



# CIRCLE C RANCH

The Official Publication of the  
Circle C Homeowner's Association

## Newsletter

Volume 7, Number 10

October 2010

[www.circlecranch.info](http://www.circlecranch.info)

## Farewell to HOA Board President

The board would like to thank our outgoing President, Mary Goehring, for her many years of service to Circle C. She is stepping down and is moving out of Circle C. She has served multiple terms as a board member and has been a huge asset to our neighborhood. We all wish her well in her future endeavors.

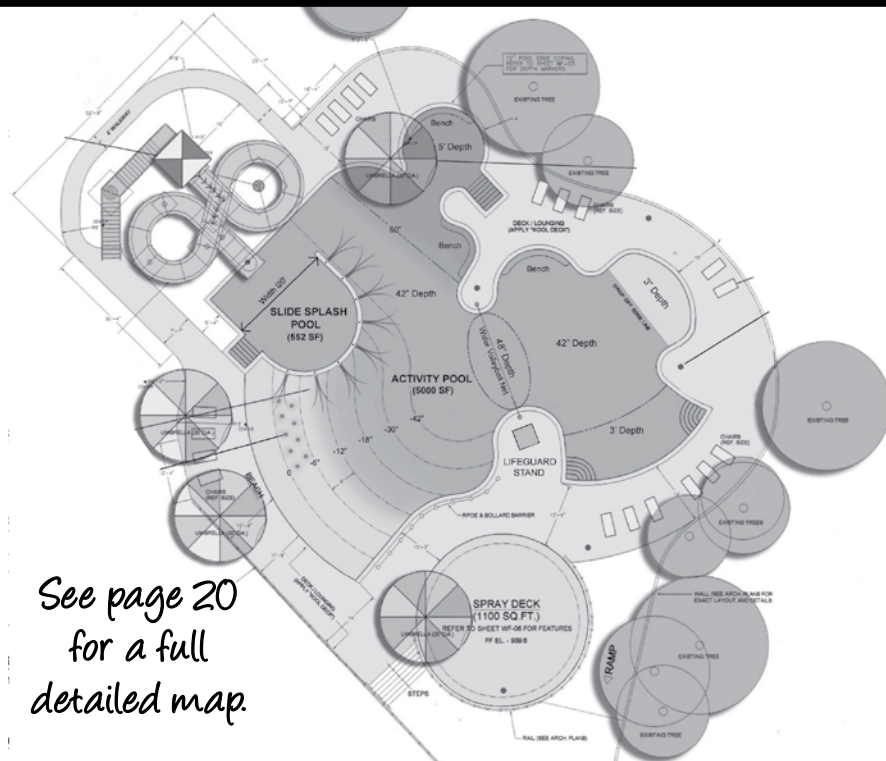
The board will vote at the October board meeting to elect a new President and to appoint a new board member to fill Mary's vacancy. We will communicate that in the next newsletter as well as give an update on the new pool and community center.

## Official HOA Communications

*..inside pages 8 - 21*

## Save The Date: Circle C Holiday Party

This year's Holiday Party will be held on Saturday, December 4th, 10am to 12:30pm at the Circle C Child Development Center. More info to come in the next newsletter!



*See page 20  
for a full  
detailed map.*

## Circle C HOA New Pool Project Update

Last month we announced a Town Hall that had yet to be held at the time of printing of this newsletter. We would like to thank everyone who participated. We heard from some of you after last month's publication about the location of the new community center and pool. The location is at the corner of La Crosse and Spruce Canyon (this site was donated by the previous developer).

Included in this edition is a layout of the new recreation pool and splash deck. The rec pool will have hardware for volleyball and basketball equipment set-up, an adult area cove with seating, a beach entry with water jets and a seventeen foot slide. There will be a separate splash pad with water features for toddlers. Our project managers are currently working on bidding the project and finalizing a construction schedule. We will have more updates in the next newsletter.

In the meantime, if you have any questions, please let us know either by calling the HOA office at 288.8663 or emailing [info@circlecranch.info](mailto:info@circlecranch.info)

## CCHOA NUMBERS

HOA Mgmt Office ..... [info@circlecranch.info](mailto:info@circlecranch.info) or 288-8663  
 Financial Office ..... 451-9901  
 Aquatics Director ..... 288-4239  
 Newsletter Publisher

Peel, Inc. Sales Office. .... 512-263-9181

Advertising.....[advertising@PEELinc.com](mailto:advertising@PEELinc.com), 512-263-9181

### Circle C Amenities

Circle C Café ..... 288-6058

Circle C CDC..... 288-9792

Circle C Swim Center ..... 288-6057

Circle C Tennis Club General@CircleCTennis.com, 301-8685

### Sub Association Info:

KB Enclave and Fairway Estates HOA

Karen Hibpsman, CMCA, Manager ..... 347-2891

Parkwest HOA

Goodwin Management ..... 502-7509

Streetman Enclave HOA

K.O. Orsak ..... 646-6739

Muirfield HOA

Sara Huff ..... 219-1927

## BOARD OF DIRECTORS

Mary Goehring ..... President

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Russ Hodes ..... Treasurer

Chris Poynor ..... Secretary

Joel Pace ..... Development Officer

Rob Johnson ..... Board Member

Steve Urban ..... Board Member

Contact Information ..... Email: [directors@circlecranch.info](mailto:directors@circlecranch.info)

## IMPORTANT NUMBERS

City of Austin Solid Waste ..... 974.1945

Dead Animal Collection..... 974.2000

Abandoned Vehicle..... 974.8119

Pothole Complaints..... 974.8750

Stop Signs ..... 457.4885

Street Light Outage ..... 505.7617

### Schools

Clayton Elementary ..... 841.9200

Kiker Elementary ..... 414.2584

Gorzycki Middle School..... 841-8600

Small Middle School ..... 841.6700

Bowie High School ..... 414.5247

SAYSA..... 899.1049

## ARTICLE INFO

The Circle C Ranch newsletter is mailed monthly to all Circle C Ranch residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

If you have an article of interest to the community please submit to [info@circlecranch.info](mailto:info@circlecranch.info) by the 10th of the month. The newsletter can also be viewed online at [www.circlecranch.info](http://www.circlecranch.info).

## ADVERTISING INFO

Please support the advertisers that make the Circle C Ranch Newsletter possible. If you are interested in advertising, please contact Peel, Inc. at 512-263-9181 or [advertising@peelinc.com](mailto:advertising@peelinc.com). The advertising deadline is the 8th of the month prior to the issue.

## MISSION STATEMENT

### Peel, Inc. Community Newsletters

Our goal is to provide the Circle C Ranch community with one source of local news content that is provided by Circle C residents. Our goal is to help build Circle C by connecting local businesses with residents and residents with relevant neighborhood information.

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# Calendar of Events

## October 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Pumpkin Sale Starts	5	6	7	8 Newsletter Article Deadline	9 Kiker Fall Festival 12-4pm
10 Swim-A-Thon	11	12	13	14	15	16
17	18 Fall Swim Hours Begin	19	20	21	22	23
24	25 Safe Riders 9-12pm	26	27	28	29	30 Pumpkin Sale Ends
31 Halloween						




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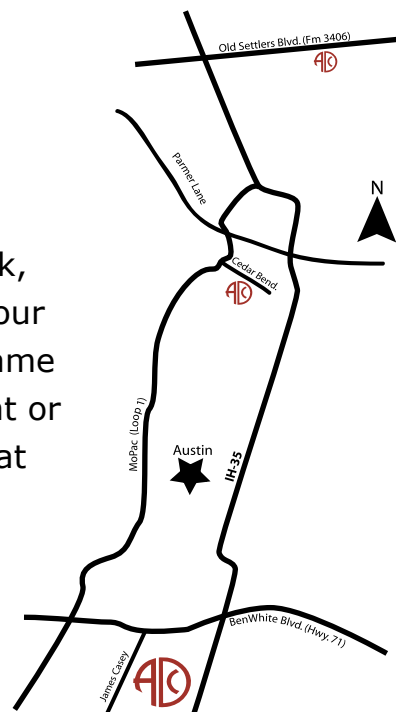
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## CLASSIFIED ADS

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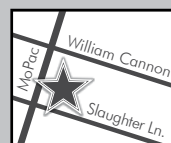
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# Table of Contents

## CCHOA NEWS

- 8 Circle C Amenities
- 9 Deed Restriction - Tip Of the Month
- 9 PUMPKIN SALE!
- 9 Ronald McDonald House Tab Collection
- 10 Circle C Swim Center News
- 14 Circle C Holiday Party
- 16 Circle C Landscape Update
- 17 Second Annual Swim-A-Thon
- 18 Teenage Job Seekers
- 19 Update on Common Area Improvements
- 19 Circle C Common Area Maintenance
- 19 2010 Capital Budget Projects Update
- 20 Pool Area Site Plan

## PARK WEST HOA NEWS

- 22 Park West News

## CLUBS & ANNOUNCEMENTS

- 24 October Events at the Wildflower Center
- 25 Caring For Your Trees
- 26 Tools for a Healthy Lifestyle
- 27 Kiker's Fall Festival
- 28 Circle C Tennis Club News
- 30 Easy Non-Toxic Cleaning Solutions
- 32 Austin Newcomers Club

## IN EVERY ISSUE

- 34 Business Classifieds



*October Events at the  
Wildflower Center*



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SUNDAY MORNINGS THIS FALL

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## Circle C Amenities

There are dozens of good reasons to move to Circle C Ranch, but a lot of people still don't know about all of the amenities other neighbors are enjoying everyday. We have almost everything that a luxury apartment or condo tower can offer and a lot more room to enjoy the outdoors.

Our Master Plan includes designs to connect and encircle the neighborhood with hike and bike trails. They aren't complete, but they are included in our Master Amenities plan and they will be extended, year by year. All of the commercial properties that surround Circle C will also be including hike and bike trail access. The city's Parks and Recreation currently maintains two miles of trails in the Circle C Metro Park, which was build buy Circle C developers and donated to the city of Austin about 10 years ago. The soccer fields are what most people remember, but there is a huge playground under the shade of huge oak trees, a tiny

baseball field hidden in the woods, a basket ball court, Slaughter creek and a world class disk golf course. We are also pressing them to connect a trail under Mopac so that you can join the Trail for a Day system, which will pass by the Wildflower Center.

We also have a great golf course, which changed its name to Grey Rock, but it's still easily accessible and they have a big clubhouse that includes a bar with food and live entertainment. They also have the tennis club facilities. But, one amenity that I'm always surprised that more people don't know about, is our own Circle C Café.

Jamie and Julie Arevalo live in Circle C and they have run Circle C Catering and Café for more than 10 years in our community. The kitchen is physically located at the Circle C Pool complex, where they provide pool side snacks and hot food, as well as catering services for all sizes of parties, out doors or in you own home. They also run the café at

the Wildflower Center, if you ever wondered. Just a few years ago, when we had no local restaurants, the café was always available for nightly home delivery (free to Circle C residents). Those delivery drivers and cooks are hired from our neighborhood, too.

When you visit the Lady Bird Johnson Wildflower Center, you will also be driving past one of the most unique parks in the country – the Austin Veloway. It's a 2 mile long paved bike track that was also built by Circle C developers. Circle C HOA doesn't own or maintain some of these facilities, but we did build them. The city maintains them now and they are open to the public. Our newest amenities are the playground located in Wildflower Park and Vintage Place. These playgrounds feature padded surfaces, shade, and a special fill material that doesn't get hot and cushions falls.

**BY RUSS HODES, CCHOA TREASURER**

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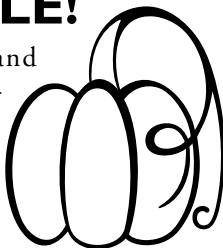
## DEED RESTRICTION Tip of the Month

The CCHOA staff is currently reviewing about three sections of the neighborhood per month (there are a total of 18 sections) in an effort to remind owners of the Declaration of Covenants, Conditions and Restrictions (the "deed restrictions") that each owner agreed to when purchasing their home in Circle C. If you would like to report a deed restriction violation, you can do so via the website under the "Resident Services" tab – under Management Office and Forms.

This month we would like to ask that everyone keep their trash and recycle containers hidden from view from the street. The best location is your backyard or garage, otherwise they need to be screened with landscaping or fence if they are on the side of the home. Trash and recycle day is always on Monday. City of Austin Solid Waste asks that carts should be placed at the curb by 6:30am and must be removed from the curb no later than 10pm. This is an easy task! Please do your part to keep the streets safe and looking great!!

## PUMPKIN SALE!

Get your holiday pumpkins easily and conveniently at the swim center October 4-30. The cost of pumpkins will be \$10.00 and up depending on size. Pick out your holiday pumpkin anytime in the afternoon from 3:30-7pm during the week.





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## Ronald McDonald House Tab Collection

Thank you, thank you, thank you to everyone who is in the habit of collecting their aluminum soda can tabs! The HOA is continuing to collect aluminum soda can tabs in the management office so please DO NOT throw your cans away without taking off the tabs. The tabs will be donated to the Ronald McDonald House Charities of Austin and Central Texas. To read more about the Ronald McDonald House Charities of Austin and Central Texas, you can visit <http://www.rmhc-austin.org/> Thank you to resident Bob Hendee for volunteering his time to this effort.



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## Circle C Swim Center News

The summer season has wound down and with that come a lot of changes here at the Circle C Swim Center. With the beginning of the school year, the Circle C Swim Center adjusted facility hours to the fall schedule. The pool is now open every day of the week with an afternoon break during weekdays.

	<b>LAP SWIM</b>	<b>REC SWIM</b>
Mon. – Fri.	6am – 11am 3:30pm – 8pm	9am – 11am 3:30pm – 8pm
Sat.	7am – 6pm	7am – 6pm
Sun.	10am – 6pm	10am – 6pm

The fall hours will be in effect until October 17th. With the cooler evening temperatures, and the recent rains, the pool heaters have kicked in, maintaining the competition pool at 81 degrees. The solar heaters on the wading pool will help to keep that open for our younger residents later into the season, though we need a couple of hours of sunshine in the mornings to get the water up to the minimum temperature of 78 degrees to open the wading pool.

The group swim lesson programs headed up by Lead Instructor, Amanda Hartman, will be wrapping up with the final session scheduled for September 21-October 1st. Private lessons, adult swim lessons or personal training sessions for stroke improvement can be scheduled throughout the fall and winter season on an individual basis at the front desk.

The Select Team has had an amazing start to their second year here at the pool under the leadership of Head Coach Dave Kelange. While the team will not be hosting any swim meets here at Circle C this fall, the team is excited about their upcoming away swim meets in October.

October 15-17 is the Longhorn Aquatics Fall Kickoff Swim Meet at the Jamal Swim Center on UT campus. Swimmers and their families can refer to the Longhorn Aquatics Web site at [www.utexas.edu/longhornaquatics/meets](http://www.utexas.edu/longhornaquatics/meets) for more information about the meet and the meet schedule. For updates on which events each Circle C swimmer is being registered for, visit the select team site at [www.select.ccsim.net](http://www.select.ccsim.net). Note that there is a limited amount of time once

Coach Dave has registered the swimmer for the individual and their families to contact him and make adjustments. Another slightly smaller October meet is in the works, so keep your eyes on the team site and stay in touch using the team Yahoo Group for the latest information.

But it's not all serious competition in October; there will be a number of fun fundraising opportunities available for team parents and Circle C residents to lend their support to the swim team. On October 10th, CC select swimmers will be participating in a Swimathon to help raise money to pay for their equipment. Residents can sponsor a swimmer for every lap completed, or give a set donation. Swimathon packets are available in the front office of the pool. Only one packet is allowed for swimmer.


If you love the fall and winter pool hours afforded by the programs, but aren't too excited about swimming with the crowd, please be assured that we always have lap lanes available for resident lap swimming. While we cannot guarantee an empty lane for every swimmer, we can assure residents that there will be lanes that are not being used for lessons or practice. If you find that there are no lanes available, please notify a lifeguard or the front desk and we will address the problem immediately. If you are new to lap swimming, unsure of lap swimming etiquette, or on how to safely "circle swim" with others in your lane, we have the following guidelines in place.

When we work together, lap swimming can be a wonderful experience for all levels of need and fitness and enhances the aquatic experience for all patrons. Smile and enjoy your workout!

### **CIRCLE SWIMMING:**

- When there are more than two people in a lane, circle swimming is required. If there are only two people in a lane, they have the option of splitting a lane.
- The customary traffic pattern in the United States is congruous to our driving pattern of staying to the right. This would be swimming in a counter-clockwise circle in the lane.
- Always swim complete laps of the pool. Avoid stopping in the middle of the pool for any reason, this can interfere with other swimmers and cause collisions.

*(Continued on Page 12)*



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# CCHOA News

## Circle C Swim Center News- (Continued from Page 10)

- Stop only at the wall and once stopped, stay in the corner of the lane, preferable the left hand corner.
- If you are approaching the wall and another lap swimmer is swimming at a faster rate than you are, pause at the wall to allow the faster swimmer to go by.
- Always start, turn and finish at the wall. This will enhance your fitness and keep clear communication within the lane.

### PASSING:

- If you need to pass in your lane move up to the swimmer and tap his/her foot. It is inappropriate to grab, pull, or tickle the person, but a tap is a clear indication of your presence and your intent to pass.
- If your foot has been tapped there is no need to stop. Once you are aware of another's intent to pass, slow down just slightly and slide over as close to the lane rope as possible.
- If the indication to pass has occurred right before the wall, it is appropriate to pause at the wall in the right hand corner to allow the swimmer to advance through his/her turn.
- If you are passing a swimmer, it is the custom to pass on the left after you have indicated your intent by tapping his/her foot.
- A pass must be initiated in time to overtake the slower swimmer before the wall. In case of ambiguity approaching the turn, the swimmer whose head is closest to the wall has the right of way

and the swimmer whose head is behind must yield the turn in the interest of safety.

- To pass several swimmers in a line the faster swimmer can move to the other side of the lane and change directions. This pass can be done only after being certain the space is clear and he or she is slightly ahead of the line once he/she has turned around.
- Faster swimmers should give slower swimmers as much space in front of them as possible before pushing off or start their swim just before the slower swimmer reaches the wall to avoid having to pass them right away.
- If you encounter a problem with a fellow swimmer, please notify a lifeguard immediately.

Additionally, if you prefer to schedule your workout at a time when the swim team is not in the pool, the Select Team workouts are scheduled Mon-Friday from 3:30 pm-7:00 pm, and Saturday mornings from 7:00am-10:00am.

In another effort to reduce off season operational expenses to Circle C residents, the Swim Center will again be offering pumpkin sales this October! Pumpkins will be available after October 1st, at prices ranging from \$10-\$15 depending on size.

As the temperatures drop and the evenings close in sooner, the pool hours will adjust after October 17th to the following:

*(Continued on Page 13)*



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*Circle C Swim Center News- (Continued from Page 12)*

	<b>LAP SWIM</b>	<b>REC SWIM</b>
Mon. – Fri.	6am – 11am 3:30pm – 7pm	9am – 11am 3:30pm – 7pm
Sat.	7am – 11am	7am – 11am
Sun.	Closed	Closed

The Swim Center has been honored to provide a practice venue for the Dreams of Hope Ranch Special Olympics team for the last half of the summer season. The team will wrap up their training at the end of October after they have competed in area meets throughout the month. Stay tuned to see the results of those meets. We hope to continue this important collaboration for many summers to come.

The HOA is continuing to improve the amenities that are offered to residents and you may have noticed the new playscape that has been installed adjacent to the pool! We now have the basketball court, sand volleyball court, and the playscape, as well as numerous picnic tables and benches available. Work continues to install an operational card scanner to allow access to this area after pool hours.

Please be aware that while it may be tempting to run barefoot in the park area when coming from the pool, it is a good idea to take the time to put on your sandals. There can be stickers and bees in

the grass and we've had a few minor incidents of injured feet recently due to playing barefoot on the playscape.

Lots of new projects are brewing and the Aquatics Director continues to work closely with the HOA manager and board as the new recreational pool and amenities center project moves from the planning stages to a finalized construction plan. The staff is excited about this addition to the neighborhood and already working on a smooth transition from one aquatics facility to two!

Before you toss your pool bag into the back of the closet, be sure to put your pool passes in a safe place (that you will remember!) as they are good from season to season. If you have lost your card, we can make a new one for you for a \$3.00 replacement fee.

If you have recently moved into the neighborhood, you can find the Household Pass Forms online at <http://www.circlecranch.info/Swim-Center>, and submit them to the front desk during regular pool hours. Additionally, if you have changed addresses within the neighborhood, had an addition to the family, or need to make other changes to your account, we will be happy to handle that for you at the front desk to avoid any confusion or delays when you come in to use the facility.

We still have a lot of beautiful warm days ahead of us and we encourage you to come out and enjoy the pool with us!

**SUBMITTED BY BRANDON DUCOTE, AQUATICS**

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## Circle C Landscape Update

**TRIM, TRIM, TRIM.** October is the perfect time to go outside and take a good look at your home's shrubs, beds, vines and trees, and do a complete clean up.

Here are some guidelines for trimming your home for an appealing street view. As you drive through Circle C, you will notice that the homes that stand out and look the best are the ones you can actually see. In addition to maintained beds and turf, being able to see the front of the home is what keeps the overall neighborhood looking new and good, preserving property values. Further, emergency personnel need to be able to see your address.

So, here is a good checklist of what you can look for in your front yard landscaping to make sure your home looks its best. First, we suggest that you take a careful look at the front of your home from the street. You may even want to drive by in your car and compare your home to those around you. If you feel that your home looks a little dated and messy, a good front yard clean up will work wonders.

**CAN YOU SEE THE FRONT OF YOUR HOUSE?** Check the trees to make sure they are lifted up enough that you can easily walk under them (generally 14 foot is a good height). Even if you have a lot of great trees in the front yard, some of the home should be visible. At the same time, check and make sure any branches are trimmed away from the roof. This will keep roof damage and

critters to a minimum. If you have live oaks, check with an arborist for oak wilt advice prior to pruning, unless you are pruning little branches that are less than a finger in diameter.

**CAN YOU SEE THE WINDOWS?** In general, the shrubs should be below the windows. If your front windows go all the way to the floor, the shrubs should be no higher than one third up, a maximum of 4 or 5 feet from the ground. Then, they should be shaped and neatly maintained. This is not hard to do with some good sharp shears or with a hedge trimmer.



**CAN YOU SEE YOUR ADDRESS?** Cut back any vegetation that interferes with good sight visibility to your address plaque.

**DO YOU HAVE VINES ON YOUR HOME?** Some people like to grow vines up their home. If you have vines, they also need to be trimmed and maintained so they close to the home and not wild and over everything. If they are hanging down over the windows and blowing randomly in the wind, time for a trim!

**IS ANYTHING DEAD?** Now is a great time to cut out anything that is brown or gray, without signs of life.

**IS THE YARD EDGED?** After you do all this great trimming, check and make sure the yard is edged at the curb and along the driveway and sidewalks. Nothing is more distracting that grass runners hanging over the curb.

*(Continued on Page 17)*



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*CC Landscape Update- (Cont. from Pg 16)*

**DID YOU CHECK THE SIDES OF THE HOME AS WELL?** Take a careful look because often you can see the sides of your home from the front. Don't stop your great work at the front edge, be sure and carry it around the corners of the house.

Now that you can see your home, take a look at the garage doors, the trim, the brick and all around. You may want to consider a professional power wash. I just did mine and really, the house looks almost brand new. It didn't need painting, but the power washing brightened it up about five shades and rejuvenated the paint job. I would highly recommend it for a great looking home.

## SECOND ANNUAL SWIM-A-THON



*Submitted by Circle C Select Swim Team*

The Circle C Select Swim team will hold their second annual Swim-a-Thon<sup>®</sup> at the Circle C Swim Center on October 10th, 2010.

The Swim-a-Thon<sup>®</sup> will provide funds that will enable the team to establish a strong swimming program. The Swim Team currently has over 100 swimmers in the program and is in their second year as part of USA Swimming. The season runs from August - March.

Swim-a-Thons<sup>®</sup> are conducted across the country by many of the more than 2600 member clubs of USA Swimming. Circle C Select Swim Team will retain 95% of the proceeds they raise and will send 5% to USA Swimming.

Swimmers from the Circle C Swimming team will be collecting pledges for Swim-a-Thon<sup>®</sup> from September 1 - October 9. Each swimmer can swim up to 200 lengths in two hours on the day of the event.

Please call 288-6057 for more information.



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## Update on Common Area Improvements

After a couple of months of hot weather, we are getting back to finishing the capital budget landscape improvements for this year. Some of these are irrigation infrastructure improvements that improve our water efficiency and assist with compliance of City of Austin water regulations. Other improvements include:

- bed upgrades at Circle C North, Spruce Canyon, Escarpment
- tree planting at the first median north of LaCrosse on Escarpment
- Rock work in several non-irrigated areas
- turf replacement for corner areas on Spruce Canyon and LaCrosse

## Circle C Common Area Maintenance

October is our month to fertilize and apply pre-emergent to the turf and bed areas. This year we need the fertilizer due to the amount of rain, which caused everything to grow a lot and use more nitrogen than usual. We also will continue to do a lot of trimming as our shrubs and perennials really need it.

## 2010 Capital Budget Projects Update

Each year the Board of Directors votes on a list of capital projects that occur throughout the calendar year. In 2010, the following items were approved and budgeted, the majority have been completed:

### SWIM CENTER:

- New playscape installation (see description below under Swim Center News)
- New shade structure over Café ordering window
- New upstairs space finished out for additional office space
- New lounge chairs to replace those that have broken or worn out
- New hand dryer in the restrooms (less paper waste)
- New artificial grass between the swim center office and café
- New chemical controllers and pumps

### LANDSCAPE:

- Improvements to the irrigation infrastructure
- Turf Replacement (to more drought tolerant type of grass)
- Bed upgrades and updates to outlying areas
- La Crosse Median, Phase I (new plantings to come in the fall)

### ELECTRIC

- New bollards to replace those that have broken (along Escarpment)
- New entrance lighting Upgrades throughout Circle C.

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# Pool Area Site Plan



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# Park West HOA News

## Park West HOA News (Specifically for Park West Residents)

### BOARD OF DIRECTORS ANNOUNCEMENT

The PWHOA Board of Directors needs volunteers to temporarily fill three vacant positions until the annual meeting and election in February 2011. Take advantage of an opportunity to serve on the Board with your friends and neighbors whose goal is to keep our neighborhood the special place it is. If you receive this newsletter on or before October 1, submit your name and a brief statement of interest to: Board Secretary Jackie Rollins, phone 301-1839/e-mail JackieRollins02@aol.com or

Board Treasurer Linda Prieto, phone 627-1089/e-mail lindaprieto2010@gmail.com. You can also place your statement in the lockbox located on the back wall of either mail center. Thank you for your interest!

### PARK WEST HOA WEBSITE

Kathy Jedrzejewicz has agreed to help out with postings to the PWHOA website until the annual meeting in February. She urges those who haven't yet logged on to the site to do so now to take advantage of the wealth of information it offers, such as community documents, including all Board meeting minutes, a discussion group,

classified ads, pet photos, social events and much more. E-mail Jackierollins02@aol.com for the registration code which is needed to complete the initial logon process at [www.hoatown.com/parkwest](http://www.hoatown.com/parkwest).

### LANDSCAPER UPDATE

On September 18, lot 103 scheduled maintenance was performed by Pearson Landscape crew members. This was the second of four budgeted by the HOA for FY 2010 and includes eradication of the Johnson grass in both lot 103 and the east mail center. Way to go, Pearson! It looks like Park West is winning the battle to get rid of the ever-invasive Johnson grass. For those of you newer residents who are unfamiliar with lot 103, stay tuned for an in-depth article in the November column about this watershed-protected common area belonging to Park West.

### OPEN SESAME

Need a gate clicker? For your convenience, you can purchase them right here in the neighborhood. Call Frank Gilbreath at 301-9863 for a \$21 windshield visor clicker or Jackie Rollins at 301-1839 for a \$30 keychain style clicker. There is no tax.

(Continued on Page 23)

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Park West News- (Continued from Page 22)

### BEEN THERE, DONE THAT

Tell us about your vacation, a special trip, or how you're chillin' this summer. E-mail Jackie Rollins or give her a call at 301-1839 with details.

### GOOD NEIGHBOR(S) OF THE MONTH

They are plentiful and they are out there doing nice things for their neighbors every day. Please help us give them the recognition they deserve with a write up in this column.

### UNTIL NEXT TIME

This is your column and your input is important. Without it, there wouldn't be a column. So please contact JackieRollins02@aol.com with your items of interest.

**SUBMITTED BY JACKIE ROLLINS**



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# Clubs & Announcements



## OCTOBER EVENTS

*At the Lady Bird Johnson  
Wildflower Center*

### Fall Plant Sale & Gardening Festival

**Members Preview 1 to 7 p.m. Friday, October 8**

Public Sale, 9 a.m. to 5 p.m. Saturday, October 9 and 11 a.m. to 5 p.m. Sunday, October 10. Nearly 300 species of well-adapted native plants. Hourly garden tours from 11 a.m. to 2 p.m. Experts on hand, book signings and children's activities.

### Nature Nights: Spiders

**6 to 9 p.m. Friday, October 15**

Discovery Stations and habitat hikes.

### Go Native U Classes

**Starting October 23**

A sequence of six how-to classes continues through November 6. Offered through University of Texas at Austin Continuing and Innovative Education. Sign up at [www.wildflower.org/gonativeu](http://www.wildflower.org/gonativeu)

### Goblins in the Gardens

**4 to 7 p.m. Sunday, October 24**

A trail of bones and a haunted tower plus pumpkin carving and a pumpkin patch for photos. Just the place to show off your kids in their Halloween finest.



# SWAP

## ELECTRONICS & MUSIC

# MEET

## SATURDAY OCTOBER 23RD

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Reid's Cleaners	Tino Greek Café	Game Stop	AT&T	Maudie's Hacienda



## Caring for Your Trees

Saturday, October 30 • 1-3pm

Yarborough Public Library  
2200 Hancock Dr.  
Austin TX 78756

Join Austin's City Arborist, Michael Embesi, to learn about the benefits of trees, our urban forest, and why trees are an essential part of our lives. Learn to select appropriate trees for your Central Texas landscape, those that are appropriate for our native soils and tough climate. Understand how to select and care for the right tree, in the proper location, considering size, longevity, and biological needs. Finally, hear about your opportunities within multiple community programs, including grant opportunities, which promote the urban forest.

This seminar is free and open to the public. It is presented by the Travis County Master Gardeners, a volunteer arm of the Texas AgriLife Extension Service in Travis County. [www.tcmastergardeners.org](http://www.tcmastergardeners.org) or call the Travis County Master Gardener's help desk at (512) 854-9600.

## SEND US YOUR

### Event Pictures!!

Do you have a picture of an event that you would like to run in the Circle C Ranch Newsletter? Send it to us and we will publish it in the next issue. Email the picture to [info@circlecranch.info](mailto:info@circlecranch.info). Be sure to include the text that you would like to have as the caption. Pictures will appear in color online at [www.PEELinc.com](http://www.PEELinc.com).



## Don't want to wait for the mail?

View the current issue of the Circle C Newsletter on the 1st day of the month at [www.PEELinc.com](http://www.PEELinc.com)

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# Clubs & Announcements

## Tools for a Healthy Lifestyle: Part I

### TOOL #1: COMMITMENT... A RHYME & A REASON

Have you ever sat back and wondered why “commit” rhymes with “fit?” I truly believe that there is a rhyme and a reason. For someone to experience success... whether in raising a family, rising to the top at the workplace, starting a business, or deciding that now is the time to improve personal health and fitness, lasting success simply will not come without commitment.

Living a healthy lifestyle is similar to being a partner in a marriage. It goes through good times, challenging times, times of plenty, and times of very little. It takes hard work, planning, and prioritizing. To make it last, you need to find ways to keep things fresh, fun, and realistic. But through it all, there is always commitment.

In my twelve years of personal training and overseeing fitness programs, the most common barrier to fitness that my clients and participants face is “time.” And I would venture to say that is true for most of us. Everyone has heard the quote; “We all get the same 24-hours in our day. What differs is how we choose to spend them.” Although I do believe that, I also believe that drastic differences exist between the time demands and 24-hours in the day of an 18-year old college freshman versus a 32 year-old mother of 3 young children. And now that I am a mother myself, working full time, and starting


a few other ventures, I understand that even more. However, with a strong commitment and setting realistic goals, I believe that most people could move a lot more, feel much better, and benefit greatly from it.

Even in the busiest of lifestyles, fitness can happen if we truly commit to it.

### HERE ARE A FEW TIPS:

- **Put exercise on your calendar and treat it like you would a mandatory meeting.** That way you purposely designate time for it, you value its importance, and you are more likely to actually stick with it.
- **Find a reliable workout partner.** Knowing that person is waiting will hold you accountable to show up.
- **Invest in a personal trainer.** Although countless online resources regarding health and fitness are literally at our fingertips, many times, trying to get fit is like walking onto an airplane and trying to fly it. Too many uncertainties and way too much guesswork. Finding an educated and experienced personal trainer cannot only remove the guesswork for you, but they can educate and empower you. Also, you will see more results than going it alone.

*(Continued on Page 27)*



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### Urgent Care in Circle C from St. David's South Austin Medical Center

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A Department of St. David's South Austin Medical Center

*Tools for a Healthy Lifestyle- (Continued from Page 26)*

- **Get out of bed.** Sleeping in is a luxury and should be enjoyed, but if it is 100 degrees by 10am, something has to give. Pack the baby in the stroller in the stroller on a Saturday morning and hit the beautiful trails. Many times, the hardest part of a workout is just getting it started. Once started, you feel accomplished, proud, and you know that you are taking a great step toward reaching your goals. And the best part is - you still have the whole day in front of you!
- **Make it a family tradition.** What better thing to get your spouse and/or children used to than your family moving together and working toward wellness as a team?
- **Believe in yourself and all that your body can accomplish.**

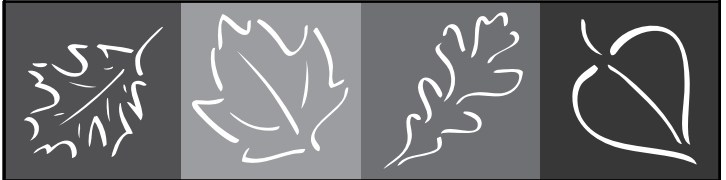
Making time to move more as an individual and/or family and truly committing to long-term health goals can result in benefits beyond number and comprehension. And what better thing to invest in than our own health and the health of our loved ones? Commit to be fit. There is a reason for that rhyme.

**BY SARAH S. JORDAN, MS**

## Kiker's Fall Festival A Community-wide Event

Kiker Elementary will hold its Fall Festival on Saturday, October 9, 2010, 12:00-4:00 p.m. Admission is \$1.00 for those 3 years old and older. The fun includes interaction with reptiles from Austin Reptile Service, a performance by Austin Juggling Magician, a cake walk sponsored by Kiker PTA, "Are you fitter than a 5th grader?" supported by Kiker P.E., and more. Don't miss your chance to get an upclose look at an Austin Police Department's Air Operations Unit aircraft! The Kiker Student Council will sell concessions to fund its community service project and snow cones will be sold by Bahama Freeze. It is a community wide event. Everyone is invited! To volunteer, contact Karen Syzdek at [ksyzdek@yahoo.com](mailto:ksyzdek@yahoo.com).

**SUBMITTED BY KAREN SYZDEK**



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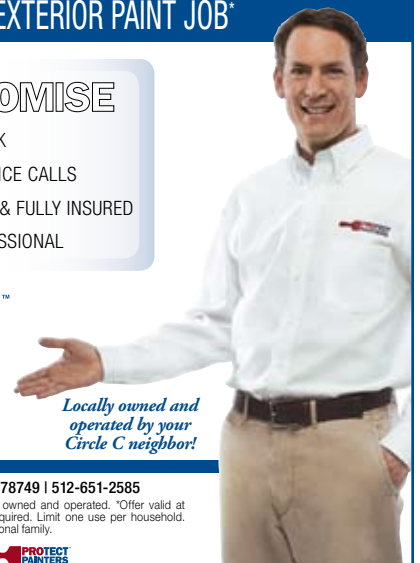
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# Clubs & Announcements

## Circle C Tennis Club News

*Submitted by Fernando Velasco, General Manager, Circle C Tennis Club.*



**Circle C USTA Team**

### CONGRATULATIONS TO THE CIRCLE C 3.0 USTA TEAM

The Circle C USTA 3.0 Setters Team ended the Spring Season with a 6-0 record and qualified to participate in the "Little State" Tennis Tournament in Corpus Christi held in August. The team came in second place after battling teams from all over Texas. Congratulations to the team: Candice Keen, Angela Alexander, Marcie Cochran, Benita Temple, Carmen Manzur, Nicole Williams, Meagan Maddux (Captain), Cecilia Griffis and Priya Bhavsar (Co-Captain)

"Cheerleaders" and former players of the team that accompanied the team were: Eileen Beckmann, Kathy Mungle, Linda Henson and Masami Fujita

### CIRCLE C MANAGER AND DIRECTOR OF TENNIS PERFORMS IN NY

Fernando Velasco, General Manager and Director of Tennis at the Circle C Tennis Club, and his partner, Henri "Bijou" Elkins were guests of the USTA Teachers'



**"Cheerleaders"**

Conference in New York during the US Open Tennis Tournament. The comedy show, which has been seen by thousands of people in the past years, was well received by the attendees of the Conference. During their visit in New York, they attended seminars given by Jim Loehr, Tracy Austin, Ken DeHart, and attended a VIP USTA party where Patrick McEnroe was the guest. They also got a chance to see the Monday Opening Night and not only watched Venus Williams and Roger Federer, but also heard Gloria Estefan singing during the opening event.





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# Clubs & Announcements

## Easy Non-toxic Cleaning Solutions You Can Make Yourself

I've always been a bit of a tree-hugger, but my real reason for searching for non-toxic cleaning alternatives was purely self-serving. I have a sensitivity to scents that causes me to have headaches and a lot of the scents I have difficulties with are found in many of the commercially available cleaning products. I started researching alternatives many years ago that were non-toxic because there were very few commercial options back then. What I found were solutions that not only worked well, but were generally much cheaper. Later, when my son was born, I was very glad that I was not exposing him to hazardous products as well.

I have many recipes I have collected over the years for everything from a basic scrubbing cleanser to a vegetable wash. Because I have too many recipes to share in one article, I will just start off with a few of my favorites. Your shopping list will comprise a few basic ingredients that are easily found in any grocery store. One of the first ingredients you will need is Borax which is a granular powder laundry additive found on the laundry aisle. Borax and baking soda are two of my favorite cleaning items because of their versatility. Another must have ingredient is white distilled vinegar. I buy it in a gallon jug because I use it for so many things. Household bleach and lemons are also items you should have on hand because of their disinfecting and whitening capabilities.

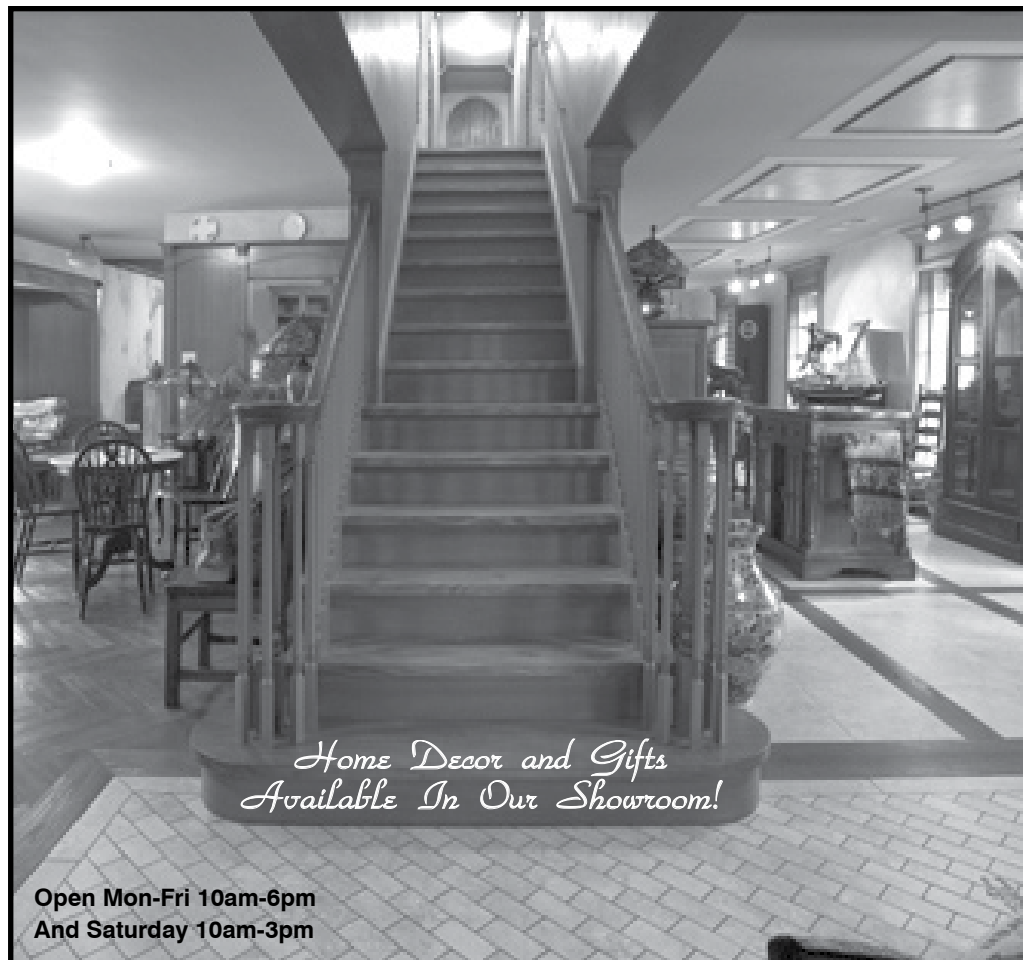
The first recipe is for a non-abrasive disinfecting, scouring powder. Mix 4 parts baking soda and 1 part borax together and put in a shaker container. (Sometimes you can find baking soda in a plastic, shaker container that works well.) Just sprinkle this mixture anywhere you need a scrubbing powder and it works beautifully. Also, baking soda and borax are known for their ability to get rid of bad odors.

For an all-purpose spray cleaner combine 2 cups water, 2 tablespoons lemon juice, ½ teaspoon dish soap, 1 tablespoon baking soda and 1 teaspoon Borax.

Pour into a spray bottle and shake before each use to clean any hard surface.

Homemade window cleaners tend to get a bad rap, but I use this recipe and find it works wonderfully for me. Mix ¼ cup white vinegar, ½ teaspoon liquid soap and 2 cups water.

*(Continued on Page 31)*



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### ***Easy Non-toxic Cleaning Solutions-*** (Continued from Page 30)

Pour into a spray bottle. For polishing glass windows and mirrors, crumpled newspaper works really well. On hot days, clean windows in the morning to help prevent streaking.

I have three good solutions for cleaning the toilet. This one the kids will enjoy. Pour ½ cup of baking soda and 1 cup vinegar into the toilet bowl. Swish around and flush. Kids love to see the foaming reaction. Another easy way to clean the toilet is to pour 1 cup Borax into the toilet bowl, use brush to swish around and then let sit for one hour. This will take care of odors in the bowl. The third and wackiest solution is to sprinkle Tang Breakfast Drink in the toilet and let it sit for a few minutes and then use your toilet brush to swish under the rim and flush.

As with any cleaning product, it is always a good idea to test a small spot in an inconspicuous area to make sure it doesn't cause any damage to the surface. Also, even though these ingredients are safe and non-toxic to the environment, they should be monitored and stored out of the reach of children and pets. I hope you find these recipes helpful. Also, if you have any cleaning recipes you would like to share, I always enjoy finding new solutions.

## **Did you know 7 out of 10 Car Seats are Installed Improperly?**

Be certain yours aren't! The MOMS Club of Austin, Circle C invites you to a free Safe Riders car seat safety check at the Circle C Metropolitan Park on Monday, October 25 from 9:00am - 12:00pm. Join us for some fun at the park, and have your car seat(s) checked out by trained car seat technicians from Safe Riders. They will perform a 20-point check, provide you with valuable information on car seat installation and be sure your kids are safe and secure in their car seats.

Appointments are necessary . . . please call Safe Riders at 1-800-252-8255 to sign up. E-mail questions to [momsclubaustinevents@gmail.com](mailto:momsclubaustinevents@gmail.com).

**SUBMITTED BY SHARON STREIT**

## **Learn To Play Tennis at the Circle C Tennis Club**

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# Clubs & Announcements

## AUSTIN NEWCOMERS CLUB - OCTOBER LUNCHEON

Austin Newcomers is a social organization dedicated to introducing residents to the Austin Community and giving them the opportunity to meet and make new friends. Join us at our monthly luncheon as well as take the opportunity to learn about and become involved in many varied fun Interest groups.

**Time:** 11:00 AM Social - 12 Noon Luncheon

**Date:** Oct 20, 2010 (Reservations required by Thurs, Oct 14th)

**For Luncheon Reservations email:** LuncheonDirector@

AustinNewcomers.com or Diane Israelson 512-467-4979

**For other Newcomers information**

visit [www.austinnewcomers.com](http://www.austinnewcomers.com) or call 512-314-5100

### 'TURNER TO MONET' AT THE BLANTON

Experience an audio-visual presentation of one of the country's most renowned collections of nineteenth-century paintings on exhibit right here in Austin at the Blanton Museum of Art. On loan from the Walters Art Museum, Baltimore, these masterpieces are part of a collection assembled over a period of over 140 years and include canonical works by both academic and avant-garde artists such as Paul Delaroche, Ernest Meissonier, Eugene Delacroix, and J.A.D. Ingres, as well as Impressionists Edgar Degas, Claude Monet, and Edouard Manet.

The paintings on display have been selected for their art historical significance and fine quality and provide examples of the various schools and movements of nineteenth-century painting in Western Europe and the United States. Exhibition highlights include J.A.D. Ingres' neoclassical

rendering of Oedipus and the Sphinx (1864), Eugene Delacroix's Christ on the Sea of Galilee (1854), Monet's Springtime (1872), Manet's Café Concert (1879), Ernest Meissonier's 1814 (1862)—a portrait of Napoleon on horseback and Mariano Fortuny's satirical portrait of a clergyman.

This exciting presentation will be led by Cheryl Kathleen Snay, Assistant Curator of Prints & Drawings, Blanton Museum of Art, who will be assisted by Stephanie Piefer Niemeyer, Manager of the Docent Programs and Tours at the Blanton. Cheryl received her Ph.D. in Art History from Pennsylvania State University in 2000. Her doctoral dissertation was on "Politics by Another Name: Government-Sponsored Art in Paris 1870-1900." Cheryl did her Master of Arts in Art History at Michigan State University with a thesis on "Renoir and the Charpentiers: The Symbiotic Nature of the Artist/Patron Relationship." Cheryl has extensive experience with exhibitions; has been published in several art publications; and has presented papers here in Texas as well as other states and abroad.

Stephanie received her Master of Liberal Arts from University of St. Thomas, Houston, TX in 2001 and her BA in History with a minor in English from UT Austin in 1994. In her current position at The Blanton, Stephanie recruits and selects docents for all tour programs. She designs and conducts the training programs and also develops training materials as well as promotional materials. Stephanie will also be available to answer questions on the different types of tours that are currently available and ones that can be specially tailored for groups interested in viewing any of the collections at The Blanton.

## Oak Hill United Methodist Church Welcomes You!

7815 Highway 290 West, Austin, Texas 78736



### Pete Vasquez Memorial Open Golf Tournament

Sponsored by Oak Hill UMC United Methodist Men

**Saturday, October 16, 2010**  
**Blackhawk Golf Course, Pflugerville**

Join us for a great day of golf and fellowship at the newly renovated Blackhawk Golf Course, with a Four-Person Scramble! This is a tournament for everyone including your friends, relatives and co-workers. For the \$60 entry fee, participants will receive: green fee, cart, pre-tournament breakfast buffet and post-tournament power lunch, sleeve of golf balls, greens fee pass for round of golf, range balls, other fabulous prizes!

Hole sponsorship is available. For more information, contact Brad McMahon at 292-0566(h) or 940-1215(c).

*Join us SUNDAYS for Vibrant Worship  
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### Upcoming Events:

## ROCKTOBERFEST 2010!

ROCKTOBERFEST is coming October 23!! This is a combination of the old Summer Jam and Fall Festival, and will include live bands, a petting zoo, games and crafts, silent auction, and much more! Please consider making a cross or donating items for the silent auction.

This is a fundraising event for our Youth Ministry.

Please contact Dave Stewart at [stewy771@gmail.com](mailto:stewy771@gmail.com) or 288-3836, ext. 209 to volunteer or for more information.

8:45 A.M. Blended Worship Service  
10 A.M. Pathways Contemporary Praise  
Worship Service  
11:15 A.M. Traditional Worship Service



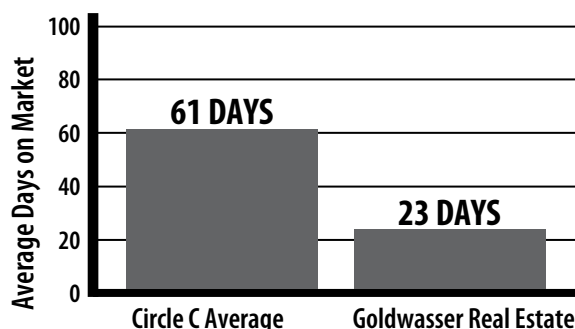
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# Clubs & Announcements

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**NEED A WILL?** Protect your family with a custom will package prepared by a Texas licensed attorney and Circle C resident. \$450 for basic will package includes the following for both spouses: Will (including declaration of guardian for children), Directive to Physicians, Medical Power of Attorney & Durable Power of Attorney. Call Aimee at 512-750-2370 or email [agordon1110@yahoo.com](mailto:agordon1110@yahoo.com).

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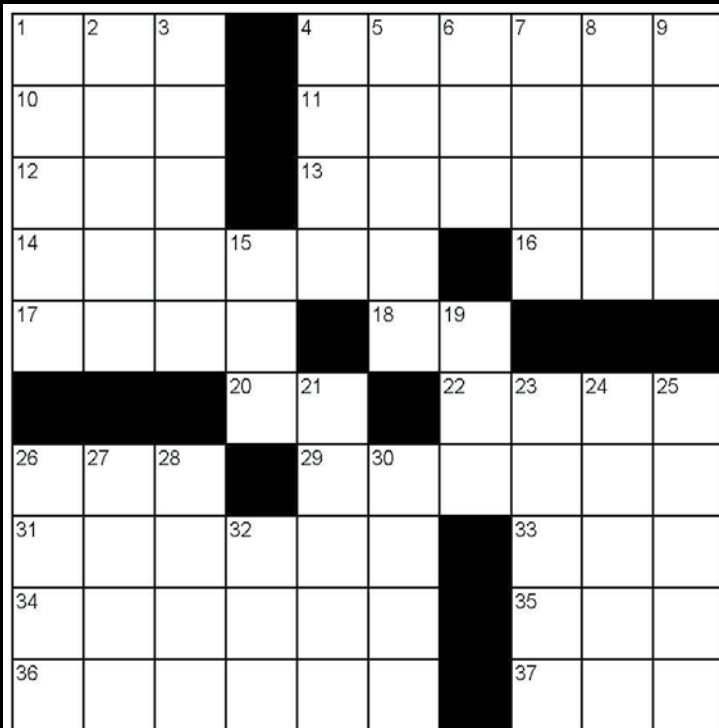
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## Crossword Puzzle



- |                            |                                     |
|----------------------------|-------------------------------------|
| 1. Owns                    | 1. Coat hangers                     |
| 4. Short people            | 2. Root beer brand (3 wds.)         |
| 10. Grain                  | 3. Stone                            |
| 11. In the air             | 4. Aurora                           |
| 12. Single                 | 5. Ponder                           |
| 13. Nun's headwear         | 6. Build up                         |
| 14. Musician (3 wds.)      | 7. Holes                            |
| 16. Homesick               | 8. Syllables used in songs (2 wds.) |
| 17. Booty                  | 9. Sledge                           |
| 18. Horsepower (abbr.)     | 15. Gone by                         |
| 20. Cincinnati locale      | 19. Not against                     |
| 22. Hasten                 | 21. Cycles per second               |
| 26. Mountain Standard Time | 23. Pimpled                         |
| 29. Eras                   | 24. Glob                            |
| 31. Cover                  | 25. Organic compound                |
| 33. Eccentric              | 26. Soft mineral                    |
| 34. Beaches                | 27. Prig                            |
| 35. Vane direction         | 28. Tyrant                          |
| 36. Hug upon greeting      | 30. Mexican money                   |
| 37. Danish krone (abbr.)   | 32. North American country          |

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