



# CIRCLE C RANCH

The Official Publication of the  
Circle C Homeowner's Association

## Newsletter

Volume 7, Number 5

May 2010

[www.circlecranch.info](http://www.circlecranch.info)

### *President's Message*

We ended an "HOA year" and started a new one last month with a successful annual meeting where we achieved a quorum prior to the scheduled meeting time and discussed exciting changes the HOA has in store.

The Board brought its energy together with management on April 7-8 to establish its vision for the upcoming year. The board agreed that our primary goal is to proactively be involved in and lead the new pool and recreation center project to a successful completion. While this project is important, the board also acknowledged the need to continue making operational changes that ensure efficient, effective operations.

To do this, the HOA Board moves forward with members who have a great deal of personal and board experience. For the first time in the recent history of the Board, we had two board members who not only completed their full 3-year terms, but ran for and were selected to another 3-year term. Thanks to Rob Johnson and Russ Hodes for continuing their commitment to share their experience with the community at this very important time. Rob previously served as President of the Board. Russ will continue to serve as Treasurer, a role he has held for the past 3 years. Additionally, Jason Bram, the new Vice-President and Development Officer, has over 2 years of CCHOA and Board experience and is the board liaison with the professionals who are developing the new pool and recreation center. Chris Poyner, our newest board member, begins her term on the board as Secretary. Joel Pace who begins his 2nd year on the board continues in his capacity as Development Officer and will keep the board and residents apprised of the commercial development that continues to occur along Slaughter Lane. And, last but certainly not least, Steve Urban, past President, will work to ensure a smooth transition of leadership and will mentor those of us who aspire to accomplish what he did during his officer term last year.

I look forward to working with the new Board and the highly experienced management team and contractors we have engaged. We will all be working to carry out the Board's vision of making our community one that others emulate.

**Mary Goebing, CCHOA Board President 2010-2011**

### CONNECT

#### *With Circle C!*

**WANT TO FIND OUT THE LATEST ON WHAT IS  
HAPPENING IN CIRCLE C?**

Crime updates, New pool updates

Lost Pet alerts, Tree cutting updates

Circle C events, And more!

Log in to [circlecranch.info](http://circlecranch.info) today! And be sure to join our facebook page at Circle C Ranch Residents.

### NEW SWIM CENTER

#### *Project Update*

We are excited to report that the new swim center project at La Crosse and Spruce Canyon is now underway. As reported previously, the land and amenity fund were conveyed to the Association last year which gave us the responsibility for building a new swim center complex. Beginning in the fall of 2009 we began to solicit bids for a project management firm to manage the project for the HOA. We selected Square One Consultants and they quickly jumped on board to lead the effort in bidding out the design and construction of the project. We are currently negotiating contracts for both of those services and our goal is to begin construction sometime in late fall and complete construction in the spring of 2011. Until we receive the final site plan acceptance from the City of Austin, these dates are subject to change.

We will begin including a monthly update via the newsletter, website and email (if you haven't signed up already for email announcements, please do so at [www.circlecranch.info](http://www.circlecranch.info)). As soon as we have a final schematic, we will be sure to include. If you have any questions, please feel free to email the HOA at [info@circlecranch.info](mailto:info@circlecranch.info), subject line: New Pool.

## CCHOA NUMBERS

HOA Mgmt Office ..... [info@circlecranch.info](mailto:info@circlecranch.info) or 288-8663  
 Financial Office ..... 451-9901  
 Aquatics Director ..... 288-4239  
 Newsletter Publisher

Peel, Inc. Sales Office. .... 512-263-9181

Adv./Kelly Peel...[advertising@PEELinc.com](mailto:advertising@PEELinc.com), 512-263-9181

### Circle C Amenities

Circle C Café ..... 288-6058

Circle C CDC..... 288-9792

Circle C Swim Center ..... 288-6057

Circle C Tennis Club General@CircleCTennis.com, 301-8685

### Sub Association Info:

KB Enclave and Fairway Estates HOA

Karen Hibpsman, CMCA, Manager ..... 347-2891

Parkwest HOA

Goodwin Management ..... 502-7509

Streetman Enclave HOA

K.O. Orsak ..... 646-6739

Muirfield HOA

Sara Huff ..... 219-1927

## BOARD OF DIRECTORS

Mary Goehring ..... President

Jason Bram ..... Vice President/Development Officer

Russ Hodes ..... Treasurer

Chris Poynor ..... Secretary

Joel Pace ..... Development Officer

Rob Johnson ..... Board Member

Steve Urban ..... Board Member

Contact Information ..... Email: [directors@circlecranch.info](mailto:directors@circlecranch.info)

## IMPORTANT NUMBERS

City of Austin Solid Waste ..... 974.1945

Dead Animal Collection..... 974.2000

Abandoned Vehicle..... 974.8119

Pothole Complaints..... 974.8750

Stop Signs ..... 457.4885

Street Light Outage ..... 505.7617

### Schools

Clayton Elementary ..... 841.9200

Kiker Elementary ..... 414.2584

Mills Elementary..... 841.2400

Bailey Middle School ..... 414.4990

Gorzycki Middle School..... 841-8600

Small Middle School ..... 841.6700

Bowie High School ..... 414.5247

SAYSA..... 899.1049

## ARTICLE INFO

The Circle C Ranch newsletter is mailed monthly to all Circle C Ranch residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

If you have an article of interest to the community please submit to [info@circlecranch.info](mailto:info@circlecranch.info) by the 10th of the month. The newsletter can also be viewed online at [www.circlecranch.info](http://www.circlecranch.info).

## ADVERTISING INFO

Please support the advertisers that make the Circle C Ranch Newsletter possible. If you are interested in advertising, please contact Peel, Inc. at 512-263-9181 or [advertising@peelinc.com](mailto:advertising@peelinc.com). The advertising deadline is the 8th of the month prior to the issue.

## MISSION STATEMENT

Peel, Inc. Community Newsletters

Our goal is to provide the Circle C Ranch community with one source of local news content that is provided by Circle C residents. Our goal is to help build Circle C by connecting local businesses with residents and residents with relevant neighborhood information.

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Oak Hill United Methodist Church  
invites you to our Memorial Day weekend

## Patriotic CANTATA

On Sunday, May 30, 2010, our Chancel Choir  
will present a Patriotic Cantata at both traditional  
worship services, 8:45 and 11:15 a.m.  
Join us for this musical tribute to God and country!

*Everyone is welcome!*



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8:45 A.M. Blended Worship Service

10:00 A.M. *Pathways* Contemporary Praise  
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11:15 A.M. Traditional Worship Service  
& Sunday School

*(Sunday School includes classes for Children, Youth and Adults)*

Please call the church office at 288-3836 or visit our  
website at [oakhillunitedmethodistchurch.org](http://oakhillunitedmethodistchurch.org) for  
additional information.



**Vacation Bible School is**  
**June 21 - 25!**  
**Get ready for a Galactic Blast!**



7815 Hwy. 290 W., Austin, TX 78736

Oak Hill United Methodist Church is located on Hwy. 290, just west  
of the Hwy. 290/Hwy. 71 split ("the Y") in Oak Hill. We are directly  
across from the ACC Pinnacle Building.

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## May 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8 Community Blood Drive 10:30 - 1pm
9 Circle C Open House Tours 1-4 pm	10 Newsletter Article Deadline	11	12	13	14	15
16	17	18	19 Monthly BOD Meeting 7pm, CDC	20	21	22
23 Circle C Open House Tours	24	25	26	27	28	29
30	31					

## Orthodontic Specialists for Children and Adults

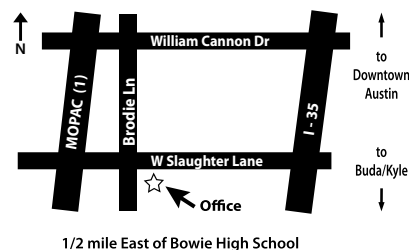


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## Easter Egg Hunt *A Success!*

Over 400 children participated in the Circle C Annual Easter Egg Hunt in April. There were over 10,000 hidden eggs and three special golden egg prizes. Golden eggs were found by Abby Preiss, Abby Moran, and Lucas Teltow. A big Thank You to all of our volunteers and CDC staff for helping us organize and run a fabulous event!

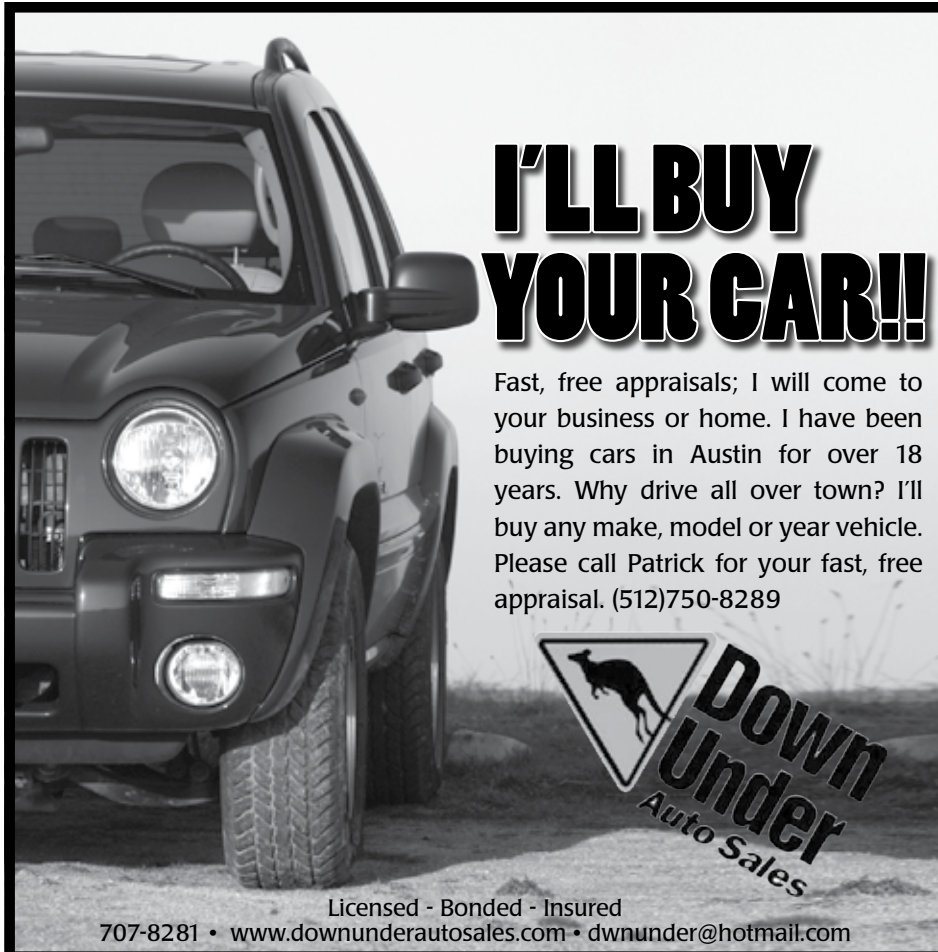


## Circle C Neighborhood *Blood Drive*

The Blood Center of Central Texas will host a Community Blood Drive in Circle C on Saturday, May 8, 2010 from 10:30am to 1pm in the Circle C Swim Center Plaza. Please sign up online at [www.inyourhands.org](http://www.inyourhands.org), the Sponsor Code is: circec. Please eat before donation. Photo ID required. Please see website for complete details.

## Public Safety Message

We continue to receive calls from residents regarding children playing in the street and cars speeding on interior roadways. The streets are first and foremost for vehicular traffic and are not intended as an area where children should play. The most recent area of concern that has been reported is Moon Rock Road. In addition, vehicles should use caution and not speed while driving the interior neighborhood roadways. If both parents and drivers do their part, we can protect the children of our neighborhood!



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## Time to Un-stake Your Trees

Many new trees are staked into the ground to provide stability during the first year of growth. These stakes can be removed after one year – take a look outside and see if your trees are ready to stand on their own!

## Attention Pet Owners!

Just a reminder to pet owners that your dog(s) should be kept on a leash at ALL TIMES when not on your property. This is a City of Austin ordinance that can be enforced by calling 311. It's also the neighborly thing to do in order to keep your dog(s) from running on neighbor's property or jumping on your neighbors! Also, while this may seem like common sense to most of you, we still hear from a lot of residents who find that not everyone is picking up after their dog(s). Please carry a plastic bag and pick up after your pet.



## New Roof Complete At Main Post Office

Thank you for your patience as we completed a new roof project at the main post office in the Swim Center Plaza. Construction was delayed due to city permitting but the end result is a beautiful new roof with working gutters and a hardi-plank interior.



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### Camp Dates:

June: 7-11 14-18  
July: 12-16

### Locations:

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Westcreek Fields

- ★ Includes a camp ball and a tee shirt
- ★ Half day and full day Sessions available

### Complete Information available at

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## SOMETHING IS ALWAYS HAPPENING

### *At the Circle C Swim Center!*

It might still be a little nippy in the mornings, but things are getting into full swing at the Circle C Pool! If you haven't yet gotten your membership cards, please feel free to come by anytime the pool is open to fill out the paperwork and get your cards so you are ready for the summer – or any of these beautiful spring days we have been so lucky to enjoy.

#### OUR SPRING HOURS OF OPERATION ARE

Monday-Friday 6:00am – 10:00am and 4:00pm-8:00pm

Saturday 7:00am-6:00pm

Sunday 10:00am-6:00pm.

**Private and Group Spring Swim Lessons, Adult Coached Swim, and Stroke Clinics** for the Circle C Seals are underway. If you are interested in signing up for these programs, or any of our other activities, come by, or give us a call. If you are planning to sign your child up for swim lessons, we recommend that you come by the pool Monday afternoon any time between 4:00-5:00pm for a skills assessment with our Lead Swim instructor, Amanda. She will be able to help you decide which class is most appropriate for your child.

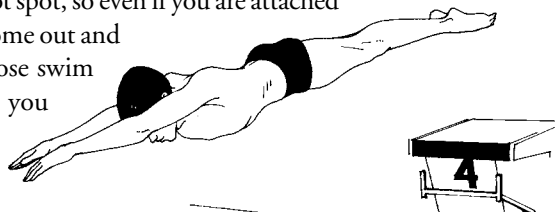
Our last **Lifeguarding Class** for the spring will be held Friday, April 30 – Wednesday, May 5. If you are interested in becoming a certified lifeguard before the summer 2010 season, this is a great opportunity to get that accomplished!

The 2010 **Summer Activity Guide** is now available. You should be able to view it online, or please feel free to pick up a copy the next time you are at the pool.

We are always working to **improve the facility** for the community. We have installed artificial turf between the Pool Offices and the Café to reduce the amount of mud that accumulates in that area. So far the response has been very positive. Come by and tell us what you think! You may also notice some changes to the restrooms, and different construction projects that are going on. We are working on the mechanical areas of the pool to increase safety, environmental sensitivity, and operational efficiency. We apologize for any noise or inconvenience in advance. We are also in the process of upgrading the facility technology, and as we get everything online and working, we hope that this will decrease the amount of time you need to spend in the office and improve your overall experience at the facility.

As we come up on the summer months, we would ask that you use either the exit gate next to the café by the parking lot, or through the basketball court area. It helps everyone have the opportunity to get through the check in at the front desk much more quickly when the flow is moving primarily in one direction.

We are excited to see everyone starting to come out and play at the pool! The Swim Center is now a WiFi hot spot, so even if you are attached to your laptop, you can still come out and have fun in the sun! Get those swim bags ready, and we will see you soon at the pool!



## Thank You!

*The children of the Ronald McDonald House and their families would like to Thank You for your kind donations!*

Thank you, thank you, thank you to everyone who is in the habit of collecting their aluminum soda can tabs! The HOA is continuing to collect aluminum soda can tabs in the management office so please DO NOT throw your cans away without taking off the tabs. The tabs will be donated to the Ronald McDonald House Charities of Austin and Central Texas. To read more about the Ronald McDonald House Charities of Austin and Central Texas, you can visit <http://www.rmhc-austin.org/>. Thank you to resident Bob Hendee for volunteering his time to this effort.



## Advertising Information

Please support the businesses that advertise in the Circle C Ranch Newsletter. Their advertising dollars make it possible for all residents to receive a newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the newsletter by advertising, please contact Peel, Inc. Sales Office at 512-263-9181 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com) for ad information and pricing.



## Circle C Landscape Update

I would like to update you on all of the maintenance services performed by Circle C Landscape to the commons areas over the past month. This, of course, is the absolute busiest time of year and the extensive commons areas take a lot of attention. By the time you get this newsletter, we will have completed fertilization, pre-emergent weed treatment and ant treatments of all of the commons areas. Shrubs will have been trimmed throughout, and the weekly mowing schedule is in full force. This year, we have lots and lots of oak pollen and weeds, probably more than we have seen in the past five years. The cold and wet winter has caused the grass to stay dormant longer than usual, and the weeds have had a field day in the meantime. So, while everything has looked quite green, some of that green are “undesirables”—i.e. weeds that we must be persistent about to get under control.

I am awaiting the other great thing about spring—the caterpillars and loopers that will probably be numerous this spring. For a few weeks, it feels as if we are raining worms and webs everywhere. We do not treat for the worms in the numerous trees on the commons areas, but if they are bothering you in your yard, we recommend BT worm killer, which is an organic product that will kill the worms pretty readily. You can get it at any local garden store. It is also the time of year to broadcast fire ant bait across your entire yard. If everyone in Circle C did this, the fire ants would relocate elsewhere. The best

products recommended by the Texas Department of Agriculture contain fipronil, and can be found at your local nursery in brands such as Top Choice Fire Ant Bait or Over and Out. These are to be spread throughout the yard on a nice sunny day. They are highly effective in killing queen fire ants and rendering mounds inactive. We encourage everyone to use fire ant bait in May.

As of mid-April, we still have a lot of vegetation that remains dormant, will need further cutting back, or may not recover from our winter freezes. A lot of damage has occurred to African or bi-color irises on the commons areas, and we are systematically cutting out the dead parts. The fig ivy on the walls still looks quite brown, although there are signs of life underneath. We are going to give it a little while longer to recover. Also, some of the crape myrtles that were in windy locations are extremely slow coming out this year, so again, we are waiting it out for their return. Their branches are flexible and they don't appear to be dead, so leafing out is just taking a while. We will also be replanting some beds where the plants were damaged beyond being salvageable. As far as capital improvement projects, we are working on turf installation, bed installation and tree installation on Escarpment. The bollard lights on Escarpment have now all been replaced and repaired, and new lighting has been added at Escarpment and Slaughter. If you have any questions, please feel free to contact me at [shoover@onr.com](mailto:shoover@onr.com).

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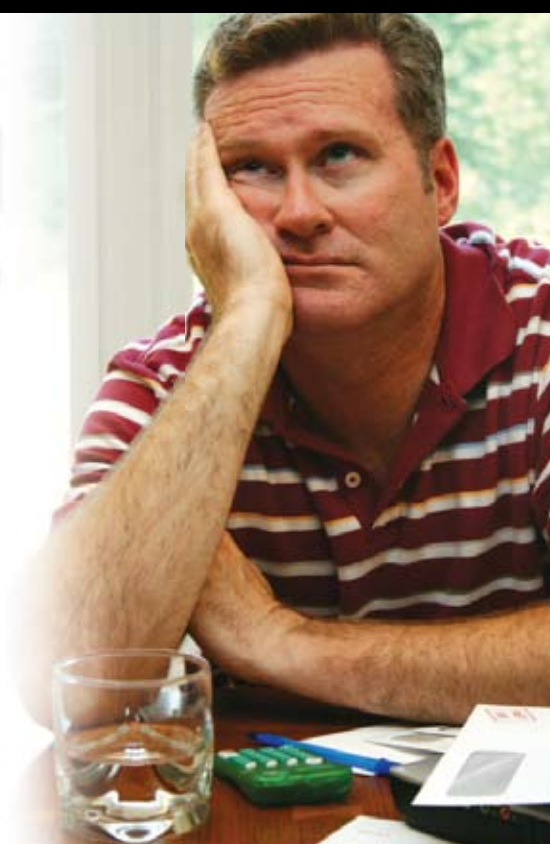
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## Circle C Homeowners Association *Architectural Control Committee Update*

**Contact the ACC if you are doing any improvements to your property.** All improvements are required to go through the Architectural Review Process. This includes anything that is being permanently installed on any portion of your property. Please see below for items that do not need to be reviewed.

The easiest way to get information about the process is to go the Circle C HOA website at [www.circlecranch.info](http://www.circlecranch.info) and log in as a resident. Under Resident Services you can access the materials of the Architectural Control Committee, see all of the guidelines and information about specific projects and download the required form for ACC submission.

If you need any additional information about the Architectural Control Committee, please contact Susan Hoover at [shoover@onr.com](mailto:shoover@onr.com).

### **Yard Art Guidelines**

Yard art is a great thing to have and does express a lot of individual taste. Because of this the ACC welcomes as much yard art as possible in the back yard. For the front yard, you are limited to two pieces of small yard art—i.e. less than 18" tall, and they must be integrated into the landscaping. If you are planning an front

yard fountain, it must go through the ACC review process and obtain ACC approval.


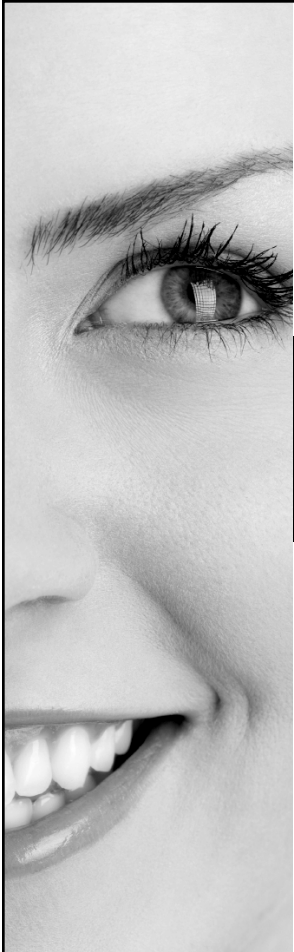
Potted plants may be used in the front yard at appropriate locations such as the front porch, and integrated into the landscape as an accent piece. Potted plants are not suitable for the driveway area, unless it is one single pot that anchors a corner or the mid-point column of the garage. Empty pots should be relegated to the back yard.

The CCHOA regularly issues cooperative letters and deed restrictions for excessive yard art in the front yards, so make sure that you are within the guidelines and that the overall appearance of your front yard is neat and tidy, and maintained to the standards of the neighborhood.

### **Items Not Subject to ACC Review**

- **Roof Replacement**—If you are replacing your roof with shingles that match the existing shingles, you do not have to go through the ACC review process. This color of shingle was reviewed during the building process and already has approval.

*(Continued on Page 11)*



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- **Fence Replacement**—For fences that do not abut Commons Areas—side fences and back fences that back to other residences—If you are replacing with the same fence, you do not have to go through ACC review. Fences that face a street are required to have the smooth side out.
- **Paint Colors**—If you are repainting the same color on your home that was approved as part of the original building, then you do not have to obtain permission.

## Circle C BBQ Cook-Off June 5<sup>th</sup> and Family Festival

### Volunteers

If you are interested in volunteering for one of the most fun events of the year, please contact us at [info@circlecranch.info](mailto:info@circlecranch.info)

### Rules & Regulations

1. All registration forms are due by May 28, 2010. There will be no on-site registration on the day of the cook-off. Judging will begin at noon with turn-ins at separate times. Cooks may begin set-up anytime on Friday, June 4 beginning at 7pm.
2. A barbeque team may have no more than 4 people per team. The team captain must be a Circle C Resident.
3. Barbeque must be cooked from scratch on-site the day of (or night before) the cook-off. It must be prepared in the open at the team's booth site. No gas cooking allowed.
4. Teams are asked to prepare and cook food in as sanitary manner as possible. Cooking conditions

are subject to inspection by the head judge. All food, equipment and utensils must be stored at least 6" off the floor on pallets, shelving or tables at all times.

5. Each team will be given one parking space at the back of the swim center. Spaces will be numbered and each team, upon registration, will be given a number. Appropriate themed decoration of your area and related costuming is encouraged, but please remember this is a family event.
6. Cooking will take place in the designated parking space area only. Cooks must provide their own materials to include: table, chairs, shade, cooking utensils & ingredients.
7. At the discretion of the head judge, cooks may be required to taste their own barbeque in front of a judge at any time during the event.
8. Firearms, explosives or other pyrotechnics will not be allowed on the premises.
9. Lone Star BBQ Society Rules apply. Complete rules and forms will be posted on the CCHOA website.

## Time for a new AC system?

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# Clubs & Announcements

## Clayton Elementary benefits from 6th Annual Girl Scout Wildflower Stomp *Submitted by Melinda McKenna*




Did you happen to notice 250 enthusiastic Girl Scouts stomping wildflower seeds on the Clayton campus Saturday April 3rd? They were participating in the 6th annual partnership between the Circle HOA and CCR Landscaping (providers of 15 million wildflower seeds), Girl Scout of Central Texas, Lady Bird Johnson Wildflower Center (providers of education & badges) and Austin Real Estate Partners (event organizer & Partner in Education) as part of an ongoing commitment to beautify and serve our SW Austin community.

## Circle C Senior Men's Group *Submitted by Dave Maril*

The Circle C Senior Men's Group latest trip, during the February 23rd snow storm, was to the Bob Bullock State Historical Museum in down town Austin. Group weather coordinator, Dr. C. Stone, from Lake Geneva, Wisconsin, noted the weather was perfect for an outing.

Those new to Texas saw a beautiful presentation of Texas' cultural history. Said one ex-New Yorker, "I never knew cotton was grown in Texas." Those more familiar with Texas were equally impressed with the detail and effective presentations. Said one naturalized Texan, "I visited this Museum before, but never really saw it, as I was watching out for the grandkids, not the exhibits."

After the Museum tour, we visited Sholtz's Beer Garden and restaurant for local Texas food, fun, and camaraderie. The men's group meets every Wednesday, 9 AM, Waterloo Ice House, come rain, shine, or snow. Possible next trip, 2010 Austin Car Show, assuming it is not recalled.



### JUNE 14 - 18 | 9 TO NOON

Age 4 (by June 1, 2010) to 5th Grade Completed

#### Also coming up this summer...

- Children's Fine Arts Workshop | June 21-25
- Preschool/Kinder Day Camp | July 26-30
- 1st & 2nd Grade Day Camp | July 26-30
- Great Kids (3rd-5th) at Camp Tejas | July 3-6
- Collide Student Camp | July 2-6

**Learn more and register online  
at [www.ghbc.org](http://www.ghbc.org) today!**

Don't miss ***Relationships in Christ's Inner Circle***, our latest Sunday Morning Sermon Series.

**Sunday Morning Schedule**

9:30 - Traditional Worship | 11:00 - Contemporary Worship | 9:30 & 11:00 - Bible Life Groups (all ages)

**Great Hills Baptist Church | [www.ghbc.org](http://www.ghbc.org) | 10500 Jollyville Road . Austin, Texas 78759 | 512.343.7763**

## Seton Southwest Volunteers

### Garage Sale

*Submitted by Maria Martinez*

**8 am - 1 pm - Saturday, May 22, 2010**  
**SSW Circle Drive**

Including gently used clothing, kitchen accessories, furniture, children's toys, and more!!! All proceeds to benefit refurbishment of Nursing units at SSW Hospital.

## Circle C Child Development Center

We are excited to announce that Circle C Child Development Center will provide the on-site after-school program at the new Ross Baldwin Elementary School! This fabulous new Baldwin Crew will follow the same model as our popular Clayton Crew and Kiker Krew programs. We provide great student to teacher ratios, an amazing staff, fun clubs and activities, a reasonable tuition rate, and all-day care during most AISD in-service days! If you are interested in finding out additional information, please contact our office at 512/288-9792. See you in the new year!



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## Camp Kaleidoscope

June 7th through August 13th, Clayton Elementary and Circle C Child Development Center will once again be partnering to host interactive and engaging summer sessions by Clayton and CDC teachers. Camp Kaleidoscope will include weekly swimming, arts and crafts, outdoor play, sports, cooking, field trips and semi-monthly themes. Community service projects will be incorporated into each session.

Camp will be held on the Clayton Elementary campus.

### Who can come?

Pre-K (going into Kinder) through 5th grade

### Options?

1) Monday thru Friday, 7 am – 6 pm. \$400 per two-week session or a discounted rate of \$760, if you sign up for two consecutive sessions.

2) Monday thru Friday, 9 am – 1 pm. \$250 per two-week session or a discounted rate of \$460, if you sign up for two consecutive sessions.

### Session Dates?

June 7th – 18th	Be an Ologist
June 21st – July 2nd	There's no "I" in Team
July 5th – 16th	Come Join the Circus
July 19th – 30th	Now, That's Entertainment
August 2nd – 13th	Dinosaur Discovery

### Questions?

Please contact Circle C CDC for additional information and registration at (512) 288-9792 or visit our website [www.circleccdc.org](http://www.circleccdc.org).



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# Clubs & Announcements

## Circle C Tennis Announcements

*Submitted by Fernando Velasco,  
General Manager and Director of Tennis, Circle C Tennis Club*

### Readers' questions about "Playing Tennis"

*This month's questions about playing tennis are:*

Q – How do I select the type of a racket for my child to play with?

A – Tennis Rackets come in all different styles and sizes. For children, we suggest a small racket that will fit comfortably in their hands and the size to be relative to their height. We normally measure the child on a poster with Roger Federer, that will indicate if the child needs a 19", 21", 23" 26" or 27" racket. These rackets are not too expensive and can be found in most sporting good and discounts stores. They will range from \$15.00 to \$30.00.

Q – I have an old wooden racket that I played in the 70's. Is it still good?

A – Unfortunately wood tennis rackets went away when aluminum and steel rackets were introduced in the 70's. Since then, many graphite and composite rackets have been designed to give more power and flexibility with the changes of the game. Also, tennis balls have changed in weight and pressure to withstand the power generated by the rackets. The head size has also increased to allow

for more people to be able to play without having the eye and the coordination of a Bjorg Borg.

Q – How do adults choose rackets?

A – The best way to buy a new racket is to follow the same steps as getting a new car. Many tennis websites allow the player to fill out a questionnaire with information about sex, size, weight, number of times that the person plays and rating (if one has one.) The results of this questionnaire will give the player some ideas of what type and size of racket to choose. The next step is to play with the recommended rackets and see which frame will suit the player best.

If you have any questions about tennis, training, equipment, programs, etc., send an e-mail to: [Fernando\\_Velasco@CircleCTennis.com](mailto:Fernando_Velasco@CircleCTennis.com)



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**We look forward to helping you create your perfect home!**



## Congratulations To Circle C Tennis Team



The Tri-Level Team from Circle C Tennis Club participated and reached the finals at the Woodlands playoffs in Houston. They had an amazing time playing against some very good teams. Members of the team were: Maureen Percenti (Captain), Alice Ralph, Shelby Walden, Helen Bourgeois, Jennifer McDaniel, Michele Haggerty, Priya Bhavsar, Cindy Breed, Shelly Foreman, Julie Asbra and Maggie Gilburg. Karen Brooks was also part of the Austin team, but did not travel to Houston due to medical reasons.

## May Events at the Lady Bird Johnson Wildflower Center

*Submitted by Saralee Tiede*

### Gardens on Tour

**Saturday, May 8, 9 a.m. to 5 p.m.**

View five exquisite private gardens plus the Wildflower Center. Your \$25 ticket takes you through the gate at some of Austin's most lovely native plant gardens. Or visit an individual garden for \$6. Passes available at local nurseries or [www.wildflower.org](http://www.wildflower.org)

### The Serendipity of Wildflowers

**Texas Highways photo exhibit - May 3 through May 9**

During National Wildflower Week, we will have spectacular photos on display from Texas Highways' April Wildflower issue. In the McDermott Learning Center.

### Nature Nights: Plant Conservation

**Friday, May 21, 6 to 9 p.m.**

Look for hard-to-find plants, what makes them rare and endangered and programs that make a difference!

**The Wildflower Center is open Memorial Day**



## DON'T HIDE YOUR SMILE ANYMORE!

Get the gorgeous, straight smile you've always wanted with Six Month Smiles Braces. Most people imagine braces as "Metal Mouth" for 2-3 long years. Now, in typically 6 months, you can get straight teeth with cosmetic, tooth-colored braces. Get your dream smile by your next cleaning! Most adults ARE candidates for Six Month Smiles. Find out if you are. The results speak for themselves!



Circle C Dental also offers same visit tooth-colored crowns (CEREC), Invisalign, Wisdom Teeth Removal with IV sedation, kid-friendly treatment, and more!

Before



After



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At Circle C dental, we now offer conservative and non-invasive treatment for your sleep apnea by utilizing a custom designed oral appliance to open your airway and allow you to breath freely, eliminate snoring and make your feel energized.

### Take The Epworth Sleepiness Test

How likely are you to doze off or fall asleep in the following situations?

Activity	0 = never 1= slight 2= moderate 3=high	Chance of Dozing
- Sitting and reading		<input type="text"/>
- Watching T.V.		<input type="text"/>
- Sitting, inactive in a public place (theatre or meeting)		<input type="text"/>
- As a passenger in a car for an hour without a break		<input type="text"/>
- Lying down to rest in the afternoon when circumstances permit		<input type="text"/>
- Sitting and talking to someone		<input type="text"/>
- Sitting quietly after a lunch without alcohol		<input type="text"/>
- In a car, while stopped for a few minutes in the traffic		<input type="text"/>
- In a car driving		<input type="text"/>

( >10 equals risk for sleep apnea )



Visit our 6 Month Smiles website for more info:  
[www.6MonthSmiles.com](http://www.6MonthSmiles.com) • [www.CIRCLECDENTAL.com](http://www.CIRCLECDENTAL.com)  
512-301-BITE (2483)



## Meet Your Neighbor

In recent years, there was a popular movie, *The Bucket List*, which many of us enjoyed. As a result many of us began to create our own bucket list of events, places or other plans for the future. For most of us, travel in space or anything related to “space” is only an item on our “Wish Bucket List”. One of our fellow residents can provide us the opportunity to associate ourselves with “space” due to his involvement in the world outside Earth.

Mark Ruder is a member of a team of engineers who designed and produced a processing chip which went up in the space shuttle *Atlantis* last year. Mark worked with the engineers at Coherent Logix on a chip placed on the outside of the International Space Station. It will remain there for two years performing experiments for NASA. Mark and his co-workers actually constructed the instrument. This was hands-on work on a project going to outer space. Often we speak of having made a “long distance telephone call”. In Mark’s everyday work, this is an understatement. He frequently consults with an astronaut who is traveling among the planets about procedure or solving a glitch.

After leaving the family farm near Hays, Kansas, Mark went to Kansas State University where he graduated in 1980 with a BS in Electrical Engineering. While in high school, he met his future wife at a place where they both worked. How could it be nicer than to get to know your future wife while working side by side at Al’s Chickenette Restaurant. It was a marriage which will soon be celebrating 30 years. After high school graduation, Kim left the family farm and went to Fort Hays State University where she majored in Interior Design. The romance continued and they married the summer before Mark’s graduation. Texas was fortunate after Mark’s graduation when he got a job in Texas.

Kim is an avid equestrian. While many people in Austin are walking their dog, Kim goes to Royal Kings Equestrian Facility to train and ride her horse. Marley is a registered Palomino who is a part of her daily routine several times a week. Kim is a busy lady, managing a doctor’s office in south Austin for the past 16 years. She also found time to be involved in the Black Beauty Literacy project in Austin. Kim knows she is fortunate to be a 10 year survivor of Cancer.

*(Continued on Page 19)*

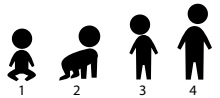


## COLIN'S HOPE

*Increasing water safety awareness and standards*

### FACTS YOU NEED TO KNOW ABOUT DROWNING

Drowning is the leading cause of unintentional injury-related death in children ages 1-4



### DROWNING WILL AFFECT YOU OR SOMEONE YOU KNOW

Drowning is the 2nd leading cause of unintentional injury-related death ages 1-14.

For more information, check out our website at

[www.colinshope.org](http://www.colinshope.org)

### DROWNING CAN STILL OCCUR EVEN IF YOU KNOW HOW TO SWIM

NO ONE is “drown proof” – no matter their level of swimming ability.

Falls, entrapments, and injuries lead to drowning regardless of swimming level.

A majority of people overestimate their own and their child’s ability to swim, especially in a panic event.

### DROWNING IS QUICK AND SILENT



Drowning occurs in as little as 2 minutes.



Irreversible brain damage occurs in as little as 4 minutes.



Most children are out of sight or missing for less than 5 minutes and usually in the presence of 1 or both parents.



Most children die who are submerged for as little as 6-10 minutes.

Children who drown do not **scream, splash, or struggle**. They silently slip beneath the water, even with adults & lifeguards present.

**Meet Your Neighbor -**  
(Continued from Page 18)

They are empty nesters now with one daughter having graduated and married and another daughter working toward graduation. Kim and Mark have time to enjoy shared hobbies of reading and bowling. Kim loves her Kindle. Mark also enjoys golfing. They will celebrate 30 years of marriage in July--perhaps with a cruise, an activity they have enjoyed regularly with extended family and friends in recent years.

## Wine Tasting Club

The Park West Wine Tasting Club met for the first time and had a smashing evening. There were 13 "tasters" in attendance. The featured wines were Malbec from Argentina. The club meets every other month. If you are interested in joining, please contact Ruthie Bolsen at ruthbolsen@hotmail.com.

## Memorial Day BBQ

Celebrate the upcoming Memorial Day Holiday with your Park West neighbors at our 6th Annual Memorial Day BBQ. The event will be on Monday, May 31 from 5-7pm at our East Mail Center. Bring your own lawn chair and perhaps a folding table to enjoy a meal of mouth-watering beef brisket, chicken, and turkey. Pok-e-Jo's will cater the meal which includes delicious sides -- coleslaw, potato salad, and beans -- with each plate. Top off your meal with some refreshing iced tea and cookies!

RSVP and prepayment are due by May 15. Registration flyers are available on the back side of each mail center. The cost is \$14.00 per person. Contribution of additional appetizers, desserts, or beverages will be welcomed. We appreciate the Social Committee of Park West for sponsoring this fun event. Questions? Contact Jordan McDole at 351-9901 or jordanmcdole@gmail.com.

## Post Script

There is a post script to the April edition of our Park West News. You may recall there was an introduction to Darwin and Veta Winick in that issue. I like it when serendipity occurs. A resident of Circle C Ranch read the article and was pleased to realize he was reading about a business colleague he enjoyed working with about 20 years ago. It is always good to be able to finish the sentence "Whatever happened to ....."

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# Park West HOA News

## Landscape News

It's time to get a head start on those hot summer days and sign up for your front yard sprinkler check. Our HOA contract with Pearson Landscape includes this check-up for each of our yards. There is no additional charge for the annual check that includes your front and side yards. Using the information the landscaper provides about the status of your yard, you can do the work yourself, hire a company of your choice or pay Pearson Landscape for only the cost of repairs, if any, and replacement parts, such as broken sprinkler heads. E-mail Scott at [scott@pearsonlandscape.com](mailto:scott@pearsonlandscape.com) or JackieRollins02@aol.com to schedule an appointment. Be sure to include your address, daytime phone number and the day and time of the week you would like the sprinkler check. Plan to be available to open your garage for the control box settings to be checked.

Many of us saw the effect of the hard freeze this past January on our plants and shrubs, some of which may still be trying to make a comeback. If you would like to ask questions about the condition of your plants, replacement or anything to do with your front beds, send the landscaper an e-mail at [scott@pearsonlandscape.com](mailto:scott@pearsonlandscape.com) or meet with him on the second Tuesday of the month throughout the spring and summer months at the West Mail Center from 7 pm-8 pm. He will be happy to answer your questions and assist in resolving any problems.

## Until Next Time

My name is Glynda Eschle. I have volunteered to edit the Park West portion of the Circle C Newsletter. With the printing schedule in mind, it is necessary to have articles available for the Newsletter editor by the 10th day prior to the month of issue. I welcome any constructive suggestions or information you would like to contribute. I can be reached at 6542 Tasajillo Trail; by phone at 288-1503; and by email at [glynda.eschle@sbcglobal.net](mailto:glynda.eschle@sbcglobal.net).

## SEND US YOUR Event Pictures!!

Do you have a picture of an event that you would like to run in the Circle C Ranch Newsletter? Send it to us and we will publish it in the next issue. Email the picture to [info@circlec ranch.info](mailto:info@circlec ranch.info). Be sure to include the text that you would like to have as the caption. Pictures will appear in color online at [www.PEELinc.com](http://www.PEELinc.com).



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66 MONTHS	3.25%*		
72 MONTHS	3.95%*		

USED OR REFINANCE		JUMBO CERTIFICATE OF DEPOSIT MINIMUM DEPOSIT OF \$95,000 REQUIRED	
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72 MONTHS	3.95%*	12 MONTHS	1.56%****
		24 MONTHS	2.07%****

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## **Kiker Elementary Announcements**

*Submitted by Tracy White*

### **Kiker Elementary is Golfin' and Groovin'!**

#### **Kiker Annual Fundraiser May 2 & 3, 2010**

Contact [tracywhite@austin.rr.com](mailto:tracywhite@austin.rr.com), visit Kiker's front office or call Kiker at 414-2584. Log on to the link listed below for more information! <http://www.austinschools.org/campus/kiker/golfclassic/index.html>

### **Groovin' in the Green Auction, Dinner & Dance**

**Creekside Pavilion, Driftwood, TX**

**Sunday, May 2, 2010 5:30-9:00 p.m.**

Tickets are \$25.00 each and will be sold April 12-23, 2010 only.

### **Kiker Golf Classic**

#### **Grey Rock Golf Club**

Monday May 3, 2010—1:30 shotgun start

- Early bird registration by April 19, 2010

\$125.00 per individual, \$400 per team of four

- Registration after April 20, 2010

\$150.00 per individual, \$500.00 per team of four

**Event sponsorships still available. Please thank the following entities for supporting our kids by giving them your business!**

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Star of Texas Veterinary Hospital  
Hill Country OB/GYN Associates  
Creekside Pavilion  
Grey Rock Golf Club  
Longhorn Trophies, Inc.  
New Era Moving  
The Outback Steakhouse  
Third Language  
Wells Fargo Bank  
Randall's  
Dr. Mary Kay Becher



# Financial Focus

By Matt Smith

In the investment world, there aren't many certainties, but here's one of them: prices will always go up and down. As an individual investor, you can't do anything about this volatility. But the way you respond to it could make a big difference in your long-term investment success.

Many investors think they can "beat" volatility by trying to time the market — in other words, by buying when prices are low and selling when prices are high. In theory, this is an excellent strategy, but in reality, it's pretty much impossible to follow — because no one can really predict, with any accuracy, market highs and lows. So instead of attempting to time the market, you're much better off by following a time-tested strategy known as systematic investing.

To systematically invest, you simply put the same amount of money into the same investments at regular intervals. To illustrate, you could put \$100, \$500, \$1000 or more into Investment X on the first of every month. To make it even easier on yourself, you could automatically transfer those dollars from your bank account directly into the investment you've chosen.

In all likelihood, your contribution will buy a different amount of shares of Investment X each month. For example, if Investment X sells for \$100 per share in January, a \$500 investment will buy five shares. In February, if the price has fallen to \$50 per share, your \$500 will buy 10 shares.

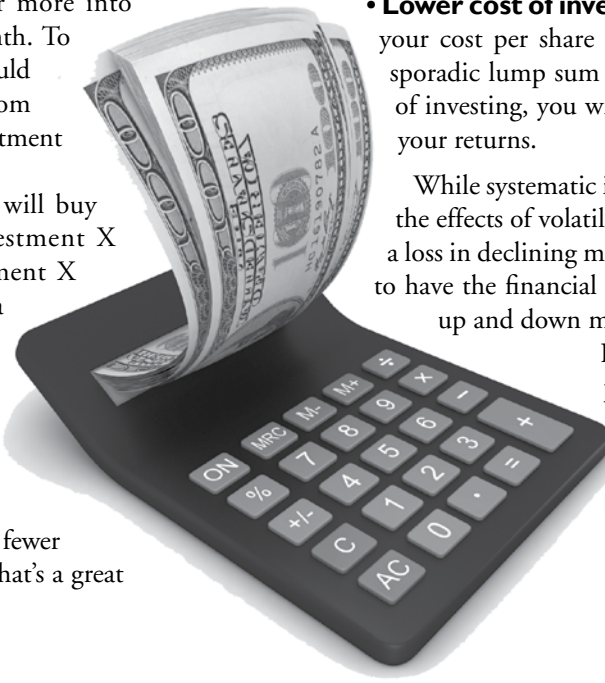
In other words, when you systematically invest, you'll automatically buy more shares when the price is low and fewer shares when the price is higher — and that's a great

way to cope with market volatility. But systematic investing also offers some other advantages, including the following:

- **Efficient share building** — The more shares you own of an investment, the bigger your cumulative gains whenever the price of that investment rises. Consequently, increasing your shares should be a prime objective — and systematic investing is one way of building your share ownership.
- **Investment discipline** — Most people realize the value of investing for their retirement and other long-term goals, but they often put it off each month and find other things to do with the money — and by then, there's often nothing left to invest. But by setting up a bank authorization to invest systematically each month, you'll "pay yourself first."
- **Lower cost of investing** — Through systematic investing, your cost per share likely will be lower than if you made sporadic lump sum investments. And by lowering the cost of investing, you will, in effect have the potential to boost your returns.

While systematic investing is typically a good way to fight the effects of volatility, it can't guarantee a profit or prevent a loss in declining markets. And keep in mind that you need to have the financial wherewithal to keep investing through up and down markets.

But if you have that ability, consider putting systematic investing to work for you. It may not be glitzy or glamorous, but it may work for you.



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## NATURE WATCH

### *Filter Feeders*

by Jim and Lynne Weber

What makes no sound and cannot see? Often lives for decades, but seldom moves from a secure spot? Causing a stir, making us ponder their future as well as our own? The answer to this riddle is freshwater mussels! Nearly three hundred species of native freshwater mussels (also called unionids) live in the United States, with more than 50 of them found in Texas. Yet nearly 70% of the known species are extinct, endangered, or in need of special protection, largely due to the changes that have occurred in their ecosystem in the last 200 years.

Living buried in the sand and gravel at the bottom of river and streams, with a few adapted to the quiet waters of lakes and ponds, freshwater mussels are filter feeders. They draw their food to them by siphoning water into their shells and using their gills to filter out algae and small particles from the water and to take in oxygen. Although freshwater mussels have a muscular 'foot', they don't move very much but use this foot to burrow into the mud or provide limited travel if disturbed by droughts or floods.

Freshwater mussels are protected from predators by a hard, calcium-based shell consisting of two halves joined by a hinge. Thin-shelled species live on average 4 to 10 years, while thick-shelled species can live 20 to 40 years or more. With colorful common names including terms like floater, pocketbook, fatmucket, pimpleback, pistol grip, and washboard, Texas unionids were often named after items that resembled the shapes of their shells, by those who harvested them for their pearls and for use in the shell-button industry. Fifteen species of Texas freshwater mussels are now on the state threatened list, which means they are protected and cannot be collected or killed. Those found in the Colorado River system in central Texas include the False spike (*Quadrula mitchelli*), Smooth pimpleback (*Quadrula houstonensis*), Texas fatmucket (*Lampsilis*

bracteata), Texas fawnsfoot (*Truncilla macrodon*), and the Texas pimpleback (*Quadrula petrina*).

In addition to their unusual common names, these bivalves also have a very unusual reproductive cycle. First, eggs held inside the female need to be fertilized by sperm released into the water from a nearby male. The resulting young mussels, or glochidia, are in turn released by the female and temporarily attach themselves to a fish's fins or gills. This sounds like tricky business, and it is!

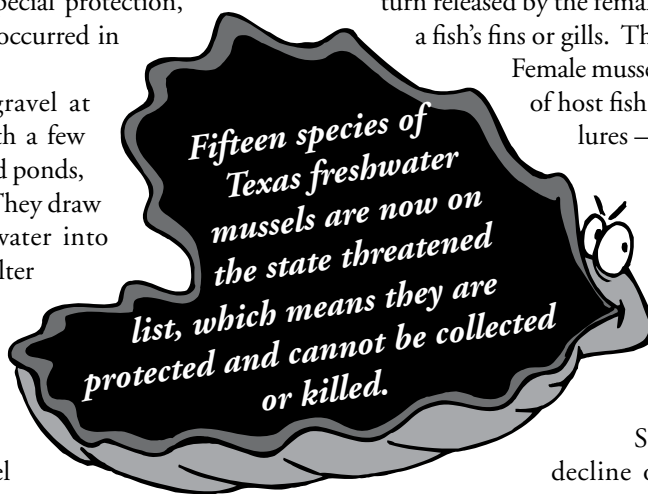
Female mussels have evolved to attract certain species of host fish by using insect, worm and fish-shaped lures – tissue-based extensions of their bodies – developed to bring the fish in close enough for the dispersed glochidia to attach. During this harmless parasitic stage, the glochidia grow into tiny mussels and within a few weeks drop from the fish and down to the river bottom or stream bed to mature and continue the cycle.

Sadly, there are many reasons for the decline of freshwater mussel populations in

Texas, and most of them are man-made. Changes in the natural flow of rivers and streams due to dams and lake construction, increased deposition of silt due to runoff caused by the clearing of indigenous vegetation, introduction of aquatic contaminants and exotic plant species, and the lack of native fish hosts are a few of those reasons contributing to the decline.

Freshwater mussels are an important indicator of the vitality of our aquatic ecosystems. Healthy populations would reflect more pure, clean water for humans as well as many other aquatic plants and animals!

Send your nature-related questions to [naturewatch@austin.rr.com](mailto:naturewatch@austin.rr.com) and we'll do our best to answer them. If you enjoy these articles, look for our book, *NatureWatch Austin*, to be published by Texas A&M University Press in 2011.



## Northwest Austin Circle of Friends Spring for Children Membership Drive

Northwest Austin Circle of Friends would like to invite you to our Spring for Children Membership Drive. Bring the kids & join us for a fun afternoon in the park to find out what our group is all about and how you can help Dell Children's Medical Center.

Northwest Austin Circle of Friends, organized in 1997, is a group of neighbors, friends, and community members from the northwest Austin area who meet once a month and host 2 FUNdraising events per year. All proceeds from these events directly benefit to Dell Children's Medical Center of Central Texas. There are currently 11 Circle Of Friends chapters in the Austin area, with each chapter being committed to continued support through grassroots fundraising activities throughout the year. In the northwest Austin area, we are blessed with a large and diverse population, and the sky is the limit when you consider what we can do for such a worthwhile cause – we just need more members to help.

So please come join us to learn more about this fun way to help the children!

Northwest Austin Circle of Friends  
Spring for Children Membership Drive  
Sunday May 2, 2010 from 2:00 – 5:00  
Mountain View Park  
9000 Middlebie Dr.\*, Austin, TX 78750

- Drop by and find out what our group is all about, meet some members and Dell Children's representatives, find out how you can join or help the cause
- Come and go, presentations at 2:45 and 3:45
- Free: kids' activities, refreshments, music, and door prizes

Circle of Friends - Raising funds and awareness for Dell Children's Medical Center

\* In The Mountain subdivision

Turn off of Spicewood Springs Rd onto Scotland Well Dr., then right on Westerkirk Dr, parking lot is down on the left (Middlebie Dr is a cul-de-sac, no parking)

For more info, contact Karen Peoples: [klpeoples@austin.rr.com](mailto:klpeoples@austin.rr.com), 219-9628,

Website: [dellchildrenscircleoffriends.org](http://dellchildrenscircleoffriends.org)

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# News You Can Use

## Austin Newcomers Club May Luncheon

Austin Newcomers is a social organization dedicated to introducing residents to the Austin Community and giving them the opportunity to meet and make new friends. Join us at our monthly luncheon as well as take the opportunity to learn about and become involved in many of the varied fun Interest groups.

**Time:** 11:00 AM Social - 12 Noon Luncheon

**Date:** May 19, 2010  
(Reservations required by Thursday, May 13th)

**Location:** Green Pastures Restaurant  
811 W Live Oak Street, Austin, 78704

**Luncheon Cost:** \$20 per person

**For Luncheon Reservations email:** LuncheonDirector@  
AustinNewcomers.com or contact Marilyn Amey, 473-0118

**For other Newcomers Information Visit:**  
www.austinnewcomers.com or call 512-314-5100

**May Program:** Dillard's—For the Style of Your Life

Spring is here with summer not far behind. It's time to perk up your wardrobe to be fashionably ready for fun in the Austin sun! Let the Newcomers Fashion Show featuring our very own models help you learn what's hot and what's not in this year's styles and hues.

May's program will feature outfits from Dillard's, Inc., one of the nation's largest fashion apparel and home furnishings retailers. Amy Fitz, manager of the Hill Country Galleria location since its opening in September 2007, will be the show commentator. Amy has been with Dillard's for 21 years and has worked in seven locations throughout Texas and Kansas.

The Newcomers Fashion Show is always a popular event.



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## Gardening in the Hill Country

Spring is in full swing with bright green mornings full of sunshine and bird song. Area garden centers are bursting with eager gardeners loading carts with compost, flowers and landscape supplies. While riding the energy of the season to beautify your yard, keep in mind a few things that will help the garden flourish through spring and summer.

Healthy soil supports a healthy landscape. Dedicate energy every year to improving your soil, and you will be richly rewarded with better blooms, improved water efficiency, and fewer disease problems. Work compost into garden and flower beds, and top-dress established areas and lawns with compost. Compost improves soil quality, and reduces or eliminates the need for fertilizer.

Water your garden efficiently and effectively. Although some watering is necessary to sustain gardens in the Hill Country, many people water too much! Over-watering wet or shallow soil results in weakened or diseased plants as well as runoff (water and money down the storm drain). For our thin and clay Hill Country soils, ½ inch, twice per week is the maximum amount you should need to water—even during the heat of summer. During spring and fall, ½ inch once per week is plenty.

Watering between dusk and dawn further increases the effectiveness of the water you use by reducing evaporation and increasing the amount of water that makes it to plant roots.

Twice per week summer watering is good for landscapes and also good for water supply. Over 60 percent of residential water is used on landscapes in the summer, resulting in water treatment plants experiencing peak demands. Efficient watering reduces the need to built new water treatment plants.

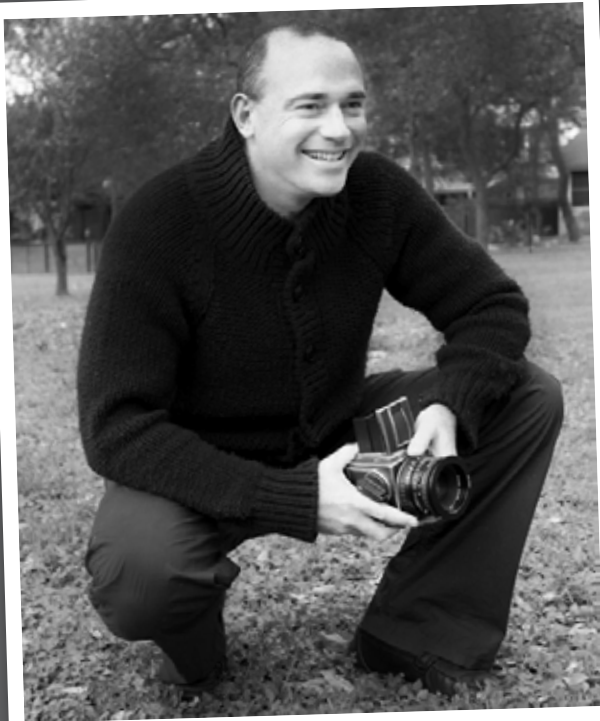
The City of Austin requires their customers to water no more than twice per week watering schedule effective May 1 through September 30. LCRA encourages all of its retail customers to follow Austin's schedule. The watering schedule is as follows:

**Odd Addresses: Wednesday And Saturday**

**Even Addresses: Thursday And Sunday**

**Commercial And Hoa Common Areas: Tuesday And Friday**

Healthy soil and efficient watering will assure that the vibrant flowers in your shopping cart at the garden center thrive in your yard throughout the growing season. Be sure to consider using native and adapted plants that are drought tolerant. For more information on drought tolerant plants and tips on water conservation, go to the LCRA web site: <http://www.lcra.org/water/save/index.html>.



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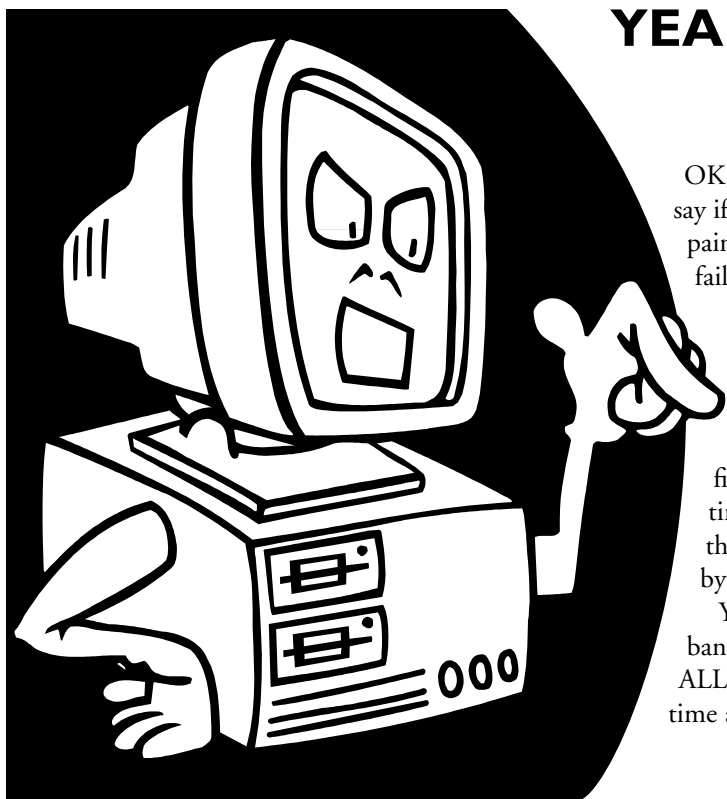


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## YEAH YEAH, BACKUP BACKUP, *Nag Nag!*

OK, my clients are used to hearing it, "backup backup backup." I can say it often but it's never too often. Let me put it another way, how much pain are you willing to endure? The hard drive in your computer WILL fail someday. So WHEN it does, how are you going to feel? School's almost out for the summer. How will you feel when that final paper or report disappears right before you're ready to submit it to the teacher or professor?

Maybe you're a young family, and you have thousands of digital photos and videos recording everything your babies have done their first few years. Their first haircut, first birthday, first Christmas, the first time they walk, their FIRST WORDS! All in a pristine, digital format that is very easy to duplicate, yet all GONE, possibly never to be seen by anyone again.

You use something like Quicken or Microsoft Money and keep your banking records on your computer, or you own your own business and ALL your financial records are stored on your hard drive. It's almost tax time and the information can't be retrieved. You now have to spend days

*(Continued on Page 29)*

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## Yeah Yeah, Backup Backup - (Continued from Page 28)

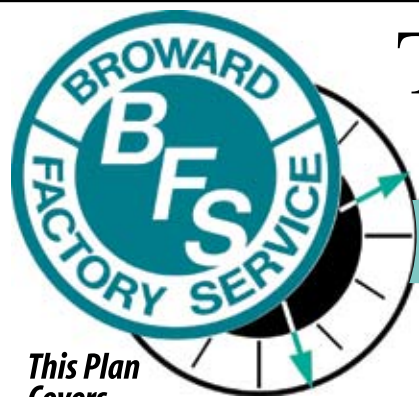
or weeks recreating your records as best you can (this happened to a client of mine.) The “computer ate my homework” won’t fly with the IRS.

So I’ll ask you again, how much pain are you willing to endure? You do have a few options to backing up your valuable data. One way is to do it yourself (I’ll go into more detail later.) Another way to preserve your memories is to pay someone else to do it. Yet a third way is probably the most common way, intentional or not – prayer. No plan, no system, just the hope that nothing goes wrong with their computer. Since I’m not aware of a Patron Saint of the PC, I’ll concentrate on the first two methods – you’re on your own for the third option.

Want to do it yourself? Purchase an inexpensive external hard drive and plug it into your computer’s USB port. You can pick up a 500GB (that’s gigabyte) external hard drive at Best Buy for around \$80, and maybe a terabyte drive (that’s 1,000 gigabytes) for \$100. If you like to shop around online you can probably find something even cheaper. Just about anything you buy will include backup software. If you don’t like it, you can try downloading my favorite, SyncBack. Go to 2BrightSparks.com, click on “Downloads” and choose their freeware. Download SyncBack in whatever language you like and go at it.

Of course, if you’re not inclined for any reason to do it yourself, you can always pay someone to do the above for you. Also, you can keep the “upfront” cost to a minimum by going with an online solution. Two advantages are you don’t have to spend very much up front, and the other is that even in the event of burglary, fire, etc. you can buy a new computer and download all your backed up files. The two most well known services are Mozy and Carbonite, they cost about the same (\$55 a year.) Mac users also have me.com as an option (though it is a little more expensive.)

Now, not all hope is lost if your hard drive should fail. There are services available that will take your hard drive, have employees in “bunny suits” take it into a “clean room” (much cleaner than an operating room), disassemble it, remove the platters (the parts with the information) and rebuild it with matching parts in an attempt to extract the data. IF they are successful, plan on spending approximately \$2,000 to get the data back. It that’s a lot of money to you, then look at doing it yourself or hire an expert to do it for you. It’s not hard at all to do – but you need to do it. If you don’t, you’re going to remember how you were “nagged” and didn’t do anything when you could have, and there will be a geek waiting for your phone call.



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## Can the Weather Affect My Child's Asthma?

### Weather and Asthma

The effect of weather on asthma symptoms isn't fully understood, but clearly there is a link. Numerous studies have shown a variety of connections, such as increases in asthma-related emergency department visits when certain weather conditions are present. Some people find that their asthma symptoms get worse at specific times of year. For others, a severe storm or sudden weather change may trigger an attack.

Exposure to cold, dry air is a common asthma trigger and can quickly cause severe symptoms. People with exercise-induced asthma who participate in winter sports are especially susceptible. Dry, windy weather can stir up pollen and mold in the air, leading to problems for some people.

Hot, humid air also can trigger asthma symptoms, and wet weather encourages the growth of mold spores, another asthma trigger. In certain areas, heat and sunlight combine with pollutants to create ground-level ozone, which is also an asthma trigger.

Studies have shown that thunderstorms can trigger asthma attacks. One study showed that during thunderstorms, the daily number of emergency department visits for asthma increased by 15%. The study concluded that the problem was caused by the number of fungal spores in the air, which almost doubled. It wasn't rain, but the wind, that caused this increase. Changes in barometric pressure may also be an asthma trigger.

### Avoiding Allergy Triggers

If you suspect weather is playing a role in your child's asthma, keep a diary of asthma symptoms and possible triggers and talk to your child's doctor. Once you know what kind of weather triggers asthma symptoms, you can take steps to protect your child:

- Watch the forecast for pollen and mold counts as well as other conditions (extreme cold or heat) that might affect your child's asthma.

- Limit your child's outdoor activities on peak trigger days.
- Make sure your child wears a scarf over his or her mouth and nose outside during very cold weather.
- Keep windows closed at night to keep pollens and molds out. If it's hot, use air conditioning, which cleans, cools, and dries the air.
- Keep your child indoors early in the morning (before 10 AM) when pollen is at its highest levels.
- Your child shouldn't mow the lawn or rake leaves, and should be kept away from freshly cut grass and leaf piles.
- Dry clothes in the dryer (hanging clothes or sheets to dry can allow mold or pollen to collect on them).
- Make sure your child always has rescue medication on hand.

Your child's written asthma action plan should list weather triggers and ways to manage them, including any seasonal increases in medication. A child whose asthma seems to be allergy-related may also need to see an allergist for medication or allergy shots.

*Reviewed by: Elana Pearl Ben-Joseph, MD*

*Date reviewed: June 2007*

**This information was provided by KidsHealth, one of the largest resources online for medically reviewed health information written for parents, kids, and teens. For more articles like this one, visit [www.KidsHealth.org](http://www.KidsHealth.org) or [www.TeensHealth.org](http://www.TeensHealth.org). ©1995-2006. The Nemours Foundation**



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				8	5			4
5	2				4		9	
6						8	4	
						7		
	3	1	5			2		
2		7						
		9		5				
	4			3		1	7	

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## Business Classified Ads

**JUST A PENNY:** You can run a business classified in the Circle C Ranch newsletter and reach all of Circle C for just a penny per home. Call 512-263-9181 for details.

## Personal Classified Ads

**FOR SALE:** Massage Chair, Human Touch Robotic, Black, Foot and Calf Massage, Kneading, Rolling, Percussion, remote control, reclines, great massage. Newly reconditioned in factory box. Original cost \$1900, asking \$950 obo. 512-535-5558 or mickeyleib@yahoo.com.

### *Business Classifieds*

**Business classifieds** (offering a service or product line for profit) are \$65, limit 40 words, please contact Peel, Inc. Sales Office at 512-263-9181 or advertising@PEELinc.com.

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# Advertise YOUR business to YOUR neighbors for less than 4¢ per home.

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*Call today to Reserve your space.*

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COMMUNITY NEWSLETTERS

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CC



# CIRCLE C 2nd ANNUAL BBQ COOK-OFF AND FAMILY FESTIVAL!



DATE: SATURDAY, JUNE 5<sup>TH</sup>

TIME: 5PM TO 9PM

WHERE: SWIM CENTER PLAZA

## ACTIVITIES WILL INCLUDE:

Games 2 Go • Volleyball & Basketball Tournament • Food vendor booths • Petting Zoo • Kid's Train • Live Music • People's Choice Awards (*requires donation to Adoption Coalition of Texas*) • & Much More!!

## ADMISSION IS FREE!

If you are interested in participating in the BBQ Cook-Off please see registration form on next page. The DEADLINE for submitting your entry form is Friday, May 28 – no exceptions!

If you are interested in being a FOOD vendor, please send us an email by May 24.

Questions? Call us at 288-8663 or email at [info@circlecranch.info](mailto:info@circlecranch.info)



CIRCLE C HOMEOWNERS ASSOCIATION



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[www.LazarLaw.com](http://www.LazarLaw.com)

# Circle C 2nd Annual BBQ Cook-off

## *Entry Form*

### CONTACT INFORMATION

Team Name \_\_\_\_\_  
Head Cook \_\_\_\_\_  
Team Member 1 \_\_\_\_\_  
Team Member 2 \_\_\_\_\_  
Team Member 3 \_\_\_\_\_  
Phone \_\_\_\_\_  
Address \_\_\_\_\_  
E-mail \_\_\_\_\_

### PARTICIPATION

- ☐ Brisket \$10.00  
☐ 1/2 Chicken \$10.00  
☐ Pork Spare Ribs \$10.00  
☐ Pulled Pork\* \$10.00  
☐ All BBQ  
☐ Beans\* \$10.00  
☐ People's Choice  
☐ All events

\* If you participate in the Brisket, Pulled Pork and Bean categories you are asked to donate a Brisket, pulled pork and Beans to the community

#### MAIL ENTRIES TO:

5919 La Crosse Avenue,  
Suite 100,  
Austin, Texas 78739

#### EMAIL ENTRIES TO:

info@circlecranch.info

#### FAX ENTRIES TO:

512.288.6488

### FRIDAY 06/04/10

6:00pm ..... Check-in and meat inspection starts

### SATURDAY 06/05/10

9:00 am ..... Cook's Meeting and tray distribution  
1:00 pm ..... Beans  
2:00 ..... Pulled Pork  
3:00 ..... Chicken  
4:00 ..... Ribs  
5:00 ..... Brisket

- Lone Star BBQ Society Rules apply
- Only one vehicle per team in cooking area
  - Quiet time begins at 12:00 am
- Public display of alcoholic beverage containers prohibited.
- No electric or water hook-ups

Signed \_\_\_\_\_ Date \_\_\_\_\_





## AUSTIN REAL ESTATE PARTNERS MARKET WATCH

HOMES SOLD



-2%

\$/SF



0%

SOLD \$K



-1%

DAYS ON MKT.



-6%

AVAILABLE



8%

PENDING SALE



13%

Circle C Ranch by Neighborhood	6 Months Sold History (10/09 thru 3/10)						Current Market	
	TOTAL	AVERAGE					TOTAL	
	Homes Sold	Square Feet	Price / Sq. Foot	Sold Price \$K	Year Built	Days On Market	Available	Pending Sale
Circle C Central	26	2,892	\$ 101	\$ 293	1993	89	21	8
North	14	2,099	\$ 127	\$ 266	1997	58	7	3
Wildflower	11	2,122	\$ 125	\$ 265	2002	52	9	6
On The Park	7	3,539	\$ 102	\$ 361	1996	150	7	0
Vintage Place	6	3,210	\$ 106	\$ 341	2004	28	4	2
Hielscher	25	3,140	\$ 115	\$ 362	2004	63	18	5
West	6	3,439	\$ 114	\$ 392	2005	132	2	1
Park West	9	2,305	\$ 136	\$ 313	2001	62	6	1
Park Place	4	2,503	\$ 118	\$ 295	2005	65	2	2
Muirfield	2	3,972	\$ 116	\$ 460	2005	115	6	0
Enclave/Stone Creek	8	2,721	\$ 118	\$ 321	2008	77	3	1
Alta Mira	12	2,971	\$ 123	\$ 364	2008	86	5	5
Fairway Estates	1	4,811	\$ 114	\$ 550	2009	235	1	0
Circle C Ranch Total	131	2,840	\$ 116	\$ 329	2001	78	91	34
% Change Mo/Mo	-2%	-1%	0%	-1%	0%	-6%	8%	13%

### What is your agent really doing to sell your home?

If you want the most money for your home, then you need an agent who is willing to make an intelligent investment on your behalf. Call us today at 288.8088 to learn more about our marketing budget designed specifically for your largest asset!

[www.AUSTINREPS.com](http://www.AUSTINREPS.com)



Market report data was obtained from the Austin-Multiple Listing Service (MLS) on 3/04/2010. In some cases new construction and FBSO homes are not included in the MLS data and therefore are not represented. Data is deemed accurate but not guaranteed.

