



# FAIRFIELD

C O M M U N I T Y • G A Z E T T E

OFFICIAL FAIRFIELD COMMUNITY ASSOCIATION NEWSLETTER



## CY-FAIR SPORTS ASSOCIATION VOLLEYBALL WINNERS

### *Volley Divas Win 1st Place in Freshman Volleyball Division*

The Volley Divas coached by Kristi Crawford, Charlotte Stuart, and Laura Whorley won the Freshman Division of the Spring League for the Cy-Fair Sports Association this past weekend. The team went undefeated the entire season with a 13 - 0 record. In fact, the team didn't lose a single game the entire season! Let's give these girls a big round of applause for their outstanding accomplishment!

*Front row (left to right) Kendall Eldridge, Makensie Garner, Kim Bordwine, Mackenzie Stuart, Emily Whorley*  
*Back row (left to right) Charlotte Stuart, Laura Whorley, Michelle Klein, Kyla Crawford, Emma Horton, Peyton Woodward, Kristi Crawford (head coach)*



### *Bombshells Win 1st Place in Junior Volleyball Division*

The Bombshells coached by Robert Sandoval and Kay Jukes won the Junior Division of the Spring League for the Cy-Fair Sports Association this past weekend. The team went undefeated the entire season with a 13 - 0 record. In fact, the team didn't lose a single game the entire season! Let's give these girls a big round of applause for their outstanding accomplishment!

*Front row (left to right) Kayla Bashkatova, Amber Bonneau, Jenna Grant*

*Back row (left to right) Coach Robert Sandoval, Madison Jukes, Taylor Lenahan, Rachel Suomela, Nikki Jozwiak, Brook Sandoval, Toni Gonzales, Coach Kay Jukes*



***Get your daughters involved! Registration for the Fairfield Volleyball League starts soon!  
Go to [www.fairfieldsports.net](http://www.fairfieldsports.net) for more information!***

# FAIRFIELD IMPORTANT NUMBERS

## EMERGENCY NUMBERS

|                            |              |
|----------------------------|--------------|
| Ambulance/Fire .....       | 911          |
| Poison Control.....        | 800-222-1222 |
| Sheriff's Department ..... | 911          |

## NON-EMERGENCY NUMBERS

|                                     |              |
|-------------------------------------|--------------|
| Ambulance.....                      | 713-466-4073 |
| Cy-Fair Medical Clinic (24 hr)..... | 281-890-4285 |
| FBI .....                           | 713-693-5000 |
| Fire .....                          | 713-466-4073 |
| Harris County Animal Control.....   | 281-999-3191 |
| Sheriff's Department .....          | 713-221-6000 |
| Vacation Watch.....                 | 281-290-2100 |

## MISCELLANEOUS NUMBERS

|   |              |
|---|--------------|
| A.M.I (deed restrictions, etc.).....        | 713-932-1122 |
| Cecelia Panzineti, AMI Onsite Manager ..... | 281-256-0065 |
| Community Meeting Room.....                 | 281-373-0834 |
| Cy-Fair College.....                        | 281-290-3200 |
| Cypress Area Home Schoolers.....            | 281-890-3792 |
| Fairfield Athletic Club (FAC).....          | 281-373-0834 |
| Fairfield Information Center.....           | 281-373-1177 |
| Friendswood Development .....               | 281-875-1552 |
| Harris Co. Library (Northwest) .....        | 281-890-2665 |
| Harris Co. Animal Control.....              | 281-999-3191 |
| Harris County Mosquito Control.....         | 713-440-4800 |

## UTILITY NUMBERS

|  |              |
|--|--------------|
| ENTEX (gas).....                       | 713-659-2111 |
| Centerpoint Energy (Electricity) ..... | 713-659-2111 |
| Southwestern Bell (phone).....         | 713-638-7000 |
| ST Environmental (Sewer/water) .....   | 281-398-8211 |
| Time Warner Cable.....                 | 713-462-9000 |
| Waste Management (trash) .....         | 713-686-6666 |

## COMMITTEE NUMBERS

|   |                               |
|---|-------------------------------|
| <b>Crime Watch Chairman:</b> Freeman Martin .....       | freemanmartin1@comcast.net    |
| <b>Fairfield Area Swim Team:</b> Carla Tharp .....      | 281-373-3955                  |
| <b>Fairfield Women's Club:</b> Bethany K. Scanlon ..... | fairfieldwomensclub@gmail.com |
| <b>Security Coordinator:</b>                            |                               |

## FAIRFIELD VILLAGE COMMUNITY ASSOCIATION

**Resident Board Members:** *Please remember that the resident Board Members are volunteers with families. As a courtesy please communicate with them during reasonable hours.*

|  |                                  |
|--|----------------------------------|
| Ed Hofer (Bradford Creek, FF Village Community Assoc.).....  | bradford.neighbor@hotmail.com    |
| Pam Montgomery (Bradford Creek) .....                        | pmontgomery@robertsmarket.com    |
| Jim Auge (Bradford Creek) .....                              | jauge7@yahoo.com                 |
| Tami Ehler (Bradford Creek) .....                            | fairfield-bradford@sbcglobal.net |
| Roy Erickson (Bradford Creek) .....                          | Bradfordcommunity@sbcglobal.net  |
| Joni Seifert (Chappell Ridge) .....                          | 281-256-2853                     |
| Kay Jukes (Chappell Ridge, FF Village Community Assoc.)..... | 281-373-9301                     |
| John White (Chappell Ridge) .....                            | 281-373-1223                     |
| Brian Gambrell (Fairfield South).....                        | brian_gambrell@hotmail.com       |
| Terry Noe (FF Village Community Assoc.) .....                | 281-213-8780                     |
| Donna Bonneau (Garden Grove) .....                           | 281-304-7294                     |
| Louis Iselin (Garden Grove).....                             | 281-256-1874                     |
| Robert Nichols (Inwood Park) .....                           | Susan.nichols@yahoo.com          |
| Alex Griffith (Inwood Park) .....                            | 281-304-4026                     |
| Craig Jackson (Inwood Park) .....                            | craig.r.jackson@gmail.com        |
| Billy Sutton (Inwood Park) .....                             | 281-304-9419                     |
| John Hanes (Lakes of FF, FF Village Community Assoc.) .....  | 713-431-2245                     |
| Patrick Wong (Lakes of Fairfield) .....                      | pcwong1@earthlink.net            |
| Kevin Hoffman (Lakes of Fairfield).....                      | khoffman00@comcast.net           |
| Mark Gafford (Lakes of Fairfield).....                       | donna_gafford@sbcglobal.net      |
| Ken Heil (Trails of Fairfield) .....                         | Fairfield@walkingsphere.com      |
| Brian Roberts (Trails of Fairfield) .....                    | brian.roberts53@att.net          |

## Fairfieldwood Development:

|   |                      |
|---|----------------------|
| Tim Fitzpatrick (Chappell Ridge, Garden Grove, Lakes, Trails, FF South) ..... | 281-875-1552         |
| Tommy Weaver (Chappell Ridge, Garden Grove, Lakes, Trails, FF South) .....    | 281-875-1552         |
| Nan Peavey (Lakes, FF South).....   | 281-875-1552         |
| Bill Page (Chappell Ridge) .....  | wpage001@comcast.net |

## NEWSLETTER PUBLISHER

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|-----------------|--|

## GOVERNMENT/STATE NUMBERS

|                          |              |
|--------------------------|--------------|
| Courthouse Annex.....    | 281-859-0685 |
| Driver's License.....    | 713-681-6187 |
| Post Office .....        | 281-373-9125 |
| Voter Registration ..... | 713-224-1919 |

## SCHOOL NUMBERS

|                                 |              |
|---------------------------------|--------------|
| Ault Elementary.....            | 281-373-2800 |
| Bus Information.....            | 281-897-4380 |
| Cy-Fair Administration .....    | 281-897-4000 |
| Cy-Fair High School .....       | 281-897-4600 |
| Cy-Ranch High School.....       | 281-373-2300 |
| Goodson Junior High School..... | 281-373-2350 |
| Keith Elementary.....           | 281-213-1744 |
| Spillane Middle School .....    | 281-213-1645 |
| Swenke Elementary.....          | 281-213-1200 |

## CHURCHES

|   |              |
|---|--------------|
| Christ Church Houston Northwest.....          | 281-758-0454 |
| Christ the Redeemer Presbyterian Church ..... | 281-357-8880 |
| Community of Faith.....                       | 832-875-2520 |
| Christ the Redeemer Catholic Church .....     | 281-469-5533 |
| Fairfield Baptist Church.....                 | 281-373-5446 |
| Fairfield Church of Christ.....               | 281-373-1900 |
| Fountain of Life Fellowship .....             | 281-373-9337 |
| Good Shepherd United Methodist Church .....   | 281-373-2273 |
| Harvest Bible Church .....                    | 281-256-7733 |
| Messian Lutheran Church.....                  | 281-890-3013 |
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### *Featured Listings*

**15610 Township Glen Ln**

Perry home on cul-de-sac street, this elegant 2 story home features study conveniently located right off the foyer. Spacious master suite on first floor. Formal dining room and family room have hardwood flooring. Island kitchen has solid surface counter tops. Gameroom and 3 bedrooms up. One closet up is plumbed for an additional bath. Large closets. Extended flagstone patio provides setting for entertaining, but also serves as a peaceful respite. This home has 3 full baths, 2 down, which is a real asset for guests or family who don't navigate the stairs. 4/5 bedrooms, 3 full baths, 2 car detached garage.

### **15607 Garden Bend**

**POOL!** Village Builders one story home on cul-de-sac street! This 3 or 4 bedroom home features a spacious master suite with a recently redone shower and countertops. Fresh interior paint March 2010. Kitchen with Corian breakfast bar brings the cook into conversations with those in the family room, and provides additional space for serving and for bar stools. Backyard pool and deck..... so perfect for making the most of the Houston climate. **\$169,900**

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## ADVERTISING INFO

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## ARTICLE INFO

The Fairfield Community Gazette is mailed monthly to all Fairfield residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to [fairfieldgazette@peelinc.com](mailto:fairfieldgazette@peelinc.com). The deadline is the 10th of the month prior to the issue.

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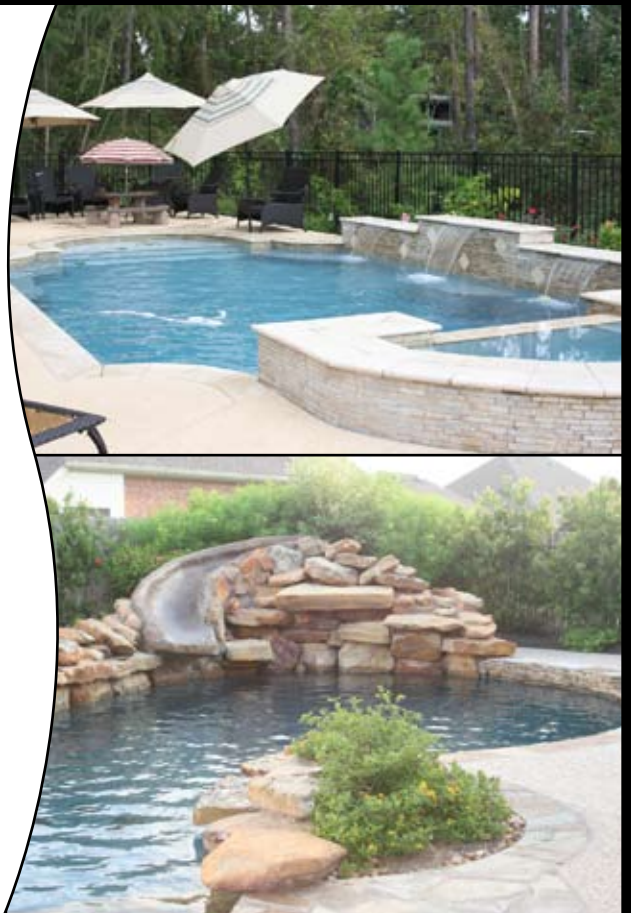




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*Middle Row: Parker Childers, Liam Koleci, Tripp Cromer, Mike DeLeon, Vinny Sanchez*

*Bottom Row: Dylan Broadway, Andrew Maleski, Cole McClellan, Kolton Nunez, Seth Broseman*



### ***Fairfiled Express Cy-Fair 7U League Champions***

*Back Row: Ass. Coach Jeff Roberts, Matt James, Head Coach Greg Riddle, Ass. Coach Steve Croes.*

*Middle Row: Lane McMillian, Scotty Roberts, Tyler Hebert, Noah Shiek, Jacob James, Korbin Purvis.*

*Front Row: Marshall Barstow, Rush Croes, Connor Motsinger, Ryan Riddle*

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### ***FSA AAA Pirates 1st Place Tournament National Division 2nd Place League***

*Top Row: Coaches: Matt Alborn, David Koleci, Steve Hubbs*

*Middle Row: Adam Alborn, Landon Koleci, Sean DeLoughery, Joey Hubbs, Bryce Vest, Derek Page*

*Bottom Row: Alex Burns, Jackson Burton, Jared DeFelice, Aaron Galindo, Noah Schutt*





## Fairfield's Fifty Plus Fun-Loving Group

### The Fairfield Seniors

*The Seniors of Fairfield are an active, fifty plus, fun-loving group of couples and singles who enjoy fellowship, monthly trips, and various activities together. If you or your spouse is fifty or older, a newcomer to Fairfield Village or have lived here in Fairfield for some time but have never attended one of our functions, you are cordially invited.*

*Come be a part of our fun-loving group. We're sure you will enjoy it.*

#### OUR JULY BUS TRIP PLANS ARE FOR: Friday, July 9, Our Annual ASTROS Ball Game

July is the time for our annual trip (Wow – this is our fifth year) to the ballpark. It's back to Minute Maid Park to watch our *Houston Astros* play the *St. Louis Cardinals*.

We have fine seats reserved in the Bullpen Box section 153, rows 9 and 10. Entry and exit is at street level so it is easy to get to this section. With door to door bus service and the Friday night fireworks display after the game, you simply can't go wrong. Let's continue the tradition of a night at the ballpark with our Fairfield Fun-Loving friends. Last year was a great evening – so don't miss it this year.

We will have dinner, or just a snack if you like, at the Cleburne Cafeteria on Bissonnet prior to the game. Game time starts at 7:05 p.m. Note: Cleburne's accepts cash or local personal checks – **sorry no credit cards**.

The cost for this trip will be \$26.00 per person (non-refundable) for your baseball tickets, plus the cost of your dinner or snack at Cleburne's. You can get your name on the list for this trip by calling **Ed or Darlene Hofer @ 281-304-9078**.

***Ticket payment must be in by June 7, to obtain the group price.*** Make checks out to: Fairfield 50 Plus. The departure time will be 04:15 p.m. from the Fairfield Village parking lot. Please be there by 04:00 p.m.

#### OUR AUGUST BUS TRIP PLANS ARE FOR: Thursday, August 5, To the Radio Music Theater.

The Radio Music Theater is three people doing multiple comic characters and playing multiple musical instruments. It is hard to characterize, but it's always enjoyable.

***This evening the production will be the "Fear of Ducks".***

The "Fear of Ducks" is a hilarious satire about you, your future, and the city in which you live. In the production: Precious Trees is Houston's most planned community. It is also the home of popular televangelist Jiffy Dillard. But this idyllic suburb is about to be changed forever when hip-hop artist A.C. Adaptor comes to town to perform at the Margaret Mueller Mitchell Miller Pavilion. A real holy war then ensues, and this once peaceful community suddenly becomes the focus of the national media.

*(Continued on Page 10)*

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# Around Fairfield

**Fairfield Fifty Plus-** (Continued from Page 8)

**You can't describe it. You have to see it.**

We will be having dinner prior to the show. However, the location for dinner has yet to be determined. Please check our web page and the dinner location will be posted there when determined.

The cost for this trip is \$24.00, plus the cost of your dinner. You can get your name on the trip list or get additional information, by calling:

Kay or Skip Wheeler at 281-890-1934

Make checks out to: Fairfield 50 Plus. The departure time will be 05:45 p.m. from the Fairfield Village parking lot. Please be there by 05:30 p.m.

## OUR JULY ACTIVITIES PLANS:

### Have an enjoyable 4th of July

**Thursday, July 8:** The Monthly Planning Committee meeting is at 1:00 p.m. at the Lakeside Trails Club House. Everyone is invited to attend these meetings and participate in our upcoming trip plans.

Then later, around 6:30 p.m. that evening, we have our Monthly Pot Luck. It is also at the Lakeside Trails Club House. However, plan on being there early. Doors open around 6:00 p.m. for socializing and fellowship. Then stay and join many of our members that stay to play games after the meal and to finish up the deserts.

**Tuesday, July 20: Game Night at the Cooks' House.** It starts

around 6:30 p.m. Just bring a little snack and a healthy appetite. This is always a fun evening with great fellowship. The directions are posted in the Activity details page on our website and will also be in our July 18 weekly email.

**NOTE: This month the game night is the fifth Thursday.**

**Thursday, July 29: Game Night at Lakeside Trails Club House.**

It starts around 6:30 p.m., and we have plenty of room at the club house. We would like to see you there to enjoy an evening of games and fellowship with us. Just bring a little snack and plan on having lots of fun. There are some card games and of course dominoes.

**For additional information on activities other than trips:**

*Call Mary Lou Cook @ 281-304-8359*

We recommend that you check our website regularly. Things do change occasionally from the time this article was submitted, and it is possible that some of the information in this article has changed.

[www.fairfieldseniorsgroup.com](http://www.fairfieldseniorsgroup.com)

**OUR FUN-LOVERS WEEKLY EMAIL: An event reminder.**

It is emailed each week to our members and others who have requested it. It provides updated information and any changes from what appears here in the Gazette. We also include member birthdays and prayer requests, along with other news and items of interest. If you would like to receive our weekly emails, send your email address to: [wmcook@comcast.net](mailto:wmcook@comcast.net)

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## Please join the Fairfield Women's Club at



Join us for an evening of creativity  
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They'll provide our paint, canvas, brushes and guidance and we'll have a fun evening with FWC. At the end of the evening, everyone will have a 16x20 one-of-a-kind creation!



Fairfield Women's Club members and guests pay a special, one-time-only Fairfield price of \$25 per person. BYOB however food will be provided!

Painting With a Twist is located at  
12344 Barker Cypress Rd. Suite 200  
Cypress, TX 77429

(Hwy. 290 @ Barker Cypress Rd.--Randall's side)

RSVP required at [fairfieldwomensclub@gmail.com](mailto:fairfieldwomensclub@gmail.com)  
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# Around Fairfield

## FAIRFIELD WOMEN'S CLUB

*Spotlight Member of the Month - Angela Sanford*



Our Fairfield Women's Club Spotlight Member of the Month is Angela Sanford. Angela joined the FWC last year, and became an active supporter of the first Neighborhood Garage Sale fundraiser and is looking forward to coordinating the next Fairfield Garage Sale. She is also actively involved in the planning of this year's Fourth of July Parade

and Picnic, soliciting sponsors and donors to help ensure a successful event.

Angela moved to Fairfield in 2004. She and Scott have been married for 7 years and have a son and daughter. She is looking forward to serving on the Keith Elementary PTO Board during the 2010 school year and has even organized an extensive playgroup for incoming kindergarteners. When she isn't busy with mom duties or volunteering, Angela also runs her own travel agency, Once Upon A Time Vacations. Her personal favorite place to visit is Walt Disney World and she's been there more than 40 times to prove it. Angela loves taking her kids to the Fairfield pools and playgrounds and taking in all the Cypress-area family hot spots. Come meet her and other fun and interesting people every third Tuesday with the Fairfield Women's Club.

## Cy-Fair Republican Women

Come join us this summer and see what we're all about! CFRW meets the second Tuesday of every month at Carraba's Italian Grill on Hwy 6 near Copperfield at 10:30 a.m. Check our website CFRW.net for the latest information. There is always something to learn from our diverse and interesting speakers. CFRW members are also volunteers that try to make a difference in our community, state and nation. Get involved a little or alot, it is up to you. Come hear what's going on with the Jim Murphy Campaign July 13 as he tries to reclaim his Texas Representative seat in the upcoming election. Our August meeting will be very exciting as we welcome Texas Secretary of State Roger Williams to speak at our August Social (held at night). Mr. Williams is running for the U.S. Senate in 2012 (seat of Sen. Kay Bailey Hutchinson). Check website to RSVP. Hope to see you there!



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# The MOMS Club® of Cypress / NW-Fairfield Moms Offering Moms Support

*Welcomes all Stay-At-Home Moms in Fairfield and Lakes of Fairhaven*

MOMS Club® is an international organization with a neighborhood feel! We are teachers, business women, counselors, chefs, CPA's and artists who have put those careers on hold and have made the choice to stay home with our kids.

MOMS Club® is a place to find friendship, support, playmates and sisterhood!

ALL events include our children and we believe there is something for every mom out there! Are you looking for park days, coffee breaks, lunch outings, (free) babysitting co-op, craft projects, time to sit and chat, cooking club, book club or someone to share dinner with when your husband is traveling or working late? We even find the time to meet once a month for a mom's night out for a great time to unwind. Or are you interested in helping within the community with service projects? We have that! (And a whole lot more!)

The MOMS Club has lots of fun summer time activities planned. Come join other moms and kids in many great outdoor and indoor activities. Are you new to the area or a new mom and need a friend or support; we are here for you. Don't let yourself feel isolated being

a stay at home mom. You can attend two events before joining. Our membership fee is only \$20 a year. The MOMS Club is a great opportunity for you and your kids to make new friends in our area. Come visit our next all-member meeting and see for yourself! There is a lot of fun and support just waiting for you! Our next meeting is Tuesday, July 13th at 10AM at Fairfield Baptist Church room 208 located at 27240 Highway 290 in the front of Fairfield. We often have a guest speaker at our meetings discussing topics like finance, health, organization and other popular topics. As always, children welcomed!

*For more information  
please contact:*

Keri Whitt, Membership VP at  
713-724-4147,

keriwhitt@yahoo.com or

Amy Wilkes, President at

281-455-2807,

amywilkes2003@yahoo.com.



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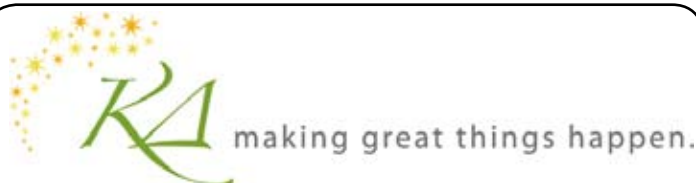
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# Around Fairfield

## Keith Kindegartners Playgroup Forming

If your child is entering Kindergarten at Keith this coming school year (Fall 2010) you are invited to join our playgroup. This playgroup will give the kids to meet more friends so when school starts they will know lots of other kids and won't feel alone. To join please email Angela Sanford at [ang.sanford@sbcglobal.net](mailto:ang.sanford@sbcglobal.net).



## Attention Kappa Delta Sisters ...

The Houston Northwest Kappa Delta Alumnae Association holds meetings the 4th Tuesday of each month at 6:30 p.m. Visit [www.kdhnwaa.com](http://www.kdhnwaa.com) for all the details.



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Movie Theatre on Hwy 290 & Spring Cypress  
Traditional Service: 9:00 a.m.  
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### Jones Road Campus

8350 Jones Road, ¼ mile off Hwy 290 on Jones  
Traditional Services: 8:15 a.m., 9:20 a.m., 10:40 a.m.  
Contemporary Services: 9:20 a.m., 10:40 a.m.

[www.foundrychurch.org](http://www.foundrychurch.org) | 713.937.9388

## "Adventures in Mothering" at The MET



## Join the Adventure! Get Connected...with MOPS!

MOPS stands for Mothers of Preschoolers, a program led by mothers themselves and designed for mothers with children ages birth to 5. These mothers all have a shared desire...to be the best mothers they can be!

For more information on meetings in Fairfield, please contact Renate Wheeler at [renateqw@yahoo.com](mailto:renateqw@yahoo.com). They will meet on the second and fourth Fridays during the school year.

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# *Fairfield Freedom Fest 2010*

*Saturday, July 17th, 12-3 pm*

*Event location: Highland Homes Model, 16802 N. Azure Mist Court, Cypress TX 77433*

*Bring the family and join us for a free event  
honoring our freedom and our soldiers!*

*Popcorn, snow cones, hot dogs & drinks - Live Music  
Huge outdoor bounce house and video games for the kids - Tons of prizes!*

*We are taking donations that will be given to  
[www.Cypress-Cares.org](http://www.Cypress-Cares.org) and [www.supportourtroops.org](http://www.supportourtroops.org)  
to help soldiers from our community.*

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# Around Fairfield

## CY-FAIR KIWANIS CLUB

The 25th anniversary of the establishment of the Cy-Fair Kiwanis Club was held on May 11! Four founding members were recognized: John Carroll, Dr. Larry Zarker, Dr. Vernon Jones; and Dr. Jim Ramsey. District Lt. Governor, John Sheridan commended the club for giving twenty-five years of outstanding service to the Cy-Fair community. He presented the club with a commemorative patch for our banner. John Carroll gave a brief history of the club, beginning with its founding on April 30, 1985.

David Paul, John Carroll, Larry Zarker, Vernon Jones, and James Ramsey were recognized as 25 year Legion of Merit awardees. Recognized as earning 30 year Legion of Merit Awards were Dr. John Overton, George Crowl, E. J. Messara, and Jim Meadows. Larry Zarker was recognized for having 25 years of perfect attendance.

Scholarships for outstanding Key Club members were awarded to Madhumita Govindu and Deana Ortiz of the Cy-Fair High School Key Club; to Usama Khan of Mayde-Creek High School; and to Andres Ramirez of Cy-Falls Key Club by Peggy Presnell, Scholarship Committee Chair. Kathy Kiklas, advisor of the Cy-Falls Key Club, introduced the winners of \$1000 Scholarships from the Texas-Oklahoma District: Deahna Ortiz, Andres Ramirez, and Lauren Miller, Cy-Woods High School. Jessica Dodd from Cy-falls High School received the T-O district Sophomore of the Year Award.

The Cy-Fair Kiwanis Club sponsors nine Key Clubs in the Cy-Fair Independent School District. As you can see from the many scholarships earned, the members are outstanding students in service and academic achievement. We are proud of our Key Club members and commend them for the many service hours they contribute to the community.

Fairfield residents, Louis Islein and Tasmina Quddus, and Mike Larrivee, Hearthstone resident, were welcomed as new members by Steve Caton, President.

On May 22, the first of the season's Kiwanis Kids Triathlon series, was held at the Langham Creek YMCA. Kids ages 7 through 12 participated in swimming, bicycling, and running. More than 100 kids from the area participated. Cy-Fair Kiwanians prepared the courses for the events, supervised the races, and presented awards to the winners. All participants received medals and tee shirts for participation. Other Kiwanis Clubs in the Houston area will be sponsoring Triathlons throughout the summer. For information, visit the [www.kiwanishouston.sunrise.org](http://www.kiwanishouston.sunrise.org).

Come join us at the CY-FAIR KIWANIS CLUB, enjoy fellowship with members, hear informative speakers, and be a part of sponsoring children and youth activities in our community. Membership

*(Continued on Page 17)*



# FAIRFIELD

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### Cy-Fair Kiwanis- (Continued from Page 16)

is open to persons of good character who adhere to the standards of good conduct in their community and believe in and subscribe to the objects of Kiwanis International. If you would like to know more about Kiwanis and the programs it promotes, we invite you to be our guest at one of our monthly meetings. The Cy-Fair Kiwanis Club meets at Hearthstone Country Club on the first, second, and third Tuesday of each month at 12:15 for lunch and informative programs. For more information, call John Carroll (Copperfield and Hearthstone areas) at 281-463-0373; George Crawl (Jersey Village area) at 832-467-1998; or Peggy Presnell (Fairfield and CyRanch) at 281-304-7127. If you live anywhere in the Cy-Fair Communities, you may call any one of the above for information. COME, BE A PART OF OUR FELLOWSHIP. Visit our website at [www.kiwanishoustoncyfair.com](http://www.kiwanishoustoncyfair.com) for more information.

## Baby Boy!

John Britt Cooper

Arrived: May 17, 2010

8 pounds, 2 ounces  
20.75"

Proud Parents:  
Matt and Jenny Cooper

Submit your information on the  
arrival of your little one to  
[fairfieldgazette@peelinc.com](mailto:fairfieldgazette@peelinc.com).



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### FACTS YOU NEED TO KNOW ABOUT DROWNING

Drowning is the leading cause of unintentional injury-related death in children ages 1-4



### DROWNING WILL AFFECT YOU OR SOMEONE YOU KNOW

Drowning is the 2nd leading cause of unintentional injury-related death ages 1-14.

For more information,  
check out our website at

[www.colinshope.org](http://www.colinshope.org)

### DROWNING CAN STILL OCCUR EVEN IF YOU KNOW HOW TO SWIM

NO ONE is "drown proof" – no matter their level of swimming ability.

Falls, entrapments, and injuries lead to drowning regardless of swimming level.

A majority of people overestimate their own and their child's ability to swim, especially in a panic event.

### DROWNING IS QUICK AND SILENT



Drowning occurs in as little as 2 minutes.



Irreversible brain damage occurs in as little as 4 minutes.



Most children are out of sight or missing for less than 5 minutes and usually in the presence of 1 or both parents.



Most children die who are submerged for as little as 6-10 minutes.

Children who drown do not **scream, splash, or struggle**. They silently slip beneath the water, even with adults & lifeguards present.

## SUMMER POOL HOURS



### JULY

*July 5<sup>th</sup> – July 31<sup>st</sup>*

#### FAIRFIELD ATHLETIC CLUB POOL

|                  |                  |
|------------------|------------------|
| MONDAY           | CLOSED           |
| Tuesday – Friday | 12:00pm – 9:00pm |
| Saturday         | 11:00am – 6:00pm |
| Sunday           | 1:00pm – 6:00pm  |

FAC Pool will be closed Tuesday through Friday from 4:00pm – 7:00pm from July 1st to July 30th for swim lessons and Texas Terrapins Swim Team.

#### BRADFORD CREEK POOL

|                   |                  |
|-------------------|------------------|
| Mon. – Wed.       | 10:00am – 8:00pm |
| THURSDAY          | CLOSED           |
| Friday & Saturday | 10:00am – 8:00pm |
| Sunday            | 1:00pm – 8:00pm  |

#### GARDEN GROVE POOL

|                   |                 |
|-------------------|-----------------|
| Monday            | 1:00pm – 8:00pm |
| TUES. & WED.      | CLOSED          |
| Thursday & Friday | 1:00pm – 8:00pm |
| Saturday & Sunday | 1:00pm – 6:00pm |

#### INWOOD PARK POOL

|                   |                  |
|-------------------|------------------|
| Monday            | 12:00pm – 8:00pm |
| TUES. & WED.      | CLOSED           |
| Thursday & Friday | 12:00pm – 8:00pm |
| Saturday          | 12:00pm – 6:00pm |
| Sunday            | 1:00pm – 6:00pm  |

#### LAKE SIDE TRAILS POOL

|               |                 |
|---------------|-----------------|
| Mon. – Wed.   | 1:00pm – 8:00pm |
| THURS. & FRI. | CLOSED          |
| Sat. & Sun.   | 1:00pm – 6:00pm |

#### CENTRAL PARK POOL

|                  |                  |
|------------------|------------------|
| MONDAY           | CLOSED           |
| Tuesday - Friday | 12:00pm – 8:00pm |
| Saturday         | 12:00pm – 6:00pm |
| Sunday           | 1:00pm – 6:00pm  |

#### SPLASH PAD

*The Splash Pad is located at the Central Park Pool.* It will be open 7 days a week through October 31st from 9:00am – 9:00pm.

### AUGUST

*August 1<sup>st</sup> – August 22<sup>nd</sup>*

All pools will be closed starting August 23rd due to school starting.

All pools will be open Saturday, August 28th and Sunday August 29th

#### FAIRFIELD ATHLETIC CLUB POOL

|                  |                  |
|------------------|------------------|
| MONDAY           | CLOSED           |
| Tuesday - Friday | 12:00pm – 900pm  |
| Saturday         | 11:00am – 6:00pm |
| Sunday           | 1:00pm – 6:00pm  |

FAC Pool will be closed Tuesday through Friday from 4:00pm – 7:00pm from July 1st to July 30th for Texas Terrapins Swim Team.

#### BRADFORD CREEK POOL

|                   |                  |
|-------------------|------------------|
| Mon. - Wed.       | 10:00am – 8:00pm |
| THURSDAY          | CLOSED           |
| Friday & Saturday | 10:00am – 8:00pm |
| Sunday            | 1:00pm – 8:00pm  |

#### GARDEN GROVE POOL

|                   |                 |
|-------------------|-----------------|
| Monday            | 1:00pm – 8:00pm |
| TUES. & WED.      | CLOSED          |
| Thursday & Friday | 1:00pm – 8:00pm |
| Saturday & Sunday | 1:00pm – 6:00pm |

#### INWOOD PARK POOL

|                   |                  |
|-------------------|------------------|
| Monday            | 12:00pm – 8:00pm |
| TUES. & WED.      | CLOSED           |
| Thursday & Friday | 12:00pm – 8:00pm |
| Saturday          | 12:00pm – 6:00pm |
| Sunday            | 1:00pm – 6:00pm  |

#### LAKE SIDE TRAILS POOL

|               |                 |
|---------------|-----------------|
| Mon. – Wed.   | 1:00pm – 8:00pm |
| THURS. & FRI. | CLOSED          |
| Saturday      | 1:00pm – 6:00pm |
| Sunday        | 1:00pm – 6:00pm |

#### CENTRAL PARK POOL

|                  |                  |
|------------------|------------------|
| MONDAY           | CLOSED           |
| Tuesday - Friday | 12:00pm – 8:00pm |
| Saturday         | 12:00pm – 6:00pm |
| Sunday           | 1:00pm – 6:00pm  |



## Fairfield Pet's Lost & Found

Have you lost or found a pet? Please call 281-605-5775 or go to [www.fairfieldanimals.com](http://www.fairfieldanimals.com). Information is posted in hopes to matching it to the owner. We are unable to pick up, deliver or provide medical assistance but will try to help find the owner.

We are currently in the need of potential fosters for found animals. A day, week or month will help save a life of a pet.

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**WWW.FAIRFIELDVILLAGE.ORG**

### *The Fairfield Village website has gone digital!*

If you are already registered on the website, you can use your current user name and password to log on. If you have not registered, go to [www.fairfieldvillage.org](http://www.fairfieldvillage.org) and enter the information requested.

You can find your Governing Documents, calendars of events, clubhouse rental information, FAC programs, pool schedules and much more. You can also contact AMI via the website and even send a Service Request.

The website is a great way to find out more about your community.

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## Krone Earns Eagle Scout Award

### *Indianapolis native joins father as Eagle Scout*



*Joining Eagle Scout Patrick Krone, from left, are sister Amanda Krone, Patrick, mother Nancy Krone, and father and Eagle Scout Jeff Krone following Patrick's Eagle Court of Honor at Good Shepherd United Methodist Church in Cypress, Texas.*

Patrick A. Krone, a Cypress resident and Indianapolis, Ind., native, has joined his father in earning the Eagle Scout Award, the Boy Scouts of America's highest honor.

A graduating senior at Cypress Woods High School, Patrick was awarded the Eagle Scout Award during Troop 533's Eagle Court of Honor at Good Shepherd United Methodist Church in Cypress. He was joined by his parents, Nancy and Jeff Krone and sister, Amanda.

Patrick joins his father, Jeff, as an Eagle Scout. Two Eagles in a family are a rarity. Only 3 in 100 that begin in Boy Scouts complete the rigorous requirements for Eagle Scout, making this accomplishment the more remarkable. Patrick is the 36th Eagle Scout in Troop 533, and has earned his Brotherhood in the BSA Order of the Arrow

honor society.

To become an Eagle Scout, a Scout must earn a minimum of 21 merit badges, including 12 of which are required. He must serve actively in a troop leadership position for a period of six months after achieving the rank of Life Scout. While a Life Scout, he must plan, develop, and carry out a service project helpful to a religious institution, school, or community in a manner worthy of an Eagle Scout. He must demonstrate, through the testimony of character references and otherwise, that he lives by the principles of the Scout Oath and Law in his daily life. He must participate in a Scoutmaster Conference. Finally, he must appear before a Board of Review.

Patrick has been in Troop 533 for 5½ years and in Troop 894 in West Newton, Indiana

*(Continued on Page 21)*



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### Krone Earns Eagle Scout Award- (Continued from Page 20)

for 3½ years before that. He has earned 25 merit badges and has served as Patrol Leader, Assistant Patrol Leader, Chaplain's Aid twice, Troop Guide, Assistant Senior Patrol Leader twice, Senior Patrol Leader, and Jr. Assistant Scoutmaster.

Patrick's Eagle Project was building a Storage and Equipment Room for SIRE of Hockley, Texas. He managed the project from inception through completion, developing and managing the project's budget, construction, team safety, and completion.

For More Information, contact:

Jeff Krone, Troop 533, 713-365-2061

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If you throw out your paperbacks, please give me a call and let me pick them up, if they are in good condition. We spread them around to people who can't buy for themselves (homeless shelters, prison ministry, etc.). Hardbacks and kid's books are welcomed, as well. Thanks! Please call Deanna at (281)-373-4477.

- DEANNA BOLBECKER



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# Around Fairfield



## FAIRFIELD SPORTS ASSOCIATION

Baseball and Softball is wrapping its season up but we have others around the corner. Summer Basketball is getting underway and we have Soccer and Volleyball in the Fall. We are making changes in two important areas. We have a new website so check it out. This is more user friendly especially for you MAC folks. We also have a new registration website. This one will allow your family to create a family account. Your contact info is retained as your children play in Fairfield Sports. No more entering in the same information for each sport and each year. Also its one stop checkout with one payment.

- Login is through the Fairfield Sports Website. <http://www.fairfieldsports.net>
- All families will be required to create an account the first time logging into our system. Please add all family members, players and parents by choosing the add children or add adult options (alternate contact information such as phone numbers and emails can be added when another adult is added to the account).
- This system will keep track of your account information for all sports that your children want to participate in. No more re-entering contact and address information each time you want to register.

- When each sport has its standard registration process usually 2-4 weeks before tryouts, you will be able to register and make payments for any of the available programs. Through the registration system you will have access to all account information, including payments due, payments received, due dates, outstanding balances, etc.
- *If you have multiple players, please register them all at the same time. To do this after completing one registration click the continue shopping button to register another player.*
- The entire registration process occurs over a secure server using the highest security currently available.

### FAIRFIELD SOCCER

Fairfield Soccer offers a fun and competitive program for 4-13 year olds (boys and girls). Soccer registration for another exciting year has begun. Our registration will go from June 19, 2010 to July 18, 2010. The fees for the 2010 season will be \$115 for 4-6 year olds and \$125 for 7-13 year olds, and individual sponsorship fees are \$15 per player. As teams have successfully done in the past, we recommend that you speak to local businesses and ask them for sponsorships (they will receive a plaque in recognition of

their generosity). Player assessments for 7 - 13 year olds begin July 27-29th.

Sports Quest is also offering a Soccer Camp here in Fairfield July 19-23rd. See [www.sportsquesttraining.org](http://www.sportsquesttraining.org) for more details.

### NEW FOR THIS SEASON

We upgraded the uniforms (images will be posed to the Fairfield Sports Association Facebook page.) In the spirit of the World Cup this summer, all uniforms will be part of an International Series from Xara Sports. We are very happy with the improved quality and look of the jerseys, and think you will agree. Also, this year we are including the jersey, socks, AND SHORTS, AND A SOCCER BALL with your fee. New, better quality jerseys, a complete uniform that includes socks and shorts, and a soccer ball; we hope you're as excited about the improvements in the uniforms as we are. The changes we've implemented also include a new training package for coaches. This package is optional to use, free, and will be included with your team uniforms when you pick them up.

### START OF THE SEASON

The start of the season depends on the ability to have the fields ready on schedule. Three years ago, 10 people worked to prepare the fields and the work was complete in 4

(Continued on Page 24)

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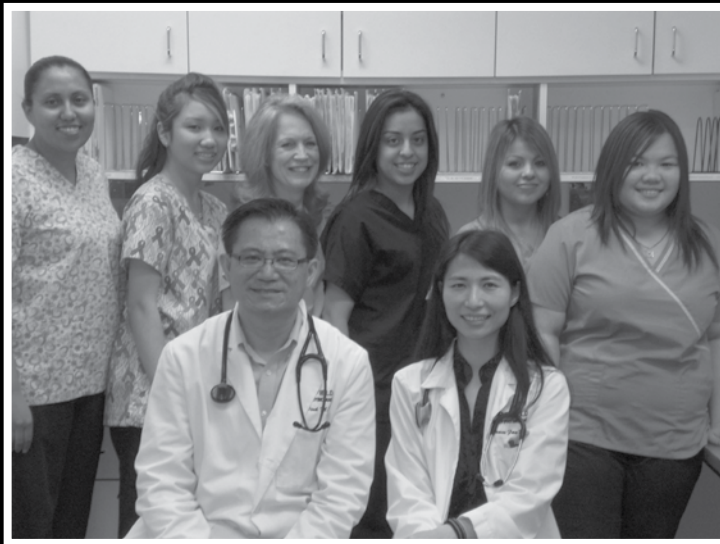
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# Around Fairfield

## OIL & GAS

### Networking

If you work in any aspect of the Oil & Gas Industry and would like to network and meet your Cypress neighbors in your field, please come say Hi!

We will meet the 1st Monday of each month at IHOP on Hwy 290 (Next to CVS on Fry Road) between 5:30 am and 8:00 am.

Come by have a cup of coffee and get the latest events and happenings in the Industry. If you have any questions please feel free to email me at [Kevin.Kays@sbcglobal.net](mailto:Kevin.Kays@sbcglobal.net)



### Fairfield Sports Association- (Continued from Page 22)

hours. Two years ago we had 6 people and it took a day and a half. Last year only 3 people set up all of the fields and it took 4 days to complete. We are seeing negative participation in this effort, and I believe it is largely due to poor communication on our part, and your concern about the commitment when asked to volunteer. Therefore, this year I am scheduling Saturday, July 17th as the official field set up day, and I need 40 people to volunteer for only 1 hour. Just 60 minutes, and we'll have everything done... if we get enough people. I'm asking you to make this minimum commitment to make sure we can start the season on time (again, the committee will be short staffed this year). We will meet at the Schiel Road fields (Weaver Complex) at 9:00am (and you'll be done by 10:00am).

### Fall Soccer Schedule Summary

Registration opens June 19  
Field Maintenance – July 17  
Registration closes July 18  
Coaches Meetings  
4/5 boys/girls July 20 7:00pm  
6 boys/girls July 21 7:00pm  
7/8 boys/girls July 22 6:30pm  
9/13 boys/girls July 22 7:30pm  
Player Assessments will be conducted July 26-30 6:30pm  
Team selections will be August 1  
Practices can start August 2  
First weekend of games August 28  
Final week of season October 30, 2010  
Tournament November 1 -14, 2010  
Soccer Day SATURDAY NOV 20, 2010

### VOLLEYBALL

Volleyball Registration will begin June 1st through August 1st.

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## Fairfield Book Club

The Fairfield Book Club is a terrific way to meet other women in Fairfield. Have great conversations and develop new friendships.

We meet the 3rd Wednesday of each month (rotating homes and sometimes restaurants), from 7:00pm – 9:30pm. We share food, drinks and of course conversations. We read all kinds of books that have been suggested by our members. Classics, modern pop fiction, non-fiction, biography and classic junk....anything. There are no book snobs here, we read it all! So if you are a book lover or just want to expand your reading and/or social network then please join us at one of our meetings.

We invite you to attend one of our meetings as a guest or a member. We currently have openings, however because we hold the meetings in homes our membership is limited. So don't wait, contact me today.

Contact Linda Locke at  
Linda15226@yahoo.com or  
713-298-6514 (evenings please)



## We the People of Cypress/Waller 9/12 Project Group

NEXT MEETING:

Second Thursday of each month

Location: IHOP Restaurant on Hwy 290 @ Rosehill  
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at 281-373-9337.



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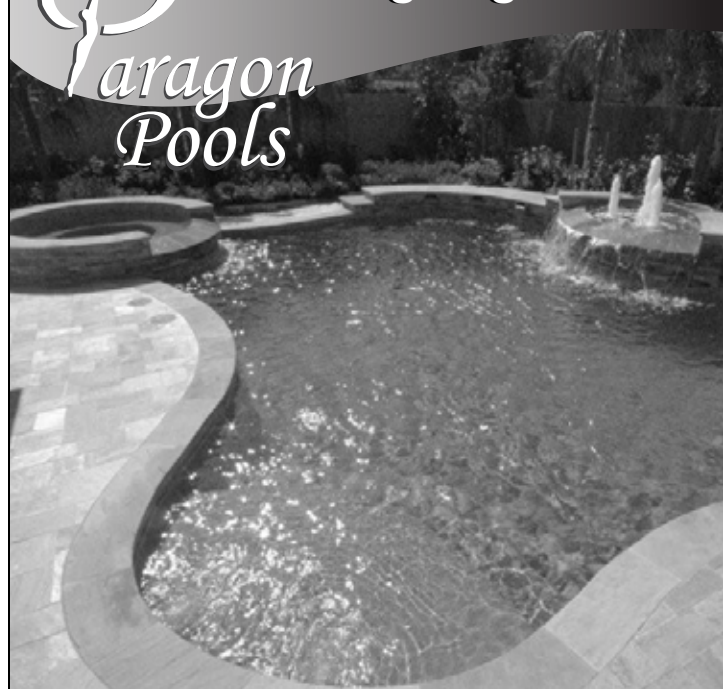
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# Around Fairfield

## Fairfield Birthdays

August 8th - Kayla Ingram

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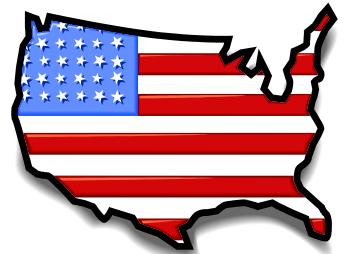
- I believe in God and He is the Center of my Life.
- The family is sacred. My spouse and I are the ultimate authority, not the government.
- I have a right to life, liberty and pursuit of happiness, but there is no guarantee of equal results.
- I work hard for what I have and I will share it with who I want to. Government cannot force me to be charitable.
- The government works for me. I do not answer to them, they answer to me.

If you agree with any or all of the statements above then come to  
**The Glenn Beck 9/12 Project Organizational**  
meeting for Cypress on the second Thursday of each month.

IHOP Restaurant on Hwy 290 @ Rosehill

*Get involved.*

For more information, please call  
281-373-9337.



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## Local Bluegrass and Old Time Music Jamming

The Fairfield Bluegrass Jammers are sponsoring Bluegrass music jamming at Kleb Woods Nature Center and Preserve where the fun begins on the 4th Saturday of each month at 12 noon and where everyone is invited to pick, sing, listen, fellowship, or walk the trails and watch the beautiful birds. You will find folks with their guitars, banjos, fiddles, mandolins, bases and dobros warming up to do a little picking and singing. When the music and singing begins so does the foot tapping and fun.

The musicians from beginner to pro are having a great ole time playing this old-time music of Bill Monroe and Ralph Stanley. There are 3 types of music played – Bluegrass, Gospel, and old-time country. The listeners are so captivated by the joyful energetic music and musicians they are hearing that they also cannot help but do a little toe tapping and clapping themselves. When 4 PM arrives you find the musicians just as enthusiastic and reluctant to leave as at the beginning. The energy comes from the deep love that everyone has for the music.

Pickers and listener are welcome. No charges. Just fun Jammin or listening.

Kleb Woods Nature Center and Reserve (Draper Rd.) is located about 15 to 20 minutes away and is located on Draper Rd., off Mueschke Rd. in Tomball area. The Reserve is a Harris County Park and a bird watchers paradise and museum. From the parking lot you will walk about 200ft to the center. No selling, soliciting, alcohol, or drugs permitted. Check out Kleb Woods web-site at: [www.pct3.hctx.net/parks/klebwoodsnaturepres.aspx](http://www.pct3.hctx.net/parks/klebwoodsnaturepres.aspx).

The Cypress/Tomball Area Bluegrass Jam (Northwest Harris County) 4th Saturday Jam is sponsored by The Fairfield Bluegrass Jammers and is being held at the nearby Kleb Woods Nature Center and Reserve outside Tomball, 12 Noon to 4 PM. For more Information regarding the Bluegrass Jam contact - Nema Redding at: 281-373-1777 or 281-910-4395. E-Mail: [tn.blugras@earthlink.net](mailto:tn.blugras@earthlink.net)



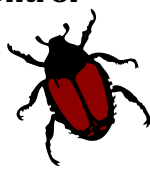
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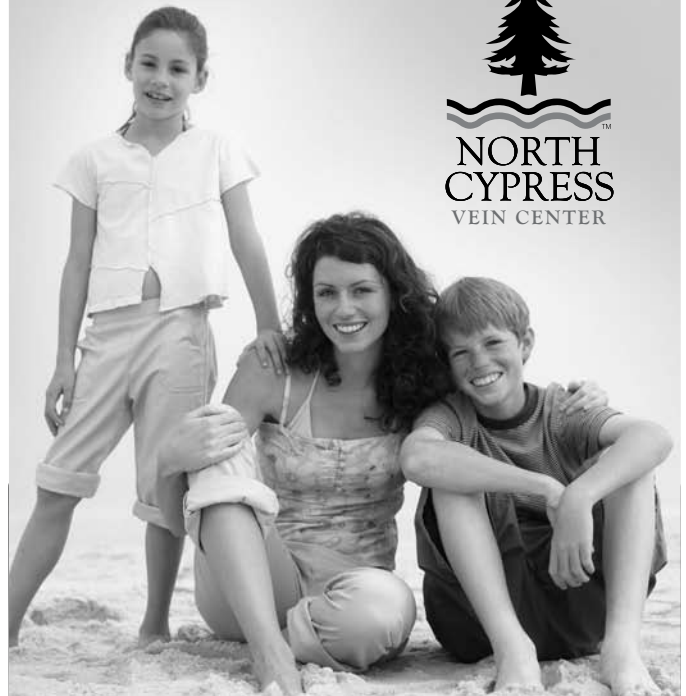
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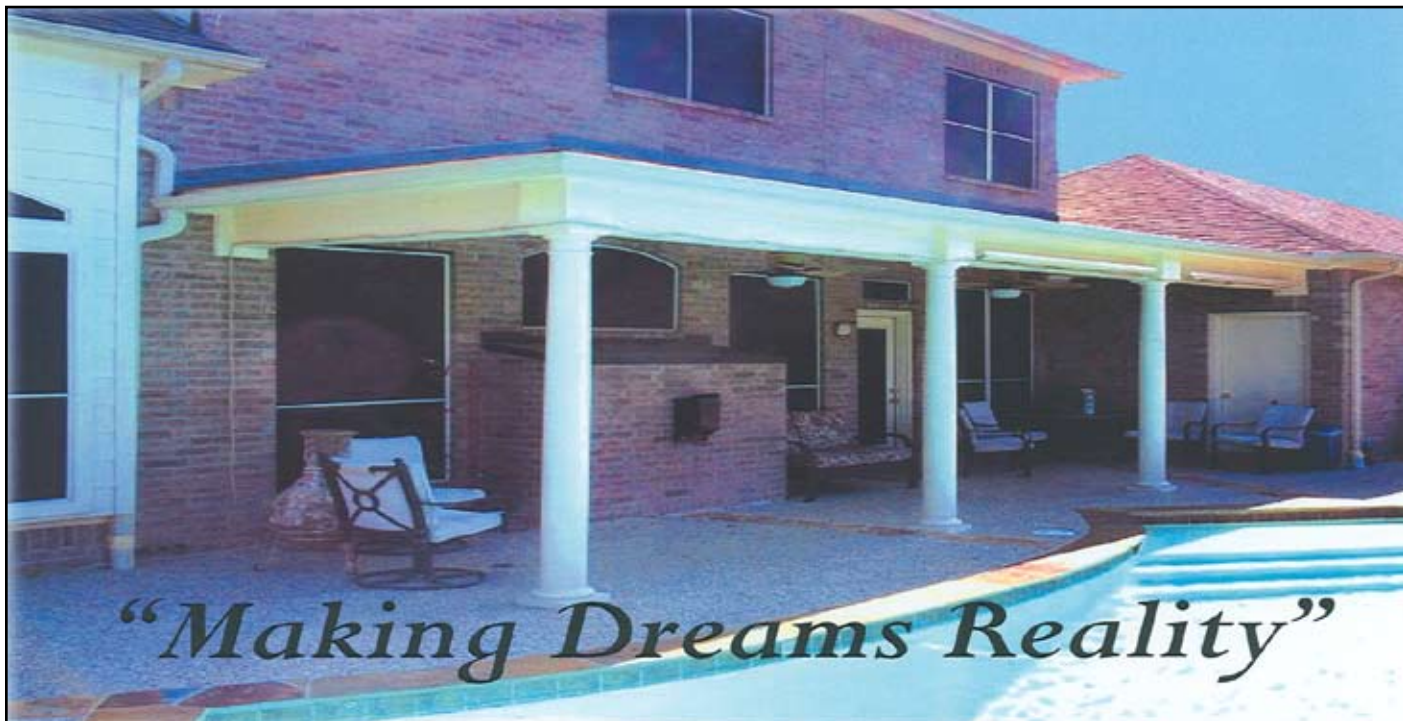


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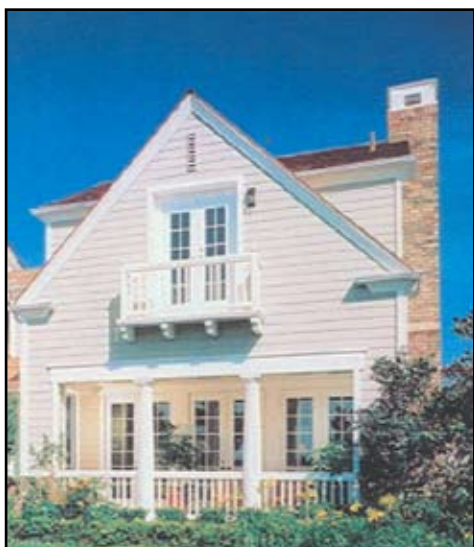
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# Personal Classified

**PERSONAL CLASSIFIED** - (one time sell items, such as a used bike...) run at no charge to FAIRFIELD RESIDENTS ONLY, limit 30 words, please e-mail [fairfieldgazette@peelinc.com](mailto:fairfieldgazette@peelinc.com).

**WANTED:** Poker players. I host no limit Texas hold'em tournaments and cash games. Tourney on Thursday nights, cash games on Saturdays. Women welcome. Games are listed on my website: [www.cyprespoker.com](http://www.cyprespoker.com), under Beauregarde. Contact me at: [john@skatetexas.com](mailto:john@skatetexas.com) or 281-731-1199.

**WANTED:** Babysitter for fall 2010 school year. I am a teacher looking for a responsible person to care for 1 four yr. old boy. Must be picked up at AULT elementary at 11:10 a.m. from an early school program. I would come get him by 4:00 p.m. It is 3 weeks on and 3 weeks off starting a week before school. If interested to interview please contact [kori.neven@att.net](mailto:kori.neven@att.net) or 702-510-3942.

**FOR SALE:** Pre-moving sale: Beautiful Stanley King-sized pier bedwall with 2 upper cabinets, 6 lower drawers, lighted pier with deep storage and electrical/phone jack in center. \$1600. (originally \$3200); 2 curio cabinets \$50 and \$75, Bowflex "Xtreme2" exercise unit \$1000, purple divan sofa with pillow \$45, Minolta Color Magicolor 2200 Laser printer - make offer - needs toner/drum. Electric Dryer \$50. 281.373.9181.

**WANTED:** Looking for Child Care for my 3 year old once school starts back up in August. Three days a week; Monday – Wednesday from 6:15a.m. – 2:30. Please call 281-304-7077 or 281-827-1873 if interested.

**FOR SALE:** BEAUTIFUL long white bride's gown with short sleeves, scalloped neckline, dropped waist, georgous pearl and jewel trim, and freshly cleaned. Size 8. \$125. Call 281-373-5344.

**FOR SALE:** Fingers cargo light colored solid wood 2 twin beds with mattresses : can be arranged as bunk beds or multiple ways one bed has large drawer will deliver \$250 Christine 281-217-3344.

**FOR SALE:** Rich jewel-toned plaid sofa and love seat in excellent, like-new condition. \$175. Also - 26" console cabinet TV in very good condition \$25. Please call 281-373-4032 for more information.

**FREE:** Two young cats to good home. Supplies also given. Very sweet and great with children, but my husband is allergic. Call Ashley at 713-376-1288.

**FOR SALE:** Groovy girl stuff: 4 groovy girl dolls, one car, one scooter, one tent, one sleeping bag, one bed, one chair, 2 dogs and outfits.. \$25 obo. Contact Becky at [btalash@comcast.net](mailto:btalash@comcast.net) or call 281-256-1719.

(Continued on Page 31)

## Jennifer Kwak, M.D. & Parul Patel, M.D. Are Accepting New Patients!



### OFFICE HOURS

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Friday: 9 am - noon

\*Saturday: 9 am - noon (Sept - April Only)

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**Personal Classified-** (Continued from Page 30)

**FOR SALE:** Louisville Slugger TPX Exogrid 33" x 30oz. High School baseball bat, 2009 model CB9X, red, yellow, black, used one season \$200. Imperial 21 cu. ft. commercial heavy duty up rite freezer, good condition \$150. billb9511@yahoo.com for pics and info. 713-410-1391.

**FOR SALE:** Everything you need for a Fairy Princess Room! All came from Bombay Kids and was gently used and is in excellent condition. Full size Fairy Princess Quilt, Fairy Princess Flat & Fitted Sheet, 2 Fairy Princess Pillow Cases, 1 Fairy Princess Pillow Sham, Matching Pink Bed Skirt, 2 Crown Pillows - 1 purple, 1 pink, 2 40"x84" matching Fairy Princess drapery panels, White Lamp with matching Pink lamp shade, 2 Pink Canopy Sheers, Disney Princess Bank. \$100 obo. Contact Becky at btalash@comcast.net or call 281-256-1719.

**FOR SALE:** Twin headboards (2), NEW, white-washed wood \$25.00/each. Twin reversible comforters (2), shams, bedskirts, sheets and pillowcases, all matching. NEW. \$25.00/set. martha.peddicord@cfisd.net for photos or call 713-314-7549 to view.


**FOR SALE:** Cream colored metal daybed with matteress. Good Condition. Asking \$75.00 Call 281-304-2727.

**FOR SALE:** 3 story Imaginarium doll house, with elevator. Including all furniture, a car, 15 barbies and clothes. \$80 or obo. Contact Becky at btalash@comcast.net or call 281-256-1719.

**FOR SALE:** 2-Story Ladder \$85. Small Bookshelf \$40. Toshiba 34 inch Analog TV (new) \$300. Toshiba 19 inch Analog TV with VHS (new). \$200 Noritake Dishes 5 piece plate settings for 8 people never been used! Brand New! \$500. Desk, Hutch, Lateral Filing Cabinet, and 2 Bookcases \$1,500 Entertainment Center \$1200 Western Wrought Iron Daybed \$400. robynmarcak@gmail.com or 281-748-5526.

**FOR SALE:** Pink Zebra bedding - full size, excellent condition includes: Full size comforter, 2 standard shams, 1 bed skirt, 1 flat sheet, 1 fitted sheet, 2 standard pillow cases, 1 square deco pillow, 2 42x63 rod pocket drapery panels. Currently retails for over \$200 for all of the above, asking \$85 obo. Contact Becky at btalash@comcast.net or call 281-256-1719.


**FOR SALE:** Two-2006 Honda Recon 4-wheelers and trailer for sale in excellent condition \$5,500, Twin bed, mattress, and matching dresser \$300, Rock wall, great to add to any play set \$100. Call (281) 304-2689.



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## Didn't I Just Pay This in January???

Most homeowners have received the 2010 Fairfield Village assessment notices. This is for the master association whereas the assessment in January was for your individual neighborhood. The amount due is \$520.00.

Unfortunately, the amount has increased from last year. This increase is necessary due to a deficit caused by an increase in the Northwest Harris County Regional Water Authority pumpage fees for the 4 wells in Fairfield Village. The community irrigates from the lakes. Fairfield Village doesn't pay for the water itself but does pay to pump the water.

There was also a transfer of costs from the neighborhood associations to the Master association that accounted for \$8.00 of the \$25.00 increase. The neighborhood associations had no increase for 2010, but the Master association is now paying some of the shared pool costs that were paid by the neighborhoods in prior years.

It is now possible to pay your assessment by credit card or E-check. Please visit [www.amitx.com](http://www.amitx.com) and click on 'Payment Options.'

**Please remember that the assessment is due July 1, 2010. Feel free to call AMI at 713-932-1122 if you have any questions.**

## Bandit Signs and Your Governing Documents

Bandit signs are the temporary signs you sometimes see in a neighbors' yard. Usually, they are about 2' x 3' in size and are supported by thin metal stakes.

Your Governing Documents address signage issues and allow for the following types:

- Home Security Signs
- Realtor Signs
- School Organization Signs
- Political Signs

Your Governing Documents are very detailed about allowable specifications. There are precise sizes, time frames and even colors. Please refer to your individual neighborhood Covenants, Conditions and Restrictions for a complete list of details.

During recent drive thru's of the community, we have noticed an increase in the number and variety of bandit signs. Please help Fairfield Village maintain its aesthetic integrity and continuity by removing any sign that is not approved by the CCR's.

*Thank you for keeping Fairfield Village beautiful!*

# Electricity is **ON SALE** at StarTex Power!



Alan "Petrodamus" Lammey, host of 'Energy Week', can be heard every Sunday on 1070 KNTH in Houston.

I'm Texas Energy Analyst, Alan Lammey. In case you didn't know, electricity rates are currently at lows not seen in years, which means that NOW is the time to lock in a very low electricity rate with the provider that I highly recommend to all my radio show listeners: StarTex Power. StarTex Power is local and reputable, with some of the most competitive rates available in all of Texas. You can switch right online at [www.StarTexPower.com](http://www.StarTexPower.com)

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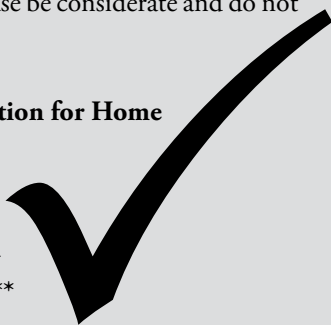
## CHECK LIST

*(Property Reviews are done monthly)*

- ☐ Check for weeds in lawn (including clover)
- ☐ Weed and Feed as necessary
- ☐ Mow lawn as needed
- ☐ Edge lawn
- ☐ Weed tree wells and shrub beds, remove growth from expansion joints if necessary
- ☐ Shrubbery trim as needed
- ☐ Add mulch to tree wells and bed areas
- ☐ Trees: Trim trees as necessary, (especially the street trees) remove any dead material – if you need to replace a tree please apply for replacement type and requirements
- ☐ Remove mildew on the house
- ☐ Paint exterior (Please submit ARC Application\*)
- ☐ Fence (replace broken pickets or secure if necessary)
- ☐ Trash Cans (removed from view at the end of pick-up day)
- ☐ Holidays decorations need to be removed
- ☐ Toys need to be stored out of public view when not in use – except approved basketball goals
- ☐ Parking on the street – Please be considerate and do not park on the street

\*ARC = Architectural Application for Home Improvements

\*\*Please remember these are some of the items that we check for monthly. There may be others that are not listed. \*\*



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A Convenience fee will be charged by PayLease Inc. Fees are incurred only when you process a payment.

PayLease does not have access to your billing statements. If you have questions regarding your billing statement call AMI at 713-932-1122 or 800-932-9449. For questions regarding an online payment or to make a payment, please call 866-729-5327.



## What Can You Do About Soliciting In The Neighborhood?

Many communities are ripe targets for solicitors – for a variety of reasons. While the Association has no real control over soliciting activities, we have tried to discourage solicitors from marketing in our community by placing "no soliciting" signs in common areas.

The reason that we cannot prevent soliciting is that the streets and roadways within the community are public access ways owned and maintained by the county. This means that no person or persons may be prevented from entering the community. Of course, if an individual or individuals are in the process of breaking the law, the Sheriff or other law enforcement officer can take immediate action.

Your Association recommends the following actions that every owner can take to discourage unwelcome soliciting in the community:

- Report all suspicious persons to the Sheriff's Department and request the deputies on duty be made aware of your concerns.
- Promptly remove all flyers left on your front or garage door.
- Promptly report to the Post Office all flyers left on the mailboxes.
- Refuse to make use of solicitors' offers and refuse to patronize any company being marketed in this manner.
- Notify the managing agent of any companies presently soliciting so that letters can be sent advising them of this policy of not permitting door to door soliciting (they will be reminded of the community newsletter and/or the Green Sheet as marketing options).
- Individual homeowners have the ability to place a small "No Trespassing/No Soliciting" sign at the entry to their homes. Should a solicitor continue to leave flyers, the homeowner then has the authority to file charges against the Solicitor/Company for trespassing on private property.

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## GOLF CARTS, ATVS, DIRT BIKES

As you are aware, there has been a great deal of vandalism within Fairfield Village, all repaired at a cost to you, the homeowner. As the vandalism continues, and as the cost to make the necessary repairs and replacement increases, it also becomes necessary to increase your assessment.

Vandalism includes the operation of a *Golf Cart, ATV, or a Dirt Bike* on common areas (including sidewalks) or greenbelts. The Sheriff will be notified of anyone seen driving these vehicles. ***Should the person(s) be under age, the Association will legally pursue the legal guardian for all damages incurred.***

Your Association has spent thousands of dollars, your dollars, repairing sidewalks, gazebos, entry markers, irrigation, ruts, etc., and now it's time to make this stop.

If you see anyone suspicious, by all means contact the Sheriff on the non-emergency number (713-221-6000) and report the incident. Thank you.

## Help.....

An AMI representative drives through each neighborhood once per month and sends violation (or gentle reminder) letters based on what is observed on that day. If you are aware of an unkempt property (possibly vacant or a foreclosure) once per month is not sufficient to stay on top of yard issues. Please do not hesitate to call our office so that we can assist in keeping these properties in acceptable shape. You may call Cecelia Panzinetti at 281-256-0065 (on site manager) or the main office at 713-932-1122.

***Your help in keeping Fairfield beautiful is appreciated!***  
***Your AMI Team***

## A Friendly Reminder ...

Friendly reminder to keep dogs on a leash and out of the lakes around Fairfield. Not all homeowners are comfortable with loose dogs. Please be courteous to your neighbors and follow the leash law.



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**Business classifieds** (offering a service or product line for profit) are \$75.00, limit 40 words, please contact Peel, Inc. Sales Office at 1-888-687-6444 or email your ad to [advertising@PEELinc.com](mailto:advertising@PEELinc.com).

**HAPPYPET PET SITTERS :** Whether you are going on vacation, or just working late, when you need someone to take care of your pets there's no better Pet Sitter or Dog Walker than HappyPet Pet Sitters. Call Lori at 281-755-0071. (Local Fairfield Resident). Additional services includes watering plants, retrieving mail, taking out garbage, and more. While you are away you can feel confident that your pet is in capable, caring hands. We care, and it shows!

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**CHILDCARE -** Loving Christian home has an opening available for a new born. Thirty four years experience. References available. Fairfield resident for 18 years. School Teachers schedule preferred. Contact: (281) 373-1992.

**DOG GROOMING IN FAIRFIELD! LOOK WHO'S MOBILE!!** A Fairfield resident who is an experienced dog groomer. My services include nail clipping, bathing, and haircutting. I groom all breeds and I COME TO YOU. References are available and my prices are competitive. Please call Nicole Meadows at 281-923-7561 to set-up an appointment.

**PIANO AND VOICE LESSONS OFFERED IN MY FAIRFIELD HOME.** For a free first lesson or consultation, call Belinda at 281-773-0545 or email me at [belinda110@gmail.com](mailto:belinda110@gmail.com). Flexible summer hours available - also taking pre-registrations for the fall of 2010. I am a graduate of the Cincinnati Conservatory of Music with 35 years teaching experience.

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## FAIRFIELD WOMEN'S CLUB

### Graduation Tea



On May 23rd, the Fairfield Women's Club honored senior girls graduating from high school at the annual Mother / Daughter Graduation Tea held at the home of Lisa Cannon. We had a fantastic afternoon and enjoyed meeting all of the wonderful young ladies and their mothers. Thank you for taking time out of your busy schedules to attend the tea. Best of luck to all of the graduating seniors in Fairfield as you begin a new chapter in your life.

*Front row (left to right): Katherine Nguyen & Katelin Holt. Second row: Meghan Crutcher, Courtney Billingsley & Kate Bannon. Third row: Megan Booth & Hannah Kastor. Back row: Kayla Foster, Nicole Bell & Kyndall Mann.*

#### SEASONAL SALADS

**Asparagus Crab Salad & Preserve Lemon Vinaigrette...9**  
toasted almonds, shaved parmesan, baby greens

**Grilled Blackened Chicken Salad & Balsamic Vinaigrette...7**  
baby greens, cilantro, tomatoes, walnuts, avocado, shaved red onions

**Tuscan Tomato Mozzarella Salad & Balsamic Vinaigrette...7**  
extra virgin olive oil, fresh basil, garlic wheat croutons

#### FRESH GRILLED MEATS & SEAFOOD

**Salmon...19 / Halibut...24 / Shrimp...19 / Crab Cakes...16 / Tilapia...11**

**Grilled Beef Tenderloin 4oz, 6oz, 8oz.....18, 22, 26**

**Boneless Skinless Chicken Breast 4oz, 6oz, 8oz.....8, 12, 15**  
sauteed asparagus & whipped potatoes

#### ITALIAN CLASSICS

**Chicken Parmesan...14**

angel hair pasta, fresh mozzarella, tomatoes, extra virgin olive oil, fresh basil, garlic parmesan croutons & angel hair pasta

**Fettuccini Alfredo & Chicken...15**

light creamy alfredo, diced tomatoes, fresh basil, garlic bread

#### MEXICAN FAVORITES

**Beef & Chicken Fajitas Platter...14**  
spanish rice, charro beans, salsa, tortillas

**Chicken & Cheese Enchiladas Platter...11**  
spanish rice, charro beans, salsa, tortillas

#### FRESH SUSHI

**Spicy Crab Roll...8**

**Salmon Roll...8**

**Seared Tuna Roll...9**



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## The Ault Elementary Family Festival

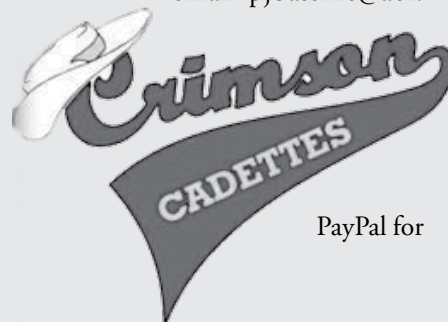
The Ault Elementary Family Festival Committee would like to say thank you for all your support.

Ault Elementary would like to thank the following sponsors for making our Family Festival another huge success! Thank you for all your support that will directly benefit the students and faculty of Ault Elementary.

- Games Plus
- TGIFridays
- Antonia's Italian
- Learning Express
- Paper Daisy
- On The Border
- Silpada - Kimberly Burrell
- Meson 1910
- Cache Chic
- Thread Art
- Sunset Tan
- Candellari's
- Anything Trendy
- The Bling Shoppe -Katie Johnson
- Jitterbug Café
- Rancourt
- Frosting on The Frame
- Scentsy - Heather Dalton
- Gina's Accessories
- Vickie Lynn's
- Natural Retreat
- HEB
- Kroger
- Walmart
- Wear Bling - Kim James
- Presh - Jennifer Swisher
- Jumping Fiesta
- CurbGames
- CMP
- Trendmaker Homes
- Volunteer Fire Department #7
- AMI
- American Girl
- Colony Cellars
- Target
- Walmart
- Pretty Pink Limo's
- Bling Bling Junkie
- Domino's Pizza
- A&N Liquor
- Pump It Up
- Head Start To Reading
- Kumon - Fairfield
- Just Monogram It
- The Pampered Chef - Kimberly Kanke
- DNR Batter's Box
- Lone Star Chapter of the National
- Hemophilia Foundation

## Cy-Woods Crimson Cadettes Drill Team

The Cy-Woods Crimson Cadettes Drill Team will host their 5th annual dance clinic for K-12 from 8:30 a.m. to 11:30 a.m. on August 11-13, 2010. This is a major fund-raiser for the team and enables them to participate in activities throughout the 2010 - 2011 school year. The fee is \$55 and includes dance technique, specially choreographed routines for each age group, t-shirt, drinks and snacks each day and a picture for each participant. Showoffs will held the last day at 11:30am. For more information email [pjbassine@aol.com](mailto:pjbassine@aol.com) or check out our website at [www.crimsoncadettes.com](http://www.crimsoncadettes.com). On the website, you will find a sign-up form and a link to



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## CYPRESS CHRISTIAN SCHOOL 2010 COMMENCEMENT



On May 28, the Class of 2010 began the day as seniors and ended it as Cypress Christian Alumni! Twenty-two seniors crossed the stage during the Thirteenth Annual Commencement Ceremony to accept their hard-earned and well-deserved diplomas. \$1.8 million in academic and athletic scholarships offered! Below is a list of Cypress Christian graduates and the colleges they are attending.

# Congratulations

## CLASS OF 2010!



**David Ajibero**  
University of Texas

**Shanay Briscoe**  
University of Texas

**Amanda Cronin**  
Blinn College

**Catherine Crozier \***  
Texas A&M University

**Jonathan Davis**  
Univ. of Mary-Hardin Baylor

**Stacy Dennis**  
Abilene Christian University

**Rachael Elkins**  
Westminster College

**Brian Fredrich**  
Westminster College

**Brandon Galloway**  
University of Mary - Hardin Baylor

**Kyle Hinn**  
Baylor University

**Samuel Howell**  
Lone Star College

**Peter Lozada**  
University of Texas-Dallas

**Danielle Mason**  
Texas State University

**Meredith Minchew**  
Houston Baptist University

**Jacob Reed**  
Harding University

**Adam Rincon**  
University of Houston

**Joshua Rodriguez**  
Lone Star College

**Hallie Salmon \*\***  
Texas A&M University

**Trevor Sparks**  
Stephen F. Austin University

**Ana Tallackson**  
Lee University

**Michael Teague**  
Univ. of Mary-Hardin Baylor

**Alyssa Wynans**  
Texas A&M University

\* Valadictorian

\*\* Salutatorian

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# Rock-Crete Foam Insulators Helps Lower Power Bills

When Debbie and Allen Burke were planning to build their new home in Magnolia, they attended several home shows in the area. There, they discovered Sealection 500 insulation, a semi-rigid polyurethane foam manufactured by Demilec. The Burkes were so impressed with the merits of the product, they hired Rock-Crete Foam Insulators to install the insulation in their new home.

As soon as they moved into their new home, the Burkes were amazed by their low utility bills. Although they heat and cool both a 4,800 square foot home and a 3,500 square foot workshop, their highest electric bill – during the hottest part of the summer – was just \$268.

“It made a huge difference,” Debbie said. Their previous home, at 3,500 square feet, was significantly, smaller, but their power bill – not including Allen’s workshop – was usually about \$500 during the summer. The Burkes attribute this phenomenal difference to the insulation installed by Rock-Crete Foam Insulators.

“So far, I have not found a downside to it,” Debbie said.

Although Sealection 500 is more expensive than conventional insulation, Debbie is confident that lower electricity bills will make the extra cost worthwhile.

“With the difference we are seeing in our light bill,” Debbie said, “it just can’t help but pay for itself very quickly.”

More and more area homeowners are reaping the benefits of spray foam insulation, thanks to Rock-Crete Foam Insulators, that area’s premier foam insulation service provider. Owners of both newly-constructed and existing homes have seen their monthly heating and cooling bills shrink after Rock-Crete installs Sealection 500 insulation by Demilec.

“Unlike many claims with radiant barriers and radiant paint, this product actually reduces the attic temperatures drastically,” said Rock-Crete owner Greg Pruitt. “We have been in several houses with a 4 ½ pitch roof with attic temperatures of only 75 to 85 degrees. Compare that to an untreated temperature of 130 to 150 degrees. None of the other products out there can do that.”

Heather Matthews, a client in the Bryan/College Station area, retrofitted her 2,200 square-foot home almost a year ago and has seen her utility bill go down by about 50 percent.

“My house used to have hot and cold spots, and I have a swimming pool,” she said. “My bills were out of control.”

Heather uses leveled utility billing. A year ago, she had her bill set at \$570 per month and often had to pay overages. Now her

bill is set to \$388.70 and she gets credits every month because her usage is not coming close to that level.

“I think I’m going to drop down to the \$240 level,” she said. “I’ll probably still get credited most months out of the year and that’s with a large home, a pool and a hot tub.”

Bill Moore, another client in the Bryan/College Station area, also retrofitted his home with spray foam last year as his cooling bills began to rise.

“I knew we had to do something insulation-wise with our home,” Bill said. “We called Greg and I could tell the difference immediately after they were done.”

Bill has been tracking his utility bills and marking the savings.

“I’m anxious to complete a full year with the foam so I can have a good look at the results,” he said.

“Between the \$1,500 tax credit I received for installing the foam and the monthly savings on my bill, I have no doubt this will pay for itself in just a few years.”

Retired Bryan firefighter Paul Padron said he saved almost 45 percent on his heating bills this winter, thanks to foam insulation, and is glad he chose Rock-Crete over other foam providers.

“I took bids from a number of foam insulators,” Paul said. “I went with Greg because he’s local and I know he’ll be there if I ever have any problems with the product.”

The installation in Paul’s home, which was a retrofit, only took one day. He said he couldn’t have been happier with the results and service.

Retrofitting a home or business with foam insulation is not as difficult as many people think and Greg’s skilled crew at Rock-Crete know how to get the job done quickly. Not only can clients save money on their home or business’s energy bills, but the comfort of a well-insulated building is something that goes beyond dollars and cents.

For more information on how spray foam insulation can help homes stay cool this summer, call Rock-Crete at 936-399-4674 or 1-888-FOAM-HOME (362-6466).



*Greg Pruitt, owner of Rock-Crete Foam Insulators, realized huge energy savings when he installed foam insulation in his own home.*

*“We have been doing a lot of two-story homes in the Bryan/College Station area and in Houston,” Greg said. “Foam insulation on the roof deck solves the hot upstairs associated with all two-story homes. The great thing is that with two-story homes, you have less roof deck and therefore a much lower price for foam insulation.”*

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# Church News

## Good Shepherd UMC

**SUMMER AT GS** - Summers are definitely an exciting time around Good Shepherd with numerous mission trips, camps, VBS and summer activities and studies. Our youth and adults will serve in Granbury, Tyler, and Oklahoma over the summer break. Please keep these mission teams in your prayers as they share the love of Christ in a very real way. We had over 600 children come through our High Seas VBS this year, and we are so grateful for the adults and youth who make this awesome week in God's presence a possibility. This summer is especially thrilling as we have broken ground on a new education facility that will almost double the amount of space we currently have to offer ministry and education opportunities for our congregation and community. We are a vibrant growing community, and we are so thankful for the many ways God has and will continue to bless us.

**GS KIDS EVENTS** - It's time for Summer 526! All children graduating from 5th grade are invited to join us each week this summer for great activities. In addition to Sunday morning programming, we will be doing about 1 event each week exclusively for this age group. It's our way of celebrating and saying good bye to them as they head to the youth group in August. Our events will include Live Out Loud July 6, Scavenger Hunt July 16, iT'Z July

20, Movie Night July 29, Live Out Loud August 6, Lazer X August 11, End of Summer Pool Party August 20. See details on the website at [www.goodchurch.us](http://www.goodchurch.us) under Children's Ministry.

**WOMEN'S MINISTRY NEWS** - Announcing a new Girlfriends G! Group: Girlfriends' Homeschool Support! Connect with other homeschool moms for support, encouragement, information or just casual chit-chat (and bring the kids!!). All homeschool styles welcome-we also welcome all those just considering homeschooling and looking for more "real-life" information. First meeting date and location TBA. For more info email Alli at [eckermann@peoplepc.com](mailto:eckermann@peoplepc.com).

**COUPLE'S NIGHT OUT** - Join us for our next Couple's Night Out on Friday, August 6th from 6pm-9pm. First, you'll drop the kids off for FREE childcare at 6:00 pm. We'll have a short and fun Rally Time where we will share some Biblical principles about marriage and some conversation starters. Then you and your spouse will head out on a date with one another! Finally, you'll return relaxed and rejuvenated to pick up your children by 9 PM. RSVP online for this event at [www.goodchurch.us](http://www.goodchurch.us). Limited childcare is available for children 6 months - 5th grade, and must be reserved online by July 30th.

*(Continued on Page 43)*

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*Good Shepherd UMC-*  
(Continued from Page 42)

### **TRAVIS' TREASURES: PRAYER BLANKET MINISTRY -**

Prayer binds us with God particularly when we are in need. A family of this congregation is honoring the memory of their son by reaching out to others in need as a response to the many treasured prayers they received during their son's complications at birth. Blankets are made, prayed over, and given to a person having surgery, in the hospital or those who are suffering from a prolonged illness. Even if you do not sew, we can use you! Contact [robbyn@goodchurch.us](mailto:robbyn@goodchurch.us) for more information.

## **Focused Ministry**

Last week as I was preparing to teach my women's Sunday school class, God reminded me to stay focused in ministry. Acts 6 indicates that as the number of disciples in the early church increased, there were widows being overlooked in the daily distribution of food. The twelve apostles gathered all the disciples together and said, "It would not be right for us to neglect the ministry of the word of God in order to wait on tables" (Acts 6:2 NIV).

Instead of taking their focus off the work Jesus had commissioned them to do, the apostles delegated the work of distributing food to seven wise, spirit-filled men who could handle the responsibility. The apostles then said, "We will turn this responsibility over to them and will give our attention to prayer and the ministry of the Word" (Acts 6:4 NIV).

God used these passages to remind me to delegate in my role as Women's Ministry Director and to be purposeful in my writing and speaking ministry. There have been a number of projects

that I've considered working on in recent months, but God reminded me that I need to stay focused. Although a few of the projects I considered were worthwhile and exciting, He has commissioned me to encourage and equip women through the study of His Word.

Every believer in Christ is called to serve God in some form of ministry. Is there work you are neglecting because you are trying to fill too many different needs at your church or in your ministry? Prayerfully seek God about your service. Give your attention to the tasks God has gifted you to complete. Delegate other responsibilities to spirit-filled people who are willing and able to serve.

The apostles stayed focused and delegated effectively. So the word of God spread. The number of disciples in Jerusalem increased rapidly, and a large number of priests became obedient to the faith (Acts 6:7 NIV). Likewise, when each of us is faithful to seek God and serve as He directs, our Lord accomplishes His purposes in our lives and ministries.



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# Church News

## Fairfield Baptist Church

*We hope you are having a terrific summer.*

Terrific Thursday is back! Day trips on July 15 and August 12 2010 from 8:30 am-4:30 pm for kids who have completed Kindergarten through 5th grade. Check our website for trip details, cost and to register/pay.

Hang out with Student Ministry, grades 7-12, Sunday—Friday. Check our website for daily activities or email [fairfielddance@gmail.com](mailto:fairfielddance@gmail.com). Big Wednesday at Gambinos on July 7 at 6:45 pm. Come and bring a friend!

|   |  |   |
|---|--|---|
|   |  |   |
| <b>Register for Summer &amp; Fall</b>   |  |   |
| 16333 Mueschke Rd, Suite A<br>Cypress, TX 77433<br>Phone (281) 213-3200<br><a href="mailto:info@fairfielddance.com">info@fairfielddance.com</a> |  |   |
| <br><b>Summer Camps</b>   | <br><b>Summer Dance</b> | <br><b>Ballet, Tap, Jazz, Lyrical, Pointe, Hip Hop, Cheer Dance, Drill, Leaps &amp; Turns, &amp; More!</b> |

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## Fairfield Church Of Christ

### FREEDOM

In the United States, Independence Day, commonly known as the Fourth of July, is a federal holiday commemorating the adoption of the Declaration of Independence on July 4, 1776, declaring independence from the Kingdom of Great Britain. Independence Day is commonly associated with fireworks, parades, barbecues, carnivals, fairs, picnics, concerts, baseball games, political speeches/ceremonies, and various other public and private events celebrating the history, government, and traditions of the United States. There is also another freedom, which is found in Jesus Christ, for those who accept Him as their Lord and Savior. For believers, every day is a celebration of Independence from sin and eternal death. Come and join in on the "Believers' Independence Day Celebration" every Sunday at our worship center, 20402 Chappell Knoll Drive, (corner of Mason Road @ Chappell Knoll Drive).

### FAMILY TIME

Now that school is officially out, this is a great time to keep your family growing stronger through learning about God. You can do that by bringing your family to church every Sunday morning at 9:30am for Bible Classes (babies-adults) and then staying afterwards for a wonderful family time of worshipping God together. What precious memories are created when families go to church together! See you Sunday!

### REFRESH YOUR SPIRIT

The American English idiom for Wednesday is "hump day" and it is a reference to making it through to the middle of the work week and getting "over the hump." But what about the days that follow? Every Wednesday night at 7:30pm, we take time to refresh our spirits and recharge our batteries, by studying the word of God and through fellowship with one another, as we face the balance of the week. Come join in on the great spiritual renewal from God speaking to us words of encouragement that give us strength.

### YOUTH MINISTRY

Do you have Junior or Senior High children? If so, then we have something great for their lives on Sundays at 9:30am. Our Youth Ministers, JONATHAN and MELANIE OWENS, come prepared each week to help young people learn more about themselves and most importantly about Jesus. Kids grow up fast and they need to learn the Lord's way for their lives, especially while in their youth.

### SOME REALLY GOOD THINGS ARE FREE

At no charge to you, we offer one-on-one Personal Bible Studies in your home or at the church building. If you have a need for prayers, you can call the Church Office at 281-373-1900, anytime day or night. We will honor your prayer requests, but if you call after office hours, please leave a message and your call will be returned ASAP. You may also submit a prayer request or questions through the church website at [www.fairfieldchurch.org](http://www.fairfieldchurch.org).

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## Harvest Bible Church

In the beginning was the Word, and the Word was with God, and the Word was God (John 1:1)... John 1:1 speaks of the origin of all things which have a cause, reaching into God's eternal existence to explain the creation of the universe. In John's words, everything exists because God exists eternally. And it is His eternality that explains the existence of all things.

Obviously the Bible answers the question of why anything exists at all. God created it. The atheist, however, is unconvinced, and he will deny anything the Bible teaches when it assumes God's existence. So, if there is no God, how did all come into being?

One explanation on why anything exists at all is the cosmological argument for the existence of God. Using the known law of cause and effect, the logic is as follows: 1) Every effect has a cause; 2) the universe is an effect; 3) therefore, the universe has a cause.

A self-created universe? This violates the law of non-contradiction since the universe would have to have existed in some form in order to create itself. Thus, the universe would have to both be and not be at the same time. This is obviously absurd, for nothing produces nothing since it equates to no-thing. If there was a big bang that created everything, then something had to exist in order for the big bang to explode. For something to be self-existent (like the elements

which exploded all things into existence) it would have to have the power of being within itself—which is uncreated. But if the universe was created by big bang particles that formed the modern universe, and since the particles that formed the universe are not eternal since they are all subject to decay, then whatever elements came together to ignite the big bang also cannot be eternal or self-existent. They too would have required a creator in order to exist in the first place.

A universe that exists by chance? This would make chance the creator. But chance isn't really anything at all. It's merely a word used to denote odds. It has no power, and even though it is often related to flipping a coin, for instance, even in the case of the coin flip, the odds are based upon certain conditions for how and where the coin is flipped. In a stable environment and under precise conditions, the coin will turn up the same each time. Thus, chance has only to do with odds under unstable circumstances. Truth is, chance has no being but is merely a mental concept referring to mathematical possibilities. Thus, chance, being bereft of being, is powerless, and power can no more be generated by nothing than objects can be.

The only other option for explaining the universe's existence is that a self-existent eternal power (i.e., intelligent designer) must have created all things. Scripture calls this intelligent designer God-

*(Continued on Page 47)*

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**Harvest Bible Church-** (Continued from Page 46)

Yahweh,” the self-existing One who was, is, and will always be.

Logically speaking, an eternal intelligent designer is neither illogical nor religious but absolutely necessary to explain why anything exists at all. After all, the law of causality demands that every effect have a cause (an effect by definition is that which has been produced by something outside of itself), so the idea of an uncaused being is perfectly rational. This aseity—something exists in and of itself—is uncaused, uncreated, and differs from everything in the universe which does have a cause. It is the only logical choice.

In simply being rational, if anything exists at all (and it does!), the existence of God is rationally necessary because if something exists now, then it is necessary that something has always existed. After all, the universe is clearly an effect that had a cause, and the creation of nothing by nothing is not only irrational but impossible. In the end, there must be something with the power of being within itself who has always existed for there to be anything that exists. The Bible tells us that is the Word who has always existed, who became flesh (John 1:1, 14)—Jesus Christ who is the Creator and sustainer of all things (John 1:3-5; Col. 1:15; Heb. 1:1-2).



## SUMMER DUAL CREDIT

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## NEW STUDENT ORIENTATIONS

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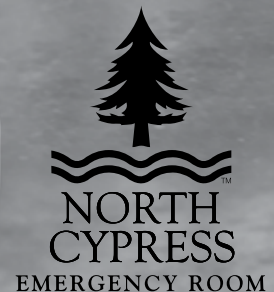


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# News You Can Use

## Fountain of Life Fellowship

### OUR OPEN INVITATION

Come, Get Plugged In to our services and programs: Sunday morning we begin at 10:45 am with Praise and Worship and a message for such a time as this, in our main sanctuary. Our Firehouse Kids (1st through 5th graders) get together for Kids Church in their separate building at the same time. During this service we offer Care and super-vision of Toddler's ages 2-5 and wee ones under 2 years of age. Sunday evening at 6:00 p.m. we offer "Care and Prayer Service." Wednesday evening @ 7:00 p.m. we have something for every one of every age group: (Firehouse Kids for elementary aged children), (BRING IT for Teens and Pre-Teens) and Adults Gather Together for a time of praise and study in the Bible together, followed by break-out into small groups for Care and Prayer time.

### BRING IT

Teens and Pre-Teens: "Are you faced with peer pressure, bullies at school, dating do's and don'ts and how to honor parents while learning how to think independently?" John and Stephanie Schmidt, our Youth leaders, are able to provide you with God's answers for these challenging issues. Come, acquire the fire for the LORD as you "BRING IT" to Him on Wednesdays at 7:00 p.m.

### FIREHOUSE KIDS

1st through 5th graders: we play games, do skits, and learn about Jesus in our Firehouse Kids Group on Wednesdays at 7:00 p.m. Come join in the fun. We have decided to change Vacation Bible School a bit this year. Instead of having a one-week long Vacation Bible School and it's over, we are going to extend our Vacation Bible School over five (5) consecutive Wednesday nights from 7:00 – 9:00 p.m. That means that starting Wednesday, July 14th and continuing through Wednesday, August 11th – on Wednesday nights Only, we will "Embark on a High Seas Adventure" of Vacation Bible School. Ships Ahoy, mate!

### TRANSFORMING LIVES, TRANSFORMING FAMILIES.

The Bible is our road map to the renewing of our minds, transforming of our lives. Through careful and prayerful study of the Bible we are able to learn what God is saying. It is through the help of the Holy Spirit that we gain understanding of how to apply what God is saying for life transformation. "And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God" (Ro. 12:2 NKJV).

## Building Strong Families Community of Faith

### Summer Kidz Events

6 p.m. - 9 p.m.

#### July 9

Outdoor Movie Night

#### July 30

COF's Got Talent Show

#### August 15

Back-to-School Splash

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Did you ever wish you could start a day over? The kind of day where it starts out like a light rain shower with the sun peeking through, and ends with a dark, heavy flood?

When I first heard the sound, I was searching in the dark for matches to light a candle. Our power had gone out due to the storm raging that night. The sound startled me and I jumped as I heard it a second time. This time, I knew exactly what that sound was. It was the sound of my only shade tree falling over. It landed on my deck and filled the whole back yard. My heart sank. This could not be happening to ME!. As I opened the door, their it lay, completely uprooted. I had refused to greatly thin the canopy of this top heavy tree because it had provided many a play day in the shade for my children, and kept the swing set cool during even the hottest months. It was still storming for two days following, so with our emergency jobs I did not have a chance to remove it until 4 days later. While I was cleaning up debris of the tree and carrying a large branch to the truck, I knew what I had done. If I had only thinned out this tree, it would have had a much greater chance of withstanding that storm. Sometimes, we overlook things that are precious to us until it is too late, even when we have the knowledge to prevent it from happening.

Early June is the time to trim trees in your yard before storms threaten our area. We should make our trees more wind resistant by removing diseased and damaged limbs, And strategically remove limbs throughout the canopy. This provides less wind resistance in a storm when the wind can blow through the tree. Keep overhanging branches on homes to a minimum, and check for trees entangled in power lines.

Native trees such as Live Oak, Cypress, and Red Maple do survive hurricanes better than Non- natives. In high winds, Palms will bend, but not always break. Since they originated in the tropics and sub-tropics, their trunks have adapted to hurricanes. Although fronds will be damaged in a storm, most Palms including Chinese Fan, Majesty, and Pygmy Dates will recover. Queen Palms are the exception due to very low wind tolerance.

We all live extremely busy lives out here, and when storms approach it could be too late to thin out or take care of that dead tree that has been there for a while take some time to care for your trees and they will thank you in many ways.

Warmly, Laura Lamar  
"The Tree Lady"



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# News You Can Use

## You Can Help Bring A Dog Park To 1960/Willowbrook Area

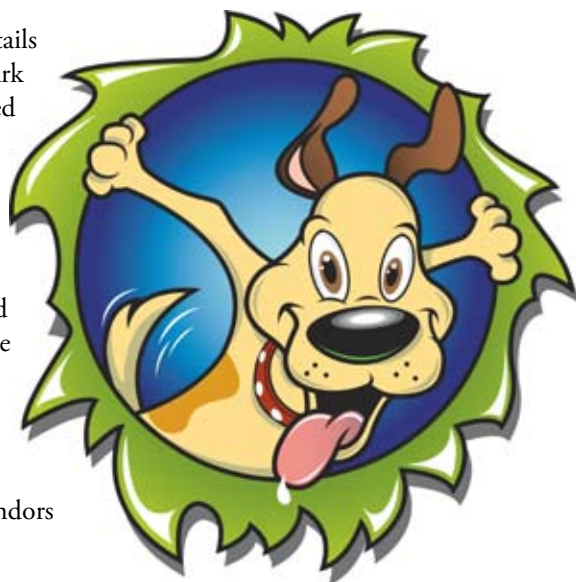
If you have ever taken your dog to a dog park you know how much fun they are for people and dogs too. You probably also know there is not one in our neck of the woods if you live in far NW Houston. The nearest off leash public dog park is Bill Archer Park in the Bearcreek Park area on Hwy 6 near I-10. If you have not ever been to a dog park you may soon get a chance to do so here in our own back yard. The Houston Dog Park Association (HDPa) is proud to be partnering with sponsor Barks 5th Avenue to bring a public dog park to far NW Houston. Land next to the Barks 5th Avenue facility on 1960 near Jones Rd. will be donated by the land owner to HDPa to build a public dog park on. HDPa will design, construct and manage the dog park. The plan is in preliminary stages now and more details will

be shared at the Kick Off and Fund Raising event to be held October 2nd in the parking lot of Barks 5th Avenue at 10620 FM 1960 West, Houston, TX 77070.

We will be announcing the event details on our web site soon but you can mark your calendar for Oct. 2nd now. Leashed pets will be invited to the event and we'll have lots of fun for people and doggies including a dog and car wash, frisbee dog demonstrations, doggie costume contest, and lots of local vendor tables with freebies and goodies to give away and win. We are seeking vendors and will also need volunteers to help setup and work at the event from washing cars and dogs to entertainment and set up/clean up. HDPa is also seeking sponsors and vendors

as well as entertainment for the event, contact HDPa to offer your services or reserve your space.

*(Continued on Page 51)*



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**You Can Help Bring A Dog Park-** (Continued from Page 50)

You can donate to the NW area dog park construction fund right now on our web site under Programs via Paypal or you can donate at the event. Dog park donations are tax deductible. HDPa has already raised over \$1000 for the NW area dog park. HDPa will be forming a "Friends of the NW Area Dog Park Committee" to help us plan and develop this new dog park and the event and we need volunteers. If you'd like to help us make this dream a reality for NW Houston dog owners email [tiffany@houstondogpark.org](mailto:tiffany@houstondogpark.org) to learn how you can help. HDPa is a 501c3 non-profit volunteer organization that advocates for dog parks and supports dog park patrons through education. Learn more about HDPa, how you can help, and what HDPa is doing to support dog parks all around Houston on our web site. For a map of all the dog parks around Houston visit [www.HoustonDogPark.org](http://www.HoustonDogPark.org). See you at the dog park!

Author Tiffany Moore is President of the Houston Dog Park Association and an Advisory Board Member on the Gragg Park Animal Campus project for BARC. [www.animalcampus.org](http://www.animalcampus.org).

**BY TIFFANY MOORE**



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# FAIRFIELD

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We all need some sun exposure; it's our primary source of vitamin D, which helps us absorb calcium for stronger, healthier bones. But it doesn't take much time in the sun for most people to get the vitamin D they need, and unprotected exposure to the sun's ultraviolet rays can cause skin damage, eye damage, immune system suppression, and even cancer. Even people in their twenties can develop skin cancer. Most kids rack up between 50% and 80% of their lifetime sun exposure before age 18, so it's important that parents teach their children how to enjoy fun in the sun safely. With the right precautions, you can greatly reduce your child's chance of developing skin cancer.

## Facts About Sun Exposure

The sun radiates light to the earth, and part of that light consists of invisible ultraviolet (UV) rays. When these rays reach the skin, they cause tanning, burning, and other skin damage.

### Sunlight contains three types of ultraviolet rays: UVA, UVB, and UVC.

1. UVA rays cause skin aging and wrinkling and contribute to skin cancer, such as melanoma. Because UVA rays pass effortlessly through the ozone layer (the protective layer of atmosphere, or shield, surrounding the earth), they make up the majority of our sun exposure. Beware of tanning beds because they use UVA rays. A UVA tan does not help protect the skin from further sun damage; it merely produces color and a false sense of protection from the sun.
2. UVB rays are also dangerous, causing sunburns, cataracts (clouding of the eye lens), and immune system damage. They also contribute to skin cancer. Melanoma, the most dangerous form of skin cancer, is thought to be associated with severe UVB sunburns that occur before the age of 20. Most UVB rays are absorbed by the ozone layer, but enough of these rays pass through to cause serious damage.
3. UVC rays are the most dangerous, but fortunately, these rays are blocked by the ozone layer and don't reach the earth.

What's important is to protect your family from exposure to UVA and UVB, the rays that cause skin damage.

### Melanin: The Body's First Line of Defense

UV rays react with a chemical called melanin that's found in most

people's skin. Melanin is the first defense against the sun because it absorbs dangerous UV rays before they do serious skin damage. Melanin is found in different concentrations and colors, resulting in different skin colors. The lighter a person's natural skin color, the less melanin it has to absorb UV and protect itself. The darker a person's natural skin color, the more melanin it has to protect itself. (But both dark- and light-skinned kids need protection from UV rays because any tanning or burning causes skin damage.)

Also, anyone with a fair complexion — lighter skin and eye color — is more likely to have freckles because there's less melanin in the skin. Although freckles are harmless, being outside in the sun may help cause them or make them darker.

As the melanin increases in response to sun exposure, the skin tans. But even that "healthy" tan may be a sign of sun damage. The risk of damage increases with the amount and intensity of exposure. Those who are chronically exposed to the sun, such as farmers, boaters, and sunbathers, are at much greater risk. A sunburn develops when the amount of UV exposure is greater than what can be protected against by the skin's melanin.

### Unprotected sun exposure is even more dangerous for kids with:

- moles on their skin (or whose parents have a tendency to develop moles)
- very fair skin and hair
- a family history of skin cancer, including melanoma

You should be especially careful about sun protection if your child has one or more of these high-risk characteristics.

Also, not all sunlight is "equal" in UV concentration. The intensity of the sun's rays depends upon the time of year, as well as the altitude and latitude of your location. UV rays are strongest during summer. Remember that the timing of this season varies by location; if you travel to a foreign country during its summer season, you'll need to pack the strongest sun protection you can find.

Extra protection is also required near the equator, where the sun is strongest, and at high altitudes, where the air and cloud cover are thinner, allowing more damaging UV rays to get through the atmosphere. Even during winter months, if your family goes skiing in the mountains, be sure to apply plenty of sunscreen; UV rays reflect

*(Continued on Page 54)*



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# News You Can Use

## Sun Safety - (Continued from Page 52)

off both snow and water, increasing the probability of sunburn.

With the right precautions, kids can safely play in the sun. Here are the most effective strategies:

### Avoid the Strongest Rays of the Day

First, avoid being in the sun for prolonged times when it's highest overhead and therefore the strongest (normally from 10:00 AM until 4:00 PM in the northern hemisphere). If kids are in the sun between these hours, be sure to apply protective sunscreen — even if they're just playing in the backyard. Most sun damage occurs as a result of incidental exposure during day-to-day activities, not at the beach.

Even on cloudy, cool, or overcast days, UV rays travel through the clouds and reflect off sand, water, and even concrete. Clouds and pollution don't filter out UV rays, and they can give a false sense of protection. This "invisible sun" can cause unexpected sunburn and skin damage. Often, kids are unaware that they're developing a sunburn on cooler or windy days because the temperature or breeze keeps skin feeling cool on the surface.

### Cover Up

One of the best ways to protect your family from the sun is to cover up and shield skin from UV rays. Ensure that clothes will screen out harmful UV rays by placing your hand inside the garments and making sure you can't see it through them.

Because infants have thinner skin and underdeveloped melanin, their skin burns more easily than that of older kids. But sunscreen should not be applied to babies under 6 months of age, so they absolutely must be kept out of the sun whenever possible. If your infant must be in the sun, dress him or her in clothing that covers the body, including hats with wide brims to shadow the face. Use an umbrella to create shade.

Even older kids need to escape the sun. Long exposure can make them feel tired and irritable. For all-day outdoor affairs, bring along a wide umbrella or a pop-up tent to play in. If it's not too hot outside and won't make your child even more uncomfortable, you can have him or her wear a light long-sleeved shirt and/or long pants. Before heading to the beach or park, call ahead to find out if certain areas offer rentals of umbrellas, tents, and other sun-protective gear.

### Use Sunscreen Consistently

Lots of good sunscreens are available for kids, including formulations for sensitive skin, brands with fun scents like watermelon, long-lasting waterproof and sweat-proof versions, and easy-application varieties in spray bottles.

What matters most in a sunscreen is the degree of protection from UV rays it provides. When faced with the overwhelming sea of sunscreen choices at drugstores, concentrate on the SPF (sun protection factor) numbers on the labels.

(Continued on Page 55)

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### Sun Safety - (Continued from Page 54)

For kids age 6 months and older, select an SPF of 15 or higher to prevent both sunburn and tanning. Choose a sunscreen that states on the label that it protects against both UVA and UVB rays (referred to as "broad-spectrum" sunscreen). To avoid possible skin allergy, avoid sunscreens with PABA, and if your child has sensitive skin, look for a product with the active ingredient titanium dioxide (a chemical-free block).

### For sunscreen to do its job, it must be applied correctly.

#### Be sure to:

- Apply sunscreen whenever your child will be in the sun.
- Apply sunscreen about 30 minutes before kids go outside so that a good layer of protection can form. Don't forget about lips, hands, ears, feet, shoulders, and behind the neck. Lift up bathing suit straps and apply sunscreen underneath them (in case the straps shift as a child moves).
- Don't try to stretch out a bottle of sunscreen; apply it generously.
- Reapply sunscreen often, approximately every 2 to 3 hours, as recommended by the American Academy of Dermatology. Reapply after a child is sweating or swimming.
- Apply a waterproof sunscreen if kids will be around water or swimming. Water reflects and intensifies the sun's rays, so kids need protection that lasts. Waterproof sunscreens may last up to 80 minutes in the water, and some are also sweat- and rub-proof. But regardless of the waterproof label, be sure to reapply sunscreen when kids come out of the water.

(Continued on Page 56)



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# News You Can Use

## Sun Safety - (Continued from Page 55)

Keep in mind that every child needs extra sun protection. The American Academy of Dermatology recommends that all children — regardless of their skin tone — wear sunscreen with an SPF of 15 or higher. Although dark skin has more protective melanin and tans more easily than it burns, remember that tanning is also a sign of sun damage. Dark-skinned children can also develop painful sunburns.

### Use Protective Eyewear for Kids

Sun exposure damages the eyes as well as the skin. Even 1 day in the sun can result in a burned cornea (the outermost, clear membrane layer of the eye). Cumulative exposure can lead to cataracts later in life (clouding of the eye lens, which results in blindness). The best way to protect eyes is to wear sunglasses.

Not all sunglasses provide the same level of ultraviolet protection; darkened plastic or glass lenses without special UV filters just trick the eyes into a false sense of safety. Purchase sunglasses with labels ensuring that they provide 100% UV protection.

But not all kids enjoy wearing sunglasses, especially the first few times. To encourage them to wear them, let kids select a style they like — many manufacturers make fun, multicolored frames or ones embossed with cartoon characters. And don't forget that kids want to be like grown-ups. If you wear sunglasses regularly, your kids may be willing to follow your example.

### Double-Check Medications

Some medications increase the skin's sensitivity to UV rays. As a result, even kids with skin that tends not to burn easily can develop a severe sunburn in just minutes when taking certain medications. Fair-skinned kids, of course, are even more vulnerable.

Ask your doctor or pharmacist if any prescription (especially antibiotics and acne medications) and over-the-counter medications your child is taking can increase sun sensitivity. If so, always take extra sun precautions. The best protection is simply covering up or staying indoors; even sunscreen can't always protect skin from sun sensitivity caused by medications.

### If Your Child Gets a Sunburn

A sunburn can sneak up on kids, especially after a long day at the beach or park. Often, they seem fine during the day but then gradually develop an "after-burn" later that evening that can be painful and hot and even make them feel sick.

When kids get sunburned, they usually experience pain and a sensation of heat — symptoms that tend to become more severe several hours after sun exposure. Some also develop chills. Because the sun has dried their skin, it can become itchy and tight. Burned skin begins to peel about a week after the sunburn. Encourage your child not to scratch or peel off loose skin because skin underneath the sunburn is vulnerable to infection.

### If your child does get a sunburn, these tips may help:

- Keep your child in the shade until the sunburn is healed. Any additional sun exposure will only increase the severity of the burn and increase pain.

- Have your child take a cool (not cold) bath, or gently apply cool, wet compresses to the skin to help alleviate pain and heat.
- Apply pure aloe vera gel (available in most pharmacies or taken directly from within the leaves of the plant) to any sunburned areas. It's excellent for relieving sunburn pain and helping skin heal quicker.
- Give your child a pain reliever like acetaminophen or ibuprofen and spray on over-the-counter "after-sun" pain relievers. (Do not, however, give aspirin to children or teens.)
- Apply topical moisturizing cream to rehydrate the skin and help reduce swelling. For the most severely burned areas, apply a thin layer of 1% hydrocortisone cream. (Do not use petroleum-based products, because they prevent excess heat and sweat from escaping. Also, avoid first-aid products that contain benzocaine, which may cause skin irritation or allergy.)

If the sunburn is severe and blisters develop, call your doctor. Until you can see your doctor, tell your child not to scratch, pop, or squeeze the blisters, which can become easily infected and can result in scarring.

### Heat-Related Illnesses

such as heat syncope (fainting from heat), heat exhaustion, and heat stroke are far more serious than a sunburn. These conditions occur when kids become overheated and dehydrated, and in many cases, are accompanied by sunburn.

### Call the doctor if:

- your child has an unexplained fever higher than 102° Fahrenheit (38.9° Celsius)
- the sunburned skin looks infected
- your child has trouble looking at light (this may indicate a sunburn of the eye's cornea)

Contact your doctor for immediate assistance if your child has:

- nausea
- vomiting
- fainting
- delirium (seems temporarily mentally confused)
- diarrhea

### Be Sun Safe Yourself

Being a good role model by wearing sunscreen and limiting your time in the sun not only reduces your risk of sun damage, but teaches your kids good sun sense.

**Reviewed by: Steven Dowshen, MD**

**Date reviewed: September 2007**

**This information was provided by KidsHealth, one of the largest resources online for medically reviewed health information written for parents, kids, and teens. For more articles like this one, visit [www.KidsHealth.org](http://www.KidsHealth.org) or [www.TeensHealth.org](http://www.TeensHealth.org). ©1995-2006. The Nemours Foundation**

# Sunburn

The best treatment for sunburn is prevention. Mild sunburn results in skin irritation and redness and can be safely treated at home. Severe sunburn requires medical attention.

## Did You Know?

More than 90% of skin cancers are the result of sun exposure. Unprotected sun exposure is even more dangerous for kids who have many moles or freckles, very fair skin and hair, or a family history of skin cancer.



## What to Do:

1. Remove the child from the sun right away.
2. Place the child in a cool (not cold) shower or bath – or apply cool compresses – several times a day.
3. Offer the child extra fluids for the next 2 to 3 days.
4. Give the child ibuprofen or acetaminophen as directed, if needed, to relieve pain.
5. Make sure all sunburned areas are fully covered to protect the child from the sun until healed.



## Call a Doctor if the Child Has:

- a sunburn that forms blisters or is extremely painful
- facial swelling from a sunburn
- a sunburn that covers a large area
- fever or chills after getting sunburned
- headache, confusion, or a feeling of faintness
- signs of dehydration (increased thirst, or dry eyes and mouth)
- signs of infection on the skin (increasing redness, warmth, pain, swelling, or pus)

## Think Prevention!

Before kids go out in the sun, remember, “*Slip Slap Slop*”:

**Slip** on a shirt.

**Slap** on a brimmed hat and sunglasses.

**Slop** on sunscreen with an SPF of at least 15 (reapply sunscreen every 2 hours or if the child has been in water or sweating a lot).

Note: All information is for educational purposes only. For specific medical advice, diagnoses, and treatment, consult a doctor. Review this with a doctor prior to use.

Reviewed by: Larissa Hirsch, MD Date reviewed: June 2007

## HEALTH BRIEFS



### **Parents Should Stay Within Reach When Youngsters Are In Pool**

Parents can help prevent potential accidents at the pool this summer by staying alert and attentive, said a pediatric emergency medicine physician at Baylor College of Medicine.

“A high percentage of summer drownings and accidents occur in community and residential swimming pools,” said Dr. Rohit Shenoi, assistant professor of pediatrics - emergency medicine at BCM and Texas Children’s Hospital. “By far, the most common cause of drowning is lack of supervision.”

Parents need to keep a close watch, both physically - in proximity to the child - and mentally, with little distractions to prevent these accidents, Shenoi said. A good rule of thumb, he said, is to implement “touch supervision,” which means keeping within arms-length of your toddler at all times. Other important precautions include:

- Do not rely on flotation devices. Children can slip out of them easily.
- Keep a close eye even on children who can swim.
- Make sure the pool has two unblockable drains to prevent children from getting stuck in them.
- Fence in home pools so that children can’t walk out the back door and fall into the pool.

### **Early Intervention Best Approach To Prostate Cancer Treatment**

Early-stage intervention in prostate cancer is the best approach to treatment of the disease, said a urologist at Baylor College of Medicine.

Prostate cancer, when caught in the early stages, is highly treatable and curable, said Dr. Dov Kadman, professor of urology at BCM. The introduction of the prostate-specific antigen test about 15 years ago has strongly influenced the ability to catch cancer early. PSA is a protein produced by normal and cancerous prostate cells; PSA blood levels are elevated when produced by prostate cancer cells.

Beginning at age 50, it is recommended that men have a PSA test every year.

Men with a family history of prostate cancer and African American men should begin yearly screenings at age 40. Men should continue prostate cancer screenings and consider treatment if necessary into their late 70s.

Depending on a man’s age, there are recommended blood levels that may indicate the need for a biopsy and further treatment. Standard forms of early prostate cancer treatment include surgery (removal of the prostate gland) and radiation therapy.

### **Avoid Common Summer Catastrophes**

Fun is the word on everyone’s mind as summer heats up, but doctors at Baylor College of Medicine say “prevention” should not be far behind.

Dr. John Rogers, professor of family and community medicine at BCM, offers advice on how to prevent common summer health risks and injuries:

- Always wear sunblock and make sure to apply it as evenly as possible over all exposed skin. Make sure it is at least SPF 15 and reapply often.
- Wear a hat with a wide rim and long sleeve shirts in a light-weight material to further protect the skin.
- Don’t wait until you are thirsty to drink water. That means you are already becoming dehydrated. Drink water or sports beverages throughout the day.
- Keep the elderly in mind during the summer. Other health issues could be heightened by the heat. Even if they are indoors, they could still become victims of heat exhaustion.
- Never swim alone. Even the most experienced swimmer could suffer an injury and need help getting out of the pool.
- Helmets are a must if bike riding is in the plans this summer. Elbow and knee pads are also suggested for skateboarding or roller skating.
- Not all outdoor injuries can be prevented - like scraped knees. But usually a minor injury like that doesn’t require a trip to the emergency room.

### **Save Some ‘Green’ With Frozen, Canned Veggies**

Don’t overlook frozen or canned fruits and vegetables as healthy and less expensive alternatives to the fresh versions, said an expert at Baylor College of Medicine.

“You might be surprised to know that frozen or canned options are just as nutritious as or sometimes even more nutritious than fresh fruits and vegetables,” said Molly Gee, a registered dietitian at BCM.

Companies that make frozen or canned fruits and vegetables must pack the items at their peak, said Gee. While some vitamins and minerals are lost in the fresh foods due to the time it takes to get them from the field to the plate, these vitamins and minerals are present in the canned or frozen versions.

However, she warns that it’s still important to read the labels on canned or frozen items to be sure that they are preserved in their own natural juices and that no sugar is added.

Frozen meals can also be a good option for saving some money and maintaining a healthy weight, said Gee, but make sure only 30 percent of the calories are from fat and consider low-sodium options.



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FF

# - Kids Stuff -

Section for Kids with news, puzzles, games and more!



Isn't the Fourth of July great? In addition to being a celebration of America's independence as a nation, there's no school, lots of families have barbecues or cookouts, and you can go see a fireworks display at night.

The safest way to enjoy fireworks is at a professional display. Some people light sparklers at home or even set off their own fireworks, but this is dangerous. More than 10,000 people were treated at hospital emergency rooms for fireworks-related injuries in 2005. And almost half of those injured each year are kids under age 15. Some of the people hurt each year aren't the ones setting off the fireworks, but people who are nearby.

It's best to stay away from areas where nonprofessionals are setting off fireworks. Fireworks can cause serious eye injuries, including blindness, if the eye tissue gets damaged or torn. Other common injuries from fireworks include burns to the hands and face, which can leave scars. Someone could even lose one or more fingers if fireworks go off the wrong way. Fireworks

can also start fires, which can hurt even more people.

If you know someone who plans to set off fireworks at home, here are some safety tips to share:

- Only adults should light fireworks.
- Never use fireworks indoors.
- Be prepared to put out a fire by having a hose or water nearby.
- Light fireworks one at a time.
- Stay away from a firework that has not gone off and never try to relight it.

Sparklers may seem less dangerous than fireworks, but they get extremely hot — as hot as 1,800° Fahrenheit (982° Celsius). Sparklers can light clothes on fire and can cause kids to get badly burned. In fact, in 2005, more than 1,000 people were treated in emergency rooms for injuries from sparklers. That would take the fun out of a great holiday!

Reviewed by: Larissa Hirsch, MD

Date reviewed: June 2007

Originally reviewed by: Barbara P. Homeier, MD

This information was provided by KidsHealth, one of the largest resources online for medically reviewed health information written for parents, kids, and teens. For more articles like this one, visit [www.KidsHealth.org](http://www.KidsHealth.org) or [www.TeensHealth.org](http://www.TeensHealth.org). ©1995-2006. The Nemours Foundation





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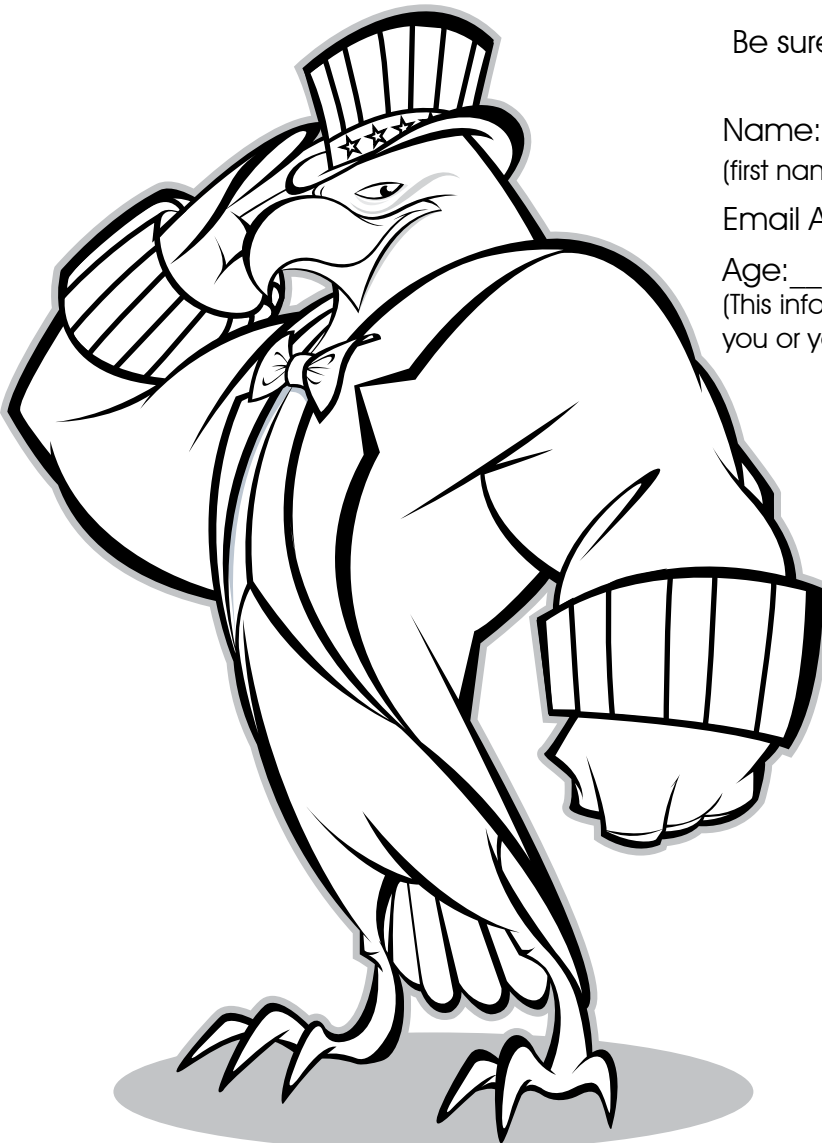
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Phone: 281.373.0834 Email: [facofficemgr@sbcglobal.net](mailto:facofficemgr@sbcglobal.net)**



**Dawn Fore**

Broker/Owner

**281-304-9500**

**281-731-7399**



**RE/MAX  
Lakeland**

## Listing Your Home for Sale in Fairfield?

*Call Dawn today to set up a Confidential Interview  
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We provide a Free Market Analysis of your Home*

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21902 Winsome Rose Court,  
4/2.5/2, 2138 sqft, \$144,900



19915 Maple Village Dr,  
3/2/2, 2207 sqft, \$149,000



16611 Orchid Mist Dr,  
3/2/2, 1880 sqft, \$180,000



15719 Country Park Way,  
4/3/3, 2646 sqft, \$245,000



15914 Crooked Lake Way,  
4/2.5/2, 3323 sqft, \$280,000



16310 Petina Cypress Ct,  
5/3.5/3, 3587 sqft, \$265,000



20414 Lakeland Falls Dr,  
4/3.5/3, 3691 sqft, \$299,900



14826 Orange Bloom,  
4/3.5/2, 2642 sqft, \$199,900

### Dawn Fore's Fairfield Market Report

| Neighborhood             | 1 <sup>st</sup> Quarter Results |             |     |
|--------------------------|---------------------------------|-------------|-----|
|                          | Sold                            | \$ per SqFt | DOM |
| Bluebonnet Glen          | 0                               | -           | -   |
| Baker's Ridge            | 1                               | \$76.53     | 73  |
| Chappell Ridge           | 0                               | -           | -   |
| Cottage Glen             | 2                               | \$78.25     | 69  |
| The Estates              | 0                               | -           | -   |
| Garden Grove             | 1                               | \$63.52     | 29  |
| Glen                     | 1                               | \$78.00     | 59  |
| Inwood Glen              | 2                               | \$76.02     | 67  |
| Inwood Meadows           | 1                               | \$71.30     | 169 |
| Inwood Park              | 3                               | \$67.56     | 48  |
| Lakes/Lake Ridge 2       | 6                               | \$80.47     | 53  |
| Crossing/Landing/Reserve | 5                               | \$74.31     | 14  |
| Meadows/Park/Retreat     | 1                               | \$63.62     | 90  |
| Oaks/Trails              | 1                               | \$74.91     | 6   |
| Pines                    | 1                               | \$83.62     | 10  |
| Summer Crossing          | 2                               | \$79.50     | 68  |
| Summer Ridge             | 4                               | \$69.25     | 61  |

These numbers for resale homes were obtained from the Houston Multiple Listing Service. While we have no reason to doubt the accuracy of this information, we cannot guarantee it. This is not a solicitation of currently listed properties.