

RANCH RECORD

Official Newsletter for the Steiner Ranch HOA

VOLUME 4 ISSUE 6 JUNE 2010



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Julia C. Hawthorne, DDS

G. DAN DEVINE, DDS

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COMMUNITY INFO

STEINER RANCH COMMUNITY ASSOCIATIONS OFFICE

12550 Country Trails Lane Austin, Texas 78732 512-266-7553 – Telephone 512-266-9312 – Facsimile www.steinerranchhoa.org

SUMMER OFFICE HOURS

SUMMER OFFICE HOOKS
Monday thru Thursday 1:00pm – 5:00pm
Friday
Saturday
STAFF CMCA, Executive Director Scott Selmanscott@steinerranchhoa.org
CMCA, Community Coordinator Sharon Adams
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Maintenance Manager Rafael Echazarreta rafael@steinerranchhoa.org
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Maintenance Technician Angel Alvarado
Maintenance Technician Macedonio Salazar

MISSION STATEMENT

Peel, Inc. Community Newsletters

Our goal is to provide the Steiner Ranch community with one source of local news content that is provided by Steiner Ranch residents. Our goal is to help build Steiner Ranch by connecting local businesses with residents and residents with relevant neighborhood information.

"Be the Community."

IMPORTANT NUMBERS

EMERGENCY NUMBERS	
EMERGENCY92	11
Fire	
Ambulance 9	
Sheriff – Non-Emergency	
Travis County ESD No.6/Lake Travis Fire Rescue	1)
Administration Office	33
Travis County Animal Control512-972-600	
STEINER RANCH CONTACTS	
Steiner Ranch Community Association Office512-266-75	53
Development Office512-266-583	33
SCHOOLS	
Leander ISD	
Cedar Park High School 512-570-120	
Vandegrift High School 512-570-230	
Canyon Ridge Middle School512-570-350	
Laura Welch Bush Elementary512-570-610	
Steiner Ranch Elementary	
River Ridge Elementary512-570-730	00
UTILITIES	
	1 1
Travis County WCID # 17	
City of Austin Electric	JU
Custom Service	12
Emergencies	
Call Before You Dig	
AT&T	22
New Service1-800-464-792	28
Repair	
Billing	
Time Warner Cable	20
Customer Service	55
Repairs	-
IESI (Trash & Recycle)	
Austin/Travis County Hazardous Waste512-974-434	
Tradelli, Travio County Trazardodo Waste	1.0
OTHER NUMBERS	
Lake Travis Postal Office512-263-24	58
NEWSLETTER PUBLISHER	
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Editor	
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GO GREEN! GO PAPERLESS!

Sign up to receive the Ranch Record directly to your inbox.
Visit PEELinc.com for details.

COVER PHOTO

Do you take great photos?

This month's cover photo was taken by John Flynn of his son Chris at a Steiner Stars Swim Meet at the Bella Mar Pool.

Do you take great photos?

Would you like to see your photo published?

We are looking for great cover photos for upcoming issues of the Ranch Record.

All photos submitted must have been taken in Steiner Ranch and we'd love to have something that pertains to this time of the year in some way, such as a Swim Team photo, camp photo or taking a hike on the trails. Our July issue submittal deadline is June 8th and photos should be submitted electronically by the deadline date in high resolution to Sharon Adams at sharon@steinerranchhoa.org.

By submitting your photo you agree to allow your photo to be published in future issues of the Ranch Record or other Steiner Ranch publications.

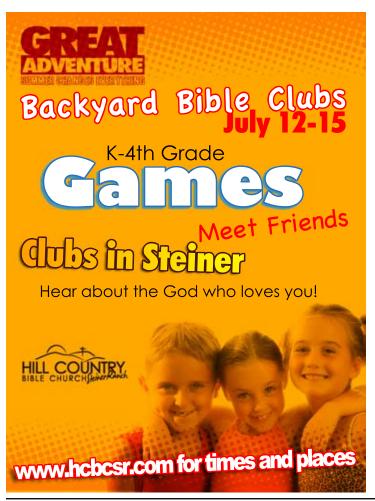
ADVERTISING INFO

Please support the advertisers that make The Ranch Record possible. If you are interested in advertising, please contact our sales office at 512-263-9181 or <u>advertising@peelinc.com</u>. The advertising deadline is the 8th of the month prior to the issue.

ARTICLE INFO

The Ranch Record is mailed monthly to all Steiner Ranch residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to <u>steinerranch@peelinc.com</u>. The deadline is the 8th of the month prior to the issue.





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GO PAPERLESS Sign up to receive the Ranch Record in your inbox. Visit PEELinc.com for details.

It's the buying season...





List TODAY!



Call Angie Noeth

THE Steiner Ranch Realty Sales Specialist (512) 695-7025 www.agent-angie.com



2010 Steiner Ranch Social Events

June 18 – Young at Heart "Mix & Mingle"

July 4 – Parade

Aug 21 – Concert in the Park

Sept 18 – Garage Sale

Oct 8-10 - Scrapbooking Marathon

October – Pumpkin Patch

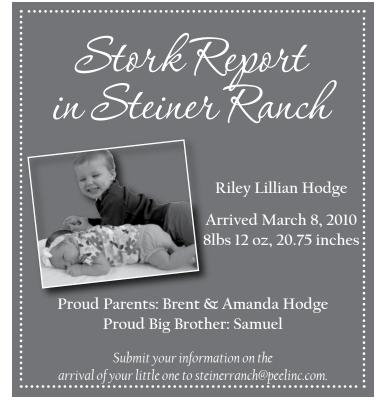
Oct 31 – Halloween Event

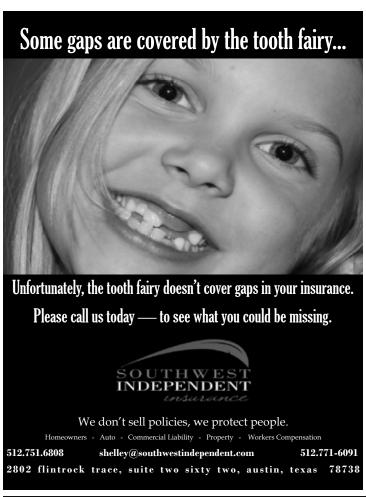
Nov 6 – Holiday Sales Event and Santa Pictures

Nov 13 – Camping on the Ranch

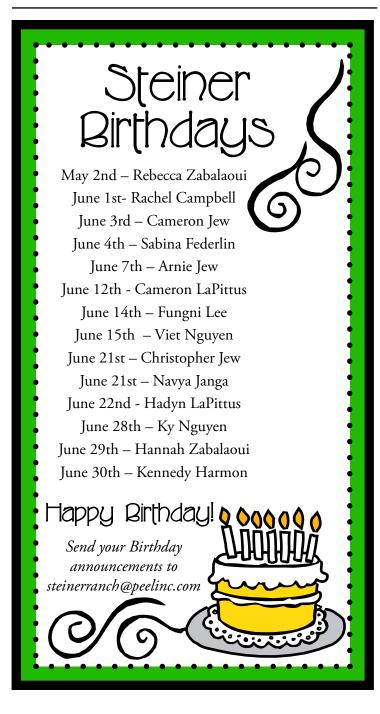
Dec 3 – Holiday Wine Social

All Events are tentative and subject to change or cancel











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SUMMER CAMPS IN STEINER

Our spotlight for this issue of the Ranch Record will be the camps being offered in June. Every year Steiner Ranch works hard to offer high quality camps during the summer and this summer is no different!

You can expect the kids to have ample opportunity for fun!

KIDYENTURE CAMP

06/07-06/11 BRAZIL - JOURNEY THROUGH THE AMAZON

Field Trip: Aquarena Center Tour and Environmental Program Guest Speaker: Capoeira Evolucao, Brazilian Martial Arts

Field Trip: Volente Beach Water park

Special Event: Inflatable Double Slip 'n' Slides for Splash Day! Register for Kidventure Camps at www.kidventure.com

LZM STUDIO

06/07-06/11 CREATIONS IN CLAY

9am – 12p; 6 – 9 year olds 1pm – 4pm; 10 – 14 year olds

Explore hand building with clay! Learn basic ways to build: pinching, coiling and rolling out slabs with a rolling pin. Build a sculptural rattle, an ice cream bowl and a decorative box and glaze them with beautiful colored glazes.

Register for LZM Studio with the HOA office.

STEINER BANCH TENNIS

06/7-06/11 and STEINER RANCH TENNIS CAMP

6/14- 6/18 4 - 14 year olds

Steiner Ranch Summer tennis camp is a fun and informative week of tennis fundamentals and games for kids ages 4 - 14.

To register, send email to Susan Pyle at susanpyle@austin.rr.com

DALLAS COWBOYS YOUTH FOOTBALL CAMP

06/14-06/16 DALLAS COWBOYS FOOTBALL CAMP

8am - 12p; 7 - 14 year olds

Join the Dallas Cowboys for fun filled football instruction this summer at the Westridge Fields in Steiner Ranch. Fundamentals of every position are taught each day.

Register online at www.neighborhoodsports.us

TAP N TOES DANCE STUDIO

1pm – 4pm; Ages 4 - 7

Dancers will learn the art of grace and poise while also putting emphasis on vocabulary words and memorization of choreographed dances.

06/21-06/25 HIP HOP CAMP

1pm - 2:30pm or 2:30pm - 4pm; ages 7 - 9

Simple free-style dance appropriately focused towards each specific age group. Familiar dance moves and songs from popular artists. Register at the HOA office.

SPORTBALL CAMP

06/21-06/25 and SPORTBALL MULTI-SPORT CAMP

6/28 – 7/2 9:30am – 12p; 3 - 7 year olds

Sports include: soccer, hockey, basketball, baseball, volleyball, tennis and golf in an indoor setting at the Towne Square Community Center.

Register online at www.sportball.us

BROWN'S GYMNASTICS

06/21-06/25 BROWN'S GYMNASTICS CAMP

1p - 4p; 5 - 10 year olds

Fun, fast-paced, upbeat gymnastics camp for boys and girls. Beginning and Intermediate floor tumbling, balance beam, horizontal bar, mini trampoline, cheerleading and much more.

Register at the HOA office.

MAD SCIENCE

06/21-06/25 SCIENCE EXPLORATIONS

9a – 12p; Ages 6 - 12

Explore the world of science! Discover space travel as you prep your "egg-stronaut" for flight and build your very own flying orbiter.

06/28- 07/2 SPYACADEMY

9am - 3p; ages 6 - 12

Become a Mad Science secret spy and take a fascinating journey into the world of detection, forensics and classified information.

Register online at www.madscienceaustin.com

AZTE* PROFESSIONAL SOCCER

06/21- 06/25 SOCCER CAMP

4 - 14 year olds

½ day and all day camps available at Westridge fields. Campers will receive an Aztex camp t-shirt, soccer ball, free game tickets, a graduation pack, Professional player appearances and coaching.

Register online at www.austinaztex.com

CHEER BLISS

06/28- 07/1 CHEERLEADING CAMP

1pm - 4pm; 5 - 10 year olds

Join us for four, fun-filled days of cheers, skills and mega-fun! Your child will develop sport-specific skills in our focused cheerleading camp. Register at the HOA office

See pages 20 and 21 for calendars of June and July Summer Camp Schedules.

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Steiner Ranch Orthodontics

4302 Quinlan Park Road
(Across from the Welcome Center in the Vista Ridge Center)

266 8585

Come see the difference a Board Certified Orthodontist can provide. Dr. James Waters graduated at the top of his class from the University of Texas Dental School in San Antonio in 1996. He served a one year residency at the University of Nebraska Medical Center and practiced for two years as a General Dentist in Oregon. Realizing the complexities of Orthodontics, he sought to pursue ADA accredited advanced specialty education prior to offering this service to the public. As all specialists are required, Dr. Waters left his General Dentistry practice to attend a 30 month Post-Doctorate University. After graduating Valedictorian from the prestigious Saint Louis University Orthodontic Program with a Master's degree in Orthodontics, Dr. Waters moved to Austin in 2001 and joined the nationally recognized practice of orthodontist Dr. Robert Kavieff who pioneered many early treatment techniques and appliances over his 40+ years in practice. Dr Waters worked side by side with Dr. Kavieff over the next year as he gained further invaluable experience from reviewing hundreds of cases and he learned techniques known only to those who have been in the specialty field for a lifetime. After retirement, Dr. Kavieff passed the torch to Dr. Waters who is pleased to open his new office to his neighbors in Steiner Ranch.

Come in and see our new office and see what Contemporary Orthodontics from a trained specialist can do for you and your family. We provide more than just a smile!

Meet Dr. Waters and receive your Complimentary examination today.

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Steiner Tennis League Spring Results

The Steiner Ranch Adult and Junior League Tennis Teams have had a great spring season. Many took first or second place and are about to compete in the playoffs at the local and state levels.

Ladies WTTA:

Flight 3 Aces Wild - 3rd Place

Flight 3 Cosmopolitans - 7th Place Won the Sportsmanship Award

Flight 4N SmashGirls - 1st Place Will move up to Flight 3

Flight 6 Second String - 7th Place

Flight 7S Hot Shots - 5th Place

Flight 8N Southern Slice - 2nd Place

Flight 9N 10SNE1 - 4th Place Won the Sportsmanship Award

Flight 9N Wonder Women - 5th Place

Flight 9S Spin Sisters - 6th Place

Ladies Weekday USTA:

3.5 Gimme a Break – 1st place & competed in the Playoffs on May 20th at UT Whitaker

3.5 Outlaws – 2nd place and competed in the Playoffs on May 20th at UT Whitaker

3.0 Kickin' Aces – 1st place and competed in the Playoffs on May 19th at UT Whitaker

Juniors:

Jr. Comp 1 Team – 2nd place and competed in the State Playoffs at Newks in New Braunfels on May 15th and 16th

Playoffs results were not available at print time.

Congratulations to all the Steiner Teams!

Water Aerobics

Towne Square Pool
Monthly
\$45 for 8 classes/month
Mon/Wed at 6:45pm
Tue/Thur at 9:15am
Classes are 50 minutes long

For questions contact Ann Sperling-Kennedy at askennedy@austin.rr.com.

Register using the 2010 Program Registration form found at www. steinerranchhoa.org



Trails Update

As the weather warms up, you may see a snake on the trail. Most resident snakes are harmless and keep down the mice population. They are on the move when the day heats up (usually 85 F and above) so head out early. If you see a branch hanging over the trail where it could be hazardous, just bring a hand saw on your next trip and cut it off. Note that any other cutting is never allowed in the greenbelts. Only your HOA is allowed to make trail repairs or reroutes - see below.

Our local Boy Scouts have been doing projects which are helping our trails be in the best shape they can. Grant Phifer built a rock crossing on Serrulata / Outback. Thank you, Boy Scouts! Is your favorite trail in need of repair or in need of better sign locations? If you see a problem on the trails, call the HOA at 266-7553 or visit http://www.steinerranchhoa.org under "Report A Problem." Be specific about the location on the trail, the problem you see, your ideas for a solution, and your contact information.

Construction of any kind is not allowed on the greenbelts or along trails. Recently a type of fort was found and removed on the Summer Vista; another was found in Westridge. Your HOA dollars are wasted paying for labor to remove these forts and the responsible parties are subject to fines. If you see any construction take a picture and contact the HOA. Recently a resident was injured when he fell against one of the T-posts which have been installed in some of our older trails. Please be careful around these T-posts as we work to remove them from the trail system.

Only the HOA is authorized to create trails in Steiner Ranch. Unfortunately, someone has been cutting down trees in our greenbelt trying to make rogue trail. These are not authorized trails and are actually dangerous routes. We don't wish to spend your HOA money trying to close and re-vegetate rogue trails. Instead, we want to hear from those who want new trails because we are actively looking at routes within Steiner to expand our trail system. Would you like to help us plan new trails? Contact your trails committee to get involved at 266-8498 or come to the next Trails Committee meeting on Thursday June 3 at 7PM at Bella Mar. All residents are welcome to attend. A trail signage project team is now forming: We are designing a system of labels for our trail sign posts. To get connected here and volunteer your design skills, contact the trails committee at 266-8498.

If you see any rogue trail cutting or dangerous activity, including motorcycles anywhere on the trails or in the parks, take a picture and call the Travis County Sheriff West Command at (512) 854-9728 and the HOA. Remember, your trails are private and are for your use, and your accompanied guests' use only.

SUBMITTED BY RICH KEITH





COME SEE EVERYTHING MEMBERSHIP HAS TO OFFER...

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WHAT ARE YOUR KIDS DOING THIS SUMMER?

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Our Summer Camps include: Sports Camp, Swim Team, Cooking Camp, Tot Camp, Group & Private Swim Lessons, Golf & Tennis Camps, Tap, Ballet, Hip Hop & Karate, Magic, Cheer Bliss, and Computer Explorer Camps *Membership is Not Required to Attend Camps!

Please call Raquel Hebben, the Membership

Director if you would like to receive information
regarding Membership or Summer Camps at
512.346.1114 (x3903) or email at
raquel.hebben@riverplaceclub.com

4207 River Place Boulevard Austin, Texas 78730 www.riverplaceclub.com

The Dominion



Golf Group

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Pool Update

Submitted by Rodney Mogen, Pools Committee Chair

Summer is upon us and that means kids out of school, hot weather and nothing better than refreshing at the pools. Remember that the pools are for all of us and your help to keep them enjoyable is expected and appreciated.

As of May 1st the summer hours are in effect, which, for Bella Mar, are Mondays 2 p.m. to 10 p.m., Tuesday through Sunday 7 a.m. to 10 p.m. While there might be some usage during those times throughout the summer that will close prospective pools, like the Steiner Stars using the Bella Mar lap pool; or swim lessons at the John Simpson Pool, we have tried to keep a lot of the pools open and accessible all summer long.

This summer we need to really make a conscious effort to be safe at the pools. Last summer the pools were well utilized. That is great. As homeowners though we need to make sure that we do our part to keep the pools safe for our children and open all summer long for everyone's use. While I understand following the rules isn't always easy or fun, they are there to ensure continual usage and for the safety of everyone.

To summarize, some of the major rules that are currently posted at the pools and in the H.O.A. By-laws that we ALL need to follow:

- 1. Don't prop open the gates to the pool. If you don't have a key fob, go to the HOA office and obtain one or get extra ones. (This will insure that small children from the park don't have access to the pool.)
- 2. Children under the age of 14 needs to be supervised by an adult over age 18. Supervision is considered actively watching their participation at the pool, not simply being on the grounds. There have already been a few cases where children under the age of 14 have been in the pool on a Saturday or Sunday morning with no parents nearby. This is a huge safety and liability issue; please help your children understand why we have this in place.
- 3. No glass containers in the pool area.
- 4. No roughhousing, running on the deck or jumping on the lane lines. No jumping off of the lifeguard towers or diving off the blocks or removing the block covers, unless you are there for a designated swim team activity.
- 5. If your children are still in diapers, the Bella Mar Lap Pool is OFF LIMITS to those children. The Town Center pool or the Bella Mar Splash and Baby Pools are available for children in diapers; they are easier to clean and drain if necessary and limit closure time. It is preferable that children this age stay in the baby pools, but we understand the desire to use the bigger pools. Last year we had to close the pool two times for 7 days while the chemicals cleaned the bacterial levels after a couple of accidents. This affects all of us so please help us with these guidelines.

The lifeguards that we are providing are generally kids from our community. They are being instructed on all these rules and are being asked to enforce them. Please keep in mind that while a lot of the guards are from our community, they might be a little apprehensive to enforce the rules to their neighbor or neighbors getting upset at them for doing their job, which will only lead to further problems, both safety and liability. In addition, while the lifeguards do patrol the whole pool area and are there to assist, their main job is to be looking at the water. The more their attention is taken from the pool to deal with open gates, running children, unattended children, picking up left over pool toys, the more there is an opportunity for another more serious safety and liability problem in the water. The lifeguards have been instructed to give one warning, and then on the second infraction, to limit water usage to that person and on the third infraction, the violator will be asked to leave the pool.

A quick reminder: there are two lap lanes at both John Simpson and Bella Mar that are set aside for Lap swimming. If they are not being utilized, feel free to use them. If someone does want to Lap Swim then please move aside if you are just "bobbing" along. We are trying to accommodate everyone in the community.

Summer usage is not all that the Pool committee is working on. There are several other items that we are trying to do to bring full time year round enjoyment of our great facilities.

While we will be having the Steiner Stars swim team sharing Bella Mar again, (Go Stars!), there will be more access in the evenings starting at 7:00pm, with full access at 7:30pm, almost 2 hours more time than last year. The Pool Committee along with the Facilities committee and the two Boards in Steiner, the SRROA and the SRMA, are trying to work out an arrangement to further utilize both Bella Mar and John Simpson for practices come 2011 to ensure even more pool usage time.

In addition, as you know the Bella Mar pool has been heated for the winter. We have stopped the heater for the summer, but it is never too early to talk about winter usage. We are working on trying to extend winter hours come September/October so that you can utilize the pool upon coming home from work. We will keep you updated.

We at the Pool Committee want you and your family to have a great time using the pool facilities. Making sure ALL the pool rules are followed, is an excellent step toward all of us being able to enjoy the pools and have a great and safe summer. Please remember our ability to use these pools is a privilege that we All would like to continue to enjoy.

If you have comments or questions about the pools please feel free to provide feedback at Rodney.g.mogen@gmail.com.

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13105 Bright Sky Overlook-VIEWS!



2317 Via Cordova Ct: SOLD!



3421 John Simpson Trail: SOLD!



912 Cavalry Ride: NEW/ PENDING!



11709 Lipizzan: NEW/PENDING!



12800 Ursa Major: NEW/PENDING!



1104 Grand Champion-NEW!



1108 Grand Chamption: PENDING!

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Mia Edwards, REALTOR® 512.426.6995
Mia@AvalarAustin.com



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Swimming Program for Adults

Come join the Masters Swim Program! The workouts are adjusted for everyone from beginners all the way to advanced -- no swim experience needed!! No intimidation allowed!! If you can swim one length of the pool, then you are ready to join in on the fun of working out in a heated pool! Currently, we have "newbies" who haven't ever participated in organized adult swim classes, new and experienced triathletes who want to improve the swim part of their triathlons, and experienced master's swimmers looking to enjoy an organized swim workout. Regardless of your skill level, you will find a lane with swimmers who match your ability and enthusiasm. For more information visit www.redgiantsmasters.org.

Our summer swim schedule is as follows:

- Wednesdays and Fridays at 5:30 a.m. until 6:45 a.m.
- Sundays at 6:30 a.m. until 7:45 a.m.
- \$30 per month for Residents

Come on and give it a try! It's easy to sign up:

- 1. You must be 18 yrs. and older.
- 2. Join U. S. Masters Swimming! (To be eligible to compete in masters meets, to get a great magazine, and for HOA insurance purposes) go to the United States Masters swimming website, www.usms.org/reg and join our team Red Giants Masters swimming. You can print your card immediately and take a copy to the HOA office.
- 3. Fill out the form at the HOA office, make your payment, and you are ready to begin!

This is a great program for you and your health, and a great way to meet new friends and be a part of a fun community of swimmers and neighbors!

2010 Steiner Stars Season Has Begun

Our swimmers have been working hard at practice during May and the first week of June to prepare for their first meet on June 5th. School is now out so Steiner Stars will begin the following practice schedule starting on June 7th:

Steiner Stars Red 7:30am – 12:30pm at Bella Mar lap pool (Tues-Friday) Steiner Stars Blue 3:30pm – 7:30pm at Bella Mar lap pool (Mon-Thurs)

We invite all residents to come to the following Saturday morning home meets and cheer on the children of Steiner Ranch:

June 12th, 26th and July 17th

Thursday, July 1st we will have an afternoon home swim meet with the Steiner Stars Red vs Blue. This will be a fun meet and great way for the community to come and see what Steiner swimming is all about.

We hope to see you there. GO STARS!!!!!!!

Please go to www.steinerstars.org for further information on the Steiner Stars Swim Teams.

SHOOTING STARS

All registered families on Shooting Stars should have received an invitation to join the yahoo group. If you have not, please check your junk email folder as sometimes the invite may go there first. All information posted on www.steinerstars.org is current and updated for the 2010 Shooting Stars season.

We are pleased to announce that former UT swimmer and 2004 & 2008 Olympian, Brendan Hansen as the head coach for the 2010 Shooting Stars. Our swimmers are in for a real treat this summer getting the opportunity to learn from a former world record holder in breastroke and one of the best in USA Swimming!

Shooting Stars is full and we do have a waitlist. Please contact Melinda McAfee at melinda@themcafees.net if your summer plans have changed and you no longer feel you can participate in the program.



Bella Mar Summer Swim Team Schedule

Keep this schedule in mind when planning your trips to the pool this summer. *Remember the "practice" schedule only affects the Lap Pool.* The only time the entire facility is closed is during swim meets, listed below.

2010 Red Team Swim Practice Schedule

May 10th - June 2nd, Mondays and Wednesday ONLY at Bella Mar Lap Pool. Practices will run from 3:30 p.m. - 7:30 p.m.

June 8th - July 16th, Tuesdays thru Fridays from 7:30 a.m. - 12:30 p.m.

2010 Blue Team Swim Practice Schedule

May 11th - June 3rd, Tuesdays and Thursdays ONLY at Bella Mar Lap Pool. Practices will run from 3:30 p.m. - 7:30 p.m.

June 7th - July 15th, Mondays thru Thursdays from 3:30 p.m. - 7:30 p.m.

The Summer Swim Teams will use only the lap pool during practice. The Splash Pool and Baby Pool will still be available for Community Use during the practice times, but not during meets.

Swim Team home swim meets:

Saturday, June 12th – Entire Facility Closed until 1:00pm

Saturday, June 26th - Entire Facility Closed until 1:00pm

Thursday, July 1st – Entire Facility Closed from 3:30pm – 9:30pm

Saturday, July 17th - Entire Facility Closed until 2:00pm

Summer Swim Lessons

Steiner Ranch will once again offer swim lessons for children beginning June 8th at the John Simpson Pool. Each session will consist of 8 thirty-minute lessons, held Tuesday – Friday.

Only Steiner Ranch residents with a Facility Tag and in good standing with the Association will be allowed to take swim lessons.

\$65 per session

\$10 registration fee per student

For more information including session dates, times and lesson levels please visit our website www. steinerranchhoa.org and click on the "swim lessons" link.



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SUMMER POOL HOURS



BELLA MAR:

Splash Pool & Baby Pool - (unheated)

Closed Mondays until 2:00pm Tue-Sun 7:00am – 10:00pm

Lap Pool

Closed Mondays until 2:00pm See Swim Team Schedule for lap pool availability

Master's Swim Program

Wednesday & Friday 5:30am – 6:45am; Sunday 6:30am – 7:45am;

TOWNE SQUARE:

Closed Monday until 12:00pm Tuesday – Sunday 8:00am – 10:00pm

JOHN SIMPSON:

Closed Monday beginning at 2:00pm Tuesday – Sunday 5:30am – 10:00pm

Check the website for updates at www.steinerranchhoa.org.





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Notice: Pool Parties

The Steiner Ranch Elementary, Laura Welch Bush Elementary and River Ridge Elementary will be holding their 5th Grade celebrations at all three Steiner Ranch pool facilities on Friday June 4th from 11am – 5pm.

Please keep this in mind when planning your trip to the pool on the last day of school.



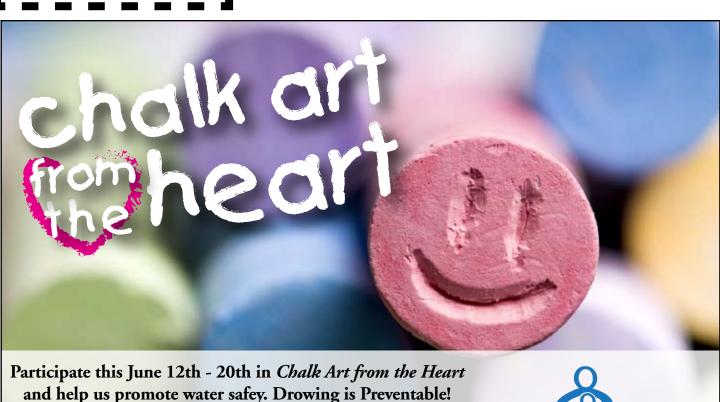
Steiner Red Giants Masters Swim Lake Austin

The Steiner Red Giants Masters Swimming program was well-represented at the Red Licorice Events Open Water Swim on Lake Austin on May 2. Four swimmers participated in the 1.2-mile swim at West Lake Beach, and one raced the 800-meter course in chilly, 65-degree water.

John Winkler, head coach of the program, won first place in the 1.2-mile men's 45-49 age group, and was the fourth overall finisher with a time of 29:14. Cornelia Kamp placed first in the women's 45-49 age division with a time of 30:57. She was the sixth overall finisher on the 1.2-mile course. The women's 40-44 age group was led by Anneth Winkler, and Denise Ray was the women's 35-39 year old division winner, completing the course in 35:07.

Ann Sperling-Kennedy represented the Red Giants on the 800-meter open water course and was victorious in the women's 60-64 age group.

The Red Giants swim at Bella Mar on Wednesday and Friday mornings at 5:30, and on Sundays at 6:30. Are you hoping to improve your fitness this summer? Want to improve your technique to make your triathlon swim leg more enjoyable? Any swimmer 18 years old or older who can independently swim 25 yards is welcome to join us! Come see how much fun getting fit in the water can be. For more information, please visit www.redgiantsmasters.



and help us promote water safey. Drowing is Preventable!

Check out our website for details, contest rules and PRIZES!

WWW. COLINSHOPE.ORG







* Steiner Ranch History Corner *

The community of Hudson Bend is located on Lake Travis about sixteen miles northwest of downtown Austin in northwestern Travis County. The area was first settled by the Wiley Hudson family in the early 1850s. Hudson, an emigrant from Arkansas, secured a land grant in 1854 near a bend of the Colorado River.

This geographic feature and the ensuing farming settlement were named for the Hudson family. By 1860 four families lived in the region. Farmers utilized three area river fords—Marshall Ford, Watkins Ford, and Sylvester Ford—and traveled across the Colorado to grind their corn at a mill known as Anderson Mill. By the 1890s Hudson Bend had a school and a church. Eventually the school was consolidated into nearby Teck School. Hudson Bend, which consisted of a land area of approximately 4,000 acres, functioned as a farming and ranching community well into the first half of the twentieth century.

With the construction of Marshall Ford Dam (present Mansfield Dam) and Lake Travis in the early 1940s, the Hudson Bend community lost nearly half of its acreage, and a cemetery was

moved to Teck. Land use gradually changed from agricultural to residential. Lakeside recreational businesses such as marinas and lodges developed.

In the 1940s developers S. C. McIntosh, Hugh Webb, and Jesse James created the first subdivisions, Hudson Bend Colony No. 1 and Hudson Bend Colony No. 2. A volunteer fire department was organized in the 1950s as well as a garden club. As a new population moved into the area, other civic organizations also formed.

In 1978 Hudson Bend received a Texas Historical Marker commemorating its historic role in the development of the area. By the end of the twentieth century, much of the population consisted of retirees and Austin commuters.

In 2000 Hudson Bend had 2,369 residents. For more information contact Rich Keith rkeith@primerica.com (512) 266-8498. Source: TSA online, Historical marker files, Texas Historical Commission, Austin TX, Austin History Center.

SUBMITTED BY RICH KEITH

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Young at Heart "Mix and Mingle"

Friday, June 18, 2010
Towne Square Community Center
7:00 to 10:00 pm

Are you part of the "mature" crowd here in Steiner Ranch? Are you looking for a Bridge group? Or Poker? Looking for companions who enjoy walking Or hiking the Steiner Ranch trails? Hoping to meet friends to attend concerts, plays, art exhibits with you? Putting together a group to learn the Texas Two-Step? Whatever interests you, bring your ideas to the Steiner Ranch "Young at Heart Mix and Mingle"!!!

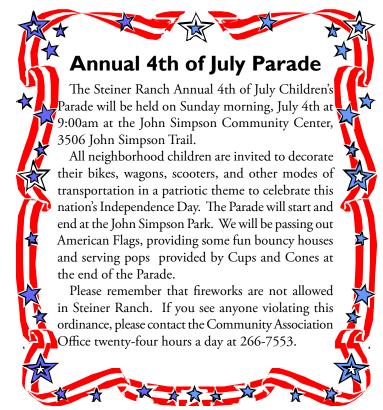
Come to the "Young at Heart" social on Friday June 18th from 7:00 pm to 10:00 pm at the Town Square Community Center! Meet your neighbors and enjoy Hors d'oeuvres, Desserts and Wine. This is a great opportunity to get together with your neighbors and discover your common interests.

Space is limited. Respond by June 11, 2010

Cost: \$10.00 per person

Registration and forms are available at www.steinerranchhoa.org.







June Summer Camp Schedule

SUN	MON	TUE	WED	THU	FRI	SAT					
6	Kidventure—Brazil, Journey through the Amazon (TSCC) LZM Studio—Creations in Clay Camp (BMCC) Steiner Tennis—Tennis Camp (JS Courts)										
13	14 Neigh	19									
20	21	Brown's Gymnastics—Gymnastics Camp (TSCC) Mad Science—Science Explorations (BMCC) Tap~N~Toes—Hip Hop Camp (BMCC) Aztex Professional Soccer—Soccer Camp (Westridge)									
27	28	Sportball Camp—Multi-sports (TSCC) Cheer Bliss—Cheerleading Camp (TSCC) MadScience—Spy Academy (BMCC) ion on all camps in the 2010 Summer Camp Guide available to download at www									

Camp schedules are subject to change without notice.



July Summer Camp Schedule

SUN	MON	TUE	WED	THU	FRI	SAT						
4	Kidventure—USA: American Road Trip (TSCC) Mad Science—Moving with Science (BMCC) Mad Science – Red Hot Roberts (BMCC)											
11		Mad Scien	ce—Red Hot Ro	he Mysteries (TS) bbots (BMCC) et/Tumbling (BM		17						
18	Sportball Camp – Multi-sport (TSCC) Brown's Gymnastics—Gymnastics Camp (TSCC) Steiner Tennis—Tennis Camp (TS Courts) Abrakadoodle – Art Rocks (BMCC) Tap~N~Toes—Level II Tap/Ballet/Tubmling (BMCC)											
25	26	Sportball Camp—Multi-sports (TSCC) Brown's Gymnastics – Gymnastics Camp (TSCC) Steiner Tennis – Tennis Camp (BMCC) LZM Studio – Marvelous Mosaics (BMCC) Lonestar Soccer Camp (Westridge Park)										

Camp schedules are subject to change without notice.



Workshop Series

you or someone you know can provide education opportunities for Steiner Ranch residents, please contact Sharon Adams at sharon@ steinerranchhoa.org or 512-266-7553

JUNE 5TH - BIKE MAINTENANCE 101 - Do you know how to fix the most common bicycle breakdowns? Have you ever had to cut your ride short because you got a flat tire? Do you know what to do to fix a chain that just keeps falling off? We will address the most common ailments that bikes face and the best ways to prevent and fix them when they do occur. Bring your bike to our 2 hour Bike Maintenance 101 class and learn how to diagnose and fix these things and more. These skills will save you time, money, and make your rides easier and safer.

9:00-11:00am TS Pav • Free • RSVP: rvanameyde@austin.rr.com

JUNE 8TH - NEW RETIREMENT STRATEGIES FOR FAMILIES, by Rich Keith. We examine your "retirement environment" in light of today's realities. Learn how to grow your assets, reduce taxes and protect your family's income. How to build your nest egg with no more risk than is necessary, and shield your assets from the forces of inflation and unexpected future events. 7:00pm BMCC • Free • RSVP: Rich Keith at (512) 632-0162.

We are always looking for more workshops to offer residents so if JUNE 10TH - TRADITIONAL MARTIAL ARTS **TRAINING WORKSHOP,** by Villari's Martial Arts. Come get a taste of the health and physical fitness benefits that can be derived from the practice of Traditional Martial Arts that have been realized by practitioners for over 5000 years. Learn the differences between the different styles of Martial Arts and actually perform some of the moves. See the influences of the 5 major animals of Traditional Martial Arts, the Crane, the Snake, the Tiger, the Leopard and the Dragon as demonstrated by a Master of Shaolin Kempo Karate. 7:00pm TSCC • Free • RSVP: Villari's Martial Arts 266-4949

> JUNE 15TH - LOOK 10 YEARS YOUNGER - Join us for an in-depth session on anti-aging from the inside out. Get full antiaging treatment compliments of Mary Kay Cosmetics. Learn tips on how to freshen up your hair from a professional stylist, punch up your style with insight from an image consultant. Ladies only, and bring your best girlfriend with you to receive your bonus! Free • 7:00pm TSCC

RSVP: Patty Yambay and Catherine Slezak 512-914-7711

JUNE 21ST -TAX-FREE RETIREMENT, by Tom Duemler. Every attendee will receive a FREE copy of the national best-selling

(Continued on Page 23)



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Workshop Series- (Continued from Page 22)

book, "Tax-Free Retirement" just for attending! Teach you how to generate tax-free retirement income. Show you how to avoid 9 common Financial Landmines. Introduce a revolutionary 'automated' debt elimination program - be 'bad debt' free in record time without changing your budget. Completely PROTECT your retirement accounts - never LOSE \$ again! Be your own bank. Make your assets Lawsuit, Judgment and Creditor Proof. 6:00pm BMCC

Free • RSVP: Tom Duemler tduemler@austin.rr.com

JUNE 22ND - STRANGER DANGER WORKSHOP -

Summer is in full swing and our children are spending more time outdoors and away from home. This is the perfect time to learn how we can keep our Steiner Ranch kiddos safe this summer. Shannon Kramer with The Bartlett Real Estate Group will be hosting a Stranger Danger workshop open to all Steiner Residents as well as their friends and family. Sergeant Derrick Taylor with the Travis County Sherriff's Department will be our featured guest speaker. Topics will include: Common mistakes parents make, How to talk to your kids about strangers, and what your children should do if approached. Like most of us, we feel very safe and lucky to live in a safe community like

Steiner Ranch; however, this workshop will give parents and their children the skills they need when they are away from home. 6:00pm – 7:00pm TSCC

Free

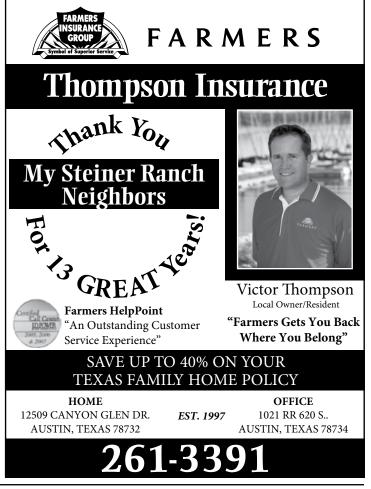
Shannon Kramer at 512-658-0720 or email ShanKramer@hotmail.com

JUNE 22ND – HOW TO PREPARE YOUR ESTATE; PITFALLS AND ERRORS, by Rodney Mogen. Have you ever wondered what would happen if something happened to you or your spouse? Where is everything and who is on it? Can I get access to my spouse's accounts or vice versa? What are the tax consequences and issues? These are all questions that might be asked upon a death. Get prepared now to make it easier and learn how to negotiate through some of the pitfalls to make a bad situation as smooth as possible. 7:00pm BMCC • Free

RSVP: Rodney Mogen roddowg01@live.com

For additional information go to www.steinerranchhoa.org or contact Sharon Adams, Community Coordinator at sharon@steinerranchhoa.org.





COMMUNITY GROUPS

WAYS TO BECOME INVOLVED IN STEINER RANCH

Girl Scout Registration is Open

Submitted by Carmen Tucker

Girl Scouts of Central Texas registration is open year-round to girls in grades K-12. Now is the perfect time to register in order to take advantage of experiences like overnight camp, robotics day camp, backpacking trips and more. Registration is \$10 per year and girls can choose to join a troop or participate as individuals.

Girl Scouting builds girls of courage, confidence and character, who make the world a better place. Through fun, informal and educational experiences, girls can discover their potential, connect with others and take action to make the world a better place. Girl Scouts provides a wide variety of experiences for interests such as the arts, science, technology, nature, athletics, community service, health, leadership and more. To learn more or to register, contact Carmen Tucker at CarmenT@gsctx.org or (512) 490-2360. Discover Girl Scouts online at www.gsctx.org.

Steiner TechNet Wants You!

Submitted by David Dyke

If you work in technology and live in Steiner Ranch, we have a new community for you. This includes a quarterly social mixer in Steiner with opportunities to meet new neighbors, discuss business issues, find job opportunities and share best practice ideas, etc.

For more information, email David Dyke at david@austintechnet.com and join Linkedin Groups Steiner TechNet.

Are you a member of a community group or organization here in Steiner? Email the information about your group to steinerranch@ peelinc.com and it will be included in each issue. Feel free to submit post event write-ups and photos.

Pack 203

Welcome all Steiner Ranch Boys!! Grades 1st-5th

Do you know what Cub Scouts and Scouting is all about? Pack 203 at LWBE does fun things with fellow scouting friends every month! We get together as a Pack to wear our cool uniforms, show off our scout spirit, and participate in exciting scouting activities. As a Cub Scout, you will get to go camping and fishing with your family, shoot BB guns, sleep over on real U.S. Naval ships and do archery! We play all kinds of sports and build cool race cars and spaceships to race. Do you want to learn the secret scouting code and earn really cool patches? Do you want to learn more about nature and your community? Find out how enriching being a Cub Scout can be!

Contact Pack 203 at http://austin-pack203.org/contact for more information.

Steiner With Out Kids Social Group (SWOK) Submitted by Paula Kaisner

Did you know there is a social group in Steiner called Steiner w/o Kids (SWOK). We have been established since January 2006 and have had many couples join who've made new friendships. Whether you've never had kids or you have grown children, you are welcome to join this fun social group. We get together once a month at someone's home in Steiner for food and drinks along with making new friends and/or enjoying old friends! It's a great way to meet other couples and form new relationships with people who also don't have children at home. For more information please email Paula Kaisner at paula@kaisner.org



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STEINER SCRAPPERS

Do you love to scrapbook?

Then get ready for our monthly scrapbooking sessions and come to the Towne Square Community Center, grab a table, and bring a snack or beverage to share and scrapbook the night away.

The room will be open for your use at 6:00pm sharp on the following nights:

2010

Jun 11 Jul 9

Aug 13

Sept 10

Oct 8-10 Scrapathon

All sessions are free with the exception of the Scrap-a-thons.

Post Garage Sale Donation Drive All I can say is, WOW! Steiner Ranch, you are awesome! The 1st semi-annual Post

All I can say is, WOW! Steiner Ranch, you are awesome! The 1st semi-annual Post Garage Sale Drop-off/Donation Drive was an incredible success. The drop-off was to start at 12:30pm but when we arrived to get ready for our first drop-offs, the Gene Arant Moving

truck (mind you this is large box truck) was already HALF FULL at 12:00 noon! By 1:00pm it was full to its entirety and I had to run and get a U-Haul which was in turn full by 2:30pm. The Dress for Success sponsor, Cathy Henry and my wife, Susan stayed behind taking additional donations as Tracy of Tracy's Bikes 4 Schools and myself went to unload the trucks ... only to return and fill my moving truck to the brim, AGAIN! I would like to send out a huge THANK



YOU to all that came out to make this a success. Through your generosity, we all were able to bless many families and individuals in need! We will see you in the fall ...

SUBMITTED BY GENE ARANT



From the Association Office

BOATS AND WATERCRAFT PARKING

Where can I park them?

As summer approaches, boats and other watercraft are frequently seen in Steiner Ranch. Please remember that boats and watercraft must be stored in enclosed spaces at all times. Do not store them on your driveway or park them in the street. They are unsightly in your driveway and are an extreme safety hazard in the street. Repeat violators are subject to fines and/or towing.

If you see a boat, trailer or other recreational vehicle, feel free to report it to the Association at www.steinerranchhoa.org through the "Report a Problem" link. Please include a description of the violation and the address where the violation has occurred.

WCID #17 Mandatory 2 Day Per Week Watering Starts May 1st

NO CALENDAR IS NEEDED, all you need to do is set your irrigation system to your two designated watering days.

Steiner Ranch residents:

- odd numbered addresses will water Wednesdays and Saturdays
- even numbered addresses will water **Thursdays and Sundays**.

 Residential customers will be required to adhere to this schedule

 May 1 through September 30, and encouraged to adhere to it the rest of the year.

Systems such as the one used by the Steiner Ranch HOA using reclaimed or recycled water will not be subject to the restrictions.

The time of day residents may water. To reduce wasting water through evaporation during daytime heat, watering with an automatic irrigation system is permitted before 10am or after 7pm. Watering with a hand held hose or bucket may be done any time of day or any day of the week. Other water uses such as washing cars or boats is not restricted to watering days unless increased conservation measures become necessary.







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Sign Up For E-News

Did you know you can receive emails regarding Steiner Ranch activities, safety, Community Affairs and even Lost Pet Notification? We currently have over 2000 subscribers who benefit from receiving these emails and are keeping up with Steiner Ranch news!

Activity Alerts are sent weekly and notify you of all the upcoming community-related activities, events, and programs. Safety alerts focus on current safety-related issues, such as reports of criminal activity, fire safety, and the Neighborhood Watch program. The Community Affairs newsletter will contain information about civic, transportation, and political affairs that relate to our community and the lost pet notification can be used to locate the owner of a lost pet or to notify the community of a lost pet.

If you would like to be added to any of these lists, or update any of your subscriptions, go to the Steiner Ranch website www. steinerranchhoa.org and enter your email address in the box on the right side of the page. Because your privacy is important, your information will not be sold or shared.

No Diapers Allowed

As the swim season gears up, please be aware of the pool policy regarding children who are not potty-trained:

Children who are not potty-trained and who use swim diapers are not allowed in the Bella Mar Lap Pool.

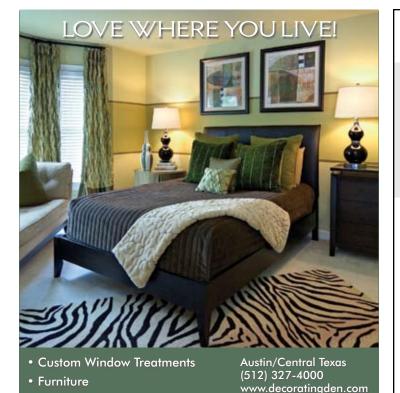
All other community pools: Double diapers (swim diaper + plastic pants) must be worn by children who have not been completely toilet trained.

This policy is in place to help keep accidents from happening and reducing the need to close pools due to contamination.

NOTICEDive Blocks at the Bella Mar Pool are for Swim Team Use only.

Please do not allow your children to use or take off covers at any time!

Thank you!



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From the Association Office

Architectural Modification Requirements

So you've decided to do some improvements or make changes to the outside of your home..... what do you do now?

- I. Complete the Architectural Modification form (owner only)
- 2. Include any addendum forms such as for a pool or deck
- Include a scaled drawing showing plan and elevation views of the proposed improvements, modifications or alterations. Submittals must include samples depicting the proposed materials and colors to be used.
- 4. A lot survey (which the owner receives at closing) indicating the location of proposed improvements, and any applicable easements, setbacks, and elevation differences on lot.
- 5. Deposit check in the amount of \$500

All of these forms can be found on-line at www.steinerranchhoa.

Please feel free to contact the Associations Architectural Coordinator, Brandi Moegelin if you have any questions at 266-7553 or brandi@ steinerranchhoa.org.

Facilities Available for Rent

Do you have a holiday party or wedding reception to plan? Baby shower too big for the backyard? Birthday party coming up? How about a school/office party? Is your living room too small for a large celebration? We can accommodate a gathering of any size for a very reasonable price!

Being a resident of Steiner Ranch has many advantages. One of them is the variety of facilities available to rent. Many of you do not even realize that we have two indoor clubhouses with full kitchens! Another benefit is our electronic key tags that long ago replaced the "old-fashioned" keys that give you access to all indoor and outdoor facilities. If you do not have a facility tag or if you have lost* yours, please visit the HOA office to pick one up!

To rent any one (or more) of our facilities just follow these easy steps:

- When and Where? Go to our website at www.steinerranchhoa.org and click on Facility Reservations (on the left). The available areas have a hyperlink that you can click on to check availability. Once you have the date and time in mind, call the Associations Management Office to place your name on the calendar.
- 2. First come, first served. Your "hold" is only good for TWO days until you turn in your completed reservation form and make full payment (including deposit, if required). We will not make calls to remind you to pay. If you have not made a payment for your reservation after the two days, your reservation will be relinquished.
- 3. What now? Once you have turned in your payment and paperwork, you need not do anything else. The HOA office will activate your facility tag and post a sign at each

- designated facility letting all visitors know you have it rented.
- 4. What do you get for your money? All reservations are set and priced for 6 hour blocks. Even if you plan to use it for only 2 hours you must pay the minimum price. All of our outdoor covered pavilions and uncovered areas and parks are \$25. You do not have to rent out the parks unless you want a guaranteed spot. Towne Square is our larger indoor facility that can hold 80 seated persons and costs \$100. Bella Mar is our newer facility that can hold 40 seated persons and is \$75. Both indoor facilities require a \$300 deposit.
- 5. Cleaning Up. Please remember that there may be a reservation coming in right after you. You are required to clean up after your event. We have a maintenance staff on-site that checks in and takes pictures of damage and/or untidiness of the facilities. You may opt for our staff to clean up after you for an additional \$100. (You are still required to dispose of your trash.)
- 6. <u>Cancelling</u>. If you need to cancel your reservation please call the Association Management Office at least 3 days prior to your reservation for a full refund.

Please call (512) 266-7553 if you have additional questions.

*If you have lost your facility tag, it needs to be reported as LOST immediately to prevent it from getting into the wrong hands. There is a \$20 replacement fee required to obtain a new tag.

Please note: The Steiner Ranch HOA provides each facility "as is" with tables and chairs. Outdoor heaters, fire pits, set-up/break-down and ashtrays are not provided.





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From the Association Office

I Didn't Know...

When the Steiner Ranch HOA puts on an event, activity or program....we hear, "I didn't know about this" all the time. Well, the best way to receive the latest information about what's going on in Steiner Ranch is to sign up for our email alerts.

HOW?

- 1. Go to www.steinerranchhoa.org
- 2. Enter your email address in the "Join/ Edit" the Steiner Ranch mailing list box and press "go".
- 3. Enter your email address in the list you'd like to receive:
 - a. Activities
- c. Lost/Found Pets
- b. Safety
- d. Community

Once you've signed up, you will need to respond to an email to confirm.

Where Am I?

Do you know the addresses for the Towne Square Pool or the Lake Club? If you have an emergency while you are at a Steiner Ranch facility and you call for help from your cellular telephone, the emergency dispatcher will not receive a display identifying your location. (For address identification, a call must originate from a landline telephone.) In the event of an emergency, the following names and addresses of Steiner Ranch facilities will help the dispatcher locate you:

BELLA MAR COMMUNITY CENTER

(Pools, park, tennis courts, multi-purpose fields, etc.)

12401 Bella Mar Trail

TOWNE SQUARE COMMUNITY CENTER

(Pools, park, tennis courts, soccer fields, etc.) 12550 Country Trails Lane

JOHN SIMPSON COMMUNITY CENTER

(Pools, park, tennis courts, etc.) 3506 John Simpson Trail

THE LAKE CLUB

12300 River Bend Road

FLAT TOP PARK AND ATHLETIC FIELDS

13200 Flat Top Ranch Road

SAVANNAH/LAS BRISAS PARK

12317 Capella Trail

CANYON GLEN PARK

4114 Hughes Ranch Road

MAJESTIC OAKS PARK

2836 Lantana Ridge Drive



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Playscape Structure Submittal

If you are thinking about getting the kids a playscape, don't forget that it will need to be reviewed to the Architectural Committee first. Things you should keep in mind when selecting a playscape:

- Must be constructed with a lumber that resists rotting and deterioration, i.e. redwood or treated lumber.
- Canopies on the playscape must be a solid color, preferably green or earth tone.
- Setbacks for playscapes are to be no less than 5' from each property line
- Views of the playscape must be minimized from public streets and adjoining units.

Once you've decided on the playscape and location, complete the Architectural Modification form and include the requested items (i.e. photo of playscape, description of materials to be used, etc.) along with the required \$500 refundable deposit check to the Association for review by the Architectural Committee.

If you have any questions regarding Architectural submittals, please contact Brandi Moegelin, Architectural Coordinator at brandi@steinerranchhoa.org or 512-266-7553.

What should I do if I see a coyote?

To report coyote sightings, call 3-1-1.

You will be asked to describe in detail the nature of your complaint, time, location, etc. The city's Animal Control Program will gather data related to coyotes and provide that information to Texas Wildlife Services for response/follow-up. Animal Control will respond to reports of injured or trapped coyotes.

Call 3-1-1 to report a coyote attack on a human (to date there have been no reports in Travis County of coyotes attacking humans).

Post Office Complaints

The Community Associations Office continually receives complaints about the quality of mail delivery service in Steiner Ranch. If you have a problem with mail delivery (mis-delivered mail, lost packages, etc.) the number to call is 512-342-1236. This number will take you directly to a representative of the U.S. Postal Service who will assist you.







Independent School District

2010 - 2011 District Calendar

	2010 - 2011 District Calendar																											
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Dates, Holidays & Events

24 25 26 27 28 29 30

27 28 29 30 31

First Day of School Aug. 23
Labor DaySept. 6
Rosh HashanahSept. 9-10
Yom Kippur Sept. 17-18
Columbus DayOct. 11
Veterans Day Nov. 11
Thanksgiving DayNov. 25
Hanukkah Dec. 1
End Semester 6 Weeks Grading Pd Dec. 17
Christmas Day Dec. 25
End Semester 9 Weeks Grading Pd Jan. 14
MLK DayJan. 17
Spring Break March 14 - 18
Good FridayApril 22
Bad Weather Makeup Day March 28
Bad Weather Makeup Day May 30
Memorial Day May 30
Last Day of SchoolJune 3

Proposed TAKS Dates

26 27 28 29 30

29 30 31

Oct. 19 - 22	Exit Level TAKS Retest
March 1 - 4	TAKS All Levels
April 4 - 5	TAKS Grades 5 & 8
April 25 - 29	TAKS All Levels
May 9 - 27 End of Co	ourse High School Exams
May 17 & 18	TAKS Grades 5 & 8

Calendar Key



www.leanderisd.org

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North **Central Austin** 1601 W Koening Ln

(512) 452-0185

info@belezamedicalspa.com

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JUNE 2010

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	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			6:30pm – Facility Committee Meeting (TSCC)	2	7:00pm – Trails Committee Meeting (BMCC)	Last Day of School Steiner Ranch Elementary, Laura Bush Elementary & River Ridge Elementary	9:00-11:00am Bike Maintenance 101 (TS Pav)
_	.1	_			o j	5th grade parties – TS, BM & JS Pools	
	6	7	8	9	10	11	12
	6:00pm – Chess Club (TSCC)	Summer Camps Begin (See camp schedule) 6:30pm – FREE Yoga (TSCC)	6:30pm – Social Committee Meeting (TSCC) 7:00pm - New		7:00pm – Traditional Martial Arts Workshop (TSCC)	6:00pm – Scrapbooking (TSCC)	Stars Blue Team Home Meet – Bella Mar Closed until 1:00pm
			Retirement Strategies for Families (MBCC)		o jj		
	13	14	15	16	17	18	19
	6:00pm – Chess Club (TSCC)	Flag Day 6:30pm – FREE Yoga (TSCC)	7:00pm – Look 10 years Younger (TSCC)		១ ព្រឹ	6:30pm - Homemade Cards (BMCC) 7:00pm - Young at Heart Mix & Mingle (TSCC)	
ľ	20	21	22	23	24	25	26
	6:00pm – Chess Club (TSCC)	First Day of Summer 6:30pm – FREE Yoga (TSCC) 6:00pm - Tax Free Retirement Workshop (BMCC	6:00pm - Stranger Danger (TSCC) 7:00pm - How to prepare your Estate; Pitfalls and Errors (BMCC)		6:00pm – SRROA Board of Directors Meeting (TSCC)		Stars Red Team Home Meet – Bella Mar Closed until 1:00pm
	27	28	29	30	TSCC – Towne Square	•	
	6:00pm – Chess Club (TSCC)	6:30pm – FREE Yoga (TSCC)	3:30pm – SRMA Board of Directors Meeting 6:00pm – Wellness Workshop; (TSCC)		JSCC – John Simpson C	Community Center	



JULY 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
or vi.	Call Peel, Inc a sit our web pag	CALENDA et 512-263-916 ge www.PEELi etion on adverte	Stars Blue Team vs Red Team Home Swim Meet - Bella Mar Closed 3:30-9:30pm	2	3	
4 9:00am – July 4th Parade (JS Park)	Association Office Closed 6:30pm - FREE Yoga (TSCC)	6	7	8	6:00pm – Scrapbooking (TSCC)	10
6:00pm – Chess Club (TSCC)	6:30pm – FREE Yoga (TSCC)	6:30pm – Social Committee Meeting (TSCC)	14	15	16	Stars Red Team Home Meet - Bella Mar Closed until 2:00pm
18 6:00pm – Chess Club (TSCC)	Stars Swim Team End of the Season Party (BMCC) 6:30pm – FREE Yoga (TSCC)	7:30-12:30pm - Shooting Stars Practice Begins (BM Lap Pool) M-T-W until 8/13/2010	21	22	23	24
25 6:00pm – Chess Club (TSCC)	26 6:30pm – FREE Yoga (TSCC)	3:30pm – SRMA Board of Directors Meeting 6:00pm – Wellness Workshop; (TSCC)	28	6:00pm – SRROA Board of Directors Meeting	30	31



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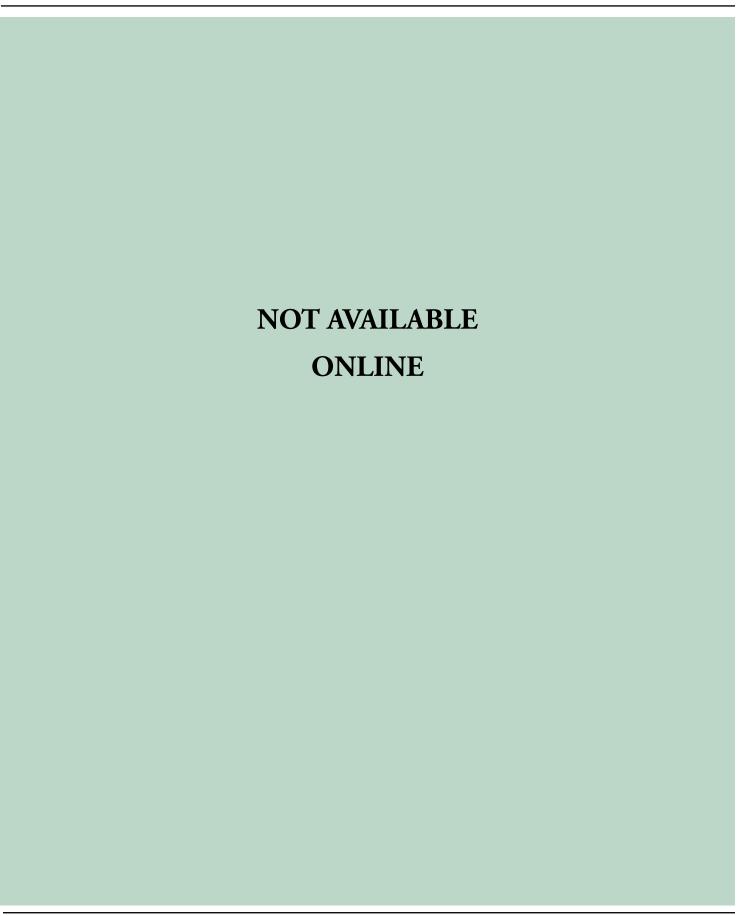


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LISD Summer Hours Schedule

Leander ISD campuses and offices will be on the summer work schedule from the week of June 7, through the week of August 1. The summer work schedule is Monday – Thursday with Fridays off. The first Friday off will be June 11, and the last Friday off will be August 6. The district will be closed the week of July 5.

The district will return to the normal work schedule of Monday – Friday, the week of August 9. In addition, new teachers report on Monday, Aug. 9, and all teachers report on Monday, Aug. 16.

- Elementary campuses will be open from 7 a.m. noon and from $1-4~\rm p.m.$
- Secondary campuses will be open from 8 a.m. noon and from 1 – 5 p.m.

All campuses will be open to the public through June 17.

- High school campuses will reopen to the public on July 19.
- Middle school campuses will reopen to the public on July 26.
- Elementary campuses will reopen to the public on July 28.

When the campuses reopen the open-to-the-public hours will remain the same as they were in June. Leander ISD Administration Building will be open to the public from 8 a.m. – 5 p.m.

Leander ISD School Board Election Results

Incumbents Grace Barber Jordan and Russell Bundy were re-elected to their respective places on the Leander ISD Board of Trustees, while Pamela Waggoner was the top vote-getter in the race for Place 3 in the Saturday, May 8, 2010 election. The candidate who received the most votes in each place wins the election, as there are no runoff elections. All three will serve three-year terms.

The final, unofficial vote, tallied by Travis and Williamson County election officials was:

Place 3 (All Precincts Reporting)

- Pamela Waggoner 1,582 55%
- Elizabeth Frey 1,283 45%

Place 4 (All Precincts Reporting)

- Caelum "C.J." Jones 1,147 43%
- Grace Barber Jordan 1,532 57%

Place 5 (All Precincts Reporting)

- R. Gene Frugé 936 35%
- Russell Bundy 1,076 41%
- Robert D. Butler 644 24%

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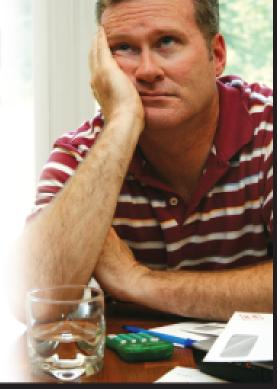
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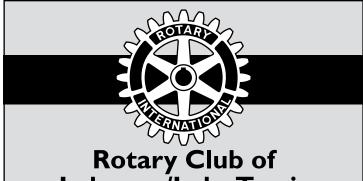
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Rotary International is the world's first service club organization, with more than 1.2 million members in 33,000 clubs worldwide. Our members are business and service leaders of Lake Travis area working together on local, national and international projects. Visit a luncheon and see what we're all about!

(call for specific room each week 261-6600)



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Classified Ads

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Steiner Ranch residents, limit 30 words, please e-mail steinerranch@peelinc.com.

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office at 512-263-9181 or advertising@PEELinc.com.

Five Business Networking Groups in the Area

Are you looking to grow your business in 2010? If so, you might be interested in a few of the business networking groups in the area. These are a few to choose from:

STEINER RANCH REFERRALS BNI GROUP

Meetings are on Thursday mornings from 8:00am to 9:30am at Thai Harmony in Steiner Ranch. Visitors are welcome! If you are interested in visiting a meeting please contact Kelly Peel at kelly@peelinc.com for more information or visit www.BNIAustin. com.

FOUR POINTS BNI

Meetings are on Wednesday at lunch from 11:30am to 1:00pm at the River Place Country Club. Visitors are welcome! If you are interested in visiting a meeting please contact Amy Oehler at amy.oehler@unitedlendingusa.com or visit www. BNIAustin.com.

A BUSINESS REFERRAL GROUP MADE FUN

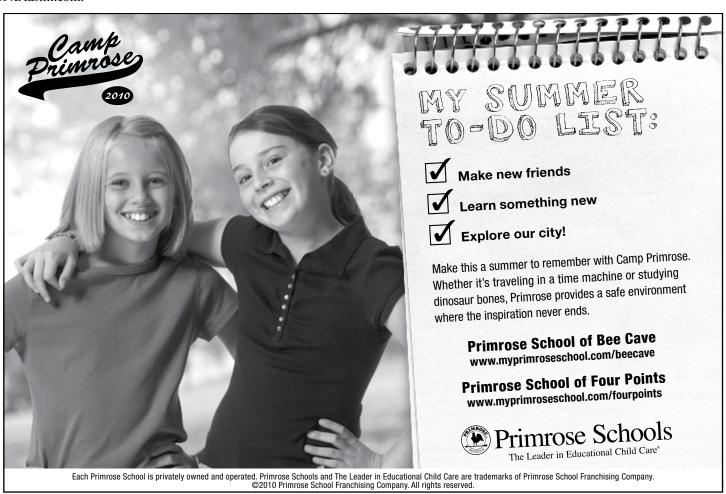
Networking Northwest Austin is expanding its member base of businesses in our area. NWNWA members build close business and personal relationships. We believe in business by referrals and having a limited member base (not duplicating professions), so you will not see your competitors here. We have a caring, positive, involved group of people who not only wish to build their business, but also want to build the strength of our networking group. NWNWA meets on the 2nd and 4th Tuesday at Waterloo Ice House, 360 & FM 2222 from 7:00am to 8:30am. And a fun happy hour once per month at a beautiful location. Come to a breakfast or call Dorothy Scarborough, President - dscarborough5@austin.rr.com, 512-589-3678.

4PBA.ORG

"Your Trusted Source For Local Business." We're your user friendly networking group that provides business networking leads, co-op advertising support, and community event participation. See our web site 4PBA. org or call Chase Burris for more information 512-809-5051.

YOUR LOCAL CITY

Steiner Ranch has a new business networking group. Your Local City is a positive, membership based, business networking organization with 17 groups meeting all over the Austin area. The Steiner Ranch group meets every Friday at 8:00 AM at the Lakeside Pizza and Grill located in the Shops at Steiner Ranch at Steiner Ranch Blvd. and Quinlan. Come join us to grow your business.



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Ranch Record - June 2010

New Event Announcement from the Travis County Master Gardeners Association:

Basic Landscape Design Principles

Saturday, June 19, 2010 10am-Noon Zilker Botanical Garden 2220 Barton Springs Road Austin, TX 78746

Does your garden need a remodel? Or do you need a landscape design but don't know where to start? This seminar is the first in a two-part series to teach how to design your garden. Attend one or both to explore the basics of landscape design. The first seminar, Basic Landscape Design Principles, will help get your creative juices flowing by exploring ways to use your space and by looking at various garden styles. We will learn about basic design principles such as texture, color, and function that will help you to create a pleasing environment.

Rainwater Harvesting

Saturday, June 26, 2010 10am-Noon Zilker Botanical Garden 2220 Barton Springs Rd. Austin TX 78746

Come enjoy a free seminar concentrating on capturing rainwater and lowering water usage in your landscape. This session will teach you all the basics on building a non-potable rainwater harvesting system. In addition, lower your water usage by learning about rain gardens which capture valuable rainwater in your landscape. Vendors representing tank and gutter companies will be available to answer specific questions. City of Austin representatives will be available to answer permit and rebate questions.

For more details, see http://www.tcmastergardeners.org or call the Travis County Master Gardener's help desk at (512) 854-9600.

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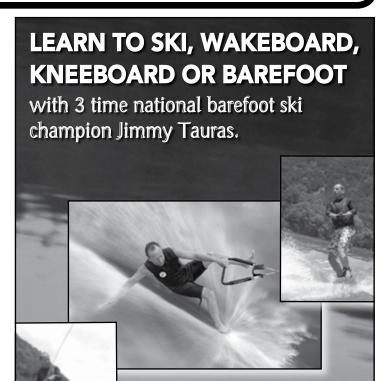
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Protect Your Home From Excessive Water Pressure

Check Your Pressure Regulating Valve (PRV)

Water systems in the Hill Country have widely varying pressure because of the uneven terrain. Water pressure in the large mains can range anywhere from 55 to over 150 psi (pounds per square

inch) depending on the elevation of the area. In the highest pressure areas, District 17 has installed inline pressure reducing valves to keep the pressure down, however, these valves can sometimes fail, and individual pressure regulating valves (PRV) should be installed at each home.

Your home's water pressure should be set no higher than 80 psi in order to protect your pipes, and if you do not have a pressure regulating valve (PRV) installed, you should install one to reduce the main pressure to a proper level for your home. If you do have a PRV installed, you should check it regularly to make sure it

is working. If your water pressure fluctuates drastically, drops off suddenly, or goes extremely high, you should immediately check your PRV.

A PRV is located on the customer side of the meter box after the shut off valve. The required type of regulator will have a built-in thermal expansion bypass, (for example, the WATTS series 25AUB). The District requires use of a valve with an all brass body and top, because other materials such as aluminum or plastic deteriorate rapidly in the soil. The valves may be purchased at any home improvement store or at the District Office. These valves should be installed by a licensed plumber, but no permit is required.

If you need any further information, please contact the District Field Supervisor, Henry Marley, at (512) 748-2868.

Recipe of the Month

Black Bean Shrimp Salad

1 pound cooked medium shrimp, peeled and deveined

1 can (15 ounces) black beans, rinsed and drained

1 small green pepper, julienned

1 small onion, thinly sliced

1/2 cup chopped celery

2/3 cup picante sauce

2 tablespoons minced fresh cilantro

2 tablespoons lime juice

2 tablespoons olive oil

2 tablespoons honey

1/2 teaspoon salt

1/8 teaspoon grated lime peel, optional

6 lettuce leaves

1 cup halved cherry tomatoes

In a large bowl, combine the first five ingredients. In a small

bowl, whisk the picante sauce, cilantro, lime juice, oil, honey, salt and lime peel if desired. Pour over shrimp mixture and toss to coat. Cover and refrigerate for at least 2 hours. Using a slotted spoon, spoon onto a letttuce-lined serving platter or salad plates. Garnish with tomatoes. Yield: 6 servings.



Nutrition Facts: 3/4 cup equals 224 calories, 6 g fat (1 g saturated fat), 115 mg cholesterol, 571 mg sodium, 22 g carbohydrate, 4 g fiber, 19 g protein. Diabetic Exchanges: 2 very lean meat, 1 starch, 1 vegetable, 1 fat.





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ATM Machines Safety Tips:

ATM robbers usually position themselves nearby waiting for a victim to approach and withdraw cash. Most ATM robbery victims are women and were

alone when robbed. Most claim that they never saw the robber coming. Most ATM robbers used a gun or claimed to have a concealed weapon when confronting the victim and demanding their cash. If you or your family members use

ATM cash machines on a regular basis, here are some tips that can make the process a little safer. Use only ATM machines in well-lighted, high-traffic areas. Don't use ATM machines that are remote or hidden such as being located behind buildings, behind pillars or away from public view. Beware of obvious hiding places like shrubbery or overgrown trees. ATM robbers like to have the element of surprise with no witnesses.

Get a list of ATM locations from your bank and keep it in your car. Choose an ATM that looks and 'feels' safer, even if it is a couple of miles out of the way. Try and limit your use to daylight hours. When you drive up to an ATM location, scan the area for any suspicious persons. If you see anyone suspicious standing nearby or sitting alone in a car, don't hesitate to drive away. Listen to your 'gut' instinct. When you approach a bank ATM on foot be prepared and have your access card ready. After inserting your card and your PIN number, keep an eye out behind you. If anyone suspicious or seemingly dangerous approaches terminate your transaction and leave immediately, even if it means leaving your ATM card in the machine. When you receive cash from the machine don't openly count it...put it away immediately, extract your card, and walk away.

If you use your car at a bank drive-thru ATM machine, the same rules apply. Make sure there are no obvious hiding places or suspicious persons loitering in the area. If there are, listen to your gut instinct and drive away. Keep the car in gear, doors locked, with your foot firmly on the brake, while using the ATM machine. Keep a close eye on your rear and side view mirrors during the transaction. Robbers almost always approach from the rear on the drivers' side. If you see

(Continued on Page 45)





ATM Machines - (Continued from Page 44)

anyone approaching, drive off even if it means leaving your ATM card behind. You can always retrieve it later or cancel the card. If you are confronted by an armed robber, just give up your money without argument. The cash is not worth serious injury or death.

- Only use ATM machines in a well-lighted, open, high-traffic area during the daytime
- ATM machines in supermarkets are safer for nighttime use
- Avoid ATM machines adjacent to obvious hiding places
- When you approach an ATM scan the area first for loiterers
- Have your card ready and leave quickly, not counting your cash in public
- Walk or drive away immediately if your instincts tell you so
- Don't argue with a robber, if confronted, just give up the cash
- Don't fight with or attempt to follow the robber
- Drive to a safe place and immediately call the police
- Submitted by Deputy James Kitchens, Travis County Sheriff's Office

Rainforest Comes To Marshall Ford-and It's Free!

It is VBS time already and if you are looking for something to do this summer that is free and fun, then you would do well to consider coming to Marshall Ford Fellowship for some Rainforest fun. Filled with skits, games, food, crafts, jokes and the famous slip and slide, you will be sure to go away exhausted but happy. What better way to spend the beginning of your holidays than bringing your friends to join with us as we go on an Amazon adventure to learn about Jesus. Turn left at Quinlan from Steiner Ranch and then first right off 620, just 5 minutes away or head up 620 from Lakeway and turn right into Marshall Ford Road. Follow the signs for VBS! We are a small and very friendly independent fellowship that loves opening its doors for events like this. Please join us for free, June 14-18th, 6.30-9pm for k-5th grades. A very tropical warm welcome awaits you.E mail Christine.MFF @gmail.com for any information.



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Don't Waste Your Money "Speeding" Up Your Computer

Maybe you've seen them on TV, the commercials for "FinallyFast. com", "MaxMySpeed.com" or "MyFasterPC.com". And online you'll find even more like "SpeedUpMyPC". They all promise to make your computer MUCH faster. All you have to do is download and run their "free" product. Of course, after you run it, the program finds all kinds of problems with your computer, and offers to fix it for you. All you have to do is BUY the product at this point, and \$30-\$40 later, your computer is (maybe) a LITTLE faster. But it doesn't stop there; they then offer to sell you other software to fix other "problems" that may exist with your computer.

What do these programs do? They do what you can easily do for free. Mostly they delete temp files, cookies and unnecessary registry entries. Deleting temp files and cookies won't have any noticeable impact on speed, but if you want to you can easily do both yourself. To delete your temp files, click on the "Computer" icon on your desktop or "Computer" in your "Start" menu. Right click on your C: drive and choose "Properties". Right there you'll see a button that says "Disk Cleanup". Click the button, check the boxes, click on "OK" and you're done. Cookies can be deleted in the Tools/Options menus of your web browser (personally, I don't spend time worrying about cookies.)

I don't recommend you mess around trying to clean-up your registry (the registry is a VERY LONG list of settings telling your computer what programs are installed, where you like your icons, the color of your background, etc.) If you know what you're doing and know how to back-up the registry before making changes, then you probably stopped reading long before now. If you don't know how, then just leave it alone. Using a registry cleaner MIGHT make your computer start ½ a second faster, but you risk making a change that can make your computer impossible to boot, in other words "don't try this at home."

So what is REALLY slowing down your computer? After years of use, your Windows machine starts to use more and more memory. There are things like neat little tools that give you the weather or news on your desktop, printer software, camera software, instant messaging programs, etc. In addition, there are programs that came with your computer when you bought it that you may not even use. Programs like AOL, Quicken or Microsoft Money, the manufacturers "support" program, trial software and others. Many of these have small parts of them that start up each time you start your computer. With enough of these little "starter" files running in the background,

(Continued on Page 47)

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A New Brand of Retirement Living

Don't Waste Your Money - (Continued from Page 46)

the memory (not your hard drive) runs out and soon your computer starts slowing down.

The best thing you can do (and those paid software programs can't) is remove the programs you don't need and/or use. If you use Windows XP, go to your Control Panel and look for the "Add/Remove Programs" icon. This will show you a list of all the programs installed on your computer. For Windows Vista and Windows 7, the Control Panel now calls it "Programs and Features". You need to be careful to remove only programs you're SURE you're not using – don't go crazy with it.

The two biggest things that make a difference are best left to a professional. There are entries in the registry that can be manually deleted to stop programs from starting up with your computer. Also, adding memory is easy and cheap, but you need to be sure you're putting in the right type for your computer.

Speeding up your computer doesn't have to be expensive. If you are going to spend your money, spend it on the right things, you can take care of the easy stuff yourself for free.

Next month we'll cover the basics of your computer's memory and hard drive (how they affect the speed of your computer) and we'll say goodbye to Windows 2000.

- Submitted by Laurie Scott

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RETIREMENT CHALLENGES

For Today's Families

I recently had the pleasure of hearing David Walker, the former Comptroller of the United States, speak to my company at a training session. Mr. Walker, who made the famous movie "I.O.U.S.A." is an expert at knowing how the country can reverse the trends of increasing government debt and seemingly unlimited entitlement spending. Now the President of the Peter G Peterson Foundation (www. pgpf.org) he paints a scary picture of what our future can hold if we don't act. In "I.O.U.S.A." he forecasts that without intervention, by 2035 the government will spend so much

debt that there won't be enough money to pave a street. But it doesn't have to be this way.

on defense, social security, Medicare and interest on

He believes that the American people are more knowledgeable now than at any time in history about how our government spends money. This is the key to action. Mr. Walker is not a man prone to exaggeration – he is a factual man. And he showed us how various

arms of the government can be reformed in a sensible, step-wise manner, starting with a rethinking of tax and entitlement policy. Sure, he expects our taxes to rise in the future but there is really good hope that our taxes will be used more sensibly. This is real stuff,

not a fantasy. In fact in May 2010 he led a by-invitation only summit of the best thinkers on both sides of the political scene to create solutions.

How will your family navigate these waters? Creating a financial strategy for living in this new world of retirement is vitally important. Find out what it takes now to plan for rising inflation and taxes, future college costs, and changes to social security.

Learn how to protect your assets from these headwinds and accumulate what you need for the future.

- Submitted by Rich Keith



A Few Words from My Clients...

"Craig was patient with our needs and concerns. He provided us with a stager who did a wonderful job helping us prepare our home for the market. We were very pleased with the length of time on the market and the final sale price of the home."

-- Mike and Alicia Mirabelli

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-- Dennis and Phyllis Gottlieb

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OPPORTUNITY TO HOST

An International Exchange Student! 2010/2011

Have you ever been interested in hosting a foreign student in your home? Does the idea of making a difference in a child's life sound appealing? Then you and I need to talk!! I am one of the local representatives of International Student Exchange, an organization dedicated to finding host homes/parents/families for foreign students who want to study in America for 5-10 months. I'm a former missionary who has traveled extensively and lived abroad myself, in about 11 different countries. I can't begin to tell you how much getting to know other cultures, unlike my own, first hand, has benefited me both personally and professionally along with sharpening my humanitarian world view and knowledge.

That said, in some small way, I'd like to give back by supporting the hopes and dreams of others, and namely, teens 15-17, who want to travel and experience American life and culture first hand. I think you would agree, that at that age, to have vision and family support to leave their friends and family behind to pursue the unknown of another education system and family is a pretty incredible aspiration!

The children we have high hopes of placing are in High School, they speak English, and come from a variety of International backgrounds and cultures. We've been told that our exchange students are well-behaved, disciplined, and eager to learn (smile). Some of the proof is in the extensive paperwork process and screening they have advanced through. Our commitment to them is to find a compatible host home.

Finally, hosting a student is not as expensive as one might think. Many of the student's expenses, including medical insurance are paid by their parents and they are required to have \$300 spending money each month. We simply ask that the host provide 3 meals a day with your family, a room/bed and safe environment, where the student can be comfortable while they are away from their native country. This is a wonderful opportunity to experience a new culture and support a charitable cause.

If this sounds like something you might be interested in, please contact me today! Host homes can be single parent, married or same gender couples. - **Submitted by Janice Johnson**



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News You Can Use

Lake Travis Community Library Offers Summer Programs

Now that school is ending, the LTCL Summer Reading Programs is just around the corner! Lake Travis Community Library offers craft camps, reading clubs, science camps, story times, and special performers for young people throughout the summer. Summer reading logs for children and adults will be available starting June 12. You will want to participate!

Do you want to learn what it takes to soar on the flying trapeze or just what goes into those cream pies that the clowns throw? Join Bonzo Crunch, Ringling Bros. and Barnum & Bailey Ambassador of Laughter, for some serious fun on Monday, June 7 at 5:30 p.m. at Lake Travis Community Library.

The library's official Summer Reading Program kickoff will be held on Saturday, June 12 at 10:30 a.m. in the TexARTS theatre a few doors down from the library. Professional ventriloquist and puppeteer



Attend a special performance by clown Bonzo Crunch on Monday, June 7 at 5:30 p.m. at 10:30 a.m. at Lake Travis Community Library.

Bob Abdou, known as Mr. Puppet, will perform.

"One of my greatest experiences as a performer is when I perform at a party and all the adults are in another room," said Mr. Puppet. "The children laugh so much that the adults just have to see what all the commotion is about. When the adults come see, they laugh out loud too!"

Summer reading logs and refreshments will also be available at the library on kickoff day on Saturday, June 12.

Award-winning, awfully English storyteller, Bernadette Nason will perform on Thursday, June 24. Nason has performed all over the world, most recently at the National Storytelling Festival's Exchange Place, the Timpanogos Storytelling Conference, and the Tejas Storytelling Festival. She is acclaimed both for her spirited re-telling of multicultural folktales and for her personal

(Continued on Page 51)



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Lake Travis Community Library - (Continued from Page 50)

stories pulled from the contrasting lifestyles of places she's lived: England, Africa, the Persian Gulf and the U.S. She brings stories to life with facial expressions, character voices and amazing energy, drawing from her cultural experiences to highlight universal truths and life lessons learned through her travels. Nason will perform at the Briarcliff Community Center at 10 a.m. and at the Lake Travis Community Library at 11:30 a.m. on Thursday, June 24.

Texas Environmental and Restoration will host a seminar at the Lake Travis Community Library on Wednesday, June 9 at 7 p.m. on Living a Green Life - Changing Old Habits to Eco Habits. Points will include how to make your home more environmentally friendly, transforming your work place to a more eco-conscious environment, and how to initiate and maintain positive green change.

Many regular events will continue through the summer months. Please contact the library at (512) 263-2885 or www.laketravislibrary. org for details about book clubs, story times, the memoir writing group, craft clubs, and more. All library events are free and open to the public. We look forward to seeing you this summer!

SUBMITTED BY LAKE TRAVIS COMMUNITY LIBRARY DIRECTOR MORGAN MCMILLIAN



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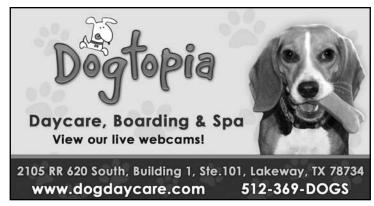
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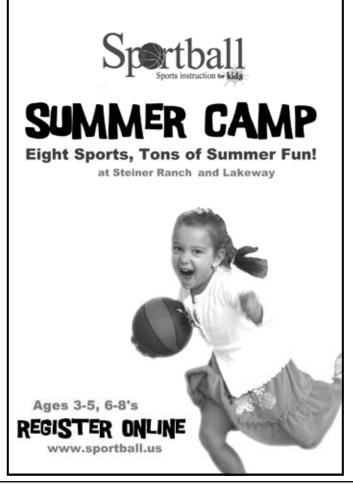


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Austin Newcomers Club

June Luncheon

Austin Newcomers is a social organization dedicated to introducing residents to the Austin Community and giving them the opportunity to meet and make new friends. Join us at our monthly luncheon as well as take the opportunity to learn about and become involved in many of the varied fun Interest groups.

Time: 11:00 AM Social - 12 Noon Luncheon

Date: June 16, 2010

(Reservations required by Thursday, June 10th)

Location: Green Pastures Restaurant
811 W Live Oak Street, Austin, 78704

Luncheon Cost: \$20 per person

For Luncheon Reservations email: LuncheonDirector@ AustinNewcomers.com or contact Marilyn Amey, 473-0118 For other Newcomers information visit www.austinnewcomers.com or call 512-314-5100

June Program: Wild Women of the Old West - originally scheduled for January

The Old West was difficult for women. Not all had brave husbands

who provided for them and made the family living. Frontier women without the protection of a husband or parents were left to do whatever they could to survive.

Many of the men who were outlaws have become legends with heroic stature. The women outlaws are not well known, but many had fascinating lives.

These are not the pioneer women with the sunbonnets who organized our churches, but women who made up their own rules and did what they had to do to live in a tough and lonely world.

Martha McLain will tell us the stories of these women. Marti's family has ranched in Sutton Country, Texas for over 100 years. She is a graduate of the University of Texas, did her graduate work in American Studies at the University of Texas Permian Basin, and studied Spanish and archeology in Mexico City and Guadalajara.

She has held various offices in the Daughters of the Republic of Texas and was named a Honorary Regent for Life in the Daughters of the American Revolution. She is the author of Love Letter of the Old West and April 1, 1902, a columnist, play director (won Best Direction of a Drama award), and speaker.





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SAVETHE DATE!

The Stiletto Stampede for the Cure™ is back at the Hill Country Galleria, Saturday, October 16, 2010! Presented by IdealHeel™ and Dillard's, the Stiletto Stampede for the Cure benefits the Susan G Komen Austin Affiliate. The Stiletto Stampede for the Cure is a high heel dash (100 yards) with a mission to encourage young women and men to know and understand the risks of breast cancer and empower them to prevent the disease by utilizing overall Breast Self-Awareness through early detection, screening methods and education. More information is available online at www.stilettostampede4thecure.org



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Bryan has been a Steiner Ranch resident since 2000, and is a perennial Austinite. Partnered with Coldwell Banker, the leader in real estate technology, Bryan offers his clients unparalleled service and satisfaction.



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Gardening in the Hill Country

Spring is in full swing with bright green mornings full of sunshine and bird song. Area garden centers are bursting with eager gardeners loading carts with compost, flowers and landscape supplies. While riding the energy of the season to beautify your yard, keep in mind a few things that will help the garden flourish through spring and summer.

Healthy soil supports a healthy landscape. Dedicate energy every year to improving your soil, and you will be richly rewarded with better blooms, improved water efficiency, and fewer disease problems. Work compost into garden and flower beds, and top-dress established areas and lawns with compost. Compost improves soil quality, and reduces or eliminates the need for fertilizer.

Water your garden efficiently and effectively. Although some watering is necessary to sustain gardens in the Hill Country, many people water too much! Over-watering wet or shallow soil results in weakened or diseased plants as well as runoff (water and money down the storm drain). For our thin and clay Hill Country soils, ½ inch, twice per week is the maximum amount you should need to water--even during the heat of summer. During spring and fall, ½ inch once per week is plenty.

Watering between dusk and dawn further increases the effectiveness of the water you use by reducing evaporation and increasing the amount of water that makes it to plant roots.

Twice per week summer watering is good for landscapes and also good for water supply. Over 60 percent of residential water is used on landscapes in the summer, resulting in water treatment plants experiencing peak demands. Efficient watering reduces the need to built new water treatment plants.

The City of Austin requires their customers to water no more than twice per week watering schedule effective May 1 through September 30. LCRA encourages all of its retail customers to follow Austin's schedule. The watering schedule is as follows:

Odd Addresses: Wednesday And Saturday Even Addresses: Thursday And Sunday Commercial And Hoa Common Areas: Tuesday And Friday

Healthy soil and efficient watering will assure that the vibrant flowers in your shopping cart at the garden center thrive in your yard throughout the growing season. Be sure to consider using native and adapted plants that are drought tolerant. For more information on drought tolerant plants and tips on water conservation, go to the LCRA web site: http://www.lcra.org/water/save/index.html.







Austin Currents

The Travis County Greenprint Report was published with little fanfare in 2006 and it contains a wealth of information about where we live and play. In partnership with the Trust for Public Land (TPL), the idea behind the Travis County Greenprint Report is that communities in Central Texas are growing rapidly and many find themselves behind the curve in terms of addressing the growing parks and recreational needs of the population. In Travis County and the City of Austin, cherished recreational areas and parks like Zilker Park and the Town Lake trail are very heavily used, while additional parks and recreational capacity are not being added at the same rate. Investment in maintenance has not kept pace with the needs and many recreational facilities are in severe disrepair.

The report covers water quality, recreational opportunities, protection of rare / environmentally sensitive features, and protection of cultural resources, green space and land-use issues. The goal of a comprehensive Travis County Greenprint is to create a unified vision—led by the community with TPL's help—that identifies the critical parks, recreation, and natural lands protection needs in the county. It is the goal of this effort to assist the City, the County, and the various parks and recreation and natural area conservation organizations to apply the limited resources available to this common vision. The Travis County Greenprint is aimed at helping the Central Texas community leverage available resources more effectively, resulting in a better parks, recreation, and natural areas system in the region.

You can download the Travis County Greenprint Report here: http://www.tpl.org/content_documents/tx_travis_greenprint.pdf For more information contact Rich Keith rkeith@primerica.com (512) 266-8498.

- Submitted by Rich Keith

YOUR FAVORITE YARD FOR

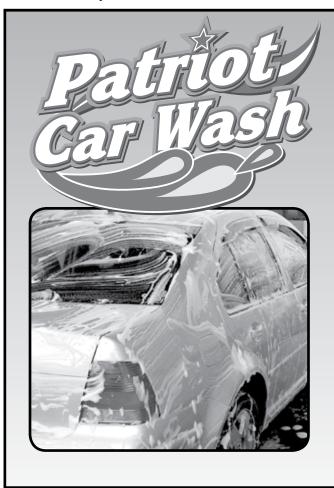
Yard of the Month

Do you know a neighbor who takes excellent care of their property or a neighbor who has added something new to their yard?

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Please include a photo if possible.





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NATURE WATCH

In the Water & On the Land





Many people are surprised to learn that the popular distinction between frogs and toads is artificial, as toads are actually a particular group of frogs. When using common names, the term 'frog' generally refers to species that have smooth and/or moist skins and are aquatic or semiaquatic, and the term 'toad' usually refers to species that have dry, warty, skin and are largely terrestrial. Both are amphibians, which means they change from a juvenile, water-breathing form to an adult, air-breathing form as they mature.

Of the nines species of toads in Texas, all have dry, warty skin, and obvious parotoids or shoulder glands. These glands secrete a toxin that can vary (if you are the predator) from simply distasteful to potentially lethal. Toads lay their eggs in long strings in the water, as opposed to clumps on vegetation like most frogs. To mate, the smaller

male embraces the larger female by clasping her from behind, underneath her forelimbs.

Widespread in the southeastern part of Texas is the Gulf coast toad (Bufo valliceps valliceps). Since it is not as well-adapted to the dry areas like some toad species, this toad is often found near water, whether it be a natural feature or where irrigation is frequently used. With females measuring up to 5 inches in length (not including their legs), this is one of the largest common toads in our area. Yellowish- or reddish-brown to rich brown. the Gulf coast toad's skin may also show highlights of orange, gold, or white. This toad is best identified by its extensive cranial ridge, a crest that runs from its nose over and past each eye to the back of its head, with a branch that wraps around the back side of each eye.

Active from dusk until well after nightfall, the males call

from the edge or near the edge of the water with a short and low but loud trill that is repeated every few seconds. Like most all other toads in Texas, the female Gulf coast toad usually lays her many thousands of eggs in long double strings from March to late summer, with breeding triggered by rains. In drier periods, these toads can be seen under street lamps and porch lights, searching for insects before returning to the same hiding spot to wait out the day.

Abundant near water, the Rio Grande leopard frog (Rana berlandieri) is one of the most commonly seen frogs in central Texas. During wet periods, it is primarily diurnal (active both during the day and at night) and while in a drought it is mostly nocturnal. Like most leopard frogs, this species has a smooth, sandy-tan to greenish-beige skin, with darker olive oval or rounded spots and light-colored ridges

down either side of the back. It occurs throughout central and west Texas, north to New Mexico, and south to central Mexico, where it is also known as the Mexican leopard frog.

Like all frogs, this frog has a large, circular spot behind each eye, called a tympanic membrane or eardrum. Located on the sides of the head, they are typically larger in males than in females, and allow the frogs to locate one another through vocalizations. In central Texas, calls resembling a short, rapidly pulsed snore, interspersed with chuckling notes, are most frequently heard in late winter or early spring.

Send your nature-related questions to naturewatch@ austin.rr.com and we'll do our best to answer them. If you enjoy reading these articles, look for our book, NatureWatch Austin, to be published by Texas A&M University Press in 2011.

- by Jim and Lynne Weber





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Eight Water Safety Rules for a Safe Austin Summer



We are dedicated to promoting drowning prevention and helping equip Austin residents with the best tools to keep Austin families safe in and around water.

- Always have a pool fence around home pools. This includes having a locked and securely fastened gate that is not accessible to little ones.
- Continuously educate children on water safety. This is a great thing to do at home, on the boat, at the pool, wherever there is water. Each time you are getting your little one ready for a swim session or water play, go over the
- rules of water safety. Repetition is key with small children. Make sure your swim instructor incorporates a "Safety Lesson of the Week" into its lesson curriculum. This includes questions about water safety and how to avoid dangerous situations.
- 3. Designate a "Water Watcher." This is a responsible adult who sticks to alcoholfree beverages during swim time and who is in charge of keeping both eyes on the pool while it is in use. Or, better yet: consider renting a Lifeguard for your party or group event.

- 4. Remove all pool toys, floaters, ring buoys and other child-enticing items from the pool area when it is not in use. One wrong reach for that floating rubber ducky could be disaster.
- 5. Clear homes of common household items that can be dangerous to a curious toddler. It takes just 2 inches of water for a child to drown in a bucket. Put all mop buckets, dog dishes and coolers out of children's reach.
- 6. Never leave a young child in the pool or bathtub--even "just to get the phone."
- 7. Enroll your child in swim classes. Start lessons early. The longer a child has lessons the more they understand water safety. A great time to do this is in the spring! This way your kids are already prepped and ready to roll for the summer swim season. You'll want to find an inside heated pool and lesson times geared towards working families.
- 8. Supervise, Supervise, Supervise! Try to have your eyes on your children in and around the pool at all times. Adults should always be present when any child is in the pool area.

Let's help our kids love the water while also respecting it by being safe and well-trained at all levels.

SUBMITTED BY LYNN NEILLIE



FROM THE AMERICAN COUNCIL ON EXERCISE®

Reap The Rewards of Personal Training

All the rich and famous celebrities have one. In fact, some are rich and famous themselves. But you don't have to be either one to reap the benefits of hiring a personal trainer.

More and more people, novice and veteran exercisers alike, are working with personal trainers because they offer a practical and affordable means of getting and staying healthy.

A trainer for every body

Many automatically equate personal training with gyms full of hard-core strength trainers and body builders. This is only part of the picture. Anyone, young and old, in shape and out, can utilize a personal trainer for a variety of reasons.

For example, many professional and amateur athletes work with a personal trainer during the off-season to prepare themselves for in-season competition. Individuals recovering from an injury or accident may enlist the help of a personal trainer (in conjunction with their physical therapist) to get them back in top form.

The work of a majority of personal trainers focuses on increasing and/or maintaining their clients' fitness levels, assisting them in weight loss and overseeing their strength-training and cardiovascular activities. Strength training, in particular, has received increased recognition in recent years because the lack of strength is now known to be a risk factor for disease, especially for older populations.

Tailor-made training

Personal trainers wear many hats, serving not only as coach, but also as confidant, role model, educator and a major source of motivation and encouragement.

Some people may want constant supervision two to three times a week, which makes

them more likely to stick to their program because they are accountable to someone else for their exercise time. Others may prefer to see a trainer only on occasion to update their exercise program, or for periodic fitness testing to receive feedback on their



progress.

It is the novice exerciser, however, who may find a personal trainer most valuable. Working with a personal trainer for a few sessions is often all it takes for some people to feel comfortable with independent exercise.

The following describes the most common services offered to those beginning an exercise program:

1. Fitness evaluation

This is a series of tests designed to assess cardiovascular fitness, body-fat percentage, flexibility and muscular strength and endurance.

2. Personalized exercise program

An individualized exercise program is designed based on the individual's fitness evaluation results and personal fitness and health goals.

3. Supervised exercise

Personal attention during exercise is the primary function of personal trainers. Clients are given a detailed orientation that addresses the aerobic, strength and flexibility

components of the exercise program, and are educated about the fundamentals of strength and aerobic training, as well as the proper and safe use of equipment.

Choosing one that fits

Once you have made the decision to hire a personal trainer, all that is left is to find one that best suits your needs. Of course, you want a personal trainer that is certified by the American Council on Exercise. (Call 800-529-8227 to locate the ACE-certified Personal Trainer nearest you.)

This is your assurance that you're working with a trainer who has the knowledge to provide you with a safe and effective workout. Don't hesitate to ask for references, and be sure that the trainer has liability insurance and provides business policies in writing.

Rates will vary, depending on the trainer's experience and the length and location of the workout session. While some health clubs offer personal training services to their members at reduced rates, most personal trainers typically charge \$25 to \$50 per hour for their services.

Finally, ask yourself if you could get along well with the trainer and whether or not they seem genuinely interested in helping you. If they meet all your other prerequisites, this is the trainer to hire. Together, you and your trainer can determine your best route to better health and fitness.



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In the Know...

What you know matters! Don't be afraid to report a crime. Did you know? Did you hear about the great new tool used by Law Enforcement Agencies to alert citizens of crimes, suspects and other pertinent information that could be used to help solve crimes?

CitizenObserver is a web based notification toolset for law enforcement that enables citizens to receive and respond to text, email, and web alerts from our agency. Sign up today through the website.

CitizenObserver is being used by the Travis County Sheriff's Office to communicate information to Citizens ranging from crime alerts to offender notifications. Be in touch with what's happening!

For the citizen observer website, log on to www. citizenobserver.com

More Prevention tips to come in the next issue. Until then, stay vigilant and make the call! This is Travis County Sheriff Office West Command, signing off until next shift!

STOP!

DID YOU LOCK YOUR VEHICLE? DID YOU LOCK YOUR DOORS AND WINDOWS?

- Secure your vehicles, homes, garage doors at all times (if you have an alarm, use it!)
- Utilize timers for lights, radios, and televisions when you are out of town.
- Secure patio doors with a rod or piece of plywood.
- Keep the perimeter of your home well lit.
- Never leave a vacation message on your answering machine.
- Keep shrubbery trimmed, to prevent hiding places.
- Park in well-lit areas at night.
- Do not leave valuables in plain sight. Lock them in the trunk or take them inside.
- Organize a community watch program in your neighborhood.
- Secure all windows and doors when you are home and away.
- LOCK YOUR CARS!!!!

This was another message from your local TCSO Criminal Investigations Division.

Until next time, Be On the Look Out! www.citizenobserver.com

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Newsletter Article Submissions

Interested in submitting an article? You can do so by emailing <u>steinerranch@peelinc.com</u> or by going to http://www.peelinc.com/articleSubmit.php. All news must be received by the 8th of the month prior to the issue. So if you are involved with a school group, scouts, sports etc – please submit your articles for The Ranch Record. Personal news for the Stork Report, Teenage Job Seekers, special celebrations and military service are also welcome.

Classified Ads

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Steiner Ranch residents, limit 30 words, please e-mail steinerranch@peelinc.com.

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office at 512-263-9181 or *advertising@PEELinc.com*.

SPEEDING IN STEINER PLEASE SLOW DOWN!

Speeding has become a MAJOR problem in our community. Whether on the public roads or behind the gates in the private neighborhoods, speeding

violations are on the increase. Also on the increase is the number of accidents on the roads.

Speeding can result in accidents, injuries and far worse. The Association receives many complaints on a regular basis. The solution is simple – PLEASE SLOW DOWN. Everyone at one time or another is guilty but the solution is simple. Think about your neighbors, think about the kids and think about safety and PLEASE SLOW DOWN.

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HEALTH BRIEFS

Consequences of sleep deprivation can add up

Think you can get by on a few hours of sleep each night without any serious consequences? Think again. Depriving yourself of sleep can have a detrimental effect on your overall health, said Dr. Shyam Subramianian, assistant professor of medicine at Baylor College of Medicine and a sleep expert.

"Research shows that several body functions are disturbed when you're not getting enough sleep," he said. Sleep deprivation can disrupt normal brain function and lead to short term memory loss, anxiety and even depression, said Subramanian. For someone who already suffers from a mood disorder, a lack of sleep can trigger more severe symptoms of the disorder.

Lack of sleep also affects how well the body functions. While you sleep, heart rate, blood pressure, adrenaline and platelet function slow down. Disrupting this slowdown can increase the risk of heart attack, stroke or blood clots, said Subramanian. Some research shows that sleep deprivation increases the risk of obesity and insulin resistance, a precursor to diabetes.

Signs of sleep deprivation include fatigue, falling asleep involuntarily throughout the day and constantly waking up at night, among others. Adults between the ages of 18 and 60 should get about seven and a half to eight hours of sleep each night. Children under the age of 5 years should get 11 to 12 hours of sleep each night. For each year after the age of 5, the number of hours of sleep needed will decrease by one.

Every hour of sleep you lose watching late night television or chatting on the phone will have an effect the next morning and perhaps over your lifetime as well, experts say.

Allergies: Nothing to sneeze about

Most people suffer from some type of allergy, whether it's mold, grass, ragweed or pollen. Some seasonal allergy sufferers experience more severe symptoms than others. If you are one of the extreme cases, experts at Baylor College of Medicine suggest: Staying indoors in the morning during peak pollination, Staying in air conditioning as much as possible, Drying clothes in the dryer rather than outside, Showering after being outdoors

There are several prescription and nonprescription medications that can help moderate to severe allergies, and more than one medication may be required. These include nasal topical corticosteroid sprays that reduce sneezing, itching, runny nose and congestion when used regularly during allergy season; oral and nasal antihistamines taken; which reduce the sneezing and itching acutely; eye drops; and saline washes for the nose and eyes.



WATCH LIVE services Sunday mornings or view any time at www.ghbc.org

Sunday Morning Schedule

9:30 - Traditional Worship 11:00 - Contemporary Worship 9:30 & 11:00 - Bible Life Groups (all ages)

Great Hills Baptist Church www.ghbc.org

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Crossword Puzzle 10 12 15 13 21 22 26 28 29 32

ACROSS

- 1. Among
- 5. Cubby
- 9. Santa call (2 wds.)
- 10. British princess
- 11. Absent
- 12. Praise
- 13. Her former last name
- 15. Ball holder
- 16. Surpasses
- 18. Bar enforcer
- 21. Trail
- 22. Humorous
- 26. Bets
- 28. Information
- 29. Vista
- 30. Paradise
- 31. Animal group
- 32. Lady

DOWN

- 1. Hit
- 2. State
- 3. Tai
- 4. Saucy Girl
- 5. Tyrannosaurus
- 6. Speak
- 7. Eyed
- 8. Tiny insects
- 10. Wears mesh mask to fight
- 14. Tax
- 17. Worn
- 18. Cheekv
- 19. Small measurement 1/16 of a pound
- 20. Whoop
- 23. Cipher
- 24. Object
- 25. Walking stick
- 27. The (final word)

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- Kids Stuff-

Section for Kids with news, puzzles, games and more!



What a Fire Ant Is

There are many different types of fire ants, and they are found all throughout the southeastern and southwestern United States. The most common and aggressive kind is the red imported fire ant, which is reddish-brown and measures about 1/8-inch long (about half the size of a pencil eraser).

Red imported fire ants live in colonies that first nest in the ground, and then create a mound of dirt over the nest. These mounds can grow up to 18 inches high and over 2 feet wide! Red imported fire ants' nests can be found on lawns, in parks, on playgrounds, in fields, and in pastures. Some red imported fire ants create nests in walls of buildings.

What a Fire Ant Sting Looks and Feels Like

A person who gets stung by a fire ant will feel a sharp pain and burning. A person who steps on a fire ant mound will get a lot of stings at once because the ants have been disturbed where they all live together. Each sting will turn into an itchy white blister over the next day.

What You Should Do

If you ever think that you have been stung by a fire ant, tell an adult immediately. That's because the venom (poison) in the fire ants' stings can cause the area of the sting to swell up quite a bit, and a doctor may want to have a look to make sure you

are not having an allergic reaction. The symptoms of an allergic reaction include hives (red patches on the skin that sting and itch), nausea, dizziness, a tight feeling in the throat, or difficulty breathing. If these symptoms occur, the person needs to get medical attention right away.

But more often, you can follow these steps after a fire ant sting:

Wash the area with soap and water.

Apply some ice to the area.

Check with the doctor if you have redness, swelling, or itching.

What a Doctor Will Do

A doctor may suggest giving a medicine called an antihistamine to control swelling and itching. If you are having a more severe allergic reaction to a fire ant sting, he or she may give you a shot fights the reaction. People who know that they are allergic to fire ant stings also sometimes carry emergency medicine that they can give to themselves to prevent a severe reaction from happening.

How to Avoid Getting Bitten

The best way to avoid getting bitten by fire ants is to keep your shoes on when playing near fire ant mounds. If you come across one, don't ever poke at it or try to play with it.

Reviewed by: Elana Pearl Ben-Joseph, MD Date reviewed: September 2007

This information was provided by KidsHealth, one of the largest resources online for medically reviewed health information written for parents, kids, and teens. For more articles like this one, visit www.KidsHealth.org or www. TeensHealth.org. ©1995-2006.The Nemours Foundation

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