

THE TIMES

1st Annual Bridgeland Chili Cook-Off



December 5, 2009
11:30-2:30 pm
Lakeland Activity Center
Parking Lot

*Join us for an afternoon
of fun at the
Bridgeland Activity Center!*

Bridgeland is looking for the best chili cook! Cooking will begin at 6:00 am, judging at noon, then chili will be available for all to taste. Rules are available on request. There will be 1st – 3rd place winner trophies. Registration and the \$10 registration fee must be turned in to the Lakeland Activity center no later than Monday November 30th, 2009.

Houston Dance Theatre's 27th Annual Production of *The Nutcracker Ballet*

For 26 years North Houston's Premiere Ballet Company, Houston Dance Theatre, has given local audiences the opportunity to experience the beauty and elegance of a Christmas tradition, "The Nutcracker".

*Two performances are scheduled
to take the stage:*

Saturday, November 28, 2009 at 7:00 p.m.
Sunday, November 29, 2009 at 2:30 p.m.

The performances will be held at the beautiful
Westfield's Geiger Performing Arts Center,
16713 Ella Boulevard; 1 mile south of 1960.

Reserved seating tickets are \$18.00 each (group sales available) and may be purchased at: American Academy of Dance, 15775 Bammel Village Drive, 1 block west of Kuykendahl; on the south side of FM 1960. For best available seating purchase your tickets early. Credit Cards are accepted.

Featured Professional Guest Artists will join the cast of 75 local dancers, including the Houston Dance Theatre Company.

Houston Dance Theatre is an Honor Company of Regional Dance America. This production has enhanced the arts in our fine community for 26 years.

This is the one to see!

For further information or ticket sales, please call:
American Academy of Dance / Home of Houston
Dance Theatre. For telephone credit card orders call:
281-444-9698

Visit our website at www.houstondancetheatre.org
HDT is a 501(c) 3 organization - proceeds go toward
the cost of this and future productions.



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Cy-Fair ISD	281-897-4000
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Spillane Middle School	281-213-1645
Cy Woods High School.....	281-213-1727
Cy Fair High School.....	281-897-4600

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Harris County Tax	713-224-1919

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290 Cypress Business Networking Group

The 290 Cypress Business Networking Group meets every Thursday morning at 7:30 am at Newk's Express Café located at Hwy 290 and Spring Cypress in the Kroger Shopping Center near the Cinemark Theater. The group is open to all business owners and professionals who want to increase their exposure to the residents of Cypress and the surrounding areas. There is no cost to attend the meeting. If you would like more information, please call Ken Parker at 281-384-1562. Visit our new website at 290Cypress.com.

Cypress Ranch Mustang Band News

The 2009-2010 school year has brought great things for the Mustang Band. The band has doubled in size from its inaugural year. In addition to regularly performing in the stands and on the field at the JV football games at Cypress Ranch High School, the band performed at the opening of Compass Bank in Cypress on September 26. Under bright sunny skies, the Mustang Band performed a number of "pep" pieces in the Compass Bank parking lot. The highlight of the morning was a parade around the bank, including marching through the drive-thru lanes. Compass Bank officers and Mustang Band members are shown with a donation made by the bank to the band.

This fall the Cypress Ranch Mustang Band has debuted its new show, "Australia" with a performance at Barber Hill High School, in Mont Belvieu on September 11, 2009. The show features specially commissioned music which evokes musical images from down

under. The full show culminates with aboriginal chanting and motions.

In its first 5A marching competition at Blinn College in Brenham on Saturday, October 3, the Mustang Band brought home first place trophies for marching, solo, and color guard. Although performing in a downpour, the band showed their commitment to their motto "Trust, Commitment, Excellence" by performing their "Australia" show with precision. The Mustang Band is under the direction of Russell Holcombe, Director of Bands, with assistance from Kyle Straub, director. Fairfield residents Kourtney Kech and Sarah Guhl are drum majors.



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Pictures with Santa at Bridgeland

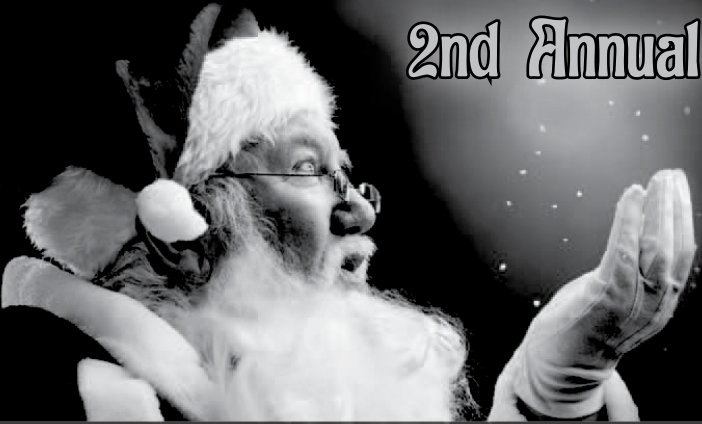
**BRIDGELAND'S
PICTURES
WITH SANTA**
November 28, 2009
2:00 - 5:00 pm
Lakeland Activity Center

*Please bring an unopened,
unwrapped toy
to donate to Toys for Tots.*

Capture your family's holiday picture with Santa! A professional photographer will be present to take your holiday picture. Pictures taken by the photographer will be uploaded to Shutterfly.com. Guest may also bring and use their own cameras.

Bridgeland Lakeland Activity Center
16902 Bridgeland Landing
Cypress, Texas 77433





2nd Annual Christmas with Santa Jim

Join us as we celebrate the holiday season
on November 21 from 1:00-3:30 p.m.

*Free pictures with Santa by
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Classified Ads

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Bridgeland residents, limit 30 words, please e-mail articles@PEELinc.com.

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office @ 888-687-6444 or advertising@PEELinc.com.

Cypress Ranch High School FFA

Cypress Ranch High School FFA is participating in the Wreaths Across America ceremonies at Houston National Cemetery, on Saturday, December 12th, by helping with the wreath-laying.

Wreaths Across America is a non profit organization that reaches out to thousands of children with the message of Remember the fallen, Honor those who serve; and Teach our children the value of freedom.

Would you like to see hundreds of wreaths laid to honor veterans here in Houston?

The FFA students are selling the Wreaths Sponsorships for \$15.00. The wreath will be placed on the grave of a veteran here in Houston. If you would like to sponsor a wreath for \$15.00 please send an email to FFAWreaths@comcast.net and we will email you an order form.

You may also go to WWW.wreathsacrossamerica.org and click on Sponsor a Wreath and select Individual Wreath Sponsorship. Our Location ID is TXHNCH and the Fundraising Group Number is TXFFA0001.

Thank you for your support.



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CY-WOODS HIGH SCHOOL WRAP 2010

JEANS & JEWELS DANCE

All proceeds provide a safe After Senior Prom Party

Mark your calendars for the event of the year! Join us on Friday, January 29, 2010, from 7:30 pm to 11:30 pm for an evening of dancing, dinner and a silent auction. The event will be held at the Northwest Forest Conference Center, 12715 Telge Road, Cypress, Texas. Tickets are \$30 per person. For more information, visit the WRAP website www.cywoodswrap.org or send an email to cywoodswrap.org. Donations are currently being accepted for the silent auction. All donations and purchases for this event are tax deductible (501©3 organization).

ATTENTION CY-WOODS 2010 SENIOR PARENTS!

Please join us on Thursday, November 5th @ 7:00 pm in the Commons area at Cy-Woods High School for our WRAP General Parent meeting (earn 5,000 WRAP bucks for attending). For more information on WRAP, please visit our website at cywoodswrap.org, contact us via email at cywoodswrap@yahoo.com or join us on Facebook at <http://www.facebook.com/WRAP2010>.

The next WRAP General Parent meeting is scheduled for Thursday, December 3rd @ 7:00 pm.

SCRIPS

www.glscrip.com

Scrips is a term that means "substitute money". This program allows WRAP members to purchase gift cards for everyday expenses like food, clothing, and entertainment; and with each purchase, earn revenue for WRAP. Don't forget the holidays are coming and what better gift than a gift card, so plan early and order gift cards for everyone on your list. Please contact Lisa or Douglas Bell at douglaswbell@yahoo.com with any questions or to place an order. Orders can be placed at every monthly WRAP meeting.

WRAP is Cy-Woods High School's parent-driven Project Prom organization. The purpose of WRAP is to provide a drug and alcohol free all-night party for the graduating seniors and their guests after their prom.

CONGRATULATIONS



Congratulations to Karissa Garcia who was chosen to represent Clay Road Baptist School in DECATS (DeBusk Enrichment Center for Academically Talented Scholars), a gifted scholar program held each summer. The intensive three-week program features challenging and enriching coursework in the areas of literature, drama, social studies, mathematics, science, computer science, creative writing, journalism, art, music, and creative problem solving. Students are nominated by their Principals and selected for their high intellectual ability, a strong commitment to learning, and exceptional creativity. Clay Road Baptist School is proud to recognize Karissa's achievements!



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THE GREEN CORNER

Green the Holidays



Thanksgiving will be here in a few weeks and following hard on its heels is the mecca of consumption – Christmas. I have a few tips that can help you feel easier about your carbon footprint during the holidays. This month I will focus on holiday food and Thanksgiving. In December, I will give you tips and ideas on how to green up your gift giving and holiday decorating.

The Thanksgiving Table: Before you shop, think sustainability. Both Whole Foods and Central Market sell organically grown, free range turkeys. Untreated with hormones, antibiotics and fed on whole grain feed, these turkeys can be purchased whole or partial (I buy a breast for my small family) for a meal designed specifically for your family. Add organically grown vegetables, and if possible heirloom varieties to increase nutritional value and green quotient.

I know, positively everyone says to go organic. But they rarely tell you why it is important. It isn't just that it is cool or fashionable to be organic (although it is chic to be green) but that organic food is grown and/or raised with sustainability in mind, something that is not taken into account by conventional farming methods. Every time we do something against nature, there is a ripple effect that is felt much farther than our back yard but ultimately comes back to bite us.

Conventionally raised turkeys (and any

poultry, beef and most farmed fish) are kept in tight quarters, fed a diet of grains and discarded animal products – usually from animals too sick to be used in human consumption- and fattened until slaughtered. The cramped quarters, lack of exercise, and poor quality food create a breeding ground for disease requiring the animals to be treated with prophylactic antibiotics. Hormones are used to increase the growth and yield of the meat. How is this unsustainable and downright harmful to us though? Over use of antibiotics have led to antibiotic resistant diseases like MRSA, a particularly nasty and deadly antibiotic resistant staph bacterium, and hormones are absorbed into the meat and ingested by humans or find themselves

in our drinking water, creating all sorts of havoc in our bodies from suspected early onset puberty in girls to hormone induced cancers such as estrogen or progesterone positive breast cancer. If all this isn't enough, the runoff from poultry farms is toxic and pollutes water ways destroying entire ecosystems and tainting drinking water with poisons, antibiotics, fecal matter and hormones.

Organic vegetables prohibit the use of synthetic fertilizers and pesticides. These products are known to cause cancer and neurological disorders in both humans and lab animals. Many vegetables carry toxic residue to your table and into your body. The toxic runoff from conventional farms pollute rivers, drinking water and create dangerous dead zones in the ocean where high levels of nitrogen kill beneficial algae and bacteria causing dangerous algae blooms like red tide that deplete oxygen levels and kill fish. Our own Gulf of Mexico suffers from a dead zone from the base of the Mississippi river all the way to Galveston that is approximately the size of Rhode Island. Dead zones disrupt oceanic hunting and feeding grounds bringing fish closer to shore which in turn brings ocean predators, such as sharks, closer to shore endangering ocean swimmers (not to mention makes the water just plain nasty).

(Continued on Page 15)

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Recipe of the Month

String Bean Casserole

- 4 cans French style green beans, drained
- 1 lb. Velveeta cheese
- 1 medium jar pimentos
- 1 large can mushrooms
- ¼ lb. butter or margarine
- 1 large green pepper, chopped
- Ritz crackers or sliced almonds



Melt butter. Saute green peppers. Add cheese to melt. Add beans, mushrooms, and pimentos. Put into baking dish and sprinkle with Ritz cracker crumbs or sliced almonds. Bake at 350° for 25 minutes.

If you would like to submit YOUR recipe email it to articles@peelinc.com.

JERSEY VILLAGE PROJECT PROM FUNDRAISER

November 21st & 22nd at Trader's Village

Jersey Village Project Prom Fundraiser will be accepting donations until Thursday, November 19th. Items can be dropped off at Jersey Village Baptist Church parking lot corner of Rio Grande and Jersey Drive across from the fire station at the following times:

November

Tuesday	11/03/09	6:00 p.m. – 8:00 p.m.
Thursday	11/05/09	6:00 p.m. – 8:00 p.m.
Tuesday	11/10/09	6:00 p.m. – 8:00 p.m.
Thursday	11/12/09	6:00 p.m. – 8:00 p.m.
Saturday	11/14/09	10:00 a.m. – Noon
Sunday	11/15/09	

10:00 a.m. – Noon

Monday thru Thursday 11/16 to 11/19 6:00 – 8:00 p.m.

To donate items at other times or if you have any questions, please contact: Rhonda Coolures at 713.256.1811 or Joe Bontke at 713.907.2855



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The Green Corner- (Continued from Page 13)

Heirloom vegetables are great because not only are they fun (purple tomatoes anyone?) but they promote biodiversity which protects our food sources. Did you know the Irish Potato Famine occurred because the Irish relied on only a few species of potato plant as the basis of their food supply? All of which was susceptible to the fungus that attacked the plant and destroyed the food crop. The United States and modern conventional farming has gone the way of Ireland, relying on fewer and fewer species of plants planted in large monocultures to create the basis of our market vegetable selections and eliminating approximately 90% of plant genetic material that was available in 1900. Like Ireland, a simple disease could wipe out a large portion of our food supply and leave us on the brink of starvation. Heirloom vegetables keep genetic plant material alive and in the food source.

I know that organics are initially more expensive. But remember, with conventional products we have to pay to clean up the water to make it safe and drinkable again, to clean up the ocean for access to safe fish, to provide more and more research on how to keep our few remaining plant species from succumbing to disease and pests, medical bills when our bodies react to the environmental toxins, and disaster relief when gigantic storms caused from environmental disruption destroy communities. In the long run, organics are the cheaper way to go.

Avoid the consumption trap by avoiding Black Friday. Instead of shopping use it to decorate for Christmas. If you want to save decorating until December, use the time take a nice hike through one of Texas' many nature trails or area state parks – Thanksgiving leftovers make a nice picnic!
-**SHERI HICKS**

MOPS AT THE MET

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MOPS stands for Mothers of Preschoolers, a program led by mothers themselves and designed for mothers with children ages birth to 5. These mothers all have a shared desire...to be the best mothers they can be!

For more information on meetings in Fairfield, please contact Renate Wheeler at renateqw@yahoo.com. They will meet on the second and fourth Fridays during the school year.

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New CAM Food Pantry Needs Stocking for Thanksgiving

CAM has recently opened our new Food Pantry at 11265 Huffmeister in the old Lone Star Seafood building - across the street from our main location. We are excited about this wonderful addition to the ministry, and are thankful that this expansion has come in time to serve the large surge of families coming for help. Due to the economy and unemployment rate, we will serve a record number of families this season. Your help to fill the pantry for Thanksgiving and Christmas would be greatly appreciated.

Pantry Donation Hours

Mon. - Wed. (10 am - 4 pm)
Thurs. - Fri. (10 am - 4 pm)
Saturday Donations may be

dropped off at CAM's main location from 10 am - 3 pm if the Pantry is closed

The following is a list of needed items:

Frozen turkeys
(We have plenty of freezer space so bring them anytime.)
Boxed stuffing
Cranberry sauce
Canned gravy
Boxed potatoes
Canned sweet potatoes
Breakfast cereal
Sugar/Flour
Toilet paper
Toothpaste
Shampoo/Conditioner

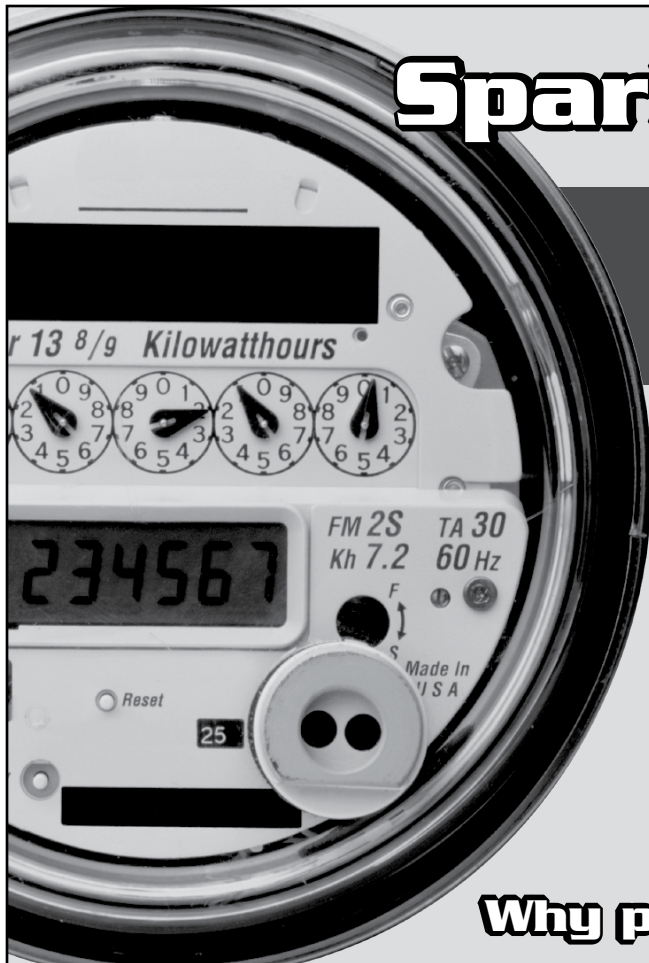
If you can't find the time to shop, Wal-mart gift cards are a great way to donate. We often

have to buy more frozen turkeys at the last minute and gifts cards are great for this.

Toy donations are needed for Christmas, as well. Toys with a value of at least \$15 are appreciated and toys for boys ages (6-12) are always in demand. There are many teens on our list this year and gift cards, electronic items and video games are a welcome donation.

For more information about CAM, check our website at www.cypressassistance.org or call Kelly Thomas at 281-955-7684. You may support the

ministry all year long with your donations of household items, clothing, toys and furniture. Tax receipts are available. Don't miss our Angels' Attic Christmas Room this month. All money from Angels' Attic supports ministry services. We sincerely appreciate the generosity of the Cypress community!



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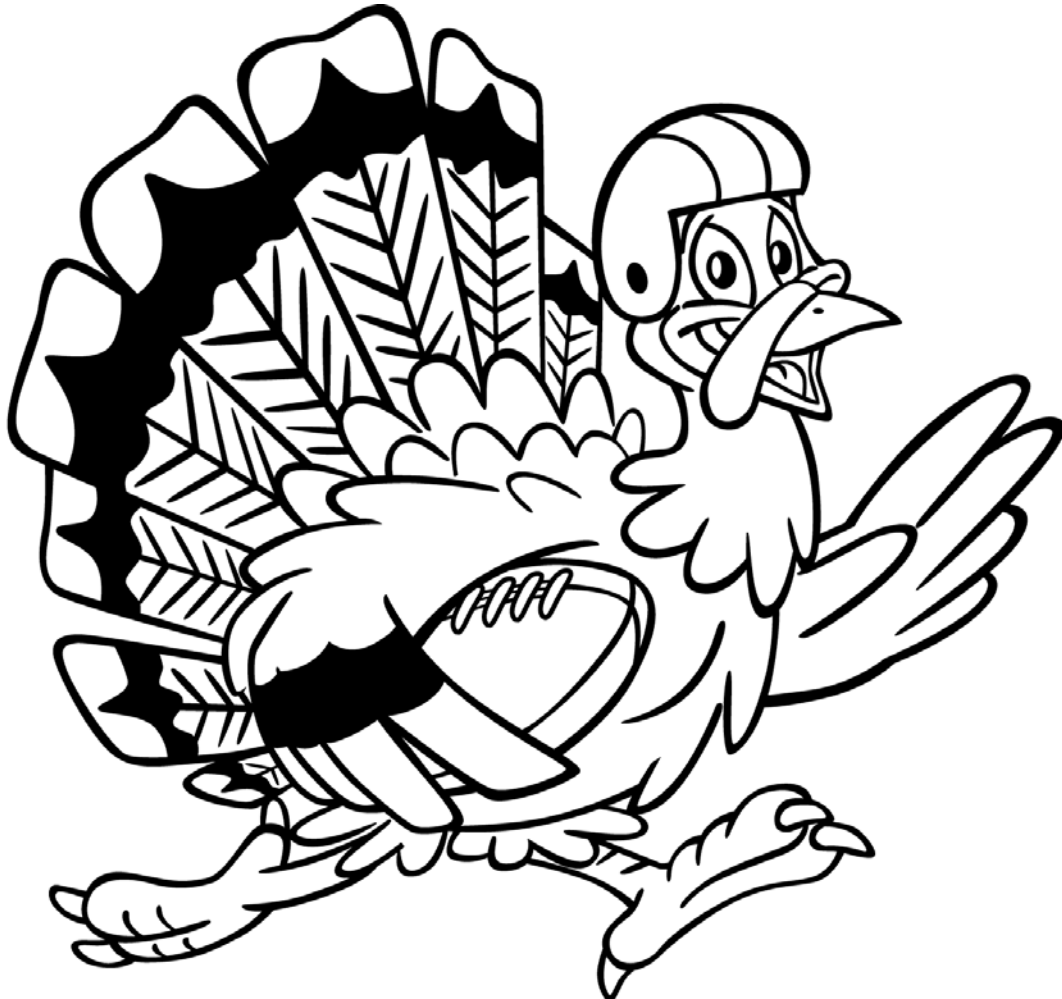
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We will select the top few and post their artwork online at www.PEELinc.com. DUE: November 30th

Be sure to include the following so we can let you know!

Name: _____ Email Address: _____
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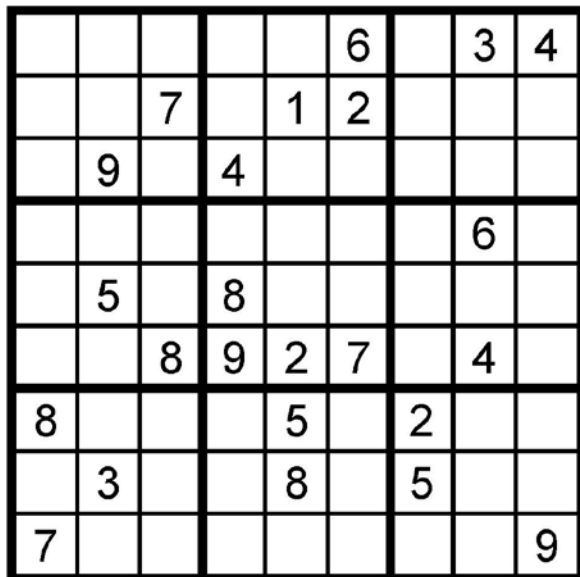
Age: _____ [This information will only be used to notify you or your parents if your artwork was selected.]



BG

Sudoku

The challenge is to fill every row across, every column down, and every 3x3 box with the digits 1 through 9. Each 1 through 9 digit must appear only once in each row across, each column down, and each 3x3 box.



*Solution at www.PEELinc.com

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Bridgeland Year-to-Date Sales Report

	Dec '08	Jan '09	Feb '09	Mar '09	Apr '09	May '09	June '09	July '09	Aug '09	Sept '09
\$500,000 and above	0	0	0	0	0	0	0	1	0	0
\$451,000--\$499,999	0	0	1	1	0	0	1	1	4	0
\$351,000--\$450,000	2	1	1	2	2	2	1	2	1	5
\$276,000--\$350,000	7	4	0	3	3	3	2	3	5	1
\$231,000--\$275,000	1	1	1	1	0	0	2	3	0	2
\$201,000--\$230,000	1	0	0	0	1	1	2	1	1	3
\$200,000 and below	0	0	1	0	0	1	0	1	1	1
Total	11	6	4	7	6	7	8	12	12	12
Highest \$/sq ft	\$94.12	\$92.42	\$118.16	\$101.67	\$99.74	\$100.68	\$112.90	\$133.96	\$127.56	\$118.25

This information is taken from the Houston Multiple Listing Service

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