



# LAKES

ON ELDRIDGE  
NORTH

Volume 9, Issue 11

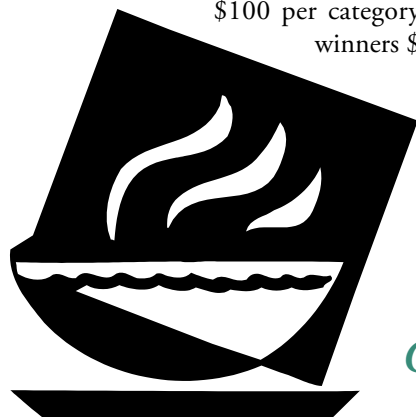
November 2010

## CHILI COOKERS WANTED!

The Cy-Ranch High School FFA will be hosting its 1st Annual Chili Cook-Off on Saturday, December 4th, in the Cy-Ranch High School parking lot located off of Fry Road. A team of local judges will be used to judge the chili; but for all you Chili Eaters, plan on coming by and tasting some Chili samplings from the hot and spicy to the mild and tangy and cast your vote for the perfect Texas Chili. Tickets for chili are \$5 each, four for \$15, and children ages 10 & under are free. Additional food and beverages will also be available as well as games for children and adults.

Registration is going on now for Chili Cookers. Additional information on registration and the cook-off rules can be found at: [www.CyRanchFFAboosterclub.com](http://www.CyRanchFFAboosterclub.com)

Chili cooking begins by 9AM and ends at 2PM. Judging will commence at 2:05PM. The Grand prize winner will receive \$500, 1st place winners \$100 per category, and 2nd place winners \$50 per category.



*Good Luck  
Contestants!*

## U.S. TRACK OLYMPIAN TO SPEAK

*at Northwest Flyers Track Club  
Registration Breakfast on February 5th*

The Northwest Flyers Track Club will host its annual free information / registration breakfast on Saturday, February 5, 2011, for all boys, girls and their parents who are interested in joining for the 2011 track season. The breakfast starts promptly at 8:30 AM at the Cypress Creek Christian Community Center Forum located at 6823 Cypresswood Dr., Spring, TX, 77379.

The breakfast is the annual opportunity for youth athletes to register for the 2011 spring/summer track season, and to meet the Northwest Flyers coaches, staff, and other new and returning athletes. The event will be highlighted by a special presentation from a member of the USA Track & Field Olympic team.

The Northwest Flyers Track Club is a youth (ages 6 -18) track organization, affiliated with USA Track & Field (USATF), that provides a full program of sanctioned "track" events such as sprints, hurdles, middle distance, distance and relays, and sanctioned "field" events such as long jump, triple jump, high jump, pole vault, discus, shot put and javelin. The Northwest Flyers has approximately 275 members, boys and girls. The club was founded 24 years ago by Olympic gold medalist Fred Newhouse to foster the development of youth track & field in the Northwest Houston area.

The Northwest Flyers is a member of the "Win with Integrity" program, a partnership between USATF and the American College of Sports Medicine. "Win with Integrity" brings elite track & field athletes and school-aged kids together to promote healthy lifestyles, keeping active, and living with integrity through the sport of track & field.

For additional information on the Northwest Flyers Track Club, please visit the team website at <http://www.northwestflyers.org> or contact Linette Roach at (281) 587-8442 or [linette.roach@sbcglobal.net](mailto:linette.roach@sbcglobal.net).

# Lakes on Eldridge North

## IMPORTANT NUMBERS

Gate Attendant.....	713-856-6127
Harris Co. Sheriff - (non-emergency) .....	713-221-6000
Cy-Fair Fire Department - (emergency).....	281-466-6161
(non-emergency)	281-550-6663
Poison Control .....	1-800-764-7661
Texas DPS.....	713-681-1761
Waste Management .....	713-695-4055
(trash collection Mondays & Thursdays)	
Aqua Services .....	713-983-3602
(Service or emergencies 24 hrs) ...	713-983-3604
Harris County Tax Office .....	713-224-1919
Reliant Energy.....	713-207-7777
(give pole # of street which is out)	
Entex (gas) .....	713-659-2111
Time Warner Cable.....	713-462-9000
Houston Chronicle .....	713-220-7211
Metro Transit Info .....	713-635-4000
Kirk Elementary.....	713-849-8250
Truitt Middle School.....	281-856-1100
Cy-Ridge High School .....	281-807-8000
Newsletter Publisher	
Peel, Inc. ....	advertising@PEELinc.com, 888-687-6444

Deadline for submitting articles for the Lakes On Eldridge North Newsletter is the 10<sup>th</sup> of each month. Submissions are subject to space limitations and editorial approval. Email Articles to [loen@PEELinc.com](mailto:loen@PEELinc.com).

PERSONAL CLASSIFIED ADS: Deadline for submitting personal classified ads is the 10<sup>th</sup> of each month for publication in the following month's newsletter. Email personal classifieds to [loen@PEELinc.com](mailto:loen@PEELinc.com).

ADVERTISING: Deadline for submitting ads is the 8<sup>th</sup> of each month for publication in the following month's newsletter. Please contact Peel, Inc. Sales Office at 888-687-6444 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com) *for information on advertising.*

## LOEN Board Of Directors

Don Byrnes .....	President
Jill Richardson.....	Vice President
John Kane .....	Treasurer
Peter Smart.....	Secretary
Jim Flanary .....	Director

## Article Submissions

Please e-mail articles and/or photos to [loen@peelinc.com](mailto:loen@peelinc.com).

Submissions must be received by the

10<sup>th</sup> of the month for the following month's issue.

(Advertising deadline is the 8<sup>th</sup> of the month.)

## TIME MANAGEMENT & EXERCISE:

### *Making the Most of Our Time*

By Sarah S. Jordan, MS (This is Part II from Sarah's series on "Tools for a Healthy Lifestyle.")

Do you wish that you had more time? I would venture to guess that almost everyone would say, "Yes!" In today's world, we seem to be taking on more than ever and rarely finding the time or energy that we deserve to focus on our health and the health of our family. The important thing is to always keep trying and to value health as a consistent priority in our lives. In Part I of this series, we identified commitment as the first tool for living a healthy lifestyle. To begin, a commitment to healthy living should be made, and the next step is to evaluate our time and schedules in order to identify realistic ways to fit in more movement and exercise.

I have become very aware of the importance and benefit of exercise for physical and mental strength in my life's journey of being a fitness director, business owner, and most of all, in becoming a mother. I have also realized that any exercise is better than none! Finding time to exercise is challenging, and the key is to make every minute count. If baby is napping and mom has just 15 minutes to exercise, those 15 minutes can equal big improvements in weight control and energy levels over time. If work has required us to sit at our computer all day, just getting up for 20 minutes of outdoor activity or stepping onto a cardio machine might just change our day and stress levels completely!

Here are a few tips for making the most of your workout time. Increase your intensity. If the duration of workout is short, intensity should be high.

Include intervals! On an elliptical machine, set resistance to something that feels challenging (not easy), but something you are able to push through without compromising your form. Do three-minute intervals. Minute 1: Somewhat easy / recovery. Minute 2: 75% of your fastest speed. Minute 3: Sprint! Repeat several times. 21 minutes of intervals (followed by a cool down) is an incredible workout!

Add a 60-second interval to your walk. Power walk for three minutes and then jog or do walking lunges for one minute. Repeat several times. The interval challenges different muscle groups and adds a new element to your routine.

Find something that allows you to get cardio and strength training in one hour. I started a group exercise class format at UT and Pure Austin called Dynamic Strength, and people love it! Participants get their strength training, but they also get cardio intervals, flexibility, and relaxation too! Total body workout.

And most importantly, remember that ANY exercise is better than none. Even if you just have 15 minutes, take it. Your body and mind will thank you. Good time management is key in so many areas of life. We have all heard the saying; "Time is of the essence." Let's take a moment, evaluate our time, and see how we can incorporate more movement into our lives. What is your essence? You have the power to make it great! *Stay tuned for Part III coming next month.*

# Past...

## Lakes on Eldridge North Third Quarter Updates

Price Range	Under \$400K	\$400K to \$600K	\$600K Plus	Total of All Rentals
Number of Sales	9	11	1	12
Avg. List Price	\$365,033	\$463,545	\$727,000	\$3,566
Avg. Sales Price*	\$354,883	\$451,195	\$671,000	\$3,504
Avg. Sq Footage	3189	3801	5330	3677
Avg. Price per Sq. Ft.*	\$111.28	\$118.70	\$125.89	\$0.95
Days on Market	65	27	16	35
SP/LP Ratio	98%	98%	92%	98%

Based on HAR/MLS data 01/01/2010 to 09/30/2010.

\* Average Adjusted Prices.

# Future...

Advice from John Paulson: "If you don't own a home, buy one. If you own a home, buy another one. If you own two homes, buy a third. And, lend your relatives the money to buy a home."

*John Paulson founder and president of Paulson & Co., a New York-based hedge fund, lauded for his foresight in predicting a quick and painful end to this decade's mortgage boom.*



  
**Ann Pearson Knoche**  
A Tradition of Serving Clients Since 1992

Proudly Promoting the  
Lakes on Eldridge Communities

**281-582-3911**

annpk@heritagetexas.com  
heritagetexas.com

**HERITAGE**  
TEXAS\*PROPERTIES

LISTENING, VISUALIZING, INSPIRING AND EDUCATING BUYERS AND SELLERS SINCE 1992.



# Lakes on Eldridge North

## LONE STAR COLLEGE *CyFair Perspective*

### RICK STEVES TALK & BOOK SIGNING SET NOV. 4

Join European travel guidebooks author and travel show host, Rick Steves, as he presents "Travel as a Political Act" based on his book at 7 p.m. Nov. 4. A book signing will follow his talk held in the Main Stage Theatre, located in the Center for the Arts building. Sponsoring this guest speaker are Harris County Public Library, LSC-CyFair Branch and the LSC-CyFair Branch Friends of the Library.

### TALENT IN THE BOSQUE GALLERY

Stop by to see "Head Count" an exhibition through Nov. 11 that deals with the human head in inventive ways. See how artist Patrick Palmer utilizes abstraction, mixed media, text and more in his art. Then check out the end-of-semester "Student Art Exhibition" Nov. 30 – Dec. 9 to see LSC-CyFair's visual art students' work they have completed in their classes. Meet the artists Dec. 2 at a 4:30 p.m. reception. Go to [LoneStar.edu/bosquegallery](http://LoneStar.edu/bosquegallery) for gallery hours and information.

### CELEBRATE THE HOLIDAY SEASON AT LSC-CYFAIR!

Mark the calendar for several family events to enjoy this holiday season. How about an opera about two young lovers who keep finding the laws of the Mikado in the way of their wedded bliss in "The Mikado" Nov. 18-20? Or an evening of free activities, music and photos in the Annual Lighting of the Lake Nov. 29? Or hear the LSC-CyFair Concert Choir and Symphonic Band featuring Cy-Springs High School Choir in "A Holiday Celebration: Dec. 3-4? Or enjoy a free holiday concert of classic pieces by Handel, Mozart, Rutter and more in "String Power" Dec. 6? Or try a rousing show and a family favorite "projectjazz" Dec. 8? For information on these events, go to [LoneStar.edu](http://LoneStar.edu)

### FREE L.I.F.E. LESSONS IN NOVEMBER & DECEMBER

The Learning, Inspiration, Fellowship and Enrichment (L.I.F.E.) programs are free and held Wednesdays at 10 a.m. in the Lone Star College-CyFair Branch Library (Room 131.) Programs in November

include "Graveyards and Genealogy" Nov. 3; "Help the Honey Bees" Nov. 10; "Leadership and Virtue" Nov. 17; (no program Nov. 24 due to Thanksgiving) "A Sentimental Journey" Dec. 8; and "Chicken Soup for the Bowl" Dec. 15. (no programs Dec. 22, Dec. 29 or Jan. 5 due to winter holiday.) Call the library at 281.290.3214 for L.I.F.E. program information or go online to [LoneStar.edu/library](http://LoneStar.edu/library).

### NO TIME FOR CLASSES DURING THE WEEK? TRY WEEKEND COLLEGE!

LSC-CyFair's Weekend College provides working adults with a great opportunity to perform comfortably and successfully as students while meeting their family, personal and employment obligations at the same time. Courses like English, math, government, history, arts and biology are available and will transfer or lead to associate degrees! Earn a Workforce Certificate in accounting, logistics, machining, welding and more! Register now – weekend classes begin Jan. 21-23! For information, call 832.482.1070 or go to [LoneStar.edu/weekend-college](http://LoneStar.edu/weekend-college).

### REGISTER NOW FOR MINI-MESTER AND SPRING SEMESTER CLASSES

Catch up or get ahead this holiday season! Take a mini-mester course in December or register early for spring. Registration begins Nov. 8. Mini-mester classes begin Dec. 20. Spring semester weekday classes begin Jan. 18, 2011. For information, call 281.290.3200 or 832.782.5000 or go online to [LoneStar.edu](http://LoneStar.edu).

### FREE FALL BUSINESS SUCCESS SEMINARS SERIES ENDS NOV. 10

The Business Success Seminars finish this fall with two topics: "Blogging for Business" Nov. 3 and "When the Banker Says No" Nov. 10. Seminars are held Wednesdays from 7:45 a.m. to 8:45 a.m. in library room 131, on the campus at 9191 Barker Cypress. No sign up is required and there will be door prizes. Sponsoring this series are the Small Business Development Center and the Lone Star College-CyFair Branch Library. For information, go to [LoneStar.edu/library/business-seminars](http://LoneStar.edu/library/business-seminars) or call 281.290.3214 or 832.482.1057.



**Trimming to Take-Downs**  
Trimming • Removal of Debris  
Hedge Trimming • Stump Grinding  
Professional Tree Health Care

Bonded & Insured Since 1987  
Call David  
Ph: 281-469-0458  
Cell: 281-703-5729


Mention this  
ad for a  
Spring Special!  
Senior Citizens  
Receive an  
Additional  
Discount.



[jonesroadtreeservice.com](http://jonesroadtreeservice.com)

**TANNER LAKES  
ANIMAL CLINIC**  
In Your Neighborhood!

*Ken Malinowski, D.V.M.*



*Only The Best  
For Your Best Friend*

- ✓ Ultrasound
- ✓ Telemedicine
- ✓ Surgery
- ✓ Radiology (x-rays)
- ✓ Tonopen (glaucoma)
- ✓ Dental Cleanings
- ✓ Vaccinations

- Dental Grading at no charge! Dental Estimates!
- Ask about our Shelter Adoption Package at no charge!
- Come by anytime for a tour and meet Dr. Malinowski!

**Office Hours**  
Mon - Fri 7am - 6pm  
Saturdays 8am - 1pm  
713/937-4484



# SHARE OUR CONNECTIONS

As Houston's largest member of Leading Real Estate Companies of the World®, we offer our Buyers and Sellers the premier global network which has set such records as over 1 million homes sold in a year representing \$300 billion in sales, more than any other real estate brand. When you combine our affiliation with this global network, our award winning website, superb sales team and relocation department, there's no better resource when seeking your new home, locally, nationally or globally.



## KAY HORSCH

*Top Producer and  
Lakes on Eldridge Resident*

713.703.8313

kay@kayhorsch.com  
heritagetexas.com



*Royal Oaks*

11689 Westheimer, Suite C  
Houston, Texas 77077

LUXURY  
PORTFOLIO  
FINE PROPERTY COLLECTION

LEADING  
REAL ESTATE  
COMPANIES  
OF THE WORLD



# Lakes on Eldridge North

## Cypress Christian Students

### *Participate in Operation Christmas Child*



Elementary students at Cypress Christian School once again chose to share the 'good news of great joy' (Luke 2:10) with children around the world through the Operation Christmas Child project sponsored by Samaritan's Purse. This year, millions of children will experience Christmas joy when they receive gift-filled shoe boxes and hear the Gospel message through Christian literature and follow-up discipleship programs.

Each elementary class assembled two boxes, one for a boy and one for a girl. Students contributed small items to place in the boxes which were wrapped, taken to a local shipping center, and then sent to another country.

"This is a wonderful way for our students to bless other children with material gifts and a wonderful way to share the gospel message with a child in another country," said Elementary Principal Robert White. "Please join us as we pray for the children who will be receiving these gifts and for their families," he added.

CCS students encourage you to bless others this holiday season to experience "the gift of giving." For more information on this project, please visit [www.SamaritansPurse.org](http://www.SamaritansPurse.org) or [www.CypressChristian.org](http://www.CypressChristian.org).

## Elisha Roberts Chapter, NSDAR Cypress, Texas

### *Daughters of the American Revolution*

Cypress has a new chapter and we are currently looking for new members. We are a non-profit organization and our motto is God, Home, and Country. We promote patriotism, historic preservation, and education. To join you must have a patriot who fought or provided service in the American Revolution. If you are 18 years or older, we are looking for any ladies who might be interested. We are a friendly group of ladies and we meet every third Thursday of the month. If this sounds like you, please contact me: Laura Neal, Regent @ 281-256-3545 or [lizardsareicky@sbcglobal.net](mailto:lizardsareicky@sbcglobal.net)

# Electricity is **ON SALE** at StarTex Power!



Alan "Petrodamus" Lammey, host of 'Energy Week', can be heard every Sunday on 1070 KNTH in Houston.

I'm Texas Energy Analyst, Alan Lammey. In case you didn't know, electricity rates are currently at lows not seen in years, which means that NOW is the time to lock in a very low electricity rate with the provider that I highly recommend to all my radio show listeners: StarTex Power. StarTex Power is local and reputable, with some of the most competitive rates available in all of Texas. You can switch right online at [www.StarTexPower.com](http://www.StarTexPower.com)

**Sign Up Today Online: [www.StarTexPower.com](http://www.StarTexPower.com) or call 866-917-8271**

**PLEASE USE "NEIGHBORHOOD NEWSLETTER" as your referral!**



PUCT #10089





## American Business Women's Association *Cy-Fair Express Network (CYFEN)*

**EVENT:** Cy-Fair Express Network Monthly Networking Luncheon

**WHEN:** November 18, 2010

**TIME:** 11:30 am – 1:00 pm

**WHERE:** Houston National Golf Club  
16500 Houston National Blvd  
Houston, TX 77095

### NETWORKING AND BUSINESS LUNCHEON

Cy-Fair Express Network invites you to their monthly meeting and luncheon. Join us for an exciting personal enrichment session with Mark Miller of Sandler Training, a visit with the ABWA District II VP, Tina Gandy, and much more. Bring plenty of business cards for networking. Please make reservations by November 12 to Darlene Hajduk @ [president-elect@cyfen.org](mailto:president-elect@cyfen.org) or 713-939-9730. More information @ [www.cyfen.org](http://www.cyfen.org).

Our mission is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition.

love	learn	lead
		
<b>Preschool ~ Eighth Grade</b> Our elementary through middle school program is focused on science, technology, engineering and math. All students, preschool through eighth, benefit from a comprehensive curriculum and hands-on, project-based and theme-based learning.		
<b>NOW OFFERING MIDDLE SCHOOL!</b>		
<b>Call and schedule a tour.</b> 1424 Sherwood Forest, Houston, Texas 77043 713-465-0288 <a href="http://www.thebranchschool.org">www.thebranchschool.org</a>		
<ul style="list-style-type: none"><li>High Academic Standards</li><li>Low Student/Teacher Ratio</li><li>SACS Accredited</li><li>Innovative Writing Program</li><li>Kumon Math Honor Roll</li><li>Critical Thinking/Problem Solving</li></ul> 		



## CY-WOODS KEY CLUB

Key Club is a high school service organization that frequently volunteers to better the community. Last month they Cy-Woods key club volunteered with the Houston Food Bank. Members assisted with things like sorting food, packaging food, and making boxes of food. Key Club also helps with events like working at Middle School concession stands during the football games, allowing the parents to watch their children in the game. Another popular event that we love to volunteer at during this time of year is church and school Fall Festivals. If you know of any event that needs volunteers, the Cy-Woods Key Club would love to help! Contact us at [cywoodskeyclub@gmail.com](mailto:cywoodskeyclub@gmail.com)

## Yardmasters, Inc.

*"Where Beautiful Lawns Begin"*  
15420 Telge • Cypress, Texas 77429  
**281-469-5158**

Lawn Service • Bed Cleaning • Pruning  
Mulch • Soil • Sod

Landscaping • Bed Renovations

Landscape Lighting

Drainage / French Drains

Sprinkler System Installation / Modifications

**Hunter** Licensed Irrigator #0005455 **RAIN-BIRD**



Full Service  
Accounts Available

Please visit our website  
for more information on  
all the services we offer.

[www.yardmastersinc.com](http://www.yardmastersinc.com)

Serving Northwest Houston Since 1990  
Financing Available  
Insured For Your Protection



# Real Estate Market Report

*Lakes on Eldridge North* Specialist

**DAVID "SUPER DAVE" FLORY**



- #2 Realtor in Houston & Texas\*
- #7 Realtor in United States\*
- The Only Realtor in Houston Awarded the **TEN MOST DEPENDABLE™** Real Estate Professionals in the Central United States!

**FORBES MAGAZINE** Oct 08

	ACTIVE	PENDING	SOLD Last 6 Mos
# of Listings	37	6	40
Price Range:	\$299,000 \$1,295,000	\$379,000 \$799,000	\$291,000 \$671,000
Average Price	\$530,851	\$509,817	\$422,444
Avg Price/sq.ft.	\$131.30	\$124.50	\$114.98
Avg DOM	73	50	43
High Price/sq.ft.			\$140.34
Low Price/sq.ft.			\$95.67



**RE/MAX**

Professional Group

832-478-1205

Direct line:

**281-477-0345**

**WWW.SUPERDAVE.COM**

\*Realtor Teams per RE/MAX 12/2009



## CY-FAIR ISD & VOLUNTEERS IN PUBLIC SCHOOLS (VIPS):

### *"iVolunteer"*

"iVolunteer"! Do you? Or a better question would be "Do you want to volunteer?" And if the answer is "yes" or even "maybe", here's the perfect group for you. VIPS (Volunteers in Public Schools) in Cy-Fair ISD center the attention of their service on supporting students and staff and making a significant contribution to the education of children. These dedicated individuals, who give freely of their time and resources, impact the academic and personal development of Cy-Fair ISD students. Cypress-Fairbanks ISD is fortunate to be able to draw from a diversity of skills and knowledge in its community.

The district VIPS Executive Board spearheads the business of the VIPS. This board is comprised of volunteers elected to take on specific responsibilities offering support, guidance, and training to all volunteers in the district. The VIPS Executive Board meets monthly to evaluate and address the needs of the district and distribute information relating to volunteer and community activities and strengthen parental involvement in education.

If you are interested in being involved at Cy-Fair schools as a volunteer and making a difference, or would like more information, please contact Pam Scott, Partners in Education Director at 281-894-3950.

### *How to register for training*

With the exception of Hearing and Vision Certification, register for training by emailing the PIE office at [vipsrsvp@cfisd.net](mailto:vipsrsvp@cfisd.net). Provide your name and the name and date of the training you wish to attend. Registration is required to guarantee a seat and training materials. Adults only please.

### *November & December 2010 Upcoming Events*

- **November 2: Sooper Puppy Training – 9:30 a.m. to 12 p.m., Berry Center**

Sooper Puppy is a first grade class series dealing with age appropriate life lessons, facing dilemmas and arriving at solutions by making good choices.

- **November 10: Galveston Bay Training – 9:30 a.m. to 12 p.m., Berry Center**

Open to all CFISD school staff, volunteers, and parents. Learn how to present a TEKS based science lesson to 4th grade students at your school. Students will learn about the importance of our bay and waterways and what measures can be taken to protect this life-giving estuary.

- **November 11: VIPS General Meeting – 9:30 a.m. to 12 p.m., Berry Center**

Open to all CFISD volunteers, parents, staff and community members. Get the latest information on CFISD volunteering and learn through networking!

- **December 7: Multicultural Meeting – 9:30 a.m. to 12:00 p.m., Berry Center**

Open to all CFISD school staff, volunteers, parents and community members. The purpose of the CFISD Multicultural Committee is to raise the level of cultural understanding and respect by sharing information with the CFISD community to encourage cultural sensitivity and parental involvement to strengthen student success.



## CY-FAIR KIWANIS CLUB

Come join us at the CY-FAIR KIWANIS CLUB and be a part of sponsoring children's activities that develop leadership and good citizenship in the youth of our community. CHILDREN PRIORITY ONE is the motto of Kiwanis Clubs worldwide.

The Cy-Fair Kiwanis Club sponsors nine Key Clubs in the Cy-Fair High Schools; supports the Cerebral Palsy SIRE group, Girl Scout, Boy Scout, and Sea Scout troops and activities; provides scholarships to outstanding Key Club members in our district; assists at Cypress Assistance Ministries, Bear Creek Ministries; the Houston Food Bank; and other charitable groups.

Membership is open to persons of good character who adhere to the standards of good conduct in their community and believe in and subscribe to the objects of Kiwanis International.

If you would like to know more about Kiwanis and the programs it promotes, we invite you to be our guest at one of our monthly meetings. The Cy-Fair Kiwanis meet at Hearthstone Country Club on the first, second, and third Tuesday of each month at 12:15 for lunch and informative programs.

For more information, call John Carroll (Copperfield and Hearthstone areas) at 281-463-0373; George Crowl (Jersey Village area) at 832-467-1998; or Peggy Presnell (Fairfield and CyRanch) at 281-304-7127. If you live anywhere in the Cy-Fair Communities, you may call any one of the above for information. COME, BE A PART OF OUR FELLOWSHIP. See [www.kiwanishoustoncyfair.com](http://www.kiwanishoustoncyfair.com) for more information.

## HEALTH BRIEFS

### **DON'T STRESS OVER TESTS**

Lots of children experience anxiety over tests, but they - and their parents - can deal with it through the right attitude and taking care of their physical health, said a Baylor College of Medicine psychiatry professor.

Kids should understand that nervousness about a test is a normal feeling, said Dr. Megan Mooney, adjunct assistant professor of psychiatry and behavioral sciences at BCM. They can deal with it by practicing

relaxation techniques like deep breathing and learning to stop negative thoughts when they first creep up.

Parents' can help ease anxiety by not placing too much pressure on their children. Mooney urges parents to talk about the importance of kids being prepared and doing their best, rather than focusing on grades.

Students of all ages must also take care of their physical health at exam time by eating well and getting enough sleep. Older students also can help

ease their anxiety by creating a schedule for themselves as soon as they receive their syllabus. They should find an optimal studying environment, whether it's a quiet library or somewhere they can have music playing.

### **HEALTHY DIET HELPS DIABETICS REDUCE HEART DISEASE RISK**

The relationship between diabetes and heart disease should not be ignored, according to an expert at Baylor College of Medicine.

"Cardiovascular disease is the leading cause of death in patients with diabetes, and diabetes is the leading cause of heart disease in America," said Dr. Alan Garber, professor of medicine in the section of endocrinology at BCM.

To reduce the risk of cardiovascular disease, patients with diabetes must maintain an exceptionally low level of LDL cholesterol, the "bad" cholesterol, and a lower target blood pressure.

*(Continued on Page 11)*



Open House  
Thursday, Jan 27th  
5:00-7:30p.m.



### **Building a Solid Foundation!**

18 months – 5<sup>th</sup> Grade  
Serving West Houston Since 1984

**Small Class Size • Exemplary Academics •  
Extraordinary Enrichment • Before/Aftercare**

14120 Memorial Drive  
281 531-6088

Fully Accredited

[www.yorkshireacademy.com](http://www.yorkshireacademy.com)  
email: [admissions@yorkshireacademy.com](mailto:admissions@yorkshireacademy.com)

## **Bashans Painting & Home Repair**

Commercial/Residential  
Free Estimates

**281-347-6702**



**281-731-3383 cell**



- Interior & Exterior Painting
- Hardi Plank Installation
- Wood Replacement
- Sheetrock Repair
- Interior Carpentry
- Cabinet Painting
- Wallpaper Removal and Texturizing
- Pressure Washing
- Fence Repair/Replacement
- Garage Floor Epoxy
- Custom Staining
- Roofing
- Gutter Repair/Replacement
- Faux Painting

**References Available • Fully Insured**

**NO PAYMENT UNTIL COMPLETION**

[bashanspainting@earthlink.net](mailto:bashanspainting@earthlink.net)

## Health Briefs - (Continued from Page 10)

To do this, they must incorporate a heart healthy diet with their diabetes diet of low calories and sugars. A heart healthy diet includes reducing saturated fats. Medication can also be used to help control diabetes, cholesterol and blood pressure.

"Diet and exercise help, but statin drugs should be used to help control high cholesterol, and medication for high blood pressure should also be taken," said Garber.

Garber recommends checking with your physician before starting an exercise routine and working closely with the physician to develop a treatment plan.



## Recipe of the Month

### Pumpkin Cake Roll



#### INGREDIENTS:

- 3 eggs
- 1 C granulated sugar
- 3/4 C flour
- 2/3 C pumpkin
- 2 tsp. cinnamon
- 1 tsp. lemon juice
- 1 tsp. ginger
- 1 tsp. baking powder
- 1/2 tsp. nutmeg
- 1/2 tsp. salt
- Powdered sugar
- 1 C finely chopped nuts

Beat eggs on high speed for 5 min.; gradually beat in sugar. Stir in pumpkin and lemon juice. Stir together flour, baking powder, cinnamon, ginger, nutmeg, and salt. Fold in pumpkin. Spread in greased and

floured 15x10x1" pan. Top with nuts. Bake at 375° for 15 min. Turn out on towel sprinkled with powdered sugar. Starting at narrow end, roll towel and cake together. Cool. Unroll.

#### FILLING:

- 1 C powdered sugar
- 2 - 3 oz. pkg. cream cheese
- 4 T margarine
- 1/2 tsp. vanilla.

Beat until smooth. Spread over cake. Roll and chill.



If you are ready to sell your house and would like to receive this FREE report, I will only need your home address and email address to design and email the report to you. Please contact me today  
... **Your profit is my priority!**



**TANYA COLLINS**  
REALTOR®

**713.703.1156**

281.890.4024 x 235

collinst@garygreene.com

www.GaryGreene.com



**Prudential** | GARY GREENE  
REALTORS®

©2010. An independently owned and operated member of The Prudential Real Estate Affiliates, Inc. Prudential is a registered trademark of The Prudential Insurance Company of America. Used under license. Equal Housing Opportunity.

## Building and Preserving Your Wealth Through Home Ownership.



# Lakes on Eldridge North

## FINANCIAL FOCUS: *Long Term Care can Deplete Assets*

Yearly long term care costs have increased to over \$75,000 in 2010 since Genworth Financial's Cost of Care surveys began in 2004. This increase represents a 4.5 percent compound annual growth rate over that period. And 75% of Americans have no long term care plans. We have found that "self-insuring" for a future long-term health care event can deplete even large family estates in just a few years. While not everyone needs long term care insurance, every family should have a long term care plan.

A recent survey from Genworth Financial's 2010 Cost of Care Survey found the average national cost of care for nursing homes, assisted living facilities and in the home has steadily increased over the past four years and has reached new highs that exceed most household incomes in the U.S. The rising costs of long term care may, therefore, present difficulties for many Americans should they need to pay for long term care out of their own pockets.

If given the choice between care in a facility such as a nursing home or an assisted living facility and care at home, 75% of national poll respondents said they would prefer care at home. In contrast to facility-



based care, rates charged by home care providers for "non-skilled" services have remained relatively flat over the past five years. For example, whereas the national hourly private pay median rate charged by a licensed home health agency for a home health aide was \$17.50 in 2005, the 2010 hourly rate has only slowly crept up to \$19. The historical compound annual growth rate for this type of care service has been only 1.7 percent over a five-year period. Home care rates have remained flat in part because of increased competition among agencies and the availability of unskilled labor, and by avoiding costs associated with maintaining stand-alone health care facilities.

The trend in pricing among Assisted Living Facilities has changed considerably. Over the last decade, Assisted Living Facilities have continued to adapt to the wide range of care needs presented by our growing elder population. Many facilities now provide services to residents who need continual care or supervision—while still providing a lower level of care to healthier individuals. As the range of services becomes broader, so does the range of monthly costs.

According to the survey, the average national cost in 2010 of a single year in a private nursing home room is \$75,190. To put this into context, one year in a private nursing home room costs nearly one and a

half times the average full 4-year college degree, making a single year in a nursing home 46 percent more expensive.

With so many Baby Boomers heading into retirement, it's critical that long term care planning be integrated into every adult's retirement strategy. Paying for just a few years of long term care out of pocket can very easily deplete an entire life's savings and retirement. Not planning ahead can also limit the variety of choices available, such as the ability to live independently at home with assistance from a home health aide. Source: Genworth Financial, visit <http://genworth.com/cocpro>.



**We'll do  
the work,  
You have  
the Fun!**

**the  
Pool Nanny**

**Weekly and Vacation Swimming Pool Maintenance**  
**281-858-4868**

**Advertise  
Your Business Here  
888-687-6444**

# HOME TRENDS IN LOEN & LOE

2009 / 2010	LAKES ON ELDRIDGE NORTH			LAKES ON ELDRIDGE		
QUARTER	# of Homes Listed	# of Homes Sold	Absorption Rate	# of Homes Listed	# of Homes Sold	Absorption Rate
Quarter 1	35	17	48.5%	23	4	17.3%
Quarter 2	27	21	77.7%	27	16	59.2%
Quarter 3	14	10	71.4%	20	9	45.0%
Quarter 4	20	6	30.0%	13	6	46.0%
Total	96	54	Avg: 56.9%	83	35	42.1%

*Absorption rate = sold/listed x 100*

*Thank You!*

Special Thanks  
to all who participated  
in the food drive for  
February & March.



**DANIELLE GEBARA**

*Resident of Lakes on Eldridge North*

832-788-6002

danielle@dgebbara.com

*Proud to be involved!*



***Top Listing Agent in LOEN 2008 and 2009***

# Lakes on Eldridge North



Cypress Ranch High School Theatre Department presents

## hairspray

• THE BROADWAY MUSICAL •

Book by Mark O'Donnell and Thomas Meehan. Music by Marc Shaiman. Lyrics by Scott Wittman and Marc Shaiman.

November 4<sup>th</sup> 5<sup>th</sup> 6<sup>th</sup> and 8<sup>th</sup> at 7:00 pm

**ALL RESERVED SEATING**

Pick your seats NOW (credit card only) at [www.cyranchtheatre.org](http://www.cyranchtheatre.org)  
Remaining seats will be sold at the door (cash or check only).

ADULTS \$15  
SENIORS/STUDENTS/CHILDREN (all ages must have a ticket) \$12  
(There is a small service fee for online sales)

Cypress Ranch High School, 10700 Fry Rd. Cypress, Tx. 77433  
HAIRSPRAY is presented through special arrangement with Music Theatre International (MTI).  
All authorized performance materials are also supplied by MTI. 421 W. 54<sup>th</sup> St., New York, NY 10019.

## Plumbing Problems?



Isn't it nice to be able to pick up the phone and make your troubles go away?  
That's how it is when you call Pickett Plumbing.  
No mess, no fuss, no worries.  
Just the cleanest plumbers in town doing what they do best.

**\$25 Off**

# PICKETT

PLUMBING, L.P.

You'll Know The Price Before They Start And They Have The Longest Warranties In The Area

Why Re-Pipe When There's

## ePIPE™

**713-896-9700**



Coupon Valid on Plumbing Repair or Drain Cleaning Jobs, No Other Discounts Apply M4975 [www.HoustonPlumber.com](http://www.HoustonPlumber.com)

P10B

# Quality



## PRINTING COMPANY

BUSINESS FORMS  
NEWSLETTERS  
FLYERS  
ENVELOPES  
LETTERHEADS  
NCR SNAP APART  
FORMS  
RUBBER STAMPS  
BUSINESS CARDS

*Solving all your printing needs.*

**1-888-687-6444 ext. 24**



# Cypress-Fairbanks I.S.D.

2010

JULY						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

AUGUST						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

SEPTEMBER						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

OCTOBER						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

NOVEMBER						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

DECEMBER						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## Important Dates

Aug. 12-13	.....	New Staff Orientation
Aug. 16-20	.....	Professional Days
Aug. 23	.....	1st Day of School
Sept. 6	.....	Student Holiday
Oct. 11	.....	Professional Day / Elem. Parent Conferences
Nov. 24-26	.....	Student Holidays
Dec. 20, 21	.....	Inclement Weather Days/ Student/Staff Holidays
Dec. 22-31	.....	Student Holidays
Jan. 3-4	.....	Professional Days
Jan. 17	.....	Student/Staff Holiday
Feb. 21	.....	Professional Day / Inclement Weather Day
March 14-18	.....	Student/Staff Holidays
April 22	.....	Student/Staff Holiday
May 30	.....	Student/Staff Holiday
June 1	.....	Last Day of School
June 2	.....	Professional Day / Inclement Weather Day

### ELEMENTARY SCHOOLS

1st 9 Weeks: Aug. 23-Oct. 22  
2nd 9 Weeks: Oct. 25-Jan. 14  
3rd 9 Weeks: Jan. 18-March 25  
4th 9 Weeks: March 28-June 1

### SECONDARY SCHOOLS






#### 1st Semester

1st 6 Weeks: Aug. 23-Sept. 29  
2nd 6 Weeks: Sept. 30-Nov. 5  
3rd 6 Weeks: Nov. 8-Dec. 17

#### 2nd Semester

4th 6 Weeks: Jan. 5-Feb. 18  
5th 6 Weeks: Feb. 22-April 15  
6th 6 Weeks: April 18-June 1

### LEGEND

	STUDENT/STAFF HOLIDAY
	PROFESSIONAL DAY (Student Holiday)
	FIRST & LAST DAY OF SCHOOL
	PARENT CONFERENCES/ HOLIDAY FOR ALL STUDENTS/ PROFESSIONAL DAY
	INCLEMENT WEATHER DAY

2011

JANUARY						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

FEBRUARY						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

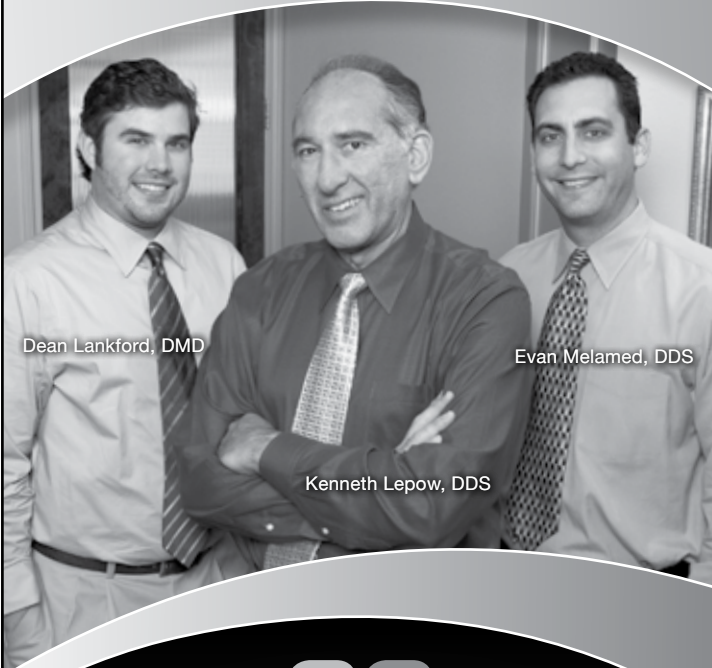
MARCH						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

APRIL						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

MAY						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

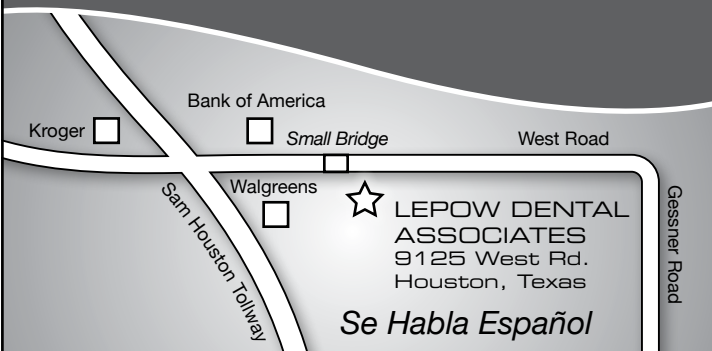
JUNE						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

*All of Your Dental Needs Under One Roof*



## LEPOW DENTAL ASSOCIATES

- Team of Dental Specialists
- Family Dentistry
- Cosmetic Dentistry
- Orthodontics and Invisalign
- Periodontal (Gum) Treatment/Surgery
- Root Canal Treatment
- Wisdom Tooth Removal
- Dentures and Partials
- Dental Implants



**Now Welcoming New Patients!**  
**(713) 937-0050** ■ **www.lepowdental.com**

**NOT AVAILABLE  
ONLINE**

## **Do You Have Reason to Celebrate?**

We want to hear from you!

Email [loen@peelinc.com](mailto:loen@peelinc.com)  
to let the community know!



Mary & Royce McCann  
Local Business Owner's

Same Reliable Service...

It's Only Our Name That has Changed.



281-469-9999

[www.onehourair.com](http://www.onehourair.com)

***"We Specialize in Keeping Older Equipment Running"***

## **\$59 FURNACE TUNE-UP**

***"Give Us at least 55 Minutes With Your Furnace  
And We PROMISE It Won't Break Down This Winter  
Or Our Service is FREE!"***

Call now and we will give your furnace a complete "Precision Tune-Up and Professional Cleaning". Instead of a simple "check up", we will perform 20 individual operations to insure your furnace is safe to operate. We give a Breakdown-Proof Guarantee: Because our service is so thorough we Promise that your furnace won't break down for any reason during the entire winter or we will give you **100% OF YOUR MONEY BACK!**



**EARLY BIRD SPECIAL!**

Call before 11:00 AM  
and save an  
additional \$10

**(281) 469-9999**

**11875 W. Little York, #701**

**Houston, TX 77041**

**State License TACLA 1888C**

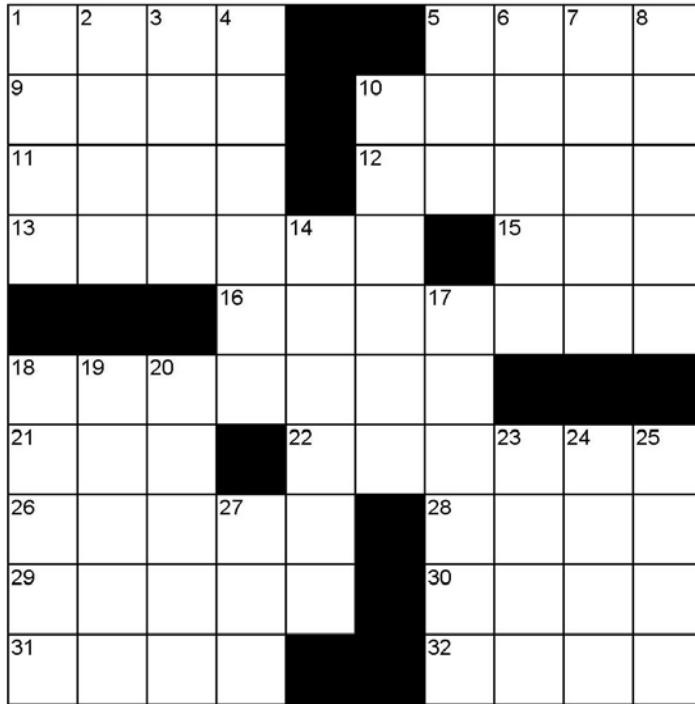
**Expires: 12/30/10**

Regulated by The Texas Department of Licensing and Regulation, P.O. Box 2157, Austin, Texas 78711,  
1-800-803-9202, 512-463-6599



# Lakes on Eldridge North

## Crossword Puzzle



### ACROSS

1. Cleaning agent
5. Welt
9. Factual
10. Raise one's shoulders
11. Gain
12. Making a knot
13. Opposite of cubic
15. Pride
16. Passes
18. Dress up
21. Dined
22. Wagerer
26. \_\_\_ Gras
28. Possess
29. Rock and Roll "King"
30. Spread
31. Flow out slowly
32. Goody two shoes

### DOWN

1. Stair
2. Spoken
3. Nimbus
4. Enclosed
5. Reporter's question
6. Sign of the zodiac
7. Surge
8. Kellogg's waffles
10. Shoot from a plane
14. Excuses
17. Type of snake
18. Ladies
19. Dickens' "\_\_\_ of Two Cities" (2 wds.)
20. Sensitive point
23. Record
24. Above
25. Rip
27. Sink

© 2007. Feature Exchange

\*Solution at www.PEELinc.com

# YOU ROAST THE TURKEY, WE'LL CLEAN THE HOUSE

*and everyone will be thankful.*

Everyone can appreciate a thorough clean from The Maids.

*Save yourself from cleaning the toilet.*

**AND SAVE A FEW BUCKS.  
ACT NOW AND RECEIVE \$25  
OFF YOUR FIRST CLEAN.\***

Call now to receive a free, no-obligation estimate

**832-593-7500**

Serving the West Houston, Katy, Copperfield, Cyress,  
Sugar Land, Rosenberg and Richmond areas.

**www.MAIDS.com**



\*New customers only. Not valid with other offers.



**Referred for a reason.**

# Lakes on Eldridge North

The Lakes on Eldridge North is a private publication published by Peel, Inc. It is not sanctioned by any homeowners association or organization, nor is it subject to the approval of any homeowners association or organization, nor is it intended, nor implied to replace any publication that may be published by or on behalf of any homeowners association or organization. At no time will any source be allowed to use the Lakes on Eldridge North Newsletter contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the Lakes on Eldridge North Newsletter is exclusively for the private use of Peel, Inc.

**DISCLAIMER:** Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

\* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

\* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

\* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

## Sudoku

The challenge is to fill every row across, every column down, and every 3x3 box with the digits 1 through 9. Each 1 through 9 digit must appear only once in each row across, each column down, and each 3x3 box.

3		6			7	1		
7				8	4			5
	8				5			
2					9	3	4	
					6			
				3				
6	3							
	4			5		9		
9					8	6	7	

\*Solution at [www.PEELinc.com](http://www.PEELinc.com)

© 2007. Feature Exchange

## Peel, Inc. COMMUNITY NEWSLETTERS

Blackhorse Ranch  
Bridgeland  
Coles Crossing  
Copperfield  
Cypress Mill  
Cypress Point  
Eagle Springs  
Enchanted Valley  
Fairfield  
Fairwood  
Harvest Bend The Village  
Lakemont  
Lakes of Fairhaven  
Lakes of Rosehill  
Lakes of Savannah  
Lakes on Eldridge  
Lakes on Eldridge North  
Lakewood Grove  
Legends Ranch

Longwood  
Oak Forest  
Riata Ranch  
Shadow Creek Ranch  
Silverlake  
Steeplechase  
Stone Gate  
Summerwood  
Village Creek  
Villages of NorthPointe  
Willowbridge  
Willowlake  
Willow Pointe  
Winchester Country  
Winchester Trails  
Windermere Lakes  
Woodedge Village  
Wortham Villages



**1-888-687-6444**  
[advertising@PEELinc.com](mailto:advertising@PEELinc.com)  
**[www.PEELinc.com](http://www.PEELinc.com)**

*Publishing Community Newsletters Since 1991*

*Opening  
the door to  
your new  
home.*



**YOUR NEIGHBORHOOD REALTOR**  
*Lakes on Eldridge North Resident and Specialist*



**MONTY SINGH**

RE/MAX Professional Group  
Office: (832) 478-1269 • Cell: (832) 434-6572  
[montysingh@remax.net](mailto:montysingh@remax.net)

*True dedication provided in all aspects of  
Real Estate Buying or Selling Luxury Homes*



# - Kids Stuff -

Section for Kids with news, puzzles, games and more!



**Does Eating Turkey Make Me Sleepy?**

You've been looking forward to Thanksgiving dinner all year — turkey, mashed potatoes, cranberry sauce, and pumpkin pie. Mmm-mmm! But after you finish that second helping of turkey with gravy, you start to feel a little sleepy.

As your Uncle George starts to explain why eating turkey makes people so tired, you suddenly feel like curling up in front of the TV and napping until next Thanksgiving. But is gobbling up all that turkey really to blame?

## **THE USUAL SUSPECT: L-TRYPTOPHAN**

Not exactly. Here's why: Turkey meat contains a lot of an amino acid called L-tryptophan (say: el-trip-teh-fan). Amino acids are the "building blocks" for the proteins that make up our muscles and other important parts of our bodies. (L-tryptophan is just one kind of amino acid — there are many different kinds of amino acids in the foods we eat.)

When we eat foods that contain L-tryptophan, this amino acid travels in the blood from the digestive system and later enters the brain. The brain then changes the L-tryptophan into another chemical called serotonin (say: sare-uh-toh-nin). Serotonin calms us down and helps us sleep.

But scientists now know that L-tryptophan can really only make a person tired right away if it is eaten or taken by itself without any amino acids. And the protein in turkey contains plenty of other amino acids!

## **BLAME IT ON BLOOD FLOW**

Most scientists think that there's a different reason why eating a special meal might make you drowsy. Eating a big Thanksgiving dinner causes increased blood flow to the stomach (needed to help digest the meal) and less blood flow to the brain.

## **AVOIDING DROWSINESS**

So just how do you avoid that sleepy feeling on Turkey Day?

- Eat small, healthy meals (try to limit junk foods) throughout the day before you sit down for your big meal — don't starve yourself in anticipation of the feast to come.
- Have small portions of foods that are part of your Thanksgiving meal (including whatever veggies are on the table).
- Drink water and take breaks while you are eating to see how full you've become.
- Stop eating once you're full — there will always be leftovers tomorrow.
- Finally, take a walk outside afterward to digest your meal. This will make you feel better than crashing on the couch.

Follow these tips and have a Happy Thanksgiving — gobble, gobble!

**REVIEWED BY:** Steven Dowshen, MD

**DATE REVIEWED:** August 2009

This information was provided by KidsHealth, one of the largest resources online for medically reviewed health information written for parents, kids, and teens. For more articles like this one, visit [www.KidsHealth.org](http://www.KidsHealth.org) or [www.TeensHealth.org](http://www.TeensHealth.org). ©1995-2006. The Nemours Foundation



## Attention KIDS: Send Us Your Masterpiece!

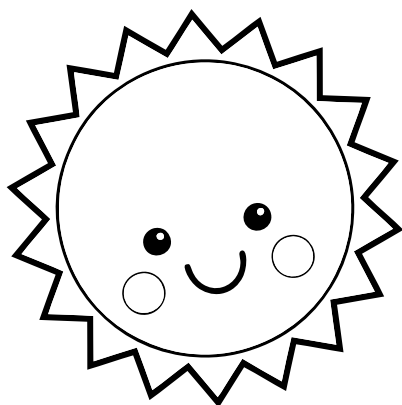
Color the drawing below and mail the finished artwork to us at:

Peel, Inc. - Kids Club  
311 Ranch Road 620 S, Suite 200  
Lakeway, TX 78734

We will select the top few and post their artwork online at [www.PEELinc.com](http://www.PEELinc.com). DUE: November 30<sup>th</sup>

Be sure to include the following so we can let you know!

Name: \_\_\_\_\_ Email: \_\_\_\_\_ Age: \_\_\_\_\_  
(first name, last initial) (This information will only be used to notify you or  
your parents if your artwork is selected)



LN

*Thinking about*

**Buying or Selling**

*a Home?*

Call **Joanie Yust**

of Taylor Bateman Real Estate

*"Your Lakes on Eldridge North Neighbor & Realtor"*



**TAYLOR BATEMAN**

**REAL ESTATE**

**Joanie Yust**, GRI, ABR

Realtor Associate

**Taylor Bateman Real Estate**

9710 Katy Freeway (Inside the HEB)

Houston, TX. 77055

832.563.5869 C

281.884.6064 F

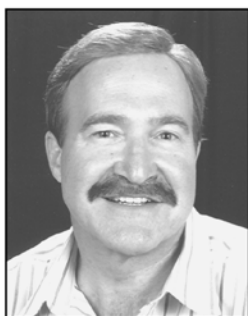
[joanie@taylor-bateman.com](mailto:joanie@taylor-bateman.com)

**Are you home yet?**



## YOUR LAKES ON ELDRIDGE NEIGHBOR

*Houses Are Selling In LOEN! Need Listings!*



# STEVE HARDCASTLE

RE/MAX Westside Realtors

[www.stevehardcastle.com](http://www.stevehardcastle.com)

email: [stevehardcastle@earthlink.net](mailto:stevehardcastle@earthlink.net)



## 281-925-3047

- RE/MAX Westside #1 TOP PRODUCER for 21 years in a row!! (1989 - 2009)
- Top 25 Residential Realtors in Houston Area - out of 20,000 HAR members (Per Houston Business Journal)
- Certified Residential Specialist (Designation held by only 4% of all Realtors)
- RE/MAX Hall of Fame & Lifetime Achievement Award
- Broker License, BBA, Relocation Expert, Over 30 Years of Real Estate Experience