



Silverlake

news

Silverlake Homeowner's Association, Inc. Newsletter

May 2010 • Volume 2, Issue 5

WELCOME TO SILVERLAKE HOA NEWS

*Official Newsletter
of the Silverlake
Homeowners Association*

Silverlake HOA News is a monthly newsletter mailed to all Silverlake residents. Each newsletter will be filled with valuable information about the community, local area activities, school information, and more.

If you are involved with a school group, play group, scouts, sports team, social group, etc., and would like to submit an article for the newsletter, you can do so online at www.PEELinc.com, or you can email to silverlakenews@gmail.com. Personal news (announcements, accolades/ honors/ celebrations, etc.) are also welcome as long as they are from area residents.

GO GREEN! Subscribe via Peelinc.com to have an email sent to you with a link to a PDF of the newsletter, or have an email sent to you instead of having a newsletter mailed to you!



The Essence of the Community

In our last issue we talked about the “essence” of the community and how important a first impression is on visitors, especially people who may be considering purchasing a home in Silverlake. Should any one of us want or need to sell our property, we would hope to realize a price that reflects the maximum market value. Improving and maintaining property values is a part of creating the essence of a community and is a participative process. Each and every resident plays a part by taking pride in their neighborhood and community and especially in their individual property.

It's important to be considerate of neighbors and visitors. Although none of us wants to feel that we have been restricted unnecessarily, we acknowledge that deed restrictions are necessary and helpful in clarifying expectations for the neighborhood. Additionally, the HOA is asked to address specific issues and make recommendations from time to time. The management company (PCMI) and Board members receive emails voicing concerns of residents and asking for advice. Many of the concerns are not specifically addressed in the deed restrictions but do contribute to the essence of the community. For instance, parking cars in driveways and blocking the sidewalk, or parking cars in the street on a long term or regular basis can detract from that first impression, as well as interfere with your neighbors' ability to use the sidewalk or maneuver through the street.

This message is meant as a reminder to all of us to be ever mindful of our neighbors, our neighborhood, our visitors and our essence. Thanks for helping to make Silverlake a great community.

Let's Swim!

The 2010 pool season has begun! The HOA wants to make sure that all residents who want to enjoy the pools are aware of what they need to do to use the pools this year.

If you already have an access card and are in good standing, the only thing you will need to do is just show up at the pool with your access card in hand. You'll be able to start using the pool/ tennis courts. In addition, Southwyck Section I (4805 Northfork Road) and Southwyck Section IV (3131 Morgan Road) pools have the same access entry system so your Silverlake access card will allow you to access those pools also.

If you are new to Silverlake or you do not have an access card, you will need to complete the 2010 Registration and Indemnification form. Go to the Silverlake HOA website at: www.silverlakehoa.com. Fill out the form completely and mail to:

**Silverlake HOA,
P.O. Box 219223,
Houston, TX 77218**

PCMI will process your information and mail an access card to you. You will not be able to pick up your card from PCMI in person. The first card per household will be issued at no charge. All family members can be admitted with one card, and two guests are allowed into the pool per card. Each additional access card or replacement card is available at a cost of \$20.00 per card.

In addition, you will not be eligible to receive your access card or use any of the pools, tennis courts or other community amenities if there is a delinquency on your account. Please make sure your account is current. Any unauthorized persons using the facilities or those not adhering to the posted rules will be removed by the Brazoria County Sheriff's Department.

(Continued on Page 3)

IMPORTANT NUMBERS

BRAZORIA COUNTY SHERIFF	281-331-9000
POISON CONTROL	281-654-1701
CENTERPOINT ENERGY (GAS).....	713-659-2111
Report streetlights out	713-207-2222
(street lights need 6 digit pole #) www.centerpointenergy.com/outage	
RELIANT ENERGY (ELECTRIC).....	713-207-7777
MUD #2 SEVERN TRENT.....	281-579-4500
MUD #3 & 6 SOUTHWEST WATER CO	
(formerly ECO Resources)	713-405-1750
BRAZORIA COUNTY ROADS & BRIDGES	
(street and curb repairs)	281-331-3197
For street sign concerns	281-756-1548
WASTE MANAGEMENT	281-487-5000
MOSQUITO CONTROL	281-331-6106 EXT. 1532
EMERGENCY	911
(always use if life or property are at risk)	
NON-EMERGENCY.....	281-331-9000
ANIMAL CONTROL.....	281-756-2265
CALL BEFORE YOU DIG	800-245-4545
TEXAS DPS	713-681-1761

SILVERLAKE HOA INFO

C/O KHARA MATHEWS

Planned Community Management, Inc.
15995 North Barker's Landing, Suite 162
Houston, Texas 77079
KMathews@stes.com
281-870-0585

HOA website: www.silverlakehoa.com/

NEWSLETTER INFO

EDITOR

To Submit Articles/News..... silverlakenews@gmail.com

PUBLISHER

Peel, Inc. www.peelinc.com, 888-687-6444
Advertising advertising@peelinc.com, 888-687-6444

ARTICLE INFO

The Silverlake News is mailed monthly to all Silverlake HOA residents. Residents, community groups, schools, etc., are welcome to submit information. Personal news is also welcome. All submissions will be reviewed for content and approved by the Board of Directors and Newsletter Committee Chair. The deadline for submission is the 8th of the month before publication.

**NOT AVAILABLE
ONLINE**

Classified Ads

Personal classifieds (one time sell items, such as a used bike...) run at no charge to The Silverlake residents, limit 30 words, please e-mail silverlakenews@gmail.com.

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office at 512-263-9181 or advertising@PEELinc.com.



**Mulch • Compost • Soil Mixes
Natural Stone • Sand & Gravel
We've Got You Covered!**

**Look for us
in Your Neighborhood!**
For Pick-up or Delivery, we're open to the public.

www.livingearth.net

LIVING EARTH™

16138 Highway 6
(281) 431-3400
Iowa Colony, TX
1.3 miles west of 288 on Hwy 6

US COMPOSTING COUNCIL

Let's Swim! - (Continued from Cover Page)

Poseidon Pools has been re-contracted this year. We will again have monthly "Dive-In Movie" nights as well as other fun and games. We hope that this will be another summer to remember at Silverlake!

Pool/Tennis Registration and Indemnification forms and a complete Pool Schedule may be found on the Silverlake HOA Website at: www.silverlakehoa.com

Kiddie Pool Renovation

The new kiddie structure will be installed the first week of May 2010. Unfortunately this is the same week the pool will open. During this week of construction, we are asking Homeowners with small children to utilize the new splashpad that will be fully operational and accessible from the main pool area. We apologize for the delay, but the new and improved kiddie pool will be well worth the wait.

Kiddie Pool Coming Soon!

MOMS Club ®

Ever feel like you're the only person dealing with the unique issues that mothers face? You are not alone! Come meet other mothers at the MOMS Club!

The MOMS Club is an international, non-profit organization with 1,800+ chapters in seven countries. We are just for you, the mother of today!

Local chapters have monthly meetings with speakers and discussions, park play days, holiday family parties, outings for mothers and their children, and activity groups such as playgroups, arts and crafts, a monthly MOMS night out, and babysitting co-ops. We also do service projects that benefit children. Mothers may bring their children with them to our activities! While many of our members are at home mothers, the MOMS Club is open to all mothers.

FOR MORE INFORMATION CONTACT:

wcpearlandmomsclub@yahoo.com

www.momsclub.org

Be prepared for the next power outage.

Automatic standby generators provide peace of mind for you and your family.



- 24/7 Power Protection
- Hands-Free Operation
- Factory Trained Installer
- No Gasoline Required
- Kohler / Generac / Winco



www.coastalpowerproducts.com

(713) 213-4214

Upcoming Runs Around Town

6th Annual Pear Run 10k/5k/Walk

SATURDAY MAY 8, 2010

7:00AM

INDEPENDENCE PARK

The Pearland Citizens Police Academy Alumni Association will hold its 6th Annual Pear Run 10k/5k/Walk on Saturday, May 8, 2010 at 7am on a certified course in Pearland's Independence Park. There will be a free kids 1k fun run for children 9 years old and under following the 10k finish.

The Pearland Citizens Police Academy Alumni Association (PCPAAA) is an IRS Section 501(c) non-profit organization and the Pearland Police serve as advisors to the group. All donations to the Pearland Citizens Police Academy Alumni Association



are tax deductible.

This year we have added an additional component to aid in our fundraising efforts by giving the community at large the ability to make a monetary donation if they are unable to participate in the event itself. Please click the link on our website <http://www.pearrun.com/> if you would like to show your support with a tax deductible donation.

Silverlake Triathlon

SUNDAY, MAY 16, 2010

7:00 AM

SOUTHWYCK LAKE PARK
(SHELBY AND NORTHFORK)

ORGANIZED BY FITNESS
SOLUTIONS.

For more information contact Gaye Koenning: Phone 832-736-9700; Email: gayek@FitnessSolutions.net

Curb Numbering

Residents have asked about whether they may paint their house number on the curb in front of their house along with a logo. The Board of Directors has discussed this and feels it is a good idea as it will assist emergency vehicles to identify properties quickly. There are companies that provide standard size numbers and templates of logos such as an American flag, Texas flag, or college/ university logo. The BOD asks that that the logo be tasteful.

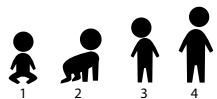


COLIN'S HOPE

Increasing water safety awareness and standards

FACTS YOU NEED TO KNOW ABOUT DROWNING

Drowning is the leading cause of unintentional injury-related death in children ages 1-4



DROWNING WILL AFFECT YOU OR SOMEONE YOU KNOW

Drowning is the 2nd leading cause of unintentional injury-related death ages 1-14.

For more information, check out our website at

www.colinshope.org

DROWNING CAN STILL OCCUR EVEN IF YOU KNOW HOW TO SWIM

NO ONE is "drown proof" – no matter their level of swimming ability.

Falls, entrapments, and injuries lead to drowning regardless of swimming level.

A majority of people overestimate their own and their child's ability to swim, especially in a panic event.

DROWNING IS QUICK AND SILENT



Drowning occurs in as little as 2 minutes.



Irreversible brain damage occurs in as little as 4 minutes.



Most children are out of sight or missing for less than 5 minutes and usually in the presence of 1 or both parents.



Most children die who are submerged for as little as 6-10 minutes.

Children who drown do not **scream, splash, or struggle**. They silently slip beneath the water, even with adults & lifeguards present.

LET'S TAKE PRIDE

In Our Community

First impressions are so important, and the curb appeal of your home creates that first impression. There are simple things you can do to create an outstanding first impression. Here are just a few:

- Trim yard trees to at least six feet above the sidewalk area.
- Power wash the siding of your home to remove mildew and discoloring.
- Power wash sidewalks and driveways to remove excess dirt and stains.
- Refrain from storing trash cans, recycle containers, hoses and lawn chairs in the driveway.
- Trim shrubs so that address markers/numbers are visible from the road.

Let the HOA know if your neighbor is not doing their part in creating curb appeal with these simple steps. Silverlake should sparkle and we should all be proud of our community.

Eagle Auction & Showcase

Friday, May 28 4:30 – 8:30 pm

The award winning Eagle Band and Catalyst Color Guard will perform for the Pearland community at the Eagle Auction and Showcase on Friday, May 28, from 4:30-8:30 at the district's newest high school campus on 2050 Cullen Boulevard.

The evening will kick off with an opportunity to bid on silent auction items and have dinner in the commons area. A baked potato bar with barbeque, salad, and dessert, will be served. Starting at 7pm guests can remain in the commons area for additional dining or move to the gymnasium where the Dawson Eagle Band Boosters will host a live auction featuring hotel package, symphony tickets, hunting trips, teen driving lessons and fun family adventures at Sea World, Schlitterbahn Waterpark and Kemah Boardwalk. The performance will be the finale for the evening along with final drawings and checkout of auction items.

Please join the Dawson Eagle Band Boosters in this fundraising effort to support the DHS Band and Catalyst Color Guard's 2010-2011 performance season. We'll see you there!

Tickets are \$5 in advance, and \$6 at the door.

For more information on the event go to www.dawsonseagleband.org. Any sponsors are encouraged to contact Lisa at 713-628-5190.



DOGGIE DAYCARE

Where Pets Play, Learn and Feel Loved

call 713-413-1633

to make your daycare reservation today.

pet lodging | daycare | training | grooming

13500 Furman Road • Houston, Texas 77047
713.413.1633 • www.meadowlakepetresort.com



**SCIENCE,
MATH &
ROBOTICS
SUMMER
CAMP**

See Below

MATHNASIUM

Mathnasium is Tutoring That Works.
Sophisticated assessments shape a customized learning program for each student. At each lesson, passionate, specifically-trained instructors provide one-on-one teaching to ensure success.

Learn More at Mathnasium.com

Session I: June 7th to July 2nd (9 AM to 4 PM - early drop off allowed)

Price: \$600 full day, \$350 half day (Mon-Thurs, Ages 8-16)

**CALL US TO ENROLL AT MATHNASIUM OF PEARLAND
(281) 412-9800, 8201 Broadway, Pearland, TX 77581**

Silverlake

Silverlake Stork Report

Congratulations!

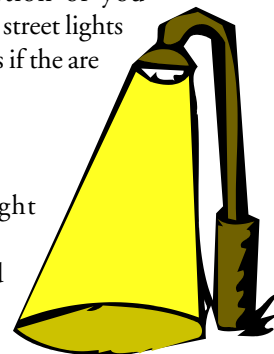
Let us help
celebrate...
email info on the
arrival of your
little one to
[silverlakenews@
gmail.com](mailto:silverlakenews@gmail.com).



Street Light Out?

If you notice a street light out Please report it to Centerpoint Energy. Please be aware that a portion of your maintenance assessments pay for all of the street lights in the subdivision, every month, regardless if they are illuminated or not! Follow these steps:

- Dial (713) 207-2222
- Choose a language preference
- Selection option "4" (for street light outages)
- Provide the 6 digit number (located approximately 5 feet up the pole), street name and closest address



Do You Have Reason to Celebrate?

We want to hear from you! Email [silverlakenews@
gmail.com](mailto:silverlakenews@gmail.com) to let the community know!



I know Silverlake, the homes in it and what it takes to get one bought and SOLD!

I can help you make a move, too!

So if you'd like to have an *experienced, hardworking, professional, a Certified Negotiation Expert and a Quality Certified Realtor* working for you,

CALL ME TODAY!
281-827-8751 direct
Or visit my website:
www.kelliwithkeller.com
kdilling@gmail.com

#1 Top Producer award
2009



2734 Sunrise Blvd; Ste 208; Pearland, TX 77584
Each office independently owned and operated.



WWW.YOURHFC.COM
(432)
866-HFC-1469

HOUSTON FLOOR COVERING & MORE
THE MOBILE SHOWROOM

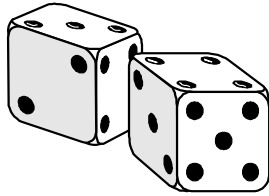
WE'LL BRING STORE TO YOUR DOOR

Carpet \$ 1.39 Installed Free Padding	Tile \$ 2.79 Installed Free Grout
Handscraped Wood \$ 5.09 Installed Including Trims	Granite Top \$ 27.99 Installed 1 and ½ "edge
Wood \$ 4.59 Installed Including Trims	Other Services: Kitchen Remodeling Shower Remodeling Backsplash Shutters & Blinds FREE ESTIMATE
Laminate \$ 2.89 Installed Including Trims	

We replace wooden spindles with iron balusters

BUNCO ANYONE?

We have had a resident inquire about forming a BUNCO group. If you or someone you know is interested in playing Bunco, please email silverlakenews@gmail.com and provide your contact information. If you are part of an existing Bunco group that is open to new members, please let us know when you play, so that we can post it in future newsletters. Thank you.



CALLING ALL *Bookworms!*

The Silverlake Book Club meets on the second Thursday of the month at 7 p.m. in a member's home. We discuss a wide variety of books including literary and popular fiction, classic novels, and nonfiction works. If you are interested in joining us, please contact Millie at millie0117@aol.com.

ANNOUNCEMENTS

Hoa Meetings

HOA meetings are held the 4th Tuesday of each month, 7:00 P.M. at the Recreation Center unless otherwise noted on the Silverlake HOA website. Meetings are open to members and your attendance and participation are encouraged!

Thinking Of Doing A Home Improvement?

Before making any improvements/repairs or additions to your home you must have A.R.C. Approval. Please visit www.silverlakehoa.com to obtain a home improvement form and A.R.C. Guidelines. As a reminder Silverlake CCR's prohibit stained or painted fences and portable basketball goals.

Electricity is **ON SALE** at StarTex Power!



Alan "Petrodamus" Lammey, host of 'Energy Week', can be heard every Sunday on 1070 KNTH in Houston.

I'm Texas Energy Analyst, Alan Lammey. In case you didn't know, electricity rates are currently at lows not seen in years, which means that NOW is the time to lock in a very low electricity rate with the provider that I highly recommend to all my radio show listeners: StarTex Power. StarTex Power is local and reputable, with some of the most competitive rates available in all of Texas. You can switch right online at www.StarTexPower.com

Sign Up Today Online: www.StarTexPower.com or call 866-917-8271
PLEASE USE "NEIGHBORHOOD NEWSLETTER" as your referral!

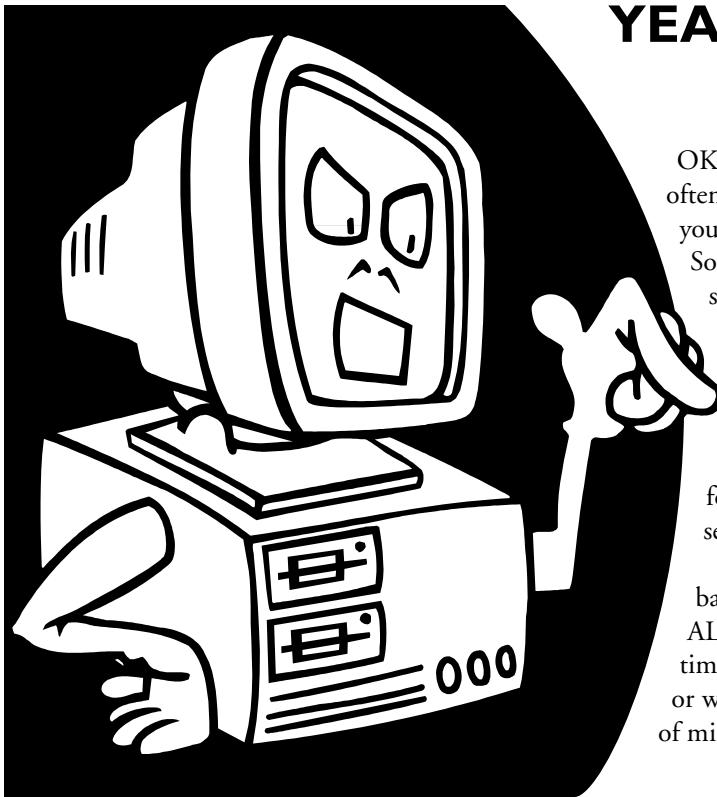


PUCT #10089

*"Highest in Residential Customer Satisfaction
with Retail Electric Service"*
... J.D. Power and Associates



StarTex Power received the highest numerical score among residential electric service providers in Texas in the proprietary J.D. Power and Associates 2009 Texas Residential Retail Electric service Satisfaction Study™. Study based on responses from 6,890 consumers measuring 15 providers and measures opinions of consumers with their electric service provider. Proprietary study results are based on experiences and perceptions of consumers surveyed between October 2008 and June 2009. Your experiences may vary. Visit jdpower.com.



YEAH YEAH, BACKUP BACKUP, *Nag Nag!*

OK, my clients are used to hearing it, "backup backup backup." I can say it often but it's never too often. Let me put it another way, how much pain are you willing to endure? The hard drive in your computer WILL fail someday. So WHEN it does, how are you going to feel? School's almost out for the summer. How will you feel when that final paper or report disappears right before you're ready to submit it to the teacher or professor?

Maybe you're a young family, and you have thousands of digital photos and videos recording everything your babies have done their first few years. Their first haircut, first birthday, first Christmas, the first time they walk, their FIRST WORDS! All in a pristine, digital format that is very easy to duplicate, yet all GONE, possibly never to be seen by anyone again.

You use something like Quicken or Microsoft Money and keep your banking records on your computer, or you own your own business and ALL your financial records are stored on your hard drive. It's almost tax time and the information can't be retrieved. You now have to spend days or weeks recreating your records as best you can (this happened to a client of mine.) The "computer ate my homework" won't fly with the IRS.

(Continued on Page 9)

Schools Almost Out....

There may never be a better time to buy a home!

Cindy Cristiano

RE/MAX Top Realty

www.MoveWithCindy.com

713-733-8200



*Buying or Selling is a Breeze this Summer
with my Concierge Services*

- * Premium Internet Positioning *
- * FREE 1 Hour Design & Staging Consultation *
- * Concierge Moving & Relocation Services *
- * Accredited Buyer Representation *

Serving Silverlake Since 1991



Yeah Yeah, Backup Backup - (Continued from Page 8)

So I'll ask you again, how much pain are you willing to endure? You do have a few options to backing up your valuable data. One way is to do it yourself (I'll go into more detail later.) Another way to preserve your memories is to pay someone else to do it. Yet a third way is probably the most common way, intentional or not – prayer. No plan, no system, just the hope that nothing goes wrong with their computer. Since I'm not aware of a Patron Saint of the PC, I'll concentrate on the first two methods – you're on your own for the third option.

Want to do it yourself? Purchase an inexpensive external hard drive and plug it into your computer's USB port. You can pick up a 500GB (that's gigabyte) external hard drive at Best Buy for around \$80, and maybe a terabyte drive (that's 1,000 gigabytes) for \$100. If you like to shop around online you can probably find something even cheaper. Just about anything you buy will include backup software. If you don't like it, you can try downloading my favorite, SyncBack. Go to 2BrightSparks.com, click on "Downloads" and choose their freeware. Download SyncBack in whatever language you like and go at it.

Of course, if you're not inclined for any reason to do it yourself,

you can always pay someone to do the above for you. Also, you can keep the "upfront" cost to a minimum by going with an online solution. Two advantages are you don't have to spend very much up front, and the other is that even in the event of burglary, fire, etc. you can buy a new computer and download all your backed up files. The two most well known services are Mozy and Carbonite, they cost about the same (\$55 a year.) Mac users also have me.com as an option (though it is a little more expensive.)

Now, not all hope is lost if your hard drive should fail. There are services available that will take your hard drive, have employees in "bunny suits" take it into a "clean room" (much cleaner than an operating room), disassemble it, remove the platters (the parts with the information) and rebuild it with matching parts in an attempt to extract the data. IF they are successful, plan on spending approximately \$2,000 to get the data back. It that's a lot of money to you, then look at doing it yourself or hire an expert to do it for you. It's not hard at all to do – but you need to do it. If you don't, you're going to remember how you were "nagged" and didn't do anything when you could have, and there will be a geek waiting for your phone call.

TRANSFORMED LIVES TRANSFORMED LIVING TRANSFORMING LIVES

ONE

CHURCH

.....

A NEW UNITED METHODIST FAITH COMMUNITY

www.1church.net

Sundays at Pearland ISD
Berry Miller Junior High School
Pastor - Darrel Newman
Worship Leader - Peter Scafidi
Worship Leader - Haley Brown
 Fellowship - 9:00 am • Education - 9:30 am
 Worship - 10:30 am

Bashans Painting & Home Repair

Commercial/Residential
Free Estimates

281-347-6702



281-731-3383 cell



- Interior & Exterior Painting
- Hardi Plank Installation
- Wood Replacement
- Sheetrock Repair
- Interior Carpentry
- Cabinet Painting
- Wallpaper Removal and Texturizing
- Pressure Washing
- Fence Repair/Replacement
- Garage Floor Epoxy
- Custom Staining
- Roofing
- Gutter Repair/Replacement
- Faux Painting

References Available • Fully Insured

NO PAYMENT UNTIL COMPLETION

bashanspainting@earthlink.net

HEALTH BRIEFS

Protect eyes, prevent long-term damage to sight

Taking precautionary measures to protect your eyes during the spring and summer can help prevent long-term damage to eyesight, said a Baylor College of Medicine ophthalmologist.

"Ultraviolet light has certainly been linked to the development of macular degeneration, cataracts and other vision-loss problems," said Dr. Elizabeth Baze, assistant professor of ophthalmology at BCM and deputy executive of the Eye Care Line at the Michael E. DeBakey Veterans Affairs Medical Center.

Baze offered tips you can practice to help protect your eyes from sun damage.

- When picking sunglasses, the bigger the better. "The more they wrap around and shield your eyes and the skin around the eyes, the more full protection you have," she said.
- Pick sunglasses that provide 99 to 100 percent UV protection. They do not need to be expensive to offer this.
- Use sunblock around the eyes.

- A broad-brimmed hat can add extra protection.

If you already have an existing eye condition like macular degeneration or cataracts, protecting your eyes from the sun should be a top priority on sunny days, she said.

"Practicing these measures can ensure for healthy fun in the sun," Baze said.

Psoriasis is more than skin deep

Psoriasis is more than just a skin disorder that might need treatment, say doctors at Baylor College of Medicine in Houston.

"Psoriasis is an autoimmune disease," said Dr. Sylvia Hsu, professor of dermatology at BCM.

"In about 10 percent of cases the disorder will affect the joints, a condition known as psoriatic arthritis."

Hsu said the first symptom of psoriasis is usually an itchy rash, caused by an overproduction of skin cells. It most commonly affects the scalp, elbows and knees. The rash can heal and come back

(Continued on Page 11)

Dr. Manley R. May, DVM ❖ Dr. C. Corbett Post, DVM

PEARLAND PET HEALTH CENTER

* Preventative Health Care
* Avian/Exotic Medicine
* Vaccinations
* Critical Care
* Surgery
* Internal Medicine
* Nutritional Consultation
* Advanced Diagnostic Screens



* In-House Lab Work
* Ultrasonography
* Electrocardiology
* Dentistry
* Radiology
* Boarding/Bathing
* Home Again Microchipping
* Euthanasia/Cremation Services

**Bring in this ad and get
10% OFF SERVICES
on your first visit!**
(New Clients Only)



OFFICE HOURS:

MON-FRI: 8:00am – 6:00pm, SAT: 8:00am – 1:00pm

DROP OFF HOURS: 7:00am – 9:00am

Walk-Ins Welcome, Appointments Preferred.



(713) 436-2555
10525 Hughes Ranch Rd. (CR 403)
Pearland, TX 77584
www.pearlandpethealthcenter.com



Turn on your **BRAIN,**
not your **TV!**

**REGISTER NOW AT OUR
PEARLAND LOCATION:**

**SILVER LAKE COMMUNITY CENTER
OR CHOOSE FROM OUR MANY OTHER
LOCATIONS ALL OVER HOUSTON!**



- ★ Preschool - 6th Grade
- ★ Full and Half-Day Camps
- ★ AM & PM Care
- Available at many locations
- ★ Fun and Educational
- Yes...you can have both!
- ★ Hands-on Activities
- Lots of take-homes
- ★ Qualified Instructors
- Classroom teaching experience



A 1st-6th grade camper makes SLIME!



Mad Science of Houston
713-663-7623 • madsience.org/houston

Health Briefs - (Continued from Page 10)

throughout a person's life.

Joint problems usually don't appear at the same time as skin problems, and in most cases they aren't severe, Hsu said. Many people may find they are stiff in the morning or become achy as the day goes on.

Treatment for the two symptoms can be given separately by a dermatologist or a rheumatologist. A form of treatment known as biologic therapy can be used to treat both. It can be given through injection and works by targeting the specific immune pathways that cause inflammation on the skin and in the joints.

"There is no cure for psoriasis but as doctors begin to better understand the cause of the disorder, therapies are becoming more effective and longer lasting," said Hsu.

Sling device helps prostate cancer patients manage incontinence

Men who have undergone prostate cancer surgery have a new option for managing incontinence - a common side effect and significant quality-of-life issue some men face after surgery, said a urologist from Baylor College of Medicine.

"Many men may become distressed and embarrassed when dealing with incontinence, or the loss of their bladder control, said Dr. Mohit Khera, an assistant professor in the Scott Department of

Urology at BCM.

A new sling device can help men manage their bladder function and control after surgery. In prostate cancer surgery patients, the urethral muscles are weakened by the removal of the prostate gland and subsequent injury to the surrounding urethral muscle.

To fit patients with the sling, doctors make a small incision under the scrotum. "The sling serves as a hammock for the urethra," said Khera. "It is made of polypropylene mesh and does not require any additional hardware or artificial materials. It's very natural."

Patients go home the day of surgery. They will have a catheter for one to two days and should be back to full activity in four weeks, Khera said.

Alternate treatments are more invasive and may be less tolerable to some patients, Khera said.

"We are making significant advances in improvement of quality of life following prostate cancer surgery," said Khera.

Traditional colonoscopy recommended over virtual method

The option for a "virtual" colonoscopy is now available but doctors at Baylor College of Medicine recommend sticking to traditional methods when screening for colon cancer.

(Continued on Page 12)

18TH ANNUAL

NEW HOME

Remodeling Show

SPONSORED BY FRONTIER CUSTOM BUILDERS

June 12-13, 2010 | Reliant Center, Houston

Buying? Building? Remodeling?



GHBA
Building a GREATER Houston

Discount coupon at
www.GHBAshow.com.

More Home Builders!

More Professional Remodelers!

**Housing Seminars &
How-To Workshops!**

Home Decorating & Design Experts!

**3,500 sq. ft. Showcase Home by
Frontier Custom Builders!**

**Susan Fruit Interiors'
"New American Home"!**

**Chef Scotty Campbell presents
"A Passion for Cooking"!**

Prizes & Giveaways!

Show Times:
Sat 9a-6p; Sun 11a-6p

**Admission: Adults \$9; Seniors \$7;
Kids 12 & Under Free**

Exhibit with us!
Member & nonmember exhibitors
welcome. Call 281-645-6654.

Silverlake

Health Briefs - (Continued from Page 11)

A virtual colonoscopy is a CT scan image of the colon and does not require the use of an endoscope - a thin, flexible device that is inserted into the colon.

"While a virtual colonoscopy may sound less invasive than traditional methods, it isn't always as accurate," said Dr. Waqar Qureshi, associate professor of medicine and chief of endoscopy at BCM. "A scan is more likely to miss small precancerous growths, and catching those polyps early is the key to preventing progression to colon cancer."

Studies have shown that polyps smaller than 6 mm are frequently missed by CT scanning, Qureshi said. For someone who is at high risk for colon cancer, missing a polyp can be deadly. Almost all instances of colon cancer begin as polyps, which are easily detected and removed during a colonoscopy.

Many times a virtual colonoscopy must be followed by the traditional method, he added, and both procedures require the same preparation, which includes laxatives, diet restrictions and in some cases certain medications must be stopped.

Colon cancer screening should take place every 10 years starting at age 50.

If colon cancer runs in a family, testing should begin earlier and be performed more often.

Sudoku

The challenge is to fill every row across, every column down, and every 3x3 box with the digits 1 through 9. Each 1 through 9 digit must appear only once in each row across, each column down, and each 3x3 box.

			2				1	
				8	5			4
5	2				4		9	
6						8	4	
						7		
	3	1	5			2		
2		7						
		9		5				
	4			3		1	7	

*Solution at www.PEELinc.com

© 2007. Feature Exchange

NEW LOW PRICES *in 2010!*

BUSINESS CARDS *Starting @ \$46.00*

ENVELOPES *Starting @ \$108.00*

LETTERHEADS *Starting @ \$91.00*

RUBBER STAMPS *Starting @ \$7.50*

■ *And Much More!*

ASK ABOUT OUR PROMOTIONAL ITEMS!

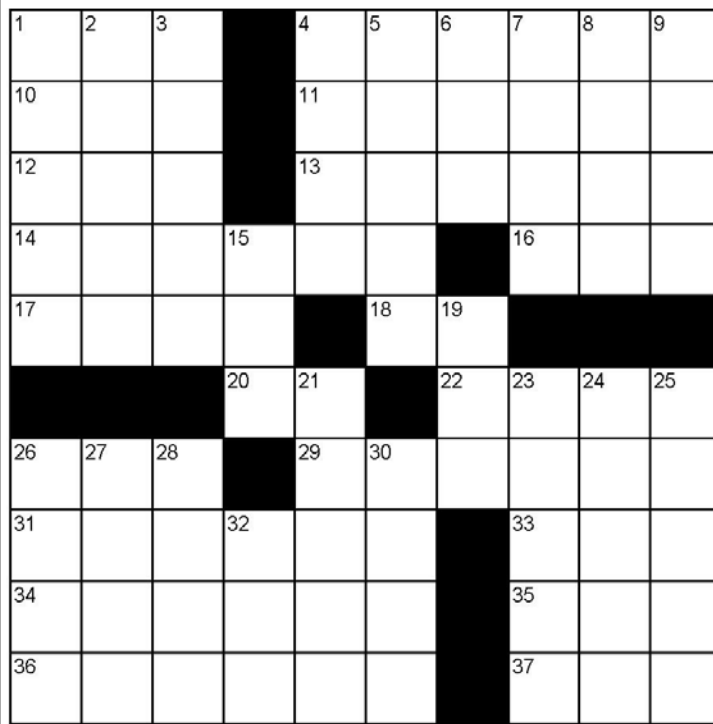
1-888-687-6444 ext. 24

Quality
PRINTING COMPANY

Experience Matters
Doing business for
30+ years.



Crossword Puzzle



ACROSS

1. Bad (prefix)
4. Asks for legally
10. Monkey
11. Author of "Sense and Sensibility"
12. Gross national product (abbr.)
13. Plan
14. More humble
16. Swab
17. Retired persons association (abbr.)
18. Education (abbr.)
20. Headquarters (abbr.)
22. Cool
26. Poisonous snake
29. African country
31. Penzoil is this (2 wds.)
33. MD
34. Build
35. Kimono sash
36. Walk quietly
37. Misty

DOWN

1. Lava
2. Sleep disorder
3. Biblical outcast
4. Casing
5. Money
6. Tree
7. Detail
8. Business note
9. Metal fastener
15. Kilometers per hour
19. Cell stuff
21. Capital of Ecuador
23. Give
24. Mud brick
25. Inferred
26. Account (abbr.)
27. Dress
28. Secondary
30. Rejoicing
32. Grain

© 2007, Feature Exchange

*Solution at www.PEELinc.com

Peel, Inc.

Printing & Publishing

Publishing community newsletters since 1991

Support Your Neighborhood Newsletter.

Kari Harrison

Sales Representative

713-855-1731

kari@peelinc.com



*Advertise your business
to your neighbors.*

1-888-687-6444

www.PEELinc.com

Get on the Best Sellers List!

with



*Patty
McCracken*

RE/MAX
PEARLAND
Each office is independently
owned and operated.



281-686-9301



Email: pattymccrackensells@gmail.com



Join us for a great evening of food and fun!

Sat. May 1, 4:30 - 8:00 pm

Epiphany Lutheran Church

5515 W. Broadway

***\$5 advanced ticket;
\$6 at the door.***



Boy Scout Troop 414



Spaghetti Dinner & Auction

Sat, May 1, 2010 - 4:30 to 8 pm

Family Life Center - Epiphany Lutheran Church
5515 W. Broadway, Pearland

*Enjoy spaghetti with meatballs, salad, bread and drinks.
There will be entertainment for the kids. For a list of the
great auction items, go to*
www.pearlandtroop414.com

SPECIAL!

**2-for-1 dinner ticket
with this page of the
Silverlake HOA
newsletter.**

To contribute an item for our auction, please contact
Jennifer at jn@pearlandtroop414.com or 832-754-1847



OBJECTIVE: Personal Service

11711 Shadow Creek Pkwy, #145
WELCOME!
713.436.4707
www.
LeBlanc
Insurance
Agency
.com

Personal & Business Insurance



**Advertise
Your Business Here
888-687-6444**

Recipe of the Month

Cheesy Potatoes

6 medium potatoes, cooked & chunked

Pour cooked potatoes into a lightly greased 8 x 10" baking dish.

Cook the following in ¼ lb. margarine or butter until tender:

1 small onion, chopped

1 green pepper, chopped

3 stalks celery, chopped

Add the following to cooked vegetables:

1 can cream of mushroom soup

1 small can evaporated milk

½ lb. Velveeta cheese

1 small jar pimentos

Sprinkle with parsley if desired. Stir until cheese melts and pour over potatoes. Bake in 350 degree oven until bubbly.

At no time will any source be allowed to use The Silverlake News contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the newsletter is exclusively for the private use of Peel, Inc. and the Silverlake HOA.

DISCLAIMER: Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

Advertise YOUR business to YOUR neighbors for less than 5¢ per home.

Effective Advertising, Done Right.

Call today to Reserve your space.

Peel, Inc.
COMMUNITY NEWSLETTERS

512-263-9181
www.PEELinc.com

SLV



Peel, Inc.

311 Ranch Road 620 S. Ste 200
Lakeway, TX 78734-4775
www.PEELinc.com

PRSR STD
U.S. POSTAGE
PAID
PEEL, INC.

SLV

Selling Your Home?

**Call
PEARLAND'S
#1 REALTOR!**

(YEAR AFTER YEAR)

**LISTED
STAGED**

MARKETED

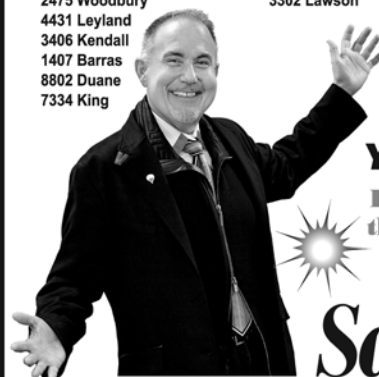
Sam *SOLD* It.com

**CALL TODAY!
832-200-5656**

Direct Impressions *Marketing*

Over 6,400 SOLD! These in 2009!

4811 Lakefront Terrace	5705 Melanite	2806 White Oak
5331 Carmichael Circle	814 Tyler Run	3404 Beacon Bend Court
3607 Englewood	3113 Dulcrest	2930 S Peach Hollow
13910 Littleborne Birdwell	7403 Thurov	13234 Stafford Colony
2710 Sandal Walk	9518 Ashville	6815 Caset Court
14202 Stone Bluff	3218 Edgewood	3519 Maverly Crest Court
3603 Beacon Court	4542 Mayflower	4151 Sorenson
3626 Garrettsville	1039 Sussex Trail	1022 Bristol Way
3803 Wimberly Hollow Lane	1439 Crystal Lake Circle	2905 Southbay
2707 West Oaks Boulevard	11207 Briscoe Lane	16711 Herridge
3211 Southdown	26123 Savory Springs	3342 Southdown
11207 Murr Way	3523 Sinvercreek	2662 Skyview Trace
3402 Huisache Court	2914 Burgess Hill Court	3036 Brooks Court
4707 Cedar Hill	15815 Ironside Creek Drive	1002 Bayhill
3210 Bennis Court	13620 Barton Meadow Court	1126 Lasso Court
9001 Sungate	3622 Willow Springs	0 Lee Road
903 N Wellsford	12205 Hidden River	3310 Stanton Court
11315 Windy Creek Drive	2643 Skyview Grove Court	2214 Manchester
5802 Orchard Spring	105 Brigadoon10939	3010 Ashton Park
4540 Mayflower	3815 Addison Drive	4202 Brentwood Park Drive
3826 Forney Ridge	5421 Jefferson	8114 Woodward
3214 Edgewood	19082 CR 669D	3630 Quiet Meadow
8107 Twin Hills	3015 Becket	5319 Dalton Reach
4026 Ashview	Arendale	17507 Shadow Lawn
4102 Galloway	1022 Tennyson	2738 S Cedar Hollow Drive
3410 Glastonbury	3214 N Peach Hollow	3207 Berryfield
10003 Hidden Falls	0 Blue Jay	4806 Lakefront Terrace Court
2111 Woodland Court	3307 Lightstar	5306 Silver Sage Lane
1039 S Wellsford	2041 Lee Road	2514 Cardinal Elm Street
2730 Skyview Knoll Court	14310 Windy Crossing	11304 Palm Bay
9612 Fairbrook Way	2511 Pecan Grove	8302 Radial Court
3614 Chadwick	1003 Vatican Court	3223 Worthington
2709 Golden Creek	7808 Gladstone	1122 Eastbour
3103 Aspen Lake	2712 Sienna Springs	1122 Eastbourne
3502 Parkshire	4313 Leeland Street	1007 S Wellsford
3706 Chatwood	3519 Cascade Springs	4522 Fox Run
3227 Spring Ridge Drive	1702 S Baden Oaks	4822 Linden Place
2475 Woodbury	3302 Lawson	822 N Wellsford
4431 Leyland		2603 Granite
3406 Kendall		6503 Woodhaven
1407 Barras		3318 Boursome
8802 Duane		11906 Southern Trails
7334 King		2419 Lansing
		16230 Knollridge Court



Your Home Here!

**Experience the MAGIC of
the Pearland Sam TEAM!**

**Sam
FERRERI**

PearlandSamTEAM.com

RE/MAX Top Realty Each Office Independently Owned and Operated.

