

SUMMERWOOD LIFE

OFFICIAL NEWSLETTER OF THE SUMMERWOOD COMMUNITY ASSOCIATION, INC.

EXCITING ANNOUNCEMENT

From Summerwood!

Welcome to our NEWSletter- brought to you by the Summerwood Communications Committee and Peel, Inc.

In the past, you received Summerwood quarterly newsletters that were published and mailed by using our HOA funds. Now, our community has teamed up with Peel, Inc. to give you this great monthly newsletter, at no charge to the HOA, or to YOU!

Here's how it works: The folks at Peel solicit companies to advertise in their newsletters. Those advertisers pay for the cost of printing and mailing the newsletters, and get their ad sent to every home in Summerwood. Each month the Communications Committee will submit articles about the HOA, Newland Communities, our Committees, Events, etc. We hope to provide you with interesting and informative articles that celebrate our way of living in Summerwood!

Want to go green? Please visit www.peelinc.com and click "View Community", then select "Summerwood." You'll have the option to view previous newsletters, and cancel the mail copy.

We'd love to hear your suggestions! Do you have a special Summerwood story to share?

Email us at summerwoodnewsletter@gmail.com.

Barbara Probandt - Co-Chair

Celine Wilson - Co-Chair

*Summerwood Communications
Committee*

SUMMERWOOD TO OPEN

New Model Home Village

The new Model Home Village and Information Center opening this spring in Summerwood signals a very active year ahead for the community.

Opening in early March at its new location on Hunters Lake Way, the Model Home Village will initially showcase new decorated models by Lennar, Village Builders, Partners In Building, and J. Patrick Homes. Brighton Homes, the newest member of the Summerwood homebuilder team, has also started construction of its new model in the village.

The Summerwood Information Center will also be relocated to a cul-de-sac island in front of the model homes. While the information center will continue to offer the same welcoming and informative environment, there will be a new emphasis on the Information Center staff spending more time in the community, interacting with home shoppers and residents in the model homes and amenities, as well as at special events.

"Summerwood was one of the first communities in the Houston area to introduce the concept of a Model Home Village, with all builders and price ranges grouped close together for convenient one-stop shopping," said Jennifer Taylor, vice president of marketing for Newland Communities. "We are very excited to open our second Model Home Village to showcase our new lineup of homebuilders, and their latest floor plans and designs."

The opening of the Model Home Village and Information Center is the first of several exciting developments planned for Summerwood in 2010, Taylor said.

"In the coming weeks, we plan to announce two additional builders who will be adding more variety to the new-home offerings in Summerwood," she said. "Summerwood is building some very positive momentum as the year begins, with the announcement of the new H-E-B grocery store to be built near the front of the community, and the progress on the construction of the new onsite Woodcreek Middle School."

Both the school and the H-E-B store are planned to be open by August.

Summerwood also has a new website, www.SummerwoodTX.com, where residents and home buyers can get the latest community information.

IMPORTANT NUMBERS

EMERGENCY NUMBERS

Emergency Situations911
 Harris County Sheriff's Dept. (Dispatch) 713-221-6000
 Constable - Precinct 3..... 281-427-4791
 Houston Fire Station #105 14014 Lake Houston Pkwy
Houston, Texas 77044
 South Lake Houston EMS (Dispatch) 281-459-1277
 Dead Animal Pick-Up (Precinct 1) 281-820-5151
 Animal Control 281-999-3191
 After Hours..... 281-221-5000

UTILITY SERVICE NUMBERS

Public Utility Commission Consumer Hotline.. 888-782-8477
 Summerwood Technologies 281-225-1000
 (Telephone, Cable, Alarm Monitoring)
 AT&T 800-288-2020
 CenterPoint..... 713-659-2111
 Reliant Energy..... 713-207-7777
 South West Water Company (MUD #342, #344, and #361)
 Customer Service 713-405-1750
 Garbage Pick-Up (Republic Waste) 281-446-2030
 (Pick up on Mon. & Thurs - Garbage must be out by 7 a.m.)

SUMMERWOOD MARKETING

Summerwood New Home Center 281-225-1111
 14111 Summerwood Lakes Drive; Houston, TX 77044

SCHOOLS

Summerwood Elementary 281-641-3000

POST OFFICE

Post Office..... 713-631-2098
 9604 Mesa Drive; Houston, TX 77078

NEWSLETTER INFO

EDITOR

Article Submissions.....summerwoodnewsletter@gmail.com

PUBLISHER

Peel, Inc.www.PEELinc.com
 Advertising.....advertising@PEELinc.com, 888-687-6444

DON'T WANT TO WAIT FOR THE MAIL

View the *Summerwood Life* online
at www.PEELinc.com.

SUMMERWOOD

Community Activities 2010

EASTER MARCH 27TH
 SPRING GARAGE SALE APRIL 10TH
 CASINO NIGHT MAY 15TH
 SUMMER CELEBRATION JUNE 4TH
 INDEPENDENCE DAY CELEBRATION JULY 3RD
 END OF SUMMER BASH AUGUST 21ST
 FALL GARAGE SALE SEPT. 4TH
 ANNUAL MEETING SEPT. 23RD
 NNO OCT. 5TH
 FALL FESTIVAL OCT. 16TH
 WINTER FESTIVAL DEC. 4TH
 KIDS CRAFT DAY DEC. 11TH

All dates subject to change.

Log onto www.summerwoodlife.com
for the most up to date information.

SEND US YOUR

Event Pictures!!

Do you have a picture of an event that you would like to run in the Summerwood Life? Send it to us and we will publish it in the next issue. Email the picture to summerwoodnewsletter@gmail.com. Be sure to include the text that you would like to have as the caption. Pictures will appear in color online at www.PEELinc.com. *Subject to Approval by Newsletter Committee.



AUTUMN GROVE Cottage

UNIQUE ALZHEIMER'S CARE

Our purpose is to honor our residents
and those who love and care for them.

832-367-0313 OR 713-870-1393

Atascocita
Lic. # 104020

Champions
Lic. #103059

Copperfield
Lic. #102347

Heights
License pending

Katy
Lic. #102463

Kingwood
License pending

Pearland
Lic. #104029

The Woodlands
Lic. #103125

www.AutumnGroveCottage.com



CRIME WATCH NEWS

The Summerwood Crime Watch Committee was formed by a group of concerned residents of our community and the group meets on the second Tuesday of the month at Community Central. Some would ask what a neighborhood watch program is and what they do. Neighborhood Watch is a crime prevention program that enlists the active participation of residents in cooperation with law enforcement to reduce crime, solve problems, and improve the quality of life. With the combined efforts of our local MUD's, our HOA, and county officials, we are fortunate to have three contracted officers who patrol our community. Equally important, these officers are partners who help in the fight against crime in Summerwood. They work closely with the CWC and are actively involved in our events and our meetings. We have also forged partnerships with other law enforcement agencies such as HPD. Since some residents live within the patrol district of HPD, our HCSO contract deputies share a squad car that is equipped with both county and city dispatch radios. This allows them to be more involved and proactive in deterring crime. At least one of our officers tries to be present at each of our meetings, but the CWC has direct contact with these officers as well. It truly is a partnership.

At a recent meeting, not only were our deputies represented, but members of the Harris County Auto Theft division were on-hand to give us some tips for auto safety. They say:

1. **Take Your Keys.** One out of every five vehicles stolen had the keys in it.
2. **Lock Your Car.** Approximately half of all vehicles stolen were left unlocked.
3. **Never Hide a Second Set of Keys in Your Car.** Extra keys can easily be found if a thief takes time to look.
4. **Park in Well-Lighted Areas.**
5. **Park in Attended Lots.** Auto thieves do not like witnesses and prefer unattended parking lots.
6. **If You Park in an Attended Lot,** Leave Only the Ignition/Door Key. If your trunk and glove box use the same key as the door, have one of them changed. Don't give the attendant easy access to your glove box and trunk. Upon returning, check the tires, spare and battery to insure they are the same as those you had when you parked.
7. **Never Leave Your Car Running,** Even if You'll Only Be Gone for a Minute. Vehicles are commonly stolen at convenience stores, gas stations, ATM's, etc. Many vehicles are also stolen on cold

(Continued on Page 5)



Birth....

Natural. Life Changing. Joyful.

Midwives....

Experts in Natural Birth



REUNION
Women's Health & Birth Center

201 Kingwood Medical Drive, Suite B300
located behind Kingwood Medical Center

(281)359-BABY

www.reunionmidwives.com

POOL COMMITTEE NOTES....

With all the recent cold weather it may be hard to imagine that anyone could possibly want to discuss pool maintenance and swimming lessons, much less until ten or eleven o'clock on a given Thursday evening. However, this is what your Summerwood Pool Committee has been doing. Yes Virginia, there is a Summerwood Pool Committee--- a motley crew of seven voting members who are passionate about sparkling water, attractive and functional pool features (including pool decks free of duck eggs) and pool safety. And, whether or not Punxsutawney Phil sees his shadow this February, "Swim at Your Own Risk" will commence at Central Pool March 1, 2010.

This season the Central Pool will take delivery of new furniture matching the old; some of which was lost due to wear and some which has walked away. Thus, we will be installing new "dusk to dawn" security lighting to protect our investment and amenities. We will also be closing the pools at 9:00 PM this season as the incidences of vandalism have been shown to occur past that time.

The Pool Committee's primary purpose is to make recommendations to the HOA (Home Owners Association) regarding our aquatic

amenities. The committee formed in the middle of last season when residents spoke up to say our pools are a tremendous asset and need more oversight. Whether talking about wrist band allocation, restrooms or the baby pool that needs resurfacing, improvements are needed. One recommendation the Pool Committee made this year was to seek pool management bids. We are currently in the second round of the bidding process with four finalists. We are also looking for our pool management company to offer professionally managed, Red Cross certified swim lessons. The Pool Management Company for 2010-2011 will be announced sometime next month.

More information will be coming soon about the 2010 Pool Schedule. Parents, be on the lookout for the return of our Summerwood Stingrays! Swim Team registration starts April 5th in the Central Pool Clubhouse. Please see their Website: www.summerwoodstingrays.com. Go Stingrays! In the meantime, have a suggestion? Please drop us a line on the Summerwood Pool Committee message board or drop a note in the suggestion box at one of the pools. Thanks and happy swimming.

NEW LOW PRICES *in 2010!*

BUSINESS CARDS *Starting @\$46.00*

ENVELOPES *Starting @ \$108.00*

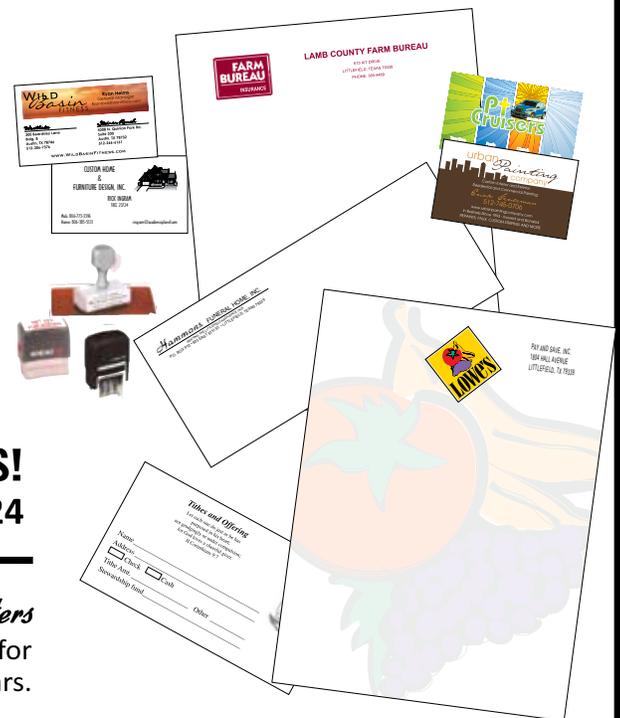
LETTERHEADS *Starting @ \$91.00*

RUBBER STAMPS *Starting @\$7.50*

▪ *And Much More!*

ASK ABOUT OUR PROMOTIONAL ITEMS!

1-888-687-6444 ext. 24



Quality
PRINTING COMPANY

Experience Matters
Doing business for
30+ years.

Crime Watch News - (Continued from Page 3)

mornings when the owner leaves the vehicle running to warm up. Leaving your key in an unattended motor vehicle is a crime in Texas punishable by a fine of up to \$200.

8. **Completely Close Car Windows When Parking.** Don't make it any easier for the thief to enter your vehicle.
9. **Don't Leave Valuables in Plain View.** Don't make your car a more desirable target for thieves by leaving valuables in plain sight

These are great ideas to use not only when out and about town, but when at home as well. We did see a spike in overnight crime in our community, most of which involved burglaries of vehicles... usually ones left open or with valuables in plain sight. With all the combined efforts, I am relieved to report that arrests have been made. Nonetheless, we must be vigilant and proactive. If you have not seen your block captain, you may not have one. The CWC is continually and actively recruiting block captains and members and we encourage anyone interested to attend an upcoming meeting, to email the CWC chairman at david.myrick@sbcglobal.net, or to log on to summerwoodlife.com and join the Crime Watch group. We are only as strong and effective as our members.

*Respectfully submitted,
David Myrick, Summerwood CWC - Chairman*



**Mulch • Compost • Soil Mixes
Natural Stone • Sand & Gravel**
We've Got You Covered!

**Look for us
in Your Neighborhood!**
For Pick-up or Delivery, we're open to the public.

LIVING EARTH™

www.livingearth.net

20611 US Highway 59
(281) 689-6083
New Caney, TX

Northbound frontage between FM1314 & FM1485

US COMPOSTING COUNCIL

**RECOGNIZED FOR
EXCELLENCE IN NURSING**



**We've received national acclaim for our
outstanding nursing staff.**

Providing breakthrough care starts with assembling the right team. At Memorial Hermann Memorial City Medical Center, we like to think our nursing staff is as good as it gets. Of course, receiving the Magnet® recognition from the American Nurses Credentialing Center proves that we're not the only ones who think so highly of our nurses. This prestigious honor places us among the top 6 percent of the nation's hospitals for excellence in nursing services and reflects a systemwide philosophy to deliver care that exceeds expectations and leads to better outcomes.

For more information about this and other awards, visit memorialhermann.org.



**MEMORIAL
HERMANN**
Memorial City
Breakthroughs every day



Century 21 Outstanding Homes

18455 W. Lake Houston Pkwy #250
 Humble, Texas 77346
 281.812.9706

We realize you have a choice so we appreciate the opportunity to earn your business. Building clients for life while giving back to the community in order to make a difference!



**CENTURY 21
 OUTSTANDING HOMES**
Doris Snipp
 Associate Broker, ARB, CNHS, GRI
Direct: 832-877-1040
 doris.snipp2@century21.com
 web:www.snipp-snap-sold.com

YOU KNOW WHO GETS THEM SOLD!!!
Century 21 sells a home every minute of every day and I can sell yours.



**CENTURY 21
 OUTSTANDING HOMES**
Terry Mandrell
Direct: 832-628-5584
 Terrymandrell@gmail.com
 www.Terrymandrell.com

Your key to owning a home for a worry free tomorrow, is having Century 21 Outstanding Homes and Terry Mandrell on your team.

- *Free Market Analysis
- *Free Local Move, ask for details
- *Ask about our Outstanding Homes – Outstanding Schools charitable contribution program

See you at Century 21 Outstanding Homes

Texas Veterans

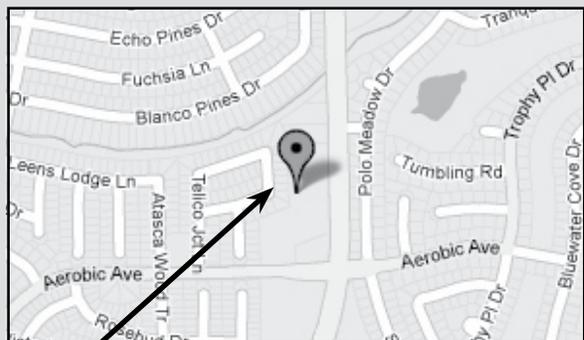


DID YOU KNOW?
Texas Veterans Land Board offers low interest land and home loans.

These are state benefits not federal VA benefits

Contact Terry for more information!

DIRECTIONS FROM SUMMERWOOD



Go 4.4 miles north on W. Lake Houston Pkwy – Office located at intersection of Aerobic & W. Lake Houston Pkwy
 18455 W Lake Houston Pkwy
 281-812-9706

ACTIVITIES COMMITTEE

What comes to your mind when someone asks you to volunteer? Does the thought of squeezing yet another item on your calendar make you cringe? Don't worry, if you're like most of us you can honestly answer yes to the last question. When I was asked to write this article, honestly, I cringed too! But when I think about the times that I have served my community in a volunteer capacity, I am glad I did. I always come out feeling better afterward. One of the most rewarding things I have learned this past year is the value of volunteering as a family. Not only do you leave with a better sense of self and

accomplishment, but you are also teaching your children the importance of bettering his/her community and giving of themselves. Volunteering can be an enjoyable way to spend an afternoon with friends and



family. The easiest way to begin and maximize your enjoyment is to use your passions to guide you in your volunteer choices.

If you take a look at your hobbies and interest and allow them to guide your volunteer opportunities, you will find that the volunteer opportunities will fuel your creativity and passion. For example, if you like to paint, even if you don't think that you are a professional, the community can always use your help with event decorations and props. Or if creative writing is more your style, then the communications committee or website could use your expertise. What about graphic design, cooking, sewing, woodworking, swimming and exercise? All of these hobbies can be put to good use in your very own community making it a better place for everyone to live. Summerwood is all about living, living in harmony with nature and others.

Don't just reside here...LIVE here by getting involved today!

For more information on volunteer opportunities within the Summerwood Community check out the new volunteer form on www.Summerwoodlife.com.

Angela Douglas



Active minds, healthy bodies and happy hearts.

At Primrose, we believe that with the right foundation anything is possible. That's why we offer a complete approach to early childhood education. Our proprietary, accredited curriculum nurtures emotionally, physically and intellectually.

Limited Spaces. Enroll Now!

Primrose School at Summerwood
14002 W. Lake Houston Pkwy. | Houston, TX 77044 | 281.454.6000
www.primrosesummerwood.com



Primrose Schools
The Leader in Educational Child Care™
www.primroseschools.com

Educational Child Care For Infants through Private Kindergarten and After School

Each Primrose School is privately owned and operated. Primrose Schools and The Leader in Educational Child Care are trademarks of Primrose School Franchising Company. ©2008 PSFC. All rights reserved.

We Make Swimming Pools Safe for Kids!

Call for
Info or a
FREE
Estimate!



- Easily removed by an adult
- Available in 12 decorator colors
- The Invisible Fence
- Made in the USA

• Strongest product on the market backed by a Lifetime Warranty

Texas' Most Experienced Since 1989

POOL GUARD

REMOVABLE POOL FENCES

281-495-8800

www.PoolGuardTexas.com

COME MAKE A SPLASH

*With the Summerwood
Stingrays!*



The Summerwood Stingrays is a summer-league swim team comprised of children ages four to eighteen, and their parents, residing in the Summerwood area. Conceived to foster competitive swimming, good sportsmanship, and the development of teamwork, the Stingrays are excited about launching the 2010 swim season.

Registration is held at the Resident's Central Clubhouse and is scheduled for Monday, April 5th from 5:30 – 8:30 p.m. and Saturday, April 10th from 9:00 a.m. to noon.

Practice kicks off with Rookie Camp (a requirement for all first-time team members) on April 20. The regular practice season begins April 27th and ends June 19th.

The Stingrays are pleased to announce that John Dissinger, Head Swimming & Diving Coach at Summer Creek High School, will be coaching the team again this season.

“It’s great to participate in the development of a competitive swimming program in Summerwood. My experience with these 160+ swimmers and their parents has been rewarding, and I’m looking forward to another winning season.”

More information about the Stingrays, including registration paperwork and meet schedules, can be found by visiting www.summerwoodstingrays.com.

Club Summerwood



Planning a birthday, wedding, or graduation party? Club Summerwood is the perfect venue and is conveniently located in our community!

Please contact CIA Services at
281-852-1700 for reservations and fees.

SUMMERWOOD

Yard of the Month!

If you’re like the Beautification Committee, you probably can’t wait until things get a little warmer.... and greener!

Beginning this April, the Beautification Committee will review and select one winner each month as Summerwood’s Yard of the Month!

Your home will be featured in the monthly newsletter, and you’ll receive a \$50 gift card!

To nominate a neighbor (or yourself!), please send the name and address via email to summerwoodnewsletter@gmail.com.

*Good luck to everyone!
The Beautification Committee*

*Congrats
Neighbor!*



Precious Baby Protectors

★ *Baby Proofing* ★

Our Commitment is to make sure that
your home is safe for your child!

Removable Pool Safety Fences

Houston’s Baby Proofing Experts

281-438-4670

www.preciousbabyprotectors.com

*Protecting Infants
for over a decade*

Rachael’s



Hallmark
GOLD CROWN

\$5⁰⁰ OFF
any \$25 purchase

expires 4/15/10
not to be combined with any other offers
or used on sale merchandise

7571 FM 1960 E @ W. Lake Houston Pkwy • 281-812-6400

724 Kingwood Dr. @ Loop 494 • 281-358-2612

Old Fashioned Personal Service and Modern Efficiency really do coexist – at ScriptLink Pharmacy!



*Hi! I'm Mira Miles,
pharmacist in charge at
ScriptLink Pharmacy.*

*Please accept my personal
invitation to visit us now
and during our upcoming
grand opening celebration
(to soon be announced),
and discover the benefits
of working with a pharmacy
that is focused on you!*

ScriptLink is locally owned and operated, serving the residents of Summerwood and surrounding communities. We are a pharmacy dedicated to providing **one on one service** with old fashioned values. Our customers are never just a number or face in the crowd.

We offer affordable, reliable, and convenient pharmacy care. Our friendly staff is always ready to serve you.

The staff at ScriptLink Pharmacy cares about every aspect of your health and wellness and we are dedicated to providing you with the best pharmacy care available.

An array of services you can't find at any other pharmacy:

- Free delivery . Call today and find out if you are within our large free delivery area.
- *MyDoseAlert* – Maximize the safety and effectiveness of your medication therapy with *MyDoseAlert*. Whether for you, or a forgetful loved one, *MyDoseAlert* will instantly remind you when it is time to take your medications or natural supplements. Choose to receive your reminders by phone call, text message, or email. It's your choice. Free Enrollment!
- Medication Flavoring.
- Prescription Ready Alert – Via a phone call, email, or text message, we will let you know when your refills or new prescriptions have been processed and are ready for pick up.
- Custom Packaging Options - traditional vials or punch cards/blister packs.
- Prescriptions Ready in 15 minutes or less. Fast and Efficient service.
- Monthly Newsletter – Sign up for our free monthly newsletter full of interesting articles, helpful money saving tips, recipes, etc. Be sure and participate in the trivia question in each newsletter. The first three customers to call us with the correct answer will receive two free movie tickets!
- ScriptLink Pharmacy accepts Medicare part D, Medicaid, and most private insurances.

SCRIPTLINK
PHARMACY 
There's *care* in store for you.

Call or visit ScriptLink today:

281.458.1800 | Fax: **281.458.1889**

13176 W Lake Houston Parkway, Suite 1
Houston, Texas 77044

Summerwood Special Delivery!

Have you recently had a baby or adopted a child? A new grandbaby? Or a new pet?

We want to hear all about it!

Email us at
summerwoodnewsletter@
gmail.com. Please
include your name and
address, along with the
announcement details.



**Summerwood
Communications
Committee**

CertaPro Painters®



**FREE Color Consultation
with any interior or
exterior painting job.**

281-465-8705

832-563-8797

800-GO-CERTA
(462-3782)



www.certapro.com

Recipe of the Month

Broccoli Casserole

Ingredients

- 1 package frozen broccoli
- 1 cup cooked rice
- ½ cup chopped celery
- ½ cup chopped onion
- 1 small jar Cheese Whiz
- 1 can cream of chicken soup
- 1 can cream of mushroom soup

Directions

Place rice in greased casserole dish.

Saute onions and celery. Cook broccoli until crispy tender. Combine vegetables, soups, and cheese. Pour over rice. Bake at 375° until bubbly.

*If you would like to submit YOUR recipe
email it to articles@peelinc.com.*

Peel, Inc.

Printing & Publishing

Publishing community newsletters since 1991

Support Your Neighborhood Newsletter.

Kari Harrison

Sales Representative

713-855-1731

kari@peelinc.com



*Advertise your business
to your neighbors.*

1-888-687-6444

www.PEELinc.com

BUNCO CLUB

Welcomes New Members

Ladies of Summerwood, come and join our bunco group! Bunco is a very popular dice game. It is loads of fun, a great way to get to know other ladies in our community, and it is a very easy game to learn!

We meet at the Summerwood Resident's Club Central on the first Tuesday of every month at 7pm. Come and roll the dice with us. Each month we ask you to bring \$11 for the kitty, and also bring a simple snack food, finger food, or dessert of some kind ...and you will be all set for an evening of conversation, laughter, and competition.

At the end of the evening cash prizes are awarded for the person who wins the most games, loses the most games, rolls the most buncos, or rolls the most wipeouts. We promise you a lively evening and an opportunity to meet many new friends. For more information, you can contact Barbara Probandt at protexan@entouch.net.



Advertising Information

Please support the businesses that advertise in *Summerwood Life*. Their advertising dollars make it possible for all residents to receive a newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the newsletter by advertising, please contact Peel, Inc. Sales Office at 888-687-6444 or advertising@PEELinc.com for ad information and pricing.

Do You Have Reason to Celebrate?

We want to hear from you! Email summerwoodnewsletter@gmail.com to let the community know!



Choose from our list of services or
Bundle & Save!
 Internet, Digital TV, Alarm & Phone
 starting at **\$78.10/mo!*** for all 4!

Plus Take Advantage of our
Wholesale Based Electricity Rates!



Why Choose En-Touch

Fastest, Most Reliable Internet Services!
 SAME DAY TECHNICIAN SUPPORT!
 Dedicated to Your Community!

Discount Rates Available at
www.EnTouch.net
(281) 225-1000

En-Touch Systems

- ◆ High Speed Internet - *Fastest Speeds in Houston!*
- ◆ Digital Television
- ◆ Telephone
- ◆ Alarm Monitoring
- ◆ Electricity
- ◆ Home Integration

*\$78.10/mo includes up to 1 Mbps Internet speeds, Standard Digital TV, a 3 year alarm agreement, and local phone. Rates may vary depending on area and do not include taxes, regulatory fees, equipment fees, or installation. Other restrictions may apply and prices are subject to change. License #B10029. En-Touch Systems, Inc. d/b/a En-Touch Energy 11011 Richmond Ave. Ste. 400 PUCT #10144.

COULD YOUR CHILD BE AT RISK

For Sudden Cardiac Death?

Does your child suffer from fainting spells? Or chest pain and shortness of breath during exercise? Your child or a young person you know may be at risk for sudden cardiac death due to an inherited heart condition (a SADS condition). Many people who suffer from SADS feel healthy and have absolutely no idea that something might be wrong until it's too late. However, a few warning signs and symptoms may cause you to think twice...

YOUR CHILD SHOULD SEE A DOCTOR IF SHE/HE HAS:

- A family history of unexplained, sudden death in a young person (under age 40)—including drowning suddenly
- Fainting (syncope) or seizure during exercise, excitement, or following a startle
- Consistent or unusual chest pain and/or shortness of breath during exercise

These may be signs of a serious heart condition that must be immediately addressed by a physician.

About 716,000 people in the US are affected by SADS conditions right now—and they may not know it. These conditions include

Long QT Syndrome, Hypertrophic Cardiomyopathy (HCM), Brugada Syndrome, and others. These conditions are hereditary and, therefore, more than one family member will be at risk. It is extremely important that all family members be tested once one family member is diagnosed.

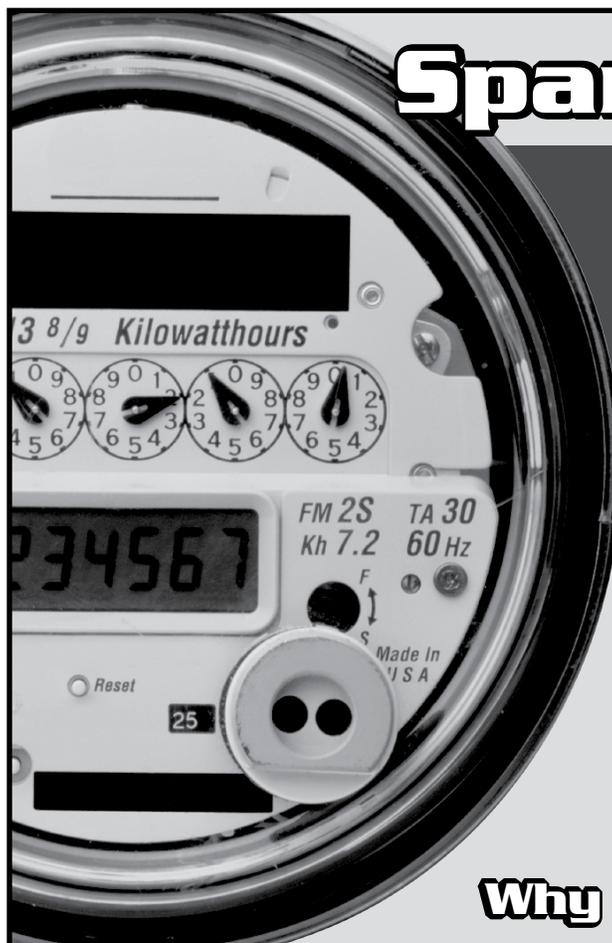
WHAT THE SADS FOUNDATION RECOMMENDS

1. Every child should have a risk assessment history at regular intervals: preschool, before/during middle school, before/during high school and before participation in organized sports.

The Sudden Arrhythmia Death Syndrome (SADS) Foundation offers a simple, comprehensive risk assessment form "Pediatric Sudden Cardiac Death Risk Assessment Form" that you can download from our web site (www.sads.org).

2. Every school should have an emergency plan in place which includes a plan for cardiopulmonary resuscitation (CPR). An automated external defibrillator (AED) in schools is vital. Getting to a person within 3 to 5 minutes is especially important.

(Continued on Page 13)



Spark Power Bank

Electricity Rates Are At Near Record Lows!

Compare our rates to ANY power provider in Texas and you'll see why SparkPowerBank.com is the low cost leader!

SIGN-UP ONLINE TODAY!
WWW.SPARKPOWERBANK.COM

Please choose "Newsletter Ad" as your referral

I'm Texas Energy Analyst Alan Lammey. Maybe you've heard me on the radio talking about the market forces that drive energy prices. I'm here to tell you that you're not stuck paying those high prices to big electric companies anymore!

Why pay more than you have to?

Could Your Child Be At Risk - (Continued from Page 12)

- All high school students should be trained in CPR and AED as a requirement for graduation.
- Everyone should be aware of the warning signs that may indicate someone is at risk for a sudden cardiac arrest:

The SADS Foundation wants to make sure that each child grows up happy and healthy! Please fill out the risk assessment form for your child (available on our website at www.sads.org or at 1-800-STOP SAD) If he/she answers "yes" to any of the questions, please have your physician check your child's heart. If you want to know more about getting an AED in your school—about SADS, please let us know.



SAMPLE

Teenage Job Seekers

NAME	AGE	BABYHOUSE PET YARD			PHONE
		SIT	SIT	SIT	
Doe, Jane.....	15	✓	✓		111-1111
Doe, John	13		✓		111-1111

+ CPR TRAINING / FIRST AID TRAINING * HAS REFERENCES

ATTENTION TEENAGERS: The Teenage Job Seekers listing service is offered free of charge to all Summerwood teenagers seeking work. Submit your name and information to summerwoodnewsletter@gmail.com by the 8th of the month!

Do You Have Reason
to Celebrate?

We want to hear from you! Email
summerwoodnewsletter@gmail.com to let the community know!

Bashans Painting & Home Repair

**Commercial/Residential
Free Estimates**

281-347-6702




281-731-3383 cell

- Interior & Exterior Painting
- Hardi Plank Installation
- Wood Replacement
- Sheetrock Repair
- Interior Carpentry
- Cabinet Painting
- Wallpaper Removal and Texturizing
- Pressure Washing
- Fence Repair/Replacement
- Garage Floor Epoxy
- Custom Staining
- Roofing
- Gutter Repair/Replacement
- Faux Painting

**References Available • Fully Insured
NO PAYMENT UNTIL COMPLETION**
bashanspainting@earthlink.net

NAILS & TAN 4 U

Complete Professional Beauty Services

Nails • Waxing • Facials • Tanning
Eyelash Extension • Permanent Makeup

Instant Gift Certificate available online



Appt. or Walk-ins Welcome
Reloadable Gift Card Available

- Mini-Spa for kids
- Loyalty Points Reward Program
- Client Referral Program
- Honor Competitors Coupons
- Online Appointment Request
- Just in Time Gift Certificate
- Authorized Retailer of bareMinerals products.

\$10.00 OFF

Gel Full Set

Not to be used with any other offer. Exp. 2/28/10

OPEN: Mon-Fri 9-7 • Sat 9-6 • Sun 12-5
13175 W Lake Houston Pkwy • Houston, TX 77044
(The Shops at Summerwood)

281-225-4535

www.nailsntan4u.com




Sudoku

The challenge is to fill every row across, every column down, and every 3x3 box with the digits 1 through 9. Each 1 through 9 digit must appear only once in each row across, each column down, and each 3x3 box.

				2	7	5	8	
2			8		5		1	9
			1					
				8				
7						6		4
5	4		9		3			
	6				9	3		
		9					2	
	7							

*Solution at www.PEELinc.com

© 2007. Feature Exchange

At no time will any source be allowed to use the Summerwood Life's contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the Summerwood Life is exclusively for the private use of the Summerwood HOA and Peel, Inc.

DISCLAIMER: Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

Advertise YOUR business to YOUR neighbors for less than 6¢ per home.

Effective Advertising, Done Right.

Call today to Reserve your space.

Peel, Inc.
COMMUNITY NEWSLETTERS

512-263-9181

www.PEELinc.com

SW



Tired of waiting around for your packages?

Rent your **PRIVATE MAILBOX** today!

PostNet has new private mailboxes in various sizes!

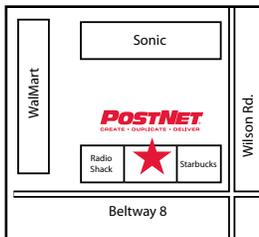
>> Come in to redeem these limited time offers!

3 MONTHS FREE Mailbox Rental with 1 year contract.
Set up fee waived. \$10 value. Expires 3/31/10.

1 MONTH FREE Mailbox Rental with 6 month contract.
Set up fee waived. \$10 value. Expires 3/31/10.

FREE 24-hr ACCESS CARD! For Medium or Large Mailboxes.
\$20 value. See store for details. Expires 3/31/10.

WE PRINT TOO! 25% off your PRINT PACKAGE (Business Cards, Letterhead, Envelope Set).
Expires 3/31/10.



t: 281-441-7638 • TX203@postnet.com
www.postnet.com/TX203

FedEx Authorized ShipCenter®

Authorized Shipping Outlet

Store Hours: Mon-Fri 8:30am-6:30pm, Sat 9am-2pm
Located at BELTWAY 8 & WILSON ROAD • 4830 Wilson Road, Suite 300 • Humble, TX 77396

- » **Privacy & Security** - Separate business from home. Protect you and your business against identity theft!
- » **Convenience** - Notification when mail or packages arrive, with mail forwarding or holding options.
- » **Professionalism** - Business street address rather than P.O. Box address. Enhance the image of your business!
- » **Safety** - Safe storage of your packages until you pick them up.
- » **Reliable** - Useful for FedEx®, UPS®, and USPS - even couriers!

DESIGN • PRINT • COPY • SHIP

We can help. PostNet. Your Neighborhood Business Center.

POSTNET
CREATE • DUPLICATE • DELIVER

Who knows the neighborhood better than a NEIGHBOR?



	July 09	Aug 09	Sept 09	Oct 09	Nov 09	Dec 09
\$300,000+	2	2	3	4	1	0
\$250 - 299,999	3	2	1	4	0	2
\$200 - 249,999	0	4	2	5	1	1
\$170 - 199,999	3	4	4	4	3	2
Under \$170,000	4	5	1	1	1	3
TOTAL	12	17	11	18	6	8
New Construction	2	3	1	4	2	2
Resales	10	14	10	14	4	6
Avg \$/Sq Ft	77.50	76.14	75.32	79.51	76.42	69.88
Avg Days on Mkt	80	83	113	96	120	115



Shalene Fox
Summerwood Resident
Broker

Summerwood is the Greater Houston Builder's Association Community of the Year for 2006. **

Is your realtor providing this information to potential buyers? Are they even aware of it?

Make sure your realtor knows the neighborhood so you don't miss out on potential sales.

Direct: 832-338-8586 • Email: sfox16@entouch.net

* All figures based off MLS data 1/08/10 **For communities 2500 acres