaining our amenities in pristine condition and make improvements wherever funding allows. All residents are cordially invited to attend Board meetings or to contact a Board member via e-mail to provide input into the budget process.

Fairfield Community Gazette

Procedures for Submitting Articles & Personal Classifieds

If you would like to submit an article and/or personal classified ad(s) for publication in the Gazette, please follow these guidelines:

Articles, personal classified ads (limit 30 words), questions regarding regular columns and teen job postings (i.e. additions, deletions, changes) must be submitted to the editor, Holly Reichert, via e-mail at FairfieldGazette-Editor@ comcast.net

Please submit all articles and personal classified ads in Microsoft Word only. Photographs and graphics must be submitted as a JPG file.

The deadline for submission of articles and personal classified ads is by the 10th of each month; your article and/or ad will appear in the following month's Gazette. In order for the Gazette to be delivered on time the submission deadline date will be strictly adhered to and no articles and/or personal classified ads will be accepted after the 10th of each month.

If you would like to submit or have questions regarding business advertising and/or business classified ads, please contact Kim Moore at kim@peelinc.

Thank you, Holly A. Reichert, #281-304-9956



Sun & Mon: Closed

Tues-Thurs: 9:30am - 7:00 pm

Fri: 9:30am - 5:30 pm **Sat:** 9:00am - 4:00 pm Gift Certificates Available Walk-Ins Welcome

10750 Barker Cypress, Ste. 114 (1 mile south of 290)

Stork Report

Mike, Tara and big sisters, Lillian and Mattie, would like to welcome their new sister, Emma Faith. She was born August 8, 2009 at 2:39pm. Emma weighed 9 lbs 1 oz and was 20 inches long.

Jason & Brandi Morley welcome Jaxson Reid Morley into the world! July 29, 2009 at 3:35 pm. 6lbs 9oz 18 3/4 inches



RE/MAX Lakeland

Would like to send out a HUGE Thank You



Thank You to all the residents of Fairfield that made the Children's Miracle Network Toy Drive supporting Texas Children's Hospital SO SUCCESSFUL!!

Thank you to Dave's Hoagie house for participating in this Community Event. The children's reactions to your gifts were overwhelming.



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SUMMER IS FOR MULCHING!

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lowa Colony (281) 431-3400

Missouri City (281) 499-5641 League City/Dickinson (281) 337-7800

Katy Freeway (281) 579-1472

Cutten Road (281) 537-2377

Richmond (281) 342-6113 Kingwood/New Caney (281) 689-6083

Woodlands (936) 321-4001

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H's Simple. Come in for your initial exam, cleaning and x-rays (services typically covered by most insurance companies) and you will receive FREE custom take-home whitening trays and gel. (\$495 value) As long as you keep up with your recommended cleaning visits, you will get 2 FREE tubes of whitening gel twice per year for the rest of your life! That's it. No other requirements!

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Street Light Outage

You can report a street light outage online at www.centerpointenergy.com. Click on:

services/electricity/residential to report a street light outage.

You may also call Centerpoint at 713-207-2222

You must know the pole number and a nearby address. Centerpoint will send you a confirmation and an expected fix date. Thank you - AMI

Advertising Information
Please support the businesses that advertise in the Gazette. Their advertising dollars make it possible for all Fairfield residents to receive the monthly newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the Gazette by advertising, please contact Peel, Inc. Sales Office, at 888-687-6444; advertising@ PEELinc.com.

CLASSIFIEDS: Personal ads are free for Fairfield residents. Limit 30 words. 281-304-9956, FairfieldGazette-Editor@comcast.net Business Classifieds are \$75. Limit 40 words. Contact Peel, Inc. Sales Office at 888-687-6444, advertising@PEELinc.com OR Kim Moore at 281-373-3807, kim@PEELinc.com.

The Foundry Church Holiday Market & Tea Room

A Shopper's Heaven on Earth!

The Foundry United Methodist Church will host over 100 vendors at its annual Judy Dierker Holiday Market on Saturday, October 17, 2009, 9 a.m. to 4 p.m. You'll find terrific values on a wide array of goods from vendors offering handcrafted items, fall & Christmas specialties, gourmet baked goods, children's toys, clothing, jewelry and more in a fun and friendly marketplace. You can also shop The Foundry General Store where every cent you spend benefits local and foreign missions. And, when you're hungry, be sure to stop by our Texas Tea Room, open 10:30 a.m. to 1:30 p.m., and enjoy salads, desserts, and coffees.

Admission to the market is FREE; purchase tea room tickets at the event for \$10 each (all proceeds benefiting missions). Come rain or shine! Foundry is located at 8350 Jones Road, 1-1/2 blocks north of Hwy 290. For more information, call 713-937-9388 or see www. foundrychurch.org.



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Need Help With A Lost Or Found Pet ...

Please contact Susan Locke, Fairfield's Lost and Found Pet Coordinator at 281-605-5775 or you may go to http://groups.yahoo.com/group/fairfieldpets. Susan is the contact for someone that has lost or found a pet and tries to match the two together. Susan is unable to pick up, deliver or provide medical assistance to lost, found or injured animals but will try to help locate the dog or owner when they are lost.

-Your pet's ID tag is their ONLY ticket home! -* * * * * * * * * * SAVE A Life ... Be A Foster Parent.

More HELP for PETS

When a pet is lost, finding the pet means that time is of the essence. It takes time to create, print and distribute flyers. The flyers are many times illegible because of wind or rain. I certainly do not fault the pet owner because I have done this myself.

Frustrated, I thought there has to be a better way. So that is why we created Cypress Lost Pet Alert.com. The idea is to very quickly get the word out through an e-mail alert to as many neighbors as possible plus post the picture and information about the pet on the website under the specific neighborhood.

Once the email alert goes out to the specific neighborhood, many, many neighbors are now aware. If they happen to forward the email to their friends who have not signed up, it could mean hundreds of your neighbors are already alerted and are keeping their eyes open for your lost pet.

Cypress Lost Pet Alert.com is on-call 7 days a week from sun up to sun down and is FREE. We are glad to work with any informal email chains. The whole idea is to find lost pets quick for the good neighbors in Fairfield and surrounding areas.

Regards, RB Cox alert@CypressLostPetAlert.com www.CypressLostPetAlert.com

Jennifer Kwak, M.D.

Welcomes







OFFICE HOURS

Monday - Thursday: 9 am - 5 pm Friday & Saturday: 9 am - noon 281.304.5100



Fairfield Medical Center 15040 Fairfield Village Square Dr. Suite #150 Cypress, Texas 77433

Fairfield Express II 2009 8U Select National Champions!

www.fairfieldexpress.org



Way to go Express II on an Awesome Season!

These Fairfield boys began the season with a 1st place tournament finish, had three consecutive 2nd place tournament finishes, and ended the season in the Nations National Championship where they went 8 and 1 to win the tournament. What a great way to end the season!

Front row: Scott Low, Logan Kohler, Austin Foster, Chase Payne, Russell Miller, Tucker Fredrickson, Collin Riddle, Kyle Smith and Colby Ellis

Middle row: J.J. Goss, Colton Owen, Haden Ritchie and Tanner Garrison

Top row: Coaches - Mike Miller, Dallas Foster, Ken Payne, Craig Owen and Greg Riddle

Not pictured: Assistant Coaches - Hamp Cromer, Neal Childers, and Danny Broadway

Thank you to all of our generous sponsors, families and a special thanks to Head Coach Ken Payne!! Congratulations to the other teams in the Express family: Fairfield Express (9U), Fairfield Express III (6U) and Fairfield Express IV (7U) on a great season.





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Fairfield Express III 2009 6U World Series 4th Place Team



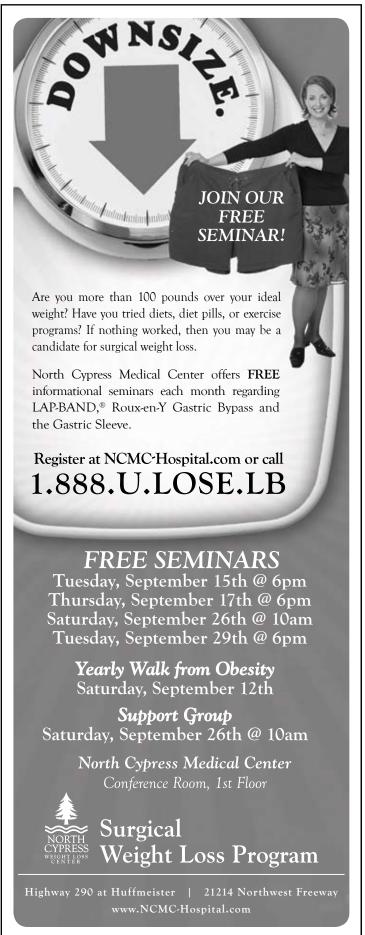
Front Row: Cole McClellan, Cole Walther, Kolton Nunez, Rush Croes, Dylan Broadway, Bryce McMorris

Back Row: Tripp Cromer, Parker Childers, Tanner Klaus, Seth Broseman, Liam Koleci, Tyler Foster

Head Coach, Dallas Foster









October 17, 2009

Come out and support the Cypress Ranch Athletics Program and WATCH THE UT vs. OU game with us before the tournament starts. Lunch will be served during the football game and dinner at the end of the tournament. Shotgun start will be at 2:00PM

2nd Annual **Mustang Classic Golf Tournament**

LONGWOOD GOLF CLUB 13300 LONGWOOD TRACE CYPRESS, TX 77429 281-373-4100 www.longwoodgc.com

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- Longest Drive
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AND MUCH, MUCH MORE!!

Name Address	Registration Fee:	\$400 - Four \$500 - Four
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	Player 2:	
Email	Player 3:	
Address	Player 4:	
Phone	I cannot play in the tour	•

TOURNAMENT HELD RAIN OR SHINE

Mail registration form and payment to:

CRABC - GOLF TOURNAMENT 10700 Fry Road Cypress, TX 77433

Some (before 9/18/09) **Some** (after 9/18/09)

like to make a donation Cypress Ranch Athletic Booster Club in the amount of:

PAY ON-LINE: WWW.CYPRESSRANCHATHLETICS.COM (Please mail this form with players names and contact information to complete the registration process)

JOIN US OCTOBER 3RD FOR THE

AVAILABLE HOMES.

UPDATED with paint, oil rubbed bronze hardware, bronzed ceiling fans etc. Lots of young families in this area!. Walking distance to Ault Elementary. Home features over 4400 sf, large covered patio, pool with plenty of room for a playset and dog run, formal living/study, formal dining, HUGE family room with double French doors to downstairs Gameroom. Extensive crown molding, Large Island kitchen with walk-in pantry and built-ins, HUGE room sizes including the master bedroom which has a adjacent flex room! Awesome Cul-de-sac location, sides to the greenbelt that leads to Fairfield Athletic Center. One of the BIGGEST Perry Built homes in Chappel Ridge.

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We have a team walking and would love for you to join us, please visit www.komen-houston.org . Our team is RE/MAX Northwest! For every referral we receive September thru the end of October that results in a sale, we will donate \$250 to the Susan Komen foundation.

Thinking about making a move, but don't know where to start to get your home ready to sell? Call us, we provide FREE staging assistance. We are not in

so updating your home goes a long way in getting your home SOLD for the best price. We work closely with a small group of contractors that do everything from paint to wrought iron, to tile and carpet, whatever your needs we are here to help.



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RE/MAX Northwest The Dan Boutwell Team 281-797-3590 Direct 281-893-8400 Office cindy@dan-cindy.com

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danboutwell@dan-cindy.com





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If a move is in your feature, Call us! We are 23 year Cypress Area Residents, and will get you moving! www.Fairfield-neighbors.com

FAIRFIELD COMMUNITY GAZETTE

Enduring Mercy By Mindy Ferguson

The sanctuary echoed with hundreds of voices singing, "His love endures forever!" A deep voice thundered the words from the seat behind me. A well trained soprano harmonized from across the room. The words were barely audible from the heartfelt whispers of the frail, elderly woman beside me. As I listened to the praises of the young, the old, the broken and the joyful, I was overwhelmed by the mercy of our God.

Thousands of years ago, there was another sanctuary filled with similar praises from the lips of God's servants. After seven years of diligent and meticulous labor, Solomon's workers completed the construction of the Lord's glorious temple. With joyous expectation, the elders and priests gathered together to give thanks and dedicate the magnificent structure.

The trumpeters and singers joined in unison, as with one voice, to give praise and thanks to the LORD. Accompanied by trumpets, cymbals and other instruments, they raised their voices in praise to the LORD and sang: "He is good; his love endures forever." Then the temple of the LORD was filled with a cloud, and the priests could not perform their service because of the cloud, for the glory of the LORD filled the temple of God. -2 Chronicles 5:13-14 (NIV)

The presence of God descended in a cloud, filling every crevice of that temple with His awe-inspiring glory. The instruments were silenced. The praises ceased. The Spirit of the Living God so overwhelmed His servants that they were unable to stand in His presence. What had simply been a spectacular building was instantly transformed into a sacred temple.

It is not our worthiness that woos our heavenly Father to the temples of our hearts. It is His mercy. According to The Bible Knowledge Word Study: Joshua-2 Chronicles (Cook), The Hebrew word translated "love" in the worshippers' song (2 Chronicles 5:13) refers to the mercy and kindness God faithfully bestows upon His covenant people.

As Christians, we come before a holy and righteous God only by the covenant blood of His beloved Son. It is God's mercy that brought His son to earth. It is His mercy that sustained our Lord on the cross. It is God's mercy that makes a temple worthy of His holy presence.

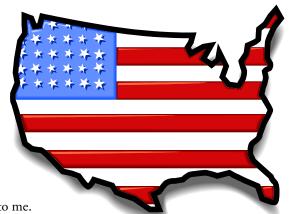
Beloved, regardless how ordinary or unworthy you may feel, by the cleansing blood of Jesus Christ and the indwelling of His Spirit, you have been mercifully transformed into a sacred temple of a Holy God. Let's respond by living in a state of worship. Therefore, I urge you, [sisters], in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God-this is your spiritual act of worship.





AMERICA IS GOOD

- I believe in God and He is the Center of my Life.
- The family is sacred. My spouse and I are the ultimate authority, not the government.
- ➤ I have a right to life, liberty and pursuit of happiness, but there is no guarantee of equal results.
- I work hard for what I have and I will share it with who I want to. Government cannot force me to be charitable.
- The government works for me. I do not answer to them, they answer to me.



If you agree with any or all of the statements above then come to The Glenn Beck 9/12 Project Organizational meeting for Cypress on July 9th at 7:00 pm.

Located at 15010 Mueschke Rd.

Get involved.

For more information, please call 281-373-9337.



Clubs & Announcements

Cy-Fair Community Emergency Response Team - CERT Training

Are You Prepared? This free emergency response training will again be offered to everyone at Lone Star College at Cy-Fair, 9191 Barker Cypress, Cypress TX 77433 starting on Sept 2-Oct 21, 2009. It is an 8-week course, every Wed from 6 to 9 pm. There is NO cost to you! A training manual and starter emergency response backpack of supplies is also provided. The course is taught by professionals in their field. Classes cover

- Disaster Preparedness
- Small Fire Suppression
- Light Search and Rescue
- Disaster Psychology
- Terrorism Awareness
- Medical Operations and Triage
 Disaster Simulation Drill

CERT training is designed to prepare you to help yourself, your family, your neighbors and your communities in the event of a catastrophic disaster. If emergency personnel are not available, you can use this training to save lives and protect property.

For more information, see www.harriscountycitizencorps.com. To ask questions, contact Patrick Wong (a Fairfield resident) at pcwong1@earthlink.net. To sign up for training, contact Terri Pope-Mobley at tpopemobley@yahoo.com.

Be aware and be prepared!

Charity Golf Tournament - CERT

Cy-Fair CERT (Community Emergency Response Team), a 501 (c) (3) non-profit organization in emergency response, will hold a charity golf tournament on Friday, October 2, 2009 at the Bear Creek Golf Club, Masters Course. The tournament format will be a 4 man scramble with a shotgun start at 9 am.

Early bird entry fee is \$85 per golfer for registrants through 8/31/09, with the fee increasing to \$100 per golfer on 9/1/09. Entry includes 1/2 cart, lunch, gift bag and 4 free future rounds of golf per golfer at an Arnold Palmer course in Houston. We'll have contests and prizes will be awarded. Company sponsorships are available from \$50 to \$1,000 with banner recognition. A sponsor advertising table will also be set-up.

Tournament proceeds will benefit Cy-Fair CERT and our project to place storage containers filled with emergency supplies in 15 neighborhoods where our team members reside. CERT has over 250 trained Cy-Fair members who volunteered in local neighborhoods after Hurricane Ike.

For more information about our tournament, obtain an entry form or get information about CERT training please contact Terri Pope-Mobley at tpopemobley@vahoo.com. General questions about Cy-Fair CERT please contact Patrick Wong (a Fairfield resident) at pcwong1@earthlink.net.

Tell your family & friends...

Get an **I-REPAYABLE** Tax Credit when you purchase a HOME!

Here's How - You must purchase your principal residence between January 1st and December 1, 2009, and must not have owned a home in the past 3 years. If you meet these two basic criteria, the \$8,000 non-repayable tax credit may be yours.*

To capitalize on this time sensitive TAX CREDIT, please contact me and I'll help you find your dream home plus cash in on this great opportunity!

* Subject to income limitations. Call for all the details.



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Clubs & Announcements Cont.

Fairfield Women's Club presents an Evening of Wine Tasting



Please join us on Tuesday, September 15, 2009 7—9pm Home of Michelle Smith 15919 Crooked Lake Way South (1st left past Keith Elementary from Mason)

Marti Owens from HEB will bring one of their wine experts to guide us through the tasting experience and provide cheese trays paired to enhance each wine's flavor.

We look forward to seeing you!

For more information. Please call Michelle Smith, 1st VP, 281.256.0678 or Laurie During, 2nd VP Membership, 832.922.7381

FF Women's Club - THANK YOU

JULY 4TH PARADE: A HUGE Thank You to EAST GOLD BUTTERCUP STREET for sponsoring the 1st PLACE FIRECRACKER FLOAT!!!

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290 Cypress Business **Networking Group**

The Cypress Business Networking Group meets every Thursday morning at 7:30 am at Cypress Station Grill on Spring Cypress and Hempstead Highway behind Target. The group is open to all business owners and professionals who want to increase their exposure to the residents of Cypress and the surrounding areas. Job seekers are welcome to attend also.

If you would like more information, please call Ken Parker at 281-384-1562. Visit our new website at 290Cypress.com.



The Houston Northwest Kappa Delta Alumnae Association

holds meetings the 4th Tuesday of each month at 6:30 p.m. Visit www.kdhnwaa.com for all the details.

Fairfield Book Club

The Fairfield Book Club is a terrific way to meet other women in Fairfield. Have great conversations and develop new friendships.

We meet the 3rd Wednesday of each month (rotating homes and sometimes restaurants), from 7:00pm - 9:30pm. We share food, drinks and of course conversations. We read all kinds of books that have been suggested by our members. Classics, modern pop fiction, non-fiction, biography and classic junk....anything. There are no book snobs here, we read it all? So if you are a book lover or just want to expand your reading and/or social network then please join us at one of our meetings.

We invite you to attend one of our meetings as a guest or a member. We currently have openings, however because we hold the meetings in homes our membership is limited. So don't wait, contact me today.

Contact Linda Locke at Linda15226@yahoo.com or 713-298-6514 (evenings please)



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Clubs & Announcements Cont.

NEW

Cypress, Texas **NSCAR Society Organizing**

The Children of the American Revolution is the oldest and largest Patriotic Youth Organization. Currently, a new CAR Society is organizing in Cypress, Texas. Membership is open to any child under the age of 21 who is lineally descended from someone who provided aid for the cause of freedom in the American Revolution or who served in the Continental Army.

The new CAR Society is proudly sponsored by the Robert Rankin Chapter, NSSAR and the Organizing Cypress, Texas Chapter, NSDAR.

For more information, please visit www.nscar.org or contact Melinda Sims, Organizing Senior Society President, at 281-856-2536 or email -- melinda@mazzaroth.net.



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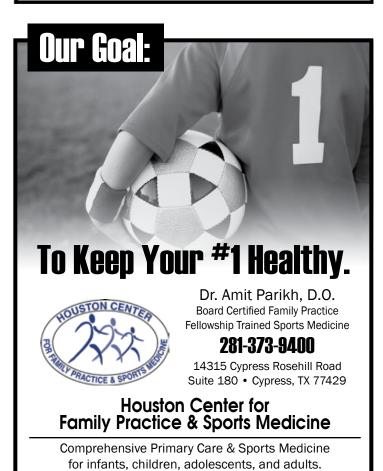
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Fairfield's Fifty Plus



The Fairfield Seniors

The Seniors of Fairfield are an active, fifty plus, fun-loving group of couples and singles who enjoy fellowship, monthly trips, and various activities together. If you or your spouse is fifty or older, a newcomer to Fairfield Village or have lived here in Fairfield for some time but have never attended one of our functions, you are cordially invited. Come be a part of our fun-loving group. We're sure you will enjoy it.

OUR SEPTEMBER BUS TRIP PLANS ARE FOR: Friday, September 4, Houston, Texas. This month we plan on going to the Houston Symphony's Evening presentation of the hits of the 60's and 70's with Rockapella at Jones Hall, Downtown Houston. This program is performed with infectious energy by this five-part harmony vocal group and the Houston Symphony. USA Today says: "Some say the best musical instrument of all is the human voice — If you've heard Rockapella perform you know that's the truth."

We will have dinner prior to the presentation at the Spaghetti Warehouse. The cost of the tickets will not be known till the 1st of August. However, we've been told it will be from \$30.00 to \$45.00 per person, plus the cost of your dinner.

To get your name on the list for this trip, call **Jackie Wurth @ 281-304-0805 or Mary Lou Cook @ 281-304-8359.** Make checks out to: Fairfield 50 Plus. The departure time will be 4:45 p.m. from the Fairfield Village parking lot. Please be there by 4:30 p.m.

OUR OCTOBER BUS TRIP PLANS ARE FOR: Tuesday, October 13, Orange, Texas. A Shangri-La type trip, we will first visit the Botanical Gardens for a walking tour of the gardens led by a knowledgeable guide to provide information and answer questions. The tour is over a mile and takes about two hours. All paths are wheelchair accessible and wheelchairs are available for rent (\$5.00) and there will be plenty of rest areas along the tour.

We will then go on an Outpost Tour, which is a short walk to the Natural Discovery Center, where we board a pontoon boat and take a short ride on the Adams bayou to one of the Outposts in the Cypress/Tupelo Swamp. We will have a knowledgeable guide aboard to provide information and answer questions. This portion of the tour takes about one and a half hours. The boats are limited to no more than 26 people, with two boats available.

Box lunches will be provided by the Star & Crescent Moon Café. We will pick up our box lunches outside the Café and we have the option to enjoy them at tables in the courtyard area at Tree Ring Plaza at the northern edge of Ruby Lake. Tree Ring Plaza offers you the opportunity to sit at the edge of the lake on benches and view birds, alligators, turtles, ect, while having lunch. No tables are available at this location.

We will have a choice of three box lunches: 1. Club on Croissant, 2. Chicken Salad on Croissant or 3. The Main Street Salad, which is a bed of baby field greens topped with feta, Parmesan, bacon, grilled chicken, cherry tomatoes, candied walnuts and their homemade creamy Balsamic Vinaigrette. Each comes with a bag of chips, a cup of fruit, a package of cookies and a bottle of water. No cookies come with the salad. We will make a coffee stop on our way there and a snack stop on our return trip.

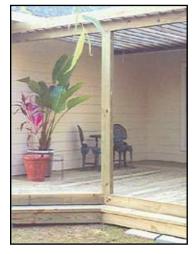
The cost for this trip is \$24.00 per person, which includes your box lunch. To get your name on the list for this trip, call John or Linda Howell @ 281-758-0063. Make checks out to: Fairfield 50 Plus. The departure time will be 07:30 a.m. from the Fairfield Village parking lot. Please be there by 07:15 a.m.

(Continued on Page 24)

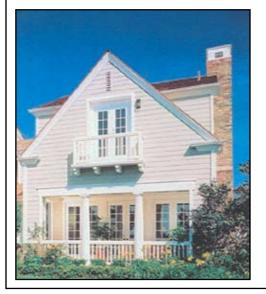




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The Fairfield Seniors- (Continued from Page 22)

Thursday, September 10: The Monthly Planning Committee meeting is at 1:00 p.m. at the Lakeside Trails Club House.

Then later, around **6:30 p.m.** that evening, we will be having **Our Monthly Pot Luck.** It is also at the Lakeside Trails Club House. However, plan on getting there early. Doors open around 6:00 p.m. for socializing and fellowship. Also plan on staying and joining many of our members that stay to play games after the meal and finish up the desserts. You may want to bring a favorite board game or card game if you have one that is easy to play, and, of course, we have dominos.

Tuesday, September 15: Game Night at the Cooks' House. It starts around 6:30 p.m. Just bring a little snack and a healthy appetite. This is always a fun evening with great fellowship. The directions are posted in the Activity details page on our website and will also be in our September 13th email.

Thursday, September 24: Game Night at Lakeside Trails Club House. It starts around 6:30 p.m., and we have plenty of room here at the club house. We would like to see you there to enjoy an evening

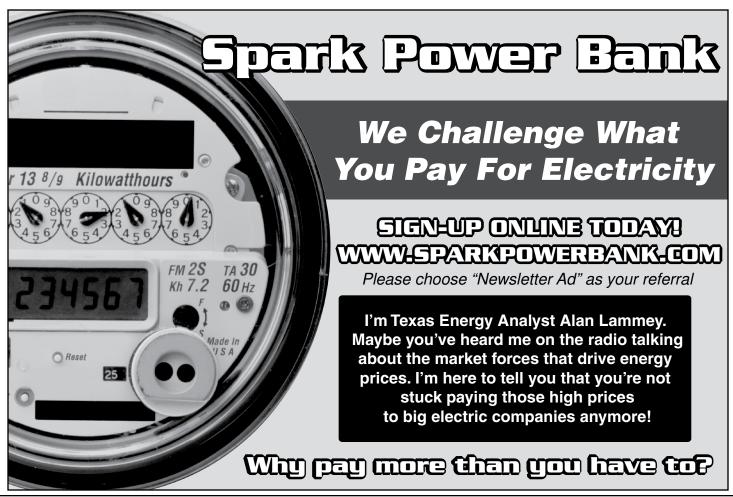
of games and fellowship with us. Just bring a little snack and plan on having lots of fun. Bring a favorite board game or card game if you have one that is easy to play. We will be playing board & card games, and, of course, dominos.

For additional information on activities other than trips: Call Mary Lou Cook at 281-304-8359.

We recommend that you check our website regularly. Things often change from the time this article is submitted and you receive your copy of the Gazette. www.fairfieldseniorsgroup.com

OUR FUN-LOVERS WEEKLY EMAIL: An event reminder. It is emailed each week to our members and others who have requested it. It provides updated information and any changes from what appears here in the Gazette. We also include member birthdays and prayer requests, along with other news and items of interest. If you would like to receive our weekly emails, send your email address to:

Fairfield-Seniors@comcast.net





Houston Hemophilia Walk

Saturday, September 19, 2009 Minute Maid Park 9 am Registration - 10am 3K Walk begins

Join us as we raise awareness and funds for bleeding disorders. Register your Walk team at www.hemophilia.org/walk and choose the Texas Lone Star Chapter Walk.

For more information about the Lone Star Chapter's Hemophilia Walk '09, contact Event Manager, Melissa Compton, at 713-686-6100 or mcompton@lonestarhemophilia.org



National Presenting Sponsor



Oil & Gas Networking

If you work in any aspect of the Oil & Gas Industry and would like to network and meet your Cypress neighbors in your field, please come say Hi!

We will meet the 1st Monday of each month at IHOP on Hwy 290 (Next to CVS on Fry Road) between 5:30 am and 8:00 am.

Come by have a cup of coffee and get the latest events and happenings in the Industry. If you have any questions please feel free to email me at Kevin.Kays@ sbcglobal.net

Knights of Columbus

Knight of Columbus Council 8771 is sponsoring a Golf Tournament benefiting the Cypress Assistance Ministries and Youth Activities on Monday, October 5 2009 at Longwood Golf Club.

For more information and registration please see http://www. kofc8771.org.



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10,001 TO 15,000	\$30	\$40
15,001 TO 20,000	\$35	\$45
20,001 TO 25,000	\$40	\$50

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Raise/Lower Head or Riser: 1-4: \$20/ea; 5-8: \$10/ea Head Relocation (up to 4' from orig. location): \$50/ea Replace 4" pop-up: \$20/ea Replace 4" rotor head: \$40/ea

RAIN SENSORS

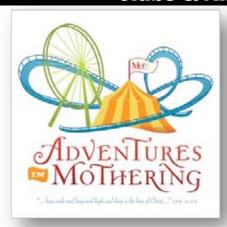
Replace: \$70/ea Install New: \$125/ea

VALVES Replace: **\$100/ea**Diaphram or Solenoid Repair: **\$50/ea**

LEAKS Known Location: \$50/ea Unknown Location: \$150/ea

New sprinkler systems available, call for pricing

CALL TODAY!! 832-364



"Adventures in Mothering" at The MET Join the Adventure! Get Connected...with MOPS!

MOPS stands for Mothers of Preschoolers, a program led by mothers themselves and designed for mothers with children ages birth to 5. These mothers all have a shared desire...to be the best mothers they can be!

For more information on meetings in Fairfield, please contact Renate Wheeler at renateqw@yahoo.com. They will meet on the second and fourth Fridays during the school year.



When it comes to your child's development, getting help early is best!

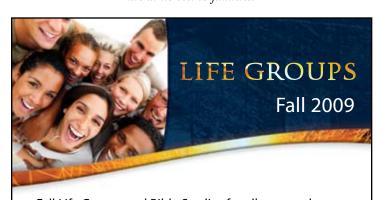


Texas Early Childhood Intervention (ECI) provides early intervention and therapy services for children birth to 36 months. If you have questions about how your baby or toddler is developing-ask ECI! Programs are in every Texas County.

Questions or Concerns?

Call ECI of MHMRA Harris County at 713-970-4900 or visit www.dars.state.tx.us/ecis to find out more about ECI and to find your local program.

ECI developmental screenings & evaluations are at no cost to families!



Fall Life Groups and Bible Studies for all ages and stages. Visit foundrychurch.org to learn more.

Join us this Sunday for worship.

Fry Road Campus

Movie Theatre on Hwy. 290 & Spring Cypress Traditional Service: 9:00 a.m. Contemporary Service: 10:20 a.m.

Jones Road Campus

8350 Jones Road, 1/4 mile off Hwy. 290 & Jones Traditional Services: 8:15, 9:20 & 10:40 a.m. Contemporary Services: 9:20 & 10:40 a.m.



FoundryChurch.org | 713.937.9388

The MOMS Club® of Cypress / NW-Fairfield Moms Offering Moms Support

Welcomes all Stay-At-Home Moms in Fairfield and Lakes of Fairhaven

MOMS Club® is an international organization with a neighborhood feel! We are teachers, business women, counselors, chefs, CPA's and artists who have put those careers on hold and have made the choice to stav home with our kids.

MOMS Club® is a place to find friendship, support, playmates and sisterhood!

ALL events include our children and we believe there is something for every mom out there! Are you looking for park days, coffee breaks, lunch outings, (free) babysitting co-op, craft projects, time to sit and chat, cooking club, book club or someone to share dinner with when your husband is traveling or working late? We even find the time to meet once a month for a mom's night out for a great time to unwind. Or are you interested is helping within the community with service projects? We have that! (And a whole lot more!)

WOW! It's already September and the kids are back in school. Where did the summer go? Do you have a little one at home that is missing his older brother or sister? Or do you just have young children and looking for some fun things to do? Come join other moms and kids in many great outdoor and indoor activities. Are you new to the area or a new mom and need a friend or support; we are here for you. Don't let yourself feel isolated being a stay at home mom. You can attend two events before joining. Our membership fee is only \$20 a year. The MOMS Club is a great opportunity for you and your kids to make new friends in our area. Come visit our next all-member meeting and see for yourself! There is a lot of fun and support just waiting for you! Our next meeting is Tuesday, September 8th, 10AM at Good Shepherd United Methodist Church located on Cypresswood Drive in Fairfield. We often have a guest speaker at our meetings discussing topics like finance, health, organization and other popular topics. As always, children welcomed!

For more information, please contact Keri Whitt, Membership VP, at 713-724-4147,

keriwhitt@yahoo.com

Amy Wilkes, President, at 281-455-2807, amywilkes2003@yahoo.com.



Increasing water safety awareness and standards

FACTS YOU NEED TO KNOW ABOUT DROWNING

Drowning is the leading cause of unintentional injury-related death in children ages 1-4

DROWNING WILL AFFECT YOU OR SOMEONE YOU KNOW



Drowning is the 2nd leading cause of unintentional injury-related death ages 1-14.

For more information, check out our website at

www.colinshope.org

DROWNING CAN STILL OCCUR EVEN IF YOU KNOW HOW TO SWIM

NO ONE is "drown proof" - no matter their level of swimming ability.

Falls, entrapments, and injuries lead to drowning regardless of swimming level.

A majority of people overestimate their own and their child's ability to swim, especially in a panic event.

DROWNING IS QUICK AND SILENT



Drowning occurs in as little as 2 minutes.



Irreversible brain damage occurs in as little as 4 minutes.



Most children are out of sight or missing for less than 5 minutes and usually in the presence of 1 or both parents.



Most children die who are submerged for as little as 6-10 minutes.

Children who drown do not scream, splash, or struggle. They silently slip beneath the water, even with adults & lifeguards present.

CY-FAIR KIWANIS CLUB

WANTED! A few good golf teams!

Women and men who bring their own team of players or singles who will be pared with other singles who want to play needed to participate in the Florida Scramble Golf Tournament. The date of this annual Kiwanis golf tournament is Thursday, October 22 with a 1:00 pm shotgun start. Registration begins at 11:30 am at Cypress Lakes Golf Course, "Home of the best greens in southeast Texas," followed by a putting contest at 12:00 pm. Contributions of \$100 per player or \$150 hole sponsor are welcome. All profits from the tournament will be used to sponsor youth in our community through service projects such as Key Clubs, boy and girl scout troops, scholarships, HOBY, etc. For further information, call Steve Caton at 713-985-3440 or see the entry form in this paper.

The Cy-Fair Kiwanis Club meets three times a month at the Hearthstone Country Club in Hearthstone from 12:15 p.m. to 1:15 p.m. for lunch, and programs including guest speakers on subjects of concern to the community and individuals. We invite you to a complimentary lunch, fellowship with our members, an informative program, and an opportunity to learn more about our organization.

Reservations are not required. The Club will meet on September 1, 15, and 22. Notice that there is no meeting on the second Tuesday because of the Labor Day holiday.

Membership in Kiwanis is open to persons of good character who adhere to the standards of good conduct in their community and believe in and subscribe to the objects of Kiwanis International. If you would like to know more about Kiwanis and the service programs it promotes, call John Carroll at 281-463-0373; George Crowl at 832-467-1998; or Robert Presnell at 281-304-7127.

CHILDREN: PRIORITY ONE is the motto of Kiwanis Clubs worldwide. The Cy-Fair Kiwanis Club, an affiliate of the International Kiwanis organization, focuses its services, programs and activities on this

NOW OPEN Emergency Room Open 24 Hours

theme.



Clubs & Announcements Cont.

Kiwanis Worldwide Children's Charities

Kiwanis International "Serving the Children of the World"



Kiwanis Club of Cy-Fair - Houston

24th Annual Charity Golf Tournament Thursday Oct. 22, 2009 - Cypress Lakes Golf Club (18700 Cypresswood Drive - 281-304-8515)

Florida Scramble – Four Players per team
Registration 11:30 am
Putting Contest 12:00pm Shotgun Start at 1:00pm

\$100 per Player • \$150 Hole Sponsor Golf Sponsors: Dinner Sponsor Recognition + 4 Players (\$1000)

Hole in One Contest

Special Prizes • Door Prizes • Silent Auction • Refreshments

Awards after Play • Dinner by Demeris BBQ

SIGN-UP AS A TEAM OR AS AN INDIVIDUAL

We'll pair you up ...

Name	Handicap
Player #1	
Player #4	

Please make checks payable to: KIWANIS

c/o Steve Caton, 143 Plantation, Houston, TX 77024 Kiwanis is a 501(c)3, non-profit organization. FMV is \$50pp. FOR INFORMATION, PLEASE CALL STEVE CATON AT 713-985-3440



Fall Classes now enrolling Gymnastics



Boys & Girls

- Toddlers
- Preschool
- Elementary



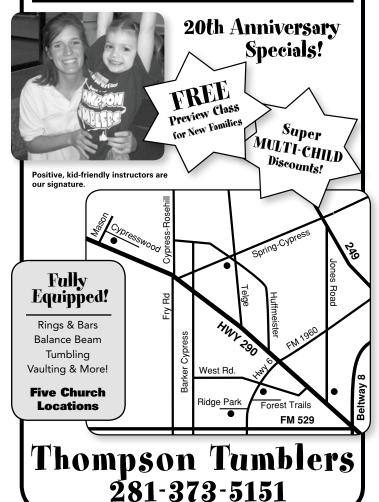
Owner & Western Athletic Conference champion Frank Thompson coaches all age groups.

Mom & Tot classes - so much FUN!

999

"Frank's leaving competitive coaching was a tremendous loss to American gymnastics, but an even greater gain to American children through his specialized and creative program." – YOICHI TOMITA, 1988 & 2000 US OLYMPIC COACH

Frank Thompson is the one "who I give the credit of instilling the love of gymnastics within me." – RAJ BHAVSAR, 2008 OLYMPIAN



Fairfield PT

What do the workouts consist of?

60 minutes of standard calisthenics workouts enhanced with running. Calisthenics use your own body weight to provide resistance needed to strengthen muscles so you don't need fancy equipment or lots of money to get in top physical condition. We will use easy to learn, simple exercises that will boost your energy-level and keep your heart rate up. There will be different levels within the group to help motivate you in achieving your fitness goals. We will have periodic physical fitness 'test' days so that you can monitor your own progress and move up to the next PT level if you so desire.

Why Fairfield PT?

Fairfield PT is a great incentive to get up each morning! It's very motivating being with individuals of different ages who have different abilities. It's very encouraging working in a group, because it makes exercising easier. There's something great about getting together with the same group of people and toughing out the morning as a team. We will grumble, laugh, sweat, groan and cheer each other on.

Fairfield PT will take you exactly as you are. You don't have to go at it alone. Come join the group to meet and exceed your goals. Don't hesitate any longer; make your health a priority. This will be a very positive experience in your life! To get back to what you used to be, or what you've always wanted to be, join Fairfield PT. You'll lose weight; you'll tone, define and sculpt your body, relieve stress, clear your mind and push yourself past your normal limits.

In Fairfield PT you will be able to accomplish the goals you want to achieve - becoming more disciplined, raising self esteem, and obtaining better physical fitness. We compete against ourselves and are encouraged to challenge ourselves and not stay in a comfort zone.

Where is Fairfield PT?

Fairfield PT meets at the soccer fields next to the Splash-pad and the Central Park Pool Clubhouse on Heath Green Circle.

What do I bring?

Bring a water bottle with at least 32 ounces of water. If you wish, you may bring a workout mat. Wear a good pair of running shoes (not cross-training shoes).

When is Fairfield PT?

Fairfield PT workouts are held Monday thru Friday. Workouts begin promptly at 5:15AM and last for 60 minutes, ending promptly at 6:15AM. That still leaves you plenty of time to get ready for work! You may wish to arrive 10-15 minutes early to begin stretching.

Fairfield PT is a "Rain or Shine" workout group. However, we will not meet if there is lightning, hail or any other dangerous conditions. There is no need to 'sign up' or RSVP; just meet us there at 5:15AM. You WON'T regret it!

The long-term success of Fairfield PT depends on your participation. Come join the fun!





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Here are just a few ways we have helped some Fairfield neighbors...

"Clint Nabors did an awesome job. He answered all of our questions and was very knowledgeable. I would like a bumper sticker, 'We love our Realtor'!" -20811 South Amber Willow Tr.

"I have moved 4 times in 6 years and Clint made this home buying experience the best yet!" -15015 Widberry Creek

"Clint Nabors exceeded our expectations in every way. I highly recommend Clint to anyone and believe that he is an exceptional asset...!" - 15030 Wildberry Creek

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 - FREE Staging Assistance
 - Flexible Comission Plans



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School News

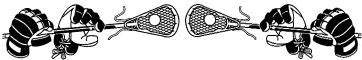
CY-FAIR IRON MAIDENS LACROSSE CLUB

The Cy-fair Iron Maidens Lacrosse Club will be holding a free, introductory Lacrosse clinic on Saturday September 12, 2009 for girls entering grades 4 to 12. No equipment required. Just bring yourself, your running shoes, and a parent. Equipment will be available for the participants' use during the clinic.

What is Lacrosse? Lacrosse is a combination of soccer, basketball, and field hockey all in one. It is a fast paced and exciting game to play and to watch.

Why Lacrosse? Lacrosse is a great option for girls looking for a fast paced alternative to the "traditional" women's team sports. Over the past 10 years Lacrosse has been the fastest growing High School sport in the nation. Lacrosse is also the fastest growing NCAA sport with an annual player participation growth rate of 10% for the past 6 years.

So come and see what all the excitement's about! Maybe you'll win a prize!!! We'll be there, just LAX'n.





Attention Cy-Woods 2010 Senior Parents! Please join us on Thursday, September 10th, @ 7:00 pm in the Commons area at Cy-Woods High School for our WRAP General Parent meeting. For more information on WRAP, please visit our website at cywoodswrap. org or contact us via email at cywoodswrap@yahoo.com.

Please save-the-dates for the following 2009 WRAP General Parent meetings: October 8th, November 5th and December 3rd @ 7:00 pm in the Commons area at Cy-Woods High School.

WRAP is Cy-Woods High School's parent-driven Project Prom organization. The purpose of WRAP is to provide a drug and alcohol free all-night party for the graduating seniors and their guests after their prom.

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School News Continued

Volunteer Opportunities in Cypress-Fairbanks Schools

Summer vacations are now just a memory and students have returned to classrooms across the Cypress-Fairbanks School District. These students and their schools need help and involvement from the community.

Research shows that students whose parents are involved in their education and schools show a marked improvement in their academic and social skills. There are numerous benefits for all children if volunteers are working to provide extra attention and programs for the enhancement of their educational experience.

For those of you who work or have a restrictive schedule, there are many ways that you can help out that are not time consuming and much of the work can be done at home during the evenings or on week-ends. And,

remember that you do not need to be a parent or family member to be involved. There is a great need in the district for global volunteers. Global volunteers" are individuals who are not the parent, grandparent or legal guardian of a student enrolled in a campus where they volunteer.

If you have a little extra time in your schedule, please consider becoming a school volunteer. To find out how to become a CFISD volunteer, go to the district website at www.cfisd.net. Press on the Quick Link drop down and go to Volunteer in CFISD. For more information about global volunteering, please contact the CFISD Partners in Education Department at pamela.scott@ cfisd.net or 281-894-3950 or Kim Nash at krnash1@sbcglobal.net or 281-550-2685.

Casino Night and **Silent Auction**

Cy-Woods High School Wildcat Band and Color Guard

On Saturday, September 19th from 7:00-10:30pm, the Cy-Woods Band will be hosting their fourth annual Casino Night at Cy-Woods High School. This annual event is not only to raise funds for the band and color guard, but also to have fun with friends and family. Ages 12 and up can participate. Play to win a great prize in our Texas Hold 'em tournament! You don't want to miss the fabulous Silent Auction and grand prize drawings! Come join the fun and help support the Wildcat Band and Color Guard. For more information visit the band website at www.cywoodsband.org.



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Church News

Harvest Bible Church

One person believes he may eat anything, while the weak person eats only vegetables. 3 Let not the one who eats despise the one who abstains, and let not the one who abstains pass judgment on the one who eats, for God has welcomed him. 4 Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for the Lord is able to make him stand (Rom. 14:2-4).

The Apostle Paul singling out those Jewish Christians who were struggling with their newfound freedom in Christ to eat or drink anything, for prior to conversion to Christ, they observed many rituals and abstained from many unclean foods. In Christ, however, there are no ceremonial or dietary restrictions (Mark 7:14-23). This is why v. 2 speaks of those who know they can eat anything in contrast to those who are vegetarians. Paul would later warn Timothy, "The Spirit explicitly says that in later times some will fall away from the faith, paying attention to deceitful spirits... men who forbid marriage and advocate abstaining from foods, which God has created to be gratefully shared in by those who believe and know the truth" (1 Tim. 4:1-3).

Like other Jewish Christians, even Peter struggled with his freedom in Christ, but God told him on three occasions that "what God has cleansed, no longer consider unholy... you should not call any man unholy or unclean" (Acts 10:15-16, 28). Later, Paul told the Galatians, "You were called to freedom... only do not turn your freedom into an opportunity for the flesh, but through love serve one another. For the whole Law is fulfilled in one word, in the statement, 'You shall love your neighbor as yourself.' But if you bite and devour one another, take care lest you be consumed by one another" (Gal. 5:13-15).

Paul's advice to the strong who did understand their Christian freedom was that they not "despise" those who abstain from meat which, if purchased in the market, was widely believed to have been sacrificed to idols, thereby making it unclean. The term "despise"

carries the idea of viewing utter contempt and hatred, and Christians, whether weak or strong, are prone to despise either those who exercise their freedom to drink alcohol for instance, or to despise those who think drinking is sinful. Drinkers (not drunkards) are condescending, but those who piously abstain tend to lean towards legalism - mademade rules not found in the Bible.

No Christian is to pass judgment on another Christian for legalistic man-made rules. The term "judge" translates a strong Greek verb which has the basic meaning of separating and isolating—something Christians are real good at when they disagree with their brothers in Christ. Legalists tend to isolate themselves from all others with a judgmental stance. Paul forbids this.

Bottom line: Christians are not to despise one another based upon their quirks and convictions in how they serve Christ. If God does not make an issue of such things, what right does we have to do so? We do have the right and the commission to judge sinful behavior in other Christians, but sin in God's eyes, not what we don't approve of (cf. 1 Cor. 5:9-13). Paul's earlier point is appropriate: "Who will bring a charge against God's elect? God is the one who justifies; who is the one who condemns? Christ Jesus is He who died, yes, rather who was raised, who is at the right hand of God, who also intercedes for us" (Rom. 8:33-34).

Though all Christians are commanded to obey what Christ taught (Matt. 28:20), many make up their own rules and become legalists, a sin condemned in the NT. By forbidding foods, drinks, or actions not forbidden in the Bible, they become legalists if they refuse to be taught the true freedom we have in Christ. Through faith in Jesus Christ alone we have been set free from worthless works and rituals.

Come join us for worship at Harvest Bible Church. We teach God's truth one verse at a time straight from the Bible. Call us at 281-256-7733 or www.harvestbiblechurch.net



Church News Continued

Fairfield Baptist Church

The Women's Ministry offers a safe place to pursue intimacy with Christ and authenticity with one another. Our fall Bible studies begin Wednesday, September 9. We meet in the mornings from 9:30-11:30 (childcare provided) and evenings from 6:30-8:00 pm. We will be studying the 15th Anniversary Edition of Henry Blackaby's Experiencing God: Knowing and Doing the Will of God. Workbooks cost \$17.00. For more information contact womensministry@fairfieldbaptist.com or call 281-373-5446.

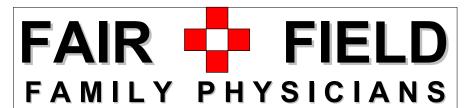
Financial Peace University -Many people are facing today's economy with a spirit of fear. You don't have to be one of them! Financial Peace University shows you how to follow Gods' plan to beat debt, build wealth and keep your own economy thriving ---- even if the nation's isn't. For more information and schedules please visit www.FairfieldFPU.com Classes meet Sunday at 5:00 pm beginning August 23. It is not too late to sign up.

AWANA Clubs Want your kids to get deeper in God's Word? Enroll them in the Awana Clubs at Fairfield Baptist Church! Kids learn valuable truths in Awana through Scripture memorization and

application, while having lots of fun, too, with games and special events like Awana Grand Prix Racing! We offer clubs for kids of all ages from 2-year-olds through high school. We meet on Sunday nights from 5:00 to 6:45 pm August 30, 2009-May 23, 2010. Registration forms available on our website, it is never too late to join! Contact us at awana@fairfieldbaptist.com or check out our web site www.fairfieldbaptist.com for more information.

Visit our website www.fairfieldbaptist.com for more information on all these activities, Kidz Ministries, Student (grade 7-12) Ministries, Adult Studies, Men's Ministries, Women's Ministries and other programs or call at 281-373-5446.

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WANTED: Looking for an Electric Bass Guitar teacher in Fairfield... please contact 281-650-6430.

CARPOOL TO COLLEGE STATION: Carpool to College Station? Flexible days and hours. Call David 713-384-5062

WANTED: Wanted: Poker players. Come join us and play No Limit Texas Hold'em. We host games on most Saturday nights. We live in Inwood Park. Women are welcome. Contact me if interested. 281-731-1199 or john@skatetexas.com.

FOR SALE: Honda Generator EB 3000C (120 V/3000 W/68 lbs.). Purchased BRAND NEW after Hurricane Ike. Only used two days and in excellent condition (\$1,295). Honda 1997 70R Dirt Bike including helmet and racing pants. Rarely used and in great condition (\$450). Please call (281)304-1604.

MOVING SALE: Gorgeous traditional formal dining room furniture. Lighted hutch, Oval shape table with 3 leaves and 6 chairs \$900.00. Kincaid three piece entertainment wall unit. Sections include curio, secretary, TV, DVD, video games, books and lots of other storage \$450.00. Call Don at 713-530-1348

FOR SALE: Complete workout machine, plus weights, Couches, coffee tables, end tables, pictures. Best offers. Contact number for appointments to view is 281-373-9068."

CUSTOM TRAILER FOR SALE: 5 x 8 trailer with 3 ft sides, drop down ramp and custom wide tires. I have used to carry my 4 wheeler and MANY honey-do jobs. Perfect for any job. \$1500.00 OBO. Contact Jason (281) 635-1360.

AFGAN: Partially finished "ripple" afgan. Unused yarn: 5 off white; 6 loden green; 7 antique gold. May take yarn with afgan or both alone. 281-304-0182.

FOR SALE: Baby Einstein DVD's (14) \$75.00/ Peg-Perego Prima Pappa High Chair In Beige Leatherette \$150.00 / Fisher Price 3-1 Smart Stages Swing/chair \$85.00 / All Items In "Like New" Condition. Please e-mail me at eldecor@msn.com for pictures and more info.

FOR SALE: Very New...GORGEOUS!! Prom Dress, Green Olive Silk/Chiffon V-neckline with a beautiful pendent in the center and its by Kay Unger/New York. Dress size 8. It's worth it to look at. I can e-mail pictures. Bought it at Elizabeth Anthony Collection at Post Oak Blvd. in Houston for \$438 Asking \$275 OBO. Call 832-755-4838.

FOR SALE: Trampoline Alley Oop 14' double bed w/safety enclosure, ladder, 9 mo. old, 5 yr warranty, \$1200 firm. Rainbow Play System "Fiesta Gym" wooden swing set/slide, 9 mo. old unused, 15 yr. warranty \$1200 firm. Can email pics or you can look on internet. (713) 302 9929.

FOR SALE: Z Gallerie Forest Green Velvet Sofa \$350. GBC WireBind W200 binding machine; includes spines. Great for people who work from home \$100 obo. Call Lora at 832-220-8027.

INTERNET GARAGE SALE: Clothes, electronics, housewares, books, movies and other great deals. Just post an offer on the Blog http://tinyurl.com/cypress-yard-sale or call Dan @ 281-760-4296.

TV FOR SALE: 55" Rear-Projection TV (non-HD). Needs new power supply (replaced once before for \$300). Perfect for a garage or game room. Call 281-304-0204 and make an offer.

FOR SALE: Sofa \$80.00 and chair \$45.00 good condition. Entertainment Center \$40.00. Little Tikes Gourmet Kitchen \$15.00 Call 281 304-9348

(Continued on Page 40)





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St. Aidan's is an Episcopal
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together to be transformed by
the power of the Holy Spirit as
disciples of Christ, building a
relationship with God and
others, while reaching out to
the community.

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8:00am Worship with Children's Sermon 9:15am Fellowship Breakfast 10:30am Worship with Children's Chapel

PARENTING SEMINAR

Sunday, September 27th 4:00pm - 7:00pm

WEDNESDAY'S AT ST. AIDAN'S

6:00pm - 6:30pm Dinner 6:30pm - 6:45pm Worship 6:45pm - 7:30pm Classes for All Ages

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Classifieds- (Continued from Page 38)

FOR SALE: Yamaha Cornet (trumpet) with case for sale, music stand, metronome, mirror, valve oil, cleaning devises. Please call 281-256-8745 or 832-347-0825. (Asking \$500)

GIRLS' 20" HARO V20 BIKE FOR SALE: Silver/Candy Blue, V-Gusset alloy frame w/ 20" wheels, SR Suntour suspension fork, Shimano Altus rear derailleur w/ guard, SRAM MRX 6-speed shifter. Asking \$70. Visit www.schulzdomain.com/sale for pictures. Email fairfieldfamily@live.com or call 281.304.6172.

BABY/TODDLER TOYS FOR SALE: All toys are clean, in great condition, and priced to sell. Visit www.schulzdomain.com/sale for product descriptions and pictures. Email fairfieldfamily@live.com or call 281.304.6172.

FOR SALE: Camping Gear \$30; Electronic Dart Board \$25; Lawn Mower \$30; TV Cart \$20; Kid's Bike \$10: Bookcase \$5; Scroll Saw \$20; Band Saw \$30. Please call Ron @ (832) 969-5250 after 6:00 PM. Will send photos if interested.

FOR SALE: Brand New-still in unopened box- Epson All-in-One Printer \$35, Two 20" monitors-make offer, Ping Pong Table \$75, Air Hockey Table \$75, ask for Keith 281-373-5995. Can email pics.

FOR SALE: Barbie Island Princess Vanity/Doll House with stool \$50, Barbie Princess throne chair with jewelry \$25, Girls Huffy Bike-like new \$25, 2 Booster w/back Car Seats \$15 each, Simmons Oak Crib \$50, Step 2 Train Table Set-like new \$50. Ask for Heidi 281-373-5995; can email pictures!

FOR SALE: King size pillow top mattress cover \$40, 2 Camping cots \$10 each, Cat litter box with cover like new \$15, Light Beige/White Star Furniture L-shaped Sectional Couch with pull out bed \$150, ask for Keith 281-373-5995.

COMPUTER ARMOIRE Beautiful wood armoire with loads of space. Wonderful way to hide the computer and all those cords. 73"H X 43W X 24D. File drawer, supplies drawer, sliding keyboard tray, pull out desk top in lower half, 2 small drawers, shelf, disc storage, file storage, light, and book shelf on top. Will send pictures if interested. \$500. Please call Paula 281-373-0568 or 713-816-0416 or email psd4@comcast.net

FOR SALE: Antique Bed: Queen Ann. Full size 4 post cherry bed. Both head & foot boards. \$95. (foot rails not included) please call713-516-8567

(Continued on Page 41)



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Classifieds- (Continued from Page 40)

FOR SALE: 3 wide opening expandable pet/baby gates (1 mesh fabric w/metal frame, 2 all metal) \$25ea. Graco adjustable height highchair \$30; Custom made wood spindle gate for stairs or doorway (40"x40" opening) \$40; CoPilot ride along child seat for adult bike \$25; Pink Power Wheels battery operated/rechargeable single seat car with parent handle \$40; Black metal 3-tier baker's rack \$30; Pink LeapFrog Leapster w/ 5 games \$15; highchair booster seat \$15; gas powered antique edger \$40; framed and unframed Windberg and Dyke prints. Call 281.758.2018 or email at jeenee8a@aol.com

FOR SALE: Little Tikes Toys! In time for Christmas! Little Tikes cozy coupe- excellent condition \$25. Little Tikes pick-up truckmissing driver's door "nascar like" \$12.00, Little Tikes "3 in 1 Baby Station". (includes high chair, bassinet, swing, storage & battery monitor). \$35.Little Tikes Bucket Swing used once \$15 Please call 713-516-8567

FOR SALE: Educational Toys: Leap pad imagination desk \$5; Leap Pad w/ microphone \$8; Leap Pad with Writing \$10; V-Smile game system. (console & joy stick) \$15; V-tech Baby like new "Learn n Discover Driver" & "Sing and Discover Piano" \$8 each. Call 713-516-8567.

FOR SALE: Backpack/Stroller: Step 2 ultra light stroller/backpack. The convenience of an umbrella stroller, but the option of a backpack! Great for traveling. Includes removable sun shade, 5 pt harness, large, zipped storage basket. \$25. Hokey Pokey Elmo \$10 please call 713-516-8567

FOR SALE: Jogging Stroller: KOOL STRIDE single w/aluminum frame, great tires, ultra light-weight,easy to maneuver \$75. Men's Murray mountain bike \$25; Large decorative picture. 33"tall x 41" wide. Cherry frame, double matted matted. Outdoor field w/ wheel barrow filled with wild flowers. Very neutral. \$75 call 713-516-8567

FOR SALE: For the Art Collector: Signed & numbered limited silk screen print by Robert Holbrook. Only 150 made. "Surf Point" beautiful beach/nature print. 29x39 .Matted & framed. \$350.713-516-8567.

FOR SALE: Custom Made Pillows: Various sizes and colors. Squares, rectangles, bolsters, chenille, denim, polka dots, toile lots to choose from! Made for my daughters & sons decor from nurseries to tweens. Can be altered to match your decor and monogrammed for new life. 713-516-8567

(Continued on Page 42)



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Classifieds- (Continued from Page 41)

FOR SALE: Pottery Barn Nursery: Sailboats. Includes Bumpers, striped bed skirt, & quilt. Seersucker & white with red, yellow, green & blue boats. So adorable! \$60. 713-516-8567

DOUBLE LOFT BED FOR SALE: 400\$ Like new condition. See model at http://epochbydesign.com/index.php?main_page=product_info&products_id=58 Call 281-213-4042.

FOR SALE: TWIN JUNGLE BEDDING – Nice colors. Includes Quilt, Sheet set, 2 decorative pillows, blanket, alligator night light, monkey wall hook. Colors include – green, blue, orange, gold with snakes, alligators and monkeys. A fun theme to decorate with!! Please call Amanda – 713-203-8082, asking \$80 for all.

TRUMPET FOR SALE: Yamaha Trumpet for sale, \$250. Played regularly for 25 years and still in very good working condition, gently used but not battered. Great starter instrument. Call 281-213-9909.

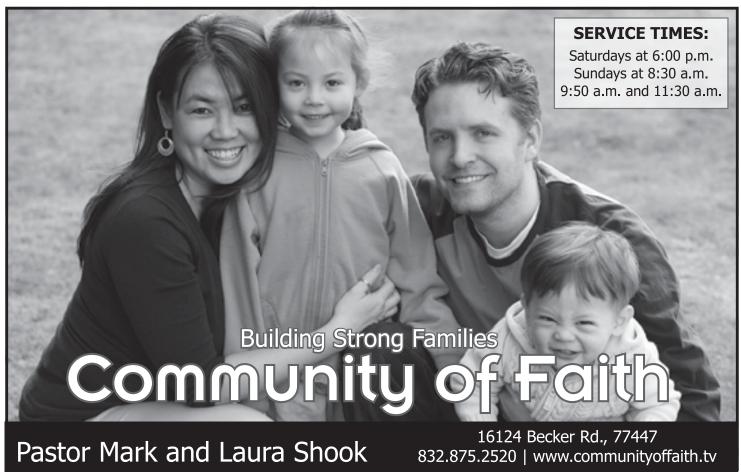
FOR SALE: InStep DuoSport walking/jogging stroller, \$25. Girls' 12" bicycle w/training wheels, hot pink, \$10. Small classic red/white tricycle, \$10. Call 281-213-9909.

BBQ SMOKER FOR SALE: Custom made BBQ smoker 3/8" thick pipe 18" diameter with firebox \$800. The cooking surface is 16 x 36, with two temperature gauges; the lids include cool rings on the handles. ***All four wheels have casters for easy moving. Garage kept, please call 281-213-3764 for more information.

FOR SALE: Twin Mattress/Box Spring \$75 obo; HiBack Burgandy Cloth Office Chair \$25 obo; (2) Graco NoBack Booster Seats (blk/blue) \$5 each. Call 713-240-6009 or email legdorf@sbcglobal. net.

REDECORATING SALE!!! Blue and white ticking, queen sleepersofa, with coordinating pillows-\$300. Lazyboy rocker-recliner (slate blue)-\$100. Large oak entertainment center w/glass door shelving area and storage under TV opening-\$75. Various vintage, red accent decor purchased @ Hobby Lobby (i.e., car, airplane, old gas pump, frames, etc.)-\$25 for all. Two extra large and two small professionally framed vintage western movie posters, great for western-themed room-\$50. Two vintage western fabric window valances w/two matching pillow covers (pillows included)-\$20. Photos can be emailed. Will sell everything above for \$500 (firm). Call Kelly @ 281-373-5118 or email kbarry7@comcast.net.

(Continued on Page 43)



Classifieds- (Continued from Page 42)

TV FOR SALE: Big screen Mitusbishi rear projection 60 inchTV---call 281-256-2307.

FOR SALE: Little Tikes Magic Doorbell Playhouse \$100.00. Brand New condition. This playhouse has been used INDOORS ONLY, never outside. Has a working door with mail slot, working door bell, windows with operable shutters, kitchenette with play phone inside along with a pretend fireplace. Paid over \$200 new at Toys R Us. Comes from pet free and non-smoking home. E-mail me for pictures @ wilson.stacie@att.net.

FOR SALE: Drexel Dining Room Set-Made in 1960. Drop leaf table extends to seat 8. Includes table, 4 chairs, 2 leaves for table, custom table pads and china cabinet. Good condition. \$600 OBO. Please call 281-304-8748.

LOFT BUNK BED: Loft bed made from all natural wood. Has two twin bunk beds, a desk with three drawers, 5 storage drawers, 3 bookshelves and ladder. Mattresses not included. Excellent condition!! Paid over \$800.00, asking \$650.00. Email for picture amybelle33@gmail.com or call Amy, 281-831-1725

(Continued on Page 44)

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Classifieds Continued

Classifieds- (Continued from Page 43)

GARAGE SALE: Hunter Green Fabric Couch, 2 chairs & 2 ottomans \$175, Burgandy recliner \$10, Chabby Chic cabinet \$150. XBox 360 \$200, PS3 \$450, PSP \$120,GAMEBOY \$50 w/games, GAME CUBE \$50 w/games. Rockband with drums, gutair, and microphone \$50. Guitar Hero \$25 w/guitar. All other games for all systems \$5/each. Clothing: Mens XL & Boys 10-12. Toys, Remote control cars \$5, stuffed animals, pogo stick, electric scooter \$25, several lamps \$5, artificial trees & plants \$10, nick nacks, quilting materials, Garden Pots. White island with white laminate top \$100 49" long X 25-1/2" wide X 36" tall. 281-373-1739

FOR SALE: 1999 Honda Accord EX 4cyl, loaded, 154K mi, runs great, leather int, single owner, good AC, 4 whl ABS, driver/pass air bags. Great first car for young driver. Well maintained. Timing belt, water pump, crank & oil pump seals, and belts replaced at 110,000 mi. Some damage on left side. \$3600. Photos available upon request. 281-304-7522.

BOAT FOR SALE: 1982 Cajun Fish & Ski boat, 115hp Johnson, 16 8, 2007 Minn Kota 70lb thrust trolling motor, Runs terrific w/many new parts on engine (power packs, thermostats, impeller, carb kits, and more). All batteries work, ready for the lake to fish or ski. Seats and carpet in good shape. Owned since 1987, 2nd owner, \$3700. photos available by email upon request. 281-304-7522.

FOR SALE: Boy's Halloween Costumes For Sale: Toddler Tiger Costume size 1-2 \$5.00, Toddler Batman costume size 2-4 \$5.00, YU-GI-OH costume size 4-6 \$8.00, Blue Power Ranger costume size 4-6 \$5.00, Harry Potter costume size 8-10 \$8.00. Please call 281-304-5479.

FOR SALE: LG Window Air Conditioner. 25,000 BTU Less than 100 Hours of use. Paid \$757 at Home Depot, will sell for \$475. Contact David Clifford at 281-256-3240.



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Cypress Cares

As 2009 is now underway, Cypress Cares would like to announce the dates that we will be boxing up our care packages for the year. All boxing events will be held at the Cole's Crossing Community Center, located at 13050 Barker Cypress Road at Jarvis Road.

Several of our packing days this year are specifically at times when Cy Fair ISD is not in session so that our students will have an opportunity to be involved as well. The dates are as follows:

October 3, 10:00

Halloween Treats for Troops

November 14, 10:00

Christmas Trees and Decorations

December 28, 1:00

Christmas Break Service Project for Cy Fair Students

Cypress Cares has received more thank you notes from the troops who have received packages. Visit our website, www.cypress-cares.org to view the troop responses, as well as more current information about upcoming events, donation ideas and more.

Our troops need and deserve our support; get involved today!



The Tri-County Quilt Guild Meets the 1st Tuesday of the month, 7-9pm

Meeting Place: Fairfield Baptist Church, 27240 Highway 290 (Between Muescke and Mason Rd) Cypress, TX 77433-4907 website: www.tricountyquiltguild.org Established 2005

Some of our activities include Show & Tell, BOM's, Fabric Raffle, Charity Quilts, Bees, Special Programs, guest speakers and more, with Door Prizes at every meeting!







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PIANO LESSONS - Fun Beginner Trial course. Free aptitude test for young beginners. Both teachers are qualified with University Music Degrees. Years of experience in Fairfield subdivision. Feel free to call and visit our attractive studios - no obligation. Stephen and Judith Habermacher - 281-373-3214

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THERE IS CASH IN YOUR CLOSETS! Upscale family consignment event in NW Houston community this FALL! Let us help you stretch your budget! Consign, Shop, Volunteer! Come join the FUN! Great resource for MOMS-TO-BE!! http://nwhouston.rhealana.com or tammy@rhealana.com

HORSEBACK RIDING INSTRUCTION - Beginner - Advanced. Just for run, exercise, or show preparation. Children and Adults welcomed with any experience. I have safe horse and facilities. Prices are very reasonable and according to each lesson plan. References are available. 713-560-7491

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Fairbanks Library to Host Hurricane Preparedness Workshop

Harris County Public Library has partnered with the Harris County Office of Homeland Security and Emergency Management to offer free "Ask the Experts" workshops on hurricane preparedness. The Fairbanks Branch Library at 7122 N. Gessner will host one of the workshops on Saturday, September 19, at 2:00 pm. These workshops are open to the public and everyone is encouraged to attend. Emergency Management experts will show you what items should be included in your disaster emergency kit and how to set up your supply checklist. They will also explain what steps you should take if you are ordered to evacuate, show you your evacuation routes, and give you helpful phone numbers that you will need in case of a hurricane. In addition, they will teach you how to make a disaster plan for your family and how you can best protect your family and home. For additional information, please call the Harris County Office of Homeland Security and Emergency Management at (713) 881-3100.

WHO: Harris County Public Library – Fairbanks Branch

Harris County Office of Homeland Security and

Emergency Management

WHAT: Hurricane Preparedness Workshop **WHEN:** Saturday, September 19, 2009

2 pm

WHERE: 122 N. Gessner (at W. Little York)

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Healthier Homes

Improve Neighborhood Air Quality ... Fragrance Free Dryer Exhaust

By: Charlie & Michelle Bubnis

Have you ever been walking in the neighborhood enjoying the fresh air and then suddenly you are hit by the sweet fragranced smell of a heated artificial, petrochemical based scent from someone's clothes dryer exhaust? Often times a headache will occur, similar to people's reaction to perfumes worn in the office or at church. This is a normal protective reaction by the body as these fragrances are harmful neurotoxins and should be avoided whenever possible. National surveys found that at least 10% of the population reacts adversely to laundry products vented to the outdoors. Young children are particularly affected by fragranced chemicals because their body's detoxification mechanism is not fully developed.

Some of the most common chemicals used in fragranced laundry products are benzyl acetate, camphor, ethyl acetate, limonene and pentane. Many of these substances are capable of causing cancer, birth defects, central nervous system disorders, allergic reactions and chemical sensitivities. Some are on the EPA's hazardous waste list. According to a joint study by NIOSH and the U.S. House Subcommittee on Business Opportunities, 778 of the chemicals used in the chemical fragrance industry cause acute toxicity.

So the next time you are considering picking up a box of fragranced laundry detergent or fragranced dryer sheets...think about the impact on the neighborhood air quality and the proliferation of second hand scents. Healthier options could be: Add baking soda to the rinse cycle, or add ½ cup vinegar to the wash cycle to soften fabrics and reduce static cling. Vinegar is a natural fabric softener.

Do the neighborhood a favor and make sure your dryer exhaust doesn't pollute the environment. Be kind to yourself and to your neighbors, use unscented laundry products.

FOR MORE INFORMATION:

- http://ehnca.org Fabric Softener = Health Risks from Dryer Exhaust and Treated Fabrics by Julia Kendall
- www.mcs-global.org Could it be your Fabric Softener?
- www.physorg.com Toxic Chemicals Found in Common Scented Laundry Products, Air Fresheners
- www.scorecard.org enter your zip code and you can get information regarding air, water and chemical releases for your county

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It's Not Too Late to Get Organized for the New School Year

Submitted by Kelly Butcher

School has just begun and you probably feel like you are drowning in the sea of papers, activities, and homework. As a professional organizer, I work with a lot of busy families who need help setting up routines for handling the abundance of paper from school, the mail, and for getting homework done. I hope to offer a few suggestions about routines to set-up and implement to help you have smooth sailing through this school year.



SOME GENERAL SYSTEMS TO HAVE IN PLACE INCLUDE:

- Calendar
- Incoming papers
- Homework

A large wall calendar with room enough to write each family member's activities is a must. Display the calendar in a location easily accessed by all family members. If you track your calendar electronically, have a centrally located computer with easy access for all family members. Assign a color to each family member and color-code activities.

Papers consisting of incoming mail, school papers, both school work and items that require a response, and activity-related items (schedules, release forms, etc) are always an issue. Set up an action file system for handling the incoming paperwork such as a desktop hanging file organizer with files for each child or school. Teach your children to get into the habit of putting important papers or papers requiring a signature in a folder marked with "Mom" or "Dad". After you have signed the paper, either place the paper in a folder to return to school or have your child put directly into their backpack. Also set up an archival system for the treasured school work that you want to save.

Fitting homework into our busy schedules is often difficult. Designate an area for your children to complete their work. For younger students, the kitchen table is probably where most of the

(Continued on Page 51)



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It's Not Too Late to Get Organized - (Continued from Page 50)

homework is completed, so make sure all of the necessary supplies are available, so there is no excuse not to get started. I recommend using lidded plastic shoe-box size containers to hold markers, crayons, scissors, glue sticks, etc. Label the containers for ease in cleaning up. For older students who may complete their homework at a desk in their bedroom, ensure they have the necessary supplies available as well. A well-lit, clutter-free area away from distractions will help them stay focused on their work.

Establish a set time for homework to be completed. It may not be the same time every afternoon or evening based on after school activities. Look at the week ahead on Sunday evening and map out with your child the time they should complete their homework for each day based on that day's activities and mark it on the calendar. Most importantly, help your child get into the habit of packing their backpack before they go to bed. That way during the morning rush, important papers and items needed for school will not be forgotten at home.

Remember that developing new habits requires consistency and time. Begin setting up and implementing new systems as soon as possible and this school year will be off to a great start!



Saturday - Oct. 10 10 a.m. – 2 p.m.

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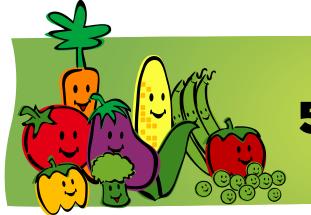




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Eating to Live: 5 Foods You Should Eat Daily Submittee

Submitted by Dr. Tenesah Weine

- 1. Spinach Spinach is the best source of omega-3s (plant-based), and folate, both help reduce the risk of heart disease, stroke, and osteoporosis. Incorporate Spinach into your salads, add spinach to scrambled eggs, or drape it over pizza.
- 2. Blueberries Blueberries have more antioxidants than any other North American fruit; blueberries help prevent cancer, diabetes, and age-related memory changes (they are nicknamed "brain berry"). Blueberries are rich in fiber and vitamins A and C, they also boost cardiovascular health. Aim for 1 cup fresh blueberries a day, or 1/2 cup frozen or dried. Stick them into yogurt, cereal, or a smoothie. Of course they are great alone!
- 3. Yogurt Yogurt containing probiotics will boost your immune system by building the gut lining. One ailment I test for in my office is candid/yeast, when positive I treat with probiotics. Not all yogurts have probiotics, so make sure the label says "live and active cultures." Aim for 1 cup of the calcium and protein-rich yogurt a day. Avoid yogurts with high sugar content, goat yogurt is most preferred.
- 4. Walnuts Walnuts are richer in heart-healthy omega-3s than salmon, loaded with more anti-inflammatory polyphenols than red wine, and packing half as much muscle-building protein as chicken. Other nuts combine only one or two of these features, not all three. A serving of walnuts about 1 ounce, or 7 nuts--is good anytime, but especially as a post workout recovery snack. Walnuts are great sprinkled over a salad.

5. Tomatoes - Red are the best, because they're packed with more of the antioxidant lycopene, and processed tomatoes are just as potent as fresh ones, because it's easier for the body to absorb the lycopene. Diets rich in lycopene can decrease your risk of bladder, lung, prostate, skin, and stomach cancers, as well as reduce the risk of coronary artery disease. Aim for 22 mg of lycopene a day, which is about eight red cherry tomatoes or a glass of tomato juice.

Note: While eating blueberries and other fruits you want to eat them on an empty stomach. You may have heard people complaining - every time I eat watermelon I burp, when I eat durian my stomach bloats up, when I eat a banana I feel like running to the toilet. When you eat fruit with foods, the fruit mixes with the putrefying other food and produces gas, hence you will bloat!

When you eat fruit, it immediately wants to go straight through the stomach into the intestines, but it is prevented from doing so when other food is present in the stomach. Adding fruit to a meal causes the whole meal to rot, ferment and turn into acid. The moment fruit comes into contact with the food in the stomach and digestive juices, the entire mass of food begins to spoil.

This will not arise if you eat the fruit on an empty stomach. If you eat fruit on an empty stomach, or right before a meal, it will play a major role to detoxify your system. It supplies you with a great deal of energy for weight loss and other life activities.



Crossword Puzzle 10 12 11 13 15 16 19 18 21 22 25 26 28 27 30 29 32 31

ACROSS

- 1. Chunk
- 5. Tramp
- 9. Run
- 10. Confuse
- 11. Cain killed him
- 12. To that time
- 13. Fraud
- 15. Compass point
- 16. Taught
- 18. Hides
- 21. Brew
- 22. Large meals
- 26. Sheer, triangular scarf
- 28. Midwestern state
- 29. Electronic mail
- 30. First letter of the Arabic alphabet
- 31. September (abbr.)
- 32. Polish

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DOWN

- 1. Attired
- 2. Earring need
- 3. Organization of Petroleum **Exporting Countries**
- 4. Efface
- 5. Egg layer
- 6. Many times
- 7. Capital of Idaho
- 8. Eyed
- 10. Combustible material
- 14. Angry
- 17. Old Testament prophet
- 18. Fireproof storage areas
- 19. Climate
- 20. Summary
- 23. Fly alone
- 24. Matching
- 25. Secure
- 27. Whack

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Good Shepherd Gift Market

Saturday, October 10th from 9:00am-4:00pm

Good Shepherd UMC, 20155 Cypresswood Dr. in Fairfield (290 & Mason)

Indoor & Outdoor booths featuring jewelry, yard art, home décor, gourmet foods, clothing, candles, plus a bake sale, silent auction & much more!

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Lone Star College - CyFair Perspective

In an effort to provide you with important information about Lone Star College-CyFair "Perspective" was developed. This column provides the latest information about news and events. Here is a sampling of what's going on:

Teens Driver's Education Available this Fall

Fall driver's education courses for teens ages 15 to 18 are available at Mondays through Thursdays at 4 p.m. and 6 p.m. Sept. 8 (Sept. 7 is Labor Day holiday) through Oct. 5 and at 6 p.m. Oct. 12 through Nov. 5 and Nov. 9 through Dec. 7 (except Thanksgiving holiday Nov. 26). The in-classroom (permit) driver's education course covers road rules, road signs, and laws to prepare the teens for the Department of Public Safety's written exam. Other topics are car maintenance, effects of drugs and alcohol, laws and penalties for drinking and driving, emergency situations, basic driving procedures, road rage, and insurance. Parents are responsible for the in-car instruction. Students are required to purchase the Texas Traffic Safety Education Student Manual, which is available at the campus bookstore. Call 281-290-5242 for information.

"2009 Faculty Art Exhibition" in the Bosque Gallery

Check out the artistic talent of full-time and adjunct art faculty from LSC-CyFair and LSC-Fairbanks Center this fall. This exhibition will be on display Sept.8 through Sept. 24 in the Bosque Gallery with an opening reception at 4:30 p.m. Sept. 10. Go to LoneStar. edu/bosquegallery for gallery hours and information.

L.I.F.E. Lessons in September

The Learning, Inspiration, Fellowship and Enrichment (L.I.F.E.) programs are free and held Wednesdays at 10 a.m. in the Lone Star College-CyFair Branch Library (Room 131.) Programs in September include: flavors of Autumn Sept. 2, organ donation Sept. 9, preview of "Crowns" Sept. 16, travel tips Sept. 23 and new features on Cragislist Sept. 30. Call the library at 281-290-3213 for L.I.F.E. program information or go online to LoneStar.edu.

An Evening of ComedySportz

Enjoy comic improvisation at its best. "It's not stand-up comedy about sports ... it's improv comedy played as a sport!" This free event will be held at 7:30 p.m. Sept. 17 in the Main Stage Theatre. Go to Lonestar.edu/student-activities for information on this or other LSC-CyFair Student Activities events or call 281-290-3270.

Mark Your Calendars for Fifth Annual Cy-Fest

Lone Star College-CyFair will host the fifth annual community day for all ages in the Cy-Fair community Saturday, Oct. 10. Cy-Fest, the college's gift to the community, is a day of free food, festivities and family fun! There are games, entertainment, face painting, hay rides, moonwalks, a petting zoo and more. To help celebrate the five-year anniversary, Radio Disney will also be on site. For information go online to LoneStar.edu.

What's at Stake? The Health of Your Trees

Most of us have trees in our front yards that were provided by our home builders. Did you know that the stakes supporting these trees need to be removed within the first year? This is because stakes provide artificial support that replaces a supportive trunk and root system.

Movement of the trunk helps strengthen the tree by thickening it and giving it taper from bottom to top. Trunk movement also stimulates root growth. The artificial support from the stakes leaves tree trunks weak and their root systems less developed.

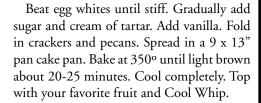
Bottom line - all staking material needs to be removed after roots have established. This can be as early as a few months, but should be no longer than one growing season.

Lecipe of the Month

Dream Delight Sandy Dinges



- 6 egg whites
- 1 cup pecans
- 2 cups sugar
- 2 tsp. vanilla
- 3/4 tsp. cream of tartar
- 2 cups crackers (Club or Waverly)



If you would like to submit YOUR recipe email it to articles@peelinc.com.







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Foot Surgery

Foot Specialists of Tomball

281-351-5599

13414 Medical Complex Dr., Ste. 11



Dr. Brad Bachmann DPM

Board Certified in

Foot Surgery

Louetta Foot Specialists

281-370-0648

8681 Louetta Road #150

tween Champions Dr. & Champions Forrest Dr.)



Children are our greatest treasures, and we're creating a threat to their safety by parking on the streets and by speeding through Fairfield.

SPEEDING IN FAIRFIELD PARKING ON THE STREET

Most homeowners have some space in their garage reserved for storage – in some cases most of the garage, thereby not leaving enough room for their vehicles. Consequently, many owners park their vehicles on the street making it difficult for others to pass and creating hazardous conditions for the children.

Although we're all anxious to get home to be with our families, speeding and reckless driving is against the law and endangers everyone. Fairfield is a family oriented community with many children; for that reason before you speed or park on the street, please consider their well-being. Also, children playing in the street can unknowingly create a dangerous situation, especially on heavily traveled streets; the driver may not see the child, especially in the evening or after dark.

We all know that children have a tendency to move about impulsively and may inadvertently run into the street. Please don't let a tragedy happen before parking your vehicle off the street or obeying the speed limit. For the benefit of all the residents and children, and the overall appearance of your neighborhood, please do not park on the street. Make accommodations in your garage or driveway for your vehicles and keep your streets clear and safe for all and please, DO NOT SPEED IN FAIRFIELD.





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Attention KIDS: Send Us Your Masterpiece!

Color the drawing below and mail the finished artwork to us at Peel, Inc. - Kids Club
311 Ranch Road 620 S, Suite 200
Lakeway, TX 78734

We will select the top few and post their artwork online at www.PEELinc.com. DUE: September 30th Be sure to include the following so we can let you know! Name: _ (first name, last initial) Email Address: Age:_ [This information will only be used to notify you or your parents if your artwork was selectected.]

FF

FAIRFIELD COMMUNITY GAZETTE



View the Kids' Club Contest Winners online each month at www.peelinc.com/kidsclub.php

Don't want to wait for the mail?

View the current issue
of the Fairfield Gazette
on the 1st day of the month at

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15731 Raleigh Oak, 3/2/2, 2186 SqFt, \$154,900



20930 Heartwood Oak Trail, 4/3/2, 3359 SqFt, \$274,900



15106 Winding Black Cherry, 3/2/2, 1654SqFt, \$133,000



15318 Woodland Orchard, 4/2.5/2, 2669 SqFt, \$168,000





15118 Red Cedar Cove, 3/2/2, 1816 SqFt, \$134,500



15022 S Mulberry Field, 4/2/2, 2595 SqFt, \$210,000



15307 Ochre Leaf Trail, 4/2.5/2, 2174SqFt, \$159,900



22006 Gold Leaf, 4/2.5/2, 2196 SqFt, \$179,900

281-304-9500 281-731-7399



RE/MAX Lakeland

Dawn Fore's Fairfield Market Report			
Neighborhood	1st Quarter Results		
	Sold	\$ per SqFt	DOM
Bluebonnet Glen	0	-	-
Baker's Ridge	0	-	-
Chappell Ridge	2	\$62.14	232
Cottage Glen	3	\$70.14	87
The Estates	0	-	-
Garden Grove	5	\$64.98	19
Glen	2	\$70.57	114
Inwood Glen	2	\$54.13	88
Inwood Meadows	2	\$67.20	54
Inwood Park	1	\$79.05	25
Lakes/Lake Ridge 2	5	\$77.81	173
Crossing/Landing/Reserve	4	\$78.43	37
Meadows/Park/Retreat	3	\$57.57	148
Oaks/Trails	1	\$73.80	69
Pines	0	-	-
Summer Crossing	4	\$67.67	85
Summer Ridge	7	\$70.30	73

These numbers for resale homes were obtained from the Houston Multiple Listing Service. While we have no reason to doubt the accuracy of this information, we cannot guarantee it. This is not a solicitation of currently listed properties.