

Windermere Lakes

H O M E O W N E R S

A S S O C I A T I O N



December 2009

www.windermerylakes.net

Volume 3, Issue 12

JANUARY NWHC AGGIE MOM'S CLUB MEETING

*With Guest Speaker
Jackie Sherrill*

Please join the NWHC Aggie Moms as they welcome, Jackie Sherrill, former head coach and athletic director at Texas A&M University to their January meeting. Jackie Sherrill will be discussing his book, *No Experience Required*, written by Caleb Pirtle III. This book was written in collaboration with the 12th Man Kickoff Team Foundation comprised of over 80 former players and founded in 2007. Come hear a truly inspirational story in which the 12th Man Kickoff Team brought Texas A&M fans and players together to win 3 consecutive Southwest Conference titles. The 12th Man Kickoff Team Foundation currently works to provide scholarships for students with financial needs and encourages students to follow their dreams.

The Aggie Mom's Club meeting will be held Tuesday, January 12, 2010 at the Houston Distribution Center conveniently located near Willowbrook Mall at the corner of Cutten Road and 7100 High Life Drive. Please come enjoy refreshments provided at 7 pm and learn about valuable information regarding student activities, scholarships, the Aggie Boutique, door prizes, and more. Help support our outstanding Aggie students!

The Aggie Mom's Club is accepting Scholarship Applications for the 2010-2011 school year. Applications must be postmarked no later than Feb. 7, 2010. Last year 8 scholarships totaling \$8,750 were awarded to area students.

For more information, check out our website at www.nwhcaggie moms.com.

Cypress Cares *for Our Troops*

Cypress Cares would like to announce the dates that we will be boxing up our care packages for the year. All boxing events will be held at the Cole's Crossing Community Center, located at 13050 Barker Cypress Road at Jarvis Road. Several of our packing days this year are specifically at times when Cy Fair ISD is not in session so that our students will have an opportunity to be involved as well. The dates are as follows:

December 28, 1:00

Christmas Break Service Project for Cy Fair Students

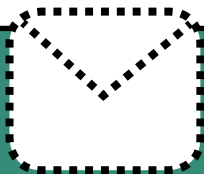
Cypress Cares has received more thank you notes from the troops who have received packages. Visit our website, www.cypress-cares.org to view the troop responses, as well as more current information about upcoming events, donation ideas and more.



*Our troops need and deserve our support;
get involved today!*

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Cy-Fair Fire Dept	911
Cy-Fair Hospital.....	281-890-4285
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Center Point (Street lights)	713-207-2222
Library	281-890-2665
NW Harris County MUD #29	713-983-3602
Aquasource.....	713-983-3604
Post Office.....	713-937-6827
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*All Board members and Committees
can be contacted at www.windmerelakes.net*

* We are establishing our Committees for 2009 and need resident volunteers! If you are interested in participating with us, please contact us at www.windmerelakes.net for more details. This is a great way to meet your fellow neighbors and to help make our Windermere Lakes community a better place to live.

NEWSLETTER INFO

Editor.....	newsletter@windmerelakes.net
Publisher	
Peel, Inc.	www.PEELinc.com , 888-687-6444
Advertising.....	advertising@PEELinc.com , 888-687-6444

Not Available Online

Windermere Lakes Classifieds

Have any items that you need to get rid of but think someone else could use? Have a useful service to offer your neighbors? Why not place an ad in the Windermere Lakes newsletter? Just send the info and a phone to the newsletter editor, and your ad will be run in the newsletter for two issues.

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Windermere Lake residents, limit 30 words, please e-mail newsletter@windmerelakes.com.

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office @ 888-687-6444 or advertising@PEELinc.com.

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Gerri Rougeau, Windermere Lakes Resident

LANDSCAPE FOCUS Windermere Yard of the Month

October - 10302 Ripple Lake November - 11919 Palmetto Shores



10302 Ripple Lake



11919 Palmetto Shores

This winner's landscaping was great and impressed members of our committee as the selection for Windermere's 'Yard of the Month'. The homeowner receives a \$25 Gift Card from Home Depot, bragging rights to the honor AND our WL Yard of the Month sign remains in their yard during the month. Our thanks go out to those that care about their homes and keep their lawns maintained. Thank you for helping make our neighborhood more beautiful in spite of the heat.

We appreciate the time and participation by our judging volunteers during this selection process!

Sreehari Gorantla, Landscape Committee

Spark Power Bank

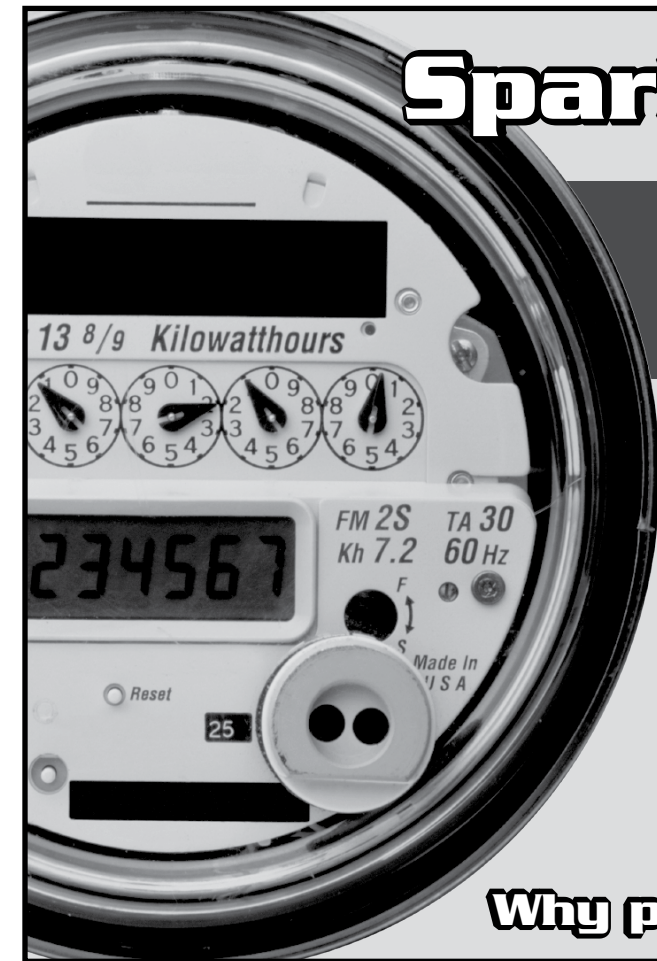
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Lone Star College - *CyFair* Perspective

HOLIDAY PERFORMANCES ON STAGE

This holiday in the Main Stage Theatre are "A Taffeta Christmas" set Dec. 3 through Dec. 13 and the free String Orchestra concert "Collage" set Dec. 7. For tickets and information call 281-290-5201 or go to LoneStar.edu/boxoffice.

L.I.F.E. LESSONS IN DECEMBER

The Learning, Inspiration, Fellowship and Enrichment (L.I.F.E.) programs are free and held Wednesdays at 10 a.m. in the Lone Star College-CyFair Branch Library (Room 131.) Programs in December include: learning about the Texas Rangers Dec. 2, tips for permanent weight loss, Dec. 9 and creating a holiday wreath Dec. 16. Programs will resume Jan. 13, 2010. Call the library at 281-290-3213 for L.I.F.E. program information or go online to LoneStar.edu.

HOLIDAY HAPPENING WITH A.L.L.

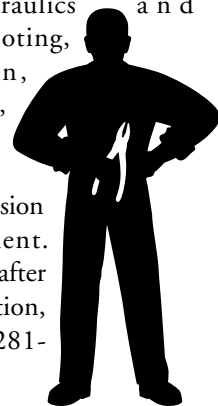
Celebrate the season with music, food and friends at the Dec. 10 Holiday Happening with LSC-CyFair's Academy for Lifelong Learning (A.L.L.) This event will be held at 4:30 p.m. – 6:30 p.m. at Heritage Lodge at Towne Lake. A.L.L. is designed for adults age 50 and better. For information, send an e-mail to LSCCFCE@lonestar.edu or call 281-290-3460.

REGISTER NOW FOR MINI-MESTER AND SPRING SEMESTER CLASSES

Catch up or get ahead this holiday season! Take a mini-mester course in December or register early for spring. Mini-mester classes begin Dec. 14. Spring semester classes begin Jan. 19, 2010. For information, call 281-290-3200 or 832-782-5000 or go online to LoneStar.edu.

BECOME AN INDUSTRIAL MAINTENANCE TECHNICIAN

Interested in fluid power, motor control, automation and more? Industrial technology is in demand across the Gulf Coast with a substantial growth projected. LSC-CyFair offers an associate's degree or certificate program with day and evening courses in hydraulics and pneumatics, troubleshooting, machine installation, mechanical seals, bearings, gear drives, industrial engines, couplings, pumps, compressors, precision tools and laser alignment. Earn up to \$25 an hour after graduation. For information, call 281-290-3281 or 281-290-5942.



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Tips for Teaching Children about Table Manners

Submitted by Rebecca Beavers

Teaching your children table manners may sound old fashioned, but it never goes out of style. Having good manners shows your respect for other people, and it's more than saying "please" and "thank you." It's about helping your children develop habits and behaviors that will help them relate to adults and other children in a positive way. "To make your family mealtime time special and relaxing, slow down, sit and talk with your children and expect good behavior. You will be pleasantly surprised at how much easier and enjoyable it will become," said Dr. Mary Zurn, vice president of education for Primrose Schools. "This is important because children with good manners often find it easier to make friends and get along with others at school and at home."

Dr. Zurn offers five table manners tips to get parents started:

1. Start early: Don't wait until you think your child is "old enough" to learn polite behavior. Just as children learn to crawl before they learn to walk, they also learn manners in stages. Even infants watch parents for rules of expected behavior. Very young children can learn to sign key phrases such as "please" or "thank you" and then transition to the spoken words around age two. By age three, children should be able to stay seated at mealtime if you sit down with them.
2. Give specific feedback: Children learn best when they receive specific feedback about their behavior which is far more effective than generic praise. For example, instead of saying, "Good job," you can say, "I'm so glad you set the table."
3. Encourage polite conversation: Children as young as two can learn to engage in polite conversation at the dinner table with the right kind of guidance. As you are at the table eating together, show them how to take turns listening, talking, and asking questions.
4. Set a good example: Make sure your words and actions match. Children watch parents all the time for behavior clues. For example, if you want your child to eat broccoli because it's a healthy food choice, you will need to let them see you enjoy eating it as well.
5. Create a routine: Children learn best from consistency because it helps them know what to expect. Start with the repetition of a few simple steps such as putting a napkin in your lap when you sit down. Create a routine that is easy for them to repeat and remember. For more tips from Dr. Zurn and a list of book suggestions on teaching your children table manners, visit www.DrZandMe.com.



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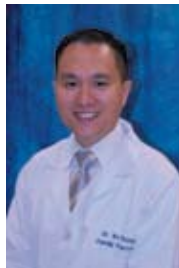
meet our team

Huong T Le, MD
Quoc Le, MD
Alex Nguyen, MD
Blandina Sison, MD
Anthony Yee-Young, MD
Shital Patel, MD
Heidi Nashed, MD
Luz Marquez, MD
Jennifer Dong, MD
Asma Ahmad, MD
Vu Anh Phung, MD
Annie Hoang, MD
Tami Berckenhoff, PA-C
Brandi Valenzuela, PA-C
Sydney Payne, PA-C

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1960 Family Practice Is Pleased To Introduce Our Newest Physicians



Dr. Vu Phung joined 1960 Family Practice in July 2009. Dr. Phung graduated from Texas Tech University and is board certified in Family Medicine. He completed his residency in Family Practice and in pursuing his special interest; he completed his fellowship in Geriatric Medicine. Dr Phung welcomes patients of all ages to his practice.



Dr. Annie Hoang joined our practice in August of 2009. She graduated from Texas A & M University and finished her training in Family Practice at Texas Tech University. She is board certified in Family Medicine and has been providing comprehensive care for adults and children with compassion and kindness for the past 10 years. She welcomes all new patients to her practice.

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Mammograms - 1960 Digital Imaging offers Digital Mammograms. Women should have a baseline mammogram beginning at age 35. Mammograms are recommended every 2 years through age 45. Women over the age of 45, should have a mammogram every year.

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Windermere Lakes

Recipe of the Month

Ham Roll-Ups

Ingredients

- Flour tortillas
- 8 oz. Philadelphia cream cheese (softened)
- 1 small can Hormel canned ham
- Picante sauce

Directions

Mix the cream cheese, ham, and picante sauce together. Spread on tortillas and roll up. Refrigerate several hours, then slice.



If you would like to submit YOUR recipe email it to articles@peelinc.com.

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Britt's Book Buzz

"A TRUE TEXAS INSPIRATION"

Same Kind of Different as Me by Ron Hall and Denver Moore

At the core of *Same Kind of Different as Me*, a true story written by Ron Hall and Denver Moore, are the relationships that Ron and Denver have with each other, their friends, Ron's spouse and children, nature, the environment in which they were raised (especially Denver) and most importantly, God.

Denver, an illiterate and homeless African American man from Louisiana has suffered at the hands of many throughout his life but through it all become a true messenger for God. The book begins with Denver recounting his heartbreaking life—from the back breaking work of picking cotton to seeing the people he loved most in the world disappear. The book so graphically reveals the gut wrenching life of a boy who wants for almost nothing, but is treated terribly.

Ron is a self-made millionaire whose heart was open to being guided by God, at the hands of his wife Deborah. Deborah—a person so filled with faith—heard God speak to her and conveyed these very specific and detailed visions to Ron (including seeing Denver's face even though they had not met him yet) and together, they became an integral part of a community of homeless people in Fort Worth, Texas. And this is where Ron's and Denver's lives intersected and forever changed.

The writing is relatable and each personality (the book alternates between Ron's and Denver's voices) is clearly unique and endearing. For example Ron, who worked on this grandpa's farm during summers writes of the land, "...the land is miserable, cursed with soil that may well be the original inspiration for cement."

The book addresses a question that all of us have asked, "Why did God let that happen?" It challenges faith in a very personal way. The book also encourages each of us to believe that God has a purpose for us, even if it isn't clear at this moment.

Same Kind of Different as Me demonstrates that the human spirit is fragile while at the same time immensely strong. It shows how trust, prayer and unconditional love can bring out amazing change and a life long friendship.

The book ended with a wonderful reminder, "...everybody's different...We're all just regular folks walkin down the road God done set in front of us...this earth ain't no final restin' place. So in a way, we is all homeless—just workin our way toward home."

Feel free to comment on this review, your thoughts on the book or suggest a book for me to review on my blog: <http://brittsbuzz.blogspot.com>.



The Tri-County Quilt Guild

Meets the 1st Tuesday of the month, 7-9pm

Meeting Place: Fairfield Baptist Church, 27240 Highway 290
(Between Muescke and Mason Rd) Cypress, TX 77433-4907

website: www.tricountyquiltguild.org

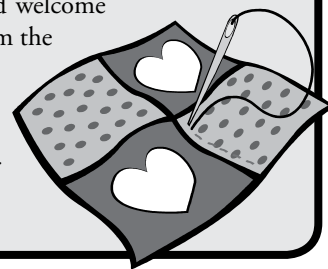
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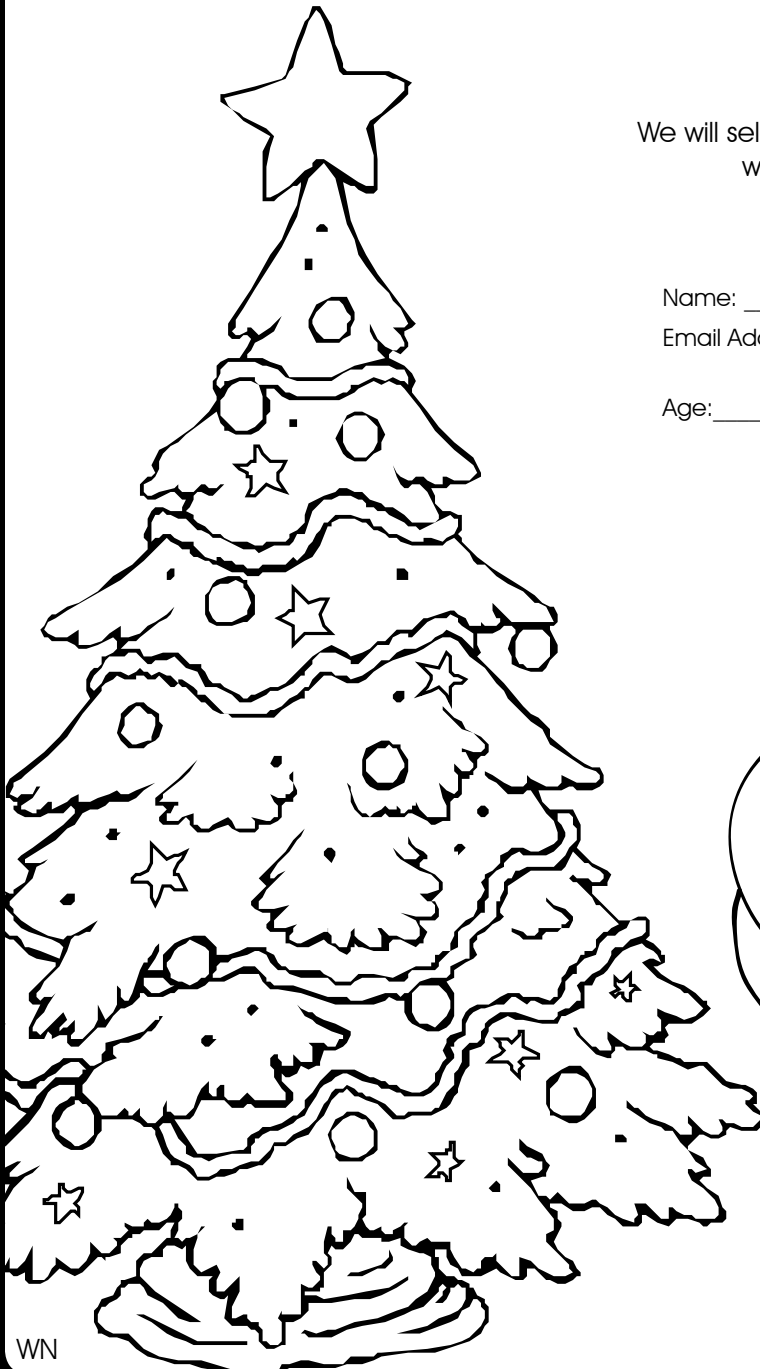
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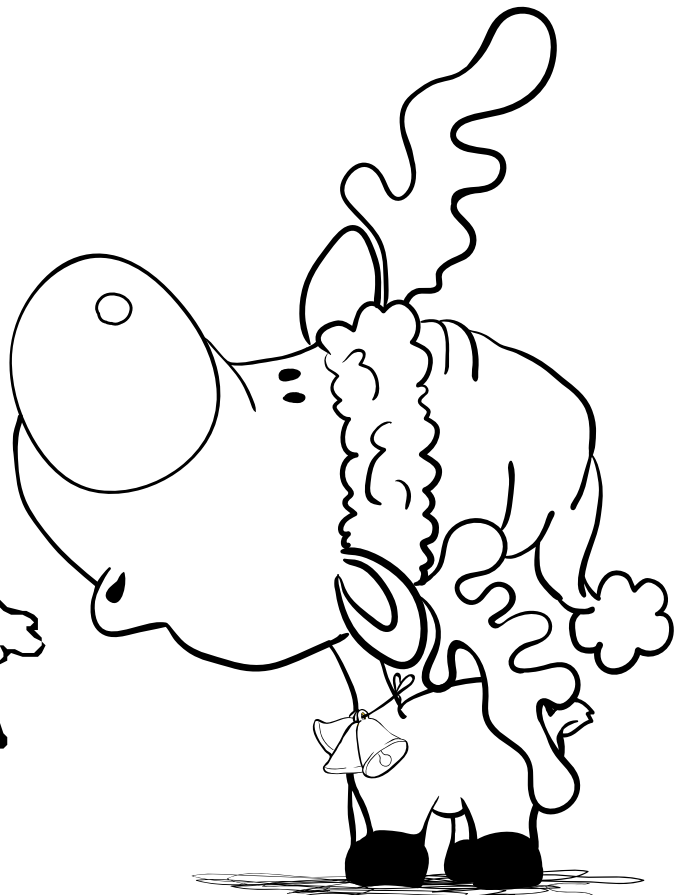
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