

CY-FAIR ISD HONORS VOLUNTEERS

Cypress-Fairbanks Independent School District honored district and state volunteer and business partner award winners during a Volunteer Appreciation Month ceremony on April 29, 2010. The award winners were nominated by various schools in the district at which the volunteers and business partners donate their time and resources. These extraordinary men and women were first selected as our district award winners and then competed against others in their categories from large districts at the state level. The state award winners were recognized by the Texas Association of Partners in Education during an awards luncheon held at their annual conference in Austin on January 26.

Pictured above from left: Pam Wells, CFISD Associate Superintendent for Facilities, Planning and Community Relations; TAG Team Members - Maria Baptista; Valerie Starrett; Mary Turner; David Porterfield; Celeste Heath; John McDonald; Jane Gillett; Yvonne Bukowski; Kim Nash, CFISD VIPS Global Chairman.

THE DISTRICT AWARD WINNERS ARE AS FOLLOWS:

- Business Partnership for Career Education: TexasOne Community Credit Union, Holbrook Elementary Partner;
- Community Partnership for Academic Impact: Cypress Bible Church – Loving Lamkin, Lamkin Elementary Partner;
- Community Partnership for STEM Award: Dynergy, Lieder Elementary Partner;
- Community Partnership for Health Award: Willbern PTO Track Planning and Construction, Willbern Elementary Partner.

(Continued on Page 2)



Pictured above third from left: Keith Irvine, Carrabba's Manager; Pam Scott, CFISD Director of Partners in Education; Representatives from Carrabba's donated and served lunch at the CFISD VIPS General Meeting on April 29, 2010.

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Fire
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Harris County Sheriff713-221-6000
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North Cypress Medical Center281-477-0830
Willowbrook Methodist281-477-1000
SCHOOLS
Cy-Fair ISD281-897-4000
Warner Elementary School
Spillane Middle School281-213-1645
Cy Woods High School
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Drivers License Info
Harris County Tax713-224-1919
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Newsletter Article Submissions

Interested in submitting an article? You can do so by emailing <u>blackhorse@peelinc.com</u> or by going to http://www.peelinc.com/articleSubmit.php. All news must be received by the 9th of the month prior to the issue. So if you are involved with a school group, scouts, sports etc – please submit your articles for the Ranch Record. Personal news for the Stork Report, Teenage Job Seekers, special celebrations and military service are also welcome.

KARI HARRISON Sales Representative

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Cy-Fair ISD Honors Volunteers - (Continued from Cover Page)

THE STATE GOLD AND DISTRICT AWARD WINNERS ARE AS FOLLOWS:

- Business Partnership for Academic Impact: Mustang Engineering, Watkins Middle School Partner;
- Individual Partnership Award for Partnership Advocate Award: Ms. Demitria Wright, Holbrook Elementary Volunteer;
- Individual Partnership as a Role Model: Mr. Abhay Mars, Lowery Elementary Volunteer.

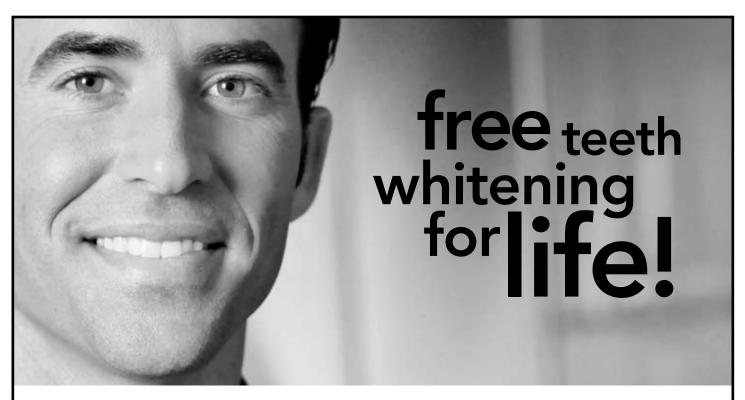
Another exceptional group of volunteers receiving special acknowledgement for their contributions to student success in the district was the Cy-Fair VIPS TAG (Targeting Achievement Globally) Team. The generous global volunteers who make up the "Team" go into identified elementary schools across the district and work alongside district helping teachers to tutor students in science. The TAG Team members were presented with Appreciation Certificates by Pam Wells, Associate Superintendent for Facilities, Planning and Community Relations.

The TAG Team volunteers have been very successful this year in helping increase student skills as well as improving the children's confidence and self-esteem. They have also found their volunteer work to be extremely rewarding and are the program's biggest proponents.

If you are interested in becoming a member of the VIPS TAG Team next fall, please contact Yvonne Bukowski at ybukowski@yahoo.com or the CFISD Partners in Education Office at (pamela.scott@cfisd. net or 281-894-3950).

The district congratulates these distinguished individuals and businesses for their awards and accomplishments and thanks them for their service to the students who attend our schools. And to every volunteer in our district, we celebrate each of you for the service you provide our students and staff all throughout the year.





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Seven Lemons Placed Third at the Texas State Competition

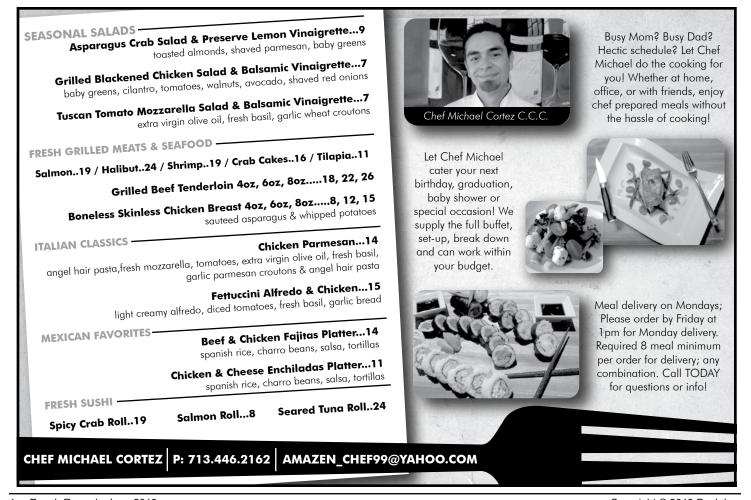
Months of teamwork and many hours of applying amazing, creative brain power has brought success to the Destination ImagiNation team "Seven Lemons" from Ault Elementary.

Destination ImagiNation (DI), is an extraordinary, non-profit organization that provides educational programs for students to learn and experience creativity, teamwork and problem solving. Teams are tested to think on their feet, work together and devise original solutions that satisfy the unique requirements of mind-bending challenges. Participants gain more than just basic knowledge and skills—they learn to unleash their imaginations, take creative approaches to problem solving and are highly encouraged to think "outside the box".

A team works to develop an innovative solution to their challenge problem over the course of many months and start competition at regional level tournaments. Fueled by their success at the Gulf Coast Regional competition, the "Seven Lemons" placed third at the Texas State Competition in Dallas and have earned the opportunity to compete at the DI Global Tournament. This is the first team from Ault Elementary to advance to the global level. For five days at the end of May, the "Seven Lemons" will compete alongside teams from all 50 states and 35 foreign countries at the University of Tennessee.



The "Seven Lemons" Destination ImagiNation team from Ault Elementary – top row (L-R) Grace Pereira, Mabry Smith, Calvin Pearce. bottom row (L-R) Bryan Woh, Kenny Grau, Riley Reddington, Michael Chan. Not pictured team managers Janet Grau and Rita Chan.



14YEAR OLD, ALICIA ADAMS

Inspires Houston To Takes Steps To Fight Digestive Diseases

Alicia Adams from Cypress is inspiring people in the Houston area to participate in the Crohn's & Colitis Foundation's South Texas Take Steps Walk on June 12th at 5:00pm at Discovery Green in Houston. Alicia Adams lives with Crohn's disease, which combined with ulcerative colitis, are painful and unpredictable digestive diseases impacting over 1.4 American adults and children including over 66,000 in Texas.

Alicia was diagnosed with Crohn's disease at 9 years of age. She lives with unpredictable and at times, excruciating pain. She has endured several surgeries and must remain on medication for the rest of her life, or until a cure is found.

"I HOPE THIS WALK WILL HELP TO RAISE AWARENESS ABOUT CROHN'S & COLITIS, AND THE MONEY NEEDED TO ONE DAY SOON FIND A CURE." says Alicia. "I JUST WANT TO BE NORMAL AND NOT HAVE TO LIVE IN SO MUCH PAIN."

The walkers raising funds in honor of Alicia Adams have been given all the necessary fundraising tools to raise critical research dollars for these diseases, including a free customizable Web page for fundraising support, fundraising advice and assistance, and banners for social networking sites like Facebook.

For more information about becoming involved in Take Steps for Crohn's & Colitis, visit www.cctakesteps.org or contact Angela Fay at 713-572-2232 or afay@ccfa.org

ABOUT TAKE STEPS

At over 100 Walk sites across the country, thousands of people will gather this spring and summer to join the fight against Crohn's disease and ulcerative colitis. Together we'll raise money for crucial research and raise awareness of these painful and unpredictable digestive diseases that afflict millions of people. After only two years, CCFA's Take Steps Walk has raised over \$13 million for research and

patient service programs. Our goal is even higher in 2010. We're committed to help transform the lives of those impacted by these diseases to one of a brighter future based on well-funded, cuttingedge scientific research. Join us now -- register today and take a step toward a future free from Crohn's and colitis!

ABOUT CROHN'S DISEASE AND ULCERATIVE COLITIS

Crohn's disease and ulcerative colitis are painful, medically incurable illnesses that attack the digestive system. Crohn's disease may attack anywhere from the mouth to the anus, while ulcerative colitis inflames only the large intestine (colon). Symptoms may include abdominal pain, persistent diarrhea, rectal bleeding, fever and weight loss. Many patients require hospitalization and surgery. These illnesses can cause severe complications, including colon cancer in patients with long-term disease. Some 1.4 million American adults and children suffer from Crohn's disease or ulcerative colitis, with as many as 150,000 under the age of 18. Most people develop the diseases between the ages of 15 and 35.

ABOUT THE CROHN'S & COLITIS FOUNDATION OF AMERICA

The Crohn's & Colitis Foundation's mission is to cure Crohn's disease and ulcerative colitis, and to improve the quality of life of children and adults affected by these diseases. The Foundation ranks third among leading health non-profits in the percentage of expense devoted to research toward a cure, and more than 80 cents of every dollar the Foundation spends goes to mission-critical programs. The Foundation consistently meets the standards of organizations that monitor charities, including the Better Business Bureau's Wise Giving Alliance (give.org) and the American Institute of Philanthropy (charitywatch.org). For more information, contact the Foundation at 800-932-2423 or visit www.ccfa.org.



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FAIRFIELD SPORTS ASSOCIATION

Baseball and Softball is wrapping its season up but we have others around the corner. Summer Basketball is getting underway and we have Soccer and Volleyball in the Fall. We are making changes in two important areas. We have a new website so check it out. This is more user friendly especially for you MAC folks. We also have a new registration website This one will allow your family to create a family account. Once all your contact info is entered is in it for all long as your children play in Fairfield Sports. No more entering in the same information for each sport and each year. Also its one stop checkout with one payment.

- Login is through the Fairfield Sports Website.
- All families will be required to create an account the first time logging into our system. Please add all family members, players and parents by choosing the add children or add adult options (alternate contact information such as phone numbers and emails can be added when another adult is added to the account).
- This system will keep track of your account information for all sports that your children want to participate in. No more reentering contact and address information each time you want to register.

- When each sport has its standard registration process usually 2-4 weeks before tryouts, you will be able to register and make payments for any of the available programs. Through the registration system you will have access to all account information, including payments due, payments received, due dates, outstanding balances, etc.
 - If you have multiple players, please register them all at the same time. To do this after completing one registration click the continue shopping button to register another player.
 - The entire registration process occurs over a secure server using the highest security currently available.

FAIRFIELD SOCCER

- Fairfield Soccer offers a fun and competitive program for 4 13 year olds (boys and girls.) Soccer Registration will begin June 26th through July 25th. Player Assessments for 7-13 year olds begin July 27-29th.
- Sports Quest is also offering a Soccer Camp hear in Fairfield July 19-23rd. See www.sportsquesttraining.org for more details

VOLLEYBALL

Volleyball Registration will begin June 1st through August 1st.





American Business Women's Association

Cy-Fair Express Network (CYFEN)

Event: Cy-Fair Express Network Monthly Networking Luncheon

When: June 24, 2010 **Time:** 11:30 am – 1:00 pm

Where: Houston National Golf Club 16500 Houston National Blvd

Houston, TX. 77095

Networking and Business Luncheon

Cy-Fair Express Network invites you to their monthly meeting and luncheon. Lots of fun, networking, and giveaways. Bring plenty of business cards. Please make reservations by June 18 to Anya Lucas @ (713)459-2331 or anya@lucascarcare.com. More information @ www.cyfen.org.

Our mission is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition.

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RETIREMENT CHALLENGES

For Today's Families

I recently had the pleasure of hearing David Walker, the former Comptroller of the United States, speak to my company at a training session. Mr. Walker, who made the famous movie "I.O.U.S.A." is an expert at knowing how the country can reverse the trends of increasing government debt and seemingly unlimited entitlement spending. Now the President of the Peter G Peterson Foundation (www.pgpf.org) he paints a scary picture of what our future can hold if we don't act. In "I.O.U.S.A." he forecasts that without intervention, by 2035 the government will spend so much on defense,

social security, Medicare and interest on debt that there won't be enough money to pave a street. But it doesn't have to be this way.

He believes that the American people are more knowledgeable now than at any time in history about how our government spends money. This is the key to action. Mr. Walker is not a man prone to exaggeration – he is a factual

man. And he showed us how various arms of the government can be reformed in a sensible, step-wise manner, starting with a rethinking of tax and entitlement policy. Sure, he expects our taxes to rise in the future but there is really good hope that our taxes will be used more sensibly. This is real stuff, not a fantasy. In fact in May 2010 he led a by-invitation only summit of the best thinkers on both sides of the political scene to create solutions.

How will your family navigate these waters? Creating a financial strategy for living in this new world of

Help!

retirement is vitally important. Find out what it takes now to plan for rising inflation and taxes, future college costs, and changes to social security. Learn

> how to protect your assets from these headwinds and accumulate what you need for the future.

- Submitted by Rich Keith

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DABOMB.COM Wins 5th at State!

First time Destination Imagination team, DABOMB. COM from Swenke Elementary is proud to announce their 5th place win. After receiving First Place at Regional Tournament in February, the team

qualified to attend State Competition in Carrollton, Texas. DABOMB. COM competed with other elementary schools from all over Texas in the challenge, 'You're Gonna' Flip'. We are so proud of their accomplishments!



DABOMB. COM members include: (front row) Alyssa Price (5th), Amy He (5th), Carson Leonard (5th), Max Fondren (3rd), Aubrey Wells (4th)(back row): Melissa Broad (Team Manager), Areebah Ahmad (5th), Hannah Broad (5th).

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Lone Star College-CyFair Perspective

New Student Orientations Available

Take a tour, learn about campus programs, meet with an advisor, choose a schedule and register for summer and fall classes. Free sessions set June through August for new, transfer and non-traditional students as well as family and veterans orientations. Space is limited so pre-register online LoneStar.edu/cyfair-orientation. Call 281.290.3430 or e-mail cfoutreach@lonestar.edu

Just for Teens: Dual Credit, Driver's Education, Discovery College, Library Programs

Lone Star College offers several summer programs for teens. Earn high school and college credit simultaneously while experience college life with Dual Credit classes starting June 7 and July 15 held at LSC-CyFair. Go to LoneStar.edu/jumpstart-cyfair. Summer driver's education courses for teens ages 15 to 17 are available starting June 7, July 6 and again Aug. 2. Go to LoneStar.edu/drivers-ed-ce. Discovery College summer camp for ages 6 to 14 is available June 7 thought Aug. 6. Go to LoneStar.edu/youth-classes-cyfair. To find out about book clubs, SAT practice exams, Wii, baseball carnival and more library programs, call the teen librarian at 281.290.5248.

Cool off at the gallery, library and summer camp

Check out "Wabi-sabi" Objects by Chuck Schwarz, a visiting artist exhibition on display June 15 through July 8. An artist reception is set 1:30 p.m. to 3:30 p.m. June 16. Go to LoneStar.edu/bosquegallery. The Harris County Public Library Lone Star College-CyFair Branch offers a Summer Reading Program for children and adults. Call 281.290.3211. Discovery College summer camp (week-long sessions June 7 through Aug. 6) for ages 6 to 14 is under way. Go to LoneStar. edu/youth-classes-cyfair.

Wanted: People Who Need a Massage!

Come get a massage from the LSC-CyFair Massage Therapy Program students. Get an hour massage for just \$25. It's a win-win situation – you get a massage and with your help, these students will earn credit hours to be eligible to take the state or national board exam to become a Massage Therapist at the end of the summer. Massages will be offered Monday through Thursday only, from 9 a.m. to 9 p.m. through Aug.19. Call 832.482.1022 or e-mail cfmtherapy@lonestar.edu to schedule an appointment.

(Continued on Page 11)



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Lone Star College -

(Continued from Page 10)

L.I.F.E. Lessons in June

The Learning, Inspiration, Fellowship and Enrichment (L.I.F.E.) programs are free and held Wednesdays at 10 a.m. in the Lone Star College-CyFair Branch Library (Room 131.) Programs in June include "How Roads are Changing the World" with Harris County Judge Ed Emmett June 2; "Organic Sustainable Gardening" June 9; "Savvy Signing with Professor Level Hudson" June 16; "Watercolor in Spite of Yourself" with artist Tony Kram June 23 and "Fast for the Cure" with Chinese medical doctor, Dr. Mary Chen June 30. Call the library at 281.290.3214 for L.I.F.E. program information or go online to LoneStar.edu.

CY-FAIR KIWANIS CLUB

The Cy-Fair Kiwanis Kids Triathlon was held MAY 22 at the Langham Creek YMCA. Kids ages 7 through 12 participated the events of swimming, biking, and running. Because of Newsletter deadlines, no further information can be provided at this time. The Kiwanis Club appreciates the youth who participated, the parents who supported them and the Key Club members and advisors who assisted in the activities.

Come join us at the CY-FAIR KIWANIS CLUB and be a part of sponsoring children's activities, such as the Triathlon. CHILDREN PRIORITY ONE is the motto of Kiwanis Clubs worldwide. The Cy-Fair Kiwanis Club sponsors nine Key Clubs in the Cy-Fair High Schools; supports the Cerebral Palsy SIRE group, Girl Scout, Boy Scout, and Sea Scout troops and activities; provides scholarships to outstanding Key Club members in our district; assists at Cypress Assistance Ministries , Bear Creek Ministries; the Houston Food Bank; and other charitable groups.

Membership is open to persons of good character who adhere to the standards of good conduct in their community and believe in and subscribe to the objects of Kiwanis International. If you would like to know more about Kiwanis and the programs it promotes, we invite you to be our guest at one of our monthly meetings. The Cy-Fair Kiwanis meet at Hearthstone Country Club on the first, second, and third Tuesday of each month at 12:15 for lunch and informative programs. For more information, call John Carroll (Copperfield and Hearthstone areas) at 281-463-0373; George Crowl (Jersey Village area) at 832-467-1998; or Peggy Presnell (Fairfield and CyRanch) at 281-304-7127. If you live anywhere in the Cy-Fair Communities, you may call any one of the above for information. COME, BE A PART OF OUR FELLOWSHIP. See www.kiwanishoustoncyfair.com for more information.

Emergency Room Open 24 Hours



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Annual 12th Russian Children's Folk Festival 2010

Happy Families has been sponsoring orphaned children to participate in our Russian Children's Folk Festival since 1981! We plan to bring 15-20 children ages 6-12 from orphanages in the Kaliningrad region with their chaperones to Houston, TX in June 2010. The children will be staying with host families for 2 weeks.

School age children are one of the most deprived groups of Russian orphans. They have few chances for a bright future in Russia. The festival gives them a unique opportunity to see a different world outside of their orphanages.

These annual events have found much attention from the media, including coverage on ABC's Good Morning America and New York Times and many more. See details at www.happyfamilies.org.

What are the requirements to bring a child? Happy Families needs to raise about \$2,000 to bring each participant. This covers airfare, transportation in Russia, passports, visas, medical insurance, translation and coordination. We are asking for your support and participation in this project. Please contact us for additional information on how you can help.

Sincerely,

Svetlana Startz Director, Russian Children's Festival Svetlana@happyfamilies.org 281-871-8008

Trinh Le, Ph.D. Parent Volunteer trinhtole@hotmail.com 281-304-4361

Cy-Fair Storm

The 2002 Cy-Fair Storm is looking for 2 - 3 solid players to complete our roster. We practice 3 times a week at Dyess Park and will play 1 to 2 tournaments a month. We are a very competative, young team that is looking to stay together for quite some time.

Cy-Fair Girls Athletic Association A.D. Dyess Park 16822 Kitzman Road Cypress, Texas

Contact: CFSTORM2002@yahoo.com

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America is Good

- I believe in God and He is the Center of my Life.
- The family is sacred. My spouse and I are the ultimate authority, not the government.
- ➤ I have a right to life, liberty and pursuit of happiness, but there is no guarantee of equal results.
- I work hard for what I have and I will share it with who I want to. Government cannot force me to be charitable.
- The government works for me. I do not answer to them, they answer to me.

If you agree with any or all of the statements above then come to

The Glenn Beck 9/12 Project Organizational

meeting for Cypress on the second Thursday of each month.

IHOP Restaurant on Hwy 290 @ Rosehill

Get involved.

For more information, please call 281-373-9337.



Elisha Roberts Chapter, NSDAR

The Elisha Roberts Chapter, NSDAR will not be meeting for the months of June or July. We will restart our meetings in August. We meet the third Thursday of the month at Meson 1910 on Mason Road.

Our meeting times are from 7 pm to 9 pm. Our motto: God, Home, and Country.

Any ladies interested in joining who can prove direct lineage to a patriot in the American Revolution or someone who provided service in the American Revolution may join.

We are a friendly group of ladies who are looking for new members. If you are interested in joining, please feel free to contact, Laura Neal, Regent at: 281-256-3545 or you can email me at: lizardsareicky@ sbcglobal.net



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SUMMER HEAT CAUTIONS

Stay Safe This Summer

How dangerous is overheating in the summer months? According to the Centers for Disease Control and Prevention, from 1973 – 2003, excessive heat exposure caused 8,015 deaths in the United States. "Heat-related deaths and illness are preventable, yet annually many people succumb to extreme heat," says Dr.George Luber, extreme heat expert for the Centers for Disease Control and Prevention in Atlanta.

Summertime activity, whether on the playing field, running, boating, or just enjoying the great outdoors, must be balanced with measures that aid the body's cooling mechanisms and prevent heat-related illness. Know the symptoms of heat disorders and overexposure to the sun, and be ready to give first aid treatment.

Heat Cramps- are strong muscle contractions and usually affect the abdomen and legs. The condition usually improves with rest, water and cooler conditions.

Heat Exhaustion- caused by heat and dehydration but the effects are more serious than cramps. Symptoms may include

paleness, dizziness or fainting, nausea or vomiting, and an increase in body temperature. Rest, water and cool compresses (ice water on the back of the neck, etc) can help. For more sever heat exhaustion, IV fluids may be required.

Heat Stroke- The most serious of the heat related conditions. Heat stroke is most commonly brought on by strenuous exercise in hot conditions. However, it can also affect non-active individuals if the temperature is high enough. Visual signs include flushed, red look to the skin, the person often stops sweating**. This is one key sign that an individual is in an over heated condition. Also, a person with heat stroke might become delirious, unconscious, or have seizures. Lowering the body temperature and getting fluids into the person as quickly as possible is imperative.

Don't get caught off guard this summer drink plenty of water, wear plenty of sun-screen, and exercise early in the morning. Enjoy the summer season and stay safe.

- Submitted by Valerie Salinas



RANCH RECORD

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	June '09	July '09	Aug '09	Sept '09	Oct '09	Nov '09	Dec '09	Jan '10	Feb '10	Mar '10
\$451,000 and above	0	1	1	0	0	0	1	0	0	0
\$351,000\$450,000	0	0	0	0	1	0	0	0	0	0
\$276,000\$350,000	2	1	0	1	0	0	0	0	0	1
\$231,000\$275,000	0	0	0	2	1	1	2	0	0	0
\$201,000\$230,000	1	1	0	1	0	2	0	1	0	0
\$200,000 and below	0	1	2	0	0	1	1	0	3	0
Total	3	3	3	3	2	4	4	1	3	1
Highest \$/sq ft	\$85.34	\$96.37	\$112.57	\$80.11	\$93.18	\$95.07	\$145.25	\$84.70	\$74.26	\$85.00

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