# THE TALON

February 2010

Official Publication of the Eagle Springs Community Association

Volume 2, Issue 2

### COMMUNITY CALENDAR

- FEB. 15 Sports Field Committee Field Reservation Draft 7 p.m.\*
- FEB. 16Pool Committee Meeting<br/>7 p.m. Clubhouse
- FEB. 20 & 27 Red Cross Babysitter Training Class \*Registration Required – Contact Safety Advisory Committee
- FEB. 25 Safety Advisory Committee Meeting 7 p.m. Clubhouse
- \*NOTE: Please visit the Sports Field Committee Group page at: www.insideeaglesprings.com for more information on the draft and to register. Registration is required to participate.



### CONGRATULATIONS TO CRAIG AND JAMIE OTTERSBACH OF SIERRA BRIDGE

For Submitting The Winning Entry In The "Name the Newsletter" Contest

The Ottersbach family has resided in Eagle Springs for 7 years and have a daughter named Lily. For their winning entry, the family received a \$100 American Express gift card.

When asked how they came up with the name, the Ottersbachs replied that they are fans of the show "Smallville." The Talon is the name of a coffee shop that appears in the show. An eagle's claw is also referred to as a talon. As one Neighborhood Voting Representative remarked, the newsletter is like the claw of the eagle, grabbing the news and delivering it to the residents of Eagle Springs.

The Eagle Spring's Board of Directors and Neighborhood Voting Representatives would like to thank everyone who participated in the contest.

### **BABYSITTER TRAINING CLASS**

The Safety Advisory Committee (SAC) is sponsoring an American Red Cross Babysitter Training Class for Eagle Springs residents 11-16 years of age. This class is open to both girls & boys.

#### FEBRUARY 20TH & 27TH - CLASSES WILL BE HELD AT THE CLUBHOUSE A PIZZA LUNCH IS INCLUDED IN THE COST OF THE CLASS\* THE CLASS WILL MEET ON TWO CONSECUTIVE SATURDAYS, FOR A TOTAL OF 12 HOURS OF TRAINING.

Participants will receive Certificates in Babysitter's Training, Infant and Child CPR and Standard First Aid. The purpose of this course is to provide youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care to children and infants. This training will help participants develop leadership skills; learn how to develop a babysitting business; keep themselves and others safe; help children behave; and learn about basic child care and first aid.

(Continued on Page 3)

### CONTACT INFORMATION

#### EAGLE SPRINGS COMMUNITY ASSOCIATION

#### **EAGLE SPRINGS COMMITTEES**

Landscape ...... landscape.committee@insideeaglesprings.com Pool......pool.committee@insideeaglesprings.com Safety Advisory......safety.committee@insideeaglesprings.com Sports Field ......sportsfieldcommittee@gmail.com Neighborhood Watch

..... neighborhood.watch@insideeaglesprings.com

#### **EMERGENCY INFORMATION**

Harris County Precinct 4 Constable	
	www.cd4.hctx.net
Harris County Sheriff (non-emergency)	
Atascocita Volunteer Fire Dept. (non-eme	rgency)
www.avfd.com	

#### UTILITIES

Water	Severn Trent Environmental Services
www.severntrentservices	s.com
Gas	Centerpoint Energy
www.centerpointenergy	.com713-659-2111
Trash & Recycling	
Best Trash	
Residential Recycling	of Texas
, 6	nk

#### SCHOOLS

Humble ISD	. www.humble.k12.tx.us,	281-641-1000
Eagle Springs Elemen	1tary	281-641-3100
Timberwood Middle	School	281-641-3803
Atascocita High Scho	ol	281-641-7500

#### **OTHER NUMBERS**

Power Outages	
Street Light Outages	
Humble Post Office	
Poison Control Center	800-222-1222

#### **NEWSLETTER PUBLISHER**

Peel, Inc.	
Advertising	advertising@PEELinc.com

#### DON'T WANT TO WAIT ON THE MAIL? The Talon can be viewed online at www.PEELinc.com

### HARRIS COUNTY PRECINCT FOUR CONSTABLE'S OFFICE

Contract Activity Statistical Report Atascocita - Cagle Springs

	O	V	O
<b>TYPE OF ACTIVITY</b>	NOV 2009	<b>DEC 2009</b>	YTD 2009
Burglary of Habitation	3	2	13
Burglary of Motor Vehicl	e 3	0	35
Theft from Habitation	1	0	3
Theft of Motor Vehicle	0	0	1
Theft - Other	5	4	38
Robbery	0	0	0
Assault	0	0	7
Secual Assault	0	0	1
Criminal Michief	0	4	48
Disturbance - Family	3	0	27
Disturbance - Juvenile	4	1	35
Disturbance - Other	7	10	195
Alarms	31	58	577
Suspicious Vehicles	12	11	153
Suspicisous Persons	10	8	90
Runaways	1	0	4
Telephone Harassment	1	0	4
Other Calls	231	233	2405

Details can be found on the Safety Advisory Committee's group page at www.insideeaglesprings.com

#### Classified Ads

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Eagle Springs residents, limit 30 words, please e-mail <u>ESNewsletter@insideeaglesprings.com.</u>

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office at 1-888-687-6444 or *advertising@PEELinc.com.* 

### Have You Logged On To The New Website?

Eagle Springs has a new website and all residents need to re-register at www.insideeaglesprings.com. The registration process is very quick and easy. The website is another place to find information about community events. Residents can also utilize the message boards to discuss various topics ranging from restaurant recommendations to landscaping ideas to lost and found inquiries. You can also access several important community documents via the website including the Modification Request Form and Deed Restrictions.

#### **Babysitter Training Class -**

(Continued from Cover Page)

Infant and Child CPR will also be taught. This is an awesome class, don't miss out! Class Size is Limited For More Info please contact: Safety.Committee@ InsideEagleSprings.com Look for upcoming details & registration form on the SAC Group at www.InsideEagleSprings.com

\* Please note that the exact times and cost for this class are still to be determined and will be in the detailed information listed on the Eagle Springs website as soon as available. We are looking for sponsors to help with the cost of this program. If you have a business or would like to help, please contact: Safety.Committee@ insideeaglesprings.com

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### NEIGHBORHOOD VOTING REPRESENTATIVES

Due to the number of units to be developed in Eagle Springs, the Governing Documents provide for a representative system of voting. For any occasion requiring a vote of the neighborhood, the Voting Representatives shall place the vote for their neighborhood. Additionally, the Voting Representatives and their alternates attend the meetings of the Board of Directors. In 2008, the NVRs elected the first resident board member to the Board of Directors for a two year term. As that term will expire in 2010, another election will be conducted by the current NVRs.

The NVRs play a vital role in the governance of the community, not only by representing their neighborhood in elections and votes, but also by being a voice to the management company and Board of Directors at the meetings. Please take a moment to note who your NVRs are. If your neighborhood does not currently have a NVR and you are interested in volunteering, please contact C.I.A. Services at esca@ciaservices.com

#### <u>ARBOR HEIGHTS</u> Chad Knesek, Primary Connie Bricker, Alternate

#### ARLINGTON PARK

#### Debbie West, Primary

Hi I am Debbie West the NVR for Arlington Park and have served in this position for the last 2 years. I have lived in Eagle Springs almost 3 years and enjoy life here. I came from a suburb of Chicago where my family still lives. I was in the oilfield industry until the downturn and went back to the medical field in finance as this is a much more secure field. I was the president of my last homeowners association for several years as well as the secretary and treasurer. We were fiscally sound and kept our dues very low while increasing reserve funds.

I am currently on the Safety Advisory Committee as secretary and also the modification committee.

If you have any concerns or comments you want brought to the board please contact me via email @ funnegirl44@gmail.com. I look forward to meeting you and helping serve my community.

#### Roy Dueitt, Alternate

Roy has lived in Eagle Springs since 2007 and is actively involved in the community as chair of the Sports Field Committee and a



volunteer for other committees. He has helped coordinate block parties in Arlington Park and get feedback to the board regarding concerns from his neighbors. Roy owns his own business and is a mobile DJ, entertaining guests at parties, corporate picnics, and wedding receptions. From this role, he has experience in taking various opinions and desires and melding them together to deliver services that make the events enjoyable for everyone.

As an NVR he looks forward to the responsibilities of representing the residents of Arlington Park, both those in town homes and those in the other homes, both those with kids and those without children, both those that live by ball fields and those that live by larger streets like Timber Forest. He is prepared to get those opinions from all residents and provide feedback to enhance our community, Arlington Park, and Eagle Springs.

#### <u>BARTON RIDGE</u> Bruce Guillory; Primary

#### BERINGER PLACE

#### Vicky Bernabe, Primary

My name is Vicky Bernabe and I have been a proud resident of Eagle Springs for over three years now. I live in Beringer Place with my husband and our two daughters. Before moving to Beringer Place we lived in Yukon Forest. In addition to serving as an NVR, I also serve on the Sports Field Committee. As NVR I have organized a Movie Night for Beringer Place as well as a National Night Out gathering. I look forward to serving in this role for another term. Please feel free to contact me with any issues or concerns. I can be reached at VickyJBernabe@gmail.com

#### Tammy Theriot, Alternate

My name is Tammy Theriot and I am the Beringer Place neighborhood representative. I am originally from Breaux Bridge, Louisiana and my husband, Mitch, and I have lived in the Atascocita area for 8 years. We have two children, Dustin and Casey, and a granddaughter, Talli.

My education includes a Bachelor of Science degree from University of Southwestern Louisiana in Lafayette. In addition, I am a fully-licensed and credentialed graduate of Champions School of Real Estate and currently associated with Red Door Realty and Associates. *(Continued on Page 5)* 



#### Neighborhood Voting Representatives - (Continued from Page 4)

#### CADES CROSSING

#### Marsha Broseke, Primary

I have been a resident of Eagle Springs now for almost two years. During this time, I have been the NVR for the Cades Crossing area. Please feel free to contact me with cares/concerns about our area at tgbroseke@embarqmail.com.

#### Michelle Henley, Alternate

#### COTTAGE GROVE

#### Terri George, Primary

My name is Terri George and I have served as your Neighborhood Voting Rep in 2009 and Alternate for 2007 and 2008. As you may know, I am very active in many aspects of our community and serve on some of our committees. My husband, Steven, and I have lived in Sutter's Creek for 6 years. We have 3 grown children and 9 grandchildren, which are often at our home, and a big yellow Lab named Cinnamon. Both my husband and I have been in healthcare for many years. I have recently taken a break to add another degree so that I can move from patient care into administration. I'm originally from Southern California, having lived in Colorado and Arizona before landing in Texas about 11 years ago. Both Steven and I have enjoyed living here and watching Eagle Springs grow as a community. I look forward to serving again in 2010 and remaining active in our community and would encourage all residents to get involved in our community to the ability that they are able to.

#### Anne Wallace, Alternate

CRESCENT RIDGE

#### Ken Auenson, Primary

#### Wayne Knippers, Alternate

My name is Wayne Knippers. I am married to Mary Alice Knippers and we live at 11923 Biscayne Pass Lane, Montecito Pointe, in Eagle Springs. We have lived in Eagle Springs since July, 2006. My wife is a second grade teacher at Porter Elementary in New Caney ISD and I am a Realtor with Century 21 Outstanding Homes.

I take pride in the community I live in and wanted to serve all residents of Eagle Springs to help maintain a high quality of life and homes for all neighborhoods. This is the reason I chose to serve.

If you have questions or issues that you would like to discuss, you can reach me at 281-414-7931.

#### CROSS CREEK

#### Sarah Burkhalter, Primary

My name is Sara Burkhalter and I have lived in the neighborhood since June 2004. I have proudly represented Cross Creek as a neighborhood representative the last 2 years and get the opportunity again this year. I am an educator in Humble ISD and I am involved in my church and other community activities. I love living in this neighborhood. If you have any questions, please feel free to email me any time at poofyvi@hotmail.com.

(Continued on Page 6)

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#### Neighborhood Voting Representatives - (Continued from Page 5)

#### Jay Cowieson, Alternate

Hi! My name is Jay Cowieson and I have been involved as a Neighborhood Voting Representative for Cross Creek here in Eagle Springs for the past 5 years. During that time I have watched Eagle Springs grow from a fledgling development into the beautiful community it is today. One of my goals in life is to leave things better than I found them, hence my desire to get involved in making Eagle Springs a great place to live. I am originally from Pittsburgh, Pennsylvania, but have been a resident of Houston for almost 10 years. I am a Captain for ExpressJet Airlines as well as a volunteer in our pilot's union, the Air Line Pilots Association. My Wife Kelly and I have two beautiful children: Lauren, 5, and Brody, 2. If there is anything I can do to help address any concerns you may have, please don't hesitate to e-mail me at jcowieson@hotmail.com or call me at 281-852-8408.

#### LAUREL RIDGE

#### Greg Jones, Primary

Greg Jones has been an Eagle Springs resident for 4 years, coming here to retire and spend quality time with his 3 grandchildren. Greg and his wife Julie lived in Atascocita in the early 90's before moving to Phoenix, Arizona and then to Corpus Christi, Texas. He has held a variety of positions in retail management over his 40 year career including president of a medium size company. In addition, Greg has been an officer for large and small companies in marketing, concept development and operations. He has recently returned to work as a business process management consultant. Greg has previously served on the board of a home owners association and it was that experience that led him to volunteer to represent Laurel Woods and Logan Ridge. Quality of life in our community depends on everyone's involvement so please feel free to contact him at gjones120303@ comcast.net or call 281-460-4115.

#### MEADOW LODGE

#### Debbie Marty, Primary

Debbie Marty moved to Texas in 2006 from WV with her husband David and 2 daughters, Jillian and Alexandra. Once she arrived she became very involved in the Eagle Springs community with a playgroup and toddler music class at the clubhouse. She has been a Neighborhood Voting Representative the past 2 years, and has had an active voice in getting things accomplished. She spoke before the Harris County Commissioners Court last April and helped get the Kindergarten dismissal lights on at ESE. Our school was the first

(Continued on Page 7)



#### Neighborhood Voting Representatives - (Continued from Page 6)

in the district to have the lights on during the Kindergarten release time. She, along with other representatives, brought to the board the sidewalk frontage issue when entering Meadow Lake/Lodge. Debbie has helped her section get graffiti removed, no outlet signs installed, a trashcan for the lake, vandalism lights fixed, drainage issues resolved and a gate installed on the Timber Forest side of the lake. She has organized the past 2 Neighborhood Night Out events in her section and they have had huge turnouts and constable representation. Debbie makes a newsletter after each developer meeting and sends it out to neighbors so they know what's happening with their section of Eagle Springs. Debbie is an active member of Strawbridge United Methodist Church where she is the Director of Preschool Praise and a 4 year old Sunday school class teacher. She volunteers at both of her daughters schools and is a room mom at Eagle Springs Elementary. Debbie is a graduate of West Virginia Tech with a degree in Dental Hygiene. Feel free to contact her at 281-852-7072 or email at debbie\_smile1@yahoo.com with any issues or to be added to her email list.

#### James Metoyer, Alternate

Hi my name is James Metoyer and I am the alternative representative for Meadow Lake/ Meadow Lodge. I have lived in Eagle Springs for the last three years and my wife and I love the community. We have two children, a boy Nicholas 6 years old and a new arrival Chloe who is 4 months old. As an alternate for the neighborhood I am here to assist with any issues that may arise. I really think it is up to us to maintain the type of neighborhood we want. I can be reached at jmetoyer@houstonisd.org or phone at 832-721-5859.

#### SIERRA BRIDGE

#### Lonnie Kimball, Primary

My wife, Jan, and I have been residents of 12735 Rock Creek Ct, Sierra Bridge, for 3 1/2 years. We have 2 children - our daughter lives in Round Rock and our son lives in Houston. I recently retired from the Federal Government with over 36 years of service. My professional background is auditing. Now that I am retired, I can be active in the community and when I saw no one had volunteered as a representative for Sierra Bridge, I decided to step forward to provide my time. I look forward to working with everyone and continuing to make Eagle Springs a safe place and the best development in Houston. You may contact me at lonnie\_kimball@hotmail.com.

Lavorne Christen, Alternate

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We realize you have a choice so we appreciate the opportunity to earn your business. Building clients for life while giving back to the community in order to make a difference!

February is upon us and here I am again talking to my neighbors in Eagle Springs about real estate. Much is happening in the real estate market. My business as well as our Brokerage is experiencing an uptick in Buyer interest in real estate properties. December was our busiest month of the year, what a nice way to end 2009. Carry over business (Listings & Buyers) was strong into January of 2010. We are anticipating 2010 business to exceed 2009. This is great news for everyone in the Eagle Springs Community that has a home to sell. The mortgage industry is slowly improving allowing Buyers more access to loans. Prices are still down, but homes are starting to move if they are priced right. Pricing and presentation are the two most important factors in moving listings in this market. Right price and presentation, attracts more buyer traffic in a shorter amount of time, assisting us in getting your home SOLD....mission accomplished!!

Thinking about selling? Please call me for a CMA (Comparative Market Analysis). This tool can give you a good idea of your homes value at this time in the market. Need to dispute your property taxes? As a FREE service, I offer market analysis with comparable sold properties that will assist you in your dispute. I have successfully helped my clients, friends, and neighbors save a little money. Maybe I can do the same for you.

Although the local real estate market seems to be slowly improving, it is not improving for everyone. Our economy has taken a hit since 2007 and it has taken its toll on some homeowners. I have been doing more and more in the way of short sales (pre-foreclosure sales) since the economic downturn. If you are behind on your mortgage or on the way to a possible foreclosure, please give me a call to schedule a very confidential consultation. There is no obligation, we are here to help. I am experienced in short sales and can help you in this situation. It pains me to see any of my neighbors facing these issues. I will do everything within my power to successfully solve these matters.

I would like to include what you like about our community, Eagle Springs when I provide information to potential buyers looking to move here. Please e-mail me something special that you like about living in Eagle Springs that you would like future residents to know. Nothing speaks louder to buyers looking to move than hearing how residents love where they live. Please e-mail your comments to relyonrebekah@earthlink.net.

I also want to cover real estate topics that interest you, so please e-mail me some topics you have an interest in learning more about in future issues.

Respectfully, Rebekah Snipp

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Rebekah Snipp Realtor/Owner Direct: 832-814-6120

Mark Snipp Broker/Owner Direct: 832-859-9113

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#### Neighborhood Voting Representatives - (Continued from Page 7)

#### <u>STERLING CREEK</u> *Emilie Schneider, Primary*

#### Tory Western, Alternate

My name is Tory Western and I am the alternate rep for Sterling, Aspen, and Yukon Forest. My family currently resides in Yukon Forest. Last year I was able to serve as an alternate NVR and a voting member of the Safety and Advisory Committee, as well as a member of the neighborhood watch group. I will be participating in the same roles for 2010 as well. I moved to the area approximately 3 and half years ago to further my career as a CPA. Since that time, my wife and I have welcomed two new ones into the world. I look forward to help making ES the safest and best place possible for children and families to grow and live. Please feel free to contact me with any concerns regarding issues within Sterling, Yukon, or Aspen. I will do my best to bring all issues to the correct authority and get them resolved to the extent possible.

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### **TRASH? OR RECYCLE?**

Trash is picked up in Eagle Springs twice a week on Tuesdays and Fridays. Recycling is picked up on Fridays only. Trash pickup in the Arbor Heights section will not have curb pickup. This section will have alleyway pickup. Residents can purchase an additional blue recycling bin for \$8 by contacting Waste Corporation of America at 281-368-8367. Waste Corporation of America will deliver the bin on the next recycling day. When not awaiting pick up, the HOA Deed Restrictions require that all garbage cans be located or screened so they are concealed from public view.

### WHAT IS RECYCLABLE? WHAT ITEMS ARE UNACCEPTABLE FOR RECYCLING?

#### Paper-Dry and Clean; Loose (NOT IN PLASTIC BAGS)

- Newspapers & Inserts
- Magazines & Catalogs
- Junk mail, envelopes, file folders
- Office paper white, colored, or computer (staples & paper clips are ok)
- Corrugated cardboard boxes
- Cereal & gift boxes, etc that tear brown or grey (remove liners first)
- Wrapping paper (remove any metallic paper, bows, etc)
- Containers empty & clean; loose (NOT IN PLASTIC BAGS)
- Aluminum cans (soda and etc)
- Aluminum foil & foil pates, etc
- Plastic bottles, jars, tubes, buckets (such as soda, water, milk, juice, liquor, shampoo, detergent, condiments, salad dressing, yogurt, margarine, pet food, etc)
- Metal food cans (tin/steel); metal lids
- Metal pots & pans

#### UNACCEPTABLE ITEMS

- Glass cookware/ bake ware (Pyrex, Vision ware, etc)
- Window glass, mirrors, light bulbs
- Plastic bags, Styrofoam containers, packaging peanuts
- Take out containers, plastic cups and plastic table ware
- Containers of hazardous of toxic materials
- Tissue or paper towels, books
- Tyvek envelops, carbon paper
- Paper cartons for milk or juice
- Wax coated boxes
- Toys, household appliances, coat hangers
- Food waste, garbage

#### NO GLASS OF ANY KIND!

### A DOG'S POINT OF VIEW...

(How to Be a Considerate Dog Owner from a Dog's Perspective)



My master and I recently returned from wonderfully brisk walk through our beautiful neighborhood of Eagle Springs. As usual, I was on a leash, because my master is a stickler for following the rules and deed restrictions of our community, and besides, if I weren't, I would probably find myself in some sort of trouble... *I do tend to get sidetracked on occasion and if my master isn't paying close attention, sometimes, she gets really far behind or even worse, lost.* Sometimes I think my master needs to be chipped, instead of me being the one with a chip in my shoulder... Humans!

I'm really happy that most of the neighbors around here follow the rules, but once in a while, we run across one that is totally inconsiderate and ignores the rules altogether! I find this utterly ghastly, as I'm sure you would agree. Why just the other day while my master and I were out, we came across one of those *inconsiderate ones*... A dog without a leash, and a master who simply did not care! I was quite thankful that the dog turned out to be relatively well behaved and decided not to come and greet me. Now, I understand

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bashanspainting@earthlink.net



#### A Dog's Point of View ... - (Continued from Page 10)

that some of us do quite well without a leash, but still... there was that time when my master thought it would be OK, (*we were only going to the mailbox after all*), but I simply could not resist myself and, well, that squirrel should have known better than to taunt me that way! I just had to go after it... Luckily, the car was able to stop in time and didn't hit the squirrel or me. And there was that time that an acquaintance of mine, lovely chap... lives just up the street, went temporarily insane and actually ran straight into a group of children playing... scared the dickens out of them... he even knocked a couple of them down. He's still trying to live that one down...

Another thing that really gets my dander up, is the masters that don't bother to "*pick up*" after us, if you get my drift. It's a rule and deed restriction in Eagle Springs that masters must do this, but... Some masters seem to think that the word "common area" means they don't have to be responsible and "pick up," or be considerate of their neighbors. Why there are some masters that are *SO* inconsiderate that they just don't bother at all... I am *SO* thankful that my master always picks up after me. Did I mention how angry my master gets when she steps in poo? But, by far the worst is all the things the rest of us pups can pick up from all that poo! Yuck! I have nightmares just thinking about the Tapeworms, Roundworms, Salmonellosis, Giardia, E.Coli, Parvovirus, etc... Oh, and did I mention the flies? However unfortunate, sniffing each other's poo is just something we of the canine persuasion cannot resist, so it would be most considerate (*and better for our health and the health of our neighbors*) if our masters would do the responsible thing and pick up after us.

My friends and I are very social and as such, we can sometimes be rather... shall we say... *Vocal*? I, myself, am rather the quiet type, but some of my friends just can't resist, they simply need to hear themselves barking... constantly... *not unlike some humans I know*... but it can be quite annoying. I do wish they all had good masters that would let them know when enough is enough! We surely do not want to upset or disturb our neighbors... why, some of them might have sleeping babies or trying to study or do something else that is quite important.

Well, friends... it's time for my afternoon biscuit and a nap... until next time.

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• radKIDS© need to bring a sack lunch and snack each day, water will be provided

• radKIDS© receive a Certificate with their photo and fingerprints upon completion of the class

• radKIDS© should wear loose fitting, comfortable clothing and closed toe athletic type shoes, a light jacket is

also a good idea as the kids will be going outside for some of the exercises

• More information about radKIDS© can be found at: www.radkids.org

• For questions: Safety.Committee@InsideEagleSprings.com

PLEASE CUT ALONG THIS LINE AND RETURN THE BOTTOM PORTION WITH YOUR DEPOSIT IN A SEALED ENVELOPE

### radKIDS© Registration Form

You may drop off your completed Registration Form & Check at the Eagle Springs Visitor's Center located on Will Clayton Pkwy at Eagle Springs Pkwy. It must be in a sealed envelope. Completed registrations must be received no later than 5pm - Saturday, March 6, 2010 Please note this class is space limited and once it is filled, your child's name will be placed on a wait list. It is advised to register early. A confirmation E-mail will be sent out one week prior to the start of the class.

PLEASE FILL OUT THE FOLLOWING IN	FORMATION AND RETURN WITH DEPOSIT AND CHECK FOR ANY T-SHIRTS:
PARENT'S NAME:	CONTACT PHONE:

E-MAIL ADDRESS:

CHILD'S NAME:

EAGLE SPRINGS RESIDENT: YES NO

DO YOU WISH TO PURCHASE A T-SHIRT? YES NO

CHILD'S AGE:

CHILD'S SIZE: S M L XL

Please include a separate check for \$10.00 for each child; and a separate check for any T-Shirts ordered, we are unable to accept Cash or Credit Cards. Please make all checks out to: "ESCA"

CLEARLY MARK YOUR SEALED ENVELOPE (CONTAINING THIS COMPLETED FORM & CHECK(S) TO READ: **"SAC - RAD KIDS CLASS"** 



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### SOUPER BOWL Of Caring

This year marks the 100th anniversary of scouting in the United States. Scouts across the United States are participating in the Souper Bowl of Caring (http://www.souperbowl.org) as their centennial service project. Local Cub Scouts Pack #926 would like your assistance with this national food drive. On **SATURDAY**, **FEBRUARY 6TH** you can drop off canned goods at the Eagle Springs Information Center from **9:00 A.M. UNTIL 3:00 P.M.** Canned goods collected will then be distributed to local food pantries such as Humble Area Assistance Ministries (HAAM). The Cub Scouts appreciate your support of this effort.



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### **HOUSTON DOG PARK**

#### Association Submitted by Tiffany Moore

The Houston Dog Park Association is seeking candidates for the Treasurer position on our 5 seat Board of Directors. We are a small 501c3 NFP consisting of volunteers who are passionate about dog parks and responsible dog ownership. HDPA has been incorporated for over 10 years and was the main catalyst that got dog parks started in Houston, beginning with Millie Bush Park in 2002. We have been inactive the last few years and are currently reviving the organization to advocate for dog parks more actively. We each spend a few hours a week working to educate about dog parks, responsible dog ownership, advocating for dog parks that need improvement, and promoting the need for more dog parks.

We have a book keeper volunteer that is a CPA. The ideal candidate would be able to attend one monthly meeting of the Board at 7 pm on the 3rd Wednesday of the month. You will also attend the quarterly Membership meetings held at 3 pm on the third Sunday of the month that begins each quarter. The next one is in January. We also hold about one event per month on average to raise funds and awareness and we ask our Board to try to attend these events as their time permits.

Please submit your resume and experience for consideration. Please include a paragraph telling us why you would be a good candidate.

We are seeking an experienced NFP Treasurer to plan and manage the small yearly budget for HDPA and oversee the book keeper as well as maintaining and advising on HDPA's tax and nonprofit status and filings. Someone with training or knowledge of NFP budget and issues or direct NFP experience is preferred.

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*~~~~ Health & Safety うううう* Vital Vitamins and Minerals

 $R\,$  ecent studies unanimously conclude that getting the right amounts of key vitamins and minerals can significantly benefit your health. Below are some of the key vitamins and minerals and their benefits.

*Vitamin C* – boosts the immune system, is said to lower the risk of cancer and heart disease, and is an antioxidant that can prevent cell damage.

*Vitamin B* – improves nerve function and promotes an overall sense of well-being. Additionally, Vitamin B is a powerful antioxidant that fights off harmful free radicals and prevents cell damage.

*Vitamin A and beta carotene* – aid in the appearance of the skin and are powerful antioxidants that can help reduce damage caused by free radicals. These vitamins also aid in boosting the immune system and maintaining eye health.

*Vitamin D and calcium* – help to improve teeth and bones, and improve the skin's appearance.

*Chromium* – helps insulin function properly in the body and regulates the absorption of glucose by the cells.

*Selenium* – works with other antioxidants to guard cells and tissues against damage from free radicals.

*Copper* – boosts the body's immune system, and improves skin, hair, and nails.

*L-Lysine* – an essential amino acid that is necessary for tissue repair and for production of antibodies, hormones, and enzymes.

ৰ্জ্ঞল Household Tips ৰাজৰাৰ

#### Dusting Collectibles Like a Pro

usting can often be a job that you are less than enthusiastic about doing. Even less exciting is dusting shelves that contain those little collectibles that mean so much, and look great when clean, but are time consuming to dust.

You can make that job easier by going shelf to shelf, removing collectibles and placing them on a damp towel. Wipe the shelf clean, and before returning the collectibles, clean them using a paintbrush with soft, three-inch, bristles. You can find a variety of paintbrushes made of various fibers in art stores. Between dustings, clean brushes with warm water and hand soap, and air dry so that dirt and residue do not build up in the bristles.



"Material had been taken from the Between Friends newsletter."

1	2	3		4	5	6	7	8	9	ACROSS	DOWN
										1. Kimono sash	1. Toothbrush brand
10				11						4. Hype	2. Marsh
										10. Really cool	3. Utopian
12		+		13	+					11. Hateful	4. Tights
										12. Sailor's yes	5. Bad smells
14	+	+	15		+		16	-	-	13. Dissolved substance	6. Lube
										14. Replacement car	7. Mope
17	+	+			18	19				16. British drink	8. Stringed instrument
÷										17. Flower start	9. At sea
			20	21		22	23	24	25	18. Book of Samuel abbr.	15. BB association
			20	21		~~	25	24	25	20. Arkansas	19. Stage of life
20	07	20		29	30		_	-	_	22. Fish lifting hood	21. Got up
26	27	28		29	30					26. Popular president's initials	23. Jargon
		_							_	29. Portugal's peninsula	24. Female singer Appl
31			32				33			31. Elicit	25. Colorless
										33. Titan	26. Gambling game
34							35			34. Destroyer	27. Beat severely
										35. Single	28. Churn
36							37			36. Stretched circle	30. Floating ice
										37. Little bit	32. Card game

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#### **MEET NICHOLAS** DOB:02/1996

Nick is a friendly and sweet child, although he is shy when meeting new people. Nick enjoys interacting with other children in his class and in his home. He also likes to please others and enjoys helping when he can. Nick is all boy and enjoys throwing a football, playing outdoors, video games & board games. He also likes to draw and play with various action figures. Nick is also interested in collecting cars. Nick performs well in school and receives good reports from his teachers. Nick is most proud when he is reported for doing things well. His foster parent notes that he can be a very sweet and helpful child. He befriends other children easily. He catches on to various activities quickly and likes to figure things out, such as how to take things apart and put them back together. Nick's caseworker notes that he's competitive when playing games and is a natural "practical joker" as he enjoys making people laugh.

If you would like more information about Nick, or the adoption process, contact the Adoption Coalition of Texas at info@adopttexas.org.

Remember - There are no fees to adopt from the foster care system, regardless of what agency you work with!

The Adoption Coalition of Texas is a nonprofit organization (operating under the Austin Community Foundation), created in 2003 to focus on finding forever families for children languishing in the foster care system. Adoption Coalition of Texas partner agencies include Arrow Child and Family Ministries, Child Protective Services, Lutheran Social Services of the South, Marywood Children and Family Services, and Pathways Youth and Family Services. 







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