

# Wortham Villages

Volume 9, Issue 11  
Wortham Villages

November 2009

[www.worthamweb.org](http://www.worthamweb.org)

## Congratulations Karissa Garcia!



Karissa Garcia was chosen to represent Clay Road Baptist School in DECATS (DeBusk Enrichment Center for Academically Talented Scholars), a gifted scholar program held each summer. The intensive three-week program features challenging and enriching coursework in the areas of literature, drama, social studies, mathematics, science, computer science, creative writing, journalism, art, music, and creative problem solving. Students are nominated by their Principals and selected for their high intellectual ability, a strong commitment to learning, and exceptional creativity. Clay Road Baptist School is proud to recognize Karissa's achievements!

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## BREAKFAST With Santa

Saturday, December 5th

8:00-10:00 am

Wortham Clubhouse

**Admission:** An unwrapped gift for Children's Protective Services or a monetary donation.

Don't forget your camera for Pictures with Santa!

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# Wortham Villages

## IMPORTANT NUMBERS

### MANAGEMENT

Crest Management .....281-579-0761  
Kristi Buenger (Manager)..... kristi@crest-management.com, Ext 17  
Stephen Johnson, (Assistant).....stephen@crest-management.com, Ext. 627  
Robin Motley (Accounting) ..... Ext. 24  
Fax number ..... 281-579-7062

### BOARD MEMBERS

Stan Schoen ..... sschoen@worthamweb.org  
Jonathan Armstrong .....jarmstong@worthamweb.org  
Steve Carter ..... scarter@worthamweb.org  
Rick Anderson .....randerson@worthamweb.org  
Rebecca McShane ..... rmcshane@worthamweb.org

### COMMITTEE CHAIRPERSONS

Architectural Control - Crest Management .....281-579-0761  
Clubhouse - Linda Carter.....281-894-5821  
fourlcs@comcast.net  
Directory - Mindy Armstrong .....281-970-2187  
Info. Signs - Fred Trascher fatrascherjr@aol.com, 281-970-1553  
Phyllis Giblin..... Phyllis.Giblin@cfisd.net, 281-517-0191  
Park Committee - Martin Maynemartin@mayne.us, 281-955-2240  
Recreational Facilities Committee - Bob Paziteney, 832-912-8473  
Sports Fields Reservations - Myra Edwards.....  
Social - Rachel Gerhardt 832-912-1447, r\_gerhardt@comcast.net  
Tennis Committee - Dorota Jankovsky.....281-955-9626

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Poison Control.....281-654-1701

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## What's Happening in Wortham?

If you have some news or fun activities happening in your life, please let us hear from you! We'd like to share the news in our future newsletters. Are you or someone in your family



running a marathon? Do you have a new member of your family? Any children accomplishments to brag about? Please share with your neighbors! Send your info and pictures to lorabergeron@gmail.com.

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## HOME ALONE IN WORTHAM

*By Sairrong and Rob Fitzgerald*

Having twins who just turned 18, we were unprepared for the empty nester syndrome. First we had to pack them off to school. Brian was easy; just get him on the right plane to the Naval Academy at Annapolis, MD for a July 1st Induction. He was travelling light: his requirement was to show up with just the clothes on his back. He went way out on a limb and brought a second pair of running shoes.

Aileen's departure was more of an entourage; we caravanned with the McCollins down the street whose son Nick was also going to UT at Austin. Our SUV was packed to the rafters with everything from emergency rations to computer and printer. Bringing everything to her dorm (where will it fit???) on their old red wagon brought back some memories. Mom makes it



back from the trip, and guess what – there's nobody in the house but mom & dad.

No one prepared us for this; sure people joked about us being on our own but did nothing to get us ready. First, we stared at each other across the kitchen table. Then came the obligatory master cleaning of the twins rooms; after all it was vital that their "shrines" be maintained as they deserved.

The next weekend was the resulting yard sale, an excuse to clear out the whole house, attic, and the garage as a diversion from

the fact that all we are going to get from now on are phone calls that don't even ask permission to stay out late.

We are done with ideas now...does anyone know what empty nesters are supposed to do until they get the hang of this???



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# Wortham Villages

## NEIGHBORHOOD WATCH NEWS

Marie Trascher

We have had another successful National Night Out with visits from Sheriff Adrian Garcia and many of the units within the Sheriff's Office. The Mounted Patrol, ID fingerprinting and Crime Prevention were all present. Our Fire Department made a visit much to the delight of all, especially the children. The arson dog "Hunter" and his handler Tom Petty were once again with us. Many "Thanks" to all. This is what makes our community one of the best. National Night Out was organized to bring citizens and Police Departments together to stamp out drugs and crime. Let us continue to show that we are in touch with our Sheriff's Office and will not tolerate crime.

Many of our Block Captains participated by helping to set up, decorate and clean up after the event. They are the ones behind the scenes that no one sees but all are thankful for. Without them our community would not be as

successful. They, also, solicited door prizes from the many businesses in our area. Let us continue to patronize these businesses in appreciation of their donations. They were: Hargraves Barber Shop, Game Time Haircuts, Mancuso Harley-Davidson, Parrialla Magnolia Mexican Restaurant, Party City, Postal N Shipping, Rachael's Hallmark, Sears Hardware, Suzybeez Cakes N Sweets, 4 T Nails, Sound Fitness, Texadelphia, and Universal Propane Grill & Light. Two of our neighbors contributed: Elio Cunningham and Lisa Reinhardt.

We have the same wonderful people who donate to us each year and who we could not do without: Bob Zuccarello furnishes all the bottle water, Tracy Crawford and Margo Horton who supply all the cookies. All three are realtors that live in our community and should you have the need for a realtor, do not forget about them. Michael Patrick was our MC for the night and as usual did a

great job. Announcing door prize winners, playing music and letting everyone know of special events. Lisa and Leah Trascher helped by giving out the door prizes and helping to serve cookies.

I could not have done this job as effectively as I have without the help of my husband Fred. His support and computer skills aided me to learn the use of the computer and the time it took to visit with the Sheriff's office and Deputies. Of course, his opinions – some of which I took and others not but he was there for me. We are nearing our 50th Anniversary and still learning.

*Rachel Gerhardt our Social Committee Chair has been helping me for the last four years and I could not have managed without her. Thank you, Rachel!! To All: It was been a pleasure working with you and meeting our residents. I wish continued success for our community and look forward to seeing you in the neighborhood.*

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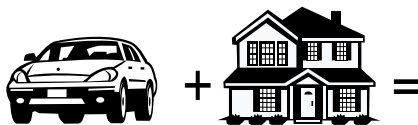
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|------------------------|---------------|
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| Accident/FGSI          | 1             |
| Accident/Minor         | 1             |
| Alarm Local            | 9             |
| Arson/Fire             | 1             |
| Burglary/Motor Vehicle | 2             |
| Check Business         | 16            |
| Check Park             | 113           |
| Contract Check         | 16            |
| Criminal Mischief      | 1             |
| Disturbance/Loud Noise | 3             |
| Disturbance/Other      | 1             |
| Domestic/Prevent       | 1             |

| Incident            | Offense Total |
|---------------------|---------------|
| Fraudulent Use ID   | 3             |
| Meet the Citizen    | 14            |
| MUD Building Check  | 30            |
| Open Door/Window    | 1             |
| Parking Lot Check   | 8             |
| Property Found/Lost | 1             |
| Suspicious Person   | 2             |
| Telephone/Harass    | 1             |
| Traffic Stop        | 29            |
| Vacation Watch      | 13            |
| Vehicle Stickered   | 2             |
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# Wortham Villages

## Recipe of the Month

### String Bean Casserole

- 4 cans French style green beans, drained
- 1 lb. Velveeta cheese
- 1 medium jar pimentos
- 1 large can mushrooms
- ¼ lb. butter or margarine
- 1 large green pepper, chopped
- Ritz crackers or sliced almonds



Melt butter. Saute green peppers. Add cheese to melt. Add beans, mushrooms, and pimentos. Put into baking dish and sprinkle with Ritz cracker crumbs or sliced almonds. Bake at 350° for 25 minutes.

*If you would like to submit YOUR recipe email it to [articles@peelinc.com](mailto:articles@peelinc.com).*

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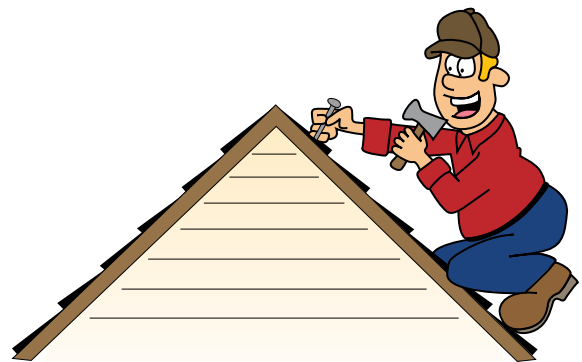
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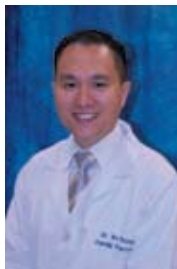
## **meet our team**

Huong T Le, MD  
Quoc Le, MD  
Alex Nguyen, MD  
Blandina Sison, MD  
Anthony Yee-Young, MD  
Diana Malone, MD  
Shital Patel, MD  
Heidi Nashed, MD  
Luz Marquez, MD  
Jennifer Dong, MD  
Asma Ahmad, MD  
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## **1960 Family Practice Is Pleased To Introduce Our Newest Physicians**



Dr. Vu Phung joined 1960 Family Practice in July 2009. Dr. Phung graduated from Texas Tech University and is board certified in Family Medicine. He completed his residency in Family Practice and in pursuing his special interest; he completed his fellowship in Geriatric Medicine. Dr Phung welcomes patients of all ages to his practice.



Dr. Annie Hoang joined our practice in August of 2009. She graduated from Texas A & M University and finished her training in Family Practice at Texas Tech University. She is board certified in Family Medicine and has been providing comprehensive care for adults and children with compassion and kindness for the past 10 years. She welcomes all new patients to her practice.

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## Healthy Tailgating This Football Season

By Tarie Beldin

Now you finally know its fall, not because the temperatures are cooler, but because it is FOOTBALL season! With high school games on Friday nights, college games on Saturdays and professional games on Sundays, our weekends can be full of concession-stand food, barbecue, six-foot sandwiches and chips.

All of these game-day feasts can lead to extra calories, which can mean extra pounds, even before the holiday season arrives! The good news is that with a few changes, such as these tailgate make-over tips, you can decrease the fat and calories and increase the nutrition of your tailgating menu, without sacrificing taste:

### TYPICAL TAILGATING FOOD

- Regular chips
- Queso or guacamole
- Fried or buffalo wings with ranch or blue cheese dressings
- Traditional burgers or chili
- Sandwiches or hoagies made with salami, high-fat cheese and mayo
- New England clam chowder
- Pork brats
- Potato salad
- Cookies and cakes
- Regular beer and wine
- Soda or juice



### HEALTHY TAILGATING ALTERNATIVES

- Baked tortilla chips
- Salsa
- Boneless/skinless chicken breast tenders with wing or teriyaki sauces
- Burgers or chili made with lean ground beef or ground turkey breast
- Sandwiches or hoagies made with lean meats, low-fat cheeses and mustard on whole wheat bread
- Low fat gumbo
- Turkey brats
- Grilled corn on the cob

- Caramel or candied apples and low-fat brownies and desserts
- Light beer and wine spritzers
- Iced tea or diet lemonade

It is also never a bad idea to have a fruit and/or vegetable tray available for those who are vegetarian or for low-calorie snacking. If you have a favorite tailgating food or snack, allow yourself to indulge in it, but try to replace other tailgating options with healthier alternatives and be mindful of portion sizes.

Whether you are tailgating at the stadium or "tablegating" in your living room, it's easy to keep game day food fun, tasty and healthy. Most importantly though, remember, it is about the camaraderie and the love of the game, not the food. Consider having your own game of touch football during half time to burn off those extra calories!

With the last football games in both pro and college football set for the beginning of next year, we still have many opportunities to load up on calorie-laden and high-fat tailgating food. Practice these easy and tasty substitutions to help you stay healthy this football season.

Tarie Beldin is a registered and licensed dietitian at St. David's Round Rock Medical Center.

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## Wortham Villages Stork Report

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# Wortham Villages

## New Cell Phone Law

*"I'll Have to Call You Back; I'm in a School Zone."*

THE LAST SESSION OF THE TEXAS LEGISLATURE PASSED A NEW LAW MAKING IT ILLEGAL TO USE YOUR CELL PHONE IN A SCHOOL ZONE. THE EXCEPTIONS ARE:

- if you are using a hands free device
- if your vehicle is stopped
- if you are calling 911 for an emergency.

The law took effect September 1, 2009. Soon you can expect to see new signage in school zones reminding drivers to hang up or face a fine of up to \$200.

## Free Stuff for Your Computer (and cell phone)

*Submitted by Laurie Scott*

As holiday spending approaches, here are some free programs to make your computing easier and more fun with zero impact on your budget.

Everybody hates dealing with usernames and passwords at login screens, and as a result I see a LOT of people who have very easy passwords (like the name of their dog) not only for their computer but even for their online banking! Well, here's LastPass to the rescue (download from <https://lastpass.com>) with a password manager that works with Windows, Mac OSX and even Linux. With LastPass you can have strong passwords that are hard to impossible to remember, but don't have to remember because LastPass will remember for



you. You passwords are encrypted using a master password that only you will know, so your private information is always safe. LastPass will work across all your browsers and computers. You can even retrieve your passwords online from another computer on their web site (where no one but you can access them.)

How about free music, legally! Amazon has over 1,000 songs in all styles from Blues to Folk to Rock to Opera. Many of these are new groups getting their music out, but I've seen everything from Alice Cooper to Andres Segovia to Jeff Beck to the Boston Pops. If you use iTunes, Amazon's download

*(Continued on Page 15)*

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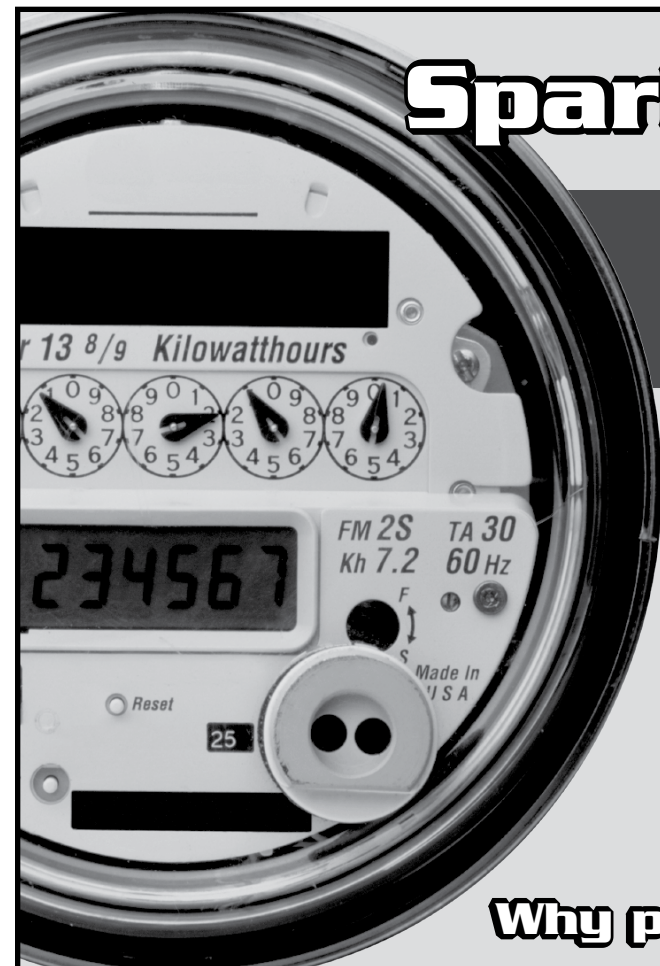
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## Free Stuff - (Continued from Page 14)

manager will seamlessly add your songs to iTunes for you. So load up your iPod and Zune with all this free music. This abbreviated link will take you to Amazon's free music page: <http://tinyurl.com/TekChicFreeMusic>

How does a free secretary sound? TimeCave.com will any message you create back to you or anyone you want at ANYTIME you want within 3 years. Do you keep a perfect calendar but your best friend is, shall we say "challenged" when keeping her calendar organized? Have a lunch date next week? Go to Time Cave and enter your message "don't forget about our lunch tomorrow", enter her email address and the day and time you would like it delivered. Now, even if YOU forget to remind her, Time Cave will.

Cell phone users, you're not left out. Wouldn't it be nice to be able to call 411 from your cell phone without having to pay a dollar or more for each call? Thanks to Google you can now get information for any city in the country by simply dialing 800-466-4411 (that's 800-GOOG-411). They have a voice recognition system that lets you tell it what you're looking for and it's amazingly accurate. So program that number into your phone and say goodbye to excessive 411 charges from your carrier.

Next month look for my annual "Geeky Gifts for the Techie in Your Life" Christmas article.

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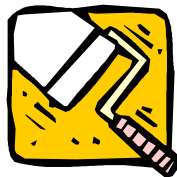
## Bashans Painting & Home Repair

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**References Available • Fully Insured**  
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## The Foot Wellness Center



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North Cypress Medical Center  
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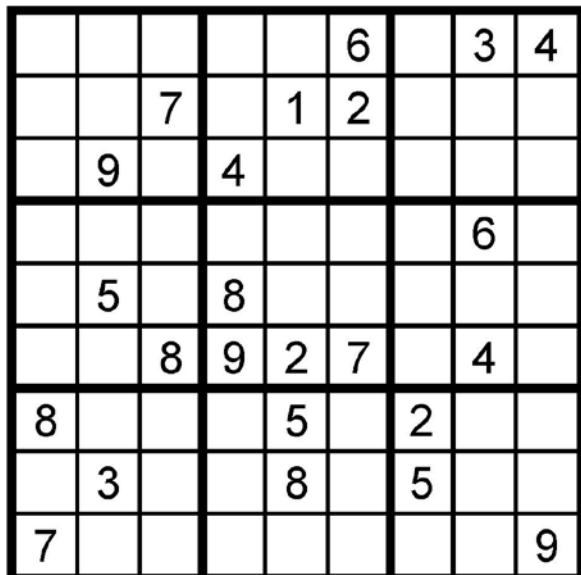
- Diplomate, American Board of Podiatric Surgery
- Board Certified in Foot & Ankle Surgery
- Fellow American College of Foot & Ankle Surgery
- Certified Wellness Educator

[www.DrRubinFootWellness.com](http://www.DrRubinFootWellness.com)

# Wortham Villages

## Sudoku

The challenge is to fill every row across, every column down, and every 3x3 box with the digits 1 through 9. Each 1 through 9 digit must appear only once in each row across, each column down, and each 3x3 box.



\*Solution at [www.PEELinc.com](http://www.PEELinc.com)

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## Neighborhood Watch Committee BLOCK CAPTAINS

|                           |                              |              |
|---------------------------|------------------------------|--------------|
| Apple Forest              | Ghormley, Jay & Angela       | 281-955-7072 |
| Aspen Bough               | Bruckner, Eric               | 281-890-8667 |
| Azalea Creek              | Slacik, Deborah              | 281-955-2146 |
| Birch Falls               | Carter, Linda                | 281-894-5821 |
| Brook Mill                | Young, Deanna                | 281-890-0598 |
| Carriage Lake             | Boushley, Connie             | 281-890-3499 |
|                           | Betty Meineke/J. Harrove     | 281-890-4329 |
| Chestnut Woods            | Hutchinson, Mark & Jan       | 281-894-8410 |
|                           | Claiborne, Ed & Pam          | 281-469-7646 |
| Dawn Point & Elm Bough    | Ramos, Angelina              | 281-970-8545 |
| Dogwood Blossom           | Kably, Kimberly              | 281-725-1993 |
|                           | McAnulty, Chris & Kelly      | 281-970-1405 |
| Elm Bridge Ct             | Henkhaus, Kim                | 281-469-7105 |
| Fern Vale                 | Lawrence, Reschele & Phillip | 281-469-6321 |
| Grove Hollow              | Kruppa, Beth & Chris         | 281-477-7381 |
| Harvest Dale              | Welch, Terri                 | 281-890-4061 |
|                           | Franklin, Vernetta           | 281-807-3834 |
| Hickory Tree              | Pickens, Cindy               | 281-894-0444 |
| Hillside Glen             | Guido & Shelia Smet          | 281-970-4766 |
| Lark Brook                | Thomas, Barbara              | 281-897-1191 |
|                           | Lara, Peggy                  | 281-970-4052 |
| Magnolia Leaf             | Canterbury, Eloise           | 281-894-8424 |
|                           | MacDonald, Lori              | 281-469-0874 |
| Orchard Hollow & Town Elm | Dineen, Mike                 | 281-894-6258 |
| Orchard Hollow            | Tolbert, Toney & Shirley     | 281-894-0085 |
| Plum Vale                 | Kelley, Dale                 | 281-469-1371 |
| Reedwood Ridge            | Kay McGlamory                | 281-955-2107 |
|                           | Crawford, Tracy              | 281-650-3266 |
| Shady Fern                | Thornton, Carolyn            | 281-807-1816 |
| Spruce Knoll              | Bob Meyer                    | 281-469-3740 |
| Sycamore Heights          | Sommer, Donna                | 832-237-4684 |
| Timberland Trace          | Peterson, Sandra             | 281-897-9875 |
| Tulip Garden              | Lawler, Tammie               | 281-807-1323 |
|                           | Jones, David & Jill          | 281-955-8972 |
|                           | Chisari, Paul                | 281-894-7053 |
| Walnut Lake               | Heafner, Cissy               | 281-477-9553 |
| Wortham Blvd              | Giblin, Phyllis              | 281-517-0191 |
| Wortham Blvd              | Culp, Susan                  | 281-807-1330 |

*Don't want to wait for the mail?*

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# - Kids Stuff-

Section for Kids with news, puzzles, games and more!



NOT AVAILABLE  
ONLINE



## Attention KIDS: Send Us Your Masterpiece!

Color the drawing below and mail the finished artwork to us at

Peel, Inc. - Kids Club

311 Ranch Road 620 S, Suite 200

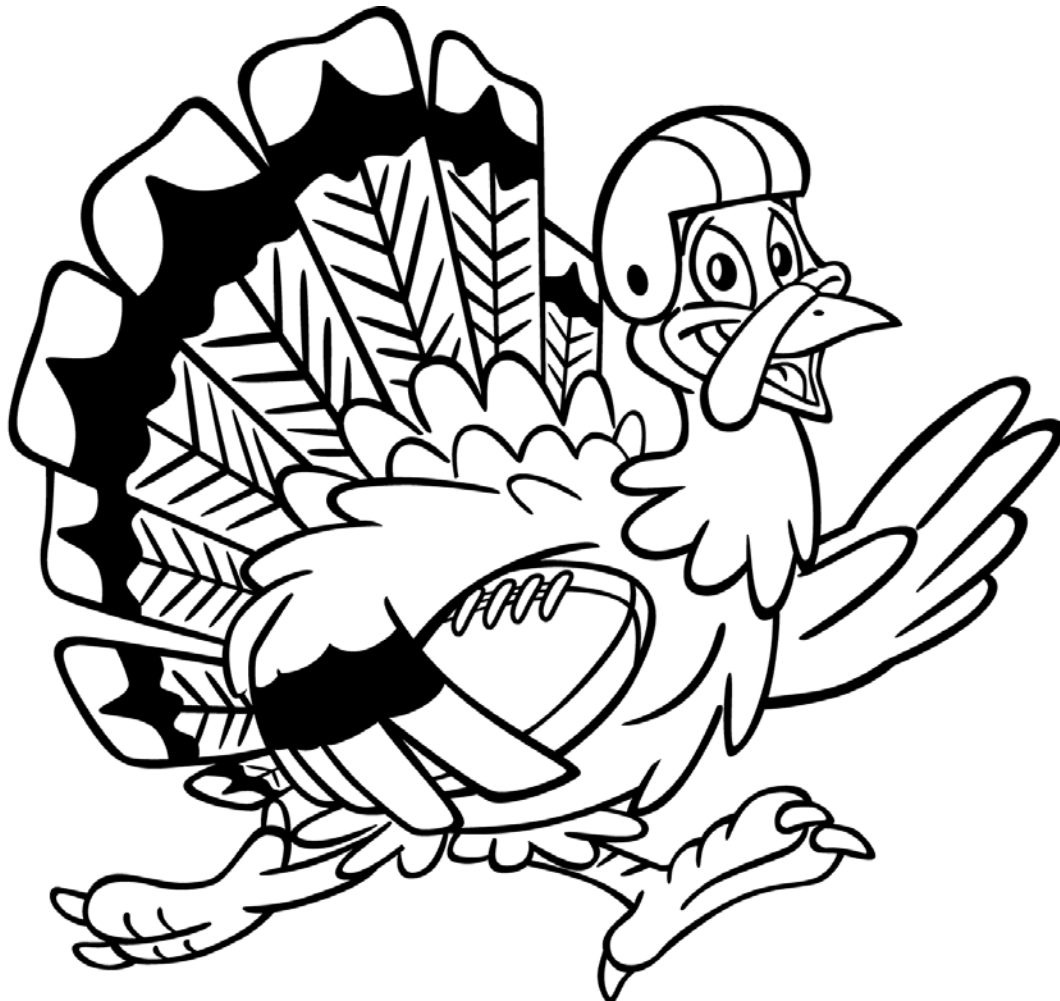
Lakeway, TX 78734

We will select the top few and post their artwork online at [www.PEELinc.com](http://www.PEELinc.com). DUE: November 30th

Be sure to include the following so we can let you know!

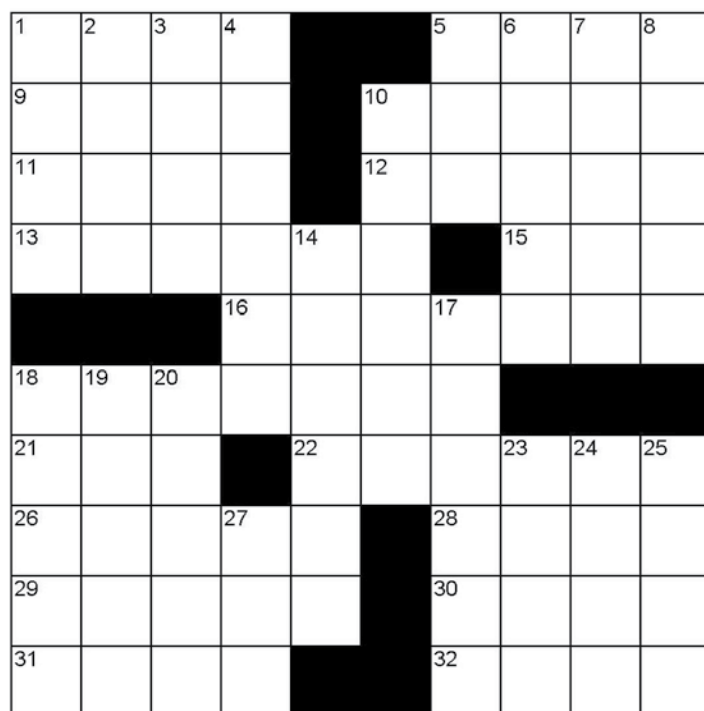
Name: \_\_\_\_\_ Email Address: \_\_\_\_\_  
(first name, last initial)

Age: \_\_\_\_\_ [This information will only be used to notify you or your parents if your artwork was selected.]



WV

## Crossword Puzzle



### ACROSS

1. Catch in nylons
5. Speed
9. Station
10. Scoop out
11. Healing plant
12. Colder
13. Geneve
15. Consume
16. Collective Israeli farm
18. Chewbacca's partner (2 wds.)
21. Card game
22. Legume
26. Coding system
28. Portend
29. Induct
30. Look
31. Loch \_\_ monster
32. Opp. of yeses

### DOWN

1. Male deer
2. Large African river
3. Long time
4. Mediterranean island dwellers
5. IBM Competitor
6. Adios
7. Sports shoe projection
8. Hz
10. Apt
14. Purplish color
17. Candy
18. Woman
19. Negative battery terminal
20. Averages
23. African nation
24. Bored
25. Dregs
27. Bro.'s sibling

\*Solution at [www.PEELinc.com](http://www.PEELinc.com)

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WV

## Real Estate Market Report

*Wortham* Specialist

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- **#1 Realtor in Wortham\***
- **#2 Realtor in Houston & Texas\*\***
- **#9 Realtor in United States\*\***
- **Selling Over 500 Homes A Year**

|                          | ACTIVE             | PENDING            | SOLD Last 6 Mos    |
|--------------------------|--------------------|--------------------|--------------------|
| <b># of Listings</b>     | 8                  | 2                  | 19                 |
| <b>Price Range:</b>      | 172,900<br>235,000 | 174,900<br>175,000 | 131,927<br>230,000 |
| <b>Average Price</b>     | \$205,825          | \$174,950          | \$184,243          |
| <b>Avg Price/sq.ft.</b>  | \$67.93            | \$69.16            | \$63.53            |
| <b>Avg DOM</b>           | 87                 | 21                 | 56                 |
| <b>High Price/sq.ft.</b> |                    |                    | \$79.45            |
| <b>Low Price/sq.ft.</b>  |                    |                    | \$38.79            |



**RE/MAX**

Professional Group  
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**Direct line: 281-477-0345**

**WWW.SUPERDAVE.COM**

\*According to information taken from the HAR MLS Computer

\*\*Realtor Teams per Remax 9/2008, 3/2009